

Theme	Category	No.	CRQ Item (Reference in Superscript)	Interviewee (Statement No.)
Demographic	Age	3	Date of birth ¹⁻⁶	C (81) D(135) E(161) G(222)
	Ethnicity	6	Ethnic Origin ^{2 12 13 14}	
	Gender	4	Gender ^{1 3-5 7 8-11}	
	Other	1	Date	
		2	Name	
		5	Contact details	
Status	Economic	7	Employment Status ^{2-4 15-18}	
		19	I would only attend cardiac rehabilitation if it was free ^{2-4 15 16 18 25}	A(11), H(280, 281, 282)
	Education	8	Level of Education ^{3 9 17}	
Cardiac Rehabilitation	Beliefs & Attitudes	41	I do not think community-based cardiac rehabilitation is very safe ^{21 25 26}	A(3,19,22), C(79, 83), D(128,125,130), F(195), I(295,303,304,305,317), K(373), L(394), O(495,496,497)
		44	I think it is necessary for a doctor to be present during cardiac rehabilitation ^{21 25 26}	A(3,19,22), C(79, 83), D(128,125,130), F(195), I(295,303,304,305,317), K(373), L(394), O(495,496,497)
	Preferences	16	I think feedback about my progress during cardiac rehabilitation would be helpful ^{25 26}	A(26), C(79, 82), D(121, 140), G(227), H(263), I(295, 297, 326), K(386), L(405), N(485), O(490)
		21	It is not that important for cardiac rehabilitation staff to be friendly providing they are competent ^{19 21 23}	B(43,58), C(7983), D(108, 116, 141), E(158), F(189), G(227, 240), H(256, 278), I(3033, 323), N(465), O(490,495)
		43	I would like to be involved in planning my cardiac rehabilitation ^{2 4 5 26}	D(140,142), E(152154), F(185), G(224), H(265), I(295,296,297,318), J(344), O(496)
		38	I would prefer cardiac rehabilitation activities to be planned well in advance ^{2 4 5 26}	D(140,142), E(152154), F(185), G(224), H(265), I(295,296,297,318), J(344), O(496)
		28	I would probably find cardiac rehabilitation more enjoyable if I was paired-up with another participant ^{21 23 24}	B(33,46), C(68,76), D(114, 119), E(147,8,153), F(184), H(260), I(293), J(340123, O(501)
47	I think cardiac rehabilitation staff should be professionally trained ^{21 25 26}	A(5), B(43,58), C(82,83), D(108,109,110,141), E(152), F(177), G220, H(263,263), I(323-327), K(366), L(393,404), O(495)		
tion		11	How many cardiac events have you suffered?	
		12	How long since your last cardiac event?	

Physical Condi

Illness

- 25 I don't really understand the causes of my health problems^{22 23 27} B(512), D(889,90), E(136), F(197), G(226), H(246,2745), I(314), K(382), L(392), M(413,455), N(4801)
- 37 I think cardiac rehabilitation might do more harm than good^{2 21 26 29 31 40} A(3,19,22), C(79, 83), D(128,125,130), F(195), I(295,303,304,305,317), K(373), L(394), O(496,497)
- 54 I am worried that exercise might worsen my condition^{2 21 26 29 31 40} A(3,19,22), C(79, 83), D(128,125,130), F(195), I(295,303,304,305,317), K(373), L(394), O(496,497)
- 29 I do not think I will benefit that much from cardiac rehabilitation^{22 23 27 29} B(52), D(1368), I(302,303,305,315), J(328,357), M(333), N(467)

Motivation

- 13 I do not enjoy exercising^{21 22 40} A(24), B(37), C(67), D(99, 105, 107, 114, 129), G(232), H(258), J(348), L(400, 460, 469, 478)
- 23 I would like to have a more active lifestyle^{15 16} A(20), B(3783415455), C(66,67,74), D(99,105,116), E(152,156,171), F(18012), G(225), H(261), I(317), K(367,378), M(432,434,456)
- 24 I would look forward to attending cardiac rehabilitation^{7 16} A(232), B(42), C(71), D(13), E(154), F(182),G(224,228), I(301), J(361), M(430,456)
- 34 I would probably attend cardiac rehabilitation even if I did not enjoy it^{23 24 29} A(7), B(36,41), C(66), D (122), E(151), F(187), G(220), H(262), I(303), K(366), M(425)
- 48 I probably ought to reduce my levels of physical activity^{22 23 25 26} A(17), B(37,54), C(67,93), D(98,100), E(156), F(199), G(241242), I(307), M(454), O(489)
- 15 I would like to learn more about how to improve my health^{21 25} C(61), D(98), F(203,4), I(304, 316,318,325,326,327), K(384,386), L(416,419), M(451), O(509)
- 14 I like the idea of meeting other people at cardiac rehabilitation who have similar health problems to me^{4 21-24 16 17} A(13), B(30,31,32,42, C(65,71,72), D(104,111,139), F(177), G(216,217), H(259), I(285, 290), J(339,340, 343), G(216,217), H(259), I(285,290),

Psychological Factors

Self efficacy

- 31 I would only feel safe exercising in a hospital environment^{21 25 26} A(3,19,22), C(79, 83), D(128,125,130), F(195), I(295,303,304,305,317), K(373), L(394), O(496,497)
- 32 Changes to my health are largely out of my control^{22 23 27 29} B(512), D(889,90), E(136), F(197), G(226), H(246,2745), I(314), K(382), L(392), M(413,455), N(4801)
- 35 I don't really understand how cardiac rehabilitation works^{2 21 26 31} B(52), D(1368), I(302,303,305,315), J(328,357), M(333), N(467)
- 51 I would not feel safe exercising alone^{4 21 36} A(3,19,22), C(79, 83), D(128,125,130), F(195), I(295,303,304,305,317), K(373), L(394), O(496,497)
- 33 Exercise is a fairly new concept to me^{21 23 40 41} A(17), B(37,54), C(67,93), D(98,100), E(156), F(199), G(241242), I(307), M(454), O(489)
- 17 I am usually comfortable in a group environment^{21 22} A(23), B(40), C(70,71), D(121), F(196), G(217,224), I(292,324), J(340), K(369), L(405), M(430, 435), N(479), O(500,514)
- 30 I feel a bit self-conscious about my physical appearance^{21 23 29 30} A(26), B(34,50), c(61), D(112,125), E(162), F(205), G(207,225), I(285,290,372), M(435),O(496)
- 40 I would feel embarrassed about exercising in front of other people^{21 23 29 30 33} A(26), B(34,50), c(61), D(112,125), E(162), F(205), G(207,225), I(285,290,372), M(435),O(496)
- 45 I think I would find it difficult to cope with the physical demands of cardiac rehabilitation^{21 23 33 40} A(17), B(37,54), C(67,93), D(98,100), E(156), F(199), G(241242), I(307), M(454), O(489)

Social Influence

	46	The thought of exercising with other people is daunting ^{21 23 30 33 40}	A(26), B(34,50), c(61), D(112,125), E(162), F(205), G(207,225), I(285,290,372), M(435),O(496)
	50	I sometimes feel depressed about the state of my health ^{1 36-38}	A(3,19), B(32), D(125), G(224,228), M(426-429,431,440)
	52	I sometimes feel awkward when meeting new people ^{21 23 40}	B(34), D(103,110,112), G(228), I(292), J(339), K(374), L(405), M(436), O(496)
Accessibility	9	Ability to travel ^{2 4 19 20}	D (123 124) E(159) G (236) H(249 273) I (309 310) J(352) K (380) L(397410411) M(446) O(505)
	26	I might be put off cardiac rehabilitation if the travelling was inconvenient ^{21 24-26}	D (123, 124), E(159), G (236), H(249, 273) I (309, 310), J(352), K (380), L(397,410,411), M(446), O(505)
	39	I have physical impairments that make it difficult for me to attend cardiac rehabilitation ^{4 16 32}	
Conflicting Commitments	10	Cardiac rehabilitation intentions	
	22	I have family commitments that make it difficult for me to regularly attend cardiac rehabilitation ^{2 4 5 26}	A(15), B(49), C(87), D(105,107,131),F(166,193), G(237), H(272), K379), L(409),M(444), N(473)
	36	My social commitments would probably take priority over cardiac rehabilitation ^{2 4 5 26}	A(15), B(49), C(87), D(105,107,131),F(166,193), G(237), H(272), K379), L(409),M(444), N(473)
	49	I have work commitments that make it difficult for me to regularly attend cardiac rehabilitation ^{19 2 4 18}	A(15(, C(87), D(133), H(271), I(309), M(444, 453)
	18	Cardiac rehabilitation will probably be quite disruptive to my life ^{2 4 5 26}	A(15), B(49), C(87), D(105,107,131),F(166,193), G(237), H(272), K379), L(409),M(444), N(473)
External Regulation	42	I might not attend cardiac rehabilitation if I did not have the support of somebody close to me ^{2 5 21 22 34 35 39}	A(21,24,25), D(101,102), E(145,146,173), F(176,178,183), H(251), J(335), K(364), L(393), O(487)
	27	I would prefer to avoid cardiac rehabilitation even if my doctor recommended it ^{4 15 22 23 27-29}	A(19,240), D(105,125,126131), I(29157,305), K(266,385), O(496)
	20	I would be more likely to attend cardiac rehabilitation if other people in the cardiac rehabilitation group were expecting me to turn up ^{21 24-26}	A(13), B(30,31,32,42, C(65,71,72), D(104,111,139), F(177), G(216,217), H(259), I(285, 290), J(339,340, 343), G(216,217), H(259), I(285,290),
	53	I think other people I know would approve of me attending cardiac rehabilitation ^{2 5 21 22 34 35 39}	A(18,21,24,25), B(28, 29) D(101,102), E(145,146,173), F(176,178,183), H(251), I(287), J(335), K(364), L(393), O(487)