

THE USE OF EXPRESSIVE ARTS AS INTERVENTION FOR CHILDREN

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ABSTRACT

Several scientific research have consistently proven that art has physical, cognitive, psychological, and social benefits for children and these benefits increased when art was applied in a therapeutic way (Cochran, 1996; Malchiodi, 1998; 2005; Schirmacher, 2006; Nadkarni & Leonard, 2007) which has resulted in the development and popularity of expressive art therapies by helping professions. The present study aims at analyzing the knowledge, utilization, and definition of art and art in therapy among the professionals involved with HIV infected children. A checklist of 52-item survey of Likert –Scale and Yes – No format questions designed by Nicole L. Brogdon , 2011 was used. The findings revealed that helping professional’s are generally knowledgeable about the benefits of arts for children. The findings also illustrate a significant lacking in education about art therapy and also lack of exposure to the practical applications of art therapy within their educational experiences.

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