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SPORTS

SJSU STRUCK WITH 'WITT'

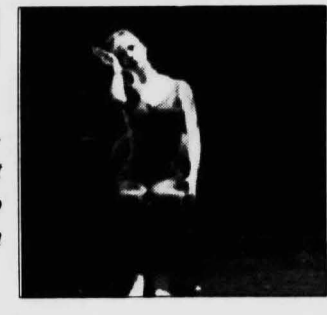
Courtney Wittstruck makes transition from cornhusker to Spartan, makes impact on team



FOCUS

DANCIN' SHOES

Modern dance student overcomes back injury to balance life as both an artist and SJSU student



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SPARTAN DAILY

Serving San Jose State University Since 1934

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Coalition encourages sportsmanship

By Catherine Spencer
Senior Staff Writer

Whether it's Latrell Sprewell choking his coach or Roberto Alomar spitting in the face of an umpire, gross misconduct and bad sportsmanship could tarnish the public's perception of sports.

"There has been a general deterioration in sports," said Tom Houston, executive vice president of Character Counts! Coalition. "Athletes are looked up to as role models and some don't live up to expectations."

To combat the deplorable behavior and poor showmanship

exhibited by a few athletes, Houston said the Character Counts! Coalition was launched in 1993 by top educational and youth service organizations.

The coalition brings professional players and former Olympians to schools and college campuses to teach and train students in the importance of character.

"We develop and provide various programs, curriculum, teaching materials and videos to

Boys and Girls Clubs, Little Leagues and other organizations," Houston said. "We had to do something to try to improve the image and character of sports and athletes."

The Character Counts! Coalition has also enlisted the support of athletic directors around the country to achieve its goals, including San Jose State University.

Signing a Declaration of Character, nine coaches at SJSU have pledged to instill and reinforce good character in athletes and prepare them to deal with the challenges and obligations of being a celebrity.

"One of the purposes of sports is to build character and good values," said Gary Mano, SJSU assistant women's volleyball coach. "By signing a declaration, we are taking a stand against all the terrible things going on in sports."

Mano said refocusing and emphasizing to players why the world has sports may stop some

Declaration of Character

Coaches at SJSU who have pledged to instill and reinforce good character in young athletes and prepare them to deal with the challenges of sportsmanship.

- Former Director of Athletics Tom Brennan
- Interim Athletic Director Carolyn Lewis
- Assistant Athletic Director John Ralston
- Men's Basketball Coach Stan Morrison
- Women's Basketball Coach Karen Smith
- Women's Gymnastic Coach Jackie Walker
- Cross Country Coach Augie Argabright
- Women's Volleyball Coach Craig Choate
- Assistant Women's Volleyball Coach Gary Mano

Staff sells wares; displays talents

■ Handmade dolls, eggs, wreaths show off and sold at annual Artique in time for holiday season

By Shayda Fathipour
Staff Writer

San Jose State University staff and faculty rolled out their handmade Christmas wreaths, dolls and Ukrainian wax eggs for a Holiday Artique, which sponsors say was a successful event on Thursday.

"Everyone here is on staff," said Karin Walker, from the Department of Aerospace Studies. "They all took a vacation day to be here."

The staff Artique was started three years ago by Alice Standish from Mail Services and Evet Dixon from Facilities Development and Operations.

"It was originally an idea to give staff exposure to the public," said Lloyd Thompson, a retired Facilities

Development and Operations planner. "You don't realize what talent is here. This is a good way to show people we aren't just secretaries."

Thompson displayed Ukrainian eggs she had made. She said she learned how to do this in a one-day class she took. The eggs are hollowed out, wax is applied with a special tool to make intricate designs then they are dipped into dye.

"I start with the lightest color to the darkest. If I do layers it changes the colors like if I put red over orange it will change," Thompson said.

It takes her about four hours from start to finish to create an egg design. She said the eggs were originally an Easter tradition, but it expanded to Christmas with a star that means longevity, happiness and good life.

Thompson is now learning Chinese brush painting and hopes to bring it to next year's event.

Browsers looked at the many tables of crafts.

"I came to relax and look around

Christmas currents



Tru Nguyen, Tri Le and John Pham, electronic technology majors, work on their final project, a functioning Christmas scene, for Dr. Mohan Kim's Instrumentation and Automation class on Thursday afternoon. The class has been working on the projects for almost a month the object is to practice mechanical and electrical skills learned this semester.

Memorial tree to light up 'Christmas in the Park'

By Yvonne Ohumukini-Urness
Staff Writer

Honoring and remembering loved ones will be the focus of a holiday memorial tree in downtown's Plaza de Caesar Chavez.

Sponsored by Hospice of the Valley, the 40-foot "Tree of Life" will be adorned with hundreds of lights — symbols of individuals being honored or memorialized. The name of each individual will be printed in a "Light up a Life" booklet that will be available at Saturday's lighting ceremony.

"It's a wonderful event," said Hospice Executive Director Barbara Noggle. "Once the switch is thrown and the tree is lighted you can just see how important it is to the people."

The \$15 donation for each name also includes the individual's name in the permanent "Light up a Life" book located in the hospice office.

"Christmas in the Park has been wonderful to us," Noggle said. "The first year we had one of the little trees, but two or three years ago they assigned us the permanent, 40-foot tree."

The 5:30 p.m. ceremony will include a presentation by "Common Unity," a gospel singing group from San Jose, followed by the lighting of the tree.

"It's very moving," Noggle said. "Memories and honor and remembering is so important in one's grief."

Hospice of the Valley has provided care for terminally ill patients and their loved ones for over 18 years. The hospice provides nursing care, social work, home health aides, pastoral care

"It's very moving... Memories and honor and remembering is so important in one's grief."

— Barbra Noggle, hospice executive director

and volunteers.

"We offer a completely enhanced, multi-disciplinary approach to caring for the terminally ill person and his or her family members in the patient's home," Noggle said.

Funds from the Tree of Life are used to care for people who do not have insurance or who are underinsured. They are also used to support the hospice's bereavement program.

"We offer individual bereavement counseling or group counseling to surviving loved ones for up to 13 months after the death of a patient," Noggle said.

All of the hospice's services are provided at no charge to the patient or their family.

According to Noggle, the lighting of the tree each year is an important experience.

"It's one more way of expressing how important that person was in our life," Noggle said.

The tree will be on display throughout the holiday season.

U.S. draws Iran in World Cup soccer

By Adam Billington
Staff Writer

The Americans are going to have their work cut out for them in World Cup '98.

The much anticipated World Cup soccer draw was held Thursday at Stade Velodrome in Paris. The Americans didn't get their dream draw, but they didn't get their nightmare draw either.

The American squad will be pitted against three-time World Cup and current European champion Germany, the two-time European championship finalist Yugoslavia and political foe Iran.

According to FIFA, the soccer world's governing body, Germany is ranked second in the world, Yugoslavia is ranked 22nd, the U.S. is ranked 29th and Iran is ranked 50th as of Nov. 20.

In an interview on ESPN2 following the draw, U.S. National coach Steve Sampson seemed content. He spoke of

the work the Americans will have to do to make it into the second round of the tournament.

"This is the goal, this is my dream ... to get to the the third round," said Sampson according to the Associated Press. "To get to the second round, I think is realistic."

The top two teams from each group will make the second round.

some Middle Eastern teams to prepare for Iran. Saudi Arabia was one nation he expressed interest in playing.

U.S. team captain John Harkes told the Associated Press, "It's a tough opener. Germany is very disciplined."

In a separate interview after the draw, the Yugoslavian officials expressed satisfaction with their position. They believe they are better than both Iran and the U.S. and will put up a fight to take the top spot away from Germany.

Although the U.S. group will be difficult, Mexico will not have an easy time either. Mexico will face the Netherlands and Belgium, both strong teams. South Korea will fill in the group. The top two spots in that group are up for grabs. The Netherlands, Belgium and Mexico could all easily win the group.

Every World Cup features a group known as the "Group of Death." The

1998 World Cup Draw

GROUP A	GROUP B	GROUP C	GROUP D
1. Brazil	1. Italy	1. France	1. Spain
2. Scotland	2. Chile	2. South Africa	2. Nigeria
3. Morocco	3. Cameroon	3. Saudi Arabia	3. Paraguay
4. Norway	4. Austria	4. Denmark	4. Bulgaria
GROUP E	GROUP F	GROUP G	GROUP H
1. Netherlands	1. Germany	1. Romania	1. Argentina
2. Belgium	2. United States	2. Colombia	2. Japan
3. South Korea	3. Yugoslavia	3. England	3. Jamaica
4. Mexico	4. Iran	4. Tunisia	4. Croatia

The U.S. will now start to prepare for the tournament with warm up matches. The team is set to face European powerhouse the Netherlands in a match in late February. Coach Sampson also expressed interest in playing against

that group are up for grabs. The Netherlands, Belgium and Mexico could all easily win the group.

Every World Cup features a group known as the "Group of Death." The

See World Cup, page 8

Difficulty in finding car insurance fueled by blemished driving record

With all the car accidents in the world, many have car insurance for protection. On Saturday, mine will run out.

AAA is awaiting my reply to renew my insurance. This year I was paying \$2,500 annually. If I renew my insurance, AAA quoted an annual policy payment of \$3,546. Goodness. Do you see money growing on me? I don't come close to being able to afford that horrendous price.

But before I go further, I cannot mislead you about my dri-

ving record. I am not the best driver in the world, I must say. I don't have a polished driving record. I've been driving for four years and I have three points on my record. Two are from car accidents in the last six months and the other is a speeding ticket I got in 1995.

I can hear it now, "Those women drivers..." Well, go ahead and talk. I've heard it all. The female Asian jokes, too.

I know three points is a lot of points in a relatively short amount of time. After all, there are points that I received in my

first year of driving that have dropped off and another ticket that I went to traffic school for to avoid a point on my record. That's why I'm not surprised about the increase in my insurance rates.

What I am surprised about is how difficult it is to find insurance. I leased a 1996 Volkswagon Golf. My lease requires full coverage on the car. I've tried for a month to find it, but I just can't.



INGRID PEREZ

Time's running out and I have gotten quotes from everyone under the sun. I called generic insurance companies such as Pro West and Abraham and Associates. I thought going to them would ensure lower rates. I was wrong. They gave me some outrageous rates that didn't even compare to AAA.

So, I did what any desperate person would do — I continued

my search. When I tried to get a quote from a credible insurance company, particularly State Farm, they wouldn't even give me a quote. Basically, when the secretary heard about my record, she gave me the boot.

I understand the companies are trying to protect their business. They don't want to waste time on the phone with a person they won't insure. But they wouldn't even refer me to another agency. Basically, the lady from State Farm just hung up on me. Thanks for the help.

I'm trying to find a way to make this work but I've exhausted my options. People have advised me to stay with AAA because it's the lowest rate I'll find. Maybe they're right. But I won't stop trying. I still have one hope. If there is a God, this company will save me from non-driving hell.

Ingrid Perez is a Spartan Daily Staff Writer.

Editorial

Athletes' character memorable

While plenty of coaches would like to take credit for shaping the talents of athletes such as Latrell Sprewell, Roberto Alomar or Charles Barkley, few would be as eager to volunteer as the one who influenced their unsportsmanlike behavior.

At a time when the media seems saturated with the antics of athletes, it is important to see the positive message that is sent out by the Character Counts! Coalition.

We applaud the nine San Jose State University coaches who signed the Declaration of Character, which vows to fight bad behavior and sub-par sportsmanship.

The truth of the matter is that there is a relatively small number of athletes who behave badly enough to become front page fodder for the national news.

The other reality is that that's all it takes. A few bad apples can rot the lot.

These nine individuals have taken steps to positively influence the lives of today's student athletes and possibly tomorrow's Olympians, headliners and winners.

A coach's job is not one to take lightly. The impact a coach has on his or her athletes is immeasurable.

Bad influences can take root as quick as good influences.

The steps these coaches have taken will lay the groundwork for strong character and the possible implications of being a celebrity.

The pressures of being in the limelight are often large.

Having backgrounds strongly rooted in good sportsmanship can see them through the shock of the spotlight when it is turned on them.

Educating athletes today will stay with them for their entire careers.

After all, their behavior will continue to reflect on SJSU long after they have left.

IRAQ.



Cults destroy minds of followers

“Once one has the ability to control someone's mind, they have the ability to control someone's will... this ability makes for a person possessing great power.”

The above could not be more true.

Those who use mind control techniques to manipulate others are on the same level as society's "bottom-feeders," including child molesters and drug dealers, in particular, those who use their followers' devotion for their own personal gain... those who persuade their followers to kill themselves for "the cause."

Perhaps this is why I hold such great disdain for cults and their leaders.

What's even worse is cults aren't just religiously based anymore. These manipulative groups span all levels of society, including business, industry and the media. You can even find some readily identifiable cult leaders on the television or the web, pitching their "easy solution for all life's problems" with fantastically crafted pitches and plasticine grins.

It is here where I could list the names of those responsible for some of the biggest and most destructive cults and their leaders. Following this listing would be a huge outpouring of letters from members of these groups claiming I have been led astray and only they know the true path to righteousness, happiness, etc.

Yet instead of the above fiasco, I would rather provide a checklist, if you will, of signs that someone involved in a cult group might display.

These signs provided by Steven Hassan, a leading cult researcher and mind control expert, and the American Family Foundation, a secular, non-profit group that researches psychological control techniques and their damaging consequences. Hopefully, with this informa-



Spare me
Kimberly Lamke

tion and the help of other, you or someone you know can be rescued from the grips of a group who want to take your mind and destroy it for their own gain and power struggle.

Persons involved in a cult display the following signs:

- Involvement in a group zealously focused on a living leader with unquestioning commitment;
- Preoccupation with bringing in new members for the group;
- Practicing mind-numbing activities such as chanting, debilitating work routines and speaking in denunciation sessions;
- Display of an "us versus them" mentality towards all persons outside of the group, including friends and family;
- Devotion to a leader that is not accountable to any authority;
- Following strict, leader-dictated rules regarding behavior: how to act, think, behave and who to socialize with and when.

Cults, according to Hassan, use techniques of mind control that are four pronged. Cults aim to control their members' behavior, the information they receive, their thoughts and their emotions. Cult leaders also use techniques of physical deprivation, including sleep and food deprivation, in order to further manipulate their followers.

We have laws that protect people from being physically harmed by others, but when it comes to emotional or psychological abuse protection, we, as a society are at a loss.

This is why it is so important we watch out for those we know and ourselves, to protect all from the evil and immoral acts of cults and cult leaders.

If you need any more convincing that cults exist and they control and destroy their members in one way or another, simply remember the faces of Jonestown and Waco. They tell the damaging story of mind-control and cults.

Kimberly Lamke is Opinion Editor of the Spartan Daily.

Mutilation of animals in classes for sake of learning unacceptable

For any student signing up for a science class next semester, you should carefully examine the course description. A number of courses in biology, anatomy and physiology are not for the faint of heart.

Biology 2 requires students to slash open a dead shark and fetal pig to study and compare the two different organ and circulatory systems.

Physiology classes ask students to dismember small live, sedated rats and frogs to analyze muscle functions.

CATHERINE SPENCER



Also, students must perform "pithing" — where a sharp object is thrust into an animal's braincase and moved around vigorously to scramble the brain. The animal goes into surgery but never comes out.

The Humane Society of the United States estimates that more than a million animals are injured or killed every year in classroom labs and demonstrations. This is sick. It is morally and ethically wrong to murder and mutilate animals even for the sake of education. Universities, colleges, high schools and middle schools should not be allowed to sacrifice and harm small defenseless creatures.

Although a frog or shark may not have the same emotional and mental capacities as a human, these animals do experience pain, stress and deprivation.

The fear and trauma of being prepared for surgery or feeling the sudden assault of a pithing probe rammed into an animal's brain is real. Although some students may not participate in the animal's death, death necessarily precedes any dissection.

Many animals butchered and destroyed in classrooms are caught in the wild. Although the impact of capturing animals for educational purposes has not been calculated, this practice may hurt ecological balance.

Exposing students to animals preserved in formaldehyde is another danger. Formaldehyde is a suspected carcinogen and is harmful through direct contact or if inhaled. Symptoms of exposure include eye, nose and throat irritation, a persistent cough, respiratory distress, skin irritation, nausea, headache and dizziness.

One goal of education is to teach students compassion and respect for others. Carving up and murdering animals undermines this ideal. Treating animals as mere tools devalues life and strips away a student's compassion toward death.

It is time for educators pull their heads out — this is the '90s. There is a better and more humane way to teach biology and other fields. CD roms, models, videos and computer programs can convey the same information cheaper, more effectively and without callous brutality.

Catherine Spencer is a Spartan Daily Senior Staff Writer.

Opinion page policies

Readers are encouraged to express themselves on the Opinion page with a Letter to the Editor or Campus Viewpoint.

A Letter to the Editor is a 200-word response to an issue or point of view that has appeared in the Spartan Daily.

A Campus Viewpoint is a 450-word essay on current campus, political or social issues.

Submissions become the property of the Spartan Daily and may be edited for clarity, grammar, label and length. Submissions must contain the author's name, address, phone number, signature and major.

Submissions may be put in the Letters to the Editor box at the Spartan Daily Office in Dwight Rental Hall Room 209, sent by fax to (408) 924-3237 or mailed to the Spartan Daily Opinion Editor, School of Journalism and Mass Communications, San Jose State University, One Washington Square, San Jose, CA 95192-0149.

Editorials are written by, and are the consensus of, the Spartan Daily editors, not the staff.

Published opinions and advertisements do not necessarily reflect the views of the Spartan Daily, the School of Journalism and Mass Communications or SJSU.

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Solutions touted by CETI proponents could be solved on campus

LETTER TO THE EDITOR

I believe the plan to provide a new information technology infrastructure to the CSU system by selling it to a consortium of high tech firms is one of the worst ideas and most discouraging plans CSU management has ever devised.

It reminds me of the mass selloff in the '50s of our nation's streetcar systems to a consortium called National City Lines (NCL). NCL was owned by GM and oil and tire companies. After NCL scrapped the street cars, sold their buses and made the systems dependent on their products, prices for services shot through the roof and the equipment deteriorated.

The motive behind the plan is profit. How that motive is going to coexist with the mission of academia is a mystery to me.

The California Education Technology Initiative plan seems to me

to be modeled after a corporate training model rather than a higher education model to provide students with a life experiences and open minds.

Programs that are not cutting edge vocational based programs stand to lose the most. The CETI corporation that will own our campus communication infrastructure states its goal is to return a profit to shareholders.

The demographic description in the report of students as 20ish "task stackers" who have money and computers ought to scare minorities and their action groups. This program seems to me to be clearly aimed to benefit the Wilson constituency.

Also, I am personally concerned about the apparent lack of visible action on the part of the statewide staff

union, CSEA. As a union member, a former chapter president, chief steward and general council delegate, I am surprised the union hasn't appeared more vocal on the subject.

If the CSU made staff training a priority for those who are actually supporting academic computing in the departments, reallocated resources and set reasonable enterprise standards for networking, I believe most of our problems could be handled on campus. I believe CETI isn't going to have time to retrain us to support their new systems. I believe all we are going to have time to do when this steamroller hits, if it hits, is to get out of its way.

I have one last question to ask, does anybody know the President's opinion on CETI?

Steve Sloan
Information Technology
Consultant, School of Journalism and
Mass Communications

Dual editors to take over Spartan Daily reins

■ Partnership teams up with advertising director for new approach in spring

By John Meyers
Staff Writer

Two is better than one is the new theory at the Spartan Daily next spring semester.

Every semester the Mass Communications Board, composed of faculty and students, chooses the new Spartan Daily executive editor and advertising director.

This semester, however, will be different with the selection of James Gunsalus and Terri Milner to share the first-ever dual executive editorship and Denise Sorbi as advertising director.

"The main reason for (the two editors) is because it is a big job," Gunsalus said. "Both Terri and I have noticed that a lot of things don't get done because of the grunt work."

Gunsalus said the editors of the Spartan Daily spend about 10 to 12 hours a day, five days a week producing the newspaper and also are enrolled in classes.

"We felt that it was the way to take the Spartan Daily to the next level," Milner said. "We want to share the responsibilities yet still put in 100 percent each."

Milner said it would be a misconception to assume that they will divide the workload in half. She said the current system of having one editor is creating too many jobs for one person to handle.

If the newspaper is to improve in copy editing, in-depth reporting, story ideas, page layouts and graphics, then more editors are needed, she said.

"I think it will be an interesting experiment," said Jan Shaw, student adviser at the Spartan Daily. "The two worked together



(From left to right) Terri K. Milner and James S. Gunsalus, incoming co-executive editors, and Denise Sorbi, incoming advertising director prepare to start a new semester.

well before and I think they will work well together now."

They met and were first on staff together at El Camino College in Torrance, where they both wrote and edited for the school's newspaper and magazine.

While at ECC, the Warhoop won the Journalism Association of Community College Pacemaker Award four semesters in a row. The Pacemaker honors the top 10 community college newspapers in the nation.

Milner said the award is the most prestigious honor a community college newspaper can win.

Individually, Gunsalus has won an award for an investigative news story that Milner edited, and Milner has won

"We want to foster a team aspect, not just among our staff but with the entire campus community. We have a strong editorial board with a lot of ideas and enthusiasm."

— Terri Milner,
incoming co-executive editor

awards for newspaper and magazine features that Gunsalus edited.

"Under the editorship of each other, we've won several national awards," Milner said.

They transferred to San Jose State University two years ago. This semester, Milner has

been the managing editor, assigning stories and copyediting. Gunsalus, the production editor, designs the newspaper. The semester prior to that, they were staff writers for the Spartan Daily.

"We've pretty much walked the same path," Milner said.

"Most importantly, we share the same vision."

As the new advertising director of the Spartan Daily, Sorbi will be making a big leap from retail account executive, which is an entry staff position, to a top ranking position on the newspaper.

"I wanted to take on more of a responsibility and become more assertive," Sorbi said. "I thought it would be a good experience in dealing with people."

Jack Quinton, advertising adviser for the Spartan Daily, said Sorbi was selected for three reasons: academic standing, performance on the advertising staff and people skills.

"She's an excellent student and she has done well in all her classes that prepare her for the staff," Quinton said.

Quinton also praised her for her work on the newspaper.

"She was a standout on the staff this semester," Quinton said. "She gets along with everyone and I am convinced she can lead them."

Sorbi has been involved in different aspects of advertising for two years.

At SJSU, she has worked on the Spartan Daily for one semester and is in the Advertising Club. She also worked at the Jim Coari and Associates advertising agency in Walnut Creek for a year and a half, Sorbi said.

"I still have a lot of training to go, but I'm excited," Sorbi said.

An important aspect of the editorial and advertising sides of the newspaper is their working relationship together, she said.

Sorbi said both sides share the same goal of putting out a big newspaper in terms of the number of pages.

She said the way to achieve this goal is by selling more advertisements.

Gunsalus said he is looking forward to bridging the gaps between all the departments in the School of Journalism.

"In the past it's been really segregated as far as working with the advertising and photography staff," Gunsalus said. "We want to resolve that and have all the departments of the School of Journalism work together. That makes everybody more accountable for their piece of the pie."

Milner takes the teamwork aspect a step further.

"We want to foster a team aspect, not just among our staff but with the entire campus community," Milner said. "We have a strong editorial board with a lot of ideas and enthusiasm. We are committed to putting out an exciting and quality publication. It's going to be quite a semester."

Beer taps freeze for upcoming Rose Bowl

PASADENA (AP) — It looked like taps Thursday for beer sales during the Rose Bowl game, and smoking during the New Year's Day college football showcase was also in jeopardy.

Alcohol and smoking bans were front-burner issues for Thursday night's meeting of the Rose Bowl Operating Co. But Dave Jacobs, general manager of the operating company, said the beer will flow.

"I will recommend beer sales," Jacobs, a retired police lieutenant, said. "Beer is sold at the Rose Bowl in a reasonable and socially accepted manner. ... We're talking about appropriate consumption."

The stadium only serves low alcohol content beer, the staff is trained to spot drunks and minors and no beer is sold after half time.

"That system works," Jacobs said.

The Pac-10 and Big Ten conferences supported an alcohol ban.

The smoking ban was more complicated, Jacobs said, because smoking also impacts the health of nonsmokers. Smoking would likely be banned except in designated areas, he said.

"We're recommending approval of a voluntary pro-

gram," he said.

On New Year's Day 1998, Washington State University plays Michigan. The last time Washington State played in the Rose Bowl, in 1931, Prohibition was the law of the land and it appeared briefly that alcohol would be banished this time.

"The executive committee of the Tournament of Roses is requesting that the public sale of alcoholic beverages inside the stadium during the Rose Bowl game, excluding the press box, be permanently suspended," Rose Bowl game manager Bill Lewis wrote in an October letter to the operating company.

"This action resulted from review of the increased number of crowd incidents and complaints related to alcohol consumption over the past several years," Lewis continued.

During a late morning meeting Thursday, Tournament of Roses officials decided they weren't going beyond the letter and said they wouldn't formally oppose beer sales.

CORRECTION

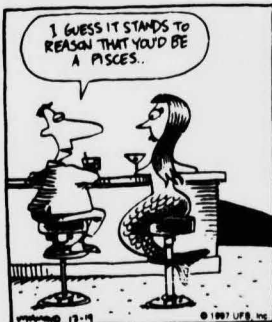
In an article that appeared in Wednesday's paper a UPD officer was quoted as saying that that SJSU student Lakim Washington was found having an epileptic seizure in Spartan Village on Nov. 24. A headline that appeared with the story read "Seizures injure SJSU student."

The officer's statement was not confirmed by medical personnel. Washington's mother Kim Washington-Moten says doctors have not determined that a seizure, epileptic or otherwise, caused Washington's injuries. At this point there is no explanation for those injuries.

The Spartan Daily apologizes for the error.

REALITY CHECK®

by Dave Whamond



Get a Room!!

\$89.00 w/ Student ID
Room + Tax
(Reg. rate \$129.00)

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Difficulty in finding car insurance fueled by blemished driving record

With all the car accidents in the world, many have car insurance for protection. On Saturday, mine will run out.

AAA is awaiting my reply to renew my insurance. This year I was paying \$2,500 annually. If I renew my insurance, AAA quoted an annual policy payment of \$3,546. Goodness. Do you see money growing on me? I don't come close to being able to afford that horrendous price.

But before I go further, I cannot mislead you about my dri-

ving record. I am not the best driver in the world, I must say. I don't have a polished driving record. I've been driving for four years and I have three points on my record. Two are from car accidents in the last six months and the other is a speeding ticket I got in 1995.

I can hear it now, "Those women drivers..." Well, go ahead and talk. I've heard it all. The female Asian jokes, too.

I know three points is a lot of points in a relatively short amount of time. After all, there are points that I received in my

first year of driving that have dropped off and another ticket that I went to traffic school for to avoid a point on my record. That's why I'm not surprised about the increase in my insurance rates.

What I am surprised about is how difficult it is to find insurance. I leased a 1996 Volkswagen Golf. My lease requires full coverage on the car. I've tried for a month to find it, but I just can't.



INGRID PEREZ

Time's running out and I have gotten quotes from everyone under the sun. I called generic insurance companies such as Pro West and Abraham and Associates. I thought going to them would ensure lower rates. I was wrong. They gave me some outrageous rates that didn't even compare to AAA.

So, I did what any desperate person would do — I continued

my search.

When I tried to get a quote from a credible insurance company, particularly State Farm, they wouldn't even give me a quote. Basically, when the secretary heard about my record, she gave me the boot.

I understand the companies are trying to protect their business. They don't want to waste time on the phone with a person they won't insure. But they wouldn't even refer me to another agency. Basically, the lady from State Farm just hung up on me. Thanks for the help.

I'm trying to find a way to make this work but I've exhausted my options. People have advised me to stay with AAA because it's the lowest rate I'll find. Maybe they're right. But I won't stop trying. I still have one hope. If there is a God, this company will save me from non-driving hell.

Ingrid Perez is a Spartan Daily Staff Writer.

Editorial

Athletes' character memorable

While plenty of coaches would like to take credit for shaping the talents of athletes such as Latrell Sprewell, Roberto Alomar or Charles Barkley, few would be as eager to volunteer as the one who influenced their sportsmanlike behavior.

At a time when the media seems saturated with the antics of athletes, it is important to see the positive message that is sent out by the Character Counts! Coalition.

We applaud the nine San Jose State University coaches who signed the Declaration of Character, which vows to fight bad behavior and sub-par sportsmanship.

The truth of the matter is that there is a relatively small number of athletes who behave badly enough to become front page fodder for the national news.

The other reality is that that's all it takes.

A few bad apples can rotten the lot.

These nine individuals have taken steps to positively influence the lives of today's student athletes and possibly tomorrow's Olympians, headliners and winners.

A coach's job is not one to take lightly. The impact a coach has on his or her athletes is immeasurable.

Bad influences can take root as quick as good influences.

The steps these coaches have taken will lay the groundwork for strong character and the possible implications of being a celebrity.

The pressures of being in the limelight are often large.

Having backgrounds strongly rooted in good sportsmanship can see them through the shock of the spotlight when it is turned on them.

Educating athletes today will stay with them for their entire careers.

After all, their behavior will continue to reflect on SJSU long after they have left.

IRAQ.



A HARD PLACE.

Cults destroy minds of followers

“Once one has the ability to control someone's mind, they have the ability to control someone's will... this ability makes for a person possessing great power.”

The above could not be more true.

Those who use mind control techniques to manipulate others are on the same level as society's "bottom-feeders," including child molesters and drug dealers, in particular, those who use their followers' devotion for their own personal gain... those who persuade their followers to kill themselves for "the cause."

Perhaps this is why I hold such great disdain for cults and their leaders.

What's even worse is cults aren't just religiously based anymore. These manipulative groups span all levels of society, including business, industry and the media. You can even find some readily identifiable cult leaders on the television or the web, pitching their "easy solution for all life's problems" with fantastical-crafted pitches and plasticine grins.

It is here where I could list the names of those responsible for some of the biggest and most destructive cults and their leaders. Following this listing would be a huge outpouring of letters from members of these groups claiming I have been led astray and only they know the true path to righteousness, happiness, etc.

Yet instead of the above fiasco, I would rather provide a checklist, if you will, of signs that someone involved in a cult group might display.

These signs provided by Steven Hassan, a leading cult researcher and mind control expert, and the American Family Foundation, a secular, non-profit group that researches psychological control techniques and their damaging consequences. Hopefully, with this informa-



Spare me
Kimberly Lamke

tion and the help of other, you or someone you know can be rescued from the grips of a group who want to take your mind and destroy it for their own gain and power struggle.

Persons involved in a cult display the following signs:

- Involvement in a group zealously focused on a living leader with unquestioning commitment;
- Preoccupation with bringing in new members for the group;
- Practicing mind-numbing activities such as chanting, debilitating work routines and speaking in denunciation sessions;
- Display of an "us versus them" mentality towards all persons outside of the group, including friends and family;
- Devotion to a leader that is not accountable to any authority;
- Following strict, leader-dictated rules regarding behavior: how to act, think, behave and who to socialize with and when.

Cults, according to Hassan, use techniques of mind control that are four pronged. Cults aim to control their members' behavior, the information they receive, their thoughts and their emotions. Cult leaders also use techniques of physical deprivation, including sleep and food deprivation, in order to further manipulate their followers.

We have laws that protect people from being physically harmed by others, but when it comes to emotional or psychological abuse protection, we, as a society are at a loss.

This is why it is so important we watch out for those we know and ourselves, to protect all from the evil and immoral acts of cults and cult leaders.

If you need any more convincing that cults exist and they control and destroy their members in one way or another, simply remember the faces of Jonestown and Waco. They tell the damaging story of mind-control and cults.

Kimberly Lamke is Opinion Editor of the Spartan Daily.

Mutilation of animals in classes for sake of learning unacceptable

For any student signing up for a science class next semester, you should carefully examine the course description. A number of courses in biology, anatomy and physiology are not for the faint of heart.

Biology 2 requires students to slash open a dead shark and fetal pig to study and compare the two different organ and circulatory systems.

Physiology classes ask students to dismember small live, sedated rats and frogs to analyze muscle functions.



CATHERINE SPENCER

Also, students must perform "pithing" — where a sharp object is thrust into an animal's braincase and moved around vigorously to scramble the brain. The animal goes into surgery but never comes out.

The Humane Society of the United States estimates that more than a million animals are injured or killed every year in classroom labs and demonstrations. This is sick. It is morally and ethically wrong to murder and mutilate animals even for the sake of education. Universities, colleges, high schools and middle schools should not be allowed to sacrifice and harm small defenseless creatures.

Although a frog or shark may not have the same emotional and mental capacities as a human, these animals do experience pain, stress and deprivation.

The fear and trauma of being prepared for surgery or feeling the sudden assault of a pithing probe rammed into an animal's brain is real. Although some students may not participate in the animal's death, death necessarily precedes any dissection.

Many animals butchered and destroyed in classrooms are caught in the wild. Although the impact of capturing animals for educational purposes has not been calculated, this practice may hurt ecological balance.

Exposing students to animals preserved in formaldehyde is another danger. Formaldehyde is a suspected carcinogen and is harmful through direct contact or if inhaled. Symptoms of exposure include eye, nose and throat irritation, a persistent cough, respiratory distress, skin irritation, nausea, headache and dizziness.

One goal of education is to teach students compassion and respect for others. Carving up and murdering animals undermines this ideal. Treating animals as mere tools devalues life and strips away a student's compassion toward death.

It is time for educators pull their heads out — this is the '90s. There is a better and more humane way to teach biology and other fields. CD roms, models, videos and computer programs can convey the same information cheaper, more effectively and without callous brutality.

Catherine Spencer is a Spartan Daily Senior Staff Writer.

Opinion page policies

Readers are encouraged to express themselves on the Opinion page with a Letter to the Editor or Campus Viewpoint.

A Letter to the Editor is a 200-word response to an issue or point of view that has appeared in the Spartan Daily.

A Campus Viewpoint is a 450-word essay on current campus, political or social issues.

Submissions become the property of the Spartan Daily and may be edited for clarity, grammar, label and length. Submissions must contain the author's name, address, phone number, signature and major.

Submissions may be put in the Letters to the Editor box at the Spartan Daily Office in Dwight Bentel Hall Room 209, sent by fax to (408) 924-3237 or mailed to the Spartan Daily Opinion Editor, School of Journalism and Mass Communications, San Jose State University, One Washington Square, San Jose, CA 95192-0149.

Editorials are written by, and are the consensus of, the Spartan Daily editors, not the staff.

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Solutions touted by CETI proponents could be solved on campus

I believe the plan to provide a new information technology infrastructure to the CSU system by selling it to a consortium of high tech firms is one of the worst ideas and most discouraging plans CSU management has ever devised.

It reminds me of the mass selloff in the '50s of our nation's streetcar systems to a consortium called National City Lines (NCL). NCL was owned by GM and oil and tire companies. After NCL scrapped the street cars, sold their buses and made the systems dependent on their products, prices for services shot through the roof and the equipment deteriorated.

The motive behind the plan is profit. How that motive is going to coexist with the mission of academia is a mystery to me.

The California Education Technology Initiative plan seems to me

LETTER TO THE EDITOR

to be modeled after a corporate training model rather than a higher education model to provide students with a life experiences and open minds.

Programs that are not cutting edge vocational based programs stand to lose the most. The CETI corporation that will own our campus communication infrastructure states its goal is to return a profit to shareholders.

The demographic description in the report of students as 20ish "task stackers" who have money and computers ought to scare minorities and their action groups. This program seems to me to be clearly aimed to benefit the Wilson constituency.

Also, I am personally concerned about the apparent lack of visible action on the part of the statewide staff

union, CSEA. As a union member, a former chapter president, chief steward and general council delegate, I am surprised the union hasn't appeared more vocal on the subject.

If the CSU made staff training a priority for those who are actually supporting academic computing in the departments, reallocated resources and set reasonable enterprise standards for networking, I believe most of our problems could be handled on campus. I believe CETI isn't going to have time to retrain us to support their new systems. I believe all we are going to have time to do when this steamroller hits, if it hits, is to get out of its way.

I have one last question to ask, does anybody know the President's opinion on CETI?

Steve Sloan

Information Technology Consultant, School of Journalism and Mass Communications

Dual editors to take over Spartan Daily reins

■ Partnership teams up with advertising director for new approach in spring

By John Meyers
Staff Writer

Two is better than one is the new theory at the Spartan Daily next spring semester.

Every semester the Mass Communications Board, composed of faculty and students, chooses the new Spartan Daily executive editor and advertising director.

This semester, however, will be different with the selection of James Gunsalus and Terri Milner to share the first-ever dual executive editorship and Denise Sorbi as advertising director.

"The main reason for (the two editors) is because it is a big job," Gunsalus said. "Both Terri and I have noticed that a lot of things don't get done because of the grunt work."

Gunsalus said the editors of the Spartan Daily spend about 10 to 12 hours a day, five days a week producing the newspaper and also are enrolled in classes.

"We felt that it was the way to take the Spartan Daily to the next level," Milner said. "We want to share the responsibilities yet still put in 100 percent each."

Milner said it would be a misconception to assume that they will divide the workload in half. She said the current system of having one editor is creating too many jobs for one person to handle.

If the newspaper is to improve in copy editing, in-depth reporting, story ideas, page layouts and graphics, then more editors are needed, she said.

"I think it will be an interesting experiment," said Jan Shaw, student adviser at the Spartan Daily. "The two worked together



(From left to right) Terri K. Milner and James S. Gunsalus, incoming co-executive editors, and Denise Sorbi, incoming advertising director prepare to start a new semester.

well before and I think they will work well together now."

They met and were first on staff together at El Camino College in Torrance, where they both wrote and edited for the school's newspaper and magazine.

While at ECC, the Warhoop won the Journalism Association of Community College Pacemaker Award four semesters in a row. The Pacemaker honors the top 10 community college newspapers in the nation.

Milner said the award is the most prestigious honor a community college newspaper can win.

Individually, Gunsalus has won an award for an investigative news story that Milner edited, and Milner has won

"We want to foster a team aspect, not just among our staff but with the entire campus community. We have a strong editorial board with a lot of ideas and enthusiasm."

— Terri Milner,
incoming co-executive editor

awards for newspaper and magazine features that Gunsalus edited.

"Under the editorship of each other, we've won several national awards," Milner said.

They transferred to San Jose State University two years ago. This semester, Milner has

been the managing editor, assigning stories and copyediting. Gunsalus, the production editor, designs the newspaper. The semester prior to that, they were staff writers for the Spartan Daily.

"We've pretty much walked the same path," Milner said.

"Most importantly, we share the same vision."

As the new advertising director of the Spartan Daily, Sorbi will be making a big leap from retail account executive, which is an entry staff position, to a top ranking position on the newspaper.

"I wanted to take on more of a responsibility and become more assertive," Sorbi said. "I thought it would be a good experience in dealing with people."

Jack Quinton, advertising adviser for the Spartan Daily, said Sorbi was selected for three reasons: academic standing, performance on the advertising staff and people skills.

"She's an excellent student and she has done well in all her classes that prepare her for the staff," Quinton said.

Quinton also praised her for her work on the newspaper.

"She was a standout on the staff this semester," Quinton said. "She gets along with everyone and I am convinced she can lead them."

Sorbi has been involved in different aspects of advertising for two years.

At SJSU, she has worked on the Spartan Daily for one semester and is in the Advertising Club. She also worked at the Jim Coari and Associates advertising agency in Walnut Creek for a year and a half, Sorbi said.

"I still have a lot of training to go, but I'm excited," Sorbi said.

An important aspect of the editorial and advertising sides of the newspaper is their working relationship together, she said.

Sorbi said both sides share the same goal of putting out a big newspaper in terms of the number of pages.

She said the way to achieve this goal is by selling more advertisements.

Gunsalus said he is looking forward to bridging the gaps between all the departments in the School of Journalism.

"In the past it's been really segregated as far as working with the advertising and photography staff," Gunsalus said. "We want to resolve that and have all the departments of the School of Journalism work together. That makes everybody more accountable for their piece of the pie."

Milner takes the teamwork aspect a step further.

"We want to foster a team aspect, not just among our staff but with the entire campus community," Milner said. "We have a strong editorial board with a lot of ideas and enthusiasm. We are committed to putting out an exciting and quality publication. It's going to be quite a semester."

Beer taps freeze for upcoming Rose Bowl

PASADENA (AP) — It looked like taps Thursday for beer sales during the Rose Bowl game, and smoking during the New Year's Day college football showcase was also in jeopardy.

Alcohol and smoking bans were front-burner issues for Thursday night's meeting of the Rose Bowl Operating Co. But Dave Jacobs, general manager of the operating company, said the beer will flow.

"I will recommend beer sales," Jacobs, a retired police lieutenant, said. "Beer is sold at the Rose Bowl in a reasonable and socially accepted manner. ... We're talking about appropriate consumption."

The stadium only serves low alcohol content beer, the staff is trained to spot drunks and minors and no beer is sold after half time.

"That system works," Jacobs said.

The Pac-10 and Big Ten conferences supported an alcohol ban.

The smoking ban was more complicated, Jacobs said, because smoking also impacts the health of nonsmokers. Smoking would likely be banned except in designated areas, he said.

"We're recommending approval of a voluntary pro-

gram," he said.

On New Year's Day 1998, Washington State University plays Michigan. The last time Washington State played in the Rose Bowl, in 1931, Prohibition was the law of the land and it appeared briefly that alcohol would be banished this time.

"The executive committee of the Tournament of Roses is requesting that the public sale of alcoholic beverages inside the stadium during the Rose Bowl game, excluding the press box, be permanently suspended," Rose Bowl game manager Bill Lewis wrote in an October letter to the operating company.

"This action resulted from review of the increased number of crowd incidents and complaints related to alcohol consumption over the past several years," Lewis continued.

During a late morning meeting Thursday, Tournament of Roses officials decided they weren't going beyond the letter and said they wouldn't formally oppose beer sales.

CORRECTION

In an article that appeared in Wednesday's paper a UPD officer was quoted as saying that that SJSU student Lakim Washington was found having an epileptic seizure in Spartan Village on Nov. 24. A headline that appeared with the story read "Seizures injure SJSU student."

The officer's statement was not confirmed by medical personnel. Washington's mother Kim Washington-Moten says doctors have not determined that a seizure, epileptic or otherwise, caused Washington's injuries. At this point there is no explanation for those injuries.

The Spartan Daily apologizes for the error.

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by Dave Whamond



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Student moonlights as No. 1 kickboxer

■ Art Palacios trains in a San Jose facility while attending SJSU as a national champ

By Scott Shuey
Staff Writer

A reigning national champion in martial arts is walking the halls around San Jose State University.

Art Palacios, a behavioral science major, won the national Sanshou (Chinese-style kickboxing) last December when he took first place at the 1996 National/International Full Contact Sanshou Championships in the cruiser weight (58kg) division. Palacios also won the United States Open full contact sanshou tournament.

"I didn't expect to win the National title," said Palacios, "but that was one of my goals."

Sanshou is a form of kickboxing that utilizes kicking, punching, leg sweeps and throws.

The two combatants compete on a wooden platform that is raised above the ground. Sanshou is the main contact sport in China and is also popular in Europe.

Palacios won the title with only 18 months of training in

sanshou, but made up for the lack of experience by spending up to six hours a day training.

"It's not how long you spend," Palacios' coach, Cung Le, said, "but how you spend your time."

Le would know. Palacios has one national championship under his belt, but Le has won the light-heavy weight championship in Sanshou four years running and has won 16 state, world and international titles. Besides Palacios, Le has produced six national champions and two female international champions.

Palacios began training at Le's San Jose school two years ago. When he first joined Le's school, he wasn't involved in the contact aspect of the sport but was interested in getting in shape and losing weight.

"Then he got the itch," Le said. "Now, wherever he goes he takes first."

It didn't start off that way. Six months before he won the national title, Palacios fought his first sanshou match.

He was quickly knocked off the platform.

"It's a long fall down," he said.

He hasn't been thrown off since.

Part of the reason Palacios has come for far so quickly in his previous experience with



SJSU behavioral science major Art Palacios, above left, spars with his coach Cung Le in San Jose. Palacios, right, won the national Sanshou cruiser-weight title last December.

Photos by Mitch Cartwright

martial arts, and, like Le, he also has some experience in wrestling.

Even though Palacios has previous experience in martial arts, when he began to practice sanshou he found out he still had a lot to learn.

"I almost had to start from the beginning again," he said. "I had to relearn all the kicks. I had learned a lot of bad habits



early on."

Palacios began training in martial arts when he was a kid.

"I watched a lot of Kung Fu theater," he joked. "I saw them I and thought, 'That's what I want to do.'"

Palacios started his martial arts training in Kempo and later switched to Tae Kwon Do. It was during his earlier training that he met Le.

"I've trained with Cung Le off and on since I was in high school," Palacios said. When he heard that Le had opened his own school he decided to train there.

Palacios also said that training with the four-time National Champion helped him prepare for other competitors.

"I got over 500-plus rounds with him," he said. "After fight-

ing Cung Le, I saw the other guy's kicks coming."

Le and the other national champions will be heading to the East Coast in a few weeks to defend their National titles, but Palacios is unsure if he will go.

He would also have to lose weight to compete in the Cruiser division and also says he has to study for his upcoming finals.

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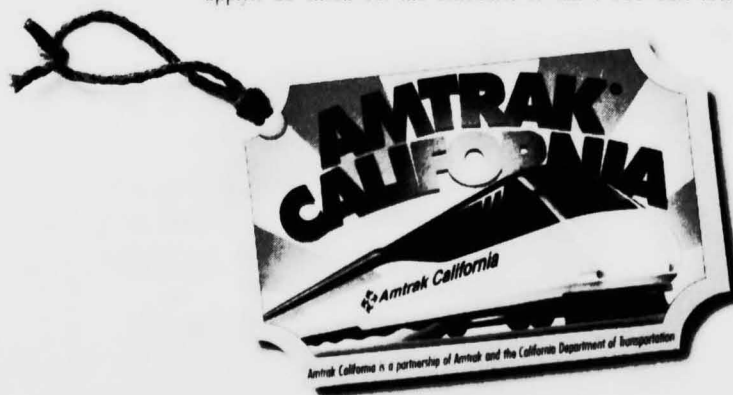
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San Jose just a hop away from Nebraska

■ SJSU women's basketball squad turns cornhusker into Spartan guard

By Yvonne Ohumukini-Urness
Staff Writer

Don't play against Courtney Wittstruck unless you're prepared to lose.

As the freshman point guard for the SJSU women's basketball team, the 5-foot-5 Wittstruck is known for her determined nature.

"She's a very competitive person," said John Larsen, Wittstruck's former high school coach. "It doesn't matter whether you're talking about a basketball game or a checkers game, Courtney wants to win."

During her high school career in Lincoln, Neb., Wittstruck's competitiveness led her team to the state finals all four years she played, winning the championship in three of those trips.

Highly decorated

As the all-time steals leader at Lincoln Southeast High School, Wittstruck averaged 13.1 points per game her senior year. She was the 1997 Gatorade/Associated Press Nebraska Player of the Year, Most Valuable Player of the 1997 Nebraska-South Dakota all-star game, first team all-Nebraska, all-Heartland Conference and all-city. She also lettered in softball three years and track two years.

"She has this inner competitiveness that carries over in whatever she does," said her mother Colleen Wittstruck. "It's like something just takes over...you can just see it in her eyes."

A leader on the court

SJSU head coach Karen Smith is counting on her new player to keep things moving out on the court.

"She's doing real well," Smith said. "She's been able to lead us and assist and basically run our offense."

Smith said Wittstruck has done a good job of getting the ball to the players to score.

"Sasha (Spalding) and Natasha (Johnson) and Michelle (Hanson) have all benefited from her being here," Smith said. "The one thing that really attracted us to Courtney is her leadership ability and the fact that she is a true point guard."

A former all-American point guard at Cal, Smith was one of the reasons Wittstruck chose to play for SJSU.

"Who better to learn the collegiate point guard position

from than an all-American," Wittstruck said. "And a lot of things we see eye-to-eye on, on situations on the court."

Having taken recruiting trips to Northwestern, Pennsylvania and Vermont before deciding on SJSU, Wittstruck credits the coaching staff for making her decision an easy one.

"I really clicked with the coaching staff," Wittstruck said. "When it gets right down to it, it doesn't matter where you go if you're not happy."

The coaching staff was an important issue for her parents as well.

"To us, matching a coach with Courtney was much more important than a school record or anything," Colleen said. "For me, for her going so far, it's important that she has a coach she feels comfortable with."

5-foot-6 in her socks

Colleen related the story of how one day her daughter and Smith were talking about Courtney's height. Courtney insisted that she was 5 feet, 6 inches tall. Smith told her that she was listed at 5-foot-5. They bantered back and forth a bit, then Smith offered a compromise.

If Courtney, who used to wear her uniform socks pulled all the way up, would wear her socks scrunched down (a look Smith preferred for her players), Smith would agree that Courtney was 5-foot-6.

"Now we tease her that she's 5-6 with her socks down," Colleen laughed.

It's a WACKY reason

In addition to the coaches, SJSU's affiliation with the Western Athletic Conference also drew Wittstruck to San Jose.

"That was one of the big recruiting things that brought me here," Wittstruck said. "They really pushed the fact that they're in the WAC and the WAC's a great conference."

Compared to high school, Wittstruck said she sees a lot more pressure on the ball, mostly because the other teams recognize that she's a freshman point guard. Opposing players try to force her to make mistakes because of her lack of collegiate experience.

Tough competition

"There's a lot of pressure on that role," Smith said. "But she is a multi-dimensional point guard — one can score, lead us on the break and give the ball to the right players."

"I don't look for my own shot as much," Courtney said. "If I don't have a clear shot, I'm going to pass the ball and I sometimes feel guilty if I shoot too much, being a point guard."

"It doesn't matter whether you're talking about a basketball game or a checkers game, Courtney wants to win."

— John Larsen
Wittstruck's high school basketball coach

Wittstruck said her first obligation is to make sure the team gets organized in the plays. She said that Smith has told her to think of herself as a "scoring" point guard, not just a regular point guard.

"We have so many people that can score," Courtney said. "It's a well-rounded offense."

From the farm to SJSU

The transition between high school and collegiate basketball has been a learning experience for someone who grew up on her family's farm.

"Here, everybody's good and there are some great players," Wittstruck said. "Whereas in high school, there were a couple of great players in the state and one or two good players on each team."

"You could just stop the good players and win the game because that's all they had."

"Here it's like you have to watch everybody. You can't not guard somebody because there are no weak players."

She added: "It's a lot quicker, but I think it's a lot more fun too."

Fun is something the green-eyed brunette is always looking for.

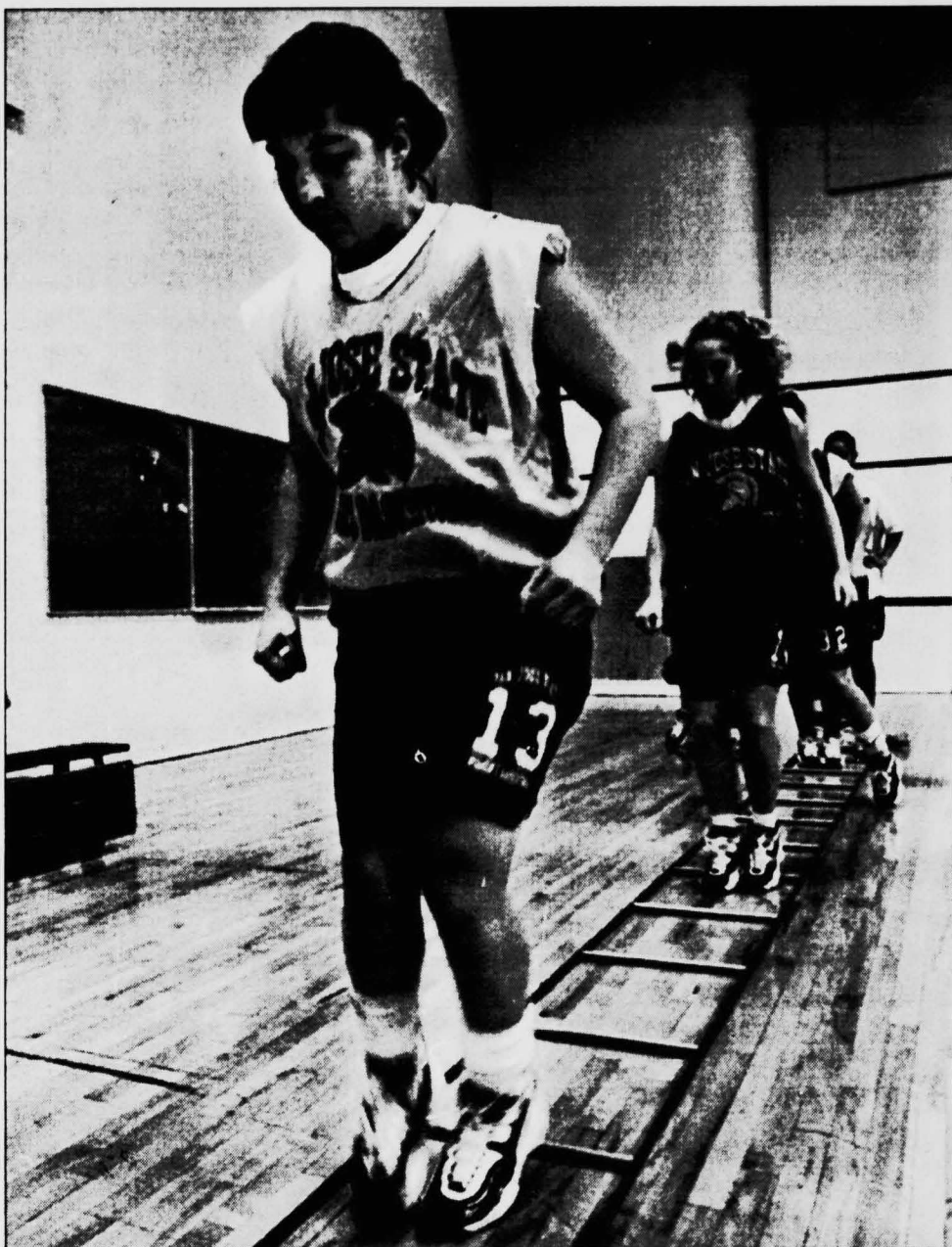
Welcome to California

The first month she was in San Jose she and some of her teammates went to Haight-Ashbury Street in San Francisco. It was there that she got her long-awaited tattoo.

"It's a sun with a basketball in the middle," Wittstruck said, as she hiked up the back of her practice jersey to expose the handiwork. "I was totally scared, but it didn't hurt at all." Her mother wasn't too surprised.

"We kind of suspected that she was going to do something like that," Colleen said. "There's a lot of kids out here that get them."

"It was a rite of passage for me," Courtney explained. "It was like, 'Welcome to California.'"



Scott Lechner/Spartan Daily

A decorated basketball player coming from Nebraska, Courtney Wittstruck began her first season with the women's basketball team this fall and scored a team-high 10 points in the Spartans 90-51 loss to Santa Clara Tuesday. SJSU will face the Anteaters at 7 p.m. today at UC Irvine.

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Bay Area ice hockey squads battle in Gold Rush tourney

By Vic Ribeiro
Staff Writer

The top four college hockey teams in the Bay Area are preparing to participate in the second annual Gold Rush Tournament this weekend at the Ice Centre.

SJSU, Stanford, Palmer College and Cal Berkeley will all be fighting to be recognized as the strongest team in northern California.

SJSU and Cal-Berkeley will play at 7:45 Friday at the Ice Centre, while Palmer College and Stanford battle it out in Redwood City.

Palmer College defeated Cal-Berkeley 6-5 in the inaugural final last year. The two winners of Friday night's contest will then face off at 7:45 Saturday at the Ice Centre.

"We are the favored team to win this year," said SJSU coach Ron Glasow. "We have played all three of those teams twice this

year. We have won all of the games. But it looks like Cal-Berkeley has picked up a couple of players since we played them. We have our work cut out for us Friday."

The Spartans destroyed Cal-Berkeley earlier in the semester 7-3 and 13-1. SJSU has averaged more than eight goals per game against Bay Area teams.

The Gold Rush Tournament is being hosted by the SJSU club hockey team in conjunction with the San Jose Sharks organization. Glasow said they modeled this tournament to be like the "Beanpot Tournament" held in Boston that include top NCAA division one teams such as Boston University and Boston College.

"The goal of this tournament is to make student hockey players in Northern California aware of the development of college hockey in this area," Glasow said. "We have many talented kids out here and were

hoping that players such as our own Lee Gann, who played at Buffalo State last year, will instead think of staying here to represent local colleges."

Glasow said there is an increasing number of college hockey players and the competition to make NCAA sanctioned schools is getting more difficult.

"This is why the development of collegiate club hockey has been expanding rapidly throughout the country," Glasow said. "The club level is picking up the overflow of players. There are now more than 150 college club teams throughout the nation and every year there is a national tournament to determine the best club team in the country."

Three of the teams participating in this year's tournament have had the chance to play in the national tournament within the past couple of years, including SJSU.

MOVING EXPRESSIONS



Dance major and classmate Alicia Gange gives Barnard support during downtime while she battles off a headache. Energy levels drop and headaches rise when trying to focus on school and dance. Barnard is currently taking 18 units that are a combination of dance and academic courses.

Just like a lot of other little girls, SJSU student dancer Gina Barnard watched the "Nutcracker" on television and dreamed of being a ballerina.

Barnard couldn't take lessons because there wasn't a studio in Monmouth, Ore., where she lived.

At age 13, her dream of being a dancer became a reality when a small studio opened in a nearby town. A year later Barnard joined the Oregon Children's Ballet and stayed with the group until she was 18 years old. A year after high school she hit the auditioning circuit for the major ballet companies.

"I had my resume and my pictures," she said. "I flew to Boston and did a Boston Ballet audition, which was

nuts. There were 200 people; a total cattle call. I made it through four cuts.

"I learned a lot. It was good experience. My feedback was mostly positive, but it was also 'you need more training, you need more experience, you're not really ready for a professional career,'" she said.

That's when she went back to school at North Carolina School of the Arts in 1993. She was put to the test in an intensive training program. Unfortunately, after two years of intensive training, she hurt her back and had to leave at the end of the semester.

Following a year of physical therapy and water aerobics, she decided to go back to school.

Then she heard about San Jose State University's program.

"And I just decided this is where I wanted to be," she said.

Barnard is also involved with the University Dance Theater and the World Music Choir, which sings music from around the world.

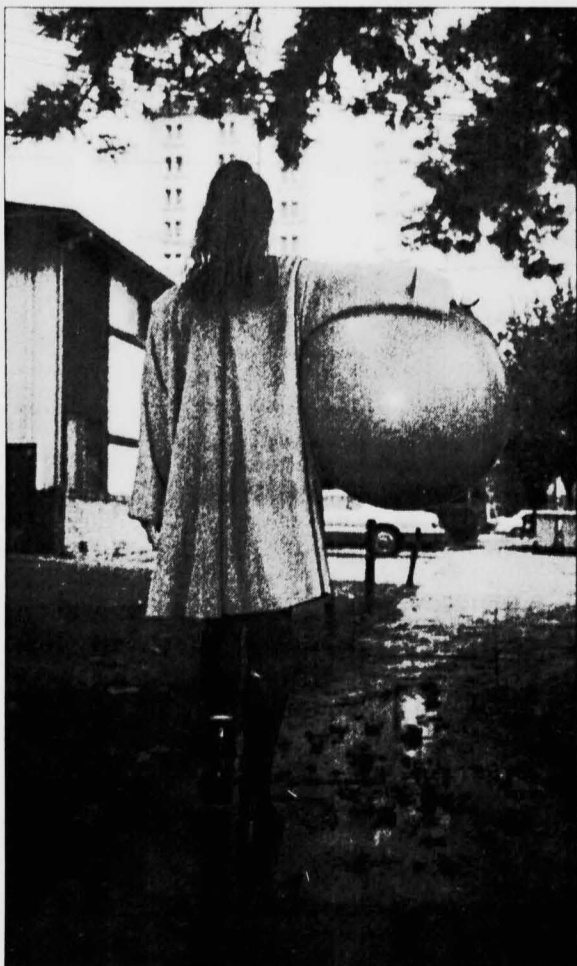
Since she has come to SJSU she has changed her focus from ballet to modern dance with a minor in vocal music.

"It's much more expressive, more creative and there is more room for improvisation. There is more exploration of how the body can move," she said. "It's been a lot easier on my body. Ballet has a lot of unnatural positions."

text by shayda fathipour photos by michelle lee



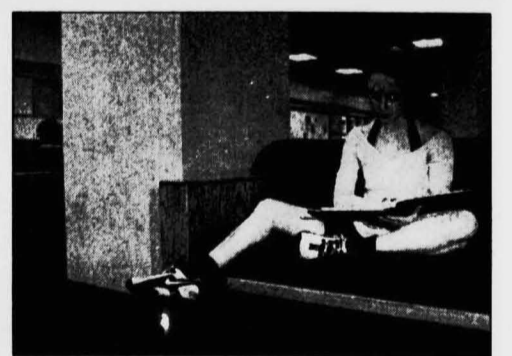
Above: Gina Barnard, left, shows free expression in dance during an informal performance held on campus with classmate Alice Bausone, back right. Improvisation is one of the key elements that attracted Barnard to the world of modern dance.



Right: Barnard occasionally walks to school with her blue therapy ball to get it filled up. The ball was originally used for back exercises to help a previous injury but has since joined her in dance routines.



Working out in the gym during free time has become routine for Barnard who focuses on being in shape and taking care of her body.



Dance is the dream, but study is the reality. When not rehearsing or working out, Barnard is hitting the books.



Dance students join Barnard, second from left, for a group huddle and pep talk before a performance.



The gracefulness of a dancer can be easily destroyed by the abuse put on one's feet.

Sparta Guide

TODAY

Daily Mass

The Catholic Campus Ministry is having Daily Mass from 12:05 to 12:30 p.m. in the John XXIII Center. For more information, call Ginny at 938-1610.

Jum'ha Prayer

Muslim Students' Association is having Jum'ha Prayer from 1 to 2 p.m. in the Student Union Almaden Room. For more information, call Wali Kahmani at 305-2080.

Bible Study

The Chinese Campus Fellowship is having a Bible Study from 2:30 to 4:30 p.m. in the Student Union Almaden Room. For more information, call Vincent at 954-9728.

'Pan African Perspectives'

KSJS 90.5's "Pan African Perspectives" show airs from 5 to 6 p.m. every Friday.

'Gay-Lesbian' support group

The SJSU Counseling Services is offering a "Gay-Lesbian and Bisexual Support Group" every Friday from 3 to 4 p.m. in the Administration Building, Room 269. For more information, call Jill or Terri at 924-5910.

'Winter Dinner'

The SJSU Chemistry Club is having a "Winter Dinner" at 8:15 p.m. at Eulipia restaurant located at 374 S. First Street. For more information, call 922-2502.

'Aerobithon'

The Human Performance Department is having "Aerobithon" from 4 to 6 p.m. in the Spartan Complex, Room 44-B. For more information, call Carol Sullivan at 924-3022.

Club Lusitania meeting

Club Lusitania is having a meeting at noon in the Student Union Pacheco Room. For more information, call Victor Soares at 559-1954.

Drum, Dance performance

The West African Drum and Dance Ensemble is performing music and dance from Ghana and Nigeria at noon in the Student Union Amphitheatre.

Earth Day 98

Earth Day 98 planning committee is having a meeting from 11:30 a.m. to 12:30 p.m. in Washington Square Hall, Room 115. Anyone interested in being a volunteer, organizer or have ideas are invited to come to the meeting. For more information, call Jean Simmons at 924-5467.

Blanket Drive

The Jewish Student Union is having its annual Blanket Drive benefiting the San Jose Armory Homeless. Table will be outside of the Student Union for drop-offs. For more information, call Roland at 446-0847.

'Tower List Launching'

Tau Delta Phi fraternity is having its "Tower List Launching" featuring the Sociology and Psychology departments. The event will be from 9:30 a.m. to 5:30 p.m. at the Spartan Bookstore.

'World Premier' concert

The SJSU's School of Music and Dance World Music Choir is having a concert featuring a world premier program at 7:30 p.m. in the School of Music and Dance Concert Hall.

It is also having the premier of "Can't Kick It" a song and dance obsession performed by Company One at 7 p.m. in the Hal Todd Theatre, located in Hugh Gillis Hall.

SATURDAY

Rugby practice

The SJSU Women's Rugby team is hosting the "San Jose Seahawks" tournament at 1 p.m. at Blackford Highschool in San Jose. For more information or directions, call Karl Laucher or Erin Chue at (650) 969-2903.

'Can't Kick It!'

The School of Music and Dance is having the "Can't Kick It!" performance by Company One at 1 and 7 p.m. in the Hal Todd Theatre, located in Hugh Gillis Hall.

SUNDAY

Sunday Mass

The Catholic Campus Ministry is having Sunday Mass at 8 p.m. in the St. Joseph Cathedral. For more information, call Ginny at 938-1610.

CD Release performance

The San Jose Jazz Society is featuring the Joyce Cooling/ Bay Obiedo CD Release performance at 7 p.m. at Le Petit Trianon. For more information, call 288-7557.

MONDAY

Women's Resource Center

The Women's Resource Center is having a general meeting at 3:30 p.m. in the Administration Building, Room 269.

African Student Union

The African Student Union is having a meeting at 8 p.m. in Wahlquist Library - North, the Africana Research Center.

'Celluloid Dreams'

KSJS 90.5's "Celluloid Dreams" show airs from 5 to 6 p.m. every Monday.

'AA Beginners Big Book'

The Alcoholics Anonymous is having the "AA Beginners Big Book" meeting from noon to 1 p.m. in the Administration Building, Room 222 B. For more information, call Tom at 924-7555.

Character: Rules, manners guide athletes

Continued from page 1

of the cheating and violence that is occurring.

"At San Jose State we demand a high level of social courtesy and manners from... players," Mano said. "The team has rules concerning how we should look and how we should act. We all have to behave like adults on the court."

Jackie Walker, head coach for women's gymnastics, believes acting responsibly goes with the privilege of being on a team.

"Any kind of behavior is not OK," Walker said. "Publicity works both ways. I tell my players that if they do something wrong, it will be listed in the paper (with their title's alongside their names)."

In the heat of competition, Walker said she advises gymnasts on her team to focus on their own achievements, goals and performances whether they win or lose.

"It is a sad case when a lot of bad athletes give the wrong impression about sports," said Karen Smith, SJSU head women's basketball coach. "Athletes do many good things and it is not publicized enough."

Off the court, the coach said she keeps her players involved in a wide assortment

"At San Jose State we demand a high level of social courtesy and manners from... players. The team has rules concerning how we should look and how we should act."

— Gary Mano, assistant volleyball coach

of community service projects such as free-way cleanups, volunteering in children shelters and reading to kids in public schools.

"It is important for players to give back to youths to keep role models alive for young athletes," Smith said. "It is vital kids know that there is a place for them to go." Smith said during the season she

demands good sportsmanship and teamwork from all her players.

"If you knock someone down, then you give them a hand up," Smith said. "This is not a sign of weakness, it is common courtesy."

Stan Morrison, men's head basketball coach, said the problems in sports that are being exposed in the media are simply a reflection of the deterioration in society.

"Sports is a microcosm of what is happening in neighborhoods, families and schools across the country," Morrison said. "If 'x' percent of the population is binge drinking or using drugs, it is naive to think these problems aren't happening among athletes. They are a part of the student and state population."

Morrison said as a coach he strives to educate his players and give them an opportunity to become aware of the issues that confront them.

Every season he said he holds workshops on AIDS awareness, date rape, drug abuse and gambling.

"I try to help them make good conscious decisions about what they do and who they want to be," Morrison said. "I'm there to remind them to do the right things."

World Cup: Top spots 'up for grabs'

Continued from page 1

group with the most evenly matched level of play gets this unfortunate title. This year's cup will not be any different. This year's "Group of Death" is group D, which features Spain, Nigeria, Paraguay and Bulgaria. There isn't a clear-cut favorite to win or lose the group.

Fortunately for these teams, being in this group doesn't count you out from

reaching the finals. In 1994 Italy escaped the group and eventually lost to Brazil in penalty shots in the final.

Brazil, the defending World Cup champions, escaped through the draw with a fairly easy first round. France should also make it to the second round with easy opening competition.

Before the draw, a competition was held between all-stars from the world and the

stars from Europe. The San Jose Clash's Eric Wynalda played for the World All Stars. The World won by a score of 5-2 with strong play by Brazil's Ronaldo and Argentina's Batistuta.

The World Cup will start in a short six months and five days. The opening match will be between Brazil and Scotland, June 10 at Saint-Denis. The U.S. first match will be against Germany on June 15 in Paris.

Artique: Staff

Continued from page 1

after class," said SJSU student Thu Hoang. "It's interesting."

Denise Murray, the chair of Linguistics and Language Department, said she didn't know the Artique existed until her secretary told her about it. She said she thought it was easier than going to the mall to buy gifts.

A customer, SJSU student Kathy Hotfelter, said she was buying a bib with bears on it for her nephew because homemade things have more appeal.

Jeannine Slater, an academic coordinator for the McNair Scholars Program, brought her handmade wreaths and dolls to the Artique. She started her craft by making gifts for her family and friends.

"The dolls take from 16 to 20 hours to make," Slater said. "I

have to paint the faces and head then and make the clothes. The wreaths cost about \$40 for supplies. I could make a wreath a night."

Hand-decorated candle holders were displayed by Standish. She decorates the glass candle holders with handmade paper. She said she learned how to make paper in a class at SJSU.

She makes the paper with different flowers. She puts them in water with a caustic material and lets them soak until it becomes pulp. Then she takes a screen to strain the water and make the pulp flat.

She also creates rice glue for gluing the paper to the holder. She takes rice and water and puts it in the blender and it comes out glue.

"I've got a place in my garage to do all of this," she said. "It's like kid stuff playing in water."

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by Vic Lee



Garth Vader

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