



# Escola Universitária Vasco da Gama

VETERINARY MEDICINE MASTER'S DEGREE

Equine embryo transfer: the effect of semen processing and donor mare management on recovery rates

Sónia Correia

Coimbra, April 2016



# Escola Universitária Vasco da Gama

VETERINARY MEDICINE MASTER'S DEGREE

Equine embryo transfer: the effect of semen processing and donor mare management on recovery rates

Author Sónia Correia

Scientific Supervisors Sofia Cancela Duarte, DVM PhD Rosa Lino Neto Pereira, DVM PhD (Escola Universitária Vasco da Gama, Coimbra, Portugal)

External Supervisors Dr. Orpheu Avila (Central Equina de Reprodução, Boituva, Brasil)

> Dr. Rodrigo Riba de Ave (Horsevet Team, Porto, Portugal)

Dr. Manuel Diez (Hospital Equino Aznalcollar, Aznalcollar, Espanha)

Dr.<sup>a</sup> Andrea Freitas (Clínica Veterinária de Azurém, Guimarães, Portugal)

Coimbra, April 2016

Jury constitution

António Rocha, DVM PhD (Instituto de Ciências Biomédicas Abel Salazar, Porto, Portugal) Pedro Carvalho, DVM PhD (Escola Universitária Vasco da Gama, Coimbra, Portugal)

Dissertation to obtain the Master Degree in Veterinary Medicine from Escola Universitária Vasco da Gama

#### Agradecimentos

Gostaria de agradecer à Escola Universitária Vasco da Gama e seus Docentes pela enorme contribuição e dedicação que tiveram tanto na minha formação como futura Médica Veterinária, como também na minha formação pessoal.

Às minhas orientadoras internas, Professora Sofia Cancela Duarte e Professora Rosa Lino Neto, por todo o apoio incondicional que me prestaram na realização deste artigo de investigação. Obrigada pelo conhecimento transmitido e pela disponibilidade que sempre demonstraram. Obrigada por terem tornado tudo isto uma realidade.

Ao Professor Nuno Carolino, pela disponibilidade e auxílio que demonstrou na realização da análise estatística deste artigo de investigação.

Agradeço ao Dr. Rodrigo Riba de Ave, médico veterinário pela qual tenho uma enorme admiração, pelos conhecimentos transmitidos, pela exigência e toda a confiança, que sempre depositou em mim e que, sem dúvida, eu não seria a mesma pessoa sem a sua contribuição no meu percurso académico. Obrigada pela amizade! Espero um dia vir a ser uma excelente profissional como o Doutor!

Aos meus orientadores externos, Dra. Andrea Freitas, Dr. Orpheu Avila e Dr. Manuel Gomez pela aprendizagem, bom ambiente de trabalho e por terem contribuído de forma tão enriquecedora para a minha formação profissional. À Dra. Andrea, um especial agradecimento, por sempre me ter recebido na clínica de forma tão calorosa bem como pela confiança e profissionalismo. Ficarei sempre grata!

Ao restante corpo clínico da Clínica Veterinária de Azurém, Dra. Alexandra Rio e Dra. Amélia Silva e auxiliares, Emília Gomes, Sara Pereira e Helena Coelho por todos os conhecimentos transmitidos e incentivo prestado.

À restante equipa veterinária da CER: Dr. Fernando Sannini e Dra. Daniela Mendes bem como aos tratadores André, Eduardo e Robson e Nádia Campos por me terem feito "sentir em casa" mesmo estando a milhares de quilómetros de distância (no outro lado do mundo, literalmente).

Às minhas amigas, Zita Ruano e Ana Luísa Pereira, por todo o companheirismo e cumplicidade nas horas de estudo, mesmo quando o desespero se tinha instalado, vocês diziam: "Muita calma nesta hora!", mas acima de tudo pelos óptimos momentos que passamos juntas! Vão-me acompanhar para a vida.

Ao João Ferreira que, apesar de ser uma presença recente na minha vida, foi o meu "escape" mas também um incentivo para conseguir concluir este projecto.

Agradeço à minha mãe, amor da minha vida, por me ter acompanhado e incentivado ao longo destes 6 longos anos de estudo e dedicação. Agradeço por ter acreditado em mim e por me ter ajudado a concretizar um sonho da minha vida. Sem ti nada seria possível.

Ao meu mano por estar sempre ao meu lado em todos os "obstáculos" que a vida impõe e ao meu avô por me ter ajudado na concretização de mais um sonho.

Isto não é o fim... É apenas o início de uma nova aventura!

O meu sincero...Obrigada!

"Da vida não quero muito... Quero apenas saber que tentei tudo o que quis, tive tudo o que pude, amei tudo o que valia e perdi apenas o que no fundo, nunca foi meu..."

(Anonimous)

# Table of contents

Agradecimentos	ii
Table of contents	iv
List of figures and tables	v
List of abbreviations	vi
Abstract	1

1. Introduction
2. Material and Methods2
2.1. Embryo donor and recipient mares2
2.2. Monitoring ovarian activity3
2.3. Stallions, semen processing and artificial insemination
2.4. Embryo recovery and transfer4
2.5. Pregnancy diagnosis4
2.6. Statistical analysis5
<b>3. Results</b>
4. Discussion
5. Conclusions
Acknowledgements
References
Supplementary material16

# List of figures

Figure 1- Influence of the month of the year on the number of embryo collections with detection of embryo.	
Figure 2- Embryo recovery rates according to the type of semen used in Artificial Insemination	.6
Figure 3- Embryo recovery rates by donor mare breed	.7
Figure 4- Number of artificial insemination by stallion	7
Figure 5- Pregnancy diagnosis by location	.8
Figure 6- Pregnancy results per breed	9

# List of tables

Table 1- Embryo recovery rates according to the day of uterine flushing	5
Table 2- History of mares, location, number of embryo collection and embryos recovered during	the
experimental period	16

# List of abbreviations

- AI Artificial Insemination
- CER Equine Reproduction Centre (from Portuguese Central Equina de Reprodução)
- ERR Embryo Recovery Rate
- ET Embryo Transfer
- PGF  $2\alpha$  Prostaglandin F2 $\alpha$
- P4 Progesterone

# Equine embryo transfer: the effect of semen processing and donor mare management on recovery rates $\star$

Sónia C. G. Correia<sup>a,\*</sup>, Rosa M.L.N. Pereira<sup>a,b,c</sup> DVM, PhD, Orpheu Avila DVM<sup>d</sup>, Sofia C. Duarte DVM, PhD<sup>a,d</sup>

<sup>a</sup> Departamento de Medicina Veterinária, Escola Universitária Vasco da Gama, Av. José R. Sousa Fernandes, Campus Universitário-Bloco B, Lordemão, 3020-210 Coimbra, Portugal (sonia\_correia1@hotmail.com) <sup>b</sup>Instituto Nacional de Investugação Agrária e Veterinária,,Quinta da Fonte Boa 2005-048 Vale de Santarém ,Portugal (rosalnp@gmail.com) c Centro Interdisciplinar de Investigação em Sanidade Animal (CIISA), Universidade de Lisboa, Avenida da Universidade Técnica, 1300-477 Lisboa, Portugal

<sup>b</sup> Central Equina de Reprodução, Boituva, Brasil (cer@fasternet.com.br)

<sup>d</sup> Group of Health Surveillance, Center of Pharmaceutical Studies, Faculdade de Farmácia da Universidade de Coimbra, Polo III, 3000-548 Coimbra, Portugal (sofiacanceladuarte@gmail.com)

\*Corresponding author: (Sónia Correia): T:+351 239 444 444; sonia\_correia1@hotmail.com

★ This dissertation was written according to the formatting rules of an original research paper as required by the *Journal of Equine Veterinary Science* (Annex 1).

#### Abstract

Embryo transfer (ET) is a biotechnology that allows to get more than one foal from a single mare during a breading season and also to prevent the removal of mares from their competition careers. Nevertheless, to achieve a successful outcome, the association of many factors must be considered such as the management of donor and recipient mares, the stallions and the veterinarian's experience.

The aims of this study were to evaluate (1) if some of characteristics related to the donor mares such as the breed and the reproductive status, may influence the embryo recovery; (2) if climate and different donor mares location may have impact in breeding programs; (3) the effect of some reproductive techniques and embryo transfer methodologies such as the day of uterine flushing, the type of semen, the stallion and the moment of inseminations and transfer as potential effectors of success.

To achieve the objectives pointed out, one hundred and fifty six uterine flushes and eighty eight embryo transfers were performed. Obtained results showed higher embryo recovery rates at day 8 (61.1%) and an overall pregnancy rate of 62.2%. An influence of the month of the year (P=0.04) and of the type of semen (fresh or frozen; P=0.03) on the number of positive embryo collections were identified. No other significant effects upon the remaining determinants under testing were observed, although stallions were responsible for inducing 11% of the variability within embryo recovery rates.

In conclusion, the main factors that had a great influence in this embryo transfer program were the type of semen and the day and month of the uterine flushing procedure. The use of fresh semen for donor mares insemination and recovery at day 8 increased the number of embryos that were collected during this period, although lower results were obtained in July-August. These procedures should be consider and implement in mare embryo transfer centres.

Keywords: Artificial insemination; Embryo transfer; Equine; Month; Pregnancy; Semen

#### 1. Introduction

In breeding programs, assisted reproductive biotechnologies such as artificial insemination (AI) and embryo transfer (ET) have become more efficient in the last decades [1,2]. In the horse competition industry, these biotechnologies support owners and mares, to prevent the interruption of their training plans [3] allowing to obtain genetically improved animals. Brazil is one of the leading countries in equine embryo collection and transfer, presenting improved results year after year [4]. Nevertheless there are still a few difficulties in equine reproduction such as the response to hormonal treatments in particular to the superovulation protocols. In fact, these protocols are not routinely used due to the much lower ovarian response of mares compared to other species (*e.g.* bovine), but also because a reliable hormonal treatment (i.e. products, dosage regimen among others) is not commercially available. Moreover, the cryosurvival of horse embryos is lower when compared to other species and *in vitro* embryo production is quite difficult. The availability of multiple embryos from each donor mare allied to a successful cryopreservation could further expand this technology in a near future [4,5].

To improve the pregnancy rates during the breeding season, three important aspects must be considered: management and status of donor and recipient mares, semen quality of the stallions [6] and the experience of the veterinarian [2]. In fact and according to Jacob *et al.* [7] the time of the uterine flushing in relation to the day of ovulation is one of the most important factors in determining the success of obtaining an embryo from a donor mare. Nonetheless other factors such as the mare 's age, breed, reproductive category, number of ovulations as well as the location of semen deposition during AI are also essential [8]. Therefore is not surprising that the accomplishment of embryo recovery and transfer in the mare is reported as varying significantly [7,9].

The objectives of this study were to determine (1) if some of characteristics related to the donor mares such as the breed and the reproductive status, may influence the embryo recovery; (2) if climate and different donor mares location may have impact in breeding programs; (3) the influence of some reproductive techniques and embryo transfer methodologies such as the day of uterine flushing, the type of semen, the stallion and the moment of insemination and transfer as potential effectors of success.

#### 2. Material and Methods

#### 2.1 Embryo donor and recipient mares

This study was conducted in the Equine Reproduction Centre (CER, from Portuguese *Central Equina de Reprodução*), a commercial equine reproduction centre, accredited by the European Union located in Boituva, São Paulo, Brazil.

From July to December of 2015, eighty three mares of different breeds (Thoroughbred Arabian, Thoroughbred Lusitano and Quarter Horse) were included as donors in the embryo transfer program. Their age ranged from four to twenty years old. Most of them were housed in the CER (n=66) along

with the recipient mares (n=170). The remaining seventeen donor mares were kept in a subsidiary centre (Raphaela Haras) located in Porto Feliz, São Paulo, Brazil. Regardless of the donor mare location, in case of positive embryo recover, recipient mares of CER were used.

Donor mares were kept in stalls with water *ad libitum* and fed with hay and concentrated dry feed. Recipient mares were provided with water *ad libitum* but were fed with forage grass. The later ones received concentrated dry feed only when taken to stocks for reproductive status evaluation.

#### 2.2 Monitoring ovarian activity

Ovarian activity of the mares was monitored using transrectal palpation and ultrasonography (6.5 MHz rectal transducer, C40 vet<sup>™</sup>, Landwind Medical, China). The donor mares required a daily detailed evaluation, while recipient mares were submitted to the same control but only three days a week (Monday, Wednesday and Friday). When new mares with no reproductive history arrived at CER, they were examined by rectal palpation and ultrasound to check for their cycle stage. During monitoring the follicular size and firmness, uterus (edema and tone), cervical tone and eventually the possible presence of reproductive pathologies were assessed. This monitoring was important to estimate the moment of ovulation and breeding [2].

In each mare, to carry out the insemination, either with fresh or frozen semen, compliance with all the following criteria was required: follicular growth  $\geq$  35 mm; level 3 edema (i.e. heat edema); open and relaxed cervix; and soft uterine tone. Uterine edema was graded on a scale of 0 (no edema) to 4 (maximal) as described by William [10].

The ovulation was induced with human chorionic gonadotropin (*Vetecor*<sup>™</sup>, Hertape Calier; Brazil; 0.5 mL; IV) and deslorelin (1 mL; IM). These inducing agents helped to reduce the uterine edema with the approach of the ovulation time and to minimize the number of inseminations per cycle [6].

#### 2.3 Stallions, semen processing and artificial insemination

Artificial inseminations were performed with fresh or frozen semen of forty eight stallions always from the same breed of the donor mare. Semen from all stallions was evaluated at the beginning of each breeding season for progressive motility, vigor, concentration and anomalies. The collection of semen from stallions that were resident at CER or at near locations was done by using an artificial vagina. During collection, the ejaculate was divided into the sperm-rich and the gel fractions, before evaluation of the color, volume, concentration and progressive motility. Semen extender (BotuSemen<sup>TM</sup>; Botupharma, Brazil) was prepared before the semen collection and kept at  $37^{\circ}$ C until dilution to obtain a final concentration of at least 500 x  $10^{6}$  viable spermatozoa but normally 800 x  $10^{6}$  to 1 x  $10^{9}$  total spermatozoa were used.

After the detection of ovulation, some mares (n=20) were inseminated with frozen/thawed semen in the uterotubal junction/uterine horn using a standard AI catheter up to six hours post-ovulation. This increased the number of spermatozoa in oviduct and thus the pregnancy rates [6]. Frozen semen straws (100 x  $10^6$  spermatozoa each), were thawed in water at  $46^{\circ}$ C during twenty

seconds, dried and then spermatozoa quality was subjectively evaluated using a microscope. The number of straws per AI was dependent on the post-thaw progressive motility. On the morning after AI, if the uterus had over 15 mm of fluid it was flushed with sterile lactated Ringer's solution (normally two liters) until the recovered flush was clear. Oxytocin (IV) twice a day during three days was also administered.

In case of fresh semen, the ovulation occurrence was confirmed by ultrasonography after the AI procedure. If the presence of uterine fluid was detected, the previously mentioned post-breeding therapies were also carried out.

#### 2.4 Embryo recovery and transfer

Embryo recovery was performed between the 7 <sup>th</sup> and 10 <sup>th</sup> day post ovulation (day 0 = day of ovulation). In this period, donor mares were led to a stock, where the rectum was evacuated of feces, the tail was wrapped and held to one side, and the perineum was washed with povidone iodine, rinsed and accurately dried [8].

A total of 156 flushing procedures were made via a Bivona foley catheter inserted into the uterus through the cervix. The cuff was inflated with 60mL of air and a warmed sterile ringer lactate solution (3-6L per embryo recovery attempt) was infused. The fluid was recovered into a sterile filter cup and then transferred to a Petri dish [4,11]. Then the embryonic stage was identified under a stereo microscope being the majority of the recovered embryos at the blastocyst or expanded blastocyst stages. These embryos were washed 5 times with *BotuEmbryo*<sup>™</sup> (Botupharma; Brazil) to remove cellular debris. All embryos were transferred non-surgically into synchronized recipient mares. As most of the embryos were of intermediate size, 0.5 mL straws were used to pack and transfer, along with a sterilized pipette (side opening) and cannula [12].

All embryos were transferred in fresh and placed in the tip of the uterine horns ipsi- or contralateral to the ovary with the corpus luteum of the recipient mare. The selection of the recipients was based on the number of the days after ovulation, uterine and cervical tone, and absence of liquid in the uterine horn [1]. Once the procedure for embryo transfer was completed, a dose of 6 mL (IM) of progesterone (P4) was administrated to each recipient mare.

Immediately after embryo recovery, 2 mL (IM) of prostaglandin (PGF2 $\alpha$ ) (Pfizer, USA) were administered to each donor mare. This administration of PGF2 $\alpha$  could be delayed (*e.g.* to the end of the afternoon or to the next morning) if gastrointestinal disorders (*e.g.* colic) occurred to avoid the PGF2 $\alpha$  side effects including transient decrease of body temperature and sweating. Less often increased respiratory and heart rates, ataxia, abdominal pain and lying down occurred [13].

#### 2.5 Pregnancy diagnosis

After embryo transfer was performed, the recipient mare returned to the group of the remaining mares to minimize any situation of stress. Five days later, pregnancy was confirmed by detecting an embryonic vesicle using rectal palpation and ultrasonography. Cases of dubious diagnosis included

uterine tone examined by rectal palpation compatible with a positive pregnancy, with failure to identify embryonic vesicle through ultrasonography. In such cases the ultrasonography examination was repeated a couple of days later to confirm the pregnancy or possible occurrence of an early embryonic death.

Prior to pregnancy confirmation through a positive heart beat (fourteen days after), the mares stayed with the rest of the group and afterwards they were placed in the pregnant lot. Progesterone was administered weekly until accomplishment of one hundred and twenty days of gestation.

#### 2.6 Statistical analysis

The breeding records of the mares were analyzed from July up to December of 2015. The available information was statistically analyzed with the objective of evaluating the effects of environmental conditions; the location and breed of donor mare's; stallion's breed; type of semen (fresh vs. frozen); the month of embryo collection; interval between AI and ovulation; day of uterine flushing; day of embryo transfer; reproductive stage of recipient mare and day of pregnancy diagnosis. Initially the frequency of the studied factors was estimated by Microsoft Excel 2010 (Microsoft Office  $2010^{TM}$ ; Microsoft Corporation, USA) and the PROC FREQ of programme Statistical Analysis System Institute (SAS International<sup>TM</sup>, Heidelberg, Germany). The results of the pregnancy diagnosis and uterine flushing were analyzed by logistic regression using PROC LOGISTIC with a model that included the effects that were mentioned before. A P-value  $\leq 0.05$  was considered significant.

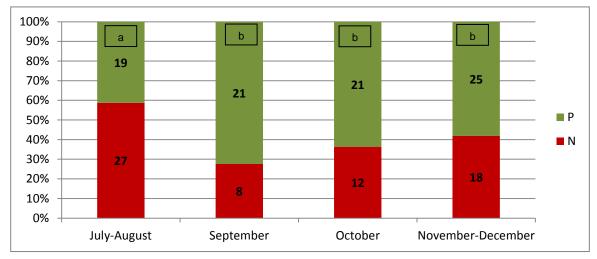
# 3. Results

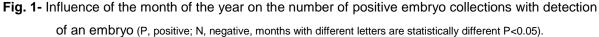
One hundred and fifty six uterine flushing procedures were performed from July to December of 2015 which enabled the recovery of 88 embryos (overall embryo recovery rate of 56.7%). No differences (P>0.05) were observed between the results of the headquarters (CER) and the subsidiary center (Haras Raphaela). The effect of the day in which the uterine flush was performed on embryo recovery rate (ERR) is depicted in table 1.

Day of uterine flush	Positive embryo recoveries n (%)	Total n (%)
7	1 (100 %)	1 (0.67 %)
8	77 (61.1 <sup>ª</sup> %)	126 (84.0 %)
9	7 (31.8 <sup>b</sup> %)	22 (14.7 %)
10	0 (0 %)	1 (0.67 %)
Total	85 (56.7 %)	150 (100 %)

Table 1- Embryo recovery rates according to the day of uterine flushing (day 0 = day of ovulation).

The majority of the embryos (97.7%) was recovered at the day 8 or 9 post ovulation. Moreover, increased embryo recovery rates were obtained at day 8 (P=0.008). Significant differences between the months in which embryo recovery was carried out were identified (P=0.04, figure 1). During July-August period only 41.3% of uterine flushes were positive, which corresponded to the worst results in this experimental period. From September until December the total number of positive flush increased significantly, although showing similar ERR rates (September: 72.4%, October: 63.6% and November/December: 58.2%).





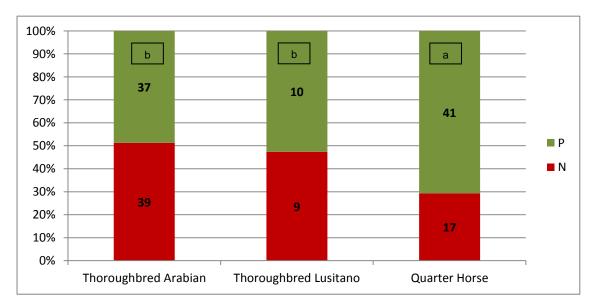
No differences were identified for the effect of the interval between ovulation and AI on ERR (P>0.05) as the majority of the mares ovulated at the same day or within an interval of twenty-four hours.

In this study, donor mares were more often inseminated with fresh semen (87.2%; [136/156]) compared to frozen semen (12.8%; [20/156]). The type of semen clearly influenced the ERR (fresh: 61.6% vs frozen: 30.0%; P=0.03) as shown in figure 2.



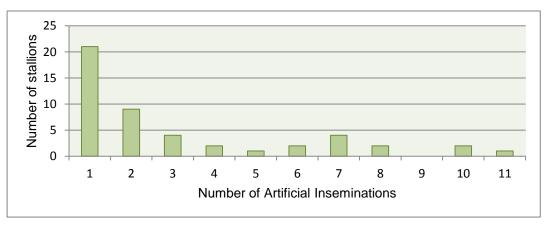
**Fig. 2-** Embryo recovery rates according to the type of semen used in artificial insemination. (P, positive; N, negative, columns with different letters are statistically different P<0.05).

The distribution of positive and negative embryo recoveries according to the breed of the donor mares is represented in figure 3. The Quarter horse, breed presented better results (ERR=70.7%, P=0.05) but also had the highest percentage of fresh semen AI (98.4%) while Thoroughbred Arabian and Lusitano presented only 46.7% and 52,6% positive recoveries, respectively. So although differences were identified in ERR among breeds, those differences could be related to the type of semen used.



**Fig. 3-** Embryo recovery rate according to the donor mare breed. (P = positive; N = negative, columns with different letters are statistically different P<0.05)

In addition, the stallion had no significant effect on the EER despite inducing great variability (11% of the variability can be attributed to the stallion). Some of stallions were used more than once (Fig. 4).



#### Fig. 4- Number of artificial insemination performed by stallion.

All the remaining studied factors (stallion breed, moment of AI, number of flushing/mare, oxytocin treatment) did not have a significant influence in the embryo recovery programme (P>0.05).

The majority of recipient mares was classified as "good" or "good plus" corresponding to 76.8% and 21.4%, respectively. No effect of the post ovulation day of the recipient mares transfer on the pregnancy rates was identified (P>0.05). The degree of synchrony of ovulation between the donor and recipient mares ranged from - 4 to 0 and did not influence the pregnancy rate (P>0.05).

An ultrasonography-confirmed positive pregnancy of 64.4% and 68.7% was obtained five or six days after ET respectively by the presence of an embryonic vesicle, that was confirmed by rectal palpation in 92% of the cases. Only four cases were considered doubtful. The overall pregnancy rate was 62.2% (both fresh and frozen semen). This value includes the total pregnancies that were confirmed by rectal palpation and at the same time by ultrasonography. The type of semen had no effect on the pregnancy rate. No differences were identified for donor mare location although CER had thirty one recipient mares pregnant as compared to fifteen of Haras Raphaela, thus displaying the higher number of embryos that were collected at CER (Fig. 5).

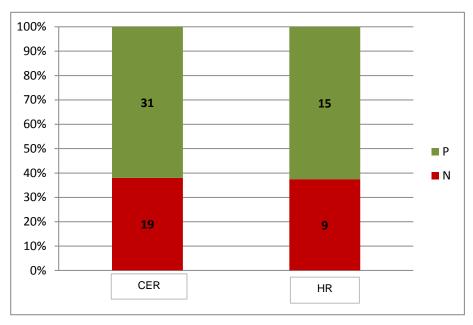


Fig. 5. Pregnancy diagnosis by location (CER= Equine Reproduction Centre; HR= Haras Raphaela).

Likewise no differences were identified among breeds or month of embryo transfer on pregnancy rates (P>0.05). Quarter horse breed had twenty four positive pregnancies (63.2%) followed by Thoroughbred Arabian (18 – 60.0%) and Thoroughbred Lusitano (4 – 66.7%) (Figure 6).

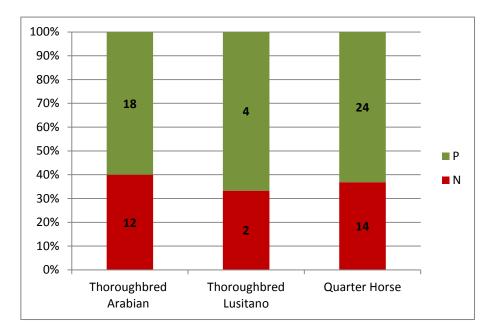


Fig. 6. Pregnancy results per breed (P=positive pregnancy diagnosis; N=negative pregnancy diagnosis).

#### 4. Discussion

In this business, uterine flushes in mares are generally performed between the 7<sup>th</sup> and 8<sup>th</sup> day post ovulation [14], although a broad range of days may be successfully practiced. Our results were already foreseeable as the procedure was deliberately performed mostly at day 8. Lower results of embryo recoveries performed at day 9 were obtained. Indeed the range of 8-9 days of age, generally adopted in the present program, can be justified by the fact that at that age, the embryos are easily visualized in the filter system, which speeds up the process of collection, identification, evaluation and transfer [15]. Thus it minimizes the risk for the people involved, the stress and the risk for the donor by reducing the time and intensity of transrectal manipulation of the uterus as well as the cost of material and time of exposure of the embryo to unfavorable conditions [1]. Although no flushings for embryo recovery were performed at day 6, a previous study [7] reported a lower EER compared to days 7, 8, 9, and 10. Similar results were reported by Lopes et al. [1] during six breeding seasons, however the achieved ERR (72.8%) was higher compared to our results. Their ERR was also higher compared to the 64% reported by Aurich et al. [9] and the 64.2% obtained by Youngquist & Threlfael [12] that are near the range achieved herein. On the other hand, Carnevale et al. [16] mentioned that day 7 embryos produced higher pregnancy rates compared to 6, 8 or 9 days old. Similar results were reported by Lopes et al. [7]. These authors further demonstrated that embryo age should be related to the post-ovulation day of the recipient mare being the pregnancy rates after TE of embryos with a degree of synchrony until - 4 or -5 days very similar as also showed herein. Camargo et al. [17] also obtained improved results for a synchronization of 0 to 4 days. The above mentioned data demonstrated that the degree of synchrony between donor and recipient mares does not need to be as restricted as previously reported.

An increased age of donors which can affect the embryonic development and recovery or even the use of a large number of stallions with different fertilities which is a very common practice in large scale commercial programs have been reported to explain the above differences [18,19]. Thus, the use of stallions and donors with good fertility in horse breeding farms and the conduction of programs by the same experienced operators most likely contribute to the similarity among embryo recovery results [1]. Moreover, Squires *et al.* [20] argued that the embryonic development and its transport in the oviduct of an old mare may be delayed. Therefore embryonic recovery on days 8 and 9 post-ovulation may be more appropriate for older mares. Their worse results may also be related to the reduction in the quality of oocytes and reproductive parameters that occurs after 12-13 years of age [21].

The AI with fresh semen resulted in a significantly higher embryo recovery per ovulation compared to frozen semen (61.6% vs 30.0%, respectively). Although a meticulous management of the mare was performed to guarantee good results, in general pregnancy rates decreased when using frozen semen due to the inferior viability of the spermatozoa [22]. This could also be related to the "capacitation-like" changes inflicted on the spermatozoa during the process of freezing and thawing responsible for the shorter longevity of cryopreserved sperm [6]. Recently, Govaere et al. [23] proved the superiority of deep horn insemination over uterine body insemination that was reflected by the better pregnancy rates obtained after the former insemination using the same low doses of frozen thawed semen (30.6%). Therefore, the insemination technique is one of the factors that must be considered as crucial to achieve a successful pregnancy or embryo collection results. Nevertheless, although a deep horn insemination was performed in the present study, this technique could not overcome the negative effect of using frozen semen. Therefore it is no surprising that, in the current study, the majority of the mares were inseminated with fresh semen. Previously Squires et al. [4] also referred that mares inseminated with fresh semen are more likely to produce an embryo compared to those inseminated with either cooled or frozen-thawed semen. Later on, Panzani et al. [8] reported similar results for AI performed with fresh, cooled or even the association of cooled plus frozen semen resulting in significantly more positive flushes compared to the AI with frozen semen. Stallions fertility, insemination doses, insemination method and mares management are some of the factors that must be considered to explain the variability in the reported results. Govaere et al. [23] showed that the dose of frozen/thawed semen and AI protocol have a great impact on pregnancy rates and outcomes. So to achieve good results, if only a low-dose of semen is available, a deep uterine horn insemination can significantly improve the pregnancy results. However no significant differences were observed in mares that were inseminated with high doses of frozen/thawed semen in the uterine body. Moreover, an inadequate semen manipulation (especially when using low doses of frozen semen) will lead to adverse effects and limitations on semen quality and thus to suboptimal pregnancy rates per cycle. Conversely higher doses due to lower semen quality may be related to the presence of free uterine fluid.

In the mare, a non-pathological response to spermatozoa is normally associated to the AI procedure, which can lead to persistent endometritis, unless it disappears within 24-36 hours [24]. Uterine flushing and oxytocin administration are typically used to prevent persistent endometritis. Recently new therapies emerged to modulate the inflammatory response. Ryan *et al.* [25] mentioned the use of mesenchymal stem cells and autologous conditioned serum. Both strategies reduced the presence of uterine inflammation and the number of neutrophils at six hours post-breeding by over 50%. The authors reported that mesenchymal stem cells treatment had a better ability to modulate the

immune response. However, it was already mentioned [6] that common therapies should only be implemented in mares really showing signs of uterine inflammation or fluid accumulation.

Nowadays, there is still controversy on whether mares should be bred just prior to or after ovulation with frozen semen. Nevertheless, in either case it is evident that the timing of ovulation is highly desirable in order to reduce the interval between breeding and ovulation [6]. Recently, Avanzi *et al.* [26] compare two protocols for equine frozen semen AI using either post-ovulation (the same as in the present study) or fixed-time insemination, and evaluated both pregnancy rates and intrauterine fluid accumulation. The pregnancy results were not influenced by the technique of insemination (41.4% vs 51.7%) but the presence of intrauterine fluid accumulation was higher in the post-ovulation protocol (58.6% vs 34.0%). Although the number of mares inseminated was higher in the study of Loomis & Squires [27], similar rates between mares inseminated twice or once (48.1% vs 47.3%) were observed. They also reported uterine fluid presence in 23% of the mares but still lower than mentioned before. In the present study, seventeen mares had this problem (20.5%), only six were submitted more than once at this procedure and four (23.5%) were inseminated with frozen semen. These differences may be related to the fact that an uniform definition of the "free fluid" terminology does not exist.

The impact of breed on ERR was not often reported in the literature. In this work, apparently the Quarter Horse breed had the best results compared to the other two breeds (Lusitano and Arabian). However the higher number of Quarter Horse mares included in this ET program that were bred with fresh semen could have contributed to these differences. Panzani *et al.* [8] recognized that the Standard breed and the Quarter Horse mares had significantly higher positive flushes and embryo recovery per cycle and per ovulation rates compared to Show Jumping mares. Nevertheless, such reported differences were also related to the different management of the semen market in Italy. Likewise, it is very common in these ET programs, that mares can be used as embryo donors without neglecting their competitive careers. Recently Pessoa *et al.* [28] compared embryo production from donor mares under well-conditioned, appropriate training, were similar to non-athletic as no differences were observed in EER (76% vs 71%) as well as in the pregnancy rates on days 15 (78% vs 79%) and 40 (69% vs 70%).

Some authors [1,9] mentioned that in mare embryo collections, no differences were verified within breeding seasons but they did not exclude the fact that if a higher number of embryos collections could be analyzed these difference could become significant. Although the studied period did not cover the entire breeding season, in the present study it was observed that on July-August a lower number of embryos were obtained when compared to the rest of the months. This difference might be explained, at least in part, by the environmental circumstances such as the temperature and rainfall conditions along with the number of mares in the program. Mares are seasonal polyestrous breeders. So they have multiple estrous cycles during the breeding season being their ovulatory activity related to the long days [29]. In the south hemisphere, on July-August the temperature and the

length of days begin to increase and in consequence the mares gradually start to cycle while emerging from the anestrus period. From September onwards better results were achieved as their cycles become more regular and thus the chances of obtaining a greater number of embryos per cycle was higher.

In our research, all donor mares were submitted to a PGF2α intramuscular administration after embryo recovery so that four to five days later an estrous cycle could again be monitored. In fact, as mentioned by Goretti *et al.* [30], giving PGF2α to the donor mares 48h after embryo collection helps to reduce the average interovulatory interval by approximately 2.5 days, thus increasing the number of embryos that could be collected during the breeding season. This administration had no deleterious effects on the embryo quality, the interval from PGF to ovulation or in the pregnancy rate of recipient mares. On the other hand, the study of Cuervo-Arango *et al.*[31] concluded that the interval from PGF – induced luteolysis to ovulation had a significant effect on the posterior pregnancy and EER in the mare. Fertility was reduced as this interval became shorter. Differences in sample size, breed or management of the mares could explain these discrepancies.

#### 5. Conclusions

In conclusion, the day of embryo collection, the type of semen and month of the year were the most important factors affecting embryo recovery rates and thus the embryo transfer program Moreover, the specific conditions of this study, working simultaneously on different breeds, with different types of semen and donors management in two different breeding stations, allowed several technical approaches that may be relevant to consider and implement in mare embryo transfer centres.

#### Acknowledgements

The authors would like to thank Professor Nuno Carolino for the statistical analyses and CER, Equine Reproduction Centre, for availability.

#### References

[1] Lopes EP, Siqueira JB, Pinho RO, Guimarães JD, Rocha AN, Carvalho GR, et al. Reproductive parameters of Mangalarga Marchador mares in a commercial embryo transfer programme. Reprod Dom Anim 2011;46:261-267.

[2] Munroe GA, Weese JS. Reproductive system. In: Northcott J, editors. Equine Clinical Medicine, Surgery, and Reproduction, Corringham Road: Manson Publishing; 2011, p. 242-380.

[3] Campbell MLH. Embryo transfer in competition horses: Managing mares and expectations. Equine Veterinary Educ 2014;6(Suppl. 26):322-327.

[4] Squires EL, Carnevale EM, McCue PM, Bruemmer JE. Embryo technologies in the horse. Theriogenology 2003;59:151-170.

[5] Squires EL, McCue PM. Superovulation in mares. Anim Reprod Sci 2007;99:1-8.

[6] Samper JC. Management and fertility of mares bred with frozen semen. Animal Reprod Sci 2001;68:219-228.

[7] Jacob JCF, Haag KT, Santos GO, Oliveira JP, Gastal MO, Gastal EL. Effect of embryo age and recipient asynchrony on pregnancy rates in a commercial equine embryo transfer program. Theriogenology 2012;77:1159-1166.

[8] Panzani D, Rota A, Marmorini P, Vannozzi I. Retrospective study of factors affecting multiple ovulations, embryo recovery, quality, and diameter in a comercial equine embryo transfer program. Theriogenology. 2014;82:807-814.

[9] Aurich C, Konig N, Budik S. Effects of repeated embryo collection on embryo recovery rate in fertile mares. Reprod Domestic Animals 2011;46:419-422.

[10] William BL. Breeding Management. In: Cynthia R, editors. Broodmare Reproduction for the equine practitioner, South Hwy: Teton NewMedia; 2004, p.119-120.

[11] Aurich C, Budik S. Season does not influence embryo recovery rate and conceptus size until day 14 after ovulation in the horse. Reprod Dom Anim 2015;50:299-303.

[12] Youngquist RS, Threlfael WR. Embryo Transfer and Newer Assisted Reproductive Techniques for Horses. In: Rudolph P, editors. Current therapy in large animal theriogenology, St. Louis: Saunders Elsevier; 2007, p. 233.

[13] Equimed [Internet]. California: Lutalyse; c2009-2016 [cited 2009 Aug 07]. Available from: http://equimed.com/drugs-and-medications/reference/lutalyse

[14] Squires EL, Garcia RH. Factors affecting success of equine embryo transfer. Equine Vet J 1985;3:92-5.

[15] Fleury JJ, Alvarenga MA. Effects of collection day on embryo recovery and pregnancy rates in a nonsurgical equine embryo transfer program. Theriogenology 1999;51:261.

[16] Carnevale EM, Ramirez RJ, Squires EL, Alvarenga MA, Vanderwall DK, McCue PM. Factors affecting pregnancy rates and early embryonic death after equine embryo transfer. Theriogenology 2000;54:965-79.

[17] Camargo CE, Weiss RR, Kozicki LE, Duarte MP, Duarte MC, Lunelli D, et al. Some factors affecting the rate of pregnancy after embryo transfer derived from the Brazilian Jumper Horse breed. J Equine Vet Sci 2013;33:924-929.

[18] Fleury JJ, Costa Neto JBF, Alvarenga MA. Results from an embryo transfer programm with Mangalarga mares in Brazil. Equine Vet J Suppl 1989;8:73-74.

[19] Marinone AI, Losinno L, Fumuso E, Rodriguez EM, Redolatti C, Cantatore S, et al. The effect of mare's age on multiple ovulation rate, embryo recovery, post-transfer pregnancy rate, and interovulatory interval in a commercial embryo transfer program in Argentina. Animal Reprod Sci 2015;158:53-59.

[20] Squires EL, McCue PM, Vanderwall D. The current status of equine embryo transfer. Theriogenology 1999;51:91-104.

[21] Vanderwall DK. Early embrionic loss in the mare. J Equine Vet Sci 2008;28:691-267.

[22] Miller CD. Optimizing the use of frozen-thawed equine semen. Theriogenology 2008;70:463-8.

[23] Govaere JLJ, Hoogewijs MK, De Schauwer C, De Vliegher S, Van Soom A, Dutchateau L, et al. Effect of Artificial Insemination Protocol and Dose of Frozen/Thawed Stallion Semen on Pregnancy Results in Mares. Reprod Dom Anim 2014;49:487-491.

[24] Troedsson MHT, Woodward EM. Our current understanding of the pathophysiology of equine endometritis with an emphasis on breeding-induced endometritis. Reprod Biol 2016;16:8-12.

[25] Ryan AF, David DF, Patrick AM. Use of mesenchymal stem cells or autologous conditioned serum to modulate the inflammatory response to spermatozoa in mares. Theriogenology 2014;1-7.

[26] Avanzi BR, Ramos RS, Araujo GH, Fioratti EG, Trinca LA, Dell'Aqua JA, et al. Fixed-time insemination with frozen semen in mares: is it suitable for poorly fertile stallions?. Theriogenology. 2015;83:1389-93.

[27] Loomis PR, Squires EL. Frozen semen management in equine breeding programs. Theriogenology. 2005;64:480-491.

[28] Pessoa MA, Cannizza AP, Reghini MFS, Alvarenga MA. Embryo transfer efficiency of Quarter Horse athletic mares. J Equine Vet Sci 2011;31:703-705.

[29] Aurich C. Reproductive cycles of horses. Anim Reprod Sci 2011;124:220-228.

[30] Goretti RG, Araújo RR, Rocha Filho AN, Araújo GHM, Lopes EP, Guimarães JD. Effects of timing of induced luteolysis in embryo donor mares on reproductive performance and pregnancy rate in recipiente mares. Theriogenology 2011;75:1170-1174.

[31] Cuervo-Arango J, Mateu-Sánchez S, Aguilar JJ, Nielsen JM, Etcharren V, Vettorazzi ML, et al. The effect of the interval from PGF treatment to ovulation on embryo recovery and pregnancy rate in the mare. Theriogenology 2015;83:1272-1278.

Supplementary material

**Table 2-** History of mares, location, number of embryo collection and embryos recovered during the experimental period.

Breeding Farm	Mares	Breed	Embryo collections attempts (n)	Embryo recovered (n)
	Brentina		1	0
	Champgne		1	1
	Wilrona		1	0
	Hervilha		4	4
	Wilrona	TL	2	2
	Fama		1	0
	Xerez		1	1
	Cartagena		4	1
	Qualidade		3	1
	Violeta		1	0
	Afirestar		6	3
	Beauty	1	3	2
	Hamona		6	2
CER	Morana		1	0
CER	Hestoriah JM		1	0
	Jaritza		1	1
	La Rosa		1	0
	Rene Al Jamaal		1	0
	Shannaya		1	1
	Mayka	TA	1	0
	Samara Valentina		2	2
	Tshakira Di Pscore JM		2	0
	Ursulla Di Pscore		1	1
	Monicha		1	1
	Stig Jhustine		2	1
	Tzarinna		1	0
	Uhu Lady Juliant		1	0
	Dasha FF		1	0

Margot HVP	1	1	0
Monallisa		1	0
Michelle Carol		1	0
Mystic Lady HVP		1	1
Magda HVP		1	1
Shaklinna El Jahd		2	2
Emocione		1	0
Nalina Power		1	0
Diamond		1	0
Nice Dream		1	0
She Star P´score		1	0
Usherrie		1	1
Jessica		1	1
Yasmin		2	2
Ballerina		1	1
Rose		2	1
Valkirie		1	0
Shavanna Al Madan		4	3
Star		1	1
Sonora		2	2
Venitia		1	1
Vitoria		1	1
Honey Moon		1	1
Shining		3	0
Jade		1	1
Psynsation		1	0
Spartana		2	1
Greta By Ashiraf		2	2
Sovering Almond		1	1
Stig Jhustine		1	1
Marcessa		1	0
Java Reyna		1	0
Mirabella Moon		1	1
Hopeful Eye	QH	1	1
Baby Rojo		5	1

Nick Failas	3	3
Pamplona	4	4
Flame Baby	1	0
Star	2	2
Eternaly Relic	4	4
Indiana Fames	1	0
Sarambu	1	1
ST Creek Fly	4	3
Roseana Seis	6	3
Linda Ta Fame	1	1
That Blazin	4	3
Go Like	1	1
Serata	3	1
Very Tempting	5	2
Gana Apollo	1	1
Little Zita	4	4
Primetime	1	1
VPJ Cherry Merry	1	1
Star Bryan	1	1
Vivid Apollo	3	0
Beapeaceful	1	1
Dash Dee Fame	1	0
Famous Pawn Star	1	1

HR

(CER, Equine Reproduction Centre; HR, Haras Raphaela; QH, Quarter Horse; TL, Thoughbreed Lusitano; TA, Thoughbreed Arabian)

# <u>Annex 1</u>

(retrieved from the "Guide for authors" of the website of the *Equine Veterinary Science* journal, available at: <u>http://www.j-evs.com/content/authorinfo</u>)

# Article structure

# Subdivision - numbered sections

Divide your article into clearly defined and numbered sections. Subsections should be numbered 1.1 (then 1.1.1, 1.1.2, ...), 1.2, etc. (the abstract is not included in section numbering). Use this numbering also for internal cross-referencing: do not just refer to 'the text'. Any subsection may be given a brief heading. Each heading should appear on its own separate line.

# **Introduction**

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

# Material and methods

Provide sufficient detail to allow the work to be reproduced. Methods already published should be indicated by a reference: only relevant modifications should be described.

#### **Results**

Results should be clear and concise.

#### **Discussion**

This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

#### **Conclusions**

The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

# Essential title page information

- *Title.* Concise and informative. Titles are often used in information-retrieval systems. Avoid abbreviations and formulae where possible.
- Author names and affiliations. Please clearly indicate the given name(s) and family name(s) of each author and check that all names are accurately spelled. Present the authors' affiliation addresses (where the actual work was done) below the names. Indicate all

affiliations with a lower-case superscript letter immediately after the author's name and in front of the appropriate address. Provide the full postal address of each affiliation, including the country name and, if available, the e-mail address of each author.

- Corresponding author. Clearly indicate who will handle correspondence at all stages of refereeing and publication, also post-publication. Ensure that the e-mail address is given and that contact details are kept up to date by the corresponding author.
- Present/permanent address. If an author has moved since the work described in the article
  was done, or was visiting at the time, a 'Present address' (or 'Permanent address') may be
  indicated as a footnote to that author's name. The address at which the author actually did the
  work must be retained as the main, affiliation address. Superscript Arabic numerals are used
  for such footnotes.

# Abstract

A concise and factual abstract is required. The abstract should state briefly the purpose of the research, the principal results and major conclusions. An abstract is often presented separately from the article, so it must be able to stand alone. For this reason, References should be avoided, but if essential, then cite the author(s) and year(s). Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself.

#### Acknowledgements

Collate acknowledgements in a separate section at the end of the article before the references and do not, therefore, include them on the title page, as a footnote to the title or otherwise. List here those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, etc.).

#### Electronic artwork - General points

- Make sure you use uniform lettering and sizing of your original artwork.
- Embed the used fonts if the application provides that option.
- Aim to use the following fonts in your illustrations: Arial, Courier, Times New Roman, Symbol, or use fonts that look similar.
- Number the illustrations according to their sequence in the text.
- Use a logical naming convention for your artwork files.
- Size the illustrations close to the desired dimensions of the published version.

#### Tables

Please submit tables as editable text and not as images. Tables can be placed either next to the relevant text in the article, or on separate page(s) at the end. Number tables consecutively in accordance with their appearance in the text and place any table notes below the table body. Be

sparing in the use of tables and ensure that the data presented in them do not duplicate results described elsewhere in the article. Please avoid using vertical rules.

# References

Please ensure that every reference cited in the text is also present in the reference list (and vice versa). Any references cited in the abstract must be given in full. Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. If these references are included in the reference list they should follow the standard reference style of the journal and should include a substitution of the publication date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as 'in press' implies that the item has been accepted for publication.

*Text:* Indicate references by number(s) in square brackets in line with the text. The actual authors can be referred to, but the reference number(s) must always be given.

*List:* Number the references (numbers in square brackets) in the list in the order in which they appear in the text.

# Supplementary material

Supplementary material can support and enhance your scientific research. Supplementary files offer the author additional possibilities to publish supporting applications, high-resolution images, background datasets, sound clips and more.