



University of Pennsylvania  
ScholarlyCommons

---

Departmental Papers (BE)

Department of Bioengineering

---

May 2008

# Size, charge and concentration dependent uptake of iron oxide particles by non-phagocytic cells

Daniel L.J. Thorek  
*University of Pennsylvania*

Andrew Tsourkas  
*University of Pennsylvania*, [atsourk@seas.upenn.edu](mailto:atsourk@seas.upenn.edu)

Follow this and additional works at: [http://repository.upenn.edu/be\\_papers](http://repository.upenn.edu/be_papers)

---

## Recommended Citation

Thorek, D. L., & Tsourkas, A. (2008). Size, charge and concentration dependent uptake of iron oxide particles by non-phagocytic cells. Retrieved from [http://repository.upenn.edu/be\\_papers/116](http://repository.upenn.edu/be_papers/116)

Postprint version. Published in *Biomaterials*, May 2008, 8 pages. Publisher URL: <http://dx.doi.org/10.1016/j.biomaterials.2008.05.015>

This paper is posted at ScholarlyCommons. [http://repository.upenn.edu/be\\_papers/116](http://repository.upenn.edu/be_papers/116)  
For more information, please contact [libraryrepository@pobox.upenn.edu](mailto:libraryrepository@pobox.upenn.edu).

---

# Size, charge and concentration dependent uptake of iron oxide particles by non-phagocytic cells

## Abstract

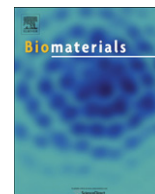
A promising new direction for contrast-enhanced magnetic resonance (MR) imaging involves tracking the migration and biodistribution of superparamagnetic iron oxide (SPIO)-labeled cells in vivo. Despite the large number of cell labeling studies that have been performed with SPIO particles of differing size and surface charge, it remains unclear which SPIO configuration provides optimal contrast in non-phagocytic cells. This is largely because contradictory findings have stemmed from the variability and imprecise control over surface charge, the general need and complexity of transfection and/or targeting agents, and the limited number of particle configurations examined in any given study. In the present study, we systematically evaluated the cellular uptake of SPIO in non-phagocytic T cells over a continuum of particle sizes ranging from 33 nm to nearly 1.5  $\mu\text{m}$ , with precisely controlled surface properties, and without the need for transfection agents. SPIO labeling of T cells was analyzed by flow cytometry and contrast enhancement was determined by relaxometry. SPIO uptake was dose-dependent and exhibited sigmoidal charge dependence, which was shown to saturate at different levels of functionalization. Efficient labeling of cells was observed for particles up to 300 nm, however, micron-sized particle uptake was limited. Our results show that an unconventional highly cationic particle configuration at 107 nm maximized MR contrast of T cells, outperforming the widely utilized USPIO (<50 >nm).

## Keywords

molecular imaging, MRI, ultrasmall superparamagnetic iron oxide, standard superparamagnetic iron oxide, micron-sized paramagnetic iron oxide, nanoparticles

## Comments

Postprint version. Published in *Biomaterials*, May 2008, 8 pages. Publisher URL: <http://dx.doi.org/10.1016/j.biomaterials.2008.05.015>



# Size, charge and concentration dependent uptake of iron oxide particles by non-phagocytic cells

Q1 Daniel L.J. Thorek, Andrew Tsourkas\*

Department of Bioengineering, University of Pennsylvania, 210 South 33rd Street, 240 Skirkanich Hall, Philadelphia, PA 19104, USA

## ARTICLE INFO

### Article history:

Received 25 March 2008

Accepted 16 May 2008

Available online xxx

### Keywords:

Molecular imaging

MRI

Ultrasmall superparamagnetic iron oxide

Standard superparamagnetic iron oxide

Micron-sized paramagnetic iron oxide

Nanoparticles

## ABSTRACT

A promising new direction for contrast-enhanced magnetic resonance (MR) imaging involves tracking the migration and biodistribution of superparamagnetic iron oxide (SPIO)-labeled cells in vivo. Despite the large number of cell labeling studies that have been performed with SPIO particles of differing size and surface charge, it remains unclear in which SPIO configuration provides optimal contrast in non-phagocytic cells. This is largely because contradictory findings have stemmed from the variability and imprecise control over surface charge, the general need and complexity of transfection and/or targeting agents, and the limited number of particle configurations examined in any given study. In the present study, we systematically evaluated the cellular uptake of SPIO in non-phagocytic T cells over a continuum of particle sizes ranging from 33 nm to nearly 1.5  $\mu\text{m}$ , with precisely controlled surface properties, and without the need for transfection agents. SPIO labeling of T cells was analyzed by flow cytometry and contrast enhancement was determined by relaxometry. SPIO uptake was dose-dependent and exhibited sigmoidal charge dependence, which was shown to saturate at different levels of functionalization. Efficient labeling of cells was observed for particles up to 300 nm, however, micron-sized particle uptake was limited. Our results show that an unconventional highly cationic particle configuration at 107 nm maximized MR contrast of T cells, outperforming the widely utilized USPIO (<50 nm).

© 2008 Published by Elsevier Ltd.

## 1. Introduction

Continuing advancements in cell-based therapies have recently led to the emergence of cellular imaging as a strategy to track the migration and biodistribution of target cells in living organisms. Pre-clinical studies have already shown that cellular imaging can be used to evaluate stem cell distribution and homing in cell-based regenerative therapies [1,2]. Recently, cellular imaging has also allowed for improved assessment of functional efficacy and applicability of immunotherapeutic treatments in disease models for cancer [3–5] and AIDS [6].

In addition to evaluating cell-based therapies, cellular imaging also promises to provide a great deal of insight into diverse physiological and pathological phenomena. Interesting applications include the observation of monocyte recruitment to atherosclerotic lesions for the mapping of disease development and therapeutic intervention [7], imaging embryonic stem cell movement during embryonic [8] and organ development [9] and monitoring the dynamics of metastatic cellular extravasation and tissue invasion [10,11].

Tracking of labeled cells has been accomplished with a variety of imaging modalities including optical methods, positron emission

tomography (PET), single photon emission computed tomography (SPECT), and magnetic resonance (MR) imaging [12–14]. MR imaging presents a particularly promising approach because of its high spatial resolution in three dimensions and exquisite soft tissue contrast, which can be acquired concomitantly with the contrast-enhanced cellular distribution. MR detection of cells in vivo is often accomplished following labeling with superparamagnetic iron oxide (SPIO) particles. SPIO is negative contrast agents that are typically composed of an iron oxide crystal core surrounded by a polymer or polysaccharide shell [15]. A variety of manifestations of SPIO have been used to track cells, which can be broadly categorized as (1) ultrasmall SPIO (USPIO) with an overall diameter of 30–50 nm [16], (2) standard SPIO (SSPIO) with a diameter of 50–150 nm and (3) micron-sized paramagnetic iron oxide (MPIO) having a diameter approaching or greater than 1  $\mu\text{m}$  [17].

To date, USPIO has perhaps been the most widely utilized SPIO configuration for cell labeling. Although they provide less contrast enhancement per particle compared with SSPIO and MPIO, large numbers of particles can be loaded into each cell [18,19]. As cationic surfaces have been shown to facilitate cellular internalization [20,21], USPIO is often modified with polycationic cell permeating peptides (CPPs) such as HIV transactivator (TAT) [22] or protamine [23]. Other transfection techniques, sometimes in concert with CPPs, are also used [24,25].

\* Corresponding author. Tel.: +1 (215)898 8167; fax: +1 (215)573 2071.

E-mail address: [atsourk@seas.upenn.edu](mailto:atsourk@seas.upenn.edu) (Andrew Tsourkas).

55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65  
66  
67  
68  
69  
70  
71  
72  
73  
74  
75  
76  
77  
78  
79  
80  
81  
82  
83  
84  
85  
86  
87  
88  
89  
90  
91  
92  
93  
94  
95  
96  
97  
98  
99  
100  
101  
102  
103  
104  
105  
106  
107  
108  
109

110 An exciting new direction for cell tracking involves labeling cells  
111 with MPIO [26]. The large iron oxide cores present in these particles  
112 provide enough contrast for single cells to be imaged by MR.  
113 However, work with such large particles generally confines appli-  
114 cation of iron oxide labeling to phenotypes such as macrophages  
115 [18], dendritic cells [27] or hepatocytes that actively internalize  
116 foreign material. MPIO uptake in non-phagocytic cells has been  
117 accomplished, but is limited by the additional conjugation work  
118 and cost of using an antibody-mediated approach [28], which must  
119 be species specific and may induce adverse cellular events.

120 Recently, several studies have attempted to define an optimized  
121 particle configuration for iron oxide labeling of both phagocytic and  
122 non-phagocytic cell types. Although MPIO was excluded from all of  
123 these studies, it was found that phagocytic monocytes are more  
124 effectively labeled with SSPIO (150 nm) compared with USPIO  
125 (30 nm) [18,29]. Further, it was found that ionic carboxydextran-  
126 coated SSPIO (i.e. ferucarbotran) performed better than non-ionic  
127 dextran-coated SSPIO (i.e. ferumoxide) [18]. It remains unclear how  
128 MPIO compares with these agents; however, single cell detection  
129 has been achieved in phagocytic cells with both SPIO configurations  
130 [30,31].

131 The optimal SPIO configuration for labeling non-phagocytic cells  
132 has been much more elusive and findings have been contradictory.  
133 For example, in one study it was found that the delivery of car-  
134 boxydextran USPIO and dextran-labeled SSPIO into non-phagocytic  
135 cancer cells and leukocytes (with the assistance of lipofection  
136 agents) was similar in terms of iron uptake [21]. Both particles led  
137 to higher iron uptake than USPIO. This indirectly suggests that  
138 larger particles with ionic coatings are superior to non-ionic USPIO.  
139 However, in a different study it was found that, in the presence of  
140 poly-L-lysine, ionic (aminated) USPIO exhibited significantly higher  
141 iron uptake in non-phagocytic cells compared with SSPIO. These  
142 data suggest that smaller ionic particles are internalized into non-  
143 phagocytic cells more efficiently [32]. These contradictory findings  
144 likely stem from the variability and imprecise control over surface  
145 charge and the limited number of particle configurations examined,  
146 particularly with respect to diameter (ranging only from ~17 nm to  
147 150 nm).

148 In the present study we systematically evaluated the cellular  
149 uptake of SPIO in non-phagocytic T cells over a continuum of par-  
150 ticle sizes ranging from 33 nm to nearly 1.5  $\mu\text{m}$  and with precisely  
151 controlled surface properties. T cells were selected as a model non-  
152 phagocytic phenotype since visualization of their distribution is  
153 expected to be of importance for adoptive T cell therapy for cancer  
154 and T cell homing in autoimmune diseases. Extremely fine control  
155 was exerted on the surface properties of SPIO by direct chemical  
156 modification of particle surfaces rather than attempting to modu-  
157 late the density of supplemental transfection agents. Concentration  
158 effects and incubation times were also tested in the interest of  
159 isolating the role particle size exerts on individual cell uptake and  
160 overall contrast enhancement. Our work shows that in a space  
161 between USPIO and MPIO exist configurations of relatively small  
162 particles (~100 nm) that efficiently label non-adherent, non-  
163 phagocytic T cells and generate higher relaxivity (per cell) relative  
164 to particles of other sizes.

## 166 2. Materials and methods

### 167 2.1. Nanoparticle synthesis

169 Three different formulations of dextran-coated superparamagnetic iron oxide  
170 nanoparticles were prepared using the co-precipitation method [33]. All three for-  
171 mulations were prepared following the same procedure, as described below, with  
172 the only difference being the amount of  $\text{FeCl}_2$  and  $\text{FeCl}_3$  added. Specifically, 25 g of  
173 dextran T10 (GE Healthcare, Piscataway, NJ) was dissolved in 50 mL of  $\text{dH}_2\text{O}$  and  
174 heated to 80 °C for 1 h. The solution was allowed to return to room temperature  
175 and continued to mix overnight. Subsequently, the dextran was cooled to 4 °C on ice  
and degassed with  $\text{N}_2$  for 1 h.  $\text{FeCl}_2$  (0.7313 g, 1.5 g, or 2.2 g) and  $\text{FeCl}_3$  (1.97 g, 4 g, or

6 g, respectively) were each rapidly dissolved in 12.5 mL of degassed  $\text{dH}_2\text{O}$  and kept  
on ice for approximately 10 min. The iron solutions were added to the dextran  
simultaneously and allowed to mix for 30 min. Keeping this mixing solution at 4 °C,  
15 mL of ammonium hydroxide was added. The resulting black viscous solution was  
then heated to 90 °C for 1 h then cooled overnight, followed by ultracentrifugation  
at 20 k rcf for 30 min. Pellets were discarded and the supernatant was continually  
diafiltered using a 100-kDa MWCO cartridge (GE Healthcare) on a peristaltic pump  
(E323, Watson Marlow Bredel, Wilmington, MA). The particles were exchanged into  
0.02 M citrate, 0.15 M sodium chloride buffer until all unreacted products had been  
removed. Aminated silica-coated iron oxide micro-particles were purchased from  
Bioclon Inc. (San Diego, CA). Amine functionalized styrene copolymer-coated iron  
oxide particles (Adembeads) were purchased from Ademtech SA (Pessac, France).

### 187 2.2. Amination of particles

188 Amination and crosslinking of the coating on the dextran-SPIO were accom-  
189 plished through reaction of the SPIO with 25% 10 M NaOH and 33% epichlorohydrin  
190 [34]. After mixing for 24 h, additional ammonium hydroxide was added to the so-  
191 lution, bringing the volume fraction to 25% ammonium hydroxide, and the reaction  
192 was allowed to proceed for another 24 h. The particles were then exhaustively pu-  
193 rified via diafiltration. The resulting particles were amine functionalized crosslinked  
194 iron oxide.

### 195 2.3. FITC labeling and amine-blocking of particles

196 All SPIO particles were labeled with FITC at a FITC-to-iron molar ratio of 19.2:1.  
197 FITC was reacted with particles for 4 h followed by two rounds of gel purification,  
198 once on a NAP-5 column and then on a PD10 column (GE Healthcare), both equili-  
199 brated with PBS. The FITC-labeled SPIO was subsequently reacted with various  
200 volumes of glycidol (0.01–50%) to produce populations of particles with different  
201 amine content. The particles were cleaned off excess glycidol through repeated  
202 precipitation in isopropanol and resuspension in PBS. Amine-blocking was also  
203 attempted with particles of 200 nm and greater, but this modification impelled  
204 immediate particle insolubility.

### 205 2.4. Measurement of particle size

206 The hydrodynamic diameter of the dextran-coated and commercial iron oxide  
207 particles was measured using a Zetasizer Nano-z (Malvern Instruments, Malvern,  
208 UK) through dynamic light scattering (DLS). The dextran-coated SPIO particles were  
209 diluted in PBS to a concentration of approximately 0.5 mg/mL and read in triplicate.  
210 The commercial particle diameters were read in the same manner, but only after  
211 undergoing three washes by precipitation in the presence of a strong magnet and  
212 resuspension in PBS. The values reported for all samples are the intensity peak  
213 values.

### 214 2.5. Measurement of particle cores

215 Transmission electron micrographs of all iron oxide particles were taken using  
216 a JEOL 2010 at 200 kV. Samples were prepared for imaging by evaporating the  
217 particles onto a carbon-coated copper grid (Holey carbon – mesh 200, Structure  
218 Probe Inc., West Chester, PA). Salt was removed from all of the samples prior to  
219 evaporation by exchanging the particles into  $\text{dH}_2\text{O}$ . Images of particle cores were  
220 analyzed using ImageJ (National Institutes of Health, Bethesda, MD). Since many of  
221 the particles were found to be composed of a cluster of multiple iron oxide cores, the  
222 average diameter of each core and the average number of cores per particle were  
223 determined. Assuming each core to be spherical, the amount of iron per particle type  
224 was determined from the aggregate core volume.

### 225 2.6. Measurement of particle relaxivity ( $R_1$ and $R_2$ )

226 The longitudinal ( $R_1$ ) and transverse ( $R_2$ ) relaxivity of each particle was calcu-  
227 lated as the slope of the curves  $1/T_1$  and  $1/T_2$  against iron concentration, respectively.  
228  $T_1$  and  $T_2$  relaxation times were determined using a Bruker mq60 MR relaxometer  
229 operating at 1.41 T (60 MHz).  $T_1$  measurements were performed by collecting 12  
230 data points from 5.0 ms to 1000 ms with a total measurement duration of 1.49 min.  
231  $T_2$  measurements were made using  $\tau = 1.5$  ms and two dummy echoes, and fitted  
232 assuming monoexponential decay.

### 233 2.7. Measurement of number of amines per particle

234 The number of amines per particle was determined following the general pro-  
235 cedure described by Zhao et al. [35]. Briefly, iron oxide particles at a concentration of  
236 2 mg/mL Fe were reacted with excess *N*-succinimidyl 3-(2-pyridyldithio) propionate  
237 (SPDP, Calbiochem, San Diego, CA) for 4 h. SPIO was washed off excess SPDP through  
238 repeated precipitation in isopropanol and resuspension in PBS. The particles were  
239 then run through a 50-kDa MWCO centrifugal filter (YM-50, Millipore, Billerica, MA)  
240 either with or without the addition of disulfide cleavage agent TCEP. The difference  
241 of the absorbance of these two samples at 343 nm was used to determine the

concentration of SPDP in the filter flow. Adjusting for dilution, the number of amines per particle was determined.

### 2.8. Cell culture and labeling

Immortalized human T cells, Jurkat Clone E6-1 (ATCC), were maintained at 37 °C in 5% CO<sub>2</sub> in RPMI 1640 (Mediatech, Manassas, VA) media supplemented with 10% FBS (Hyclone, Logan, UT) and penicillin/streptomycin (Mediatech). T cells were labeled with iron oxide particles by incubating the commercial and lab-made particles with  $2 \times 10^6$  cells in 400  $\mu$ L of fully supplemented media for 1 h or 4 h, at 37 °C in 5% CO<sub>2</sub>. Cells were washed off non-internalized particles through two methods. Synthesized dextran-coated particles were washed from cells using centrifugation. Specifically, cells were pelleted at 0.5 rcf for 5 min and resuspended in PBS. This was repeated three times. The dextran-coated particles are highly soluble in aqueous solvents and do not precipitate at these centrifugation speeds. Removal of non-internalized commercial particles was accomplished through a density gradient. The cells and particles were diluted to 1 mL with PBS and overlaid on 4 mL of room temperature Ficoll-Paque PLUS (GE Healthcare). The sample was centrifuged at 0.4 rcf for 40 min. Cells loaded with particles were retrieved from the interface layer. To determine if particles were internalized or merely adsorbed on the cell exterior, surface receptor cleavage enzyme trypsin was used. Following particle incubation, as described above, cells were exposed to 0.025% trypsin-EDTA (Invitrogen) for 5 min. Purification of non-internalized particles was carried out as detailed. No statistical difference was seen in either flow cytometry or relaxometry between groups washed with or without enzyme.

### 2.9. Flow cytometry and relaxation measurements

Immediately after non-internalized iron oxide particles were removed from T cell samples, flow cytometry was performed on a Guava EasyCyte (Guava Technologies, Hayward, CA). For labeling and viability experiments, forward and side scatterings were used to identify the entire population of cells. Data analysis of flow cytometry data was accomplished with FlowJo (TreeStar, Ashland, OR). Viability of T cells was determined using the LIVE/DEAD cytotoxicity kit for mammalian cells (Invitrogen, Carlsbad, CA) according to the manufacturer's instructions. In order to evaluate the decrease in  $T_2$  relaxation time of iron oxide internalized T cells, purified cells were lysed for 30 min in 0.1% SDS in PBS at 37 °C. Samples were diluted to  $0.5 \times 10^6$  cells/mL in 300  $\mu$ L and  $T_2$  relaxation times were measured using the benchtop relaxometer. All flow and magnetic resonance measurements were made in triplicate on at least two separate occasions.

## 3. Results and discussion

### 3.1. Particle synthesis and characterization

Three different formulations of dextran-coated superparamagnetic iron oxide nanoparticles were prepared via co-precipitation. All three syntheses utilized a ratio of approximately three ferrous to ferric iron chloride; however, the total amount of iron was increased by whole numbers, i.e.  $2 \times$  and  $3 \times$  irons, respectively. This deviation in the amount of iron present during synthesis allowed for the manufacture of SPIO with a range of different sizes and properties. Specifically, DLS of the SPIO, following crosslinking and amination of the dextran coating, indicated average hydrodynamic radii of 33.4 nm, 53.5 nm and 107 nm, respectively, with the larger nanoparticles corresponding to syntheses that utilized more iron. When the total amount of iron was increased further, the co-precipitation solution became extremely viscous and yielded highly dispersed aggregates that precipitated out of solution. Therefore, nanoparticles ranging from 200 nm to 1  $\mu$ m in diameter were acquired from commercial sources. Specifically, superparamagnetic iron oxide particles of 200 nm and 300 nm diameter with an amine functionalized styrene copolymer coating (Amino-Adembeads) were purchased from Ademtech, while amine functionalized silica-coated 1  $\mu$ m diameter particles were purchased from Bioclone. This allowed particle sizes across nearly three orders of magnitude to be compared.

The particle sizes as determined by DLS, peak intensity values, are compared in Fig. 1. The 33.4 nm, 53.5 nm and 107 nm dextran-coated SPIO samples were fully soluble at physiological conditions. Conversely, it was found that the large size of the 289 nm and 1430 nm particles led to rapid precipitation. Settling was also

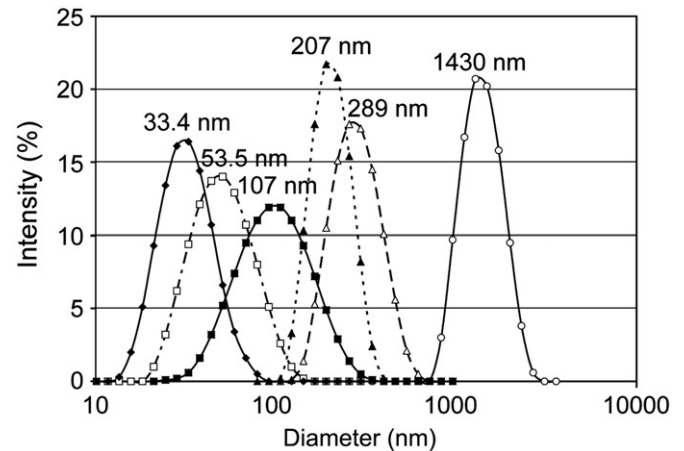


Fig. 1. Hydrodynamic diameter of SPIO. The hydrodynamic diameter of SPIO particles was determined by DLS. Intensity measurements are reported and the peak intensity is provided for each distribution.

a concern for the 207 nm particles; however, full precipitation generally took several hours.

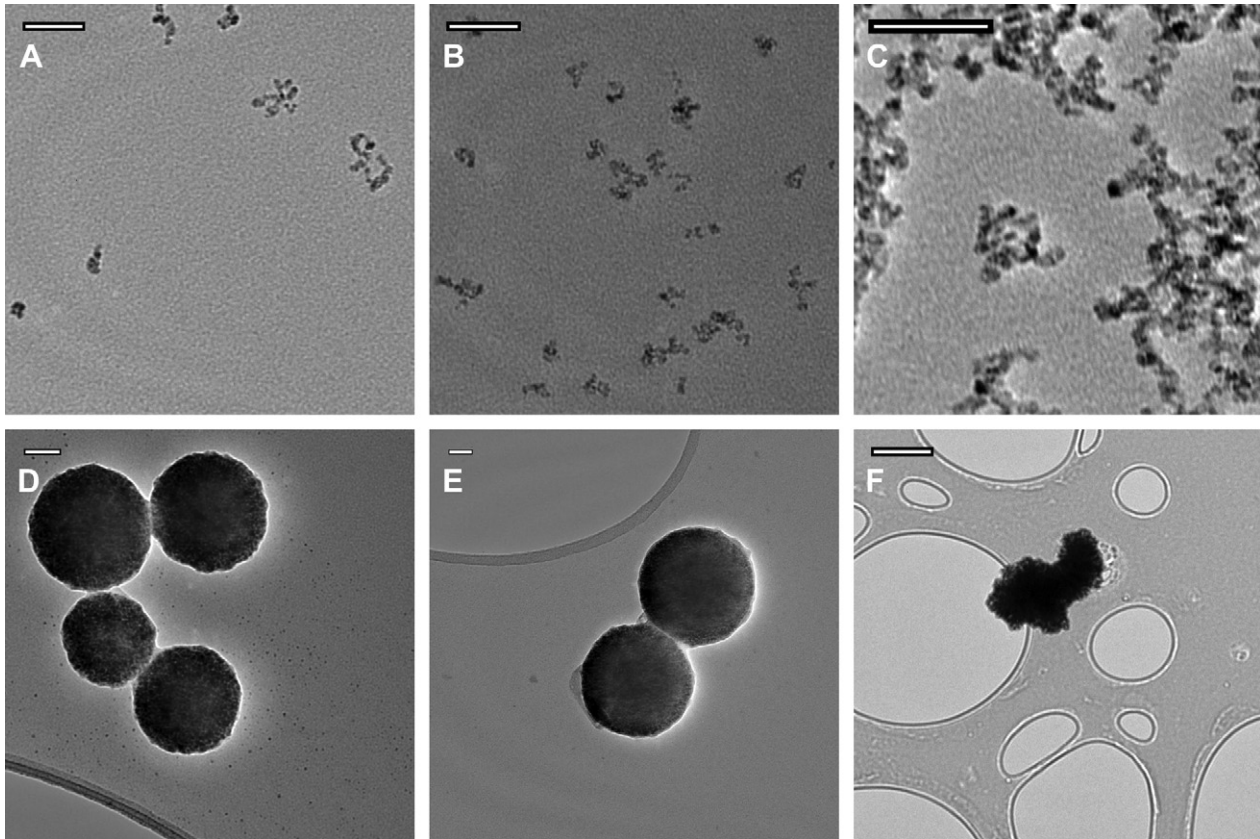
Analysis of the iron oxide core size and structure of the magnetic particles was conducted using TEM. Representative micrographs are shown in Fig. 2. Aggregation of particles in salt free solution was a problem during TEM sample preparation; however, reduction in sample concentration allowed for imaging of discretely distributed particles. Iron cores were easily distinguished from carbon-coated copper grids, while dextran and styrene copolymer were not visible because of their low electron density.

An interesting feature of the dextran-coated nanoparticles is that each particle consists of a cluster of one or more iron oxide cores, with each core being approximately equal in size. Specifically, the distribution of cores is centered at approximately 6 nm for all three dextran-coated nanoparticles (Fig. 3); however, the average number of cores per particle increases with overall hydrodynamic diameter. In contrast, the larger 207 nm and 289 nm styrene copolymer-coated particles exhibited a single large spherical iron oxide core, while the 1.43  $\mu$ m silica-coated particles exhibited an amorphous iron oxide core of no discrete size or shape. A summary of the properties of each SPIO is provided in Table 1.

The  $R_1$  and  $R_2$  data (Figs. 4 and 5), also summarized in Table 1, indicate that there is a trend of increasing  $R_2$  and decreasing  $R_1$  with size up to the 107 nm particles. For particles of greater size, the single large core of the 207 nm and 289 nm particles does not translate into proportionately higher  $R_2$ . This likely reflects lower crystallinity of the larger single iron oxide cores in comparison to smaller crystals [36]. Furthermore, according to the Solomon-Bloembergen theory, which relates the relaxation rate to particle properties, the total size of the particle is not critical to the magnitude of  $R_2$  as the susceptibility effect falls off from the surface with an exponential ( $r^6$ ) dependence [37,38]. It should be noted that the  $R_1$  values reported for particles greater than 200 nm are likely underestimates due to precipitation of the particles during  $T_1$  measurements. For instance, determining  $T_1$  relaxation times required more than 100 s per sample, which was an ample time for the micrometer-sized particles to precipitate out of solution.

### 3.2. Cell loading

The extent to which T cells internalize iron oxide particles is not only dependent on particle size but also various other particle characteristics and cell loading conditions, including surface charge, particle concentration, and incubation time. Thus, before it



**Fig. 2.** TEM of SPIO cores. High magnification transmission electron microscopy images of the iron oxide particles were obtained with a JEOL 2010 operating at 200 kV. Structure analysis revealed the multiple core nature of the (A) 33.4 nm, (B) 53.5 nm and (C) 107 nm dextran-coated SPIO. Larger particles were composed of single cores; (D) 207 nm, (E) 289 nm and (F) 1430 nm. All scale bars are 50 nm, excluding (F) 1  $\mu$ m.

could be determined which particle size led to the highest relaxivity per cell, it was first necessary to identify conditions whereby cell loading was independent of these other parameters. The use of fluorescently labeled iron oxide particles combined with flow cytometry provided a facile method by which particle uptake could be systematically assessed in a high-throughput manner. In the current study, all SPIO samples were fluorescently labeled with an equivalent amount of FITC/iron.

### 3.2.1. Concentration

In order to confirm that iron oxide particles were present in sufficient quantity for maximum cellular uptake, T cells were incubated with increasing iron concentrations until a saturating level was reached. As shown in Fig. 6, dextran-coated particles were efficiently internalized, all reaching a plateau at iron concentrations below 50  $\mu$ g/mL. Greater than 100  $\mu$ g/mL was required to saturate the loading of the 207 nm, 289 nm and 1430 nm particles. The necessity for these higher iron concentrations may be attributed to the fact that the number of particles per unit of iron is far less than the smaller agents. Further, there is likely less contact between the larger particles and the suspended cells because of their continual sedimentation. This was perhaps most evident with MPIO, where cell labeling was poor across all particle concentrations. Even at 1000  $\mu$ g/mL (data not shown) labeling with MPIO did not reach the levels achieved by the dextran-coated USPIO and SPIO.

### 3.2.2. Surface properties

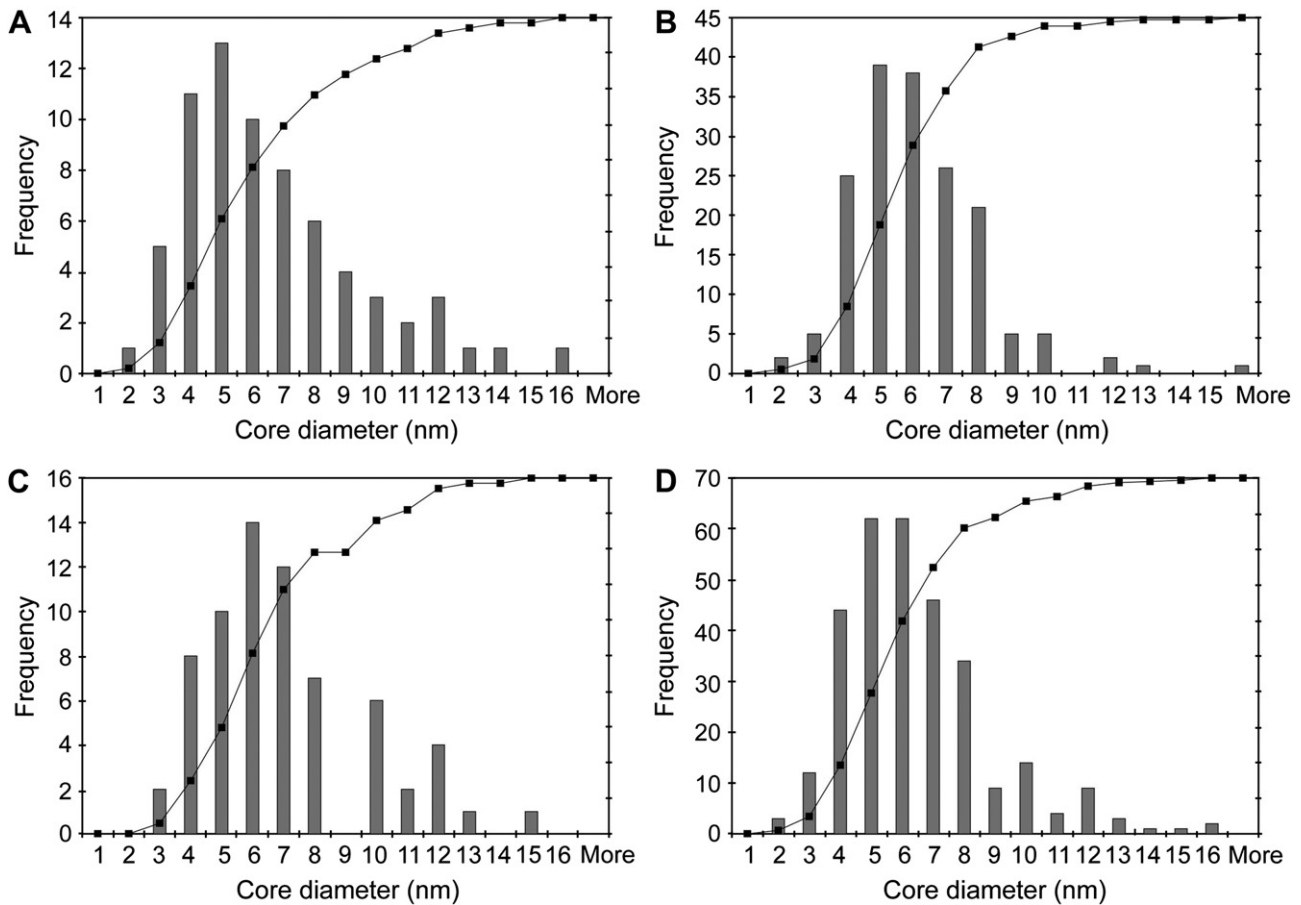
Surface charge is important for intracellular delivery of exogenous material. This principle has been described for a variety of nanoparticle (examples include gold [39], polymer [40,41] and silica [42]) and biological (for example, delivery of DNA with

cationic proteins, lipids and polymers [43]) contexts. The aminated surfaces of the particles used in this study provide an inherent surface charge, facilitating cellular interaction. However, in order to study the role this property has in the intracellular delivery of iron oxide contrast agent, it is necessary to manipulate the magnitude of the surface charge. To do so we have applied glycidol, a hydroxyl terminating epoxide, to generate subsets of particles with a gradient of surface amines. Glycidol has been used previously in dendrimer chemistry to reduce the chemotoxicity of highly-positively charged dendrimers [44]. The tight control of surface properties produced by consuming amines with glycidol allows for isolated examination and evaluation of the role of surface charge on SPIO.

The summary of particle uptake on a per cell basis is shown in Fig. 7(A–C). Each data point represents the normalized mean fluorescence intensity (MFI) of T cells that were incubated with iron oxide particles at a saturating concentration (previously determined) for 4 h. Under these incubation conditions, it was found that particles in their natural (fully aminated) state are maximally internalized. Any further increase in the positive surface charge will not further augment SPIO loading. In other words, the efficiency of cell labeling has become independent of surface charge. In all cases, uptake and internalization of the particles were rapid. Representative uptake of the 107 nm particles as a function of time is shown in Fig. 7(D).

### 3.2.3. Viability

The impact and potential cytotoxicity of each iron oxide particle on T cells were measured using a two-color fluorescent cell viability kit. Negligible to low levels of cell death were observed (Fig. 8) for all particles at diminished and saturating concentrations of iron oxide (10  $\mu$ g/mL and 50  $\mu$ g/mL, respectively). The exception was for



**Fig. 3.** Size distribution of SPIO core diameters. TEM measurements of the SPIO core diameter for (A) 33.4 nm, (B) 53.5 nm, (C) 107 nm and (D) all cores. The cores diameters were analyzed assuming that they were spherical and the frequency and cumulative distributions are plotted. Particle size appears to be determined by the number of cores per particle rather than the size of those constituent cores.

**Table 1**  
Physical and magnetic properties of SPIO

Hydrodynamic diameter (nm)	Core diameter (nm)	Number of cores	$R_2$ (/mm/s)	$R_1$ (/mm/s) <sup>a</sup>	$R_2/R_1$	NH <sub>2</sub> /particle	Fe (atoms)/particle <sup>b</sup>	Coating material
33	6.067	1.9	71.00	13.56	5.24	185	8924	Dextran
53	5.603	5.3	82.25	9.97	8.25	631	20,065	Dextran
107	6.534	11.2	381.00	7.24	52.66	1024	66,729	Dextran
207	175.4	1	176.58	0.51	344.48	$6.0 \times 10^5$	$6.3 \times 10^7$	Styrene copolymer
289	289.6	1	115.20	0.34	337.43	$2.2 \times 10^6$	$2.6 \times 10^8$	Styrene copolymer
1430	–	1	64.32	0.41	156.49	$8.5 \times 10^8$	$1.3 \times 10^7$	Silica

<sup>a</sup>  $R_1$  values for 207 nm, 289 nm and 1430 nm particles may be underestimated due to precipitation during measurements.

<sup>b</sup> Measurement of Fe (atoms)/particle for the commercial particles was made using the company provided relative iron mass per particle data, rather than the core size determination from TEM.

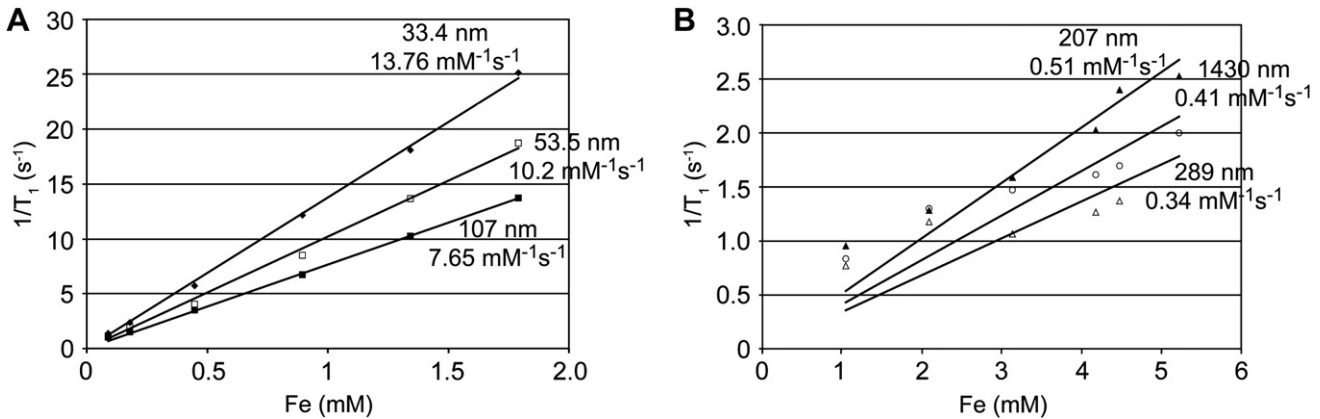
the 107 nm SPIO, which exhibited some adverse cell influence even at 10  $\mu$ g/mL. This effect was exacerbated at increased concentrations. When the amines on the 107 nm particle were completely blocked, cell death was reduced to negligible levels; however, internalization was also reduced to negligible levels (Fig. 7C). T cell death is likely attributable to the high positive surface charge possessed by the SPIO. Similar results have been seen with amine-terminated poly(amidoamine) dendrimers [45]. The extremely high driving force for cell internalization imparted by positive SPIO surface charge can lead to cell death.

In order to minimize the toxicity of the 107 nm particles, the incubation time with T cells was decreased to 1 h. As shown in Fig. 7D, particle uptake is still saturated within this time frame, therefore exposing T cells to excess SPIO for longer periods of time was deemed unnecessary. No toxicity was observed with the 107 nm particles after just 1 h of incubation.

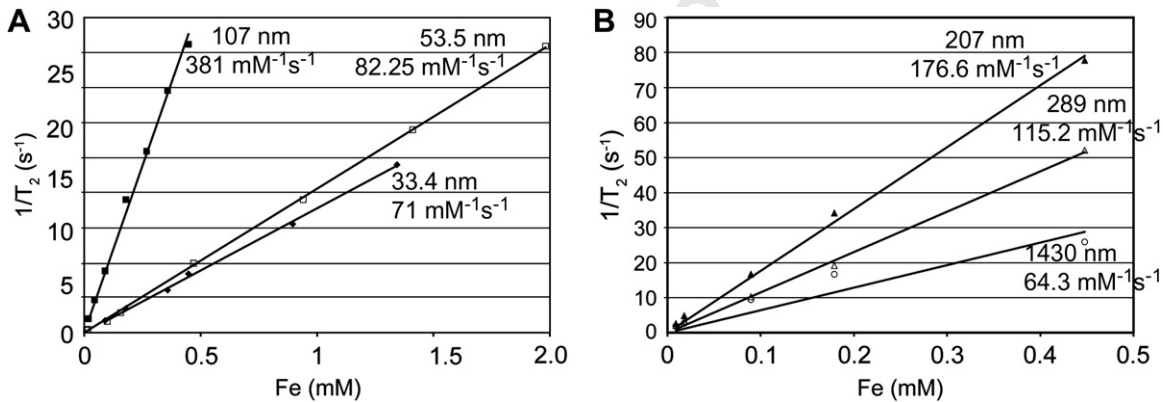
### 3.2.4. Magnetic contrast enhancement

Flow cytometry was utilized to determine the saturating conditions for each SPIO; however, these single cell measurements were conducted with some variation between the number of fluorescent labels per particle making it difficult to accurately quantify the number of particles per cell. Also, after labeling cells with superparamagnetic tracking agents the critical assessment of ability to track cells is their relaxivity. Therefore, a benchtop NMR minispectrometer, near the clinical field strength of 1.5 T, was utilized for evaluating in vitro loading. As shown in Fig. 9, T cells loaded with particles showed a dose-dependent, negative contrast enhancement.

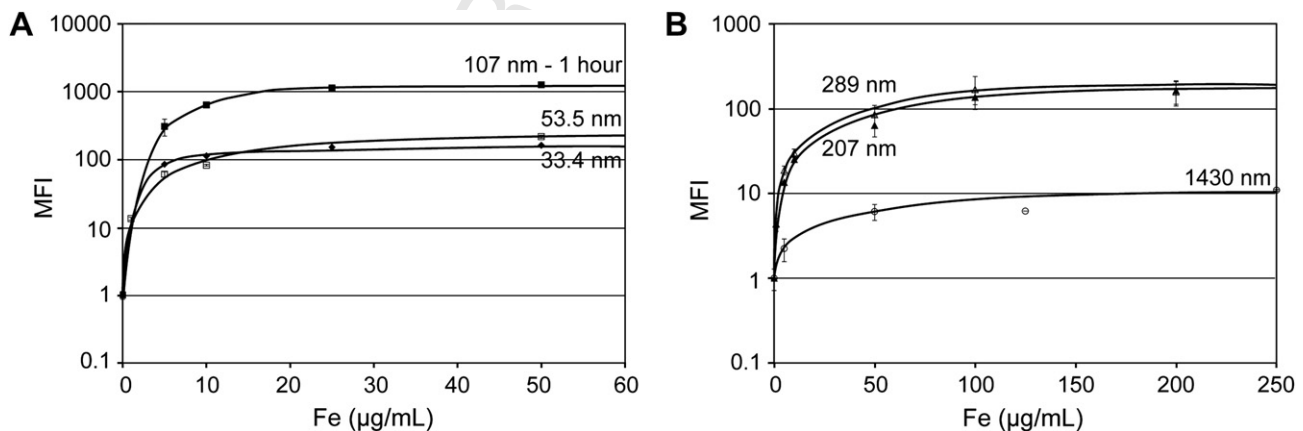
As befits their widespread application in the literature, the USPIO proved effective at lowering the spin–spin relaxation time ( $T_2$ ). Despite delivering only a small payload of iron per particle, the large numbers of 33.4 nm and 53.5 nm particles that accumulate in



**Fig. 4.**  $T_1$  relaxivity ( $R_1$ ) measurements of SPIO. SPIO of various sizes were diluted in PBS to iron concentrations between (A) 0.1 mM and 2 mM or (B) 1 mM and 6 mM.  $T_1$  values were then obtained using the minimum time sequence required to get reproducible values, because of precipitation issues. The inverse of the  $T_1$  time, in seconds, was linearly fit against concentration to yield the particle  $R_1$ .



**Fig. 5.**  $T_2$  relaxivity ( $R_2$ ) measurements of SPIO. SPIO of various sizes were diluted in PBS to iron concentrations between (A) 0.1 mM and 2 mM or (B) 0.01 mM and 0.5 mM. The  $T_2$  values were then obtained using a monoexponential curve fit. The inverse of these values, plotted against concentration, gives the  $R_2$ . Precipitation of the 1430 nm particles resulted in nonlinearity.



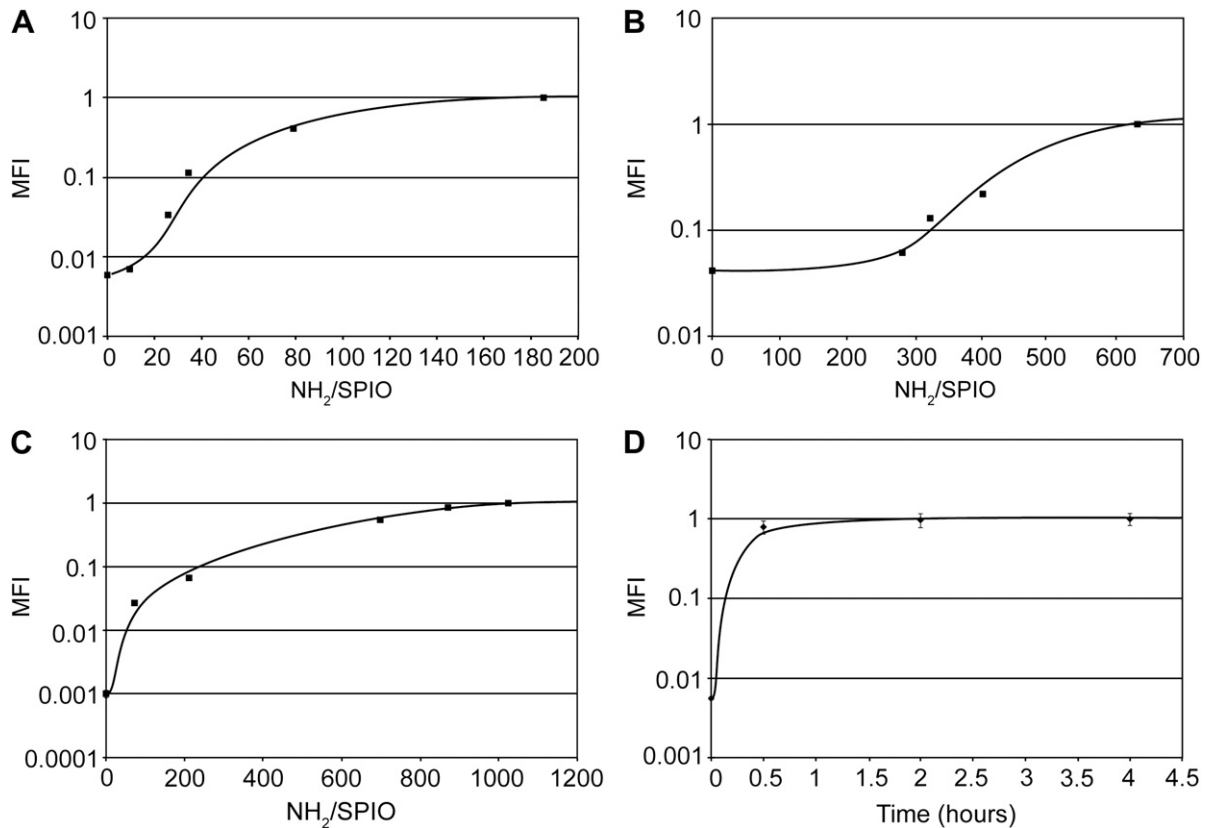
**Fig. 6.** Dependence of SPIO loading on particle concentration. Fluorescently labeled SPIO of various sizes and across a range of concentrations was incubated with  $2 \times 10^6$  T cells/mL at 37 °C for 4 h (excluding the 107 nm particle as indicated). SPIO uptake was then measured by flow cytometry. Each experiment was conducted in triplicate on at least two separate occasions and each data point represents the average value for the mean fluorescent intensity (MFI). Note the difference in x- and y-axes for (A) and (B).

the cells allow for a strong aggregate effect, producing an average  $T_2$  signal of 126.05 ms and 51.5 ms under saturating conditions, respectively. These reduced signal values correlate to an 8.04 and 19.68 times reduction in signal from T cells without any contrast agent ( $T_2 = 1013$  ms).

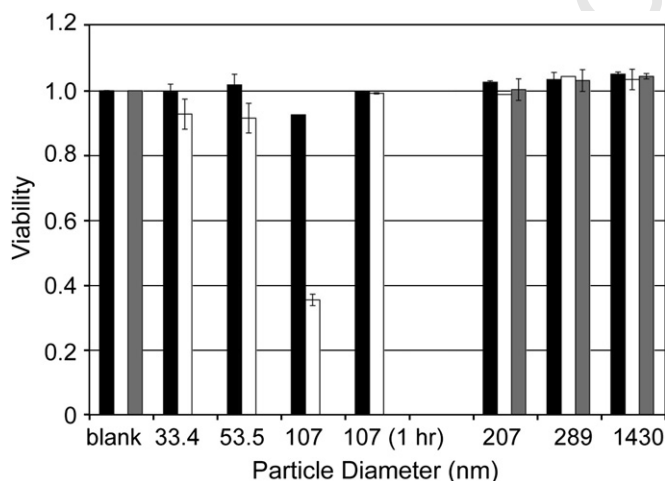
Performance of particles greater than 200 nm was ranked inversely with diameter. Greater concentrations of large particles

continued to reduce the  $T_2$  signal; however, when the iron concentration was increased above 500  $\mu\text{g/mL}$  the methods used to distinctly separate loaded-cells from free particles became less reliable. It should be noted that this drawback does not exist for the flow cytometry measurements, as the particles themselves could be excluded from the cells based on forward and side scatter. At 150  $\mu\text{g/mL}$  Fe, the spin-spin relaxation signal from the 207 nm,





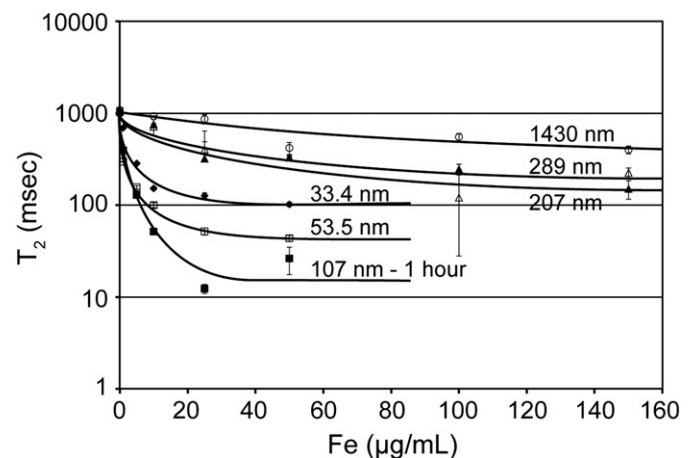
**Fig. 7.** Dependence of SPIO loading on surface charge. T cell uptake of fluorescently labeled SPIO as a function of surface charge was examined by modulating the number of amines per particle for the (A) 33.4 nm, (B) 53.5 nm and (C) 107 nm particles. A gradient in the degree of functionalization was produced by glycidol blocking of amines. SPIO was incubated with T cells at saturating concentrations, 50  $\mu\text{g}/\text{mL}$ , under identical conditions. Flow cytometry was then performed to assess the relative uptake of each SPIO. Each data point represents the mean fluorescent intensity (MFI). The loading of SPIO was rapid; Fig. 7(D) shows the representative uptake of fully-aminated 107 nm particles.



**Fig. 8.** Viability of T cells incubated with SPIO. SPIO was incubated with T cells at various iron concentrations: 10  $\mu\text{g}/\text{mL}$  [black], 50  $\mu\text{g}/\text{mL}$  [white] and 100  $\mu\text{g}/\text{mL}$  [grey]. After 4 h (unless otherwise noted), viability was measured and normalized to cells grown in the absence of any particles (blank). All SPIO exhibited negligible impact on cell survival after 4 h, excluding the 107 nm diameter particles. Reducing incubation time of these particles to 1 h eliminated adverse effects at both low and saturating concentrations.

289 nm and 1430 nm particles was 149.75 ms, 224.3 ms and 398 ms. These findings suggest that despite their high  $R_2$  values and large iron content, particles greater than 200 nm seem to have limited applicability in labeling non-phagocytic cells.

The highly-aminated SPIO with a diameter of 107 nm produced the greatest contrast enhancement. These particles combined the



**Fig. 9.**  $T_2$  relaxation times of T cells labeled with SPIO. T cells were labeled with SPIO of various sizes and across a range of concentrations. The  $T_2$  relaxivity of  $0.5 \times 10^6$  SPIO-loaded T cells/mL in 300  $\mu\text{L}$  was measured on a Bruker mq60 MR relaxometer operating at 1.41 T (60 MHz). The signal decrease observed following internalization of SPIO is dose-dependent and saturation correlates well with values determined by flow cytometry. The 107 nm SSPIO produced maximum signal decrease.

high degree of internalization of the USPIO with the superior relaxivity of larger particles. At the 1 h loading time, to avoid any longer term cytotoxic events, these SSPIO were able to reduce signal approximately two orders of magnitude, providing  $T_2$  signal of only 12.25 ms, or an 82.74 times reduction in signal from control. This reduction in signal was approximately five and 10 times greater than that produced by the 53.5 nm and 33.4 nm SPIO (for the same concentration).

#### 4. Conclusions

In this work, efficient iron oxide labeling, without the use of cell penetrating peptides or transfection agents, was accomplished in a clinically relevant non-phagocytic cellular system. The level of SPIO loading in T cells was determined by flow cytometry and verified through evaluation of MR contrast enhancement. Using conditions under which cell loading was independent of particle concentration, chemical surface modification, and incubation time, particle size was isolated as an attribute to affect nano- and microparticle loading. Large particles, over 200 nm in diameter, possess much greater amounts of iron per particle, and thus theoretically require few particles or single particle per cell in order to be used. However, they suffered from gravitational sedimentation, decreased efficiency of cell labeling, and in some cases free particles were incompletely removed from labeled cells. This may not be a problem with adherent and/or phagocytic cell systems, but significantly hampered their efficacy as magnetic labeling probes for non-phagocytic suspended cells. The vastly greater number of USPIO that accumulate within the cells made up for their weaker  $R_2$  values. While a general trend correlating increased or decreased particle size with labeling was not observed, it was clear that the 107 nm SPIO manifestation led to the largest  $T_2$  signal decrease.

#### Acknowledgments

D.L.J.T. was supported by NIH T32 HL007954-07, Multidisciplinary Training in Cardiovascular Biology. This work was supported in part by Wyeth Pharmaceuticals, the Transdisciplinary Program in Translational Medicine and Therapeutics, the Lupus Research Institute, and the DOD Breast Cancer Research Program of the Office of the Congressionally Directed Medical Research Programs (BC061856).

#### References

- [1] Bulte JW, Douglas T, Witwer B, Zhang SC, Strable E, Lewis BK, et al. Magnetodendrimers allow endosomal magnetic labeling and in vivo tracking of stem cells. *Nat Biotechnol* 2001;19(12):1141–7.
- [2] Rogers WJ, Meyer CH, Kramer CM. Technology insight: in vivo cell tracking by use of MRI. *Nat Clin Pract Cardiovasc Med* 2006;3(10):554–62.
- [3] Ahrens ET, Flores R, Xu HY, Morel PA. In vivo imaging platform for tracking immunotherapeutic cells. *Nat Biotechnol* 2005;23(8):983–7.
- [4] Pittet MJ, Grimm J, Berger CR, Tamura T, Wojtkiewicz G, Nahrendorf M, et al. In vivo imaging of T cell delivery to tumors after adoptive transfer therapy. *Proc Natl Acad Sci U S A* 2007;104(30):12457–61.
- [5] Sauer MG, Ericson ME, Weigel BJ, Herron MJ, Panoskaltis-Mortari A, Kren BT, et al. A novel system for simultaneous in vivo tracking and biological assessment of leukemia cells and ex vivo generated leukemia-reactive cytotoxic T cells. *Cancer Res* 2004;64(11):3914–21.
- [6] Sundstrom JB, Mao H, Santoianni R, Villinger F, Little DM, Huynh TT, et al. Magnetic resonance imaging of activated proliferating rhesus macaque T cells labeled with superparamagnetic monocystalline iron oxide nanoparticles. *J Acquir Immune Defic Syndr* 2004;35(1):9–21.
- [7] Kircher MF, Grimm J, Swirski FK, Libby P, Gerszten RE, Allport JR, et al. Non-invasive in vivo imaging of monocyte trafficking to atherosclerotic lesions. *Circulation* 2008;117(3):388–95.
- [8] Hadjantonakis AK, Papaioannou VE. Dynamic in vivo imaging and cell tracking using a histone fluorescent protein fusion in mice. *BMC Biotechnol* 2004;4.
- [9] Puri S, Hebrok M. Dynamics of embryonic pancreas development using real-time imaging. *Dev Biol* 2007;306(1):82–93.
- [10] Voura EB, Jaiswal JK, Mattoussi H, Simon SM. Tracking metastatic tumor cell extravasation with quantum dot nanocrystals and fluorescence emission-scanning microscopy. *Nat Med* 2004;10(9):993–8.
- [11] Cahill KS, Gaidosh G, Huard J, Silver X, Byrne BJ, Walter GA. Noninvasive monitoring and tracking of muscle stem cell transplants. *Transplantation* 2004;78(11):1626–33.
- [12] Yoneyama R, Chemaly ER, Hajjar RJ. Tracking stem cells in vivo. *Ernst Schering Res Found Workshop* 2006;60:99–109.
- [13] Zhang SJ, Wu JC. Comparison of imaging techniques for tracking cardiac stem cell therapy. *J Nucl Med* 2007;48(12):1916–9.
- [14] Hoshino K, Ly HQ, Frangioni JV, Hajjar RJ. In vivo tracking in cardiac stem cell-based therapy. *Prog Cardiovasc Dis* 2007;49(6):414–20.
- [15] Weissleder R, Hahn PF, Stark DD, Elizondo G, Saini S, Todd LE, et al. Superparamagnetic iron oxide: enhanced detection of focal splenic tumors with MR imaging. *Radiology* 1988;169(2):399–403.

- [16] Weissleder R, Elizondo G, Wittenberg J, Rabito CA, Bengele HH, Josephson L. Ultrasmall superparamagnetic iron oxide: characterization of a new class of contrast agents for MR imaging. *Radiology* 1990;175(2):489–93.
- [17] Shapiro EM, Skrtic S, Koretsky AP. Sizing it up: cellular MRI using micron-sized iron oxide particles. *Magn Reson Med* 2005;53(2):329–38.
- [18] Metz S, Bonaterra G, Rudelius M, Settles M, Rummeny EJ, Daldrup-Link HE. Capacity of human monocytes to phagocytose approved iron oxide MR contrast agents in vitro. *Eur Radiol* 2004;14(10):1851–8.
- [19] Montet-Abou K, Montet X, Weissleder R, Josephson L. Cell internalization of magnetic nanoparticles using transfection agents. *Mol Imaging* 2007;6(1):1–9.
- [20] Petri-Fink A, Hofmann H. Superparamagnetic iron oxide nanoparticles (SPIONs): from synthesis to in vivo studies – a summary of the synthesis, characterization, in vitro, and in vivo investigations of SPIONs with particular focus on surface and colloidal properties. *IEEE Trans Nanobioscience* 2007;6(4):289–97.
- [21] Matuszewski L, Persigehl T, Wall A, Schwindt W, Tombach B, Fobker M, et al. Cell tagging with clinically approved iron oxides: feasibility and effect of lipofection, particle size, and surface coating on labeling efficiency. *Radiology* 2005;235(1):155–61.
- [22] Lewin M, Carlesso N, Tung CH, Tang XW, Cory D, Scadden DT, et al. Tat peptide-derivatized magnetic nanoparticles allow in vivo tracking and recovery of progenitor cells. *Nat Biotechnol* 2000;18(4):410–4.
- [23] Arbab AS, Yocum GT, Kalish H, Jordan EK, Anderson SA, Khakoo AY, et al. Efficient magnetic cell labeling with protamine sulfate complexed to ferumoxides for cellular MRI. *Blood* 2004;104(4):1217–23.
- [24] Tai JH, Foster P, Rosales A, Feng B, Hasilo C, Martinez V, et al. Imaging islets labeled with magnetic nanoparticles at 1.5 Tesla. *Diabetes* 2006;55(11):2931–8.
- [25] Walczak P, Kedzior DA, Gilad AA, Lin S, Bulte JW. Instant MR labeling of stem cells using magnetoelectroporation. *Magn Reson Med* 2005;54(4):769–74.
- [26] Shapiro EM, Skrtic S, Sharer K, Hill JM, Dunbar CE, Koretsky AP. MRI detection of single particles for cellular imaging. *Proc Natl Acad Sci U S A* 2004;101(30):10901–6.
- [27] de Vries IJ, Lesterhuis WJ, Barentsz JO, Verdijk P, van Krieken JH, Boerman OC, et al. Magnetic resonance tracking of dendritic cells in melanoma patients for monitoring of cellular therapy. *Nat Biotechnol* 2005;23(11):1407–13.
- [28] Shapiro EM, Medford-Davis LN, Fahmy TM, Dunbar CE, Koretsky AP. Antibody-mediated cell labeling of peripheral T cells with micron-sized iron oxide particles (MPIOs) allows single cell detection by MRI. *Contrast Media Mol Imaging* 2007;2(3):147–53.
- [29] Oude Engberink RD, van der Pol SM, Dopp EA, de Vries HE, Blezer EL. Comparison of SPIO and USPIO for in vitro labeling of human monocytes: MR detection and cell function. *Radiology* 2007;243(2):467–74.
- [30] Foster-Gareau P, Heyn C, Alejski A, Rutt BK. Imaging single mammalian cells with a 1.5 T clinical MRI scanner. *Magn Reson Med* 2003;49(5):968–71.
- [31] Shapiro EM, Sharer K, Skrtic S, Koretsky AP. In vivo detection of single cells by MRI. *Magn Reson Med* 2006;55(2):242–9.
- [32] Song M, Moon WK, Kim Y, Lim D, Song IC, Yoon BW. Labeling efficacy of superparamagnetic iron oxide nanoparticles to human neural stem cells: comparison of ferumoxides, monocystalline iron oxide, cross-linked iron oxide (CLIO)-NH<sub>2</sub> and tat-CLIO. *Korean J Radiol* 2007;8(5):365–71.
- [33] Shen T, Weissleder R, Papisov M, Bogdanov A, Brady TJ. Monocrystalline iron-oxide nanocompounds (Mion) – physicochemical properties. *Magn Reson Med* 1993;29(5):599–604.
- [34] Pittet MJ, Swirski FK, Reynolds F, Josephson L, Weissleder R. Labeling of immune cells for in vivo imaging using magnetofluorescent nanoparticles. *Nat Protoc* 2006;1(1):73–9.
- [35] Zhao M, Kircher MF, Josephson L, Weissleder R. Differential conjugation of tat peptide to superparamagnetic nanoparticles and its effect on cellular uptake. *Bioconjug Chem* 2002;13(4):840–4.
- [36] Ayyub R, Palkar VR, Chattopadhyay S, Multani M. Effect of crystal size-reduction on lattice symmetry and cooperative properties. *Phys Rev B* 1995;51(9):6135–8.
- [37] Solomon I. Relaxation processes in a system of two spins. *Phys Rev* 1955;99:559.
- [38] Bloembergen N. Proton relaxation times in paramagnetic solutions. *J Chem Phys* 1957;27(2):572–3.
- [39] Giljohann DA, Seferos DS, Patel PC, Millstone JE, Rosi NL, Mirkin CA. Oligonucleotide loading determines cellular uptake of DNA-modified gold nanoparticles. *Nano Lett* 2007;7(12):3818–21.
- [40] Duncan R, Izzo L. Dendrimer biocompatibility and toxicity. *Adv Drug Deliv Rev* 2005;57(15):2215–37.
- [41] Foged C, Brodin B, Frokjaer S, Sundblad A. Particle size and surface charge affect particle uptake by human dendritic cells in an in vitro model. *Int J Pharm* 2005;298(2):315–22.
- [42] Chung TH, Wu SH, Yao M, Lu CW, Lin YS, Hung Y, et al. The effect of surface charge on the uptake and biological function of mesoporous silica nanoparticles 3T3-L1 cells and human mesenchymal stem cells. *Biomaterials* 2007;28(19):2959–66.
- [43] Luo D, Saltzman WM. Synthetic DNA delivery systems. *Nat Biotechnol* 2000;18(1):33–7.
- [44] Shi XY, Wang SH, Sun HP, Baker JR. Improved biocompatibility of surface functionalized dendrimer entrapped gold nanoparticles. *Soft Matter* 2007;3(1):71–4.
- [45] Malik N, Wiwattanapatapee R, Klopsch R, Lorenz K, Frey H, Weener JW, et al. Dendrimers: relationship between structure and biocompatibility in vitro, and preliminary studies on the biodistribution of I-125-labelled polyamidoamine dendrimers in vivo. 2000;65:133. *J Control Release* 2000;68(2):299–302.