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#### Abstract

Let D stand for the open unit disc in  $\mathbb{R}^d$   $(d \ge 1)$  and  $(D, \mathscr{B}, m)$  for the usual Lebesgue measures space on D. Let  $\mathscr{H}$  stand for the real Hilbert space  $L^2(D, m)$  with standard inner product  $(\cdot, \cdot)$ . The letter G signifies the Green operator for the (non-negative) Dirichlet Laplacian  $-\Delta$  in  $\mathscr{H}$  and  $\psi$  the torsion function  $G\chi_D$ . We pose the following problem. Determine the optimisers for the shape optimisation problem

$$\alpha_t := \sup \left\{ (G\chi_A, \chi_A) : A \subseteq D \text{ is open and } (\psi, \chi_A) \le t \right\}$$

where the parameter t lies in the range  $0 < t < (\psi, 1)$ . We answer this question in the onedimensional case d = 1. We apply this to a problem connected to maximum flux exchange flow in a vertical duct. We also show existence of optimisers for a relaxed version of the above variational problem and derive some symmetry properties of the solutions.

Key words: shape optimisation

Mathematics Subject Classification 2010: 35J20

# 1 Introduction

Let  $\Omega$  stand for a bounded open set in  $\mathbb{R}^d$   $(d \ge 1)$  and  $(\Omega, \mathscr{B}, m)$  for the usual Lebesgue measure space on  $\Omega$ . Let  $\mathscr{H}$  stand for the real Hilbert space  $L^2(\Omega, m)$  with standard inner product  $(\cdot, \cdot)$ . The letter G signifies the Green operator for the (non-negative) Dirichlet Laplacian  $-\Delta$  in  $\mathscr{H}$  and  $\psi$  the torsion function  $G \chi_{\Omega}$ . We pose the following problem. Determine the optimisers for the shape optimisation problem

$$\alpha_t := \sup\left\{ (G\chi_A, \chi_A) : A \subseteq \Omega \text{ is open and } (\psi, \chi_A) \le t \right\}$$
(1.1)

where the parameter t lies in the range  $0 < t < (\psi, 1)$ . We show that optimisers exist for a relaxed version of this problem and derive certain symmetry properties of the solutions when  $\Omega$  is replaced by the open unit ball D. We obtain the explicit form of the optimisers in the one-dimensional case d = 1 for the open interval D = (-1, 1).

Define

$$V_t := \left\{ f \in \mathscr{H} : 0 \le f \le 1 \text{ m-a.e. on } \Omega \text{ and } (f, \psi) \le t \right\}$$

for t in the range  $0 < t < (\psi, 1)$  and consider the relaxed variational problem

$$\beta_t := \sup \left\{ J(f) : f \in V_t \right\},\tag{1.2}$$

where J(f) = (f, Gf). The first main result runs as follows.

**Theorem 1.1.** For each t in the range  $0 < t < (\psi, 1)$ , there exists  $f \in V_t$  such that  $\beta_t = J(f)$ .

In case  $\Omega$  is replaced by the open unit ball D centred at the origin, we can say more about the symmetry properties of optimisers. In fact,

**Theorem 1.2.** Let  $f \in V_t$  such that  $\beta_t = J(f)$ . Then f possesses circular cap symmetry.

We now turn to the one-dimensional case d = 1 so that D = (-1, 1) and the torsion function  $\psi$  is given explicitly by  $\psi(x) = (1/2)(1 - x^2)$  for  $x \in D$ . Noting that  $(\psi, 1) = 2/3$ , define  $\varphi: D \to (0, 2/3)$  by  $\varphi(x) := (\chi_{(x, 1)}, \psi)$ , and specify  $\xi_t \in (-1, 1)$  uniquely via the relation

$$\varphi(\xi_t) = t \tag{1.3}$$

for each  $t \in (0, 2/3)$ . Set  $A_t := (\xi_t, 1)$ . Then

**Theorem 1.3.** For any open subset A in D satisfying  $(\psi, \chi_A) \leq t$  it holds that

 $(G\chi_A, \chi_A) \le (G\chi_{A_t}, \chi_{A_t}),$ 

and equality occurs precisely when either  $A = A_t$  or  $A = -A_t$ .

The inequality is somewhat reminiscent of the Riesz rearrangement inequality: this justifies the epithet in the title. This problem has a probabilistic interpretation in so far as the function  $G \chi_A$  is the expected occupation time in A spent by absorbing Brownian motion in D (associated to the Laplacian  $\Delta$ ). The  $d \geq 2$  case has not yet been resolved. It is tempting to speculate that a hyperbolic cap optimises (1.1) in this case. Numerical evidence does not seem to bear this out, however [5].

One reason why this problem is intriguing is because of its connection to maximum flux exchange flow in a vertical duct, a model of lava flow in a volcanic vent (see [4]). In the two-dimensional case d = 2, we imagine a configuration of two immiscible fluids in  $D \times \mathbb{R}$  with different physical characteristics in a state of steady flow. The densities of the fluids are labelled  $\rho$ ,  $\rho'$  and we take  $\rho > \rho'$ . Each fluid has unit viscosity. With respect to cylindrical coordinates  $(x, z) \in D \times \mathbb{R}$ , gravity acts in the direction (0, -1) according to the model. The pressure p depends only upon zand has constant gradient  $\partial p/\partial z = -G$ . Suppose that the fluid with density  $\rho$  occupies a region in  $D \times \mathbb{R}$  with cross-section  $A \subseteq D$ . Restricting the problem to D, the velocity u of the components of the fluid may be described (informally) using the Navier-Stokes equation via

$$0 = \Delta u + G - \rho g \quad \text{on} \quad A; 0 = \Delta u + G - \rho' g \quad \text{on} \quad D \setminus A.$$

Non-slip (Dirichlet) boundary conditions are imposed on the boundary of D. It is also assumed that u and its gradient are continuous on the interface between the two regions A and  $D \setminus A$  (continuity of velocity and stress).

The parameter G lies in the interval  $(\rho' g, \rho g)$ . This allows the possibility of a bi-directional flow. Upon rescaling (and relabelling the velocities) we obtain the system

$$\begin{array}{rcl}
0 &=& \Delta u - \lambda - 1 & \text{on} & A; \\
0 &=& \Delta u - \lambda + 1 & \text{on} & D \setminus A;
\end{array}$$
(1.4)

where

$$\lambda := \frac{(\rho' + \rho)g - 2G}{(\rho - \rho')g} \in (-1, 1)$$

is a proxy for the pressure gradient. Two problems arise. One is to maximise the flux  $Q := (\chi_{D\setminus A}, u)$  amongst all regions A which satisfy the flux balance condition (u, 1) = 0 with constant  $\lambda$ ; the other in which we optimize also over  $\lambda$ . In detail, we seek optimisers for the problems

$$\gamma := \sup\left\{ \left(\chi_{D\setminus A}, u\right) : (u, 1) = 0, A \subseteq D \text{ open}, \lambda \in (-1, 1) \right\},$$

$$(1.5)$$

$$\gamma_{\lambda} := \sup\left\{ \left(\chi_{D\setminus A}, u\right) : \left(u, 1\right) = 0, A \subseteq D \text{ open} \right\},$$

$$(1.6)$$

where in the latter  $\lambda$  is fixed in the interval (-1, 1). It turns out that problem (1.1) is closely related to the two problems above. Note too that these problems have obvious analogues for the case d = 1.

We come to our last main result. Note that the d = 2 analogue is discussed as a marginal case in [4].

Theorem 1.4. In case d = 1,

- (i) for each  $\lambda \in (-1, 1)$ , the problem (1.6) is optimised precisely when either  $A = A_{\frac{1-\lambda}{3}}$  or  $A = -A_{\frac{1-\lambda}{3}}$ ;
- (ii) the problem (1.5) is optimised precisely when either A = (0, 1) or A = (-1, 0) and has optimal value 1/12.

We give a brief sketch of the organisation of the paper. In Section 2, we obtain existence of optimisers for the relaxed problem (1.2) and derive some symmetry properties when  $\Omega$  is replaced by the ball *D*. Sections 3 to 8 deal with the proof of Theorem 1.3. Section 9 contains an application to maximum flux exchange flow (Theorem 1.4).

# 2 Existence of optimisers and symmetry in a general relaxed setting

For the sake of clarity, we first of all remark that the (non-negative) Dirichlet Laplacian  $(D(-\Delta), -\Delta)$  is associated with the Dirichlet form  $(\mathscr{F}, \mathscr{E})$  in  $\mathscr{H}$  with form domain  $\mathscr{F} := W_0^{1,2}(\Omega)$  and

$$\mathscr{E}(u, v) = (Du, Dv) \qquad (u, v \in \mathscr{F}).$$

We begin with the proof of Theorem 1.1.

Proof of Theorem 1.1. Let  $(f_n)_{n \in \mathbb{N}}$  be a maximising sequence for  $\beta_t$ . Now,  $V_t$  is weakly sequentially compact in  $\mathscr{H}$ . This follows by appeal to [6] Theorem 10.2.9 due to the fact that  $V_t$  is bounded, closed and convex in the reflexive Banach space  $\mathscr{H}$ . So we may assume that  $(f_n)$  converges weakly in  $\mathscr{H}$  to some  $f \in V_t$  as  $n \to \infty$  after choosing a subsequence if necessary.

Put  $u_n := Gf_n$ . Then for each n,

$$\|u_n\|_{W_0^{1,1}(\Omega)} \le \sqrt{2} m(\Omega) \|u_n\|_{W_0^{1,2}(\Omega)}.$$

Additionally,

$$||u_n||_{W_0^{1,2}(\Omega)}^2 = \mathscr{E}(u_n, u_n) + (u_n, u_n) = (f_n, Gf_n) + (Gf_n, Gf_n) \le (1, \psi) + (\psi, \psi).$$

In short, the sequence  $(u_n)$  is bounded in  $W_0^{1,1}(\Omega)$ . In case  $d \ge 2$  by the Rellich-Kondrachov compactness theorem ([3] 5.7 for example), we may assume that  $(u_n)$  converges in  $L^1(\Omega, m)$  to some element u after extracting a subsequence if necessary. In case d = 1, we use Morrey's inequality (see [3] 5.6.2, for example) and the Arzela-Ascoli compactness criterion to extract a uniformly convergent subsequence. The details are described in the proof of Theorem 3.1.

For each  $n \in \mathbb{N}$ ,

$$(u_n, \varphi) = (G f_n, \varphi) = (f_n, G \varphi) \text{ for all } \varphi \in \mathscr{H},$$

which yields

$$(u, \varphi) = (f, G \varphi) = (G f, \varphi)$$
 for all  $\varphi \in \mathscr{H}$ 

upon taking limits. Therefore, u = Gf *m*-a.e. on  $\Omega$ . Moreover,

$$J(f) - J(f_n) = (u, f) - (u_n, f_n) = (u, f - f_n) + (f_n, u - u_n)$$

and the right-hand side converges to zero as  $n \to \infty$  in virtue of the weak respectively strong  $L^1(\Omega, m)$  (or uniform in the case d = 1) convergence of the sequences  $(f_n)$  respectively  $(u_n)$ . As  $\beta_t = \lim_{n\to\infty} J(f_n)$  it follows that  $\beta_t = J(f)$ .

In the remainder of this section, we replace  $\Omega$  by the open unit ball D in  $\mathbb{R}^d$  centred at the origin. We first discuss the operation of polarisation for integrable functions on D (see [2] and references therein). For  $\nu \in S^{d-1}$  the closed half-space  $H = H_{\nu}$  is defined by

$$H_{\nu} := \left\{ x \in \mathbb{R}^d : x \cdot \nu \ge 0 \right\}$$

with an associated reflection

$$\tau_H : \mathbb{R}^d \to \mathbb{R}^d; x \mapsto x - 2 (x \cdot \nu) \nu.$$

Refer to the collection of all these closed half-spaces by  $\mathcal{H}$ . The polarisation  $f_H$  of  $f \in L^1_+(D, m)$ with respect to  $H \in \mathcal{H}$  is defined as follows. Choose an *m*-version of *f*, which we again denote by *f*. Set

$$f_H(x) := \begin{cases} f(x) \wedge f(\tau_H x) & \text{for} \quad x \in D \cap H, \\ f(x) \vee f(\tau_H x) & \text{for} \quad x \in D \setminus H. \end{cases}$$

Its *m*-equivalence class is the polarisation of f. The definition is well-posed.

The Green kernel G(x, y) is given by

$$G(x, y) = \Phi(y - x) - \Phi(|x|(y - x^*)) \text{ for } (x, y) \in D \times D \setminus d,$$

where  $\Phi$  is the fundamental solution of Laplace's equation in  $\mathbb{R}^d$ , d stands for the diagonal in  $D \times D$  and the decoration \* refers to inversion in the unit sphere. We note the inequality

$$G(x, y) > G(x, \tau_H y) \text{ for any } x, y \in D \cap \text{ int } H,$$
(2.1)

which follows from the strong maximum principle.

**Theorem 2.1.** Let  $f \in L^1_+(D, m)$  and  $H \in \mathcal{H}$ . Then  $J(f) \leq J(f_H)$  with equality if and only if either  $f = f_H$  or  $f \circ \tau_H = f_H$  m-a.e. on D.

*Proof.* We work with an m-version of f, again denoted f. Define

$$A^+ := \{ x \in D \cap H : f(x) < f(\tau_H x) \}$$

and similarly  $B^+$  but with the strict inequality replaced by the sign >. Put  $A^- := \tau_H A^+$  and  $A := A^+ \cup A^-$ . Set  $S := D \setminus A$ . In this notation,

$$f_H = \chi_A f \circ \tau_H + \chi_S f.$$

As a consequence,

$$J(f_H) = J(\chi_A f \circ \tau_H) + 2(\chi_A f \circ \tau_H, G\chi_S f) + J(\chi_S f) = J(\chi_A f) + 2(\chi_A f \circ \tau_H, G\chi_S f) + J(\chi_S f)$$

and a similar identity holds for J(f) but without composition with reflection. We may then write that

$$J(f_H) - J(f) = 2 \int_{A^+} \int_{B^+} (f(\tau_H x) - f(x))(g(x, y) - g(\tau_H x, y))(f(y) - f(\tau_H y)) m(dy) m(dx).$$

It is clear from this representation with the help of (2.1) that  $J(f) \leq J(f_H)$ .

In the case of equality, it holds that either  $m(A^+) = 0$  or  $m(B^+) = 0$ . In the former case,  $f = f_H$  while in the latter,  $f \circ \tau_H = f_H$  m-a.e. on D.

The spherical cap symmetrisation (see [7], [8], [9] for example) of  $A \in \mathscr{B}$  with respect to the direction  $\omega \in S^{d-1}$  is the set  $A^* \in \mathscr{B}$  specified uniquely by the conditions

$$\begin{array}{lll} A^* \cap \{0\} & = & A \cap \{0\}, \\ A^* \cap \partial B(0, r) & = & B(r\omega, \rho) \cap \partial B(0, r) \\ \sigma_r(A^* \cap \partial B(0, r)) & = & \sigma_r(B(r\omega, \rho) \cap \partial B(0, r)), \end{array}$$
for some  $\rho \ge 0$ ,

for each  $r \in (0, 1)$ . Here,  $\sigma_r$  stands for the surface area measure on  $\partial B(0, r)$ . The spherical cap symmetrisation of  $f \in L^1_+(D, m)$  (denoted  $f^*$  for brevity) is defined as follows. Choose an *m*-version of f, which we again denote by f. Let  $f^*$  be the unique function such that

$$\{f^* > t\} = \{f > t\}^*$$
 for each  $t \in \mathbb{R}$ .

Its *m*-equivalence class is the polarisation of f. The definition is again well-posed. We also write  $f^*$  as  $C_{\omega}f$ .

Before proving Theorem 1.2, we prepare a number of lemmas. We first discuss a useful two-point inequality. We introduce the notation

$$\begin{array}{lll} Q & := & \left\{ (x_1, \, x_2) \in \mathbb{R}^2 : \, x_1 \ge 0 \text{ and } x_2 \ge 0 \right\}, \\ R & := & \left\{ (x_1, \, x_2) \in Q : \, 0 \le x_2 < x_1 \right\}, \\ S & := & \left\{ (x_1, \, x_2) \in Q : \, 0 \le x_1 < x_2 \right\}. \end{array}$$

Equip Q with the  $\ell^1$ -norm  $||x||_1 := |x_1| + |x_2|$  where  $x = (x_1, x_2) \in Q$ . Define a mapping  $\varphi : Q \to Q$  via

 $(x_1, x_2) \mapsto (x_1 \lor x_2, x_1 \land x_2).$ 

A geometric argument establishes the following lemma.

**Lemma 2.1.** For any  $x, y \in Q$ ,

 $\|\varphi x - \varphi y\|_1 \le \|x - y\|_1$ 

with strict inequality if and only if  $x \in R$  and  $y \in \overline{S}$  or  $x \in \overline{R}$  and  $y \in S$  or the same with the rôles of x and y interchanged.

For  $\omega \in S^{d-1}$  introduce the collection of closed half-spaces

$$\mathcal{H}_{\omega} := \left\{ x \in \mathbb{R}^d : x \cdot \nu \ge 0 \right\}$$

**Lemma 2.2.** Let  $f \in L^1_+(D, m)$  and  $\omega \in S^{d-1}$ . For any  $H \in \mathcal{H}_\omega$ ,

$$\|f_H - C_{\omega}f\|_{L^1(D,m)} \le \|f - C_{\omega}f\|_{L^1(D,m)}$$
(2.2)

with strict inequality if

$$m(\{f \circ \tau_H > f\}) > 0.$$

*Proof.* Select an *m*-version of f, again denoted f. Note that  $f_H^* = f^*$ . By the two-point inequality Lemma 2.1,

$$|f_H(x) - f^*(x)| + |f_H(\tau_H x) - f^*(\tau_H x)| \le |f(x) - f^*(x)| + |f(\tau_H x) - f^*(\tau_H x)|$$
(2.3)

for  $x \in D \cap H$ . It only remains to integrate over  $D \cap H$  to obtain the inequality.

For each  $x \in D \cap H$  the pair  $(f^*(x), f^*(\tau_H x))$  belongs to  $\overline{R}$ . By Lemma 2.1 the condition  $(f^*(x), f^*(\tau_H x)) \in S$  guarantees strict inequality in (2.3). This observation leads to the criterion in the Lemma.

The next lemma is a spherical cap symmetrisation counterpart to [2] Lemma 6.3, and extends [7] Lemma 3.9.

**Lemma 2.3.** Let  $f \in L^1_+(D, m)$  and  $\omega \in S^{d-1}$  and assume that  $f \neq C_{\omega}f$ . Then there exists  $H \in \mathcal{H}_{\omega}$  such that

$$||f_H - C_{\omega}f||_{L^1(D,m)} < ||f - C_{\omega}f||_{L^1(D,m)}.$$

*Proof.* For shortness, write  $f^*$  for  $C_{\omega}f$ . As  $f \neq f^*$  there exists t > 0 such that

$$m(\{f > t\} \Delta \{f^* > t\}) > 0.$$

It follows that the sets  $A := \{f \le t < f^*\}$  and  $B := \{f^* \le t < f\}$  are disjoint and have identical positive *m*-measure.

We claim that there exists  $H \in \mathcal{H}_{\omega}$  such that  $m(A \cap \tau_H B) > 0$ . Taking this as read, on  $A \cap \tau_H B$ we have that  $f^* > t \ge f^* \circ \tau_H$  so that  $A \cap \tau_H B \subseteq H$ . Also,  $f \le t < f \circ \tau_H$  there. In short,  $A \cap \tau_H B \subseteq \{f \circ \tau_H > f\} \cap H$ . So  $m(\{f \circ \tau_H > f\}) > 0$  and there is strict inequality in (2.2) by Lemma 2.2.

To prove the claim, we assume for a contradiction that  $m(A \cap \tau_H B) = 0$  for all  $H \in \mathcal{H}_{\omega}$ . Let F be a countable dense subset in  $S^{d-1} \cap H_{\omega}$ . Then

$$m(A \cap \bigcup_{\nu \in F} \tau_{H_{\nu}} B) = 0$$

Therefore, for all  $r \in (0, 1)$ , it holds that

$$\sigma_r(A_r \cap \tau_{H_\nu} B_r) = 0$$
 for every  $\nu \in F$ ,

except on a  $\lambda$ -null set N. Here,  $\lambda$  stands for Lebesgue measure on the Borel sets in  $\mathbb{R}$ , and  $A_r := A \cap \partial B(0, r)$  for the section of A (likewise for  $B_r$ ). Let  $\nu \in S^{d-1} \cap H_{\omega}$  with corresponding reflection  $\tau = \tau_{H_{\nu}}$ . Select a sequence  $(\nu_j)$  in F which converges to  $\nu$  in  $S^{d-1}$ . Write  $\tau_j$  for the reflection associated to closed half-space  $H_{\nu_j}$ . For  $r \in (0, 1) \setminus N$ ,

$$|\sigma_r(A_r \cap \tau B_r) - \sigma_r(A_r \cap \tau_j B_r)| \le ||\chi_B - \chi_B \circ \tau \circ \tau_j||_{L^1(\partial B(0,r),\sigma_r)}$$

and this latter converges to zero as  $j \to \infty$ . This is due to the fact that the special orthogonal group SO(d) acts continuously on  $L^1(S^{d-1}, \sigma)$ . We derive therefore that

$$\sigma_r(A_r \cap \tau_{H_\nu} B_r) = 0 \text{ for every } \nu \in S^{d-1} \cap H_\omega$$
(2.4)

for all  $r \in (0, 1) \setminus N$ .

To conclude the argument, choose  $r \in (0, 1) \setminus N$  such that  $\sigma_r(A_r) = \sigma_r(B_r) > 0$ . Use Lebesgue's density theorem to select a density point x for  $A_r$  lying in  $A_r$ , and choose y in  $B_r$  similarly. Then  $f^*(x) > t \ge f^*(y)$ . So there exists  $\nu \in S^{d-1} \cap H_{\omega}$  such that with  $\tau = \tau_{H_{\nu}}$  we have that  $\tau y = x$ . But this means that

$$\lim_{\varepsilon \downarrow 0} \frac{\sigma_r(A_r \cap \tau B_r \cap B(x, \varepsilon))}{\sigma_r(\partial B(0, r) \cap B(x, \varepsilon))} = 1,$$

so that, in fact,  $\sigma_r(A_r \cap \tau B_r) > 0$ , contradicting (2.4).

Proof of Theorem 1.2. Assume for a contradiction that  $f \neq C_{\omega}f$  for each  $\omega \in S^{d-1}$ . Then there exists  $\omega \in S^{d-1}$  such that

$$\delta := \inf_{\nu \in S^{d-1}} \|f - C_{\nu}f\|_{L^1(D,m)} = \|f - C_{\omega}f\|_{L^1(D,m)} > 0.$$

By Lemma 2.3 there exists  $H \in \mathcal{H}_{\omega}$  such that

$$||f_H - C_\omega f||_{L^1(D,m)} < ||f - C_\omega f||_{L^1(D,m)}.$$

It is plain that  $f \neq f_H$ . But also  $f \circ \tau_H \neq f_H$ , for otherwise,

$$\|f - C_{\sigma\omega}f\|_{L^1(D,m)} = \|f_H - C_{\omega}f\|_{L^1(D,m)} < \|f - C_{\omega}f\|_{L^1(D,m)},$$

contradicting optimality of  $\omega$ . It follows by Theorem 2.1 that  $J(f) < J(f_H)$  and this contradicts the optimality of f in the expression for  $\beta_t$ .

## 3 Preliminaries for the one-dimensional problem

In the remainder of the article we work in the one-dimensional setting where D = (-1, 1). In this context, the corresponding Green operator G has kernel given by

$$G(x,y) = \begin{cases} \frac{1}{2}(1-y)(1+x) & \text{for } x \le y, \\ \frac{1}{2}(1+y)(1-x) & \text{for } x > y, \end{cases}$$
(3.1)

for  $x, y \in D$ . We record the useful inequality

$$\left| G(x, y) - G(x, x) \right| \le \left| y - x \right| \text{ for all } x, y \in D,$$

$$(3.2)$$

for future use. As noted above, the torsion function  $\psi := G \chi_D$  is given explicitly by  $\psi(x) = (1/2) (1 - x^2)$  for  $x \in D$ , and

$$(1, \psi) = 2/3.$$
 (3.3)

The Green kernel may be bounded in terms of  $\psi$ ; that is,

$$G(x, y) \le \psi(x) \text{ for all } y \in D, \tag{3.4}$$

with fixed  $x \in D$ .

For  $t \in (0, 2/3)$  introduce the shape space

$$U_t := \left\{ f = \chi_A : A \subseteq D \text{ is open and } (f, \psi) \le t \right\}.$$

We may then write

$$\alpha_t = \sup\left\{ J(f) : f \in U_t \right\}.$$
(3.5)

For each  $t \in (0, 2/3)$  and  $m \in \mathbb{N}$  define  $U_t^{(m)}$  to be the collection of all functions of the form  $f = \chi_A$ where A is a union of at most m disjoint open intervals in D with the additional requirement that  $(f, \psi) \leq t$ . We occassionally refer to the condition

$$\operatorname{int} \overline{A} = A. \tag{3.6}$$

We also introduce the variational problem

$$\alpha_t^{(m)} := \sup \left\{ J(f) : f \in U_t^{(m)} \right\}.$$
(3.7)

We now derive the crucial property that (3.7) attains its optimum.

**Theorem 3.1.** For each  $t \in (0, 2/3)$  and  $m \in \mathbb{N}$  there exists  $f \in U_t^{(m)}$  with  $(f, \psi) = t$  such that  $\alpha_t^{(m)} = J(f)$ .

*Proof.* Let  $(f_n)_{n \in \mathbb{N}}$  be a maximising sequence for  $\alpha_t^{(m)}$ . Each  $f_n$  may be written in the form  $f_n = \sum_{j=1}^{k_n} \chi_{A_{nj}}$  for some  $1 \leq k_n \leq m$  where  $A_{nj} = (a_{nj}, b_{nj})$  and

$$-1 \le a_{n1} < b_{n1} \le a_{n2} < b_{n2} \le \dots \le a_{nk_n} < b_{nk_n} \le 1.$$

After selecting a subsequence if necessary we may suppose that  $k_n$  takes a fixed value k for some k between 1 and m. On appeal to the Bolzano-Weierstrass theorem, we may assume (perhaps after discarding a subsequence) that  $a_{nj} \rightarrow a_j$  and  $b_{nj} \rightarrow b_j$  as  $n \rightarrow \infty$  where

$$-1 \le a_1 \le b_1 \le a_2 \le b_2 \le \dots \le a_k \le b_k \le 1.$$

$$(3.8)$$

Set  $f := \sum_{j=1}^{k} \chi_{A_j}$  where  $A_j = (a_j, b_j)$ . By the dominated convergence theorem,  $(f_n)$  converges weakly to f in  $\mathcal{H}$ .

Put  $u_n := Gf_n$  as before. Then the sequence  $(u_n)$  is bounded in  $W_0^{1,2}(D)$  as in the proof of Theorem 1.1. By Morrey's inequality (see [3] 5.6.2, for example),

 $|| u_n ||_{C^{0,1/2}(\overline{D})} \le c \text{ for all } n \in \mathbb{N}$ 

for some finite constant c; in particular,

$$|u_n(x) - u_n(y)| \le c |x - y|^{1/2}$$
 for any  $x, y \in \overline{D}$ 

and any  $n \in \mathbb{N}$ . Thus,  $(u_n)$  forms a bounded and equicontinuous sequence in  $C(\overline{D})$ . By the Arzela-Ascoli compactness criterion, we may assume that  $(u_n)$  converges uniformly to some  $u \in C(\overline{D})$  as  $n \to \infty$  after extracting a subsequence if necessary. Now continue the argument as in the proof of Theorem 1.1 to conclude that  $\alpha_t^{(m)} = J(f)$ .

We now show that  $(f, \psi) = t$ . First note that  $(f, \psi) \leq t$ ; this flows from the fact that f is a weak limit of elements in  $U_t^{(m)}$ . Suppose for a contradiction that  $(f, \psi) < t$ . As  $(f, \psi) < 2/3$ , in (3.8) there must exist  $j = 0, \ldots, k$  such that  $b_j < a_{j+1}$  with the understanding that  $b_0 := -1$  and  $a_{k+1} := 1$ . By choosing B to be a suitable (semi-)open interval in  $[b_j, a_{j+1}]$  we can arrange that the function  $f_1 := f + \chi_B$  satisfies the requirement  $(f_1, \psi) \leq t$  as well as  $J(f) < J(f_1)$ . This contradicts the optimality of f.

We now revisit the operation of polarisation in the one-dimensional setting. We use the letter P to signify the polarisation operator with respect to the closed half-space  $[0, \infty)$ . Thus, for  $f \in U_t$ , the polarisation is defined by

$$Pf(x) := \begin{cases} f(x) \lor f(-x) & \text{if } 0 \le x < 1, \\ f(x) \land f(-x) & \text{if } -1 < x < 0. \end{cases}$$
(3.9)

Alternatively, suppose that  $f = \chi_A$  where A is an open subset of D. Then  $Pf = \chi_{PA}$  where PA denotes the polarisation of the set A; in other words,

$$PA = A \cap \tau A \bigcup (A \cup \tau A) \cap (0, 1)$$
(3.10)

where  $\tau : D \to D$  stands for the reflection  $x \mapsto -x$ . We shall sometimes refer to the symmetric resp. non-symmetric parts of PA; that is,

$$\begin{array}{rcl}
A_1 & := & A \cap \tau A; \\
A_2 & := & \left(A \cup \tau A\right) \cap (0, 1) \setminus A \cap \tau A.
\end{array}$$
(3.11)

**Lemma 3.1.** Let  $f \in U_t$  for some  $t \in (0, 2/3)$ . Then the following statements are equivalent:

(i)  $f \in PU_t$ ;

(*ii*) f = 1 on  $S := \{x \in (0, 1) : f(-x) = 1\}.$ 

*Proof.* Let  $f \in PU_t$  so that f = Pg for some  $g \in U_t$ . Let  $x \in (0, 1)$  with f(-x) = 1. Then  $1 = f(-x) = Pg(-x) = g(x) \land g(-x)$ . So g(x) = 1 and  $f(x) = Pg(x) = g(x) \lor g(-x) = 1$ . On the other hand, suppose that f = 1 on S. For  $x \in S$ ,

$$Pf(x) = 1 \lor f(-x) = 1 = f(x)$$
 while  $Pf(-x) = 1 \land f(-x) = f(-x)$ ,

and for  $x \in (0, 1) \setminus S$ ,

$$Pf(x) = f(x) \lor 0 = f(x)$$
 while  $Pf(-x) = f(x) \land 0 = 0 = f(-x)$ .

In other words, f = Pf.

It is sometimes useful to polarise with respect to the closed half-space  $(-\infty, 0]$ . To distinguish between these two polarisations we use the notations  $P_+$ ,  $P_-$ . In particular,

$$P_{-}f(x) := \begin{cases} f(x) \wedge f(-x) & \text{if } 0 < x < 1, \\ f(x) \vee f(-x) & \text{if } -1 < x \le 0. \end{cases}$$
(3.12)

**Lemma 3.2.** Let  $f = \chi_A \in P_+ U_t^{(m)}$  for some  $m \in \mathbb{N}$  and  $t \in (0, 2/3)$  where A satisfies condition (3.6). Put  $g := \chi_B$  where  $B := D \setminus \overline{A}$ . Then g is an m-version of 1 - f and  $g \in P_- U_{3/2-t}$ .

*Proof.* We may suppose that  $A = \bigcup_{j=1}^{k} A_j$  for some  $1 \le k \le m$  and  $A_j = (a_j, b_j)$  with

$$-1 \le a_1 < b_1 < a_2 < b_2 < \dots < a_k < b_k \le 1.$$

We use the criterion in Lemma 3.1. Let  $x \in (-1, 0)$  such that g(-x) = 1. We first note that x cannot be a boundary point (that is,  $x \notin \{a_1, \ldots, a_k, b_1, \ldots, b_k\}$ ). For if it is, then either -x is a boundary point or  $-x \in A$ . This is due to the fact that f is polarised to the right. In either case, we obtain the contradiction that g(-x) = 0. We want to show that g(x) = 1 so suppose on the contrary that g(x) = 0. Then for  $y = -x \in (0, 1)$ , it holds that f(-y) = 1, but f(y) = 0. This counters the fact that  $f \in P_+U_t$  by the criterion.

# 4 A (non-)optimality criterion

In this section we develop a (non-)optimality criterion for configurations f in  $U_t^{(m)}$ . Given  $f \in U_t$  define u := Gf. It is known that  $D(-\Delta) = W_0^{1,2}(D) \cap W^{1,2}(D)$ . Thus,  $u \in W^{2,2}(D)$  and by a Sobolev inequality (see [3] 5.6.3 for example), u belongs to the Hölder space  $C^{1,1/2}(\overline{D})$ . Define

$$h = h_f := \frac{u}{\psi}.$$

Then  $h \in C(D)$  and by l'Hôpital's rule,

$$h(-1) = \lim_{x \downarrow -1} \frac{u'(x)}{-x} = u'(-1), \tag{4.1}$$

and similarly h(1) = -u'(1) at the right-hand end-point. In short,  $h \in C(\overline{D})$ .

**Lemma 4.1.** Suppose that  $f = \chi_A$  for some open subset A in D. Let  $u \in C(D)$ . Given  $a \in \overline{A} \cap D$ , put  $A_\eta := [a - \eta, a + \eta]$  for  $\eta > 0$  small. Then

(i) 
$$\lim_{\eta \downarrow 0} \frac{(f\chi_{A_{\eta}}, u)}{(f\chi_{A_{\eta}}, \psi)} = h(a);$$

(*ii*)  $\lim_{\eta \downarrow 0} \frac{(f\chi_{A_{\eta}}, G[f\chi_{A_{\eta}}])}{(f\chi_{A_{\eta}}, \psi)} = 0.$ 

Proof. (i) Notice that  $A \cap (a-\eta, a+\eta) \neq \emptyset$  for each  $\eta > 0$ . Consequently,  $(f\chi_{A_{\eta}}, 1) = m(A \cap A_{\eta}) > 0$  for each  $\eta > 0$  (small) and likewise for  $(f\chi_{A_{\eta}}, \psi)$ . Write

$$\frac{(f\chi_{A_{\eta}}, u)}{(f\chi_{A_{\eta}}, \psi)} = \frac{u(a)(f\chi_{A_{\eta}}, 1) + (f\chi_{A_{\eta}}, u - u(a))}{\psi(a)(f\chi_{A_{\eta}}, 1) + (f\chi_{A_{\eta}}, \psi - \psi(a))} = h(a) + \frac{\psi(a)\zeta_1 - u(a)\zeta_2}{\psi(a)(\psi(a) + \zeta_2)}$$

where

$$\begin{aligned} \zeta_1 &:= \frac{(f\chi_{A_{\eta}}, u - u(a))}{(f\chi_{A_{\eta}}, 1)}, \\ \zeta_2 &:= \frac{(f\chi_{A_{\eta}}, \psi - \psi(a))}{(f\chi_{A_{\eta}}, 1)}. \end{aligned}$$

Both these last vanish in the limit  $\eta \downarrow 0$  and this leads to the identity.

(*ii*) From the estimate (3.4), for  $\eta > 0$  small,

$$\psi^{-1} G[f\chi_{A_{\eta}}] \le \psi^{-1} G[\chi_{A_{\eta}}] \le 2\eta,$$

and this establishes the limit.

With this preparation in hand we arrive at the crucial (non-)optimality condition.

**Theorem 4.1.** Let  $t \in (0, 2/3)$ ,  $m \in \mathbb{N}$  and  $f = \chi_A \in U_t^{(m)}$ . Assume that A satisfies condition (3.6). Suppose that  $a, b \in D$  with  $a \neq b$  such that

- (*i*) h(a) < h(b);
- (*ii*)  $a \in \partial A$ ;
- (iii)  $b \in \partial A$ .

Then there exists  $f_1 \in U_t^{(m)}$  such that  $J(f) < J(f_1)$ .

*Proof.* Write f in the form  $f = \sum_{j=1}^{k} \chi_{A_k}$  for some  $1 \le k \le m$  where  $A_j = (a_j, b_j)$  and

 $-1 \le a_1 < b_1 < a_2 < b_2 < \dots < a_k < b_k \le 1.$ 

Given  $\eta > 0$  put  $A_{\eta} := [a - \eta, a + \eta]$  and  $B_{\eta} := (b - \eta, b + \eta)$ . Set g := 1 - f. The functions

$$\eta \mapsto (\chi_{A_{\eta}} f, \psi) \text{ and } \eta \mapsto (\chi_{B_{\zeta}} g, \psi)$$

are strictly increasing at least for  $\eta > 0$  small. For  $\varepsilon > 0$  sufficiently small, there exist unique  $\eta > 0$  and  $\zeta > 0$  depending upon  $\varepsilon$  such that

 $\varepsilon = (\chi_{A_{\eta}} f, \psi) = (\chi_{B_{\zeta}} g, \psi).$ 

Define

$$f_{\varepsilon} := f - f \,\chi_{A_{\eta}} + g \,\chi_{B_{\zeta}}$$

Then  $f_{\varepsilon} \in U_t^{(m)}$  for  $\varepsilon > 0$  small. Now

$$J(f_{\varepsilon}) - J(f) = (f_{\varepsilon}, G f_{\varepsilon}) - (f, G f)$$
  
=  $(f_{\varepsilon} - f, G [f_{\varepsilon} + f])$   
=  $(-f\chi_{A_{\eta}} + g\chi_{B_{\zeta}}, G [2f - f\chi_{A_{\eta}} + g\chi_{B_{\zeta}}])$   
=  $2(g\chi_{B_{\zeta}}, u) - 2(f\chi_{A_{\eta}}, u) + (g\chi_{B_{\zeta}} - f\chi_{A_{\eta}}, G [g\chi_{B_{\zeta}} - f\chi_{A_{\eta}}])$  (4.2)

where u = G f as usual. Thus, by Lemma 4.1 (with the help of the Cauchy-Schwarz inequality to deal with the cross-terms),

$$\lim_{\varepsilon \downarrow 0} \varepsilon^{-1} \left\{ J(f_{\varepsilon}) - J(f) \right\} = 2(h(b) - h(a)) > 0.$$

In particular, there exists  $\varepsilon > 0$  (small) such that  $f_1 := f_{\varepsilon} \in U_t^{(m)}$  satisfies  $J(f_1) > J(f)$ .

# 5 More on the (non-)optimality condition

In this section we verify condition (i) in Theorem 4.1 for some particular configurations f in  $U_t$ . Lemma 5.1. Let  $f \in U_t$  for some  $t \in (0, 2/3)$  and set u := G f. Then

(i) 
$$u'(-1) + u'(1) = -\int_D x f dm$$
  
(ii)  $u'(-1) - u'(1) = \int_D f dm$ .

*Proof.* (i) Using  $\psi' = -x$  and the integration-by-parts formula,

$$\int_{D} x f dm = \int_{D} \psi' u'' dm$$
  
=  $\psi'(1) u'(1) - \psi'(-1) u'(-1) - \int_{D} \psi'' u' dm$   
=  $-u'(1) - u'(-1).$ 

(*ii*) This follows from  $\int_D u'' dm = -\int_D f dm = u'(1) - u'(-1)$ . Assuming that  $f \not\equiv 0$ , define  $a, b \in \mathbb{R}$  by

$$a := \inf \left\{ \begin{array}{l} x > -1 : (\chi_{(-1,x]}, f) > 0 \right\}, \\ 1-b := \inf \left\{ \begin{array}{l} x > 0 : (\chi_{[1-x,1]}, f) > 0 \right\}; \end{array} \right\}$$
(5.1)

so that  $a \in [-1, 1)$  and  $b \in (-1, 1]$ .

**Lemma 5.2.** For each  $f \in U_t$  with  $f \not\equiv 0$ ,

(i) 
$$h(y) = \frac{1}{1-y} \int_D (1-x) f \, dm \text{ for each } y \in [-1, a];$$
  
(ii)  $h(y) = \frac{1}{1+y} \int_D (1+x) f \, dm \text{ for each } y \in [b, 1].$ 

*Proof.* (i) Suppose that a = -1. By (4.1) and Lemma 5.1,

$$h(-1) = u'(-1) = (1/2) \int_D (1-x) f \, dm.$$

Now suppose that  $a \in (-1, 1)$ . Using integration-by-parts,

$$\begin{aligned} u(y) &= \int_{(-1, y]} u' \, dm \\ &= -\int_{(-1, y]} u' \, \psi'' dm \\ &= -u'(y) \, \psi'(y) + u'(-1) \, \psi'(-1) + \int_{(-1, y]} u'' \, \psi' dm \\ &= -u'(y) \, \psi'(y) + u'(-1) \end{aligned}$$

as u'' = -f = 0 *m*-a.e. on (-1, a]. For the same reason,

$$u'(y) - u'(-1) = \int_{(-1, y]} u'' \, dm = 0.$$

Therefore,

$$u(y) = (1 - \psi'(y)) u'(-1) = \frac{1+y}{2} \int_D (1-x) f \, dm$$

from which the statement is clear. Part (ii) follows in a similar fashion.

**Proposition 5.1.** Let  $f \in PU_t$  for some  $t \in (0, 2/3)$ . With a, b as in (5.1) assume that

- (i) -1 < a < 0 < -a < b < 1;
- (*ii*) f = 1 *m*-*a*.*e*. on (-a, b).

Then 
$$h(a) < h(b)$$
.

Proof. From Lemma 5.2,

$$h(b) - h(a) = -\frac{a+b}{(1-a)(1+b)} \int_D f \, dm + \frac{2-a+b}{(1-a)(1+b)} \int_D x \, f \, dm.$$

Put  $S := \{x \in (0, 1) : f(-x) = 1\}$  as in Lemma 3.1. Then

$$\int_{D} x f \, dm = \int_{S} x \left\{ f(x) - f(-x) \right\} \, m(dx) + \int_{(0,1)\backslash S} x f \, dm$$
$$= \int_{(0,1)\backslash S} x f \, dm \ge \int_{(-a,b)} x f \, dm = (1/2)(b^2 - a^2)$$

making use of (ii). Thus,

$$(2-a+b) \int_D x f \, dm \ge (1/2) \, (2-a+b) \, (b^2-a^2) > b^2-a^2 \ge (a+b) \, \int_D f \, dm$$

and hence h(b) - h(a) > 0.

In the next two sections, we show non-optimality of polarised configurations in three broad cases.

## 6 Two non-symmetric cases

Let  $t \in (0, 1/3]$  and imagine a configuration polarised to the right that charges the left-hand interval (-1, 0) but which is not symmetric under reflection in the origin. We show this is non-optimal.

**Lemma 6.1.** Let  $m \in \mathbb{N}$  and  $t \in (0, 1/3]$ . Suppose that  $f \in U_t^{(m)}$  satisfies the properties

- (i) f = Pf;
- (*ii*)  $(f, \chi_{(-1,0)}) > 0.$
- (*iii*)  $(f, \chi_{(0,1)}) > (f, \chi_{(-1,0)}).$

Then there exists  $f_1 \in U_t^{(m)}$  with the property that  $f_1 = P f_1$  such that  $J(f) < J(f_1)$ .

*Proof.* We may assume that  $f = \chi_A$  where A satisfies condition (3.6). We may then write f in the form described at the beginning of the proof of Theorem 4.1. By (*ii*),  $a_1 < 0$ ; and by (*i*),  $b_k \ge -a_1$ .

Case (a):  $-1 < a_1$  and  $b_k < 1$ . Then, in fact,  $-1 < a_1 < 0 < -a_1 \le b_k < 1$ . Put

 $k_1 := \min \left\{ j = 1, \dots, k : b_j \ge -a_1 \right\}.$ 

Suppose first of all that  $-a_1 = b_{k_1}$ . Decompose A into its symmetric and non-symmetric parts  $A_1$  and  $A_2$  as in (3.11). By (*iii*),  $A_2 \neq \emptyset$ . Write  $f_1 := \chi_{A_1}$  and  $f_2 := \chi_{A_2}$ . By symmetry,  $h_{f_1}(a_1) = h_{f_1}(-a_1)$ . Further,  $h_{f_2}(a_1) < h_{f_2}(-a_1)$ , this being a consequence of (2.1). Therefore, as  $h = h_{f_1} + h_{f_2}$ , we obtain  $h(a_1) < h(-a_1)$ . The conclusion follows with an application of Theorem 4.1.

If  $-a_1 \neq b_{k_1}$  then  $-a_1 < b_{k_1}$  and f = 1 on  $(-a_1, b_{k_1})$ . If  $k_1 = k$  then  $h(a_1) < h(b_k)$  by Proposition 5.1. On the other hand, if  $k_1 < k$  define

$$f_1 := \sum_{j=1}^{k_1} \chi_{A_j}$$
 and  $f_2 := \sum_{j=k_1+1}^k \chi_{A_j}$ .

By Proposition 5.1,  $h_{f_1}(a_1) < h_{f_1}(b_{k_1})$ . It can be seen from the representation in Lemma 5.2 that  $h_{f_2}$  is increasing on  $[-1, a_{k_1+1}]$ . In sum, then,  $h(a_1) < h(b_{k_1})$ . Now apply Theorem 4.1 once more.

Case (b):  $-1 < a_1$  and  $b_k = 1$ . In this situation,  $-1 < a_1 < 0 < -a_1 < b_k = 1$ . Define  $k_1$  as before. The case  $k_1 < k$  may be dealt with in a similar way to case (a) above. So assume that  $k_1 = k$ . As f is polarised to the right, the interval  $((-b_1) \lor 0, -a_1)$  must sit inside A and so it must hold that  $a_k < -a_1$ . In case  $t \in (0, 1/3)$ , it must also hold that  $0 < a_k$ . The situation t = 1/3 and  $a_k = 0$  forces  $(f, \chi_{(-1,0)}) = 0$  contradicting *(ii)*. In either case, therefore,  $0 < a_k < -a_1$  and  $k \ge 2$ .

Consider the function  $g := \chi_B$  where  $B := D \setminus \overline{A}$ . By Lemma 3.2,  $g \in P_-U_{3/2-t}$ . Thus,

$$-1 < a_1 < -a_k < 0 < a_k < b_k = 1,$$

and g = 1 just to the right of  $-a_k$  as g is polarised to the left. This situation corresponds to the one described at the start of the consideration of this case but for g instead of f. Use the fact that  $h_g = 1 - h_f$ .

Case (c):  $a_1 = -1$ . Then  $b_k = 1$  and  $a_k \leq -b_1$  as f = Pf. Apply the arguments in case (a) to the function g.

We now take  $t \in (0, 1/3)$  and imagine a configuration that lies entirely in the right-hand interval (0, 1) but that has not yet been pushed rightwards to the maximum extent. We again show non-optimality.

**Lemma 6.2.** Let  $m \in \mathbb{N}$  and  $t \in (0, 1/3)$ . Suppose that  $f \in U_t^{(m)}$  satisfies the properties

- (i)  $(f, \chi_{(-1,0)}) = 0;$
- (*ii*)  $(f, \chi_{(0,\xi_t)}) > 0.$

Then there exists  $f_1 \in U_t^{(m)}$  with the property that  $f_1 = P f_1$  such that  $J(f) < J(f_1)$ .

*Proof.* Again take  $f = \chi_A$  where A satisfies condition (3.6) and suppose f takes the form described at the beginning of the proof of Theorem 4.1. By (i),  $a_1 \ge 0$  and by (ii),  $a_1 < \xi_t$ . Therefore  $a_1 < b_1 < 1$ ; for otherwise, if  $b_1 = 1$  then

 $(f, \psi) \ge (\chi_{(a_1, 1)}, \psi) > (\chi_{(\xi_t, 1)}, \psi) = t.$ 

Again borrowing the notation of Theorem 4.1, put  $f_1 := \chi_{A_1}$  and  $f_2 := \sum_{j=2}^k \chi_{A_j}$ . By Lemma 5.2,

$$h_{f_1}(a_1) = \frac{1}{1 - a_1} \int_{(a_1, b_1)} \left( 1 - x \right) dm = \frac{b_1 - a_1}{1 - a_1} \left\{ 1 - (1/2) \left( a_1 + b_1 \right) \right\}$$

and

$$h_{f_1}(b_1) = \frac{1}{1+b_1} \int_{(a_1, b_1)} \left(1+x\right) dm = \frac{b_1-a_1}{1+b_1} \left\{1+(1/2)(a_1+b_1)\right\}.$$

A little algebra yields  $h_{f_1}(b_1) > h_{f_1}(a_1)$ . Lemma 5.2 also indicates that  $h_{f_2}$  is monotone increasing on  $[-1, a_2]$ . Therefore,  $h(b_1) > h(a_1)$ . The conclusion now follows with the help of Theorem 4.1.

# 7 The symmetric case

In the last of the three cases, we consider a configuration that is symmetric under reflection in the origin.

**Proposition 7.1.** Let  $m \in \mathbb{N}$  and  $t \in (0, 2/3)$ . Suppose that  $f \in U_t^{(m)}$  satisfies the properties

- (i) f = Pf;
- (*ii*)  $(f, \chi_{(-1,0)}) > 0;$
- (*iii*)  $(f, \chi_{(0,1)}) = (f, \chi_{(-1,0)}).$

Then there exists  $f_1 \in U_t^{(m)}$  with the property that  $f_1 = P f_1$  such that  $J(f) < J(f_1)$ .

Before embarking on the proof of Proposition 7.1, we require a number of supplementary results.

**Lemma 7.1.** Suppose that  $f = \chi_A \in U_t^{(m)}$  for some  $m \in \mathbb{N}$  and  $t \in (0, 2/3)$ . Assume that A satisfies condition (3.6). Suppose that  $a \in \partial A \cap D$ . Then

$$\lim_{\eta \downarrow 0} \frac{(f\chi_{A_{\eta}}, G[f\chi_{A_{\eta}}])}{(f\chi_{A_{\eta}}, \psi)^2} = \psi(a)^{-1},$$

where  $A_{\eta} = [a - \eta, a + \eta]$  as before.

Proof. Write

$$G[f\chi_{A_{\eta}}](x) = \psi(a) \left( f\chi_{A_{\eta}}, 1 \right) + \left\{ \psi(x) - \psi(a) \right\} \left( f\chi_{A_{\eta}}, 1 \right) + r(x)$$

where  $r(x) := (G(x, \cdot) - \psi(x), f\chi_{A_n})$  for  $x \in D$ . Since  $\psi(x) = G(x, x)$ , the estimate (3.2) gives

$$|(f\chi_{A_{\eta}}, r)| \leq 2\eta (f\chi_{A_{\eta}}, 1)^{2}$$

Forming the inner product we obtain

$$(f\chi_{A_{\eta}}, G[f\chi_{A_{\eta}}]) = \psi(a) (f\chi_{A_{\eta}}, 1)^{2} + (f\chi_{A_{\eta}}, \psi - \psi(a)) (f\chi_{A_{\eta}}, 1) + (f\chi_{A_{\eta}}, r).$$

It is clear from this that

$$\lim_{\eta \downarrow 0} \frac{(f\chi_{A_{\eta}}, G[f\chi_{A_{\eta}}])}{(f\chi_{A_{\eta}}, 1)^2} = \psi(a)$$

A short step leads to the assertion.

**Lemma 7.2.** Suppose that  $f = \chi_A \in U_t^{(m)}$  for some  $m \in \mathbb{N}$  and  $t \in (0, 2/3)$  and that A satisfies condition (3.6). Suppose that  $a, b \in D$  with  $a \neq b$  such that both  $a \in \partial A$  and  $b \in \partial A$ . Put g := 1 - f. Given  $\varepsilon > 0$  sufficiently small there exist unique  $\eta > 0$  and  $\zeta > 0$  depending upon  $\varepsilon$  such that  $\varepsilon = (f \chi_{A_\eta}, \psi) = (g \chi_{B_\zeta}, \psi)$ . Then

$$\lim_{\varepsilon \downarrow 0} \frac{(f\chi_{A_{\eta}}, G[g\chi_{B_{\zeta}}])}{\varepsilon^2} = \frac{G(a, b)}{\psi(a)\,\psi(b)}$$

Proof. Write

$$G[g\chi_{B_{\zeta}}](x) = (G(x, \cdot), g\chi_{B_{\zeta}}) = G(a, b) (g\chi_{B_{\zeta}}, 1) + r(x)$$

where  $r(x) := (G(x, \cdot) - G(a, b), g\chi_{B_{\zeta}})$ . For  $x \in A_{\eta}$  and  $y \in B_{\zeta}$ ,

$$\left| G(x, y) - G(a, b) \right| \le \eta + \zeta$$

by (3.2). Consequently,

$$\left|\left(f\chi_{A_{\eta}}, r\right)\right| \leq \left(\eta + \zeta\right) \left(f\chi_{A_{\eta}}, 1\right) \left(g\chi_{B_{\zeta}}, 1\right).$$

Now,

$$(f\chi_{A_{\eta}}, G[g\chi_{B_{\zeta}}]) = G(a, b) (f\chi_{A_{\eta}}, 1) (g\chi_{B_{\zeta}}, 1) + (f\chi_{A_{\eta}}, r),$$

from which we derive

$$\lim_{\varepsilon \downarrow 0} \frac{(f\chi_{A_{\eta}}, G[g\chi_{B_{\zeta}}])}{(f\chi_{A_{\eta}}, 1) (g\chi_{B_{\zeta}}, 1)} = G(a, b),$$

and the conclusion follows straightforwardly.

**Lemma 7.3.** Let  $b \in (0, 1)$  and a := -b. Let  $\eta > 0$  small and define  $\zeta = \zeta(\eta)$  via the relation

$$(\chi_{[a, a+\eta]}, \psi) = (\chi_{[b, b+\zeta]}, \psi).$$

Then  $\zeta$  depends smoothly upon  $\eta$  in a neighbourhood of  $\eta = 0$  and

$$\zeta = \eta + \frac{2b}{1 - b^2} \, \eta^2 + O(\eta^3)$$

in the limit  $\eta \downarrow 0$ .

*Proof.* A short computation gives that

$$(\chi_{[a, a+\eta]}, \psi) = (1/2) \left\{ \left(1 - a^2\right) \eta - a \, \eta^2 - (1/3) \, \eta^3 \right\}.$$

Define smooth functions  $f, g : \mathbb{R} \to \mathbb{R}$  by

$$f(\eta) := (1 - b^2) \eta + b \eta^2 - (1/3) \eta^3 \text{ and } g(\zeta) := (1 - b^2) \zeta - b \zeta^2 - (1/3) \zeta^3.$$

Now  $f'(0) = g'(0) = 1 - b^2 > 0$ . In particular, f is strictly increasing in a neighbourhood of  $\eta = 0$  and g possesses a local smooth inverse h in the neighbourhood of  $\zeta = 0$  by the inverse function theorem. Note that  $\zeta$  is characterised by the relation  $g(\zeta) = f(\eta)$  for  $\eta > 0$  small. Thus  $\zeta = (h \circ f)(\eta)$  and depends smoothly upon  $\eta$  for  $\eta > 0$  small. Implicit differentiation yields  $\zeta'(0) = 1$  and  $\zeta''(0) = \frac{4b}{1-b^2}$ . Taylor's theorem with remainder then yields the expansion.

Proof of Proposition 7.1. We may suppose that  $f = \chi_A$  where A satisfies condition (3.6). Define a as in (5.1). Assume in the first instance that  $a \in (-1, 0)$ . Put b := -a. Conditions (i)-(iii) entail that f is even. In particular,  $a, b \in \partial A$ . As in Lemma 7.2 we write

$$\varepsilon = (f \chi_{A_{\eta}}, \psi) = (g \chi_{B_{\zeta}}, \psi)$$

for  $\varepsilon > 0$  small. We aim to show that  $J(f_{\varepsilon}) - J(f) > 0$  at least for  $\varepsilon > 0$  small as in Theorem 4.1 and we shall borrow notation without comment from its proof. We first claim that (see (4.2))

$$\lim_{\varepsilon \downarrow 0} \frac{J(f_{\varepsilon}) - J(f)}{\varepsilon^2} = \lim_{\varepsilon \downarrow 0} \varepsilon^{-2} \left\{ 2 \left( g \chi_{B_{\zeta}}, u \right) - 2 \left( f \chi_{A_{\eta}}, u \right) + \left( g \chi_{B_{\zeta}} - f \chi_{A_{\eta}}, G \left[ g \chi_{B_{\zeta}} - f \chi_{A_{\eta}} \right] \right) \right\} \\
= \frac{2}{\psi(b)^2} \left\{ b h(b) + u'(b) + b (1 - b) \right\}.$$
(7.1)

As  $u \in C^{1, 1/2}(\overline{D})$  we have that

$$(f\chi_{A_{\eta}}, u) = u(a)\eta + u'(a)(1/2)\eta^{2} + O(\eta^{5/2}).$$

Also, with the help of Lemma 7.3,

$$(g \chi_{B_{\zeta}}, u) = u(b) \zeta + u'(b) (1/2) \zeta^{2} + O(\zeta^{5/2})$$
  
=  $u(b) \left\{ \eta + \frac{2b}{1-b^{2}} \eta^{2} \right\} + u'(b) (1/2) \eta^{2} + O(\eta^{5/2})$   
=  $u(b) \eta + \left\{ \frac{2b}{1-b^{2}} u(b) + \frac{1}{2} u'(b) \right\} \eta^{2} + O(\eta^{5/2}).$ 

Now u'(a) = -u'(b) because u is even so

$$\lim_{\varepsilon \downarrow 0} \frac{(g \chi_{B_{\zeta}}, u) - (f \chi_{A_{\eta}}, u)}{\varepsilon^{2}} = \lim_{\varepsilon \downarrow 0} \left(\frac{\eta}{\varepsilon}\right)^{2} \frac{(g \chi_{B_{\zeta}}, u) - (f \chi_{A_{\eta}}, u)}{\eta^{2}} = \frac{1}{\psi(b)^{2}} \left\{ b h(b) + u'(b) \right\}.$$

On the other hand, from Lemmas 7.1 and 7.2,

$$\lim_{\varepsilon \downarrow 0} \frac{(g\chi_{B_{\zeta}} - f\chi_{A_{\eta}}, G\left[g\chi_{B_{\zeta}} - f\chi_{A_{\eta}}\right])}{\varepsilon^{2}} = \frac{2}{\psi(a)} - \frac{2G(a, b)}{\psi(a)\psi(b)} = \frac{2b(1-b)}{\psi(b)^{2}}$$

as  $\psi(b) - G(a, b) = b(1 - b)$ . The combination of these identities establishes the claim (7.1). We now show that the expression in (7.1) is positive. From Lemma 5.2 and the even property of

$$h(b) = \frac{1}{1+b} \int_D f \, dm$$

and from Lemma 5.1,

$$u'(b) = u'(1) = -\frac{1}{2} \int_D f \, dm.$$

So we may write

f,

$$b h(b) + u'(b) + b (1 - b) = \left\{ \frac{b}{1 + b} - \frac{1}{2} \right\} \int_D f \, dm + b (1 - b)$$
  

$$\geq \left\{ \frac{b}{1 + b} - \frac{1}{2} \right\} 2b + b (1 - b)$$
  

$$= \frac{b^2(1 - b)}{1 + b} > 0.$$

The conclusion now follows by Theorem 4.1.

The case a = -1 may be dealt with by applying the above argument (with appropriate modifications) to g := 1 - f.

#### 8 The main result

We are now in a position to prove the main result Theorem 1.3.

**Theorem 8.1.** Let  $t \in (0, 1/3]$  and  $m \in \mathbb{N}$  and put  $A_t := (\xi_t, 1)$  with  $\xi_t$  as in (1.3). Then  $\alpha_t^{(m)} = J(f)$  where  $f = \chi_{A_t}$ .

*Proof.* By Theorem 3.1 there exists  $f \in U_t^{(m)}$  such that  $\beta_t^{(m)} = J(f)$ . Now  $U_t^{(m)}$  is closed under polarisation. So  $P f \in U_t^{(m)}$  and  $J(f) \leq J(Pf)$  by Theorem ??. We may assume therefore that f = Pf.

Assume that  $(f, \chi_{(-1,0)}) > 0$ . Since f = Pf it must be the case that  $(f, \chi_{(0,1)}) \ge (f, \chi_{(-1,0)})$ (in consequence of Lemma 3.1). By Lemma 6.1 and Proposition 7.1, there exists  $f_1 \in U_t^{(m)}$  with the property that  $f_1 = Pf_1$  and  $J(f) < J(f_1)$ . This contradicts the optimality of f. We conclude that  $(f, \chi_{(-1,0)}) = 0$ .

If t = 1/3 this compels  $f = \chi_{(0,1)}$  bearing in mind that  $f \in U_{1/3}^{(m)}$  and f = P f. So let us now take  $t \in (0, 1/3)$ . Suppose that  $(f, \chi_{(0,\xi_t)}) > 0$ . Then the requirements of Lemma 6.2 are satisfied and hence there exists  $f_1 \in U_t^{(m)}$  with the property that  $f_1 = P f_1$  such that  $J(f) < J(f_1)$ . Again this contradicts optimality. Hence,  $(f, \chi_{(0,\xi_t)}) = 0$ . In fact,  $(f, \chi_{(-1,\xi_t)}) = 0$ . As  $f \in U_t^{(m)}$  we draw the conclusion that  $f = \chi_{A_t}$ .

**Corollary 8.1.** Let  $t \in (0, 1/3]$ . Then  $\alpha_t = J(f)$  where  $f = \chi_{A_t}$ .

*Proof.* Let  $f \in U_t$ . By Lindelöf's theorem, we may write f in the form  $f = \chi_A$  where  $A = \bigcup_{k=1}^{\infty} A_k$  is a countable union of disjoint open intervals  $A_k$  in D. Put  $f_n := \sum_{k=1}^n \chi_{A_k}$ . By the monotone convergence theorem,  $J(f) = \lim_{n \to \infty} J(f_n)$ . Note that  $f_n \in U_t^{(n)}$ . By Theorem 8.1,  $J(f_n) \leq J(\chi_{A_t})$  and  $J(f) \leq J(\chi_{A_t})$  on taking limits.

Proof of Theorem 1.3. We only need to deal with the case  $t \in (1/3, 2/3)$  in view of Corollary 8.1. Let  $f \in V_t$  for such a t. Then  $g := 1 - f \in V_{2/3-t}$  and

$$J(f) = 2(t - 1/3) + J(g) \le 2(t - 1/3) + J(\chi_{A_{2/3-t}}) = J(1 - \chi_{A_{2/3-t}}) = J(\chi_{A_t}).$$

This clinches the result in the final case.

# 9 Application: maximum flux exchange flow

In this section we prove Theorem 1.4.

**Proposition 9.1.** It holds that

(i) 
$$\gamma_{\lambda} = 2 \alpha_{\frac{1-\lambda}{3}} - (1/3)(1-\lambda)^2$$
 for  $\lambda \in (-1, 1)$ ;

(*ii*)  $\gamma = \sup_{\lambda \in (-1, 1)} \gamma_{\lambda}$ .

*Proof.* (i). Fix  $\lambda \in (-1, 1)$ . Let A be an open subset in D. Suppose that u satisfies (1.4) along with the flux-balance condition (u, 1) = 0. Put

$$f = f_{A,\lambda} := \begin{cases} -(\lambda + 1) & \text{on} \quad A, \\ -(\lambda - 1) & \text{on} \quad D \setminus A \end{cases}$$

Then u = Gf. From the flux-balance condition and symmetry of the Green operator,

$$0 = (1, G f) = (\psi, f) = -(\lambda + 1)(\psi, \chi_A) - (\lambda - 1)(\psi, \chi_{D \setminus A});$$

so that  $\lambda = (\psi, 1)^{-1}(\psi, \chi_{D \setminus A} - \chi_A)$  and  $(\psi, \chi_A) = \frac{1-\lambda}{2}(\psi, 1)$ . Moreover,

$$\begin{aligned} (\chi_{D\setminus A}, u) &= (G\chi_{D\setminus A}, f) \\ &= -(\lambda+1)(G\chi_{D\setminus A}, \chi_A) - (\lambda-1)(G\chi_{D\setminus A}, \chi_{D\setminus A}) \\ &= 2(\psi, 1)^{-1} \Big\{ -(\psi, \chi_{D\setminus A})(G\chi_{D\setminus A}, \chi_A) + (\psi, \chi_A)(G\chi_{D\setminus A}, \chi_{D\setminus A}) \Big\} \\ &= 2(\psi, 1)^{-1} \Big\{ (\psi, 1)(G\chi_A, \chi_A) - (\psi, \chi_A)^2 \Big\} \\ &= 2J(\chi_A) - (1/2)(1-\lambda)^2(\psi, 1), \end{aligned}$$

upon writing  $\chi_{D\setminus A} = \chi_D - \chi_A$  on each occurrence in the penultimate line. Now simplify using (3.3). These considerations lead to the reformulation (*i*). The statement in (*ii*) then follows immediately.

Proof of Theorem 1.4. Part (i) follows from Theorem 1.3. For  $t \in (0, 2/3)$ ,

 $\alpha_t = 2(t - 1/3) + \alpha_{2/3 - t},$ 

as can be seen from the proof of Theorem 1.3. Therefore, for  $\lambda \in (-1, 1)$ ,

$$\gamma_{-\lambda} = 2 \alpha_{\frac{1+\lambda}{3}} - (1/3)(1+\lambda)^2 = 2 \alpha_{\frac{1-\lambda}{3}} - (1/3)(1-\lambda)^2 = \gamma_{\lambda}.$$

We now show that  $\gamma_{\lambda} < \gamma_0$  for each  $\lambda \in (0, 1)$ .

Let  $\xi \in (-1, 1)$  and u := G f where  $f := \chi_{(\xi, 1)}$ . Then

$$u(x) = \begin{cases} \frac{1}{4}(\xi - 1)^2(x+1) & \text{if } -1 < x \le \xi, \\ -\frac{1}{2}x^2 + \frac{1}{4}(\xi + 1)^2 x + \frac{1}{2} - \frac{1}{4}(\xi + 1)^2 & \text{if } \xi \le x < 1. \end{cases}$$

A computation leads to

$$J(f) = -\frac{1}{8}\xi^4 + \frac{1}{6}\xi^3 + \frac{1}{4}\xi^2 - \frac{1}{2}\xi + \frac{5}{24}$$

Also (see (1.3)),

$$\frac{1-\lambda}{3} = (\psi, f) = \varphi(\xi) = \frac{1}{6} \left\{ 2 - 3\xi + \xi^3 \right\}$$

Therefore,

$$\begin{aligned} \gamma_{\lambda} &= 2 \alpha_{\frac{1-\lambda}{3}} - (1/3)(1-\lambda)^2 \\ &= 2 J(f) - 3 \varphi(\xi)^2 \\ &= \frac{1}{12} - \frac{1}{4} \xi^2 + \frac{1}{4} \xi^4 - \frac{1}{12} \xi^6 \\ &=: h(\xi). \end{aligned}$$

Now  $h(0) = \frac{1}{12}$  and h(1) = 0 and  $h'(\xi) = -(1/2) \xi (1 - \xi^2)^2 < 0$  for  $\xi \in (0, 1)$ . This shows that  $\gamma_{\lambda} < \gamma_0$  for each  $\lambda \in (0, 1)$  as desired. The result follows from this and (i) of the Theorem.

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