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Drummond, Michael Frank [orcid.org/0000-0002-6126-0944](https://orcid.org/0000-0002-6126-0944), Houwing, N., Slothuus, U. et al. (1 more author) (2017) Making economic evaluations more helpful for treatment choices in haemophilia. *Haemophilia Journal*. e58-e66.

<https://doi.org/10.1111/hae.13173>

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1 **Making economic evaluations more helpful for treatment**

2 **choices in haemophilia**

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17

18 Running title: Making economic evaluations more helpful

19 Word count: 4000 allowed, currently 3992 not including abstract,

20 references, tables/figures

21 **Keywords:** bypassing therapy, cost-effectiveness analysis, haemophilia,  
22 immune intolerance induction, methodological standards, prophylaxis.

23

24

## Abstract

25

26 **Aim:** Poorly conducted economic evaluations have the potential to mislead both  
27 clinicians, leading to inappropriate treatment choices, and payers who must decide on  
28 the reimbursement of treatment costs. This paper reviews the methods used in  
29 economic evaluations in haemophilia and proposes standards for conducting and  
30 reporting such evaluations in the future.

31

32 **Methods:** A systematic review of economic evaluations in haemophilia published since  
33 2008 was conducted. The reporting and methods of the studies were assessed using  
34 the recently published Consolidated Health Economic Evaluation Reporting Guidelines  
35 (CHEERS) checklist. The key methodological deficiencies in the studies were recorded.

36

37 **Results:** Twenty-one studies met the inclusion criteria, classified as follows:  
38 prophylaxis vs. treatment on-demand (five studies); use of bypassing therapy (six);  
39 immune tolerance induction (four); and other topics (six). In general, the quality of  
40 reporting was good. However, it was poorest for the CHEERS item of patient  
41 heterogeneity, with most studies lacking discussion of heterogeneity in the patient  
42 population. The main recurring methodological deficiencies were the evaluation of  
43 single episodes of care rather than entire treatment strategies; inadequate control for  
44 confounders when comparing treatment options; the frequent use of expert opinion  
45 to determine drug doses and treatment patterns; lack of consideration of patient  
46 heterogeneity; failure to identify patient subgroups; and the inadequate exploration of  
47 uncertainty in estimates.

48

49 **Conclusions:** A set of twelve standards for future reporting and conduct of economic  
50 evaluations within haemophilia is proposed, with the objective of making such  
51 evaluations more relevant and reliable for those making treatment and  
52 reimbursement decisions in the future.

53

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## 55 **Introduction**

56 Treatment decisions remain the sole responsibility of clinicians, yet increasing  
57 pressures on healthcare resources have a direct impact on healthcare funders and  
58 clinicians. Patients may also be concerned about treatment costs if they face  
59 substantial user charges. Hence, clinicians are increasingly requested to consider the  
60 cost/benefit ratios of different therapies.

61  
62 Studies assessing the costs and consequences of healthcare treatments and  
63 programmes are known as economic evaluations [1], and a substantial body of  
64 empirical economic studies now cover all branches of healthcare [2]. For these studies  
65 to be helpful to clinicians and patients, they must be both relevant (i.e. address  
66 appropriate treatment choices) and reliable (i.e. have a sound methodology).  
67 Comprehensive and transparent reporting is particularly important to assess whether a  
68 given study is methodologically sound.

69  
70 Several systematic reviews have indicated that economic evaluations in haemophilia  
71 often have substantial methodological deficiencies. In a systematic review of 12  
72 studies on bypassing agents (used to treat haemophilia with inhibitors), the authors  
73 concluded that economic models based on different sources of data produced fairly  
74 similar and robust results, but ideally a systematic approach should be used to identify  
75 the relevant data [3]. In another review of 11 studies of bypassing agents, Hay and  
76 Zhou concluded that crucial assumptions about treatment efficacy and dosing drove  
77 the reported findings. Further, eight of nine company-sponsored studies favoured the

78 company's product; the two existing head-to-head clinical studies did not support  
79 superior efficacy for either product [4].

80

81 In a review of 11 prophylaxis studies, the authors observed that reported cost-  
82 effectiveness ratios for prophylaxis varied greatly [5]. They ranged from dominance  
83 over on-demand treatment (i.e. superior efficacy and lower cost) to over €1 million per  
84 additional quality-adjusted life-year (QALY) gained if prophylaxis replaces on-demand  
85 treatment after a bleed [5]. The conclusion was that the studies exhibited considerable  
86 methodological differences and that it would be preferable if analysts adhered to  
87 established conventions when conducting and reporting economic evaluations. Finally,  
88 in a literature review on prophylaxis vs. on-demand treatment, using strict  
89 inclusion/exclusion criteria (only five studies were reviewed), authors concluded that  
90 further economic evaluations are required, reflecting the clinical reality and  
91 consumption of resources in each country [6].

92

93 Poorly conducted economic evaluations have the potential to mislead clinicians and  
94 lead to inappropriate treatment choices. Recently, the Consolidated Health Economic  
95 Evaluation Reporting Standards (CHEERS) became available [7]. CHEERS, comprising a  
96 24-item checklist focusing on the quality of reporting, was developed using CONSORT  
97 methodology [8] and is endorsed by several health services research journals. The  
98 CHEERS guidelines build on the earlier Drummond *et al.* checklist [9] used in three of  
99 the four reviews cited above, therefore representing an improved assessment tool.

100

101 The reporting items in the CHEERS checklist reflect the key methodological features of  
102 economic evaluation (Table 1), including study objectives, patient population,  
103 compared treatment alternatives, relative effectiveness of different treatments,  
104 associated resource consumption and relative treatment costs. The checklist also  
105 covers details of the methodology employed, such as the time horizon considered,  
106 discounting of future costs and benefits, characterization of uncertainty in parameter  
107 estimates and consideration of patient population heterogeneity due, for example, to  
108 different disease severities. Furthermore the checklist distinguishes between economic  
109 evaluations conducted alongside an individual clinical study (e.g. randomized  
110 controlled trial [RCT]) and evaluations conducted using a decision-analytic model,  
111 where data from a variety of sources are synthesized and analysed.

112

113

114 [Table 1 about here]

115

116 This paper aims to (i) use CHEERS to assess the quality of reporting in more recent  
117 economic evaluations in haemophilia; (ii) describe common methodological  
118 deficiencies in greater detail; and (iii) propose standards for conducting and reporting  
119 future economic evaluations. It is hoped that the use of these standards will make  
120 economic evaluations more helpful to clinicians when making treatment choices, and  
121 to payers making reimbursement decisions.

122

123 **Methods**

124 We conducted a systematic review of economic evaluations in haemophilia, identifying  
125 all studies published since 2008. This covered all studies other than those included in  
126 the early review by Knight *et al.* [3] and focused on more recent practices in economic  
127 evaluation. Electronic databases (MEDLINE and Embase) were searched on November  
128 25<sup>th</sup>, 2015. The search terms and PRISMA diagram are shown in Appendix 1 (available  
129 online). All identified hits were captured and duplicates were removed. Titles and  
130 abstracts were screened to determine whether full-text articles should be retrieved  
131 and reviewed for eligibility. Eligibility criteria included disease area (haemophilia, all  
132 types), patient group (human, adults and children), language (English), year of  
133 publication (2008 and later) and document type (journal article). Reasons for excluding  
134 articles were recorded. Conference abstracts were excluded as these provide  
135 insufficient detail to judge the reporting quality of studies.

136  
137 Identified studies were assessed by two reviewers (NH and MD) using the CHEERS  
138 checklist. Any differences of opinion were resolved between the two reviewers to  
139 obtain a summary of reporting standards of the included studies.

140

141

## 142 **Results**

143 Twenty-one economic evaluations met our inclusion criteria and were grouped under  
144 the following topics: prophylaxis vs. treatment on demand (five studies) [10–14];  
145 bypassing therapy use (six studies) [15–20]; immune tolerance induction (four studies)  
146 [21–24]; and other topics within haemophilia (six studies) [25–30]. Details of the



147 CHEERS assessments for the 15 studies discussing the three main topics are given in  
148 Appendix 2 (available online) and described below. The remaining six studies on 'other  
149 topics' were not assessed by CHEERS but are discussed briefly below.

150

### 151 *Quality of reporting*

152 The CHEERS assessment results are summarized in Table 2. Overall, the quality of  
153 reporting was good. The majority of studies (12) used a decision-analytic model and  
154 three were conducted alongside a single clinical study, although none of these were  
155 RCTs. Reporting quality was poorest for patient heterogeneity: few studies discussed  
156 the importance of patient characteristics or defining subgroups. The procedure for  
157 discounting future costs and benefits was inadequately reported in 10/15 studies,  
158 although some were based on a time horizon of <1 year and discounting would  
159 therefore not be relevant. In seven studies with a time horizon of >1 year, the  
160 reporting standard was not met in four. In decision-analytic modelling studies,  
161 characterization of uncertainty is particularly important; although this was done in the  
162 majority of modelling studies, the ranges of the parameter estimates used in the  
163 sensitivity analyses were not always adequately reported and a probabilistic sensitivity  
164 analysis was not always conducted. An example of a study following the correct  
165 approach is that by Earnshaw *et al.* (2015) [24]. Finally, although the treatments being  
166 compared were almost always reported, the reasons for choosing the comparator  
167 treatment were rarely given. The CHEERS guidelines state that the choice of  
168 comparators should always be justified.

169

170 [Table 2 about here]

171

172 Based on the reporting of the studies, identified methodological weaknesses are  
173 discussed for the three main groups of studies below.

174

175 *Prophylaxis vs. treatment on demand*

176 In the review of economic evaluations of prophylaxis, key reasons identified for result  
177 variability included different definitions of 'prophylaxis', differences in the choice of  
178 time horizon, estimates of treatment effect, clotting factor unit cost and discount rates  
179 [5]. As four of the five studies [10–14] in the current review included the most recent  
180 studies in the Miners review [5], plus one more recent study, many of the same issues  
181 arise.

182

183 Most authors studied primary prophylaxis vs. on-demand treatment, although one  
184 study reported secondary prophylaxis. The quality of reporting varied, but it was clear  
185 that the prophylactic regimen details differed from one another. However, not all  
186 authors specified when prophylaxis was initiated, the duration and frequency of  
187 infusions, or whether there was dose escalation or change in regimen with increasing  
188 patient age. Given that the costs of clotting factor represent a large percentage of total  
189 treatment costs, it is important that the dosage and unit cost are clearly reported.

190

191 For published economic evaluations, the convention is to report the official list prices  
192 of drugs and the average unit cost estimates for other resource items (e.g. cost of a

193 hospital episode). These prices have the advantage of being publicly available and  
194 verifiable. However, prices can vary across healthcare institutions in a given  
195 jurisdiction and across healthcare systems within or between countries. Therefore, it is  
196 important that the published study users check whether the prices used apply in their  
197 institution, and that they explore what implications any price differences might have  
198 for the results. It is therefore helpful if analysts report a sensitivity analysis, in which  
199 the values for the key parameters, such as unit costs, are changed in order to assess  
200 their impact on the overall study results.

201

202 In the earlier review, it was noted that the differing time horizons between studies  
203 could have a major impact on study results [5]. As lifetime therapy is needed for  
204 haemophilia, a lifelong time horizon should ideally be used to cover the costs of  
205 treating adults with clotting factor, averted surgical costs and the longer-term benefits  
206 of preventing bleeds. A lack of long-term clinical data is often used to justify shorter  
207 time horizons, since extrapolation of data to the longer time period required would  
208 introduce uncertainty into the estimates. Normally, economic evaluations use long-  
209 term observational studies, such as case series and registries [1], to inform this  
210 extrapolation, but this approach is not typically used in the haemophilia literature.

211

212 All of the studies on prophylaxis vs. on-demand treatment discounted future costs and  
213 benefits, as commonly recommended [1]. The discount rates used varied between  
214 studies, often according to local methods guidelines relevant to where the study was  
215 conducted, but were in the range of 3–6% per annum. Discounting reduces the

216 quantitative importance of costs and benefits occurring in the future, and therefore  
217 also reduces some of the uncertainty introduced by extrapolation.

218

219 As patient quality of life (QoL) would be expected to differ between similar patients  
220 treated with primary prophylaxis vs. on-demand treatment, this is likely to be an  
221 important factor in economic evaluations for haemophilia. Such pure comparisons are  
222 rarely done in trials, and secondary prophylaxis carries with it reasons for initiation  
223 including frequent bleeding, pain and functional impairment that suggest at least  
224 adults on prophylaxis are likely to have worse initial health-related QoL. In economic  
225 evaluations, QoL is normally reflected in the utility value applied to calculate the QALYs  
226 gained. Many of the reviewed studies followed this approach, but most used utility  
227 values from the existing literature, sometimes estimates from a different country. If  
228 the study result is not very sensitive to the utility values used, this may suffice.  
229 However, consideration should be given to collecting utility data in future clinical  
230 studies, using a widely used generic instrument such as EQ-5D. In addition,  
231 consideration should be given to developing algorithms to map from any descriptive  
232 QoL data typically collected in clinical studies in haemophilia, in order to derive QALY  
233 estimates..

234

235 Although most of the studies were concerned with the treatment of people with  
236 'severe' haemophilia with or without inhibitors, there was very little discussion of  
237 patient population heterogeneity (e.g. in disease severity), or whether this would  
238 affect treatment effectiveness or cost. Finally, most studies focused on costs borne by

239 the healthcare system, probably because concerns about healthcare costs are often  
240 the motivation for conducting such economic evaluations. However, one might expect  
241 that prophylaxis and on-demand treatment have different impacts on the patient's  
242 family or their activities in school or work. These impacts would be worth exploring  
243 further, especially given the difference in cost between the two regimens.

244

#### 245 *Use of bypassing therapy*

246 All six studies reviewed [15–20] examined the comparative cost or cost-effectiveness  
247 of the two available bypassing agents, recombinant activated factor VII (rFVIIa) and  
248 plasma-derived activated prothrombin complex concentrate (pd-aPCC). One of the  
249 main weaknesses in these published economic evaluations stems from the lack of  
250 adequate comparative clinical trials. Only two small head-to-head trials have been  
251 conducted, with contradictory results [31, 32]. As a result, the published economic  
252 studies rely mainly on observational data, from either small single-arm studies or  
253 clinical series, with or without attempts to address potential confounders. The  
254 extensive use of single-arm studies is problematic, as is the selective use of data from  
255 small studies, or comparisons of small prospective studies with real world data that  
256 includes combinations of regimens (e.g. on demand with post-haemostatic  
257 prophylaxis) [33]. One approach to overcoming these problems is to assume  
258 equivalent efficacy of the two therapies [17], reducing the economic study to a cost-  
259 minimization analysis. However, this approach would be overly simplistic if there were  
260 important differences between the therapies.

261

262 An alternative approach is to produce a summary estimate of relative clinical effect by  
263 undertaking a meta-analysis, including the single-arm observational studies [34]. A  
264 major issue in summarizing data from such studies is controlling for potential sources  
265 of confounding. Treur *et al.* attempted this by performing a Bayesian meta-regression  
266 [35].

267

268 In addition, there is uncertainty concerning the equivalence of the doses of the two  
269 therapies, either because of variations in patient weight or the number of infusions of  
270 rFVIIa and pd-aPCC required to achieve haemostasis, the type or severity of bleeds  
271 treated, or differences in the type of data cited (real world compared with clinical  
272 trial). In their sensitivity analysis, Hay and Zhou highlight that pd-aPCC would not be  
273 the lower cost therapy if the rFVIIa dose was assumed to be two infusions per line or  
274 episode of therapy, rather than three (as in their base-case analysis) [17].

275 Furthermore, some studies consider the comparative costs of treating a single bleed,  
276 but those considering multiple treatment events have to estimate the probability of  
277 treatment switching or augmentation. Many of the studies use estimates from either  
278 the literature or expert opinion without providing details of the search methods used  
279 or justifying why those particular sources are the most appropriate. This is potentially  
280 problematic given that the results of studies are often very sensitive to these  
281 parameters.

282

283 Ideally, these issues could be resolved by conducting a long-term clinical trial in which  
284 patients are randomized to first-line treatment with one of the bypassing agents, with

285 subsequent treatments being determined by physicians as they would in normal  
286 clinical practice. One could then observe a series of treatment decisions over time for  
287 equivalent patients who differ only in the initial random assignment of therapy.  
288 However, RCTs can be difficult to conduct and analyse, although they have formed the  
289 basis for cost-effectiveness assessments in other therapeutic areas [36, 37]. Given the  
290 small percentage of haemophilia patients developing inhibitors, such a trial is unlikely  
291 to be feasible. Therefore, the very small sample sizes available in the inhibitor segment  
292 increase the risk of selection bias when performing evaluations. Transparency thus  
293 becomes especially important when reporting results and stating conclusions.

294

295 If a RCT cannot be conducted, a second-best approach is to establish a registry of  
296 patients who are treated with differing bypassing agents and then analyse the data,  
297 adjusting for known and unknown confounders. The main problems here lie in having  
298 enough data on possible confounders to make the adjustments, through either  
299 multivariable regression or propensity scoring, and in needing an approach to deal  
300 with unknown confounders. The approach favoured in many economic analyses is to  
301 use an instrumental variable (IV) in the regression analysis [38]. An IV is a variable that  
302 does not itself belong in the explanatory equation, but is correlated with patients'  
303 treatment allocation based on other covariates, but not correlated with treatment  
304 outcome. For example, in an evaluation of diabetes treatment, Prentice *et al.* used  
305 variation in physician prescribing (i.e. frequency of use of one drug vs. another) as an  
306 IV, since these prescribing variations would influence treatment while being effectively

307 random with respect to patient risk and other potential influences on treatment  
308 outcome [39].

309

310 However, many of the registries established in haemophilia are unable to inform  
311 estimates of relative treatment effect, since all the patients enrolled are treated with  
312 the same therapy. Although some good patient registries do exist, such as the one in  
313 the United Kingdom ([www.ukhcdo.org](http://www.ukhcdo.org)), they often have inadequate detail to adjust  
314 for potential confounders or data on treatment patterns to facilitate an accurate  
315 costing of different treatments. The methodological and practical issues in establishing  
316 a registry that facilitates economic evaluations should be investigated. An important  
317 issue in the design of future registries and other clinical studies is the standardization  
318 of definitions for terms such as 'joint bleeds' and 'target joints', to more easily enable  
319 comparisons between studies [40]. Further, it needs to be clear whether the  
320 information captured about administration relates to bleed treatment or is being  
321 administered as post-haemostatic prophylaxis. This becomes more complicated in the  
322 situation of capturing breakthrough bleed treatment during bypassing agent  
323 prophylaxis, where it becomes even less clear when bleed treatment ends and  
324 prophylaxis *per se* resumes.

325

### 326 *Immune tolerance induction*

327 All four of the reviewed studies considered alternative strategies for treating patients  
328 with inhibitors [21–24]. These strategies included prophylaxis or on-demand treatment  
329 with a bypassing agent, low- and high-dose immune tolerance induction (ITI) regimens



330 and ITI treatment based on risk assessment. While all the studies modelled treatments  
331 and outcomes over time, the reported time horizon varied between 1–1.5 years and a  
332 lifetime, often with no justification given for the time horizons chosen. All studies  
333 recognized patient population heterogeneity, noting that patients could be ‘high risk’  
334 or ‘low risk’ of anamnestic response, but the extent to which patient heterogeneity  
335 could impact the cost-effectiveness of the various strategies was explored to differing  
336 degrees.

337

338 For bypassing therapy, little or no head-to-head clinical data compared the various  
339 treatment strategies particularly during ITI, and some synthesis of data from different  
340 sources was required. The various studies differed in the robustness of their literature  
341 reviews, which were not always systematic. Some of the uncertainties found in the  
342 literature on bypassing agents (e.g. doses required) also carry over into the literature  
343 on ITI.

344

345 One additional feature of this body of literature is the use, in some studies, of QALYs as  
346 the main outcome for the economic evaluation. This is more consistent with the  
347 broader literature on economic evaluation and in keeping with many of the formal  
348 methods guidelines that exist in various jurisdictions. In principle, this approach is  
349 relevant for many of the haemophilia treatment choices, as differences in bleeding  
350 frequency or the care setting are likely to impact patient QoL. However, the literature  
351 on utility values for people with haemophilia is itself quite limited, especially as many

352 patients are children or adolescents. The generation of utility values for this patient  
353 population should be considered.

354

355 As observed in the literature on prophylaxis and bypassing therapy, various  
356 uncertainties in economic analyses of ITI exist. Extensive use of sensitivity analyses is  
357 therefore advisable in order to help the users of studies appreciate the impact these  
358 uncertainties have on the relative cost-effectiveness of therapies. Furthermore,  
359 estimates of the success rates of ITI fail to account for reoccurrence of inhibitors.

360

361 *Other clinical topics in haemophilia*

362 Six studies evaluating other haemophilia therapeutic options were identified, covering  
363 a wide range of topics: home-based care [28], screening for intracranial haemorrhage  
364 in neonates with haemophilia [29], high vs. standard initial doses of rFVIIa [30], pd-  
365 aPCC vs. rFVIIa in haemophilia patients with inhibitors undergoing major orthopaedic  
366 surgeries [26] and major knee surgery with rFVIIa in patients with high-titre inhibitors  
367 [25]. The literature review also identified one other study on bypassing therapy, which  
368 is interesting in that it uses a pre- and post-treatment design, but only examines the  
369 impact of a single bypassing agent in three patients [27]. Because of the diversity of  
370 topics, these six studies were not analysed using the CHEERS checklist, but were  
371 assessed to determine whether they offered any other methodological insights. Three  
372 points merit more discussion.

373

374 First, a study of home-based care utilized a *de novo* survey of 105 patients to generate  
375 utility estimates of home- and hospital-based care [28]. Potential differences in  
376 convenience offered to patients and their families by different treatments is an  
377 important area [41] that deserves more attention in the published literature.

378

379 Second, in the study of rFVIIa in knee surgery [25], utility values were generated using  
380 the EuroQoL 5-dimension, a generic utility instrument widely used across several  
381 therapeutic areas and favoured by some decision-makers [42]. However, this study  
382 was predominantly about knee surgery, not treatment of haemophilia *per se*, so the  
383 health state values generated may not have relevance to other economic evaluations  
384 in haemophilia.

385

386 Finally, the study comparing high and standard initial doses of rFVIIa used registries to  
387 collect data on the frequency of bleeds and the resulting treatment patterns [30].

388 While statistical adjustments were made for patient characteristics through  
389 multivariate analysis, this was restricted owing to the limited nature of the data  
390 recorded in the registry.

391

392 *Future developments in treatments for haemophilia*

393 There are several developments in haemophilia treatment for which no published  
394 economic evaluations were available at the time of this review. Extended half-life  
395 clotting factor products might change the way in which treatment is approached.

396 Patients may be able to reduce injection frequency while maintaining high trough

397 levels to protect against bleeds, particularly in the case of Factor IX. Therefore, the use  
398 of other resources, such as hospital and physician visits, could be reduced. Innovative  
399 molecules like monoclonal antibodies or FVIII mimetics can change the treatment  
400 paradigm with new mechanisms of action and easier methods of administration, such  
401 as subcutaneous injection. If successful, these alternatives may improve the treatment  
402 and lives of haemophilia patients, whereas gene therapy, when feasible, will remove  
403 the risk of bleeding completely. In order to justify the expected higher costs of these  
404 new therapies, the methods of economic evaluation need to be equal to the task of  
405 accurately assessing cost-effectiveness. In addition, expensive new health technologies  
406 (e.g. gene therapy) may require the development of new methods of reimbursement  
407 [43], which will also need to be informed by economic evaluation.

408

## 409 **Discussion**

410 The existing literature on the economic evaluation of haemophilia treatments has  
411 several recurring methodological deficiencies. These include uncertainties about the  
412 relative efficacy of treatments, lack of clarity on the doses required or used in practice  
413 and the analysis of individual treatment episodes rather than whole therapeutic  
414 strategies, with inadequate description and analysis of treatment switches. Therefore,  
415 the results of most published studies are subject to considerable uncertainty and,  
416 without an extensive sensitivity analysis, the results should be treated with caution.

417

418 The first step to improvement is to ensure that studies are reported thoroughly and  
419 systematically, using the CHEERS reporting standard. This is imperative to allow the

420 quality of the methods used to be judged and to identify key assumptions that impact  
421 the study results. For this reason, we excluded conference abstracts and posters from  
422 our review, as they do not allow enough space to explain methods thoroughly and  
423 therefore provide an inadequate basis for making treatment choices or reimbursement  
424 decisions.

425

426 In addition, it is necessary to develop some methodological standards for studies in  
427 haemophilia, based on the general methodological principles of economic evaluation  
428 [1]. We propose some aspirational standards in Table 3 that may not always be  
429 attainable. For example, whereas long-term studies are often desirable, they may not  
430 be possible if the treatment of interest has been only recently introduced, or if the  
431 main interest of decision-makers is short-term budgetary impact.

432

433 [Table 3 about here]

434

435 However, the implementation of these standards would improve the quality of the  
436 published literature, enabling a higher level of confidence in the study results and an  
437 understanding of the basis for competing claims. Given the difficulties in conducting  
438 definitive clinical studies, there will always be considerable uncertainties. Therefore,  
439 item #10 of our proposed standards, the characterization of uncertainty, is particularly  
440 important, as is item #12, which advocates discussing the main study limitations and  
441 why the results may differ from those of other published studies investigating the  
442 same treatment strategies.

443

444 Other items might be particularly important to a physician deciding on the choice of  
445 treatment for a particular patient. These could include item #7, concerning the  
446 assessment of health outcomes in QoL, and item #11, which deals with patient  
447 convenience and preferences and the broader impact the disease and its treatment  
448 has on families.

449

## 450 **Conclusions**

451 The growing literature on the economic evaluation of haemophilia treatments reflects  
452 increasing concerns about rising healthcare costs. Although the quality of reporting in  
453 studies is generally good, several recurring methodological weaknesses exist. Given  
454 that economic evaluations are likely to become more important as new treatments are  
455 developed, there is a need for improved methodological standards. By identifying  
456 examples of poor methodology, and offering suggestions for improvement, it is hoped  
457 that this paper will help to make studies more relevant and reliable for future  
458 treatment and reimbursement decisions.

459

## 460 **Acknowledgements**

461 This research was supported by an unrestricted grant from Novo Nordisk. Novo  
462 Nordisk also provided financial support for editorial assistance, provided by Sharon  
463 Eastwood of PAREXEL, in compliance with international guidelines for good publication  
464 practice. MD has acted as a paid consultant to Novo Nordisk and received funding for

465 research carried out in this work. NH has acted as a paid consultant to Novo Nordisk  
466 and received funding for research carried out in this work. US is an employee of Novo  
467 Nordisk. PG has received consultancy and/or lecture fees from Bayer, Baxalta, CSL  
468 Behring, Eisai, Biotest, Pfizer and Novo Nordisk. MD contributed to the design of the  
469 study and analysis, and was the main author of the manuscript. NH undertook the  
470 systematic review, undertook the analysis and contributed to the writing of the  
471 manuscript. US contributed to the design of the study and to the writing of the  
472 manuscript. PG acted as clinical consultant to the study and contributed to the writing  
473 of the manuscript.

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618 **Table 1.** CHEERS checklist–items to include when reporting economic evaluations of health  
 619 interventions (*reproduced from Husereau et al., 2013 [7]*).

Section/item	Item no.	Recommendation	Reported on page no./line no.
<b>Title and abstract</b>			
Title	1	Identify the study as an economic evaluation, or use more specific terms such as ‘cost-effectiveness analysis’ and describe the interventions compared.	_____
Abstract	2	Provide a structured summary of objectives, perspective, setting, methods (including study design and inputs), results (including base-case and uncertainty analyses), and conclusions.	_____
<b>Introduction</b>			
Background and objectives	3	Provide an explicit statement of the broader context for the study.	_____
		Present the study question and its relevance for health policy or practice decisions.	_____
<b>Methods</b>			
Target population and subgroups	4	Describe characteristics of the base-case population and subgroups analysed including why they were chosen.	_____
Setting and location	5	State relevant aspects of the system(s) in which the decision(s) need(s) to be made.	_____
Study perspective	6	Describe the perspective of the study and relate this to the	_____

		costs being evaluated.	
Comparators	7	Describe the interventions or strategies being compared and state why they were chosen.	_____
Time horizon	8	State the time horizon(s) over which costs and consequences are being evaluated and say why appropriate.	_____
Discount rate	9	Report the choice of discount rate(s) used for costs and outcomes and say why appropriate.	_____
Choice of health outcomes	10	Describe what outcomes were used as the measure(s) of benefit in the evaluation and their relevance for the type of analysis performed.	_____
Measurement of effectiveness	11a	<i>Single study-based estimates:</i> Describe fully the design features of the single effectiveness study and why the single study was a sufficient source of clinical effectiveness data.	_____
	11b	<i>Synthesis-based estimates:</i> Describe fully the methods used for the identification of included studies and synthesis of clinical effectiveness data.	_____
Measurement and valuation of preference-based outcomes	12	If applicable, describe the population and methods used to elicit preferences for outcomes.	_____
Estimating resources and costs	13a	<i>Single study-based economic evaluation:</i> Describe approaches used to estimate resource use associated with the alternative interventions. Describe primary or secondary research methods for valuing each resource item in terms of its unit cost. Describe any adjustments made to	_____



		approximate to opportunity costs.	
	13b	<i>Model-based economic evaluation:</i> Describe approaches and data sources used to estimate resource use associated with model health states. Describe primary or secondary research methods for valuing each resource item in terms of its unit cost. Describe any adjustments made to approximate to opportunity costs.	_____
Currency, price date and conversion	14	Report the dates of the estimated resource quantities and unit costs. Describe methods for adjusting estimated unit costs to the year of reported costs if necessary. Describe methods for converting costs into a common currency base and the exchange rate.	_____
Choice of model	15	Describe and give reasons for the specific type of decision-analytic model used. Providing a figure to show model structure is strongly recommended.	_____
Assumptions	16	Describe all structural or other assumptions underpinning the decision-analytic model.	_____
Analytic methods	17	Describe all analytic methods supporting the evaluation. This could include methods for dealing with skewed, missing, or censored data; extrapolation methods; methods for pooling data; approaches to validate or make adjustments (e.g. half-cycle corrections) to a model; and methods for handling population heterogeneity and uncertainty.	_____
<b>Results</b>			
Study parameters	18	Report the values, ranges, references, and if used, probability distributions for all parameters. Report reasons	_____

		or sources for distributions used to represent uncertainty where appropriate. Providing a table to show the input values is strongly recommended.	
Incremental costs and outcomes	19	For each intervention, report mean values for the main categories of estimated costs and outcomes of interest, as well as mean differences between the comparator groups. If applicable, report incremental cost-effectiveness ratios.	_____
Characterizing uncertainty	20a	<i>Single study–based economic evaluation:</i> Describe the effects of sampling uncertainty for estimated incremental cost, incremental effectiveness, and incremental cost-effectiveness, together with the impact of methodological assumptions (such as discount rate, study perspective).	_____
	20b	<i>Model-based economic evaluation:</i> Describe the effects on the results of uncertainty for all input parameters, and uncertainty related to the structure of the model and assumptions.	_____
Characterizing heterogeneity	21	If applicable, report differences in costs, outcomes, or cost-effectiveness that can be explained by variations between subgroups of patients with different baseline characteristics or other observed variability in effects that are not reducible by more information.	_____
<b>Discussion</b>			
Study findings, limitations, generalizability and current knowledge	22	Summarize key study findings and describe how they support the conclusions reached. Discuss limitations and the generalizability of the findings and how the findings fit with current knowledge.	_____
<b>Other</b>			

Source of funding	23	Describe how the study was funded and the role of the funder in the identification, design, conduct and reporting of the analysis. Describe other nonmonetary sources of support.	_____
Conflicts of interest	24	Describe any potential for conflict of interest among study contributors in accordance with journal policy. In the absence of a journal policy, we recommend authors comply with International Committee of Medical Journal Editors' recommendations.	_____

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620 *Note.* For consistency, the CHEERS statement checklist format is based on the format of the CONSORT  
621 statement checklist.  
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625 **Table 2.** Reporting standards in the included studies.

CHEERS reporting item	Studies meeting the standard		
	Yes	No	Not applicable
1 Title	14	1	
2 Abstract	13	2	
3 Background and objectives	15		
4 Target population and subgroups	14	1	
5 Setting and location	14	1	
6 Study perspective	15		
7 Comparators	13	2	
8 Time horizon	12	3	
9 Discount rate	5	10	
10 Choice of health outcomes	14	1	
11a Measurement of effectiveness ( <i>single study-based estimates</i> )	2	1	12
11b Measurement of effectiveness ( <i>synthesis-based estimates</i> )	6	6	3
12 Measurement and valuation of preference-based outcomes	5	1	9
13a Estimating resources and costs ( <i>single study-based economic evaluation</i> )	1	2	12
13b Estimating resources and costs ( <i>model-based economic evaluation</i> )	9	3	3
14 Currency, price date and conversion	12	3	
15 Choice of model	11	1	3
16 Assumptions	11	1	3
17 Analytic methods	14	1	
18 Study parameters	9	6	
19 Incremental costs and outcomes	13	2	
20a Characterizing uncertainty ( <i>single study-based economic evaluation</i> )	2	1	12

20b	Characterizing uncertainty ( <i>model-based economic evaluation</i> )	9	3	3
21	Characterizing heterogeneity	6	9	
22	Study findings, limitations, generalizability and current knowledge	11	4	
23	Source of funding	15		
24	Conflicts of interest	12	3	

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- 
1. *Compare alternative treatment strategies over time, not individual episodes of care, such as the treatment of individual bleeds.*
  2. *Assess cost-effectiveness over a long time horizon, preferably a lifetime, but also consider shorter periods of time if there are uncertainties in the longer term projections.*
  3. *Base the economic evaluation on a systematic review to obtain estimates of the key clinical parameters, and clearly identify the inclusion and exclusion criteria.*
  4. *If head-to-head clinical studies are not available to estimate relative treatment effect and observational data are used, employ an analytic strategy to adequately adjust for observed differences, such as differences in study populations and non-observed confounders. Crude comparisons of treatment effects in single-arm studies should be avoided.*
  5. *Base drug doses and other treatment patterns on observed data; rely on expert opinion or assumptions only as a last resort.*
  6. *Consider the probable heterogeneity in the patient population and include relevant subgroup analyses of cost-effectiveness.*
  7. *Use a generalizable measure of benefit in the economic study (e.g. for a measure of health gain, use QALYs).*
  8. *Clearly identify all sources of, and values for, unit costs/prices and present these separately from the quantities of resources estimated from the treatment patterns.*

9. *Discount future costs and effects at the relevant discount rate for the jurisdiction(s) where the economic study is conducted.*
10. *Adequately characterize the uncertainty in parameter estimates by using probabilistic sensitivity analysis. Additionally, present univariate analyses if these are useful for explaining the impact of key structural assumptions.*
11. *Consider other factors alongside cost-effectiveness, including patient convenience and preferences and the broader impact of the disease and its treatment on families.*
12. *Discuss the main weaknesses in the study and explain how and why the results differ from other published studies of the treatment strategies being examined.*

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631

632 **Appendix 1**

633

634 **Search strategy and PRISMA flow diagram**

635

636 The following databases were searched, using the search engine ProQuest: MEDLINE  
637 (1946–current) and Embase (1947–current). The search terms are shown in Table A1.1.

638 After removal of duplicates, articles were assessed for eligibility according to the  
639 criteria in Table A1.2, in two rounds (first round: inclusion or exclusion based on the  
640 screening of title and abstract only; second round: assessment of full text). Reference  
641 lists of the selected articles and of key review papers were reviewed for potentially  
642 relevant records that might not have been identified by the database search. The  
643 PRISMA flow diagram of the search is shown in Figure A.1.

644



645 **Table A1.1.** Search terms for identifying economic evaluations in haemophilia in MEDLINE and  
 646 Embase.

Topic	#	Search term
Economic evaluation	1	ti,ab('cost effectiveness' OR 'economic evaluation' OR 'cost analysis' OR 'cost utility' OR 'cost benefit?' OR 'economic analysis' OR 'pharmaco economic?' OR (economic near model*) OR 'decision model*' OR 'economic study' OR 'cost-effectiveness' OR 'economic-evaluation' OR 'cost-analysis' OR 'cost-utility' OR 'cost-benefit?' OR 'economic-analysis' OR 'pharmaco-economic?' OR 'decision-model*' OR 'economic-study')
Disease	2	ti,ab(hemophilia OR haemophilia OR 'Factor VIII Deficiency' OR 'Congenital Factor 8 Deficiency' OR 'Factor VIII Deficiency' OR 'Congenital Factor VIII Deficiency')
Economic evaluations in haemophilia	3	#1 AND #2

647

648

649 **Table A1.2.** Eligibility criteria used in the search for economic evaluations in haemophilia.

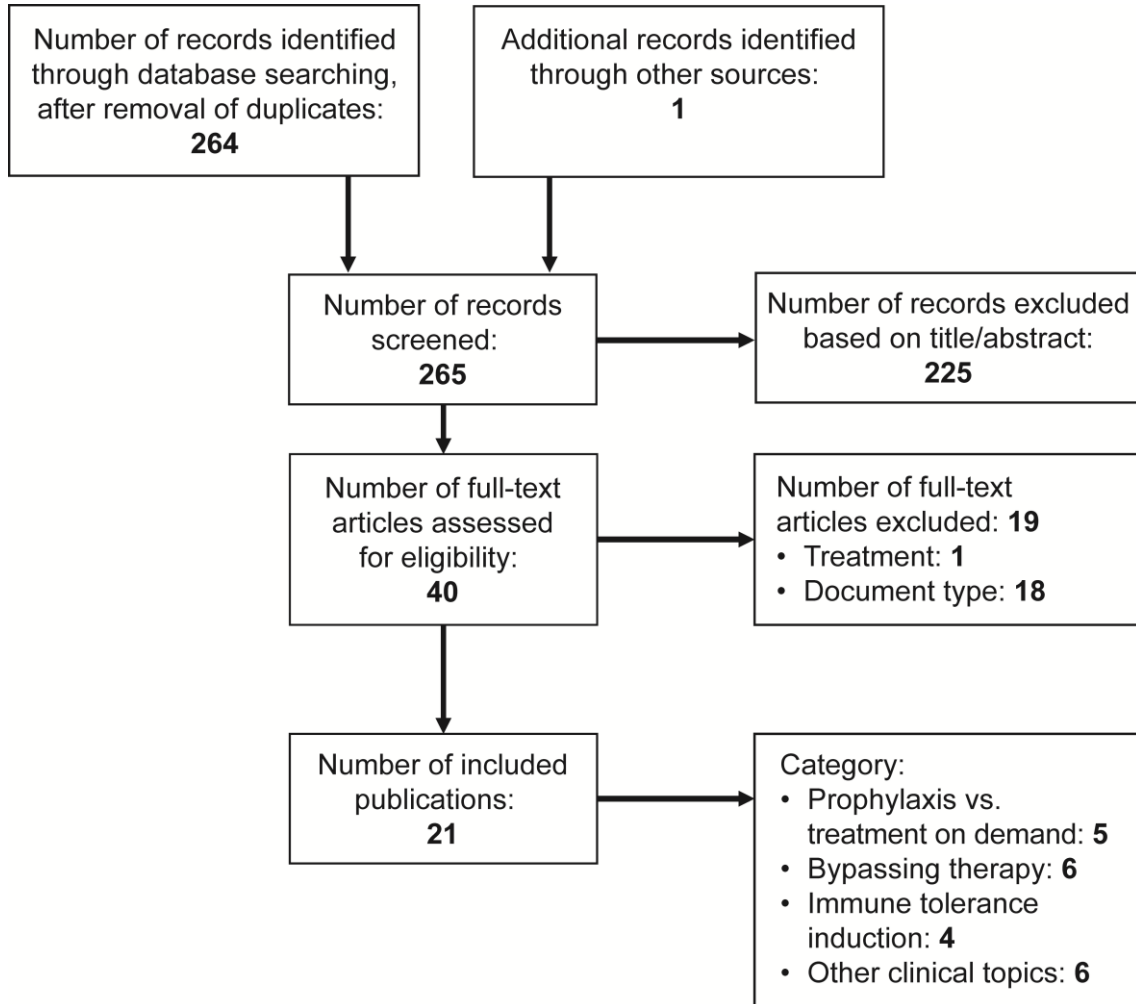
Topic	Inclusion criteria	Exclusion criteria
Disease	Haemophilia, all types	Other diseases
Patient population	Adult and paediatric	Non-human
Treatment	Treatments, procedures, care programmes in haemophilia	Other
Economic evaluation	Cost-utility, cost-effectiveness, cost-minimization studies	Other
Document type	Journal articles with original economic analyses comparing treatments, procedures or care programmes in haemophilia	<ul style="list-style-type: none"> <li>• Conference abstracts</li> <li>• Review articles</li> <li>• Letters or editorials that comment on results of an original article</li> <li>• Case studies (i.e. a report based on only one patient)</li> </ul>
Language	English	Other language
Year of publication	Published in or after 2008	Published before 2008

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653 **Fig. A.1.** PRISMA flow diagram.



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