

APPENDICEAL MUCOCELE

- Unexpected diagnosis in a Gynecology Department -

Gynecology Department – D. Estefânia Hospital, Lisbon, Portugal

Introduction: Pelvic cystic disease is common and the majority originates in the ovary. Mimics of ovarian cyst include: peritoneal inclusion cysts, paraovarian cysts, appendiceal mucocele and others. Appendiceal mucocele is a term widely used in both benign and malignant (10%) lesions. It is a rare entity, occurring in < 1% appendicectomies, with a female predominance 4/1 (F/M), and diagnosed in their 50s or 60s. The symptoms and laboratory findings are nonspecific or absent. Because of that, it is often incidentally discovered, either during surgery or on radiologic examination. Majority are a benign process (mucionous cystadenoma), most of which can be treated by appendicectomy alone, with careful exploratory laparotomy, to minimize the risk of seeding the peritoneal cavity with tumorous mucin.

Objective: The authors present two cases of appendiceal mucocele, diagnosed in our Department, as an intraoperative finding.

CASE REPORT 1

- Year: 2004
- Age: 56 yr
- Postmenopausal
- Asymptomatic
- Routine Pelvic US finding:
 - Right adnexal septated cystic image, 53x48mm, hipovascularizated septa and a vascularizated capsula with low flow resistance
- Laboratory findings: \(\gamma CA125\) (71,3U/ml)

CASE REPORT 2

- Year: 2010
- Age: 62yr
- Postmenopausal
- Asymptomatic
- Routine Pelvic US finding:
 - √ Heterogenous right adnexal mass, 94x84mm, without signs of vascularization in its interior
- Laboratory findings: †*CEA* (41,47U/ml)

Exploratory Laparotomy

- An incresead gelatinous right ovary
- Appendicular enlargement

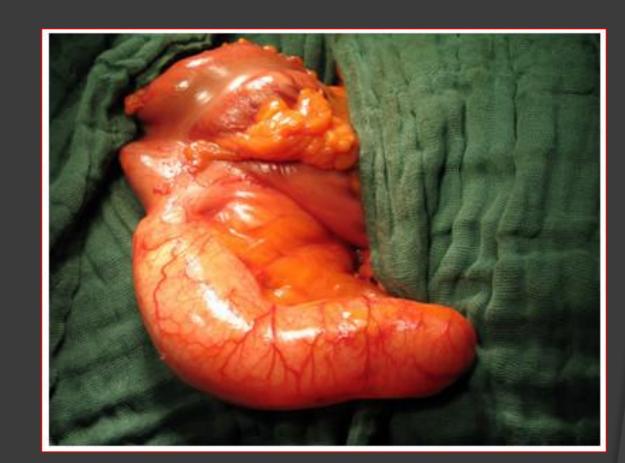
Intraoperative examination

Pseudomixoma peritonei associated with an appendiceal mucocele and a mucinous ovary tumor



- Appendicular enlargement
- Macroscopically normal pelvic organs





Final Histologic Diagnosis

Appendix mucinous cystadenoma with peritoneal mucinous dissemination involving the right ovary

Appendix mucinous cystadenoma and signs of localized pseudomixoma peritonei

Discussion: The appendiceal mucocele despite rare, should be considered when a patient presents with a right adnexal mass. To the gynecologist, this finding represents a challenge in surgical approach and sometimes requires the support of the surgeon and medical oncology.