



September 3, 2015

The New Face of PC

Construction Projects are Underway on Campus

by Meaghan Dodson '17 News Co-Editor

ON CAMPUS

As its 2017 centennial approaches, Providence College honors its past by looking towards its future-and, in particular, a future filled with major construction and renovation projects as part of a campus-wide transformation.

Last year marked the completion of several key projects, including the award-winning Hendricken Field and Ray Treacy Track. Construction was far from over, however, as renovations continued throughout the summer, specifically focusing on the vacant residential halls.

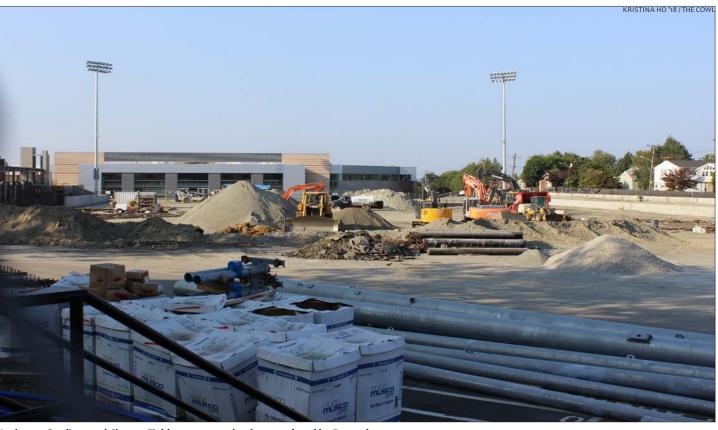
John Sweeney, the senior vice president for finance and business/ CFO, confirmed that the College tackled "essentials" during summer 2015. Aquinas Hall's 86-year-old roof was replaced with a new copper one, affording greater structure and durability to one of the oldest buildings on campus. The 30-year-old roofs of DiTraglia and Mal Brown were likewise replaced.

Phase Two of the Residence Hall Wireless Upgrade was also completed, and Sweeney was pleased to announce that McVinney Hall, Suites Hall, and Davis Hall are now receiving faster and better wireless coverage. This follows last summer's upgrades, which focused on Aquinas, Guzman, McDermott, Meagher, and St. Joseph. Spring 2016 will mark the beginning of the third and final stage of the project that targets the Bedford, Cunningham, DiTraglia, Mal Brown, Fennell, and Raymond Halls.

The final major renovation of the summer was the installation of more efficient boilers in the campus heating plant. The new boilers are powered by both natural gas and cleaner burning oil as part of the College's commitment

to "go green."

Now that school is back in session, the majority of construction will move away from the center of campus and instead go toward the edges. The new parking lot between Huxley Avenue and Eaton Street is largely completed, and this lot—when combined with the new faculty/staff/graduate lot on the Cumberland Street side of Slavin-



Anderson Stadium and Chapey Field are expected to be completed by December 2015.

maintaining and even increasing its current number of parking spots.

A softball field behind Suites Hall is expected to be completed by Sept. 15, and its new artificial turf means that it can be used by both the Women's Softball Team and the various intramural teams.

Meanwhile, Oct. 15 marks the expected completion of a multi-level parking structure near Schneider Arena, and tennis courts above the structure are expected to soon follow.

The adjacent Anderson Stadium and Chapey Field will come next, with the anticipated completion date being Dec. 1. This complex, partially funded by more than \$2.7 million in donations, will be the home of both the Men's Soccer and Men's Lacrosse Teams. A walkway between the new parking structure and Anderson Stadium and Chapey Field is also in the works, and it will run from behind Raymond Hall to Schneider Arena.

As all of these projects are nearly at a close, the question remains: what next? The answer is the \$30 million Arthur and Patricia Ryan Center for that the College has named DIMEO Construction as the firm overseeing the project. DIMEO is also responsible for the Ruane Center for the Humanities, and its bid is within PC's budget. The Center's groundbreaking ceremony will occur during St. Dominic's Weekend, which takes place the first weekend of October.

Plans are also beginning to be made for the renovation of Albertus Magnus Hall. The goal is to have construction begin next summer, with the ultimate goal of converting the building into a modern, multi-purpose space.

Another ongoing project is the transformation of Huxley Avenue into an enclosed pedestrian walkway and traffic circle. This project's implementation is projected for 2016 and is part of the College's efforts to both unify and beautify the campus. Finally, the Friar Development

Center is being designed with the hope that its construction will begin in 2017. This comprehensive project will expand and modernize '64 Hall, reconfigure the College's Center for Career Education & Professional Development, install upholds the College's commitment to Business Studies. Sweeney revealed a new basketball practice facility, and

construct an atrium in place of the patio that currently connects Alumni Hall and Slavin Center. All of the projects will need Board of Trustee approval after successfully reaching their fundraising goals.

Taking into account all of the past, present, and future construction, one might wonder whether everything is still both on-time and on-budget. Sweeney, however, stated the everything is indeed right on target.

In 2011 the College's goal was to reach \$140 million by 2017, and Sweeney revealed that by June 30, 2015, over \$122 million had already been raised. The generosity of both the alumni and friends of the College help to provide the resources to fund these new projects among other items, such as support of programs and scholarships.

As a whole, Sweeney emphasized that the transformation has been a "collaborative process," as together the architects, students, faculty, and staff have "drawn out ideas and dreamed of possibilities that we never even knew existed."

Going Behind the Numbers: The Class of 2019

by Zak Harvey '16 News Staff

ON CAMPUS

As the dog days of summer give way to a new school year, the Providence College campus is once again welcoming back faculty and students alike. Many students coming back to campus are getting back into the swing of things when they realize that they hardly recognize anyone they are walking past.

It should come as no surprise that with the beginning of the 2015-2016 academic school year the College and its comunity has welcomed 1,039 new students to Friartown. The Class of 2019 set records

throughout the admissions process, most quantifiable of which is a record setting 10,215 applications—the most in the College's history. As one looks behind the numbers it is clear that this new group of Friars has set the bar high.

Among this class there are 50 student council presidents, 809 varsity athletes (374 of whom that were captains), and 13 class valedictorians.

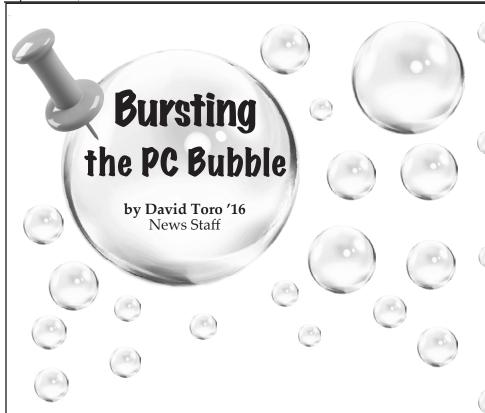
When I sat down with Raul Fonts, the dean of admissions, this past week he highlighted the previously stated facts and said that these impressive cocurricular qualifications are what make these students Friars. Dean Fonts also made it clear that the Admissions Office aims to admit students while keeping Providence's identity and its roots in mind. Ultimately, according to Dean Fonts, he and his staff aim to make Providence more accessible to students from all backgrounds.

More impressive data behind this class is that they have a formidable 3.41 unweighted Providence College approved grade point average while admitting fewer students into the Honors

The Class of 2019 is also comprised of students whom 17 percent of which are considered diverse. This past Tuesday, Sep. 2, the College officially welcomed these new students to campus in during Academic Convocation. A common theme present throughout today's ceremony was one realizing what it means to live a good life.

The principal speaker at the event was Dr. Michael Sandel of Harvard University, the author of the Freshman Common Reading Program novel, Justice: What's the Right Thing to Do? Dr. Sandel aimed to convey to the class that so much of your time in college and your time in this life is not only being spent being able to discern what it means for us to give a good life, but rather what it means to live a life that betters others.

The Class of 2019 today began this journey themselves. There is no doubt that these next four years will be challenging, but they will in turn be rewarding and undoubtedly transforming. Good luck to the Class of 2019 and the rest of the college community as this next year gets underway.



Mysterious Russian Statue Dated 11,000 Years Old

A statue that was discovered 125 years ago in Russia has been newly dated as 11,000 years old. Prior to this discovery, researchers and historians had determined its age to be around 9,500 years. The wooden structure is now one of the oldest wooden structures in the world. The Shigir Idol is covered with an encrypted code that no one has been able to decipher. Some hypotheses state it belongs to a lost civilization.



7-Eleven Underpays Workers

After a thorough investigation it has been revealed that the retail giant 7-Eleven has been consistently underpaying workers in Australia. Prior to this investigation, several others have had similar findings. International students in Australia were forced to work double the hours for the established pay, which effectively equates to working for half of the minimum wage. Despite court hearings, 7-Eleven continues to underpay its employees.

India Eliminates Tetanus

Fifteen years ago, around 800,000 newborns died from tetanus in India. Today, that number is fewer than 50,000. Using several incentives, the Indian government has successfully eliminated tentanus, according to the World Health Organization's guidelines. Tetanus can never be eradicated because the bacterium exists in all soil. However, important hygienic measures can be taken to reduce the likelihood of contracting tetanus. For example, the government pays mothers to give birth in a hospital rather than at home.



Germany Shares Metadata in Exchange for XKeyscore Software

Germany has agreed to give the NSA "to the maximum extent possible all data relevant to NSA's mission." In exchange for all the data, the NSA will give Germany software called XKeyscore. The software is used to search and analyze global Internet data. This move by the German government is interesting because Germany has always been known for denouncing the NSA's practices.

Congress Updates

by Meaghan Dodson '17 News Co-Editor

STUDENT CONGRESS

On Tuesday, September 1, 2015, in the Guzman Lecture Hall, Providence College's 66th Student Congress held its first meeting of the school year.

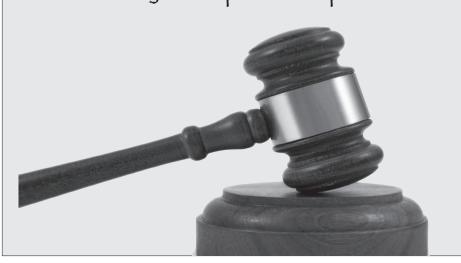
A bill was passed regarding the elections calendar for the 2015-2016 academic year. Freshman elections will be held Wednesday, September 9, 2015 and Thursday, September 10, 2015. Executive elections will be held Tuesday, March 22, 2016 and Wednesday, March 23, 2016. Regular class elections will be held Tuesday, April 12, 2016 and Wednesday, April 13, 2016.

The Congress office will be open Monday-Friday from 8:30 a.m. to 4:30 p.m.

Congress will sponsor various tailgating events to promote Providence College athletics this fall.

Providence College Student Congress meets every Tuesday at 5:30 p.m. Location TBA.

Meetings are open to the public!



Club Spotlight: Breakdance Club

New Club Busts a Move on Campus

by Sarah Gianni '18 News Staff

CLUB SPOTLIGHT

A new school year brings new classes, new friends, and new opportunities for students to get involved in campus clubs and activities.

At this year's involvement fair, the Breakdance Club will be searching for new members as a club that welcomes all, regardless of experience.

Jason Trinh '16 is the founder of the breakdance club, and started the organization two years ago as a sophomore.

"There was a lack of hip hop culture and this type of dance on campus, so I wanted to spread the culture and dance to the college," said Trinh. "I started a breakdance club at my high school, so I wanted to do the same here at PC in hopes of diversifying our campus activities for those with similar interests," he said.

In terms of performing, members who wish to participate attend additional practices in order to prepare. The club performs during both the fall and spring semester, with highlighted events that should not be missed.

Its moves will be showcased at events such as the International Performance Showcase, ImaginAsian, and A Night in Friartown. Currently there is a solid group of seven to nine members in the club, but the organization is always looking to expand.

"New students can get involved in the club by signing up at the involvement fair," said Trinh. "There are no tryouts, and everyone is welcome to come to simply check out the club or give it a try for themselves," he said.

Regardless of dance experience, there is something for everyone in the Breakdance Club. Whether you want to bust a move or simply enjoy great entertainment, this club will get you moving.



PC Named #1 Intramural Sports Program in the Nation

The Highs and Lows of This Year's Princeton Review Rankings

by Marla Gagne '18 News Co-Editor

NATIONAL NEWS

At Providence College, 54 percent of students partake in at least one intramural sport-the national average is 18 percent. The program has 21 sports, both traditional and nontraditional, and PC students are always working hard to win a coveted intramural championship shirt. Over the summer, The Princeton Review, a survey of college students across the country, showcased PC's passion for sports by ranking PC the number one school where "Everybody Plays Intramurals."

The Princeton Review surveys over 136,000 students from participating colleges, establishing rankings based on their submitted opinions and responses. Over the past few years PC has made the top 10 intramural lists and, for the 2016 Edition, climbed to number one. So what makes PC's intramural program so special? Nicholas Sweatt '10 and '12G, assistant director of intramural sports, believes it comes down to a variety of sports, a passionate and competitive student body, and a great Intramural

The intramural program includes traditional sports, such as soccer, basketball, and softball, and nontraditional sports, such as kickball, badminton, and ping pong. Any student can play, no experience required. With over half of the school partaking in an intramural sport, competition is intense and the stakes are high to win a championship T-shirt. Sweatt said, "The bragging rights are most coveted. Students want to be able to walk around campus and let others know who is the champion of a particular sport."

But none of the programs would be possible without the Intramural Board. The staff oversees all the intramural games. Sweatt believes they have contributed to the program earning its number one ranking, saying, "Night in and night out, they work every night to make sure all of the student body knows the rules, plays the games the right way, and that all games are fun and safe for our participants."

The intramural program is not slowing down anytime soon. Sweatt is excited about Spike Ball, a new addition to the program that is usually played in backyards or beaches and comes from the West Coast. For interested students, there will be a captain's meeting on Sept. 3 at 7 p.m. in the Concannon Fitness conference room. There will also be a new TGIF sports program, involving backyard and traditional games, healthy snacks, and smoothies for students on Fridays at Concannon. Sweatt hopes to continue to increase participation, raising PC's numbers to 56 percent and, in the longterm, to 60 percent.

While PC did receive good rankings from The Princeton Review, praising its intramural program and naming it one of the "Best 380 Colleges," it received negative feedback from students on race, college-town relations, and alcohol use. The Princeton Review ranked PC number 12 for "Little Race and Class Interaction,"

are Strained," and number six for "Lots of Hard Liquor."

Kristine Goodwin, vice president of student affairs, cautioned students and readers of The Princeton Review to not readily accept all information from the book, as their ratings are "based on their own perceptions, not on reliable data." Goodwin said PC instead relies on data found by the college's own Office of Institutional Research (OIR). The OIR performs original studies to provide PC with accurate data and allow the college to form and fulfill its mission goals.

Brian Bartolini, associate president for academic affairs and the chief institutional effectiveness officer, believes PC is continuing to improve on and eliminate issues covered in those negative rankings. Bartolini said PC has continuously increased its diversity over the past few years as part of the "Embracing Diversity Pillar" in the College's Strategic Plan and is focused on furthering this progress. Bartolini also said PC is "deeply concerned with being a good neighbor in Smith Hill" and has seen progress with agreements like the

number 11 for "Town-Gown Relations" PC/Smith Hill Annex that allow both parties to serve each other and maintain open communication.

> PC is also highly concerned with student drinking, finding from student reported data that "they drank alcohol more frequently than their peers during high school, and, evidence that they continue to drink-sometimes dangerously and too often in bingefashion-while at PC." To help combat drinking, the PC administration has focused on promoting healthy living and decision making and expanding academic resources. Academic Affairs has acted to increase library hours, have strong OAS services, and create the Center for Engaged Learning to academically motivate students and prevent harmful behavior.

> Overall, Vice President Goodwin says, "We continue to offer a great intramural program with many options and high participation and we've made progress addressing overuse of alcohol, campus community partnerships, and the cultural agility of our students, administration, staff, and faculty."



Intramural sports have always been a favorite pastime at Providence College.

Flo: Gone, but Never Forgotten

Founder of Flo's to Go Passes Away

by Sabrina Guilbeault '18 Asst. News Editor

IN MEMORIAM

Since leaving Providence College in the spring of 2014, not a day goes by that someone does not bring up Flo's name, given the popularity of Flo's to

"Flo's to Go used to be called something else and was located in the very back of the dining hall," said Stu Gerhardt, general manager of Providence College Dining Services. Gerhardt and the other managers were tossing around names for the take-out lunch station and knew Flo's to Go worked great. "It's catchy and very fitting, since Flo had been here for such a long time and was very respected by the students and her peers."

Florence Antonia Mazika passed away on June 29, 2015, after having a stroke when getting out of bed. "She didn't suffer, thank God," said Janice, a fellow Ray worker.

According to Gerhardt, Flo originally did not want Flo's to Go to be named after her. "She didn't want



The very familiar aspect of Ray that honors Flo.

it," he said. "She was very modest and didn't want the recognition, but I think she eventually liked it."

Janice and Terry have both worked in Ray for 20 years and had many kind things to say about their friend. "Flo just loved this place. She loved the children as her children. She was a wonderful person," said Janice.

"She was a very warm person, and so personable to the kids," said Terry. According to Terry, Flo had a very powerful work ethic and always wanted to get the job done herself. "She always wanted to come into work, because if she didn't come in, Flo's to Go would be closed for the day," said Terry.

"She didn't want to give up work at

all," said Gerhardt. "She gave up work to care for her husband who had gotten ill. If she didn't feel like she needed to be taking care of him, she would have been working here to the very end."

Janice explained that she used to call Flo everyday, and Flo would ask what was going on back on campus. "She would say 'I miss the place,' and would always ask about the kids," said

According to Gerhardt and the ladies, the Ray staff is very much like a close knit family. "We have a handful of people who have been here for a very long time," he said.

When you first meet these kids, they're only 18 to 22, and then when they come back to visit the College they

expect you to be there," said Terry. "They come as adults with babies and it's nice to see them so successful." Janice agreed, and mentioned she has even been invited to past students' weddings.

"Working at a college keeps people like me young, because you definitely challenge us. Really though, the dining hall plays such an important role in a college kid's life. It's where you go to relax after a bad day, a fight with a boyfriend, or even a fight with parents," said Gerhardt. He explained he sees how comforting the Ray workers can be to students because the dining hall often serves as a home away from home, and the workers are often comparable to parents and grandparents.

"That was Flo," said Janice. "She was such a caring person and treated all the kids so well.

"As long as I'm here, we're never changing the name of Flo's," said Gerhardt. "She was one of those women who wasn't afraid of anyone, would put you in your place, and yet extremely caring."

Forever a Friar, Forever Grateful

PC Hosts Second Annual Gratitude Day to Thank Donors

by George Copley '16 News Staff

EVENTS

If there is one thing to commend Providence College for, it is its relentless commitment to its Catholic and Dominican vocation; the roaming friars in their fluttering robes, the profoundly descript crucifixes hung above our heads, and the kinetic ethos of a community with a pious conscience are all evident of Providence College's relationship with its faith.

Dr. Kevin C. O'Kane, professor emeritus of computer science at the University of Northern Iowa, recognized our religious fervor and decided to donate a \$1.3 million scholarship gift to PC's future computer science, chemistry, and physics students.

A devout Christian and longtime professor, O'Kane's commitment to the seemingly contrasting fields of science and religion is evident both in his work and his charity. O'Kane has taught all over the country: Alabama, Tennessee, Ohio, and Iowa are a handful of the state universities at which he has shared his expertise in computer science.

In 2013, O'Kane finally retired from

his lifelong profession and, as a single man with no children, asked himself who should be the beneficiary of his retirement plan.

O'Kane wanted to donate his money to an institution "that had made a commitment to the Catholic faith and was planning on keeping it." O'Kane was considering donating directly to the Catholic Church, church-related organizations, and to Catholic high schools and colleges in New England.

After evaluating each organization's governance plan, PC caught his eye because of its religious commitment, as well as the budding undergraduate computer science program.

O'Kane had never visited PC before 2014, but his father, Charles O'Kane, attended Providence in the 1920s before completing his degree at Georgetown University. Additionally, his uncle, Richard O'Kane '30, completed a degree at PC before attending law school.

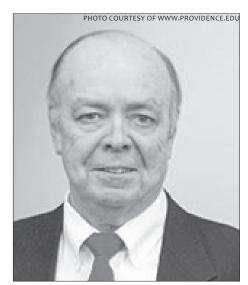
So when O'Kane finally visited for the first time last year, he was able to acknowledge the Providence College community and campus. "The visit impressed me a great deal," shared O'Kane. "There was never a place I went where I wasn't aware that I was on a Catholic campus."

Soon after his visit, O'Kane reached out to the necessary administrative parties and asked that the complete value of his retirement deal, a generous \$1.3 million, be endowed through scholarships so that it could directly benefit students. His benevolence appears to also be inspired by a personal reflection on his academic and collegiate career.

O'Kane was an undergraduate at Boston College studying chemistry when, during his senior year, his student job required him to become proficient in basic computer science. He was asked to convert code on one of the earliest computer models, the IBM/System 360, which would appear, to most contemporary students, to be a whole computer lab. This seemingly random part-time job blossomed into O'Kane's future and life passion.

Graciously, O'Kane has donated even more than his fortune. In February, O'Kane lent his teaching abilities and experience to a colloquium for students and faculty in the Department of Mathematics and Computer Science.

O'Kane, ideologically similar to benefactors like Arthur Ryan '63 and his wife Patricia, the main donors to the upcoming PC Business School, has donated because of his commitment to education, Catholicism, and the junction between the two. This relationship parallels what Providence College is all about: the fostering of knowledge and piety within each and every one of its communal brothers and sisters.



Dr. O'Kane, a generous donor to the College.

Welcoming New Friars to Campus

Pre-Orientation Programs Provide Warm Welcome for Class of 2019

by Gabrielle Shkreli '17 News Staff

ON CAMPUS

Beginning the week of August 22, 2015, Providence College welcomed over 200 incoming freshmen participating in this year's various pre-orientation programs. These student-run programs included the Urban Action Program, the FaithWorks Program, and the Transitions Program.

The Urban Action Program celebrated its 25th anniversary this year. According to Sharon Hay, advisor of Urban Action and director of Student Activities, approximately 3,500 students have participated and over 55,000 service hours have been completed over the past 25 years.

The three day program focused heavily upon student-led community service in the Providence area, with students visiting sites ranging from local Providence parks to The Wildlife Reservation in Newport. UA members spent the mornings immersed in several service activities, including red cup cleanups on campus and trash pick-ups on Camden Avenue.

Nicholas Ogrinc '19 shared his personal experience. "I chose to do UA because I wanted to start my PC career off right by making a difference in the community. I loved sitting down after walking around in the hot sun picking up trash, which is humbling work, and talking with others about the project." In the evenings, the program shifted its focus to icebreakers and games, such as an activity called "Twister with a Twist," run by senior leader Jenna DiTullio '16. "Our goal as leaders is to have them have fun and feel like they have a place, and just show them that it is okay to be yourself, whoever that is," she said.

Although her favorite part of the

program was the bonds she formed with her fellow leaders, DiTullio stressed the importance of what UA is all about.

"We are not just in this bubble, it's not just about our campus. We're a part of something much bigger. The Providence area needs us."

Forty incoming freshmen of all different religious backgrounds also participated in FaithWorks, a service-based pre-orientation program founded upon faith and Catholic social teaching.

Michelle Desjardins'17, a FaithWorks coordinator, explained that all sites visited, such as senior centers and homeless shelters, are related to the diocese so that they incorporate some kind of faith element.

Desjardins stated, "At the end of the day, we give the students the chance to really think about what their faith is and first generation students get to know each other and the campus. Ralph Tavares, director of multicultural

when they are serving another person, and where they see Christ when they are volunteering."

In order to maintain a strong, spiritual environment, evenings included group dinners, Mass, listening to leaders give personal talks about their spirituality, and the occasional lip sync battle featuring Fr. James Cuddy, O.P.

On how FaithWorks impacts the PC community as a whole, Desjardins remarked, "We hope that this spirit of love and helpfulness spreads to the rest of the campus and creates that sense of community that our members have developed so well."

The youngest program, Transitions, began about 10 years ago as a resource to help multicultural scholarship recipients and first generation students get to know each other and the campus. Ralph Tavares, director of multicultural

student success and assistant dean of undergraduate studies explained, "The Transitions Program centers around the Strategic Plan for Diversity and helps students deal with the culture shock of coming to a predominantly white college campus like Providence College. The program explores where a student arrives on our campus with their own set of unique backgrounds and experiences, talks about the differences between high school and college, helps students understand the beautiful differences we all share and our common humanness, and how incredible those differences and commonalities are as they weave themselves into the beautiful tapestry of students at PC."

In addition to attending lectures, and a special presentation by accounting firm PricewaterhouseCoopers, students also enjoyed their trip to Kimball Farms in Massachusetts, partaking in mini-golf, humper boots, and areado games.

bumper boats, and arcade games.

Stephanie Arriaga '17, a head
DreamCoach and coordinator of the
program, described Transitions as a
movement towards a more accepting,
diverse campus community. "We help
show the students that they will be able
to meet people like themselves, but
also help them understand that you
can branch out and it is okay to make
friends with people who are different.
I definitely love the program and think
that we really do make a difference in
the students' lives."



 $Incoming\ freshmen\ and\ their\ Urban\ Action\ leaders\ help\ clean\ up\ Neutaconkanut\ Hill.$



The Bucket List: Things to Do Before You Die

(And by "Die" We Mean "Graduate")

Here at *The Cowl*, we understand that life may get a bit mundane as a student. Below we have set aside 10 lines for 10 bucket list ideas. College years fly by, so all we can say is... challenge yourself!!



Page 7

eptember 3, 2015

Learning Happens Everywhere

Volunteering Off-Campus Can Enhance One's Education

by Carolyn Walsh '17 Asst. Opinion Editor

COMMUNITY SERVICE

With a new academic year upon us, many students are slowly but surely trying to get back into the college routine: going to classes, hitting the gym regularly, grabbing coffee at Dunkin', hanging with friends, and napping anytime and anywhere they can manage. As we adjust to dealing with new professors, new classes, and all of the new challenges that another semester brings, it is inevitable that the majority of us will fall back into the "PC Bubble." The "PC Bubble" is of course the phrase used to describe the phenomenon in which students tend to forget that there is indeed quite a big world outside of Providence College.

We can become so absorbed, and understandably so to an extent, in our lives at PC and what is happening on campus that we can ultimately lose out on opportunities to learn from the world beyond the Huxley Avenue gate.

College is truly a unique educational and social experience in our lives, but the experience should

not just be confined to simply the classroom or dorm building. In order to gain hands-on skills, make a difference in the greater community, further explore their interests, and enhance their education, students should take advantage of nonprofit volunteer opportunities off-campus.

As PC students, volunteering off campus will not only inform us about the issues facing the greater Providence community; it will also help us gain much needed perspective on these issues, something that often does not come included with an extended stay in the "PC Bubble."

This summer I had the privilege of volunteering for a nonprofit organization called The Crisis Ministry of Mercer County, located near my hometown in New Jersey. The mission of The Crisis Ministry is to provide stability for community members in need, whether it is through hunger prevention programs or assistance in finding housing.

Every Tuesday afternoon I helped out in The Crisis Ministry's food pantry in Princeton, New Jersey, assisting with distributing grocery food items to those in need. I can easily say that my experience volunteering with The Crisis Ministry was a far more educational and a far more enlightening one than a typical summer break. It did not fit perfectly

into my summer "bubble" of sunny relaxation and busy nothingness, but it proved to be worth stepping outside of my comfort zone for.

Ultimately, my volunteering challenged me to think outside the box to accomplish various tasks, to expand my limited perspective of the world around me, and to foster a more diverse work ethic. I was not only able to learn more about the level of need in my local community but also learned that I could be a part of a solution for some of those problems.

As college is meant to be a transformative period in students' lives, it is imperative that we play an active role in getting the most out of our education and out of our experience. This means stepping outside of the "PC Bubble," and taking advantage of what the world beyond PC has to offer our personal growth and education.

This semester, rather than simply going through the motions of trailing back and forth from class to class, students should seek out other opportunities to get off campus and do some volunteer work in the community. There is is much to learn outside of the bubble.

PHOTO COURTESY OF RACK.2.MSHCDN.COM

White Jackets Do Not Make PC's Heart and Soul

A Response to Tavella '18's "Friars Club Makes PC Outshine Other Colleges"

by Edward Walrod '16 Opinion Staff

CAMPUS CLUBS

When students are asked, "What makes Providence College so special?" or "What makes it different from other colleges?" most of us would reply with an answer along the lines of "the people." Yet McKenzie Tavella '18 and Friars Club member Bradley Meyer '18 answered with "the Friars Club." In Tavella's article, this claim was glorified and did not receive a proper response from another member of the student newspaper until now. The article in question was harmful to the idea of a Friar Family.

In the article, Meyer said, "The Friars Club is the glue of the school. We hold it together." Excuse me? It is truly laughable if anyone actually believes this claim. Were they the ones who held the college together during controversies on-campus or during the protest of inequality on this campus? Did they make a concerted effort to correct, bring attention to, or diffuse the Corvino incident, the conversion therapist, the Renaissance hotel protests, or the continued racial profiling of our faculty and students?

No, they did not even release a statement. The real question is: how big must an ego be to make such a claim? I like to measure it in Donald Trumps. One Trump representing the uneventful 1990s Trump and 10 Trumps representing his run for presidency. I give Meyer's claim 10

His claim is harmful because it marginalizes all of the other individuals, groups, and employees who have contributed to the unit that is PC. Can this club claim an academic reputation that contributes to PC's national ranking within any sort of



Friars Club is one of the many clubs on campus that make up PC's community.

academic arena? If a tour group with cheap white jackets is what makes us so highly acclaimed, then this college should lose its accreditation and instead become a technical institute specializing in tour guides.

This is not to say the group does not do meaningful work or has no positive impact on the school. It is unfair to claim, however, that this is the group that makes PC unique, shine, or holds it together. It is even more ludicrous to claim that all schools should adopt a club similar to PC's:

1) To do so would defeat the purpose of the author's claim that "it's what makes PC special."

2) Who is to say other schools would want such a specialized tour club? I can almost guarantee a less cosmetic school would reject the perceived elitism Friars Club may bring.

Tavella glorifies the PC community's perception of Friars Club. I mean, with the way the article talks about them, you would think they are equivalent to Yale's Skull and Bones Society. What about those who didn't consider the men in white jackets when they went on to choose PC? I didn't; I was convinced by the smiles of the average kids I saw on campus, who seemed oblivious to the fact that there was a man in a cheap, heavy, white wool (although I suspect polyester) jacket.

The point of this long and snarky tirade is that no single club or individual should claim to be the glue that holds us together. If we (and the Friars Club) claim to be a family, we

must recognize the inherent equality of each member and their unique contributions to the soul and character of the College.

Find your club or group and maximize its yield to the character of PC. Do not let one individual or group ever tell you that they are "the glue that holds it together," for that marginalizes your own unique contribution to the College. My final thought on this matter: if Friars Club is the glue that holds us together, as is the claim, then we are being held together by an old glue stick when we need super glue.

To read Tavella's article, please visit: http://thecowl.com/opinion/friars-club-makes-pc-outshine-other-colleges.

Double the Major? Double the Pressure...

Multiple Degrees Multiply Stress Levels

by Sarah Kelley '18 Opinion Staff

EDUCATION

Everyone's felt the pressure of deciding on a major, (unless you are one of those people who knows they were born for a certain major; if so, I'm jealous), and hearing other people discuss their own majors and course of study can only make whatever stress or feelings of indecisiveness you have even worse. More and more, I've heard of students with multiple distinctive majors and multiple minors (students majors in philosophy and economics, with double minors in Spanish and film, etc). I couldn't help but question the value of multiple majors and the expectation students face today to earn more than one degree.

There is a growing pressure on students to excel academically in multiple areas of study in order to be "well-rounded" or accomplished. But are multiple degrees necessarily the best path for academic success? While they can allow for a varied field of study, the pressure on students to double major or double minor can actually detract from their academic potential.

The pressure to double major often encourages students to earn degrees for the sake of earning degrees, distracting them from focusing on what they are truly passionate about. With multiple majors comes a heavier course load for students in order to stay on track academically and graduate on time. Students with multiple and varying degrees have less time to really delve into a single area of study and discover their real interests, as they are splitting their time among their different majors.

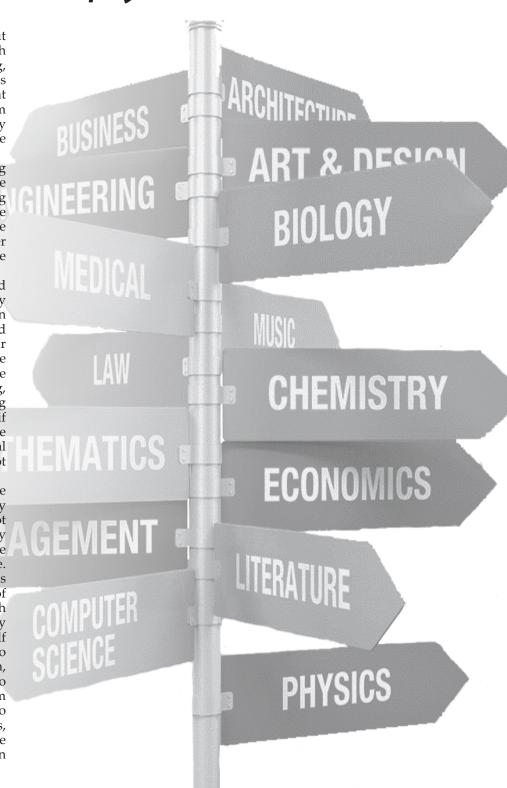
Additionally, students who have multiple majors or minors, to some extent, have to really stretch themselves across multiple curriculums, and must

carefully and strategically plan out their courses over four years. With such limited flexibility in scheduling, students may be missing opportunities to try other classes and electives that could be extremely beneficial to them but may not necessarily be directly related to the degree(s) they are pursuing.

The growing emphasis on earning multiple degrees may actually be preventing students from taking certain courses and learning for the sake of learning, just because those courses are not a part of whatever double majors or minors they are pursuing.

With the additional workload and limited flexibility, students may also find that multiple degrees can take away from time that they could be putting toward extracurricular activities or work experience. While multiple degrees may look nice on paper, spending time working, completing internships, and gaining invaluable skills is as important, if not more so, than earning multiple degrees, especially if those additional degrees are in fields that you are not really passionate about.

While there is no doubt that multiple degrees can be a great thing for many undergraduates, students should not succumb to the expectation that they need to earn more than one degree in order to be successful in college. Unless students find their interests truly split between multiple areas of study, there is nothing wrong with focusing on a single major that really sparks their interest. Giving yourself the time to discover what you want to do and what degree you want to earn, while maintaining your freedom to explore different opportunities-from work experience and internships to different classes and extracurriculars, — with a single major is just as valuable as earning multiple degrees as an undergrad.



How Do We Define Human Dignity?

Planned Parenthood Scandal Proves that Our Culture Has Little Understanding of the Human Person

by Matthew Tinsley '16 Opinion Staff

ETHIC:

Perhaps the darkest story to emerge in the news over the summer involved the release of undercover recordings of Planned Parenthood officials discussing the sale and exchange of human body parts, namely those of aborted fetuses. One such video captured Dr. Mary Gatter, president of the PPFA Medical Directors' Council, discussing the pricing of intact "fetal specimens." For Gatter, the profit in these deals must be "big enough that it makes it worthwhile." These doctors speak of human beings in economic terms; unborn babies are commodities like oil or wheat. I can only ask, where has the dignity of the human person gone?

In an interview with the New Hampshire Union Leader, Democratic presidential candidate Hillary Clinton commented on the leaked videos, "I have seen pictures from them and obviously find them disturbing." Clinton continues to defend a pro-choice position on abortion, and credits Planned Parenthood for doing "a lot of really good work for women for over a century."

I am confused by Clinton's reaction to the videos of these Planned Parenthood doctors. Not only was the material "disturbing," but this response was apparently "obvious" to anyone who had seen the footage. For Clinton and many other pro-choice advocates on the Left who shared her reaction, aborting a living, albeit unborn, baby is a woman's moral right, but exploiting the baby's corpse is an atrocity. It seems that these pro-choice supporters assign more value to a dead baby than a living one.

I submit that our culture has lost its understanding of the human person. In Plato's *Phaedrus*, Socrates confesses, "I am not yet able, as the Delphic inscription has it, to know myself; so it seems to me ridiculous, when I do not yet know that, to investigate irrelevant things." Socrates explains that a meaningful understanding of the world only comes when one first knows his place in it; all else is

irrelevant until one knows who he really is.

So what are human beings, anyways? How do we view or define ourselves? Modern materialists and scientific objectivists may have it that we are only our bodies; we have no soul, no link to a divine Creator. Instead, we are just a few hundred pounds of flesh and bones, proteins and enzymes, and nothing more. For Dr. Mary Gatter and other Planned Parenthood officials, unwanted unborn babies are disposable objects that can be bought and sold like computers and cars. You will find it difficult and ultimately futile to argue a compelling case for the value and dignity of the human person apart from the presence of God. We read in Genesis that we are creatures made in His image and likeness, and as such, we are blessed with the inviolable right to life. The dignity of the human person is under assault when his or her life is unfairly taken from them; the many people finding the leaked Planned Parenthood videos disturbing points to this reality. Perhaps this scandal will give you a moment to pause and reflect on the way we ought to value each other.

Two Parties for Too Long

More Variety Would Make For a More Representative Government

by Brianna Abbott '17Opinion Staff

POLITICS

For as long as we can remember, politics have been dominated by red and blue. The elephant and the donkey have fought back and forth for generations and have even reached across the aisle in order to govern our country. Recently, however, the fight has escalated rapidly. The division between the sides has become so extreme that there may never be compromise and the middle has been squeezed out. It's time to abandon the two party system in favor of something a little more colorful.

Yes, the give and take of red and blue has kept the country growing for years, but never have both sides been so divided. Because there are only two parties, the extremes of both sides have to be absorbed by the two main ideologies. Rather than have a few extremist groups, the parties themselves have become more extreme, resulting in two ends pulled so far away from each other that they cannot find a common color anymore.

Donald Trump, the current frontrunner for the Republican nomintation in the 2016 election, certainly sits on the far right of the political spectrum. Roughly 20 percent of the party—the most extreme 20 percent—agrees with him. Most Americans, however, despise Donald Trump and everything he stands for, even Republicans. However, there are so many other candidates right now that the rest of the Republican vote is spread thin, making extremist Trump the frontrunner. Because there are only two parties and not another more radical party for Trump to express his views, the Republican Party has become much

more radicalized as a whole due to the viewpoint of a single man running for office.

Those running for office cannot alienate the radicals but must appeal to the general public simultaneously, essentially trapping them into certain political standpoints rather than allowing them to stand firm with their own beliefs. These politicians are often accused of being phony, but changing their views to walk on this thin line within their own party is

the only way for them to survive in the political arena. If there were more, smaller parties, politicians would not have to appeal to such a wide base within their own group, allowing them express their own opinions with less of a filter to make for more honest politics.

A bigger party also means a bigger bureaucracy within the political machine. It is harder for unknown, fresh candidates to make it into the political scene (without large amounts of cash) because the large political parties are almost too big to wade through without doing time on the political ladder that will eventually make the candidates a cog

in this machine.

Two large opposing parties is not always how America has played the political game, and European countries certainly know that more variety means a more representative government.

There are over 15 political parties with elected seats in the UK Parliament and many other smaller parties survive as well.

Politics in this nation have been so intensely divided for too long; the pressure is building, and eventually the system and the big, ballooning political parties will and should burst, hopefully creating a better political atmosphere with a party for every range of

opinion.

THE END 2 PARTY POLITICS

PHOTO COURTESY OF WWW.ZAZZLE.COM

Letter to the Editor:

Dear Editor:

I would like to take this opportunity to congratulate and thank the entire PC staff, students involved with Residence Life, Campus Security, and ROTC members for the outstanding job during Freshmen Move-In Day. Not only were logistics handled in a professional and efficient manner, but the enthusiasm displayed by all involved provided an incredibly welcoming experience for the new students. From the ROTC and Campus Security members directing traffic, to the Residence Life Department smiling, cheering and greeting students, to the friendly staff at Slavin and Raymond, all culminating with the Welcome Mass celebrated at the Peterson Center, new students were quickly reminded why they chose to become part of the Friar Family. Congratulations to all involved in making Freshmen Move-In Day a resounding success!

- Mark Sylvia '84 and Class of '19 Parent



Have something to say?

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The Cowl is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please email the Editor-in-Chief at editor@thecowl. com. Corrections will be printed as necessary.

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Making a School Year's Resolution

by Kathleen McGinty '16 **Editor-in-Chief**

EDITOR'S COLUMN



back, upperclassmen!

year has brought into focus just how next nine months. quickly the past three years have gone

> always seem too short, I cannot top of my list for the academic year. help but think that perhaps my in the future rather than in the task at hand.

starting off the semester with status. a blank grade book on Sakai, academic level, but also on a on others. personal level.

onset of the fall semester of here at PC.

Welcome, freshmen, and welcome my final year and will allow me one last opportunity to soak up all that Returning to campus as a senior this Providence College has to offer over the

For new and even returning students, by. Between constantly seeking the I encourage you to make your own week or two reprieve from resolutions. Here are some of the things waves of exams or papers and I have done, or wish I had done earlier, the long-awaited summers that in my college career that will be at the

1) Be present: Leave your cell phone conception of time has been and laptop behind and enjoy the influenced by living too often company of those around you or the

2) Make the time for the hobbies you The beginning of the school enjoy: Whether it be cooking yourself a year has always seemed to me homemade meal, spending time with like a prime opportunity for an on-campus club or organization, or resolutions. From living in scheduling a session at the gym each a new dorm or apartment to day, give your pastimes a priority

3) Help others: Find something you the start of the semester offers are passionate about, and use your us a clean slate not only on an talent and passion to make an impact

Regardless of class year, consider Luckily, this realization making a conscious effort to be present has dawned on me at the and make the most out of your time

TANGENTS & TIRADES

An Open Letter to the Freshman Class

Dear Freshmen,

You may be tempted to cast an envious eye on us upperclassmen, as we seem to have it all. If you are lucky enough to get an invite to our fancy suites and apartments, you'll realize that we have more space than we know what to do with while you can merely extend your arms to express the width of your dorm room. We know where the parties are, and, more importantly, can actually get in because we know the people throwing them. We have mastered walking through Ray without losing the contents of our plates. Furthermore, we are members of our favorite clubs and organizations and some of us even hold leadership positions within them. With all of that said, you probably think that we have it all. What you don't know is that even though we have it pretty good, we would give almost anything to be in your shoes. We miss hanging out in McDermott until the wee hours of the morning and feeling like graduation is eons away. We dread the 400-level courses we're enrolled in and wish we could take 100-level ones so that, like you, we can go out on a Tuesday. So please do us upperclassmen a favor and don't wish to be us because we wish we were you. Enjoy every second of the four glorious years you have ahead.

Sincerely,

-Jacquelyn Kelley '17

Summer Is Still Sizzling at PC

Technically, since school's in, summer is out, but that doesn't mean the effects of the brightest and hottest season have melted away yet. PC definitely isn't shy of beautiful tan students who are still sporting a sunny glow. Imagine students trying to focus on their first week back at PC tackling the infamous Development of Western Civ while admiring the new highlights and haircuts filling up Ruane's lecture halls. Rather than picturing people in their underwear, as one does to calm their nerves, instead students are trying to take a mental screenshot of the plethora of beach bods hiding under classroom attire. Suddenly seminar has turned into an episode of Baywatch right before our very eyes. Will the summer fog clear from the endless handouts of syllabus week? Only time will tell, but the real question I have is if it is still acceptable to wear dead bees in my bedroom. If that's white jeans. I for one am in no rush to turn my mindset off summer mode and into school zone. Thankfully the forecast calls for sunny and clear skies, with temperatures consistently in the 80s. But in the days to come, a storm of workload is approaching....

-McKenzie Tavella '18

Don't Let the Dorm Life Get You Down

We're back at PC! Another year of mountains of reading assignments, misadventures on Eaton Street, and midnight Big Tony's deliveries. We're going back to great(?) meals at Ray and Alumni, prepared by Sodexo's wonderful workers, and early-morning coffee runs. We're only months away from seeing a few more trophies added to Friartown's growing display. For most of us, we're also back to on-campus housing, and all the fun that goes along with it. Yes, for all the money we spend on room and board, we get to go back to a world of never having a washing machine available, dirty hallways on the weekends, questionable elevators, even less reliable WiFi and...bees. Yep. Bees. I'm not exactly sure what I was expecting when I arrived on campus, but it certainly wasn't a pile of (mostly) not a sign that everything is going to go wrong this year, I don't know what is. That's right FixIt, this will probably be a long year of broken faucets, faulty refrigerators, burnt-out lights, and collapsed beds from those poor guys in that No Exit-esque room in DiTrag. That's a depressing thought. I'll just go back to the good things PC has to offer. Old and new friends, intramurals, football in McPhail's, The Cowl (duh), Dr. Morgan's ponytail, Late Night Madness, skate nights, PC squirrels. There, that's better. Go Friars.

-Wesley Trask '16





PHOTO COURTESY OF WWW.SEHER.COM

PHOTOGRAPHY

The Cowl 11

Septemer 3, 2015

WELCOME BACK FRIARS!

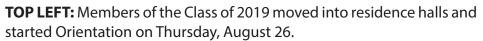


PHOTO COURTESY OF PROVIDENCE COLLEGE





JESSICA ARTIGLIERE '17/ THE COWL



TOP RIGHT: Students line up for free shaved ice from Kona Ice during the first week of class.

ABOVE: Academic Convocation was held on Sept. 2 to welcome the Class of 2019, transfer students, and new faculty.

MIDDLE RIGHT: Go fish! BOP hosts their annual Go Fish event for students to pick up a new pet fish and decorate a fish bowl.



PHOTO COURTESY OF PROVIDENCE COLLEGE



KRISTINA HO '18/ THE COWL



JESSICA ARTIGLIERE '17/ THE COWL

LEFT: About 200 incoming freshmen opted to arrive on campus one week early to participate in FaithWorks, a service-immersion program sponsored by Campus Ministry.

ABOVE: Praesepe by why be/e collective will be in the Reilly Gallery from Sept. 2-wwOct. 10. Come see the show!

What did you miss the most about PC?



"Dot at Ray." Phionna Claude '18



"Expressing myself." Kary Gutierrez '18



"Wraps at Yella's and the grilled cheese bar at Ray." Brittany Price '18 and Emma O'Rourke '18



"Being independent." Mindy Tran '18



"Ballroom dancing and friends." Reegan Whipple '16, Christina Corvese '17, Danielle Maldonado '17, Ivan Vukusic '18, Claudia Seguin '18, and Kevin Donovan '15



"All our friends and the chicken parm sandwiches."

Jack Edwards '18 and Sean Snead '18



"The squirrels."

- Anonymous



September 3, 2015

Straight Outta Fiction?

by Ryan Charland '18 A&E Staff

FILM

What happens when a man is allowed to edit his own history? The recent release of Straight Outta Compton raises this question with its portrayal of '90s gangster rap forerunners N.W.A. With former members Dr. Dre and Ice Cube as producers, the film takes liberties with history in order to shine a more favorable light on its

Straight Outta Compton, directed by F. Gary Gray (Friday, The Italian Job), is a biographical film centered on the formation of N.W.A. in Los Angeles in the late '80s, the release of their seminal 1989 album Straight Outta Compton, and the subsequent breakup of the group. At a runtime of over 140 minutes, Gray manages to provide both an epic scope of events and excellent performances. Ice Cube is portrayed by his son (O'Shea Jackson, Jr), which allows for a raw believability in the events depicted. Also notable are the performances by Jason Mitchell as N.W.A frontman Eazy-E and Paul Giamatti as manager Jerry Heller.

When viewing Compton, it is clear that Dr. Dre and Ice Cube are the "heroes." This is unsurprising considering their involvement with the production, but it makes the film feel unbalanced in its depiction of N.W.A members. Specifically, MC Ren has publicly stated his anger at the minute role in events that the movie gives him. He is portrayed as a righthand man to Eazy-E, a substandard writer compared to Ice Cube, and is given few spoken lines throughout the



entire film. In reality, MC Ren was a founding member and an integral part of N.W.A, especially after Ice Cube left

The most glaring inconsistency in Compton is the omission of Dr. Dre's history of assaulting women. In particular, his 1991 altercation with Dee Barnes and the abuse alleged by singer Michel'le are completely absent. In the former, Dr. Dre pleaded no contest to slamming Barnes' head into a door during a party. Around the same time, Michel'le, the mother of one of Dr. Dre's children, was being physically abused by him at home. While it is logical that Dr. Dre would leave these instances out of the film to avoid tarnishing his image, it is nonetheless disconcerting that he had the power to do so.

Dr. Dre's decision points to a larger

issue with biopics that receive funding from their subjects. It is rare that a biopic is produced by its subject or the subject's relatives, but Compton's example could potentially pave the way for such productions. Once monetary incentive is introduced, the integrity of these films will surely suffer. How can a "true" story be trusted when its creators are paid to alter the depiction of history?

Perhaps the ugly truth is that an entirely authentic biopic is an impossibility. Most of the best-known biographies in recent years (such as Walk the Line (2005), Lincoln (2012), and American Sniper (2014)) raised questions regarding their accuracy upon release. Often, inaccuracies arise from a need for dramatic material to add intrigue to the plot, as in the case of Clint Eastwood's J. Edgar (2011).

Other times, changes may be a result of the relationship between the subject and the filmmakers. For example, many feared that Angelina Jolie's close friendship with the elderly Louis Zamperini led to bias in his story chronicled in her film *Unbroken* (2014).

When legendary cultural figures are depicted in movies, society's expectations influence the production. Audiences expect to see famous musicians, politicians, and personalities depicted a certain way, and deviations are not anticipated. This inherent bias in biopics is exponentially exaggerated when these figures have a hand in the project, as in the case of Dr. Dre and Straight Outta Compton. While an excellent film and a fascinating story, *Compton* is just that...a story.

Explore Providence: Local Favorites

through the city of soon grow to love the likely have heard of

RIPTA trip away. Once college experience.

by Isabella Goldstein '17 Providence, an area different sections of the Thayer Street, located



full of fun and exciting city and consider them near Brown University's dressing up for a night places that are just a an integral part of your campus. Known for at the theater? Since culture. Walk through its unique and funky opening in 1928, the the dark streets of the It may only be the first you have familiarized Whether it was from clothing stores, cafes, Providence Performing East Side by candlelight week of the semester, but yourself with these your sibling, friend, and bookshops, Thayer Arts Center (PPAC) as your guide shares that should not keep you newly discovered or a tour guide from Street is home to a variety has been regarded as stories based on factual away from venturing local spots, you will Friars Club, you most of restaurants, including a world-class venue research and historical Mexican (Baja's Tex presenting theatrical and Mex Grill), American contemporary pieces in (Cafe Paragon), Chinese the heart of Providence's (Shanghai), Indian (Kabob and not a theater buff, you Curry), (Andreas) less advertised is that it one of the top venues one of the oldest theaters in Providence is located on the very same street. The quaint Avon Cinema first opened in 1938 Evening with Neil deGrasse and continues to screen Tyson, The Legend of foreign, independent, and art house films. Prepare to go back in time when you step into itching for something the Avon Cinema, with that encompasses all its antique furnishings things fall? Sign up for and theater, just a PC shuttle trip away.

Lebanese arts and entertainment (East Side Pockets), district. Even if you are and Greek should check out PPAC cuisine. purely for its beauty, However, what may be as Pollstar.com ranked in the world. Events for the month of September include: Beautiful-The Carole King Musical, An Zelda, and Dave Chappelle Live in Concert.

Are you already a Providence Ghost Tour at Prospect Terrace

Do you feel like Park, one of the state's most popular centers of documentation of people suffered who accidents, murders even and suicides. Tours run everyday during the months of September and October, and more information can be found at providenceghosttour. com.

There is no need to worry about whether or not you have a car on campus. Fortunately, all of the locations mentioned are easily accessible by means of the RIPTA or the PC shuttle, so head on over and explore the city of Providence today.

Album Review: Southern Gravity

by Ryan Cox '18 A&E Staff

FILM

Country music is often synonymous with the summer; upbeat songs and fun lyrics capture the essence of the season, and it is hard not to groove to the music. Kristian Bush's first solo album, Southern Gravity, is no exception. As half of the former award-winning duo Sugarland, Bush delivers an album which retains the foundations of Sugarland's style but incorporates enough of his own style to find a unique niche in the country world. Fans of Sugarland will enjoy Southern Gravity, but Bush also caters to a wide variety of tastes by incorporating stylistic elements of other genres as well. As a co-writer for all 12 songs, Bush showcases his wellestablished songwriting talents to create a strong debut solo album.

"Trailer Hitch" was the first single from Southern Gravity, and had some success on the charts, peaking at number 21 on Billboard's Hot Country Songs. It is a feel-good, catchy song that has a Jason Mraz type of beat behind it, making it popular with fans of a variety of genres. While "Giving It Up" is similar musically and lyrically and is more like Sugarland's old sound, "Trailer Hitch"

overshadows it with stronger lyrics and a more infectious beat. "Light Me Up" is the upcoming single from the album. A love song with a power ballad feel to it, the song starts off with the same kind of sound as the songs of *The Incredible* Machine, Sugarland's last album before their hiatus. It later adopts a harder rock sound, like many of today's top country hits. It has a different style than "Trailer Hitch," but this only shows Bush's versatility, and the song will likely have the same success that "Trailer Hitch" did.

As with his time in Sugarland, Bush includes a few ballads that come with a powerful message, capitalizing on music's ability to impact its audience in a positive way. "Walk Tall" has a simple message: "can't be scared to pick a fight / Gotta do right." Like Sugarland's songs "Stand Up" and "Shine the Light," "Walk Tall" is a song about empowerment, encouraging the listener to stand up for their beliefs alongside their peers. It is a great song overall, with a sound that highlights Bush's powerful message. Southern Gravity can be found both in stores and online for purchase or streaming.



The Year of the Young Model

by Kelly Laske '16 A&E Staff

CELEBRITY

stars or TV heartthrobs whose faces were plastered across the covers of pop culture magazines. Listening to the radio in the morning or turning on the television at night, it was always their names that were headlining the entertainment news stories. 2015 has become the year of the young model. At not even 21 years old, these four young women are already becoming worldrenowned. Whether it is modeling the trendiest swimsuits in Croatia or starring in a Taylor Swift music video, these models have turned into world famous celebrities.

Before her stardom skyrocketed, Gigi Hadid, 20, could be seen in the

always the latest music Housewives of Beverly Victoria's Secret's newest Hills, a show starring her wealthy mother and father. Only shown in a few scenes, Gigi was essentially unknown to the public eye.

Although most people just started following her career moves, Gigi was actually discovered at just two years old by GUESS mastermind Paul Marciano. After GUESS, Hadid focused on school, volleyball, and horseback riding and did not sign with IMG Models until she was 17. Now, Hadid is balancing campaigns such as GUESS, Tom Ford, and Topshop, while making appearances in music videos such as Taylor Swift's "Bad Blood" and more recently Calvin Harris' "How Deep Is Your Love." She is also currently rumored to be with ex-Jonas Brother Joe

Romee Strijd, just Growing up, it was background of The Real 20 years old, is one of angels. Before her 20th birthday, the Dutch model had already walked for names such as Alexander McQueen, Burberry, Louis Vuitton, Michael Kors, and Yves Saint Laurent. After spending most of her early life in the Netherlands, Štrijd has been around the world and back, modeling in places such as Ibiza and Greece. Recently, Strijd spent time in NYC with the rest of the Victoria's Secret Angels as the new models were revealed.

Rachel Hilbert, like Strijd, was recently picked up by Victoria's Secret and named the new face of VS Pink. The supermodel, from Rochester, New York, used to be a competitive skier until she decided to take her friends' advice to try modeling. Hilbert can be seen in ad campaigns for Urban Outfitters, Express, Delia's, and Kohls. In not only for her high-class addition to modeling, Hilbert can be seen in Brett Eldredge's "Lose My Mind" music video. At only 20 years old, Hilbert can even be seen on TV Land's Younger.

It is hard to go to the checkout line at the grocery store and not see a headline about at least were on her. Recently, one of the Kardashian family members. Kendall Jenner, 19, has become an international sensation, ad campaigns, but also for galavanting around the world with her family and friends. With close to 36 million Instagram followers, Jenner has worked her way to A-List fame after her 2014 fashion weeks in Paris, Milan, and New York, where all eyes

Jenner was named the new face of Estée Lauder.

All of these models have yet to pass the age of 20 but continue to cover magazines advertisements Whereas worldwide. models used to merely be faces on the pages, these models are defying expectations by emerging as full-blown talented women.



Bad Blood to Best Friends

Taylor Swift and Nicki Minaj Team Up at 2015 Video Music Awards

by Kealy Robertson '16 Á&E Staff

MUSIC

MTV's Video Music Awards are viewed by many people around the world each year. It continues to generate biggest buzz throughout the celebrity community, bringing in the biggest stars in the music business. This year, the host was Miley Cyrus, an actress turned musician who is known for her ability to make heads turn. There was so much hype surrounding this year's Video Music Awards, especially because of the social media drama that had taken place between three of the biggest names in the industry. Leading up to the award show, Nicki Minaj and Taylor Swift battled it out in a Twitter feud over the Video of the Year nomination.

Back in July, Taylor Swift tweeted about her "Bad Blood" nomination and got sub-tweeted by Minaj. Over the social media platform, Minaj

said, "If your video celebrates women with very slim bodies, you will be nominated for vid of the year." This brought up a series of tweets exchanged by Swift and Minaj, as well as many other singers. Swift responded, "I've done nothing but love & support you. It's unlike you to pit women against each other. Maybe one of the men took your slot." Swift kept it classy, and was rightfully nominated. Minaj, however, threw both race and body image issues that our society faces into the mix, which was both unfair and unjust.

Instead of adding fuel to the fire, both Swift and Minaj surprised every one of their fans on stage at the VMAs. Minaj was the opening act, and halfway through her performance, Swift appeared. The two sang Minaj's song, "The Night is Still Young," together and finished



performance the with Taylor Swift's "Bad Blood." Audiences were shocked to see the two women together on stage.

Miley weighed in when the media asked her about her thoughts on the feud. She responded by saying that she believed that Minaj had acted out in an anger-fueled fashion that she did not agree

with. She even called Minaj's retaliation against Swift selfish. The whole country was waiting for Minaj to retaliate against Miley's accusation, and she waited until she was handed the award for Best Hip-Hop Video to do so. During her speech, viewers could tell that she was boiling up and ready to explode. After

thanking everyone who helped her get to where she is now, she finally called out Miley on her comments to the press with a "Miley, what's good?"

Minaj Swift and settling their differences on stage was a breath of fresh air. Both are respectable young women, with multitudes of girls looking up to them. Whether MTV planned the Twitter fight to generate publicity, or if the girls really did settle their differences, it sets the example that everyone is entitled to his or her own opinion, but in the end, we should respect the people around us no matter what.

This Week: Favorite Presidential Candidate

Katie Puzycki

Favorite Political Candidate: Doge

Her Views: Two words for all of you: much Doge, many votes. Why vote for a shiba inu made famous by Tumblr you might ask? The answer is as simple as a response from Doge himself: you can expect the most straightforward answers than from any other political candidate and, if we're being honest, who actually wants to listen to and decipher all of the political jargon candidates toss around in their speeches anyway? If you ask Doge about climate change, he'll undoubtedly answer, "very pollution, need much change." To the point, and easy to understand. If you need any more reason to vote Doge this election season, keep in mind that dogs are the most loyal of living creatures. They love everyone, seek to please their humans, and are (mostly) good at listening to what we humans want. What more could you ask for in a president?

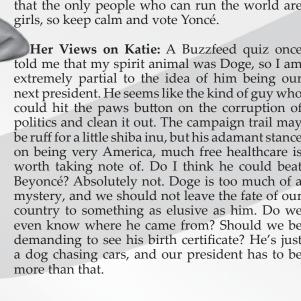
Her Views on Serena: After more than 200 years of male dominated presidencies who better for our first female president than the one and only Beyoncé? D.Ĉ. is more than ready for a glorious monument dedicated to the Queen, and we all know that she would make America dazzling again. Plus, we might be blessed with the opportunity to hear Beyoncé sing all of her speeches and national addresses which would be a thousand more times entertaining than what any other candidate has brought to the table. The only fear Americans might face with Bey is the loss of democratic rights with her monarchy, and that's not very 'Merica, right?

Favorite Political Candidate: Beyoncé Her Views: Beyoncé was given to humanity so

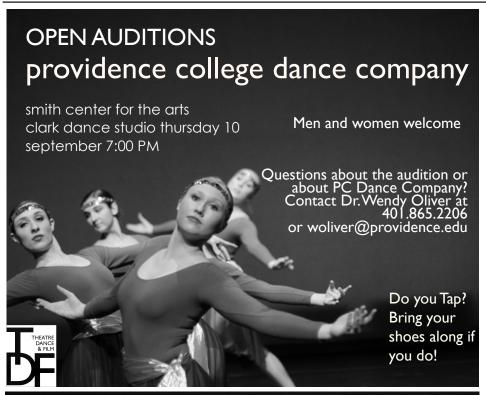
that she could save it, so there is no one better to lead our great nation onwards than our Lord and Savior, Beysus. War, the economy, public health, social justice, and more would finally come together in peace and unity under the ***flawless President Knowles-Carter. We're already crazy in love with her, so why not? Her campaign slogan, "Upgrade U(SA)," would inspire our countdown until her victorious election. Since she is irreplaceable, the Queen Bee would serve as our president until the end of time. We know that the only people who can run the world are girls, so keep calm and vote Yoncé.

Serena Ambroselli

Her Views on Katie: A Buzzfeed quiz once told me that my spirit animal was Doge, so I am extremely partial to the idea of him being our next president. He seems like the kind of guy who could hit the paws button on the corruption of politics and clean it out. The campaign trail may be ruff for a little shiba inu, but his adamant stance on being very America, much free healthcare is worth taking note of. Do I think he could beat Beyoncé? Absolutely not. Doge is too much of a mystery, and we should not leave the fate of our country to something as elusive as him. Do we even know where he came from? Should we be demanding to see his birth certificate? He's just a dog chasing cars, and our president has to be more than that.







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This seminar-style course will explore government and corporate surveillance, and the tension between security and privacy in the world's democracies. Our emphasis will be on surveillance in the Anglophone world, especially the United States, the United Kingdom, Canada, Australia, and New Zealand. In the wake of revelations by former National Security Agency consultant Edward Snowden, how much privacy do we really have? How much should we have? Students will learn appropriate security practices, and explore encryption software for personal computer or smartphone systems. No final exam; weekly discussions, videos, online projects, three short papers, and guests. Space is limited!

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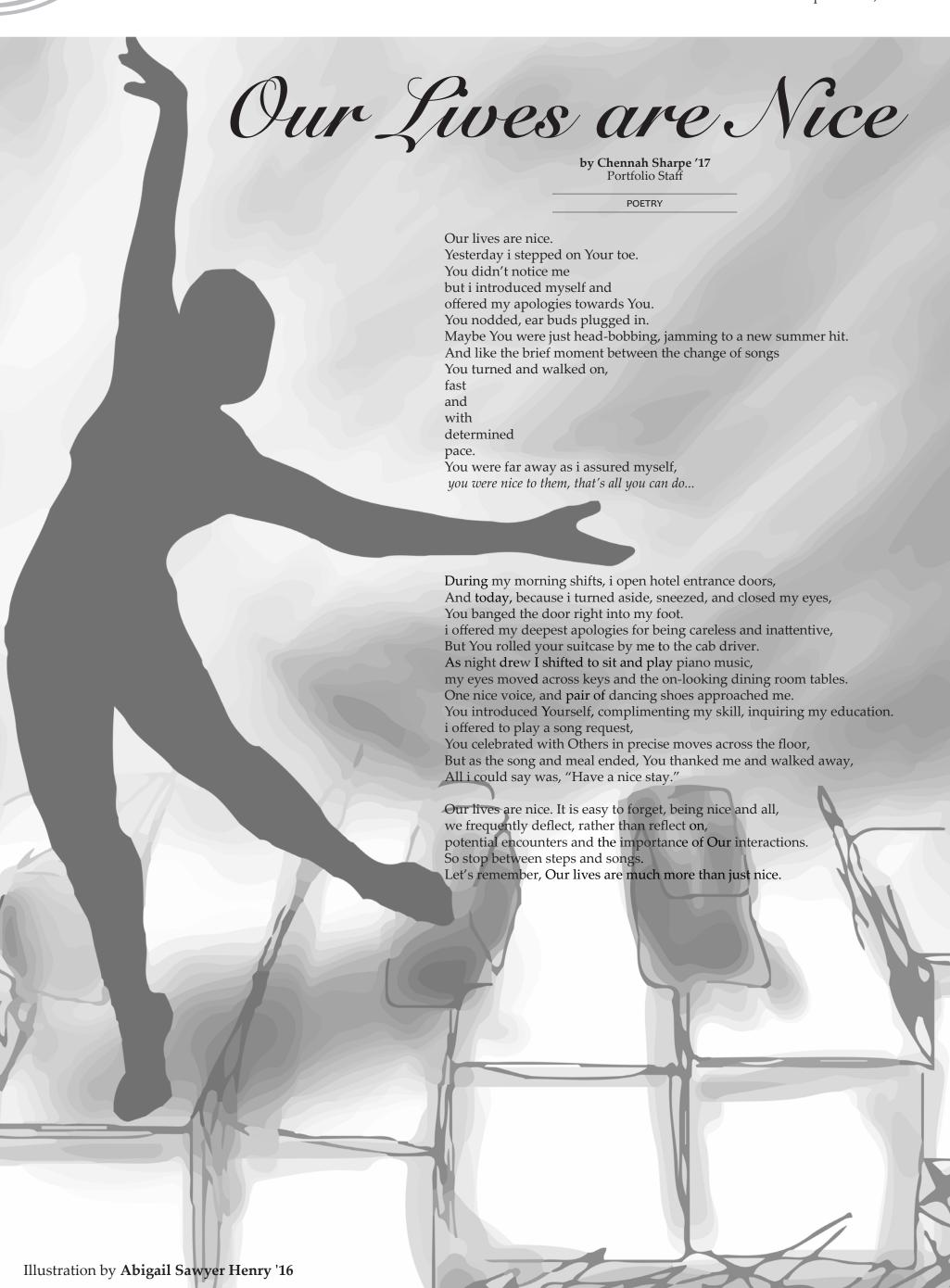
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PORTFOLIO

Page 17

September 3, 2015



Peeper Season

PHOTO COURTESY OF Artur Bednarski

by Ariana Pasquantonio '16
Portfolio Staff

POETRY

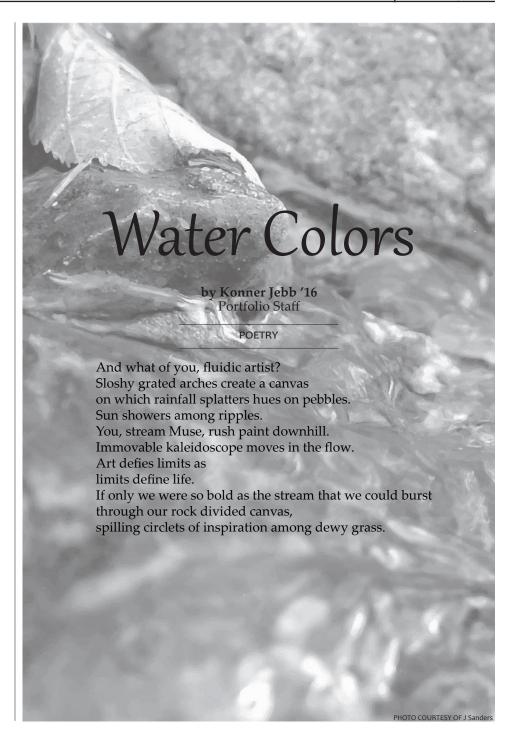
It's peeper season, late spring.
I lie in bed and listen to them singing loudly, calling to each other.
They are full of love, they are relentless.

Remember this: the way the air hangs still and heavy in the morning.
See the colors, muted, and the clouds, yellow, solid, unmoving.
The dampness of the soil and the pavement, radiating up, up.

I used to catch those frogs by the handful, but now I watch my cousins, wide-eyed, curly-haired and curious.

They huddle over them and I cringe at the thought that they might crush them with their touch.

Remember the way it felt to cup them, their lives smaller than your own (still small) in your hands and be captivated.



Contemplation

by Marisa Gonzalez '18 Portfolio Staff

FICTION

Daniel sits on a bench on a clear day, his emerald eyes misty as they stare into the endless sky above. Daniel sits there and contemplates life. How unfair the world is, how thousands die every day, how he can do nothing and how the world keeps spinning while those on it become motionless.

A ball catches Daniel's eye. The back and forth motion, the speed; the never-ending speed. Life is like this ball. Blink an eye and it is in a new direction. Your life can be in someone else's hands then another's. Finally you can grasp it but only for a little while, until it's taken away. As your life goes through this rhythm, another's is changed as well. That person can only watch as their loved one is helpless in deciding his fate.

Daniel's eyes slowly move away from the ball and land on a bird soaring through the sky. This bird is ignorant of the dangers of the

world it lives in, like a child opening its eyes for the first time. Oh, how Daniel wishes he could be this oblivious. He weeps silently as he looks at the children playing happily in the grass. These children were born in a war-filled world but are protected from that realization. The parents watch them, surrounded by a protective air. Their seemingly joyful eyes hold the truth of horror. They know that someday they can no longer protect the children from learning the truth, but for now they let them be a soaring

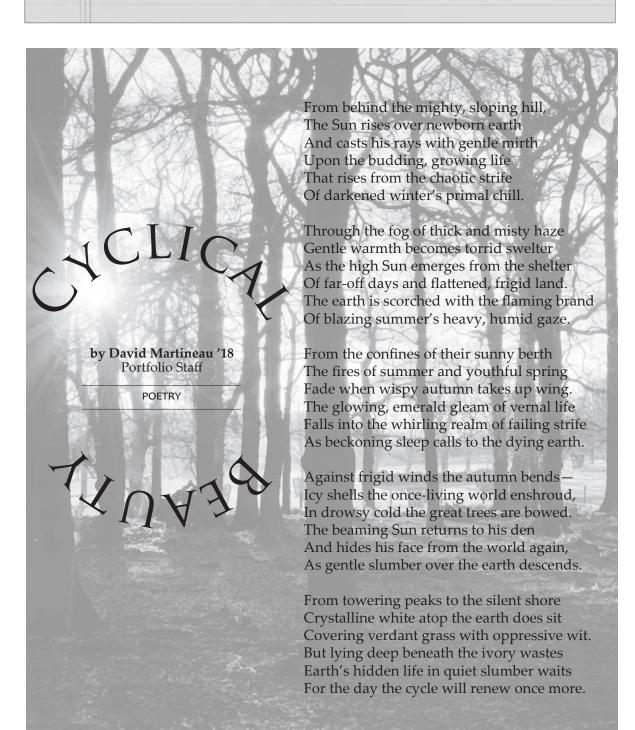
A dog barks and Daniel's eyes shift to a Dalmatian, its black and white fur stunning, beautiful—so beautiful and harmonious that Daniel begins to weep again. Oh, how wonderfully black and white coexist on one surface where neither color overpowers the other. Why can't the world be like this? Able to see how these two colors

fit perfectly together? The dog barks again and Daniel shakes his head, tears now becoming a waterfall. Where is a world like that? Why doesn't it exist? A hand touches his shoulder. Daniel looks up into the face of a smiling woman. "Come home," she beckons. He takes her hand and leaves the park behind.

Green grass begins to fade, the sun dims and clouds glide across the sky. A concrete slab rises from the ground as a woman appears, placing a red rose beside it. She sits down and stares at the words engraved: Daniel Jones 1830-1865. The woman sits there and begins to contemplate.



Listomania Things You Just Realized You Forgot at Home Katana Lobster Boiler Miniature Pet Giraffe Pants Military-Grade Laser Pointer Bubble Machine Pants Teddy Bear '80s Aerobic Workout Video



Right Sock

Cross Bow

Mom

Tiffany & Earl

Making PC an emotionally stable place one letter at a time

Dear Tiffany and Earl,

I just bought all of my books for my first semester of the Development of Western Civilization course, and I am SO excited!! I'm worried, though, about finishing all that reading on a weekly basis. Do you have any advice for reading strategies so that I can imbibe all of this glorious material in time for Seminar?

Sincerely, Dante-is-Bae

Dear Dante-is-Bae,

If you are not as lazy as your question makes you seem, you should be fine. Do you realize that in the time that you were writing and submitting this question you could have done your reading? Here is my advice: always tell yourself that you are on the verge of failing and that this reading is what you need to survive. Also, instead of writing me, you should have been saying your prayers and ACTUALLY READING.

I have a question for you, though: WHAT PERSON USES THE WORD IMBIBE? LIKE MY GOD USE WORDS THAT ARE USED IN EVERYDAY CONVERSATION. Do you go to Dunkin' and then say "mmmmm I'm gonna imbibe this most magnificent bean juice"? I certainly hope not.

XOXO,

Tiff-is-Bae



Tiffany

Dear Dante-is-Bae,

You have two options: go big or go home. All or nothing. If you want to read everything assigned, get to it. Now. Like, seriously. You're probably already behind as it is. Whatever your plans were this weekend, make sure you find somewhere to fit some Homer in. Start reading everything a week in advance and get that done. Otherwise, you have no hope of finishing that ungodly (or un-Zeusly depending on what part of Civ you're in) amount of reading they'll give you.

Once you realize that you'll never finish every reading ever, you're ready to pick your battles. Find as many Sparknotes as you can, and more importantly, find someone you can copy off of. Remember, an A you cheated to get is still an A. Also, it's only cheating if you get caught.





Disclaimer

The Tiffany & Earl feature is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.

THE COWL

If Mesopotamia Is the Cradle of Civilization,
Then We're the Cradle of Journalism.

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SPORTS

Women's Volleyball Looks to Improve Off of Promising 2014

by Joey Ciccarello '16 Sports Editor

VOLLEYBALL

For a Providence College Women's Volleyball Team that lost valuable contributors to graduation in 2015, the beginning of 2015 was a trial by fire for the unproven talent that must step up in order for the Friars to make noise in a crowded Big East this season.

This past weekend, the Friars kicked off the 2015 season in Chesnut Hill, Massachusetts, where they competed in the Boston College Invitational. After dropping the season opener to Sacred Heart by a score of 3-1, the Friars progressed in their next two matches. The second match saw the Friars drop a heartbreaking 3-2 match to host Boston College, but they rebounded with a resounding 3-1 win over South Alabama in the final match of the weekend.

Tuesday night brought about a new challenge for Providence, as they made the short trip to Smithfield, Rhode Island, to take on in-state rival Bryant University. The Bulldogs headed into the match with a glistening 3-0 mark, and proved to be too much for a Friars team that is is still finding their team chemistry this season. All in all, Bryant controlled the match from wire-to-wire, ending in a 3-0 victory that dropped the Friars to 1-3. Like they did this weekend, however, Providence was able to progress as the match



PHOTO COURTESY OF MICHELLE ORTIZ '17

dragged on, falling by only two and three points in the final two sets after dropping the first set by nine.

Providence was led throughout the weekend by outside hitter Kayla Fitzgerald '17, who now has 52 kills after just four matches to start the season. Fitzgerald was complemented by middle blocker Allison Impellizeri '19, who has impressed in the first four matches of her career.

Impellizeri has 41 kills to start the season, 13 of them in the victory over South Alabama. She and Fitzgerald, along with outside hitters Marina Rose '17 and Emily Horner '19, provide the Friars with a strong core of talent headed into the rest of the 2015 season.

Other key contributors thus far include defensive specialist Michelle Cruz '17, setter Jordan Wiesler '16, and middle blocker Nicole Fletcher '16. Coach Margot Royer-Johnson, now in her 16th season as head coach of the Friars, will surely continue to look up and down the roster for other contributors as a daunting Big East schedule looms large.

Providence will look to improve upon a 6-26 overall record from 2014, a mark that included a 2-16 Big East conference record. While this mark looks discouraging at first, the outof-conference schedule included a promising victory in the Friar Classic, and the Friars finished strong in Big East play, pulling off two victories over DePaul and Georgetown in the late stages of the season.

As for this season, Providence will stop next in New Orleans, Louisiana, where they will compete against Eastern Washington, New Orleans, and LaSalle on Sep. 4 and 5 before heading back home for a cross-town matchup with rival Brown on Sep. 8.

Other important events include the 11th Annual Friar Classic Tournament, where the Friars will host Saint Peter's, Fairleigh Dickinson, and Lafayette on the weekend of Sep. 11, and the Big East conference opener on Sep. 25 at Xavier. If the early season is any indication, the Friars will only get better as the season goes on, and an improvement from 2014 looks imminent.

Field Hockey Aims to Rebound This Season

by DJ Anderson '16 Sports Editor

FIELD HOCKEY

Losing a player like Daniella Bernasconi '15 is never easy. During her four years in Friartown, Bernasconi evolved from a young goal scorer to the heart and soul of an upand-coming Providence Field Hockey Team. With that being said, this year's team is ready and able to move on from the loss of the eighth leading goal scorer in program history.

First and foremost, the team is returning goaltender Deidre Clymer '15RS, who was selected to the All-BIG EAST second team last season. In her graduate year, Clymer is poised to become the best goal keeper in the entire conference. The coaches around the Big East Conference would certainly agree with this statement, as they voted Clymer to the pre-season All-Big East team on Aug. 20.

A veteran goaltender can carry a team through a season, and Clymer certainly capable of pulling her Friars through a grueling non-conference schedule.

Although stingy goal keeping is



PHOTO COURTESY OF WWW.FACEBOOK.COM

crucial to the success of any field hockey team, the creation of offense can prove to be equally as important. Luckily for the Friars, they have Megan Hamilton '18, a second-year sparkplug at the forward position. Hamilton took Friartown and the entire Big East by storm last season, scoring 36 points through the course of the Friars' 20 games. Those 36 points tied her for the team lead and

cemented her name in the record books as the highest scoring freshman in program history.

Hamilton will look to improve on the statistics from her freshman season, and will be a focal point of the Friar offense in her final three years. Like Clymer, the Big East coaches also took notice of Hamilton's performance last season, making her a unanimous selection for the preseason All Big-East team. If Hamilton is able to continue at her current point scoring pace, she could go down as one of the top players in the history of Friar field hockey.

The team has had a bit of a disappointing start to the season, losing games to no. 13 Boston College and Umass-Lowell. However, both games were on the road, with the team fighting hard in each of the contests. The Umass-Lowell game was especially heart breaking, as the team lost by a count of 3-2.

However, there were some positive takeaways for the Friars in this contest. Emily Matthews '16, one of the unquestioned leaders of this year's team, was extremely active in the contest. She had a total of six shots, three of which were on goal. She also added an assist in the contest.

The two Friar goal scorers, Abby Thornton '18 and Eleana Cardarelli '18, look to big parts of this year's team. They certainly left their mark on this game, which is a promising sign for the rest of the season.

The team will look to earn their first victory on Sep. 4, when they host the Michigan Wolverines at Lennon Field

22 The Cowl **SPORTS** September 3, 2015

PREVIEW



Men's Soccer Poised to Shine

Talented Group Looks to Build on 2015 Final Four Run

by Jeff Williams '17 Sports Staff

MEN'S SOCCER

The 2014-15 season was a banner year for Friar Men's Soccer. Craig Stewart's team won the 2014 Big East title and ran full speed to the Final Four. The Men's Soccer Team's run last fall captivated a campus that is usually basketball and hockey crazed. In fact, the NCAA Tournament ended up overshadowing the beginning of the basketball and hockey seasons to some degree.

In January, two Friar seniors were chosen in the 2015 MLS SuperDraft. The San Jose Earthquakes took goalkeeper Keasel Broome '14 in the third round, and forward Markus Naglestad '14 was chosen by New York City FC in the fourth round. Neither made their respective teams, but Broome subsequently signed with the New York Cosmos of the North American Soccer League and has been capped twice for the Barbados national team, notching a shutout against Aruba.

Meanwhile, the construction of the soccer and lacrosse complex began this spring. The funds for Chapey Field at Anderson Stadium, \$1.5 million dollars, were the generous donation of Karl and Kerry Anderson '88 and will be completed in spring 2016.

Several key players return for the 2015 season on a Friars team that is ranked 7th in the NSCAA's

preseason poll and third in the Big East preseason poll. Mac Steeves '17 comes into his third season as a bona fide star. With 14 career goals, including 11 last season, Steeves has shown natural talent as a striker. This summer he was chosen for the U.S. Under-23 Training Camp, and the All-Big East Team.

While Steeves' nose for the goal could take Providence far, fans cannot forget captain Julian Gressel '17, who was also selected for the

goals the German should be able to help Steeves make up for the loss of Naglestad's goal-scoring abilities, and Ben Seguljic '18RS must fill some big shoes by guarding the posts that Broome defended so well for three years. The other captains, defender Jeff Kilday '16RS and midfielder Manny Andrade '16, will provide valuable leadership as well.

The Friar men began their season at home on Aug. 28 against their

All-Big East Team. With 10 career in-state rivals, the Bryant Bulldogs. After a scoreless first half, Bryant scored in the 62nd minute. After 25 minutes of battling, the Friars equalized with two minutes left. Andrade dribbled up the right side and crossed to Brendan Constantine '19, who found Steeves in the box. Steeves slotted it home, sending the opener into overtime. Almost as soon as the extra period began, it ended. Gressel was taken down in the box and Steeves put away the penalty kick to win the game, 2-1.

Two days later, the Monmouth Hawks came to Providence to take on the Friars at Ray Treacy Track. Unlike the first game, the men in black and white wasted no time. Steeves struck in the 6th minute, tapping it into the corner of the net off of a crisp feed from Gressel. In the 49th minute, a powerful shot from Gressel rebounded off of the crossbar, and Steeves headed in the rebound for his fourth goal of the year after a second straight two score game. It ended 2-0, as Seguljic claimed his first career shutout.

The Friars will travel this week for games at Holy Cross and Rhode Island, before returning home to play Brown. The Big East title defense will begin on Sep. 26 at Georgetown.



PHOTO COURTESY OF WWW.FACEBOOK.COM

Women's Soccer Starts Strong

by Brannon Walker-Hodges '16 Sports Staff

WOMEN'S SOCCER

While Friartown is slowly getting back into the regular routines of classes and meetings, our Women's Soccer Team has already been busy with their regular season, which started before classes. The Friars have played four games and are off to a great start with a 3-0-1 record.

Their regular season began with a home win against the Marist Red Foxes on Aug. 21 at the Ray Treacy Track and Field Complex. The Friars' first goal of season came courtesy of Hannah Wear '17.

The goal came off of a corner kick from Lauren Elia '16, that was assisted by Juliana Pellegrini '18 for the goal by Wear. After Marist tied the game, the game-

winning goal for the Friars came at the 59:48 mark from Courtney Maguire '16, who was assisted by Elia. Goalie Kristyn Shea '17 recorded four saves.

The Friars quickly followed up that win with another home victory against the Syracuse Orange on Aug. 23, 1-0. The first half consisted of a defensive stalemate, as both teams went scoreless. Shea held her own throughout the entire match, as she recorded a shutout with another four saves, including an impressive back-to-back save effort as Syracuse attackers shot on goal from the top of the 18 yard

The lone goal of the match came from Catherine Zimmerman '16, 12:57 into second half. It was her first goal of the season. The goal was assisted by Madison Doherty '16. Head Coach Sam Lopes was pleased with the team's resolve

after a quick turnaround, an first loss of the season by the aspect that he believes will be key to team success going forward.

"We did many great things, but it's still early, so there is much to build on," said Lopes after the Syracuse win. Lopes continued to be pleased with the team's success as they earned a third consecutive home win 1-0 against their in-state rivals, the Bryant Bulldogs, on Aug. 27.

The Friars came out on the attack as they dominated the shot count with 11 shots on goal to Bryant's one. Zimmerman took the majority of the Friars' shots with seven. Shea continued to hold the line for the Friars as she recorded consecutive shutout efforts. The lone goal of the game came late at the 79:40 mark, courtesy of Kathryn Hiller '16, who was assisted by Pellegrini.

The Friars were handed their

Cincinnati Bearcats on the road this past Sunday, Aug. 30, with a score of 1-0. Shea continued to be solid in net as she recorded seven saves. The Friars were outshot by Cincinnati 16-10 in the match. Lopes acknowledged that winning on the road is no easy task.

"In order to win on the road you have to take your chances and find a way to get a result," said Lopes after the loss. Moving forward, the women's soccer team has the potential to put together a successful season, following suit after the Men's Soccer Team's run to an NCAA College Cup appearance last season. The women's team will rely heavily on the effort of their goalie Shea, and senior leadership from captains Zimmerman and Hiller.



High Expectations for len's Cross Country

by Bryan Blum '17 Senior Sports Writer

MEN'S CROSS COUNTRY

Everyone returning to Providence this fall remembers the success the school had in men's sports last season. The Men's Basketball Team made a second straight NCAA tournament appearance. The Men's Soccer Team won the Big East Championship and made a surprise run to the Final Four. And of course, the Men's Hockey Team won their first national championship.

But what seemed to fly under the sports radar was another impressive season by the Men's Cross Country Team, which finished 13th at the Cross Country National Championships.

Led by Coach Ray Treacy, the Men's Cross Country Team has been one of the most consistent teams on campus in recent years, and this year should be no different.

In order to achieve that success, they have to rely on some of the key members of last year's season including Julian Oakley '16, Trevor Crawley '17, and Tom O'Neill '18.

Oakley, a senior from New Zealand, is expected to be one of the best runners this season after a strong performance last year. As one of the elite runners for Providence in 2014, Oakley placed first in the open 5km race at the Coast-to-Coast Battle in Beantown, finished second at the New England Championship, and qualified for the National Championship, where he eventually placed 123rd.

Dual meet with a time of 18.53.70, placing second at the CCSU Mini Meet with a time of 14:57.46, and also placing 173rd (32:09.2) at the NCAA Cross Country Championships. As well as Crawley ran last season, Treacy expects him to play a larger role going into the 2015 season.

As a freshman last year, O'Neill's performance was strong for the Friars. He was named Corvias ECAC Men's Cross Country Rookie of the Week for the week of Sep. 3, named Big East Male Athlete of the Week for the week of Sep. 9, placed second at the Wolfie Invitational with a time of 24:53.61, and finished 44th at the Coast-to-Coast Battle in Beantown (9/26) with a time of 25:18.0.

Even though many talented Crawley also ran fairly well last runners are returning to the men's

year, placing eighth in the UNH cross country team, they still have to deal with the losses of Shane Quinn '15, who was an All-American that finished 26th at nationals, and Ben Connor '15, who was an All-American that finished 30th at nationals. Even without last season's seniors, the team still has many strong runners, but if they expect to be as competitive as they were last year, they need some runners to step up to replace the lost talent. With the always successful Treacy at the helm, however, there is still hope that the team can perform at an elite level.

The Friars hope to build off of last season at their first meet on Saturday, September 5 in Durham, New Hampshire at the UNH Dual

