



# The Observer



Volume V, Issue 1

New Hampshire College

September 30, 1998

## HOPE YOU ARE ALL ENJOYING YOUR FALL SEMESTER!



*Movin' on up: Men's soccer team moves from 12th to 6th ranking in the NCAA. Find out more on page 16. (Photo by Tom McDermott)*

## What's in a name?

By Jessica Plourde

The rumors are flying, and this time they may be true. NHC's Board of Trustees has retained Dr. Robert Zemsky to conduct a feasibility study on the possibility of changing the college name to university.

Dr. Zemsky, director of the Institute for Research in Higher Education at the University of Pennsylvania, is expected to return to NHC soon to interview faculty, staff, students and alumni. The study should be conducted and submitted before the end of the calendar year, according to President Gustafson.

This study will also clarify the issues that need to be addressed if the name does change. The Board of Trustees must take several things into serious consideration after receiving the final report; changing the college name to university is a long and expensive venture. New signs, stationary and advertisements, among other things, are projected expenses that must be reviewed and considered, said President Gustafson.

The idea of changing NHC's name to university seems to appeal to many people. The name university is often given more stature in society. Some alumni feel that changing the name of the school will help to show the continuing growth of the college. Others fear that the college will lose its name recognition if the name is changed.

Several names have been proposed thus far including Manchester University, Merrimack Valley University, Amoskeag University and John Stark University (after the Revolutionary War hero and former owner of the land on which NHC is built).

NHC met the New Hampshire state criteria for university status with the addition of a second doctoral program in the Graduate School building. If the Board of Trustees decides not to vote for the name change now, they may change it in the future as long as NHC remains accredited and has at least two doctoral programs in a separate identifiable building.

## New sleepover rules

By Danielle Nuss and  
Lauren Kobs

Big plans for the weekend? Are your friends from home coming to visit? Or your boyfriend or girlfriend? Make sure to read up on the new guest policy in the student handbook. Remember way back to the beginning of the year, that little yellow and blue book everyone got. You know the one, check under that pile of laundry in your bedroom or check the coffee table; what you thought was a coaster is actually your student handbook.

Just in case that pile of laundry is out of control or your coaster has had one too many drinks spilled on it, here's the deal:

- All visitors including commuting students and alumni must be registered with public safety.
- All guests must follow all college rules and guidelines.
- All students hosting guests are fully responsible for their guests' actions.
- A temporary parking permit must be hung from their rear view mir-

- ror and be fully visible.
- Guests may be asked to leave at any hour if they are in violation of college policies.
- Guests are limited to 4 nights within a 30-day period with no more than 3 consecutive nights per stay.
- No guests are allowed during final examination periods.
- Rare exceptions are made for the next of kin or for demonstrated need.

George Miville, Director of Public Safety, said the growing concern the college has in regard to the guest policy stems from non-residents staying on campus too often, either visiting or living. According to Miville, you can extend the amount of time your guest stays on campus by talking with the Resident Director of your area or Robert Schiavoni, Director of Residence Life.

Make sure you plan ahead so your guests stay goes smoothly. If you have any further questions contact your Resident Assistant, Resident Director or a Public Safety officer.

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The Maintenance Department in conjunction with the New Hampshire College Observer has a customized recycling program. Just deposit your copy of The Observer in recycling bins located in the Student Center.



## From the Editor's desk:

Welcome back to another year at NHC. I hope you all enjoyed your summer. I definitely enjoyed my summer but, personally, I was eager to come back to NHC - my home away from home.

I'm very pleased with the response we have received from students who are interested in being involved with *The Observer*. Our staff is already beginning to settle in to their areas of participation. I must say that a lot of this is due to our new office. In case you haven't seen it yet, it's near the quad, across from the library. Because of this central location, more students are aware of *The Observer*. And at night when walking by, you can see staff members in their office working diligently on the latest issue.

I feel that the interest in *The Observer* from many students will help the paper to reach all of its expectations and goals for the academic year. On Club Day, there were many students (especially freshmen) who signed up to volunteer their time and effort. A reminder to those who would like to join our prestigious organization, our meetings are 7-8pm Tuesday nights in the office, and on Thursdays during free period in the SGA conference room (across from the pub).

I would like to congratulate the new staff on a wonderful first issue. I couldn't be happier with the progress that has been made. I couldn't have expected more for the first issue of the year.

For anyone who would like to contribute articles or letters to the editor, our next deadline is October 22. Just drop your contributions off in mailbox 1084 in the Student Center.

Again, good job to the new staff. I hope the campus community enjoys this issue.

Tara L. Cowdrey  
Co-Editor in chief

*“Keep your fears to yourself, but share your courage with others.”*

**- Robert Louis Stevenson**

## From the Editor's Desk:

First off I would like to thank everyone who contributed to the first issue of *The Observer*. You were all a huge help. Another big help is the new office. This issue would not have come together without these things. This year the interest in *The Observer* has at least doubled, mostly due to the new office. The office's location allows us much more visibility. We invite all that want to come and join to feel free to do so.

This month in *The Observer* there was some focus on the inevitable, President Clinton. President Clinton is in wave of scandal and controversy. What is with this guy anyway? He is wrong and he just can't admit it. Sure, he says he is sorry, but I really don't even think he knows what he is sorry for. I don't care that he had an affair. My problem with him is that he lied to the American Public. He lied under oath, and is trying to cover it up with the way that Ken Starr asked the question. I feel he was caught in a lie and is just trying to weasel his way out of it.

This is a President who promoted family values so dominantly in his campaign. He lied to the American public, but also he took it home with him and lied to his wife and daughter. He committed adultery and perjury. Whether or not anyone agrees with me I think that President Clinton does not deserve the reign of "President." Now that I have gone on this tangent I truly am thankful for everyone's help in this issue and hope that it will continue as smoothly throughout the year.

Andrea Hill  
Co-Editor in chief

### THE OBSERVER

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The New Hampshire College Observer is a news publication produced by New Hampshire College students and funded largely by the Student Government Association of the college. It is our responsibility to inform the New Hampshire College community about events on and around our campus. The Observer will print any material that is found to be factual and in good taste by the editorial staff of the paper.

## To the Editor:

Bill Clinton committed adultery, defiled the Oval Office and possibly lied under oath. Should Clinton be impeached? Should he have to resign? Before you answer this simple yes or no question, put yourself in his position.

During his campaign in 1992, allegations of adultery surfaced from several sources, most notably Paula Jones and Gennifer Flowers. Allegations such as these are not too bizarre for public figures. Let's not forget someone even claimed to be Michael Jackson's lover. Bill Clinton, or as we affectionately dubbed him during his campaign, Slick Willy, seemed to be in a different predicament. The allegations seemed very plausible; however, we chose to ignore this and focus on education reform, budget balancing and other issues that in fact have an impact on our lives. Based on his record and his campaign promises, we the American people elected William Jefferson Clinton America's 42nd president.

Now we want to impeach Bill Clinton? Is it because he has initiated a balanced budget? Is it because he has made tremendous strides in improving education? Is it because our economy is flourishing while the Asian and European markets are wilting? No, it is because he had "an inappropriate relationship" with a woman. If this is why we want to impeach Clinton then we must ask ourselves, why did we elect him as the president in the first place?

Now I am sure you are saying that's all fine and dandy, but he still lied to the American people. Damn right he did! What would you do? Would you openly admit to having an affair? We all saw the taped testimony of how he was uncooperative and didn't assist the grand jury in its investigation. I really hope none of you expected Clinton to help them. As a defendant he only has to answer the questions asked of him. No law states he must divulge information not asked of him. That's like asking him to pull the lever on his own electric chair. Besides, if we impeached solely on the basis of lying to the people, then why wasn't George Bush impeached for saying "No new taxes?"

Richard Nixon was impeached for his role in Watergate. We all know that Nixon abused his powers as president and for that he should have been impeached. Clinton's original scandal didn't even revolve around women; it revolved around a failed real estate deal from over 20 years ago!

Many people are trying to compare Watergate to Whitewater. They are saying Clinton used his government positions to cover up and influence people in the original real estate deal and in related investigations.

Whitewater, for those of you who remember the beginning of the Starr investigations, was the sole reason for the independent council in the first place. In Kenneth Starr's 400-page report to congress there was nothing concerning the President and any wrongdoing in the failed Arkansas real estate deal. Instead the report focuses almost exclusively on the president's affair with a young intern, Monica Lewinsky.

A president can not be impeached unless there is evidence of "High crimes and misdemeanors" as outlined in the constitution of the United States. The term is so vague everyone has his or her own interpretation of this phrase. As we all know the Republican majority in the Congress has a far different interpretation than that of the Democrat minority. Again, ask yourself, is lying about an affair a high crime or misdemeanor?

Some say that Clinton is no longer capable of performing his duties as president; that remains to be seen. Since the Whitewater investigation started back in '95, Clinton's approval rating has been in the high 50's, low 60's. These are some of the highest approval ratings of his tenure. So if the people approve of his job and accept the fact he is not a single-woman kind of guy, then why do we want to impeach him?

Thomas Jefferson, one of our founding fathers, did not get impeached; even though he fathered two illegitimate children with his mistress. President Kennedy is also well known as a womanizer except we glorify his exploits. It is one of the things the American public remembers him most for, Marilyn Monroe. The presidential list goes on and on. Dwight Eisenhower, Franklin Roosevelt, Grover Cleveland and probably more all had extra-marital affairs. So again I will ask you on what grounds can we impeach Bill Clinton? The answer, none. He will take his place among the Eisenhowers and Roosevelts as great presidents with a tad too much testosterone.

Rich Winefield  
Photography Editor

## The Observer's thrilling Halloween writing contest

*The Observer* welcomes you to a Halloween thriller. Continue our story, maybe a killer or maybe a chiller. Fewer than 300 words has to be the size to entitle you to be eligible for the \$25 cash prize. (Drop off in Box 1084 in the Student Center by October 22.)

*We took out the Ouija Board and it was time to play the game "Dare Devil." Our energy flowed into the pointer, commanding those from the parallel world to join us. The candles flickered and died out. Then suddenly...*

## Students can register to vote on Web

Source: College Press Service

Thanks to NetVote '98, students can register to vote without ever leaving home.

The Web site – sponsored by the American Association of Retired Persons (AARP), MCI and Rock the Vote – can be found at [www.netvote98.mci.com](http://www.netvote98.mci.com). The site states that the cyber-registration is a joint effort "linking generations, young and old, through the powerful combination of civic participation and our latest technology." Using the site to register is simple. Just follow the directions that apply to your state.

Two to three weeks after completing the online application,

you will receive a card – already addressed to your state's Secretary of State – via snail-mail. Check it for accuracy, sign it, and drop it in the mail.

There's no reason to even lick a stamp; the postage is paid for.

The process is a direct result of the National Voter Registration Act of 1993, commonly known as Motor Voter, which allows people to register at their department of motor vehicles or at various public assistance agencies. The act also required the Federal Election Commission to create one uniform application that can be used to register voters in all 50 states.

*The Observer* welcomes correspondence from students. Please include your name, address and daytime telephone number. Letters are subject to condensation. If sending your letter on a disk, please be sure to type and save it using Microsoft Word to ensure compatibility and faster processing. Letters must be signed.

Our mailing address is:

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The OBSERVER  
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If you are on campus, drop your letters off at either the Mailroom or through the slot in the door at the student mailbox area in the Student Center across from the Bookstore.

# Fresh air and a stroke of genius

By Bobby Reeve  
Wellness Center Counselor

It's the season of ripening berries, picking apples and walking through the tinted leaves of autumn. This time of year ducks, geese, osprey and eagles all migrate along the Merrimack River (right behind the campus) during the day. Most evenings songbirds do the same, guided by the stars; they can be heard if one listens for their gentle, evening "cheeps." The crisp air and obvious changes of season help us to ponder on our surroundings, and can stimulate ingenious thought or personal insight.

Lao-tzu, in the *Tao Te Ching* (his book of poetry on living a sensible life), draws on observations of nature for accurate metaphors. Native American wisdom is born from observation and connection for understanding the mysteries and workings of this world. Wendell Berry's observations on his farm in Kentucky have provided the wisdom for his prose and poetry.


To avoid plague, Isaac Newton left London in his early twenties and headed to his family farm. While there, his observations of falling apples and planetary movement led to life-long pursuit of scientific inquiry. Charles Darwin's observations while aboard *The Beagle* gave him the data, which he spent much of his life examining, to formulate

his *Origin of the Species*.

Inside the atomic particle accelerator at the Fermi National Lab in Illinois, the scientists have spent non-work hours recreating a prairie habitat, including bison similar to the one that existed as recently as 300 years ago. They claim it helps them think.

My sister is a landscape architect, who specializes in healing garden environments for hospitals, rehabilitation centers and sheltered homes. She visits monastery gardens for inspiration, like those used by monks for the same purpose. Residents say they "feel" better for visiting the gardens.

I walk most days at lunchtime to help keep a fresh point of view. I've seen eagles and witnessed a ring-necked pheasant survive the winter (they rarely can) eating bittersweet berries along the Merrimack, practically next to the Maintenance Building. My thinking is improved most days just for the effort, even if I don't see something extraordinary every day. It is hard to say exactly how it happens; it just does. Whether my insight is small or profound, the fresh air helps me think, and I am renewed. Along the river I've made a "connection" with a strained branch and a strained friendship; I figured out a way to repair a broken fly rod and even a recipe for shrimp with ginger and cilantro. There is something to the idea of a little fresh air and a stroke of genius. I hope to see you out there.



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## College enrollment at record high, Education Dept. says

Source: College Press Service

More students are heading to college than ever, according to a study released by the U.S. Department of Education.

A record 14.6 million freshmen enrolled in school this fall -- about 240,000 more first-year students than a year ago.

The booming freshman classes are directly linked to an increasing number of high school graduates. Last year, a record-breaking 67 percent of high school seniors went directly to college. That number is projected to rise another 17 percent over the next decade, said Tom Snyder, director of the department's National Center for Education Statistics.

"It's very difficult to say exactly what it is that makes up people's minds to do things," he said. "But in this case, many young people feel that getting a college education is a really big help when it comes to finding a good-paying

job. And they're right." While enrollment of nontraditional students, particularly those older than 35, is up 7 percent, it's the younger crowd that's driving the frenzied pace at which colleges and universities are expanding their living quarters and support services. Schools nationwide, including Stanford University and the University of Delaware, are reporting packed dorms.

Some schools will have to work hard -- perhaps even raise academic requirements -- to control the wave of students expected to crash through their doors within the next 15 years. The report predicts that 52.7 million children will enroll in grade school this fall, surpassing last year's record by about 500,000. The record-breaking pace is expected to continue at the elementary and secondary school levels for at least the next eight years, with about 54.3 million children attending U.S. schools by 2008.

## SGA News

A good time to be a Student

By Bill Kovel

I am very excited about this year and the atmosphere at the college. Club Day was a highly successful event with all clubs and organizations recruiting new members. This shows not only the eagerness of the new students but unity throughout the campus. Whatever organization students chose to investigate, the only advice I have would be to pursue it. Take the risk; don't hold back; join these organizations now. It will only benefit you in the future.

In other news, the Student Government Association held its first meeting on Tuesday, September 15, at 6 p.m. The tone of the meeting was exciting and positive. Committees were assigned and everyone was happy to be back and ready to get down to business. For students who are not aware of SGA's purpose, it is to assure that the students have a voice in the policy making at New Hampshire College. We are committed to representing all students. If students have questions or concerns

about the environment of the school, they are encouraged to attend our open meetings every Tuesday at 6 p.m. Other possible outlets for communication are to contact your class representative or the SGA Executive Board. Concerns can be anything regarding student life to academic issues and many others that fall in between.

This year's executive board of the Student Government Association consists of 5 members. The President is Bill Kovel, a senior. Jason Ward, also a senior, is the Executive Assistant. Ben Sutch is the Vice President and a member of the three-year business program. Nancy Dusseault, a senior, is the returning Treasurer. Sheri McCall, a sophomore, is Director of Internal Relations. These officers all have office hours, which are posted for student convenience.

This year is a great year to be a student. There is something for everyone to become involved with and have a good time. We are here to learn, but I encourage you to experience more than just classes. Explore your options; you won't regret it!

# Campus Security Log

Compiled by Andrea Hill and Tara Cowdrey



The reports printed have been randomly selected directly from the Department of Public Safety's records. All individuals and locations printed have been made anonymous for obvious reasons.

### 9/13/98 Motor Vehicle

On the above date, the gate arm came down on a vehicle causing the gate arm to break. Damage to the vehicle was a one inch yellow scratch and small dent in the driver's door. The driver was a referee for NHC soccer games and was unable to give name and information at the time but would come back after the game. The arm was put back on.

### 9/17/98 AOD Violation

On the above date an RA called in and said that he thought people behind Chocorua were smoking marijuana. Two PSOs responded. On arrival the RA pointed out three students sitting on the cement back step of Chocorua. The PSOs walked up to them and observed a full open bottle of beer between one of the subject's legs. When asked about it, the subject said it was full of rain water. The PSO inspected the bottle's contents and determined that it was beer. The subject held up his bandaged finger and said the doctor told the subject to drink beer for the pain. The subject had bloodshot eyes and was not making much sense with his words. All three denied smoking marijuana. The subject was asked if he had anymore beer in his room and he said "no," but said the PSOs could check. The PSOs followed the subject to his room, but just looked in from the doorway since the subject's roommate was in bed sleeping. The subject was told the incident was being documented. The subject was underage and had no I.D. on him.

### 9/18/98 Public urination

On the above date a PSO saw two people in the woods behind Chocorua. Both were asked to show their IDs and advised to use the rest rooms next time they had to go to the bathroom. When the PSO looked in the locator he could not find his name in the locator. He was not signed in as a guest.

### 9/20/98 Camping

On the above date, a PSO found a vehicle parked behind the graduate school. PSO found the subject sleeping in the back of the vehicle. The subject was a continuing ed. student who had arrived early for class. He was sent on his way until class time.

## Are there enough parking spaces?

By Danielle Nuss and Lauren Kobs

Have you had problems finding parking spots lately? Well the word around campus is that there are none! With the increasing number of freshman and transfer students parking is definitely difficult to find but public safety assured us that there are plenty of spots available on campus. As a student with a parking sticker we are assured a parking spot, not necessarily by our residence. George Miville, Director of public safety gave us some options for parking when you can't find a spot:

- The Main Parking Lot
- The Former Hockey Rink
- The Gym Parking Lot
- Basically anywhere there is a legal spot
- No landscape parking

So you may be wondering if there are any plans for additional parking in the near future. Mr. Miville said there are no definite plans in the near future and that there are enough spaces on campus to hold all the registered cars. Another factor influencing additional parking being added is that a parking spot costs roughly three thousand dollars to make. It should be interesting to see how snow removal is going to work this year. Be sure to read the next edition of *The Observer* to find out about further campus plans that will affect you.

### ANNOUNCEMENT

The Department of Public Safety offers an ON-CAMPUS WALKING ESCORT SERVICE. This service is offered nightly during the hours of darkness. For assistance or additional information, please call the Department of Public Safety. 645-9700

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## Constructive criticism: students tired of noise and dust

Source: College Press Service

Serylle Horwitz discovered unusual damage in her dorm room last year when she returned to campus after spending winter vacation at her parents' house in Israel.

"There was this massive crowbar sticking through the wall," said the sophomore at Columbia University in New York. "My roommate and I freaked out." A building that eventually will house the university's new student union was going up right outside Horwitz's room. Someone had hammered a long, metal bar so hard it jutted out of one building and into another — right through Horwitz's wall. The pipe stuck out just inches above one of the beds. Still scaring Horwitz and her roommate is the idea that one of them could have been sleeping there when the accident happened.

While this dorm horror story is unique, it's not hard to find students across the country who are coping with noisy, dusty construction projects. Colleges and universities have dramatically increased spending to build and renovate their campuses. *College Planning and Management* magazine recently reported that colleges expect to complete \$6.3 billion in construction projects this year — an 8.6 percent increase over 1997.

Public schools appear to be getting most of that money. In 1998, the legislatures of at least 10 states — including Alabama, Connecticut, Illinois, Nebraska, New York and Tennessee — have approved some of their largest financial commitments to campus construction in decades. In April, Minnesota legislators agreed to borrow \$143 million for rebuilding and repairs — the largest loan ever granted for construction in that state's college system.

"Just like businesses, universities need to grow and make progress," said Lori Kay, director of transportation services at the University of Wisconsin at

Madison.

While many students say they like the idea of improving their campus, they despise suffering through the inconveniences of construction, knowing that future students will reap the benefits.

"The noise is the real issue," Horwitz said. "You don't really understand what it means to live next to a construction site until you move in." Then there are those other little issues to worry about, such as parking, sleeping and traveling across campus.

Students at the University of Wisconsin at Madison have watched numerous construction projects tangle traffic, eat up nearly 1,000 parking spaces and foil campus bikers and pedestrians.

At the University of North Carolina at Chapel Hill, students eat in a temporary, plywood hut that serves as a makeshift dining hall while the real one, Lenoir Hall, is gutted and rebuilt.

As if that's not enough, nearly 50 other construction projects, including the development of a new performing arts center and renovation of several dormitories, mar the Chapel Hill campus.

"It's really disturbing to see it all going on at once," said Hope Jackson, a senior psychology major at UNC. "Descriptions of Carolina as the 'Southern Side of Heaven' are rendered false by the noise, machinery and open expanses of mud." At the University of Arizona, students are scrambling to find a new place to hold their annual "Spring fling," booked as the country's largest student-run carnival. Construction of what the school is calling an "Integrated Instructional Facility" and expansion of some offices will make it nearly impossible for the ninth annual event to be held on campus next year, which is a particular bummer for university clubs and organizations which use the festival as their primary means of fund-raising.

"I don't think as many stu-

dents would come if it was moved," said UA junior Gabriell Sweetland. "I know many students, such as myself, who don't have transportation and would have trouble getting somewhere off campus." Future students at the University of Oregon at Eugene can look forward to a new student union and a Nike sports center, but neither means much to senior Jennifer Gleason. "I won't be here to use them," she said.

Library renovation is what bothers dedicated academics most. Sara Cotner, an American studies major at Stetson University in northern Florida, said the process of revamping her campus library "has created a distracting environment that is not conducive to studying." Unlike much of the grumbling and griping coming from the rest of the country, undergraduates at Columbia say

they're not too bothered by the renovation of their main library because construction typically happens between 7 a.m. and 3 p.m. when they're in class. But perhaps an even bigger reason for their indifference is that they don't use their library to study anyway. They hang out there instead.

And why is that? Well, their campus options are limited — especially given that they haven't had a student union for the last two years. A new one is, well, under construction.

"The study environment here (at the library) really couldn't get any worse," said Marc Sjolseth, a junior who works at the Columbia library. "It's kind of a pain when the people next to you are eating Cheetos and talking about who did whom at some party last weekend."

## Creatine vs. steroids: is there a right choice?

### The Facts

By Dave Dueringer

Today athletes at all levels of competition are constantly looking to gain a competitive edge over their opponents. Some athletes discipline themselves by weightlifting, hard work and dedication to gain the desired edge. Others choose the easy and sometimes dangerous way — drugs.

There are two prominent drugs readily available to athletes. The first and most dangerous are anabolic steroids. Steroids were developed in the 1930's as synthetic forms of the male sex hormone testosterone, which stimulates bone, skin, and hair growth, lowering of the voice and emotions. Steroids produce various side effects, positive and negative. Athletes using steroids experience rapid gains in weight and muscle. However, there are also negative effects that users, both past and present, are prone to, such as cancer, liver and kidney damage and stunted growth.

Creatine has become a popular alternative to steroids. Creatine is naturally produced primarily in the liver but also in the pancreas and kidneys. It is then transported via the bloodstream to the muscle cells where it enhances the hydration of cells. This in turn improves protein synthesis and muscle growth. Creatine, a white powder substance, is available to athletes over the counter in health stores like GNC. Users can achieve significant results by taking "loaded" doses of creatine. Four separate five-gram dosages are recommended for five to seven days. Thereafter, two to five grams daily are recommended as

maintenance doses. Research has shown no adverse side effects except weight gain, which is often the most sought after result of creatine usage.

**My opinion:** After extensive research into this topic, I have concluded that neither steroids nor creatine are a proper choice for any athlete, professional or amateur. I feel that at all levels competition should be pure in nature. Years ago, steroids were legal and available over the counter similar to creatine today. Steroids have since been made illegal and banned. Athletes who choose to use steroids are cheating themselves and risking their future well-being. The short-term effects may prove to be beneficial but the long-term effects need to be seriously considered when contemplating the use of steroids.

From a personal standpoint, when I played high school football steroids were available. I contemplated their use but my conscience caught up with me, and I knew it wasn't the right thing to do. I chose to gain muscle and strength naturally by weightlifting, the way it should be done. Today I'm on the other side of the ball as a coach. It is a policy and is stressed to our players that any performance-enhancing substance will not be tolerated. Any violation is grounds for removal from the team.

Athletic competition should be totally free of drugs and drug abuse. Steroids and creatine are among the many drugs that have tarnished the world of sports. When contemplating the use of drugs to gain the "edge," think long and hard about it. Is it worth it?

# NHC's Outing Club

By R. Stephen David

The Outing Club at New Hampshire College is a student-run organization intended to promote interest in various outdoor activities. The club is open to all NHC students with minimal cost per activity. Last year the club went on a couple of hiking trips, horseback riding, whale watching, snow tubing and white water rafting.

One of the hiking trips was to Mount Monadnock, which is the most frequently hiked mountain in the country. It's located in Jaffrey, NH, about an hour west of Manchester. There were 18 students who took part in this 2 1/2 hour-hike to the summit. The weather was cool and breezy, but the skies were clear. From the top we were able to see Boston and Mount Washington. After lunch and picture taking, we began the descent to the van. The trip down was a little shorter in time and distance, but that was due to the entire group making a wrong turn. After a little confusion we did manage to board the van and return to the school.

Horseback riding took place in Candia, NH. Fifteen people enjoyed the one hour ride through the forest. Whale watching was also an enjoyable time for the 12 who took part in this activity. The five-hour cruise out of Portsmouth, NH was very relaxing for most; however, four members of the group would disagree with me on that one. Due to the rocking motion of the boat, they spent most of their time feeling sick and nauseous. Unfortunately, we didn't see any whales, but we did get to see a herd of dolphins frolicking in the waves surrounding the boat.

Snow tubing at Gunstock was a blast. The group spent the day sliding down the mountain on

their rubber inner-tubes, and made it back to NHC without injury or frostbite.

The largest, most popular trip of the year was white water rafting with the Crab Apple White Water Rafting Co. out of The Forks, Maine. Twenty-one students left NHC on a Friday afternoon in April and drove 5 hours for a weekend of adventure. Due to the abnormal weather conditions for the season, the Kennebec River was at dangerous levels so the group was forced to run the Dead River instead.

After the seven-mile trip down the river, the hot tubs were a welcome sight. Soaking in hot, bubbly water while enjoying a cold beverage made for an enjoyable rest before showering and gathering for lunch. The meal was prepared by the staff and consisted of your choice of steak, chicken or fish along with pasta salads, baked potatoes and bread.

When lunch was finished the group assembled in the main office to view some pictures taken by the staff. After a lot of laughs, anyone interested in purchasing some photos for themselves was given the opportunity.

This year the Outing Club has already gone on one hiking trip at Mt. Monadnock and whale watching in Portsmouth. Other possible trips this year include horseback riding, snow tubing, cross country skiing and white water rafting. The club will be going deep sea fishing out of Hampton, NH on Sunday, October 4. Space is still available and the cost is \$5. For more information about this trip or any upcoming trips, call Steve at 525-4630 or Greg at ext. 9305. Once again, the Outing Club is open to all New Hampshire College students, and we are always looking for new and interesting ideas.



These are members of last year's Outing Club who went on the white water rafting trip.

# Queen City: on the qui vive

## Manchester Airport

By Mark Williams

If you happen to be in the vicinity of south Manchester, you may notice an abundance of passenger planes in the air. Manchester Airport has recently (as of June 1998) expanded its facilities to include three new airlines: MetroJet, Northwest Airlines and the distinctive orange-and-brown Southwest Airlines. With the addition of these low-fare airlines a new competitiveness between the eight existing passenger services has grown, driving prices down enough to make air travel a practical means of transportation.

With the augmentation of services offered and the increase in passengers (over 1,050,000 in 1997), Manchester Airport is proposing a \$180 million, seven-year reconstruction plan of its two runways. A 60,000 square foot terminal expansion began construction earlier this year, and a six-level parking garage, which will offer a projected 6500 long- and short-term parking spaces, is due to break ground in October 1998. Also, in September the airport opened a Federal Inspections Services Facility that boasts a full-time U.S. Customs and U.S. Department of Agricultural Services, making international travel and shipping more convenient.

All of this change, though, has not negatively affected the smooth operation of business. In fact, Manchester Airport has passed the FAA Part 139 - Certification and Operations Inspection "correction-free" for the sixth year in a row. This statistic is rare for any airport to achieve and is an impressive testament to the efficiency of this facility.

In the past Manchester Airport was not that convenient for the average traveler because of a lack of some services. With the addition of these new airlines, the local airport is able to provide non-stop service to ten major U.S. cities including Chicago, New York and Washington D.C. The proximity for New Hampshire residents and the obvious advantage of avoiding the problems of Logan Airport are secondary to the price competition provoked by MetroJet and Southwest Airlines low fares. J. Brian O'Neill, the Assistant Airport Director for Marketing, believes that the major benefit to students from the inter-airline rivalry is the deals on trips to popular leisure destinations, for example, Florida and the Caribbean.

For airline and airport information you can call the Information Line at (603) 624-6556, the Administrative Offices at (603) 624-6539, or get the information on the Internet at [www.flymanchester.com](http://www.flymanchester.com). For parking information, call National Garages, Inc. at (603) 641-5444.

# School closed to control protest over hazing

Source: College Press Service

Maejo University in Thailand closed its doors for 12 days in July because officials couldn't control student protests over a ban on hazing.

According to news reports, about 200 students rioted after being told they could no longer haze first-year students - a longstanding tradition at the university. Students threatened reporters trying to film the incident and refused to cooperate with

school officials. The university's rector attempted to negotiate with the students about seven hours but gave up in despair.

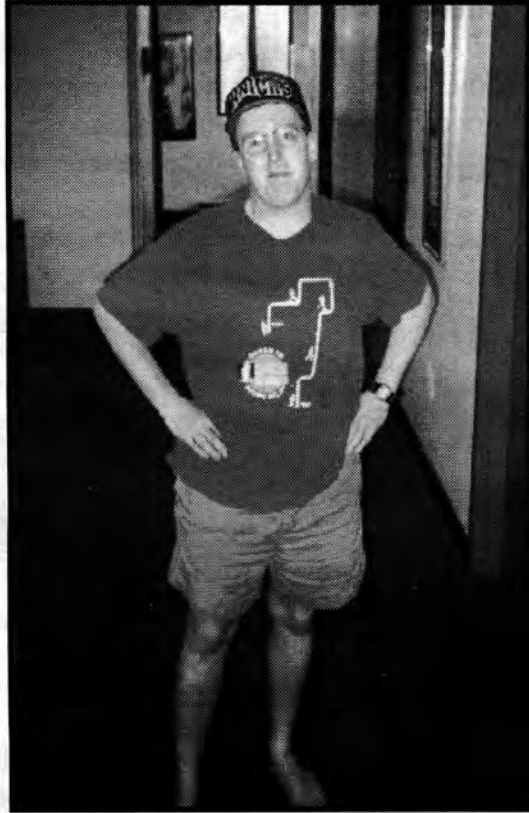
Police were called to the campus, which university officials decided to close temporarily when no deals with students could be made.

The university, which is 360 miles north of Bangkok, banned freshmen hazing after receiving complaints from students who had been blindfolded and beaten.

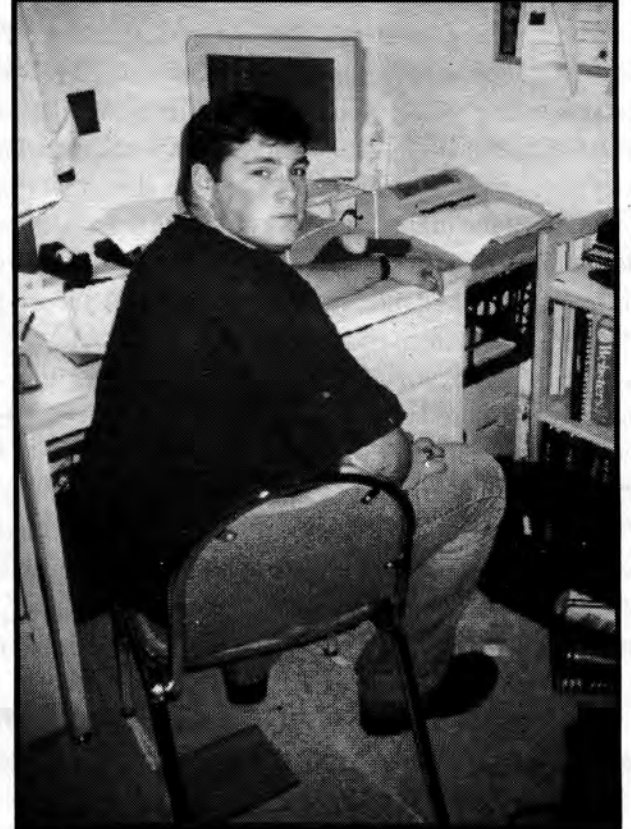
# Voices and Faces

By Ken Stevenson

## What do you think of President Bill Clinton?



**Chris (Junior) Gartmayer**  
Junior Sports Management Major  
*"I could care less about Bill Clinton. It's his life. Let him live it his own way."*



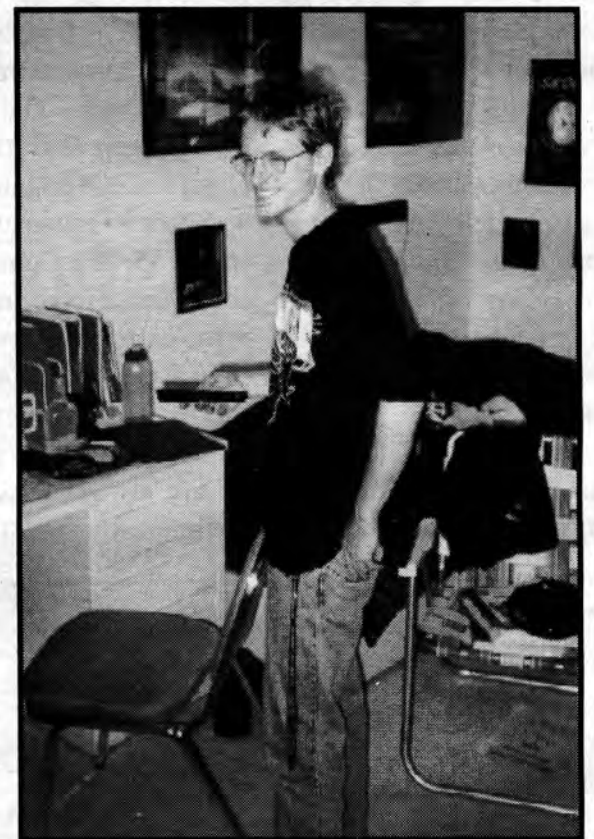
**Brad Roberts**  
Freshman Culinary Arts Major  
*"I like to see how he runs the country, but when it comes down to his personal life, let it go. We all live our personal lives in a different way."*



**Miah McDonald**  
Senior International Business Major  
*"Bill Clinton is the man!"*

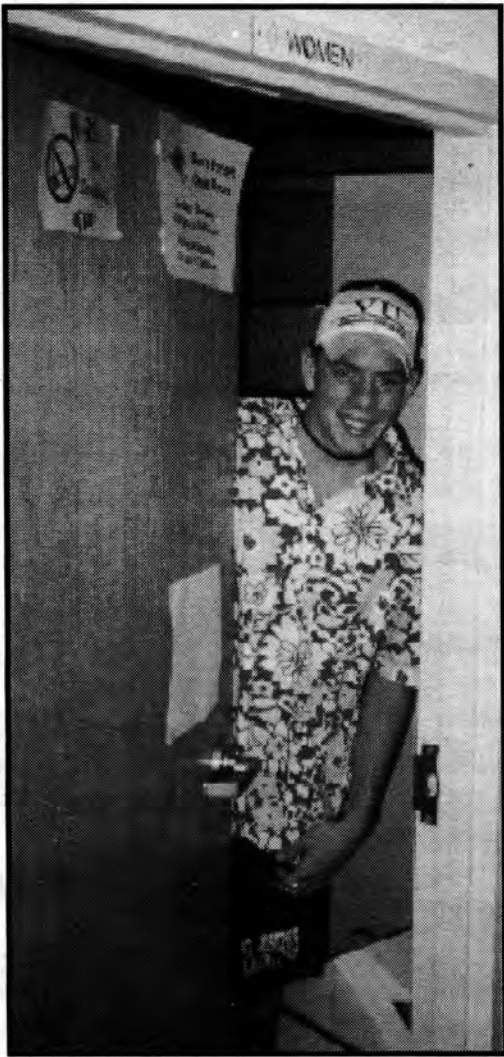


**Jonathon Eaton**  
Sophomore International Business Major  
*"Bill Clinton is a disgrace to everyone including himself. He is a poor example of an American President and should be made fun of for the rest of his life."*



**J.R. Crepeau**  
Freshman Sports Management Major  
*"He was going along good, helped the country, back to back terms, but this Monica Lewinsky thing was just stupid and irresponsible."*

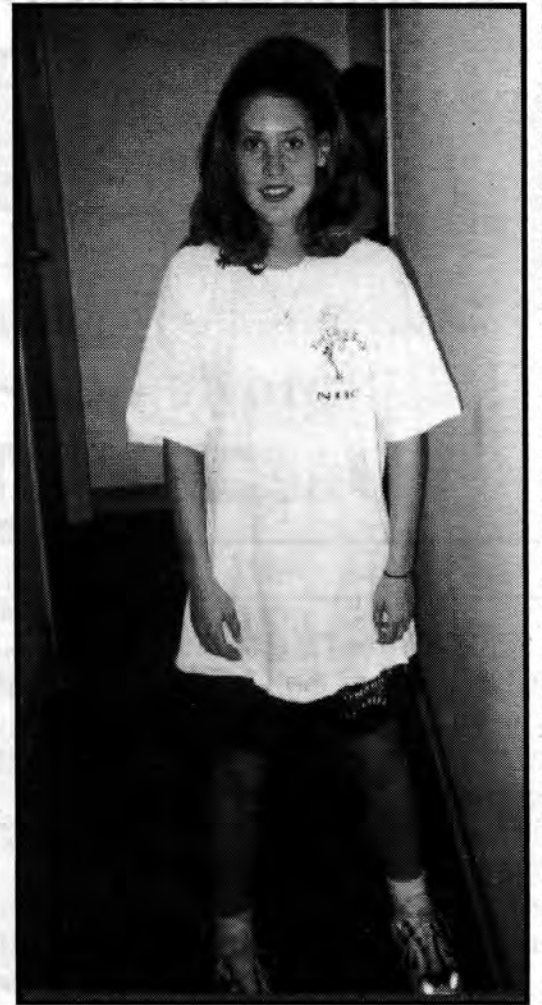




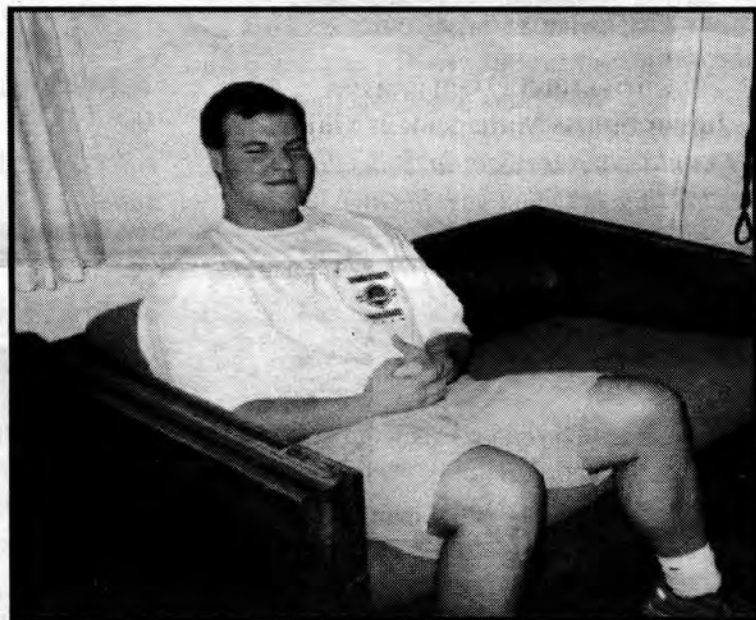
**Peter Murray**  
**Sophomore English Education Major**  
*"I want to be president so I can be like Bill, a ladies man."*



**Tristan Harris**  
**Junior Hotel Administration Major**  
*"I feel President Clinton should resign. His actions have made a mockery of the position. He has embarrassed the country."*



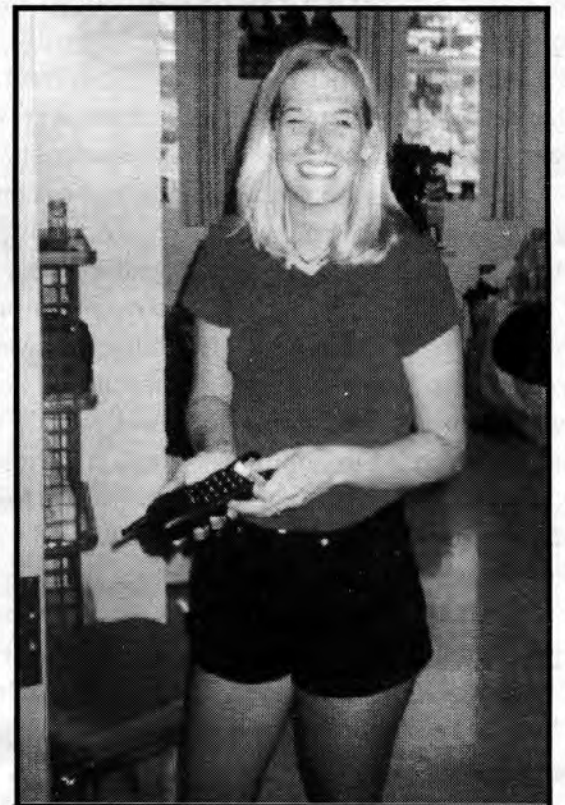
**Lucinda Clifton**  
**Senior Education Major**  
*"He is a liar, but he has run the country very well during his terms. But get him out of there."*



**Keith McLaren**  
**Sophomore International Business Major**  
*"He's a liar and the American people are fools to believe in him."*



**Jen Charron**  
**Freshman Undecided**  
*"I think that President Clinton is a great President. His personal life should be left alone."*



**Kristen Butler**  
**Freshman Psychology Major**  
*"Everyone should stay out of his personal life."*



# Entertainment

## Movie Review: 'One True Thing'

By Melissa Cowdrey

"One True Thing" was the number 2 movie at the box office for its first weekend out. This movie is a heartwarming story about a relationship between a mother and a daughter that grows stronger due to certain circumstances that develop throughout the film.

Meryl Streep plays the mother in the movie; her name in the film is Kate Gulden, a woman who tries to be a busy and perfect person. She has a weird yearly tradition for her husband's birthday. She dresses up as a character from a play, movie or show and asks the guests to do the same thing.

Renee Zellweger plays

Ellen Gulden, Kate's daughter. She doesn't like to dress up for her father's birthday parties. Ellen has always felt closer to her father as she grew up. He was a teacher and a writer. Ellen works for a magazine in New York and always asks her father for some truthful, helpful criticism.

Ellen discovers some things about her father that she doesn't understand, and doesn't think her mother knows about. She begins to get closer to her mother and learns to understand her more. Things change and greatly affect their lives. Warning: you may want to bring tissues. This is a great movie for mothers and daughters to see together.

## Celebrity profile: breakfast with Buffy

Source: College Press Service

It's 7 in the morning and "Buffy the Vampire Slayer" star Sarah Michelle Gellar has already been up three hours. Wearing a shimmering green silk dress, Gellar tears off a chunk of corn muffin which she holds with her pinky finger sticking out, sips on a cup of tea and starts talking a mile a minute about her roots in soap opera and growing up geeky in New York City.

TVQuest: Were you anything like Buffy when you were a teenager?

Sarah Michelle Gellar: I had a really hard time in junior high school because I was trying to juggle working and going to school - do you go to auditions, do you go to parties? I had that sort of situation very similar to Buffy's dilemma: 'do I go on a date, do I fight vampires? How do I get my homework done and fight vampires,' where with me it was 'how do I audition and get my homework done?' and what comes first, and again it was the child-in-the-adult-world syndrome so I think I totally understand that.

TVQuest: Did it get any better?

Gellar: My high school

experience was wonderful. I was a nerd in junior high, I didn't have many friends, actually I was sort of an outcast. But in New York I went to this amazing high school for so-called special children, for children with irregular schedules. There were ballerinas studying at American Ballet, kids who went to Julliard.

You know what it was: my school was so forward-thinking you were able to be yourself, and instead of being clique-y, if somebody didn't like you they just weren't your friend versus ostracizing you or alienating you because you were different. Everyone in the school was different. And even if you didn't like that person or understand the differences, you respect that they had a talent and they did something with it.

TVQuest: You started acting when you were just four years old, and when you were 15, you became a star of "All My Children." What's the difference between doing a soap opera and being in a weekly show?

Gellar: It's very funny, Eva LaRue, who played Maria on "All My Children," is one of my dearest friends, we're like sisters,

and we went out last night and we were joking, because now she's doing a sitcom and she does it in five days, and I go, 'five days, you're still doing the same episode?' And then after working on the feature all summer, I came back to 'Buffy' and I go, 'I have to do eight pages (of dialogue) today!' It gives you this very warped sense: I went from doing 60, 70 pages a day, to doing two, and now there's never enough time for me.

So now when I need a dose of reality, I call one of my friends from the soaps and I whine 'John, I have eight pages tomorrow! and he says, 'Sarah, I have 35.' And it's like 'You put me in my place, thank you.'"

TVQuest: A lot of actors have started out in soaps before they moved on. Why is that?

Gellar: Soaps are the most amazing training ground. The amount of work that I did on that show, it's an incredible amount of work and it's so precise and so fast, you learn how to hit marks and not think about it, you learn how to get out of other people's light. Yeah, it's very important, very important and you learn how to learn your lines very quickly. The good thing about it is, it's such a technical medium, you learn to do

technical stuff second nature so when I go on to do something a little more artistic, I don't worry about the technical.

TVQuest: Last summer, you made not one but two movies: "Scream 2" and "I Know What You Did Last Summer." But what kind of stuff do you like to do when you're not working? Do you have any hobbies?

Gellar: When I'm not whaaat??...working?

TVQuest: When you're not working.

Gellar: Sorry, I don't understand the question. I haven't had a day off since last September, I work weekends, which is fine, that's what I like to do, and it's my favorite thing to do, so it sort of is my hobby, I kind of consider it my job and my hobby.

TVQuest: We're impressed that you seem so alert at this hour.

Gellar: I'm ready to go to sleep, I've been up since 4:30. I am so incredibly tired right now.

TVQuest: Well, you look like you have a ton of energy; I guess that's proof that you're an excellent actress.

Gellar: I'm a workaholic, thank you thank you thank you. I'm like holding onto my tea for dear life here; I wish I had some coffee, my God I wish I drank coffee. It's very nice to meet you.

## Bob's Day Off

By Andrea Hill and Erica Elder

On September 18, a cover band from Boston named *Bob's Day Off* graced the stage of the Last Chapter Pub. *Bob's Day Off* is a five-man band that plays top 40 hits along with a mix of their own songs. The five members of the band include Matt Maillat - bass player, Gitano - drummer, Michael Courcy - guitar, Tom Smith - keyboard, and Todd Casilli - lead singer and guitar.

Todd and Tom are the only original members of the group dating back seven years. Matt is talented in another way. He makes his own guitars and also sells them. He told us that it takes him about 40 hours to make one guitar. He said that he has made somewhere around 90 guitars and has sold most. He still uses the first one he has ever made.

Tom has done sound work for famous artists such as Jewel, The Wallflowers, The Supremes and the Lollapalooza tour. Todd's dad, who was also there, goes to almost every appearance that the band does. His father is very proud of his son and the band. He sat down with us and told us how the band got the name *Bob's Day Off*. He explained to us that the original name was *Thousand Yard Stare*. The band however had to change the name because a group from England also had the same name and eventually got a contract and became big. One of the original members in the band was named Bob. Bob however rarely showed up to practices. This is how the band's name became *Bob's Day Off*.

Although there weren't many people at the pub that night, those that were there enjoyed it. *Bob's Day Off* is soon coming out with their second CD entitled "Precious."

# New academic year presents opportunities to improve environmental and financial bottom line on U.S. campuses

By James Sharp

Now that fall classes are back in session, the spending clock starts running on campuses across the country, but many colleges and universities across America are sending a powerful message that what's good for the environment is also good for the bottom-line.

A new report, *Green Investment, Green Return: How Practical Conservation Projects Save Millions on America's Campuses*, released by the National Wildlife Federation (NWF) reveals that big savings are being achieved on campuses nationwide, even as college administrators are facing tough economic constraints.

"This study proves that you don't have to choose between a healthy environment and a healthy bottom line," said NWF President Mark Van Putten. "The fact is, the actions being taken on these campuses are actually improving the environment and the financial condition of the institution, often in very dramatic ways."

*Green Investment, Green Return* highlights 234 cost-saving conservation initiatives at 15 public and private postsecondary institutions across the United States. Savings per project ranged from \$1,000 to a staggering \$9 million. The total savings across the 23 projects were \$16.8 million, which represents an average of \$728,500 per campus. When extrapolated across the 3,700 institutions of higher learning in the country, the potential savings are in the billions.

"We were very surprised at what we were able to achieve, economically and environmentally," said Alexandra McNitt, dining services project manager at Harvard University. "It was exciting to see that there is a real eagerness among administrators, faculty, students and staff to make a positive difference on campus and in the larger community."

The 23 projects -- which address issues of transportation, energy and water conservation, materials re-use and redistribution, composting, recycling and management of hazardous chemicals -- are

## WHERE THERE'S SMOKE, THERE'S FIRE...



RESTAURANT REVIEW by The Mystery Critic

### FIRED UP! BBQ & BURRITOS

497 D.W. Highway North  
Manchester, NH  
647-2668

Service ★★★★★  
Quality ★★★★★

For weeks I've been hearing about this new restaurant, **Fired Up! BBQ & Burritos** that opened across the street from Livingston Park on D.W. Highway in North Manchester. Armed with a huge appetite, and three friends, we ventured out to see what all the talk was about.

Upon entering, we knew this place was different...it had all the convenience of "fast food" with the quality of a "sit down" restaurant. The restaurant is bright and clean. The Mystery Critic especially liked the fact that you can watch your entire meal being prepared right in front of you... they are obviously very proud of the quality of the products they offer!!

We helped ourselves to menus and sat down to review the many choices. The menu features "Giant Burritos," "Soups & Salads," "Rice Bowls," and "Barbecue." We couldn't help admiring that there was something for just about every taste. Each having made a decision, we made our way to the front of the restaurant to place our order. The first thing we came to was an open refrigerator featuring Mexican and New England microbrews... a nice choice

to have with the meal. There were also salsas, hot sauces, BBQ sauces, and desserts including NY style cheesecake, fruit pie, and a unique spicy cashew brittle that was "to die for." **Fired Up!** also features a number of take-home entrees that change on a weekly basis. They were featuring a smoked turkey leg (worthy of Fred Flintstone) the day that we were there.

We were greeted at the register by a young lady who obviously enjoyed her job... she had a smile on her face and knew all the items that would make our meal complete! We placed our orders and were then given a receipt with a number on it. She explained to us that our food would be ready in just a moment. We slowly proceeded to the end of the line (while watching our meals being made) to help ourselves to some sodas and ice tea (free refills). Talk about prompt. By the time we sat down, our number was called.

The Mystery Critic was wowed by the huge barbecue burrito he received. The burrito was overflowing with seasoned rice, beans, cheese, cole slaw and the best pulled smoked pork I have tasted since a

college trip through North Carolina. My companions chose the spicy chicken burrito served with sweet potato fries, a Thai chicken bowl with fresh fruit salad, and the 1/2 slab rib plate served with baked beans, slaw, and spicy corn bread. The spicy chicken burrito was overstuffed with delicious chicken with just the right bite, lettuce, beans, rice and bleu cheese dressing... "Fire and Ice" in just the right proportion! The Thai chicken bowl was a layer of Basmati rice, fresh grilled vegetables, marinated chicken topped with a tasty Thai peanut sauce. *If that wasn't enough, the bowl is edible.* The 1/2 slab rib plate featured 6 meaty smoked ribs that were smoked, grilled and topped with **Fired Up!**'s superb BBQ sauce. The beans were a combination of black, navy and Great Northern beans with a smoky sweet flavor. We all shared a 10-wing order of smoked chicken wings. The restaurant manager told us that the wings are fresh (never frozen) and can be finished in a sweet barbecue (reminiscent of South Carolina "Gold"). We opted for the hot and spicy sauce... just the right amount of "burn."

The Mystery Critic especially appreciated the four unique sauces available on each table. The restaurant also features 18 hot sauces available for tasting. **Fired Up!** is one of the most original restaurants we have found in New Hampshire with food that rivals any for freshness and taste. The service is quick and easy. We'll be back again and again and again.

**\$100 OFF**  
Any BURRITO  
OR  
RICE BOWL

Present coupon when ordering. Only one coupon per visit per customer. Coupon is not redeemable for cash, for gift certificates or with any coupon or special offer. No reproductions allowed. Applicable taxes paid by diner. No cash refund.

Offer expires 10/31/98

**FREE SIDE**  
With the purchase of  
RIBS, BURRITOS,  
or RICE BOWLS

Present coupon when ordering. Only one coupon per visit per customer. Coupon is not redeemable for cash, for gift certificates or with any coupon or special offer. No reproductions allowed. Applicable taxes paid by diner. No cash refund.

Offer expires 10/31/98

**TWO DINNERS**  
ONLY \$9<sup>98</sup>

Each dinner includes your choice of Burrito or Rice Bowl, Individual Side Dish, and One Regular Fountain Drink

Present coupon when ordering. Only one coupon per visit per customer. Coupon is not redeemable for cash, for gift certificates or with any coupon or special offer. No reproductions allowed. Applicable taxes paid by diner. No cash refund.

Offer expires 10/31/98

**BBQ WING PLATE**  
ONLY \$5<sup>99</sup>

Plate includes Wings, 2 Individual Side Dishes and Spicy Corn Bread

Present coupon when ordering. Only one coupon per visit per customer. Coupon is not redeemable for cash, for gift certificates or with any coupon or special offer. No reproductions allowed. Applicable taxes paid by diner. No cash refund.

Offer expires 10/31/98

merely a sampling of a much broader universe of campus conservation initiatives underway nationwide.

The findings should be particularly useful to students, faculty and staff who are planning new conservation projects on campuses this academic year and to administrators who need to assist with logistics and financing. Examples include:

Cornell University saved \$3.12 million by "getting students out of the car," and wound up saving 417,000 gallons of gas and preventing the emissions of 6.7 million pounds of carbon dioxide.

Brevard Community College saved more than \$2 million and, dubbed "the energy miracle" by the local utility company Florida Power & Light, reduced electricity usage by 257 million kilowatt hours.

By implementing new toilets and water fixtures, Columbia University saved \$235,000 in addition to 80,000 hundred cubic feet of water.

The State University of New York-Buffalo saved \$9.06 million with a variety of creative energy-saving strategies, and in the process reduced carbon dioxide emissions by 63.4 million pounds, sulfur dioxide emissions by 140,000 pounds and nitrous oxide emissions by 214,000 pounds.

The University of Colorado recycled 9,880 tons of paper and other materials, saving over \$100,000.

The University of Minnesota reduced hazardous waste generated by labs by over 2,000 gallons, saving \$37,000.

Because college campuses are microcosms of society, they possess incredible potential for making a substantial impact on the environment and the economy. Most campuses contain offices, research labs, hospitals, residential housing, food services, roads, parking lots, sports facilities, theaters and preserved open space. People who live, work and study in these institutions come from all walks of life and consume vast amounts of food, water, energy and

other materials. More than 14 million students annually attend two-to four-year colleges. Each year, colleges spend \$186 billion, while students spend \$45 billion.

In addition, campus conservation efforts yield extraordinary education dividends, said Julian Keniry, NWF's Manager of Campus Outreach, who co-authored the report with David J. Eagan, Ph.D., of the University of Wisconsin. "Many of our future leaders are on these campuses," she said. "They will be the ones who make decisions that affect the whole planet. What better place to learn how to be financially and environmentally responsible than in college?"

For more information about the report, visit the National Wildlife Federation Web page at: <http://www.nwf.org>. The report is available for \$14.95 plus shipping and handling and may be ordered by calling (410) 516-6583 and asking for *Green Investment, Green Return*.

## As the Culture Turns

By Kimika Embree

As a new column in *The Observer*, it would be neat to be able to get to know all the different cultures that are represented here at New Hampshire College. If you would like to have your culture researched and then published, please see one of the *Observers'* editors, or drop off your ideas at the new office or in Box 1084 in the Student Center mailboxes.

In today's technological era, one often ponders only on the mechanical aspects of what every nation has to offer. Yet, there are often many valuable treasures that are overlooked due to their inferior value in other countries. Every culture has significant wealth because it is unique. As most people are aware, the economy in South East Asia took a deep plunge last year. What most people are not aware of is that tourism boomed during that time because western currencies were worth so much more than before the crisis. When more tourists flocked to South East Asia, a spread of cultural awareness occurred. For those who were unable to experience some of the cultures, now is your opportunity to hear about some of those cultures.

One of the first common aspects in South East Asia is the type of food. Rice, noodles and lentils tend to be the main staples, usually accompanied by a vegetable and either a meat or seafood. The various spices offer an exotic aroma and generally the meals tend to be tasty. Naturally, it helps to specify the degree of spiciness, as they can range from extremely mild to "the taste buds have been barbecued." In Nepal and India, one can try a dish called chicken tikka. This consists of diced chicken meat that has been cooked tandoori style and then chilli peppers have been added to make this a hot but delicious cuisine. Normally, one eats this with naan, a similar version of pita bread. Another food that is not common in the United States is goat. Cooked like beef, it has an original flavor and does not taste like chicken. However, it is appealing and has important religious meaning.

Naturally, along with food being an obvious difference in cultures, dress is too. Although one will see native people wearing western clothing, it is generally only seen in the major cities and slightly modified. A prime example is the ultra-tight skirts with the length always surpassing the knees. Another piece of clothing, usually a blouse, is worn long and baggy. Quite a few times, one can purchase a brand-name pair of pants for less than ten dollars, but after a close examination one will find that it is a fake or a copy. Because a lot of clothing is made in South East Asia and then shipped to the United States, it is not uncommon to find copies of designer clothing for such a minimum amount of money.

Besides the obvious differences that each culture has, some of the more important ones are not always recognized right away. In many South East Asian cultures, it is considered impolite to shake hands with the left hand, to offer someone something using the left hand, to write with the left hand, etc. This is mainly the norm because of sanitary conditions. Once outside the major cities, one might be culture shocked in finding out that the flushing toilet has become non-existent, as well as the toilet bowl. Many times, one just uses the facilities by going behind a rice paddy or down a band side. Toilet paper is not a widely used item outside the major cities, and thus one gets creative. Granted, it is not to say that that method is wrong, but it points out a difference in cultures. Another aspect is touching a person on the top of the head. This is considered taboo and must never be done.

As it is plain to see, cultures vary immensely, but that does not mean one is better than the next.

## Faculty member dies on campus

By Rich Winefield

On August 20 New Hampshire College's Manager of Academic Computing, Irving Felladore, died in his office from a possible heart attack. Despite the best efforts of EMTs and other bystanders, they were unable to resuscitate Felladore.

Ken Stevenson, a Resident Assistant and trained EMT responded to the emergency. "I was registering for classes in the registrar's office," said Stevenson, "a man came in and told me to call 911. From all the years of working I knew something was wrong, he had a look on his face."

Stevenson identified himself as an EMT and had the faculty member lead him to Felladore's office. Stevenson checked for a pulse and breathing. "Both of which were not present," Stevenson went on to say, "While doing CPR I asked for Manchester Rockingham ambulance service."

Stevenson requested Manchester Rescue as opposed to Hooksett. According to Stevenson, the Manchester EMT are full time paramedics that offer Advance Life Support and are trained in cardiac and adrenaline drug administration.

After a few moments of CPR, public safety officer Sarah Campbell rushed in to assist Stevenson in CPR and mouth to mouth. Stevens commended Campbell's handling of the situation saying she was very professional and extremely helpful.

Several minutes had past when the Manchester and Hooksett rescue teams arrived. At this time

Stevenson handed control of the situation over to the arriving paramedics. The paramedics took Felladore to a local hospital where he was pronounced dead.

At several times during the ordeal Felladore was revived. However this revival consisted only of shockable rhythm. A shockable rhythm is any electric activity within the body. Felladore never did regain consciousness. According to Stevenson in situations like Felladore's autopsies are seldom conducted and the cause of death was ruled an "untimely death."

Irving Felladore, born December 8, 1946, graduated from Quinnipiac College in Connecticut with a bachelor's degree in Computer Science. Before coming to NHC Felladore spent over thirty years working with computers in various industries. In June of '97 Felladore brought his wealth and knowledge to NHC's computer lab.

Felladore's primary responsibility was to work with students and faculty in the computer lab. Felladore was instrumental in helping those faculty members who more and more are relying on computers and the men like Felladore to assist them.

No one has been hired to perform the critical job left behind by Felladore. John Cheboryt had been handling the duties in the interim. According to Daryl Dreffs his office has been receiving calls from many of the faculty members saying how much they enjoyed working with him and that he will be missed.

Felladore is survived by his wife and two children ages sixteen and twenty.

## The mother(s) of invention

Source: College Press Service

Universities around the world helped develop nine of 1997's 100 most important inventions, according to an annual list released by *R&D Magazine*.

The Massachusetts Institute of Technology led the pack with four of nine university inventions. Purdue University and the Universities of Cincinnati and Connecticut were the only other American colleges to make the list. Ritsumeikan University in Japan and the University of West England were also on the list.

Companies, governments, laboratories and universities around the world compete each year to make the list, which is compiled by the magazine and a panel of outside judges. Past winning inventions include the flashcube (1963), the fax machine (1975) and the anticancer drug Taxol (1993).

A look at the inventions created last year in academia:

Massachusetts Institute of

Technology helped invent transmission standards for high definition television; CyRax, a portable, three-dimensional laser mapping and imaging system for computer modeling; a device to measure the emissions of hazardous metals from manufacturing and electricity plants; and Q-Tool, a low-vibration milling machine.

The University of Cincinnati helped invent a coating material used to extend the life of cathodes used in aluminum processing.

The University of Connecticut helped invent an ultra-high resolution dental-imaging system. Purdue University helped develop a yeast strain that will make ethanol more cheaply from biomass.

Ritsumeikan University helped invent a device to test the strength of thin films, including silicon and other materials to manufacture tiny mechanical devices.

The University of West England helped develop a process for removing radioactive contamination from the metal parts of decommissioned nuclear-power plants.

# Mistakes

By Matthew Nee

It is the big game and my team is down by a goal. Time is running out and we are running out of chances. All the hard work, long hours of practice, and painstaking drills have come down to this moment. I get the puck at center ice, fake one defender, and I'm alone with the goalie. I make a quick move left, then right, and flip the puck into the top corner. Goal! The crowd goes wild. I look up to the section where I know she will be, hoping to get a glimpse of her, to share the moment with the girl I love. As my eyes focus on her, I notice her Walkman. I can almost read her lips as she sings the theme song to *Annie*. The rush of the goal becomes more distant; my heart begins to sink. The one person I wanted to impress the most never even saw me score the goal.

This is not the first time Suzanne has let me down, but I have learned to deal with it and accept her for who she is. My twenty-one-year-old sister, Suzanne, born with Downs Syndrome, will always be a mystery to me. As kids growing up, we were inseparable. I looked up to her and respected her the way a little brother would a big sister. I was always there for her and I thought she would always be there for me. I felt a loneliness in my heart because she does not realize how much of a motivation she is for me. She doesn't realize how much of an impact she has on my life or the love that I feel towards her. I go through life knowing that she will never comprehend what she has done for me.

Even though my relationship with Suzanne has been disappointing, she is still special, not because of her disability, but because of what she gives to me each day. Suzanne is like a missing part in my life. She represents a simplicity and a love for life that are not always present in mine. She gives me hope and makes me realize that we should all be grateful for what God gave us instead of complaining about what He did not. When I look at Suzanne, I see a person trapped in a body, a person who has accepted what has been given to her. I also see someone who touches many lives and affects many people, just by being there.

Now when I am with Suzanne, I feel alone, not because she ignores me or does not know I am there; it is deeper than that. I know she loves me and that she cares for me, but I wish that she

could show me. I want her to enjoy being with me the way I enjoy being with her. I want us to enjoy doing things together. Unfortunately, that is not the case. Suzanne would rather watch TV and play games by herself than do things with other people. Although this hurts, having her near me is something that keeps me going. Every day is a new challenge for me to try to better understand Suzanne and to get closer to her.

When we were younger, we were both unaware she was different. When I was about ten or eleven, a kid began to laugh under his breath and said, "Hey, look at that retard over there dancing." I, too, began to laugh, but then I looked up and saw that it was my sister dancing to music from her walkman. I had a strange feeling in my stomach and the anger in me grew. I grabbed the kid and yelled, "That's my sister!" and punched him in the face.

It was only later that I realized exactly why I punched him. My sister was special; I did not want it to be true. I did not want to believe that my only sister was retarded, that she would never be able to teach me the lessons I needed in life, the lessons one learns from an older sister. I knew I would never be able to discuss my problems or come to her for help. I knew I would never be able to ask her advice about women or about school. The person that I had always looked up to had become the person who looked up to me.

Now when I look at myself and then at her, I realize that I have learned from her. She and I, with the guidance of our parents, have probably helped to shape each other's character and personality.

Growing up, I was very shy. I did not want to open up to people in fear that they would find

out about Suzanne. I was very embarrassed by her and did not know how to handle people's reactions. I would keep telling myself that there is nothing to be ashamed of, but something inside me kept wondering. I had fears that people would not like me or would make fun of me because of her. I later discovered that I was very wrong. Suzanne has allowed me to be more open to people and to feel relaxed, the way she is. Instead of hiding her, I realize I can be proud that she is my sister.

Suzanne's example has also taught me perseverance, hard work and patience. My father has driven into our heads that it does not matter how many goals you score or how many A's you get on your report card. As long as you do your best, he does not ask for any more. The same is true with my sister. She participated in the Special Olympics for many years. Their philosophy teaches people that finishing is more important than winning. And when you reach your goal, everyone is considered a winner.

In an ironic way, Suzanne has taught me not to be afraid of making mistakes. My outlook on life is that "even God makes mistakes," so it must be all right if I make a few. This attitude has allowed me to have more confidence in myself. I use the confidence Suzanne gives me in life, as well as on the ice. I believe that I can accomplish anything, that no one can bring me down. There is nothing to hide in my life, and, as a result, I feel very free.

Her presence in my life has made me see that there are many different ways of looking at things. Life is too short to follow one path; I want to be willing to try new roads. When I see someone who is disabled or retarded, I look at them differently than other people do. Instead of seeing what

is wrong with them, I see what is good about them.

The game is tied up; once again my teammates are looking to me. The puck is on my stick with three seconds to go. I know time is running out. The roar of the crowd echoes in my helmet as I wind up to shoot. Out of the corner of my eye, I notice her. As I look into her eyes, I realize what is really important; it is not whether I score or not, or whether she knows that her brother is a hero. What is really important is that she is there, and her presence in my life will always be the source of my motivation.

## Japan courts non-Japanese students

Source: College Press Service

Japan's government is setting aside \$21 million in financial aid to entice students from other Asian countries to enroll in Japanese institutions.

Japan's dwindling teenage population and its desire to have closer ties with the Asian region are driving the government to recruit students from other countries. Japan will offer scholarships to about 6,000 students from Cambodia, Indonesia, Laos, Malaysia, the Philippines, South Korea and Thailand - a student population that often heads to American and European universities without seriously considering Japanese schools, government officials say.

According to the Chronicle of Higher Education, 51,047 non-Japanese students were enrolled in Japanese schools in May 1997. Of those non-Japanese students, 90 percent were from Asia.

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## BankBoston offers discount on Student Value Package

Source: Press Release

BankBoston is offering a Student Value Package discount to all freshmen and returning students at New Hampshire colleges. For students age 19 or older, the Student Value Package monthly fee is being reduced by one half, from \$6 to just \$3 per month, when they conduct routine banking transactions electronically. As usual, for students under age 19, BankBoston will waive the whole fee on the Student Value Package. To welcome new customers, the Student Value Package will also include coupons for free sandwiches and soft drinks at participating Subway locations.

The Student Value Package elements include checking with no minimum balance, a companion savings account with interest, the **X-Press Check** debit card, **Reserve Credit** overdraft protection, a student Visa or MasterCard with **X-Press Link**, free Online Banking with **Homelink** and easy ATM access.

Most students prefer to conduct their banking electronically. When Student Value Package customers exercise this option to conduct routine transactions like withdrawals, deposits, transfers and balance inquiries by phone, ATM or computer, they will receive a \$3 monthly discount from BankBoston.

"The BankBoston Student Value Package was specifically designed to provide college students with the products and services they want and need," says Patricia Capello, Director of Payments and Retail Delivery at BankBoston. "Our primary focus is to offer students banking services that provide value, choice and convenience."

**ATMs** - Student Value Package customers can get account information, make unlimited deposits, cash withdrawals and transfers, with no transaction fees, at more than 1,500 BankBoston ATMs across New England, including many right on campus.

**CHECKING** - The Student Value Package checking account has no minimum balance requirement with unlimited check writing at no additional cost, as well as an interest-bearing Companion Savings Account. In addition, the Student Value Package includes the **X-Press Check** feature which turns the BankBoston Card

into a debit card to pay for purchases wherever MasterCard is accepted. The BankBoston Card acts like a plastic check so that purchases are automatically deducted from the student's checking account.


No one can afford to bounce a check, including students. For this reason, the Student Value Package was designed with extra protection in mind. **Reserve Credit** - a built-in safety net to cover your assets - is a \$300 credit line for overdraft protection. If a check is written for more than the checking account balance, **Reserve Credit** will kick in (up to the amount of credit available) and save the hassle and expenses of bounced checks.

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## The streak ends

By Jason Andrews

The 2,632 consecutive games played by Cal Ripken stretched over a sixteen-season period. Ripken, the third baseman for the Baltimore Orioles, finally decided he needed a rest. He chose to watch the Orioles game on Sunday, September 20, from the bench. Ripken has not watched a Baltimore Oriole's game from the bench since May 30, 1982.

Ripken, 38, did not sit out because of an injury; in fact, he was completely healthy. Ripken did not play on Sunday because he was tired of all the controversy surrounding the long-term record. He didn't let anyone know about his choice to sit out of the game on Sunday, except long-time friend and teammate Brady Anderson. Ripken approached the Orioles manager Ray Miller a half-hour

before the game and asked to be taken out of the line-up.

For Ripken sitting out this game was the most difficult thing he has done since breaking into the Major League in 1981. Ripken didn't know what to do while he was on the bench. His teammates say he was very fidgety and uncomfortable. Ripken called reliever Allan Mills in the bullpen to see if he could go visit him out there because he was bored. Ripken took care of his boredom by talking with the fans and posed for pictures between innings.

After the game Ripken made it clear next season will be spent playing third base, from the first inning through the ninth. "I still think I have the greatest job doing what I want to do," he said. "I have a great passion and a great energy and great enthusiasm to play the game."

## Surf.The.Net.Now

By Ben DeGennaro

The Internet is a vast resource. One can find almost anything, if not everything somewhere on the Internet. Reference material, sound clips, graphics, free services, books, movies and software are all available on the Internet. Many services are free and the others are inexpensive.

**Free e-mail:** The main reason that most people get on the Internet is to use electronic mail. For some people, this is the only feature of the Internet they may use. If you want to use e-mail, and don't want to pay for it, check out these web sites. If you have an Internet connection and just want an extra e-mail account, check out Hotmail. Hotmail is a reliable, free e-mail service. Go to <http://www.hotmail.com> and sign up for an account. I have been using this service for over a year and I have found it to be excellent. An alternative to Hotmail is an account with Altavista, Netscape or Yahoo. You can check these out at <http://www.altavista.digital.com>, <http://home.netscape.com> or <http://www.yahoo.com>.

If you don't have a connection to the Internet, check out JUNO e-mail. JUNO is a free service that allows users to compose e-mail offline, dial a local number from their home, send and receive e-mail and then disconnect from JUNO. Check out <http://www.juno.com> if you want to check into this program.

It's always nice to receive a greeting card. If you want to send an electronic greeting card to a friend, check out <http://www.bluemountain.com> and send your significant other, parent or pet a card; check out this site and send the person a special message. This site allows the user to add text, sounds and motion to the card. Hallmark can't beat that!

When you don't know the address of a site where you can find the information you need, the best alternative is to use a search engine. Search engines are very helpful when searching for information on the web. Simply type in a few keywords and hit search. The engine will search the web, looking for web sites that contain your keywords. The engine will post the results on the screen and allow easy connection to the site.

Some of the top search engines include Altavista (<http://www.altavista.digital.com>), Yahoo (<http://www.yahoo.com>), Infoseek (<http://www.infoseek.com>) and Lycos (<http://www.lycos.com>). A few search engines search multiple search engines at once. DogPile (<http://www.dogpile.com>) searches multiple search engines, ftp servers and others looking for your keywords.

There are tons of free stuff on the Internet. Free clothes, free CD's, free books and a mountain of other stuff. Use a search engine and look for the word "free." You may be surprised as to what you find.

## The stories behind familiar faces

The brief profiles below were written by some students in an Introduction to Journalism class. The students were practicing interviewing and writing under time constraints. Subsequent copy-editing to conform to Associated Press style and deciding on titles were done by the whole class.

### Irish New Englander searches for her roots

By Griffin Bridge

Ehrin Kelly, 21, is a New Englander. Born and raised in Groton, Mass., she is a senior at NHC. She even spent last summer close to home, on Cape Cod, where she worked at the Swan River restaurant in Dennisport as a waitress and cook.

But Ehrin thinks she needs "a change of scenery." After graduating in May, she will travel to Europe for a two-month adventure with Europass in hand. She plans to spend the most time in Ireland because her relatives emi-

grated from the Emerald Isle and she has made friends from there.

The major reason for this solo journey abroad, Ehrin says, is to get away from the lifestyles and attitudes of New Englanders. While traveling across the United States she discovered she is more comfortable with people from outside this region because they are "not greedy and much more giving." So she hopes to fall in love with the European lifestyle and maybe not come back.

### Wall Street glitters for NHC student

By Ehrin Kelly

In May 1999 Griffin Bridge will be one of the elite graduating from NHC, and he has plans before he jumps into the workforce. After graduation he will surf in Costa Rica for one month and think of little else but crystal-blue waves.

Unlike many seniors, Griffin already has a job lined up. Recently he met a trademan on Wall Street who offered him a position trading oil. He is excited about the offer but said, "I plan on working hard and then leaving it behind in the New York nightlife."

Griffin seems an ambitious young man who will go far in the New York Stock Exchange. This native of Ridgefield, Conn., plans to storm New York City and never look back.

### From pizza to public relations

By Sammy Faris

Courtney McMennamin, 21, of Portland, Maine, has become one of the most prominent students at NHC. A senior communication major, she serves as an ambassador for the school and was an orientation leader. She is also a devoted member of the Phi Delta Beta sorority and a cheerleader.

Last summer Courtney did not whisk herself away to some beach for a much needed rest. Instead she spent her time as an intern for 94.9 WHOM, 97.9 WJBQ and 1440 WJAB in Portland. She also worked for Pizza Palace and waitressed at Margarita's.

When asked about her favorite part of NHC, Courtney replied, "Well, there isn't . . . one thing, but it has helped me grow

and develop an understanding about the real world." After graduation she said she plans to pursue a career in advertising or public relations.

Courtney's outstanding efforts have been rewarded this year by her nomination for the NHC Green Key Award, to be given in May 1999.

### Goodbye URI, hello NHC

By Tatum Turner

Whether she's be-boppin' around campus or studying communication, Cathy Goodrich exudes enthusiasm for NHC.

Cathy said, "I transferred back to NHC after URI. URI was too big, and I knew I'd do better on a smaller campus. . . . I have made some lifelong friends here at NHC. I wouldn't trade my decision to be here or my experiences for anything." Cathy, who comes from North Kingston, RI, also said, "I like the distance to home, not too far, not too short. I'm far enough to be away, yet close enough to go home when I want."

This year Cathy hopes to work with *The Observer* in advertising. When she graduates, she plans to work in advertising in New York City or California.

### Australian star plays the Blues

By Courtney McMennamin

Sammy Faris has returned to NHC for a second year with the men's soccer team.

Originally from Australia, Sammy moved to Brockton, Mass., in 1994. After graduating from Marshfield High School, he attended Massasoit Community College. The following year he moved to the Midwest to attend the University of Indiana. Then John Roots, NHC men's soccer coach at the time, recruited him.

Sammy was fortunate to receive a full scholarship to come to NHC. He said, "They made me an offer I couldn't refuse." At first he was skeptical about coming to NHC because of its small size, but now he realizes a small school is just as fulfilling and rewarding as a university.

In his spare time, Sammy enjoys playing semi-professional soccer for the Lowell Blues. He hopes to pursue a career in soccer.

At NHC Sammy is a forward. He urges everyone to attend the soccer games. Admission is free.

# NHC harriers place 6th at Pop Crowell Invitational



Johan Brandt was NHC's top finisher in the Pop Crowell Invitational. (Photo by Tom McDermott)

## NHC Press Release

The New Hampshire College women's and men's cross country teams both placed sixth at the Pop Crowell Invitational on the campus of Gordon College.

The women finished sixth among 11 teams. Jean Tuson paced the NHC women and finished 23rd overall with a time of 22:39. Sophomores Tara Cowdrey, Melody Jones and freshman Jaime Davidson all finished in the Top-50. Cowdrey (24:12) and Jones (24:14) placed 42nd

and 43rd respectively, while Davidson finished 49th with a time of 24:41. Additional NHC runners included junior Lynn Beal who placed 65th (26:04) and sophomore Melissa Cowdrey who ran a time of 35:47 in her first career race.

The NHC men placed sixth among eight teams. Junior Johan Brandt was the top NHC runner, as he finished 21st overall with a time of 31:18. Seniors Josh Matthews and Brian McLeod and sophomore Michael Lascelles all placed in the Top-50 in the

men's race for NHC. Matthews finished 44th (34:01), while McLeod and Lascelles (35:10) finished 47th and 49th respectively. Senior Eric Lombardo narrowly missed the Top-50, as he placed 52nd with a time of 35:33. Additional NHC runners included senior Richard David who finished 60th (39:12) and sophomore Chris Laperle who placed 64th (40:42).

Both teams return to action next Saturday (10/1) when they take part in the Babson College Invitational.



Jean Tuson was NHC's top finisher in the Pop Crowell Invitational. (Photo by Tom McDermott)

## Women's volleyball season opener

By Marc Pawlowski

On Tuesday, September 22, the New Hampshire College Women's volleyball team opened their season at home against cross-town foe, Merrimack College. This game marks the start of the second season under head coach Christine Dadducci. The Penwomen have a young team; there is not one senior in the starting lineup which includes three juniors, two sophomores and a freshman. With youth, there is prom-

ise.

The Merrimack College Warriors entered this game already having seven games under their belt (2-5). They too are very young; not one senior or junior on the team.

The teams played evenly for the first few serves as Merrimack led five points to four. Things seemed to slip away from the Penwomen as they miscommunicated on a few plays and found themselves down eleven to five. Before the ladies could mount much of a come-

back, Merrimack freshman Courtney Desrosiers scored four straight points including two aces to win the match.

The Penwomen came out for the second match ready to go. Freshman Hannah Van Tol, junior captain Deb Milton and sophomores Kristina Kintzer and Jennifer Basiliere all scored as NHC jumped out to a five to two lead early on. They couldn't keep the momentum up though as Merrimack stormed back to take the lead eight to six

and then twelve to six. Freshman Stacy Devanney finished the Penwomen off by scoring the final three points of the game. Captain Jodi Stimson played another good match around the net finishing and stopping plays.

NHC entered the third match needing a victory to force the game to continue, but the Warriors had other things in mind. Merrimack took control early and the Penwomen never knew what hit them. Up six to one, Merrimack decided that they had

enough fun playing and outscored NHC nine to three to win. Game, set, match. Desrosiers led the way by scoring the final seven points of the game including three aces.

The Penwomen showed a lot of promise at times during this game, but could never put it all together and win a match. Catch the women in their act tonight at 7pm against Bryant College.

## NHC men soccer wins again

### NHC Press Release

Sophomore Richard Walker netted two goals to lead the New Hampshire College men's soccer team to a 3-0 victory over UMass Lowell September 26, on the Penmen Field. The sixth-ranked Penmen remained unbeaten on the year at 7-0-1 and improved to 2-0 in the New England Collegiate Conference.

The game remained scoreless until Walker took a pass from Mark O'Connor and blasted a shot past River

Hawk's goalkeeper from 15 yards out.

Walker doubled NHC's lead with his league-leading 11th goal of the year just 6:12 into the second half. Joakim assisted on the goal.

NHC secured the win with 20:33 to play when sophomore Steven Kowlessar warded off a UML defender and one-timed a shot past the goalkeeper from 18 yards out.

The NHC defense limited the River Hawks to just four shots on goal. NHC has now shutout four of its last five opponents.



Forward Katie Sugrue, receiving a pass from a teammate. (Photo by Tom McDermott)

## Women's soccer loses another battle

### NHC Press Release

NHC dropped to 2-4-0 at Penmen Field on September 23 against Merrimack College. It was a 2-0 loss for the Penwomen.

Merrimack opened the scoring with 14:08 left in the first half when a freshman team member broke in alone on the NHC net and sent a low shot past goalkeeper Anna Salvatore from 15 yards out.

The Warriors maintained the one-goal lead until the 65th minute when a senior team

member took control of a loose ball in front of the NHC net and slid a shot into the lower left corner from 10 yards out.

Merrimack outshot NHC 10-2 in the second half and finished with a 25-13 advantage in shots overall. It marked the first-ever victory for Merrimack at Penmen Field. The Warriors had been winless in their previous eight trips to the NHC campus.

Salvatore went the distance in net for NHC and finished with eight saves.