

IFTPS
The Institute For Thermal Processing Specialists

2nd European Conference

*Harmonization of Standards
in Thermal Processing*

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Porto, Portugal

Heating Foods
***Integrating Quality and Safety in Thermal
Processes***

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School of Biotechnology
Catholic University of Portugal*

Heating Foods: *Integrating quality and safety in thermal processes*

Thermal Processes

... Originally designed to inactivate

spoilage and pathogenic microorganisms



*bacteria
yeasts
molds*



and enzymes



prevent the degradation of the original **organoleptic** and **nutritive** food characteristics

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however ...

thermal processes affect negatively quality factors

process design



safety

quality

Pathogenic bacteria
Chemical contaminants

...

Texture
Microstructure
Colour
Vitamin C

...

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Mathematical models



$$y = f(x, q) + e$$

process time

kinetic parameters

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Mathematical models



$$y = f(x, q) + e$$

process time

kinetic parameters

The extension and rate of production /degradation of any safety and quality characteristic can be **quantified**

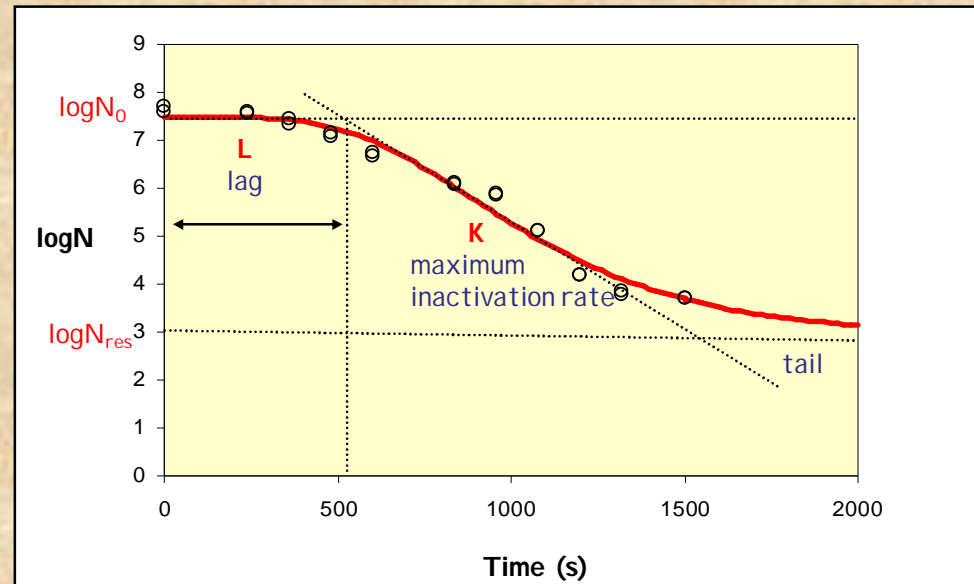
... as well as the effect of **process conditions** on the kinetic parameters and consequently on final responses

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One example of modeling ...



microbial thermal inactivation
in which the kinetic parameters
of the model assumed are
directly related to specific
features ...



N – microbial counts
N₀ – initial microbial counts

**Gompertz-inspired
model**

$$\log N = \log N_0 - \log \left(\frac{N_0}{N_{res}} \right) \exp \left(- \exp \left(\frac{k e}{\log \left(\frac{N_0}{N_{res}} \right)} (L - t) + 1 \right) \right)$$

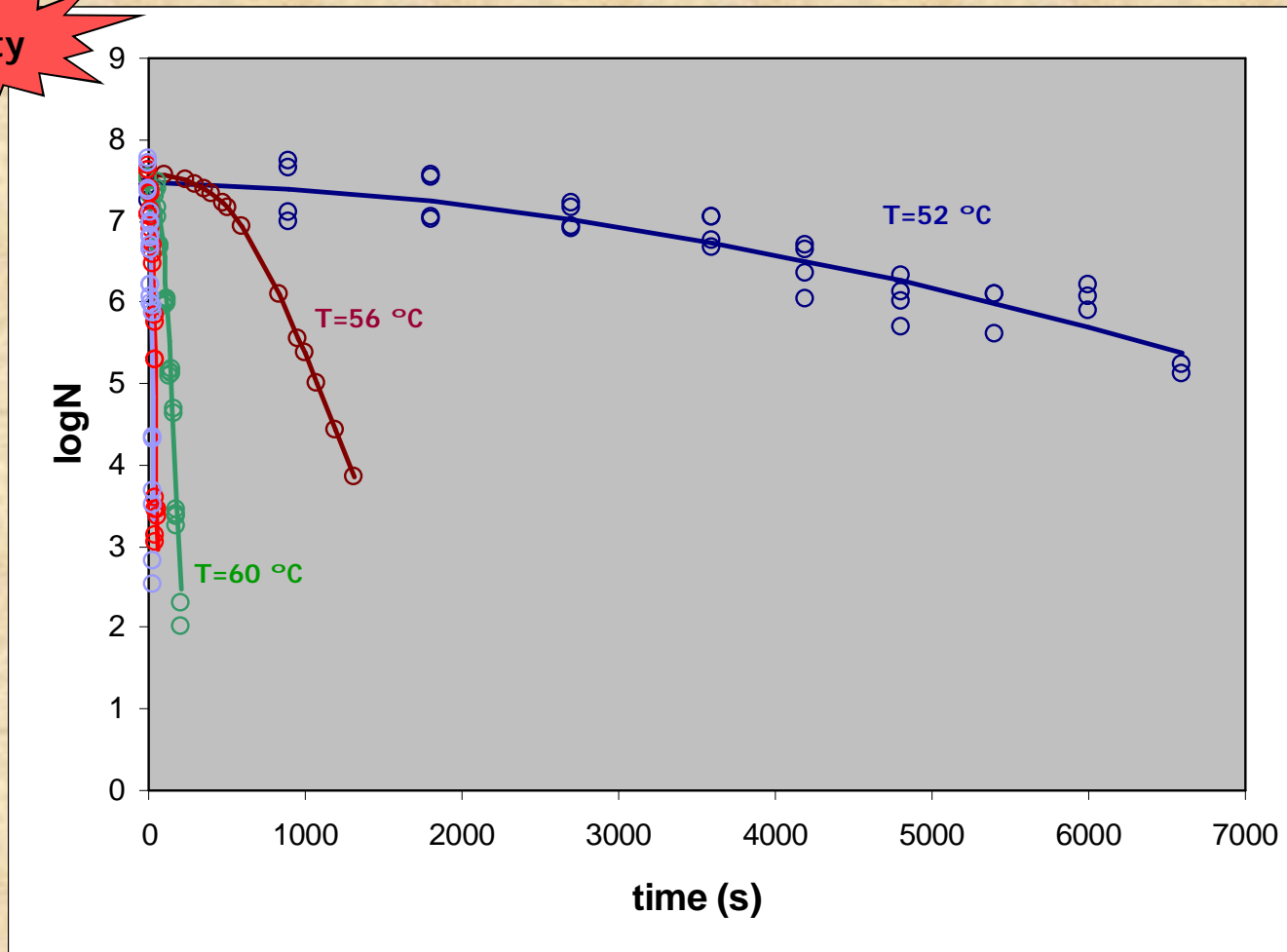
kinetic parameters

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Data of *L.monocytogenes* Scott A at 52,56,60,64,68°C

(24 hours incubation at 5°C in half cream)

Casadei et al. (1998)

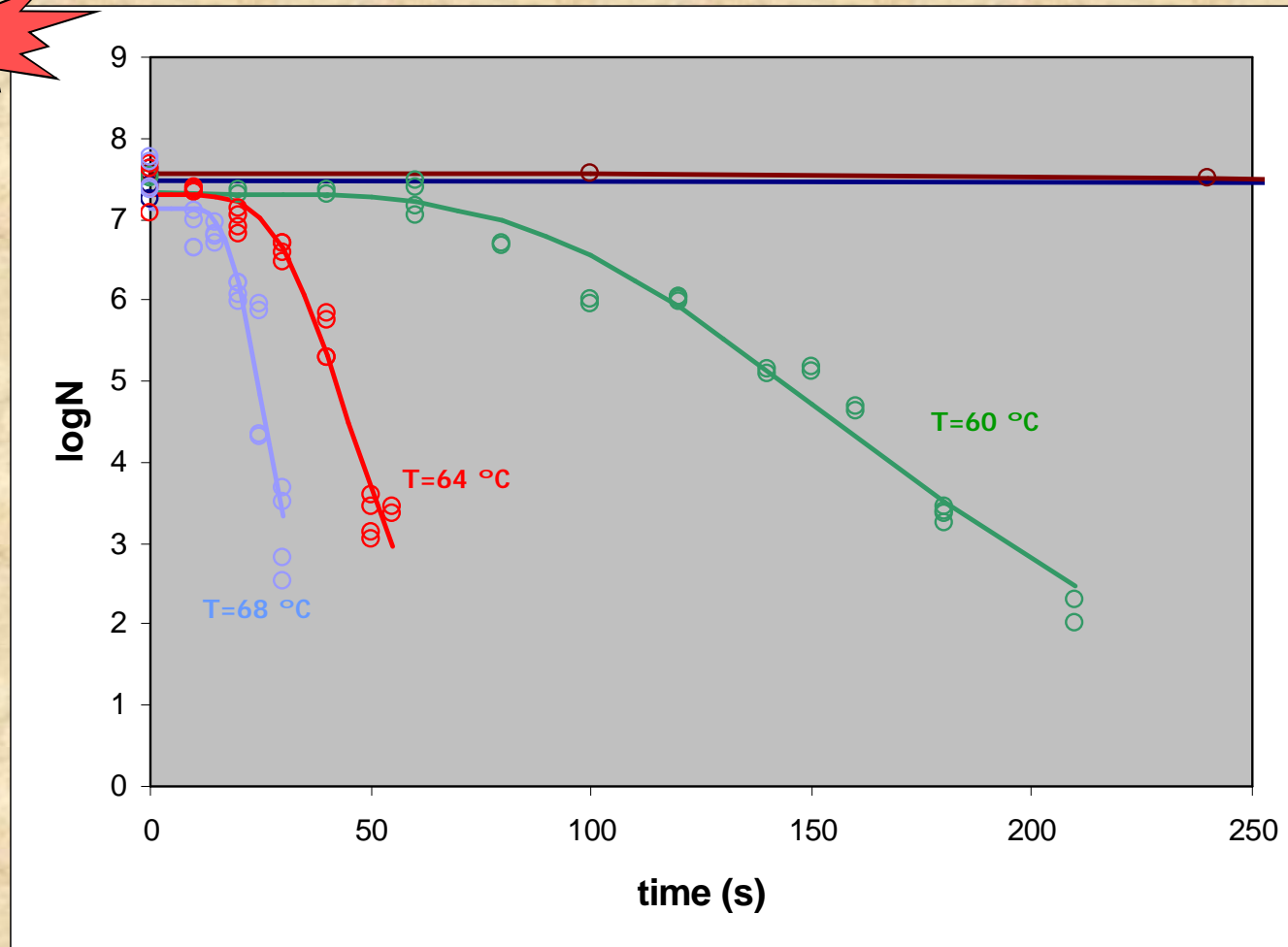


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Data of *L.monocytogenes* Scott A at 52,56,60,64,68°C

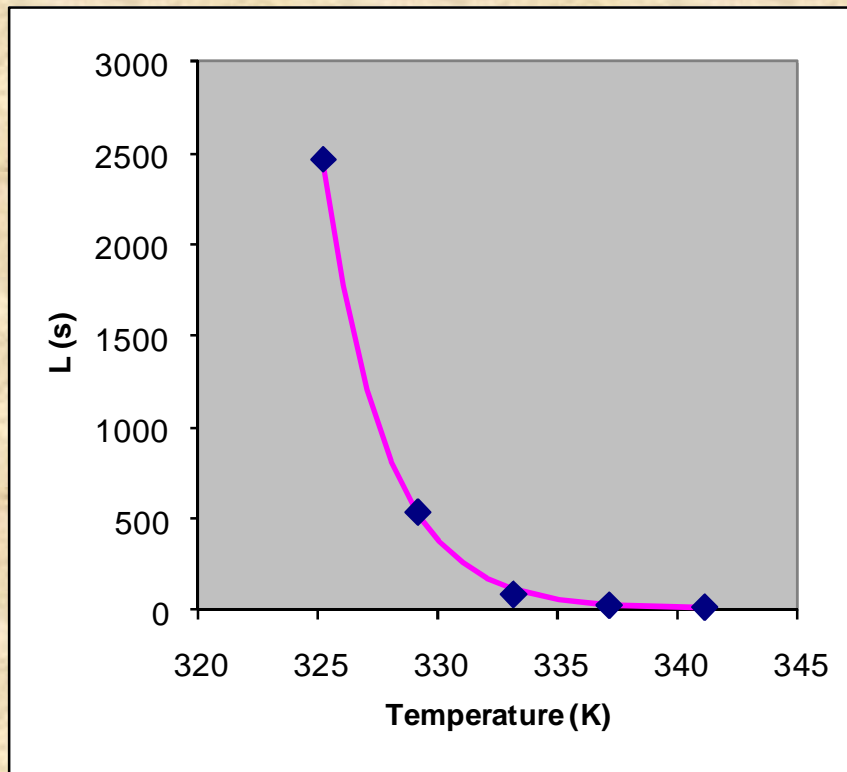
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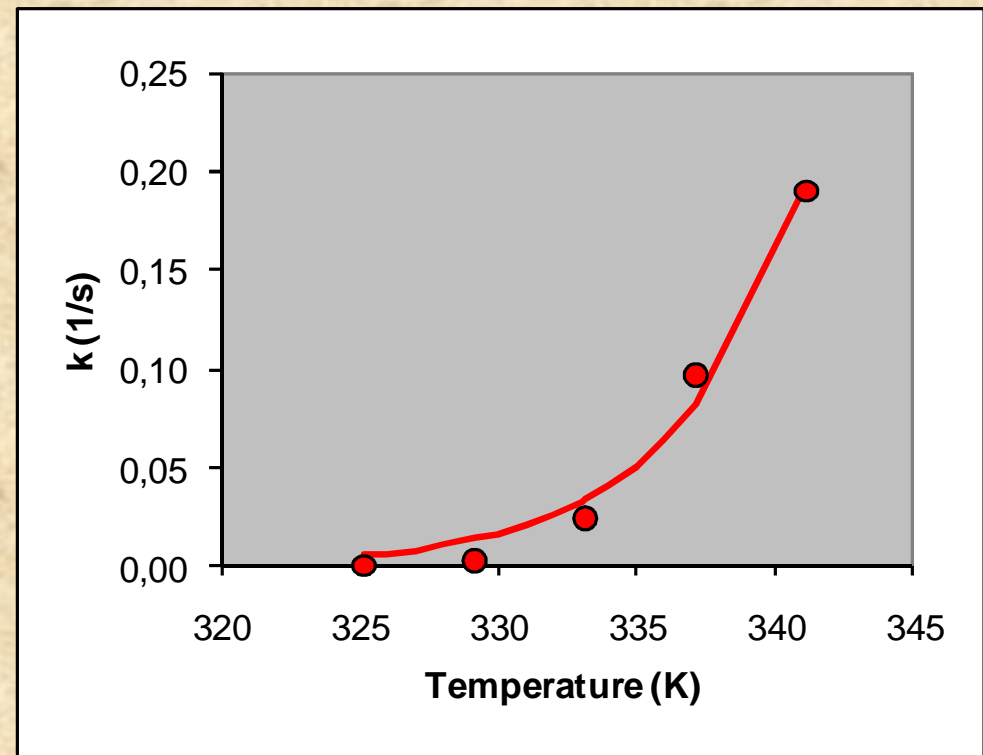


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The **kinetic parameters** were correlated with **temperature** by an Arrhenius expression



$$L = 116.3 \exp(344.1/R^*(1/T - 1/333.15))$$



$$k = 0.0216 \exp(-203.3/R^*(1/T - 1/333.15))$$

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One example of modeling ...

Gompertz-inspired model



$$\log N = \log N_0 - \log \left(\frac{N_0}{N_{\text{res}}} \right) \exp \left(- \exp \left(\frac{k e}{\log \left(\frac{N_0}{N_{\text{res}}} \right)} (L - t) + 1 \right) \right)$$

$$k = 0.0216 \exp(-203.3/R^*(1/T-1/333.15))$$

$$L = 116.3 \exp(344.1/R^*(1/T-1/333.15))$$

The microbial load is just a function of the process temperature, which is a valuable tool to design efficient and controlled processes from a safety point of view.

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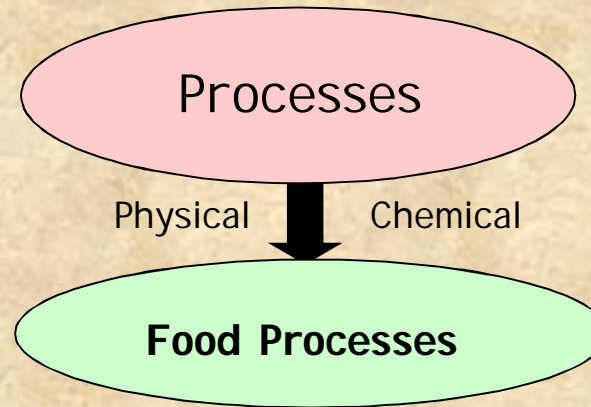
The role of mathematical modeling on understanding process induced changes in foods

Transport Phenomena

- heat
- mass
- *momentum*

Reaction kinetics

Properties



Heating Foods: *Integrating quality and safety in thermal processes*

The role of mathematical modeling on understanding...

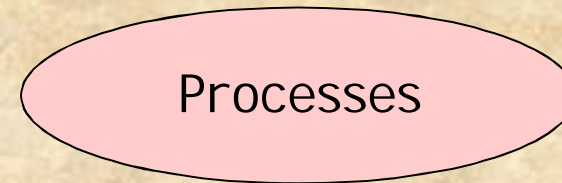
Modelling

Transport Phenomena

- heat
- mass
- *momentum*

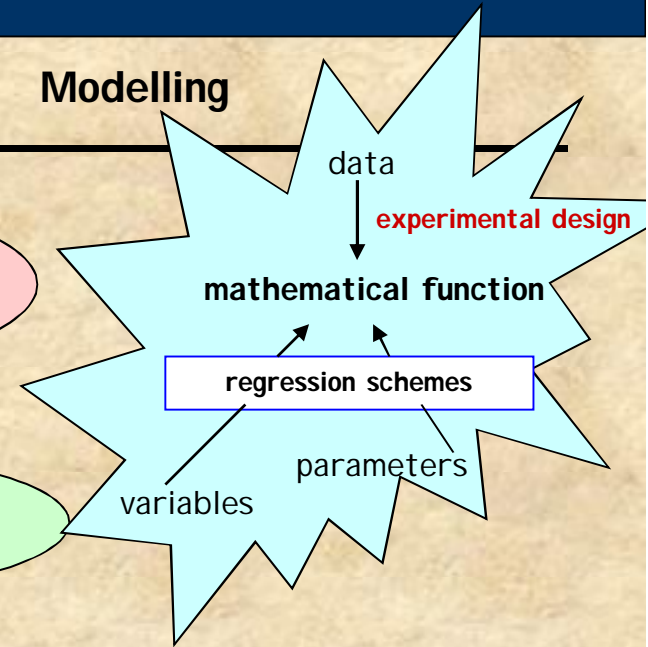
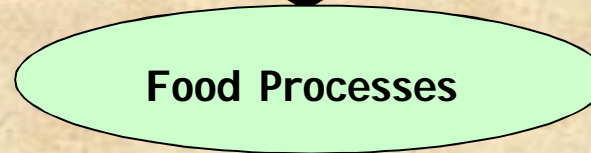
Reaction kinetics

Properties



Physical

Chemical



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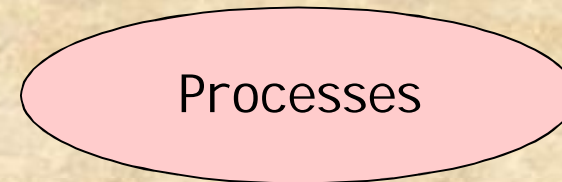
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Reaction kinetics

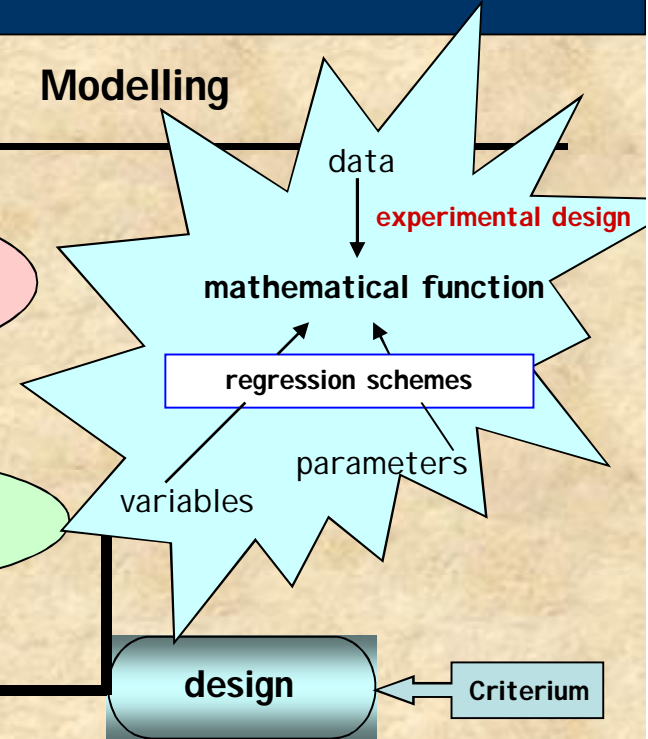
Properties



Physical Chemical



Modelling



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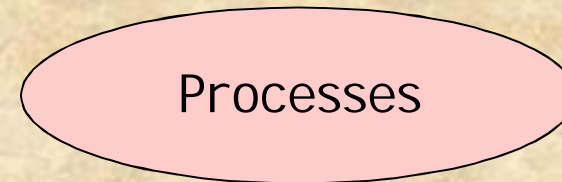
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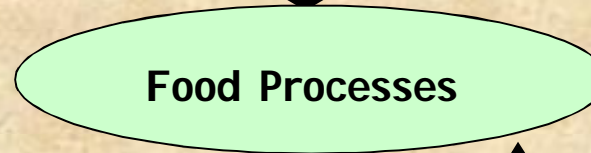
- heat
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Reaction kinetics

Properties



Physical Chemical



Modelling

data

experimental design

mathematical function

regression schemes

variables

parameters

design

Criterion

validation

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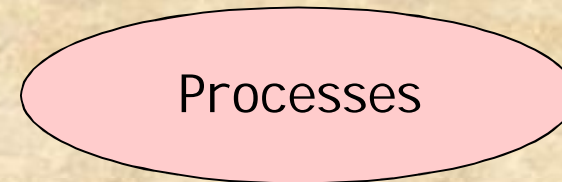
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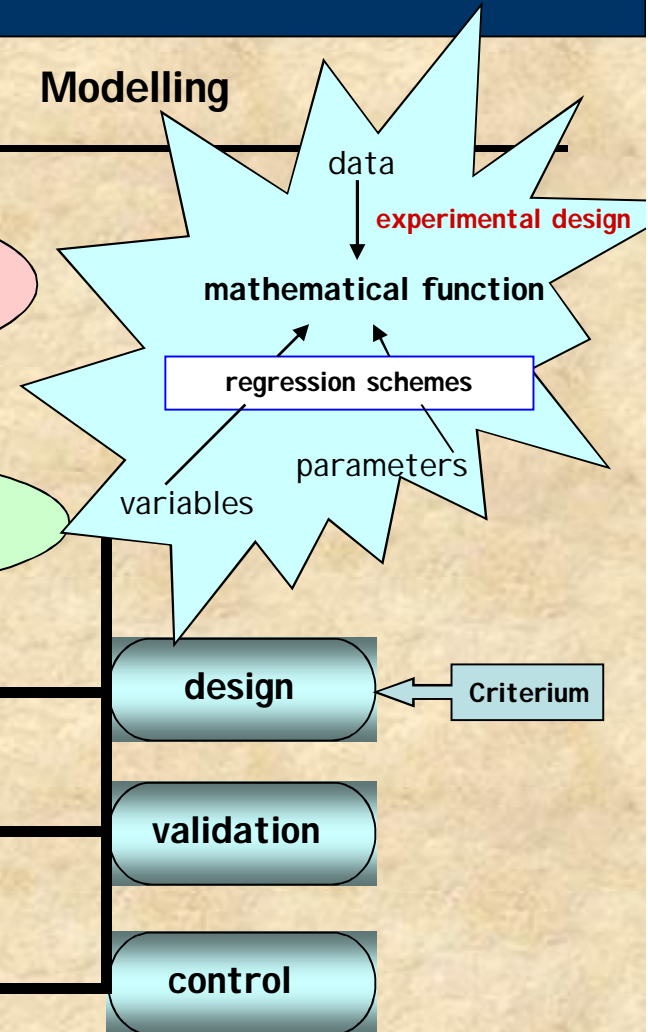
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Reaction kinetics

Properties



Modelling



Heating Foods: *Integrating quality and safety in thermal processes*

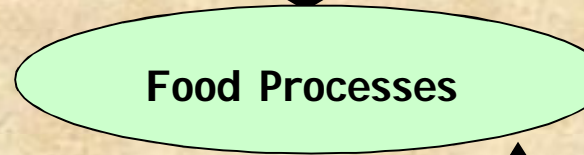
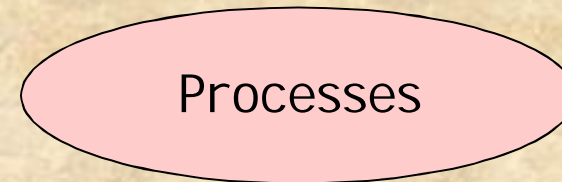
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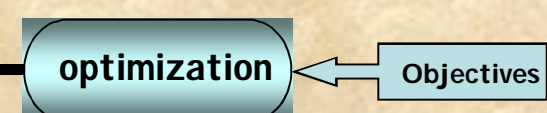
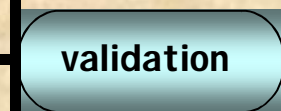
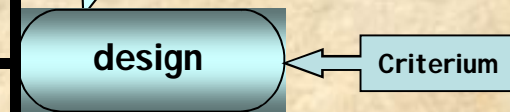
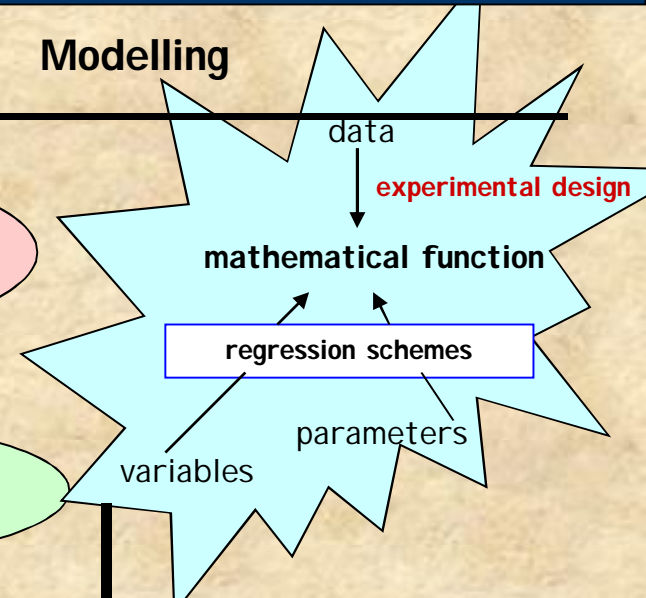
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Reaction kinetics

Properties



Modelling



Heating Foods: *Integrating quality and safety in thermal processes*

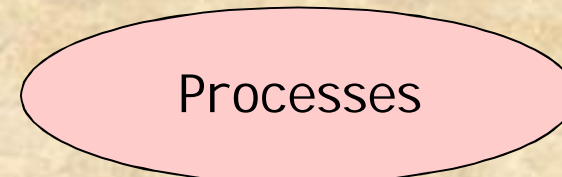
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Transport Phenomena

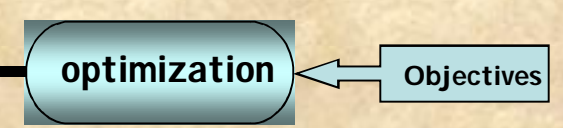
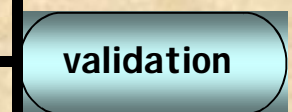
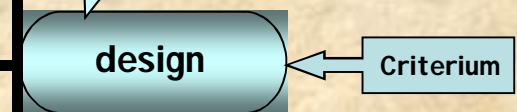
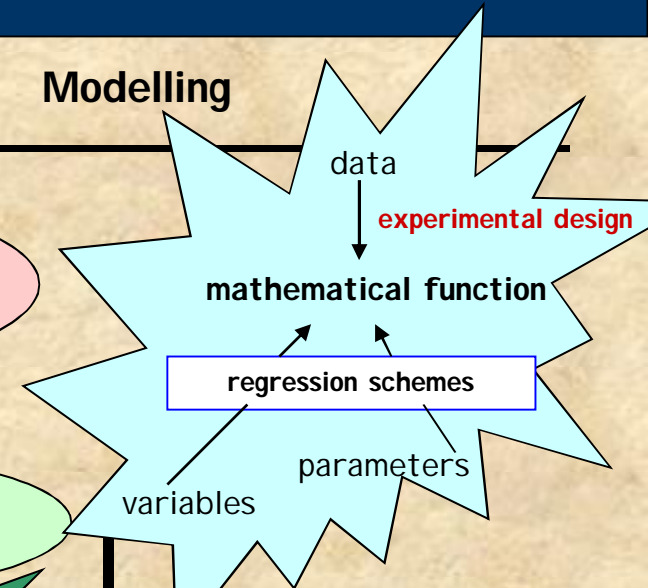
- heat
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Reaction kinetics

Properties



Modelling



Heating Foods: *Integrating quality and safety in thermal processes*

Today's Presentation

1. Heat Processing – effect on food quality and safety
2. Combining Heat and other Non-Thermal Technologies to preserve foods
3. New Approaches on Understanding Heat Degradation in Foods

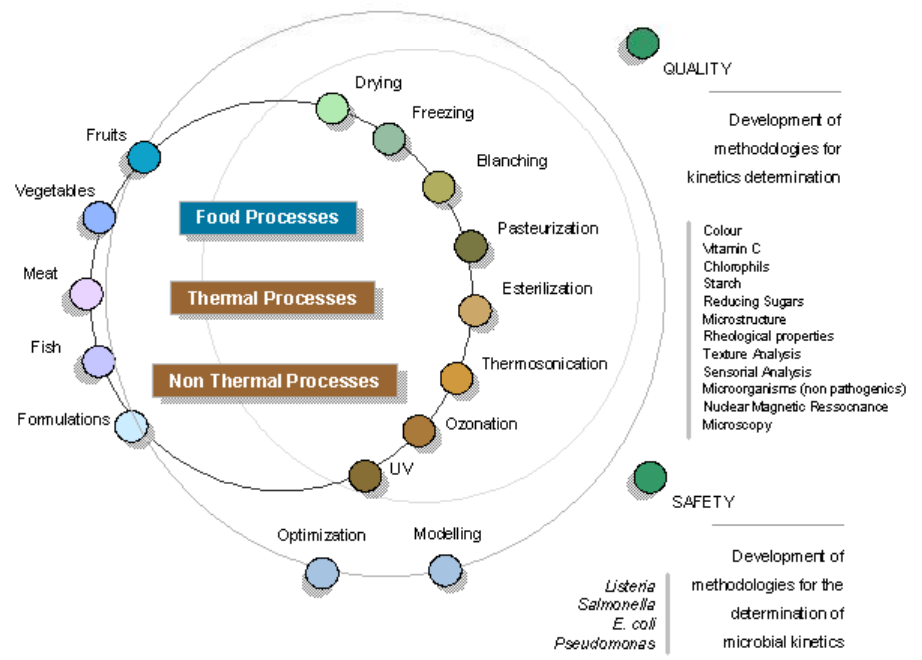


- Research areas
- Research team
- Projects
- Publications
- Other links
- Press Clipping
- Photos

LOPA

Laboratory for the Optimization of Food Processes

LOPA - Laboratory for the Optimization of Food Processes - is a laboratory aiming the research in the food quality and food safety fields, with a strong work on process modelling and optimization.



Thermal Processes (e.g. blanching, pasteurization e esterilization, drying and freezing) and **Non-Thermal Processes** (e.g. ozonation, thermosonication and UV) are the food processes on which our research effort lays on. The main research framework is based on horticultural products, although food formulations, meat and fish are emergent food products under our skills.

Heating Foods: *Integrating quality and safety in thermal processes*

Today's Presentation

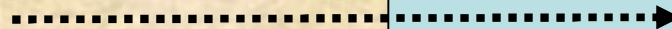


- 1. Heat Processing – effect on food quality and safety**
2. Combining Heat and other Non-Thermal Technologies to preserve foods
3. New Approaches on Understanding Heat Degradation in Foods

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Blanching



Freezing

In spite of the benefits of blanching such as prolonging storage life by the inactivation of enzymes responsible for quality degradation and reducing the number of bacteria and other contaminants, it also leads to excessive loss of weight, alterations in colour, softening of the tissue and loss of nutrients through their diffusion into the water



... particularly important in **VEGETABLES**

Heating Foods: *Integrating quality and safety in thermal processes*

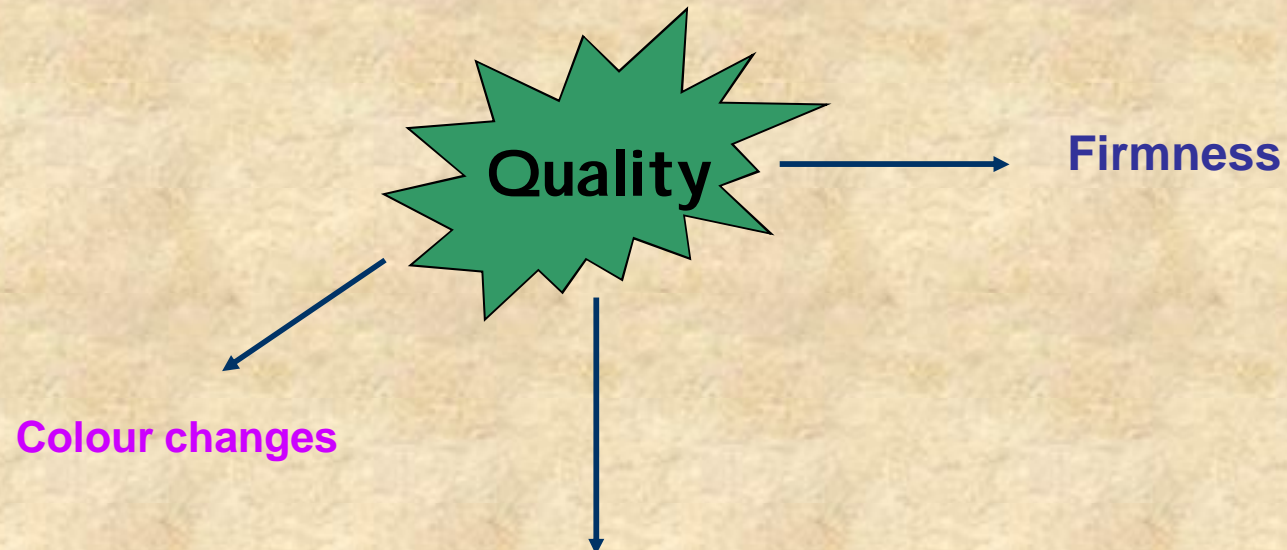
1. Heat Processing – effect on food quality and safety

Blanching



Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



pumpkin

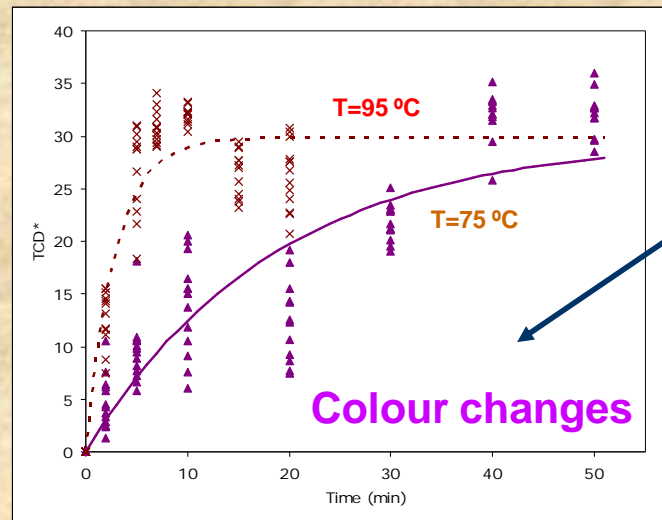


Cucurbita maxima L.

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Total Colour Difference, Hunter (L,a,b) scale, colourimeter (CR-300, Minolta)



Firmness

pumpkin

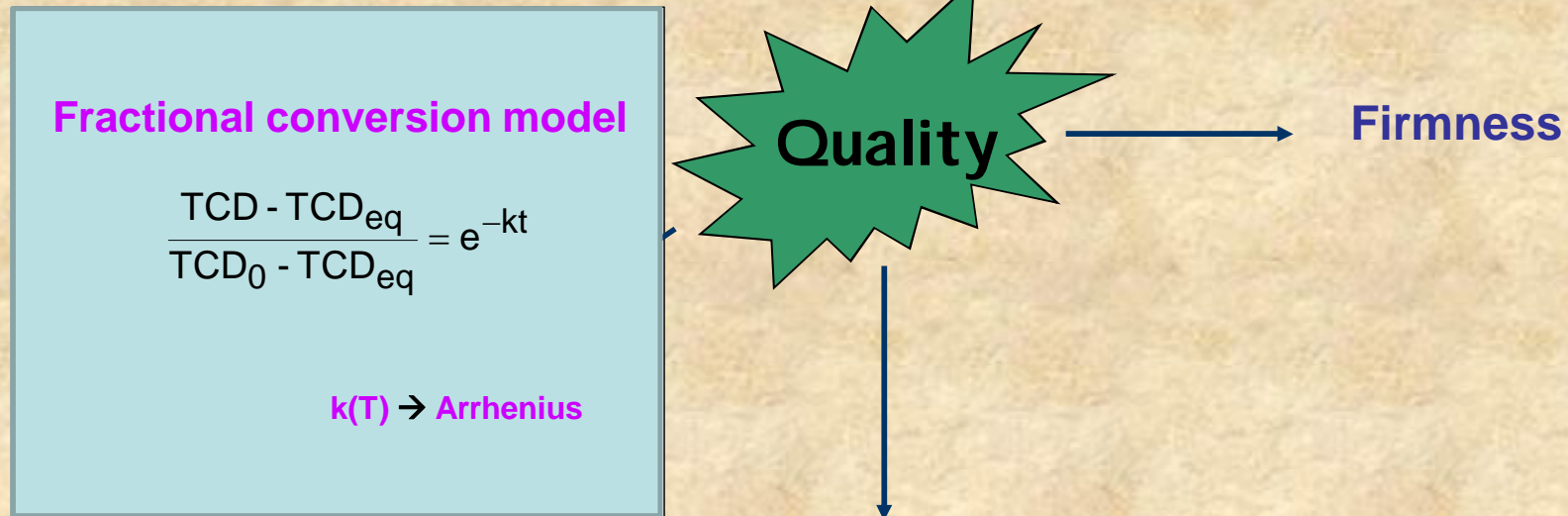


Cucurbita maxima L.

Peroxidase

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



pumpkin

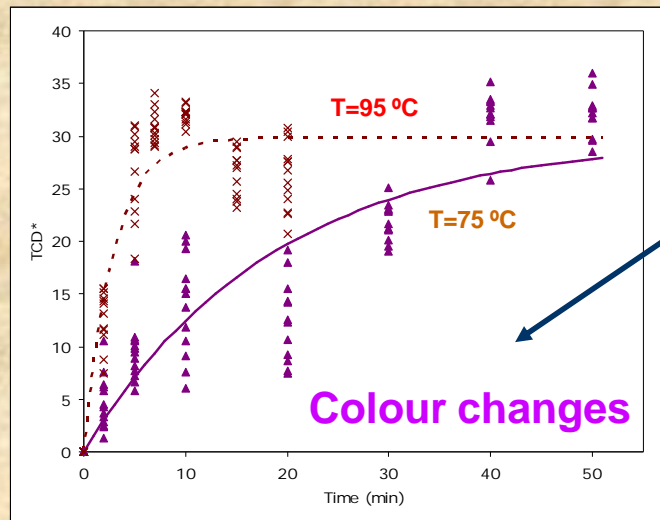


Cucurbita maxima L.

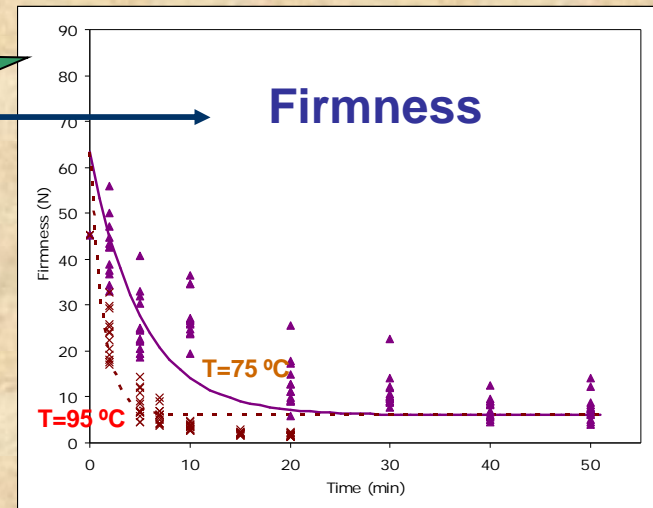
Peroxidase

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Texture Analyser (Stable Micro-System Ltd, Godalming, UK)
single puncture measurement, 10 mm depth of penetration, velocity of 1.0 mm s⁻¹



pumpkin

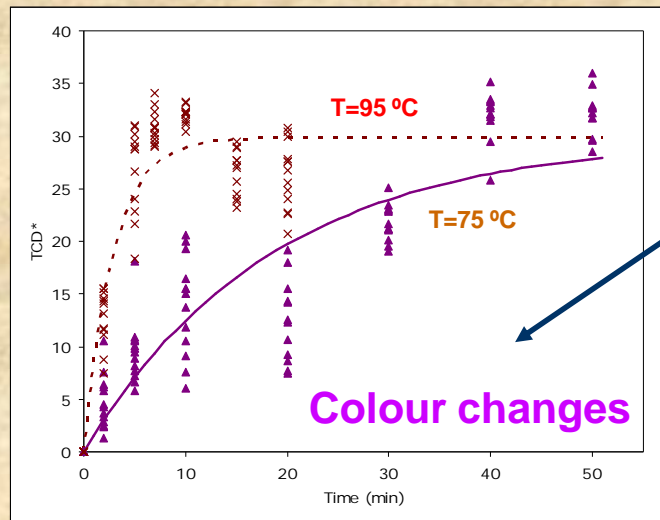


Cucurbita maxima L.

Peroxidase

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Quality

Firmness

Fractional conversion model

$$\frac{\text{Firmness} - \text{Firmness}_{eq}}{\text{Firmness}_0 - \text{Firmness}_{eq}} = e^{-kt}$$

$k(T) \rightarrow$ Arrhenius

pumpkin

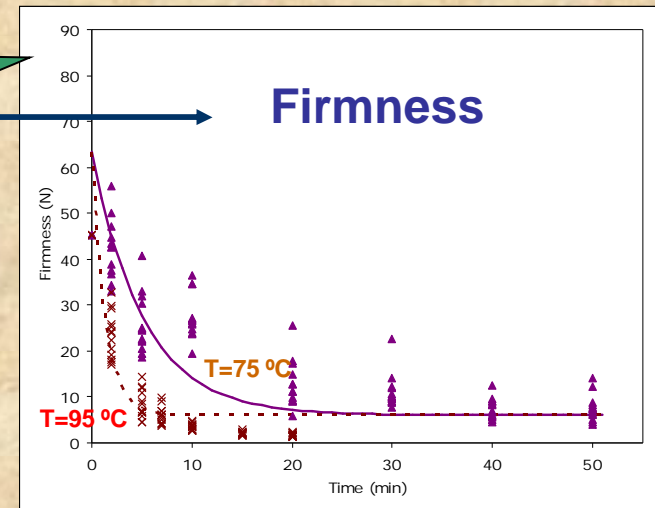
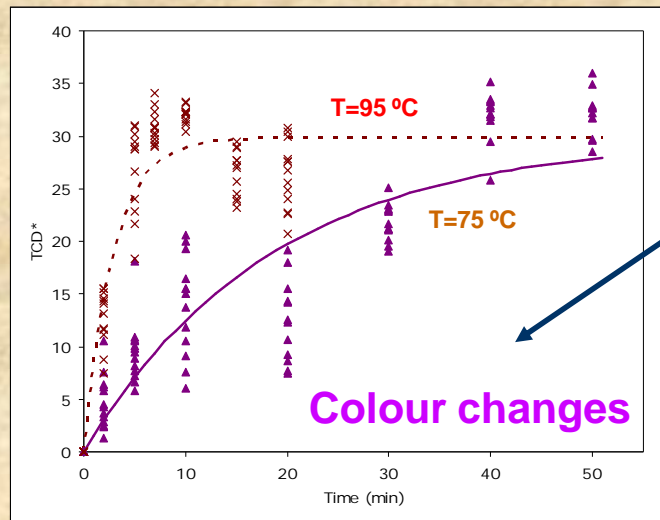


Cucurbita maxima L.

Peroxidase

Heating Foods: *Integrating quality and safety in thermal processes*

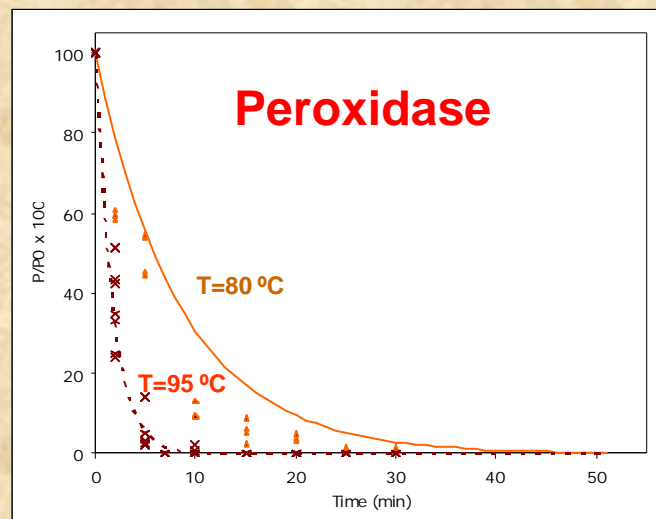
1. Heat Processing – effect on food quality and safety



pumpkin



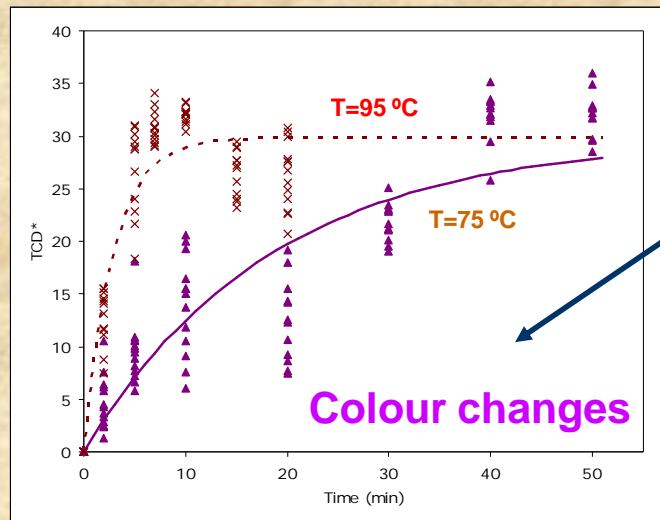
Cucurbita maxima L.



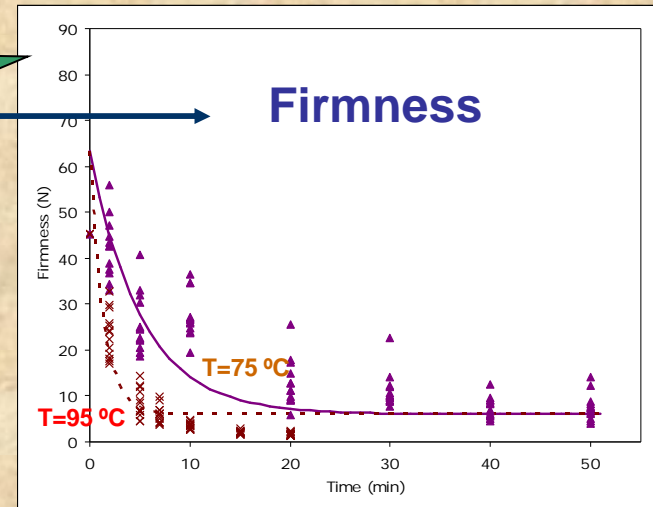
Spectrophotometry (Unicom Ltd, Cambridge, UK)

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Quality



pumpkin



Cucurbita maxima L.

Peroxidase

First order kinetics

$$\frac{P}{P_0} = e^{-kt}$$

k(T) → Arrhenius

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Modelling the kinetics of **peroxidase** inactivation and **colour** and **texture** changes of pumpkin during blanching, will allow convenient design of thermal processes



Stabilisation of enzymatic deterioration

Minimisation of quality losses

pumpkin



Cucurbita maxima L.

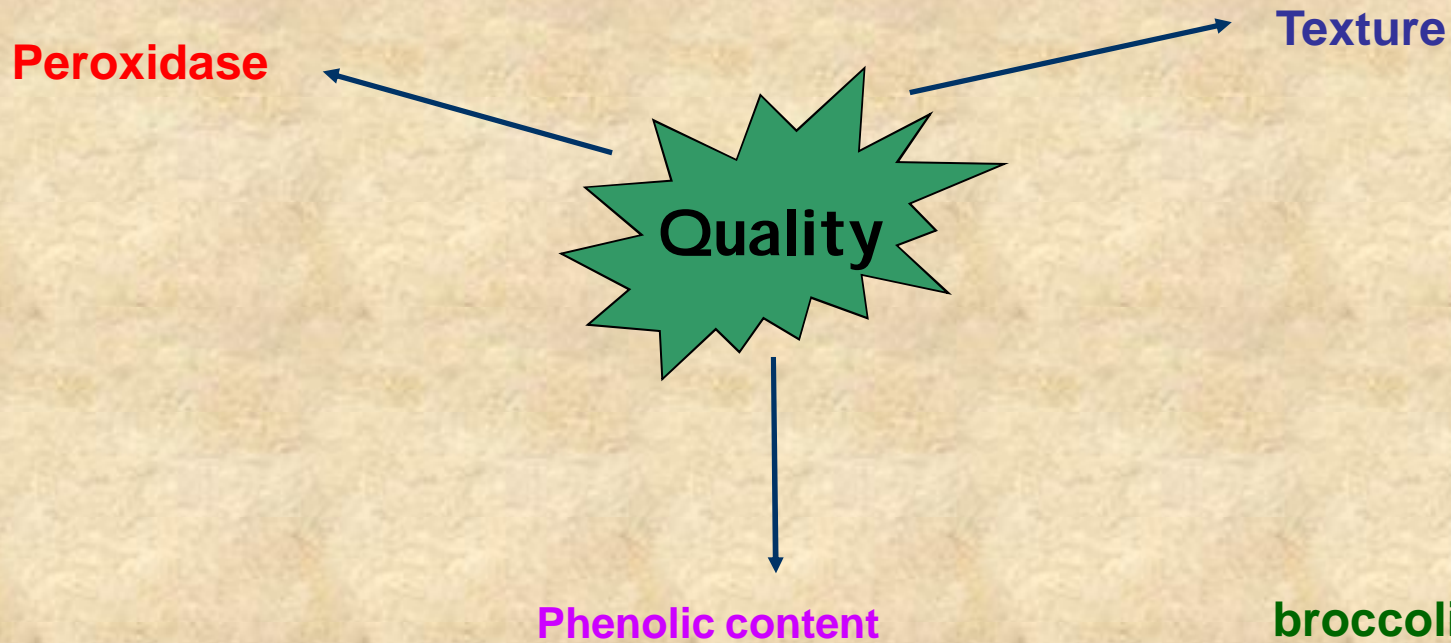
Blanching conditions

5.8 min at 90 °C
and
3.9 min at 95 °C

... are recommended to decrease 90% of peroxidase activity, ensuring a good retention of colour. Unavoidably, texture is greatly affected (~ 14% was retained).

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



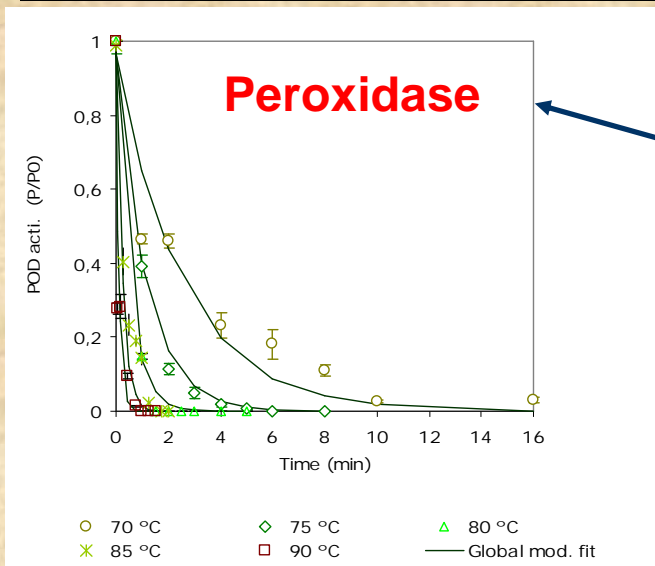
broccoli



Brassica oleracea L.

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Spectrophotometry (Unicom Ltd, Cambridge, UK)



Texture

Phenolic content

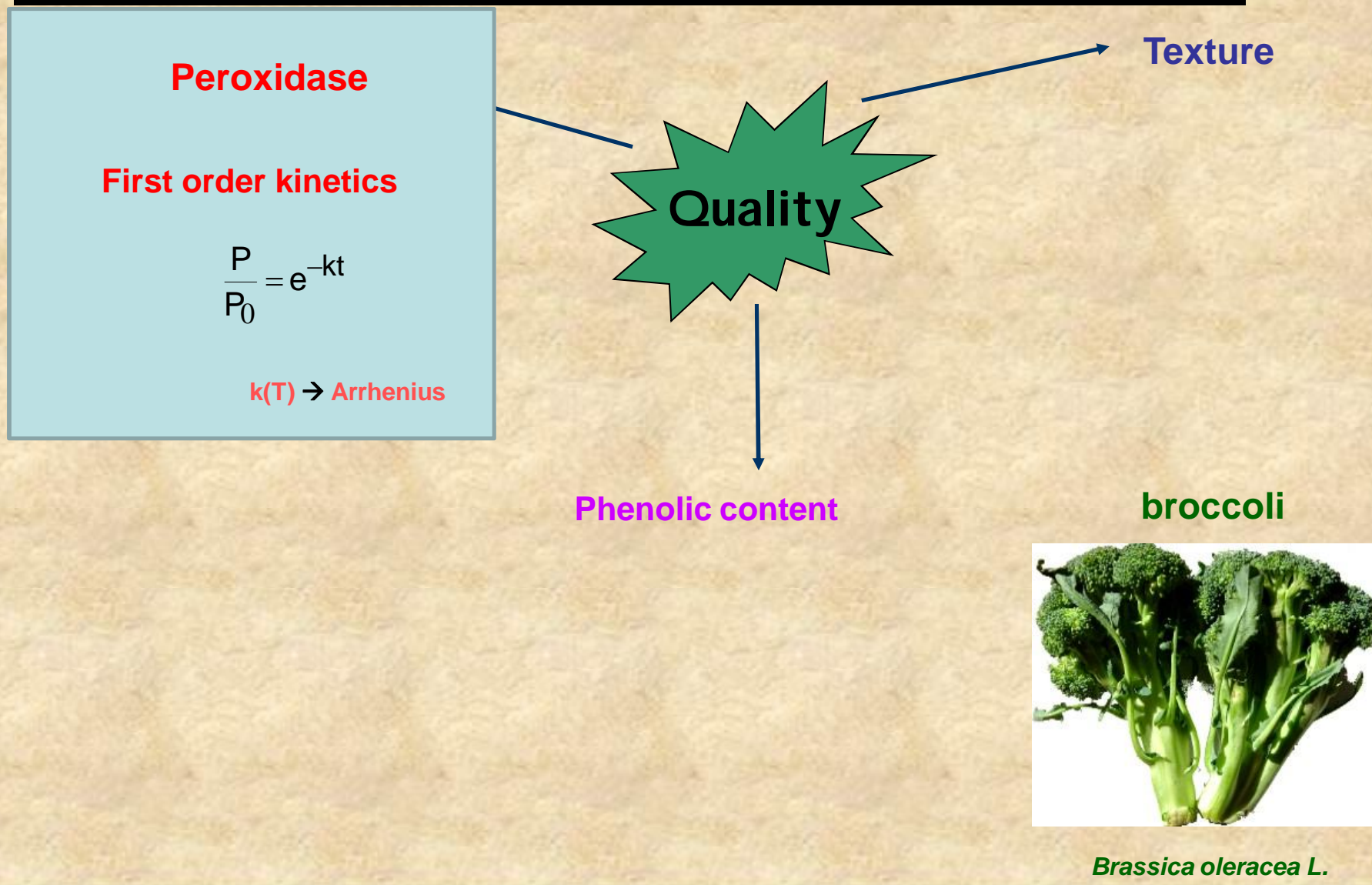
broccoli



Brassica oleracea L.

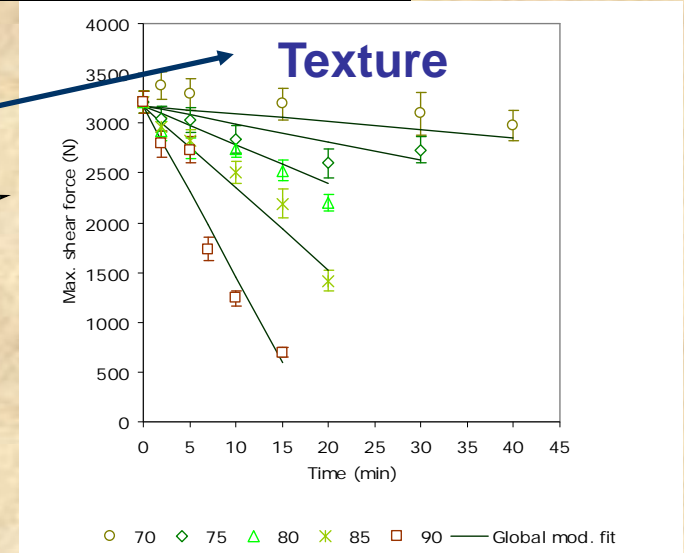
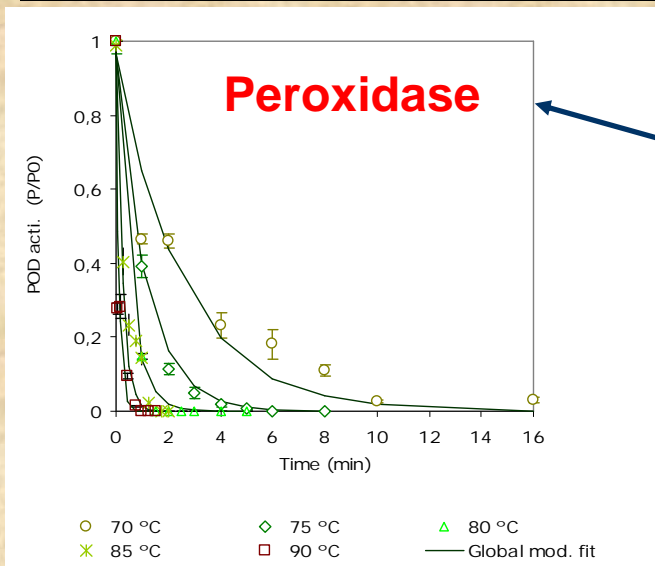
Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Phenolic content

Texture Analyser (Stable Micro-System Ltd, Godalming, UK)
maximum shear force, test speed 8 mm s⁻¹, full-scale load 500 N

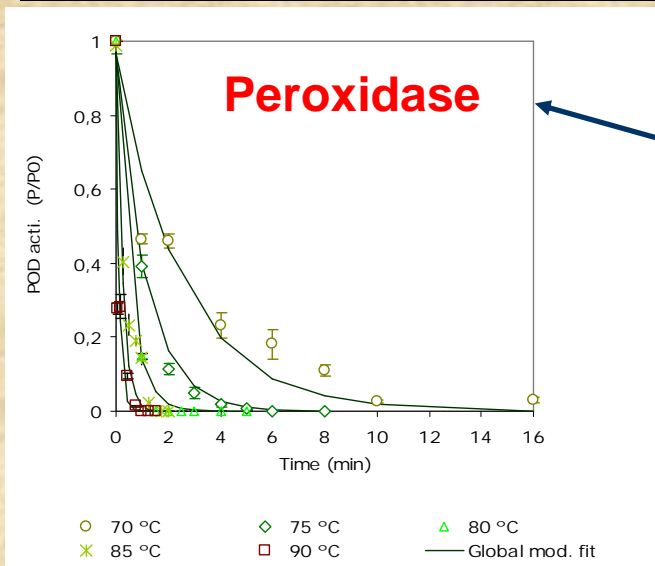
broccoli



Brassica oleracea L.

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Texture

Zero order kinetics

$$\text{Maxshearforce} = (\text{Maxshearforce})_0 - kt$$

$k(T) \rightarrow \text{Arrhenius}$

Phenolic content

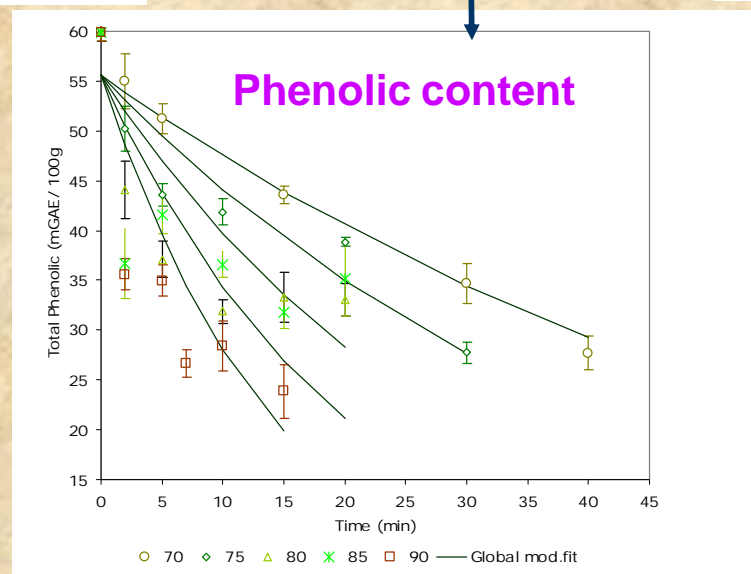
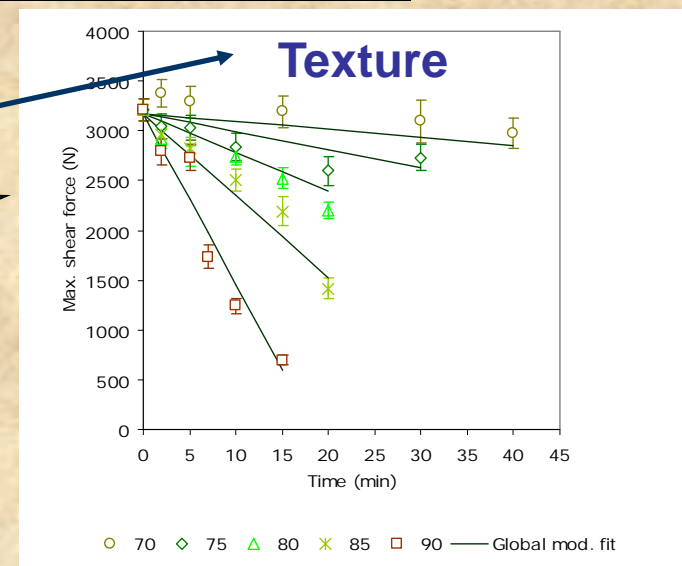
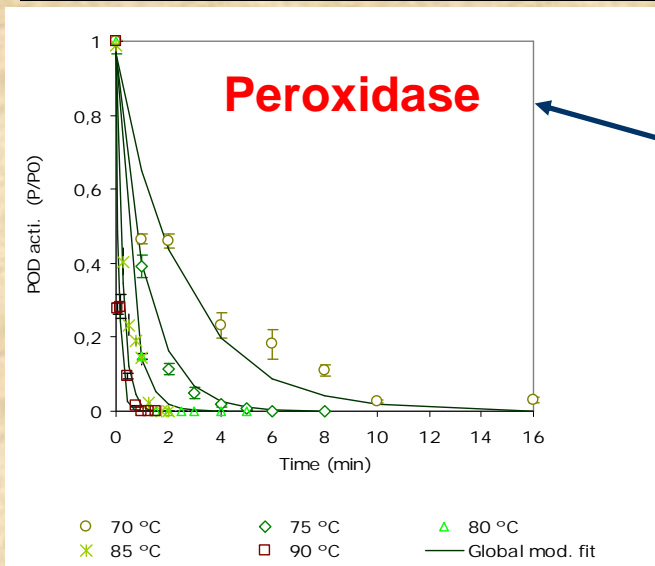
broccoli



Brassica oleracea L.

Heating Foods: Integrating quality and safety in thermal processes

1. Heat Processing – effect on food quality and safety



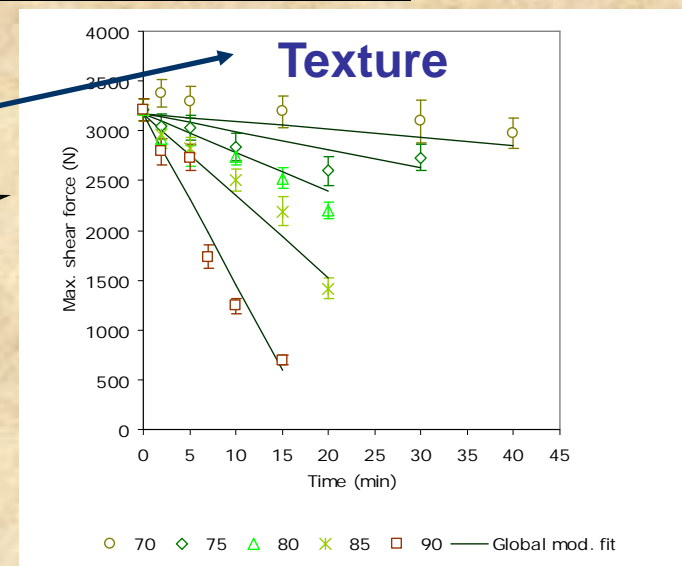
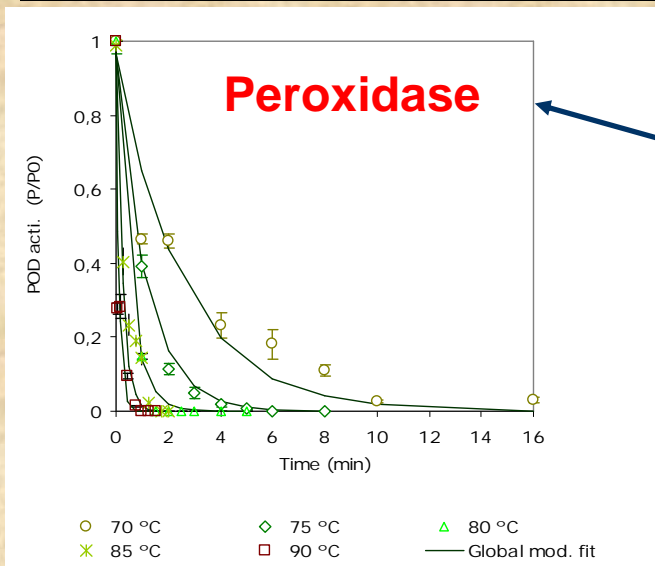
Spectrophotometry
(Unicom Ltd, Cambridge, UK)



Brassica oleracea L.

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Phenolic content

First order kinetics

$$P = P_0 e^{-kt}$$

$k(T) \rightarrow$ Arrhenius



Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Modelling the kinetics of **peroxidase** inactivation and **phenolic content** and **texture** changes of broccoli during blanching, will allow convenient design of thermal processes



Stabilisation of enzymatic deterioration

Minimisation of quality losses

Blanching conditions

6.5 min at 70 °C
and
0.4 min at 90 °C

... are recommended to decrease 90% of peroxidase activity. Texture was the most temperature sensitive parameter. Thus, attention should be given to texture against other quality parameters for optimizing thermal processes of broccoli.

broccoli



Brassica oleracea L.

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Peroxidase

Firmness



carrots

Daucus carota L.

Phenolic content

Quality

Colour



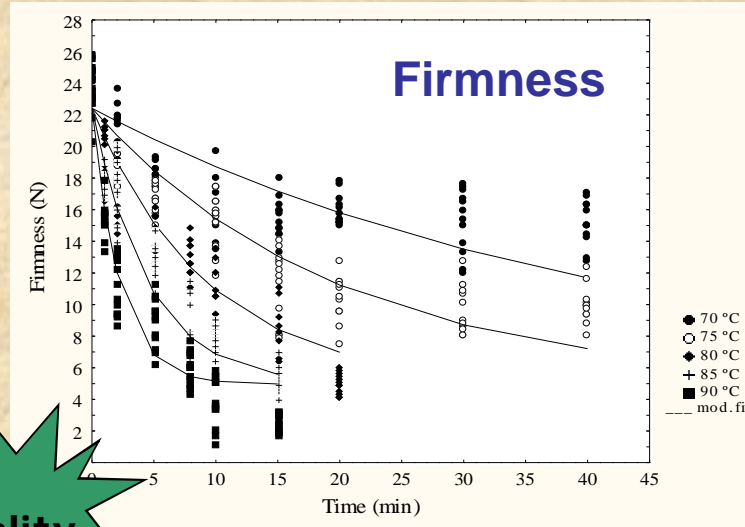
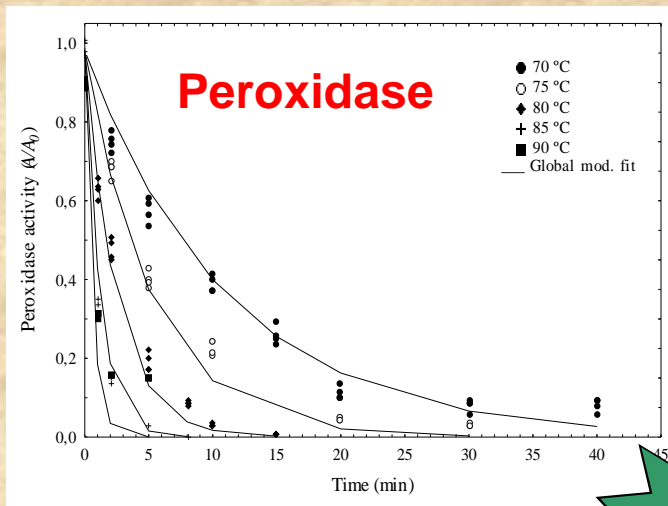
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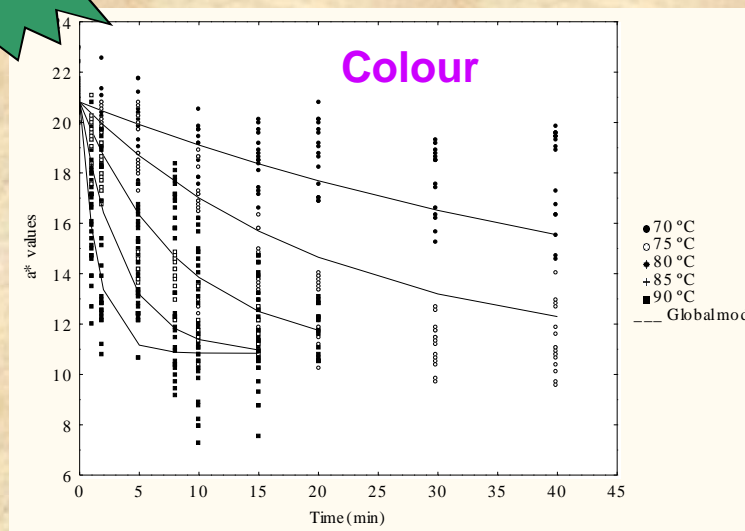
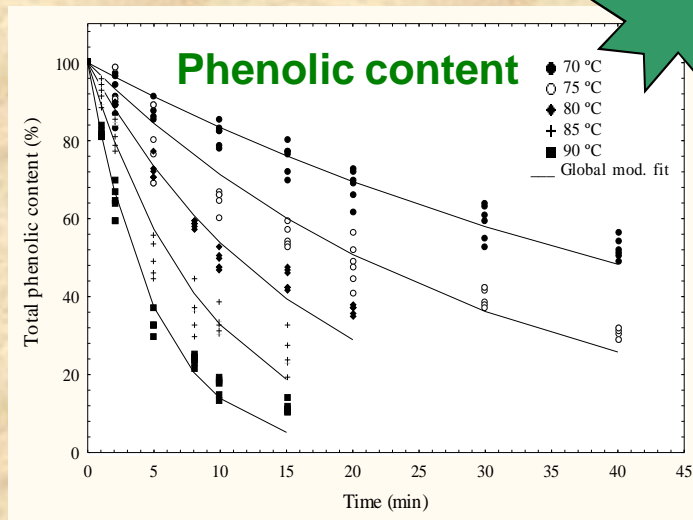
carrots



Daucus carota L.



Quality



Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Peroxidase

First order kinetics

$$\frac{P}{P_0} = e^{-kt}$$

$k(T) \rightarrow$ Arrhenius

Firmness

Fractional conversion model

$$\frac{\text{Firmness} - \text{Firmness}_{eq}}{\text{Firmness}_0 - \text{Firmness}_{eq}} = e^{-kt}$$

$k(T) \rightarrow$ Arrhenius

carrots



Daucus carota L.

Quality

Phenolic content

First order kinetics

$$\frac{P}{P_0} = e^{-kt}$$

$k(T) \rightarrow$ Arrhenius

Colour

Fractional conversion model

$$\frac{C - C_{eq}}{C_0 - C_{eq}} = e^{-kt}$$

$k(T) \rightarrow$ Arrhenius

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Modelling the kinetics of **peroxidase** inactivation and **phenolic content**, **colour** and **texture** changes of carrots during blanching, will allow convenient design of thermal processes



carrots

Daucus carota L.



Stabilisation of enzymatic deterioration

Minimisation of quality losses

Blanching conditions

6.0 min at 80 °C

... is recommended to decrease 90% of peroxidase activity, ensuring a good retention of phenolic content (70%). Colour was the most temperature sensitive parameter. Thus, attention should be given to colour against other quality parameters for optimizing thermal processes of carrots.

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Blanching

red bell pepper



Capsicum annuum, L.



parsley



Petroselinum crispum

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

red bell pepper



Capsicum annuum, L.

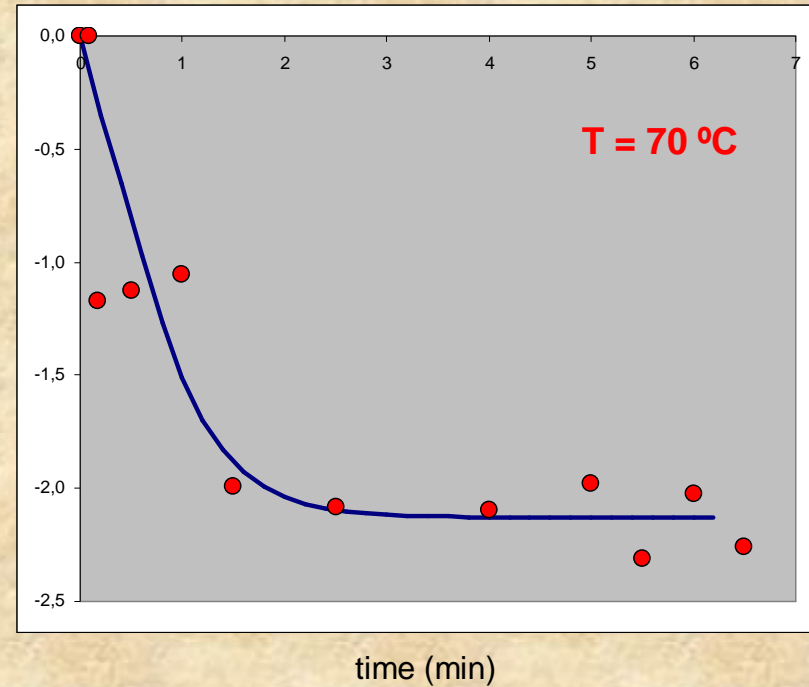
total mesophiles



PCA

autoctone flora

$\log(N/N_0)$



Initial counts: $N_0 \sim 10^7$ CFU/mg

Heating Foods: *Integrating quality and safety in thermal processes*

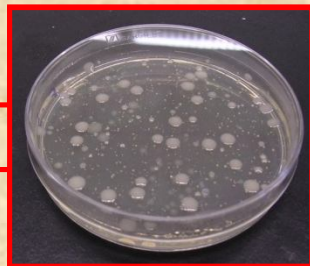
1. Heat Processing – effect on food quality and safety

red bell pepper



Capsicum annuum, L.

total mesophiles



PCA

autoctone flora

$\log(N/N_0)$

Gompertz-inspired model

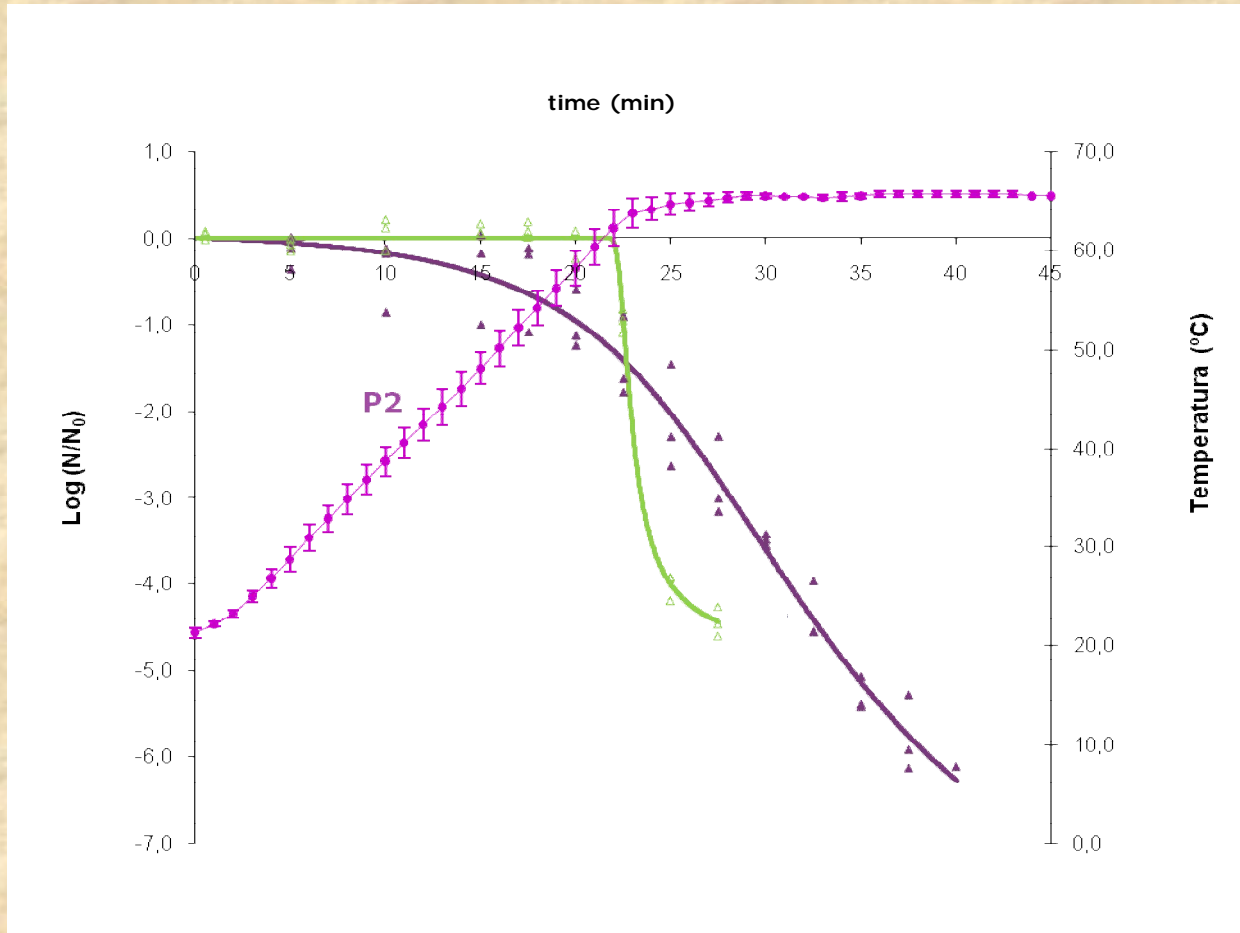
$$\log\left(\frac{N}{N_0}\right) = \log\left(\frac{N_{res}}{N_0}\right) \exp\left(-\exp\left(-\frac{k e}{\log\left(\frac{N_{res}}{N_0}\right)}(L-t)+1\right)\right)$$

time (min)

Initial counts: $N_0 \sim 10^7$ CFU/mg

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety



Initial counts: $N_0 \sim 10^7$ CFU/mg



Petroselinum crispum



Palcam Agar

Listeria innocua
artificially inoculated

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

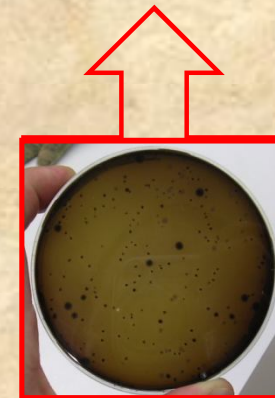
Gompertz-inspired model

$$\left(\log \frac{N}{N_0}\right)_{\text{non-isot}} = \int_0^t -k(T) e \exp\left(-\frac{k(T)e}{\log\left(\frac{N_{\text{res}}}{N_0}\right)}(L(T)-t')+1\right) \exp\left(-\exp\left(-\frac{k(T)e}{\log\left(\frac{N_{\text{res}}}{N_0}\right)}(L(T)-t')+1\right)\right) dt'$$

Initial counts: $N_0 \sim 10^7$ CFU/mg



Petroselinum crispum



Palcam Agar

Listeria innocua
artificially inoculated

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Modelling the kinetics of **microbial** inactivation including the effect of relevant variables (**temperature**, **pH** and **water activity**) will allow convenient design of thermal processes

However ...

**results obtained in broth → can be applied
in predicting microbial responses in
solid foods ?**

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Microbial content = f (time, temperature, pH, water activity)

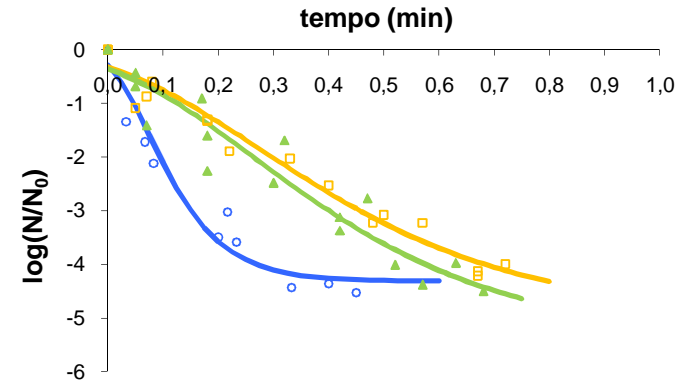
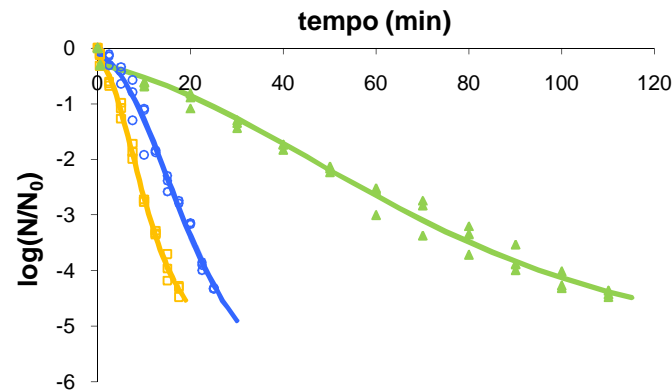


TSB

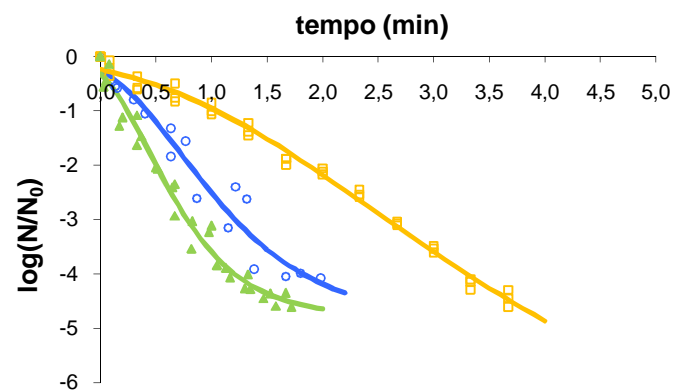
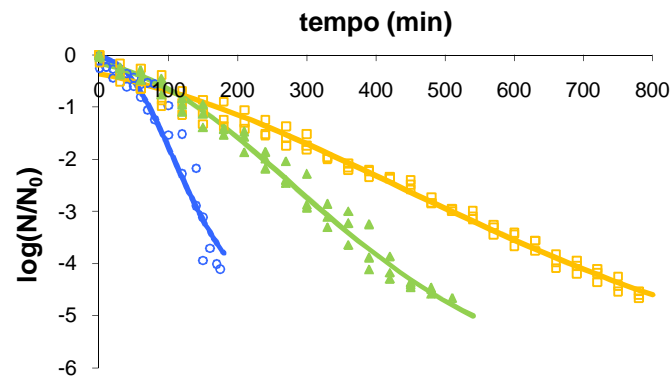
T=52.5 °C

T=65.0 °C

pH=4.5



pH=7.5



○ aw=0,99 □ aw=0,95 NaCl ▲ aw=0,95 glicerol

Estudos em alimento

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

$$\log\left(\frac{N_{res}}{N_0}\right) = \sum_{i=0}^n \sum_{j=0}^n G_{Tail_{ij}} a_w^k pH^j$$

$$k_{max} = \exp\left(\sum_{i=0}^n \sum_{j=0}^n \sum_{k=0}^n G_{k_{max}_{ijk}} a_w^k pH^j T^i\right)$$

$$L = \exp\left(\sum_{i=0}^n \sum_{j=0}^n \sum_{k=0}^n G_{L_{ijk}} a_w^k pH^j T^i\right)$$



pH = 6.2

$a_w = 0.998$

T = 52.5°C to 65.0 °C

$$\log\left(\frac{N}{N_0}\right) = \log\left(\frac{N_{res}}{N_0}\right) \exp\left(-\exp\left[-\frac{k_{max} e}{\log\left(\frac{N_{res}}{N_0}\right)} (L - t) + 1\right]\right)$$

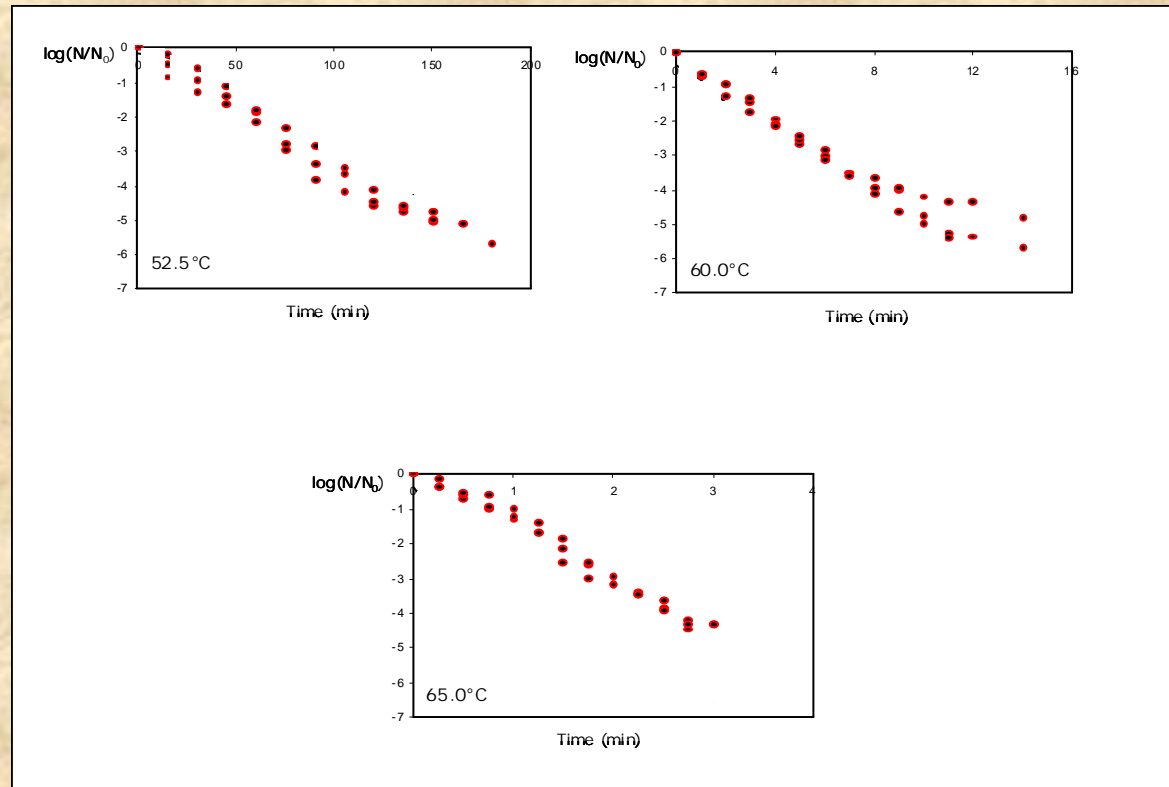
Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Microbial content = f (time, temperature, pH, water activity)



pH=6.2
 $a_w=0.998$



Initial counts: $N_0 \sim 10^7$ CFU/mg

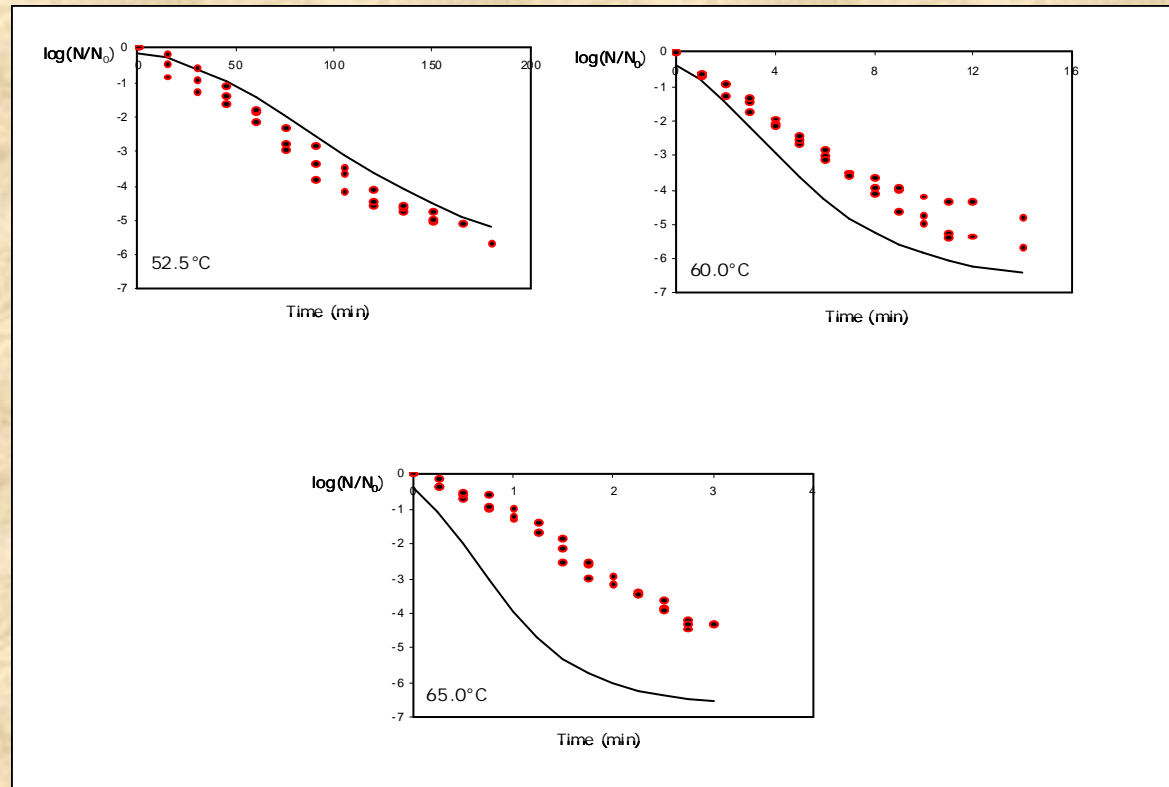
Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Microbial content = f (time, temperature, pH, water activity)



pH=6.2
 $a_w=0.998$



Initial counts: $N_0 \sim 10^7$ CFU/mg

Heating Foods: *Integrating quality and safety in thermal processes*

1. Heat Processing – effect on food quality and safety

Can results obtained in broth be applied in predicting microbial responses in solid foods ?

Attention !

Results corroborate that microbial kinetic behaviour in “real” food surfaces differs to the one observed in broth. Consequently, caution should be taken when using the latter ones in food processing predictions.

Heating Foods: *Integrating quality and safety in thermal processes*

Today's Presentation

1. Heat Processing – effect on food quality and safety

2. Combining Heat and other Non-Thermal Technologies to preserve foods



3. New Approaches on Understanding Heat Degradation in Foods

Heating Foods: *Integrating quality and safety in thermal processes*

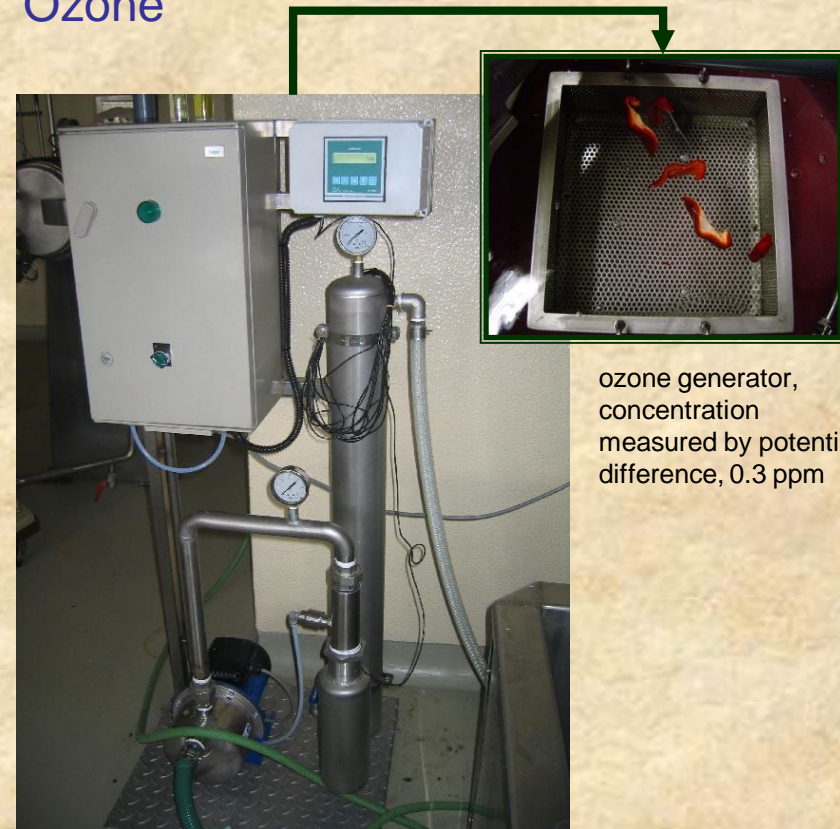
2. Combining Heat and other Non-Thermal Technologies to preserve foods

UV-C radiation

UV-C chamber (University of Algarve), 4 germicidal UV lamps (TUV G30T8, 16 W, Philips, peak emission at 254 nm), average intensity 12.36 W/m²



Ozone



ozone generator,
concentration
measured by potential
difference, 0.3 ppm

Ultrasonication / Thermosonication



ultrasound equipment (Bandelin Sonorex RK 100H) operating at 32 kHz

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods



Types of combined treatments with ultrasound



+



Heat + Ultrasound

Thermosonication

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods



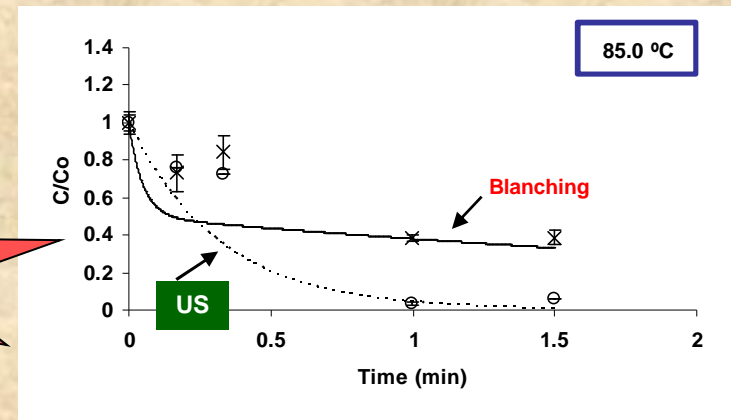
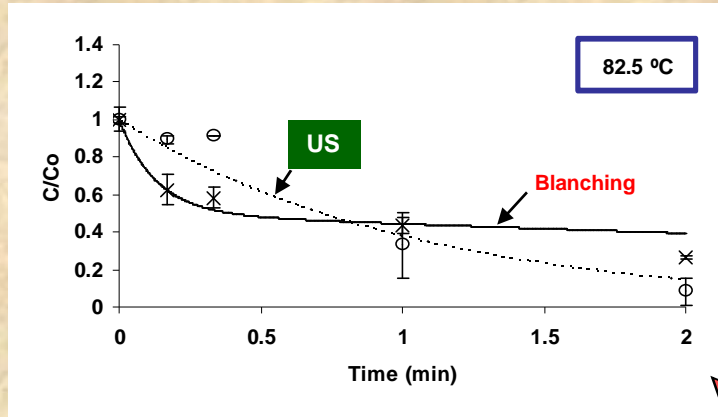
Colour changes

Vitamin C

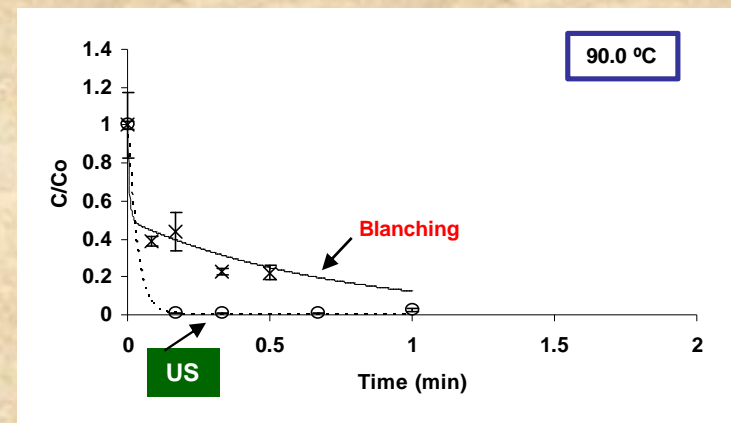
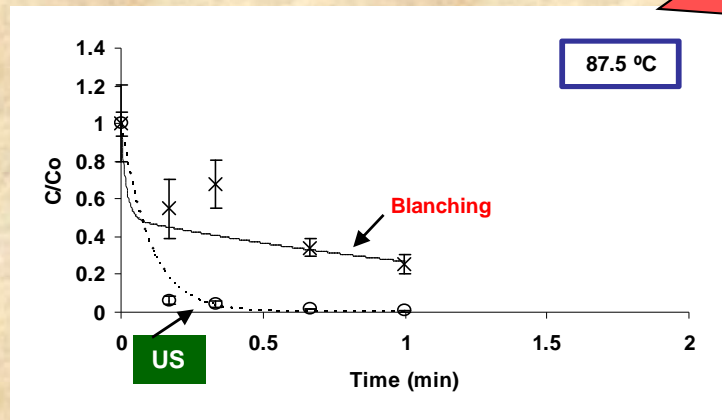
Peroxidase

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods



Peroxidase



Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods

The application of thermosonication



- temperatures above 85 °C and for the same blanching times

led to higher enzyme inactivation when compared to heat blanching processes

Peroxidase

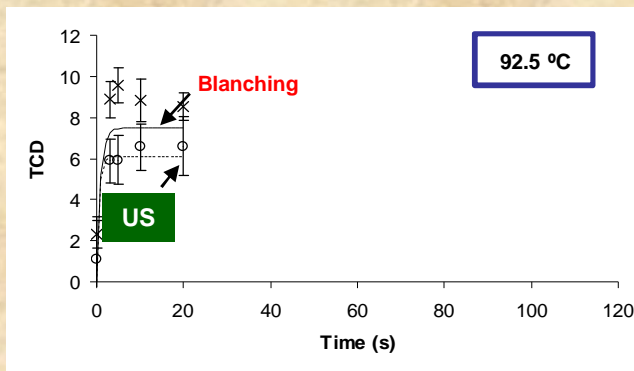
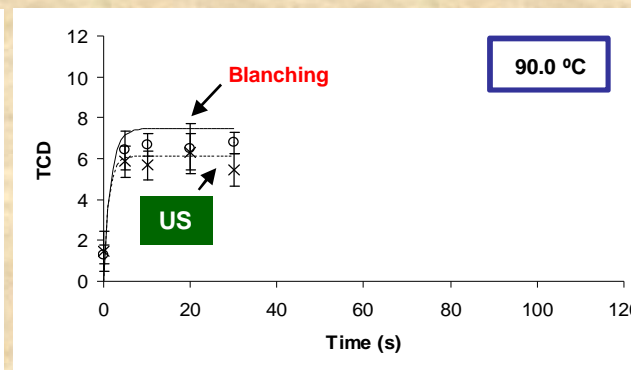
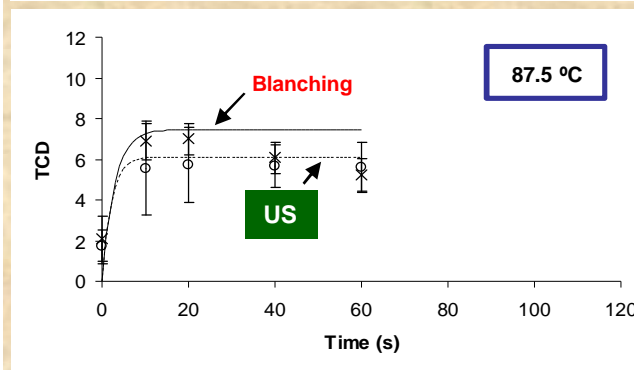
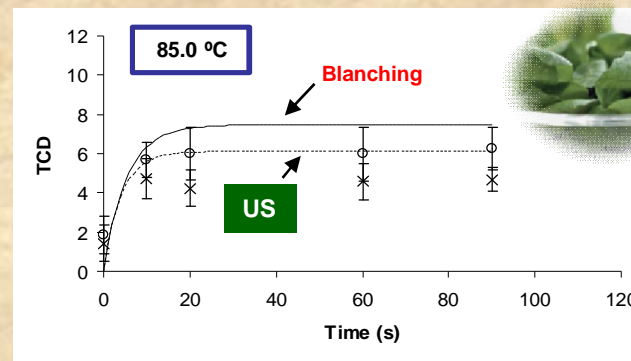
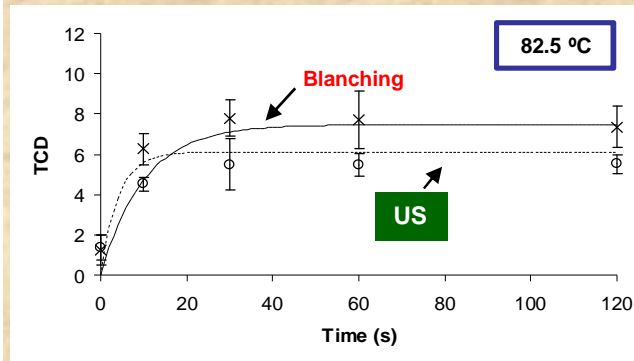
These results allow the application of shorter blanching times at this range of temperatures, leading to a product with a higher quality, or minimized processing

Heating Foods: *Integrating quality and safety in thermal processes*

82.5 °C

85 °C

2. Combining Heat and other Non-Thermal Technologies to preserve foods



Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods

The application of thermosonication

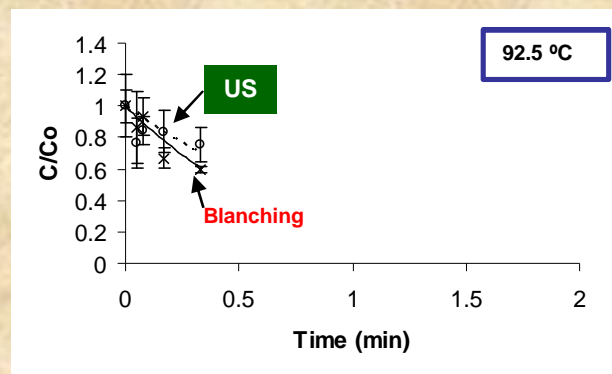
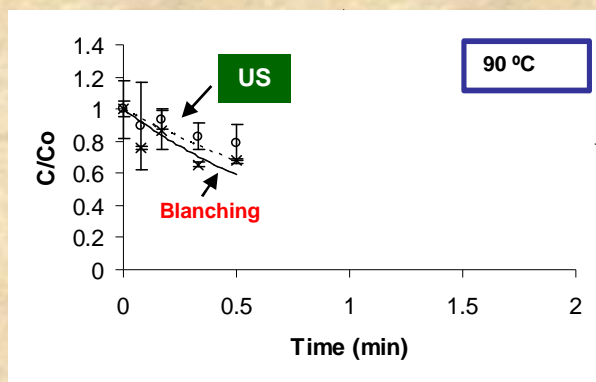
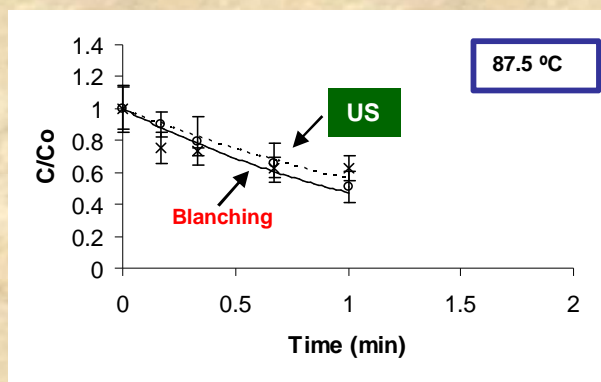
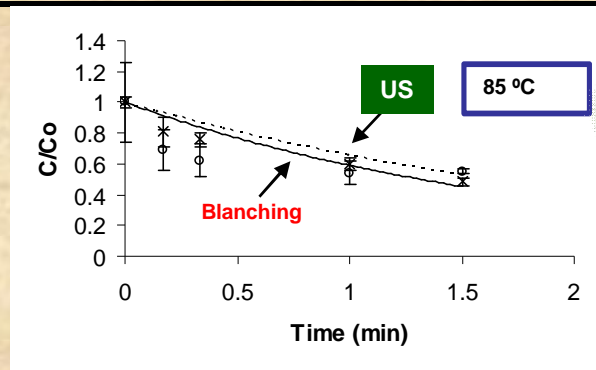
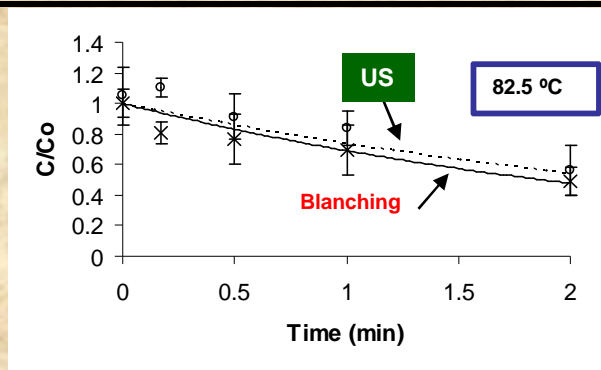


Colour

Reaction rates of watercress colour changes due to heat and thermosonication blanchings were not significantly different

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods



Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods

The application of thermosonication



Vitamin C

Results showed no significant differences between heat and thermosonication treatments

The treatment will allow good vitamin C retention

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods

The application of thermosonication



Quality

The thermosonication treatments can be a good alternative to the traditional heat blanching processes, since higher quality products are attained

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods



red bell pepper



Capsicum annuum, L.

strawberries



Fragaria ananassa

watercress



Nasturtium officinale

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods

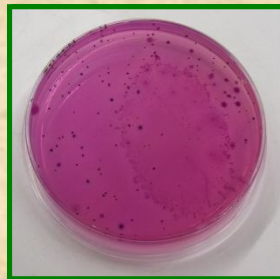
red bell pepper

Listeria innocua

(artificially inoculated)



Palcam Agar

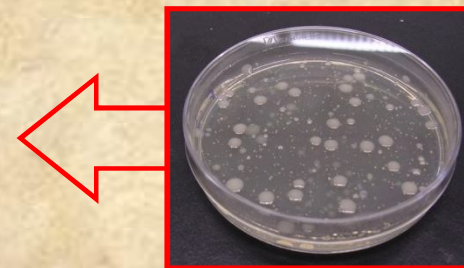


VRBA

watercress

Total coliforms

(autoctone flora)



PCA

strawberries

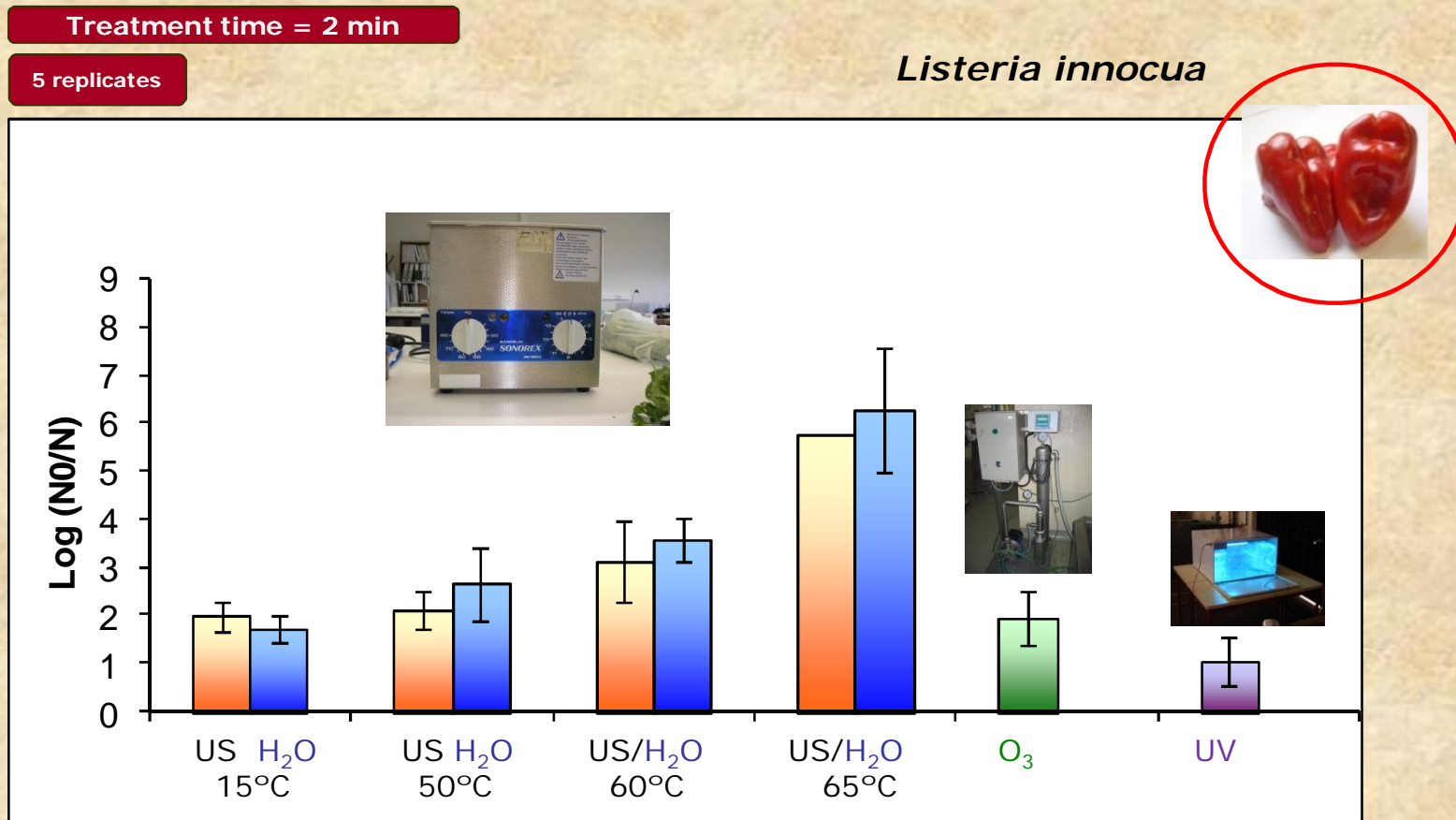
Total mesophiles

(autoctone flora)



Heating Foods: *Integrating quality and safety in thermal processes*

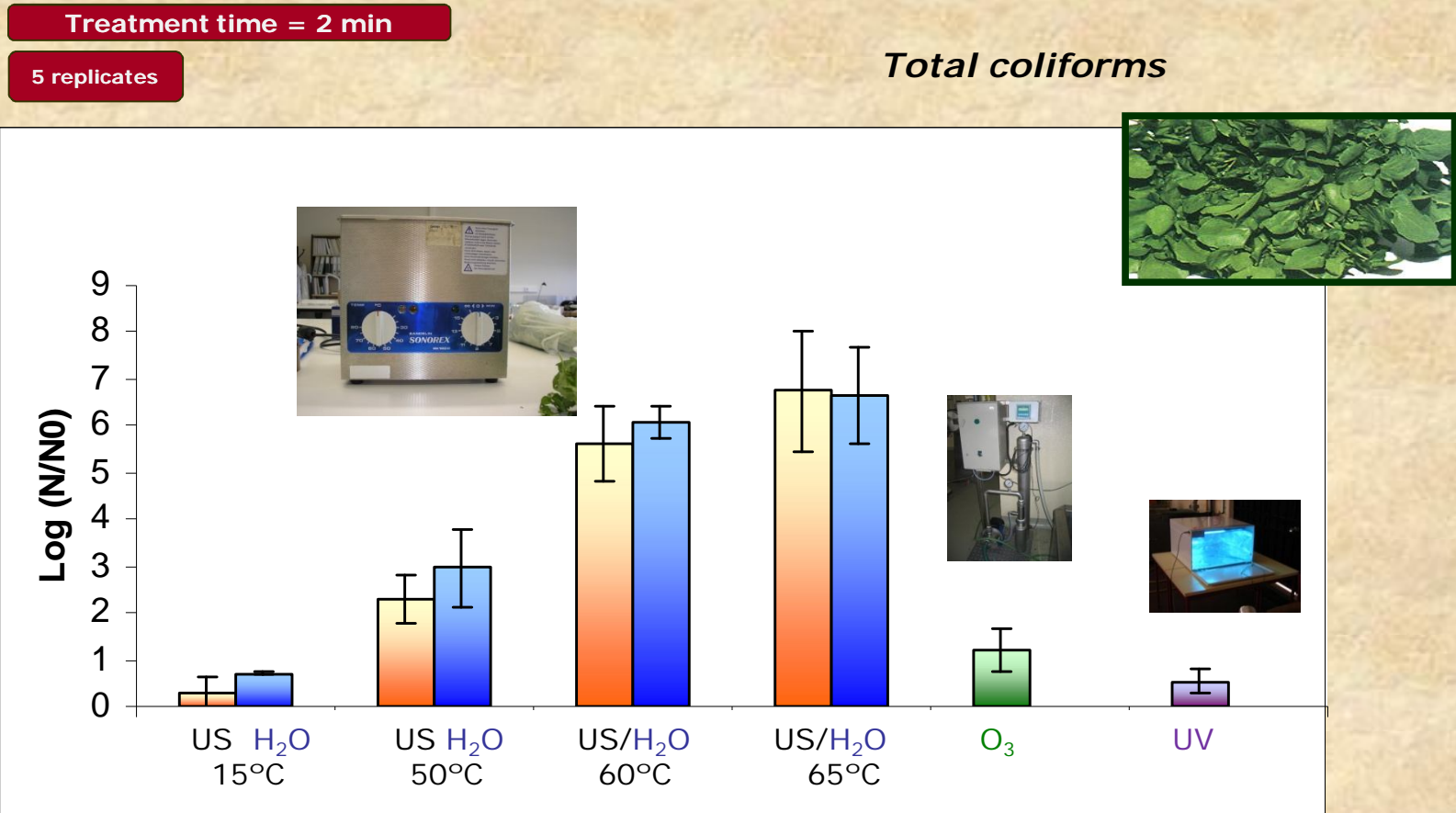
2. Combining Heat and other Non-Thermal Technologies to preserve foods



Initial counts: ~ 10⁷ CFU/mg

Heating Foods: *Integrating quality and safety in thermal processes*

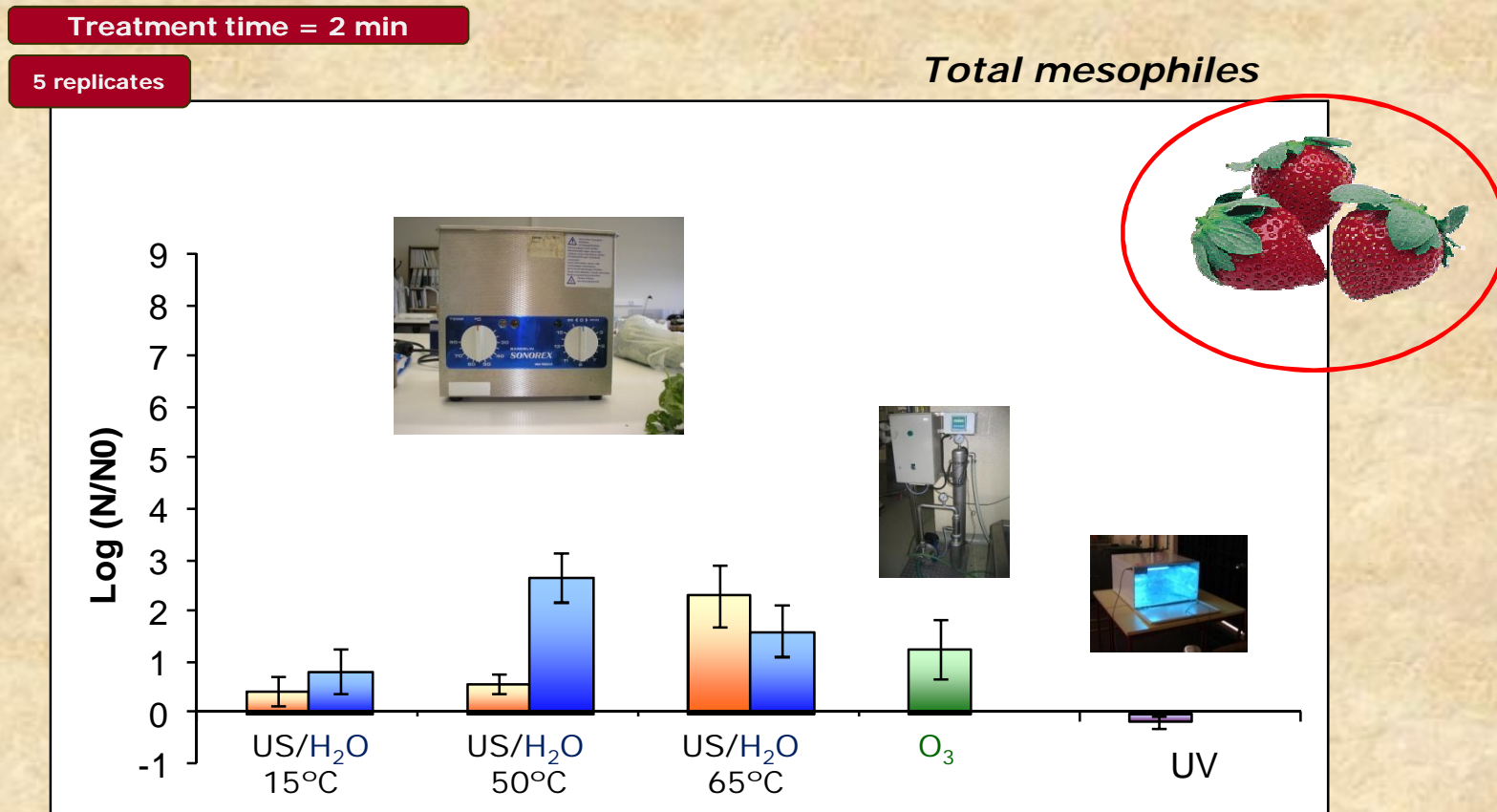
2. Combining Heat and other Non-Thermal Technologies to preserve foods



Initial counts: ~ 10⁸ CFU/mg

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods



Initial counts: ~ 10⁷ CFU/mg

Heating Foods: *Integrating quality and safety in thermal processes*

2. Combining Heat and other Non-Thermal Technologies to preserve foods

Thermosonication

Ozone in aqueous solution

UV-C radiation



Safety

- **Thermosonication is a promising technique**
- **Ozonated water-washings are equivalent to simple water-washings**
- **UV-C radiation is not efficient**

Heating Foods: *Integrating quality and safety in thermal processes*

Today's Presentation

1. Heat Processing – effect on food quality and safety
2. Combining Heat and other Non-Thermal Technologies to preserve foods
3. **New Approaches on Understanding Heat Degradation in Foods**

Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

Food reactions often do not occur isolated but rather within a chain of complex reactions, all dependent on several different environmental conditions

Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

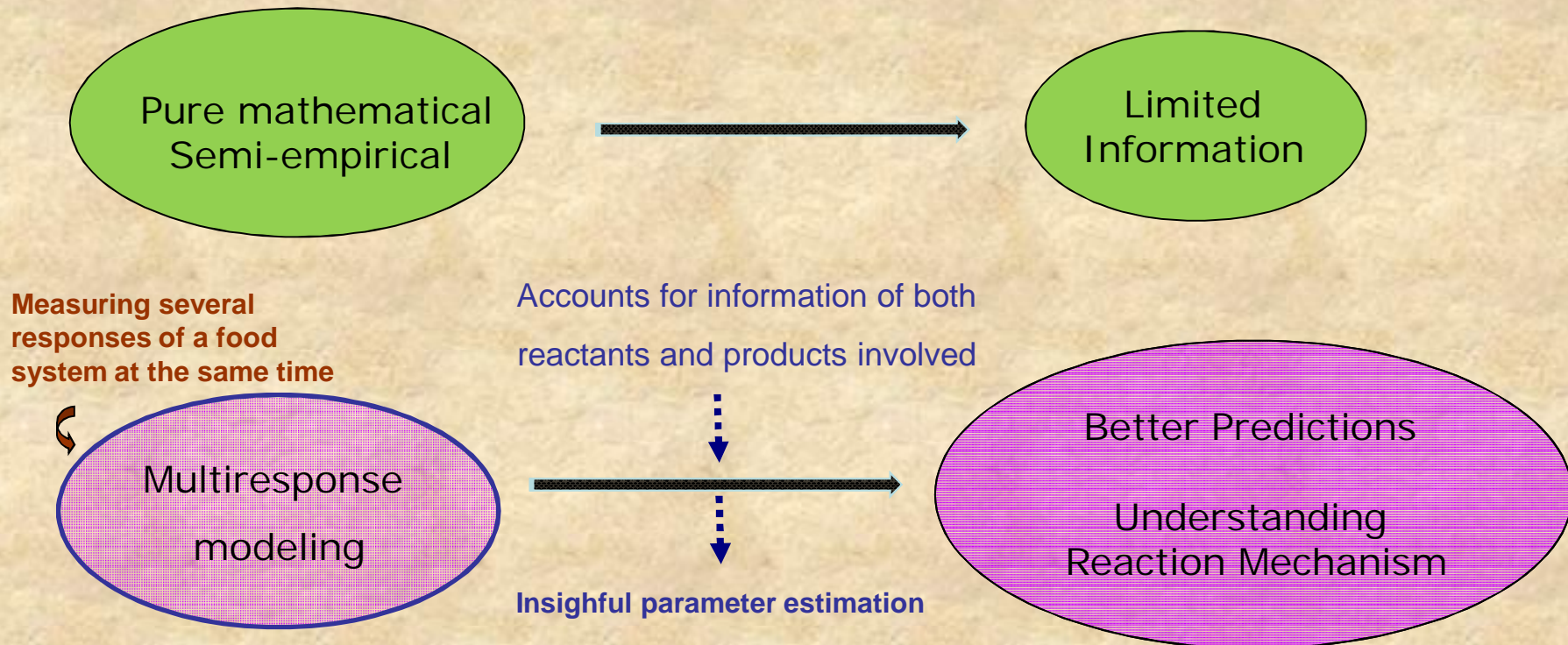
Food reactions often do not occur isolated but rather within a chain of complex reactions, all dependent on several different environmental conditions



Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

Food reactions often do not occur isolated but rather within a chain of complex reactions, all dependent on several different environmental conditions



Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

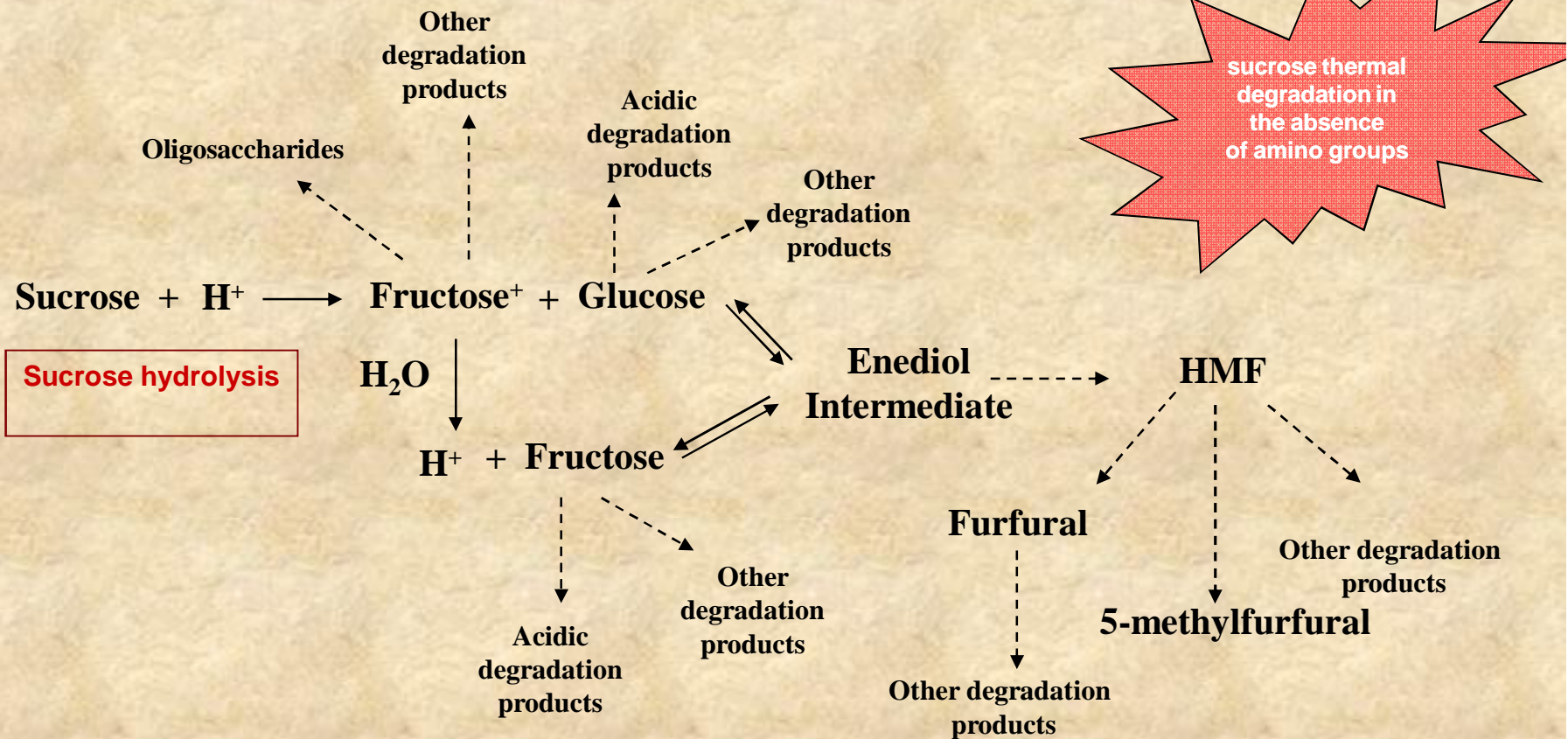
Examples of multiresponse modelling in food systems

- enzymatic reactions *(Torres, Lessard & Hill, 2003; Barros & Malcata, 2004)*
- chlorophyll degradation in foods *(van Boekel, 1999)*
- lactic fermentation during pickled carrot manufacture *(Nabais & Malcata, 1997)*
- Maillard reaction *(van Boekel, 1998)*
- acrylamide formation *(Knol, Van Loon, Linssen, Ruck, Van Boekel & Voragen, 2005)*

Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

Case Study: Multiresponse Modelling of the Caramelisation Reaction



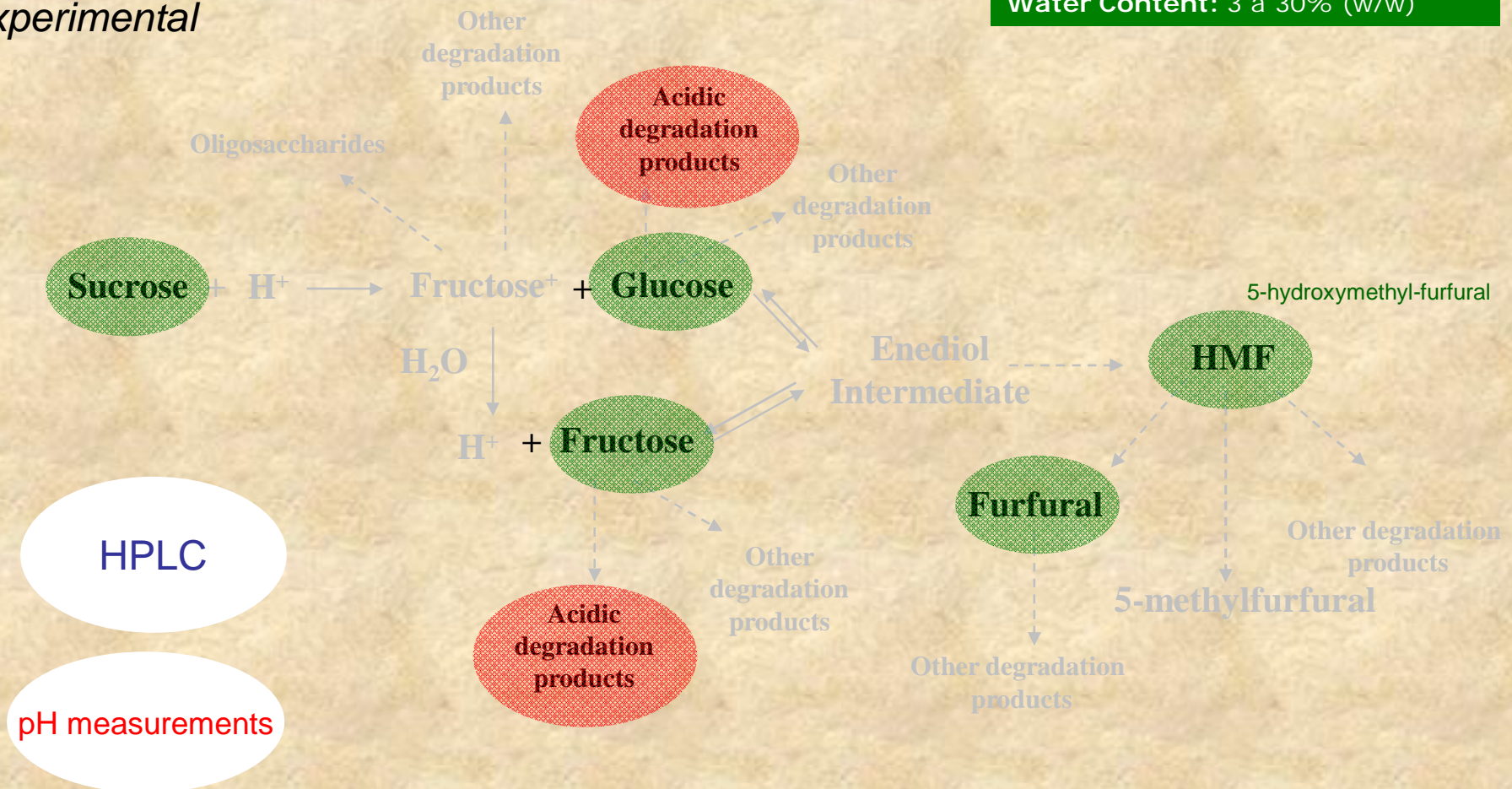
Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

Temperature range: 100 to 180°C

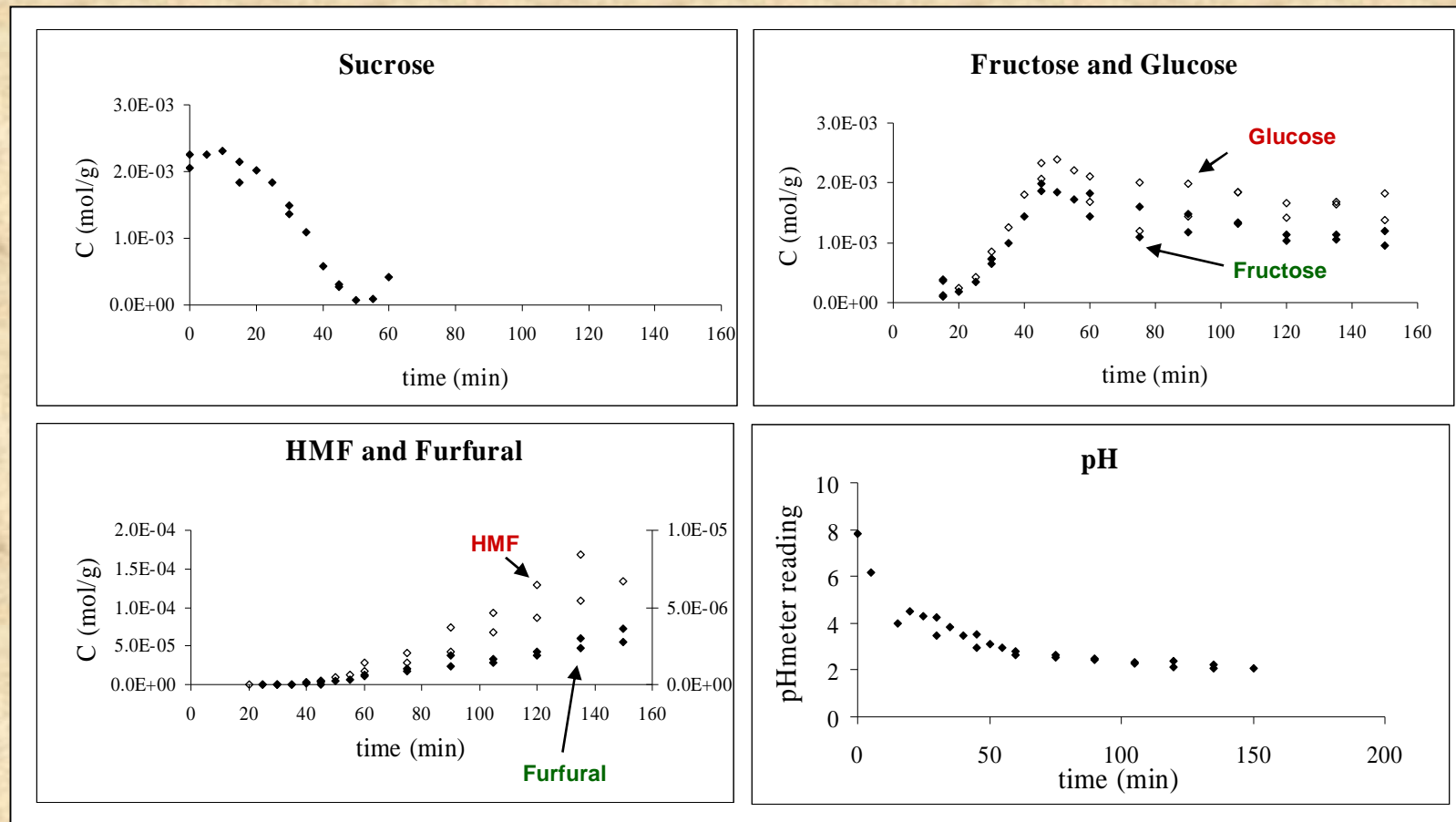
Water Content: 3 a 30% (w/w)

Experimental



Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

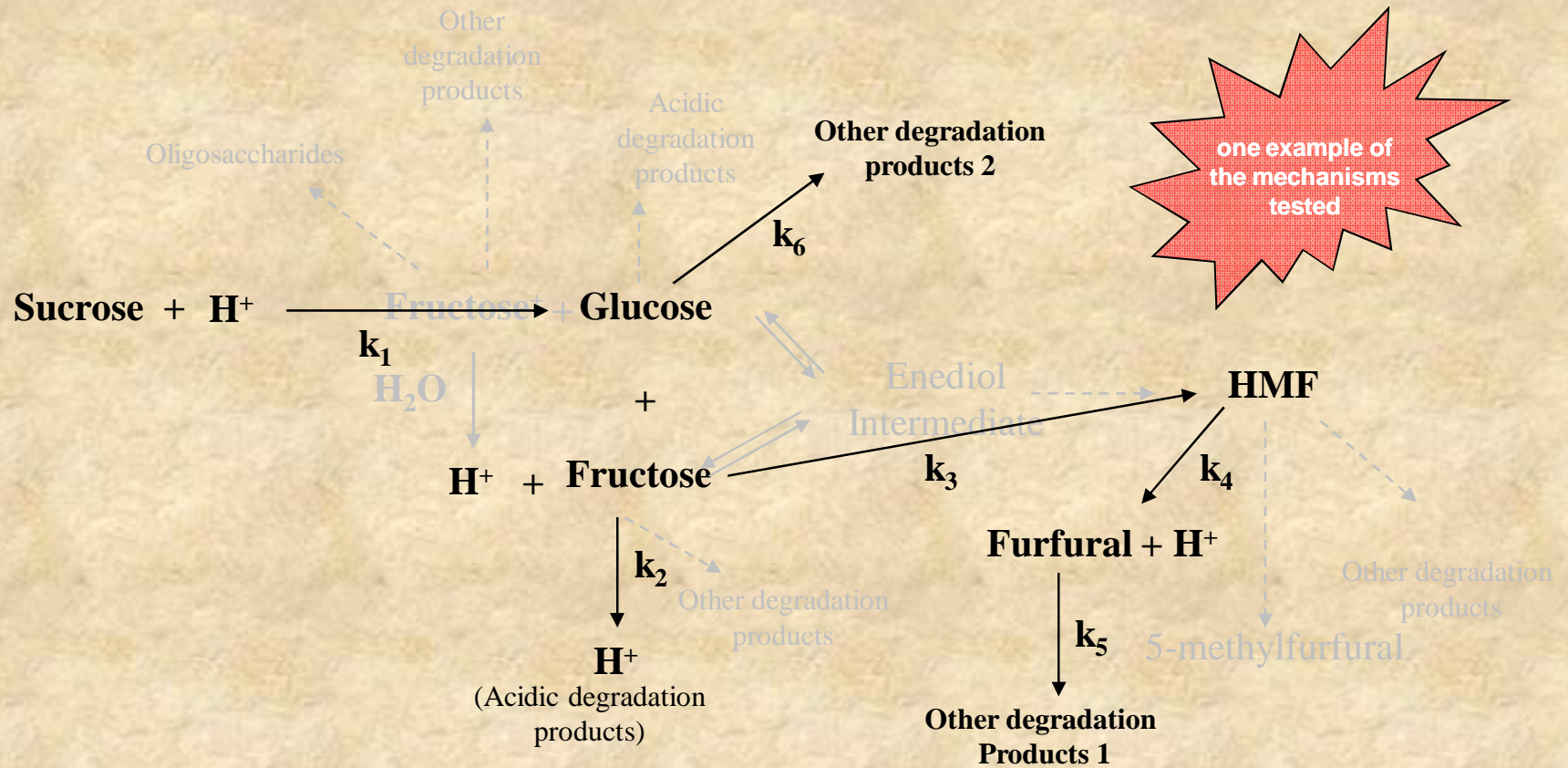


Supercooled sucrose solution (25.30 (w/w)% water content)
T= 140°C

Experimental Results

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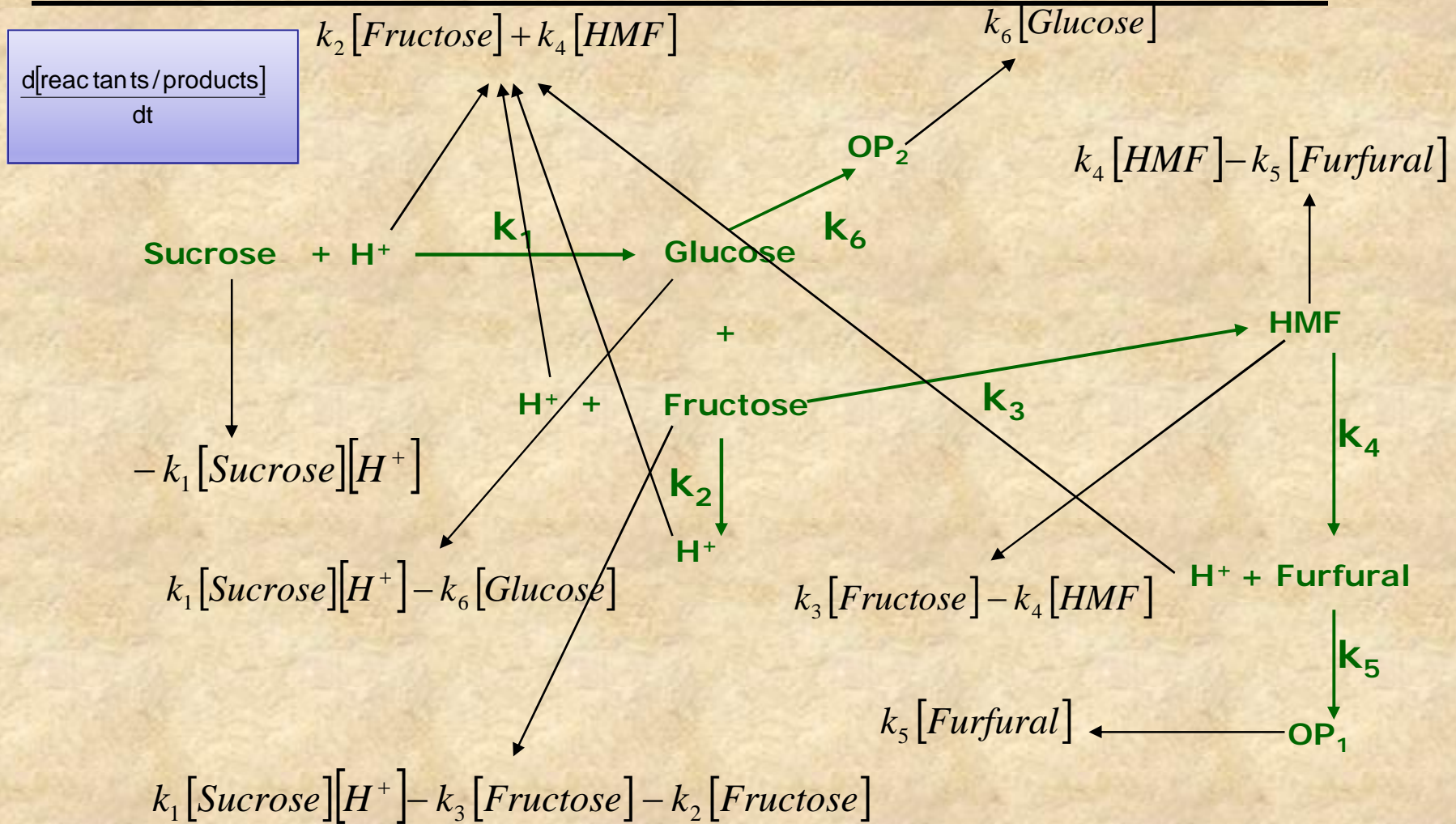
3. New Approaches on Understanding Heat Degradation in Foods



Observed in 12.20 to 30.03 (w/w)% water content solutions at all tested temperatures

Heating Foods: Integrating quality and safety in thermal processes

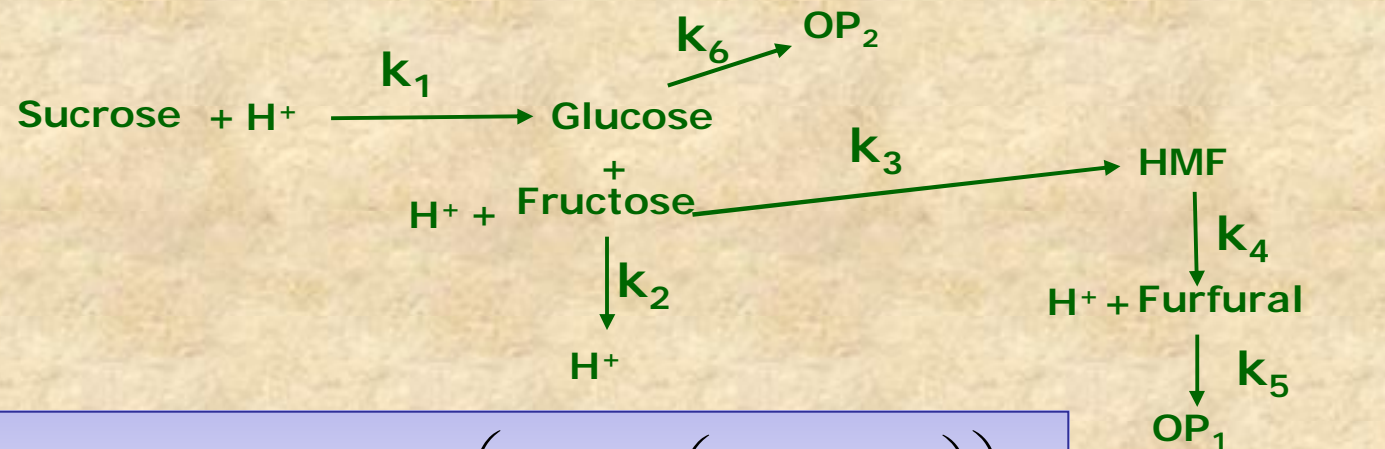
3. New Approaches on Understanding Heat Degradation in Foods



Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

Temperature and Water Content effect on reaction kinetics



$$k_s = k_{\text{ref}-s} \exp\left(-\frac{E_{a_s}}{R} \left(\frac{1}{T} - \frac{1}{T_{\text{ref}}}\right)\right)$$

constant

$$k_{\text{ref}} = a \exp(bC)$$

1,3,4,5,6

Water content effect

$$k_{\text{ref}_2} = \text{constant}$$

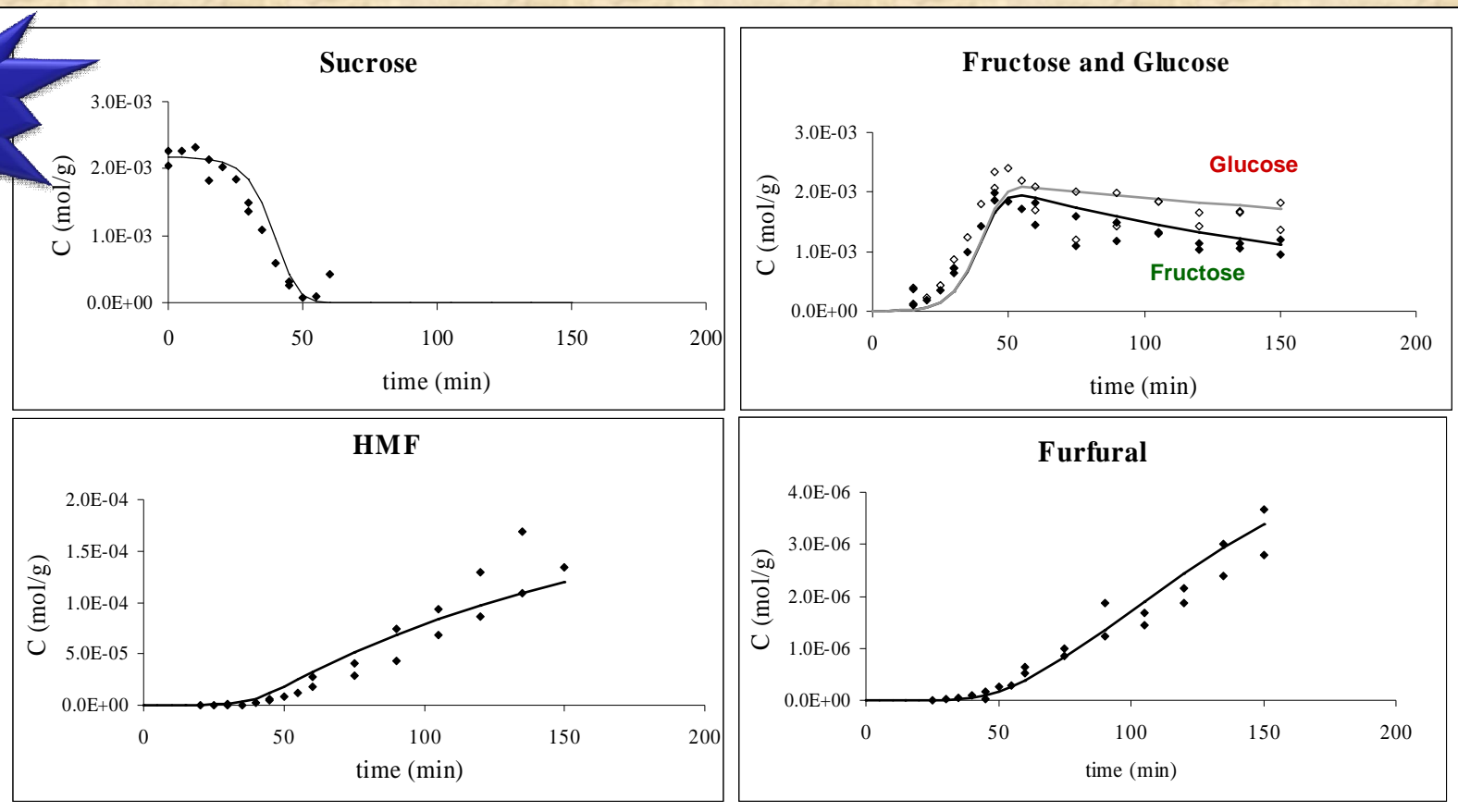
Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

Global Model

Estimates precision: 2 – 45%
(95%CI /2p)

Higher water
content
solutions

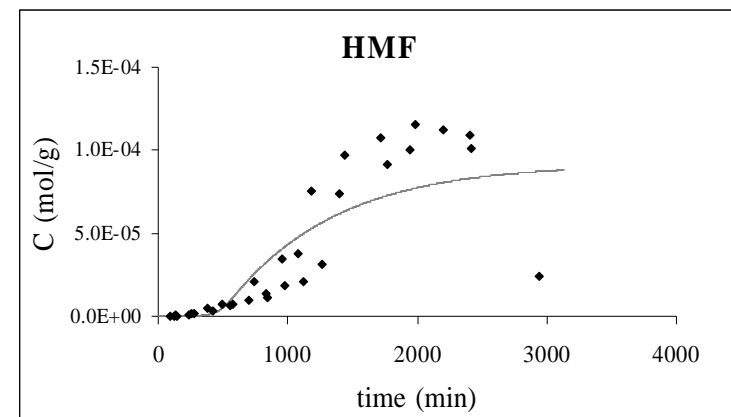
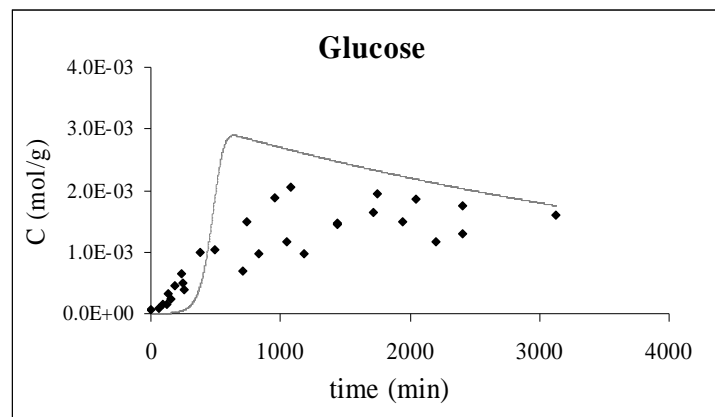
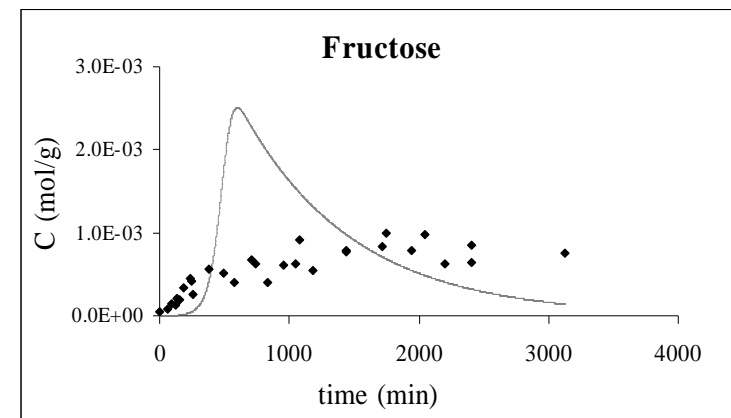
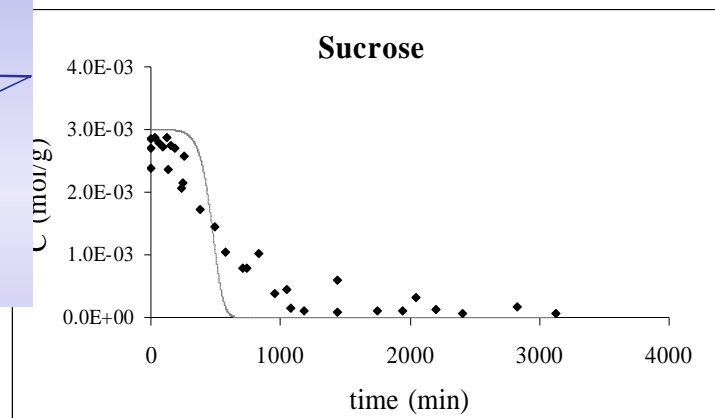


Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

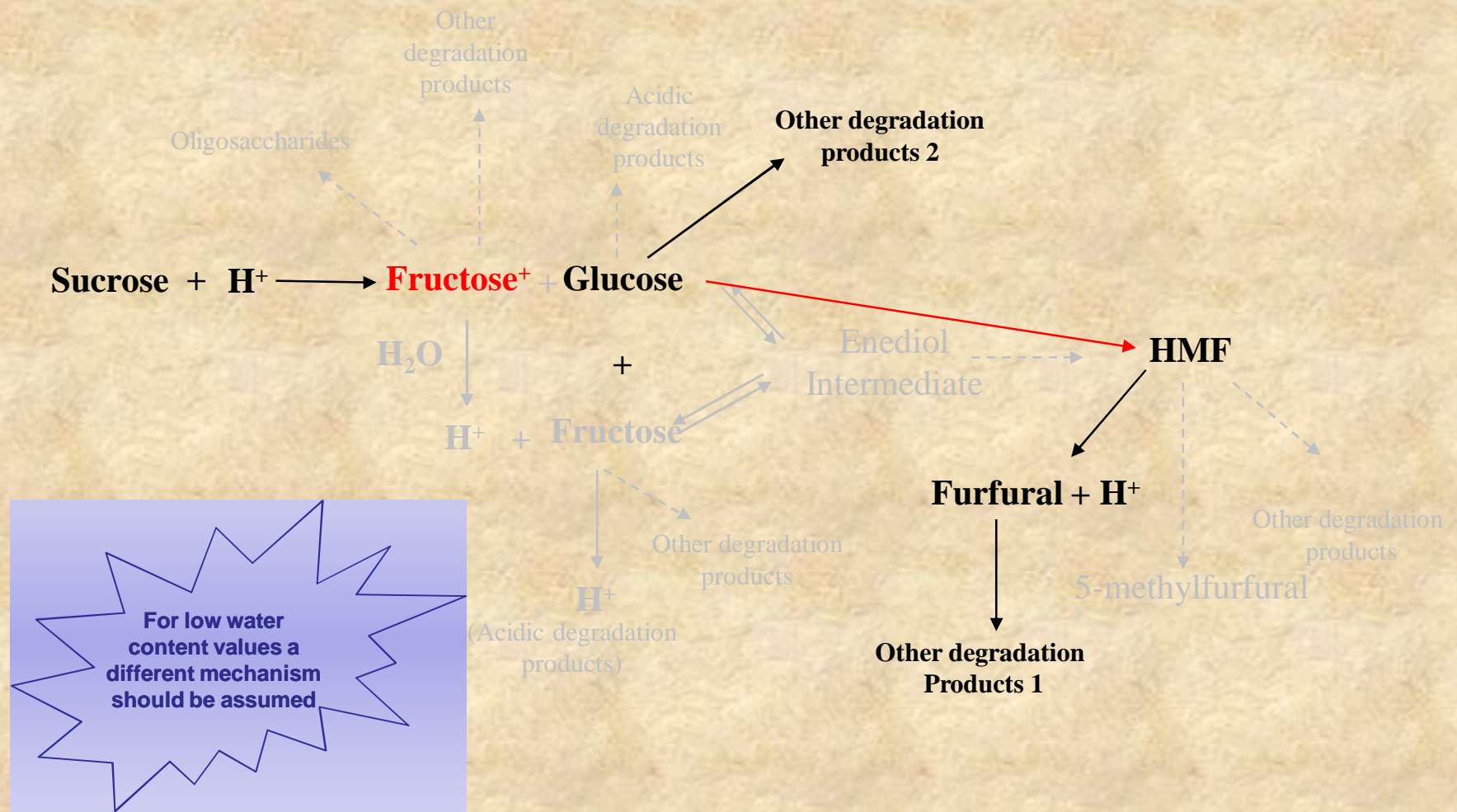
Model Inadequacy for Reactions Occurring at Extremely Low Water Content

Low water content solutions



Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods



Heating Foods: *Integrating quality and safety in thermal processes*

3. New Approaches on Understanding Heat Degradation in Foods

In summary ...

This work demonstrates the usefulness of **multiresponse modelling** in understanding reaction mechanisms in food matrices, by elucidating major reaction steps under different conditions and by allowing good prediction of temperature and water content effects

IFTPS
The Institute For Thermal Processing Specialists

2nd European Conference

*Harmonization of Standards
in Thermal Processing*

October 27-29, 2009
Porto, Portugal

Heating Foods
***Integrating Quality and Safety in Thermal
Processes***

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*CBOF – Centro de Biotecnologia e Química Fina
School of Biotechnology
Catholic University of Portugal*