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## Surveillance of environmental fungi, with focus on Aspergillus, in a Portuguese Central Hospital



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#### Abstract

Because immunocompromised patients are more prone to acquire nosocomial infections caused by fungi isolated from the environment, e.g. Aspergillus, this study aimed to screen the hospital environment for the presence of fungi and to understand their epidemiology in the different hospital wards analyzed.

During one-year period, four seasonal samplings, i.e., air and hard surface, were performed. A total of 101 air samples and 99 surface samples were collected from the Hematology, Oncology, and Intensive Care Unit (ICU) wards of a Portuguese Central Hospital. Aspergillus isolates were plated for growth as single colonies on malt extract agar with chloramphenicol to check the colony purity and observe colonial morphology. The universal fungal primers ITS1 and ITS4 were used to amplify DNA from all Aspergillus isolates, amplimers were sequenced, and isolates identified to the speciescomplex level. Statistical analyses were done using SPSS v15.0 program for Windows. Aspergillus was the most frequently recovered fungal genus (19.7%), followed by Cladosporium (18.6%), and Penicillium (17.3%). Thirty-five Aspergillus isolates were collected from the wards with hematological patients (bone marrow transplant and hemato-oncology wards), whereas 15 isolates were recovered from ICU. Among Aspergillus isolates from the hospital environment, those belonging to the species-complexes of Versicolores (n = 26; 32.5%), Nigri (n = 12; 15.0%), Flavi (n = 11; 13.7%), and Circumdati (n = 6; 7.5%) dominated. Hemato-Oncology was the ward with higher fungal counts, whereas the bone marrow transplant ward, which is protected by HEPA-filtration of the supply air, showed the lowest numbers in all sampling periods. A significant association (p = 0.001) was found between the season and the Aspergillus complexes isolated, with spring and summer having a larger number of different species-complexes detected in the hospital's air and on the surfaces. Nevertheless, air counts showed that the autumn was the season with the highest proportion of Aspergillus (one third of the total number of fungi detected). This could be due in part to the presence of construction work near these wards.

 Twenty-three (28.8%) isolates of Aspergillus were collected during spring, 18 (22.5%) in summer, 23 (28.8%) in autumn and 16 (20.0%) in winter (Table I).

The knowledge of the epidemiology of environmental fungi in each hospital may allow the establishment of preventive or corrective measures to decrease nosocomial fungal infections.

#### Introduction

Invasive infections depend on the interplay between host susceptibility and environmental exposure to the organism. Because immunocompromised patients are more prone to acquire nosocomial infections caused by fungi isolated from the environment, e.g. *Aspergillus*, this surveillance study was performed in the hematology, oncology and ICU wards of a Portuguese Central Hospital.

#### **Objectives**

- A significant association (P = 0.001) was found between the season and the Aspergillus complexes isolated. Winter was the season with the lowest frequency of any of the species-complex under study, whereas spring and summer had a larger number of speciescomplexes detected.
- The Versicolores complex was the only one recovered in each of the four sampling periods, ranging from 2 to 28 cfu/m<sup>3</sup> of air (hematology ward) (Table I).

Table I. Aspergillus complexes' distribution along the different collection periods at hospital environment

Aspergillus complex	Spring	Summer (18 isolates)	Autumn (23 isolates)	Winter (16 isolates)	Total
	(23 isolates)				
Aspergilli	1	0	0	4	5
Candidi	0	0	0	2	2
Circumdati	5	1	0	0	6
Flavi	5	1	5	0	11
Fumigati	0	3	3	1	7
Nidulantes	1	2	1	0	4
Nigri	4	6	0	1	11
Terrei	1	0	3	0	4
Usti	0	4	0	0	4
Versicolores	6	1	11	8	26

- To screen the hospital environment for the presence of fungi, especially Aspergillus
- Y To understand the epidemiology Aspergillus in the different hospital wards housing high risk patients.

#### Methods

- During four sampling periods (one year), 101 air and 99 surface samples were collected through impaction method and swabbing, respectively, from the Hematology, Oncology, and Intensive Care Unit (ICU) wards of a Portuguese Central Hospital.
- After plate incubation and colony isolation, microscopic mounts were made. Morphological Identification was done using macro- and microscopic characteristics.
- The fungal primers ITS1 and ITS4 were used to amplify DNA from all Aspergillus isolates, amplimers were sequenced, and isolates identified to the species-complex level.
- Statistical analyses were done using SPSS v15.0 program for Windows.

### **Results and Discussion**

From all samples collected, Aspergillus was the most frequently recovered

- Thirty-five isolates of Aspergillus were collected from wards with hematological patients (Fig. 2).
- In the bone marrow transplant ward, which is protected by HEPAfiltration of the supply air, only 5 isolates of Aspergillus were detected (complexes Fumigati, Terrei and Versicolores), all from the air and most of them during the autumn.
- With respect to the ICU ward, 15 isolates were recovered; most were obtained from surface samples (Fig. 2). A predominance of these isolates belonged to *Flavi* complex.



# fungal genus (19.7%), followed by *Cladosporium* (18.6%), and *Penicillium* (17.3%) (Fig.1).



Fig. 1. Fungal genera identified in all the analyzed samples collected from hospital environment



#### Fig. 2. Number of Aspergillus isolates collected from hospital environment in different hospital wards

#### Conclusion

The knowledge of the epidemiology of environmental fungi in each hospital may allow the establishment of preventive or corrective measures to decrease nosocomial fungal infections. The presence of *Aspergillus* must be assessed since immunocompromised patients are more prone to acquire nosocomial infections due to this fungus.

Raquel Sabino was financially supported by a fellowship from Fundação para a Ciência e Tecnologia (FCT) Portugal (contract SFRH / BPD / 72775 / 2010).