

Prevalence of some virulence factors in *Staphylococcus aureus* isolated from health care personnel: haemolysis and enterotoxigenic genes profile

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Objective

The purpose of this study was to evaluate virulence, haemolysis and enterotoxins genes, of *Staphylococcus aureus* isolated from nares of health care professionals of a central hospital in Porto and to compare prevalence of these virulence factors among Methicillin-Resistant *Staphylococcus aureus* (MRSA) and Methicillin-Sensitive *Staphylococcus aureus* (MSSA).

Introduction

Staphylococcus aureus is a common cause of infection and is one of the leading causes of nosocomial infections [1]. *Staphylococcus aureus* has developed ability to cause human disease either by multiplication both locally and systemically or by exerting their pathogenic effects producing exotoxins or enzymes that act at distant sites [2]. Various virulence factors have been described in the literature facilitating host invasion and growth of this bacteria [2]. *Staphylococcus aureus* haemolysins have several biological activities: α -haemolysin causes lysis of erythrocytes and damage platelets having a powerful action on vascular smooth muscle; β -haemolysin degrades sphingomyelin and is toxic for many cells, including human blood red cells; γ - and δ -haemolysins also cause lysis of a variety of cell types. *Staphylococcus aureus* enterotoxins are at least nine (A-E and G-J) and function as superantigens yielding host T cells stimulation, are heat stable and resistant to the action of gut enzymes [2]. This study contributes for better knowledge if MRSA are in general more virulent than MSSA.

Results and discussion

Seventy isolates were tested for production of α - and β -haemolysin on Columbia agar supplemented with 5% blood and for the presence of enterotoxigenic genes (*sea* to *sei*) by multiplex PCR.

MSSA

Isolate	OXA	Haemolysis	Staphylococcal enterotoxins genes
10N	S	β	-
11N	S	α	<i>secbov, seg, tsst</i>
12N	S	β	<i>seg, sei</i>
26N	S	α	<i>sea, seg</i>
33N	S	α	<i>seg, sei</i>
34N	S	α	<i>sea, seg, sei, tsst</i>
37N	S	β	<i>secbov, seg, sei, tsst</i>
38N	S	α	<i>seh, seg, tsst</i>
45N	S	α	-
52N	S	α	<i>seh, seg, sei, tsst</i>
57N	S	α	<i>sea, seg, sei</i>
58N	S	β	<i>secbov</i>
60N	S	α	<i>seg, tsst</i>
63N	S	α	<i>seh, sei</i>
67N	S	α	<i>sea, seg</i>
71N	S	γ	<i>seg, sei</i>
75N	S	γ	<i>sea, seg</i>
76N	S	γ	<i>seg, sei</i>
81N	S	α	<i>seh, seg, sei, tsst</i>
85N	S	β	-
91N	S	α	<i>seg, sei, tsst</i>
101N	S	α	<i>seb</i>
107N	S	α	<i>sed, seg, sei, sej</i>
108N	S	β	<i>secbov, seg, sei</i>
114N	S	α	<i>seg, tsst</i>
116N	S	γ	-
122N	S	β	<i>sed, seg, sei, sej</i>
131N	S	α	-
133N	S	α	-
141N	S	α	-
144N	S	α	<i>secbov, seg, sei</i>
148N	S	α	<i>sea</i>

MRSA

Isolate	OXA	Haemolysis	Staphylococcal enterotoxins genes
18N	R	α	<i>secbov, seg, sei</i>
22N	R	β	<i>secbov, seg, sei</i>
29N	R	β	<i>secbov</i>
30N	R	β	<i>secbov, seg, sei</i>
42N	R	β	<i>seh, seg, sei</i>
47N	R	β	-
49N	R	β	<i>secbov, seg, sei, tsst</i>
51N	R	β	<i>secbov, seg, sei</i>
53N	R	α	<i>secbov, seg, sei</i>
54N	R	α	<i>secbov, seg, sei</i>
59N	R	β	<i>secbov, seg, sei</i>
60N	R	α	<i>seg, tsst</i>
61N	R	β	<i>secbov, seg</i>
69N	R	β	<i>secbov, seg, sei</i>
72N	R	β	<i>secbov, seg, sei</i>
73N	R	β	<i>secbov, seg, sei</i>
80N	R	β	<i>secbov, seg, sei</i>
82N	R	β	<i>secbov, seg, sei</i>
83N	R	α	<i>seg, sei</i>
94N	R	β	<i>secbov, seg, sei</i>
103N	R	β	<i>sea, seg, tsst</i>
124N	R	β	<i>secbov, seg, sei</i>
126N	R	β	<i>seg</i>
130N	R	α	<i>seh, seg</i>
134N	R	β	<i>secbov, seg, sei</i>
137N	R	β	<i>seb, seg, sei</i>
140N	R	β	<i>secbov, seg, sei</i>
146N	R	α	-
152N	R	β	<i>seh, seg</i>
4NII	R	β	<i>secbov</i>
6NII	R	β	<i>secbov, seg, sei</i>
9NII	R	β	<i>secbov, seg, sei</i>
10NII	R	β	<i>secbov, seg, sei</i>
12NII	R	β	<i>secbov, seg, sei</i>
14NII	R	β	-
17NII	R	β	<i>secbov, seg, sei</i>

Conclusions

The majority of MRSA (76%) presented β - haemolysis while the majority of MSSA (66%) presented α - haemolysis. The majority of MRSA (70%) presented an enterotoxin gene profile (*secbov, seg, sei*) while MSSA enterotoxin gene profiles were uniformly distributed

References

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