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#### Recommended Citation

 $E.\ Flapan,\ H.\ Howards,\ D.\ Lawrence,\ B.\ Mellor,\ Intrinsic\ Linking\ and\ Knotting\ in\ Arbitrary\ 3-Manifolds,\ Algebraic\ and\ Geometric\ Topology,\ Vol.\ 6, (2006)\ 1025-1035.\ doi:\ 10.2140/agt.2006.6.1025$ 

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## Intrinsic linking and knotting of graphs in arbitrary 3-manifolds

ERICA FLAPAN HUGH HOWARDS DON LAWRENCE BLAKE MELLOR

We prove that a graph is intrinsically linked in an arbitrary 3-manifold M if and only if it is intrinsically linked in  $S^3$ . Also, assuming the Poincaré Conjecture, we prove that a graph is intrinsically knotted in M if and only if it is intrinsically knotted in  $S^3$ .

05C10, 57M25

#### 1 Introduction

The study of intrinsic linking and knotting began in 1983 when Conway and Gordon [1] showed that every embedding of  $K_6$  (the complete graph on six vertices) in  $S^3$  contains a non-trivial link, and every embedding of  $K_7$  in  $S^3$  contains a non-trivial knot. Since the existence of such a non-trivial link or knot depends only on the graph and not on the particular embedding of the graph in  $S^3$ , we say that  $K_6$  is *intrinsically linked* and  $K_7$  is *intrinsically knotted*.

At roughly the same time as Conway and Gordon's result, Sachs [12; 11] independently proved that  $K_6$  and  $K_{3,3,1}$  are intrinsically linked, and used these two results to prove that any graph with a minor in the *Petersen family* (Figure 1) is intrinsically linked. Conversely, Sachs conjectured that any graph which is intrinsically linked contains a minor in the Petersen family. In 1995, Robertson, Seymour and Thomas [10] proved Sachs' conjecture, and thus completely classified intrinsically linked graphs.

Examples of intrinsically knotted graphs other than  $K_7$  are now known, see Foisy [2], Kohara and Suzuki [3] and Shimabara [13]. Furthermore, a result of Robertson and Seymour [9] implies that there are only finitely many intrinsically knotted graphs that are minor-minimal with respect to intrinsic knottedness. However, as of yet, intrinsically knotted graphs have not been classified.

Published: 9 August 2006 DOI: 10.2140/agt.2006.6.1025

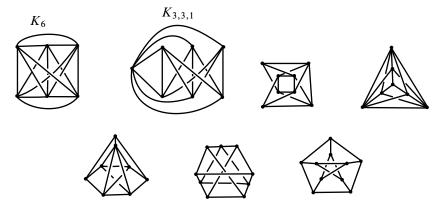


Figure 1: The Petersen family of graphs

In this paper we consider the properties of intrinsic linking and knotting in *arbitrary* 3-manifolds. We show that these properties are truly *intrinsic* to a graph in the sense that they do not depend on either the ambient 3-manifold or the particular embedding of the graph in the 3-manifold. Our proof in the case of intrinsic knotting assumes the Poincaré Conjecture.

We will use the following terminology. By a *graph* we shall mean a finite graph, possibly with loops and repeated edges. Manifolds may have boundary and do not have to be compact. All spaces are piecewise linear; in particular, we assume that the image of an *embedding* of a graph in a 3-manifold is a piecewise linear subset of the 3-manifold. An embedding of a graph G in a 3-manifold M is *unknotted* if every circuit in G bounds a disk in M; otherwise, the embedding is *knotted*. An embedding of a graph G in a 3-manifold M is *unlinked* if it is unknotted and every pair of disjoint circuits in G bounds disjoint disks in M; otherwise, the embedding is *linked*. A graph is *intrinsically linked* in M if every embedding of the graph in M is linked; and a graph is *intrinsically knotted* in M if every embedding of the graph in M is knotted. (So by definition an intrinsically knotted graph must be intrinsically linked, but not vice-versa.)

The main results of this paper are that a graph is intrinsically linked in an arbitrary 3-manifold if and only if it is intrinsically linked in  $S^3$  (Theorem 1); and (assuming the Poincaré Conjecture) that a graph is intrinsically knotted in an arbitrary 3-manifold if and only if it is intrinsically knotted in  $S^3$  (Theorem 2). We use Robertson, Seymour, and Thomas' classification of intrinsically linked graphs in  $S^3$  for our proof of Theorem 1. However, because there is no analogous classification of intrinsically knotted graphs in  $S^3$ , we need to take a different approach to prove Theorem 2. In particular, the proof of Theorem 2 uses Proposition 2 (every compact subset of a simply connected 3-manifold is homeomorphic to a subset of  $S^3$ ), whose proof in turn relies on the Poincaré

Conjecture. Our assumption of the Poincaré Conjecture seems reasonable, because Perelman [7; 8] has announced a proof of Thurston's Geometrization Conjecture, which implies the Poincaré Conjecture [4]. (See also Morgan and Tian [5].)

We would like to thank Waseda University, in Tokyo, for hosting the International Workshop on Knots and Links in a Spatial Graph, at which this paper was conceived. We also thank the Japan Society for the Promotion of Science for providing funding for the third author with a Grant-in-Aid for Scientific Research.

#### 2 Intrinsically linked graphs

In this section, we prove that intrinsic linking is independent of the 3-manifold in which a graph is embedded. We begin by showing (Lemma 1) that any unlinked embedding of a graph G in a 3-manifold lifts to an unlinked embedding of G in the universal cover. In the universal cover, the linking number can be used to analyze intrinsic linking (Lemma 2), as in the proofs of Conway and Gordon [1] and Sachs [12; 11]. After we've shown that  $K_6$  and  $K_{3,3,1}$  are intrinsically linked in any 3-manifold (Proposition 1), we use the classification of intrinsically linked graphs in  $S^3$ , Robertson, Seymour, and Thomas [10], to conclude that any graph that is intrinsically linked in  $S^3$  is intrinsically linked in every 3-manifold (Theorem 1).

We call a circuit of length 3 in a graph a triangle and a circuit of length 4 a square.

**Lemma 1** Any unlinked embedding of a graph G in a 3-manifold M lifts to an unlinked embedding of G in the universal cover  $\widetilde{M}$ .

**Proof** Let  $f: G \to M$  be an unlinked embedding.  $\pi_1(G)$  is generated by the circuits of G (attached to a basepoint). Since f(G) is unknotted, every cycle in f(G) bounds a disk in M. So  $f_*(\pi_1(G))$  is trivial in  $\pi_1(M)$ .

Thus, an unlinked embedding of G into M lifts to an embedding of G in the universal cover  $\widetilde{M}$ . Since the embedding into M is unlinked, cycles of G bound disks in M and pairs of disjoint cycles of G bound disjoint disks in M. All of these disks in M lift to disks in  $\widetilde{M}$ , so the embedding of the graph in  $\widetilde{M}$  is also unlinked.

Recall that if M is a 3-manifold with  $H_1(M) = 0$ , then disjoint oriented loops J and K in M have a well-defined linking number lk(J, K), which is the algebraic intersection number of J with any oriented surface bounded by K. Also, the linking number is symmetric: lk(J, K) = lk(K, J).

It will be convenient to have a notation for the linking number modulo 2: Define  $\omega(J, K) = \text{lk}(J, K) \mod 2$ . Notice that  $\omega(J, K)$  is defined for a pair of *unoriented* loops. Since linking number is symmetric, so is  $\omega(J, K)$ . If  $J_1, \ldots, J_n$  are loops in an embedded graph such that in the list  $J_1, \ldots, J_n$  every edge appears an even number of times, and if K is another loop, disjoint from the  $J_i$ , then  $\sum \omega(J_i, K) = 0 \mod 2$ .

If G is a graph embedded in a simply connected 3-manifold, let

$$\omega(G) = \sum \omega(J, K) \bmod 2,$$

where the sum is taken over all *unordered* pairs (J, K) of disjoint circuits in G. Notice that if  $\omega(G) \neq 0$ , then the embedding is linked (but the converse is not true).

**Lemma 2** Let  $\widetilde{M}$  be a simply connected 3-manifold, and let H be an embedding of  $K_6$  or  $K_{3,3,1}$  in  $\widetilde{M}$ . Let e be an edge of H, and let e' be an arc in  $\widetilde{M}$  with the same endpoints as e, but otherwise disjoint from H. Let H' be the graph  $(H-e) \cup e'$ . Then  $\omega(H') = \omega(H)$ .

**Proof** Let  $D = e \cup e'$ .

First consider the case that H is an embedding of  $K_6$ . We will count how many terms in the sum defining  $\omega(H)$  change when e is replaced by e'. Let  $K_1$ ,  $K_2$ ,  $K_3$  and  $K_4$  be the four triangles in H disjoint from e (hence also disjoint from e' in H'), and for each i let  $J_i$  be the triangle complementary to  $K_i$ . The  $J_i$  all contain e. For each i, let  $J_i' = (J_i - e) \cup e'$ , and notice that

(1) 
$$\omega(J_i', K_i) = \omega(J_i, K_i) + \omega(D, K_i) \bmod 2.$$

Because each edge appears twice in the list  $K_1, K_2, K_3, K_4$ , we have  $\omega(K_1, D) + \omega(K_2, D) + \omega(K_3, D) + \omega(K_4, D) = 0 \mod 2$ . Thus,  $\omega(K_i, D)$  is nonzero for an even number of i. It follows from Equation (1) that there are an even number of i such that  $\omega(J_i', K_i) \neq \omega(J_i, K_i)$ . Thus,  $\sum_{i=1}^4 \omega(J_i', K_i) = \sum_{i=1}^4 \omega(J_i, K_i) \mod 2$ , and

$$\omega(H') = \sum_{\substack{J,K \subseteq H' \\ \ni e' \notin J,K}} \omega(J,K) + \sum_{i=1}^{4} \omega(J'_i,K_i) \bmod 2$$

$$= \sum_{\substack{J,K \subseteq H \\ \ni e \notin J,K}} \omega(J,K) + \sum_{i=1}^{4} \omega(J_i,K_i) \bmod 2$$

$$= \omega(H)$$

Next consider the case that H is an embedding of  $K_{3,3,1}$ . Let x be the vertex of valence six in H (and in H').

Case 1 e contains x. Then e is not in any square in H that has a complementary disjoint triangle. Let  $K_1$ ,  $K_2$  and  $K_3$  be the three squares in H disjoint from e, and let  $J_1$ ,  $J_2$  and  $J_3$  be the corresponding complementary triangles, all of which contain e. As in the  $K_6$  case, let  $J_i' = (J_i - e) \cup e'$  for each i; again we have Equation (1). Every edge in the list  $K_1$ ,  $K_2$ ,  $K_3$  appears exactly twice, so  $\omega(K_1, D) + \omega(K_2, D) + \omega(K_3, D) = 0 \mod 2$ . Thus,  $\omega(K_i, D)$  is nonzero for an even number of i; and for an even number of i,  $\omega(J_i', K_i) \neq \omega(J_i, K_i)$ . The other pairs of circuits contributing to  $\omega(H)$  do not involve e. As in the  $K_6$  case, it follows that  $\omega(H') = \omega(H)$ .

Case 2 e doesn't contain x. Let  $J_0$  be the triangle containing e, and let  $K_0$  be the complementary square. Let  $J_1$  through  $J_4$  be the four squares that contain e, but not x (so that they have complementary triangles); and let  $K_1$  through  $K_4$  be the complementary triangles. With  $J_i'$  defined as in the other cases, we again have Equation (1). Every edge appears an even number of times in the list  $K_0$ ,  $K_1$ ,  $K_2$ ,  $K_3$ ,  $K_4$ , so  $\sum_{i=0}^4 \omega(K_i, D) = 0 \mod 2$ , and  $\omega(K_i, D) \neq 0$  for an even number of i. As in the other cases, it follows that for an even number of i,  $\omega(J_i', K_i) \neq \omega(J_i, K_i)$ ; and an even number of the terms in the sum defining  $\omega(H)$  change when e is replaced by e'; and  $\omega(H') = \omega(H)$ .

**Proposition 1**  $K_6$  and  $K_{3,3,1}$  are intrinsically linked in any 3-manifold M.

**Proof** Let G be either  $K_6$  or  $K_{3,3,1}$ , and let  $f: G \to M$  be an embedding. Suppose for the sake of contradiction that f(G) is unlinked. Let  $\widetilde{M}$  be the universal cover of M. By Lemma 1, f lifts to an unlinked embedding  $\widetilde{f}: G \to \widetilde{M}$ .

Let  $\widetilde{G}=\widetilde{f}(G)\subseteq\widetilde{M}$ , and let  $\widetilde{H}$  be a copy of G embedded in a ball in  $\widetilde{M}$ . Isotope  $\widetilde{G}$  so that  $\widetilde{H}$  and  $\widetilde{G}$  have the same vertices, but do not otherwise intersect. Then  $\widetilde{G}$  can be transformed into  $\widetilde{H}$  by changing one edge at a time – replace an edge of  $\widetilde{G}$  by the corresponding edge of  $\widetilde{H}$ , once for every edge. By repeated applications of Lemma 2,  $\omega(\widetilde{G})=\omega(\widetilde{H})$ . Since  $\widetilde{H}$  is inside a ball in  $\widetilde{M}$ , Conway and Gordon's proof [1], and Sachs' proof [12; 11], that  $K_6$  and  $K_{3,3,1}$  are intrinsically linked in  $S^3$ , show that  $\omega(\widetilde{H})=1$ .

Thus,  $\omega(\widetilde{G})=1$ , and there must be disjoint circuits J and K in  $\widetilde{G}$  that do not bound disjoint disks in  $\widetilde{M}$ , contradicting that  $\widetilde{f}$  is an *unlinked* embedding. Thus, f(G) is linked in M.

Let G be a graph which contains a triangle  $\Delta$ . Remove the three edges of  $\Delta$  from G. Add three new edges, connecting the three vertices of  $\Delta$  to a new vertex. The

resulting graph, G', is said to have been obtained from G by a " $\Delta - Y$  move" (Figure 2). The seven graphs that can be obtained from  $K_6$  and  $K_{3,3,1}$  by  $\Delta - Y$  moves are the *Petersen family* of graphs (Figure 1).

If a graph G' can be obtained from a graph G by repeatedly deleting edges and isolated vertices of G, and/or contracting edges of G, then G' is a *minor* of G.

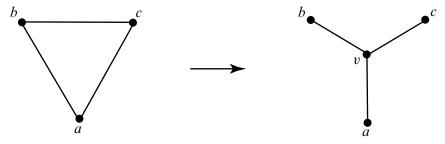


Figure 2: A  $\Delta - Y$  Move

The following facts were first proved, in the  $S^3$  case, by Motwani, Raghunathan and Saran [6]. Here we generalize the proofs to any 3-manifold M.

**Fact 1** If a graph G is intrinsically linked in M, and G' is obtained from G by a  $\Delta - Y$  move, then G' is intrinsically linked in M.

**Proof** Suppose to the contrary that G' has an unlinked embedding  $f: G' \to M$ . Let a, b, c and v be the embedded vertices of the Y illustrated in Figure 2. Let B denote a regular neighborhood of the embedded Y such that a, b and c are on the boundary of B, v is in the interior of B, and B is otherwise disjoint from f(G'). Now add edges ab, bc and ac in the boundary of B so that the resulting embedding of the  $K_4$  with vertices a, b, c, and v is panelled in B (ie, every cycle bounds a disk in the complement of the graph). We now remove vertex v (and its incident edges) to get an embedding h of G such that if e is any edge of  $G \cap G'$  then h(e) = f(e) and the triangle abc is in  $\partial B$ .

Observe that if K is any circuit in h(G) other than the triangle abc, then K is isotopic to a circuit in G'. The triangle abc bounds a disk in B, and since f(G') is unknotted, every circuit in f(G') bounds a disk in M. Thus h(G) is unknotted. Also if J and K are disjoint circuits in h(G) neither of which is abc, then  $J \cup K$  is isotopic to a pair of disjoint circuits  $J' \cup K'$  in f(G'). Since f(G') is unlinked, J' and K' bound disjoint disks in M. Hence J and K also bound disjoint disks in M. Finally if K is a circuit in h(G) which is disjoint from abc, then K is contained in f(G'). Since f(G') is unknotted, K bounds a disk K in K is represented in K.

can isotope D to a disk which is disjoint from B. Now abc and K bound disjoint disks in M. So h(G) is unlinked, contradicting the hypothesis that G is intrinsically linked in M. We conclude that G' is also intrinsically linked in M.

**Fact 2** If a graph G has an unlinked embedding in M, then so does every minor of G.

**Proof** The proof is identical to the proof for  $S^3$ .

**Theorem 1** Let G be a graph, and let M be a 3-manifold. The following are equivalent:

- (1) G is intrinsically linked in M,
- (2) G is intrinsically linked in  $S^3$ ,
- (3) G has a minor in the Petersen family of graphs.

**Proof** Robertson, Seymour and Thomas [10] proved that (2) and (3) are equivalent. We see as follows that (1) implies (2): Suppose there is an unlinked embedding of G in  $S^3$ . Then the embedded graph and its system of disks in  $S^3$  are contained in a ball, which embeds in M.

We will complete the proof by checking that (3) implies (1).  $K_6$  and  $K_{3,3,1}$  are intrinsically linked in M by Proposition 1. Thus, by Fact 1, all the graphs in the Petersen family are intrinsically linked in M. Therefore, if G has a minor in the Petersen family, then it is intrinsically linked in M, by Fact 2.

## 3 Compact subsets of a simply connected space

In this section, we assume the Poincaré Conjecture, and present some known results about 3-manifolds, which will be used in Section 4 to prove that intrinsic knotting is independent of the 3-manifold (Theorem 2).

Fact 3 Assume that the Poincaré Conjecture is true. Let  $\widetilde{M}$  be a simply connected 3-manifold, and suppose that  $B \subseteq \widetilde{M}$  is a compact 3-manifold whose boundary is a disjoint union of spheres. Then B is a ball with holes (possibly zero holes).

**Proof** By the Seifert–Van Kampen theorem, B itself is simply connected. Cap off each boundary component of B with a ball, and the result is a closed simply connected 3–manifold. By the Poincaré Conjecture, this must be the 3–sphere.

**Fact 4** Let  $\widetilde{M}$  be a simply connected 3-manifold, and suppose that  $N \subseteq \widetilde{M}$  is a compact 3-manifold whose boundary is nonempty and not a union of spheres. Then there is a compression disk D in  $\widetilde{M}$  for a component of  $\partial N$  such that  $D \cap \partial N = \partial D$ .

**Proof** Since  $\partial N$  is nonempty, and not a union of spheres, there is a boundary component F with positive genus. Because  $\widetilde{M}$  is simply connected, F is not incompressible in  $\widetilde{M}$ . Thus, F has a compression disk.

Among all compression disks for boundary components of N (intersecting  $\partial N$  transversely), let D be one such that  $D \cap \partial N$  consists of the fewest circles. Suppose, for the sake of contradiction, that there is a circle of intersection in the interior of D. Let c be a circle of intersection which is innermost in D, bounding a disk D' in D. Either c is nontrivial in  $\pi_1(\partial N)$ , in which case D' is itself a compression disk; or c is trivial, bounding a disk on  $\partial N$ , which can be used to remove the circle c of intersection from  $D \cap \partial N$ . In either case, there is a compression disk for  $\partial N$  which has fewer intersections with  $\partial N$  than D has, contradicting minimality. Thus,  $D \cap \partial N = \partial D$ .  $\Box$ 

We are now ready to prove the main result of this section. Because its proof uses Fact 3, it relies on the Poincaré Conjecture.

**Proposition 2** Assume that the Poincaré Conjecture is true. Then every compact subset K of a simply connected 3-manifold  $\widetilde{M}$  is homeomorphic to a subset of  $S^3$ .

**Proof** We may assume without loss of generality that K is connected. Let  $N \subseteq \widetilde{M}$  be a closed regular neighborhood of K in  $\widetilde{M}$ . Then N is a compact connected 3-manifold with boundary. It suffices to show that N embeds in  $S^3$ .

Let g(S) denote the genus of a connected closed orientable surface S. Define the complexity c(S) of a closed orientable surface S to be the sum of the squares of the genera of the components  $S_i$  of S, so  $c(S) = \sum_{S_i} g(S_i)^2$ . Our proof will proceed by induction on  $c(\partial N)$ . We make two observations about the complexity function.

- (1) c(S) = 0 if and only if S is a union of spheres.
- (2) If S' is obtained from S by surgery along a non-trivial simple closed curve  $\gamma$ , then c(S') < c(S).

We prove Observation (2) as follows. It is enough to consider the component  $S_0$  of S containing  $\gamma$ . If  $\gamma$  separates  $S_0$ , then  $S_0 = S_1 \# S_2$ , where  $S_1$  and  $S_2$  are not spheres, and S' is the result of replacing  $S_0$  by  $S_1 \cup S_2$  in S. In this case,  $c(S_0) = g(S_0)^2 = (g(S_1) + g(S_2))^2 = c(S_1) + c(S_2) + 2g(S_1)g(S_2) > c(S_1) + c(S_2)$ ,

since  $g(S_1)$  and  $g(S_2)$  are nonzero. On the other hand, if  $\gamma$  does not separate  $S_0$ , then surgery along  $\gamma$  reduces the genus of the surface. Then the square of the genus is also smaller, and hence again c(S') < c(S).

If  $c(\partial N) = 0$ , then by Fact 3 N is a ball with holes, and so embeds in  $S^3$ , establishing our base case. If  $c(\partial N) > 0$ , then by Fact 4 there is a compression disk D for  $\partial N$  such that  $D \cap \partial N = \partial D$ . There are three cases to consider.

Case 1  $D \cap N = \partial D$ . Let  $N' = N \cup \text{nbd}(D)$ . Since  $\partial N'$  is the result of surgery on  $\partial N$  along a non-trivial simple closed curve,  $c(\partial N') < c(\partial N)$ , so by induction N' embeds in  $S^3$ . Hence N embeds in  $S^3$ .

Case 2  $D \cap N = D$ , and D separates N. Then cutting N along D (ie removing  $D \times (-1,1)$ ) yields two connected manifolds  $N_1$  and  $N_2$ , with  $c(\partial N_1) < c(\partial N)$  and  $c(\partial N_2) < c(\partial N)$ . So  $N_1$  and  $N_2$  each embed in  $S^3$ . Consider two copies of  $S^3$ , one containing  $N_1$  and the other containing  $N_2$ .

Let  $C_1$  be the component of  $S^3-N_1$  whose boundary contains  $D\times\{1\}$ , and  $C_2$  be the component of  $S^3-N_2$  whose boundary contains  $D\times\{-1\}$ . Remove small balls  $B_1$  and  $B_2$  from  $C_1$  and  $C_2$ , respectively. Then glue together the balls  $\operatorname{cl}(S^3-B_1)$  and  $\operatorname{cl}(S^3-B_2)$  along their boundaries. The result is a 3-sphere containing both  $N_1$  and  $N_2$ , in which  $D\times\{1\}$  and  $D\times\{-1\}$  lie in the boundary of the same component of  $S^3-(N_1\cup N_2)$ . So we can embed the arc  $\{0\}\times(-1,1)$  (the core of  $D\times(-1,1)$ ) in  $S^3-(N_1\cup N_2)$ , which means we can extend the embedding of  $N_1\cup N_2$  to an embedding of N.

Case 3  $D \cap N = D$ , but D does not separate N. Then cutting N along D yields a new connected manifold N' with  $c(\partial N') < c(\partial N)$ , so N' embeds in  $S^3$ . As in the last case, we also need to embed the core  $\gamma$  of D. Suppose for the sake of contradiction that  $\gamma$  has endpoints on two different boundary components  $F_1$  and  $F_2$  of N'. Let  $\beta$  be a properly embedded arc in N' connecting  $F_1$  and  $F_2$ . Then  $\gamma \cup \beta$  is a loop in  $\widetilde{M}$  that intersects the closed surface  $F_1$  in exactly one point. But because  $H_1(\widetilde{M}) = 0$ , the algebraic intersection number of  $\gamma \cup \beta$  with  $F_1$  is zero. This is impossible since  $\gamma \cup \beta$  meets  $F_1$  in a single point. Thus, both endpoints of  $\gamma$  lie on the same boundary component of N', and so  $\gamma$  can be embedded in  $S^3 - N'$ . So the embedding of N' can be extended to an embedding of N in  $S^3$ .

## 4 Intrinsically knotted graphs

In this section, we use Proposition 2 to prove that the property of a graph being intrinsically knotted is independent of the 3-manifold it is embedded in. Notice that

since Proposition 2 relies on the Poincaré Conjecture, so does the intrinsic knotting result.

**Theorem 2** Assume that the Poincaré Conjecture is true. Let M be a 3-manifold. A graph is intrinsically knotted in M if and only if it is intrinsically knotted in  $S^3$ .

**Proof** Suppose that a graph G is not intrinsically knotted in  $S^3$ . Then it embeds in  $S^3$  in such a way that every circuit bounds a disk embedded in  $S^3$ . The union of the embedding of G with these disks is compact, hence is contained in a ball B in  $S^3$ . Any embedding of G in G

Conversely, suppose there is an unknotted embedding  $f\colon G\to M$ . Let  $\widetilde{M}$  be the universal cover of M. By using the same argument as in the proof of Lemma 1, we can lift f to an unknotted embedding  $\widetilde{f}\colon G\to \widetilde{M}$ . Let K be the union of  $\widetilde{f}(G)$  with the disks bounded by its circuits. Then K is compact, so by Proposition 2, there is an embedding  $g\colon K\to S^3$ . Now  $g\circ \widetilde{f}(G)$  is an embedding of G in  $S^3$ , in which every circuit bounds a disk. Hence  $g\circ \widetilde{f}(G)$  is an unknotted embedding of G in G.  $\square$ 

**Remark** The proof of Theorem 2 can also be used, almost verbatim, to show that intrinsic *linking* is independent of the 3–manifold. Of course, this argument relies on the Poincaré Conjecture; so the proof given in Section 2 is more elementary.

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Received: 25 October 2005 Revised: 3 May 2006