

# Variability in drift ice export from the Arctic Ocean to the North Icelandic Shelf over the last 8,000 years: a multi-proxy evaluation

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## 1 **Abstract**

2  
3 North Iceland represents a climatically sensitive region, in part, due to its location at the  
4 confluence of southward flowing and drift ice-laden polar waters from the Arctic Ocean  
5 delivered by the East Greenland Current, and the relatively warm and saline Irminger  
6 Current, a northerly flowing branch of the North Atlantic Current. Despite its pivotal  
7 location, there is a paucity of high resolution and long-term sea ice records for the region,  
8 with some disparities in certain previous investigations. Here, the identification of the  
9 biomarker IP<sub>25</sub> as a reliable proxy for drift ice for North Iceland has been confirmed by  
10 measuring its abundance in surface sediments from the region and comparison of outcomes  
11 with documentary records of sea ice and other proxy data. By analysing IP<sub>25</sub> in a well-dated  
12 marine sediment core from the North Icelandic Shelf (NIS) (MD99-2269), we also provide a  
13 high resolution (ca. 25 yr) record of drift sea ice for the region and complement this with a  
14 lower resolution record (ca. 100 yr) obtained from a second core site, located further east  
15 (JR51-GC35). Statistical treatment of equi-spaced time series reveals strong linear  
16 correlations between IP<sub>25</sub> and a further drift ice proxy (quartz) in each core. Thus, linear  
17 regression analysis between both proxies gave correlation coefficients ( $R^2$ ) of 0.74 and 0.66  
18 for MD99-2269 (25 yr) and JR51-GC35 (100 yr), respectively. Further, the individual proxies  
19 were well correlated between the two cores, with  $R=0.91$  and  $0.77$  for IP<sub>25</sub> and quartz,  
20 respectively. The IP<sub>25</sub>-based sea ice record for MD99-2269, combined with other new  
21 biomarker and foraminifera data, and previously published proxy data for primary  
22 productivity and sea surface temperature, suggest that the paleoceanographic evolution for  
23 the NIS over the last 8 ka can be classified into three main intervals. The early mid Holocene  
24 (ca 8–6.2 cal ka BP) was characterized by relatively low or absent drift ice, low primary  
25 productivity and relatively high SSTs. During the mid-Holocene (ca 6.2–3.3 cal ka BP), drift  
26 ice increased concomitant with decreasing SSTs, although primary productivity was

27 somewhat enhanced during this interval.  $IP_{25}$  first reached its mean value for the entire record  
28 at ca 5 cal ka BP, before increasing, continuously, ca 4.3 cal ka BP, broadly in line with the  
29 onset of Neoglaciation as seen in some other proxy records. Further increases in drift ice were  
30 evident during the late Holocene (ca 3.3 cal ka BP to present), culminating in maximum sea  
31 ice during the Little Ice Age. In addition, the  $IP_{25}$  record from MD99-2269 shows some  
32 positive regime shifts from the general trend, especially at ca 3.8, 2.7, 1.5, 0.7 and 0.4 cal ka  
33 BP, that have analogs in some other paleoceanographic reconstructions influenced by the  
34 East Greenland Current. The abrupt increases in  $IP_{25}$  at ca 1.5 and 0.7 cal ka BP are  
35 coincident with rapid cooling identified previously in an Icelandic lacustrine temperature  
36 record, suggesting significant coupling between the marine and terrestrial systems. The  
37 contribution of sea ice to the broader climate system is further evidenced through the  
38 identification of statistically significant periodicities (ca 1000 yr and ca 200–230 yr) in the  
39 drift ice proxy data that have counterparts in previous studies concerning atmospheric and  
40 oceanic variability and solar forcing mechanisms.

## 41 **1 – Introduction**

42 Sea ice plays a key role in determining the energy balance at high latitudes by influencing the  
43 exchange of heat, gases and moisture between the polar oceans and the atmosphere. By  
44 reflecting much of the incoming solar radiation, sea ice also insulates the cold polar  
45 atmosphere from the relatively warm ocean in winter. Changes in Arctic Ocean sea ice  
46 dimensions have received considerable attention in recent years, largely because of its recent  
47 and dramatic decline (e.g., Goosse et al., 2013; Schiermeier, 2012; Serreze et al., 2007).  
48 However, due to its strong positive feedback mechanism in controlling global climate, the  
49 role of sea ice through the geological record is also of considerable interest. For example,  
50 expanded sea ice has been suggested to play an important role in maintaining the unusual  
51 duration of mostly cold summers during the little ice age (LIA) (Lehner et al., 2013; Miller et  
52 al., 2012; Schleussner and Feulner, 2013), and greatly reduced sea ice is necessary to explain  
53 the warmth of the mid-Pliocene (Haywood and Valdes, 2004). However, since only a very  
54 few observational records of past sea ice exist (e.g. Bergthorsson, 1969; de la Mare, 1997;  
55 Divine and Dick, 2006; Ogilvie and Jónsdóttir, 2000), paleo sea ice reconstructions rely  
56 heavily on proxy-based methods, so the development and application of sea ice proxies have  
57 also received considerable attention in recent years (de Vernal et al., 2013a; Polyak et al.,  
58 2010). Some sea ice proxies have a biological origin and are typically based on species  
59 assemblages of diatoms, dinoflagellate cysts (dinocysts), ostracods and foraminifera (e.g.,  
60 Justwan and Koç, 2008; Cronin et al., 2013; de Vernal et al., 2013b,c; Seidenkrantz, 2013) or  
61 the occurrence and distribution of marine mammal remains and driftwood from raised  
62 beaches (Dyke et al., 1996; Funder et al., 2011; Furze et al., 2014), while others rely on the  
63 identification of material entrained within the ice itself (i.e. ice-rafted debris (IRD)) and  
64 deposited in underlying marine sediments following ice melt (Andrews, 2009; Moros et al.,  
65 2006). Despite the range of sea ice proxies, however, there is as yet, no strong consensus on

66 the changing dimensions of Arctic Ocean sea ice over the past 8 ka, although there is growing  
67 evidence for a strong regional dependence (de Vernal et al., 2013c).

68

69 In recent years, the analysis of the biomarker IP<sub>25</sub> (Belt et al., 2007), a C<sub>25</sub> highly branched  
70 isoprenoid (HBI) lipid made by certain Arctic sea ice diatoms (Brown et al., 2014), has been  
71 suggested to provide a more direct measure of past sea ice when detected in underlying  
72 sediments (a recent review is provided by Belt and Müller, 2013). Significantly, IP<sub>25</sub> is stable  
73 in sediments for millions of years (Knies et al., 2014) and has a stable isotopic composition  
74 ( $\delta^{13}\text{C}$ ) that is highly characteristic of a sea ice origin (Belt et al., 2008). Sedimentary IP<sub>25</sub> is  
75 generally interpreted as an indication of spring/early summer sea ice conditions due to its  
76 formation by sea ice diatoms during the spring bloom (Brown et al., 2011; Belt et al., 2013).

77

78 To date, the main applications of IP<sub>25</sub> for Holocene sea ice reconstruction have been carried  
79 out for regions such as the Barents Sea (Belt et al., 2015; Berben et al., 2014; Vare et al.,  
80 2010), the Canadian Arctic Archipelago (Belt et al., 2010; Vare et al., 2009), Fram Strait  
81 (Müller et al., 2009, 2012) and the Laptev Sea (Fahl and Stein, 2012). On the other hand,  
82 relatively little attention has been given to the East Greenland shelf and North Iceland,  
83 although a low resolution study conducted for Foster Bugt on the central East Greenland shelf  
84 indicated relatively stable sea ice conditions for most of the Holocene apart from the last ca  
85 1.4 cal ka BP (Müller et al., 2012; Perner et al., 2015). This paucity of research is somewhat  
86 surprising given that the East Greenland shelf is a very sensitive area to changes in sea ice  
87 and freshwater outflow from the Arctic Ocean (e.g. Jennings and Weiner, 1996), while the  
88 East Greenland Current (EGC), which flows adjacent to the East Greenland shelf, is one of  
89 the main sea ice and freshwater export pathways from the Arctic Ocean (Aagaard and  
90 Coachman, 1968) towards the Denmark Strait region (i.e. South-East Greenland and North

91 Iceland) as evidenced by the Great Salinity Anomaly of 1969 (Belkin et al., 1998; Dickson et  
92 al., 1988). However, the first temporal IP<sub>25</sub>-based sea ice reconstruction was carried out on a  
93 core from the North Icelandic Shelf (NIS) (Massé et al., 2008) and showed that IP<sub>25</sub>  
94 concentrations were very well correlated with documented records of sea ice around Iceland  
95 over the last ca. 1 ka (Ogilvie and Jónsson, 2001). The outcomes from this initial study by  
96 Massé et al. (2008) were subsequently reinforced by analysis of three further cores from N,  
97 NW and SW Iceland (Andrews et al., 2009a; Axford et al., 2011; Sicre et al., 2013).  
98 Interestingly, the initial IP<sub>25</sub> record from Massé et al. (2008) also closely matches the  
99 reconstructed expansion of the Langjökull ice cap, Iceland (Larsen et al., 2011), and a  
100 composite terrestrial record (Haukadalsvatn and Hvítárvatn, Iceland) (Geirsdóttir et al.,  
101 2013), suggesting a close link between terrestrial Icelandic summer temperatures and changes  
102 in sea ice cover in the adjacent ocean. However, each of these previous IP<sub>25</sub>-based sea ice  
103 reconstructions for the East Greenland shelf and North Iceland were either of low resolution,  
104 temporally limited, or both. As such, there have been no high-resolution and long-term (e.g.  
105 Holocene) IP<sub>25</sub>-based sea ice reconstructions for this climatically sensitive region.  
106  
107 In the current study, we quantified IP<sub>25</sub> in surface sediments and two marine cores (MD99-  
108 2269 and JR51-GC35) from the NIS in order to both confirm the suitability of this biomarker  
109 as a drift ice proxy and also to gain further insights into the spatial and temporal sea ice  
110 evolution throughout the last 8 ka. In the first instance, therefore, we determined the  
111 distribution of IP<sub>25</sub> in surface sediments from the region and compared outcomes with known  
112 modern sea ice conditions and a further drift ice proxy (i.e. quartz; Andrews, 2009). We then  
113 investigated the IP<sub>25</sub> content in the giant Calypso core MD99-2269, an exceptionally well-  
114 dated high-resolution marine sediment record (Stoner et al., 2007) from ca 66° N on the NIS  
115 (Fig. 1a) and situated at the boundary between major oceanic and atmospheric circulation

116 systems (Hopkins, 1991). In some recent IP<sub>25</sub>-based Arctic sea ice reconstructions, combining  
117 IP<sub>25</sub> concentrations with those of certain phytoplankton biomarkers (typically sterols) in the  
118 form of the so-called PIP<sub>25</sub> index (Müller et al., 2011) has provided further insights into paleo  
119 sea ice conditions, most notably from a semi-quantitative perspective (e.g., Müller et al.,  
120 2011,2012,2014; Fahl and Stein, 2012; Xiao et al, 2015; Hörner et al., 2016; Smik et al.,  
121 2016). However, since the conceptual model that underpins the PIP<sub>25</sub> index (viz. a stable  
122 winter ice margin with ice retreat during spring/summer) is not appropriate for the drift  
123 conditions pertinent to the NIS, we refrained from measuring PIP<sub>25</sub> indices within the current  
124 study. We also note that, as yet, there has been no surface sediment-based calibration of the  
125 PIP<sub>25</sub> index for North Iceland, although it has been suggested previously that such an  
126 approach may not be especially useful for regions of low sea ice cover (Navarro-Rodriguez et  
127 al., 2013), as is the case for the NIS.

128

129 Several other climate proxy datasets are, however, available from MD99-2269 at various  
130 resolutions that span the full 8 ka and beyond (e.g. Andersen et al., 2004b; de Vernal et al.,  
131 2013b; Giraudeau et al., 2004; Justwan et al., 2008; Kristjánsdóttir et al., 2007; Moros et al.,  
132 2006; Solignac et al., 2006) but it remains unclear which (if any) provide a secure record of  
133 changes in sea ice, especially as some show divergence in outcomes (de Vernal et al., 2013b;  
134 Moros et al., 2006; Solignac et al., 2006) and further conflicting evidence of Holocene  
135 climate evolution exists between some of the other proxy datasets, especially after 3 ka BP.  
136 For example, mineralogical-based sea ice (Moros et al., 2006) and microfossil-derived  
137 bottom water temperature proxies indicate continued cooling after ca 3 cal ka BP (e.g.  
138 Giraudeau et al., 2004; Kristjánsdóttir et al., 2007), while diatom transfer functions and  
139 dinocyst distributions suggest late Holocene warming from around 2.5 ka BP (e.g. Justwan et  
140 al., 2008; Solignac et al., 2006). Additionally, none of these records were investigated for

141 possible step-like responses or regime shifts of the type subsequently reconstructed from  
142 terrestrial Iceland records (Geirsdóttir et al., 2013). To produce a more comprehensive  
143 account of the changes in Holocene sea ice and surface water mass characteristics for the  
144 region, we also compare our IP<sub>25</sub> record from MD99-2269 with previous mineralogical  
145 (quartz) data and new microfossil (planktic foraminifera) and other biomarker data, including  
146 those for a tri-unsaturated highly branched isoprenoid (HBI) lipid (hereafter referred to as  
147 C<sub>25:3</sub>) produced by certain (as yet unidentified) diatoms, some of which are believed to thrive  
148 in polar and sub-polar waters (Belt et al., 2008, 2015; Massé et al., 2011) and may, therefore,  
149 provide further insights into phytoplankton productivity in such settings. In addition, we  
150 compare our high resolution proxy records from MD99-2269 with further new IP<sub>25</sub> and  
151 previous quartz and alkenone SST records (albeit at lower resolution) obtained from a second  
152 core (JR51-GC35) located further east, and with an integrated account of terrestrial Icelandic  
153 climate, compiled previously (Andrews et al., 2014; Bendle and Rosell-Melé, 2007;  
154 Geirsdóttir et al., 2013).

155

## 156 **2 – Regional setting**

157 The two main currents that characterise the Denmark Strait area are the East Greenland  
158 Current (EGC) and the Irminger Current (IC) (Fig. 1a). The EGC is a cold, low-salinity polar  
159 water current that flows southward along the Greenland margin, carrying sea ice and  
160 freshwater from the Arctic Ocean (Aagaard and Coachman, 1968). Similarly, the EGC  
161 branches out towards western and northern Iceland as the East Iceland Current (EIC)  
162 (Malmberg, 1985). Freshwater and icebergs discharged from the Greenland Ice Sheet are  
163 incorporated into the EGC as it flows southwards (Aagaard and Coachman, 1968; Rudels et  
164 al., 2002). The IC is a branch of the North Atlantic Current (NAC) and flows northward,  
165 carrying warm and saline Atlantic waters from the south (Fig. 1a). The IC splits close to



166 Denmark Strait; one branch flows northwards and clockwise along the West Iceland Shelf as  
167 the North Iceland Irminger Current (NIIC), while the other is directed southwards and  
168 counter-clockwise along south-east Greenland, entering the Kangerdlugssuaq Trough as an  
169 intermediate layer between the polar water and the Atlantic intermediate water of the EGC  
170 (e.g. Jennings et al., 2011).

171

172 The NIS is located at the boundary between major oceanic and atmospheric circulation  
173 systems (Belkin et al., 2009). As such, it encapsulates the oceanographic and atmospheric  
174 variability of a much broader region and represents a sensitive area for monitoring North  
175 Atlantic climate (Hopkins, 1991), which has made it a target for several previous  
176 paleoceanographic studies (e.g. Andersen et al., 2004b; Giraudeau et al., 2004; Knudsen et  
177 al., 2004; Solignac et al., 2006).

178

179 The location of the main core here (MD99-2269) sits between two of the routinely surveyed  
180 hydrographic sections on the NIS, Siglunes and Hornbanki (Fig. 1b). MD99-2269 lies close  
181 to the North Iceland Marine Front, which separates warm Atlantic waters from cold  
182 polar/Arctic water (Belkin et al., 2009). The Arctic water of the EIC is usually too saline to  
183 form sea ice *in situ*, although during times of strong advection of low salinity polar water  
184 from the EGC, the EIC surface water both forms and transports sea ice (e.g. Ólafsson, 1999).

185 The historical seasonal limit of Arctic drift ice, carried southward by the EGC, lies close to  
186 Iceland (Ogilvie, 1996), making the region extremely suitable area for investigating changes  
187 to drift ice conditions in the past (Bergthorsson, 1969; Koch, 1945). MD99-2269 is located  
188 <100 km south of the average April AD 1870–1920 sea ice edge position in the northern  
189 North Atlantic (Fig. 2a, Divine and Dick, 2006).

190

191 **3 – Material and methods**

192 *3.1 Field methods and chronology*

193 Surface sediment samples were collected from 30 sites across west and north Iceland during  
194 the *Bjarni Saemundsson* B997 cruise in 1997 (Fig. 1 and Supplementary Table 1, Helgadóttir,  
195 1997).

196

197 Core MD99-2269 was recovered in Húnaflói on the NIS (66°37.53 N, 20°51.16 W, water  
198 depth 365 m, core length 2533 cm; Fig 1a) on board the R/V *Marion Dufresne II* during the  
199 summer of 1999 as part of the international IMAGES-V (International Marine Past Global  
200 Change Study) campaign. The age model for MD99-2269 was developed by Stoner et al.

201 (2007) and is based on 27 accelerator mass spectrometry (AMS) <sup>14</sup>C dates, tephrochronology  
202 and a paleomagnetic secular variation record (see Supplementary Figure 1). The uppermost  
203 sediment (15 m) spans the past 8 cal ka BP (20 AMS <sup>14</sup>C dates) with a near-linear

204 sedimentation rate of 2 m ka<sup>-1</sup>. Core JR51-GC35, located east of MD99-2269 on the NIS

205 (66°59.96N, 17°57.66 W, water depth 420 m; Fig 1a) was collected on board the RRS *James*  
206 *Clark Ross* in 2000. An age model was constructed by Bendle and Rosell-Melé (2007), based

207 on linear interpolation between 10 AMS <sup>14</sup>C dates, of which 8 cover the last 8 cal ka BP (see  
208 Supplementary Figure 1). In order to minimize the possible impacts of degradation of

209 biomarkers, sediment material was taken from previously unsampled archived cores stored at

210 4°C. A recent study by Cabedo-Sanz et al. (2016) suggests that storage of marine sediment

211 cores under such conditions results in little or no degradation of IP<sub>25</sub> over several years, at

212 least. All sediment samples were freeze-dried and kept in the freezer (-20°C) prior to

213 extraction.

214

215 *3.2 Laboratory methods*

216

### 217 3.2.1 Biomarker analyses

218 Biomarker analyses (IP<sub>25</sub> and C<sub>25:3</sub>) were performed using methods described previously  
219 (Belt et al., 2012, 2015). Briefly, an internal standard (9-octylheptadec-8-ene, 9-OHD, 10 µL;  
220 10 µg mL<sup>-1</sup>) was added to each freeze-dried sediment sample (ca. 2-3 g) to permit  
221 quantification. Samples were then extracted using dichloromethane/methanol (3 x 3 mL; 2:1  
222 v/v) and ultrasonication. Following removal of the solvent from the combined extracts using  
223 nitrogen, the resulting total organic extracts were purified using column chromatography  
224 (silica), eluting IP<sub>25</sub>, C<sub>25:3</sub> and other hydrocarbons with hexane (6 mL). Non-polar lipid  
225 fractions were further separated into saturated and unsaturated hydrocarbons using glass  
226 pipettes containing silver ion solid phase extraction material (Supelco Discovery<sup>®</sup> Ag-Ion).  
227 Saturated hydrocarbons were eluted with hexane (1 mL), while unsaturated hydrocarbons  
228 (including IP<sub>25</sub> and C<sub>25:3</sub>) were eluted with acetone (2 mL). All fractions were dried under a  
229 stream of nitrogen. Analysis of the partially purified unsaturated hydrocarbon fraction was  
230 carried out using gas chromatography-mass spectrometry (GC-MS) and operating conditions  
231 were as described previously (Belt et al., 2012). Mass spectrometric analyses were carried out  
232 either in total ion current (TIC) or single ion monitoring (SIM) mode. The identification of  
233 IP<sub>25</sub> (Belt et al., 2007) and C<sub>25:3</sub> (Belt et al., 2000) was based on their characteristic GC  
234 retention indices and mass spectra. Quantification of lipids was achieved by comparison of  
235 mass spectral responses of selected ions (SIM mode, IP<sub>25</sub>, *m/z* 350; C<sub>25:3</sub>, *m/z* 346) with those  
236 of the internal standard (9-OHD, *m/z* 350) and normalized according to their respective  
237 response factors and sediment masses (Belt et al., 2012). Analytical reproducibility was  
238 monitored using a standard sediment with known abundances of biomarkers for every 14–16  
239 sediment samples extracted (analytical error 4 %, n=31).

240

### 241 3.2.2 Planktic foraminifera

242 Planktic foraminiferal assemblages were counted from the >150 µm sieve fraction at the  
243 same horizons as for IP<sub>25</sub> analysis. We used 2-cm wide subsamples originally prepared for  
244 tephra analysis and Mg/Ca stable isotope analyses (Kristjansdottir et al., 2007). In order to  
245 achieve a 25-year sampling resolution, we obtained an additional 106 1-cm wide samples  
246 from intervening depths. All samples were prepared by wet sieving at 63 µm, 106 µm and  
247 150 µm. The original samples had been air dried at 35°C after sieving and stored dry, while  
248 the new sample set was not dried. All samples were analyzed for assemblages in distilled  
249 water. We wetted the dried samples prior to wet splitting. We split the samples, where  
250 necessary, to achieve a count of at least 200 planktic foraminifers. The planktic counts are  
251 expressed as percentages of the total planktic foram assemblages. In this paper, we only  
252 show data from the two dominant species, *Neogloboquadrina pachyderma*, an arctic species,  
253 and *Turborotalita quinqueloba*, a frontal species that is common at the marine arctic front  
254 (Johannessen et al., 1994). We do not include any of the rare dextrally coiled aberrant  
255 variants of *N. pachyderma* in counts for *N. pachyderma* because these cannot be  
256 distinguished visually from *N. incompta* (Darling et al., 2006).

257

### 258 3.2.3 Mineralogical (quartz) data

259 Quantitative X-ray diffraction (qXRD) of sediment data has been used to track the  
260 importation of “foreign” minerals onto the NIS (Moros et al., 2006). Quartz is absent in  
261 basalt and thus can be used a robust tracer of importation of sediments carried in either  
262 icebergs (from Greenland) or in sea ice (from the Arctic Ocean) (Andrews et al., 2009a,b,  
263 2014; Andrews and Eberl, 2007; Eiríksson et al., 2000; Moros et al., 2006).

264

### 265 3.3 Statistical data treatment

266 Some downcore (MD99-2269 and JR51-GC35) IP<sub>25</sub> and quartz data were converted to equi-  
267 spaced time series using the software package Analyseries (Paillard et al., 1996). To perform  
268 PCA analysis of all proxy data for MD99-2269, we converted all variables to 50-yr equi-  
269 spaced time-series (n=153 observations for each proxy) using AnalySeries (Paillard et al.,  
270 1996), then scaled the data metrics to unit variance, and performed a principal component  
271 analysis (PCA) using the statistical software R (package “vegan”).  
272 In order to evaluate estimates for trends in our sea ice proxy data from MD99-2269, and to  
273 ascertain whether residuals from these contained any significant century to millennial-scale  
274 periodicities, we performed Singular Spectrum Analysis (SSA) and applied the Multi-taper  
275 Method (MTM), respectively, using the commercial version of the UCLA toolkit (kSpectra)  
276 (Ghil et al., 2002). Regime shifts are described as statistically significant shifts in the mean of  
277 a variable over an interval of time (Rodionov, 2004,2006). The Excel<sup>TM</sup> macro provided at:  
278 [www.bering-climate.noaa.gov/regimes/](http://www.bering-climate.noaa.gov/regimes/) was used to examine the mean IP<sub>25</sub> data in MD99-  
279 2269. The results will vary depending on the length of the sliding window that is selected to  
280 compute differences in averages “before” and “after” each time-step.

281

## 282 **4 – Results**

### 283 *4.1 B997- surface sediments*

284 30 surface sediments from SW to N Iceland were analysed for the sea ice biomarker IP<sub>25</sub>. IP<sub>25</sub>  
285 was present in 17 samples and absent (or below the limit of detection) in the remaining 13.  
286 All of the IP<sub>25</sub>-containing samples were from locations in the N and NW part of the region  
287 with higher concentrations found in the northern sites (Fig. 2a). In contrast, IP<sub>25</sub> was not  
288 detected in sediments from the W and SW locations (Fig 2a), consistent with ice-free  
289 conditions reported in observational sea ice records (e.g. Ogilvie and Jónsdóttir, 2000).  
290 Importantly, the quartz weight % data in the same samples (Andrews and Eberl, 2007)

291 showed a very similar distribution to that of IP<sub>25</sub> across the sampling region (Fig 2b). Further,  
292 the occurrence of the phytoplankton biomarker C<sub>25:3</sub> also appeared to be confined to the  
293 sampling sites in the N and NW regions (Fig. 2c) with a similar distribution to those of IP<sub>25</sub>  
294 and quartz (Fig. 2a,b). In contrast, C<sub>25:3</sub> was absent, or below the limit of detection, in  
295 sediment from the W and SW sampling sites. All surface sediment data can be found in  
296 Supplementary Table 1.

297

#### 298 4.2 Core MD99-2269

299 In total, 311 and 242 downcore sediment samples were analysed from core MD99-2269 for  
300 biomarker content (IP<sub>25</sub> and C<sub>25:3</sub>) and planktic foraminifera counts (*N. pachyderma* and *T.*  
301 *quinqueloba*), respectively (Data can be found in Supplementary Tables 2 and 3). IP<sub>25</sub> was  
302 present in 281 samples and absent (or below the limit of detection) in the remaining 30. The  
303 absence of IP<sub>25</sub>, however, was mainly limited to the early Holocene part of the record with no  
304 IP<sub>25</sub> detected from ca 8 to 7.4 cal ka BP and only intermittently from ca 7.4 to 6.8 cal ka BP,  
305 with very low concentration (Fig. 3a). The first continuous occurrence of IP<sub>25</sub> began at ca 6.8  
306 cal ka BP, although concentrations remained relatively low until ca 5.5 cal ka BP, after  
307 which, IP<sub>25</sub> abundances rose steadily to reach their mean value for the record ca 5 cal ka BP,  
308 and then further, until ca 4 cal ka BP, apart from a small depletion at ca. 4.4 cal ka BP. The  
309 first continuous occurrence of IP<sub>25</sub> above the mean value was observed at ca 4.3 cal ka BP, at  
310 which point, its concentration increased slightly, before remaining relatively stable (although  
311 with some fluctuations) up to ca 1.5 cal ka BP. Superimposed on this generally increasing  
312 trend, progressive regime shifts to higher concentrations were observed at ca 5.0, 4.3, 3.8,  
313 2.7, 1.5, 0.7, 0.4 cal ka BP, although the clearest of these only occurred at ca. 3.8 cal ka BP  
314 and afterwards. Highest IP<sub>25</sub> values occurred at ca 0.1 cal ka BP (Fig. 3), while some slight

315 negative deviations from the general trend were observed between ca 2.3 to 1.5 cal ka BP and  
316 from ca 1.1 to 0.7 cal ka BP.

317

318 The quartz profile exhibited the same overall trend as IP<sub>25</sub>, with a general increase from ca  
319 8.0 cal ka BP to present, interrupted by a number of short-term variations; however, these did  
320 not always coincide with those observed for IP<sub>25</sub>. Further, the 25 yr equi-spaced time-series  
321 (n = 308) from 8 to 0.3 cal ka BP exhibited correlations between the original and equi-spaced  
322 values of 0.98 and 0.97 for IP<sub>25</sub> and quartz, respectively, while a linear regression analysis  
323 between both proxies gave a correlation coefficient ( $R^2$ ) of 0.74 ( $p = 2 \times 10^{-6}$ ), suggesting a  
324 strong positive relationship between them.

325

326 In contrast to IP<sub>25</sub>, the concentration of the phytoplankton biomarker C<sub>25:3</sub> showed a different  
327 profile (only absent in 7 samples), with relatively low concentration during the early  
328 Holocene (ca 8 to 6 cal ka BP), generally higher abundance during the mid-Holocene (up to  
329 ca 3.5 cal ka BP) before returning to lower concentration during the late Holocene and  
330 towards the present (Fig 7c).

331

332 Variations in the percentages of the two most abundant planktonic foraminiferal species, *N.*  
333 *pachyderma* and *T. quinqueloba*, covary strongly (Fig. 4). *T. quinqueloba* is the dominant  
334 species in the early Holocene, rising in abundance between 8 to 5.4 cal ka BP before  
335 declining between 5.4 and 3.4 cal ka BP (Fig. 4a). Between 3 and 1.5 cal ka BP, *T.*  
336 *quinqueloba* rises to high and variable percentages, only to decline to very low abundances  
337 from 1.5 cal ka BP to modern. *N. pachyderma* abundances maintain a steady background  
338 value of ca 30% at the beginning of the record, before rising ca 4.4 cal ka BP. *N. pachyderma*  
339 strongly dominates the assemblages (70–90%) after 1.4 cal ka BP (Fig. 4b).

340

341 *4.3. Core JR51-GC35*

342 Compared to that of MD99-2269, a lower resolution IP<sub>25</sub> record was obtained for core JR51-  
343 GC35, with an analysis from 90 downcore sediments covering every ca 4 cm, representing a  
344 temporal resolution of ca 100 yr (Data can be found in Supplementary Table 4). IP<sub>25</sub> could be  
345 quantified in 83 out of the 90 samples with all absences occurring prior to ca 6 cal ka BP. The  
346 temporal profile for IP<sub>25</sub> showed the same general trend as observed for MD99-2269 (Fig. 3),  
347 with low IP<sub>25</sub> during the early-mid Holocene, increasing concentrations during the late  
348 Holocene and a final decrease towards the present. Interestingly, IP<sub>25</sub> concentrations in JR51-  
349 GC35 were consistently lower than in MD99-2269 throughout the record even though the site  
350 is somewhat closer to the average sea ice edge (AD1870-1920). Consistent with the findings  
351 for MD99-2269, when the visually similar IP<sub>25</sub> and quartz profiles were transformed to 100-  
352 yr equi-spaced time-series (n = 78; correlation between the original and 100 yr equi-spaced  
353 data = 0.98 and 0.96 for IP<sub>25</sub> and quartz, respectively), a strong coefficient of correlation ( $R^2$   
354 = 0.66;  $p = 3 \times 10^{-6}$ ) was also obtained. Finally, the two drift ice proxies were also strongly  
355 correlated between the core sites. Thus, correlations between MD99-2269 and JR51-GC35 of  
356  $R = 0.91$  and  $R = 0.77$  were found for IP<sub>25</sub> and quartz, respectively.

357

358 **5 – Discussion**

359

360 *5.1 IP<sub>25</sub> as a robust proxy for drift ice*

361 Earlier palaeoenvironmental investigations on the NIS have focused on a variety of proxy-  
362 based sea ice (de Vernal et al., 2013b; Moros et al., 2006; Solignac et al., 2006), sea surface  
363 temperature (SST) (Andersen et al., 2004b; de Vernal et al., 2013b; Justwan et al., 2008;  
364 Solignac et al., 2006; Bendle and Rosell-Melé, 2007; Sicre et al., 2008) and bottom water  
365 temperature reconstructions (Giraudeau et al., 2004; Kristjánsdóttir et al., 2007); however, a



366 number of disparities exist between them. For example, other than divergence in some SST  
367 records (Justwan et al., 2008; Kristjansdottir et al., in press), a monotonic increase in sea ice  
368 diagnostic diatoms, as well as other Arctic- and Greenland-diagnostic diatoms from 5 ka BP  
369 to at least 1900 AD (Justwan et al., 2008), suggest increased export of Arctic Ocean water  
370 and sea ice, particularly over the last ca 2 ka BP, which is supported by the irregular increase  
371 in quartz IRD after ca 5 ka BP (Moros et al., 2006). In contrast, a very different sea ice  
372 scenario, based on modern analogue treatment (MAT) of dinocyst distributions in MD99-  
373 2269/B997-327, reconstructs enhanced sea ice during the early Holocene compared to the  
374 late Holocene (de Vernal et al., 2013b; Solignac et al., 2006). Such disparities between  
375 dinocyst and other sea ice proxies may reflect, in part, the challenges of establishing robust  
376 proxy-sea ice relationships (de Vernal et al., 2013c).

377

378 Previous IP<sub>25</sub>-based sea ice studies for Iceland only span the last two millennia (Andrews et  
379 al., 2009a; Axford et al., 2011; Massé et al., 2008; Sicre et al., 2013), with interpretations  
380 reliant on the original comparisons by Massé et al. (2008) between IP<sub>25</sub> abundances in marine  
381 core MD99-2275 (NIS) and documentary sea ice records. In order to further establish the use  
382 of IP<sub>25</sub> as a drift ice proxy for N and W Iceland, therefore, we first assessed the spatial  
383 distribution of IP<sub>25</sub> in surface sediments from the region for the first time, and also compared  
384 the last millennium components of our new IP<sub>25</sub> records in MD99-2269 and JR51-GC35 with  
385 previous IP<sub>25</sub> studies covering the past ca 1.2 ka BP, together with documentary sea ice  
386 records for the last ca 0.9 cal ka BP.

387

388 The suite of modern surface sediments (B997 cruise) showed that IP<sub>25</sub> was absent in  
389 sediments from W and S Iceland (Fig. 2a), which represent locations that are dominated by  
390 ice-free Atlantic waters (Fig. 1), but was common in surface sediment on the NIS, where ice-

391 bearing Arctic water masses infringe on surface waters (Fig. 1). Furthermore, since sea ice  
392 does not generally form *in situ* around Iceland, the presence of IP<sub>25</sub> in modern sediments  
393 strongly implies that this biomarker represents a signature of drift sea ice and, therefore, a  
394 means of tracking sea ice export from the Arctic Ocean. It is also significant that the  
395 distribution pattern of IP<sub>25</sub> closely resembles that of quartz (Fig. 2b), whose presence in  
396 sediments around Iceland has also been proposed as a drift ice proxy (e.g. Andrews and  
397 Eberl, 2007; Andrews et al., 2009b; Eiríksson et al., 2000; Moros et al., 2006). In addition,  
398 the observation of the phytoplankton lipid C<sub>25:3</sub> in surface sediments from regions  
399 experiencing periodic drift ice cover, lends further support to previous suggestions that this  
400 biomarker, when identified in polar and sub-polar settings, provides proxy evidence for open  
401 water conditions proximal to melting sea ice (Belt et al., 2008, 2015; Massé et al., 2011).

402

403 Next, we compared the IP<sub>25</sub> profiles spanning the last ca 1.2 cal ka BP in MD99-2269 and  
404 JR51-GC35 to previously published IP<sub>25</sub> records and historical reports of sea ice conditions.  
405 Historical records of varying reliability of sea ice conditions from Iceland extend to ca 1 ka  
406 BP (Björnsson, 1969; Koch, 1945) and several studies have attempted to demonstrate the  
407 relationship between climate and sea ice in the last few centuries (Ogilvie et al., 2000;  
408 Ogilvie and Jónsdóttir, 2000; Ogilvie and Jónsson, 2001). Further, the Koch index represents  
409 the sea ice extent observed near to the Iceland coasts (Koch, 1945) and a revised version of  
410 the Koch index of sea ice cover has been published by Wallevik and Sigurjonsson (1998)  
411 (Fig. 5e). From an IP<sub>25</sub> perspective, Massé et al. (2008) demonstrated that IP<sub>25</sub> abundances in  
412 core MD99-2275 (Fig. 5d), 135 km east of MD99-2269 (Fig. 1a), were very well correlated  
413 to these documented sea ice records during the last ca 1 ka (Fig. 5e) and a subsequent study  
414 by Andrews et al. (2009a), carried out on a core from the NW Icelandic Shelf (MD99-  
415 2263; Fig. 1a), showed a similar IP<sub>25</sub> profile (Fig. 5c). The current study complements these

416 existing data with IP<sub>25</sub> profiles from two additional locations on the NIS, both of which show  
417 generally good agreement with the previous studies (Fig. 5), especially on a multi-centennial  
418 scale. As such, the Little Ice Age (LIA), a widespread cooling period that lasted ca AD 1300–  
419 1900 (Jones and Mann, 2004), is clearly recorded in all records across the NIS, suggesting  
420 periods of high Arctic Ocean sea ice export and colder summers. In contrast, during the  
421 preceding Medieval Warm Period (MWP, ca 1 to 0.7 cal ka BP/ AD 900 to 1200), IP<sub>25</sub>  
422 abundances were lower than during the LIA in all cores (Fig. 5). At higher resolution,  
423 increased sea ice observed in the Koch index, especially ca AD 1200 to 1300 are less evident  
424 in the IP<sub>25</sub> records, possibly as a consequence of some mis-matches in temporal sampling (the  
425 Koch index is not continuous) or differences between the observational and core locations.  
426 However, on a centennial scale, Massé et al. (2008) demonstrated a coherent relationship  
427 between IP<sub>25</sub> abundances, the observational sea ice record and mean northern hemisphere  
428 temperatures.

429

430 In summary, the close agreement between IP<sub>25</sub> (and quartz) content in surface sediments from  
431 regions around Iceland reflecting contrasting modern sea ice cover, together with the  
432 consistent alignment between IP<sub>25</sub> profiles in four downcore records and the documented sea  
433 ice record during the last ca. 1 ka, provides a convincing case for the use of the IP<sub>25</sub>  
434 biomarker to record changes in drift ice on the NIS in relatively modern and older (e.g.  
435 Holocene) sediments.

436

### 437 *5.2 Reconstruction of palaeoenvironmental conditions during the Holocene*

438 This study represents the first comparison between IP<sub>25</sub> and quartz from a high-resolution  
439 Holocene record on the NIS. Visual inspection and statistical treatment of equi-spaced time  
440 series of the IP<sub>25</sub> and quartz profiles for the MD99-2269 and JR51-GC35 cores (Fig. 3) both

441 suggest a similar trend between the two proxies, with low values during the early mid  
442 Holocene (ca 8–5.5 cal ka BP) and a mainly unidirectional, but irregular, increase towards the  
443 late Holocene (ca 5.5–0 cal ka BP). However, the IP<sub>25</sub> and quartz concentrations were  
444 consistently higher in MD99-2269 compared to those in JR51-GC35, indicative of more drift  
445 ice having being delivered to the western region of the NIS (i.e. MD99-2269 area) compared  
446 to the eastern part (i.e. JR51-GC35). Although some quartz may also have been deposited  
447 from icebergs originating from E/NE Greenland (e.g. Andrews and Eberl, 2007), the close  
448 correlation between IP<sub>25</sub> and quartz in MD99-2269 and JR51-GC35 might indicate that the  
449 quartz is mainly derived from sea ice originating on the shallow Arctic Ocean shelves. On the  
450 other hand, the potential for some quartz to be delivered as ice-rafted debris from melting  
451 icebergs (Andrews et al., 2014) provides a potential explanation for some of the out-of-phase  
452 behavior between the quartz and IP<sub>25</sub> records, most notably between ca 7.0 and 5.0 cal ka BP.  
453 In general, however, deviations in the overall IP<sub>25</sub> profile are reflected in the quartz data.  
454

455 In order to better interpret the IP<sub>25</sub> and quartz data, and to provide further context to the  
456 changing environmental conditions on the NIS throughout the Holocene, we expand the  
457 Kristjansdottir et al. (in press) analysis of proxy data from MD99-2269 to include the  
458 biomarkers IP<sub>25</sub> and C<sub>25:3</sub> and planktic foraminifera assemblages (*N. pachyderma* and *T.*  
459 *quinqueloba*). Also from MD99-2269, we include two SST reconstructions based on diatoms  
460 (Justwan et al., 2008) and the alkenone index U<sup>K</sup><sub>37</sub> (Kristjansdottir et al., in press), biogenic  
461 carbonate (Giraudeau et al., 2004), and quartz data (Moros et al., 2006). PCA of the  
462 normalized scores indicated that the first PCA explained 51 % of the variance and the second  
463 PCA added a further 24 %. Three main groupings are evident from this analysis (Fig. 6). Not  
464 surprisingly, given the good positive correlation between the IP<sub>25</sub> and quartz profiles, both  
465 sea ice proxies were closely grouped in the PCA, while the cold polar water species *N.*

466 *pachyderma* also falls within this category, consistent with a strong association with polar  
467 surface waters proximal to sea ice (Bé and Tolderlund, 1971; Johannessen et al., 1994). In  
468 addition, the loadings of SST proxies fall within a further well-defined cluster (Fig. 6), while  
469 biogenic carbonate and the biomarker C<sub>25:3</sub> are grouped into a third category, probably related  
470 to surface water productivity. Indeed, biogenic carbonate produced by coccoliths likely  
471 represents a signal of nutrient-rich Atlantic water, although the highest values in this region  
472 are normally associated with the IC submerged beneath a shallow layer of fresh and cold  
473 polar water (Giraudeau et al., 2004). In this setting, the biomarker C<sub>25:3</sub> is probably  
474 biosynthesized by certain planktic diatoms within the genera *Rhizosolenia* and *Pleurosigma*  
475 (Belt et al., 2000; Rowland et al., 2001) residing in surface or near-surface waters. Certainly,  
476 this biomarker, when identified in Arctic and Antarctic sediments, has a stable isotopic  
477 signature ( $\delta^{13}\text{C}$  ca -35 to -40 ‰) consistent with a polar phytoplanktonic origin and has  
478 recently been identified in elevated abundances in Barents Sea sediments underlying seasonal  
479 sea ice cover, and in surface waters off East Antarctica proximal to the marginal ice zone  
480 (Belt et al., 2008, 2015; Belt and Müller, 2013; Massé et al., 2011; Smik et al., 2015).  
481 Although the drift ice conditions on the NIS are somewhat different to either of these settings,  
482 increased production of C<sub>25:3</sub> appears to be associated with nutrient-fed cold surface waters  
483 experiencing periodic drift ice (Fig. 2c). The subpolar foraminifera species *T. quinqueloba*,  
484 used as an indicator for the presence of warm Atlantic water in proximity to the marine Arctic  
485 Front, is also clustered within the productivity grouping (Fig. 6). In combination, therefore,  
486 biogenic carbonate, C<sub>25:3</sub> and *T. quinqueloba* proxies should provide an indication of open  
487 water conditions and related surface/sub-surface water productivity on the NIS. Finally,  
488 Kristjansdottir et al. (in press) applied a statistical treatment to a suite of SST (alkenone and  
489 Mg/Ca), mineralogical and stable light isotope (planktic and benthic forams) data for MD99-  
490 2269 to show that the Holocene paleoceanographic evolution on the NIS could be classified

491 according to three temporal divisions (viz. ca 8.0–6.3 ka BP, 6.3–4.0 ka BP and 4.0 ka BP–  
492 present). These boundaries reflect regional climate and are offset from the suggested global  
493 boundaries (Walker et al., 2012) and we use these regionally defined intervals as the basis for  
494 our interpretations, albeit with a slight shift in the later boundary (to ca. 3.3 ka BP) to  
495 accommodate the new biomarker and foraminifera data. The interpretations of our new proxy  
496 data are, therefore, as follows:

497

#### 498 *5.2.1 Early mid Holocene (8–6.2 cal ka BP)*

499 The early mid Holocene (ca 8–6.2 cal ka BP) is characterized as an interval of ice-free (or  
500 nearly ice-free) conditions as shown by absent (or very low) IP<sub>25</sub> concentration (Fig. 7h) and  
501 low quartz content in MD99-2269 (Fig. 7g, Moros et al., 2006). A similar conclusion can be  
502 reached from the corresponding IP<sub>25</sub> and quartz records in core JR51-GC35 (Fig. 3b). In  
503 addition, the percentages of the cold polar water foraminifera species *N. pachyderma* were  
504 also very low during this period (Fig. 7f), whereas the Atlantic water/sub-polar species *T.*  
505 *quinqueloba* was relatively abundant (Fig. 7d), reflecting the greater influence of the warm  
506 IC compared to cold polar waters from the EGC on the NIS. Summer SSTs, obtained by  
507 diatom transfer functions (Justwan et al., 2008), and alkenone-based ( $U^{K'}_{37}$ ) SST  
508 reconstructions (Fig. 3,7e) (Kristjansdottir et al., in press), were also at their highest during  
509 this interval, coincident with higher summer insolation (Fig. 7a). This interval likely  
510 represents the end of the NIS Holocene Thermal Maximum (HTM) or a relatively warm  
511 phase following peak warmth during the HTM; a conclusion consistent with other  
512 palaeoclimate reconstructions across the Northern Hemisphere and the study region (e.g.  
513 Andersen et al., 2004a; Andrews et al., 2003; Geirsdóttir et al., 2009,2013; Kaufman et al.,  
514 2004; Ólafsdóttir et al., 2010). The occurrence of absent/low sea ice conditions during the  
515 early mid Holocene in our NIS records has also been observed in several previous studies

516 from other Arctic and sub-Arctic regions including the Canadian Arctic Archipelago (Belt et  
517 al., 2010; Vare et al., 2009), the Fram Strait (Müller et al., 2009, 2012), the East Greenland  
518 Shelf (Müller et al., 2012) and the Barents Sea (Belt et al., 2015; Berben et al., 2014). In  
519 contrast, a dinocyst-based sea ice reconstruction for the NIS indicated longer sea ice extent  
520 prior to ca 6.2 cal ka BP (Solignac et al., 2006) even after revision of the modern dinocyst-  
521 assemblage transfer function using an updated database (de Vernal et al., 2013b,c). The  
522 reason for this difference between the IP<sub>25</sub> (and quartz) data and the dinocyst-based  
523 reconstruction is still not clear at this point and remains a topic of debate. In the meantime,  
524 Polyak et al. (2016) and Cabedo-Sanz et al. (2016) have suggested that such differences are  
525 likely due to the precise nature of the respective proxy signatures. Thus, Cabedo-Sanz et al.  
526 (2016), in particular, point out that dinocyst-based reconstructions yield information  
527 regarding sea ice duration – specifically, the number of months of >50% sea ice cover –  
528 while IP<sub>25</sub> provides a more sensitive indicator of spring sea ice conditions. Such nuances  
529 may be particularly important for regions of relatively low sea ice cover and less extreme  
530 seasonality, as is the case for north Iceland and the west Svalbard margin (Cabedo-Sanz et al.,  
531 2016). Finally, biogenic carbonate was also very low during this period (Fig. 7b, Giraudeau et  
532 al., 2004), indicating low coccolithophore productivity at this time, while the consistently low  
533 C<sub>25:3</sub> concentration during this interval (Fig. 7c), also suggests a period of reduced  
534 phytoplankton productivity, despite higher SSTs (Fig. 7e), likely due to the low/absent sea ice  
535 conditions during this interval.

536

### 537 5.2.2 Mid-Holocene (6.2–3.3 cal ka BP)

538 The mid-Holocene was characterised by a gradual increase in drift ice, as indicated by  
539 generally parallel enhancements in IP<sub>25</sub> and quartz in both MD99-2269 and JR51-GC35 (Fig.  
540 3; 7g,h). At ca 6.2 cal ka BP, *N. pachyderma* values (Fig. 7f) remained quite low, although

541 an increasing trend was observed beginning ca 5 cal ka BP, with an opposing profile for *T.*  
542 *quinqueloba* (Fig. 7d). These observations indicate a gradual cooling of surface waters on the  
543 NIS during this interval and are further corroborated by decreasing reconstructed SSTs after  
544 ca 5 cal ka BP (Fig. 3,7e). Such outcomes are also consistent with observations made  
545 previously for the western side of Denmark Strait (Jennings et al., 2011). Despite this  
546 cooling, however, Giraudeau et al. (2004) demonstrated enhanced biogenic carbonate in  
547 MD99-2269 beginning at ca. 6.5 cal ka BP (Fig. 7b) and attributed this to increased  
548 productivity related to strengthening of the water column stratification via increased  
549 advection of EGC freshwater to the NIS, which resulted in optimized conditions for blooms  
550 of the coccolithophore species *Coccolithus pelagicus*. We also note a sharp increase in the  
551  $C_{25:3}$  concentration in MD99-2269 at ca 6.2 cal ka BP, and generally higher  $C_{25:3}$   
552 concentrations are evident until ca 3.3 cal ka BP (Fig. 7c). Termination of this interval of  
553 elevated  $C_{25:3}$  coincides with a further increase in  $IP_{25}$  concentration and quartz content. We  
554 propose a scenario whereby some drift ice reached the area during (still) relatively warm  
555 (SST) conditions, resulting in enhanced primary productivity in the upper water column.  
556 Interestingly, this observation of highest productivity during the mid-Holocene is in  
557 accordance with recent findings from the East Greenland shelf based on planktic and benthic  
558 foraminifera (Perner et al., 2015).

559

### 560 5.2.3 Late Holocene (3.3 cal ka BP–present)

561 Our proxy data indicate that the late Holocene can be divided into two sub-intervals. During  
562 the first sub-interval (ca 3.3–1.5 cal ka BP),  $IP_{25}$  values were more variable than during the  
563 mid-Holocene (Fig. 7h), and a similar trend was also observed in the quartz wt% data (Fig.  
564 7g), suggesting that increasing, but more variable, drift ice conditions prevailed. Significant  
565 short-term temporal variability is also observed in the planktic foraminifera *N. pachyderma*



566 and *T. quinqueloba* (Fig. 7d,f). We ascribe this strong co-variance to frequent changes in the  
567 influence of polar waters compared to Atlantic waters in proximity to the marine polar front.  
568 SSTs also showed some variability, but were at their lowest values for the entire record,  
569 especially from ca 3.3 to 2.5 cal ka BP (Fig. 7e). Low alkenone-based SSTs were also evident  
570 around this time in JR51-GC35 (Fig. 3). A particularly abrupt transition in the IP<sub>25</sub> record  
571 was recorded in the second half of the record at ca 1.5 cal ka BP, and this was also evident in  
572 the other proxies, although to a lesser extent. During this second sub-interval of the late  
573 Holocene (ca 1.5–0 cal ka BP), the IP<sub>25</sub> record exhibited notable increases in concentration  
574 towards the present (e.g. ca 0.7 and 0.4 cal ka BP, Fig. 7h, 8e), with highest values for the  
575 entire profile recorded during the LIA (ca 0.1–0.6 ka BP). Parallel observations were also  
576 evident in the quartz data for MD99-2269 and in the IP<sub>25</sub> profile for JR51-GC35 (Fig. 3b).  
577 Together with highest *N. pachyderma* %, our combined proxy data point to a progressively  
578 cooler interval, with increasing influences from cold polar water and drift ice delivered by the  
579 EGC, and the EIC, in particular. Interestingly, the identification of step-wise shifts towards  
580 colder states aligns well with a recent study off East Greenland, whereby Perner et al. (2105)  
581 identified a southward shift of the Subpolar Front (Moros et al., 2012) during the late  
582 Holocene, that may have restricted deep convection in the Nordic Seas (e.g. Renssen et al.,  
583 2005; Telesiński et al., 2014).

584

585 Increased sea ice delivery to the MD99-2269 site, especially during the second half of the late  
586 Holocene is accompanied by decreasing biogenic carbonate (Fig. 7b) and generally very low  
587 C<sub>25:3</sub> concentration (Fig. 7c), with both productivity proxies reaching their lowest values  
588 during the LIA (Fig. 7b,c). We interpret these changes as further support for a combination of  
589 colder surface temperatures and increased influence of polar waters and drift ice. Indeed,  
590 alkenone-based SST reconstructions from the eastern part of the NIS (e.g., JR51-GC35) show

591 cooling during the last ca 2 cal ka BP (Bendle and Rosell-Melé, 2007) and, therefore,  
592 consistency with the IP<sub>25</sub> records in JR51-GC35 (Fig. 3b) and the last ca 1 ka in MD99-2275  
593 (Fig. 4) (Massé et al., 2008). In contrast, however, SST records reconstructed for MD99-2269  
594 based on diatoms (Justwan et al., 2008) and alkenones (Kristjansdottir et al., in press) both  
595 show a slight warming trend during the late Holocene (Fig. 7e), as does a more recent  
596 alkenone-based SST record for a fjordic setting from NW Iceland (Moossen et al., 2015), all  
597 of which appear to be inconsistent with other SST records and with the IP<sub>25</sub> and quartz sea ice  
598 record in MD99-2269 (Fig. 7h) and other North Atlantic regions (e.g. Calvo et al., 2002;  
599 Müller et al., 2012; Rasmussen et al., 2012; Risebrobakken et al., 2009; Sarnthein et al.,  
600 2003b; Telesiński et al., 2014; Werner et al., 2013) and further afield (McGregor et al., 2015).  
601  
602 Moossen et al. (2015) attributed the late Holocene upturn in SSTs seen in a fjord record from  
603 NW Iceland to a dominant influence of the North Atlantic Oscillation (NAO) in its positive  
604 phase during this time, and the same explanation may also be pertinent for MD99-2269.  
605 However, this would require that such influences of NAO+ are substantially reduced for the  
606 sites further east (JR51-GC35 and the MD99-2275) since these both show long-term cooling.  
607 Regardless of the forcing mechanism(s), increased SSTs of the upper 1–2 m of the water  
608 column may have been driven by the presence of a thin freshwater lid which restricted  
609 mixing with deeper colder water and the supply of nutrients. Potentially, this may have been  
610 more important for the MD99-2269 site, compared to JR51-GC35 further east, since our IP<sub>25</sub>  
611 and quartz records both show consistently higher sea ice extent for the former throughout the  
612 respective records (Fig. 3). Alternatively, greater seasonal decoupling between sea ice and  
613 SST may have been especially relevant during the late Holocene, with colder winters and  
614 warmer summers in the western part of the NIS (i.e. MD99-2269) compared to the eastern  
615 study sites (i.e. MD99-2275 and JR51-GC35), possibly resulting from a greater influence of

616 the IC for the former. Related to this, there may have been a shift in the season(s) that the  
617 SST proxies reflect, especially during higher sea ice conditions. Indeed, warmer alkenone  
618 SSTs compared to instrumental data were observed for certain cold periods in core MD99-  
619 2275 (Sicre et al., 2011), possibly associated with sea ice occurrence. Further, late Holocene  
620 alkenone-derived SSTs for NE and SE Newfoundland showed higher SST for the former,  
621 despite near year-round cooler temperatures in the instrumental record, an anomaly explained  
622 by the presence of drift ice for the NE Newfoundland site which likely caused a delay in the  
623 algal bloom to later (and warmer) months compared to the early (cooler) spring bloom for the  
624 SE Newfoundland site (Sicre et al., 2014).

625

626 Finally, some SST anomalies may exist in some of the records especially if, for example, the  
627 transfer function used for the diatom-derived SST record (Justwan et al., 2008) is too heavily  
628 weighted on the North Atlantic taxa and, in any case, there is a clear and consistent (ca 2 °C)  
629 offset between the diatom and alkenone SSTs records for MD99-2269, with both methods  
630 providing significant overestimates of SSTs for the modern setting (ca 5 °C; Fig. 1).

631

#### 632 *5.4 Broader significance*

633 The determination of a long-term and high-resolution sea ice record for the NIS (MD99-  
634 2269), which is also consistent with a further sea ice record from further east (JR51-GC35)  
635 and with other proxy data, suggest that our outcomes are representative of a broad geographic  
636 area. As such, the new findings presented here enable us to add to the understanding of the  
637 role of sea ice in Northern Hemisphere Holocene climate evolution, including identification  
638 of key climatic events (e.g. onset of Neoglaciation and the LIA) and the coupling between the  
639 marine and terrestrial environments.

640

641 5.4.1 Holocene cooling and sea ice expansion at the onset of Neoglaciation

642 Previous comparisons between terrestrial and marine proxy records, combined with those  
643 from modeling studies, have indicated that Neoglacial cooling began during the mid-  
644 Holocene (ca 5 ka). There is, however, no agreed consensus date for the onset of Neoglacial  
645 conditions. For example, within the terrestrial realm, a recent regional compilation of <sup>14</sup>C  
646 dates performed on ice-edge rooted plants collected from Baffin Island, West Greenland and  
647 Svalbard strongly suggests that the onset of Neoglacial cooling occurred shortly after 5 ka  
648 (Miller et al., 2013a,b). In the marine environment, previous studies have reported a decrease  
649 in Atlantic water inflow after ca 5.5 cal ka BP in Arctic regions influenced by the EGC such  
650 as eastern Fram Strait and fjord/shelf areas of Spitsbergen (e.g. Aagaard-Sørensen et al.,  
651 2014; Hald et al., 2007; Werner et al., 2013) while, most recently, Perner et al. (2015)  
652 identified significant strengthening of the EGC on the central East Greenland shelf at ca 4.5  
653 cal ka BP, with an inference of enhanced sea ice export. Climate modelling also suggests that  
654 sea ice is an important amplifier of summer cooling and contributes to persistent cold  
655 conditions (Schleussner and Feulner, 2013). Consistent with these studies, recent proxy-based  
656 reconstructions of sea ice in the northern North Atlantic have demonstrated strong  
657 associations between enhanced sea ice conditions and Holocene cooling (e.g. Fahl and Stein,  
658 2012; Koç et al., 1993; Müller et al., 2012; Werner et al., 2013). Thus, based on IP<sub>25</sub> and  
659 IRD data, Müller et al. (2012) showed that a significant expansion of sea ice and icebergs  
660 occurred during the Neoglacial in the Fram Strait and their findings were supported by the  
661 analysis of the polar planktic foraminifer species *N. pachyderma* in the same record (Werner  
662 et al., 2013). Further, analysis of remnant diatoms in a N to S core transect in the Greenland,  
663 Iceland and Norwegian seas showed a cooling trend and a southeastward spread of the sea ice  
664 margin in polar surface waters and of the polar and arctic fronts after ca 5.5 cal ka BP (Koç et  
665 al., 1993).

666

667 In addition to the these long-term trends, intermittent advances of Northern Hemisphere ice  
668 sheets and glaciers have also been recorded, of which the LIA was the most extreme multi-  
669 centennial departure (Geirsdóttir et al., 2013; Miller et al., 2010). As such, regional feedbacks  
670 such as volcanic eruptions likely modulate climatic signatures, such as sea ice, that reflect  
671 primary insolation forcing (Geirsdóttir et al., 2013; Miller et al., 2012). Indeed, relatively  
672 small changes in insolation during the last ca 1.5 ka compared to the early and mid Holocene  
673 (Fig. 7a), likely requires the influence of additional forcing mechanisms such as explosive  
674 volcanism (McGregor et al., 2015) to explain the late Holocene cooling trend. Climate  
675 modelling experiments also suggest that persistent summer cold could be explained by a  
676 series of paced eruptions that initiated a shelf-sustaining expansion of Arctic Ocean sea ice  
677 that persisted for centuries after the volcanic aerosols were removed from the atmosphere  
678 (Miller et al., 2012; Zhong et al., 2011), while Sicre et al. (2013) recently demonstrated the  
679 likely coupling between volcanic eruptions and nearby sea ice on the NIS, albeit on a fairly  
680 reduced timescale (AD 1000–1400 yr).

681

682 Turning our attention to the MD99-2269 record, the increase in  $IP_{25}$  to its mean value ca 5 cal  
683 ka BP and continually above this after ca 4.3 cal ka BP (Fig. 8d), marks a significant change  
684 in sea ice export, although more abrupt increases are clearer in the later part of the record. A  
685 sustained period of elevated  $IP_{25}$  and a generally increasing trend throughout the remainder of  
686 the Holocene, with highest concentrations reached ca 0.1 cal ka BP, point to overall enhanced  
687 sea ice export after ca. 5 cal ka BP, which culminated during the LIA. This general trend of  
688 increasing sea ice found in both records (MD99-2269 and JR51-GC35) aligns well with other  
689  $IP_{25}$ -based sea ice reconstructions for the Fram Strait and central East Greenland (Fig. 8b, 8c)  
690 (Müller et al., 2012) and other inferences of sea ice change in the northern North Atlantic

691 (Koç et al., 1993; Telesiński et al., 2014; Werner et al., 2013) and northern Greenland  
692 (Funder et al., 2011). In addition, maximum IP<sub>25</sub> concentrations during the LIA have been  
693 observed previously in other north Atlantic marine records from Fram Strait and the East  
694 Greenland shelf (Müller et al., 2012) and from other sites around N Iceland (Andrews et al.,  
695 2009a; Massé et al., 2008). Our biomarker observations are also supported by the quartz data  
696 from MD99-2269 (Fig. 8b, Moros et al., 2006) and confirm suggestions made previously by  
697 Perner et al. (2015) based on analysis of sediment core PS2641-4 from the central East  
698 Greenland shelf, whereby a southeasterly shift in the position of the polar front, reflecting an  
699 increase in the EGC, was accompanied by enhanced sea ice export during the Neoglaciation  
700 after ca 4.5 cal ka BP. In addition, IRD records for East Greenland are also enhanced during  
701 the Holocene, and especially in the last ca 5 cal ka BP (Andrews et al., 1997). On the other  
702 hand, although Müller et al. (2012) identified IP<sub>25</sub> in PS2641-4 throughout the Holocene (Fig.  
703 8c), increased abundances were only observed during the last ca 1 ka, which was attributed to  
704 a possible easterly broadening of the EGC as a result of enhanced ice export, without  
705 necessarily impacting on conditions proximal to the East Greenland coast.

706

707 Superimposed on the longer-term trend seen during the mid-late Holocene, we also observed  
708 pronounced millennial-scale positive IP<sub>25</sub> regime shifts (cold-phases) in MD99-2269 mainly  
709 at ca 3.8, 2.7, 1.5, 0.7 and 0.4 cal ka BP (LIA) (Fig. 3,8e) which have been recorded in other  
710 EGC-influenced regions (Moros et al., 2012; Perner et al., 2015) and in the same record at ca  
711 3.0 and 0.2–0.6 cal ka BP (LIA) (Giraudeau et al., 2004). In addition, a pronounced negative  
712 IP<sub>25</sub> deviation is seen from ca 2.3 to 1.5 cal ka BP which coincides with an interval of relative  
713 warming seen in many records from the northern North Atlantic (Giraudeau et al., 2004;  
714 Jennings et al., 2002; Moros et al., 2012; Risebrobakken et al., 2003; Sarnthein et al., 2003a)

715 and previously ascribed to the Roman Warm Period (Perner et al., 2015), during which there  
716 was likely a temporary strengthening of the North Atlantic Drift and NAC.

717

718 A previous study by Ólafsdóttir et al. (2013) showed that Icelandic climate has also been  
719 sensitive to the state of both the North Atlantic Oscillation and Atlantic Meridional  
720 Overturning (Andrews and Jennings, 2014) through the past 3 ka, at least, while Miller et al.  
721 (2012) suggested that it was also likely strongly impacted by sea ice export from the Arctic  
722 Ocean, so the latter is also supported by our IP<sub>25</sub>-derived sea ice data (Fig. 8e). Certainly, for  
723 increased sea ice to be recorded as far south as the NIS requires a substantial expansion of the  
724 entire Arctic Ocean pack, a weakening of the NAC, and altered surface water characteristics  
725 in the Atlantic subpolar gyre, with potential further impacts, downstream. The coherence  
726 between the MD99-2269 record for the NIS and those presented previously for Fram Strait  
727 and the East Greenland shelf (Müller et al., 2012) certainly endorses this view.

728

#### 729 *5.4.2. Marine and terrestrial coupling*

730 From a local perspective, the proximity of the study site to Iceland and the existence of a  
731 composite terrestrial record (Geirsdóttir et al., 2013) provide an additional opportunity to  
732 examine the coupling between marine and terrestrial settings during the Holocene.

733 Previously, Larsen et al. (2011) showed that the ca 1 ka IP<sub>25</sub> record from MD99-2275 (Massé  
734 et al., 2008) aligned closely with the reconstructed dimensions of the Langjökull ice cap,  
735 suggesting a close link between terrestrial summer temperatures and changes in sea ice cover  
736 in the nearby ocean. Sicre et al. (2013) demonstrated a (lagged) coupling between volcanic  
737 eruptions, SSTs and nearby sea ice from a site slightly further north (MD99-2273; Fig. 1a),  
738 during the interval AD 1000–1400 yr. In this study, we extend these previous investigations  
739 by comparison of the Holocene IP<sub>25</sub> and quartz data from the MD99-2269 marine record with

740 a terrestrial record based on a composite multiproxy (e.g., biogenic silica, TOC,  $\delta^{13}\text{C}$ , C/N.  
741 sediment density, magnetic susceptibility) summer climate reconstruction from two Icelandic  
742 lakes (Hvitarvatn/Haukadalsvatn) (Geirsdóttir et al., 2013). Interestingly, both the marine (sea  
743 ice) and terrestrial records follow the regional decrease in summer insolation (Fig. 8a) as a  
744 first-order trend towards cooler summers, with a threshold change in the terrestrial record ca  
745 5.5 cal ka BP, previously ascribed to the onset of the Neoglaciation (Fig. 8e) (Geirsdóttir et  
746 al., 2013), aligning well with the first sustained increase in the IP<sub>25</sub> record (ca 5 cal ka BP). In  
747 addition, after ca 4 cal ka BP, virtually all IP<sub>25</sub>, quartz and terrestrial record values were  
748 above, and increased beyond, their mean Holocene values (Fig. 8), suggesting progressively  
749 cooler summers, increased sea ice, and thus a likely synergy between them. In addition to  
750 these general (insolation-driven) changes, an abrupt cooling at ca 5.0 cal ka BP, followed by  
751 further regime shifts (step coolings) at ca. 4.2, 3.0, 1.5 and 0.7 cal ka BP were observed  
752 previously in the lacustrine composite (Fig. 8f) some of which might be ascribed to the  
753 impacts of local volcanic activity (Geirsdóttir et al., 2013). Although the magnitude of the  
754 respective changes in the terrestrial and marine records may not be the same, it is important  
755 to note that paleomagnetic secular variation data confirm that the Icelandic lake  
756 (Hvitarvatn/Haukadalsvatn) (Geirsdóttir et al., 2013) and marine (MD99-2269) records are  
757 highly synchronized (Geirsdóttir et al., 2013) so are temporally comparable. In any case,  
758 some clear and positive departures from the generally trend in the IP<sub>25</sub> record are observed at  
759 ca 4.2 and 2.6 cal ka BP, and most notably at ca 1.5 cal ka BP and during the LIA (ca 0.4 cal  
760 ka BP), supporting the notion of significant coupling between the marine and terrestrial  
761 systems.

762

763 *5.4.3. Drift ice periodicity*



764 The high resolution of our data for MD99-2269 over the last ca 8 ka BP has enabled us to  
765 identify certain periodicities in the drift ice proxy data using spectral analysis. In the first  
766 instance, SSA of the 30-yr equi-spaced data indicated that statistically significant trends (first  
767 SSA component) in both IP<sub>25</sub> and quartz data existed, with 76 % and 82 % of the variance  
768 explained by each component, respectively. Significant periodicities in the detrended time-  
769 series were detected using the MTM, with confidence levels of 95 and 99% relative to  
770 estimated red-noise background (Mann and Lees, 1996). The spectral features for both drift  
771 ice proxies are shown in Fig. 9. MTM analysis of the detrended IP<sub>25</sub> series produced  
772 significant periods (95–99 % confidence interval) of 213, 275, and 1024 yr (Fig. 9a), while  
773 the corresponding quartz series showed three significant periodicities at 156, 208 and 334 yr  
774 (Fig. 9b; 95 % confidence interval). Interestingly, the 1024 yr period recorded in the IP<sub>25</sub>  
775 record (Fig. 9a) compares well with a similar periodicity (ca 1000 yr) from the Holocene  
776  $\delta^{18}\text{O}$  GISP2 ice core record (Stuiver et al., 1995), while Chapman and Shackleton (2000)  
777 provided further evidence for a ca 1000 yr cyclicity based on a lightness profile in a sediment  
778 core record from Gardar Drift (SW Iceland), and suggested an interconnection between  
779 atmospheric and oceanic variability. As such, our IP<sub>25</sub> data provide further evidence for  
780 coupling between the atmosphere and marine environment. In addition, the MTM coherence  
781 analysis performed on the IP<sub>25</sub> and quartz detrended series indicated shared periodicities  
782 between these drift ice proxies of 205 and 232 yr (significance = 95 %). Thus, spectral  
783 analysis performed on the individual and combined drift ice proxies provide strong evidence  
784 for at least one periodicity of ca 200–230 yr. Interestingly, a similar ca 200 yr period  
785 oscillation in magnetic properties in MD99-2269 was previously identified by Andrews et al.  
786 (2003) and was consistent with the ‘Suess’ wiggles in  $\Delta^{14}\text{C}$  that have been detected at a 208  
787 yr period in previous analyses of  $\Delta^{14}\text{C}$  Holocene records (Thomson, 1990). A 200 yr period

788 has also been detected in dust measurements from the GISP2 record and was associated with  
789 solar variability (Ram and Stolz, 1999).

790

## 791 **6 – Conclusions**

792 The identification of  $IP_{25}$  as a reliable proxy for drift ice for North Iceland has been  
793 confirmed based on the analysis of surface sediments from the region and comparison of  
794 outcomes with documentary records and other (mineralogical) proxy data. A high-resolution  
795 reconstruction of sea ice, productivity, SST and water masses based on new ( $IP_{25}$ ,  $C_{25:3}$ ,  
796 planktic foraminifera) and existing (quartz, alkenone and diatom SST, productivity (biogenic  
797 carbonate)) proxy data from marine sediment core MD99-2269 indicates a three-interval  
798 Holocene climate record consistent with a previous study (Kristjansdottir et al., in press).  
799 Thus, the early mid Holocene (ca 8–6.2 cal ka BP) was characterized by relatively low drift  
800 ice, low primary productivity and relatively high SSTs. During the mid-Holocene (ca 6.2–3.3  
801 cal ka BP) drift ice increased progressively as SSTs decreased, and primary productivity was  
802 also enhanced during this period. A period of sustained increase in drift ice began ca 5.0–4.4  
803 cal ka BP, coincident with the onset of Neoglaciation, with further increases into the late  
804 Holocene (ca 3.3 cal ka BP to present), culminating in maximum sea ice during the LIA. In  
805 addition to these general trends, the  $IP_{25}$  record shows some step shifts towards enhanced  
806 drift ice conditions ca 3.8, 2.7, 1.5, 0.7 and 0.4 cal ka BP that have been also recorded in  
807 other EGC-influenced regions. Some of these positive departures, especially those at ca 1.5  
808 and 0.7 cal ka BP, coincide with abrupt cooling recorded in an Icelandic lacustrine  
809 temperature composite, suggesting significant coupling between the marine and terrestrial  
810 systems. The association of sea ice to the broader climate system is further evidenced by the  
811 identification of statistically significant periodicities in the drift ice data (MD99-2269) of ca  
812 1000 yr ( $IP_{25}$ ) and ca 200–230 yr ( $IP_{25}$  and quartz), which have counterparts in previous

813 studies concerning atmospheric and oceanic variability (Chapman and Shackleton, 2000;  
814 Stuiver et al., 1995) and solar forcing (Ram and Stolz, 1999). Overall, therefore, our  
815 combined proxy data suggest that the NIS experienced a sustained increase in sea ice during  
816 the Holocene, especially after ca 5 ka BP, but with some overprinting due to shorter-term  
817 enhancements/reductions, possibly attributed to a combination of volcanic and solar cycle  
818 forcings.

819

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## 9 – Figure Legends

Figure 1: (a) Location map showing the B997 surface sediments (black dots) and cores under study (purple diamonds): MD99-2269 and JR51-GC35. Other cores mentioned in this paper (green squares) are: MD99-2263 (2263, Andrews et al., 2009a), MD99-2275 (2275, Massé et al., 2008) and MD99-2273 (2273, Sicre et al., 2013). Main surface water currents are the cold East Greenland Current (EGC) carried southwards along the east coast of Greenland, and the relatively warm Irminger Current (IC), a branch of the North Atlantic Current that flows northward carrying Atlantic waters. The cold East Iceland Current (EIC) and the warm North Iceland Irminger Current (NIIC), together with Denmark Strait (DS) are also indicated; (b) Map showing mean annual sea surface temperatures (0–10 m; bar units are in degrees Celsius) from 1955–2012 obtained from the World Ocean Atlas database. Dotted vertical lines show the location of two routinely surveyed sections, Hornbanki and Siglunes.

Figure 2: Surface sediments from W/N Iceland shelves scaled (red dots) to the abundance of (a)  $IP_{25}$ ; (b) quartz and (c)  $C_{25:3}$ . Black dots represent locations where proxies were absent (below limit of detection). Blue and black dashed lines indicate the average April location of the sea ice margin AD 1870–1920 and AD 1989–2002, respectively (<http://nsidc.org/data.gis/data.html>).

Figure 3: Temporal concentration profiles of the sea ice proxies  $IP_{25}$  and quartz (Andrews et al., 2014) in (a) MD99-2269 and (b) JR51-GC35. Regime shifts in the  $IP_{25}$  data for MD99-2269 are indicated with a black line. Linear regression analyses between  $IP_{25}$  and quartz gave correlation coefficients ( $R^2$ ) of 0.74 and 0.66 for MD99-2269 (25 yr equi-spaced time series) and JR51-GC35 (100 yr equi-spaced time series), respectively. The alkenone-based SST



estimates for MD99-2269 (Kristjansdottir et al., in press) and JR51-GC35 (Bendle and Rosell-Melé, 2007) are also shown.

Figure 4: Temporal percentage profiles and trends of (a) *T. quinqueloba* and (b) *N. pachyderma* in MD99-2269.

Figure 5: Temporal concentration profiles of IP<sub>25</sub> in (a) JR51-GC35; (b) MD99-2269; (c) MD99-2263 (Andrews et al., 2009a) and (d) MD99-2275 (Massé et al., 2008). (e) Historical Koch sea ice index (Wallevik and Sigurjonsson, 1998).

Figure 6: PCA of the various proxies used in the current study. IP<sub>25</sub>, C<sub>25:3</sub>, *T. quinqueloba* and *N. pachyderma* data are from the current investigation; Quartz (Moros et al., 2006), CaCO<sub>3</sub> (Giraudeau et al., 2004) and SST (Bendle and Rosell-Melé, 2007; Kristjansdottir et al., in press) data are from previously published studies.

Figure 7: Compilation of summer insolation and proxy data for MD99-2269. (a) Summer insolation at 65 °N (Berger and Loutre, 1991); Temporal palaeoclimate profiles and trends for the MD99-2269 core: (b) Biogenic CaCO<sub>3</sub> (%) (Giraudeau et al., 2004); (c) C<sub>25:3</sub> concentrations; (d) *T. quinqueloba* (%); (e) estimated SST (°C) derived from diatoms (Justwan et al., 2008) and alkenones (Kristjansdottir et al., in press); (f) *N. pachyderma* (%); (g) Quartz (%) (Moros et al., 2006); (h) IP<sub>25</sub> concentrations. The vertical dotted lines at ca 6.2 cal ka BP and ca 3.3 cal ka BP indicate the division between the early-mid Holocene and mid-late Holocene transitions, respectively. The vertical dotted line at ca 1.5 cal ka BP shows the sub-division during the late Holocene.

Figure 8: Compilation of sea ice proxy records for various regions together with a combined terrestrial record for Iceland. (a) Summer insolation at 65 °N (Berger and Loutre, 1991); (b) IP<sub>25</sub> concentrations in MSM5/5-723-2 (Müller et al., 2012); (c) IP<sub>25</sub> concentrations in PS2641-4 (Müller et al., 2012); (d) Quartz (%) in MD99-2269 (Moros et al., 2006); (e) IP<sub>25</sub> concentrations in MD99-2269 and regime shifts trend (black line); (f) Composite multiproxy Hvitarvatn/Haukadalsvatn summer reconstruction from Icelandic lakes (Geirsdóttir et al., 2013). Vertical blue lines represent periods of abrupt change as recorded by the lake composite record. Horizontal dotted lines indicate mean values for quartz, IP<sub>25</sub> and normalized values for the lake composite record.

Fig. 9: MTM spectra (Mann and Lees, 1996) of the drift ice proxies (resolved at 30 years per sample using Analyseries) in core MD99-2269 over the last ca 8 ka BP: (a) IP<sub>25</sub>; (b) quartz. Prior to performing the spectral analysis, both time series were detrended by subtracting the first SSA component from the time series.

Supplementary Table 1. Summary of station numbers, locations, water depths, biomarker concentrations and quartz percentage for the surface sediments described in the current study.

Supplementary Table 2: Summary of chronology and biomarker data for MD99-2269

Supplementary Table 3: Summary of chronology and foraminifera data for MD99-2269.

Supplementary Table 4: Summary of chronology and IP<sub>25</sub> data for JR51-GC35.

Supplementary Figure 1. <sup>14</sup>C-based age models for MD99-2269 (Stoner et al., 2007) and JR51-GC35 (Bendle and Rosell-Melé, 2007).



Figure 1\_revised

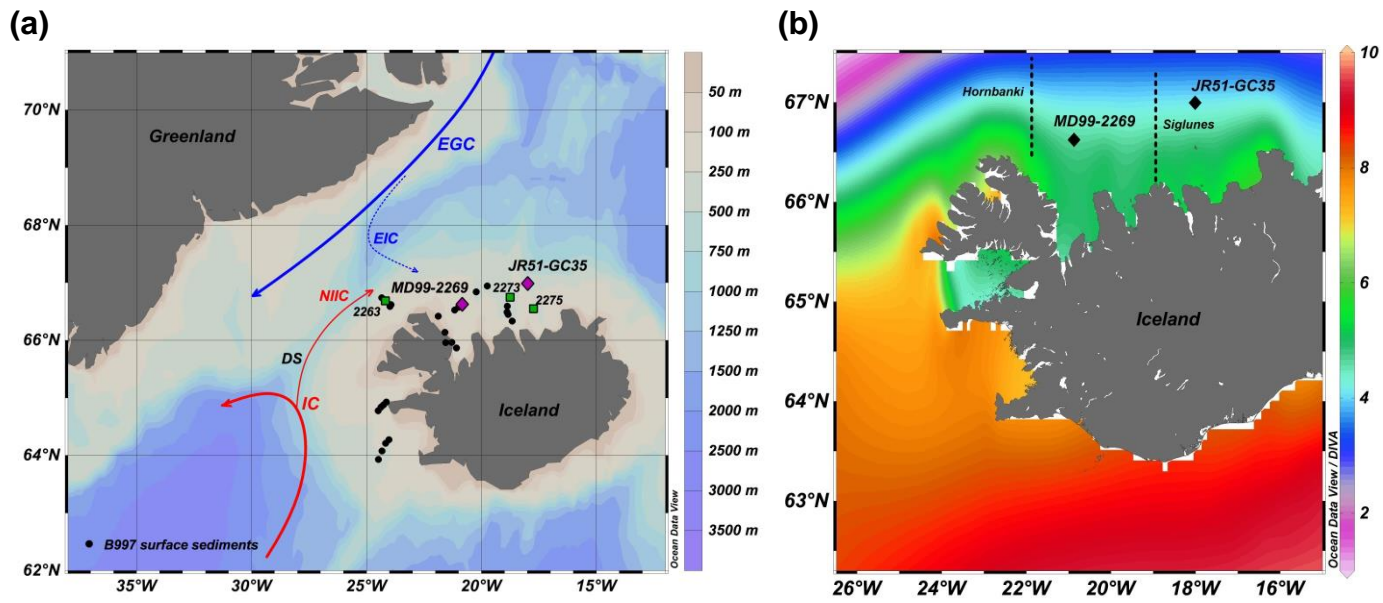


Figure 2\_revised

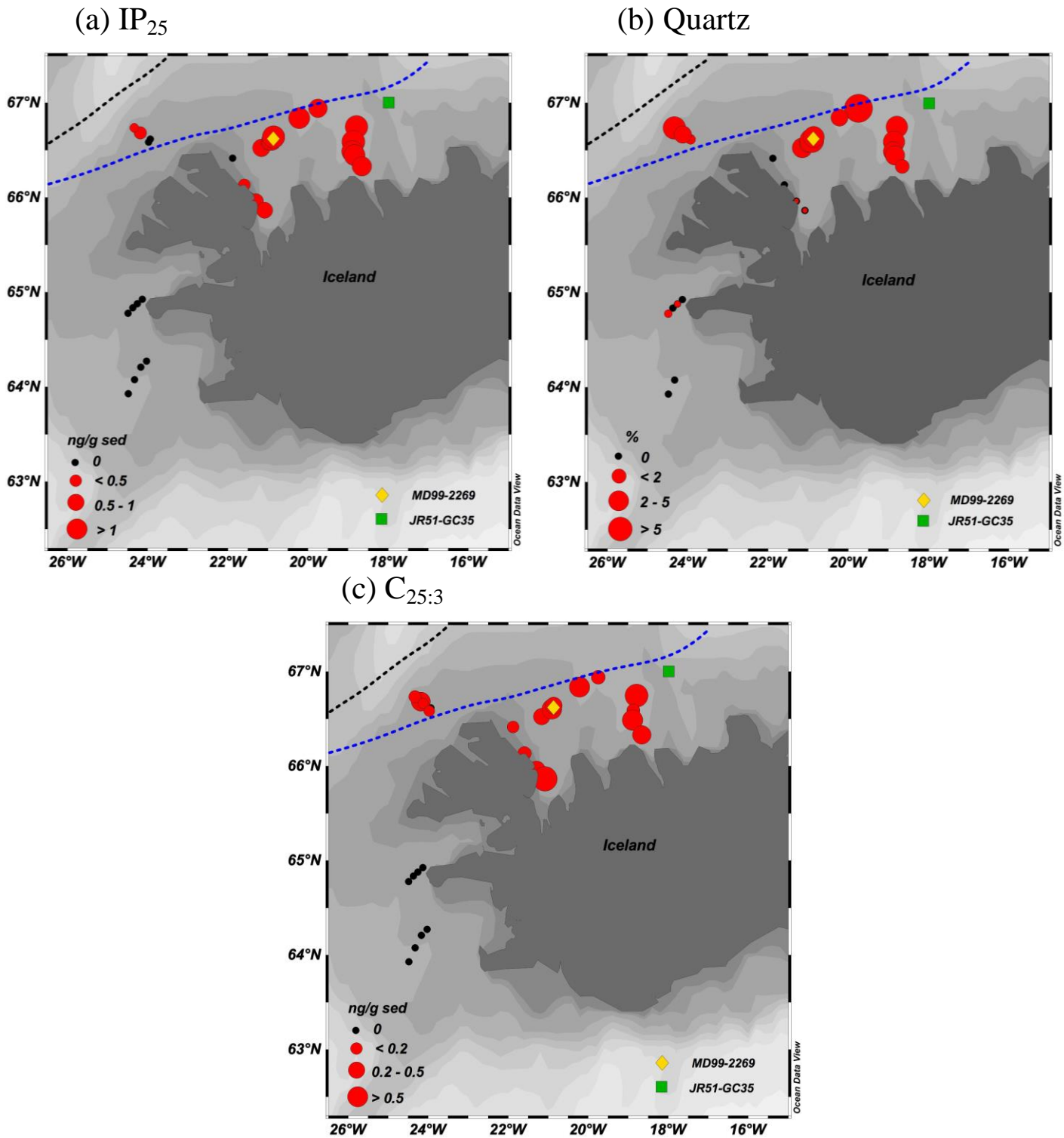


Figure 3\_revised

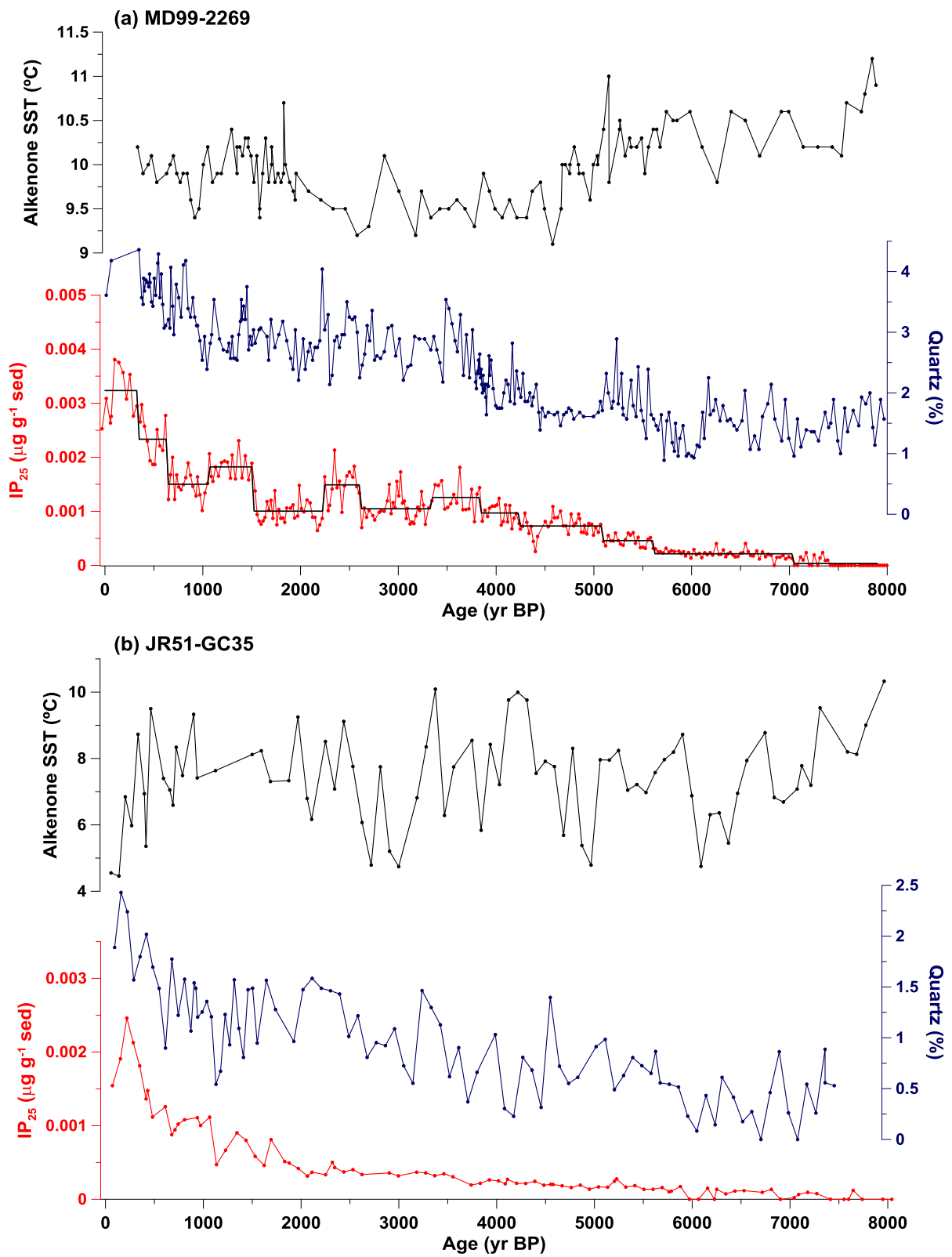


Figure 4\_revised

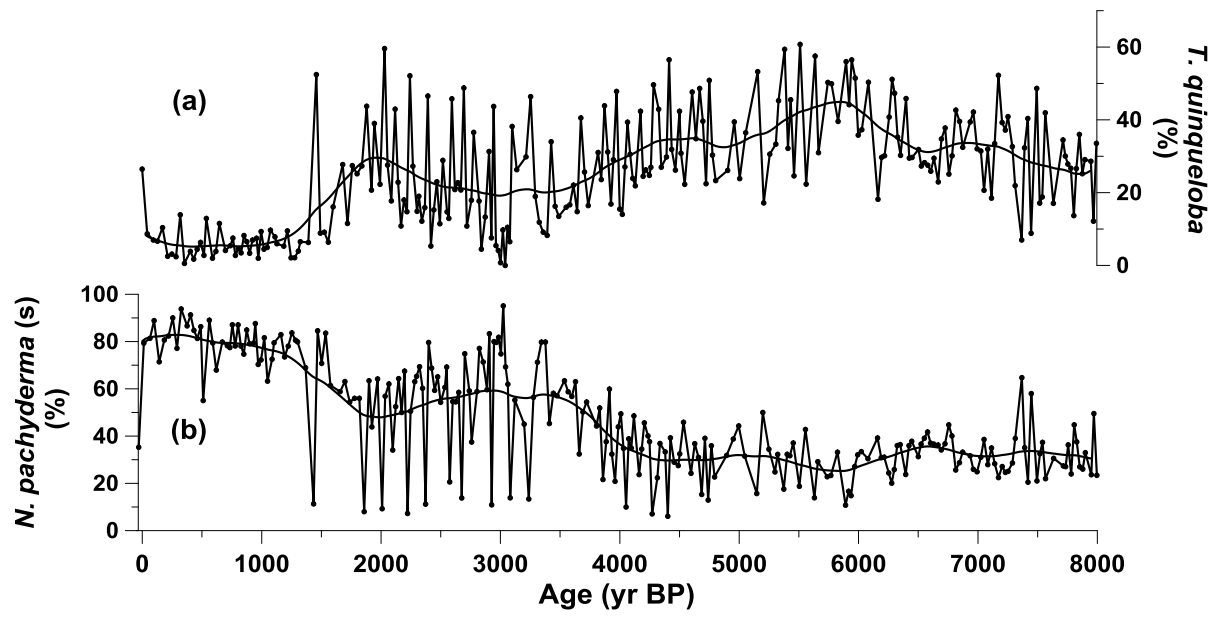


Figure 5\_revised

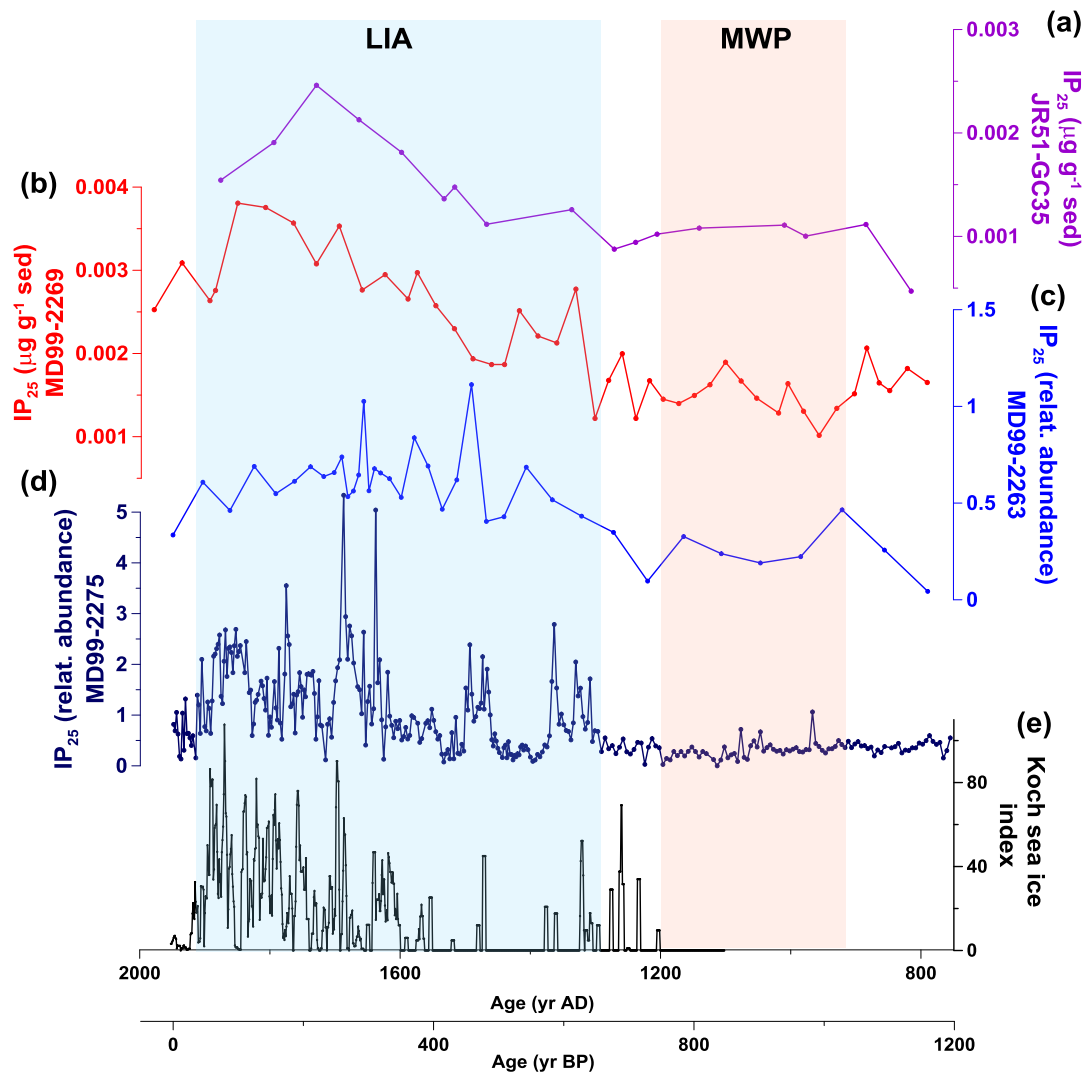




Figure 6\_revised

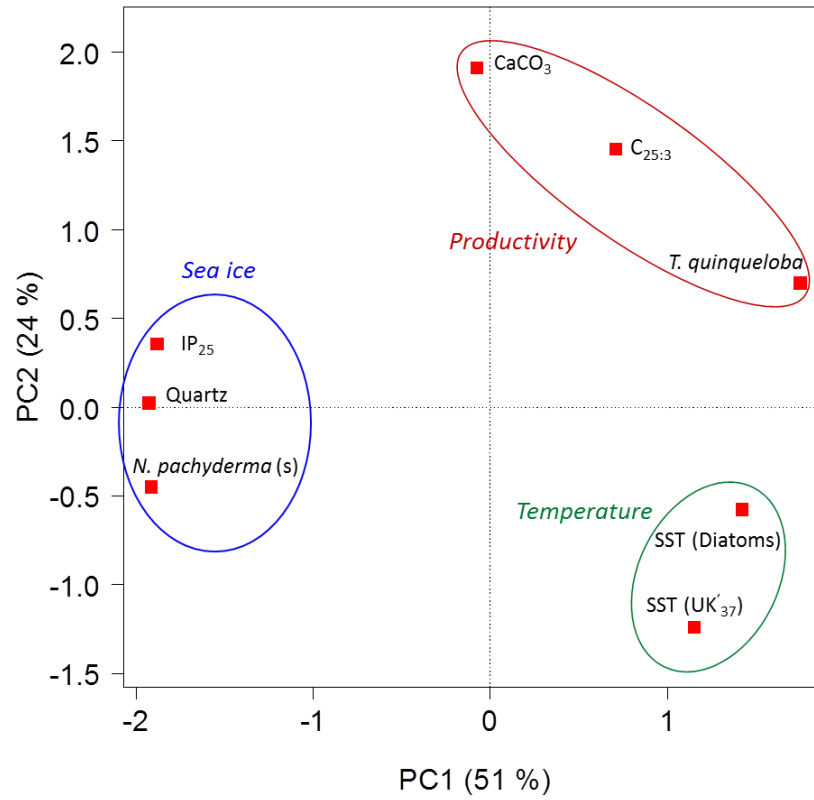


Figure 7\_revised

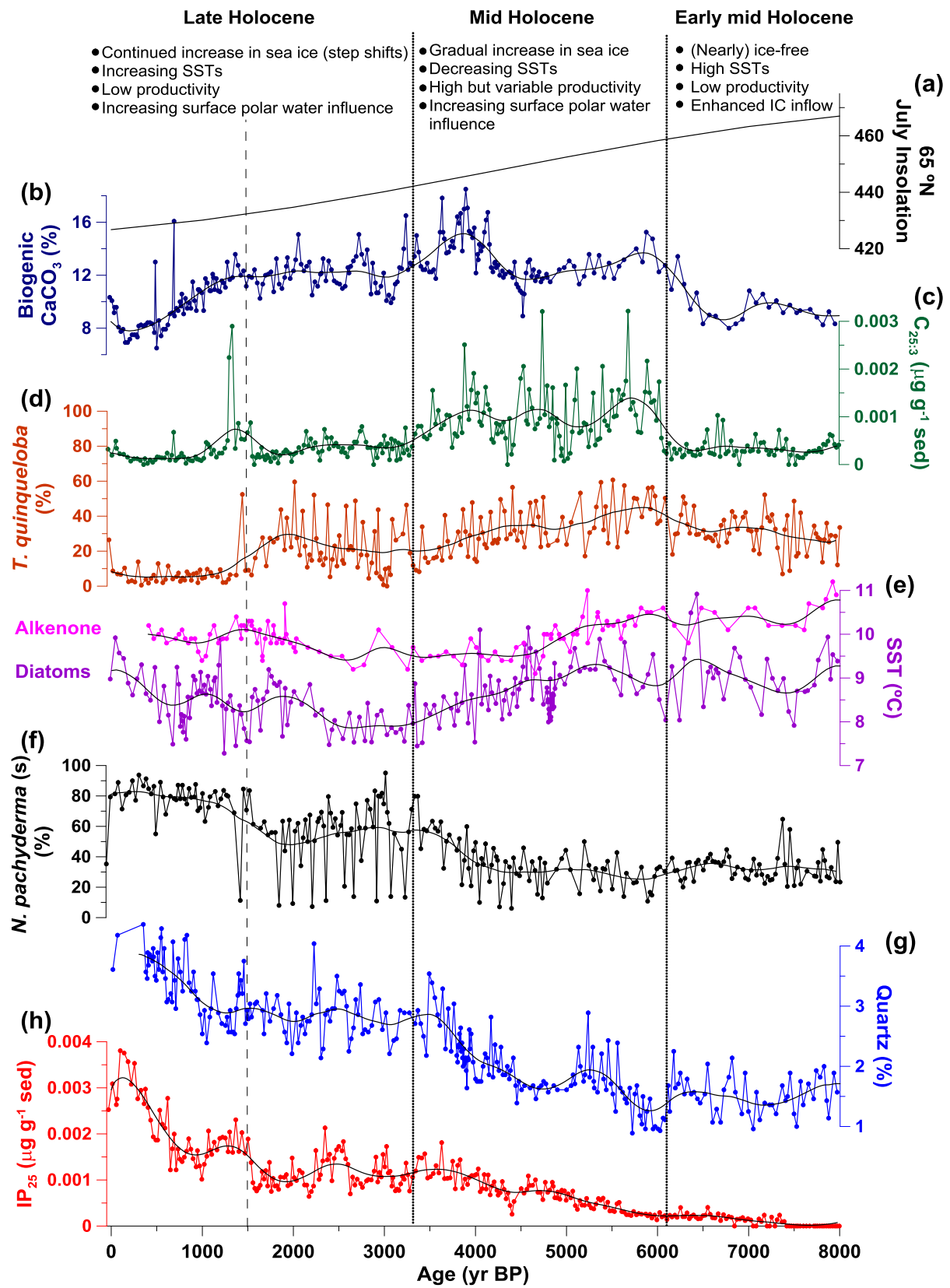


Figure 8\_revised

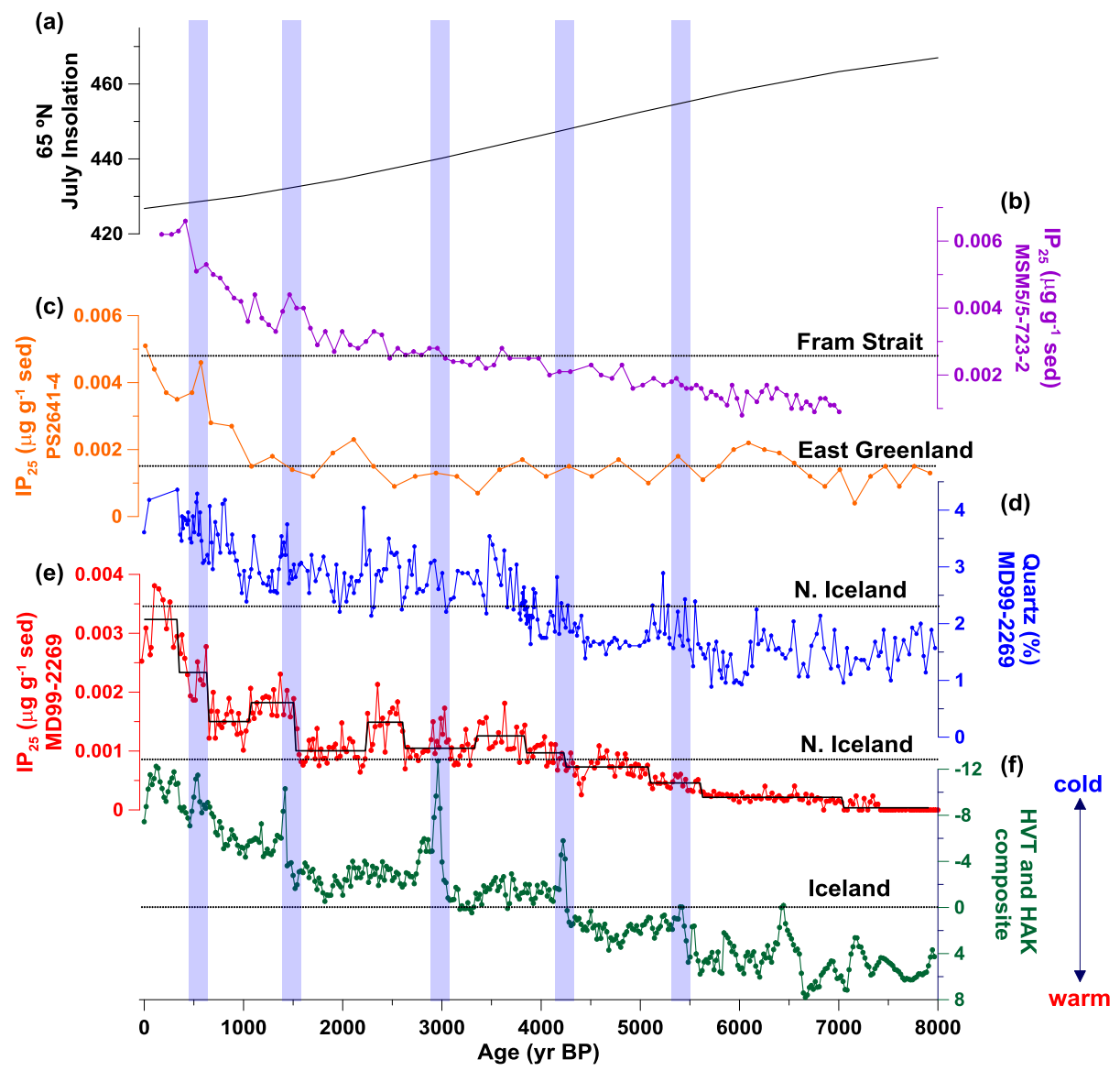


Figure 9\_revised

