

# ESCalate Themed funding: Student Well-being Grant Project Interim Report

Date submitted	22 December 2010
Project Title	Troublesome Encounters: Strategies for managing the wellbeing of Postgraduate Education students during their learning processes
Project Leader	Prof Gina Wisker
Institution	University of Brighton
Partners	<ol> <li>Professor Ray Land, Education, University of Strathclyde</li> <li>Professor Erik Meyer, Education, University of Durham</li> </ol>
Project Start date	1 March 2010
Project End date	31 July 2011

#### Troublesome Encounters: Strategies for managing the wellbeing of Masters and Doctoral

### Education students during their learning processes

### **November 2010 Interim Report**

Principal Investigator: Professor Gina Wisker

Researcher: Charlotte Morris

Partners: Erik Meyer, University of Durham; Ray Land, University of Strathclyde

#### **Project Aims:**

- 1. Develop theoretical understanding through capturing troublesome encounters specific to Education research students;
- 2. Explore how these encounters impact on personal, professional and academic wellbeing and
- 3. Identify wellbeing and emotional resilience enhancement strategies students, supervisors, programmes and institutions can employ to enable successful learning experiences.

## Project Plan and Progress to Date

Date	Activity	Progress to date
March 2010	Recruitment of	Charlotte Morris ( <i>Research Officer</i> ) Samantha Cochrane
	personnel	(Research Administrator)
March 2010	Initial project team meetings	Meetings with key contacts at Brighton, Durham and Strathclyde took place during the summer term and an end of term project meeting took place at Brighton in July.
April 2010	Ethics Approval sought	May 2010 – Ethics approval granted
July 2010	Recruitment strategy; focus group and interview schedules designed	Participants recruited via survey and additional correspondence; recruitment for focus groups and interview and interview schedules discussed at end-of-term meeting
July 2010	Dates for project activities in place	<ul> <li>26 January (tbc) 2011, 10.30am-12pm project team meeting</li> <li>9 - 10 March 2011 staff / student workshops in Brighton</li> <li>20 - 22 March 2011 workshops in Durham &amp; Strathclyde</li> <li>16 June 2011 symposium in Strathclyde</li> <li>24 June 2011 symposium in Brighton</li> </ul>

September 2010	Recruitment of	Contacts were made via survey. A letter of
	students and staff	invitation was distributed to members of
	for focus groups &	staff and to students. The project was
	interviews	publicised at participating institutions.
September 2010	Design, distribution	The survey was initially distributed in May
	and analysis of	and also at the beginning of Autumn term to
	survey	maximise participation. To date, just under
		200 participants have completed the survey.
		Analysis will be underway at the beginning of
		Spring term and completed at the end of that
		term.
October 2010	Focus groups and	To date, 6 student interviews at Brighton; 7
	interviews	interviews at Strathclyde and 5 at Durham
	underway	(total of 18) have taken place. It is hoped
	-	that more masters level students will now be
		recruited and a further 6 interviews are
		planned. Focus groups of staff and students
		have been conducted at Brighton and
		Durham. It was not possible to run focus
		groups at Strathclyde for reasons beyond the
		project's control. However the team is
		confident the data gathered so far will be
		sufficient to answer the research questions.
		The research is on schedule to be completed
		by January as planned.
November 2010	Project team	This is now planned for January 2011 when
	meeting	colleagues have better availability; research
		will be completed and analysis begun. Plans
		for workshops and dissemination events in
		Spring / Summer terms will be discussed.