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5 **Orthophosphate-P in the nutrient impacted River Taw and its catchment**
6 **(SW England) between 1990 and 2013**

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39 **Abbreviations and definitions**

Term	Abbreviation	Definition
Above ordnance datum	AOD	Height (in m) above mean sea level at Newlyn
Base flow index	BFI	Generally, the contribution of groundwater flow to river runoff as a ratio; the higher the contribution the higher the BFI value
Daily mean flow	DMF	Mean river flow (in $\text{m}^3 \text{s}^{-1}$) in a water-day (09.00 to 09.00 GMT). Typically, flows are calculated on the basis of measurements at 15-minute intervals
Extended end-member mixing analysis	E-EMMA	The use of water quality monitoring data to generate plots of flux of a chemical analyte against flow which may be used to infer and quantify analyte retention and/or release within a river catchment
Ecological quality ratio	EQR	This determines the P concentration at the lower class boundary for each ecological class under the WFD (i.e. high, good, moderate, poor)
Flux		$\text{mass area}^{-1} \text{time}^{-1}$
Good Ecological Status	GES	The aspiration of the WFD (see below) that all surface waters reach this status by 2015
Load		mass time^{-1}
Method 3		Load estimation algorithm from Littlewood. ¹ Defined in section 2.3
Method 5		Load estimation algorithm from Littlewood et al. ² Defined in section 2.3
Orthophosphate-P		Generic term used in the current study to describe P concentrations measured for regulatory purposes
Phosphorus Limiting Concentrations	PLC	River phosphorus concentration below which algal growth is nutrient limited
Population equivalent	pe	
Q ₉₅ flow		Flow (in $\text{m}^3 \text{s}^{-1}$) which was equalled or exceeded for 95% of the flow record
Reactive phosphorus	RP	Fraction of phosphorus passing through a 0.45 μm filter membrane and measured by the phosphomolybdenum blue colorimetric method
Sewage treatment works	STW	
Soluble reactive phosphorus	SRP	Fraction of phosphorus measured by the phosphomolybdenum blue colorimetric method after settling of suspended particles from the river water sample
Water Framework Directive	WFD	
Water Information Management System	WIMS	A chemical dataset collected and compiled by the Environment Agency of England

41 **Abstract**

42 Excess dissolved phosphorus (as orthophosphate-P) contributes to reduced river water quality
43 within Europe and elsewhere. This study reports results from analysis of a 23-year (1990–
44 2013) water quality dataset for orthophosphate-P in the rural Taw catchment (SW England).
45 Orthophosphate-P and river flow relationships and temporal variations in orthophosphate-P
46 concentrations indicate the significant contribution of sewage (across the catchment) and
47 industrial effluent (upper R. Taw) to orthophosphate-P concentrations (up to 96 %),
48 particularly during the low flow summer months when maximum algal growth occurs. In
49 contrast, concentrations of orthophosphate-P from diffuse sources within the catchment were
50 more important (> 80 %) at highest river flows. The results from a 3 end-member mixing
51 model incorporating effluent, groundwater and diffuse orthophosphate-P source terms
52 suggested that sewage and/or industrial effluent contributes ≥ 50 % of the orthophosphate-P
53 load for 27 – 48 % of the time across the catchment. The Water Framework Directive (WFD)
54 Phase 2 standards for reactive phosphorus, introduced in 2015, showed the R. Taw to be
55 generally classified as Poor to Medium Ecological Status, with a Good Status occurring more
56 frequently in the tributary rivers. Failure to achieve Good Ecological Status occurred even
57 though, since the early-2000s, riverine OP concentrations have decreased (although the
58 mechanism(s) responsible for this could not be identified). For the first time it has been
59 demonstrated that sewage and industrial effluent sources of alkalinity to the river can give
60 erroneous boundary concentrations of orthophosphate-P for WFD Ecological Status
61 classification, the extent of which is dependent on the proportion of effluent alkalinity
62 present. This is likely to be a European – wide issue which should be examined in more
63 detail.

64 **Keywords:** Taw, orthophosphate-P, time series, loads, phosphorus standards, water
65 quality.

66 **1 Introduction**

67 The deleterious impacts of increased anthropogenic loads of phosphorus, principally
68 as orthophosphate-P, on river water quality within Europe and elsewhere have been
69 recognised for several decades.³ Within the EU, the Urban Waste Water Treatment Directive
70 (UWWTD, 91/271/EEC) has been the main legislative driver in reducing phosphorus inputs
71 from urban centres to surface waters, largely via improved waste water collection and
72 reductions in phosphorus concentrations in sewage treatment work (STW) effluents.⁴ Across
73 the EU, decreases in riverine orthophosphate-P concentrations of 2.1 % per year on average
74 in the two decades to 2012 have been ascribed to the mitigation measures implemented under
75 the UWWTD.^{5, 6} The mean orthophosphate-P concentration in ca. 1000 EU rivers in 2012
76 was 0.06 mg P L⁻¹.⁵ In the UK, decreasing concentrations since the late 1990s – mid 2000s
77 have been reported for the R. Thames^{7, 8} and its tributaries⁸, and the Dorset R. Frome.^{9, 10} In
78 the R. Tamar (southwest England) decreasing concentrations with time were also evident,
79 although reduced sampling frequency in the later stages of the time series reduced confidence
80 in this conclusion.¹¹

81 The EU Water Framework Directive (WFD; 2000/60/EC) was promulgated with the
82 significant objective to protect, enhance and restore all bodies of surface water with the aim
83 of achieving Good Ecological Status (GES) of surface and ground waters by 2015. Despite
84 the apparent success in reducing riverine orthophosphate-P concentrations there are still
85 many rivers across the EU that are failing to achieve GES for this nutrient, including many in
86 the UK.⁴ Surface waters receiving effluents from major UK urban centres have been most
87 impacted, and it is here that most effort has been applied to reduce nutrient inputs from STWs
88 (e.g.⁷). In rural catchments with relatively low human populations, however, it has become
89 increasingly apparent that sewage effluents also make an important contribution to riverine
90 orthophosphate-P concentrations, particularly during the lower flow, spring and summer

91 months when in-river algal growth can flourish.^{8,9,12,13} While tertiary nutrient stripping is
92 being installed in larger STWs, most STWs in rural catchments are too small for this to be
93 required. Furthermore, septic tanks remain integral to waste disposal for many dwellings in
94 rural areas, and their not insignificant contribution to nutrient loading in surface waters is
95 now recognised.¹⁴

96 The river phosphorus (termed reactive phosphorus) concentrations which define the
97 Ecological Status boundaries prescribed in the WFD Phase 2 standards introduced in 2015
98 are estimates of natural phosphorus concentrations, taking into account the alkalinity
99 (measured as CaCO₃) of the river water and the altitude, above sea level, that would be
100 expected in the absence of anthropogenic pressures.¹⁵⁻¹⁶ The hypothesis is that the alkalinity
101 concentration observed is a reflection of natural rock weathering and hydrological processes.
102 In pristine areas, unperturbed by anthropogenic impacts, this is likely to be correct. However,
103 in rivers receiving sewage and industrial effluents, this hypothesis is incorrect, as these
104 effluents can contain substantial quantities of alkalinity (e.g.^{17,18}). In these rivers, inclusion of
105 sewage alkalinity will serve to increase the concentration of phosphorus defining each
106 Ecological Status boundary, effectively providing a more 'relaxed' standard. The extent of
107 this effect will depend on the relative loads of alkalinity from sub-soil sources and sewage
108 and industrial effluent in a sample; for the same effluent alkalinity load the effect will be less
109 for rivers fed from a chalk aquifer than for rivers fed by low alkalinity groundwater or rivers
110 of low base flow index (BFI). The effect may also be most pronounced in rivers which are
111 dominated by effluent flows during the low river flow periods that typify the summer algal
112 growing season.

113 The Taw catchment in south west England is a predominantly rural environment with
114 a low population and little industry. Nevertheless, thirteen water bodies across the catchment
115 were failing GES for phosphorus under the WFD Phase 1 cycle.¹⁹ An important aim of the

116 Taw River Improvement Project, a recently completed 2.5 y £1.86 M programme designed to
117 improve ecological status of rivers across the catchment (L. Couldrick, pers. comm.) was to
118 undertake an assessment of river water quality data for phosphorus in the catchment. This
119 study is a contribution to that aim. The specific objectives for the current study were to: (i)
120 quantify temporal trends in orthophosphate-P concentrations between 1990 and 2013, and to
121 apportion orthophosphate-P sources, and (ii) calculate Ecological Status in relation to
122 orthophosphate-P using the WFD Phase 2 standards, and then examine if the effluent
123 component of alkalinity compromises the standards for orthophosphate-P in this catchment,
124 and by implication in catchments across the EU. The second objective provides the first
125 analysis of its kind.

126 **2 Methods**

127 **2.1 Study area**

128 The Taw system is part of the North Devon catchment of the UK South West River
129 Basin District²⁰ and covers an area of 1211 km². The R. Taw rises at Taw Head on Dartmoor
130 (altitude 550 m AOD) and flows northward to join the estuary at the tidal limit at Newbridge.
131 The major tributaries are the Mole, the Lapford Yeo and the Little Dart River (Fig. 1). The R.
132 Taw (68 %) and the R. Mole (29 %) drain 97 % of the catchment (Table 1). The mean,
133 maximum and Q₀₅ flows reflect the relative size of the drainage basins, with these values
134 highest at Umberleigh, located closest to the tidal limit (Table 1). The river responds quickly
135 to rainfall, with rapid rises in river levels.²¹ The river base flow indices are mid-range (0.42 –
136 0.47; Table 1), and alluvial deposits in the main river valley may contribute to river flows
137 during dry periods.²¹ Catchment geology is dominated by the Carboniferous Bude and
138 Crackington formations, while > 95% of the catchment is covered by clay and clay loam
139 soils.²² About 75% of the catchment area is used for agriculture (59% grassland, 14% arable),
140 12% woodland and forest and 9% rough grassland.²³ An estimated 77% of the grassland is
141 used for beef cattle and sheep, whilst the remainder is used for dairy cattle.²² The main areas
142 of population are Barnstaple (population 47858 in 2009), Braunton (11491), South Molton
143 (13576) and Witheridge (2262), as shown in Fig. 1.

144 **2.2 Data resource and general approach**

145 Daily mean river flows (DMFs; calculated from 15 min interval instantaneous flow
146 data over 24 h) were obtained from the Environment Agency (EA) gauging stations (GS) at
147 Umberleigh and Taw Bridge on the R. Taw and Woodleigh on the R. Mole (Table 1 and Fig.
148 1) from 1990 onwards. Chemical determinand data from 1990, collected for statutory
149 monitoring purposes, were also obtained from the EA WIMS for the sampling sites shown in
150 Fig. 1 and detailed in Supplementary Information (SI) 1. Site selection was based on EA

151 evidence, since 2010, of failure of river waters to meet WFD Phase 1 GES for
152 orthophosphate-P because of effluent and diffuse pollution.¹⁹ Sample record end dates
153 occurred between 2006 and 2013, depending on site (SI 1). The chemical determinands
154 considered herein are orthophosphate-P and total alkalinity. Orthophosphate-P was
155 determined in the sample supernatant following settlement of suspended particles originally
156 present in the collected water sample. As the supernatant may contain colloids and fine
157 particles, as well as non-orthophosphate ‘dissolved’ P, the resulting measured P
158 concentrations may represent orthophosphate-P plus P associated with these other
159 components that is measurable by the analytical technique used. As a result, the
160 orthophosphate-P as it is coded in the EA database, may be variously referred to as soluble
161 reactive phosphorus (SRP) or reactive phosphorus (RP). In this paper the term
162 orthophosphate-P is used by default, although the other terms are used when appropriate.

163 For sites sampled between 1990 and 2013, water samples were collected from a
164 maximum of 4.3 % of the 8766 gauged flow days. In general, 4 % of the chemical samples
165 were collected within 7 days of each other, 15 % within 14 days and 57 % within 30 days.
166 Relatively high frequency sampling (25-35 samples y^{-1}) was undertaken between 1991 and
167 1996 at site 2; otherwise the frequency at this site and elsewhere was 10-13 samples y^{-1} .
168 Effluent data for sewage treatment works (STWs) in the catchment were provided by the EA;
169 the orthophosphate-P concentration was 5.3 mg P L^{-1} (in the centre of the range of 1 - 10 mg
170 P L^{-1} for UK sewage effluent²⁴) while dry weather flows for each STW were given as an
171 annual mean. The EA also provided effluent orthophosphate-P concentration and flow data
172 for the Taw Valley Creamery, located in the upper catchment between sites 9 and 10 (see Fig.
173 1), for 2006 – 2014. There are also many septic tanks throughout the area, which can act as
174 either point or diffuse inputs for nutrients¹⁴, but there were no data on either flows or nutrient
175 concentrations available for these potential sources.

176 In section 3 the data are generally reported for the R. Taw and its tributaries
177 separately. However, at three locations (two on the R. Taw and one on the R. Mole), river
178 flow and chemical concentration data were integrated at each of these locations individually
179 to provide additional insights into orthophosphate-P behaviour; subsequently, the results from
180 these three locations are discussed as a group. For the first location, the flow data from site 3
181 were combined with the chemical data from site 2, and for the second location chemical data
182 for site 14 were combined with flow data for the Woodleigh GS on the R. Mole. Site 3 is ca.
183 4.5 km upstream of site 2, the most frequently sampled site on the R. Taw, while the
184 Woodleigh GS is ca. 4 km upstream of site 14. For the third location, the Taw Bridge GS is
185 co-incident with the chemical sampling at site 7 (Fig. 1). These locations are therefore
186 referred to as site 2, site 14 and site 7. In addition to orthophosphate-P there is also a more
187 extended treatment of the alkalinity data because of the key role of this parameter in the
188 definition of river water quality standards for phosphorus within the WFD.

189 **2.3 Temporal trend statistics and load estimation algorithms**

190 Exploratory data analysis indicated that there appeared to be decreasing trends in
191 orthophosphate-P concentrations in the time series at sites 2, 7 and 14, particularly from ca.
192 2003 onwards. To quantify the potential significance of these patterns at each individual site,
193 temporal trend analyses using the Spearman's Rho, Mann-Kendall and Seasonal Kendall
194 tests were undertaken. These tests are non-parametric, rank-based statistics designed to
195 reveal gradual monotonic trends in time-series data^{25,26} and are appropriate for relatively
196 coarsely-resolved data.²⁷ The theoretical basis of the trend statistics are described in Hipel
197 and McLeod and Helsel²⁵ and Hirsch.²⁸ The Seasonal Kendall test performs the Mann-
198 Kendall test for individual seasons of the year, where season is defined by the user.²⁶ The
199 Mann-Kendall and Seasonal Kendall tests require the data to show constant variance through
200 time and to not show autocorrelation.^{26,28} Log₁₀ transformation of the orthophosphate-P

201 variable satisfied the first assumption, while autocorrelation function analysis showed that the
202 orthophosphate-P data were largely within the limits of acceptable autocorrelation.
203 Autocorrelation is less likely to be observed in monthly resolved data of up to 10 years
204 duration, as is the case here.^{26,27} Trend analyses were undertaken on both non flow-adjusted
205 orthophosphate-P concentrations (representing the influence of both hydrological and non-
206 hydrological factors) and flow-adjusted orthophosphate-P concentrations (representing non-
207 hydrological factors only), following Hirsch et al.²⁹ and Jaruskova and Liska.³⁰ Human
208 related activity may account for a proportion of the latter.³¹ For the flow-adjusted analyses,
209 temporal trend analyses were undertaken on residuals obtained from ordinary least squares
210 linear regression of orthophosphate-P concentration vs flow. The data were log₁₀ transformed
211 prior to regression in order to ensure regression residuals were homoscedastic in each of the
212 three cases, although Hirsch et al.²⁹ had previously defended the use of the parametric
213 procedure by stating that it was used only to remove variance explained by the flow variable,
214 rather than using it for statistical modelling per se. The significance of all temporal trend
215 results were tested at $\alpha = 0.05$. The Spearman's Rho tests were undertaken using Sigmaplot[®]
216 11, while the Mann-Kendall and Seasonal Kendall tests were undertaken using an executable
217 file developed by, and downloaded from, the US Geological Survey.²⁶ Significance of the
218 correlation coefficients was tested at the $p < 0.05$ level. Autocorrelation function analyses
219 were undertaken using Minitab[®] 17.

220 The estimation of orthophosphate-P loads (mass time⁻¹) reported in the current work
221 are based on the following algorithms:

222 (i) the quantitation of the low (or base) flow end member load, and its division into a
223 groundwater and an effluent contribution follows the extended end-member mixing analysis
224 (E-EMMA):³

$$225 \quad L_{\text{baseflow}} = L_{\text{effluent}} + L_{\text{groundwater}} \quad \text{Eqn (1)}$$

226 $L_{\text{effluent}} = \Sigma(C_{\text{stw}}, Q_{\text{dwf_stw}})$ Eqn (2)

227 $L_{\text{groundwater}} = C_{\text{groundwater}} \times Q_{\text{groundwater}}$ Eqn (3)

228 $Q_{\text{groundwater}} = Q_{\text{river_min}} - Q_{\text{effluent}}$ Eqn (4)

229 $Q_{\text{effluent}} = \Sigma Q_{\text{dwf_stw}}$ Eqn (5)

230 where L is determinand load in g s^{-1} , C is determinand concentration in g m^{-3} , Q is flow in m^3
 231 s^{-1} , dwf_stw is sewage treatment work dry weather flow and river_min is the minimum daily
 232 mean river flow for the period of interest.

233 (ii) Method 5 is the favoured OSPARCOM algorithm for estimating determinand loads from
 234 periodic concentration and flow data; the load, L, is flow-weighted.²

$$L = \left(\frac{K \sum_{i=1}^n (Q_i C_i)}{\sum_{i=1}^n Q_i} \right) \bar{Q} \quad \text{Eqn (6)}$$

235 C_i is the determinand concentration (in g m^{-3}) in each of $i = 1, n$ samples, Q_i is the
 236 corresponding daily mean river flow for that sample. K is 86400 seconds per day and the load
 237 L is g d^{-1} . \bar{Q} is the flow-weighted term and is given by:

$$\frac{\sum_{k=1}^N Q_k}{N} \quad \text{Eqn (7)}$$

238 where Q_k represents daily mean river flows for each day of the year ($k = 1, N$) and N is the
 239 number of days in the year.

240 (iii) Method 3 defined the load as:

$$L = K \sum_{i=1}^n (C_i \bar{Q}_p) \quad \text{Eqn (8)}$$

241 where \bar{Q}_p is the mean flow for the period between samples.¹

242 **3. Results and Discussion**

243 **3.1 Spatial and temporal variability in orthophosphate-P concentrations**

244 **3.1.1 Spatial variability**

245 The annual spatial and temporal variability in the concentrations (mean \pm one
246 standard deviation) of orthophosphate-P for the R. Taw are summarised in SI 2.
247 Concentrations were relatively low in the upper R. Taw at site 11 (generally $< 0.04 \text{ mg P L}^{-1}$),
248 became markedly higher downstream, $0.089 - 0.707 \text{ mg P L}^{-1}$ at site 9, and then decreased
249 further downstream to $0.036 - 0.186 \text{ mg P L}^{-1}$ at site 2, located close to the tidal limit at site
250 1. The lower concentrations are typical of rural sites in southwest England showing some
251 evidence of anthropogenic impact.^{6, 10, 11} The elevated concentrations observed at sites 7, 8
252 and 9 were more typical of urban areas impacted by effluents^{32,33}, and were likely to have
253 been due to effluent discharged from the Taw Valley Creamery and STWs located on the
254 upper R. Taw (North Tawton, Belstone/South Tawton; see Fig. 1). Incorporation of effluent
255 orthophosphate-P concentration and flow data from the Creamery and the STWs into a
256 conservative dilution model for the short stretch of river reach between Belstone/South
257 Tawton and Taw Bridge (distance ca. 12 km) indicates that the Creamery effluent may have
258 been a significant contributor (up to 100 %) to the orthophosphate-P concentration observed
259 at site 7 (Taw Bridge), as shown in Fig. 2. Nevertheless, the STW (population equivalent
260 (p.e.) 2706) also was important, particularly during the summer.

261 The annual mean concentration data for orthophosphate-P in tributary rivers are given
262 in SI 3. As for the R. Taw, mean concentrations varied by an order of magnitude across the
263 16 sites, and variations in concentrations about the mean were large at many sites. The
264 relatively high concentrations at site 12, on the R. Mole, were probably due to effluent
265 discharges from the STWs located upstream at South Molton and North Molton; the former is
266 the second largest STW in the catchment and together they have an estimated P load of 2.75 t

267 y^{-1} , equivalent to 26 % of the STW effluent P loads to rivers across the entire catchment.
268 Downstream of site 12, orthophosphate -P concentrations decreased (sites 13 and 14),
269 presumably due to dilution and/or loss of nutrient from solution. In addition, the tributaries
270 draining into the Mole upstream of site 13, at sites 15 and 16, were low in orthophosphate-P.
271 Sites 19 - 25 showed wide variability in mean concentrations. In this region there are a
272 number of STWs, with an aggregate p.e. of over 3000 and an effluent P load of ca. 1.4 t y^{-1} ,
273 and it is likely that these inputs would have contributed to this variability. Lowest mean
274 concentrations occurred at site 18, and at sites 26 and 27 located in the more northerly part of
275 the catchment.

276 A decreasing concentration of any dissolved determinand with increasing river flow
277 (the type 1 response¹⁰) can be largely explained by the dilution of determinand rich effluents
278 or groundwater, or both, with determinand poor diffuse run-off from the catchment. The
279 concentration – flow relationships for orthophosphate-P at sites 2, 7 and 14 exemplify this
280 behaviour (SI 4(a)). Recasting the orthophosphate-P data as a monthly time series, shown in
281 SI 4(b), similarly reveals that the highest concentrations (and largest standard deviations in
282 concentrations) consistently occurred during the low flow, summer months. Thus, the
283 maximum mean concentrations occurred in September at site 7 ($0.94 \pm 1.09 \text{ mg P L}^{-1}$), in
284 August at site 2 ($0.13 \pm 0.09 \text{ mg P L}^{-1}$) and in July at site 14 ($0.07 \pm 0.05 \text{ mg P L}^{-1}$).

285 **3.1.2 Temporal trends**

286 The results of the temporal trend analyses are reported in Table 2. While the
287 correlation coefficients are weak to moderate (ca. -0.3 to -0.5), all three tests show that for
288 each site there was a significant downward trend in orthophosphate-P concentrations over the
289 sampling periods, for both the flow adjusted and non-flow adjusted data. However, the
290 similarity in the magnitude of the correlation coefficients from analyses on the flow adjusted
291 and non-flow adjusted concentrations indicates that hydrological variability may have played

292 a role. There have been changes to river water abstractions and augmentation in the Taw
293 catchment (as noted in Table 1) although it is not possible to attribute any of the changes in
294 orthophosphate-P concentrations to these factors. It has been shown that median (Q_{50}) flows
295 during the summer and autumn (June – November) for the period 1969 – 2008 increased by
296 10 – 30 % in the southwest of England, probably due to climatic factors.³⁴ In principle,
297 increased river flows during summer and autumn would, inter alia, lead to increased dilution
298 of the point source orthophosphate-P loads that tend to dominate during these periods, and
299 hence give rise to lower river orthophosphate-P concentrations. This may explain, to some
300 extent, why the Seasonal Kendall test returns larger positive correlations in each case than the
301 Mann Kendall test, which doesn't explicitly account for seasonal scale changes in the data
302 (Table 2). However, this hypothetical scenario is likely to be confounded by the complexity
303 of catchment nutrient cycling, sources and losses, and their changes with time. Recent
304 decreases in orthophosphate-P concentrations observed in English rivers in the last decade or
305 so have been due to nutrient stripping of STW effluents prior to final discharge.^{7, 10, 35, 36} In
306 the Taw catchment, orthophosphate-P stripping has not been implemented under the
307 UWWTD because of the relatively small sizes of the individual STWs within the catchment,
308 and so the downward trends in orthophosphate-P concentrations cannot be ascribed to this
309 driver. Reductions in P-loading of domestic detergents may have played a role³⁷, but as
310 temporal trend data for effluent P loads from STW in the catchment were not available, this
311 suggestion is tentative. The downward trend may also be explained, in part, by changes in
312 P_2O_5 fertiliser applications over the last decade; for grassland in southwest England,
313 applications have decreased by ca. 30 % since 2002, to 7 kg ha⁻¹ P in 2013, while for all crops
314 and grass the inputs have halved over the same period to 14 kg ha⁻¹ P in 2013.^{38, 39} An
315 additional factor that could generate an apparent trend in decreasing orthophosphate-P
316 concentrations is a change to lower resolution sampling and subsequent flattening of the

317 signal.⁴⁰⁻⁴² In the current study, the apparent downward trends in concentrations observed
318 from the early-2000s was not accompanied by a clear change in sampling frequency, and so
319 the trends, if real, were due to factors that are unidentified at present. The potential
320 consequences for improved ecological status of these apparent reductions in orthophosphate-
321 P concentrations, in relation to phytoplankton growth and community composition, are
322 examined in section 3.3.

323 **3.2 Orthophosphate-P sources and loads**

324 **3.2.1 Catchment integrated diffuse sources**

325 The approximately asymptotic decrease in orthophosphate-P concentrations as flows
326 increased, described in section 3.1.1, can provide information on the integrated diffuse (run-
327 off from the surface and unsaturated zone that could include agricultural and septic tank
328 sources^{35, 43}) orthophosphate-P contribution from the catchment to the river. A quantitative
329 estimate of this contribution can be derived from the gradient of the regression of
330 orthophosphate-P load vs flow.^{43, 44} The underlying assumption of this approach is that an
331 increase in orthophosphate-P load is due only to this diffuse term, while loads from other
332 important sources (groundwater and STW/industrial effluent) remain uniform regardless of
333 overall river flows.^{9, 44} We do not have the data to test this assumption however, as is outlined
334 in section 3.2.2. In the current work, concentration and flow data for all years at each site
335 have been used for the quantitation because annual sampling frequency was generally low
336 (10-13 samples y^{-1}). Thus, the results reflect an integration of all the spatial and temporal
337 variation in inputs across the catchment plus any in-water orthophosphate-P gain/loss that
338 may have occurred (e.g.⁴³). In an earlier study⁴⁴ ordinary least squares regression (OLS) was
339 used to quantify the relationship between load and flow. However, in the current work a
340 robust linear regression (bisquare weight method) has been used to quantify the relationship
341 as this technique is less sensitive than OLS to heteroscedasticity in the data and the presence

342 of outliers.⁴⁵ The results of the regression analyses are reported in SI 4(c) for sites 2 and 14
343 which represent the riverine outlets from the Taw and Mole sub-catchments. The
344 relationships between load and flow at both sites are significantly ($p < 0.001$) and positively
345 linearly correlated, with R^2 values of 0.93 and 0.95, respectively. The slopes of the lines
346 indicate that the Taw and Mole sub-catchment contributions to orthophosphate-P
347 concentrations were of the order $0.035 \text{ mg P L}^{-1}$ ($0.034 - 0.036 \text{ mg P L}^{-1}$, 95 % CI) and 0.019
348 mg P L^{-1} ($0.018 - 0.021 \text{ mg P L}^{-1}$, 95 % CI), respectively. In order to reveal variability around
349 these 1990-2013 integrated values, separate regressions between load and flow were
350 undertaken for site 2 for 1991 to 1996 when sampling was more frequent (25-35 samples y^{-1}).
351 In all cases the R^2 values were strongly positive (range 0.75 - 0.94) and slope values (mean
352 $0.054 \text{ mg P L}^{-1}$ and range $0.029 - 0.076 \text{ mg P L}^{-1}$) similar to or higher than the concentration
353 shown in SI 4(c). It is noteworthy that the reported year on year reductions in fertiliser P
354 loads have not obviously influenced the catchment integrated diffuse loads of
355 orthophosphate-P. This de-coupling, if real, may simply be a reflection of complexity in the
356 mobilisation and transfer of phosphorus at large areal scales.⁴⁶ The diffuse catchment
357 concentrations estimated here are similar to those observed for the rural R. Tamar catchment
358 (southwest England) (range $0.025 - 0.118 \text{ mg P L}^{-1}$) but lower than those calculated for the
359 urbanised R. Thames and R. Thame catchments (southeast England) (range $0.097 - 0.298 \text{ mg}$
360 P L^{-1}).^{11, 36}

361 The approximately conservative behaviour of orthophosphate-P evidenced by the
362 positive and significant coefficients of determination in the load vs flow plots in SI 4(c) is
363 perhaps counter-intuitive given the multitude of orthophosphate-P sources across the
364 catchment, the downward temporal trend in river orthophosphate-P concentrations and
365 known in situ orthophosphate-P reactivity in rivers.^{3, 43} With respect to in situ reactivity,
366 exchange of phosphorus between river bed sediments, pore waters and overlying waters in

367 the upper Taw river and tributaries has been reported to be limited.⁴⁷ In addition, within-river
368 P cycling was unimportant relative to the source loadings of orthophosphate-P in the Dorset
369 R. Frome, located in southern England.⁹ A more rigorous assessment of orthophosphate-P
370 behaviour (i.e. conservative, non-conservative) is desirable, but this would require higher
371 temporal sampling resolutions (daily, weekly) than the monthly sampling adopted by the
372 EA.³

373 **3.2.2 Sources and loads at river base flow**

374 Equations (1) – (5), given in section 2.3, were used to quantify the low (or base) flow
375 end member loads of orthophosphate-P from groundwater and effluent. There are no direct
376 measurements of groundwater orthophosphate-P concentrations in the Taw catchment, but
377 typical concentrations of total dissolved phosphorus (orthophosphate-P + refractory inorganic
378 P + organic P) in a wide range of English groundwaters, including from the nearby Dartmoor
379 granite, are $< 0.1 \text{ mg P L}^{-1}$.^{48, 49} Incorporation of the groundwater (0.1 mg P L^{-1} used for
380 concentration) and STW flow and concentration data into equations (1) to (5) revealed that
381 STW effluent could theoretically contribute 96 %, 85 % and 72 % of the orthophosphate-P
382 load at site 7 (the Creamery effluent was included for this site; median P concentration is 5.5
383 mg L^{-1}), site 2 and site 14, respectively, during lowest river flows. The estimated dominance
384 of the effluent signal at site 7 is in good agreement with the results from the dilution model
385 assessment shown in Fig. 2. From this perspective, i.e. the dominance of effluent
386 orthophosphate-P at low river flows, the Taw is typical of rivers across the UK.^{10, 13, 35, 36, 43, 44}

387 **3.2.3 A source apportionment model for orthophosphate-P**

388 The catchment integrated diffuse source concentrations of orthophosphate-P reported
389 in section 3.2.1 were combined with the orthophosphate-P loads from effluents and
390 groundwater calculated in section 3.2.2 to give a source apportionment model (SAM) that is

391 analogous to the Type 1 E-EMMA described in ³. This three end-member load mixing model
392 can calculate the contribution of each source (effluent, groundwater, catchment) to the overall
393 orthophosphate-P load as river flow increases. As such, the SAM can be viewed as an initial,
394 pragmatic, attempt to examine the relative importance of orthophosphate-P loads under
395 contrasting flow regimes, and provides a basis for more detailed studies of orthophosphate-P
396 loads if or when higher temporal resolution orthophosphate-P concentration data become
397 available. In the SAM the same assumption was made regarding changes in load as given in
398 section 3.2.1, that only the diffuse loads increased with flow (thus for each $1 \text{ m}^3 \text{ s}^{-1}$ increase
399 in flow the diffuse load would increase by 0.035 g P s^{-1} and 0.019 g P s^{-1} for the Taw and
400 Mole sub-catchments, respectively). The results from the SAM are given in Fig. 3. At the
401 lowest flows, effluent loads dominate (72 – 85 %) at the outlets of the Taw and Mole sub-
402 catchments (consistent with the loads estimated using equations 1 - 5), while groundwaters
403 contribute 15 – 28 %. At the highest river flows, in contrast, diffuse loads dominate (91 -
404 93 %) and effluent loads are only ca. 6 % of the total. Nevertheless, effluent orthophosphate-
405 P contributes ≥ 50 % of load for approximately a half and a quarter of the time in the Taw
406 and Mole, respectively; which again emphasises the importance of effluent orthophosphate-P
407 during the critical low-flow, algal growing season.

408 **3.2.4 Loads derived from EA WIMS data**

409 Orthophosphate-P loads at each of the gauged sites were also calculated directly from
410 river flow and EA WIMS monitoring data for the days for which orthophosphate-P data were
411 available. Concentrations given as less than (these were $\ll 1$ % of the total dataset) were
412 divided by 2 for the calculation.⁵⁰ The favoured OSPARCOM approach for load estimation
413 was used² (the flow weighted Method 5, equation (6) in section 2.3). Mean and median daily
414 load values were then calculated for each year, and the results are shown in Fig. 4(a). In each
415 case the mean loads were similar to or larger than the median loads; the largest differences

416 were observed at site 7, presumably because of the occurrence of enhanced orthophosphate-P
417 concentrations at this site (SI 2). Highest mean loads were observed at site 2 and were in the
418 range 34 – 191 kg P d⁻¹, reflecting the relatively large size of its drainage area and hence river
419 flows. The next highest loads occurred at site 7 (12 – 116 kg P d⁻¹). Loads from site 14 on the
420 R. Mole were in the range 20 – 60 kg P d⁻¹ and showed much less annual variation than the R.
421 Taw sites. The magnitude of the loads decreased in the latter half of the time series, a trend
422 that is consistent with the reduction in concentrations described in section 3.1.2. The trend of
423 decreasing loads is particularly marked at site 7 in the upper R. Taw and site 14 on the R.
424 Mole.

425 Bowes et al.⁴⁰ calculated loads of SRP in the high BFI (0.84) R. Frome (southern
426 England) using an algorithm assessed to be the most accurate (lowest bias) and least
427 imprecise (Method 3, equation 8 in section 2.3). Based on monthly sampling, bias in annual
428 load estimates for SRP in the R. Frome were in the range -10.6 to + 12.2 % (with one at
429 +27.9 %) relative to the ‘true’ load calculated from more frequently collected samples
430 (average 3.7 samples per day for one year). Load bias may be greater in the Taw because it is
431 a lower BFI (0.43) catchment, although because it also has a low population density, this may
432 not necessarily be the case.⁴¹ Load estimates for total reactive phosphorus (equivalent to
433 orthophosphate-P in the current work) using EA monitoring data (6 samples y⁻¹; May 2011 –
434 September 2012), using the Method 5 algorithm, gave a bias of + 7.1 % compared with
435 higher resolution (hourly) data, in the low BFI (< 0.50) R. Leith (northwest England)
436 catchment.⁵¹ However, loads calculated during periods dominated by either low or high river
437 flows showed much poorer agreement with the high sample resolution based loads, implying,
438 inter alia, that the data record timespan used for inter-comparisons is important. Indeed, it has
439 been shown that high resolution sampling is necessary in order to quantify short term
440 variability in orthophosphate-P concentrations and hence loads.⁴⁰ From these studies it can be

441 concluded that the load estimates given in the current work may have a bias of up to $\pm 20\%$.
442 Maier et al.⁵² reported the average orthophosphate-P load at Umberleigh (site 3 in the current
443 study) to be 37 t y^{-1} for the period 1990 – 2004. Extrapolation of our estimates at site 2 to an
444 annual basis gives an average of 44 t y^{-1} over the same period and 38 t y^{-1} over the longer
445 period of 1990 – 2013 examined herein, both of which are within the bias error given above.

446 A comparison of the loads derived from the EA WIMS monitoring data and the SAM
447 was undertaken for sites 2 and 14. The EA derived mean and median loads for each year were
448 plotted against the mean river flow for the year (the latter calculated from the flow weighted
449 Method 5) and compared against the SAM calculated loads for the same flow range; the
450 results are presented in Fig. 4(b). While the SAM calculated loads increase monotonically
451 with flow (because only river flow changes in the model) they fall centrally within the ranges
452 calculated using Method 5 for both sites. This agreement indicates that the inclusion of
453 temporally variable orthophosphate-P loads into the SAM would improve the correlation
454 between these two load estimation approaches. Diffuse load data for orthophosphate-P at site
455 2 (cf. SI 4(c)) were calculated separately for the years 1991 to 1996 when sampling frequency
456 was relatively high ($25 - 35 \text{ samples y}^{-1}$), and the modelled loads recalculated for each of
457 those years ($< 8\%$ of the data used to calculate the diffuse values were excluded as outliers).
458 Subsequent bisquare weight linear regression of EA derived median loads against SAM
459 calculated loads gave an R^2 of 0.91 and a slope of 1.23 ($n = 5$, 1995 excluded). Although n is
460 small, this good fit indicates that the approach used for estimating the diffuse concentration,
461 exemplified in SI 4(c), is robust and that, on an annual basis, the estimated loads calculated
462 by the two methods are not likely to be significantly different given that the bias (23%) is of
463 a similar order to the bias in orthophosphate-P load estimations reported previously.^{40,51}
464 While this agreement is encouraging, the advantage of the SAM approach, relative to the

465 Method 5 load estimation, is the ability to separately identify the diffuse and point load
466 components.

467 The load estimation approaches described in sections 3.2.1 to 3.2.4 can be
468 summarised and linked in the following way. Base flow orthophosphate-P loads from
469 groundwater and effluents revealed that at lowest river flows, effluent contributed 72 – 96 %
470 of the load at the three sites examined. Data from the base flow loads and integrated
471 catchment inputs of orthophosphate-P were combined to give a source apportionment model
472 which showed that effluent orthophosphate-P contributed at least half of the orthophosphate-
473 P load for 27 – 48 % of the time. This outcome is consistent with recent reports of the
474 importance of effluent orthophosphate-P at low river flows in other English catchments
475 (e.g.¹⁰). Orthophosphate-P loads were also calculated from EA WIMS data using the
476 OSPARCOM Method 5 and compared with the loads derived from the SAM. The proximity
477 between the load estimates derived from the two approaches appeared to be of the same
478 magnitude as the bias in orthophosphate-P loads reported for other lower BFI English
479 rivers.⁵¹ It is anticipated that inclusion of more highly temporally resolved data would
480 improve the agreement between these two load estimation approaches, although there appear
481 to be a dearth of studies on the relationship between sampling frequency and orthophosphate-
482 P load uncertainties in effluent impacted low BFI UK rivers.

483 **3.3 Water quality**

484 **3.3.1 Water Framework Directive Phase 2 standards for reactive phosphorus**

485 Site specific standards for reactive phosphorus (RP) under Phase 2 of the WFD
486 standard setting process were implemented in 2015.^{16, 53} In Phase 2, RP is defined as
487 phosphorus that will pass through a 0.45 µm pore size filter membrane and can be measured
488 by the phosphomolybdenum blue colorimetric method.

489 The RP standard, which is a calculated annual mean concentration, is defined by
490 equation (9):

$$491 \quad \text{RP standard } (\mu\text{g P L}^{-1}) = 10^{((1.0497 \log_{10}(\text{EQR}) + 1.066) * (\log_{10}(\text{reference} \\ 492 \quad \text{condition RP}) - \log_{10}(3500)) + \log_{10}(3500))} \quad \text{Eqn (9)}$$

493 The RP standard is the concentration estimated for the lower class boundary of the High,
494 Good, Moderate and Poor Ecological Status. The Ecological Status depends on the value of
495 EQR used, where EQR is the site independent ecological quality ratio at the class
496 boundary.^{15, 16} The ‘reference condition RP’ is the RP concentration expected at near natural
497 conditions, subject to local geology and geography. It can be estimated as:

$$498 \quad \text{Reference condition RP} = 10^{(0.454(\log_{10}\text{alkalinity}) - 0.0018(\text{altitude}) + 0.476)} \quad \text{Eqn (10)}$$

499 Alkalinity is the mean annual total alkalinity ($\text{mg CaCO}_3 \text{ L}^{-1}$) of the water (a proxy for
500 geology and location) at a given site and the altitude is height (in m, AOD). The annual
501 spatial and temporal variability in the concentrations (mean \pm one standard deviation) of
502 alkalinity for the R. Taw and the tributary rivers are summarised in SI 5 and SI 6,
503 respectively. There were no clear temporal trends in mean annual concentrations of alkalinity
504 across the catchment, but there were marked spatial differences. On the R. Taw there was a
505 notable increase in alkalinity concentrations in the upper catchment between site 10 and the
506 downstream site 9. This pattern, and indeed the trends in the remainder of the R. Taw,
507 mirrored those of orthophosphate – P. In the tributary rivers, the highest mean concentrations
508 occurred at sites 22 – 25 and to a lesser extent at sites 19 – 21. It is also noteworthy that the
509 sites with the highest mean concentrations also had the largest standard deviations about the
510 mean concentration.

511 Equations (9) and (10) have been used to retrospectively examine the compliance of
512 the R. Taw and its tributaries with the Phase 2 RP standards and the results are reported in

513 Fig. 5 and SI 7. For the R. Taw itself, most sites (4, 5, 6, 7, 8, 9) would be classified as
514 'Poor', while sites 2, 3 and 10 would be classified as 'Moderate' and site 10 occasionally as
515 'Good'. The ratio of the measured RP to reference condition RP can be calculated for each
516 year for each site and is a quantitation of the human impact on ambient phosphate-P
517 concentrations.¹⁵ The ratio values reflect the range found for Ecological Status, with
518 measured orthophosphate-P concentrations at 'Poor' sites factors of 10 or more above the
519 reference condition, implying marked anthropogenic nutrient pressures at these locations. For
520 the tributary rivers the Ecological Status would be better, with a number of sites achieving
521 'Good' in some years (sites 14, 15, 16, 18, 26, 27). Nevertheless, sites 19 - 25 appear
522 particularly impacted, with a 'Poor' status dominant and ratios generally > 10.

523 While there are uncertainties in correlating RP standards with actual biological
524 impacts,¹⁶ it is likely that concentrations of orthophosphate-P in the Taw catchment rivers,
525 particularly during summer, were generally above concentrations considered detrimental to
526 periphyton and benthic diatom communities. Figure 6 shows orthophosphate-P
527 concentrations for the summer growing season (April to September) for two sites on the Taw
528 with the lowest orthophosphate-P values; site 10 in the upper catchment and site 2 at the
529 catchment outlet (for the tributaries, only sites 18, 26 and 27 exhibited similarly low
530 concentrations). Also shown on Fig. 6 are reported Phosphorus Limiting Concentrations
531 (PLC) for some UK and US rivers below which periphyton biomass accrual rates were
532 observed to decline (summarised in ⁵⁴). It can be seen that most orthophosphate-P
533 concentrations were in the range of these PLC values, particularly in the later part of the time
534 series. Targeted experiments on the Taw itself would be required to see if a decrease in algal
535 biomass had indeed occurred. As these sites probably represent the best case scenarios it is
536 likely that the remaining sites in the Taw catchment would require more comprehensive
537 mitigation measures in order to achieve GES with respect to orthophosphate-P.

538 **3.3.2 Does the use of alkalinity compromise the phosphorus standards?**

539 Within the WFD Phase 2, the phosphorus-P standards for rivers are dependent on
540 alkalinity and altitude, as described above. In the unperturbed, or ‘reference’ sites of Phase 2,
541 alkalinity and altitude explain most of the variation in river RP concentrations because these
542 parameters “take into account the main sources and controls of the natural variation in soluble
543 phosphate concentrations (i.e. rock weathering)”.¹⁵ Thus the reference conditions are defined
544 by an absence of anthropogenic pressures and indicate that river flows are driven by natural
545 catchment hydrology. The resulting linear regression of alkalinity/altitude with RP is used to
546 calculate the ‘expected’ concentration of RP at any site in the UK. This value is also used to
547 determine the RP concentrations that delineate the boundaries between the five different
548 Ecological Status classifications, as described in section 3.3.1.

549 While the Phase 2 RP standards are framed as annual mean concentrations, many
550 studies have highlighted the importance of orthophosphate-P to periphyton and benthic
551 diatom growth during the low flow, summer months.^{13, 55} From equation (1) it has been
552 established that low river flows can have contributions from both groundwater and effluents
553 from sewage treatment and industrial sources, and the relative importance of these sources to
554 orthophosphate-P at three sites in the Taw was estimated from equations (1) to (5). This
555 approach can be extended to alkalinity because sewage (and some industrial) effluent
556 contains alkalinity (principally carbonate/bicarbonate, but also borate and organic acids, and
557 orthophosphate-P itself¹⁸), and so, at low flows, riverine alkalinity will have both a
558 groundwater and an effluent component. Summary plots of alkalinity concentration vs river
559 flow and monthly variations in alkalinity concentrations for the sites 2, 7 and 14 in the Taw
560 catchment (Figs. 7(a) and (b), respectively) are consistent with this contention, with the
561 highest concentrations occurring at low flows and during the summer months. Notably, these
562 trends mirror those for orthophosphate-P shown in SI 4(a) and (b).

563 The presence of effluent alkalinity implies that the calculated “reference condition”
564 and “Ecological Status boundary” RP concentrations may be incorrect, the size of the
565 discrepancy being dependent on the proportion of effluent alkalinity. In addition, the
566 calculated RP concentration at a given boundary may be higher in effluent influenced rivers,
567 relative to groundwater dominated rivers, thereby giving a misleading impression of the
568 ecological status of the water body. Separation of the measured alkalinity at low river flows
569 into these two components, using equations (1) to (5), has been done for sites 2, 7 and 14.
570 Box 1 summarises the calculations, including the data used and underlying assumption made.
571 Thus, it has been estimated that ca. 43, 76 and 26 %, respectively, of the measured river
572 alkalinity at these sites was from effluent. Reference condition RP and High/Good RP
573 boundaries were then calculated with and without this effluent component for the
574 ecologically important summer period of April to September (Fig. 8). The measured :
575 predicted RP ratio increased by 29 %, 89 % and 15 % at sites 2, 7 and 14, respectively, while
576 the reference condition RP concentrations decreased by the same margins. The associated RP
577 concentrations delineating the High/Good boundary fell by 26 %, 78 % and 13 %,
578 respectively, at these sites.

579 The significance of these results with respect to nutrient reduction strategies, at this
580 time, should be placed in the context that the Phase 2 standards are for annual mean
581 concentrations of both alkalinity and RP. For example, using the data in Box 1, it is possible
582 to apportion river loads of alkalinity from the different sources (effluent, groundwater,
583 diffuse) against changes in river flow (cf. orthophosphate-P in Fig. 3). The results, shown in
584 Fig. 9, suggest that both effluent and groundwater alkalinity are important at low flows,
585 consistent with the calculations above. Thus, for flows $\leq Q_{95}$ value, effluents may account for
586 25 – 50 % of the alkalinity load for the sites representing the outlets of the Taw and Mole
587 catchments. Nevertheless, because of the paucity of data on flows and concentrations used in

588 this analysis, as noted in footnotes d and e to Box 1, these results probably provide only a
589 first order assessment of the importance of alkalinity sources under contrasting river flows,
590 and in particular at low flows. Additional work using more constrained datasets would serve
591 to reduce the uncertainties and arguably contribute to a more refined set of phosphorus
592 standards for inclusion in a Phase 3 cycle of standards revisions under the WFD.

593 **4. Summary and conclusions**

594 The results from a source apportionment model incorporating effluent, groundwater
595 and diffuse loads of orthophosphate-P suggested that effluent discharged to the rivers in the
596 Taw catchment contributes approximately half of the orthophosphate-P load for up to half of
597 the time across the catchment. However, during the more biologically important summer
598 months, significant contributions of sewage (across the catchment) and industrial effluent
599 (upper R. Taw) to orthophosphate-P concentrations (up to 96 %) occur. These sources
600 probably contribute to the generally Poor to Moderate Ecological Status of the rivers with
601 respect to the recently introduced WFD Phase 2 standards for phosphorus. Since the early-
602 2000s, orthophosphate-P concentrations appear to have decreased, for reasons not identified
603 herein, with no clear improvement in overall ecological status. To compound the failure to
604 meet Good Ecological Status at most sites sampled, it has been demonstrated that sewage and
605 industrial effluent sources of alkalinity to the river can give erroneous boundary
606 concentrations of reactive phosphorus for WFD Ecological Status classification, and in effect
607 relax the standards.

608 While the sampling resolution of the EA chemical monitoring programme,
609 particularly in the temporal dimension, frequently attracts criticism, the resulting data
610 archived in the WIMS database, at a national level, are an important resource that can be
611 used, with due diligence, to assess and address problems in catchment management. In the
612 current work, the high orthophosphate-P concentrations observed in the upper R. Taw were
613 largely due to industrial effluent from a single plant, coupled with more minor contributions
614 from STWs, while at the catchment scale, the enhanced summer concentrations of
615 orthophosphate-P were due to STW effluents. These point sources appeared to be the major
616 cause of failure to meet GES under the WFD. Reductions in orthophosphate-P loads from
617 effluents could be achieved via chemical precipitation using metal chloride, although the

618 costs may be prohibitive. In the future, the development of an EU-wide Phosphorus Circular
619 Economy to severely restrict P losses to the environment, as advocated by the European
620 Sustainable Phosphorus Platform, may drive through these mitigation measures. The
621 estimated diffuse catchment runoff concentrations of ca. 0.03 mg L^{-1} orthophosphate-P, if
622 maintained at this level, would alone cause many sites to fail GES under the WFD Phase 2
623 standards. There is no requirement under the current UWWTD to further reduce
624 orthophosphate-P loads from STW and industrial effluents in the Taw catchment and so
625 unless driven by the WFD, it is unlikely that most rivers in the Taw catchment will achieve
626 GES in the foreseeable future.

627 For catchments like the Taw, with an extensive sampling history, both spatially and
628 temporally, it is arguable that the regulatory agencies should investigate alternative sampling
629 strategies that would provide more useful data for management / policy purposes while at the
630 same time be resource neutral and still fulfil statutory monitoring obligations. For example,
631 the number of sites regularly sampled could be reduced to those with known issues plus sites
632 located at the catchment outlets, including sub-catchments, where sampling frequency could
633 be markedly increased. The latter approach would provide improved estimates of catchment
634 nutrient loads, as defined in this study, and at the same time allow more accurate and precise
635 land to sea flux estimates of contaminants required by OSPAR. Reduced routine sample
636 throughput could also allow a more comprehensive set of analyses per sample, of particular
637 importance for phosphorus because it occurs in a variety of inorganic and organic fractions
638 with varying bioavailabilities. With anticipated changes in rainfall patterns, in particular
639 increases in the frequency of short sharp summer rain events, it may be prudent to undertake
640 “smart sampling” during these events (using a combination of meteorological predictions for
641 summer rainfall with in situ measurement technologies) in order to improve understanding of
642 nutrient transfers during intermittent wetting up of catchments. The aspiration for in situ

643 measurements, inter alia, is that they should measure the bioavailable P as defined by the
644 Environmental Quality Standard that is current at the time; while in situ measurements of
645 (dissolved) reactive phosphorus in rivers are now being more frequently reported, it is evident
646 that the instrumentation requires further development, particularly in relation to the more
647 specific definition of filtered reactive phosphorus given in the WFD Phase 2 standard.

648 The contribution of sewage effluent to riverine concentrations of alkalinity appeared
649 significant in the Taw, particularly during the key summer months. Given the extent of
650 urbanisation within Europe it would appear prudent to extend this analysis in order to
651 properly assess the contributions of effluent alkalinity to river alkalinity across the EU. This
652 would no doubt provide a more nuanced derivation of river phosphorus standards in a future
653 WFD river basin management cycle.

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- 770 55. C. Mainstone, *An evidence base for setting nutrient targets to protect river habitat*,
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772 Table 1. River flow gauging stations included in this study.

Gauging station	NRFA station #	% of total catchment drained	Comments	Baseflow index	Daily flow data ($\text{m}^3 \text{s}^{-1}$)			
					Mean	Min	Max	Q ₉₅
Umberleigh (Taw)	50001	68	Significant modification to flows owing to public water supply abstraction. Augmentation from the Exe catchment at low flows stopped end 2002.	0.43	18.0	0.20	364	1.23
Taw Bridge (Taw)	50007	6	Water abstractions at Taw Marsh ceased ~ 1999. Cheese factory at North Taw bridge abstracts from borehole but also compensates into river at low flow.	0.47	1.80	0.02	51.1	0.17
Woodleigh (Mole)	50006	29	Low flows moderately affected by public water supply abstraction and augmentation from Exe-Taw transfers.	0.47	8.79	0.20	143	0.87

773 Data from the National River Flow Archive (NRFA; <http://www.ceh.ac.uk/data/nrfa/>)

774

Table 2. Temporal trend analysis of orthophosphate-P concentrations for sites 2, 7 (2003 – 2013) and 14 (2003 – 2009).

Site (n)	Orthophosphate-P (flow adjusted concentrations)								
	r_s	Probr _s	trend	τ	Prob _{MK}	trend	τ	Prob _{SK}	trend
2 (126)	-0.32	< 0.001	↓	-0.22	< 0.001	↓	-0.35	< 0.001	↓
7 (129)	-0.42	< 0.001	↓	-0.28	< 0.001	↓	-0.32	< 0.001	↓
14 (83)	-0.37	< 0.001	↓	-0.22	< 0.001	↓	-0.30	0.007	↓
	Orthophosphate-P (non-flow adjusted concentrations)								
	r_s	Probr _s	trend	τ	Prob _{MK}	trend	τ	Prob _{SK}	trend
2 (126)	-0.32	< 0.001	↓	-0.22	< 0.001	↓	-0.36	< 0.001	↓
7 (129)	-0.35	< 0.001	↓	-0.23	< 0.001	↓	-0.37	< 0.001	↓
14 (83)	-0.40	< 0.001	↓	-0.26	< 0.001	↓	-0.47	< 0.001	↓

n, number of data points; r_s , Spearman's Rho correlation coefficient; τ , Kendall's tau correlation coefficient; prob, p value of the significance of the trend; MK, Mann Kendall; SK, Seasonal Kendall

Box 1. Estimation of the contribution of effluents, groundwater and diffuse catchment sources to river alkalinity loads at sites 2, 7 and 14 in the Taw catchment.

Effluent and groundwater sources				
Calculations: the approach uses equations (1) – (5) given in the main text				
Component	Unit	Site 2	Site 7	Site 14
$Q_{\text{dwf_stw}}$ ^a	$\text{m}^3 \text{s}^{-1}$	0.067	0.031	0.018
$Q_{\text{river_min}}$ ^b	$\text{m}^3 \text{s}^{-1}$	0.692	0.103	0.399
$Q_{\text{groundwater}}$ ^c	$\text{m}^3 \text{s}^{-1}$	0.625	0.072	0.381
Alkalinity _{stw} ^d	$\text{g CaCO}_3 \text{ m}^{-3}$	51.4	51.4	51.4
Alkalinity _{groundwater} ^e	$\text{g CaCO}_3 \text{ m}^{-3}$	7.1	7.1	7.1
Alkalinity _{load} _{effluent}	g s^{-1}	3.42	1.59	0.95
Alkalinity _{load} _{groundwater}	g s^{-1}	4.46	0.51	2.71
% Alkalinity from effluent		43.4	75.6	25.8
<p>^a Site 2 = Taw creamery + 13 STW; Site 7 = Taw creamery + 2 STW; Site 14 = 3 STW. Dry Weather Flow (dwf) data from the EA.</p> <p>^b Flow values are from the period coincident with the chemical data.</p> <p>^c $Q_{\text{groundwater}} = Q_{\text{river_min}} - \Sigma Q_{\text{dwf_stw}}$.</p> <p>^d Value from Beaford STW on the nearby R. Torridge. There are no alkalinity data for Taw STWs, but the range for South West River Basin District STWs is 14 – 444 $\text{mg CaCO}_3 \text{ L}^{-1}$. Data from the EA.</p> <p>^e Median value for nearby Dartmoor groundwater (range 4.1 – 34.4 $\text{mg CaCO}_3 \text{ L}^{-1}$; from⁴⁸). No data for Taw catchment.</p>				
Diffuse catchment source				
Requirement: the key requirement for this approach is that alkalinity should be conservative in the river. Using bivariate plots analogous to those given in SI 4(c) for orthophosphate-P it can be seen that alkalinity is approximately conservative, as shown in the three figures below.				
Site 2	Site 7	Site 14		

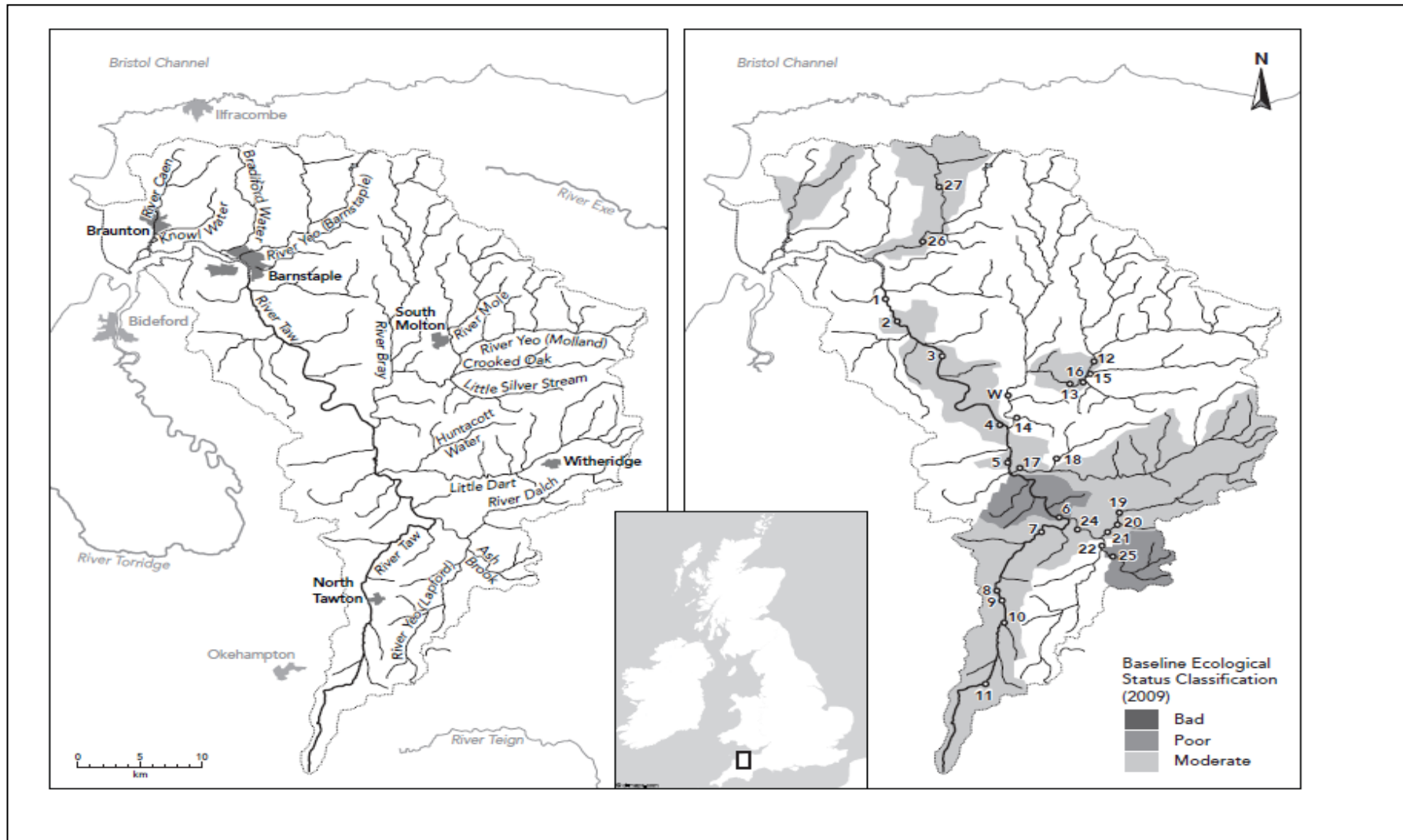


Figure 1. Left panel: place and river names; right panel: sampling sites (number) and gauging stations (U = UMBERLEIGH, TB = TAW BRIDGE, W = WOODLEIGH). The baseline Ecological Status classification of 2009²⁰ is also shown in the right panel.

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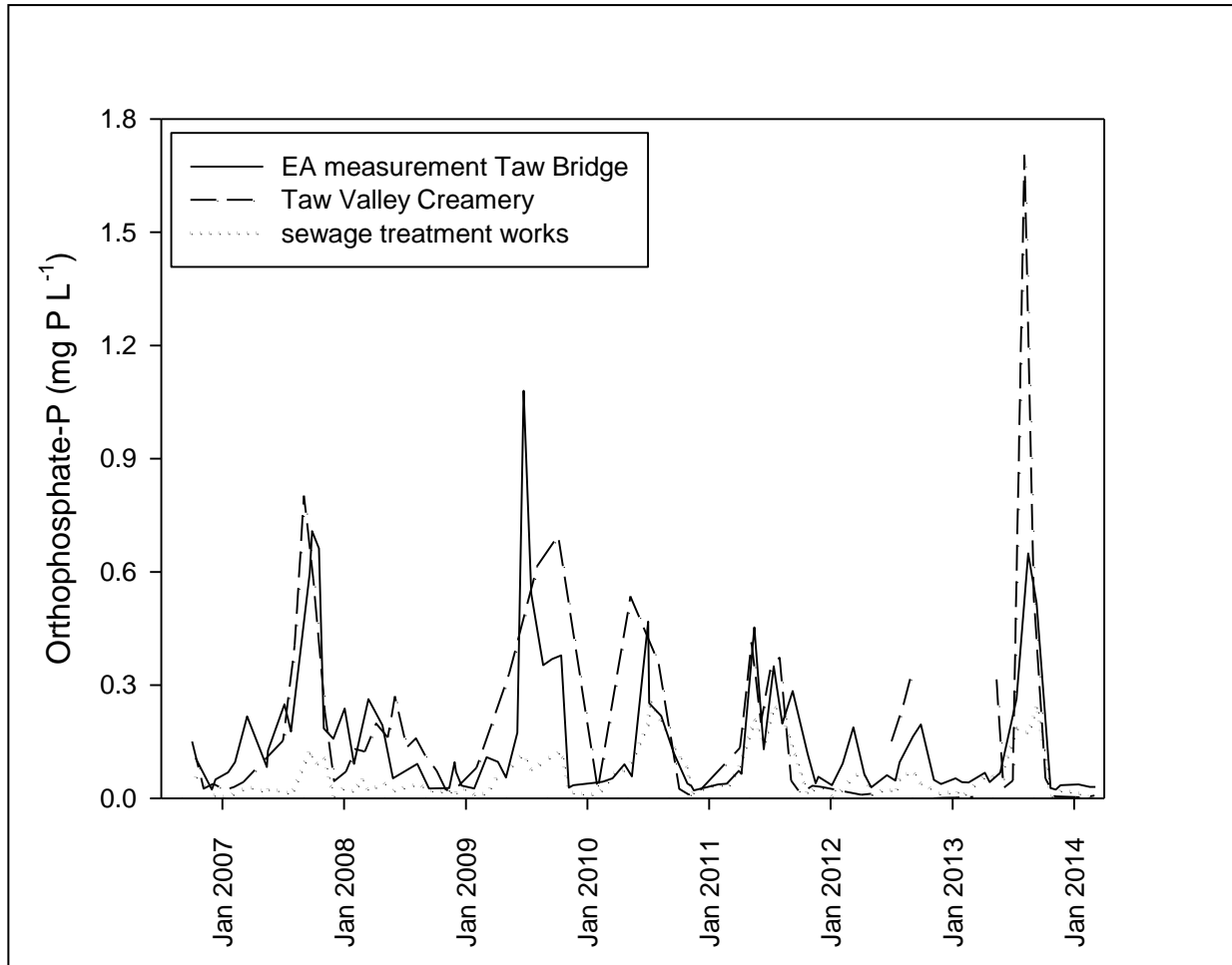


Figure 2. Estimated concentrations of orthophosphate-P in the river at site 7 (Taw Bridge), between October 2006 and March 2014, due to effluent inputs from the Taw Valley Creamery and the sewage treatment works located on the upper R. Taw. Also shown are the measured concentrations of orthophosphate-P from the EA WIMS dataset for the same period. For the estimated concentrations, orthophosphate-P loads (g P d^{-1} , derived from effluent flow and concentration data) in the effluents were diluted in to the river flow ($\text{m}^3 \text{d}^{-1}$) gauged for that day and conservative behaviour of orthophosphate-P assumed.

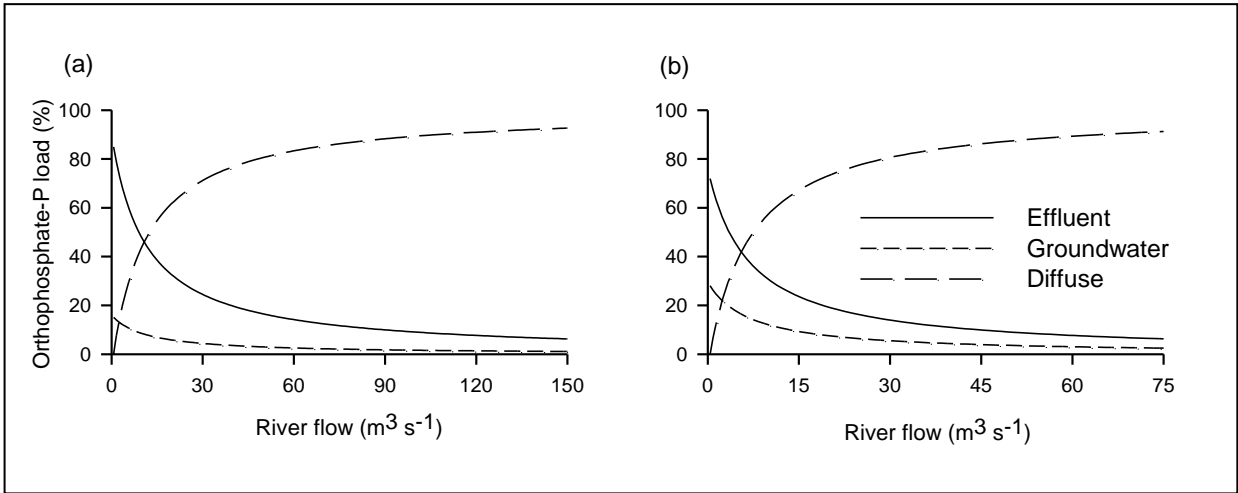


Figure 3. Calculated orthophosphate-P load from effluent, groundwater and diffuse run-off (%) vs river flow (m³ s⁻¹) at (a) site 2 on the R. Taw and (b) site 14 on the R. Mole. Note changes in scales.

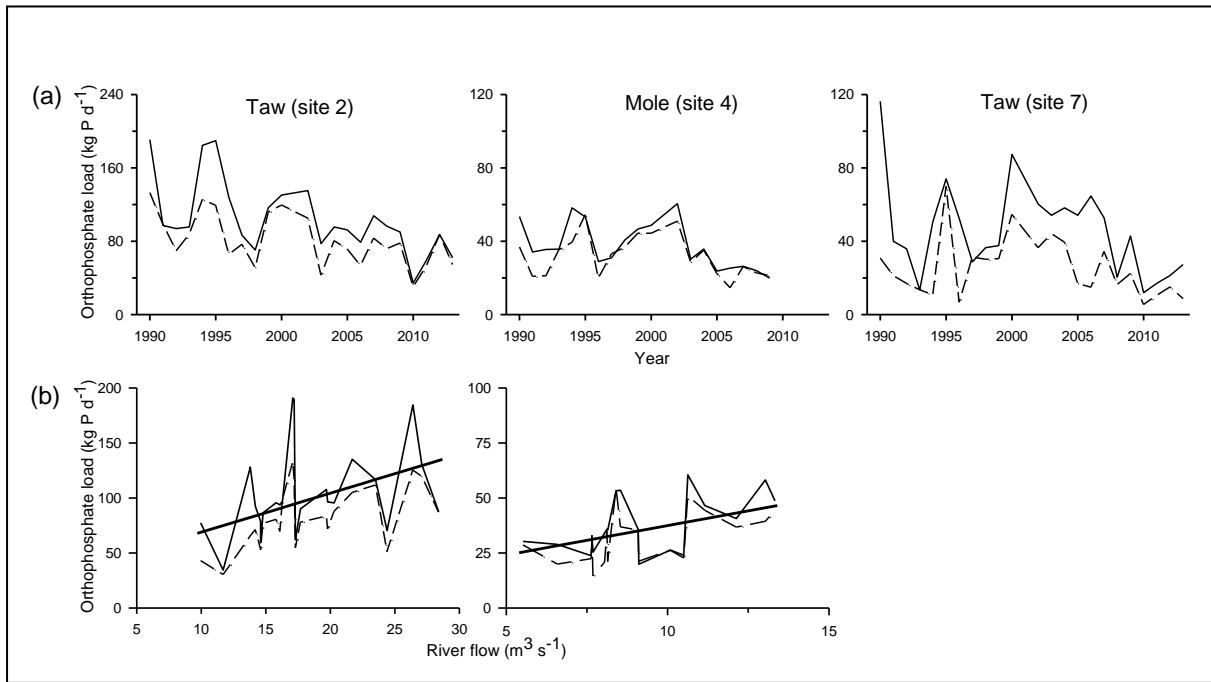


Figure 4. (a) Orthophosphate-P load (kg P d^{-1}) for each year and (b) orthophosphate-P load (kg P d^{-1}) vs annual mean flow ($\text{m}^3 \text{s}^{-1}$) for each year at three sites on the R. Taw and R. Mole. Note changes in scales. Thin solid line, Method 5 mean value; dashed line, Method 5 median value; thick solid line, source apportionment model value.

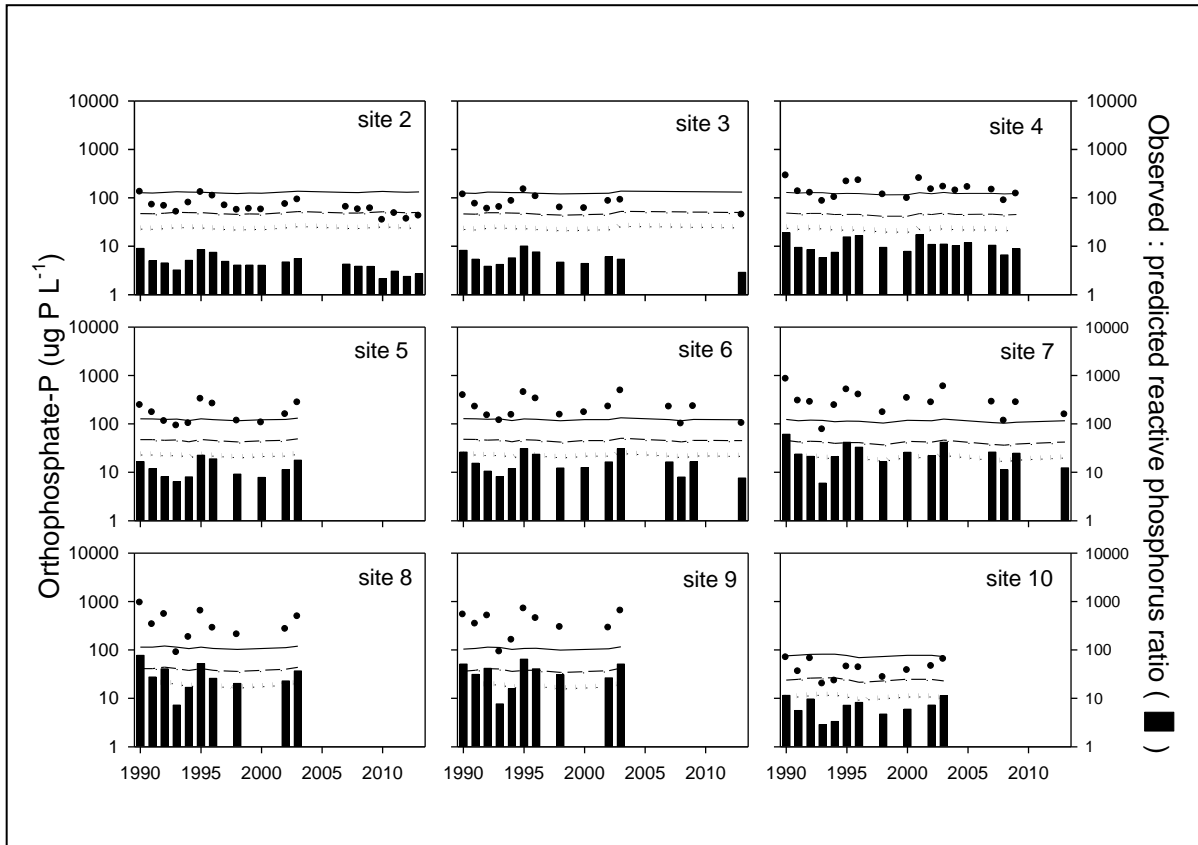


Figure 5. Water Framework Directive (phase 2) reactive phosphorus standards for the R. Taw. Solid line, poor/moderate boundary; dashed line, moderate/good boundary; dotted line, good/high boundary (all $\mu\text{g P L}^{-1}$). Observed mean annual concentrations of orthophosphate-P (\bullet ; $\mu\text{g P L}^{-1}$). Vertical bars show the ratio of the observed and predicted reactive phosphorus concentrations.

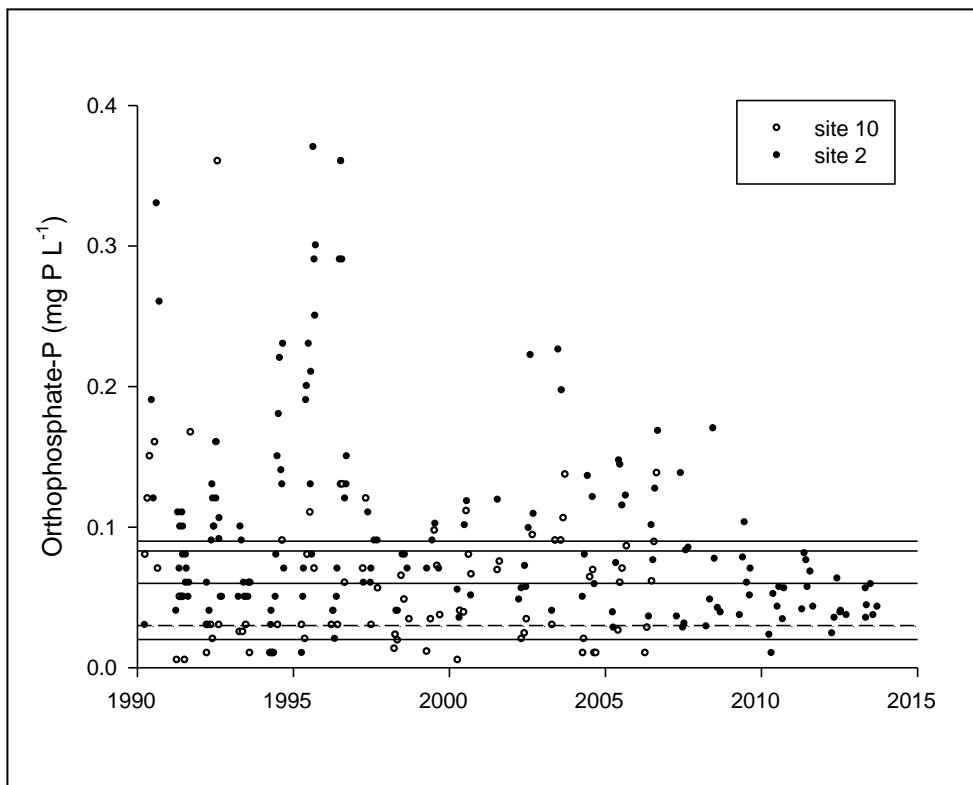


Figure 6. Orthophosphate-P (mg P L^{-1}) concentrations at site 10 and site 2 on the R. Taw during the April to September algal growing period. The horizontal lines show the Phosphorus Limiting Concentrations (PLC), reported for different UK and US rivers, below which P was the limiting nutrient and periphyton growth declined. The dashed line shows the concentration below which a positive change in diatom community composition was observed. See Bowes et al.⁵⁴ for a more detailed account of the PLC data.

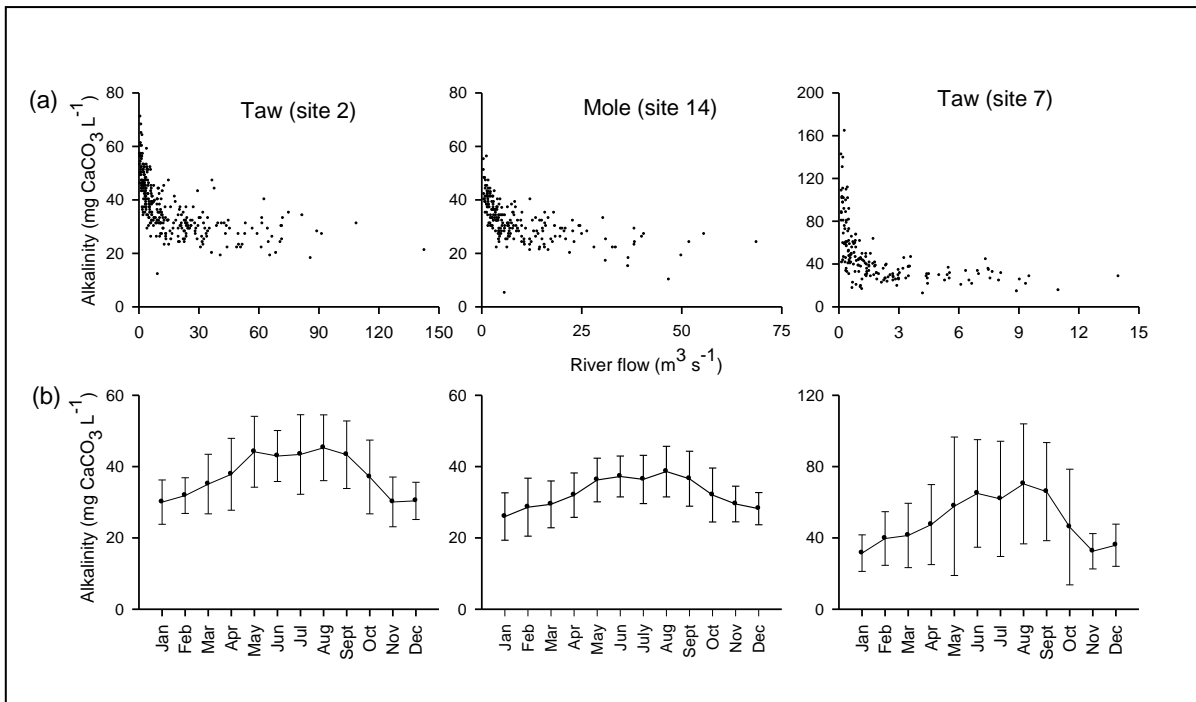


Figure 7. (a) Concentrations of total alkalinity (mg CaCO₃ L⁻¹) vs river flow (m³ s⁻¹) for all years at gauged sites on the R. Taw and R. Mole. (b) Monthly mean (± 1 standard deviation) concentrations of total alkalinity (mg CaCO₃ L⁻¹) for the same sites. Note changes in concentration scales.

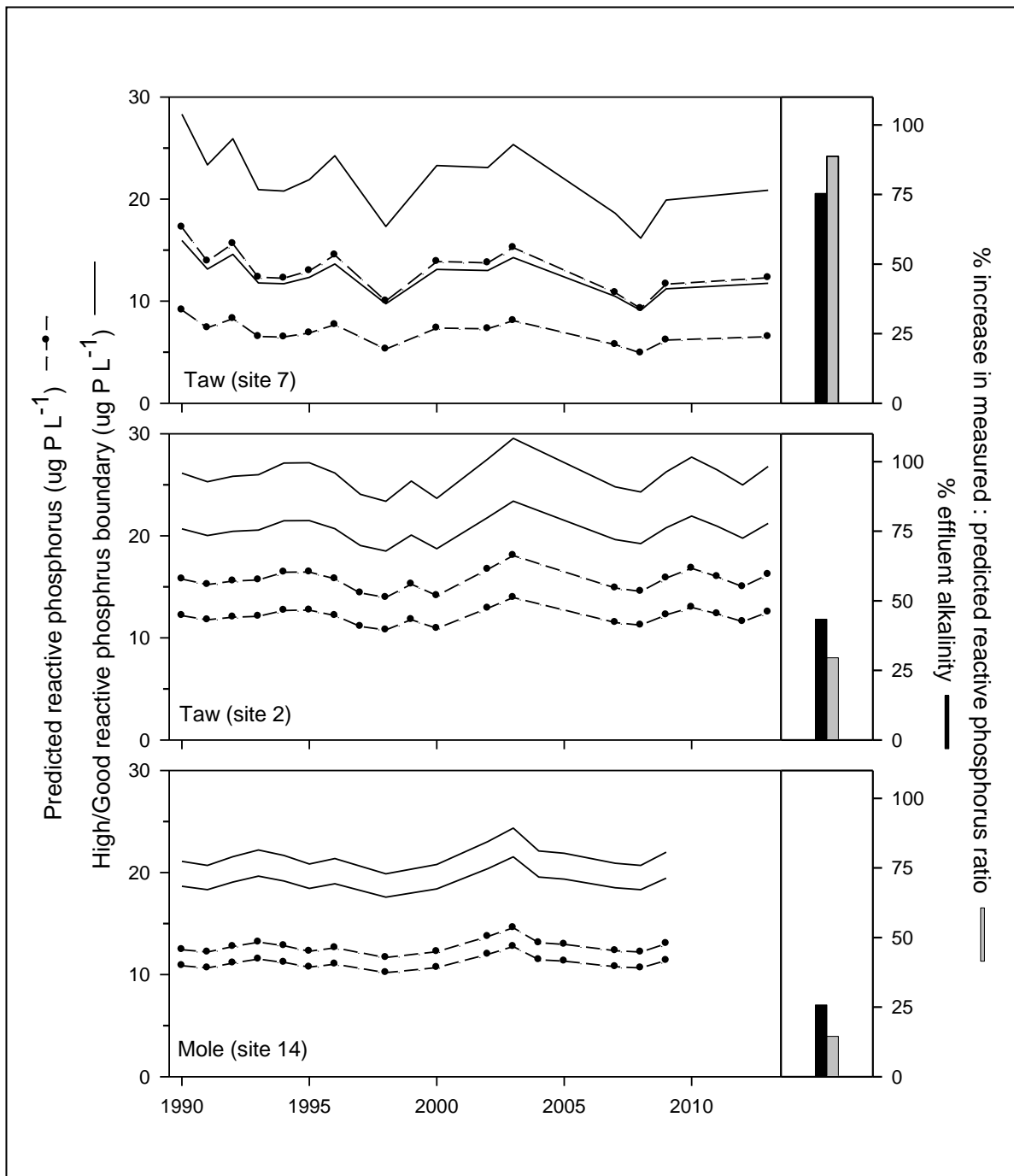


Figure 8. Right panel: Bar chart shows the % contribution of effluent to the measured river alkalinity at each site and the % increase in the measured : predicted reactive phosphorus (RP) ratio after subtraction of the effluent component of the measured alkalinity. Left panel: Solid lines show the decrease in the High/Good boundary concentration of RP, while the circle/dashed lines show the decrease in the predicted RP concentration, after subtraction of the effluent component of the measured alkalinity. Analysis for the summer period (April – September) only.

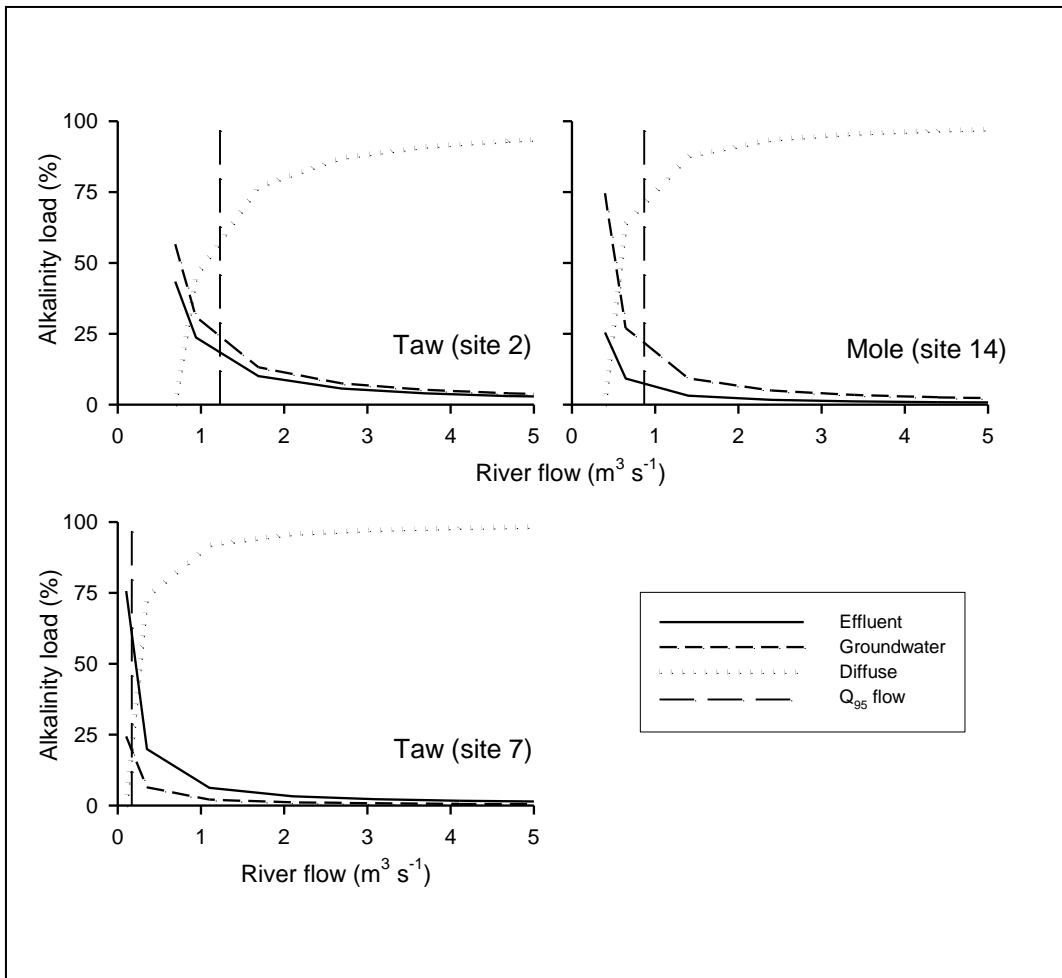
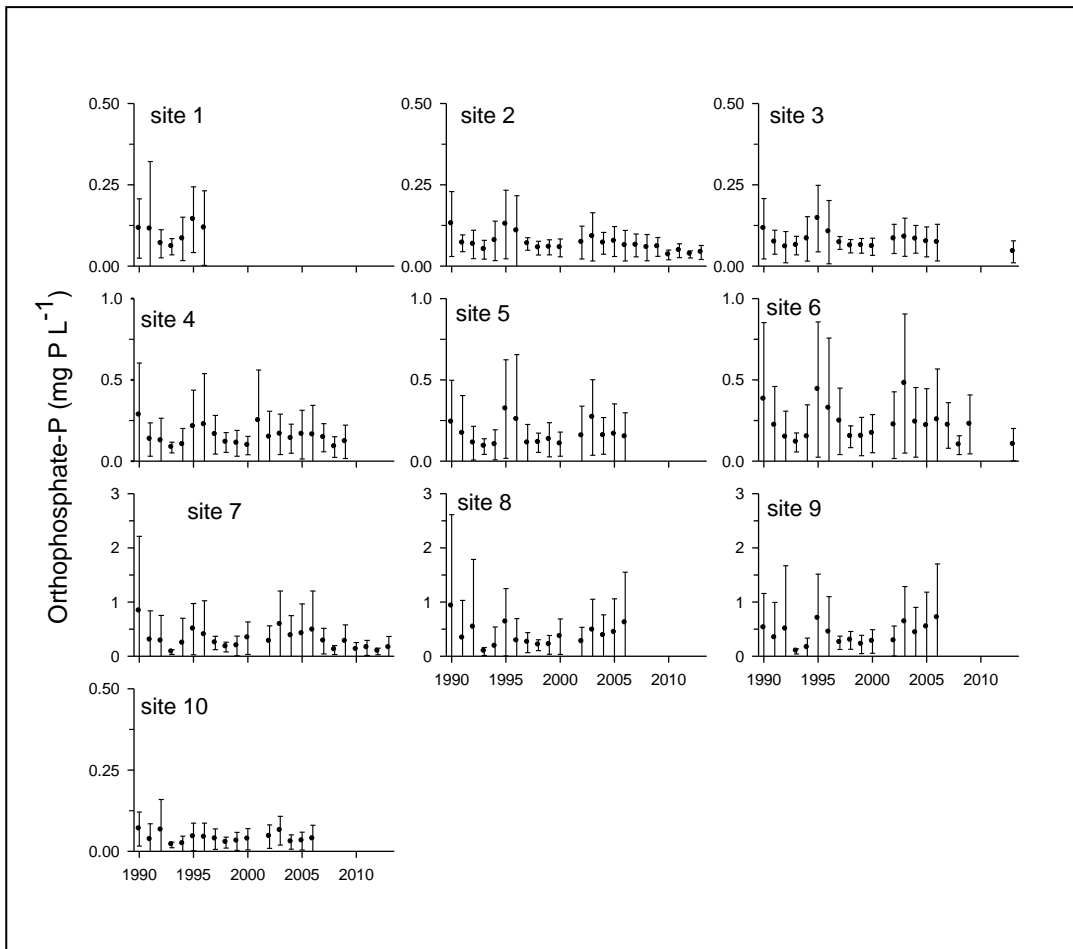


Figure 9. Estimated contribution to river alkalinity load from effluent, groundwater and diffuse run-off (%) vs river flow ($\text{m}^3 \text{s}^{-1}$) at three sites on the R. Taw and R. Mole. The Q_{95} flow values are from Table 1.

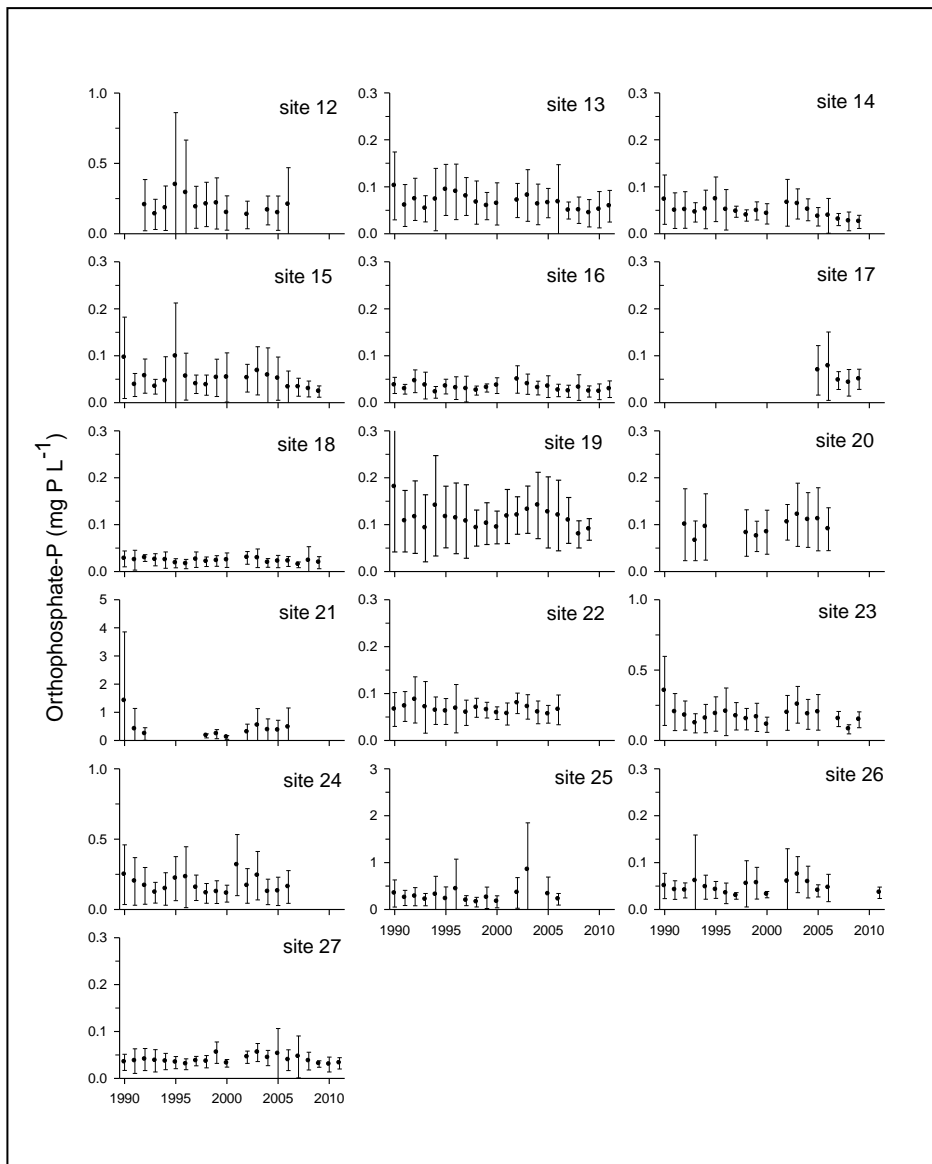
Supplementary Information 1. Sampling site, data availability, location and altitude.

River (tributary)	Sampling site	Data years	NGR	Altitude (m) ^a
Taw	(1) New Bridge	1990-1996	SS5699028280	6
Taw	(2) Chapelton F ³ bridge	1990-2013	SS5822026100	11
Taw	(3) Umberleigh	1990-2013	SS6079923682	19
Taw	(4) Newnham Bridge	1990-2013	SS6603017320	47
Taw	(5) Kersham Bridge	1990-2006	SS6620713554	52
Taw	(6) Chenson	1990-2013	SS7021509533	68
Taw	(7) Taw Bridge	1990-2013	SS6729406589	89
Taw	(8) Bondleigh	1990-2006	SS6578104549	100
Taw	(9) Yeo Farm	1990-2006	SS6512602871	121
Taw	(10) Rowden Moor	1990-2006	SX6550299476	128
Taw	(11) Sticklepath	1990-2006	SX6435794030	195
Mole	(12) S Molton d/s STW	1990-2006	SS7227425547	102
Mole	(13) New Bridge	1990-2012	SS7248022570	77
Mole	(14) Head Barton	1990-2009	SS6674018270	43
Mole (Crooked Oak)	(15) Alswear	1990-2010	SS7247022280	137
Mole (Little Silver Stream)	(16) Alswear	1990-2012	SS7234822104	81
Little Dart	(17) Dart Bridge	2005-2009	SS6690613720	59
L. Dart (Huntacott Water)	(18) u/s Chulmleigh	1990-2010	SS6968113830	72
Lapford Yeo (Dalch)	(19) Canns Mill Bridge	1990-2012	SS7851010490	121
Lapford Yeo (Dalch)	(20) u/s Lapford STW	1991-2006	SS7362907623	80
Lapford Yeo (Dalch)	(21) u/s Lapford Yeo	1991-2006	SS7356407425	92
Lapford Yeo	(22) Bow Bridge	1990-2006	SS7173001740	102
Lapford Yeo	(23) Bury Bridge	1990-2010	SS7377806793	81
Lapford Yeo	(24) Nymet Bridge	1990-2006	SS7141709269	80
Lapford Yeo (Ash Brook)	(25) A377 bridge	1990-2006	SS7369006670	84
Barnstaple Yeo	(26) Collard Bridge	1990-2012	SS5955235665	39
Barnstaple Yeo	(27) Brockham Bridge	1900-2012	SS6034740817	137

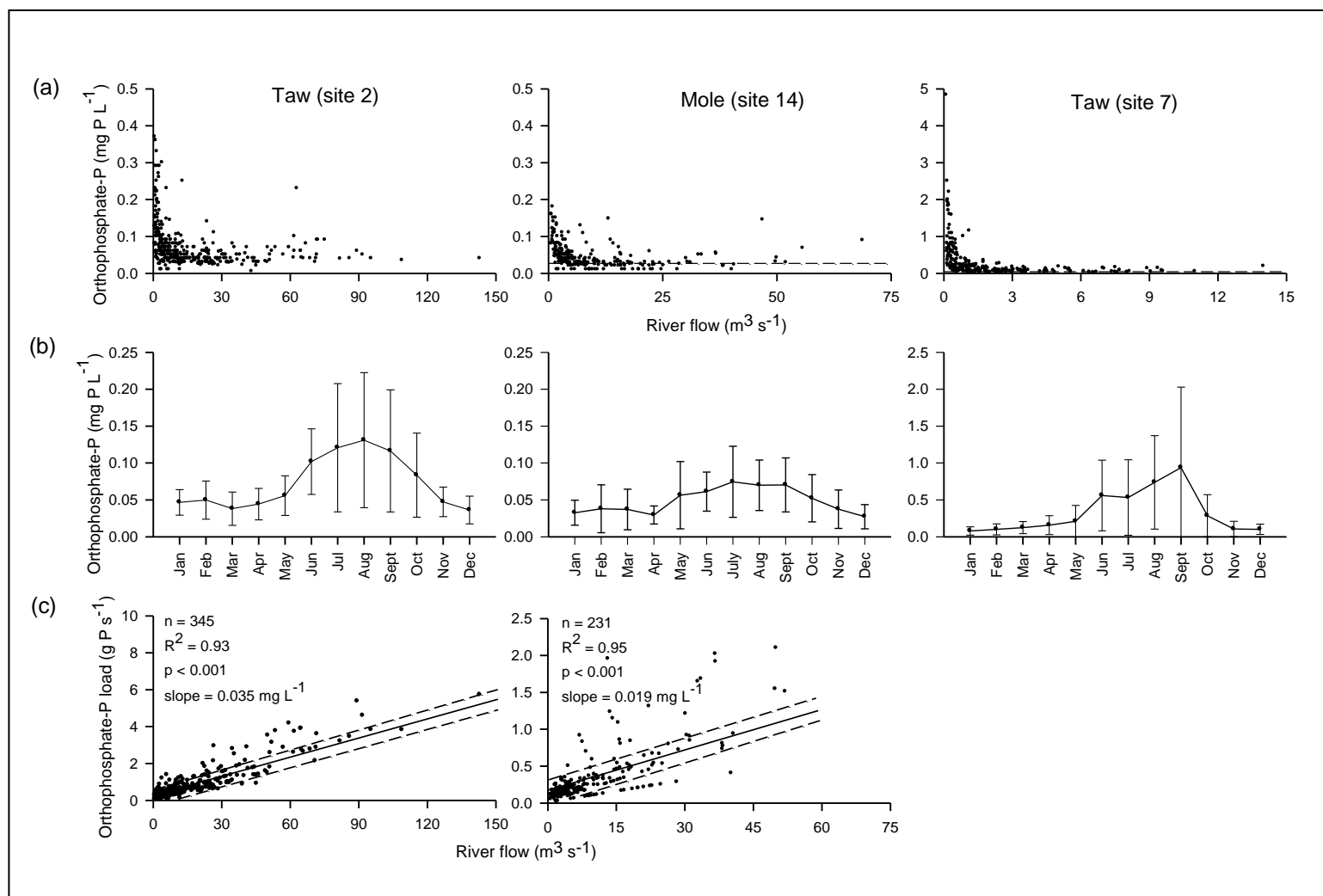
^a Altitudes from gridreferencefinder.com. d/s, downstream; u/s, upstream



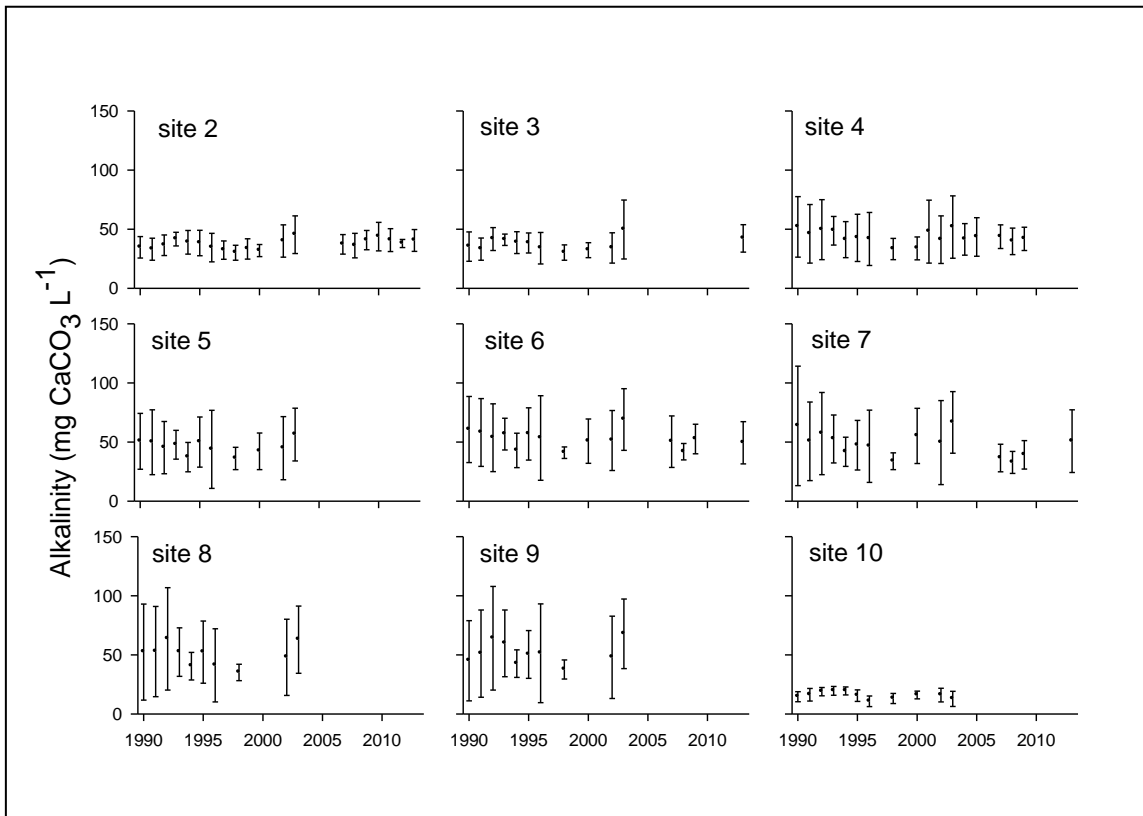
Supplementary Information 2. Annual mean (± 1 standard deviation) concentrations of orthophosphate-P (mg P L^{-1}) in the R. Taw (site locations are shown in Fig. 1). Note changes in concentration scales. Concentrations at site 11 were generally less than the limit of detection (0.04 mg P L^{-1}) and are not included.



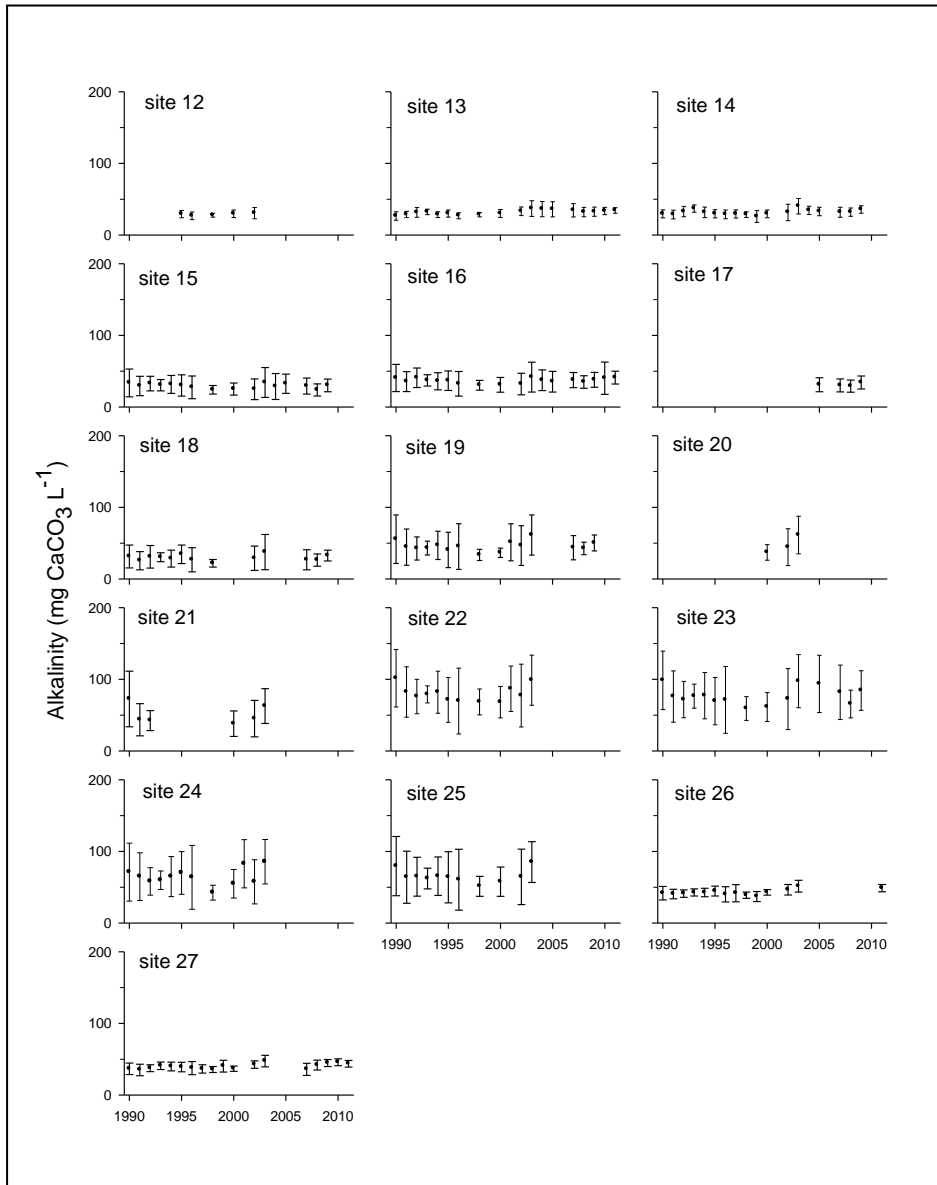
Supplementary Information 3. Annual mean (± 1 standard deviation) concentrations of orthophosphate-P (mg P L^{-1}) in the Taw tributary rivers (site locations are shown in Fig. 1). Note changes in concentration scales.



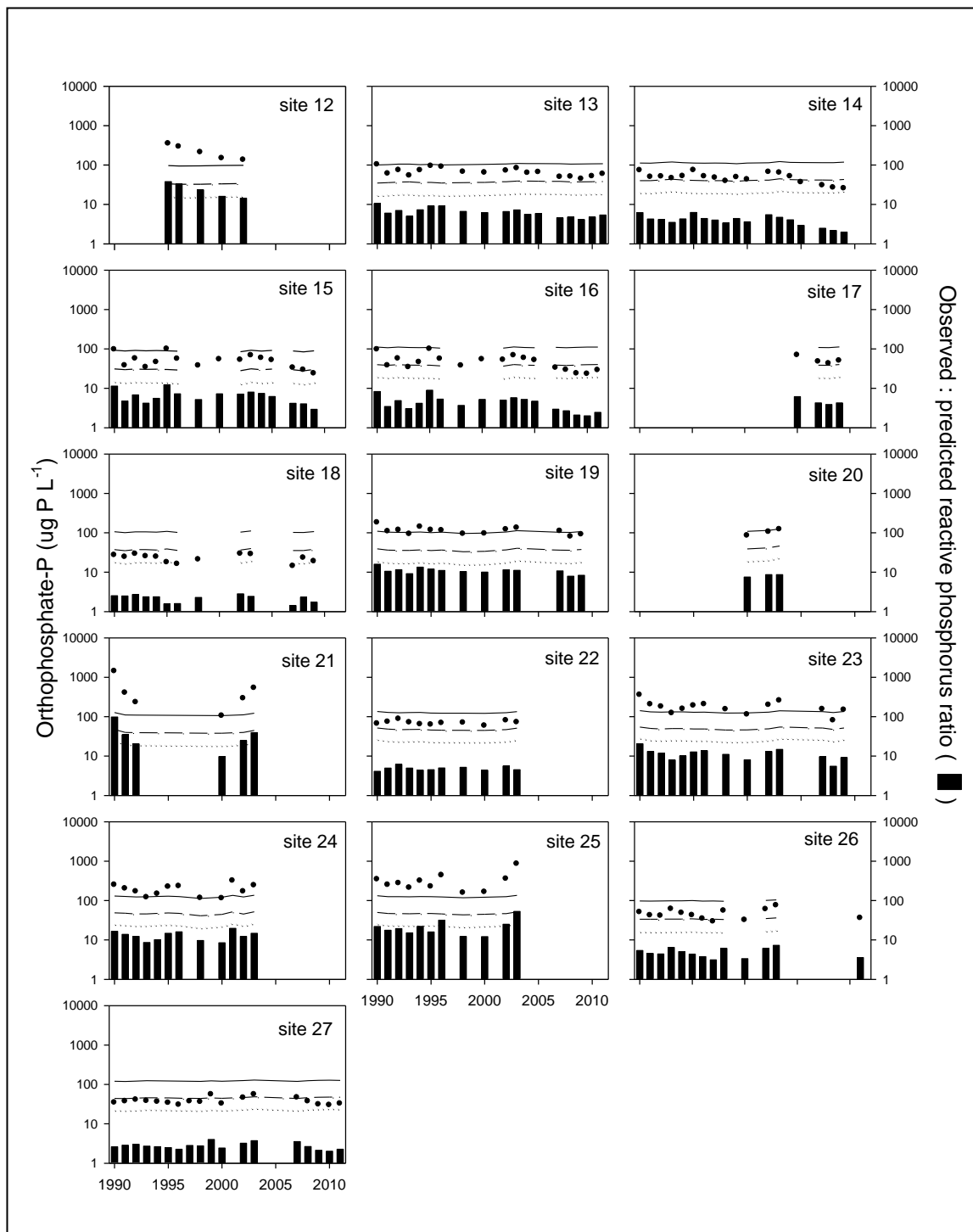
Supplementary Information 4. (a) Concentrations of orthophosphate-P (mg P L⁻¹) vs river flow (m³ s⁻¹) for all years (1990 – 2013) at gauged sites on the R. Taw and R. Mole (site locations are shown in Fig. 1). (b) Monthly mean (\pm 1 standard deviation) concentrations of orthophosphate-P (mg P L⁻¹) for the same sites. (c) Orthophosphate-P load (g P s⁻¹) vs river flow (m³ s⁻¹) for all years for the sites representing the outlets of the two rivers. Solid and dashed lines are the bisquare weight linear regression best fit and 95 % CI, respectively. Note changes in scales.



Supplementary Information 5. Annual mean (± 1 standard deviation) concentrations of total alkalinity (mg CaCO₃ L⁻¹) in the R. Taw (site locations are shown in Fig. 1)



Supplementary Information 6. Annual mean (± 1 standard deviation) concentrations of total alkalinity ($\text{mg CaCO}_3 \text{ L}^{-1}$) in Taw tributary rivers (site locations are shown in Fig. 1).



Supplementary Information 7. Water Framework Directive (phase 2) reactive phosphorus standards for Taw tributary rivers. Solid line, poor/moderate boundary; dashed line, moderate/good boundary; dotted line, good/high boundary (all $\mu\text{g P L}^{-1}$). Mean annual concentrations of orthophosphate-P (\bullet ; $\mu\text{g P L}^{-1}$). Vertical bars show the ratio of the observed and predicted reactive phosphorus concentrations. Site locations are shown in Fig. 1.