# Attachment in institutionally-reared children and caregivers' narrative competence: Child's cardiac activity during interactions with the caregiver

Pedro Dias\*, Isabel Soares\*\*, Joana Baptista\*\*\*, Paula Oliveira\*\*, Ana Mesquita\*\*, Joana Silva\*\*, Sofia Marques\*\*, Filipa Machado\*\*, Margarida Rangel-Henriques\*\*\*, Carla Martins\*\*, & João Paulo Cunha\*\*\*\*

\*Faculty of Education and Psychology & Bioethics Research Centre (GIB), Catholic University of Portugal - Porto

\*\* School of Psychology, University of Minho, Portugal

\*\*\*Faculty of Psychology and Educational Sciences, University of Porto, Portugal

\*\*\*\*IEETA, University of Aveiro, Portugal

#### **AIMS**

This study aims to examine the relations among institutionalized children's attachment disordered behaviors, caregiver's narrative competence, and child's cardiac activity during 3 interaction tasks with the institutional caregiver: Strange Situation Procedure (SSP; Ainsworth at al., 1978); Play Interaction and Caregiving Interaction.

#### **PARTICIPANTS**

N = 40 institutionally-reared infants and their caregivers from 12 Portuguese institutions

		Mean (SD)	Min-Max
Infants			
Gender	19 (47.5%) ♀ 21 (52.5%) ♂		
Age (Months)		19.90 (6.66)	11-30
Age at Admission (Months)		8.35 (7.77)	0-24
Length of Institutionalization (Months)		11.53 (4.58)	4-29

#### **MEASURES**

- □ Bio-Behavior Attachment Multimedia System BioBeAMS 2.0 (Soares, Dias, Rangel, Martins & Cunha, 2008)
- ☐ Strange Situation Procedure (SSP; Ainsworth et al., 1978): secure, insecure-avoidant and insecure-resistant attachment behaviours
- □ Rating of Infant-Stranger Engagement (RISE; Lyons-Ruth, Bureau, Riley & Atlas-Corbett, 2009): indiscriminate attachment behaviour
- □ Disturbances of Attachment Interview (DAI; Smyke & Zeanah, 1999): inhibited attachment behaviour; indiscriminate attachment behaviour; and secure base distortions
- □ Caregivers' Narratives Protocol: autobiographic, play interaction and caregiving narratives (Henriques, Soares, Baptista & Sousa, 2007)
- □ Narrative Matrix Analysis System (Gonçalves, Henriques et al., 2004)
- ☐ Infant Characteristics Questionnaire (ICQ; Bates, Freeland & Lounsbury, 1979): fussy/difficult temperament dimension
- □ Bayley Scales of Infant Development (Bayley III; Bayley, 2005): cognitive, language, and motor development.

#### **RESULTS**

Caregivers' narrative competence and child's cognitive and language development - Interaction Tasks (Spearman's Rho)

		Bayley Cognitive (Percentile)	Bayley Language (Percentile)
Caregiving Task	<b>Narrative Structure</b>	02	17
	<b>Narrative Process</b>	33	55 *
	Narrative Structure	015	.23
Play Task	Narrative Process	29	09

\* *p* < .05

<sup>+</sup> p< .10; \* *p* < .05

## Caregiver's narrative competence and child's temperament

		ICQ Difficult	N	M (S.D.)	Z	
	Structure	Low	12	32.33 (11.75)	-1.459	
Caregiving		High	9	38.22 (4.94)	-1.459	
Task Process	Drococc	Low	12	7.50 (6.83)	-1.348	
	Process	High	9	12.67 (8.94)	-1.546	
Churchino	Low	13	45.85 (7.37)	2.405*		
PlayTask	Structure lavTask	High	15	38.40 (8.36)	-2.195*	
Process	Low	13	20.62 (7.23)	-1.090		

\* *p* < .05

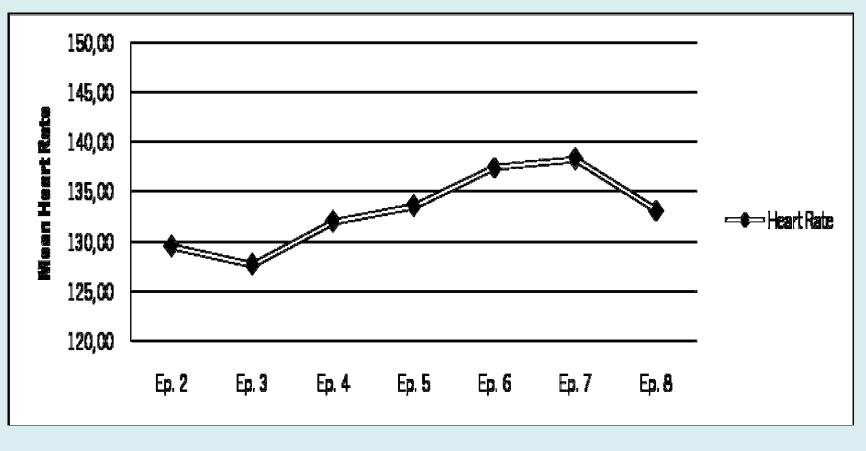
## Attachment disordered behaviors (DAI) and cardiac activity (mean HR-baseline) during Interaction Tasks (Partial correlation, controlling for age)

		HR - Baseline
	Non-attached / inhibited	07
Caregiving Task	Indiscriminate Behavior	.26
	Secure-Base Distortions	11
Play Task	Non-attached / inhibited	13
	Indiscriminate Behavior	.37
	Secure-Base Distortions	.06

Indiscriminate Behavior (RISE) and cardiac activity (mean HR) during Narrative tasks

		HR - Baseline
Narrative Task	RISE	.09
Play Task	RISE	03

#### Children's Cardiac Activity during the SSP



Attachment disordered behaviors (DAI) and cardiac activity (Average HR – baseline) during SSP Episodes (Partial correlation, contr. for age)

	Non-attached / inhibited	Indiscriminate Behavior	Secure-Base Distortions
Episode 3 (A)	.10	.04	.06
Episode 3 (B)	.06	11	.02
Episode 3 (C)	.17	24	.11
Episode 4	.30	29	.43 *
Episode 5	.11	35 <sup>+</sup>	.31
Episode 6	02	32	.38+
Episode 7	.13	33	.26
Episode 8	.12	21	.16
<sup>+</sup> p< .10; * <i>p</i> < .05			

Indiscriminate behavior (RISE) and cardiac activity (Average HR – baseline) during SSP Episodes (partial correlation, contr. For age)

	RISE
Episode 3 (A)	05
Episode 3 (B)	10
Episode 3 (C)	26
Episode 4	57 *
Episode 5	18
Episode 6	20
Episode 7	37 +
Episode 8	.07

### DISCUSSION

- -Caregivers' narrative competence seems relevant to the quality of interaction with institutionalized children:
  - The negative association between caregivers' narrative complexity and children's language level suggests a higher stimulation from the caregivers when verbally interacting with these children in a structured task;
  - -Children with less difficult temperament tend to have caregivers who tell more structured narratives; that may promote children's narrative development.
- -Indiscriminate Behavior (DAI & RISE) is related to cardiac activity during the SSP:
- -Decreased HR during interaction with stranger (episodes 4 and 7) suggests lower activation/stress in the presence of the stranger, supporting the indiscriminate orientation from the child towards different adults.
- -Results highlight the need to consider the ethical implications of the relational quality of institutionalized care in the development of such a vulnerable group of children.