

Parkland College

Kinesiology Courses

Natural Sciences Courses

2015

Kinesiology 183 Advanced First Aid, CPR, and AED Fall 2015

Dorie Geissler

Parkland College, dgeissler@parkland.edu

Recommended Citation

Geissler, Dorie, "Kinesiology 183 Advanced First Aid, CPR, and AED Fall 2015" (2015). *Kinesiology Courses*. Paper 6.
http://spark.parkland.edu/kines_course/6

Open access to this Course Materials is brought to you by Parkland College's institutional repository, [SPARK: Scholarship at Parkland](http://spark.parkland.edu). For more information, please contact spark@parkland.edu.

Syllabus & Course Overview
KIN183
Advanced First Aid, CPR, and AED

Instructor:	Dorie Geissler
Class Location:	X103
Email:	Cobra E-mail (All instructors), dgeissler@parkland.edu
Office Location:	L240
Office Hours:	Tuesday 12-12:50 pm
Mailbox:	L120

Objective:

To provide students with the knowledge and skills to be a first responder and to meet the needs of many emergency situations where first aid is required.

PREREQUISITES: None. However, a basic understanding the human body will aid in your understanding of the information.

Textbook:

Advanced First Aid, CPR, AED. 6th edition. AAOS. Copyright 2011 ISBN 1-4496-3505-9

Course Description:

Theory and techniques of First Aid and CPR with emphasis on recognizing and responding to emergencies, and developing the skills needed to provide appropriate care. Certification is provided upon successful completion of the course with no more than 3 absences during a 16-week semester.

Useful Websites:

Parkland's Homepage: www.parkland.edu

My Parkland (student e-mail, semester grades, registration, etc) <https://my.parkland.edu/>

Parkland On-line: <http://online.parkland.edu/>

Direct link to Cobra (class platform): <https://cobra.parkland.edu/>

CAS – Center for Academic Success

If you find yourself needing assistance of any kind to complete assignments, stay on top of readings, study for tests, or just to stay in school, please contact one of the following staff at the Center for Academic Success <http://www.parkland.edu/resources/cas/>

Disability Services

Students with approved accommodations through the Office of Disability Services are expected to meet privately with instructors to discuss accommodations listed on their Disability Services ID card. (e.g. extended time on exams, notes, etc.) This personal introduction officially marks the beginning of your accommodations for the semester. Instructors should be allowed to view your Disability Services ID card and note approved accommodations. Reader/Scribe and Extended Time Testing Accommodations are not accessible in the classroom. Students should work with Disability Services staff to schedule tests/quizzes with accommodations. Call Disability Services at 353-2338 or visit us in X 148.

Class Structure:

1. Lecture supported by PowerPoint, overheads, and text.
 2. Discussion and Group work
 3. Individual work
 4. Guest speakers
 5. Demonstrations
 6. Practice and Application
 - Students practice skills in pairs.
 - Skills checks are based on pass/fail grade.
 - Mannequins will be used for practice and skill checks.
 - Appropriate and comfortable dress is necessary
 - Safety
 - In the practice phase of the course we do not actually perform all skills or techniques - we may simulate appropriate select skill techniques.
 - Safety is always a consideration in the application of skills.
-

Certification Eligibility (If you meet all three below, you will receive a CPR certificate, valid for one year and a Standard First Aid certificate valid for three years.)

1. Successfully complete the course with the letter grade of an A, B, or C.
 2. Have strong attendance missing no more than 3 hours of class time (>3 absences will prevent certification).
 3. Correctly demonstrate and pass each skill to be certified.
-

Grading:

1. **Attendance.** Regular attendance and participation is required. If a student must miss a class, he/she must contact the instructor prior to the absence to determine if the absence can be excused. If a student is unable to contact the instructor prior to the absence, documentation must be provided for consideration. Students must be in their seat when the class begins for full consideration.
-

2. **Skills Test in Classroom (time and date will be section specific and announced in class).** If you know ahead of time (at least one week in advance) that you will be absent on the day of a skill check or an exam, accommodations can be made with the instructor to make up work without penalty. However, any unexcused absence will impact attendance and possibly certification eligibility. All skills drills must be made up for first aid or CPR certification. If a missed skills drill is excused due to hospitalization, illness, emergency, accident, death in the family or prior approval, it may be made up for credit. If it not excused, it must be made up however, no points will be granted. Skills tests will cover the following topics:
 - Primary Survey/Physical Exam
 - CPR for Adult, Child, Infant
 - Conscious & Unconscious Choking Adult, Child, Infant
 - AED
 - Bandaging
 - Splinting

3. **Multiple Choice Exams.** A 50-point quiz will be given upon the completion of each module. A total of six quizzes will be given. The lowest quiz score will be dropped. You will receive a point total for each quiz, but no letter grade. If you have approved documentation (hospitalization, death in the family, etc) for missing a quiz, it will be completed in the testing center. Students who arrive late for the quiz will forfeit any time they missed. No extra time will be given for latecomers.

4. **Assignments Submitted Through Cobra due by 3pm.** There are 6 assignments due the same day as the module exams. Unfortunately, regardless of circumstances, there can be no makeup assignments as they will be graded and returned swiftly compromising assignment integrity. However, I understand that “life happens” and that there may be a family emergency, a car accident, an illness or a sports event that prevent you from completing an assignment. With that in mind, the lowest one assignment is dropped.

5. **Final Exam Taken in Classroom.** Parkland College requires that a final exam be given during final exam week. There will be no early finals or make-up finals given, except in cases of medical emergencies or a death in the family. Please plan vacation travel, job interviews, and work schedules to avoid conflict with the final exam.

Grading Breakdown

Attendance/Participation	160 points (10 points per week of class)
Skills Tests	240 points (40 points per skills test)
Exams	250 points (1 exam dropped, 5 x 50 pts each)
Assignments	250 points (1 assignment dropped, 5 x 50 pts each)
Final	100 points (1 comprehensive final exam x 100 pts each)
TOTAL	1000 points

Grading Scale

90.0- 100% (900+ points)	A
80 – 89.9% (800+ points)	B
70 – 79.9% (700+ points)	C
60 – 69.9% (600+ points)	D
59% & below (<600 points)	F

Drops/Withdrawal Procedure

The first week of class, I am required to assess your attendance. If you have not attended regularly to that point, you will be dropped with no refund of tuition or fees. After the ten-day roster, you should not plan on an instructor withdrawal if you want to withdraw from the course. You are ultimately responsible for your own withdrawal by the withdrawal date. Non-attendance after the first week will result in an F.

EXAM AND ASSIGNMENT TOPICS	CHAPTERS	DUE
Background, Action, the Body, Scene-Size-Up (Module 1) 3 weeks	1-4	September 10th
CPR, AED, Shock (Module 2) 3 weeks	5-7	October 1st
Bleeding, Wounds, Burns (Module 3) 3 weeks	8-11	October 22nd
Head, Spinal, Chest, Abdominal, Pelvic, Bone, Joint and Muscle Injuries (Module 4) 2 weeks	12-14	November 5th
Extremity Injuries, Splinting, Sudden Illness, Poisoning, Bites and Stings (Module 5) 2 weeks	15-19	November 19th
Cold and Heat Related Injuries, Rescuing and Moving Victims (Module 6) 2 weeks	20, 21, 25	December 10th
Final Exam (All Module Material)	1-21 and 25	TBD

ALL EXAMS, ASSIGNMENTS, AND DISCUSSIONS ARE DUE ON THE SAME DAY LISTED ABOVE

- **EXAMS:** All exams will be taken in Cobra at the Testing Center. There will be no class meeting on quiz days. Instead, you are to take your quiz in the Testing Center. Please note you need a valid Parkland ID to be permitted into the Testing Center. Quizzes will be reviewed the following class period.
- **ASSIGNMENTS:** Assignments will be presented in Cobra and can be done from home or any other computer with internet access and are due the same time as the exam. Students are encouraged to work ahead on their assignments as they are a wonderful means of reviewing important information for the exams.
- **SKILLS DRILLS:** All skills drills will be done in class prior to the module deadline above as a means of teaching the material in a hands-on manner.
- **FINAL EXAM:** The final exam is based on the skills drills and encompasses any situation that could surface surrounding those skills drills. It is a multiple choice, paper exam that goes beyond the 'hands on' and includes information discussed during skills drills, skills drills related information covered in the book and any special situations that could surface during an emergency where a skills drill was performed.