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# Engaging Students in the Research Process: Strategies for Success

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Engaging Students in  
the Research Process:  
Strategies for Success

Tammy Sugarman  
9 May 2005

● ● ● | The Analogy

Achieving and Maintaining a Healthy Lifestyle	Players
Learning and Using an Appropriate Research Strategy	Conflict
	Strategies



# Healthy Lifestyle: Players

- You (anyone) who desires a healthy lifestyle for intrinsic reasons
  - You (anyone) who desires a healthy lifestyle for extrinsic reasons
- 
- Dietitians – professionals who believe in it, want to promote it, want to help people achieve it
  - Other health professionals, fitness trainers, etc.

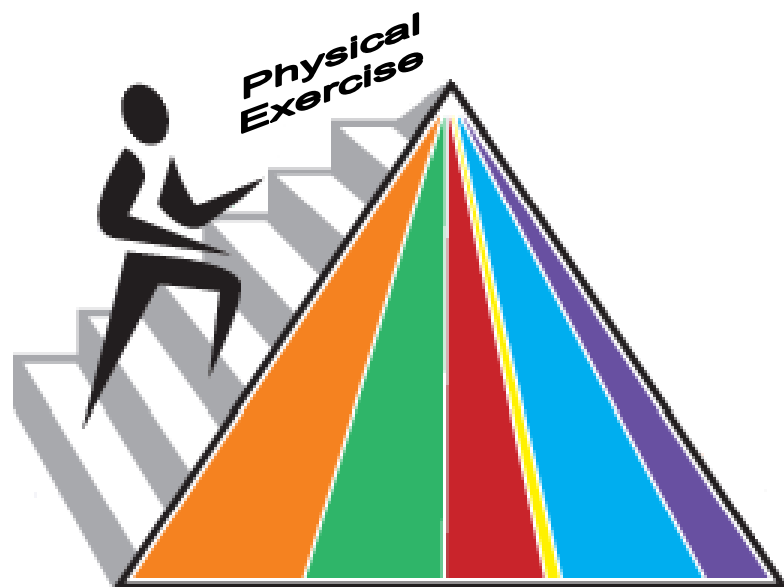


# Research Process: Players

- Students who want to learn how to do research for intrinsic reasons
  - Students who want to learn how to do research for extrinsic reasons
- 
- Librarians – professionals who believe in it, want to promote it, want to help people achieve it
  - Teaching Faculty – professionals who want students to learn it in order to produce quality research papers, etc.



# Healthy Lifestyle: Ideal



<http://www.mypyramid.gov/>

Grains	Orange
Veggies	Green
Fruits	Red
Oils	Yellow
Milk	Blue
Meat/Beans	Purple



# Research Process: Ideal



Library Resources	Orange
Librarians	Green
Faculty	Red
WWW	Yellow
Writing Center, other support	Cyan
Google	Dark Purple

# ● ● ● | Healthy Lifestyle: Conflict

Dietitians / Health Prof.	The Public
Well balanced meal Low fat foods	Ready to prepare Fast food
High nutritional value	Tastes good
Exercise daily	Exercise when convenient, easy



# ● ● ● | Research Process: Conflict

Librarians	Students
Fill the information need	Just some articles A book or two
Critical evaluation	First few results are fine
Takes Effort Takes Thought Takes Time	Find it and get it fast Multitasking Convenient
Ask for help	Self sufficiency; control



# Healthy Lifestyle: Strategies

- Media exposure
- Partnerships
- Education
- Choices
- Convenience
- One size does not fit all
- It's not all or nothing
- Help available



# Research Process: Strategies

- Marketing
- Partnerships
- Education
- Choices
- Convenience
- One size does not fit all
- It's not all or nothing
- Help available

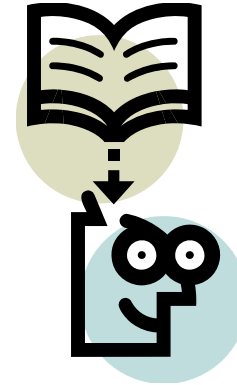


# Conclusion

- Ongoing process
- Flexible
- Encouragement
- New approaches
- Assessment and Revision
- Incremental learning
- Make it part of the culture



# Conclusion



Make smart choices from every food group

Make smart resource choices

Find your balance between food and physical activity

Find the balance between quality and convenience

Get the most nutrition out of your calories

Get the most out of your research experience