



## PC Commemorates March on Washington

by Kathleen Sullivan '14  
News Editor

CAMPUS EVENTS

The 50th anniversary of the March on Washington and Dr. Martin Luther King Jr.'s iconic "I Have a Dream" speech inspired an interdisciplinary panel discussion last Thursday, September 5, in Slavin 112. Rafael Zapata, associate vice president and chief diversity officer in the Office of Institutional Diversity, delivered the first welcome at the talk entitled "How Far Toward Justice? The Arc of History 50 Years after the March on Washington," thanking those in attendance and noting that it was "incredible to see this room filled."

Father Brian Shanley, O.P., president of Providence College, delivered a few opening remarks, explaining how Dr. King's faith-based dream could fill a special role on this faith-based campus, as PC is a place where this dream of a "beautiful symphony of brotherhood" can be realized. He challenges the PC community to work to bend the arc more towards justice by reflection and addressing the challenges at hand.

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## Escalating Situation in Syria: Not So Distant from PC

by Matt Santos '14  
Opinion Staff

SYRIA

My brother just began his second year of optometry school at the New England College of Optometry in Boston. He lives in a small apartment a few blocks from Newbury Street with one roommate, a Syrian native who has lived in Toronto since he was 14 years old. When his roommate Skypes with family back in Syria, they can hear gunshots in the background. What grips the news circuits this week finds a reality in this downtown Boston apartment, reminding that tragedy which occurs on the other side of the world bears ramifications at home as

well.

As a second week of classes begins at Providence College, an international crisis reaches a tipping point with world superpowers seeking agreement. With a Syrian government using chemical weapons against its own people and videos of the resulting horror circulating around the internet, the United States and Russia attempt to reach an appropriate conclusion. While the United States has shown interest in military action, Russia has proposed that Syria surrenders its chemical weapons. It seems unreal to envision our nation on the precipice of engaging in another military conflict.

It is easy to see the rationale behind proposing this

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## Post Grad Panel at PC: Leading Lives of Service

by Kathleen McGinty '16  
Asst. News Editor

POST GRAD

While classes commenced just last week, seniors are already grappling with that looming question of what life holds for them after Providence College.

"It's constant," remarked Andrea Tempesta '14, a history and American studies double major. "[Senior year] hasn't even started, and people are asking me all the time."

For students who have yet to answer that imminent question, Teach for America, City Year, and Peace Corps, the organizations represented during an information

session and panel held this past Monday at the College, may hold the solution.

Teach for America, City Year, and Peace Corps, all organizations capitalizing on service work, grant college seniors the opportunity to commit one or two years post-graduation to alleviate some of the hardships and inequalities faced by residents of low-income communities. Improving and expanding educational opportunities and resources serve as some of the principal ways in which the three programs accomplish their similar goals.

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### A&E

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PC Men's Soccer Team Remains Undefeated

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## Remembering 9/11: It Still Matters

by Kathleen McGinty '16  
Asst. News Editor

### LECTURES

As 2,977 American flags, representing each of the lives lost on September 11, 2001, ornamented the lawn of the lower campus quad yesterday, members of the Providence College community commemorated the 12th anniversary of the terrorist attack on the Twin Towers at both the "Never Forget Project" remembrance ceremony and the "It Does Matter" soup and substance series event.

"Now, [Sept. 11 is] just like another day on the calendar of a lot of schools," said Katie Roche '15, one of the chairs of the College Republicans at PC. That is why the College Republicans has made its participation in the Young America's Foundation Never Forget Project a tradition over the past several years.

Started in 2003, the Never Forget Project serves as a way for college campuses and students to recognize and honor the events that transpired on September 11, 2001.

"While it is to memorialize 9/11, it's to recognize the fact that most colleges are ignoring 9/11 or holding politically correct events," Roche said. According to Roche, this year's ceremony, at which Father Augustine Reisenauer, O.P., held a moment of silence and offered a blessing at noon, had approximately 20 people in attendance.

While the Young America's Foundation may endeavor to increase recognition of Sept. 11 on campuses throughout the nation, the College hosted the first dialogue in a soup and substance series on Wednesday as well. Sponsored by Residence Life and Student Multicultural Activities, the "It Does Matter" event offered students and faculty the opportunity to discuss the current relevancy of Sept. 11 over lunch.

"We really had a great conversation," said Elena Yee, director of the student multicultural activities office and the Balfour Unity Center, noting that some attendees revealed for the very first time where they were when they learned of the attacks.

"We know 9/11 raised a lot of questions about who is God and where is God?" she added, explaining that Father Justin Brophy, O.P., who told of his experience and launched the discussion, was present to help those present grapple with such questions.

According to Yee, only three students attended the dialogue held in the Alumni Private Dining Room yesterday afternoon. Yet this new series, proposed just last year by Montgomery Thomas, a complex director, is still being developed, taking what is happening in the classroom and bringing it into residence halls by asking students challenging questions.

Marian Salama, complex director and coordinator of student programs and activities, stated that residents



Fr. Brophy leads a discussion about the relevancy of 9/11 at "It Does Matter."

were asked the "tough" question of whether 9/11 still mattered during floor meetings last week, noting that the question did not sit well with some students. However, Salama stressed that the question was supposed to challenge, not harm or upset, students.

"Part of it for me was that it was a rhetorical question," said Yee. "If it still does, how does it [matter] considering more time has passed?"

Whether the low student turnout indicates what Salama believes may be that students were not as engaged because the timing was inappropriate

following move-in, or because, as Yee suggested, students may be remembering the day in a more personal way, Yee noted that the entire campus engaged in this Sept. 11 discussion by participating in their floor meetings.

Yee and Salama welcome any student feedback and are currently seeking the best strategy to increase student engagement in answering the tough, challenging questions, like whether Sept. 11 still matters, at the monthly soup and substance series discussions in the future.

## March:

Continued from front page

The panel consisted of Dr. David Canton, an associate professor of history at Connecticut College, Dr. Kara Cebulko, an assistant professor of sociology and global studies at PC, Dr. Manu Vimalassery, a visiting assistant professor in American studies at Williams College, and Dr. Julia Jordan-Zachery, an associate professor of political science and the director of the black studies program at PC.

The first question posed to the panel was aimed at the historians; Zapata asked them about placing this march in the context of the struggle for freedom post-emancipation.

Dr. Canton began his response by pointing out that the March on Washington, and other marches of the same sort, represent symbols of freedom and democracy. He shifted his focus then to the fight for economic justice and discourse that was an essential but sometimes forgotten part of the civil rights movement. He stated, "We have to look at [economic justice] in a more nuanced way." When it comes to poverty, civil rights, economic justice, and more, marches serve the purpose of "citizens demanding what citizens are entitled to, nothing more, nothing less."



Members of the panel pose with discussion facilitator and Chief Diversity Officer Rafael Zapata.

Dr. Vimalassery revealed some hard truths of the current state of freedom in the United States, stating that a study of news and police reports on violence in 2012 "found that 313 black people were killed in the US by police, security, and vigilantes." It is not all doom and gloom though, Dr. Vimalassery stated. There are groups of people all over the country exemplifying the methods of nonviolent protest Dr. King advocated for in order to address issues like the Florida state laws after the Zimmerman case.

Dr. Jordan-Zachery centered her responses on the painfully obvious absence of women within the history of the March on Washington and the civil rights movement in general. She

highlighted a significant passage from another one of Dr. King's speeches, "The Trumpet of Conscience," "In the end we will remember not the words of our enemies, but the silence of our friends." She said that she always found it somewhat contradictory that Dr. King spoke about silence while remaining silent himself about gender.

Dr. Jordan-Zachery affirms that there is a silence that does not allow us to understand the de-gendering of the politics and deems black women invisible. She explained that we must follow the example of Dr. King and be brave enough to have the conversations that make us uncomfortable and talk about race and how gender is radicalized.

Dr. Cebulko discussed how race has historically informed immigration policy, and continues to follow that trend today. At different points in history, different ethnic groups and races faced discrimination through immigration policy, from the Chinese, to the Irish and Italian. She noted that political imagery directed towards Latinos today directly mirrors that of Irish immigrants at one time.

The last question the panel was asked was about the role of higher education in bending the arc more towards justice. Dr. Canton replied that education should address and work to eliminate all the "isms" and diversity should be part of the base of knowledge for all people. At that point, Zapata added, "Society is still separated by race and class," and college presents a wonderful opportunity to engage in the tough questions and learn.

Dr. Vimalassery noted that there is a moral aspect of education that should not get thrown to the wayside and replaced wholly by the technical aspect of finding a job and making money. Dr. Canton's last comment acknowledged that there is progress, but still a lot of work to do, and encouraged all to work towards balance.

# Grad: Life After PC

Continued from front page

According to Melanie Lazare of Boston-based Teach for America, educational statistics in the United States prove grave, with only 50 percent of students in low-income communities graduating high school by the time they are 18 years of age compared to 80 percent of students in high-income communities. However, through programs such as Teach for America, City Year, and Peace Corps, which send college graduates out into the educational sector to serve as teachers, such inequalities may be reversed.

"I think what's true of all of us [organizations] here, it is definitely about work that's more than you," said Lazare. "Think about how that's going to change this nation."

As an educator participating in Teach for America, City Year, or Peace Corps, graduating seniors accepted into one of the three programs receive a host of benefits including training, living stipends, and even networking and graduate school scholarship opportunities.

Yet for those not completely convinced about taking a year off after graduation for service work, Justin Reyes of the City Year in Rhode Island assures seniors that such a decision will not prove an obstacle or derailment. While networking and development opportunities are offered through the programs as stepping stones for life after service, Reyes urges students to view their service work as an opportunity to discover themselves, as was the case with Osvaldo Marti '07.

Marti, who grew up in Pawtucket, R.I. and majored in business during his time at PC struggled academically during his undergraduate career, calling himself a "staple" in the College's tutoring center. Finally pulling through, he took a moment to reflect on his desire to earn money as fast as possible.

"I realized how important a role education played in my life," Marti said. With that, he accepted a teaching position in Greater Philadelphia in 2007 with Teach for America. Ever since, he has never been able to see himself as a businessman sitting in a cubicle, explaining why he committed himself to helping others and now serves as the director of teacher leadership and development for Teach for America in Rhode Island.

Now, Tempesta is treading a similar path to that of Marti.

"I want to have this experience," she said. Tempesta has her application ready to submit to Teach for America, and although education reform and graduate school interest her, she is open to seeing which road a program like Teach for America could lead her down.

Details concerning application procedures and deadlines are provided on the websites of Teach for America, City Year, and Peace Corps, respectively, and all three organizations will be recruiting on campus throughout the academic year.



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# Friars on Tires: Providence College Cycling

by Kathleen Sullivan '14  
News Editor

CLUB SPORTS

Providence College students now have a brand new opportunity to exercise, improve their health, socialize, and enhance their knowledge about everything related to bicycles. Tom Barnett '16, a political science major from Freehold, N.J. is the president and founder of Providence College Cycling, or the Friars on Tires. "The passion I feel for cycling is one hard to capture in words, not because it is faint, nor foreign, but because it transcends the physical ride itself," he explains. His enthusiasm spans on and off the road too, as he is also treasurer and secretary of the newly formed Chess Club on campus.

Barnett's father was an avid cyclist, a pastime that Barnett grew to share with him from a young age. He frequently accompanied his father on long bicycle rides as a kid, and kept up his athleticism by playing a number of different sports like baseball, soccer, and basketball. By the time he became a freshman in high school, however, his main focus was cycling.

Barnett worked with a cycling coach from the time he was 16, and at that age he was able to become an "advanced" cyclist. He is a six-time New Jersey State Champion in cycling, and even competed in the



PHOTO COURTESY OF PROVIDENCE COLLEGE CYCLING FACEBOOK PAGE

Tom Barnett '16 places second in the "Rhode Race" in Providence this past spring.

Junior Tour de France in Canada, where he placed 22nd in the nation. Over the summer he increased to an "expert" cyclist, and plans to keep training and improving.

Barnett came to Providence College for the strong liberal arts program and academics, but he wished to continue his love of cycling here as well. He says, "To have a chance to bring my passion, the ride, to the PC community, to my new family in the form of Providence College Cycling, is an unparalleled blessing."

Last year, he connected with a

fellow cyclist at Brown University and was able to work with the cycling teams at Brown and RISD. There he gained invaluable knowledge and got acclimated to the city. He also worked with the director of Collegiate Cycling and the director of the ECCC (Eastern Collegiate Cycling Conference) who were both very helpful in getting him off the ground.

Throughout this past spring, Barnett competed in races in the ECCC all over the northeast, and in the RISD-Brown "Rhode Race" in Providence, where he placed

second and qualified for the national championships.

Upon all this individual success, Barnett was able to take steps in the form of financial backing and a school wide email to which he received about 30 respondents expressing interest in cycling. Through posting flyers on campus he connected with the current vice president of the cycling club, Liam Sullivan '15, and they both hope to take the momentum from the spring into the fall.

The mantra of Providence College Cycling is one of passion and perseverance. Barnett expresses his passion for the sport in this way, "For from riding and racing, the friends I have made span continents; the lifestyle I lead keep both my mind and body strong; and the drive I wield to overcome any hardship—whether a mountain climb by bike or a mountain climb by circumstance—are extraordinary blessings two wheels have brought me."

As of the start of this new school year, Providence College Cycling is the newest official club sport, right now comprised of seven racers, ranging from freshmen to juniors. The list of interested students continues to grow, and Barnett encourages all students to join.

## Congress Updates

by Elizabeth Nako '15  
News Staff

STUDENT CONGRESS

- The first 64th Student Congress meeting of the 2013-2014 year took place this past Tuesday at 5:30 p.m. at the Fishbowl in Slavin.
- Student Congress hopes to increase club collaboration. They are thinking of possibly having a challenge at the Friar 5K this year between Congress, BOP, and other clubs on campus.
- The Class of 2014 announced that their first Senior Night will take place on Friday, September 13 at McPhail's. They ask seniors to show up between 9-10 p.m. and the theme will be America (i.e. come dressed in red, white, and blue). Also, the senior semi-formal night will take place on Nov. 22.
- Kristine Goodwin, vice president of student affairs, spoke to Student Congress to answer any questions they might have regarding changes being made on campus. Also, Goodwin announced that the following places on campus have extended their hours: Residence Life and SAIL are now open until 6:30 p.m., Career Services is now open later, and the Concannon Fitness Center is now open until midnight on Fridays and Saturdays, and until 10:30 p.m. on Sundays. The track and field will be open to students and faculty the last week of September.
- Publicity is planning on working with PCTV to do a live feed for Student Congress meetings. They also encourage students to check out the new PC app.
- The piece of legislation SCR-64-01 explains the allocation process of the student activity funds to 51 clubs and organizations on campus. The exact values will be included in the legislation by the next meeting.
- The piece of legislation SCB-64-01 goes over the elections schedule for the Providence College 2013-2014 academic year. The Class of 2017 elections will take place on Tuesday, October 1 and Wednesday, October 2.

## Provapalooza 2013

by Jackie McCarthy '14  
News Staff

CAMPUS EVENTS

Providence College's annual Provapalooza took place on Friday, September 6 to kick off the school year. The appropriate theme for this year's unusually chilly Provapalooza was essentially a goodbye/homage to summer. The festival took place on Slavin Lawn from 7 p.m. until 11 p.m., allowing students to come and go as they pleased. The event was co-sponsored by BOP, SAIL, Campus Ministry, BMSA, and PC Athletics, all of which had their own booths on the lawn where students could snag a free pen or T-shirt and sign up for upcoming retreats and events.

The "homage to summer" theme was made apparent in the "oversand vehicle permit pass" T-shirts distributed by BOP, picnic tables, Dave Matthews cover band, lawn games, and food trucks. The food trucks included Fugo, Paco Taco, a frozen lemonade truck, Haven Brothers, an ice cream truck, and Lady Copacabana. These food trucks seemed to have been a hit at the event as the lines extended a long distance from the windows of the trucks where students received their taquitos and pulled-pork gyros. Other features of


Provapalooza worth noting were the bouncy play-pen and bungee-cord station, which drew a lot of attention, and the Dave Matthews cover band that played well-known Dave Matthews hits for the majority of the evening.

Provapalooza was the cap to what Kate Ryan '14, this year's BOP president, called, "a very busy week on [BOP's] end that consisted of the 'Find your Nemo' event, marketing/promotional event, outdoor movie, and the weekend programming event *60 Seconds or Bust*." She also said, "Our job, as the Board of Programmers, is to put on events that are appealing to the entire student body, not just one group." The feedback BOP received after throwing this event was extremely positive, which showed in the sheer numbers in attendance. Ryan says, "The time and dedication put into this event by every board member should not go unrecognized. A special thanks to our Social and Entertainment committees that allowed this large-scale event to go off without a hitch."

Given the reactions of all those who attended this year's Provapalooza, BOP is confident that it will be able to generate an even greater level of excitement at its other events this year.

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# OPINION

## We Remember to Avoid Indifference

### September 11, 2001 Still Matters

by Kelly Sullivan '15  
Opinion Editor

NATIONAL

September 11, 2001, does it still matter? Of course it does. Simply stating the date "9/11" evokes emotion in most people. Memories come flooding back. Where you were, how old you were, how you found out.

Hijacked airplanes flew into the Twin Towers causing them to collapse. The administration of George W. Bush declared that the US was actually under attack from the terrorist group of Al Qaeda.

This was a tremendously evil event—people flew airplanes into buildings for the sole purpose of

killing as many people as they could. Almost 3,000 people died.

This wasn't just another attack we see on the news in an obscure place we don't recognize; this was in our own backyard, in New York, a place we all know and can imagine in our mind. We can't be indifferent to evil, especially when it happens right in our own country.

Sept. 11 must always be remembered so that it won't happen again and so we can learn to respect our fellow Americans. People must honor those who are devoting their lives to keeping the United States a safe and free country. No matter what your political views are, we must admire our troops, our firefighters, and our police officers, those who took care of us on that day and continue to look over us.

Our firefighters and our police officers at the scene on Sept. 11 risked their own lives to help save those who were on the planes and in the Twin Towers. We need to respect them and appreciate all that they do.

A perfect example of honoring all those keeping us safe is the recent addition to the T.F. Green Airport, right here in Rhode Island. The Rhode Island Military Organization (RIMO) Military Lounge has recently been created for servicemen and women and their families who are in between flights. The lounge has been built and run completely by volunteers and community donors. In the big picture, this small lounge isn't much, but it's a start. It offers service men and women a

small piece of comfort, a sign of appreciation from the community.

Following other Rhode Islanders actions, we must be mindful of those who work on our behalf everyday. As we attend discussions like 9/11 It Still Matters, we must remember the events and keep the conversation going.

As we honor the 12th anniversary of September 11, 2001, we must keep those innocent people who died and those men and women who risked their lives to help out at the scene in our minds and hearts. Innocence was lost on that day and we can't forget that. We must remember September 11, 2001 to avoid creating an indifference to evil.



## SYRIA: Let Us Have Hope

Continued from front page

military strike, to see why the pressure of such action may allow for an end to a particularly gruesome kind of violence which currently ravages Syria. While President Obama asserts that Russia's willingness to remove chemical weapons from Syrian control will not immediately end the conflict which has carried on there for two years, it will help towards ending the kind of widespread and undiscerning brutality which has so horrified the American people these past days.

In the face of these conflicts, what can we do as Providence College students, how can our actions influence or assist? As a 21 year old senior in college, I can't pretend to have the answers, but some things come to mind. First, we can hope. We can hope that world leaders will be able to continue this vein of diplomacy and simply remove these chemical weapons from Syria. Before slipping into pessimistic gloom we may ride out the glimpses of positivity we still have. Second, we can support one another. Whether it's someone you know with friends or families overseas, my brother's roommate with family still in Syria, or simply a classmate anxious of the prospects of the future headed toward more conflict, be the support for others who may struggle in such difficult times. Third, we can prepare to be the individuals to one day live in this world.



PHOTO COURTESY OF WHITEHOUSE.GOV

President Barak Obama and members of Congress discuss Syria in the Cabinet Room of the White House on Sept. 3.

In our second week of classes we ponder the potential of a third conflict within our memory. As the twelfth anniversary of the Sept. 11 attacks passes, one cannot help but feel the gravity of another such occurrence. But this is the world in which we will spend the remainder of our adult lives. We can shy away from the

responsibility that carries and continue bearing the apathetic label attached to our generation. Or, we can do all we can to thrive. We can understand that those occurrences overseas hit home, affect our daily lives, and may continue to do so in the future. I don't know about you, but I could certainly benefit from being a little less aloof at

times, from attempting to be engaged, from trying to be informed. That reading this week is really long, that bar special downtown sounds super enticing, but my brother's roommate hears gunshots going off when he Skypes with his family.

Providence College's  
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#### Tiffany & Earl Note

The Tiffany & Earl feature in Portfolio is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.

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## The Cowl Creates Feature For Current Events In Brief

by Kayla Fernandes '14 &  
Keely Mohin '14  
EIC & Associate EIC

EDITORIAL

If statistics can be trusted and the previous generation is correct in their negative suppositions about our demographic, there is a good



chunk of us who cannot really say much about Bashar al-Assad, why President Obama ignited an international debate over his actions, or if Sarin is a chemical weapon or the name of a rising new pop star from Northern Europe.

Fellow Friars, *The Cowl* is here to help. In an effort to educate our fellow students about important current events that affect us all on a national scale, we are instituting a new feature in our News section entitled "Time to Burst Your PC Bubble." Starting next week, expect to find about six news briefs that will enlighten you about international relations, the United States Congress, the judicial system, and more.

But if you cannot wait for next week, flip to the opinion section for an article by Matt Santos '14 on the horrific situation in Syria. Sure, we may actually know that Sarin is a poisonous gas and not, in fact, a pop star, but you can see how it is easy to be flippant about

our ignorance and make fun of our unjustifiable ignorance. Santos does an incredible job of bridging the gap between PC students and the innocent and suffering civilians in Syria.

Amidst our concern with last week's golf party, our classes, or our ever-present exams and papers, we at *The Cowl* challenge you to become more engaged, more informed, and more sympathetic to the plights of others. It should not take such a drastic event as the death of hundreds, even thousands, of Syrian citizens to spark a debate over international issues. Situations like Syria's are ones that affect us each and every day, even if we are an ocean away from the battle zone. We hope our efforts inspire each of you to turn on CNN, MSNBC, or Fox News and participate in the world around you.

## Learn to Cope with the Effects of College Pressure to Perform Has Detrimental Effects

by Nicole Corbin '15  
Opinion Staff

COLLEGE

Do you ever feel as though no matter how organized your planner and calendars are, or how well calculated your time management is, it just isn't enough? Does it always feel as if your best efforts to stay on target are futile? Yeah, me too. In the end, the hard work pays off, but the journey can feel like a losing battle. That is because today's college students are facing multiple pressures that are causing anxiety and other negative effects.

First, there is the pressure of everyday course assignments, readings, exams, and research papers. This should come as no surprise, that's what college is all about; however, the days of the "gentleman's C" are far behind us, and anything less than an A- is considered subpar (while a B feels like the verge of failure).

On exam day, everybody in the room starts questioning each other about how many hours they've studied for the

test, and on a day when a paper is due they're interrogating the person next to them about how long their paper is and how many sources they've cited. Then, when someone has studied for four hours over your two and a half, you start feeling inadequate and panicky and the paranoia is overwhelming. Of course, when you've written 10 pages and your friend wrote 15 you feel as if you shouldn't even bother handing in the paper.

Competition between peers is a good thing (forget those little "participation trophies"); it's what keeps us improving. But why is this sense of competition and the pressure to succeed so strong nowadays? Perhaps it's our struggling economy and a bleak job market.

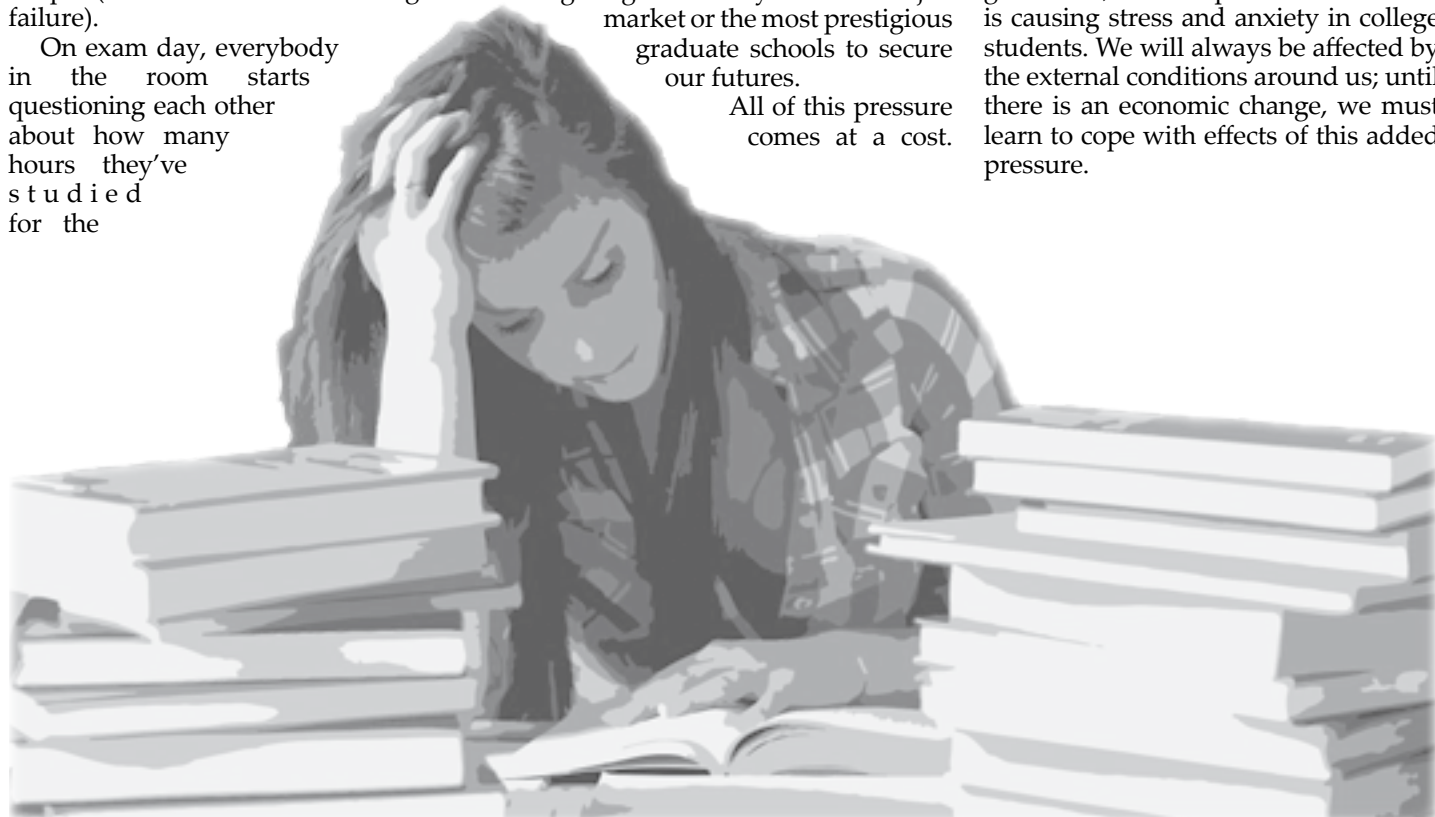
A college education is supposed to set you free, but right now our job prospects seem dark and gloomy. Only the best succeed, so we're trying to outdo our classmates because we're fighting our way into the job market or the most prestigious graduate schools to secure our futures.

All of this pressure comes at a cost.

According to a 2012 study conducted by the American College Health Association, more than 11 percent of college students have been diagnosed or treated with anxiety and 43 percent of students reported having "more than average" stress.

Stress and anxiety have negative repercussions that include insomnia and caffeine addition (is the latter just me?). This same study reported that 44 percent of students felt "tired, dragged out, or sleepy" during the day for three to five days in the past seven days the survey was conducted. Additionally, 25 percent of students admitted that sleepiness during daytime activities is "more than a little problem."

College is hard. It's not supposed to be easy. However, today's college students are facing more overwhelming pressure than ever. Our futures hinge upon our performance in college because there just aren't enough jobs to go around, thus the pressure to succeed is causing stress and anxiety in college students. We will always be affected by the external conditions around us; until there is an economic change, we must learn to cope with effects of this added pressure.



Are you good with words? With cameras? With design? Are you interested in recording class memories?

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Contact Advisor and Off-Campus Living

Director Richy Kless at rkless@providence.edu

## Faith Matters: Know Your Limits

by Fr. James Cuddy, O.P.  
Campus Chaplain

CAMPUS

I used to be an athlete. I was a pretty good basketball player. For a brief period of time I held a high school record in track and field. And while I was never a great fielder, I could hit the cover off of a baseball. Yes, I used to be quite an athlete. Used to be.

The other day I agreed to attend a fitness class in Peterson. It's a program called Body Combat, a cardio regime wherein participants strike, punch, and kick their way into great shape. (The website talks about something called kata. I don't know what that is, but I think it's a verb.) Body Combat is inspired by mixed martial arts and draws from a wide array of disciplines such as karate, boxing, taekwondo, tai chi, and muay thai. (Again, not sure what that is. Perhaps it has something to do with kata.) In any event, it's the world's most popular martial arts group fitness class. And it almost killed me.

The class itself wasn't so bad. I looked like an idiot jumping around—something like a cross between Chuck Norris and Sheldon from *The Big Bang Theory*—but I wasn't completely exhausted during the class. It was the next morning. When the alarm clock went off, the only things I could move were my eyes. I commanded my body to get up, but it responded with mutinous disregard as if to say, "You're the one who decided to go to that stupid class. I'm staying in bed until further notice. Now leave me alone."

And so here I am, a prisoner in my own bed, staring up at the ceiling and writing a *Cowl* article. My mind is wandering back to former days of athletic ability and I am reminded in a profound and painful way that those days are long gone. And strangely, I'm happy for the reminder.

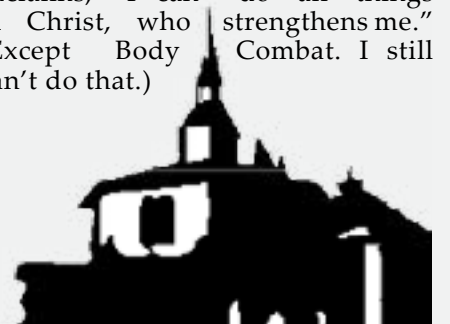
It's good to experience our own limits from time to time. It's good

to recall that we are not bulletproof. It's good to realize that we cannot do it all. Otherwise we might buy into the myth of self-sufficiency. We might believe that we've got our lives totally under control. We might believe that we don't need anyone or anything to help us along our way. We run the risk of forgetting just how much we need God. And then we're in real trouble.

Now nobody enjoys the experience of failing. We get embarrassed when our weaknesses are on display for the world to see. Like an aging Dominican flailing and kicking wildly around a fitness class, it's not pretty. But while it's perfectly fine to want to minimize those moments of public humiliation, it's important that we not hide them from ourselves. It's important because that self-acknowledgment marks the moment when we call God into our lives and ask for his grace and mercy.

This is what Saint Paul had in mind when he wrote, "I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me." Imagine that! Actually boasting about one's weaknesses! The key to understanding that sentiment is remembering that we're not rejoicing in our shortcomings or sinful inclinations, but celebrating the fact that we have a Savior and Lord, a brother and friend, who visits us in our weakness, pardons all our faults, and helps us to do things that we could never do on our own.

Don't be afraid to acknowledge your own limits and struggles. But rather rejoice with Saint Paul as he exclaims, "I can do all things in Christ, who strengthens me." (Except Body Combat. I still can't do that.)



# Not All College Degrees Pay Off Equally

*Place Your Interests Above Future Expectations*

by Christina Moazed '15  
Opinion Staff

COLLEGE

Not all college degrees guarantee equal success. Working hard in college does not necessarily affect the growing unemployment rate following graduation.

The risk of unemployment is generally higher in non-technical majors, including the arts (11.1 percent), humanities and liberal arts (9.4 percent), social science (8.9 percent) and law and public policy (8.1 percent), as specified by a Georgetown University study.

What college graduates earn also depends on their major. At the extreme, Georgetown states, "the highest earning major earns 314 percent more at the median than the lowest-earning major at the median." The highest earning college majors involve evolutionary human advancements, including the high technical business and healthcare industries. Computer engineering

majors graduate earning the highest median salary of \$70,400, chemical engineering is \$66,400 and computer science is \$64,400 according to *Forbes*. These careers are currently facing a demand and are constantly in need of growth.

The lowest earning college majors (\$42,000) include education and psychology. If education were to become a free market industry, eventually there would be more desirable, high-paying educational jobs in this country. The *Wall Street Journal* states, "The Korean private market has reduced education to the one in-school variable that matters most: the teacher." In South Korea, teachers are paid according to the demand for their skills. A brilliant and high-demand teacher, Kim Ki-hoon, earns \$4 million a year. "The harder I work, the more I make," he said. This system has been seen to advance improvements in education and innovation among both students and teachers.

South Korea has become an academic superpower. Sixty years

ago, as explained by *WSJ*, a large percentage of South Koreans were illiterate. Today, South Korean 15-year-olds place No. 2 in the world in reading. Also, according to the *WSJ*, "47 percent of eighth graders are ranked 'advanced.' In the US: 7 percent." There is always room for progress. We should be learning from global educational systems to adapt and restructure our internal establishments. Rightly so, South Korea has radically enhanced its education methodologies over the past several decades and now consistently outperforms the US.

Interestingly, the major groups that have the greatest concentrations of women are health (85 percent), education (77 percent), and psychology and social work (74 percent). All these areas are concerned with caring and nurturing others. The majors with the highest percentage of men at around 97 percent are naval architecture, marine engineering, mechanical engineering, and related technologies.

Before you consider changing your major because it may result in unemployment or a low-paying wage, remember to make the effort to stay true to your passions. Graduate education elevates earnings substantially. The ordinary salary for B.A. degrees is currently \$48,000 in relation to \$62,000 for graduate degrees.

For the most part, the future is inherently unknown. Understanding your field will take you far, but listen to your innate talents first. Legendary comedian Will Ferrell majored in social work. Even Ashton Kutcher majored in biochemical engineering before building the courage to act upon his natural gifts. Place your interests above future expectations when choosing a major, but remember to always be responsible and informed in your decision.





# PHOTOGRAPHY

The Cowl 9

September 12, 2013



SAADIA AHMAD '14/ THE COWL



SAADIA AHMAD '14/ THE COWL

**ABOVE LEFT:** Habitat for Humanity holds an informational meeting on Wednesday evening. Applications will be available in the Campus Ministry Center.



SAADIA AHMAD '14/ THE COWL

**LEFT:** On Wednesday, September 11, the Men's Basketball Team celebrates the beginning of the upcoming season with a BBQ for season ticket holders.

**ABOVE:** Radio station WEEI stations itself in the Slavin Atrium on Wednesday, September 11, and interviews Men's Basketball Coach Ed Cooley.



JESSICA HO '14/ THE COWL

**ABOVE:** As per its yearly tradition, the College Republicans plants 2,977 American flags on the Lower Quad to remember and honor the lives lost on September 11, 2001. There was also a moment of silence and prayer led by Fr. Augustine Reisenauer, O.P.

Compiled by Saadia Ahmad '14, Photo Editor



SAADIA AHMAD '14/ THE COWL



SAADIA AHMAD '14/ THE COWL



SAADIA AHMAD '14/ THE COWL

**ABOVE:** On Tuesday, September 3, the SAIL Office and Student Congress held their biannual Involvement Fair, featuring over 80 student clubs and organizations.

**ABOVE:** In honor of the 50th anniversary of the March on Washington, the Office of Institutional Diversity brings in an interdisciplinary panel of professors from PC and other colleges in the New England area. The panel discussion gathered over 200 people.



SAADIA AHMAD '14/ THE COWL

**LEFT:** The Accounting Association kicks off the school year with an information session on Wednesday evening, providing pizza and opportunities to network with recruiters from the field.

**RIGHT:** On Saturday, September 7, PC After Hours sponsors a Grocery Bingo event following the "60 Seconds or Bust" game show.



SAADIA AHMAD '14/ THE COWL



# ARTS & ENTERTAINMENT

## ORANGE is the new BLACK

by Marisa Urgo '14  
A&E Staff

CULTURE

Imagine this: You are about 30, with a fantastic romantic partner you are going to marry and a successful business. One day, out of the blue, you get a call that a stupid choice you made when you were 22 is coming to haunt you, and you need to go to jail for 15 months. That is exactly what happened to Piper Kerman, author of *Orange Is the New Black* and inspiration for Netflix's newest hit of the same title.

In the show, Piper Chapman is based off of Piper Kerman. When she was 22, Chapman was dating Alex Vause (Laura Prepon), a sexy associate of an international drug cartel. Generally, Chapman was not involved in the business, but made the decision to

smuggle drug money for Alex when she was in a bind. Only once. That one-time decision sent her to jail for a year and three months.

*Orange Is the New Black* is an absolutely phenomenal show. First, the story line is engaging. While she is in prison, Chapman finds out Vause is actually serving a sentence in the same prison that she is. This twist sends her and her fiancé, Larry (Jason Biggs), into a nervous, downward spiral. It is fascinating to watch the way Chapman changes throughout the show. At first, it was easy to feel sympathy for Chapman because she clearly did not belong in a prison. She appeared to be a good person who just made a poor decision influenced solely by love. As the series goes on, it gets more difficult to love the protagonist as she becomes more involved with prison life and

less involved with the outside world. By the last episode of the first season, the Chapman we see is nothing like the Chapman in the beginning. We see the struggles she has to go through and how they have turned her into a colder person. For example, on her first day, she makes an offhanded comment that the "food isn't great." Unfortunately, she is overheard by the head chef, Red (Galina Reznikov), who decides to starve her by refusing her food until she can come up with a proper apology. Making an apologetic gesture is apparently a lot more difficult in prison. These changes are realistic and gradual, and that is why many people find the show so compelling.

The best part about the show is the ensemble of characters. It is difficult to think of many shows on television with such complex, diverse characters. Almost all ethnicities, ages, sexual orientations,

and religions are represented. Each character has his or her own backstory that is explored throughout the season. Each ensemble character matters just as much as Piper. The funny thing is that you come to love the characters so much that you understand why they committed the crimes they did. One motif that is well executed is the difference in the two religious characters. There is one nun in the prison, and she believes in treating everybody with love. The other religious character is Tiffany "Pennsatucky" Doggett (Taryn Manning – remember Britney Spears' *Crossroads?*), a drug addict prisoner who preaches about God and healing others.

Kerman's book is just as enthralling as the show. While avid fans eagerly await season two, new viewers can watch season one on Netflix and read the book.



# Miley's New Image



PHOTO COURTESY OF goblinmag.com

by Kelly Laske '16  
A&E Staff

MUSIC

It is safe to say there had been a point in time when Miley Cyrus was running the world. From her mega hit television show *Hannah Montana* to her platinum albums and big screen movie gigs, the then-teenage Miley Cyrus was making all the right decisions when trying to succeed in Hollywood. Now Miley is growing edgier by the day, and has completely distanced herself from her squeaky clean Disney-girl image. Her buzz cut hairstyle, barely-there clothing, and obnoxious tongue sticking out have people dying to know: is Miley damaging the future of her career, or is she making decisions that will bring her even more wealth and success?

With her new short and spiky bleached blonde cut, Miley Cyrus had many considering this a first sign of a mental breakdown similar to Britney Spears' buzz cut stunt in 2007. Were the pressures of Hollywood getting to her head? In a recent poll conducted by the *New York Post*, parents were asked what celebrity was the worst influence on their children: Miley earned the top spot, angering over 68 percent of the 2,400 parents polled. Why are parents so appalled by Miley's display of bad behavior? It is simply because they are disappointed. Miley entertained their

daughters for years, and with the show having ended two years ago, a whole generation of girls still want to know what she is doing. In August 2013, after her trainwreck performance at the VMAs, parents found her behavior—sexual gestures and all—to be unnecessary and harmful to their children, whom they fear will mimic her actions and appearance.

On the other hand, did this atrocious VMA performance better her career and boost her stardom even more? Some critics, such as *Rolling Stone*, believe Miley's career actually benefits from doing this bizarre performance. *Rolling Stone* told her she "stole the night, which is why the nation is still in recovery." Other celebrities, such as Kelly Clarkson and Kelly Osborne told her she needed to clean up her act. During this performance, the Twittersphere produced over 306,000 tweets per minute about Miley, more than the Super Bowl. Despite the large amount of criticism coming from parents around the world, Miley got exactly what she wanted: publicity and a sizable raise. Her song, "We Can't Stop," which she performed at the VMAs, rocketed even higher on the charts the next day. More recently, "Wrecking Ball" has claimed number one on iTunes, exceeding 30 million views in one day. Although she is turning heads (and not necessarily in a good way), Miley is doing exactly what she wants to do with her career.

## Luther Brings Murder Mystery

by Mary McGreal '15  
A&E Staff

MUSIC

If you watched the 69th Annual Golden Globe Awards, you may remember Idris Elba winning "Best Actor in A Miniseries" for his role in the BBC One miniseries *Luther*. Elba, a veteran of both the big screen and the small, serves as both the title character and producer of the show. He can be seen in three seasons of the award-winning HBO show *The Wire* and the recently released *Pacific Rim*, just to name two of his many projects. The first season aired in 2010 in the UK and the third, potentially final, season wrapped up during the summer of 2013. The entire series so far amounts to 14 one-hour episodes with rumors of a film in the works.

If you have not watched *Luther* yet, you really should. Living in the US is no excuse not to. The show airs on BBC America, and seasons two and three are currently on Netflix. The miniseries follows the life of DCI John Luther, a London detective who works on serious and serial crimes. In comparison to an American television series, *Luther* approaches the genres of crime and murder mystery from a psychological point of view. While some crime dramas may wrap up neatly at the end of each episode, *Luther* does exactly the opposite. Disturbing tales of copycat serial killers and murderous vigilantes snake their way through the season, leaving Luther frantically trying to apprehend them. More questions are raised than are answered, but each episode of the third season is satisfying in a slightly unsettling way. What the audience sees in the most recent season is a mature Luther who has developed over the course of three years. This Luther is still as clever as he proved to be in the first episodes, but more cautious and world weary.



PHOTO COURTESY OF blogs.bet.com

Luther has lost family and friends, and there seems to be fewer and fewer people in the world who want to support him. Notably absent from season three is Alice Morgan (Ruth Wilson), a mainstay of the first two seasons and is perhaps the best definition of a "frenemy." In her place is Mary Day (Sienna Guillory) with whom Luther begins an ill-fated romance. The interpersonal relationships depicted on the show are just as interesting as the crimes the detectives attempt to solve.

Each episode is an hour, so you can get through the whole series quickly, in a little over half a day if you are feeling ambitious. The ending of season three is satisfying, but ambiguous enough to allow for future storylines. As a psychological drama it is just as much about solving people and the mysteries behind them as it is about solving the crime.



## Let's Rant

This Week:

### Lady Gaga's Relevance

by Alanna Smith '14  
A&E Staff

MUSIC

It has been over a year since Lady Gaga had any real presence in the music scene. Every once in a while, a friend would tell me some rumor about her moving to an isolated and obscure corner of the world, or I would hear "Just Dance" drifting out of a storefront as I walked past—interestingly, her most enduring single was one of her first, but more on that in a bit. And now, out of the blue, she is back with a new album (*ARTPOP*) set to be released in November. The album's first single, "Applause," received a rather lukewarm response. According to *Entertainment Weekly*, it only sold 218,000 downloads in its first week.

Has Gaga lost her touch? While public opinion of this eccentric entertainer is highly polarized, it is impossible to ignore or deny the mark she has made on the music world. As much as I personally may enjoy most of her music, I have a sneaking suspicion that her days at the top of the entertainment heap are numbered.

You only have to check out Gaga's music video for "Applause" to get a sense of where she is headed. While many of her previous videos told stories, and were loaded with striking clothing and settings, this video falls flat. Yes, it has the bizarre costumes and the risqué dancers, but it lacks a narrative and a unifying soul. Not one of the outfits or choreographed sequences is especially memorable, and the whole spectacle feels tired and recycled. Much of the problem is in the song itself. The lyrics are a half-hearted description of a performance artist's life—which you can only really notice if you can hear past Gaga's horrendously blurred diction. The song does not contain any climatic or cathartic moments, unlike many of her earlier songs. "Bad Romance," for example, is loaded with raw emotion in addition to an extremely catchy chorus. The style may be high energy, but the overarching feel of "Applause" is rushed and lazy.

Another potential problem for Lady Gaga is that the world is moving away from the fad of dance music. We are currently turning to alternative rock bands like Imagine Dragons, and to the refreshing and heartfelt sounds of Macklemore and Ryan Lewis. Gaga will continue to shock us by wearing bird cages and God knows what else on her head, but unless she breaks out of the complacency that often accompanies "the fame monster," so to speak, she will not be able to keep up in the violently fast-paced world that is popular culture. Stars that burn too bright and too fast always risk burning out.

PHOTO COURTESY OF digitalspy.com

# TFiOS: From Page to Screen

PHOTO COURTESY OF [teenlitrocks.com](http://teenlitrocks.com)

by Serena Ambroselli '16  
Asst. A&E Editor

## FILM

For anyone who has not yet read John Green's *The Fault in Our Stars*: stop right now, go purchase or borrow this novel, devour it, and then proceed to join the rest of us in obsessing over the pure literary perfection of this creation and in eagerly anticipating the upcoming movie adaptation. Although a story about teenage cancer patients may not seem like an obvious choice for some light reading, it has been emphatically recommended by those who have already delved into the pages between the blue covers. Many would agree with the claim that movie adaptations are never up to par with their leather-bound counterparts,

however *The Fault in Our Stars* is promising for a few different reasons.

Currently filming in Pittsburgh, with Josh Boone serving as director, *TFiOS* is in good hands by default—John Green has been devoting his time to being on set to watch his work become a visual reality. It is safe to say that the author of the novel would not likely allow all of his hard efforts to be transformed into a piece of cinematic disappointment. And despite there being a universal wariness regarding the casting decision that gave the role of Hazel Grace Lancaster to Shailene Woodley (who is apparently involved in some scheme to singlehandedly take over the silver screen these days), we must have faith in this girl's talent and put behind us her melodramatic days

of *The Secret Life of the American Teenager*.

Relatively unknown (that is, unless you are a fan of the *Divergent* phenomenon and therefore may know that he will be appearing in that upcoming film as well, alongside Woodley once again) Ansel Elgort won the role of Augustus Waters. Other casting announcements for *TFiOS* come regularly via various social media outlets. For now, all we can do is live vicariously through John Green's tweets (@realjohnngreen), videos (vlogbrothers on YouTube), Tumblr (fishingboatproceeds) and Instagram posts (@johnngreenwritesbooks), utilizing these as fantastic aids in order to watch the ongoing filming and production of his literary brainchild unfold, all while enjoying the fast-talking antics that John Green brings with every vlog and post.

This movie, due sometime in 2014, has a lot of high expectations to fulfill. Readers enjoyed the laughs resulting from every episode of banter between Hazel and Augustus and the tears stemming from the ceaseless tribulations that characters dipped into unrelenting cancerous waters must face. Reading can undoubtedly hold its own, but the addition of a cinematic medium has great potential in bringing beloved characters, locations, relationships, and storylines to life in a way that ink and paper simply could not achieve. With an open mind, you might just surprise yourself in letting a great novel turn into a great movie that you will fall in love with, slowly, and then all at once.

## EDITOR vs. EDITOR

### This Week: Favorite Mythical Creature

#### Tim Morris

Favorite Mythical Creature: Jackalope

**His Views:** None of us would admit that we were afraid of rabbits as a child. Why would we? On Sunday afternoons, many of us would park ourselves in front of the television, watching Bugs Bunny foil Elmer Fudd's best efforts to make a wall ornament out of the carrot-chomper. I was not one of those children. At six, I had been given a book about the famed jackalope, part-jackrabbit and part-antelope. The mere addition of antlers was enough to give me an irrational fear of being gored by an animal about one-fourth my size. Since then, I've come to realize that the jackalope does not exist, nor has it at any point in history. That's what I've been told, at least. It could still be out there, hopping...and waiting.

**His Views on Serena:** Over the summer, I was one of those couch-ridden adventurers who eagerly awaited the premiere of Shark Week. That unforgettable night of Aug. 4, with a remote in one hand and a slice of pizza in the other, I stared up at supposed evidence of what marine biologists referred to as the last-remaining megalodon. Further investigation proved the whole "documentary" to be nothing more than science fiction. The fact that 95 percent of the ocean remains unexplored is no excuse for claiming that a 60-foot shark *could* still be alive. If we're making an argument based on that logic, then a family of mer-people could be watching *Laguna Beach* as I write this response.



#### Serena Ambroselli

Favorite Mythical Creature: Megalodon

**Her Views:** The shark to end all sharks. Weighing in at an impressive 100 tons and spanning over 60 feet in length, the megalodon is an oceanic force to be reckoned with. Being three times the size of its nearest ancestor, the great white shark, and possessing the largest sized teeth out of all shark species, Megalodon can rip a whale cleanly in half. It is not only at the top of the food chain below the sea, but also above—honestly, what could ever stand a chance against this incredible specimen? This nonexistent shark is not only fatal but also immensely popular. It had its very own televised documentary, which was met with great fanfare (and outrage upon the discovery that it was a mockumentary). The masses want Megalodon, and they deserve a creature that can be both feared and loved.

**Her Views on Tim:** The jackalope is nothing short of being an adorable little creature, and it is nothing more than that. Sure, it's cute, but where is the wow factor? The thing is a glorified bunny rabbit. A mythological creature should be exciting, dangerous, and tantalizing—all things that the jackalope severely lacks. Anything that's movement can be categorized as hopping should not be taken seriously. If you saw this thing bouncing down the road, would you really be concerned or intrigued? Nope. There is no surprise that Tim, with his delicate tendencies, would opt for something as nonthreatening and dainty as a jackalope, the most inferior of all mythological creatures.

PHOTOS COURTESY OF [users.stargate.net](http://users.stargate.net)



# THE CENTER FOR INTERNATIONAL STUDIES

Welcome back to PC! This fall is a very busy time for CIS and we are excited to share the following events and projects with you.

**FALL STUDY ABROAD FAIR**  
**SEPT. 30 '64 HALL**  
**6PM-8PM**



PROGRAM PROVIDERS DISCOVER NEW LOCATIONS  
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Learn about our newest exchange with the **University of Birmingham**, a prestigious university with international impact.

## Find Fellowship with the International Community

The Father Philip A. Smith, O.P., Student Fellowship for Study and Service Abroad enables students to undertake summer study or service at Catholic and Dominican sites outside the continental U.S.

Reflections from Abroad with the 2013 Smith Fellows  
 Tuesday, September 24 at 7pm  
 Wednesday, September 25 at 4pm  
 Thursday, September 26 at 7pm  
 Saturday, October 5 at 10:30am  
 in the Center for Catholic and Dominican Studies.  
 Open to all. Light refreshments will be served.

Information Sessions for Prospective Summer 2014 Smith Fellows  
 Tuesday 10/1 at 7pm,  
 Wednesday 10/2 at 4pm  
 Thursday 10/3 at 7pm  
 in the Center for Catholic and Dominican Studies.  
 These sessions are open to sophomores and juniors.  
 Light refreshments will be served.

## Missing your Passport?

Apply for or Renew your Passport on Campus!  
 Stop by the Executive Dining Room (Slavin 116) on **September 30** from **5-8pm** to complete an application.

### Please Bring:

1. Proof of US Citizenship
2. Original Birth Certificate or previously issued US Passport
3. Valid photo ID (eg. Driver's Licence)
4. 2 Personal Checks or Money Orders  
 \$110 Passport Application fee  
 \$25 Processing Fee
5. Passport Photo:

Photo can be taken at the event for a fee of \$10 (cash, check or money order) or taken another time and brought to the event.



## Financing Study Abroad

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The Providence College payment policy makes study abroad equally accessible to all PC students. Learn more at the next **Financing Study Abroad Info Session**.

Thursday, September 26 at 3pm  
 Slavin 112 (The Fishbowl)  
 or  
 Thursday, October 10 at 4pm  
 Slavin 112 (The Fishbowl)

Open to all approved and prospective study abroad students.

### Topics covered include...

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- Scholarship Opportunities
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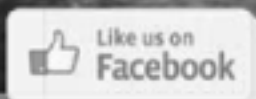
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# PORTFOLIO

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September 12, 2013

## Your Song

by Amanda Brown '14  
Portfolio Staff

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LYRICS

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Have you ever written a song?  
Did it happen to last very long?  
Was it about a heartbreak?  
Did you write it for your own sake?  
Have you ever tied your shoes?  
1, 2, loop the loop.  
And did you trip and fall,  
To find you never tied 'em at all?

It all went wrong,  
It all went wrong.

Have you ever been afraid?  
To cuddle up too close?  
To kiss a little harder?  
To travel coast to coast?  
Have you ever built a wall?  
From the ceiling down to the floor?  
And when that wall was done,  
Did it help you to feel numb?  
It all went wrong,  
It all went wrong.

If I had the faith to say  
It would all be okay,  
I would shout it out, shout it out  
From the gallows.  
If I had the faith to say  
It would all be okay,  
I would shout it from the gallows,  
Until my dying day.  
But it all went wrong, it all went wrong.  
If this is your song,  
Can I sing along?  
It all went wrong,  
It all went wrong.

If I had the faith to say  
It would all be okay,  
I would shout it out, shout it out  
From the gallows.  
If I had the faith to say  
It would all be okay,  
I would shout it from the gallows,  
Until my dying day.  
But it all went wrong, it all went wrong.  
If this is your song,  
Can I sing along?





by Kiernan Dunlop '14  
Portfolio Staff

FICTION

"So, come here often?" Jonah says as he slides into the last seat. The comment is directed at the girl whose eyes won't waver from the door.

"It was a joke, since I know this is your first meeting," Jonah admits, trying and failing to get her attention. The girl either pretends not to hear him, or is so distracted that she really does not. Jonah refuses to give up. "You know you probably picked the best of all the 'anonymous' meetings to come to. Sure, Overeaters has the best food and Gamblers is by far the best place to pick up tips for the track, but this meeting has one thing that the others don't, one thing that sets it above all the rest."

The girl glances away from the door and looks at him. "And what's that?"

"Why, the attractive human specimen you're looking at right now," Jonah smiles and the girl can't stop

herself from laughing.

"There we go, proof that this girl can laugh, ladies and gentleman," Jonah shouts causing people to turn and look, "Does the laugh come with a name?"

"I don't know; does an 'attractive human specimen' like yourself ever get asked his name or do girls faint before you can give it to them?"

"Very funny, my name is Jonah."

"Been swallowed by any whales or filmed any mediocre comedies lately?"

"Wow, the hits just keep on coming. Are you going to tell me your name or am I going to have to steal your wallet?"

"Well if you did that you'd belong in Kleptomaniacs Anonymous down the hall," she jokes and finally gives in. "It's Emily."

"Well it's nice to meet you, Emily," Jonah says, suddenly becoming serious, "My first meeting was hard too. I know you must be feeling like a failure or a loser because you're here but you have to realize how much courage it takes just to walk in the

door. You should be proud of yourself for admitting that you have a problem and trying to get help."

"I get what you're saying, but I don't have a problem," Emily whispers as her eyes find their way back to the door.

Jonah finds himself at a loss for words, something that does not happen very often. Then the meeting starts, ending their conversation before it was really over. People begin to get up individually and introduce themselves, saying how long they've been sober. Soon it's Jonah's turn: "Hello, my name is Jonah and I am an alcoholic. I've been sober for six months and 17 days. I know we usually wait until after this part to start the discussion, but I really want to say something. If you came up to me six months and 18 days ago I would not have admitted to being an alcoholic. Chances are, I wouldn't even admit to the fact that in most of my waking hours I was drunk. It took something really big for me to admit that through my drinking I was hurting everyone I loved and myself.

That big something happened when I decided that I wasn't too drunk to drive a car. I wasn't even too drunk to drive a car that had my three-year-old niece in it. The whole night is a blur, but what I do know is that I ended up in a telephone pole on the side of the road and I haven't been allowed to see my niece since. The point of me telling this story," he says, looking at Emily, "is that I waited too long to admit to myself that I had a problem. Maybe if I had come here sooner and really made a commitment to get better, that night would not have happened."

As people clap for Jonah's story, an older man walks through the door and straight towards Emily. Emily moves to get out of her seat, but before she does she whispers, "Jonah, I appreciate everything you said, but I really don't have a problem. The man that walked in is my father. I could only get him to come by saying I would save a seat for him at every meeting I heard about until he finally came."

Emily walks up to her father, gives him a hug, and walks out the door.

## "SO, COME HERE OFTEN?"

by Melanie Souchet '14  
Portfolio Staff

FICTION

"So, come here often?"

I sat on the cliff's edge, the bar of the handrails pressed against my chest and stomach. It was the only thing keeping me from tipping over the edge. The newcomer's conversation starter sounded a bit out of place here, far away from any bars or social events, but I supposed it was as good a conversation starter as any. I had the feeling he already knew the answer. I probably looked like I came here often. "Yeah," I replied, "at least once a week. It's quiet out here. I can hear myself think."

The newcomer nodded. He was at least twice my age, and I hadn't seen him around town before. But he, too, looked at home here. "I used to come here when I was your age," he said. "All the time."

"You used to live here?"

"I did. A long time ago."

That would explain why he looked

so comfortable here. I could only guess he'd left before I was born, or before I could remember. "What happened?"

"Things changed. I had to leave." He sat down a respectful distance away and mirrored my stance—legs tucked under the lowest railing, feet dangling in the air, chest pressed against the bars. "You know how it is."

"No, not really." I'd lived in this town my entire life. Honestly, I couldn't see myself leaving. Not out of any lack of ambition, mind you, but just because I liked it here. There were other places in the world, sure, but nowhere quite like this.

"You'll understand one day," he said quietly. "People leave. That's how it works."

I wanted to disagree. Not everyone left this place, I almost said. But I didn't know this man well enough to contradict him, so I did the polite thing and nodded. "So...what made you come back?"

"Things changed again." He shrugged, laughing in a self-deprecating way. "Or maybe things never changed and I just thought they

did. That's something else you'll learn. Everything might seem so clear one day, but then the next..." He snapped his fingers. "It's all smoke and mirrors. Especially when you're young."

I wanted to roll my eyes. Oh, I'd heard this sort of thing before. "You think you know everything now, but when you get older" sort of deal. This was the first adult I met who seemed to be saying it from personal experience, though. "Now that you're back, are you staying?" I asked.

"I can't. I wish I could, but..."

"Why?" He seemed to like it here, and if he missed it so much... "Why not stay?"

"That door closed a long time ago. I gave up the right to this place. They're right when they say you can't relive the past."

I looked away from the stranger, sighing through my nose. "Can't relive the past," I muttered to myself. "Why, of course you can."

The stranger laughed. "Was that a *Great Gatsby* reference?"

I nodded a bit sheepishly; he laughed again. "Not bad, kid. Remember what

happened when Gatsby tried to relive the past?"

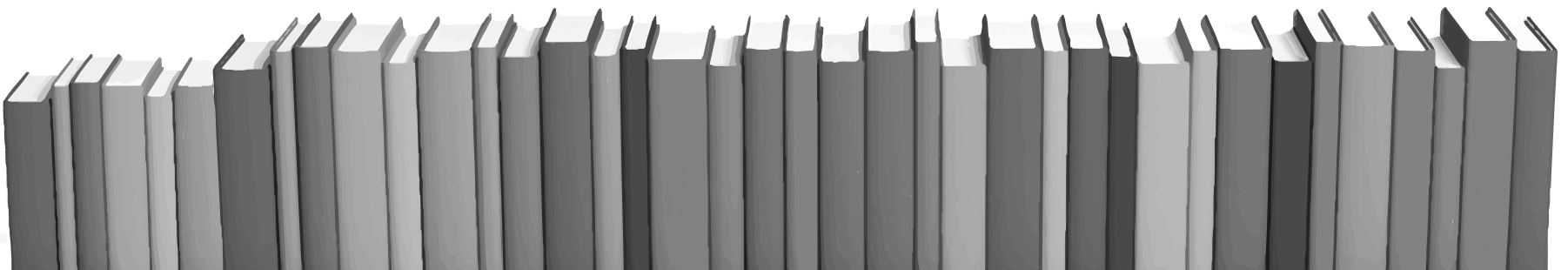
"He got shot in a swimming pool?"

"Well, yeah, that. But what else?"

I honestly couldn't think of an answer. Usually I came out here to avoid thinking about literature. But it didn't matter; he answered the question for me. "He ended up disappointed. The past is never as good as you remember it." He stood up and dusted the gravel from his pants. "In the end, it's better to see things as they really are. And sometimes you and that reality aren't really compatible."

I wasn't entirely sure I understood what he was saying. One thing was clear to me, though. "So...if you're not here to stay, then you're here to say goodbye?"

For a moment, he stared out over the ocean. He looked melancholy, I noticed, but content. Like he'd accomplished what he'd set out to do, and could move on to the next task in peace. "Yeah," he said finally. "Yeah, I guess I am."



## Listomania

### Warning Signs of the Freshman 15

1. Frequent visits to the Ray pastry table
2. Going to an event just for free pizza
3. Downloading the app to check the line at Dunkin's
4. Rationalizing eating the Yuck Truck at 2 a.m.
5. Having a milkshake two meals in a row is OK if one is McPhail's and one is F'real
6. Civ requires 300 pages of reading a week, so there is no time for the gym
7. Using any means possible to avoid the Guzman Hill
8. Giving up the elevator for Lent was a great idea. Too bad Lent is more than three days
9. Wearing workout clothes to appear like you're going to the gym
10. They cut you off your unlimited meal plan

## El Camino

Justin Fernandez '15  
Portfolio Staff

POETRY

Out the door and to the right,  
Where earth-kissed feet  
Greet the way with eager pace;

On the road and through  
The hills, where minutes count  
The hours yet to come and muscles  
Ache from all they have run;

Out where the dusty clay  
Blows over thistle and thorn,  
Where sin is borne on  
Barbed and brambled saps,  
And critters creep under  
The corner of the sun's long sleep;

Out on the sea and through  
The night, where all is silent  
And all is right;

I see your light shine in the sky.  
I see your love burn in your eye.  
I search your voice out when you cry,  
And find, at last, that I am home.

## Tiffany & Earl

*Making PC an emotionally stable place one letter at a time*



Dear Self Conscious,

You're not the first person to walk in on a roommate, and you won't be the last. Instead of whining about how awkward the situation is, why don't you just give your roommate a congratulatory high-five? Laugh about it. This behavior is natural. Treat it as you would treat that girl in the library who lets out an ungodly sneeze – with an equally loud "God bless you."

More importantly, ask yourself why you're not the one being interrupted. Don't guilt trip your roommate for his own personal triumph. If you do, you'll risk appearing as frigid as Kate Winslet on a wooden plank (and yeah, it was big enough to hold Leo). Man up. Before you go out this Friday, look at yourself in the mirror. Repeat these words: "Yes, I am confident. I'm the best-looking guy in the whole wide room." Get comfortable with yourself, love yourself, then walk up to yourself at the bar and buy yourself a drink. Take yourself home for Thanksgiving and introduce yourself to your parents. Once you've attained this level of consciousness, others will find themselves drawn to you by some unknown force. You are the alpha male. You are the king of your McDermott double.

As for the strained relationship with your roommate, work together to come up with a schedule. A color-coded spreadsheet is a great way to avoid future mishaps. An hour-long slot here and there will ensure that you get the personal time needed for whatever (and whomever) you fancy.

Tiffany

## This Week: Common Decency

Dear Tiffany and Earl,

I thought my roommate and I were getting along well, until last week. It was Saturday night, and I had come back from a riveting night of punch and Jenga. I opened the door, and found my roommate in a...compromising situation. We haven't spoken since, and he won't make eye contact with me. I don't know how to approach him about it.

Sincerely,  
Blinded by the Fright

Dear Mr. Feelings,

Approach him about it? What kind of man are you? What is there to approach? We are not girls, sir. We are men. We ignore problems. We walk into a roommate in a compromising position, and we join in an equally compromising position. Like the Vegas slogan, whatever happens in the dorm room, stays in the dorm room.

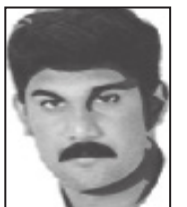
In all seriousness, you know why your roommate is probably mad at you. Because you broke the most sacred of all codes. A code so sacred that it is referred to at the bottom of the Ten Commandments, the Bill of Rights, and even the Treaty of Versailles. You have broken the bro code.

Specifically, bro code rule number 12, sub-clause A. It reads, "Thou shalt not interrupt sacred bedroom time."

So how do you fix it? You can either remove what little manhood you have left, and approach your roommate with these things called "feelings." Or you could man up, say you messed up, and that you will be his wingman for the next weekend.

You see an attractive girl, you give her up. You tell that girl that your roommate out-modeled Derek Zoolander. You tell that girl that he won a debate against Barack Obama. You tell that girl that your roommate is on the basketball and/or hockey team. You tell that girl that your roommate works with kids who can't read good and do other stuff good.

And then you never open that door without knocking again.



EARL

# Who Will Win the MLB's Home Run Crown

## Davis Cabrera

As the regular season nears its end, the AL home run crown still remains up in the air. Chris "Crush" Davis has provided the MLB with a truly remarkable power performance during this 2013 season. In 2012, the Baltimore Orioles' first baseman quietly posted 33 homers and 85 RBIs, as he helped the team secure a Wild Card berth.

This season, Davis immediately became a topic of conversation when he began the year with four home runs and 16 RBIs in the Orioles' first four games. By the All Star break, Davis had 37 homers under his belt, which marked the record high before the Midsummer Classic. Many have wondered over the last five months when Davis' high level of production would halt, but the slugger has shown no signs of weakness throughout most of the season.

As of Monday morning, Davis holds a five-homer advantage over the Detroit Tigers' Miguel Cabrera, a perennial Triple Crown threat. Cabrera does not appear to be in a prime position to overcome this deficit with only about two and a half weeks left in the season. This is mostly due to the fact that Cabrera has been bothered by injuries throughout most of the summer and had recently been sidelined with an abdominal strain.

Cabrera will have the luxury of recovering from his injury, while Davis will feel the urgency to produce for his club in September. Cabrera's Tigers hold a comfortable lead in the AL Central, while Davis' Orioles fight with five other contenders for the two AL Wild Card slots. Therefore, Davis will definitely be well-focused and primed to be a run-producer in these crucial games for the Orioles. Overall, Chris Davis has the mental concentration, momentum, and health to lead him to his first MLB home-run crown.

- Sarah Wacik '15

With the MLB season winding down, the home run race in both leagues is starting to heat up. While the race in the NL is more cluttered at the top, it is the race in the AL that everyone has been keeping an eye on. Miguel Cabrera is well on his way to a second straight AL MVP award, and has a repeat Triple Crown within his grasp as well. He leads both the batting average and RBI categories by a sizeable margin; however, he currently trails Chris Davis for the home run title.

A nagging injury to Cabrera's abdomen looked as though it had doomed his chances, but last Saturday he played all nine innings for the first time in a while, and looks to be healthy. Now the question that remains is: Can he catch up?

With about half a month left in the season, the deficit Cabrera faces is in no way insurmountable, especially as Chris Davis has cooled off quite a bit himself. Cabrera's injury is to his abdomen, and though it has had him in and out of the lineup since late July, it has had no noticeable effect on his swing. He has 12 home runs from the time the injury first flared up through the end of August, the same amount as a healthy Chris Davis through that span. Also important to Cabrera's chances is the Tigers' remaining schedule. Apart from a four game series with Seattle early next week, the Tigers may go the entire month without facing a true ace.

Cabrera will end the season with a number of titles to his name, and if he can stay healthy, the home run title and a second straight Triple Crown have a good chance to be among them.

-Veronica Lippert '15

## In the Spotlight

**Men's Soccer:** The Friars continued their undefeated season with a co-share of the Ocean State Classic Tournament. They did so with a 2-1 victory over URI and a 1-1 tie against Brown. Key players in the game against Brown were Phil Towler '15 and Keasel Broome '15. Towler scored his first goal of the season while Broome saved five shots and regulated the defense. The Friars will look to build on their season this week with home games against Harvard and Northeastern.

**Women's Soccer:** The Lady Friars finished off a strenuous week with a 3-0 victory against Vermont, following their 1-1 tie against UMass. Amanda Webster '14, Catherine Zimmerman '16, and Rachel Ugolik '17 all had one goal in the Friars' shutout victory against Vermont. The team will try to keep pushing forward in their next two games against Harvard and Boston University.

**Field Hockey:** The team nearly added an impressive win over 15th ranked Northeastern over the week, but were on the losing side of a 2-1 decision. This loss moved the team to 2-2 on the season, but they will look to bounce back in road games at New Hampshire and Boston University.

**Volleyball:** The women's volleyball team has already shattered their win total from last season. They have moved up from one win last season to stand at 4-3 this year. This record includes play in the Stetson Westin Classic tournament, where the Friars went 2-1.

**Women's Cross Country:** The pre-season national number one placed first in their first event of the season, the UNH dual meet. They will try to do the same in their second event, the Stony Brook Invitational, on Sept. 14.

## In the News

**Helping the Cause:** On the morning of Sept. 7, members of the Providence College Swimming and Diving team participated in Swim Across America. This is a nationally recognized fundraiser in Narragansett, R.I. to gather money for cancer research. Working as a team, the Friars raised \$17,000 for women's and infant hospitals.

**Big East Honors:** Long distance runner Shane Quinn '15 did something that no Providence Men's Cross Country runner has done since 2008. He took home BIG EAST male athlete of the week honors for his outstanding performance in the UNH dual meet on Aug. 31. He finished first in the race where he and his teammates dominated. In the 6K race, six out of the top seven spots on the leaderboard were occupied by Friar runners. Quinn and the rest of the team race next on Sept. 14 for the Stony Brook Invitational.

**Program on the rise:** The Women's Volleyball Team had two players receive America East Honors for their performance in the week on Sunday, Sept. 8. Michelle Cruz '17 earned America East Rookie of the Week for the second straight week. However, this time she was accompanied by teammate Jordan Wiesler '16, who was named America East Setter of the Week for her performance during the time-span. Both players have been strong contributors early for the Friars.

# Editor's Corner: The PED Debate in the MLB

by Sean Bailey '14  
Sports Editor

BASEBALL

Baseball is a beautiful game. The mix of the light brown infield dirt with the neatly trimmed and tidy green grass. The smack of a ball hitting the leather mitt. The crack of the bat on a baseball. The sights and sounds of baseball are what made it America's pastime. However, the recent steroid scandals have put an ugly stain on what is a picturesque game.

Cheating is nothing new in the game. Hall of Famer Gaylord Perry threw the illegal and slightly repulsive spitball, saying in a 1955 *Sports Illustrated*, "The outlawed spitball was my money pitch."

Some older baseball minds celebrate this approach, citing that a truly competitive player should want to do anything to win.

Anything but steroids.

Some advocate the use of steroids, citing that attendance numbers were extremely high during what is infamously dubbed "The Steroid Era," an era ranging from the middle of the 1980s until 2005. The ball flew out of

parks, leading to Mark McGwire and Sammy Sosa's historic chase of the single season home run record in 1998, and Barry Bonds' all time home run record chase that lasted into 2007.

However, steroids are a disturbing and disgusting infraction against the sacred game of

baseball.

Baseball is a game that celebrates numbers. Statisticians and mathematicians all flock to the game, tinker with new stats, and soak up all the numbers. On base percentage, batting averages, and the newly created WAR (wins above replacement) stat all attract number nerds. Not to mention there are numbers that are imprinted into any young baseball fan's mind. 755 was one of them. That was the number of total home runs in Hammerin' Hank Aaron's

prestigious career, the old standard for career home runs before Bonds. 61 was Roger Maris' single season homer record before Sosa, McGwire, and Bonds all broke it. Steroids inflate these numbers greater than German economic inflation following World War I (Civ reference). These numbers lose their significance when proven cheaters wrestle them away.

Not to mention the ethical dilemma surrounding the cheaters. Players like Aaron, Babe Ruth, Nolan Ryan, and Ted Williams all played the game fairly and cleanly, and set records, only to have these numbers dropped down in record books to people who cheated.

Major League Baseball has worked hard to catch and proactively punish players.

The recent Biogenesis case is a great example of baseball's newfound diligence in regard to these players.

Former MVPs Ryan Braun and Alex

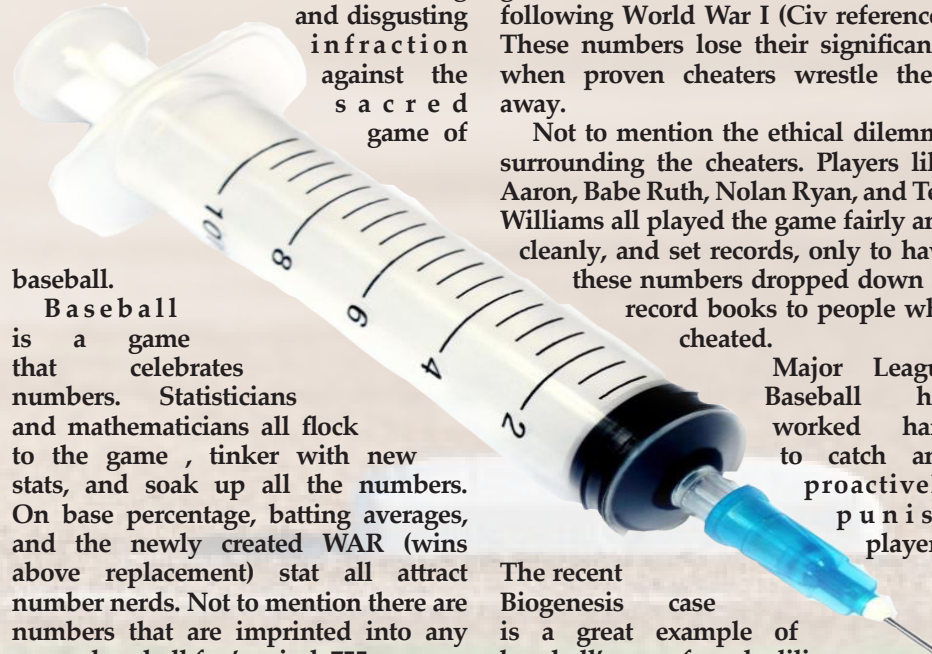
Rodriguez have received suspensions longer than the current 50 game suspension for first time offenders. A number of other players were implicated and suspended in the case, with notable names like Nelson Cruz and Melky Cabrera (suspended the previous year) sitting 50 games.

But there is still work to be done by baseball to eradicate the cheaters. Rodriguez still is suiting up for the New York Yankees, as he is appealing his record-setting 211 game suspension. In the process he is providing a major lift to what was a lifeless lineup. With these players still able to play, baseball still has the bleak streak across their beautiful game.

Which is why my suggestion is that they invoke an even stingier punishment: a yearlong ban for first time offenders, then a lifelong ban for second time offenders.

The suspensions will scare players into avoiding steroids, and virtually eliminate corrupt players from stealing sacred space in the coveted record books.

It is time baseball cleans up its image, or this beautiful game will become quite ugly and deformed.





# SPORTS

The Cowl 20

September 12, 2013



PHOTO COURTESY OF rtkwrdpress.com

PHOTO COURTESY OF yting.com

## Keep Them Coming Coach Cooley and the Friars Keep Adding Top Talent

by James Kirby '15  
Sports Staff

BASKETBALL

Friartown never sleeps. Neither does Coach Cooley, it seems. Entering his third year as head coach of the Men's Basketball Team, Cooley is ensuring that he follows through on his promise of turning the program around by being persistent on the recruiting trail. Following a 9-9 season last year in the Big East and a third round NIT tournament trip, the Friars have NCAA hopes this year.

The headline recruits for the upcoming year, Brandon Austin '17 and Rodney Bullock '17, are huge steps in the right direction, but if Cooley wants to cement this program as elite he will need to seek similar high-caliber recruits on a yearly basis.

A problem that the Friars and Rhode Island schools in general have had is keeping local talent in-state. When Rhode

Island native and top 20 recruit Ricky Ledo chose PC last year, it made a statement about the influence of Coach Cooley on recruits.

An even bigger statement was made over the summer when the No. 32 ranked player on ESPN's Top 100 for the class of 2014, Jalen Lindsey, committed to wearing the black and white in 2015. "Knowing that I'm playing for Coach Cooley gets me excited. I think he's a great coach, and I know we can do great things," said Lindsey.

Lindsey chose PC over other prestigious basketball schools such as Louisville, Florida, Ohio State, and even Tennessee. It was great news to headline the 2014 class, but Cooley was not done.

The next big piece landed on Aug. 29 when Fairfield Prep's seven footer Paschal Chukwu gave PC a verbal commitment. Chukwu was the top target remaining and once again the grit and determination of Cooley shined. "It came down to the relationship I have

with the coach," Chukwu commented. Chukwu is entering his final year at Fairfield Prep in Connecticut.

Having two seven footers, the other being Carson Desrosiers '14, on the court potentially at the same time will be a threat. With Lindsey and Chukwu, PC did a stellar job of following last year's legendary class of Kris Dunn '16, Ricardo Ledo, and Josh Fortune '16 with yet another one.

Chukwu was one of many talented recruits that showed up to the "Elite Camp" that was hosted in Alumni Hall on Aug. 10. The camp hosted a handful of highly recruited players and appeared to be a very positive day for the future of Friartown.

Donovan Mitchell and Josh Sharma, both current juniors in high school, were present and seemed to enjoy themselves. The following day PC hosted the "Jeffrey Osborne Classic," a charity game that featured Magic Johnson and other local celebrities.

Cooley has been labeled by some as one of the best recruiters in the country. The label has thus far been an understatement. Lakers legend Magic Johnson described Cooley as "one of the greatest college coaches in the country." It is certainly plausible to expect that within four years PC could be a team nationally ranked at the end of every season.

With the commitments of Lindsey and Chukwu, Cooley is creating a new presence in the recruiting world. Ben Bentil, a high school senior and top 100 recruit, is another name to have on the watch list in the upcoming weeks.

When Cooley left Fairfield University to return to his home in Providence he made a promise that "we will win and win big." If Cooley continues this pace of recruiting, he will fulfill his promise in no time.

## Moving Up the Ranks

### Men's Soccer Stays Undefeated on the Season

by DJ Anderson '16  
Asst. Sports Editor

MEN'S SOCCER

The Providence College Men's Soccer team has quietly been making noise on the Division I circuit. The team remained undefeated throughout the 2013 Ocean State Classic All-Tournament Team, moving their record to 3-0-1 on the year. Most recently, the Friars tied 20th ranked Brown to win a share of the tournament championship.

Although the game did not register as a win in their record, the Friars took a lot away from their 1-1 tie against their Ivy League rivals. Brown finished last season 13-3-3, losing in the second

round of the NCAA tournament to eventual semi-finalist Maryland. The Bears came into this season ranked 20th in the country, making a tie with a team of this caliber a feat in its own.

Coming into the game against Brown, the Friars had taken one goal victories from Quinnipiac, Holy Cross, and URI. However, the game against the down-the-street rivals had been circled on the schedule since its release. The defense knew that it would have to step up in this game, playing against a formidable Brown offensive attack. They did not disappoint in this game, sticking with the Brown attack and communicating brilliantly throughout the game.

Even with the strong performance

of the Friar defense, goalie Keasel Broome '15 only allowed one goal, saving five shots on goal throughout the game. Many Providence players were recognized for their play in the in state tournament. Brandon Adler '15, Dominik Machado '17, Phil Towler '15, and Markus Naglestad '15 all made the All-Tournament team, and Towler shared most outstanding player honors with Brown midfielder Tariq Akeel '16.

Towler's outstanding tournament is only a sample size of the success he has had so far in the season. Combined with Wilder Arboleda '14, Naglestad, Broome, Fabio Machado '15, and Phil Ziegler '14, Towler provides leadership on a very inexperienced Friar team. Thirteen players on the roster have been

in Friartown for one year or less.

Despite their lack of experience, there are several young players who have stepped up for the Friars early in the season. True freshman Julian Gressel '17 has been outstanding in his first four games in the black and white, tallying two goals and one assist thus far. He looks to be a strong contributor as the season rolls along.

Moving forward from the Ocean State tournament, the Friars will play two more games in the week of Sept. 12, both home games against Harvard and Northeastern. Both teams will step onto Glay Field unranked, but will nevertheless provide tests for a Friar team inching its way towards the top 25.