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**Investigation of physical activity using accelerometry in dogs receiving chemotherapy.**

**Summary**

**Objectives**

To perform a preliminary study to assess whether single-agent palliative or adjuvant chemotherapy has an impact on objectively measured physical activity (PA) in dogs.

**Methods**

Fifteen dogs with neoplasia (treatment group (TG)) wore ActiGraph™ accelerometers for five day periods; before, during and after receiving single-agent, adjuvant or palliative chemotherapy. Mean 5-day volume of PA and time spent in 3 different intensities of PA (sedentary, light-moderate and vigorous) before, during and after receiving chemotherapy were compared to a group of fifteen healthy dogs (control group (CG)). Results were also compared within the treatment group across time.

**Results**

Prior to chemotherapy, TG dogs tended to be less active than CG dogs. Treatment group dogs were slightly more active at restaging than they were prior to treatment but had similar activity levels to CG dogs. Marked effects of chemotherapy on PA were not found. Physical activity was slightly lower in TG dogs during chemotherapy when compared to CG dogs but when PA of TG dogs was compared before and during chemotherapy, a slight increase in PA was seen. Additionally, little change in the mean 5-day volume of PA was seen between TG dogs on chemotherapy and at restaging. However, a mild decline in the time spent sedentary and increase in time spent in light-moderate activity was seen at restaging.

27

28 **Clinical Significance**

29 Single-agent, adjuvant or palliative chemotherapy, measured objectively had minimal impact  
30 upon PA or in dogs with neoplasia.

31

32 **Keywords**

33 Cancer, Chemotherapy, Dog, Accelerometer, Quality of life

34

35 **Introduction**

36 Veterinary chemotherapy is a growing field and patients are often either treated to ameliorate  
37 clinical signs (in the case of unresectable or disseminated disease, so called palliative intent  
38 treatment) or to prolong survival in those with micro-metastatic disease following surgery or  
39 radiation therapy (adjuvant chemotherapy). Traditionally, outcomes of veterinary  
40 chemotherapy studies have concentrated on drug tolerability, adverse events (primarily  
41 effects on the haemopoietic and gastrointestinal systems), tumour response and survival  
42 parameters (for example median survival times, disease free intervals or time to tumour  
43 progression) (Mellanby and others 2003, Ehrhart and others 2013). In both humans and  
44 animals it has been suggested that the measure of outcomes of cancer trials, particularly those  
45 investigating palliative and adjuvant chemotherapy protocols, should also include measures  
46 of patient quality of life (QOL) (Spitzer and others 1981, Gunnars and others 2001, Sprangers  
47 2002). Acceptable QOL during cancer treatment is important to both pet owners (Mellanby  
48 and others 2003) and veterinarians (Yeates and Main 2009). The risk of prolonging or  
49 inducing suffering, or of reducing QOL is often cited by owners as a reason for electing  
50 euthanasia rather than treatment (Slater and others 1996). Therefore, a better understanding of  
51 the effects of treatments on QOL would help with informed decision making. In patients

52 receiving palliative or adjuvant treatment, patient QOL is affected not only by the treatment  
53 itself but also by residual disease. The goals of treatment are thus to achieve a balance  
54 between an anti-tumour response and increased patient longevity whilst avoiding deleterious  
55 effects on patient QOL.

56

57 Quality of life is multifactorial and includes a range of physical and behavioural parameters.  
58 It is difficult to define and the concept likely varies between different people (McMillan  
59 2000, Gunnars and others 2001). One symptom included in QOL questionnaires in people  
60 with cancer is fatigue (Aaronson and others 1983, the WHOQOL Group 1998, Carrison and  
61 Hamrin 1996). Fatigue, an extreme form of tiredness, is one of the most commonly reported  
62 side-effects of chemotherapy (Skerman and others 2012, Backman and others 2014). It is  
63 multifactorial and is thought to result in a reduction in physical activity (PA) (Vermaete and  
64 others 2014). Studies in humans using accelerometers to objectively measure PA have shown  
65 that it is reduced in patients on chemotherapy (Tan and others 2013, Vermaete and others  
66 2014).

67

68 In veterinary medicine, assessment of QOL in oncology patients has been largely subjective,  
69 often using owner questionnaires either to ask them to quantify their pet's QOL or to ask  
70 about specific determinants of QOL such as demeanor, appetite, pain and mobility (Fox and  
71 others 2000, Malik and others 2001, Mellanby and others 2003, Tzannes and others 2008,  
72 Bowles and others 2010, Lynch and others 2011, Iliopoulou and others 2013). It is not  
73 possible in veterinary studies to determine whether the patient feels fatigued and therefore PA  
74 levels have been subjectively assessed by asking questions about the patients' mobility,  
75 tiredness, lethargy and play activity (Bowles and others 2010, Iliopoulou and others 2013,  
76 Rivera and others 2013). The inclusion of questions regarding PA confirms the importance of

77 its evaluation in QOL assessment but using this methodology; it is difficult to quantify  
78 changes in PA and the results may be biased by client preconceptions of chemotherapy.  
79 Comparison between clients is also difficult as the perception of PA likely varies between  
80 different people. In addition, questionnaires are often completed retrospectively, sometimes  
81 months after the administration of chemotherapy (Mellanby and others 2003, Tzannes and  
82 others 2008, Bowles and others 2010). The detection of diminished activity during cancer  
83 treatment may be even more relevant in veterinary patients, where the incapacitation that  
84 accompanies treatment in some people would simply not be acceptable in our patients.

85

86 Using data collected from owners, reductions in PA have been reported in some dogs  
87 following treatment with single-agent carboplatin, doxorubicin, epirubicin and mitoxantrone,  
88 all of which are drugs used in palliative or adjuvant settings (Ogilvie and others 1991, Lucroy  
89 and others 1998, Bowles and others 2010, Marrington and others 2012). It however unknown  
90 to what extent reductions in PA actually occur in patients receiving these chemotherapy  
91 agents and objective measurements of PA in veterinary patients receiving chemotherapy has  
92 not been attempted.

93

94 Accelerometers are motion sensors that provide real-time monitoring of the frequency,  
95 duration and intensity of PA in free-living individuals. They have been used extensively in  
96 adults and children, both with and without cancer, to objectively measure PA (Corder and  
97 others 2008, Reilly and others 2008, deVries and others 2009, Tan and others 2013, Vermaete  
98 and others 2014, Lowe and others 2014). Accelerometers have been validated for the  
99 measurement of habitual PA in dogs (Yam and others 2011). They have the advantage of  
100 giving a quantitative measure of PA whilst being portable, lightweight and non-invasive.

101

102 The aims of this preliminary study were to objectively measure PA in dogs using  
103 accelerometers, before, during and after receiving palliative intent or adjuvant single-agent  
104 chemotherapy, and to compare PA in the chemotherapy treatment group to that of a control  
105 group of healthy dogs. In so doing, we hope to better understand the extent to which a  
106 reduction in PA truly occurs in these patients.

107

## 108 **Materials and Methods**

109 In this prospective study, all dogs presented to a veterinary teaching hospital from March  
110 2012 to October 2013 and suspected of having a malignant tumour were considered for  
111 inclusion. Dogs eligible for the treatment group (TG) were subsequently excluded if  
112 histopathology was not consistent with malignant neoplasia, they did not receive single-agent  
113 chemotherapy, they were inconsistently treated with other drugs (including non-steroidal  
114 anti-inflammatory drugs, opioids and corticosteroids) or modalities (including radiotherapy)  
115 throughout their chemotherapy or they had significant co-morbidities that could  
116 independently affect activity levels (such as cardiac disease, osteoarthritis, endocrine or  
117 metabolic disorders). Co-morbidities were excluded on the basis of the history, physical  
118 examination and staging results. Any additional tests were performed on a case-by-case basis  
119 at the clinician's discretion.

120

121 The final TG therefore consisted of dogs that had malignant neoplasms, had undergone full  
122 staging (complete blood count (CBC), blood biochemistry panel, thoracic radiography or  
123 computed tomography and abdominal ultrasound examination) and received single-agent  
124 chemotherapy (carboplatin, doxorubicin, epirubicin or mitoxantrone). For each TG dog, a  
125 control dog matched as closely as possible for sex, age, weight, body condition score (BCS)  
126 and breed was included in a control group (CG). Control dogs were client-owned healthy

127 individuals that were taking part in a concurrent study (Morrison and others 2013a, Morrison  
128 and others 2013b, Morrison and others 2014).

129

130 Chemotherapy was administered via the standard hospital protocol, in brief; CBCs were  
131 performed immediately prior to chemotherapy administration and treatments were delayed if  
132 neutrophil counts were  $<3 \times 10^9 \text{ L}^{-1}$ . Carboplatin was administered at  $300 \text{ mg/m}^2 \text{ q3 weeks}$ ,  
133 doxorubicin and epirubicin at  $30 \text{ mg/m}^2 \text{ q3 weeks}$  and mitoxantrone at  $5.5 \text{ mg/m}^2 \text{ q3 weeks}$   
134 for a total of four to six treatments. Chemotherapy was administered through an intravenous  
135 catheter in a saline infusion over 20 minutes. Cases were discharged on the day of treatment.  
136 Supportive medications (for example anti-emetics) were administered according to standard  
137 protocols or when adverse events were experienced. Dogs receiving analgesic drugs or  
138 nutraceutical joint supplements were only included if they remained on the same drug and  
139 dose throughout the study.

140

141 Physical activity was measured using GT3-X and GT3-X+ accelerometers (ActiGraph™)  
142 attached to the dog's collar, as previously described (figure 1) (Yam and others 2011).  
143 Accelerometers were placed for a minimum of 5 consecutive 24-hour periods. For the TG  
144 dogs, accelerometers were first placed at initial presentation or postoperatively. When placed  
145 postoperatively this had to be at least 7 days, and as long as possible, following surgery but  
146 no less than 5 days prior to chemotherapy administration. After this, accelerometers were  
147 removed by owners and returned by post for the data to be downloaded. All owners  
148 completed a diary detailing any problems associated with the accelerometer placement (e.g.  
149 collar removal or loss during the measurement period). Accelerometers were again placed  
150 when patients returned for their first (C1), third (C3) and fifth (C5) doses of chemotherapy  
151 and were set to start recording from midnight on the day of chemotherapy administration.



152 The final accelerometer was placed a minimum of 1 month after the final dose of  
153 chemotherapy when dogs returned for restaging. Control group dogs had accelerometers  
154 placed on one occasion.

155

156 The accelerometer measured and recorded time-varying accelerations ranging in magnitude  
157 from approximately 0.05 to 2.5g (GT3-X) and +/- 6g (GT3-X+) in 3 axes. There is excellent  
158 agreement between these two models meaning that they can be used interchangeably within  
159 the same study (Robusto and Trost 2012). The accelerometer output was digitised by a 12-bit  
160 analog to digital converter at a rate of 30 times per second (30 Hz). Once digitised, the signal  
161 passed through a filter that band limited the accelerometer to the frequency range of 0.25 to  
162 2.5 Hz to eliminate any acceleration noise outside the normal activity frequency bandwidth.  
163 Each sample was summed over a 15 second time interval (epoch).

164

165 Actilife v6.6.2 software (ActiGraph™) was used to download the data. This software also  
166 calculated the integrated output (Vector Magnitude) which is the magnitude of the resulting  
167 vector that forms when combining the sampled acceleration from all 3 axes (ActiGraph™  
168 2013). The raw data files were imported to a Microsoft Office Excel 2007 (Microsoft)  
169 spreadsheet. Outputs were analysed from the integrated output and data was expressed in  
170 counts per minute (cpm) by summing the counts from 4 epochs. Figure 2 shows a graph of  
171 the PA (calculated from the integrated output) for a dog over a 24 hour period.

172

173 The mean daily volume of PA per minute (cpm) and the mean 5-day volume of PA per  
174 minute (cpm) were calculated for each dog at each timepoint. The amount of time  
175 (minutes/day) spent in 3 different intensities of activity (sedentary, light-moderate and

176 vigorous) was calculated for each day and a daily mean calculated for each 5 day period.

177 The three levels of activity were defined as follows (from Yam and others 2011):

178 1) Sedentary behaviour - no movement of the trunk, includes time spent sleeping

179 2) Light to moderate intensity PA - slow to moderate translocation of the trunk, with the  
180 dog on a lead

181 3) Vigorous intensity PA - rapid translocation of the trunk whilst running (usually  
182 outdoors) off a lead.

183 Each minute was categorised as spent in sedentary behaviour, light-moderate intensity or  
184 vigorous intensity PA using cut points based on a “calibration” study derived from data  
185 obtained in a previous validation of the ActiGraph™ accelerometers (Yam and others 2011,  
186 Morrison and others 2013a).

187

188 Data was also recorded on signalment, staging results, surgical treatment, tumour type,  
189 chemotherapy administered, concurrent medications, concurrent physiotherapy or  
190 hydrotherapy, adverse events, and outcome of TG dogs.

191

192 Data were tested for normality using the Anderson-Darling test. As data was not normally  
193 distributed, median and interquartile ranges (IQR) were calculated. The median of the mean  
194 5-day volume of PA per minute and medians of the mean daily time (minutes/day) spent at  
195 each intensity of PA for the 5 day periods were calculated for the CG. To compare the PA of  
196 the treatment dogs and control dogs pre-treatment, after chemotherapy and after restaging,  
197 box and whisker plots of the mean 5-day volume of PA per minute were drawn. The medians  
198 of the mean daily time (minutes/day) spent at each intensity of PA for the 5 day periods were  
199 calculated for each time point for the treatment dogs and their paired control dogs. To  
200 examine the effect of chemotherapy on the TG dogs, the difference in the mean 5-day volume

201 of PA per minute and the difference in mean daily time (minutes/day) spent at each intensity  
202 of PA for each 5 day period at different time points was calculated for each dog. Results were  
203 then graphed or median differences were calculated. Dogs were only included if they had  
204 data available from both time points. Finally, to determine changes in TG dogs over the 5  
205 days following each chemotherapy dose, box and whisker plots of the mean daily volume of  
206 PA per minute were drawn and the median time spent each day at each intensity of PA were  
207 calculated. Analyses were carried out and graphs drawn using Minitab 16.1.1 (Minitab Inc.)  
208 and Microsoft Office Excel 2007 (Microsoft).

209

210 Informed consent was given by all dog owners and the study was approved by the relevant  
211 Ethics and Welfare Committee.

212

## 213 **Results**

214 Twenty five dogs were recruited to the TG, however 2 dogs were ultimately diagnosed with  
215 non-neoplastic diseases, 4 dogs were not treated with chemotherapy and 2 dogs were  
216 intermittently treated with other drugs or radiotherapy. Of the remaining 17 dogs, 2 were  
217 excluded due to corrupt accelerometer data.

218

219 The TG and CG dog descriptive characteristics are shown in Table 1. Matching for breed  
220 between the TG and CG dogs was not possible.

221

222 All TG dogs had solid tumours; 3 anal sac adenocarcinomas, 2 malignant melanomas, 3  
223 appendicular osteosarcomas, 3 haemangiosarcomas, one splenic sarcoma, one soft tissue  
224 sarcoma, one mammary carcinoma and one nasal adenocarcinoma. Fourteen dogs (93%)  
225 were staged to the local site only and one dog had local lymph node involvement. None of the

226 dogs had distant metastases at the time of diagnosis. Fourteen dogs had surgery to de-bulk  
227 gross disease before entering the study. The dog with a nasal tumour did not have surgery. Of  
228 these 14 dogs, 9 (60%) had accelerometers placed prior to chemotherapy and therefore had  
229 baseline data collected. Eight of these had surgery and this included two limb amputations,  
230 one splenectomy, two anal sac resections for stage I anal sac adenocarcinoma, one debulking  
231 of a maxillary malignant melanoma, one enucleation due to intraocular melanoma and one  
232 soft tissue sarcoma resection (medial thigh). All dogs recovered uneventfully from surgery.  
233 The first accelerometer was placed a median of 13 days later (range: 7 to 44 days) by which  
234 time, 6/9 dogs had had their sutures removed.

235

236 Over the course of the study, 9 TG dogs (60%) received carboplatin, 3 dogs received  
237 doxorubicin, 1 dog epirubicin and 2 dogs a combination of epirubicin and doxorubicin.  
238 Fifteen dogs had one or more chemotherapy doses, 14 dogs had 3 or more chemotherapy  
239 doses and 6 dogs had 5 or more chemotherapy doses (figure 3). Five dogs (33%) received  
240 concurrent medication throughout the data collection period (meloxicam (3 dogs),  
241 prednisolone (1 dog) and tramadol (1 dog)). One dog received concurrent joint  
242 supplementation throughout the data collection period with a glucosamine and  
243 methylsulfonylmethane combination nutraceutical. The same dog received weekly  
244 hydrotherapy which was performed the day prior to chemotherapy administration which was  
245 not during accelerometer placement.

246

247 Collars were not removed overnight, however some owners did remove accelerometers for  
248 short periods of time and results were adjusted to account for this. Specifically there were 8  
249 problems (out of 49 accelerometer placements) recorded by owners in the activity diaries.

250 These resulted in exclusion of the whole accelerometer episode from analysis in one case, an  
251 exclusion of one day of data in one case and no action in six cases.

252

### 253 **Physical activity measured over 5 days in the CG**

254 The median of the mean 5-day volume of PA for all 15 dogs in the CG was 482 cpm (IQR:  
255 275). A median of the mean of 1268 minutes/day (21.1 hours/day) (IQR: 88 minutes/day)  
256 was spent in sedentary behaviour, 154 minutes/day (2.6 hours/day) (IQR: 76 minutes/day) in  
257 light-moderate activity and 6 minutes/day (0.1 hours/day) (IQR: 10 minutes/day) in vigorous  
258 activity.

259

### 260 **Physical activity measured over 5 days at different accelerometer placement time points** 261 **for TG dogs versus CG dogs**

262 Figure 4 shows box and whisker plots for the mean 5-day volume of PA (cpm) at each  
263 accelerometer time point for the TG dogs and their paired CG dogs. Table 2 shows the  
264 median of the mean daily time spent at each intensity of PA (minutes/day).

### 265 **Changes in PA in TG dogs measured over 5 days at different accelerometer placement** 266 **time points**

267 Figure 5 is a box and whisker plot of the median change in mean 5-day volume of PA (cpm)  
268 for TG dogs between the different accelerometer placement time points. Table 3 shows the  
269 differences between the mean daily time spent at each intensity of PA for TG dogs at  
270 different accelerometer placement time points.

271

### 272 **Daily PA in TG dogs on each of the 5 days following chemotherapy**

273 Figure 6 shows the median of the mean daily volume of PA (cpm) for the TG dogs on each of  
274 the 5 days following chemotherapy for doses 1, 3 and 5. Table 4 shows the median time spent

275 at different activity intensity levels (minutes/day) for the TG dogs on each of the 5 days  
276 following chemotherapy for doses 1, 3 and 5.

277

## 278 **Discussion**

279 The aim of this study was to objectively measure PA in dogs before, during and after  
280 receiving chemotherapy as an objective measure of QOL. This was successfully achieved in  
281 15/17 dogs that fulfilled the inclusion criteria.

282

283 Prior to chemotherapy, TG dogs had a slightly lower mean 5-day volume of PA (figure 4A)  
284 and tended to spend more time sedentary and slightly less time in light-moderate intensity  
285 activity (table 2), compared to the CG dogs. This may have occurred as TG dogs were not  
286 healthy and were either presumed to have micrometastatic disease (gross metastases were  
287 ruled out on initial staging) or had gross disease (one case only), both of which could have  
288 affected their PA. Additionally, 8/9 TG dogs had had tumour resection surgery a median of  
289 13 days before accelerometer placement and either the surgery itself or post-surgical exercise  
290 restriction (“lead walks” only until suture removal) could have affected their PA. To reduce  
291 the effect of surgery on PA, post-operative accelerometer placement was delayed for as long  
292 as possible; however given that the optimal time for chemotherapy administration is when  
293 there is minimal residual disease, the time between surgery and the first dose of  
294 chemotherapy is often short. Surgery is likely to have had the greatest effect on the 3 dogs in  
295 this group that had had limb surgery and the effect of post-surgical exercise restriction was  
296 only likely to be relevant in the 3 patients that had accelerometers placed before suture  
297 removal.

298

299 When the activity of the TG dogs at restage was compared to the CG dogs, no obvious  
300 differences in PA were seen (figure 4E, table 2). Furthermore, when the PA of TG dogs  
301 before chemotherapy was compared to that at restaging, a slight increase in total volume of  
302 PA was seen (figure 5) with a slight reduction in sedentary behaviour and increase in light-  
303 moderate intensity activity (table 3). These findings suggest that some factor was reducing  
304 PA in the TG dogs before chemotherapy, however these effects were only very small and a  
305 large variation was seen between TG and CG dogs.

306

307 The effect of chemotherapy on PA in our patients was not marked. Slightly lower mean 5-day  
308 volumes of PA (figure B-D) and greater amounts of time spent sedentary rather than in light-  
309 moderate intensity activity (table 2) were seen in TG dogs after all chemotherapy doses when  
310 compared to CG dogs, but there was considerable overlap. Conversely, when TG dogs were  
311 compared to themselves, there was a slight increase in the mean 5-day volume of PA from  
312 before chemotherapy to after chemotherapy doses 1 and 3 (but not 5) (figure 5). This effect  
313 was quite marked in some dogs. Likewise, there was a slight decrease in the amount of time  
314 spent sedentary and a corresponding increase in the time spent in light-moderate intensity  
315 activity from before chemotherapy to after doses 1 and 3 (table 3). The opposite was seen  
316 after dose 5. The apparent contradiction between the results when TG dogs were compared to  
317 CG dogs and when TG dogs were compared to themselves may be because of ongoing effects  
318 of the tumour itself or of surgery which would affect the former but not the latter.

319

320 Similarly, little effect of chemotherapy on PA was seen in the 5 days immediately after  
321 treatment (figure 6, table 4). If anything, there was a slight reduction in the time spent  
322 sedentary and corresponding increase in time spent at light-moderate intensity activity on day  
323 3 post-chemotherapy.

324

325 When the PA of TG dogs was compared during chemotherapy to the restage time point  
326 (figure 5, table 3), the mean 5-day volume of PA was relatively unchanged and only a very  
327 mild decline in time spent sedentary and increase in time spent in light-moderate intensity  
328 activity was seen. This either suggests that the chemotherapy was not having a major effect  
329 on PA or that the negative effects of chemotherapy are offset by the negative effects of the  
330 residual tumour at the restage time point.

331

332 The relative lack of an effect of chemotherapy on PA is somewhat at odds with the  
333 information in both the human and veterinary literature. In people, fatigue is one of the most  
334 commonly reported symptoms during palliative and adjuvant chemotherapy (Skerman and  
335 others 2011, Backman and others 2014), however it is a subjective feeling and may not  
336 necessarily translate into a decline in PA. In the only two studies using accelerometry to  
337 measure PA in people on chemotherapy (Tan and others 2013, Vermaete and others 2014), a  
338 reduction in PA was seen. These were, however, studies of patients treated with multi-agent,  
339 curative-intent protocols for acute leukaemias and lymphomas which may be more likely to  
340 have negative effects on PA than the palliative/adjuvant single-agent protocols used in this  
341 study.

342

343 In dogs, chemotherapy has frequently been reported to cause lethargy (Lucroy and others  
344 1998, Mellanby and others 2003, Bowles and others 2010, Marrington and others 2012,  
345 Rivera and others 2013), however these studies all rely on owner reporting, in some cases  
346 months after the treatment took place (Mellanby and others 2003, Bowles and others 2010).  
347 This methodology may introduce bias as some owners may expect their dogs to be lethargic  
348 because of preconceptions about chemotherapy or they may under or overestimate their pet's



349 activity levels due to difficulties recalling and reporting this type of information accurately  
350 (Durante and Ainsworth 1996, Kriska and others 1997, Sirard and Pate 2001). This study, by  
351 contrast, used an objective measure of PA which eliminates many of these problems.

352

353 It is a concern that if the effects of chemotherapy on PA (and therefore QOL) are over-  
354 exaggerated this could lead to the misinformation of owners. As the risk of reducing QOL is  
355 often cited by owners as a reason for electing euthanasia rather than treatment (Slater and  
356 others 1996) this could incorrectly deter owners from electing to treat their pets. It should be  
357 remembered, however that the numbers in this study are small and therefore effects on PA  
358 could have been missed. Additionally, QOL is multifactorial and only one aspect was studied,  
359 therefore comments cannot be made on QOL as a whole.

360

361 It was not possible, in this study, to perform meaningful statistical analyses due to the small  
362 sample size. Post-hoc power calculations were performed which suggested large numbers of  
363 dogs would be needed in each group to detect a meaningful difference in PA. This suggests  
364 future studies would need to involve multiple centres and a longer period of data collection.  
365 The power of this study was further reduced because we did not succeed in placing  
366 accelerometers on all TG dogs at all time points (particularly the pre-chemotherapy time  
367 point).

368

369 This preliminary study showed that it was possible to use accelerometers in clinical patients  
370 receiving chemotherapy to collect objective, contemporaneous data on PA. This methodology  
371 could therefore be used in future studies looking at the QOL of patients on chemotherapy  
372 possibly in combination with questionnaires. In this setting, it might also be interesting to  
373 compare results to a control group of patients in which treatment was declined. This would

374 provide information on the effect of surgery and the tumour itself, variables which could not  
375 be isolated in this study. Combining accelerometry with other methods of assessing QOL  
376 would also allow relationships between these methods to be investigated. The routine use of  
377 accelerometers in outcome studies of veterinary patients receiving palliative and adjuvant  
378 chemotherapy protocols, where it is suggested that measuring QOL is particularly important  
379 (Spitzer and others 1981, Gunnars and others 2001, Sprangers 2002), should be considered.  
380 The inclusion of more homogeneous groups of patients (with regards to tumour type and drug  
381 administered) would allow additional conclusions to be drawn. Objective measurement of PA  
382 may be particularly relevant in studies of drugs like the tyrosine kinase inhibitors which are  
383 known to have a direct effect on the musculoskeletal system (London and others, 2009). As  
384 accelerometry was well tolerated and contemporaneous, it could also be used in individual  
385 clinical patients to provide objective information on patient QOL that could help owners and  
386 clinicians decide whether to make changes or discontinue a protocol.

387

388 In conclusion, we have shown that the concept of measuring PA using accelerometry in  
389 canine oncological patients is valid and our results support the use of single-agent adjuvant  
390 chemotherapy in dogs given that marked changes in PA were not seen during treatment.

391

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396

#### 397 **CONFLICT OF INTERESTS**

398 None of the authors of this article has a financial or personal relationship with other people or  
399 organisations that could inappropriately influence or bias the content of the paper.

400

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557 **FIGURE LEGENDS**

558 Figure 1: Dog wearing ActiGraph™ accelerometer attached to collar.

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560 Figure 2: Counts recorded for each minute of a 24 hour day for a dog wearing an  
561 accelerometer. The y-axis is divided into sections to show the cut points for the different  
562 physical activity intensity levels. PA = physical activity.

563  
564 Figure 3: Flow diagram demonstrating TG dogs throughout the study (number of dogs,  
565 number of dogs with accelerometers fitted). <sup>a</sup> 8 of these dogs had surgery prior to  
566 accelerometer placement (median time from surgery to accelerometer placement was 13  
567 days), <sup>b</sup> the median time to restage for all dogs was 33 days.

568  
569 Figure 4: Box and whisker plots for the mean 5-day volume of physical activity (counts per  
570 minute [cpm]) at each accelerometer time point for the treatment group dogs and their paired  
571 control dogs. The n-value is the number of dogs in each group. The lower and upper  
572 boundaries of the box represent the first and third quartiles of the data respectively and the  
573 line within the box represents the median. The whiskers represent the complete range of the  
574 data. Outliers (\*) are observations that are at least 1.5 times the interquartile range from the  
575 edge of the box.

577 Figure 5: Box and whisker plot of the change in mean 5-day volume of physical activity  
578 (counts per minute [cpm]) for treatment group dogs between the different time points listed  
579 on the y-axis. Values below zero represent an increase in the mean 5-day volume of physical  
580 activity whereas values above the line represent a decrease in the mean 5-day volume of  
581 physical activity. Dogs were only included in each group if data was available from both time  
582 points. Pre = pre-chemotherapy, C1 = after 1<sup>st</sup> chemotherapy, C3 = after 3<sup>rd</sup> chemotherapy,  
583 C5 = after 5<sup>th</sup> chemotherapy. The n-value is the number of dogs in each group. The lower and  
584 upper boundaries of the box represent the first and third quartiles of the data respectively and  
585 the line within the box represents the median. The whiskers represent the complete range of  
586 the data. Outliers (\*) are observations that are at least 1.5 times the interquartile range from  
587 the edge of the box.

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589 Figure 6: Box and whisker plots of the mean daily volume of physical activity (counts per  
590 minute [cpm]) for the treatment group dogs on each of the 5 days following chemotherapy  
591 doses 1, 3 and 5. The n-value is the number of dogs in each group. \*Only dogs with all 5 days  
592 of data were included. The lower and upper boundaries of the box represent the first and third  
593 quartiles of the data respectively and the line within the box represents the median.

594

#### 595 **TABLE LEGENDS**

596 Table 1: Descriptive characteristics of the dogs in the treatment and control groups.

597

598 Table 2: Mean daily time spent at each intensity of physical activity (minutes per day) at each  
599 accelerometer time point for the treatment group dogs and their paired control dogs.

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601 Table 3: Difference between the mean daily time spent at each intensity of physical activity  
602 by the treatment group dogs at different accelerometer time points.

603

604 Table 4: Time spent at different activity intensity levels (minutes per day) for the treatment  
605 group dogs on each of the 5 days following chemotherapy doses 1, 3 and 5.

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