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LA THÈSE A ÉTÉ  
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A STUDY OF UNEQUAL TASK DIFFICULTY AND UNEQUAL ANGLES  
FOR  
SIMULTANEOUS HAND MOTION ON A HORIZONTAL PLANE

by



KAZUO TSUCHIYA

A Thesis  
Submitted to the Faculty of Graduate Studies  
through the Department of Industrial Engineering  
in Partial Fulfillment for the  
Degree of Master of Applied Science  
at the University of Windsor

Faculty of Graduate Studies

University of Windsor

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I wish to dedicate this work  
to my parents and sister.

#### ABSTRACT

It has been recognized that the amount of work done by workers using two hands simultaneously is greater than that of workers using one hand alone. However, it has also been reported that when a task is simultaneously performed the cycle time of such task is higher than when it is performed single-handedly. Many attempts have been made to set the standard time for such tasks, but these motions are still handled differently in all available predetermined Motion Time Systems.

Simultaneous hand motions have been generally defined as the motions begun and completed by two hands in the same period of time either in a symmetrical or an asymmetrical way. Symmetrical simultaneous hand motions are those motions with identical angles and equal degrees of task difficulty; others are asymmetrical simultaneous motions. The task difficulty of manual tasks where "move" and "position" are involved has often been defined by the following relationship,  $TD = \log_2(2D/C)$  bits, where D is the distance moved and C is the target diameter. Therefore, it seems that the task difficulty of simultaneous hand motion may also be defined by the above mentioned relationship for given angles of hand motions.

The heart rate of workers performing a task have sometimes been used as a physiological measure to predict work-load and to rate worker performance and has proven to be

highly correlated with the physical load of various tasks. On the other hand, it has been found that the mental load of tasks may be measured by the amount of the fluctuations of Heart rate (Heart Rate Variability or HRV).

The effects of the task difficulty and the angle of hand movements along with the physical and the mental loads on simultaneous motions do not seem to have been adequately investigated. In this study, the simultaneity of a task involving "move" and "position" was investigated under three conditions, 1) symmetrical angles and symmetrical task difficulties, 2) symmetrical angles and asymmetrical task difficulties and 3) asymmetrical angles and symmetrical task difficulties.

The results for the first condition (symmetrical angles and symmetrical task difficulty) show that the effects of task difficulty and angle of move were significant on the performance time. However, heart rate was not significantly affected by both the above factors. Statistical tests for the entire study used a significance level of  $\alpha=0.05$ . The results for the second condition (symmetrical angles and asymmetrical task difficulty) show that performance time once again was significantly affected by the task difficulty as well as the angle of move. However, neither of the above factors do not affect the heart rate significantly. The results for the third condition (asymmetrical angles and symmetrical task difficulty) show that the effects of task difficulty, the angle of move of

left hand (AL), the angle of move of right hand (RH), and the interaction between the angle of move of left and right hand (AL\*AR) significantly affected the performance time. Further, task difficulty significantly affected the heart rate while angle of move of left hand and angle of move of right hand had no effect on it. Within task difficulty it was seen that only distance of move had a significant effect on the heart rate while the lateral clearance of fit had no effect. It was also seen that task difficulty, angle of move of left hand, and angle of move of right hand have significant effects on the Heart Rate Variability Index. From these results it was concluded that as angle was seen to be a significant factor, PMTS's that do not incorporate angle effects (most of the available PMTS's do not ) do not aid the design of such tasks in choosing the optimal direction of moves of simultaneous motion. Further, task difficulty was not found to be a preferable measure of physical load. Distance of move was found to be the better measure.



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## CHAPTER 1

### GENERAL INTRODUCTION

In industry it has been recognized that there are some situations where tasks are performed simultaneously by a worker using two hands (Raphael et al., 1952]. For such tasks the amount of work done by the worker using two hands is greater than that of the worker using one hand alone (Barnes and Mackenzie, 1940]. The idea of using two hands simultaneously to increase the productivity of such tasks was first documented in the 'Fundamental of Laws of Motion Economy' by Gilbreth (1923].

Simultaneous hand motions have been generally defined as the motions begun and completed by two hands in the same period of time either in a symmetrical or an asymmetrical way. Symmetrical simultaneous hand motions are those motions with identical angles and equal degrees of task difficulty; others are asymmetrical simultaneous motions. Although simultaneous motions have been studied by many researchers, these motions are still handled differently in all available Predetermined Motion Time Systems (PMTS's). In Method Time Measurement (MTM), for instance, there is no allowance in performance time for simultaneous motions unless the two motions are considered to be difficult to perform simultaneously. The time values for both motions are assigned to complete the simultaneous motions (i.e., twice the time value for an equivalent single handed

motion in the symmetrical case).

Simultaneous symmetrical and asymmetrical "reach" motion experiments were conducted recently (Raouf et al., 1978, Ito, 1979, Mak, 1978). Findings in these experiments confirmed that simultaneous motions require more time than single-handed motions for element reach. Although the mean performance times for single-handed motions generally agree with the values assigned by PMTS's, in the same experimental conditions, it was found that the time values for simultaneous two handed reach motions are always higher than those of PMTS's. For the motion employed in the previously cited experiments, PMTS's do not allow any extra time for simultaneously performed tasks. However, none of the motions required twice the time values which one PMTS assigns in some other cases. The largest percentage increase in performance time for symmetrical simultaneous motions over single-handed motions, in the same experimental conditions, was calculated to be 66.0%.

Another important result in these experiments is that the angle of the moves was found to be a significant factor (Raouf et al., 1978, Ito, 1979]. In industry not only "reach" but also motion "move" and "position" are often performed simultaneously (Raphael et al., 1952]. The time necessary to complete a task depends on its difficulty. This difficulty normally consists of more than one factor. Fitts (1954, 1964) introduced information theory, index of difficulty (task difficulty), in prediction of work performance of certain types of task, and found that performance time was well predicted by the following relationship.



Task difficulty (TD) =  $\log_2 (2D/C)$  bits,

where D is the distance of the hand movements and C is the tolerance range. Raouf et al., (1977) reported that many researchers have obtained high correlations between TD and the performance time of manual tasks.

It has been reported that when a task is performed simultaneously it requires somewhat more attention than when it is performed single-handedly. The results of symmetrical simultaneous reach experiments (Ito, 1979) show that the mean heart rate differences of subjects performing two-handed simultaneous tasks were higher than those performing single-handed tasks. It was also shown as the angle of hand motion from a central reference plane (12 o'clock) increased, performance time also increased and subject heart rate difference decreased. Since it is obvious that as the angle increases visual requirement to complete the task is increased, it may be said that the degree of difficulty of the task at a larger angle was somewhat greater than that at zero degrees (12 o'clock). Although the subjects were asked to perform the tasks as quickly as they could, it was not possible to perform the tasks at the larger angle as quickly as at zero degrees. Furthermore, the physical load of the task per hour was reduced because of lower performance; consequently heart rate differences were observed to be lower at larger angles than at zero degrees. From the above discussion one may feel that it is necessary to investigate this nonphysical load of the task, which can not be measured by Heart Rate (HR) alone and which may have an

important influence on simultaneous hand motion. As Macormick (1976) described, every kind of human activity is considered to involve physical acts and mental work.

The relationship between Heart Rate Variability (HRV) and Mental Load has been studied by many and proved to be highly correlated in some cases (Kalsbeek, 1973; Rohmert et al., 1973; Zwaga, 1973). In the area of mental load study, bits of information have been used as a unit to express mental load or the rate of information processing. The difficulty of manual tasks such as "move" task and "position" task can also be expressed by the use of bits of information as discussed earlier. However, the relationship between such task difficulty of simultaneous motions (expressed in bits) and HRV does not seem to have been investigated in the past. In this study a task consisting of motions "move" and "position" is used to investigate the simultaneity under laboratory conditions. Independent variables to be included in the experiment are angle and task difficulty.

## CHAPTER II

### LITERATURE SURVEY

#### 2.1 INTRODUCTION

The related literature on simultaneous hand motions and physiological measures is documented in this Chapter.

#### 2.2 CHARACTERISTICS OF SIMULTANEOUS MOTIONS

Simultaneous motions are generally defined as motions begun and completed at the same time, in either a symmetrical or an asymmetrical way.

It was observed through a film analysis that when tasks are performed simultaneously, there is a tendency for one of the hands to limit the other. When two hands travel different distances, the hand which travels the shorter distance slows down and the other hand which travels the longer distance speeds up such that their time of travel is almost equivalent. Raphael et al., (1952) concluded that, in general, motions requiring more control will limit motions which need the same or a lesser amount of control. Later, Barnes (1968) found that symmetrical movement of arms tends to balance both arms, reducing the shock and jar on the body, thus allowing the worker to be able to perform the tasks with less mental and physical effort.

It has also been recognized that as the amount of control of one hand increases, the performance time of the other hand also increases. The amount of control required to perform such simultaneous motions

is considered to depend upon a worker's biomechanical and visual controls. Furthermore, each type of control depends upon the type and degree of the difficulty of the task. The factors considered to be influencing the difficulty of the tasks involving simultaneous motions are the angle of movements, the separation distance of the two hands at starting points, and the distance moved, and if a "position" task is to be executed with width of the target or clearance of fit.

The effects of angle on symmetrical simultaneous (SYMT SIMO) motions were investigated by Barnes and Mundel (1953). The results of a series of experiments indicate that although minimum performance time occurred at 30 degrees from the central reference plane the least number of mistakes was recorded at zero degrees. They also indicate that as the angle of the motions decreased, the number of errors decreased. Hassan and Block (1967) investigated the effects of separation distance and class of fit in positioning tasks. The results show that there is a linear relationship between performance time and separation distance in each class of fit. The results also indicate that the performance times for simultaneous positioning are greater than that for one-hand positioning. However, the results of simultaneous symmetrical positioning experiments using pegs and pegboards by Niebel, Kassab and Noll (1972) show the existence of an exponential relationship between performance time and separation distance.

Ito (1979) compared the performance times of SYMT SIMO's with

single handed motions under various conditions. His results show that minimum performance times for single handed motions occur between 30 degrees and 60 degrees from the central reference plane in most cases. However, minimum performance times for SYMT SIMO's occur at 0 degrees in most cases. Single hand motions require less visual control than SYMT SIMO's. These results indicate that when the visual requirements of a task are minimal, the most efficient direction of arm movements is determined by biomechanical factors, but when SYMT SIMO's are performed visual requirements are the predominant factors determining optimum conditions. Therefore it can be said that in this latter case there is a trade-off between the speed of moves and the accuracy of the moves.

### 2.3 HEART RATE AND HEART RATE VARIABILITY

Heart Rate (HR) and Heart Rate Variability (HRV) are often used to measure the workload of a task. McCormick (1976) proposed that every kind of human activity involves some combination of physiological processes involving not only with physical acts but also with mental work and nonphysical acts.

The Heart Rate differences of a worker at rest and at work, or when he performs different types of work, have been used to measure physical workload (Brouha, 1954). Since high correlations have been obtained between the intensity of paced physical work and Heart Rate, it was suggested that Heart Rate may be used to rate operator performance (Young, 1956).

Kalsbeek, et al., (1964) reported that when the Heart Rate of

a man sitting at rest was measured continuously, it was observed that Heart Rate was irregular (sinus arrhythmia) and the fluctuations could be up to 20 beats per minute. On the other hand when the subjects were performing a binary choice-reaction task, Heart Rate rose to a certain level and the irregularity diminished. They also found that when subjects were performing this type of task, sinus arrhythmia was gradually suppressed as the rate of information processing was increased.

Many workers looked at the relationship between mental load and sinus arrhythmia under various conditions (Sayers, 1973; Rohmert et al., 1973; Zwaga, 1973; Mulder et al., 1973; Luczak et al., 1973; Kalsbeek, 1973; Opmeer, 1973). However, there is more than one method of expressing sinus arrhythmia in the literature. Kalsbeek (1973) mentioned that there are at least 30 different methods of scoring sinus arrhythmia and obtaining so-called Heart Rate Variability in the literature. As a result of the diversity of approaches, he was able to discern that "different scoring methods lead to different values calculated from the same heart rate data".

Luczak (1973) compared 8 different formulae of scoring HRV from the same HR of 12 subjects performing binary choice tasks. Some of the commonly used HRV scoring methods did not show consistent changes in the scored values with the changes in the difficulty of the task. One computational method of HRV which is the combination of 2 measures (those being the amplitude information of HR in the numerator and the frequency information of HR in the denominator) was proposed earlier

By Laurig in 1971. In Luczak's study both terms, numerator and denominator, were found to be significant at  $\alpha = .05$  on "mental load" and HRV score itself was significant at  $\alpha = .05$ . The formula to obtain HRV is given below.

$$HRV = \frac{\sum (HR_i - HR_{i+1}) \text{ for } (HR_i - HR_{i+1}) > 0}{\text{Freq.}(((HR_{i-1} > HR_i) \wedge (HR_i < HR_{i+1})) \vee ((HR_{i-1} < HR_i) \wedge (HR_i > HR_{i+1})))}$$

The numerator is the sum of difference of two successive beats when HR is decreasing. The denominator is the frequency of relative maxima and minima.

The effects of "mental load" under different physical load were studied by Boyce (1974). Ten subjects were used in mental arithmetic experiments and their HR's and standard deviations of HR's to score HRV were measured. It was reported that HR increased when both physical and mental load were increased. HRV was determined by using standard deviation and found to decrease when "mental load" increased; however, an increase in HRV (which does not agree with the results from others' studies) was observed when physical load increased. Because the standard deviation was used to score HRV, together with the fact that a steady increase in HR during the experiment due to the nature of the task was expected, seem to explain the above mentioned disagreement.

In 1979, Luczak carried out a series of 2 experiments using the previously mentioned HRV scoring method. In the first experiment 48 male subjects worked on a binary choice task. The results show that

the correlations between HR and HRV, physical stress and HR, and mental stress on HRV are significant. In the second experiment, 20 female subjects performed a multiple choice-reaction task with 5 levels of task difficulty. The task difficulty levels were defined by the number of alternatives to the subjects, i.e., 2,4,6,8,10. Subjects were asked to perform the task in a 5-minute rest-work-schedule. The levels of the task difficulty were intentionally not randomized, but were increased gradually from session to session. It was observed that HR decreased significantly in dependence on the duration of the experiment and is independent of task difficulty. In other words it was found that HR decreased as the experiment progressed, although task difficulty was increased from session to session as planned. HRV decreased when task difficulty was increased. It was also found that HRV in the rest periods increased with the duration of the experiment.

Wierwille (1979) carried out an extensive research on "Physiological Measures of Aircrew Mental Workload" and found out that some researchers have found "no systematic relationship between heart rate and task difficulty. ... no relationship between heart rate variability and task difficulty". Mulder (1973) and Sayers (1973) used the variance of inter-beat-interval and HR, respectively, to score HRV in their research and found out that HRV is not significant on "mental load". However, through a different approach than that used by previous studies, they found by the use of spectrum analysis that respiration affected



HR and suggested the use of respiration as a measure of "mental load". Other researchers also found that HRV is affected by changes in respiration rate (Hichen et al., 1980; Hyndman et al, 1974). It seems that there is evidence that HRV is affected by changes in respiration rate caused by "mental load". However, Kalsbeek (1973) has already reported "sinus arrythmia occurs during rest, whereas recorded breathing pattern does not show marked abnormality".

The definition of "mental load" or the effect being measured by HR and HRV is somewhat different among researchers. Zwaga (1973) found a decrease in HR during mental arithmetic tasks over time. He concluded that this is because of a decrease in "mental effort" over time. Hyndman (1974) agreed with the suggestion made by Kalsbeek (1964) that sinus arrythmia is a measure of "total mental load" rather than just the load resulting from the task. Later Kalsbeek (1973) defined sinus arrythmia as "an indicator of the proportional occupation of an individual's single channel capacity during rest and work".

As one can see there are several interpretations on sinus arrythmia or HRV. However, one may conclude that sinus arrythmia does decrease when the mental load which may be demanded by the task an individual is performing increase. External stimuli and other factors in the environment may cause an increase in mental load during performance of the task. Therefore, it seems important to analyze the task and isolate undesired influences from other sources than the task (Kalsbeek, 1973). In this sense the use of HRV as a

measure of mental load on a task under laboratory conditions may be validated.

As a final note it is important to stress that the task in which the effects of mental load are to be measured should not involve heavy physical load. Excessive physical load would provoke unwanted increase in HR during the experiment and would invalidate the meaning of the data (Luczak, 1979).

## CHAPTER III

### EXPERIMENTAL SET UP

#### 3.1 INTRODUCTION

Special simultaneous two-handed motion experimental equipment and performance time recording equipment, as well as physiological study equipment are used in the study. In this Chapter these experimental apparatus are described and corresponding procedures for processing performance time and physiological measures are explained.

#### 3.2 SIMULTANEOUS TWO-HANDED MOTION EXPERIMENTAL EQUIPMENT

The simultaneous two-handed motion experimental apparatus was designed and built for this study. The equipment consisted of three units: (1) a SIMO-PIN unit; (2) a time-measuring unit and (3) a recording unit (paper tape punch). A layout of the SIMO-PIN unit is shown in Figure 3.1.

The SIMO-PIN unit consists of a wooden box 1580 mm long, 760 mm wide, 180 mm high, and the top of the box being 720 mm from the floor. Two 550 mm long x 45 mm wide mechanical units are located in the box. These mechanical units have two pin sockets each 7 mm in diameter. These sockets on the near side of the mechanical unit are fixed and the other two can be moved at any desired distance from the fixed pin sockets in the range of 50 mm to 450 mm. The distances between the

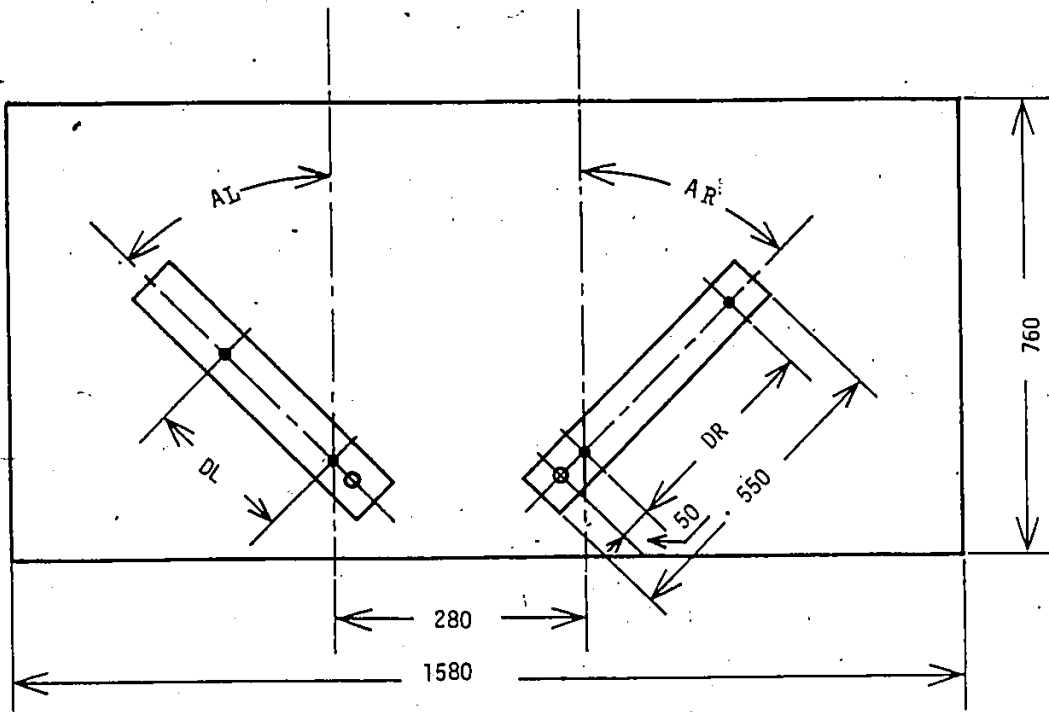


Figure 3.1  
Experimental Layout

fixed pin sockets and movable pin sockets can be varied independently so that symmetrical (SYMT) and asymmetrical (ASYM) conditions are obtained. Each pin socket has a photoelectric sensor to activate the time measuring device. There are two switches 25 mm in diameter, 50 mm away from the fixed pin sockets. On pressing these switches two pins each 32 mm long, 6.35 mm in diameter and weighing 8 grams apiece are pre-positioned in the fixed pin sockets.

The time-measuring unit measures the elapsed time between the removal of the pins from the fixed pin sockets and the insertion (positioning) of each pin in the movable pin sockets. For changing the clearance between the pins and the pin sockets, top covers having different size holes are used. The time taken by the left hand and the right hand is measured simultaneously and punched onto a paper tape.

### 3.3 THE PERFORMANCE TIME DATA PROCESSING PROCEDURES

The performance times for the left hand and the right hand are measured in milliseconds and these data are sent to the paper tape punch through a specially built interface. Then the data is punched onto a paper tape in IBM 8-digit code. The data on the paper can be transferred onto computer cards later and analyzed on an IBM 370/3031 computer. Graphical representation of the data processing procedures is shown in Figure 3.2

### 3.4 THE PHYSIOLOGICAL MEASURES PROCESSING PROCEDURES

The subject heart beats are monitored by a Polygraph (Grass Instrument, Model 7) which equips an EKG Tachograph Pre-Amplifier

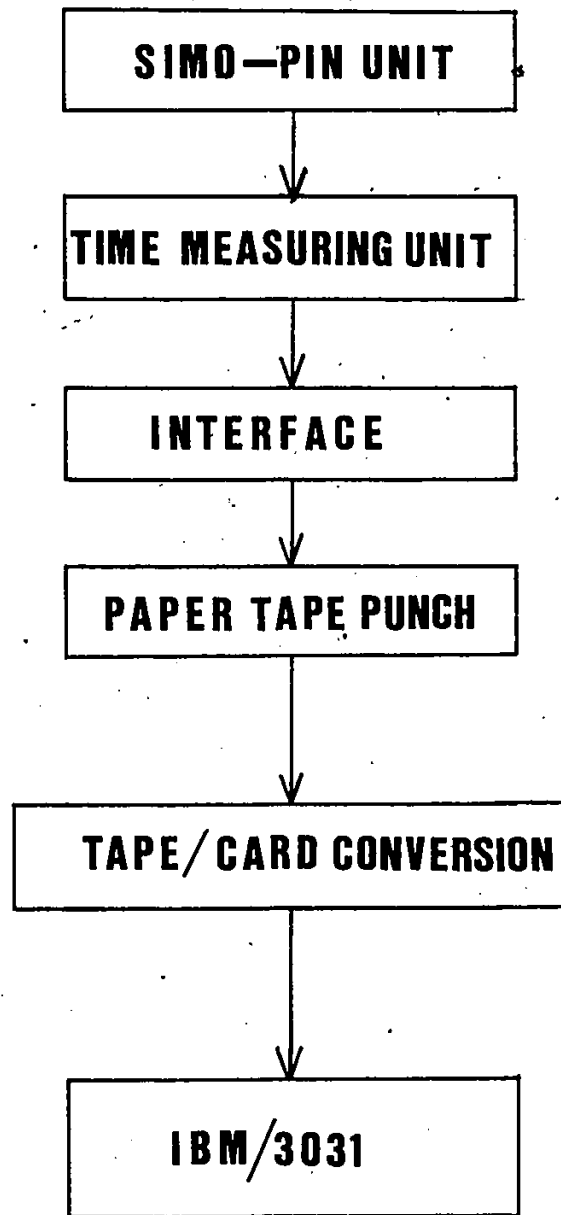


Figure 3.2

Graphical Representation Of Performance  
Time Data Processing Procedures

(Model 7P4F1, four DC Pen Drive Amplifiers (Two being used for this study, Model 7DAF1, and a 4-channel chart recorder. Three Beckman electrodes are attached to the subject's skin surface and leads are connected to the EKG preamplifier. The potential differences between pairs of points on the skin surface due to cardiac activity are amplified by the EKG preamplifier. Then beat-to-beat (inter-beat) Heart Rate (beats/minute) is computed by the tachograph. This HR data is recorded by the chart recorder in analog form and is simultaneously supplied to a PDP-11/03 digital computer. The PDP-11/03 has a 16-channel Analog-to-Digital (A/D) converter, and is capable of real-time processing the HR data at desired intervals up to 60 times/second. The HR data input to the PDP-11/03 is then digitized and each beat-to-beat HR is determined by a computer program and recorded on a magnetic disk. An average HR and a scored HRV are computed for each experimental condition for each subject upon completion of each experimental condition. The HR data recorded on the disk was subsequently transferred to the IBM/3031 through the WYLBUR (text editing system) by a specially written program on PDP-11/03. The diagrammatical representation of the procedures are shown in Figure 3.3.

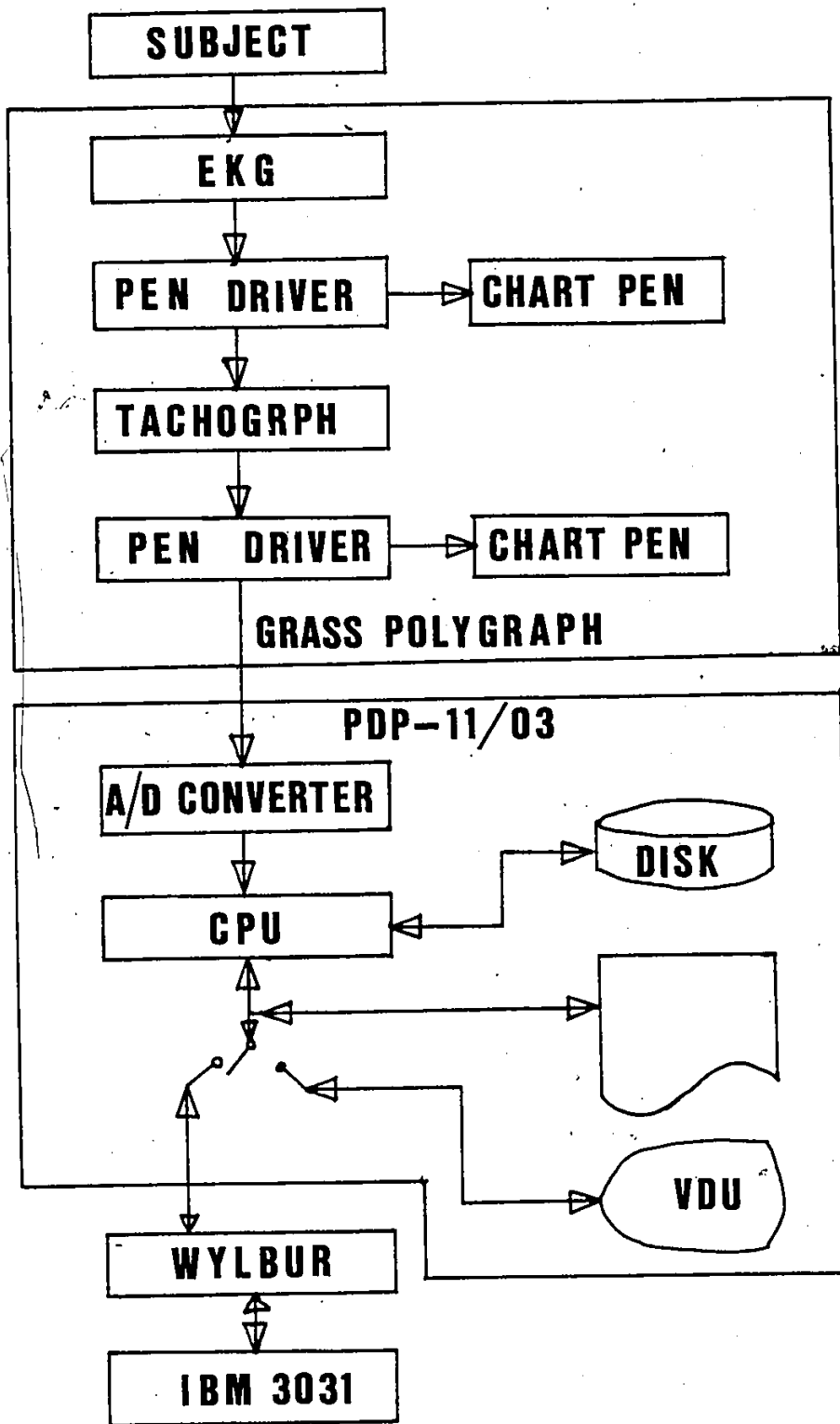


Figure 3.3

Graphical Representation Of Physiological  
Data Processing Procedures



## CHAPTER IV

### THE DESIGN OF THE EXPERIMENT

#### 4.1 INTRODUCTION

The task employed in this study, the objectives of the study, the experimental conditions, the statistical models developed and the results of pilot studies are described in this Chapter.

#### 4.2 EXPERIMENTAL TASK

In this study each subject is asked to perform a simultaneous two-handed task under various conditions. The subject is asked to sit at the SIMO-PIN unit and not to shift his body or speak during the experiment. The task to be performed by the subject is shown diagrammatically in Figure 4.1. On hearing an audio signal, the subject is required to press simultaneously two switches located near the end of the experimental units using his index fingers. This results in activation of the mechanical units that push up two pins in the fixed pin sockets. The subject is required to grasp the pins and move these pins to the movable-pin sockets and to position (insert) them in the respective holes of the pin sockets. Approximately two seconds after completion of the task, the audio signal is given again and the subject performs the next cycle of the task.

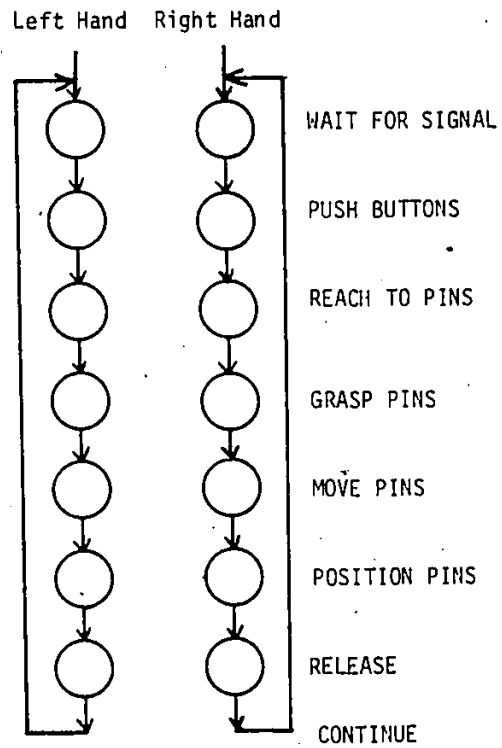


Figure 4.1 Diagrammatic Layout of Subject's Task:

#### 4.3 THE OBJECTIVES OF THIS STUDY

The following are the objectives of this study.

(1) To see if there is any systematic relationship between the performance time and the factors constituting the task, i.e., the angle of hand movements, the distance of hand movements and lateral clearance, on a horizontal plane.

(2) To see if there is any systematic relationship between the factors constituting the task and the physiological measures of subjects.

#### 4.4 THE RESULTS OF PILOT STUDIES

Two pilot studies were carried out. The first pilot study was designed to determine appropriate levels of the factors. The second pilot study was designed to discover the relationship between the factors and the performance time under (1) symmetrical conditions and (2) a type of asymmetrical condition (symmetrical angle and asymmetrical TD). HR of subjects was monitored during the experiments in the second pilot study.

##### 4.4.1 The First Pilot Study

Four right-handed male subjects between the age of 21-27 were used in the first study. The factors investigated in this study were:

- (1) Subject  $S_i$   $i=1,2,3,4$
- (2) Distance  $D_k$   $k=100,150,200,250,300$  (mm)
- (3) Clearance  $C_l$   $l=0.65,2.65,4.65,6.65,8.65,10.65,12.65$  (mm)
- (4) Hand  $H_m$   $m="right","left"$ .
- (5) Angle  $A_j$   $j=0,15,30,45,60$  (degrees)

4.4.1.1 Statistical Model

Three statistical models using a 3-way classification were used. Each model involved S and H, and A, D or C. The models are shown below.

$$PT_{ijmn} = + S_i + A_j + H_m + (S.A)_{ij} + (S.H)_{im} + (A.H)_{jm} + (S.A.H)_{ijm} + E_{ijmn}$$

$$PT_{ikmn} = + S_i + D_k + H_m + (S.D)_{ik} + (S.H)_{im} + (D.H)_{km} + (S.D.H)_{ikm} + E_{ikmn}$$

$$PT_{ilmn} = + S_i + C_l + H_m + (S.C)_{il} + (S.H)_{im} + (C.H)_{lm} + (S.C.H)_{ilm} + E_{ilmn}$$

4.4.1.2 Results

The factors, A, D, C were found to be significant at  $\alpha = .05$ . The results of ANOVA's are shown in Appendix A. A Duncan's Multiple Range Test was carried out for each factor. The results are summarized below.

DUNCAN'S MULTIPLE RANGE TEST

Variable	A						(degrees)
Levels	0	15	30	45	60		
Grouping	-----						
Variable	C						
Levels	.65	2.65	4.65	6.65	10.65	12.65	8.65 (mm)
Grouping	-----						

Variable	D					
Levels	100	150	200	250	300	(mm)
Grouping	—	—	—	—	—	

The results of Duncan's Multiple Range Test show that for the factor A, there is a significant difference between the mean performance time at 0 degrees and at the other angles. The mean performance times were significantly different from each other at all levels except 150 mm and 250 mm for the factor D. The significance of the mean performance times, when lateral clearance was varied, was tested at seven levels. At the higher levels of hole size, results did not show a significant difference, but when the hole size was relatively smaller the factor showed a significant difference in performance.

#### 4.4.2 The Second Pilot Study

By making use of the results of the first pilot study, appropriate levels of the factors were chosen. The second pilot study involved varying both factors A and TD. In this study an interaction between A and TD was also tested. The study was carried out in two parts. In part I subjects performed the task simultaneously under symmetrical conditions and in part II under asymmetrical conditions, those being the asymmetrical distance of move and lateral clearance, and the symmetrical angle. Eight right-handed male subjects participated in these studies. All of them were university students between the age of 20-24 and were paid a minimum wage rate. The only dependent variable used in these studies was performance time for the limiting hand (greater

of two time values]. For part I the following independent variables were studied:

Variables		Levels	
Distance	(D)	150, 250, 300	(mm)
Lateral Clearance	(C)	0.65, 4.65, 8.65	(mm)
Angle	(A)	0, 30, 60	(degrees)

The variables used in part II are:

Variables		Levels	
Distance moved by:			
right hand	(DR)	250, 350, 150, 150	(mm)
left hand	(DL)	150, 150, 250, 350	(mm)
Lateral Clearance	(C)	0.65, 4.65, 8.65	(mm)
Angle of Moves	(A)	0, 30, 60	(degrees)

For both studies subjects performed the task 35 times in each condition.

#### 4.4.2.1 Statistical Model

A statistical model was developed for each study. TD's were calculated for each of the combinations using the following relationship,  $TD = \log_2 (2D/C)$  bits. For analyzing the results of part I the following statistical model was used.

$$PT_{ijkn} = \mu + S_i + A_j + TD_k + (S.A)_{ij} + (S.TD)_{ij} \\ + (A.TD)_{jk} + (S.A.TD)_{ijk} + E_{ijkn}$$

where

$PT_{ijkn} = \text{MAX} [PTR_{ijkn}, PTL_{ijkn}]$   
 $PTR = \text{PT for right hand}$   
 $PTL = \text{PT for left hand}$   
 $\mu = \text{average PT}$   
 $S_i = \text{ith subject}$   
 $A_j = \text{jth level of angle effect}$   
 $TD_k = \text{kth level of task difficulty}$   
 $n = \text{nth observation}$   
 $E_{ijkn} = \text{experimental error.}$

The statistical model used in part II is:

$$PT_{ijln} = \mu + S_i + A_j + TDLTG_i + (S.A)_{ij} \\ + (S.TDLTG)_{il} + (A.TDLTG)_{il} + (S.A.TDLTG)_{ijl} \\ + E_{ijln}$$

where

$TDLTG = \text{MAX} [TDR, TDL]$   
 $TDR = \text{TD for right hand}$   
 $TDL = \text{TD for left hand.}$

#### 4.4.2.2 Results

Analysis of collected data indicated that a logarithmic transformation was required before the analysis of variance could be carried out. ANOVA for part I and part II are shown in Appendix B. It is observed that the following variables had significant effects

upon performance time at .05 level.

Part I

Part II

TD, A and S

TDLTG, A and S.

Duncan's Multiple Range Test was carried out for each of the above variables. The results are shown below.

DUNCAN'S MULTIPLE RANGE TEST

PART I SYMMETRICAL SIMO

Variable	A									
Levels	0	30	60	(degrees)						
Grouping	—	—	—							
Variable	TD									
Levels	5.11	6.01	5.85	6.33	6.74	8.65	9.58	7.23	10.07	(Ibits)
Grouping	—	—	—	—	—	—	—	—	—	—

DUNCAN'S MULTIPLE RANGE TEST

PART II ASYMMETRICAL SIMO

Variable	A									
Levels	0	30	60	(degrees)						
Grouping	—	—	—							
Variable	TD									
Levels	5.85	6.33	6.74	7.23	9.58	10.07	(Ibits)			
Grouping	—	—	—	—	—	—	—			



It was observed that as the angle increased mean performance time at each level increased significantly in both symmetrical and asymmetrical cases. For the factor TD in the symmetrical case, it seems that, as the task difficulty increased, PT increased and in the asymmetrical case it is clear that all mean PT's are significantly different from each other and that PT increased when TD was increased.

#### 4.5 HEART RATE

During the experiments the HR of each subject was monitored. For part I, the significance level of factor A was found to be .0542, and that of TD was .0893. Furthermore, a statistical model with A, C and D was developed and the effects of factors C and D were tested. The results of the ANOVA indicated that the factor C was not significant but the factor D was significant at  $\alpha = .05$ . A mean HR was computed for each level of factors. It was observed that the mean of HR at each level was significantly different from all others for both the factors A and D. It was also found that HR increased when the distance of moves was increased and HR decreased when the angle was increased. These results agree with the ones in the literature and seem to indicate that HR may be used as a measure of the physiological cost of such tasks. For part II both factors A and TDLTG were insignificant, but the mean HR's showed similar trends as the results in part I did. The results of ANOVA and Duncan's Multiple Range Test for part I and part II are found in Appendix B.

#### 4.6 SIMULTANEOUS MOTION WITH ASYMMETRICAL ANGLE OF MOVES

In pilot study #2, the task difficulties were defined for given angles of 0, 30 and 60 (degrees), and, in each case the angle of moves was kept symmetrical. However, simultaneous motion with an asymmetrical angle of moves has not been investigated. What was intended was a measure of the physiological load on TD by use of HR. However, results showed that the relationship between physiological load on TD and HR was not significant. It was therefore necessary to design a new set of experiments to find a better method of measuring physiological load on TD. The outline of this new set of experiments is found in section 4.6.1.

##### 4.6.1 Experimental Conditions

The following conditions were used:

ANGLE (A) for Right Hand AR 0 0 0 30 30 30 60 60 60 (degrees)

ANGLE (A) for Left Hand AL 0 30 60 0 30 60 0 30 60 (degrees)

Resulting TD 5.11, 6.34, 8.85 and 10.07 (Ibits)

D 150 350 (mm).

C .65 8.65 (mm).

The study was carried out in two parts, performance time study and physiological study.

##### 4.6.2 Performance Time Study

Performance time was investigated under the experimental conditions.

The statistical model used in this study was:

$$\begin{aligned}
PT_{ijkln} = & \mu + S_i + AR_j + AL_k + TD_l \\
& + (S.AR)_{ij} + (S.AL)_{ik} + (S.TD)_{il} \\
& + (AR.AL)_{jk} + (AR.TD)_{jl} + (AL.TD)_{kl} \\
& + (S.AR.AL)_{ijk} + (S.AR.TD)_{ijl} + (S.AL.TD)_{ikl} \\
& + (AR.AL.TD)_{jkl} + (S.AR.AL.TD)_{ijkl} + E_{ijkln}
\end{aligned}$$

where

$PT_{ijkln}$	=	Max [PTR <sub>ijkln</sub> , PTL <sub>ijkln</sub> ]
PTR	=	PT for right hand
PTL	=	PT for left hand
$\mu$	=	average PT
$S_i$	=	ith level of subject      i=1,9
$AR_j$	=	jth level of AR              j=1,3
$AL_k$	=	kth level of AL              k=1,3
$TD_l$	=	lth level of TD              l=1,4
$E_{ijkln}$	=	experimental error          n=1,30.

The task was replicated 15 times for each condition. The model can be expressed as 9 x 3x 3 x 4 factorial with 15 replications.

#### 4.6.3 Physiological Study

HR and HRV are used to measure physiological load of the task. To eliminate individual differences in HR and HRV, a "range correction" technique proposed by Luczak (1979) was used. The formulae are given below.

$$SHR = (HR - HR_{min}) / (HR_{max} - HR_{min})$$

where

- SHR = standardized mean HR.
- HR = the mean HR in the experimental condition
- HR<sub>min</sub> = min. HR for the subject during the experiments
- HR<sub>max</sub> = max. HR for the subject during the experiments.

$$SHRV = (HRV - HRV_{min}) / (HRV_{max} - HRV_{min})$$

where

- SHRV = standardized scored HRV
- HRV = scored HRV in the experimental condition
- HRV<sub>min</sub> = min HRV for the subject during the experiments
- HRV<sub>max</sub> = max HRV for the subject during the experiments.

The SHRV values were then divided by the subject's mean PT for the experimental condition and a new measure of heart rate variability, Heart Rate Variability Index (HRVI) was developed. The definition of the HRVI is given below.

$$HRVI_{ijkl} \text{ (per unit time)} = \frac{SHRV_{ijkl} \text{ (\%)}}{\text{mean } PT_{ijkl} \text{ (sec)}}$$

where

- i = ith subject
- j = jth AL
- k = kth AR
- l = lth TD.

This new measure of HRV, HRVI provides that relative HRV for the subject per unit time. The same experimental conditions in the performance time study were used since HR and HRVI are measured throughout the experiments. The statistical models for this study are shown below.

$$\begin{aligned}
 HR_{ijkl} = & \mu + S_i + AR_j + AL_k + TD_l \\
 & + (S.AR)_{ij} + (S.AL)_{ik} + (S.TD)_{il} \\
 & + (AR.AL)_{jk} + (AR.TD)_{jl} + (AL.TD)_{kl} \\
 & + (S.AR.AL)_{ijk} + (S.AR.TD)_{ijl} + (S.AL.TD)_{ikl} \\
 & + (AR.AL.TD)_{jkl} + (S.AR.AL.TD)_{ijkl} + E_{ijkl}
 \end{aligned}$$

where

$HR_{ijkl}$	=	standardized mean HR	
$\mu$	=	constant	
$S_i$	=	ith level of subject	$i=1,9$
$AR_j$	=	jth level of AAR	$j=1,3$
$AL_k$	=	kth level of AAL	$k=1,3$
$TD_l$	=	lth level of TD	$l=1,4$
$E_{ijkl}$	=	experimental error.	

$$\begin{aligned}
 HRVI_{ijkl} = & \mu + S_i + AR_j + AL_k + TD_l \\
 & + (S.AR)_{ij} + (S.AL)_{ik} + (S.TD)_{il} \\
 & + (AR.AL)_{jk} + (AR.TD)_{jl} + (AL.TD)_{kl} \\
 & + (S.AR.AL)_{ijk} + (S.AR.TD)_{ijl} + (S.AL.TD)_{ikl} \\
 & + (AR.AL.TD)_{jkl} + (S.AR.AL.TD)_{ijkl} + E_{ijkl}
 \end{aligned}$$

where

$HRVI_{ijkl}$  = heart rate variability index  
 $\mu$  = constant  
 $S_i$  = ith level of subject  $i=1,9$   
 $AR_j$  = jth level of AR  $j=1,3$   
 $AL_k$  = kth level of AL  $k=1,3$   
 $TD_l$  = lth level of TD  $l=1,4$   
 $E_{ijkl}$  = experimental error

The statistical models have one observation per cell. The test statistics for ANOVA were chosen upon determination of the expected mean squares.

#### 4.7 THE SUBJECTS

Nine subjects - volunteers for this study are chosen from among the students of the University of Windsor at the time that the experiments are carried out.

To be eligible to participate in the experiments, each subject must satisfy the following conditions;

- (1) to be a Canadian citizen or Landed Immigrant
- (2) to be a right-handed male between the age of 20-26
- (3) to have no physical disability
- (4) to have good vision (20/20)
- (5) to have knowledge about neither the characteristics of simultaneous motions nor the physiological load of the task.

It is estimated that the experiments take approximately five hours for a subject. The subjects are paid for participating in the experiments. The basic payment is \$25.00, 70 cents per the experiment condition. This amount is equivalent to an hourly wage rate of \$5.00. However, there was a penalty for making errors. If the subject fumbled the pin, he is penalized ten cents each time. After the experiments, a mean performance time for each condition is computed and if the time value exceeded 150% of what PMTS's assign, the subject is penalized 20 cents for the experimental condition.

To confirm these agreements with the subjects, they are asked to fill out a questionnaire. The form is given in Appendix C.

#### 4.7.1 The Randomization of the Experimental Conditions

To eliminate or balance undesired influences to the experiments, such as boredom, fatigue and the effects of circadian rhythm, the sequence of the experiments is randomized for each subject. One set of random numbers, 1 to 36, has been generated by a computer. These numbers are divided into 9 groups, 4 numbers in one group. These 9 groups are rotated and randomized by Latin-Square-like randomization while 4 numbers in each group are randomized for each group and each subject. The results are given in Appendix C.



## CHAPTER V

### ANALYSIS, RESULTS AND DISCUSSION

#### 5.1 INTRODUCTION

This chapter describes the analysis of the performance time and physiological measures.

#### 5.2 PERFORMANCE TIME ANALYSIS

##### 5.2.1 Data Analysis

Nine subjects, each of them performed the task, using both hands, twenty times under 36 experimental conditions so that a total of 12960 data points of performance times was obtained. The highest performance time, either of, right hand or left hand was considered as a simultaneous two-handed performance time. After filtering out the erroneous data due to machine error, in order to obtain a balanced design, 15 observations per condition for each subject were used for statistical analysis. Thus, out of the total number of observations only 4860 were used in the study. The normality of the performance time data was tested before the analysis of variance was carried out. The data showed a pattern of log-normal distribution. As such a logarithmic transformation was made on the original data.

##### 5.2.2 Results of Performance Time Analysis

The mean performance times of the fifteen cycles of all the

experimental conditions for all the subjects are shown in Table D.1 of Appendix D.1. The results of the analysis of variance of the performance time (PT) and Duncan's Multiple Range Test are shown in Appendix D.2.

The analysis of variance considering all the main effects and the interactions of the model (see 4.6.1) was carried out first. The model consisted of four main effects, six second order interactions, four third order interactions and one fourth order interaction. Three insignificant interaction terms were determined by the above analysis of variance: these were pooled and a new model was developed. This model consisted of four main effects, four second order interactions, three third order interactions and a fourth order interaction.

The analysis of variance (ANOVA) using the new model indicated that all the main effects (i.e. S, TD, AL and AR) had significant effects upon PT. An interaction term AL\*AR was also found to be significant. The proposed ANOVA model involves both fixed effects and random effects. The Expected Mean Square (EMS) for all the terms in the model was determined and is shown in Appendix D.3.

The percentage contribution of variance component to the model was calculated for all the terms and is shown in Appendix D.6, and that for the significant effects are summarized in Table 5.1.

As shown in Table 5.1, the highest percentage contribution of variance component to the model was made by the effect TD followed by the effect S. However, the contribution made by

Effect	% of variance
S	7.29
TD	52.65
AL	1.15
AR	1.64
AL*AR	0.35

Table 5.1

Percentages of Variance Component of  
Significant Effects.

effects AL, AR and the interaction AL\*AR to the model were found to be relatively small.

The results of the Duncan's Multiple Range Test for the mean performance times (MPT's) of each main effect are summarized in Table 5.2. The MPT's are then re-transformed and shown in milliseconds. The table shows that the MPT's were not significantly different when TD was equal to 8.85 and 6.33. However, MPT's at other levels were significantly different from each other, and it seems that there is a trend that the MPT was increased when the TD increased. The minimum MPT occurred when the TD was smallest (i.e. 5.116). For AL and AR, the MPT's were significantly different from each other at each level. The Maximum MPT's were observed at 60 degrees for both AL and AR. The minimum MPT's occurred at 0 degrees for both effects. It is clear that when the angle was widened more time was needed to

complete the task.

### 5.2.3 Prediction Model

In order to predict the simultaneous performance time for the task used in this study, a regression analysis was carried out. The model used in the regression analysis consisted of three main effects, TD, AL and AR, and a first-order interaction AL\*AR. The results are given in Appendix D.4. The results show that the model had a significant level of fit (prob.>F = 0.01) and a correlation coefficient of 0.66. Table 5.3 shows a comparison between the predicted values calculated by the above mentioned model and the actual mean performance time (MPT). An upper confidence limit and a lower confidence limit (both at  $\alpha = 0.05$ ) are calculated for each experimental condition and are shown in the Table as well.

A series of plots were drawn to compare the predicted time values in this study and those given by some of the available Predetermined Motion Time systems (PMTS's). The graphs are given in Figure D.1 to D.9 in Appendix D.5. From the graphs it is observed that the values obtained from PMTS's are, in most cases, higher than those obtained by the prediction model developed in this study. It is also observed that time values for all the PMTS's do not follow a consistent trend of increasing as the TD increases.

DUNCAN'S MULTIPLE RANGE TEST

Dependent Variable PT

Variable TD

Levels 5.12 6.34 8.85 10.07 (Ibits)

Grouping ---- -

Variable AL

Levels 0 30 60 (degrees)

Grouping --- --- ---

Variable AR

Levels 0 30 60 (degrees)

Grouping --- --- ---

Table 5.2

Duncan's Multiple Range Test For  
Performance Time Data

TD	AR	AL	MPT	PREDICTED VALUE	UPPER LIMIT	LOWER LIMIT
5.116	0.	0.	744.	782.	767.	797.
5.116	0.	30.	769.	821.	801.	841.
5.116	0.	60.	793.	862.	837.	887.
5.116	30.	0.	795.	825.	806.	846.
5.116	30.	30.	830.	851.	823.	880.
5.116	30.	60.	860.	878.	841.	916.
5.116	60.	0.	829.	871.	846.	897.
5.116	60.	30.	854.	883.	846.	921.
5.116	60.	60.	818.	894.	846.	945.
6.339	0.	0.	959.	862.	845.	880.
6.339	0.	30.	1034.	905.	882.	929.
6.339	0.	60.	1093.	950.	921.	980.
6.339	30.	0.	1014.	910.	887.	934.
6.339	30.	30.	1116.	939.	906.	972.
6.339	30.	60.	1103.	968.	926.	1011.
6.339	60.	0.	1030.	961.	932.	991.
6.339	60.	30.	1130.	973.	931.	1017.
6.339	60.	60.	1122.	986.	931.	1044.
8.850	0.	0.	978.	1054.	1029.	1080.
8.850	0.	30.	1027.	1106.	1075.	1139.
8.850	0.	60.	1117.	1161.	1122.	1202.
8.850	30.	0.	1060.	1113.	1081.	1146.
8.850	30.	30.	1102.	1147.	1104.	1192.
8.850	30.	60.	1083.	1183.	1128.	1241.
8.850	60.	0.	1101.	1175.	1135.	1216.
8.850	60.	30.	1102.	1190.	1135.	1248.
8.850	60.	60.	1089.	1205.	1135.	1280.
10.073	0.	0.	1241.	1162.	1133.	1193.
10.073	0.	30.	1241.	1220.	1183.	1258.
10.073	0.	60.	1336.	1281.	1235.	1328.
10.073	30.	0.	1321.	1227.	1190.	1265.
10.073	30.	30.	1264.	1265.	1216.	1317.
10.073	30.	60.	1344.	1305.	1242.	1370.
10.073	60.	0.	1377.	1295.	1249.	1343.
10.073	60.	30.	1361.	1312.	1249.	1378.
10.073	60.	60.	1456.	1329.	1249.	1414.

Table 5.3

A Comparison Between The Predicted Values  
And The Actual Mean Performance Times

## 5.3 HEART RATE ANALYSIS

### 5.3.1 Data Analysis

Subject's Heart Rate(HR) was measured by using the Polygraph throughout the experiment and was recorded on a magnetic disk. The computer program to collect HR data, to store it on the disk and to compute the Heart Rate Variability (described in later section) is listed in Appendix E.1. Another computer program which lets the PDP 11/03 computer to communicate with WYLBUR is given in Appendix E.2. The Mean Heart Rate (MHR) was then computed for each experimental condition for each subject. In order to eliminate the variation among the subjects, 'range correction' (described in section 4.6.3) was performed on the MHR. From this the standardised HR (SHR) was calculated. The results of the collection are given in Table F.1 in Appendix F.

The results of the analysis of variance using the model described before (4.6.3) are shown in Table F.2. in Appendix F.

The results indicate that two of the main effects, SUB and TD were significant factors upon SHR at  $\alpha=0.05$ . The insignificant terms including AL and AR were then pooled into the error term and a new model considering only two of the main effects, SUB and TD was developed. The new model is defined below:-

$$SHR_{ij} = S_i + TD_j + E_{ij}$$

The results of the analysis of variance and Duncan's Multiple Range Test for the SHR using the new model are given in Table F.3 in Appendix F. The results of the analysis of variance indicate that the effects SUB and TD were significant at  $\alpha=0.05$  level. However, the Duncan's test of means shows the mean SHR and TD's are not consistent.

The mean SHR's for TD=6.34 and TD=10.07 were found to be not significantly different and those for TD=5.12 and TD=8.85 were also found to be not significantly different from each other. Therefore it was considered necessary to use some other measure to investigate the characteristics of the SHR. Since the TD was calculated from two measures, namely the Distance of move (DIS) and Clearance of fit (CLE), it was decided to use these measures in place of TD in the analysis of variance. The statistical model employed using DIS and CLE is defined below:-

$$\begin{aligned} \text{SHR}_{iop} = & \text{SUB}_i + \text{DIS}_o + \text{CLE}_p \\ & + \text{SUB.DIS}_{io} + \text{SUB.CLE}_{ip} + \text{DIS.CLE}_{op} \\ & + \text{SUB.DIS.CLE}_{iop} + E_{iop} \end{aligned}$$

where

$\text{SUB}_i$  = i th subject

$\text{DIS}_o$  = o th level of DIS.  $o=1,2$

$\text{CLE}_p$  = p th level of CLE.  $p=1,2$ .

$E_{iop}$  = Experimental ERROR.

DIS1= 150 mm

DIS2= 350 mm



CLE1= 0.65 mm

CLE2= 8.65 mm

The results of the analysis of the above model are given in Table F.4. The results show that the effects SUB and DIS were significant at  $\alpha=0.05$ . The insignificant terms found in the analysis of variance was then pooled and a model considering only the SUB and DIS was developed. The new model includes only SUB and DIS and is shown below:-

$$SHR_{io} = SUB_i + DIS_o + E_{io}$$

The results of the analysis of variance and Duncan's test are given in Table F.5.

The results show that the effect DIS was significant at  $\alpha=0.05$  and the Duncan's test indicate that when the DIS was increased from 150 mm to 350 mm, the subject HR increased over 10% on the average.

#### 5.4 HEART RATE VARIABILITY INDEX ANALYSIS

##### 5.4.1 Data analysis

The Heart Rate Variability Index (HRVI) was computed from the HR data stored on the magnetic disk (described in 5.3.1). The analysis of variance for the HRVI using the full factorial model was carried out. The results are given in Appendix G.1. From the above analysis some insignificant terms were found. These insignificant terms were then pooled and a new analysis of

variance model was developed. The new model is defined below:-

$$\begin{aligned}
 \text{HRVI}_{ijkl} = & \text{SUB}_i + \text{TD}_j + \text{AL}_k + \text{AR}_l \\
 & + \text{SUB.TD}_{ij} + \text{SUB.AL}_{ik} + \text{SUB.AR}_{il} \\
 & + \text{E}_{ijkl}
 \end{aligned}$$

The results of the analysis of variance for HRVI using the new model are given in Appendix G.2. The results show that the significant variables, at  $\alpha=0.05$  level were SUB, TD, AL and AR: The Duncan's Multiple Range Test was also performed on the HRVI data. The results are summarised below.

Duncan's Multiple Range Test for Dependent Variable HRVI

Variable TD				
Levels	5.12	6.34	8.85	10.07
Grouping	-----		-----	

Variable AL				
Levels	0	30	60	(degrees)
Grouping	-----		--	

Variable AR				
Levels	0	30	60	(degrees)
Grouping	-----			

For the variable TD, the results show that the mean HRVI's for TD=5.12 (Ibits) and TD=6.34 are not significantly different, and also those for TD=8.85 and TD=10.07 do not differ significantly from each other.

It was also found that the mean HRVI's for the variables AL are not significantly different when AL=0° and AL=30°. For AR, the results indicate that mean HRVI's are not significantly different from each other. All of the above Duncan's tests were performed with the significant level of  $\alpha=0.05$ .

A series of plots for the HRVI's was drawn and is shown in Figure 5.1. The plots show that as AL increased from 30° to 60°, the HRVI decreased. Figure 5.1 shows that the HRVI values for AL=0° are somewhat higher than those for AL=30°, but Duncan's test has proved that these values are not significantly different.

## 5.5 DISCUSSION

From the results of the analysis, some considerations on the design of the task which involves simultaneous motions are discussed here.

### 5.5.1 The Effects of the Angle

As it was shown that when the task is simultaneously performed by both the hands, the angles (i.e. AL and AR) affect the performance time (PT) significantly. A comparison of the mean performance times for the task in this study and predicted values in

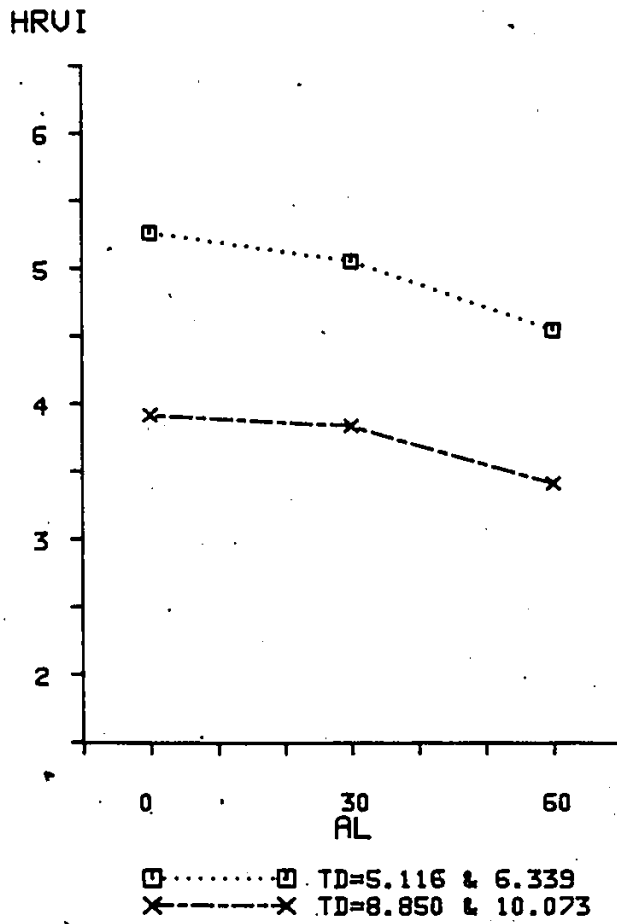


Figure 5.1

A Series of Plots for HRVI vs. AL

PMTS's is shown in Figure 5.2. The figure shows that although most of the PMTS's (e.g. MTM and BMTS) allow sufficient time for the task, the time values are equal for all the angles. This means that PMTS's do not aid the designer of such tasks in choosing the optimal direction of moves of simultaneous motion.

Another important finding concerning the direction of moves was indicated by the HRVI analysis, i.e. as the angle of move (AL) increased from  $30^{\circ}$  to  $60^{\circ}$  the HRVI decreased significantly. It seems that when the angle of move becomes wider, the increase in visual requirement caused an increase in the mental load of the task.

#### 5.5.2 The effects of the Task Difficulty

From the results of the analysis we have learnt that an increase in the TD of the task yields longer performance time and greater mental load. However, TD was not found to be a preferable measure for the physical load (expressed in subject's heart rate). The distance of move was found to be the better measure for the physical load. Further, in designing such tasks, care must be taken to incorporate an appropriate level of mental load. If the mental load is too low, the subject's attention is liable to be distracted from the task, resulting in an error. On the other hand if the mental load is set too high, then the subject is liable to be more error-prone due to high task difficulty and could be fatigued needlessly. Further, this would result in an unnecessary increase in performance time.

TD=5.116

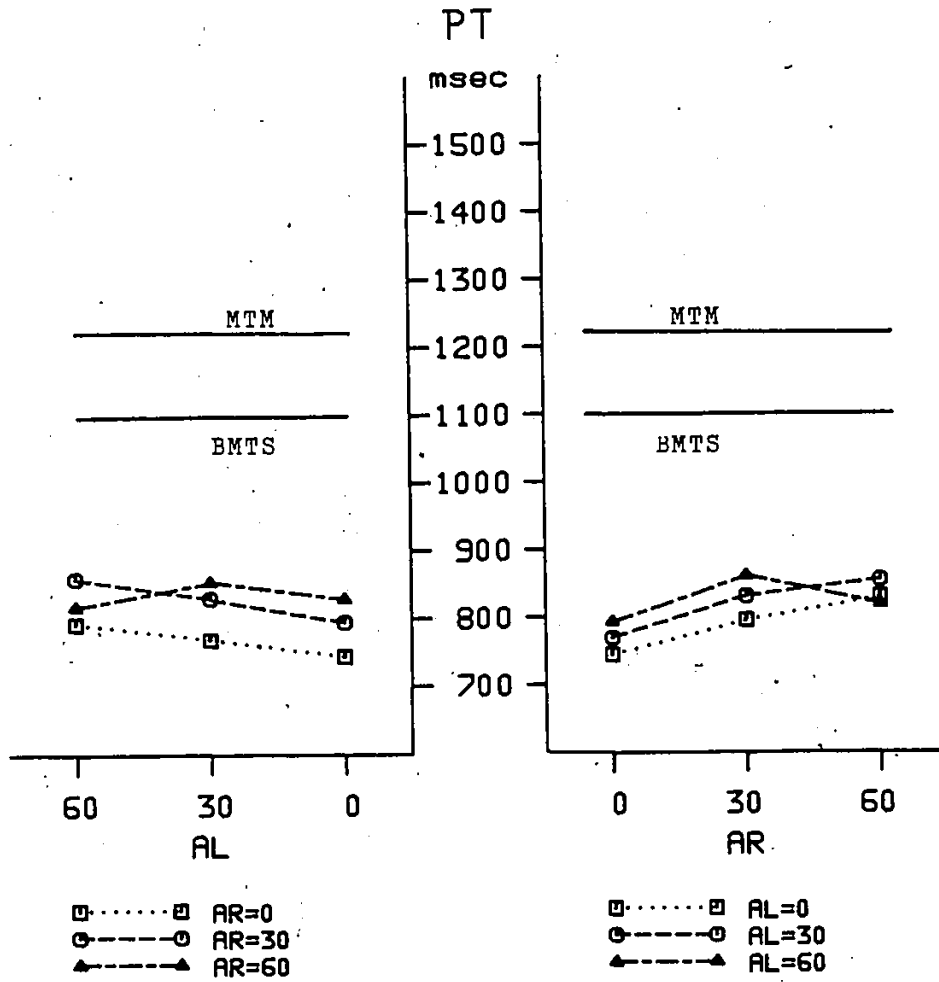
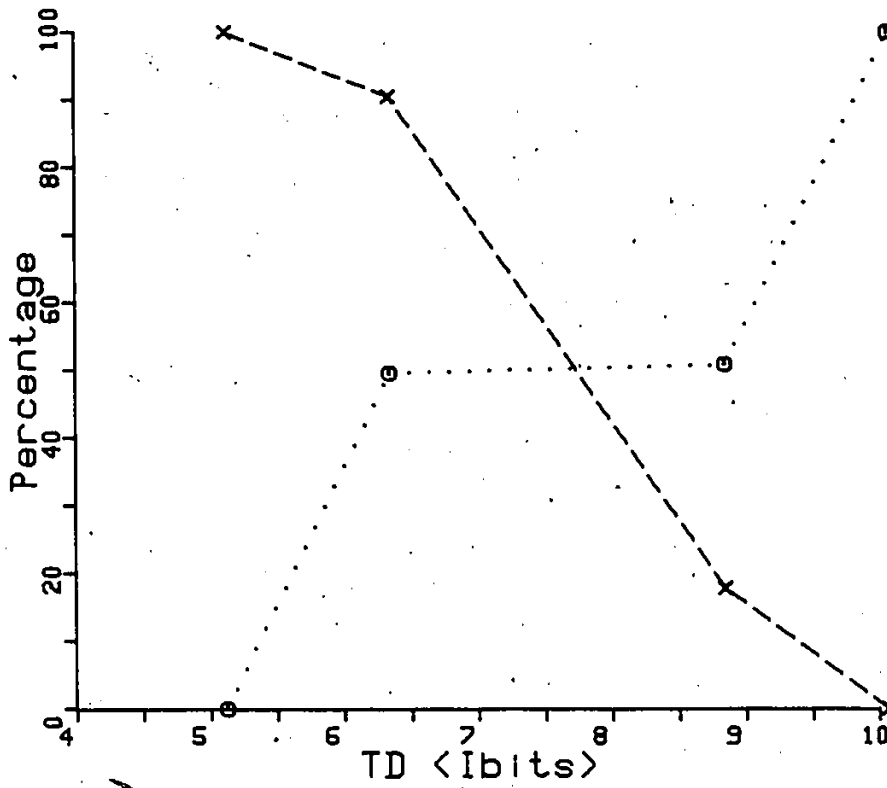


Figure 5.2

A Comparison of The Mean Performance Times and Predicted Time Values By Some of PMTS's

Figure 5.3 shows the super-imposition of percentage increase in PT with TD and the percentage decrease in HRVI (increase in mental load) with TD. The intersection of the two lines seems to suggest the value of TD which corresponds to an appropriate level of mental load.



○.....○ PT  
 ○-----○ HRVI

Figure 5.3

Super-imposition of Percentage Increase in PT with TD and The Percentage Decrease in HRVI (increase in mental load) with TD



## CHAPTER VI

### CONCLUSIONS AND SUGGESTIONS FOR FURTHER STUDIES

#### 6.1 Performance Time

- a) Performance Time (PT) is shown to increase significantly with task difficulty. This conclusion is based on studies involving both distance and hole size variations.
  
- b) Performance Time also increases significantly with the angle of motion in the range of 0 to 60 degrees. It is further shown that the performance time increases if asymmetry is introduced in the angle motion. It is further shown that the interaction effect between the left side angle and also the right side angle is significant.
  
- c) The performance time is shown to increase if asymmetry is introduced in the task difficulty.

#### 6.2 Heart Rate and Heart Rate Index

- a) The heart rate (HR) and heart rate variability index (HRVI) are shown to be functions of the task difficulty both for the symmetrical and the asymmetrical cases. However, the relationship is found to be non-linear in general.
  
- b) On the basis of the experimental observations, it is felt that distance rather than task difficulty is a better

measure of physical load and hence heart rate will be affected more by the distance involved than the hole size. This could explain the non-linear effects observed.

- c) In general, it was found that angle (symmetrical or asymmetrical) did not have any significant effect on the heart rate.
- d) However, HRVI was found to be significantly affected by the asymmetrical angle for left hand (AL)

In summary it is concluded that an appropriate level of mental load may be obtained on the intersection of PT-TD and HRVI-TD curves (Figure 5.3).

### 6.3 SUGGESTIONS FOR FURTHER STUDIES

In order to make study more general and applicable to practical situations, the following are the suggestions for further studies.

1. The effect of sex and age on the performance of the same task needs to be studied.
2. The same experiment, under similar conditions should be conducted with tasks involving inward hand movements.
3. The same experiment should be repeated with different weight of pins.
4. The effect of different plane angles on the performance of such types of tasks needs to be investigated.

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APPENDIX A

The Results of ANOVA for The Pilot Study #1

ANOVA for Pilot study 1

Variable : Angle

Source	df	SS	MS	F	
A	4	6204.96	1151.24	3.41	**
HAND	1	4462.24	4462.24	13.21	**
A*HAND	4	4788.74	1197.19	14.18	**
ERROR	890	300508.04	337.65		
TOTAL	899	315947.98			

Variable : Distance

Source	df	SS	MS	F	
S	2	38070.15	19035.08	87.67	**
DISTANCE	4	98028.09	24507.02	6.48	*
S*DISTANCE	8	30247.71	3780.96	17.41	**
HAND	1	15491.95	15491.95	13.19	
S*HAND	2	2349.62	1147.81	5.41	**
DISTANCE*HAND	4	3908.63	977.16	.42	
S*DIST*HAND	8	18820.91	2352.61	10.84	**
ERROR	870	188896.38	217.12		
TOTAL	899	395813.38			

Variable : Clearance

Source	df	SS	MS	F	
S	2	11954.91	5977.46	5.88	**
CLEARANCE	6	132565.40	22094.23	3.49	*
S*CLEARANCE	12	75947.62	6328.97	6.23	**
HAND	1	38600.54	38600.54	37.96	**
ERROR	1238	1260021.59	1017.78		
TOTAL	1259	1519090.06			

\*\* Significance level .01

\*\* Significance level .05



APPENDIX B

The Results of ANOVA and Duncan's Multiple Range Test  
for The Pilot Study #2

SOURCE	DF	SS	F VALUE	PR > F
SUB	3	19.36683325	200.01	0.0001
A	2	7.03467378	7.51	0.0233
SUB * A	6	2.81057251	14.51	0.0001
TD	8	36.39196008	18.10	0.0001
SUB * TD	24	6.03040508	7.78	0.0001
A * TD	4	2.19506495	2.13	0.1395
SUB * A * TD	12	3.08993948	7.98	0.0001
ERROR	1740	56.16010099		
CORRECTED TOTAL	1799	133.07955011		

ANOVA Table for the Pilot Study #2 Part II

SOURCE	DF	SS	F VALUE	PR > F
SUB	3	17.67770230	307.65	0.0001
A	2	8.50915786	40.94	0.0003
SUB * A	6	0.62358108	5.43	0.0001
TDLTG	5	18.74605595	24.58	0.0001
SUB * TDLTG	15	2.28790865	7.96	0.0001
A * TDLTG	10	0.94988058	0.87	0.5712
SUB * A * TDLTG	30	3.28163933	5.71	0.0001
ERROR	2328	44.58982446		
CORRECTED TOTAL	2399	96.66575022		

ANOVA Table for The Pilot Study #2 Part I

1. SYMT SIMO	2. ASYMT SIMO
Variable: Angle (A)	Variable: Angle (A)
Levels: 1 2 3	Levels: 1 2 3
Grouping: ---	Grouping: ---
Variable: Task Difficulty (TD)	Variable: Task Difficulty for the limiting hand (TDLTG)
Levels: 1 2 3 4 5-7 8 6 9	Levels: 1 4 6 5 8 9
Grouping: -----	Grouping: -----

The Results of Duncan's Multiple Range Test  
for The Pilot Study #2 Part I and Part II

APPENDIX C

The Questionnaire Form

University of Windsor  
Department of Industrial Engineering  
Simultaneous Motions Experiment  
Questionnaire

Page 1 of 2 (Preliminary Questions)

Circle or fill in your answers.

1. Are you a Canadian citizen or a landed immigrant ? Yes. No.
2. Are you right-handed ? Yes. No.
3. How old are you ? \_\_\_\_\_ years old.
4. Do you have any physical disability ? Yes. No.
5. Do you have 20/20 vision ? Yes. No.
6. Are you a student of the University of Windsor ? Yes. No.  
If Yes, please write faculty and year. \_\_\_\_\_ . \_\_\_\_\_ .
7. Are you on any medical treatment now ? Yes. No.  
If Yes, are you taking any of followings ?  
(1) antibiotics,  
(2) tranquilizer,  
(3) stimulants,  
(4) anodynes (pain killer). Yes. No.
8. Have you ever had any of following problems or seen a doctor because of the problem(s) ?  
(1) high blood pressure,  
(2) respiratory problems,  
(3) heart problems,  
(4) circulatory problems,  
(5) diabetes,  
(6) epilepsy,  
(7) psychological problems,  
(8) allergic to adhesive tape. Yes. No.

Please, read the following and sign.

To the best of my knowledge, above answers are all true.

X \_\_\_\_\_

Date \_\_\_\_\_

Please hand this sheet to the interviewer once.

Please, read the following and sign.

The experiment consists of 36 conditions (sessions) and takes about 5 (five) hours. There will be a short break in between the sessions and two 15-minute breaks during the experiment.

- I During the experiment you are asked to performed two simple and almost identical tasks by both the right and the left hands simultaneously. Each task involves moving a light metal pin from one place to another and dropping it in a hole. The direction of moving the pin and the size of the hole will be changed from session to session. Your performance will be measured and recorded for each cycle in each session.
  
- II In addition to the performance time, your Heart Rate (Pulse rate) will also be observed throughout the experiment. For this purpose, three "electrodes" will be attached on your chest. When these electrodes are attached, it is necessary to remove a part of or all of your shirt(s) when you are asked to do so.
  
- III When you have completed all 36 (thirty-six) sessions, you will be paid 7 (seventy) cents for a session or \$25.2 for 36 sessions. However, there will be two types of penalty, 1) 1 (ten) cents for dropping the pin outside the hole and 2) 2 centss for taking too long for the session. The penalty for dropping the pin will be applied for each hand each time.
  
- IV Since the experiment lasts for 5 (five) hours, you have to choose your "pace" so that you are able to maintain the accuracy and the speed of performing the tasks through out the experiment. A practice session is provided at the begining of the experiment and also, at the begining of each session, there will be a practice period.
  
- V Lastly, you may drop out from the experiment anytime, but you will be paid at rate of \$3.3 /hr. but the total will not be more than \$5.

X \_\_\_\_\_

Date \_\_\_\_\_

-----  
NAME \_\_\_\_\_ PHONE # \_\_\_\_\_

ID \_\_\_\_\_ S.I.N. \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

SEQUENCE

SUBJECT

	1	2	3	4	5	6	7	8	9
1	36	34	9	29	20	28	17	32	3
2	27	17	26	9	3	29	7	30	21
3	7	22	19	18	30	26	5	21	13
4	21	10	27	11	16	17	3	8	25
5	12	35	22	36	26	2	23	9	14
6	10	13	17	27	18	7	21	15	8
7	6	32	4	17	9	27	20	29	26
8	8	26	35	31	24	13	25	22	7
9	22	5	28	19	23	25	11	20	32
10	13	21	36	5	19	22	10	25	28
11	35	3	5	22	29	11	32	16	33
12	19	28	30	12	2	3	14	34	36
13	23	12	7	24	8	1	30	18	16
14	34	2	15	33	6	14	36	10	12
15	25	33	31	13	34	30	28	36	24
16	14	9	12	3	1	20	26	7	2
17	17	4	25	28	32	9	1	6	35
18	29	19	32	6	22	35	15	11	5
19	20	6	24	1	14	4	31	26	9
20	31	30	34	7	28	24	6	19	18
21	30	23	2	34	25	36	12	28	19
22	18	8	21	23	27	10	16	4	17
23	5	11	14	26	21	33	27	13	30
24	26	18	13	30	36	21	8	17	1
25	3	31	11	2	33	34	35	14	15
26	11	1	8	25	10	16	2	31	23
27	32	20	1	4	15	5	13	33	29
28	16	29	3	20	11	31	9	24	27
29	24	36	18	15	12	19	22	3	20
30	4	27	33	14	35	15	24	12	6
31	28	14	6	35	4	32	19	5	34
32	33	16	20	32	5	23	18	1	11
33	9	15	10	21	17	6	29	27	4
34	2	7	29	16	31	8	34	23	10
35	15	25	23	10	7	12	33	2	22
36	1	24	16	8	13	18	4	35	31

APPENDIX D.1

Table D.1 for The Performance Time Study



TD	AL	AR	SUB1	SUB2	SUB3	SUB4	SUB5	SUB6	SUB7	SUB8	SUB9
5.116	0	0	786.	853.	666.	733.	733.	833.	640.	793.	653.
5.116	0	30	880.	926.	753.	780.	673.	886.	666.	866.	720.
5.116	0	60	886.	920.	800.	766.	733.	960.	853.	840.	700.
5.116	30	0	966.	920.	720.	713.	626.	853.	686.	740.	693.
5.116	30	30	1053.	833.	913.	793.	693.	820.	806.	786.	766.
5.116	30	60	1080.	980.	880.	693.	873.	973.	720.	813.	673.
5.116	60	0	853.	933.	726.	766.	706.	926.	746.	766.	713.
5.116	60	30	1100.	946.	820.	713.	753.	980.	773.	893.	760.
5.116	60	60	893.	840.	766.	760.	720.	1033.	773.	826.	746.
6.338	0	0	913.	1120.	893.	973.	840.	1006.	886.	1113.	880.
6.338	0	30	1066.	1133.	886.	1000.	1113.	1020.	1040.	1013.	853.
6.338	0	60	1126.	1153.	1080.	966.	1093.	1053.	966.	1100.	726.
6.338	30	0	1213.	1080.	940.	1040.	1020.	1033.	946.	1093.	940.
6.338	30	30	1380.	1220.	980.	1040.	1040.	1473.	920.	1120.	866.
6.338	30	60	1500.	1120.	1120.	1040.	1186.	1146.	1026.	1033.	993.
6.338	60	0	1120.	1173.	1206.	1033.	1053.	1160.	1020.	1093.	973.
6.338	60	30	1166.	1213.	1086.	1033.	1066.	1186.	1073.	1120.	980.
6.338	60	60	1066.	1226.	1106.	1033.	1166.	1173.	1106.	1186.	1033.
8.850	0	0	900.	1013.	893.	1073.	913.	1126.	920.	1006.	953.
8.850	0	30	966.	1080.	1166.	1026.	960.	1246.	966.	1160.	966.
8.850	0	60	1133.	1213.	1006.	1133.	973.	1306.	1013.	1060.	1066.
8.850	30	0	1060.	1060.	920.	1100.	986.	1153.	946.	1033.	986.
8.850	30	30	1046.	1440.	1006.	1053.	960.	1266.	1080.	1066.	1000.
8.850	30	60	1053.	1233.	1140.	1113.	1073.	1240.	980.	1086.	1000.
8.850	60	0	1160.	1186.	1160.	1086.	1013.	1273.	960.	1100.	1113.
8.850	60	30	806.	1340.	1006.	1086.	1006.	1253.	1113.	1120.	1013.
8.850	60	60	1113.	1300.	960.	1046.	1000.	1193.	986.	1180.	1020.
10.072	0	0	1160.	1433.	1006.	1200.	1413.	1360.	1046.	1333.	1213.
10.072	0	30	1446.	1420.	1180.	1340.	1340.	1406.	1233.	1473.	1053.
10.072	0	60	1246.	1533.	1366.	1460.	1433.	1553.	1260.	1340.	1200.
10.072	30	0	1053.	1293.	1246.	1306.	1173.	1393.	1193.	1246.	1266.
10.072	30	30	880.	1646.	1233.	1266.	1286.	1400.	1233.	1286.	1146.
10.072	30	60	1126.	1486.	1233.	1266.	1526.	1506.	1540.	1366.	1200.
10.072	60	0	1253.	1493.	1053.	1366.	1280.	1673.	1273.	1426.	1200.
10.072	60	30	1420.	1566.	1353.	1326.	1313.	1420.	1266.	1273.	1160.
10.072	60	60	1466.	1486.	1526.	1360.	1466.	1640.	1286.	1433.	1433.

Table D.1

The Mean Performance Times of The Fifteen Cycles of All The Experimental Conditions for All The Subject

APPENDIX D.2

the results of The Analysis of Variance of The  
Performance Time and Duncan's Multiple Range Test

1 STATISTICAL ANALYSIS SYSTEM  
5:50 WEDNESDAY, JUNE 30, 1982

NOTE: THE JOB PT HAS BEEN RUN UNDER RELEASE 79.5 OF SAS  
AT THE UNIVERSITY OF WINDSOR (00666).

NOTE: SAS OPTIONS SPECIFIED ARE:  
LS=65

```

1 DATA;
2 INPUT CNDTN SUB AL AR DIS CLE;
3     X=2.*DIS/CLE;
4     TD=LOG2(X);
5 IF SUB EQ 1 THEN OHTS=LOG(801.);
6 IF SUB EQ 2 THEN OHTS=LOG(902.);
7 IF SUB EQ 3 THEN OHTS=LOG(1016.);
8 IF SUB EQ 4 THEN OHTS=LOG(1168.);
9 IF SUB EQ 5 THEN OHTS=LOG(970.);
10 IF SUB EQ 6 THEN OHTS=LOG(906.);
11 IF SUB EQ 7 THEN OHTS=LOG(914.);
12 IF SUB EQ 8 THEN OHTS=LOG(877.);
13 IF SUB EQ 9 THEN OHTS=LOG(832.);
14     RETAIN SUB AL AR DIS CLE TD OHTS;
15 DO I=1 TO 15;
16     INPUT R L @;
17     R=R*100.0;
18     L=L*100.0;
19     IF L GE R THEN PT=L;
20     IF L LT R THEN PT=R;
21     PT=LOG(P T);
22     OUTPUT;
23 END;
24 DROP I X L R;
25 CARDS;

```

NOTE: SAS WENT TO A NEW LINE WHEN INPUT STATEMENT  
REACHED PAST THE END OF A LINE.

NOTE: DATA SET WORK.DATAL HAS 4860 OBSERVATIONS AND 9 VARIABLES.  
171 OBS/TRK

NOTE: THE DATA STATEMENT USED 5.31 SECONDS AND 160K.

```

1322 PROC ANOVA;
1323 CLASSES SUB TD AL AR;
1324 MODEL PT=SUB|TD|AL|AR;
1325 TEST H=TD E=SUB*TD;
1326 TEST H=AL E=SUB*AL;
1327 TEST H=AR E=SUB*AR;
1328 TEST H=TD*AL E=SUB*TD*AL;
1329 TEST H=TD*AR E=SUB*TD*AR;
1330 TEST H=AL*AR E=SUB*AL*AR;
1331 TEST H=TD*AL*AR E=SUB*TD*AL*AR;
1332 MEANS TD AL AR/DUNCAN;

```

NOTE: THE PROCEDURE ANOVA USED 30.72 SECONDS AND 204K  
AND PRINTED PAGES 1 TO 6.

```

1333 PROC SORT;
1334 BY SUB;

```

NOTE: DATA SET WORK.DATAL HAS 4860 OBSERVATIONS AND 9 VARIABLES.  
171 OBS/TRK

NOTE: THE PROCEDURE SORT USED 3.29 SECONDS AND 282K.

```

1335 PROC ANOVA;
1336 CLASSES TD AL AR;
1337 MODEL PT=TD|AL|AR;
1338 MEANS TD AL AR/DUNCAN;

```

STATISTICAL ANALYSIS SYSTEM  
5:50 WEDNESDAY, JUNE 30, 1982

ANALYSIS OF VARIANCE PROCEDURE

CLASS LEVEL INFORMATION

CLASS	LEVELS	VALUES
SUB	9	1 2 3 4 5 6 7 8 9
TD	4	10.0727 5.116119 6.338511 8.850307
AL	3	0 30 60
AR	3	0 30 60

NUMBER OF OBSERVATIONS IN DATA SET = 4860

STATISTICAL ANALYSIS SYSTEM 2  
5:50 WEDNESDAY, JUNE 30, 1982

ANALYSIS OF VARIANCE PROCEDURE

DEPENDENT VARIABLE: PT

SOURCE	DF	SUM OF SQUARES	MEAN SQUARE
MODEL	323	217.75549572	0.67416562
ERROR	4536	75.23522660	0.01658625
CORRECTED TOTAL	4859	292.99072232	

MODEL F = 40.65 PR > F = 0.0001

R-SQUARE	C.V.	STD DEV	PT MEAN
0.743216	1.8544	0.12878761	6.94481240

SOURCE	DF	ANOVA SS	F VALUE	PR > F
SUB	8	24.79887361	186.89	0.0001
TD	3	151.39362623	3042.55	0.0001
SUB*TD	24	8.94088717	22.46	0.0001
AL	2	3.05711720	92.16	0.0001
SUB*AL	16	1.15561770	4.35	0.0001
TD*AL	6	1.34813821	13.55	0.0001
SUB*TD*AL	48	5.73375658	7.20	0.0001
AR	2	4.36165871	131.48	0.0001
SUB*AR	16	1.70877348	6.44	0.0001
TD*AR	6	0.63095243	6.34	0.0001
SUB*TD*AR	48	3.29935723	4.14	0.0001
AL*AR	4	0.82208812	12.39	0.0001
SUB*AL*AR	32	1.77049006	3.34	0.0001
TD*AL*AR	12	0.76353835	3.84	0.0001
SUB*TD*AL*AR	96	7.97062069	5.01	0.0001

TESTS OF HYPOTHESES USING THE ANOVA MS FOR SUB\*TD AS AN ERROR TERM

SOURCE	DF	ANOVA SS	F VALUE	PR > F
TD	3	151.39362623	135.46	0.0001

TESTS OF HYPOTHESES USING THE ANOVA MS FOR SUB\*AL AS AN ERROR TERM

SOURCE	DF	ANOVA SS	F VALUE	PR > F
AL	2	3.05711720	21.16	0.0001

TESTS OF HYPOTHESES USING THE ANOVA MS FOR SUB\*AR AS AN ERROR TERM

SOURCE	DF	ANOVA SS	F VALUE	PR > F
AR	2	4.36165871	20.42	0.0001

TESTS OF HYPOTHESES USING THE ANOVA MS FOR SUB\*TD\*AL AS AN ERROR TERM

SOURCE	DF	ANOVA SS	F VALUE	PR > F
TD*AL	6	1.34813821	1.88	0.1035

ANALYSIS OF VARIANCE PROCEDURE

DEPENDENT VARIABLE: PT

TESTS OF HYPOTHESES USING THE ANOVA MS FOR SUB\*TD\*AR  
 AS AN ERROR TERM

SOURCE	DF	ANOVA SS	F VALUE	PR > F
TD*AR	6	0.63095243	1.53	0.1888

TESTS OF HYPOTHESES USING THE ANOVA MS FOR SUB\*AL\*AR  
 AS AN ERROR TERM

SOURCE	DF	ANOVA SS	F VALUE	PR > F
AL*AR	4	0.82208812	3.71	0.0136

TESTS OF HYPOTHESES USING THE ANOVA MS FOR SUB\*TD\*AL\*AR  
 AS AN ERROR TERM

SOURCE	DF	ANOVA SS	F VALUE	PR > F
TD*AL*AR	12	0.76353835	0.77	0.6831

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE PT

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05

DF=4536

MS=.0165862

GROUPING	MEAN	N	TD*
A	7.177243	1215	10.0727
B	6.961866	1215	8.850307
B	6.960014	1215	6.338511
C	6.680127	1215	5.116119

STATISTICAL ANALYSIS SYSTEM<sup>5</sup>  
5:50 WEDNESDAY, JUNE 30, 1982

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE PT

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05

DF=4536

MS=.0165862

GROUPING	MEAN	N	AL
A	6.974861	1620	60
B	6.946108	1620	30
C	6.913468	1620	0



ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE PT

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05                      DF=4536                      MS=.0165862

GROUPING	MEAN	N	AR
A	6.977958	1620	60
B	6.951092	1620	30
C	6.905387	1620	0

STATISTICAL ANALYSIS SYSTEM 7  
5:50 WEDNESDAY, JUNE 30, 1982  
SUB=1

ANALYSIS OF VARIANCE PROCEDURE

CLASS LEVEL INFORMATION

CLASS	LEVELS	VALUES
TD	4	10.0727 5.116119 6.338511 8.850307
AL	3	0 30 60
AR	3	0 30 60

NUMBER OF OBSERVATIONS IN BY GROUP = 540



STATISTICAL ANALYSIS SYSTEM 1  
6:16 TUESDAY, JULY 20, 1982

ANALYSIS OF VARIANCE PROCEDURE

CLASS LEVEL INFORMATION

CLASS	LEVELS	VALUES
SUB	9	1 2 3 4 5 6 7 8 9
TD	4	10.0727 5.116119 6.338511 8.850307
AL	3	0 30 60
AR	3	0 30 60

NUMBER OF OBSERVATIONS IN DATA SET = 4860



STATISTICAL ANALYSIS SYSTEM  
6:16 TUESDAY, JULY 20, 1982

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE PT

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05

DF=4536

MS=.0165862

GROUPING	MEAN	N	TD
A	7.177243	1215	10.0727
B	6.961866	1215	8.850307
B	6.960014	1215	6.338511
C	6.680127	1215	5.116119

STATISTICAL ANALYSIS SYSTEM  
6:16 TUESDAY, JULY 20, 1982

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE PT

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05      DF=4536      MS=.0165862

GROUPING	MEAN	N	AL
A	6.974861	1620	60
B	6.946108	1620	30
C	6.913468	1620	0

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE PT

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05      DF=4536      MS=.0165862

GROUPING	MEAN	N	AR
A	6.977958	1620	60
B	6.951092	1620	30
C	6.905387	1620	0



STATISTICAL ANALYSIS SYSTEM  
6:16 TUESDAY, JULY 20, 1982

ANALYSIS OF VARIANCE PROCEDURE

MEANS

AL	AR	N	PT
0	0	540	6.85738078
00	30	540	6.92476745
00	60	540	6.95825445
30	00	540	6.89883784
30	30	540	6.95349839
30	60	540	6.98598905
60	00	540	6.95994327
60	30	540	6.97501095
60	60	540	6.98962939

APPENDIX D.3

The expected Mean Square for The Analysis of Variance  
Model with All The Interaction Terms.

SOURCE	SUB	TD	AL	AR	E	EMS
	9	4	3	3	15	
	K	F	F	F	R	
	i	j	k	l	m	
(SUB)i	1	4	3	3	15	$\sigma_B^2 + 540 \cdot \sigma_{SUB}^2$
(TD)j	9		3	3	15	$\sigma_E^2 + 135 \cdot \sigma_{TD, SUB}^2 + 1215 \phi_{TD}$
(SUB.TD)ij	1		3	3	15	$\sigma_E^2 + 135 \cdot \sigma_{SUB, TD}^2$
(AL)k	9	4		3	15	$\sigma_E^2 + 180 \sigma_{AL, SUB}^2 + 1620 \phi_{AL}$
(SUB.AL)ik	1	4		3	15	$\sigma_E^2 + 180 \sigma_{SUB, AL}^2$
(AR)l	9	4	3		15	$\sigma_E^2 + 180 \sigma_{SUB, AR}^2 + 1620 \phi_{AR}$
(SUB.AR)il	1	4	3		15	$\sigma_E^2 + 180 \sigma_{SUB, AR}^2$
(TD.AL)jk	9			3	15	$\sigma_E^2 + 45 \sigma_{SUB, TD, AL}^2 + 405 \phi_{TD, AL}$
(SUB.TD.AL)ijk	1			3	15	$\sigma_E^2 + 45 \sigma_{SUB, TD, AL}^2$
(TD.AR)jl	9		3		15	$\sigma_E^2 + 45 \sigma_{SUB, TD, AR}^2 + 405 \phi_{TD, AR}$
(SUB.TD.AR)ijl	1		3		15	$\sigma_E^2 + 45 \sigma_{SUB, TD, AR}^2$
(AL.AR)kl	9	4			15	$\sigma_E^2 + 60 \sigma_{SUB, TD, AR}^2 + 540 \phi_{TD, AR}$
(SUB.AL.AR)ikl	1	4			15	$\sigma_E^2 + 60 \sigma_{SUB, AL, AR}^2$
(TD.AL.AR)jkl	9				15	$\sigma_E^2 + 15 \sigma_{SUB, TD, AL, AR}^2 + 135 \phi_{TD, AL, AR}$
(SUB.TD.AL.AR)ijkl	1				15	$\sigma_E^2 + 15 \sigma_{SUB, TD, AL, AR}^2$
(Em(ijkl))	1	1	1	1	1	$\sigma_E^2$

APPENDIX D.4

The results of the regression analysis for the simultaneous performance time when the task difficulty is symmetrical and the angle is asymmetrical

л



STATISTICAL ANALYSIS SYSTEM 1  
0:18 TUESDAY, JULY 27, 1982

GENERAL LINEAR MODELS PROCEDURE

DEPENDENT VARIABLE: PT

SOURCE	DF	SUM OF SQUARES	MEAN SQUARE
MODEL	4	127.90619797	31.97654949
ERROR	4855	165.08452435	0.03400299
CORRECTED TOTAL	4859	292.99072232	

MODEL F = 940.40 PR > F = 0.0001

R-SQUARE	C.V.	STD DEV	PT MEAN
0.436554	2.6552	0.18439900	6.94481240

SOURCE	DF	TYPE I SS	F VALUE	PR > F
TD	1	119.90319971	3526.25	0.0001
AL	1	3.05303555	89.79	0.0001
AR	1	4.26582755	125.45	0.0001
AL*AR	1	0.68413517	20.12	0.0001

SOURCE	DF	TYPE IV SS	F VALUE	PR > F
TD	1	119.90319971	3526.25	0.0001
AL	1	3.04772548	89.63	0.0001
AR	1	3.79063007	111.48	0.0001
AL*AR	1	0.68413517	20.12	0.0001

PARAMETER	ESTIMATE	T FOR H0: PARAMETER=0	PR >  T	STD ERROR OF ESTIMATE
INTERCEPT	6.25284998	513.50	0.0001	0.01217697
TD	0.07995139	59.38	0.0001	0.00134638
AL	0.00161646	9.47	0.0001	0.00017074
AR	0.00180274	10.56	0.0001	0.00017074
AL*AR	-1.9774321E-05	-4.49	0.0001	0.00000441

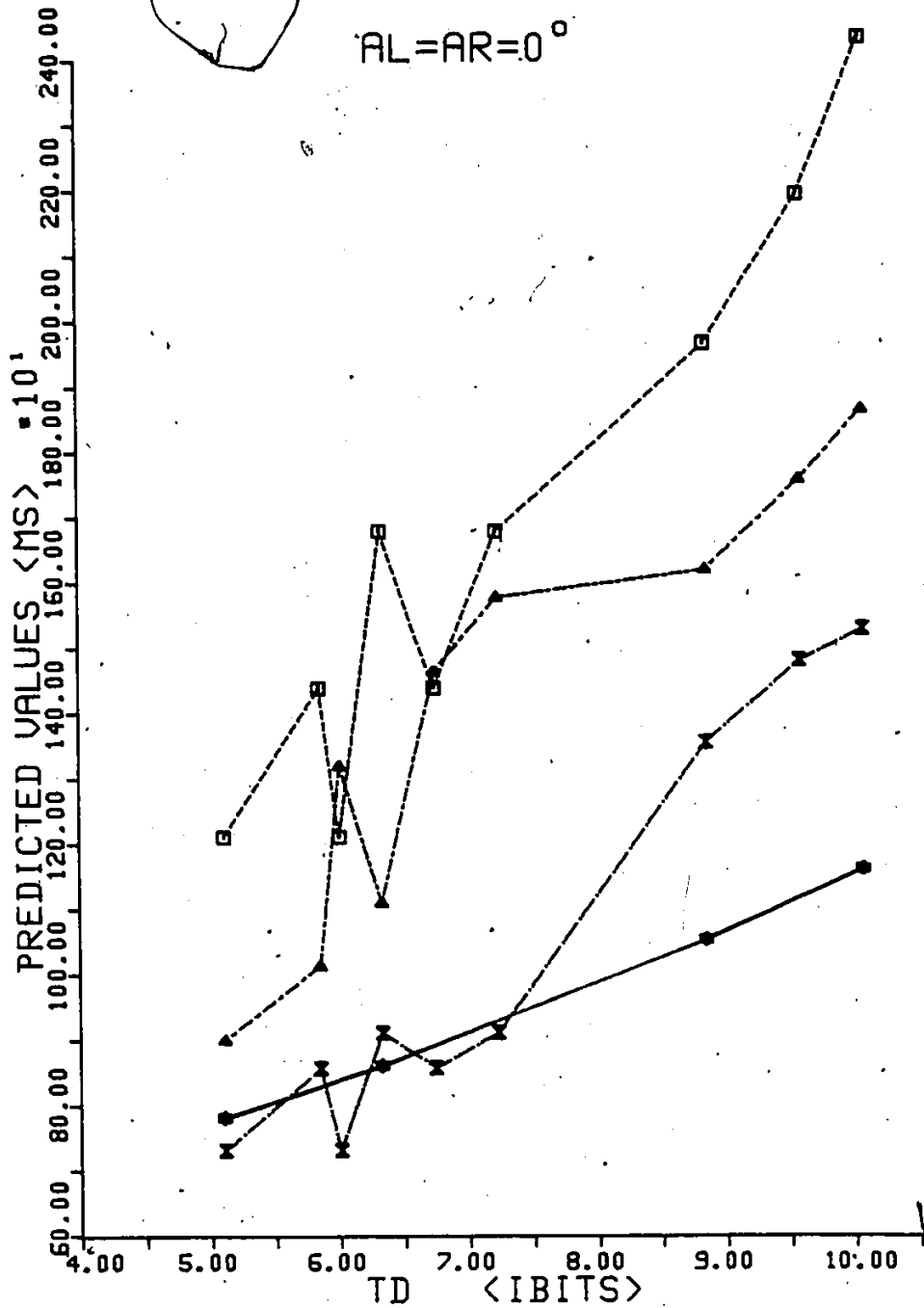
APPENDIX D.5

Figures for Comparing The Predicted Values in this Study and Those Given by PMTS's

Figure	AL	AR (degrees)
D.1	0	0
D.2	30	30
D.3	60	60
D.4	30	0
D.5	0	30
D.6	0	30
D.7	60	30
D.8	0	60
D.9	30	60

EXP #3 SYMT

AL=AR=0°



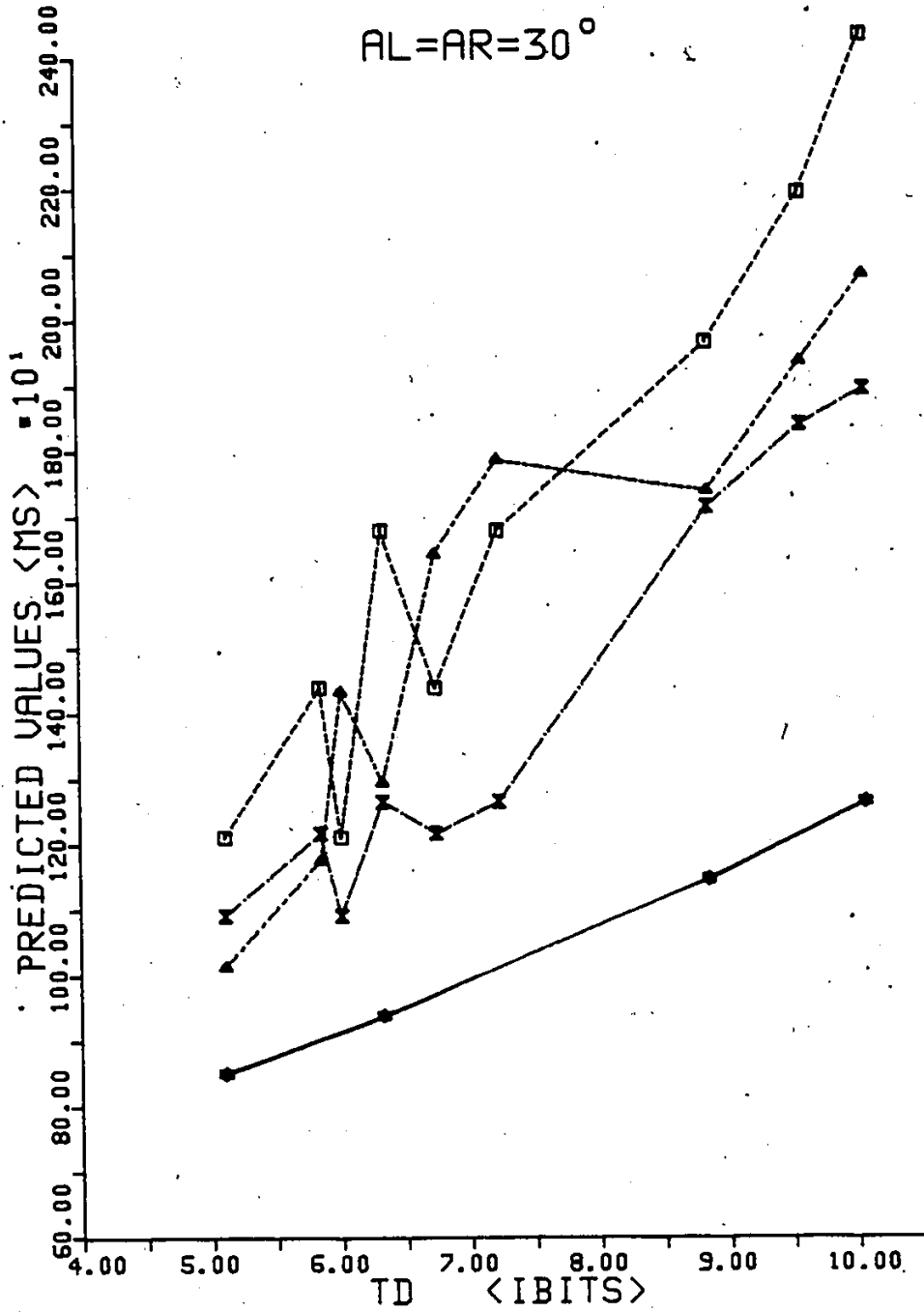
□ ——— □ MTM  
▲ ——— ▲ BMTS  
× ——— × W.F.  
● ——— ● THIS STUDY

Figure D.1



EXP #3 SYMT

AL=AR=30°

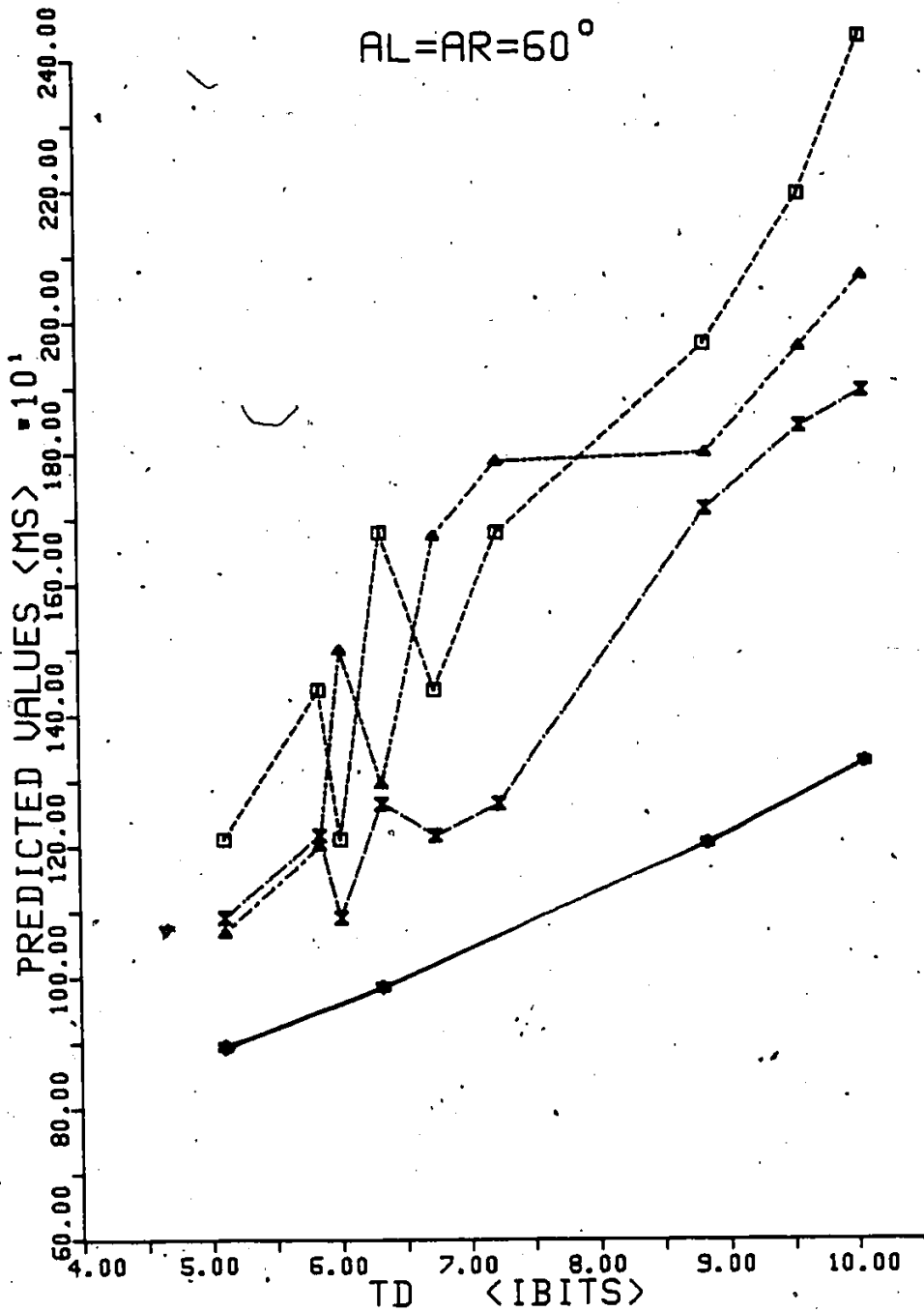


- — □ MTM
- ▲ — ▲ BMTS
- × — × W.F.
- ◆ — ◆ THIS STUDY

Figure D.2

EXP #3 SYMT

$AL=AR=60^\circ$

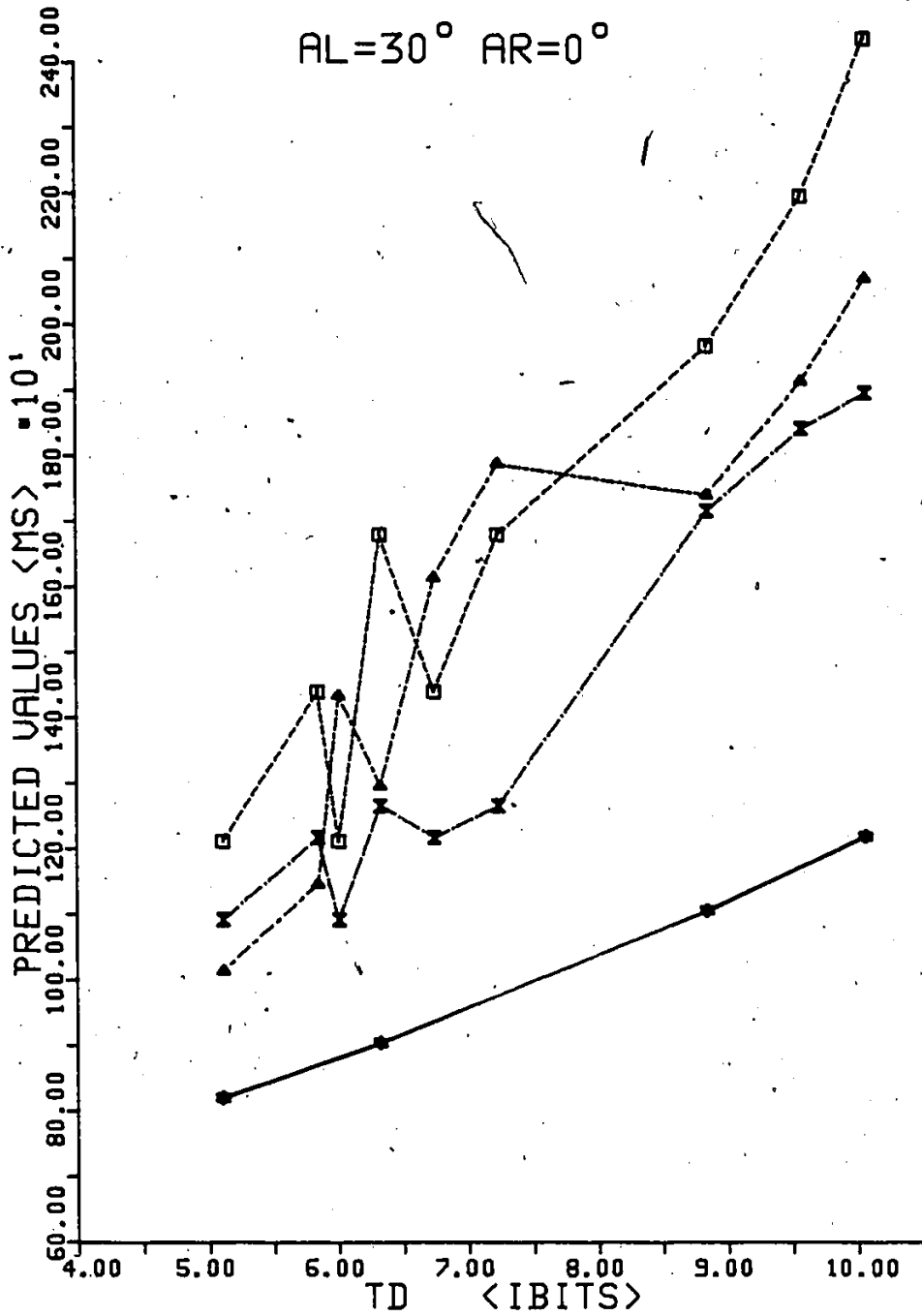


- — □ MTM
- ▲ — ▲ BMTS
- ▼ — ▼ W.F.
- — ● THIS STUDY

Figure D.3

EXP #3 ASYM. ANGLE

AL=30° AR=0°

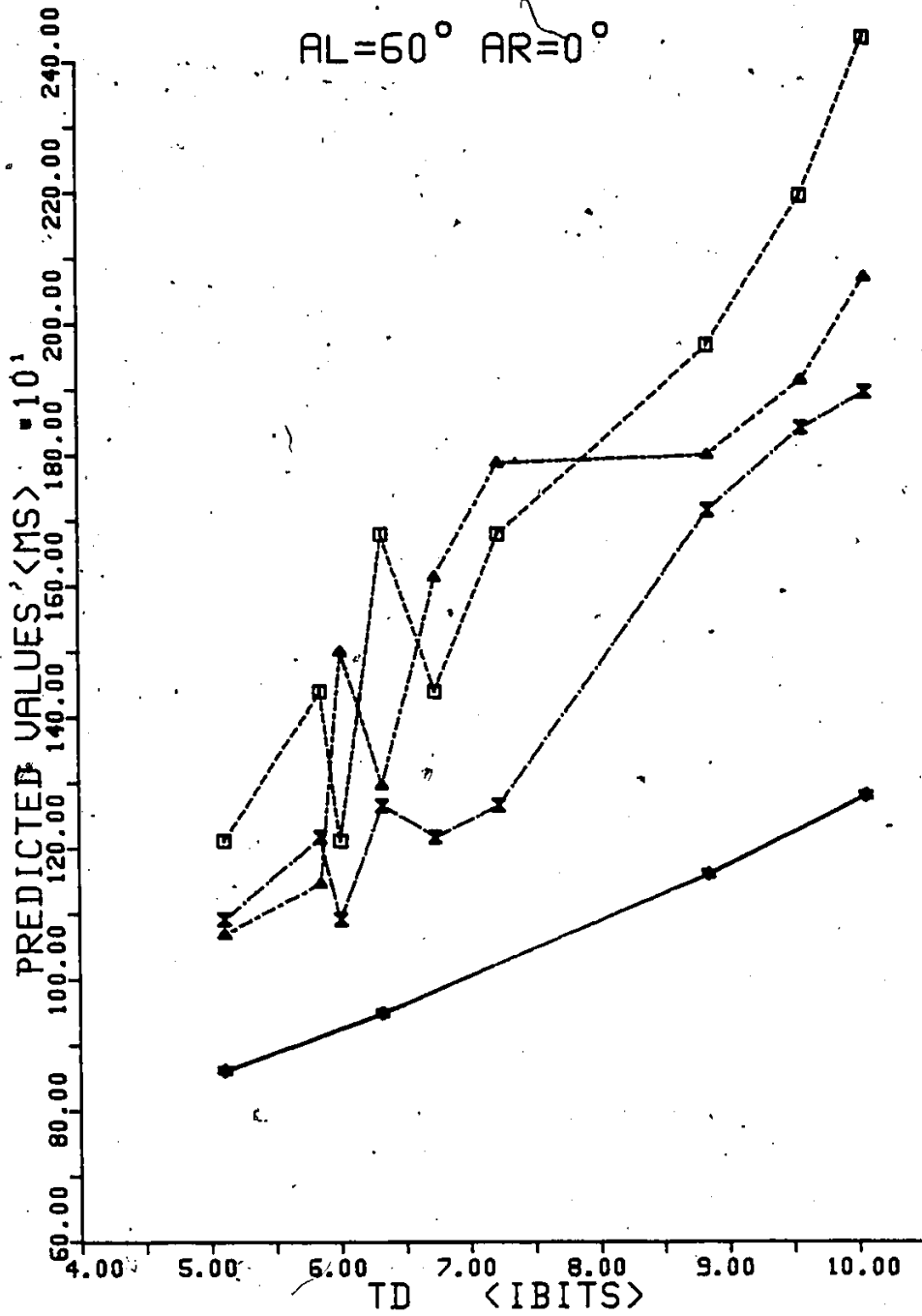


- — □ MTM
- ▲ — ▲ BMTS
- × — × W.F.
- — ● THIS STUDY

Figure D.4

EXP #3 ASYM. ANGLE

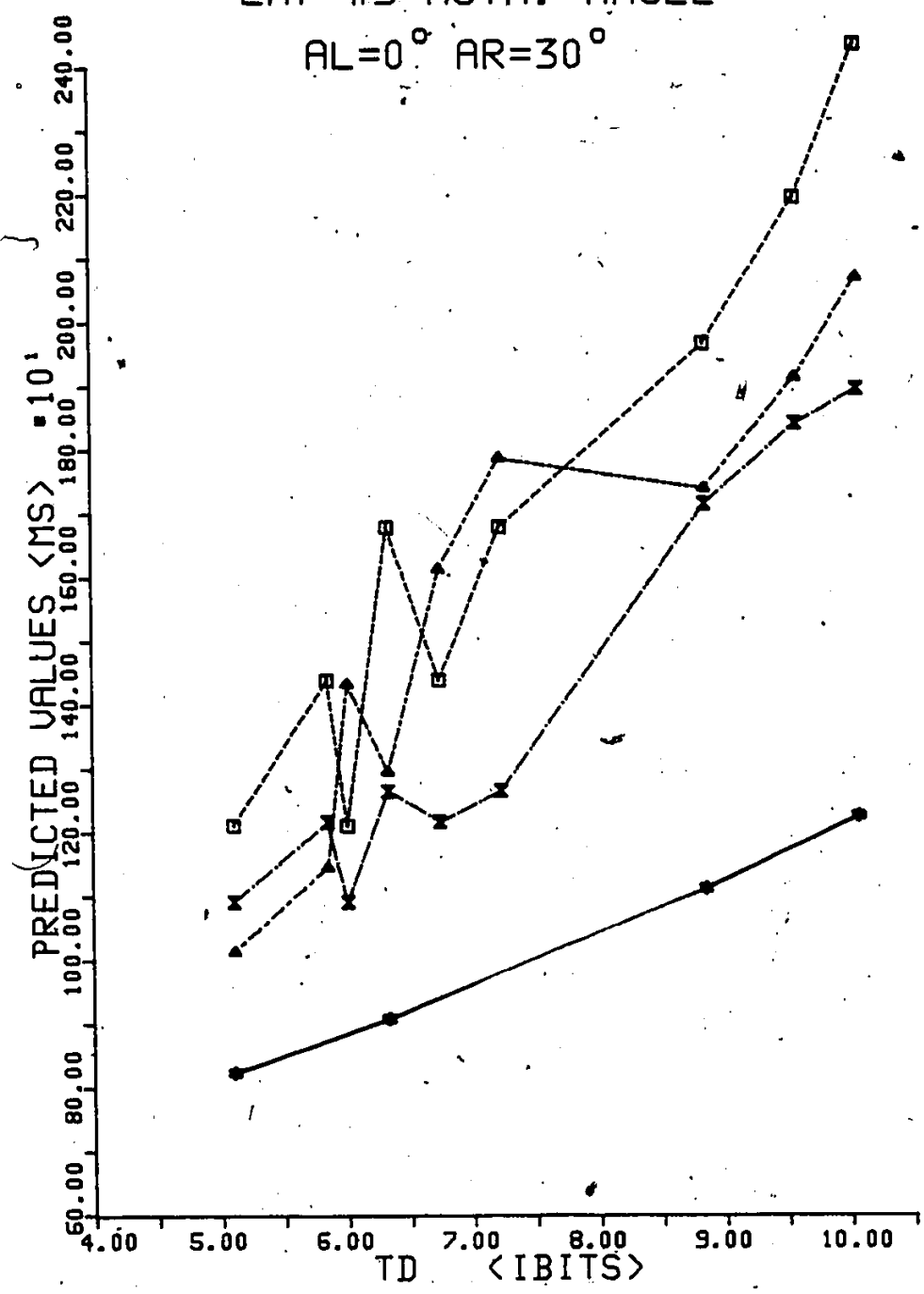
AL=60° AR=0°



- MTM
- ▲ BMTS
- × W.F.
- THIS STUDY

Figure D.5

EXP #3 ASYM. ANGLE  
 AL=0° AR=30°

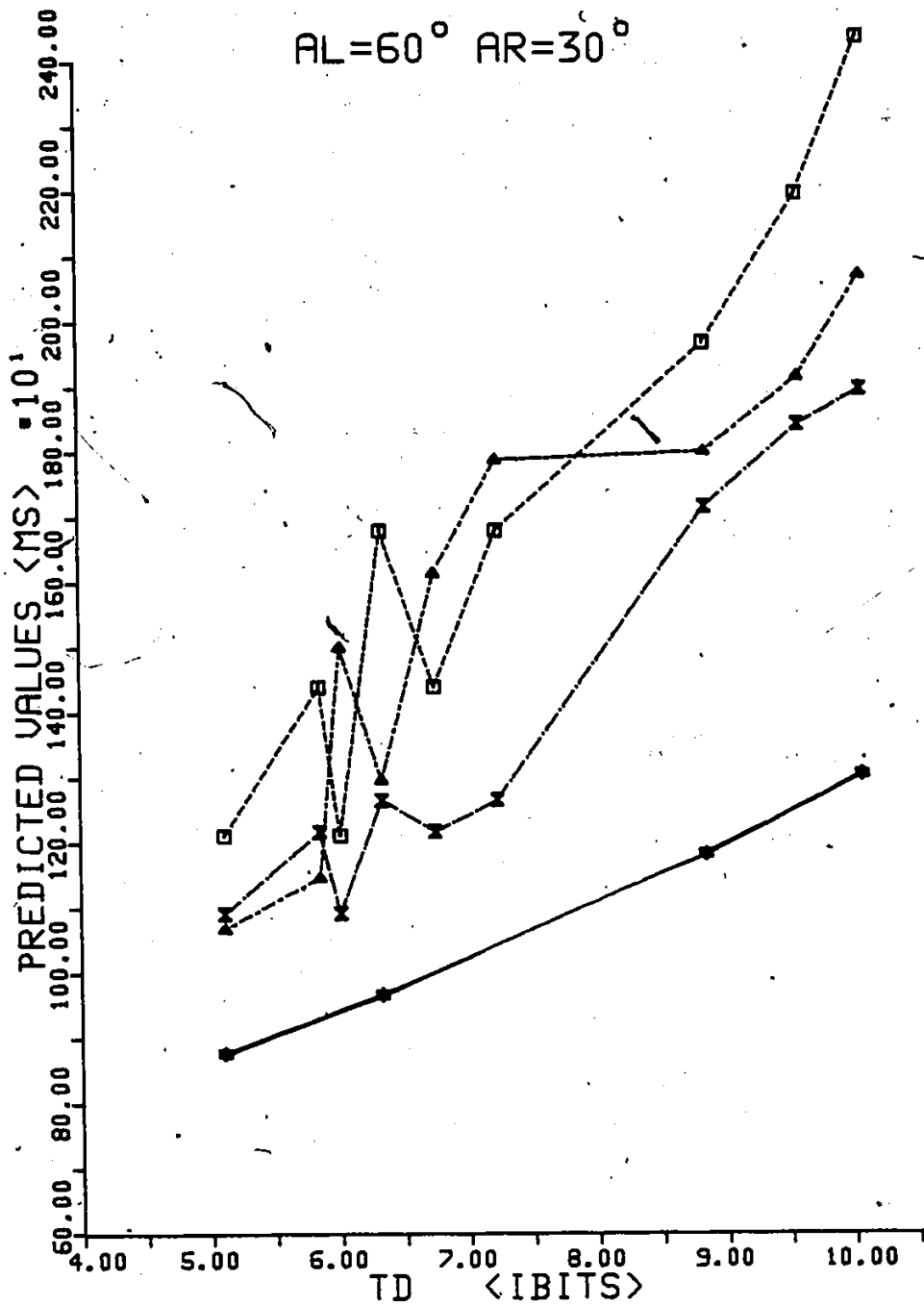


- ——— □ MTM
- △ ——— △ BMTS
- × ——— × W.F.
- ——— ● THIS STUDY

Figure D.6

EXP #3 ASYM. ANGLE

AL=60° AR=30°

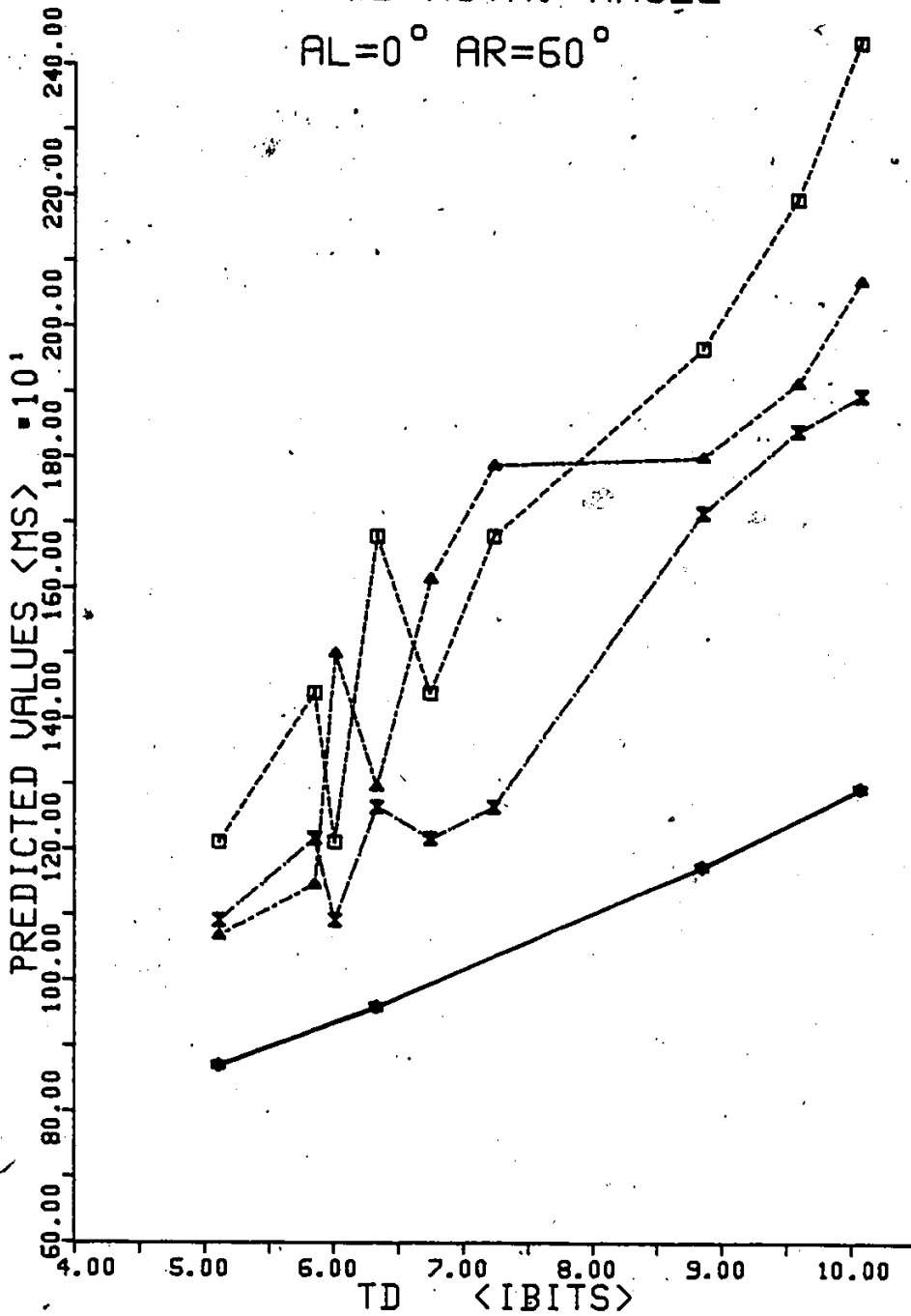


- MTM
- ▲ BMTS
- × W.F.
- THIS STUDY

Figure D.7

EXP #3 ASYM. ANGLE

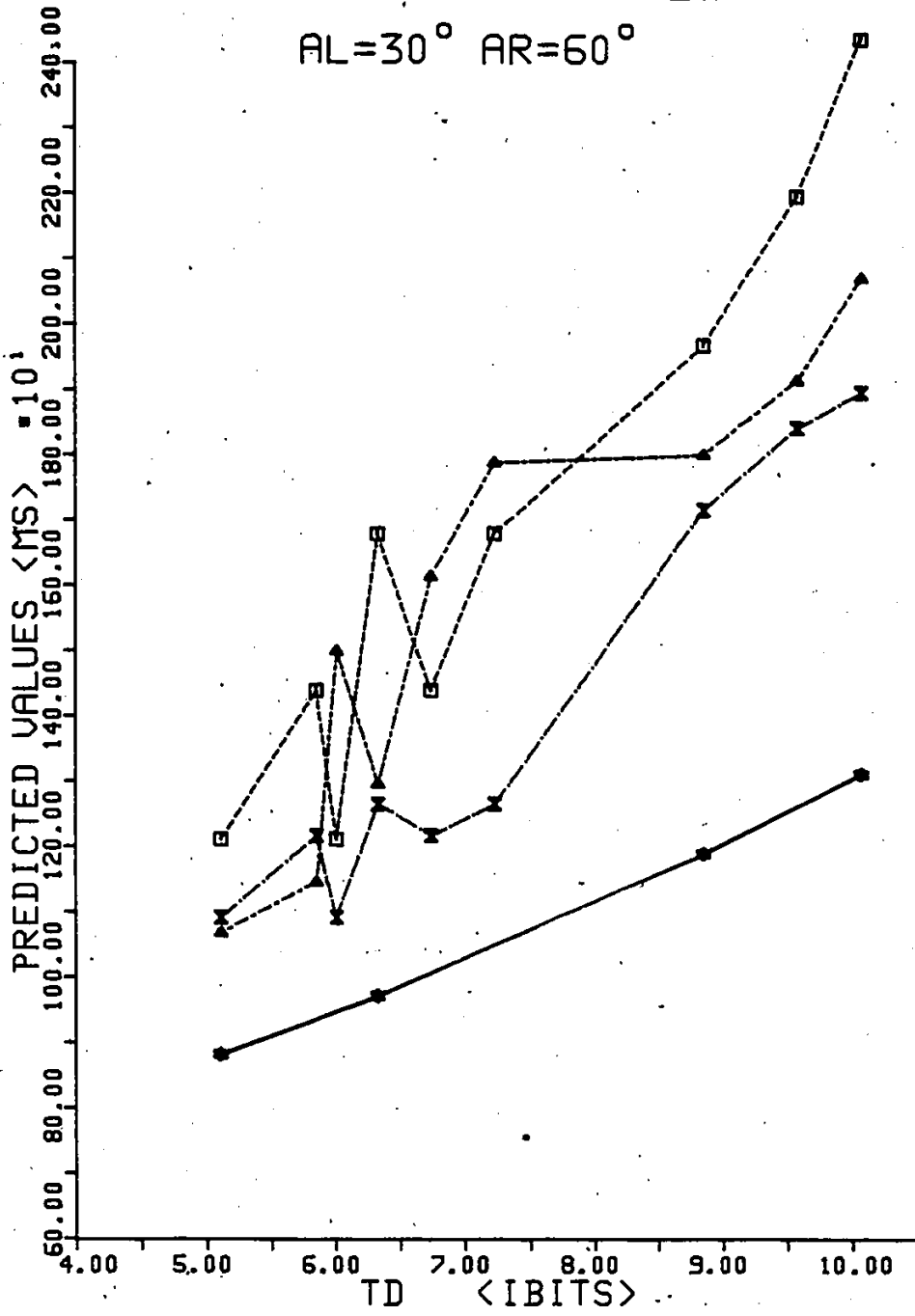
AL=0° AR=60°



- ——— □ MTM
- ▲ ——— ▲ BMTS
- × ——— × W.F.
- ——— ● THIS STUDY

Figure D.8

EXP #3, ASYM. ANGLE  
 AL=30° AR=60°



- — □ MTM
- ▲ — ▲ BMTS
- × — × W.F.
- — ● THIS STUDY

Figure D.9



APPENDIX D.6

The Percentage Contribution of Variance  
Component to the Model

Percentage Variance

Main Effects

SUB	7.29
TD	52.65
AL	1.14
AR	1.64

---

Subtotal	62.72
----------	-------

Second Order Interactions

TD.AL	0.33
TD.AR	0.11
AL.AR	0.36
SUB.AL	0.39
SUB.AR	0.64
SUB.TD	3.37

---

Subtotal	5.20
----------	------

Third Order Interactions

SUB.TD.AL	1.48
SUB.TD.AR	2.92
SUB.AL.AR	0.82
TD.AL.AR	0.01

---

Subtotal	5.23
----------	------

Fourth Order interaction and error term

SUB.TD.AL.AR	5.66
ERROR	21.19

---

Subtotal	26.85
----------	-------

---

TOTAL	100.00
-------	--------

APPENDIX E.1

The Computer Program to Collect HR Data, To Store  
It on The Magnetic Disk and To compute The HRV

```

0001 INTEGER*2 IHR(2,1000), ITEMS(13)
0002 LOGICAL*1 COND(6)
0003 REAL*4 LHR, LVOLT, MHR, MVOLT, LS, HRV(4,99)
0004 COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
*TTICK, IREP, ICOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
*ICHHR, ICHSE, ICHST, ICHPR, ICHRE, ICHED, LUNCRT, LUNPRN
0005 DATA COND/'S', , , , , /
0006 CALL START
0007 1 CALL LOOP(IBEAT)
0008 CALL OUTPUT(IBEAT)
0009 GO TO 1
0010 END
    
```

```
0001      SUBROUTINE OUTPUT(IBEAT)
0002      INTEGER*2 IHR(2,1000), ITEMS(13), YESNO2
0003      LOGICAL*1 COND(6)
0004      REAL*4 LHR, LVOLT, MHR, MVOLT, LS, HRV(4,99)
0005      COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
*ITICK, IREP, ICOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
*ICHHR, ICHSE, ICHST, ICHPR, ICHRE, ICHED, LUNCRT, LUNPRN
0006      CALL IEXAM(IBEAT)
0007      CALL ISTORE(IBEAT)
0008      CALL IEXAM2(IBEAT)
0009      828 WRITE(LUNCRT, 830)
0010      830 FORMAT(' / ' ARE THERE ANY CHANGES IN INPUT-DATA SPEC ?',
* ' <YES NO> ' /)
0011      IF(YESNO2(LUNCRT)) 828,690,840
0012      840 CALL ISPEC2
0013      841 CALL ISPEC3(ICONT,K)
0014      IF(ICONT.EQ.0) GO TO 842
0016      CALL ISPEC4(K)
0017      GO TO 840
0018      842 WRITE(LUNCRT, 832)
0019      832 FORMAT(' / ' IS RECALIBRATION NECESARRY ? <YES NO> ' /)
0020      IF(YESNO2(LUNCRT)) 842,690,844
0021      844 CALL CALSEC
0022      690 RETURN
0023      END
```

```
0001      SUBROUTINE START
0002      INTEGER*2 IHR(2,1000), ITEMS(13), YESNO2, ANS, YESNO
0003      LOGICAL*1 COND(6)
0004      REAL*4 LHR, LVOLT, MHR, MVOLT, LS, HRV(4,99)
0005      COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
*ITICK, IREP, ICOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
*ICHR, ICHSE, ICHST, ICHPR, ICHRE, ICHED, LUNCRT, LUNPRN
0006      CALL CLEAR
0007      TYPE 100
0008      100  FORMAT(' '/' HR AND HRV DATA-SAMPLING PROGRAM'//)
0009      500  TYPE 1000
0010      1000 FORMAT(' DO YOU NEED ANY HELP ?      <TYPE YES OR NO>'//)
0011      CALL YESNO(ANS)
0012      IF(ANS)500,600,510 !IF YES FOOL-PROOF-MODE ENABLE
0013      510  CALL INTROO
0014      CALL INTRO1
0015      IFOOL=1
0016      621  CALL YESNO(ANS)
0017      IF(ANS) 620,630,130
0018      630  TYPE 121
0019      121  FORMAT(' '/' ASSIGN LOGICAL UNIT NUMBERS TO THE DEVICES. '/'
* ' '///' BYE BYE' )
0020      STOP
0021      620  TYPE 122
0022      122  FORMAT(' TRY AGAIN !')
0023      GO TO 621
0024      600  IFOOL=0
0025      130  CALL IASS
0026      160  WRITE(LUNCRT,100)
0027      IF(IFOOL.EQ.0) GO TO 202
0029      CALL INTRO2(LUNCRT)
0030      202  CALL ISPEC1
0031      WRITE(LUNCRT,204)
0032      204  FORMAT(' '/' DO YOU WANT TO VERIFY THE SPECIFICATION ?' ,
* ' <YES OR NO>'//)
0033      IF(YESNO2(LUNCRT)) 202,212,214
0034      214  CALL ISPEC2
0035      CALL ISPEC3(ICONT,K)
0036      IF(ICONT.EQ.0) GO TO 212
0038      CALL ISPEC4(K)
0039      GO TO 214
0040      212  IF(IFOOL.EQ.0) GO TO 300
0042      CALL INTRO3(LUNCRT)
0043      300  CALL CALSEC
0044      IF(IFOOL.EQ.0) GO TO 690
0046      CALL INTRO4(LUNCRT)
0047      690  RETURN
0048      END
```

```

0001            SUBROUTINE IFTLE
0002            INTEGER*2 IHR(2,1000), ITEMS(13), YESNO2
0003            LOGICAL*1 COND(6), EXTENT(4)
0004            REAL*4 LHR, LVOLT, MHR, MVOLT, LS, HRV(4,99)
0005            COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
              *ITICK, IREP, ICOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
              *ICHHR, ICHSE, ICHST, ICHPR, ICHRE, ICHED, LUNCRT, LUNPRN
0006            DATA EXTENT/' ','D','A','T'/
0007            690    WRITE(LUNCRT,691)
0008            691    FORMAT(' ','/',' SUBJECT NUMBER ? <"I2">'/)
0009            READ(LUNCRT,692) (COND(I),I=2,3)
0010            692    FORMAT(2A1)
0011            WRITE(LUNCRT,693)
0012            693    FORMAT(' ','/',' RUN <CONDITION> NUMBER ? < UP TO 3 LETTERS>'/)
0013            READ(LUNCRT,694) (COND(I),I=4,6)
0014            694    FORMAT(3A1)
0015            WRITE(LUNCRT,695) (COND(I),I=1,6),(EXTENT(J),J=1,4)
0016            695    FORMAT(' ','/',' FILE NAME WILL BE;            ,6A1,4A1)
0017            696    WRITE(LUNCRT,697)
0018            697    FORMAT(' ','/',' IS THE FILE NAME CORRECT ?'/)
0019            IF(YESNO2(LUNCRT)) 696,690,700
0020            700    RETURN
0021            END

```

```
0001      SUBROUTINE CALSEC
0002      LOGICAL*1 COND(6)
0003      INTEGER*2 IHR(2,1000), ITEMS(13), YESNO2
0004      REAL*4 LS, LOHALF, LOWER, LHR, LVOLT, MHR, MVOLT, HRV(4,99)
0005      COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
*ITICK, IREP, ICOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
*ICHHR, ICHSE, ICHST, ICHPR, ICHRE, ICHED, LUNCRT, LUNPRN
      IBELL=8199
0006      WRITE(LUNCRT,131)
0007
0008 131  FORMAT(' '///' A/D CONVERTER CALIBRATION' /
* FOLLOW THE INSTRUCTIONS BELOW' /)
0009 22  WRITE(LUNCRT,132)IBELL
0010 132  FORMAT(' ',A1/' SET TACH SCALE SWITCH TO THE CENTER' )
0011 21  WRITE(LUNCRT,133)
0012 133  FORMAT('/' ARE YOU READY ? <YES OR NO> ----> '$)
0013      IF(YESNO2(LUNCRT)) 21,22,23
0014 23  WRITE(LUNCRT,20)
0015 20  FORMAT('/' Working !!' /)
0016      CALL CAL(ZERO,ICHHR)
0017      CALL CLEAR
0018 24  WRITE(LUNCRT,134)IBELL
0019 134  FORMAT(' ',A1/' SET TACH SCALE SWITCH TO -2CM.' )
0020 25  WRITE(LUNCRT,133)
0021      IF(YESNO2(LUNCRT)) 25,24,26
0022 26  WRITE(LUNCRT,20)
0023      CALL CAL(LOWER,ICHHR)
0024      CALL CLEAR
0025 28  WRITE(LUNCRT,135)IBELL
0026 135  FORMAT(' ',A1/' SET TACH SCALE SWITCH TO +2CM.' )
0027 27  WRITE(LUNCRT,133)
0028      IF(YESNO2(LUNCRT)) 27,28,29
0029 29  WRITE(LUNCRT,20)
0030      CALL CAL(UPPER,ICHHR)
0031      WRITE(LUNCRT,136)
0032 136  FORMAT(' CALIBRATION COMPLETED' /)
0033      UPHALF=UPPER-ZERO
0034      LOHALF=LOWER-ZERO
0035      SCALE=(UHR-LHR)/2.0
0036      IF(UPHALF.NE.0.0) GO TO 200
0037      US=0.0
0038      GO TO 210
0039 200  US=SCALE/UPHALF
0040 210  IF(LOHALF.NE.0.0) GO TO 220
0041      LS=0.0
0042      GO TO 230
0043 220  LS=SCALE/LOHALF
0044 230  RETURN
0045      END
```



```
0001 SUBROUTINE CAL(AVE, ICHAN)
0002 SUM=0.
0003 DO 1 I=1, 30
0004 J=ISLEEP(0, 0, 0, 10)
0005 SUM=SUM+IADC( ICHAN)
0006 1 CONTINUE
0007 AVE=SUM/30.
0008 RETURN
0009 END
```



```

0001 SUBROUTINE ISPEC2
0002 LOGICAL*1 CARD(80),CHA(12),COND(6)
0003 DATA CHA/'1','2','3','4','5','6','7','8','9',
* '0',,IHR,
0004 INTEGER*2 ITEMS(13),IHR(2,1000)
0005 REAL*4 LHR,LVOLT,MHR,MVOLT,LS,HRV(4,99)
0006 COMMON UHR,UVOLT,LHR,LVOLT,MHR,MVOLT,IHR,COND,
* ITICK,IREP,ICOND,IFLAG1,LS,US,ZERO,ITEMS,HRV,
* ICHHR,ICHSE,ICHST,ICHPR,ICHRE,ICHED,LUNCRT,LUNPRN

C
C
C
PRINT OUT THE TABLE CONTAINS ABOVE INFORMATION

0007 CALL CLEAR
0008 60 WRITE(LUNCRT,90)
0009 WRITE(LUNCRT,100) UHR,UVOLT,MHR,MVOLT,LHR,LVOLT,
* ITICK,IREP,IFLAG1,ICOND,
* ICHHR,ICHSE,ICHST,ICHPR,ICHRE,ICHED

0010 100 FORMAT(
* 1. HEART RATE VALUE WHEN THE PEN IS AT +2CM',T60,F5.1,
* B/M'/
* CORRESPONDING VOLTAGE',T60,F5.1,' DCV'/
* 2. HEART RATE VALUE WHEN THE PEN IS AT BASE LINE',
* T60,F5.1,' B/M'/
* CORRESPONDING VOLTAGE',T60,F5.1,' DCV'/
* 3. HEART RATE VALUE WHEN THE PEN IS AT -2CM',T60,
* F5.1,' B/M'/
* CRRESPONDING VOLTAGE',T60,F5.1,' DCV'/
* 4. HR-SAMPLING INTERVAL <1 TICK=1/60 SEC.>',T62,I3,
* TICK'/
* 5. NUMBER OF REPLICATIONS',T62,I3,' CYCS'/
* 6. STARTING/ENDING SIGNAL IS SUPPLIED YES=1 NO=0',
* T64,I1/
* 7. NUMBER OF EXPERIMENTAL CONDITIONS',T62,I3/
* /' A/D CONVERTER CHANNEL ASSIGNMENT',T61,' CHANNEL'//
* 8. HR-DATA FROM POLYGRAPH <J6>',T63,I2/
* 9. STARTING/ENDING SIGNAL',T63,I2/
* 10. START-SWITCH',T63,I2/
* 11. PAUSE/RESUME-SWITCH',T63,I2/
* 12. RESET-SWITCH',T63,I2/
* 13. END-SWITCH',T63,I2)
0011 90 FORMAT('////////' ITEM NO.',15X' DEFINITION',T60,' VALUE UNIT'//)
0012 RETURN
0013 END

```

```

0001 SUBROUTINE ISPEC3(ICONT,K)
0002 LOGICAL*1 CARD(80),CHA(12),COND(6)
0003 DATA,CHA/'1','2','3','4','5','6','7','8','9',
* '0',,1H,/,LUN/6/
0004 INTEGER*2 ITEMS(13),IHR(2,1000),YESNO2
0005 REAL*4 LHR,LVOLT,MHR,MVOLT,LS,HRV(4,99)
0006 COMMON UHR,UVOLT,LHR,LVOLT,MHR,MVOLT,IHR,COND,
* ITICK,IREP,ICOND,IFLAG1,LS,US,ZERO,ITEMS,HRV,
* ICHHR,ICHSE,ICHST,ICHPR,ICHRE,ICHED,LUNCRT,LUNFRN
0007 91 WRITE(LUNCRT,110)
0008 110 FORMAT(' ARE THE ALL INFORMATIONS CORRECT ?'//)
0009 IF(YESNO2(LUNCRT)) 91,20,30
0010 20 WRITE(LUNCRT,120)
0011 120 FORMAT(' '//' ENTER THE ITEM NO. FOR THE VALUE TO BE CHANGED'//
* ' MORE THAN ONE NO. CAN BE ENTERED AT-A TIME'//)
0012 31 READ(LUNCRT,200)(CARD(I),I=1,80)
0013 200 FORMAT(80A1)
0014 ITEM=0
0015 K=0
0016 DO 21 I=1,80
0017 DO 40 J=1,12
0018 IF(CARD(I).EQ.CHA(J)) GO TO 10
0020 40 CONTINUE
0021 WRITE(LUNCRT,130) CARD(I)
0022 130 FORMAT(' '//' ,A1, ': INVALID. RETYPE NUMBER(S)'//)
0023 GO TO 31
0024 10 IF(J.GE.11) GO TO 11
0026 IFLAG=0
0027 IF(J.EQ.10) J=0
0029 IF(ITEM.NE.0) GO TO 12
0031 IF(J.EQ.0) IFLAG2=1
0033 IF(J.NE.0) IFLAG2=0
0035 ITEM=J
0036 GO TO 13
0037 12 ITEM=ITEM*10+J
0038 IF((ITEM.GT.13).OR.(ITEM.LT.1)) GO TO 14
0040 GO TO 13
0041 11 IFLAG=1
0042 13 IF(IFLAG.NE.1) GO TO 21
0044 IF(IFLAG2.EQ.1) GO TO 14
0046 IF(ITEM.EQ.0) GO TO 21
0048 K=K+1
0049 ITEMS(K)=ITEM
0050 IFLAG=0
0051 ITEM=0
0052 IF(K.GE.13) GO TO 15,
GO TO 21
0054 14 WRITE(LUNCRT,140) ITEM
0055 140 FORMAT(' '//' ,I3, ': INVALID. PROGRAM IGNORES THIS NUMBER'//)
0056 IFLAG2=0
0057 ITEM=0
0058 IFLAG=0
0059 GO TO 21
0060 15 WRITE(LUNCRT,150) (CARD(L),L=I+1,80)
0061 150 FORMAT(' '//' TOO MANY NUMBERS. THE REST ARE IGNORED -->',80A1//)
0062 GO TO 22
0063

```

```
0064 21 CONTINUE
0065 22 CONTINUE
0066 WRITE(LUNCR1,159)
0067 159 FORMAT(' ', ' THE VALUES FOR THE ITEMS 1 - 3 ARE REAL'
*' NUMBERS, SUCH AS 12.3 ', ' I.E. MUST HAVE A DECIMAL POINT'//
*' THE REST, ITEMS 4 - 13, ARE ALL INTEGER NUMBERS.'//
*' I.E. MUST NOT HAVE ". ". '//)
0068 NN=ISLEEP(0,0,5,0)
0069 IF(K.EQ.0) GO TO 91
0071 ICONT=1
0072 RETURN
0073 30 ICONT=0
0074 RETURN
0075 END
```

```

0001 SUBROUTINE ISPEC4(K)
0002 LOGICAL*1 CARD(80),CHA(12),COND(6)
0003 DATA,CHA/'1','2','3','4','5','6','7','8','9',
*0',',1H,/,LUN/67
0004 INTEGER*2 ITEMS(13),IHR(2,1000)
0005 REAL*4 LHR,LVOLT,MHR,MVOLT,LS,HRV(4,99)
0006 COMMON UHR,UVOLT,LHR,LVOLT,MHR,MVOLT,IHR,COND,
*ITICK,IREP,ICOND,IFLAG1,LS,US,ZERO,ITEMS,HRV,
*ICHHR,ICHSE,ICHST,ICHPR,ICHRE,ICHED,LUNCRT,LUNPRN
0007 DO 50 I=1,K
0008 GO TO (301,302,303,304,305,306,307,308,309,310,311,312,313),
*ITEMS(I)
0009 301 WRITE(LUNCRT,160)
0010 160 FORMAT(' ','/',' ENTER THE HR VALUE WHEN THE PEN IS AT +2CM'//)
0011 READ(LUNCRT,210) UHR
0012 210 FORMAT(F6.2)
0013 WRITE(LUNCRT,161)
0014 161 FORMAT(' ','/',' WHAT IS THE VOLTAGE THEN ?'//)
0015 READ(LUNCRT,210) UVOLT
0016 GO TO 50
0017 302 WRITE(LUNCRT,162)
0018 162 FORMAT(' ','/',' ENTER THE HR VALUE WHEN THE PEN IS AT BASE LINE'//)
0019 READ(LUNCRT,210) MHR
0020 WRITE(LUNCRT,161)
0021 READ(LUNCRT,210) MVOLT
0022 GO TO 50
0023 303 WRITE(LUNCRT,163)
0024 163 FORMAT(' ','/',' ENTER THE HR VALUE WHEN THE PEN IS AT -2CM'//)
0025 READ(LUNCRT,210) LHR
0026 WRITE(LUNCRT,161)
0027 READ(LUNCRT,210) LVOLT
0028 GO TO 50
0029 304 WRITE(LUNCRT,164)
0030 164 FORMAT(' ','/',' ENTER DESIRED HR SAMPLING INTERVAL',
*' IN TICKS <=1/60 SEC.>'//)
0031 READ(LUNCRT,220) ITICK
0032 220 FORMAT(I2)
0033 GO TO 50
0034 305 WRITE(LUNCRT,165)
0035 165 FORMAT(' ','/',' ENTER THE NO. OF REPLICATIONS IN AN',
*' EXPERIMENTAL CONDITION'//)
0036 READ(LUNCRT,220) IREP
0037 GO TO 50
0038 306 WRITE(LUNCRT,166)
0039 166 FORMAT(' ','/',' TYPE 1 IF STARTING/ENDING SIGNAL IS SUPPLIED'/
*' OTHERWISE TYPE 0'//)
0040 READ(LUNCRT,220) IFLAG1
0041 GO TO 50
0042 307 WRITE(LUNCRT,167)
0043 167 FORMAT(' ','/',' ENTER THE NO. OF EXPERIMENTAL CONDITIONS'//)
0044 READ(LUNCRT,220) ICOND
0045 GO TO 50
0046 308 WRITE(LUNCRT,168)
0047 168 FORMAT(' ','/',' ENTER THE CHANNEL NO. FOR THE HR-INPUT'//)
0048 READ(LUNCRT,220) ICHHR
0049 GO TO 50

```

```
0050 309 WRITE(LUNCRT,169)
0051 169 FORMAT(' '//' ENTER THE CHANNEL NO. FOR STARTING/ENDING',
*' SIGNAL'//)
0052 READ(LUNCRT,220) ICHSE
0053 GO TO 50
0054 310 WRITE(LUNCRT,170)
0055 170 FORMAT(' '//' ENTER THE CHANNEL NO. FOR START-SWITCH'//)
0056 READ(LUNCRT,220) ICHST
0057 GO TO 50
0058 311 WRITE(LUNCRT,171)
0059 171 FORMAT(' '//' ENTER THE CHANNEL NO. FOR PAUSE/RESUME-SWITCH'//)
0060 READ(LUNCRT,220) ICHPR
0061 GO TO 50
0062 312 WRITE(LUNCRT,172)
0063 172 FORMAT(' '//' ENTER THE CHANNEL NO. FOR RESET-SWITCH'//)
0064 READ(LUNCRT,220) ICHRE
0065 GO TO 50
0066 313 WRITE(LUNCRT,173)
0067 173 FORMAT(' '//' ENTER THE CHANNEL NO. FOR END-SWITCH'//)
0068 READ(LUNCRT,220) ICHED
0069 50 CONTINUE
0070 RETURN
0071 END
```

```
0001      SUBROUTINE INTROO
0002      TYPE 1001
0003      1001  FORMAT(' THIS PROGRAM IS USED TO MESURE HR AND HRV OF A',
*          SUBJECT'//
*          IT IS ASSUMED THAT THE USER OF THIS PROGRAM IS FAMILIAR TO '//
*          1. HR AND HRV, '//
*          2. GRASS POLYGRAPH AND'//
*          3. PDP-11/03 AND RT-11'//
*          ' THIS PROGRAM CONSISTES OF THE FOLLOWING SECTIONS;'//
*          1. INPUT-DATA SPECIFICATIONS SECTION'//
*          2. CALIBRATION SECTION'//
*          3. DATA-SAMPLING SECTION'//
*          IN THE FIRST SECTION, SPECIFICATIONS ON THE INPUT DATA'//
*          ARE DEFINED. IN CASE THE SPECIFICATIONS ARE DIFFERNT'//
*          FROM THE ONES YOU INTEND TO USE, YOU MUST REDEFINE THEM'//
*          ' IN THE SECOND SECTION, THE CALIBRATION OF THIS PROGRAM'//
*          IS PERFORMED. THE CALIBRATION OF GRASS POLYGRAPH IS A'//
*          PREREQUISITE FOR THIS SECTION'//
*          ' THE LAST SECTION IS FOR COLLECTING THE DATA. THIS IS'//
*          DONE BY USING THE INFORMATION WHICH HAS BEEN GIVEN IN THE'//
*          FIRST SCETION. THE PROGRAM CAN OBSERVE UP TO 1000 HEART'//
*          BEATS OR AT LEAST 8 MINUTES IN A CONTINUOUS RUN, WHEN THE'//
*          AVERAGE HEART RATE IS LESS THAN 120 BEATS PER MIN.'//
*          IT WAS INTENDED TO WRITE THIS PROGRAM IN A STYLE, SO-CALLED'//
*          INTERACTIVE SYSTEM FOR USER CONVINIENCE. ONCE THE PROGRAM'//
*          HAS BEEN STARTED TO EXECUTE, THE PROGRAM SHOULD BE CONTROLLED'//
*          BY THE CONTROLLER BUILT FOR THIS PROGRAM. THE USE OF KEY-BOARD'//
*          COMMANDS SUCH AS CTRL/C AND CTRL/A ETC. IS NOT RECOMMENDED'//
*          THE FUNCTION OF THE FOUR SWITCHES ON THE CONTROLLER IS'//
*          EXPLAIND BELOW.'//
*          1. START-SWITCH'//
*          ENABLES FOR THE PROGRAM TO START COLLECTING HR DATA.'//
*          WHEN STARTING/ENDING SIGNAL IS SUPPOSED TO BE SUPPLIED'//
*          FROM ANOTHER SOURCE, PROGRAM WILL NOT START UNTILL THE'//
*          SIGNAL IS GIVEN. OTHERWISE PROGRAM'//
*          STARTS IMMIDIATELY.'//
0004      RETURN
0005      END
```



```
0001 SUBROUTINE INTROL
0002 TYPE 120
0003 120 FORMAT(' 2. PAUSE/RESUME-SWITCH'/
* ' WHEN THIS SWITCH IS AT THE PAUSE POSITION, THE'//
* ' EXECUTION OF THE PROGRAM IS TEMPORARY HELD. WHEN THE '//
* ' SWITCH IS REPOSITIONED, PROGRAM RESUMES ITS'//
* ' EXECUTION. EXCESSIVE USE OF PAUSE CAUSES THE DIS-'//
* ' CHARGE OF BATTERY.'//
* ' 3. RESET-SWITCH'//
* ' IS TO DISCONTINUE THE EXECUTION OF THE PROGRAM FOR THE'//
* ' RUN. THE DATA COLLECTED IN THE RUN WILL BE LOST.'//
* ' TO RE-START, PRESS THE START-SWITCH.'//
* ' 4. END-SWITCH'//
* ' CAUSES TERMINATION FROM THE DATA-COLLECTION FOR THE'//
* ' RUN. HR AND HRV FOR THE RUN WILL BE COMPUTED AND'//
* ' STORED ON THE DISK. WHEN STARTING/ENDING SIGNAL IS'//
* ' SUPPOSED TO BE SUPPLIED FROM ANOTHER SOURCE, PROGRAM'//
* ' WILL NOT TERMINATES TILL THE SIGNAL IS GIVEN.'//
* ' '// TO USE THIS PROGRAM AS EFFECTIVE AS IT WAS DESIGNED'//
* ' THE FOLLOWING PROCEDURES MUST BE EXECUTED.'//
* ' 1. ASSIGN A NUMBER <LOGICAL UNIT NUMBERR> TO THE CRT'//
* ' TERMINAL AND ENTER THE NUMBER TO THIS PROGRAM AS LUNCRT.'//
* ' 2. ASSIGN ANOTHER NUMBER <LOGICAL UNIT NUMBER> TO THE'//
* ' PRINTER AND ENTER THIS NUMBER AS LUNPRN.'//
* ' '// HOWEVER, THESE LOGICAL UNIT NUMBERS MUST HAVE BEEN'//
* ' ASSIGNED TO THE DEVICES <TT: AND LP:> BEFORE THEY ARE ENTERED '//
* ' INTO THIS PROGRAM.'//
* ' '// IF YOU ARE READY TO ENTER THESE LUNCRT AND LUNPRN'//
* ' TYPE YES, IF NOT TYPE NO')
0004 RETURN
0005 END
```

```
0001      SUBROUTINE INTRO2(LUNCRT)
0002      WRITE(LUNCRT,162)
0003      REWIND LUNCRT
0004      END FILE LUNCRT
0005  162  FORMAT(' '// INPUT-DATA SPECIFICATIONS SECTION'//
* ' '// ALL THE SPECIFICATIONS ARE PRESET IN THIS'//
* ' PROGRAM. HOWEVER, THEY MAY NOT BE SUITABLE FOR THE PURPOSE OF'//
* ' YOUR STUDY. IF THIS IS THE CASE, THEN YOU MUST REDEFINE'//
* ' THE SPECIFICATIONS. '//
* ' SOMETIMES, DURING THE EXPERIMENT, IT MAY HAPPEN '/
* ' THAT IT IS NECESSARY TO CHANGE SOME OF THE SPECIFICATIONS.'//
* ' IN SUCH A CASE, PROGRAM PROMPTS TO MAKE SUCH A REQUEST '/
* ' BETWEEN THE RUNS'//)
0006      RETURN
0007      END
```

```
0001 SUBROUTINE INTRO3(LUNCRT)
0002 300 WRITE(LUNCRT,302)
0003 REWIND LUNCRT
0004 END FILE LUNCRT
0005 302 FORMAT(' '// CALIBRATION SECTION'//
*' THIS SECTION IS FOR CALIBRATING THE SCALE FACTORS IN THE'//
*' PROGRAM LOGIC WHICH CONVERTS INPUT ANALOG HR DATA IN TO'//
*' DIGITAL HR VALUE. THIS PROCEDURE MUST BE PERFORMED AT THE'//
*' BEGINING OF THE EXPERIMENT AND WHENEVER THE GRASS POLYGRAPH'//
*' HAS BEEN RECALIBRATED.'//)
0006 RETURN
0007 END
```

```

0001 SUBROUTINE INTRO4(LUNCRT)
0002 WRITE(LUNCRT,140)
0003 140 FORMAT(' ',///, 'DATA-SAMPLING SECTION'//
* ' '///, 'IN THIS SECTION THE HR DATA IS ACTUALLY'//
* ' COLLECTED. AT THE BEGINNING OF EACH RUN <EXPERIMENTAL'//
* ' CONDITION>, PROGRAM PROMPTS TO INPUT SUBJECT NUMBER AND'//
* ' RUN NUMBER. SUBJECT NUMBER IS USE TO IDENTIFY THE SUBJECTS'//
* ' AND THE NUMBER CAN BE 00 TO 99 INCLUSIVE. THE RUN NUMBER IS'//
* ' FOR RECORDING THE EXPERIMENTAL CONDITION. THE FORMAT FOR'//
* ' THE RUN NUMBER IS "A3", THEREFOR EXPERIMENTS WITH UP TO'//
* ' 999 CONDITIONS CAN BE HANDLED BY THIS PROGRAM.) HOWEVER, WHEN'//
* ' THE NUMBER OF CONDITIONS IS LESS THAN 99, THE (THIRD DIGIT'//
* ' CAN BE LEFT BLANK OR CAN BE FILLED WITH YOUR INITIAL.'//
* ' /, THE DATA WILL BE STORED ON THE DISK WITH FILE NAME'//
* ' SXXXXY.DAT , WHEN THE RUN HAS BEEN COMPLETED. THESE'//
* ' X"S INDICATE THE SUBJECT NUMBER AND YYY IS FOR THE RUN NUMBER.'//
* ' EACH RUN <CONDITION> NUMBER MUST BE DIFFERENT FOR A SUBJECT.'//
* ' GIVING <USING> THE SAME RUN NUMBER WILL RESULT'//
* ' IN DELETING THE DATA-FILE ON THE DISK WITH THE SAME FILE NAME.'//
* ' TO AVOID THIS INCONVENIENCE <LOSING THE DATA FOR A CONDITION>'//
* ' THE SIXTH COL. OF THE FILE NAME <THIRD "Y"> SHOULD BE CHANGED'//
* ' WHEN AN EXPERIMENTAL CONDITION IS REPEATED, OR WHEN A FILE'//
* ' WITH THE SAME FILE NAME IS ALREADY STORED ON THE DISK.'//
* ' /, AFTER THE EXPERIMENT, THE EXTENTION OF THE FILE'//
* ' NAMES "DAT" SHOULD BE CHANGED TO A UNIQUE EXTENTION NAME'//
* ' TO AVOID DELETING A FILE "ACCIDENTALLY".'//
* ' AFTER THIS MESSAGE, THE PROGRAM SHOULD ONLY BE CONTROLLED'//
* ' BY THE CONTROLER. AN ATEMPT TO TERMINATE FROM THE RUN'//
* ' BY USING CTRL/C WILL RESULT IN LOSING THE DATA FOR THE RUN'//
* ' AND YOU WILL HAVE TO REDEFINE THE SPEC.'//
0004 RETURN
0005 END

```

```

0001 SUBROUTINE ISTORE(IBEAT)
0002 LOGICAL*1 COND(6)
0003 INTEGER*2 OSIGN, OLDDID, OLDHR, IHR(2,1000), ITEMS(13)
0004 REAL*4 HRV(4,99), LHR, LVOLT, MHR, MVOLT, LS
0005 COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
*TTICK, IREP, IOCOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
*ICHHR, ICHSE, ICHST, ICHPR, ICHRE, ICHED, LUNCRT, LUNPRN
0006 WRITE(LUNPRN,1100) (COND(I), I=1,6)
0007 1100 FORMAT(' '///'///' HR AND HRV DATA', 5X, 'CONDITION=' ,6A1//
* '10(' BEAT CYC HR'),//)
0008 DO 1110 I=1, IBEAT, 10
0009 IF(I+9.LE.IBEAT) GO TO 1111
0010 II=IBEAT
0011 GO TO 1112
0012 1111 II=I+9
0013 1112 WRITE(LUNPRN,1113) (J, IHR(1,J), IHR(2,J), J=I, II)
0014 1113 FORMAT(' ', 10(I4, I3, I6))
0015 1110 CONTINUE
0016 REWIND LUNPRN
0017 WRITE(LUNPRN,1120)
0018 1120 FORMAT(' '///'///' , 'ITEM', 5(' CYC. VALUE '))//)
0019 DO 1116 I=1, IREP, 5
0020 IF(I+4.LE.IREP) GO TO 1122
0021 II=IREP
0022 GO TO 1114
0023 1122 II=I+4
0024 1114 CONTINUE
0025 WRITE(LUNPRN,1118) (J, HRV(1,J), J=I, II)
0026 1118 FORMAT(' NEUM', 5(I4, I4, F16.2))
0027 WRITE(LUNPRN,1124) (J, HRV(2,J), J=I, II)
0028 1124 FORMAT(' DENO', 5(I4, I4, F16.0))
0029 WRITE(LUNPRN,1125) (J, HRV(3,J), J=I, II)
0030 1125 FORMAT(' HRV ', 5(I4, I4, F16.7))
0031 WRITE(LUNPRN,1126) (J, HRV(4,J), J=I, II)
0032 1126 FORMAT(' HR ', 5(I4, I4, F16.2))
0033 WRITE(LUNPRN,1119)
0034 REWIND LUNPRN
0035 1119 FORMAT(' ')
0036 1116 CONTINUE
0037 IREC=1
0038 II=IBEAT+1
0039 IHR(1, II)=99
0040 IHR(2, II)=0
0041 CALL ASSIGN(4, COND, 6)
0042 DEFINE FILE 4 (II, 2, U, IREC)
0043 DO 1130 I=1, II
0044 WRITE(4'IREC) IHR(1, I), IHR(2, I)
0045 1130 CONTINUE
0046 CALL CLOSE(4)
0047 RETURN
0048 END
0049
0050

```

```
0001 SUBROUTINE IEXAM(IBEAT)
0002 LOGICAL*1 COND(6)
0003 INTEGER*2 OSIGN,OLDHR,IHR(2,1000),ITEMS(13)
0004 REAL*4 HRV(4,99),LHR,LVOLT,MHR,MVOLT,LS
0005 COMMON UHR,UVOLT,LHR,LVOLT,MHR,MVOLT,IHR,COND,
*ITICK,IREF,ICOND,IFLAG1,LS,US,ZERO,ITEMS,HRV,
*ICHR,ICHSE,ICHST,ICHR,ICHRE,ICHED,LUNCRT,LUNPRN
0006 ICYC=0
0007 IB=0
0008 DO 999 I=1,IBEAT
0009 IB=IB+1
0010 IF(IHR(1,I).EQ.ICYC) GO TO 900
0011 ICYC=ICYC+1
0012 OLDHR=IHR(2,I)
0013 OSIGN=0
0014 HR=OLDHR*0.1
0015 HRO=HR
0016 IFLAG=0
0017 GO TO 960
0018 900 NEWHR=IHR(2,I)
0019 HR=NEWHR*0.1
0020 HRD=HR-HRO
0021 IF(IFLAG.EQ.1) GO TO 920
0022 IF(HRD) 910,960,910
0023 910 IFLAG=1
0024 920 IF(HRD) 930,960,940
0025 930 NSIGN=-1
0026 HRV(1,ICYC)=HRV(1,ICYC)-HRD
0027 GO TO 950
0028 940 NSIGN=1
0029 IF(OSIGN.EQ.0) GO TO 952
0030 IF(OSIGN.NE.NSIGN) HRV(2,ICYC)=HRV(2,ICYC)+1.
0031 OSIGN=NSIGN
0032 OLDHR=NEWHR
0033 HRO=HR
0034 960 HRV(4,ICYC)=HRV(4,ICYC)+HR
0035 IF(1.EQ.IBEAT) GO TO 970
0036 IF(IHR(1,I).EQ.IHR(1,I+1)) GO TO 999
0037 970 IF(HRV(2,ICYC).EQ.0.0) GO TO 980
0038 HRV(3,ICYC)=HRV(1,ICYC)/HRV(2,ICYC)
0039 980 HRV(4,ICYC)=HRV(4,ICYC)/IB
0040 IB=0
0041 999 CONTINUE
0042 RETURN
0043 END
```

```

0001 SUBROUTINE IEXAM2(IBEAT)
0002 LOGICAL*1 COND(6)
0003 INTEGER*2 OSIGN,OLDHR,IHR(2,1000),ITEMS(13)
0004 REAL*4 HRV(4,99),LHR,LVOLT,MHR,MVOLT,LS
0005 COMMON UHR,UVOLT,LHR,LVOLT,MHR,MVOLT,IHR,COND,
*ITICK,IREP,ICOND,IFLAG,LS,US,ZERO,ITEMS,HRV,
*ICHR,ICHSE,ICHST,ICHPR,ICHRE,ICHED,LUNCRT,LUNPRN
0006 ICYC=0
0007 IB=0
0008 HRV(1,1)=0.
0009 HRV(2,1)=0.
0010 HRV(3,1)=0.
0011 HRV(4,1)=0.
0012 DO 999 I=1,IBEAT
0013 IB=IB+1
0014 IF(ICYC.EQ.1) GO TO 900
0016 ICYC=1
0017 OLDHR=IHR(2,I)
0018 OSIGN=0
0019 HR=OLDHR*0.1
0020 HRO=HR
0021 IFLAG=0
0022 GO TO 960
0023 900 NEWHR=IHR(2,I)
0024 HR=NEWHR*0.1
0025 HRD=HR-HRO
0026 IF(IFLAG.EQ.1) GO TO 920
0028 IF(HRD) 910,960,910
0029 910 IFLAG=1
0030 920 IF(HRD) 930,960,940
0031 930 NSIGN=-1
0032 HRV(1,ICYC)=HRV(1,ICYC)-HRD
0033 GO TO 950
0034 940 NSIGN=1
0035 950 IF(OSIGN.EQ.0) GO TO 952
0037 IF(OSIGN.NE.NSIGN) HRV(2,ICYC)=HRV(2,ICYC)+1.
0039 952 OSIGN=NSIGN
0040 OLDHR=NEWHR
0041 HRO=HR
0042 960 HRV(4,ICYC)=HRV(4,ICYC)+HR
0043 IF(I.EQ.IBEAT) GO TO 970
0045 GO TO 999
0046 970 IF(HRV(2,ICYC).EQ.0.0) GO TO 980
0048 HRV(3,ICYC)=HRV(1,ICYC)/HRV(2,ICYC)
0049 980 HRV(4,ICYC)=HRV(4,ICYC)/IB
0050 999 CONTINUE
0051 WRITE(LUNPRN,1) (HRV(I,ICYC),I=1,4)
0052 1 FORMAT(' ',//
*' OVERALL NEUM. ',T20,F16.2/
*' DENO. ',T20,F16.0/
*' HRV.',T20,F16.5/
*' HR',T20,F16.4)
0053 REWIND LUNPRN
0054 RETURN
0055 END

```

```

0001      SUBROUTINE LOOP(IBEAT)
0002      INTEGER*4 JTIME
0003      INTEGER*2 IHR(2,1000), ITEMS(13), YESNO2, ON, OFF,
      *SWITCH, OLDHR
0004      LOGICAL*1 COND(6)
0005      REAL*4 LHR, LVOLT, MHR, MVOLT, LS, HRV(4,99)
0006      COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
      *ITICK, IREP, ICOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
      *ICHHR, ICHSE, ICHST, ICHPR, ICHRE, ICHD, LUNCRT, LUNPRN
      TICK=ITICK
0007      690 CALL IFILE
0008      WRITE(LUNCRT,701)
0009      701 FORMAT(' /' TO START SAMPLING PRESS START SWITCH'//)
0010      700 CALL INITIA
0011      ON=1
0012      OFF=-1
0013      IFLAG1=0
0014      IFLAGS=0
0015      IFLAG2=0
0016      IFLAG3=0
0017      IFLAG4=0
0018      LASTSE=OFF
0019      IBEAT=0
0020      OLDHR=0
0021      ID=0
0022      IHR=0
0023      ISTOP=0
0024      IF(IFLAG1.EQ.0) ID=1
0026      CALL NAP(ICHST,ZERO)
0027      705 IF(IFLAG1.EQ.0) GO TO 720
0029      IF(IFLAGS.EQ.1) GO TO 708
0031      IFLAGS=1
0032      CALL NAP(ICHSE,ZERO)
0033      708 IF(SWITCH(ICHSE,ZERO).EQ.OFF) GO TO 710
0035      IF(LASTSE.EQ.ON) GO TO 720
0037      LASTSE=ON
0038      ID=ID+1
0039      IF(ID.GT.IREP) GO TO 900
0041      IF(IFLAG4.EQ.1) GO TO 900
0043      GO TO 720
0044      710 LASTSE=OFF
0045      GO TO 720
0046      718 IFLAG1=0
0047      720 IF(SWITCH(ICHPR,ZERO).EQ.ON) GO TO 718
0049      IF(SWITCH(ICHRE,ZERO).EQ.OFF) GO TO 730
0051      WRITE(LUNCRT,200)
0052      200 FORMAT(' /' A RESET REQUEST HAS BEEN ACCEPTED'//)
0053      722 WRITE(LUNCRT,201)
0054      201 FORMAT(' /' SAME EXPERIMENTAL CONDITION ? <YES OR NO>'//)
0055      IF(YESNO2(LUNCRT)) 722,690,725
0056      725 WRITE(LUNCRT,203)
0057      203 FORMAT(' /' TO RESTART, PRESS START-SWITCH'//)
0058      GO TO 700
0059      730 IF(SWITCH(ICHED,ZERO).EQ.ON) IFLAG4=1
0061      IF((IFLAG4.EQ.1).AND.(IFLAG1.EQ.0)) GO TO 900
0063      IF(IFLAG1.EQ.1) GO TO 790
0065      IFLAG1=1

```



```
0066      CALL GTIM(JTIME)
0067      CALL CVTTIM(JTIME, IH, IM, IS, IT)
0068 790    IT=IT+ITICK
0069      IF (IT.LE.59) GO TO 800
0071      IT=IT-60
0072      IS=IS+1
0073      IF (IS.LE.59) GO TO 800
0075      IS=0
0076      IM=IM+1
0077      IF (IM.LE.59) GO TO 800
0079      IH=IH+1
0080      IM=0
0081      IF (IH.LE.23) GO TO 800
0083      IH=0
0084 800    JTIME=IUNTIL(IH, IM, IS, IT)
0085      DIFF=IADC(ICHR)-ZERO
0086      IF (DIFF)804,803,802
0087 802    HR=MHR-DIFF*LS
0088      GO TO 805
0089 803    HR=MHR
0090      GO TO 805
0091 804    HR=MHR+DIFF*US
0092 805    NEWHR=(HR+0.05)*10.0
0093      IF (IABS(OLDHR-NEWHR).GT.90) GO TO 812
0095 811    ICOUNT=ICOUNT+1
0096      IAHR=IAHR+NEWHR
0097      NEWHR=IAHR/ICOUNT
0098      ELAPSD=(TICK+1.5)*ICOUNT/60.
0099      CHR=NEWHR
0100      CHR=CHR*0.1
0101      XLIMIT=60./CHR
0102      IF (ELAPSD.LE.XLIMIT) GO TO 705
0104 812    IBEAT=IBEAT+1
0105      IF (IBEAT.GE.999) ISTOP=1
0107      IAHR=0
0108      ICOUNT=0
0109 820    IHR(1, IBEAT)=ID
0110      IHR(2, IBEAT)=NEWHR
0111      OLDHR=NEWHR
0112      WRITE(LUNCRT,1) ID, IBEAT, HR
0113 1      FORMAT(' ',2I4,F8.0)
0114      IF (ISTOP.EQ.1) GO TO 850
0116      GO TO 705
0117 850    IBELL=8199
0118      WRITE(LUNCRT,860)IBELL
0119 860    FORMAT(' ',A1,' NO. OF BEATS HAS REACHED TO 999.'//
* PROGRAM STOPED COLLECTING DATA.'//)
0120 900    RETURN
0121      END
```

```
0001 FUNCTION SWITCH(ICHAN, ZERO)
0002 INTEGER*2 SWITCH
0003 SWITCH=-1
0004 IF (IADC(ICHAN).GE.ZERO+500.) SWITCH=1
0006 RETURN
0007 END
```

```

0001 SUBROUTINE IASS
0002 INTEGER*2 IHR(2,1000), ITEMS(13)
0003 LOGICAL*1 COND(6), EXTENT(4)
0004 REAL*4 LHR, HRV(4,99), LVOLT, MHR, MVOLT, LS
0005 COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
*ITICK, IREP, ICOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
*ICHHR, ICHSE, ICHST, ICHPR, ICHRE, ICHED, LUNCRT, LUNPRN
0006 TYPE 131
0007 131 FORMAT(' '/' ENTER LUNCRT'//)
0008 ACCEPT 132, LUNCRT
0009 132 FORMAT(I2)
0010 TYPE 133
0011 133 FORMAT(' '/' ENTER LUNPRN'//)
0012 ACCEPT 134, LUNPRN
0013 134 FORMAT(I2)
0014 TYPE 135
0015 135 FORMAT(' '/' AFTER THIS MESSAGE THE CONTROL OF THIS',
*PROGRAM IS MOVED TO THE CRT.'////', BYE'////')
0016 RETURN
0017 END

```

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```
0001 SUBROUTINE NAP (ICHAN, ZERO)
0002 1. IF (LADC(ICHAN).LT.ZERO+.500.) GO TO 1
0004 RETURN
0005 END
```

```
0001 SUBROUTINE YESNO(ANSWER)
      C ANSWER=1 WHEN ANSWER IS YES
      C ANSWER=0 WHEN ANSWER IS NO
      C ANSWER=-1 WHEN ANSWER IS INVALID
0002 INTEGER*2 ANSWER, YESNO
0003 LOGICAL*1 ANS(11), Y, E, S, N, O, BLANK
0004 DATA Y/'Y', E/'E', S/'S', N/'N', O/'O', BLANK/' ', IBELL/8199/
0005 ANS(11)=BLANK
0006 ACCEPT 201, (ANS(I), I=1, 10)
0007 201 FORMAT(10A1)
0008 DO 1 I=1, 10
0009 IF(ANS(I).EQ.BLANK) GO TO 1
0011 IF((ANS(I).EQ.N).AND.(ANS(I+1).EQ.O).AND.(ANS(I+2).EQ.BLANK)
*) GO TO 2
0013 IF((ANS(I).EQ.Y).AND.(ANS(I+1).EQ.E).AND.(ANS(I+2).EQ.S)
*) AND.(ANS(I+3).EQ.BLANK)) GO TO 3
GO TO 200
0015 CONTINUE
0016 200 TYPE 102, IBELL, (ANS(II), II=1, 10)
0017 102 FORMAT(' ', A1/' ', 10A1, ' : INVALID')
0018 ANSWER=-1.
0019 RETURN
0020 ANSWER=0.
0021 2 RETURN
0022 ANSWER=1.
0023 3 RETURN
0024 RETURN
0025 END
```

```
0001 FUNCTION YESNO2(LUNCRT) .
0002 INTEGER*2 YESNO2
0003 LOGICAL*1 ANS(11),Y,E,S,N,O,BLANK
0004 DATA Y/'Y'/,E/'E'/,S/'S'/,N/'N'/,O/'O'/,BLANK/' '/,IBELL/8199/
0005 ANS(11)=BLANK
0006 READ(LUNCRT,201) (ANS(I),I=1,10)
0007 201 FORMAT(10A1)
0008 DO 1 I=1,10
0009 IF(ANS(I).EQ.BLANK) GO TO 1
0011 IF((ANS(I).EQ.N).AND.(ANS(I+1).EQ.O).AND.(ANS(I+2).EQ.BLANK)
*) GO TO 2
0013 IF((ANS(I).EQ.Y).AND.(ANS(I+1).EQ.E).AND.(ANS(I+2).EQ.S)
*) .AND.(ANS(I+3).EQ.BLANK)) GO TO 3
0015 GO TO 200
0016 1 CONTINUE
0017 200 TYPE 102,IBELL,(ANS(II),II=1,10)
0018 102 FORMAT('A1/',10A1,' : INVALID')
0019 YESNO2=-1.
0020 RETURN
0021 2 YESNO2=0.
0022 RETURN
0023 3 YESNO2=1.
0024 RETURN
0025 END
```

```
0001 SUBROUTINE INITIA
0002 INTEGER*2 IHR(2,1000), ITEMS(13), YESNO2, ON, OFF, YESNO, ANS,
      *SWITCH, OLDR
0003 LOGICAL*1 COND(6), EXTENT(4)
0004 REAL*4 LHR, LVOLT, MHR, MVOLT, LS, HRV(4,99)
0005 COMMON UHR, UVOLT, LHR, LVOLT, MHR, MVOLT, IHR, COND,
      *TTICK, IREP, ICOND, IFLAG1, LS, US, ZERO, ITEMS, HRV,
      *ICHHR, ICHSE, ICHST, ICHPR, ICHRE, ICHED, LUNCRT, LUNPRN
0006 DO 2 I=1,4
0007 DO 2 J=1,99
0008 HRV(I,J)=0.0
0009 2 CONTINUE
0010 DO 3 I=1,2
0011 DO 3 J=1,1000
0012 IHR(I,J)=0
0013 3 CONTINUE
0014 RETURN
0015 END
```

APPENDIX E.2

The Computer Program for The PDP 11/03 To  
Communicate with WYLBUR



```

0001 PROGRAM WYLBUR
0002 IMPLICIT INTEGER (C,N,R,X,Q,S)
0003 COMMON RCSRI,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
      *NEWCHA
0004 LOGICAL*1 WHAT(18),WNAME(20),FET(10)
0005 INTEGER FILE(10500)
0006 COMMON/BIG/ FILE
0007 DATA FET/'F','E','T',,,'*',,,'C','L','E',"015/,
      *WHAT/'W','h','a','t',,,'d','o','y','o','u',,
      *'m','e','a','n','t','?'/'

C
0008 CALL COMDAT
0009 900 IESCS=0
0010 CALL WYLOOP(IGOTO)
0011 GO TO(1100,1050,3000,4000,5000,6000,1010,1200) IGOTO
0012 1010 DO 1015 I=1,18
0013 NEWCHA=WHAT(I)
0014 CALL SNDCRT
0015 1015 CONTINUE
0016 NEWCHA="7
0017 CALL SNDCRT
0018 NEWCHA="215
0019 CALL SNDWYL
0020 GO TO 900
0021 1050 IESCS=1
0022 1100 NEWCHA="012
0023 CALL SNDCRT
0024 NEWCHA="215
0025 CALL SNDCRT
0026 CALL IPOKEB(RCSRI,"100) ! ENABLE INTERRUPT SERVICE
0027 CALL ASSIGN(1,-1) ! DISABLE INTERRUPT SERVICE
0028 CALL IPOKEB(RCSRI,0)

C
0029 IF(IESCS.NE.0) GO TO 2000
0031 CALL RCV
0032 GO TO 900

C ! ESC S
0033 2000 CALL SEND
0034 GO TO 900

C
0035 1200 CALL ACC
0036 GO TO 900

C
0037 3000 DO 3010 I=1,10
0038 NEWCHA=FET(I)
0039 CALL SNDWYL
0040 CALL SNDCRT
0041 3010 CONTINUE
0042 I=0
0043 3020 CALL FRMWYL
0044 CALL SNDCRT
0045 IF(NEWCHA.EQ."21) GO TO 3030
0047 I=I+1
0048 GO TO 3020
0049 3030 IF(I.GT.6) GO TO 900
0051 NEWCHA="314

```

```
0052      CALL SDCRT
0053      CALL SNDWYL
0054      NEWCHA="215
0055      CALL SDCRT
0056      CALL SNDWYL
0057      GO TO 900
      C
0058 4000  IF(NOCHA.EQ.0) CALL WNAM(WNAME,20,NOCHA)
0060      CALL GO(WNAME,20,NOCHA)
0061      GO TO 3000
      C
0062 5000  CALL WNAM(WNAME,20,NOCHA)
0063      GO TO 900
      C
0064 6000  IF(NOCHA.EQ.0) CALL WNAM(WNAME,20,NOCHA)
0066      CALL USE(WNAME,20,NOCHA)
0067      GO TO 900
0068      END
```

```
0001      C      SUBROUTINE NAP
0002      IMPLICIT INTEGER (R,X)
0003      COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
0004      1      *NEWCHA
0005      CALL FRMWWL
0006      IF(NEWCHA.EQ."21) GO TO 2
0007      CALL SDCRT
0008      GO TO 1
0009      2      RETURN
0010      END
```

```
      C
0001      SUBROUTINE SINDCRT
0002      IMPLICIT INTEGER (R,X)
0003      COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
      *NEWCHA
0004 10      IF(IPEEK(XCSR1).LT.READY) GO TO 10
0006      CALL IPOKEB(XBUF1,NEWCHA)
0007      RETURN
0008      END
```

```
      C
0001      SUBROUTINE SNDWYL
0002      IMPLICIT INTEGER (R,X)
0003      COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
      *NEWCHA
0004 60      IF(IPEEK(XCSR2).LT.READY) GO TO 60 ! IF WYL NOT READY LOOP
0006      CALL IPOKEB(XBUF2,NEWCHA) ! SEND THE CHAR. TO WYL.
0007      RETURN
0008      END
```

```

C
0001 SUBROUTINE FRMWWL
0002 IMPLICIT INTEGER (R,X)
0003 COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
*NEWCHA
0004 10 IF (IPEEK(RCSR2).LT.READY) GO TO 10 ! IF WYL. HAS NOT SENT
0006 NEWCHA=IPEEK(RBUF2) ! YES THEN READ IT
0007 RETURN
0008 END
    
```

```
      C
0001      SUBROUTINE WYLOOP(IGOTO)
0002      IMPLICIT INTEGER (C,N,R,X,Q,S)
0003      COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
      *NEWCHA
0004      LOGICAL*1 ESC(4)
0005      DATA ESC/'E','S','C',' '/
0006      CTRLC="203
0007      CTRLD="204
0008      LF="012
0009      CR="215
0010      IESC="233
0011      A="301
0012      F="306
0013      G="307
0014      L="314
0015      N="316
0016      R="322
0017      S="323
0018      U="325
      C
0019      CALL IPOKE(RCSR1,0)
0020 900  IF(IPEEK(RCSR1).LT.READY) GO TO 950
0022      NEWCHA=IPEEK(RBUF1)
0023      IF(NEWCHA.EQ.CTRLC) CALL EXIT
0025      IF(NEWCHA.EQ.CTRLD) GO TO 990
0027      IF(NEWCHA.EQ.IESC) GO TO 1000
0029      IF(NEWCHA.EQ."377") NEWCHA="210
0031      CALL SDCRT
0032      CALL SDCWYL
0033 950  IF(IPEEK(RCSR2).LT.READY) GO TO 900
0035      NEWCHA=IPEEK(RBUF2)
0036      CALL SDCRT
0037      GO TO 900
      C
0038 990  NEWCHA=CTRLD
0039      DO 995 I=1,5
0040      CALL SDCWYL
0041 995  CONTINUE
0042      GO TO 900
      C
0043 1000 IF(IPEEK(RCSR1).LT.READY) GO TO 1000
0045      NEWCHA=IPEEK(RBUF1)
0046      IF(NEWCHA.EQ.A) GO TO 1200
0048      LSTCHA=NEWCHA
0049      DO 1005 I=1,4
0050      NEWCHA=ESC(I)
0051      CALL SDCRT
0052 1005 CONTINUE
0053      NEWCHA=LSTCHA
0054      CALL SDCRT
0055      NEWCHA=LF
0056      CALL SDCRT
0057      NEWCHA=CR
0058      CALL SDCRT
0059      NEWCHA=LSTCHA
```

```
0060      IGOTO=0
0061      IF(NEWCHA.EQ.R) IGOTO=1
0063      IF(NEWCHA.EQ.S) IGOTO=2
0065      IF(NEWCHA.EQ.F) IGOTO=3
0067      IF(NEWCHA.EQ.G) IGOTO=4
0069      IF(NEWCHA.EQ.N) IGOTO=5
0071      IF(NEWCHA.EQ.U) IGOTO=6
0073      IF(IGOTO.EQ.0) IGOTO=7
0075      RETURN
0076 1200  IGOTO=8
0077      RETURN
0078      END
```



```

0001 SUBROUTINE COMDAT
0002 IMPLICIT INTEGER (C,N,R,X,Q,S)
0003 COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
    *NEWCHA
0004 RCSR1="177560
0005 RBUF1="177562
0006 XCSR1="177564
0007 XBUF1="177566
0008 RCSR2="175610
0009 RBUF2="175612
0010 XCSR2="175614
0011 XBUF2="175616
0012 READY="200
0013 RETURN
0014 END
    
```

```
      C
0001     SUBROUTINE GO(WNAME, I1, NOCHA)
0002     IMPLICIT INTEGER (C, N, R, X, Q, S)
0003     COMMON RCSR1, RBUF1, XCSR1, XBUF1, RCSR2, RBUF2, XCSR2, XBUF2, READY,
      *NEWCHA
0004     LOGICAL*1 WNAME(I1), RUN(8), SAV(4), REP(5)
0005     DATA RUN/'R','U','N',' ','H','O','L',' ',215/,
      *SAV/'S','A','V',' ',' ',' ',' ',
      *REP/'R','E','P',' ',' ',' ',215/
0006     DO 4010 I=1,8
0007     NEWCHA=RUN(I)
0008     CALL SNDCRT
0009     CALL SNDWYL
0010 4010 CONTINUE
0011     CALL NAP
0012     DO 4020 I=1,4
0013     NEWCHA=SAV(I)
0014     CALL SNDCRT
0015     CALL SNDWYL
0016 4020 CONTINUE
0017     DO 4030 I=1,NOCHA
0018     NEWCHA=WNAME(I)
0019     CALL SNDCRT
0020     CALL SNDWYL
0021 4030 CONTINUE
0022     DO 4040 I=1,5
0023     NEWCHA=REP(I)
0024     CALL SNDCRT
0025     CALL SNDWYL
0026 4040 CONTINUE
0027     CALL NAP
0028     RETURN
0029     END
```

```
0001 SUBROUTINE USE(WNAME,I2,NOCHA)
0002 IMPLICIT INTEGER (C,N,R,X,Q,S)
0003 COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
*NEWCHA
0004 LOGICAL*1 WNAME(I2),U(4),CLE(4)
0005 DATA U/'U','U','S','E'
*CLE/'C','L','E',"215/'
0006 DO 6010 I=1,4
0007 NEWCHA=U(I)
0008 CALL SNDCRT
0009 CALL SNDWYL
0010 6010 CONTINUE
0011 DO 6020 I=1,NOCHA
0012 NEWCHA=WNAME(I)
0013 CALL SNDCRT
0014 CALL SNDWYL
0015 6020 CONTINUE
0016 DO 6030 I=1,4
0017 NEWCHA=CLE(I)
0018 CALL SNDCRT
0019 CALL SNDWYL
0020 6030 CONTINUE
0021 CALL NAP
0022 NEWCHA="114
0023 CALL SNDCRT
0024 CALL SNDWYL
0025 NEWCHA="215
0026 CALL SNDCRT
0027 CALL SNDWYL
0028 RETURN
0029 END
```

```
0001 SUBROUTINE WNAM(WNAME,I2,NOCHA)
0002 IMPLICIT INTEGER (C,N,R,X,Q,S)
0003 COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
*NEWCHA
0004 LOGICAL*1 NAME(18),WNAME(I2)
0005 DATA NAME/'W','Y','L','B','U','R',' ','f','i','l','e',
*'n','a','m','e',' ',' ',' ',' ',' ',' ',' ',' ',' ',' ',' '/
0006 NEWCHA="212
0007 CALL SDCRT
0008 NEWCHA="215
0009 CALL SDCRT
0010 DO 5010 I=1,18
0011 NEWCHA=NAME(I)
0012 CALL SDCRT
0013 5010 CONTINUE
0014 NOCHA=1
0015 5020 IF(IPEEK(RCSR1).LT.READY) GO TO 5020
0017 NEWCHA=IPEEK(RBUF1)
0018 IF(NEWCHA.EQ."215") GO TO 5030
0020 WNAME(NOCHA)=NEWCHA
0021 NOCHA=NOCHA+1
0022 CALL SDCRT
0023 GO TO 5020
0024 5030 WNAME(NOCHA)="240
0025 NEWCHA="212
0026 CALL SDCRT
0027 NEWCHA="215
0028 CALL SDCRT
0029 CALL SDCRT
0030 CALL NAP
0031 RETURN
0032 END
```

```
0001 SUBROUTINE SEND
0002 IMPLICIT INTEGER (C,N,R,X,Q,S)
0003 COMMON RCSR1,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
      *NEWCHA
0004 IWORD=0
0005 IADRSW=IADDR(IWORD)
0006 IADRSB=IADRSW+1
0007 IREC=1
0008 DEFINE FILE 1 (10500,1,U,IREC)
0009 NEWCHA="103
0010 CALL SNDCRT
0011 CALL SNDWYL
0012 NEWCHA="215
0013 CALL SNDCRT
0014 CALL SNDWYL
0015 CALL NAP
0016 DO 2100 I=1,11000
0017 READ(1,IREC) IWORD
0018 IF(IWORD.EQ.0) GO TO 2200
0020 NEWCHA=IPEEK(IADRSW)
0021 CALL SNDCRT
0022 CALL SNDWYL
0023 IF(NEWCHA.EQ."12) CALL NAP
0025 NEWCHA=IPEEK(IADRSB)
0026 IF(NEWCHA.EQ.0) GO TO 2200
0028 CALL SNDCRT
0029 CALL SNDWYL
0030 IF(NEWCHA.EQ."12) CALL NAP
0032 2100 CONTINUE
0033 2200 NEWCHA="215
0034 CALL SNDWYL
0035 CALL SNDCRT
0036 CALL NAP
0037 CALL CLOSE(1)
0038 NEWCHA="4
0039 CALL SNDWYL
0040 RETURN
0041 END
```

```

0001 SUBROUTINE RCV
0002 IMPLICIT INTEGER (C,N,R,X,O,S)
0003 COMMON RCSRI,RBUF1,XCSR1,XBUF1,RCSR2,RBUF2,XCSR2,XBUF2,READY,
      *NEWCHA
0004 INTEGER*2 FILE(10500)
0005 COMMON/BIG/FILE
0006 LOGICAL*1 MESSG1(6)
0007 DATA MESSG1/"114","040","125","116","116","015/
0008 IZERO=0
0009 IWORD=0
0010 IADRSW=IADDR(IWORD)
0011 IADRSB=IADRSW+1
0012 DO 1 I=1,6
0013 NEWCHA=MESSG1(I)
0014 CALL SNDWYL
0015 CALL SNDCRT
0016 1
      C
      CONTINUE
0017 LREC=1
0018 ICOUNT=1
0019 2
      CALL FRMWYL
0020 IF(NEWCHA.EQ."215) GO TO 3
0022 IF(NEWCHA.EQ."012) GO TO 3
0024 GO TO 110
0025 3
      CALL SNDCRT
0026 GO TO 2
0027 100
      CALL FRMWYL
0028 IF(LSTCHA.EQ."012.AND.NEWCHA.EQ."077) GO TO 300
0030 110
      ICOUNT=ICOUNT*-1
0031 IF(ICOUNT.EQ.-1) GO TO 200
0033 CALL IPOKE(IADRSW,LSTCHA)
0034 CALL IPOKEB(IADRSB,NEWCHA)
0035 FILE(LREC)=IWORD
0036 LREC=LREC+1
0037 200
      LSTCHA=NEWCHA
0038 CALL SNDCRT
0039 GO TO 100
0040 300
      IEVEN=0
0041 IF(ICOUNT.EQ.1) GO TO 310
0043 CALL IPOKE(IADRSW,LSTCHA)
0044 CALL IPOKEB(IADRSB,0)
0045 FILE(LREC)=IWORD
0046 LREC=LREC+1
0047 IEVEN=1
0048 310
      IREC=1
0049 KREC=LREC-1
0050 KKREC=KREC+256
0051 DEFINE FILE 1 (KKREC,1,U,IREC)
0052 DO 350 I=1,KREC
0053 WRITE(1,IREC) FILE(I)
0054 350
      CONTINUE
0055 NOC=KREC*2
0056 IF(IEVEN.EQ.1) NOC=NOC-1
0058 TYPE 360,NOC
0059 360
      FORMAT('0','NO. OF CHARACTERS TRANSFERRED : ',I5,
      *' <includes CR and LF>'/)

```

```
0060      IREST=257-MOD(IREC,256)
0061      DO 400 I=1,IREST
0062      WRITE(1,IRDC) IZERO
0063  400   CONTINUE
0064      CALL CLOSE(1)
0065      NEWCHA="212
0066      CALL SNDCRT
0067      NEWCHA="215
0068      CALL SNDCRT
0069      NEWCHA="215
0070      CALL SNDWYL
0071      CALL NAP
0072      RETURN
0073      END
```

```

0001      SUBROUTINE ACC
0002      IMPLICIT INTEGER (C,N,R,X,Q,S)
0003      COMMON RCSRI,RBUF1,XCSRI,XBUF1,RCSR2,REUF2,XCSR2,XBUF2,READY,
*NEWCHA
0004      LOGICAL*1 ACC(11),KEY(4),VOL(15),TER(4),TIM(10)
0005      DATA ACC/'?', '?', '?', '?', '?', '?', '?', '?', '?', '?', '?', '015/,
*KEY/'?', '?', '?', '?', '015/,
*TER/'113, "60, "60, "015/,
*VOL/'S', 'E', 'T', 'V', 'O', 'L', 'I', 'D', 'I', 'S', 'K', "60, "63, "015/,
*TIM/'S', 'E', 'T', 'N', 'O', 'T', 'I', 'M', "015/,
0006      DO 1210 I=1,11
0007      NEWCHA=ACC(I)
0008      CALL SNDWYL
0009      1210 CONTINUE
0010      CALL NAP
0011      DO 1230 I=1,4
0012      NEWCHA=KEY(I)
0013      CALL SNDWYL
0014      1230 CONTINUE
0015      CALL NAP
0016      DO 1240 I=1,4
0017      NEWCHA=TER(I)
0018      CALL SNDWYL
0019      CALL SNDCRT
0020      1240 CONTINUE
0021      CALL NAP
0022      DO 1250 I=1,15
0023      NEWCHA=VOL(I)
0024      CALL SNDWYL
0025      CALL SNDCRT
0026      1250 CONTINUE
0027      CALL NAP
0028      DO 1260 I=1,10
0029      NEWCHA=TIM(I)
0030      CALL SNDWYL
0031      CALL SNDCRT
0032      1260 CONTINUE
0033      RETURN
0034      END

```



APPENDIX F

Tables for The Heart Rate analysis

1. Standardized Heart Rate Data
2. The Results of The Analysis of Variance for HR
3. The Results of The analysis of variance for HR  
After insignificant factors have been pooled
4. The Results of The Analysis of Variance Using  
Factors DIS and CLE
5. The Results of The Analysis of Variance for  
The model with SUB AND DIS

	AR	AL	DIS	CLE	SUB1	SUB2	SUB3	SUB4	SUB5	SUB6	SUB7	SUB8	SUB9
1	0	0	150	0	2.4	2.0	69.0	38.5	44.2	47.8	15.4	26.9	17.9
11	0	0	150	0	0.0	25.8	0.0	85.6	47.9	60.0	63.1	40.6	18.5
111	0	0	150	0	66	33	76.0	48.4	66.5	83.4	88.8	47.7	88.5
1111	0	0	150	0	54.6	33.7	74.0	86.6	25.3	63.3	34.2	57.5	73.3
11111	0	0	150	0	46.2	88.8	55.3	20.6	15.9	63.3	22.8	13.4	22.2
111111	0	0	150	0	51.1	7.7	37.4	18.7	52.3	72.2	22.0	82.8	48.0
1111111	0	0	150	0	61.0	39.0	100.0	64.6	25.2	58.4	52.5	64.2	53.4
11111111	0	0	150	0	21.5	16.6	61.7	100.0	57.4	78.2	22.8	79.8	33.0
111111111	0	0	150	0	32.2	100.0	69.6	31.7	100.0	55.7	82.0	67.1	32.3
1111111111	0	0	150	0	75.7	15.5	51.6	29.6	27.2	63.5	26.9	61.0	77.7
11111111111	0	0	150	0	32.4	48.7	94.6	15.4	29.2	74.2	33.8	44.3	50.5
111111111111	0	0	150	0	36.1	53.9	50.0	0.0	23.1	80.0	72.1	34.6	83.3
1111111111111	0	0	150	0	29.5	19.3	89.8	68.3	40.5	83.4	22.3	77.5	33.3
11111111111111	0	0	150	0	15.4	22.3	61.0	72.1	66.0	74.0	18.0	100.0	53.3
111111111111111	0	0	150	0	49.1	60.0	62.3	34.6	57.8	49.1	88.0	48.8	24.5
1111111111111111	0	0	150	0	58.9	70.0	88.2	20.6	44.3	99.1	99.9	70.9	55.4
11111111111111111	0	0	150	0	33.2	53.3	21.7	47.9	49.5	100.0	33.8	39.1	88.2
111111111111111111	0	0	150	0	53.3	59.9	49.1	13.3	67.5	40.6	96.6	64.0	70.1
1111111111111111111	0	0	150	0	57.5	11.5	36.0	42.3	61.0	88.8	100.0	92.6	33.3
11111111111111111111	0	0	150	0	100.0	64.4	94.8	66.3	42.3	47.7	30.0	60.7	90.7
111111111111111111111	0	0	150	0	57.9	11.9	67.9	58.8	46.6	88.3	60.9	43.5	72.7
1111111111111111111111	0	0	150	0	16.6	19.7	44.4	48.0	48.8	80.2	16.5	69.7	41.1
11111111111111111111111	0	0	150	0	36.6	11.7	46.6	55.9	64.8	99.1	83.3	37.7	87.0
111111111111111111111111	0	0	150	0	32.2	4.6	90.3	29.6	15.8	65.3	26.8	37.1	78.5
1111111111111111111111111	0	0	150	0	49.5	23.6	87.3	81.2	41.7	78.7	65.5	20.0	41.4
11111111111111111111111111	0	0	150	0	70.3	58.7	47.5	19.7	80.9	0.0	92.3	84.8	34.6
111111111111111111111111111	0	0	150	0	2.5	2.5	68.2	65.3	22.0	83.6	15.3	66.7	24.7

STATISTICAL ANALYSIS SYSTEM 1  
0:34 SATURDAY, JUNE 12, 1982

ANALYSIS OF VARIANCE PROCEDURE

CLASS LEVEL INFORMATION

CLASS	LEVELS	VALUES
SUB	9	1 2 3 4 5 6 7 8 9
TD	4	10.0727 5.116119 6.338511 8.850307
AL	3	0 30 60
AR	3	0 30 60

NUMBER OF OBSERVATIONS IN DATA SET = 324

STATISTICAL ANALYSIS SYSTEM 2  
0:34 SATURDAY, JUNE 12, 1982

ANALYSIS OF VARIANCE PROCEDURE

DEPENDENT VARIABLE: HR

SOURCE	DF	SUM OF SQUARES	MEAN SQUARE
MODEL	71	59272.43006174	834.82295862
ERROR	252	163362.31833333	648.26316799
CORRECTED TOTAL	323	222634.74839507	

MODEL F = 1.29 PR > F = 0.0815

R-SQUARE	C.V.	STD DEV	HR MEAN
0.266232	50.2287	25.46101271	50.69012346

SOURCE	DF	ANOVA SS	F VALUE	PR > F
SUB	8	23231.11672840	4.48	0.0001
TD	3	9855.76469137	5.07	0.0022
SUB*TD	24	13459.84030863	0.87	0.6499
AL	2	155.60598766	0.12	0.8870
SUB*AL	16	7500.33234567	0.72	0.7695
AR	2	290.42302470	0.22	0.7995
SUB*AR	16	4779.34697530	0.46	0.9632



STATISTICAL ANALYSIS SYSTEM  
0:55 SATURDAY, JUNE 12, 1982

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE HR

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05      DF=312      MS=607.525

GROUPING	MEAN	N	TD
A	57.548148	81	6.338511
A	54.619753	81	10.0727
A	54.619753	81	10.0727
B	46.008642	81	5.116119
B	44.583951	81	8.850307
B	44.583951	81	8.850307





STATISTICAL ANALYSIS SYSTEM  
1:15 SATURDAY, JUNE 12, 1982

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE HR

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05      DF=314      MS=605.024

GROUPING	MEAN	N	DIS
A	56.083951	162	350
B	45.296296	162	150



APPENDIX G.1

The Results of The Analysis of Variance for The HRVI  
with All The Main Effects

8





S T A T I S T I C A L   A N A L Y S I S   S Y S T E M   1  
5:16 WEDNESDAY, JUNE 30, 1982

ANALYSIS OF VARIANCE PROCEDURE

CLASS LEVEL INFORMATION

CLASS	LEVELS	VALUES
SUB	9	1 2 3 4 5 6 7 8 9
TD	4	10.0727 5.116119 6.338511 8.850307

NUMBER OF OBSERVATIONS IN DATA SET = 324



ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE NEWHRV

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05

DF=312

MS=5.25237

GROUPING	MEAN	N	TD
A	5.026034	81	5.116119
A	4.889636	81	6.338511
B	3.851146	81	8.850307
B	3.597286	81	10.0727

APPENDIX G.2

The results of the Analysis of Variance Using New Model







S T A T I S T I C A L   A N A L Y S I S   S Y S T E M   3  
 9:41 WEDNESDAY, JUNE 9, 1982

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE HRV

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05      DF=252      MS=512.265

GROUPING		MEAN	N	TD
	A	51.664198	81	6.338511
B	A	47.190123	81	10.0727
BB	A	47.190123	81	10.0727
B	C	40.451852	81	8.850307
	C	39.667901	81	5.116119

S T A T I S T I C A L   A N A L Y S I S   S Y S T E M   4  
 9:41 WEDNESDAY, JUNE 9, 1982

ANALYSIS OF VARIANCE PROCEDURE

DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE HRV

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05      DF=252      MS=512.265

GROUPING		MEAN	N	AL
	A	47.742593	108	30
B	A	46.052778	108	0
BB	A	46.052778	108	0
B		40.435185	108	60

ANALYSIS OF VARIANCE PROCEDURE  
DUNCAN'S MULTIPLE RANGE TEST FOR VARIABLE HRV

MEANS WITH THE SAME LETTER ARE NOT SIGNIFICANTLY DIFFERENT.

ALPHA LEVEL=.05 DF=252 MS=512.265

GROUPING	MEAN	N	AR
A	45.953704	108	30
A	45.310185	108	0
A	42.966667	108	60