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    NORTHERN ILLINOIS UNIVERSITY
    Learning Through Leisure
Recreation Program for Children who are Visually Impaired
                                    and Blind
A Thesis Submitted to the University Honors Program
                In Partial Fulfillment of the
        Requirements of the Baccalaureate Degree
            With University Honors
    Department of Special Education Visual Handicaps
                        by
                        Le Roy Richard Koepfinger, Jr.
                DeKalb, Illinois
                December 18, 1994
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Date: $\quad$ 10/-7-r1

The student developed, directed, and coordinated a summer recreation program with the help of his supervisor at The Foundation for Blind Children in Scottsdale, Arizona; the responsibility of the coordinator was to design and implement the program within the context of the following educational and vocational domains: communication, orientation and mobility, self-help, social behavioral, personal hygiene, eating and food preparation, health and safety, and sports training.

Several students enrolled in the program lacked the necessary skills in these areas and it was the intent of the coordinator to develop the skills of his students throughout the summer recreation program. The student's progress was evaluated as was the summer program. The student presented the information to Northern Illinois University by giving a presentation to an introductory vision course.

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## INTRODUCTION




## THE INTERVIEW WITH SUPERVISOR

Me? You've got to be kidding--direct and coordinate a program for fifty students who are visually impaired? I talked with my supervisor over the phone as $I$ was finishing up my Spring 1994 semester at Northern Illinois University. She told me that the parents of the children that $I$ had worked with the summer before and the children themselves feel that $I$ am the man for their new job. These kids needed a teacher and a person to get something started and they all felt that $I$ was their man. I would earn $25 \%$ of a regular teaching salary over the summer--I was nervous and $I$ needed money. I took the job!


I also did informal asssessments on some of the children who were in the area and met with their teachers. They gave me much needed information. All of the tests were simple and functional. Items such as what is your name? Can you count to five? Can you add and subtract? Are you allergic to medication? What is your favorite sport? I was assessing these children for two reasons: (1) ability and skill; and (2) interest. I used the information gained to plan the curriculum for the summer program. The parental information was the most helpful in the informal assessments.

## VISITING THE FAMILIES



PLANNING THE CURRICULUM

The students and parents wanted swimming, scuba diving, bowling, horseback riding, cooking, games, academics, dance, gymnastics, golf, goalball, drama, music, and crafts to be in their program. I needed to make some kind of plan and soon.

I did a survey of interests and took the most popular sports and included them in the program. I figured if I had a tally of the interest level $I$ could have a rationale if someone were disappointed if their activity was not included in the program.

I called the local facilities and utilized the assistance of my supervisor to be sure that $I$ was getting a.good price on whatever trips or people who would come in and share their sport or activity with us. I had the people to do the work, the money to do the program with but...now it was time for when, where, and how.

PLANNING THE SCHEDULE

This was the most difficult part of the program because I was now having to work with other people and their scheduling. It was hard to think of how long an activity should last and how long it may take to get set up for the activity. Trial and error--and a whole lot of flexibility is how the schedule worked. We continually modified the schedule to meet the demands of the week.

I began with a rotational format where the students were divided into groups of three--fifteen kids in each group. This is where $I$ got a little confused and needed the assistance of the supervisor to make it all work. We had home bases for each group (kitchen, multi-purpose room and executive meeting room). We then had three time slots where the students would rotate through the rooms. These rooms would have a teacher and an activity. For example, crafts would be in the kitchen all morning and each group would rotate through so that they could have a shot at making a project. It worked! But, what about those activities which occurred outside of the building.

We utilized the afternoons for fieldtripping and each group had a different day to leave the building. The bus drivers knew that they would be driving one group to an activity each day. Three is an odd number--well on Tuesdays we continued in rotational centers and went horseback riding in the mornings.

SELECTING THE EMPLOYEES


Employees who were hired as aids were paid at an hourly rate of $\$ 6.00$. Teachers were paid at $25 \%$ of their regular rate. The employees who were dedicated and hard working for the most part were divided into groups and assigned to a lead teacher; if a problem would arise I asked that it be settled with their immediate supervisor.

THE LESSON PLANS

The lesson plans which I utilized throughout the program were several that $I$ used during my clinicals and field

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experiences. I also used ideas from books that I included
in the bibliography; and I used a whole lot of common sense!
The lessons were simple and to the point. Several of the
plans are included in the appendix.
Several lessons failed--our scientific volcano never
exploded! However, we had fun doing the projects as a
group.
IMPLEMENTING THE PLAN
This is where all of my teaching experience came in. All
three lead teachers would come up with ideas each week and
discuss them at our weekly evaluation/staff meetings. We
were very busy with meeting the demands of the day but we
were sure to have goals and objectives in mind when
developing and implementing the lesson.
We worked hard and we had to be flexible as several of our
plans failed. We all worked together and covered for each
others mistakes. Each week we evaluated our progress.
                    WEEK ONE EVALUATION
```

The week went well. We were able to perform most of the
activities that we had planned. We began with drama, music,
horseback riding, and bowling. We worked on box-lockers in
art class. The children and parents were fascinated with
the activities. The schedule for horseback riding needed to
be modified as the numbers were too great at the site. We
decided to cut the numbers and divide the riding into alternating weeks for the students so that everyone had a chance to go to the site.

WEEK TWO EVALUATION

The week was hectic and the staff was getting tired. We needed to slow down just a little and decided to do more activities in the building so that we were not running around as much. The youngest group of students went to the store on their field trip and were able to buy foods needed for the program. Some of the kids who had multiple needs were requiring more time and attention than the teachers and aids could provide. More volunteers were utilized.

## WEEK THREE EVALUATION

This week we added bowling and swimming to the program. The kids were fascinated with all of the activities at the pool. Several of the older students were diving after recieving a parental permission form. Parents, teachers, and staff are more used to the fast paced summer and scheduling is becomming a little easier.

## WEEK FOUR EVALUATION

This week was especially hot and much of our time was spent indoors. We had a lot of time to play games and we played goalball in the gym. The older students had a chance to discuss career options and did some problem solving. We

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were invited to the circus and we spent quite a bit of time
scheduling the trip with the bus drivers.
WEEK FIVE EVALUATION
Horseback xiding was finished this week. The kids enjoyed
the activities at the stable. The younger students had a
chance to make ginger bread houses and cookies. The older
students made more difficult recipes such as chicken kiev.
The teachers and students enjoyed this week. We also had a
chance to meet with the United states Association for Blind
Athletes. The kids played goalball and beep-baseball.
WEEK SIX EVALUATION
```

A busy week, the students prepared for a talent show and a picnic. Several of our activities centered around the preparation of picnic foods. We went to Pioneer Park Swimming Pool and celebrated the best summer program yet!

A slide show was presented to the parents of the children and the audience seemed to appreciate all of the hard work that went into the summer. We also had a lock-in for the students which provided them the opportunity to interact with each other even more.

FINAL EVALUATION AND CONCLUSION

The program went very well and $I$ was offered a full-time position in Scottsdale. I will be starting in January 1995.

All of the goals were met in the program and the kids had a wonderful time as they met the objectives designed in the beginning of the project.

I will continue to implement the program over the next several years and modify the program as necessary. The staff enjoyed their time and most of the employees will return for next summer. Several of the assistants began attending colleges and universities and many are seriously considering the field of special education with an emphasis in visual impairments.

## Learning Through Leisure

A Recreation Program for Children who are Visually Impaired

## EVALUATION

On a sca=-.eff 1 to 5 (f iva being the highest score) please rate the sessio!: with regards to the following statements:

1. Presenter's knowledge of topic

1234 (0
2. Presenter's use of visual aids

12346 )
3. Appropriateness for your job assignment
$12234([)$
4. Usefulness of material presented

12340

Comp3red to other workshops I have attended, I would rate this one as:


The most helpful parts were: video presentation of actual Participants ix progropx, as they wal involve in activities described. Leer prexextatiôs wa accurate isforsitecie, a sd extertainice.
I would like to learn more about:

## REFERENCES



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Vocals: $\qquad$ iq $\qquad$ $\overline{3}$

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WILL I RETEACH THE LESSON
*Why is this objective important? These stuatents are very intelligroff and could, with good direction, achieve many career goals, If the students begin now, it winy he einsicr for them to narrow their interests so they can more quickly achieve their goats
for the future. for the future,


## fllITIUITIES fino InTERESTS"-

## SIDilDIDing

Group 8
Jenny Bial
Jar-ed I:ybee
Betito Car-r-et,o
Daniel Clar-k
Melanie Dar-ke
Sydney Fr-eedman
t<:r-ystal Hogan
Alex Lips
Anna McCor-mack
Steven Moor-e
Luis Rodr-eguiz
Br-andon je..Jilliams

Group B
A.J. Bar-r-on

Ben Bfoomsr-en
Elizabeth Bor-nman
Chr-istina Bur-ke
Megan Glecker-
Tiffany Gor'don
Andr-ew Hasley
Claude Meade
James Mur-tagh
David Riddles
Heather' Saulnier-
Angel Sanchez
Ar-ielle Silver-man

## BOIDling

..Group 8
Bini Byer-s
Jar-ed Bybee ~"
Betito Car-r-eto
Melanie Dar-ke
Alex Lips
Anna McCor-mack
Steven Moor-e
Br-andon Williams

## Group B

A.J. Bar-r-on-

Ben Bloomgr-en
Chr-istina Burke
Andr-ew Cast'ellanos
Megan Glecker-.
Tiff any Gor-don
Claude Meade
James Mur-tagh
David Riddles
Heather- . Saulnier-
Angel Sanchez
Ar-ielle Silver-man

Ho •.seback Riding
Group 8
Jenny Bial
Gini Byer-s Jar-ed Bybee
Betito Car-r-eto
Sydney Fr-eedman
t<:r-ystal Hogan
Alex Lips
Braandon Williams

Group B
A.J. Bar-r-on

Elizabeth Bor-nman
Andr-ew Castellanos
Megan Glecker-
Andr-ew Hasley
James Mur-tagh
David Riddles
Heather- . Saulnier-
Ar-ielle Silver-man

Group C
Joshua Baker Nick Baker-Michael Car-U Chr-is GonzalE Nina Jones Jenny Kasl Ryan Pavlish John Ramir-ez Lindsay Read Ralynn West

## aenumes Fino InTERESTS

## Cooking

Group ft-
Gini B'Jler-s
Melanie Dar-ke
Sydney Fr-eedman
Kr-ystal Hogan
Alex Lips
Anna 1'1cCor-mack
Steven Moor-e
Luis Rodr-iguez
Br-andon Williams

Group B
Ben Bloomgr-en
Elizabeth Bornman
Christina Burke
Andrew Castellanos
Megan Slecker
Tiff any Gordon
Claude Meade
James Mur-tagh
David Riddles
Heather- Sau.Inier
Arielle Silverman

## Group B

Elizabeth Bornman
Christina Burke
Andrew Castellanos
Megan Glecker
Tiff any Gordon
Claude Meade
James Murtagh
David Riddles
Angel Sanchez
Heather Saulnier
Arielle Silver-man
Group B
Elizabeth Bor-nman
Andrew Castellanos
Tiff any Gordon
Andrew Hasley
James Murtagh
David Riddles
Angel Sanchez
Ar-ielle Silverman

Group C Joshua Baker. Nick Baker Michael Car-Iton
Cr-aig Cosper
Chris Gonzalez
Nina Jones
...TennyKasl
...TohnRamir-ez
Lindsal.jI Read
Becca Urban
Ralynn West
Group C
Joshua Baker--
Nick Baker--
Michael Car-Iton
Chris Gonzalez
Nina Jones
Jenny Kasl
Ryar. Palı.lish
John Ramirez
Lindsa\.:I Read
Becca Ur•ban
Chad Wilson

Group C Hick Baker. Danielle Jone t~ina Jones Jenny Kasl Becca Urban

## JIDTIUITIES flrliJ IrlTENESTS

## Dance

Group $n$

Gini Byers
Christopher Dalr-ymple
Melanie Darke
Sydney Freedman
Alex Lips
Anna McCormack
Brandon Williams

Group B
A.J. Barron

Elizabeth Bornman
Andrew Castellanos
Tiff any Gordon
Angel Sanchez
Heather Saulnier

Group B
Elizabeth Bornman
Andrew Castellanos
Andrew Hasley
Claude Meade
James Murtagh David Riddles, Arielle Silverman

## Group B

Andrew Castellanos
Arielle Silverman

Group B
Ben Bloomgren
Andrew Castellanos
Tiff any Gordon
Andrew Hasley
James Murtagh
Arielle Silverman

Olher- Spur-Is
Group ft
J ar ed B!:;1bee
Christopher Dalr'ymple
t.-1elanie Darke

Anna McCormack
Luis Rodri9uiz

Group C
Nick Baker
Nina Jones
Jenny Kasl
John Ramirez
Lindsay Read
Becca Urban
Ralynn West

Group C Joshua Baker Chris Gonzalez Nina Jones Jenny Kasl Lindsay Read Ralynn West

Group $\quad \mathbf{C}$
Michael Carlt Nina Jones

Group C Michael Carlt Craig Cosper Nina Jones Jenny Kası

## fi(JTIUITIES

## Dr-arna

| Group It |
| :--- |
| Jared Bybee |
| Daniel Clark |
| Melanie Darke |
| Alex Lips |
| Anna McCormack |
| Brandon Williams |

Brandon Williams

## Music

| Group 8 | Group B |
| :---: | :---: |
| Gini Byers , | A.J. Barron |
| Jared Bybee | Elizabeth' Bornman |
| Betito Carre to | Christina Burke |
| Daniel Clark | Andrew Castallanos |
| Christopher Dalrymple .i', | Megan Glecker |
| Melanie Darke $\quad / / l /$ | Tiff any Gordon |
| Sydney F.reedman I. it $^{\text {i }}$ | Andrew Hasley |
| $\begin{aligned} & \text { Krystal Hogan } \\ & \text { Alex Lips }\end{aligned}, \%$ | David Riddles |
|  | Angel Sanchez |
| Anna McCormack | Heather Saulnier |
| Steven Moore 4 | Arielle Silverman |
| Luis Rodreguiz - |  |
| Br-andon "~illiams, |  |
| Cr-atils |  |
| Group II \} | Group B |
| Jenny Bial | Christina Burke |
| Gini Byars | Andrew Castallanos |
| Jared Bybee | Megan Gleeker |
| Daniel Clark | Tiff any Gordon |
| Chr-istopher Dalrt:Imple | James Murtagh |
| Melanie Darke | David Riddles |
| Krystal Hogan | Heather Saulnier |
| Alex Lips | Arielle Silverman |
| Anna McCormack / |  |
| Steven Moore |  |
| Brandon Williams |  |

Group $\quad$ C
Nina Jones
Jenny Kasl
Lindsay Read

Group C
Hick Baker
r-'1ichael Car-Iton
Craig Cosper
Danielle Jones
Nina Jones
Jenny Kasl
Ryan Pavlish
John Ramirez
Becca Urban
Ralynn West
Chad Wilson

Group $\quad C$ Michael Carlt Chris Gonzale Danielle J orre: Nina Jones Jenny Kasl John Ramirez Lindsay Read Chad Wilson


Survey totals


Color dots blue - i mn i services on application
green - $=t \operatorname{Lfi}:(1 \because, y, 1) \mathbf{t i} \sim-M)() \quad R s$
Red - medical alert yellow ? on additional


# THE FOUNDATION FOR BLIND CHILDREN 

1235 EAST HARMONT DRIVE • PHOENIX, ARIZONA 85020

331-1470 • FAX 678-5819

1994 SUMMER HABILITATION AND RECREATION PROGRAM
(S.H.A.R.P.)

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EXECUTIVE DIRECTOR CHRIS TOMPKINS

Dear Parents,
Welcome to S.H.A.R.P. 1994! We are looking forward to this summer's activities and all of us are busy planning the events, fieldtrips and activities for the students. We will be providing plenty of opportunities for social interaction, academiCS, recreation, sports, and orientation and mobility.

Many of the transportation problems have been solved through carpooling; however if transportation is still an issue, please contact'Lee Koepfinger or Elaine Baldridge at the Foundation for Blind Children (33l-1~70).

Our theme for the first week will be "Performing Ax'ts" as we will have a professional drama instructor with us this week. We will also be doing introductions through the "use of music this first week of the program.

You and your child will receive a calendar for the first week at the ORIENTATION MEETING on June 16 at 7:00 p.m. (refreshments will be provided.) We will be sending home a weekly calendar so that you and your child may plan accordingly.
We all hope that this summer will be a good e: for all who are involved.

Sincerely,

## the / fff4~~'10

Lee R. Koepfinger, Jr.
Director and Coordinator, S.H.A.R.P.


THE FOUNDATION FOR BLIND CHILDREN
1235 EAST HARMONT DRIVE • PHOENIX, ARIZONA 85020'

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EXECUTIVE. DIRECTOR
CHRIS TOMPKINS

Orientation Meeting
June 16--1:00 p.m. FBC Parent Room
(parents, children, and staff are encouraged to attend)

Program Dates and Times
June 20-July 28
Monday, Tuesday, and Wednesday 9:00 a.m - 3:30 p.m.
Thursday 9:00 a.m. - 3:00 p.m.
(field trips may require additional time)
$\pm$

Rules and Regulations
Please sign the forms enclosed in the packet; al must be signed before the first day of the prol

We ask that the children NOT bring expensive $t$ equipment and only bring as much money as necess that particular day's activities.

Please label ALL of your child's items so that $t$ not misplaced.

Pack lunches that DO NOT require refrigeratlo microwave; there are a large amount of students e this year. We will provide Kool-Ald and water have a pop machine on the property. Your child $m$ a cooler with an ~ce.pack. '-

If mealcatlons are to be admInistered, we must $h$ medication at the building and a note from your doctor regarding the time(s) and amount (s)


# THE FOUNDATION FOR BLIND CHILDREN <br> 1235 EAST HARMONT DRIVE • PHOENIX, ARIZONA 85020 331.1"70 • FAX 678.5819 

## 1994 SUMMER HABILITATION AND RECREATION PROGRAM

(S.H.A.R.P. )

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EXECUTIVE DIRECTOR
CHRIS TOMPKINS

## MEDICAL RELEASE AND AUTHORIZATION

The undersigned parents and/or guardians of Blind Childrén and employees from any and all liability for any injuries or illness sustained or suffered by the said minor child during the perlod of the tripes) or outlng(s) proposed to be conducted by the Foundation for Bllnd Chlldren to on (dates) including all travel from home to the site of outing and return threrefrom, and including all actlvities in the course of the outing.

Further, this is to authorize the representatives of the ~oundatlon for Blind Children, acting as counselors on said tripes) to retain such physiclans, surgeons, or other medical practiti~ners to perform such treatment as may be necessary for the well being and benefit of our sald minor child.

DATE

PARENT / GUARDIAN_


ADDRESS


PHONE


EMERGENCY CONTACT


OFFICERS
BARBARA. BEAN PRESIDENT
DR. HOWARD SILVERMAN VICE-"'ESIDENT
ARNOLD SCHWALB SECRETARY
DAVEHOLTHE TREASURER 'CYNTHIA GRIFFIN ASSISTANT. SECRETAA! IY
TOM: FOSTER ASSISTANT. TREASURER BARBARA PLACENT! IMMEDIATE_ PAST PRESIDENT

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199. SUMMER HABILITATION AND RECREATION PROGRAM (S.H.A.R.P.)

PERMISSION FOR PARTICIPATION

My child travel to which will not be held at the Foundation for Blind Children (1235 E. Harmont Drive).

These activities will be held on a regular basis in the nearby community.
_ Swimming
_ Goal Ball

- Track and Field (indoor)
-_ Horseback Riding (early a.m.)
- Bowling

1. 

Please indicate any special considerations or precautions for these activities:
Signature of Parent or Guardian

# THE FOUNDATION FOR BLIND CHILDREN <br> 1235 EAST HARMONT DRIVE • PHOENIX, ARIZONA 85020' <br> 331-1470 • FAX 678-5819 

SUIDIER HABILITATION AND RECREATION ' PROGRAII S.H.A.R.P. 1994

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UFEMEMBERS
PATTY CUFFORD RICHARD GOLDSMITH RICK HILLHOUSE JAMES : $\because . J E N K I N S$ NANCY OLSON VON SCHWARIZ almeda wallace

EXECUTIVE DIRECTOR
CHRIS TOMPKINS

The undersigned parents, on behalf of their child indicated below ("child"), hereby grant permission to the Foundation for Blind Children S.H.A.R.P. program to use photographs of the Child to further the charitable and eudcational purposes of the S.H.A.R.P. Program and the advancement of the interests of visually impaired persons. For example, but not by way of limitation, the undersigned grants permission to the S.H.A.R.P. Program to use for publicity purposes photographs of the Child engaged in S.H.A.R.P. •Program programs

DATE:
DATE:
Name of Child:

## Parent:

Parent: $\qquad$
$\qquad$

## General Release

The undersigneq parents, on behalf of themselves and their child indicated below ("CHild"), hereby release the Foundation for BLind CHildren S.H.A.R.P. Program, its agents, officers, and employees, from any liability or claims which may arise our of or in manner related to education, care, transportation, or other activities engaged in or sponsored by the S.H.A.R.P. Program at any location.
$\qquad$
DATE:
Parent:
Parent:
DATE:
NAME OF CHILD:


UTHORIZATION FOR PERSONS TO PICK UP CHILD FOR TRANSPORTTh~ undersigned parent(s) authorizes the S.H.A.R.P. P: to release his or her child shown below (Child ${ }^{\text {ti }}$ ) to al the following persons for purposes of transportation the S.H.A.R.P. program facilities or activities at thl beginning and ending of each daily program or activit: or at other times as reasonable requested by the S.HA employees, and the undersigned agrees that he or she one of the following persons shall pick up the Child stuch times:


NAME OF CHILD
PARENTS
ADDRESS
PHONE



MULTIPLY IMPAIRED _ HT _ WEIGHT $\qquad$


## 1994 USABA NEW MEMBER FORM

Please fill in the necessary information to help us establish the most accurate data concerning your membership:

|  |  |  |
| :--- | :--- | :--- |
| FIRST NAME | MI | LAST NAME |
|  |  |  |
|  |  |  |
| CITY | STATE | ZIP |

PHONE: (hm)

CHAPTER: D
birth date: l l SEx:D

| PLEASE CIRCLE ONE TYPE OF MEMBERSHIP |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Athlete | 81 | (101) | Guide/Pilot | (201) |
| Athlete | 82 | (102) | Coach | (202) |
| Athlete | 83 | (103) | Trainer | (203) |
| Volunteer |  | (200) | Official | (204) |

Please mark which sport (s) you are interested in:


## PLEASE CIRCLE ONE TYPE OF MEMBERSHIP

Signing this Application attests to an understanding of the WAIVER fo on the reverse side:

Please enclose this updated sheet and your payment in an envelope and mail USABA - 33 N . INSTITUTE - Colorado Springs - Colorado• 80903 Telephone: (719) 630-0422 Fax: (719) 630-0616

## S.-H.R.R.P. SUMMER PROGRRM PARTICIPANTS

IiRqup II
Bail, Jennif er
Carreto, Betito
Dalrymple, Christopher
Hogan, Krystal
Moore, Steuen

JiAgUp_R
, Barron, H.J.
Castellanos, Hndrew
Hasley, ftndrew
Paulish, Ryan
,:Sanchez, ftngel

Byars, Uirginia
Castro, ftntonio
Darke, Melanie
Lips, HleM
Rodreguiz, Luis

Bornman, Elizabeth
Glecker, Megan
Meade, Claude
Sauliner,Heather
Siluerman, ftrielle

Bybee, Jared Clark, Daniel Freedman, Sydney McCormack, ftnna Williams, Brandon

Burke, Christina Gorgon, Tiff any Murtagh, James Riddles, Dauid

Bloomgren, Ben
Gorse, Michael
Kasl, Jenny
West, Ralynn
 <br> \title{
FLAGSTAFF COUNTRY <br> \title{
FLAGSTAFF COUNTRY ArizanaAt ${ }_{2}$ Its Peak ArizanaAt ${ }_{2}$ Its Peak <br> Mountain Man CALENDAR OF EVENTS
}

| JULY 10 | $8: 30 \mathrm{AM}$ |  |
| :--- | :--- | :--- |
|  |  |  |
|  |  |  |
|  |  |  |
| AUGUST 7 |  | 7:00AM | (S)

SEPTEMBER 11 8:00 AM

5th ANNUAL MOUNTAIN MAN FAT TIRE DUATHLON Short Course: Run 3 miles, Bike 6 miles
Long Course: Run 3 miles, Bike 12 miles, Run 2 miles

10th ANNUAL MOUNTAIN MAN TRIATHLON
Short Course: Swim . 62 miles, Bike 19 miles, Run 4.2 miles Long Course: Swim . 93 miles, Bike 35 miles, Run 8 miles

6th ANNUAL MOUNTAIN MAN DUATHLON
MountainBike Course: Run 2.5 miles, Bike 10 miles, Run 1.5 miles Road Bike Course: Run 2.5 miles, Bike 16 miles, Run 1.5 miles

## INDIVIDUAL \& RELAY TEA

## ill.t. MDUNTAIN SPDRTS




## Summer Fun Camp "9-1has just arr-ived at

 FlrrlJRI~KII)S Computer I earning Centers!

Ctjldren willleam to do amazing - even inlpossible - things at Slimmer Fun. Camp ' 94 - They will explore far corners of the earth, solve mysteries, build a business and design robotic machines - just to scratch the smface! At the same time they will develop, essential problem solving and thinking skiDs, exercise their creativity and improve their communication skills.

At FUTUREKIDS, kids tap the power of computers to discover more about themselves and the world in which they live. It's a hands-on environment that blends fun and learning in just the right combination. While they are exploring and creating, these young adventurers will be aequing computer based skills and knowledge that will become increasingly valuable throughout their school and adult careers; •The students willeam. word precessing, desktop publisbiDg, graphics, , animation, simulation, programming,spreadsheets. . databases, keybearding, , and much, much more:-


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& \text { SEETEC } \\
& \text { SEE FOR } \\
& \text { YOURSELF! } \\
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& \text { SEEING } \\
& \text { TECHNOLOGIE: } \\
& \text { INC. } \\
& 1-800-462-373 ~
\end{aligned}
$$

$\qquad$ -

Name: $\qquad$ -

Your feedback is very helpful to us in planning for next year's SHARP. Please let us know how your experience was this year by completing this evaluation and returning it to SHARP before the end of the program on July 28. (Parents: please take the time to complete this evaluation with your chi ld.)



What did you like most about SHARP?

Was there anything you did not like about SHARP?

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Suggestions/Comments: (your ideas are welcomed & encouraged)
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Please return to :
    Foundation for Blind Children
    1235 E. Harmont Dr.
    Phoenix, Az. 85020
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THANK YOU!
WE HOPE TO SEE YOU NEXT YEAR!

## THE FOUNDATION FOR BLIND CHILDREN

RECOGNIZES

for contributing time and talents to further the Foundation's commitment to Insure that all children within the state of

Arizona with visual impairments and their families obtain the specialized education, counseling and materials they need to grow and develop into successful and happy adults.

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19
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Koepfinger, Le Roy Richard Jr.

| EPSE 499: | Special Topics | (see NIU catalog) |
| :--- | ---: | :--- |
| Semester of Registration: Fall | Date: | $5-15-94$ |

1. Please indicate the proposed title of your project/ thesis.

The proposed title of this Senior Capstone project will be:

Learning Through Leisure
Recreation Program for Children who are Visually Impaired and Blind
2. Describe below, in detail, the focus of the work you propose. Is there a specific hypothesis you are advancing? Is there a problem you are solving? Why is your topic of interest?

The student will be directing and coordinating a summer recreation program throughout the summer semester. He will coordinate the program with the help of his supervisor at The Foundation for Blind Children in Scottsdale Arizona; it will be the primary responsibility of the coordinator to design and implement the program within the context of the following educational and vocational domains: (1). communication, (2). orientation and mobility, (3). self-help, (4). social behavior, (5). personal hygiene, (6). dressing, (7). eating, (8). food preparation, (9). health and safety, (10). leisure skills and, (11). sports training.

Several of the students enrolled in the program greatly lack skill in the aforementioned domains and it will be the intent of the coordinator to develop the skills of his students through the summer recreation program. This is a topic of interest for the student as special education with an empha~; in vision is his major.

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3. Please list major works dealing with your topic that you
        intend to investigate.
The student plans to use in addition to his acquired
knowledge from Northern Illinois University, the following
publications; this list is not intended to be comprehensive
and will necessarily expand as the project unfolds.
Instruction Manual for Braille Transcribing
    1984, American Printing House for the Blind
Guide to Curriculum Planning For Visually Impaired Students
    1991, Wisconsin School for the Visually Handicapped
Guidelines and Games fOL Teaching Efficient Braille Reading
    1981, American Foundation for the Blind
Project Wild
    1986, Western Regional Environmental Council
Moving On: A Model for Total Life Planning
    1985, Oregon State System of Higher Education
Community Education, Leisure, ana Awareness
    1992, Northeast DuPage Special Recreation Association
```

4. Describe the methodology of your proposed study. How will you approach the proposed topic? Do you have a research design? Is it a qualitative or quantitive approach? Are you looking at a primary or secondary source? Are you working in a specific creative genre? Are you using statistical methodology?

This project will be practically rather than theoretically based as it will involve approximately fifty students who are visually impaired. The coordinator will begin by first Qecidil: lgwhat objectives need to be emphasized in the summez program. He will then create goals to meet those objectives as well as create a criterion for mastery of a specific skill. He will oversee eight instructors who will be implementing the project. The final project will necessarily include documentation of the project via a camcorder. The student will also record the evaluation of the project at its conclusion through a paper and discussion. In addition to several video tapes documenting the beginning, intermediate, and final stages of the summer recreation program, the final project will necessarily include, but will not be limited to: (1). title page, (2). table of contents, (3). description of project, (4). goals and objectives, (5). lesson plans used during the project, (6). an evaluation of the final project, and (7). a bibliography including all of the major works used for researching the project.

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The student will give a }50\mathrm{ minute presentation in the Fall
1 9 9 4 \text { semester at Northern Illrnois University which will}
discuss the project, show its progression, and evaluate the
results.
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5. What is the time frame for completion? Do you want to submit your Capstone results to other external reviewing agents; departmental honors, prize competitions, etc.?

I will have the project completed by December 18, 1994. I would like to compete for any recommended prizes, awards, and honors.
6. List all courses that you have had which provide a background for this proposed study.
(see attached transcript)

Student Social Security Number
" Request approved:
$\frac{\text { DR. GALEN KAPPERMAN }}{\text { Printed Name of Instructor }}$


I hereby certify that the above mentioned independent study does not duplicate in content and/or method similar material offered in a regular course in this, the semester of enrollment or the LmmedLateLy preceding or immediately subsequent sementess.



LEE KOEPFINGER, JR.
Director and Coordinator
Summer Recreation Program

## Behind the Scenes

It was because of your constant dedication and determination that we were able to participate in all of our field trips and events. Thank you for your moral and financial support.

## Closing Comments

As S.H.A.R.P. 1994 closes we would like to take this opportunity to thank our students, parents,; staff and volunteers for making this program possible. S.H.A.R.P. 1994 was a success, not because of anyone person or because of anyone idea, but rather because of the collection of ideas and dedication of all who were involved.

Please continue to evaluate the program throughout the year and if you see other groups doing interesting activities or you come up with an idea in which you would like to see your child participate - please drop us a line or give us a call. Remember, together we have and will continue to make our dreams become a reality.

- "The Big Guy in the Back. "


