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**OPINION** 

Jovanni Arroyo-Camberos on dangerous student drinking habits p.5



SPORTS Women's soccer wins Mountain West, moves to NCAA's p.6

#### **A MILE IN THEIR SHOES**

# SJSU glimpses military life



Andrew Cypert | Spartan Daily Coleetta McElroy, president of the SJSU Alumni Association, puts on a 140-pound military backpack at the Veterans Student Organization event yesterday in front of Clark Hall. Few were able to carry it for more than a few seconds.

#### By Andrew Cypert @audaciousgreen

Military vehicles parked in front of Clark Hall sparked conversations about veterans during the Veterans Student Organization's informational event yesterday.

"We've got displays of uniforms out so that students can touch and feel and talk to our veterans here. We have an appreciation wall if anyone would like to write any special notes they might know in their family or circle of friends," said Maggie Morales, program director for Military and Veterans Student Services. "We also have kind of a fun activity of guessing the weight of people's packs that they use when serving."

Morales said the event was smaller than expected due to the downpour of rain, but there were still many things to see, do and learn.

"Today is all about our ap-

preciation to our military and veteran students, so those who have served and those who are still currently serving," Morales said.

The event was held yesterday to honor Veterans Day, which will be observed tomorrow.

Students were able to listen to other veterans talk about their military experiences, either past or current.

Two military vehicles were parked by the booths for attendees to sit inside and take in the feeling of driving on the way to battle. This helped students walk a mile in the boots of a veteran.

"They might see movies or video games and say 'oh, wow, this is really cool. This looks really easy," said international business junior Grant Jaholkowski. "When you go through the actual experience it's a lot different." Jaholkowski currently serves

as a marine. He brought his hiking backpack to the event to show the weight that has to be endured in the military. Hikes can range from five to 20 kilometers at a time.

"That load that I have right there is 140 pounds and that accounts for a lot of stuff," Jaholkowski said. "You're not only going on a flat surface. We're talking about hills and uneven mountains."

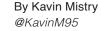
The weight comes from multiple sets of underwear and additional clothing to keep warm or change into, between nine and 12 MREs (meals ready to eat), water, weather-proof gear, an E-tool (entrenching shovel) to dig foxholes and a hiking kit to shave and brush your teeth.

"I tried out the backpack, which was tremendously heavy and I could barely carry it," said meteorology senior Jose Ochoa. "I had to bend my knees to really lift it. It's incredible how they have to carry these

see VETERAN on page 2



## **RUN, HIDE, DEFEND UPD** preps faculty and students for shootings



tile situation.

fend" vesterday.

It is a reality that campus shootings have become common around the United States, so administrators have

found it is important that schools stay informed on how to act in hos-

The University Police Department held one of its three active shooter-

training workshops, "Run, Hide, De-

"It gives people information so that

they can make an informed decision about their own safety," said officer

Frank Belcastro. "So it is giving you

options, it's providing you with in-

formation on how to best respond to

see **TRAINING** on page 2

#### WHAT IT MEANS

In North India it is the celebration of King Rama's return to Ayodhya after defeating Ravana.

In South India it is a celebration of the day Lord Krishna defeated the demon Narakasura.

#### HOW DIWALI **IS CELEBRATED:**

Day 1: Devos or "candles" are lit around the house at the beginning of the month.

Day 2: Jewelry or clothing is offered to the women of the family. It is a day for families to respect the women of the house.

Day 3: When the goddess of wealth is honored, families gather, wash coins and other precious metals in water and milk.

Day 4: To celebrate the protection from evil, black cream is put on the eyelids. Other families will celebrate the harvest time and prepare pressed rice.

Day 5: Rangoli (powder art) is created outside of homes at the entryway. This is celebrated with food and family.

Infographic by Kavin Mistry



Kavin Mistry | Spartan Daily

UPD captain Frank Belcastro talks to faculty and students about the plan in the event of an active shooter in Duncan Hall yesterday.

### **OPINION: ANONYUSELESS**

# What does exposing a bunch of Klan members actually accomplish?

By Raphael Stroud @RandomlyRalph

Anonymous released a list of 1000 names of people allegedly affiliated with the Ku Klux Klan, America's favorite bed sheet ghost costume troupe.

Now a long time ago, when most of America was full of belligerent racists, the Klan held a bit of power as white crusaders doing knightly things like lynching black people and burning crosses into lawns. You know. Heroic stuff.

Nowadays, where most of America is tolerant, the Klan is looked at as a reviled joke which, through the power of legislation, are more bark than bite. In the early 1950s a Klansman could kill a black person and get away with it. These days he'd rot in a cell. To me, the Klan does not represent

anything but ignorance. Not fear, nor terror. Just ignorance with healthy doses of hatred and stupidity.

If I saw a guy in white robes walking around San Jose I'd probably laugh at him, along with everyone else, and that's only because I'm assuming my part of San Jose isn't the one where he'd be attacked in broad daylight just for being in public.

So remind me again, what exactly did Anonymous accomplish, besides bullying the bullies?

These days the Klan is just full of disgruntled white guys who bitterly reminisce of the power they used to have. They're weak and pathetic, reduced to essentially being badly dressed protesters with no sense of self awareness on just how ridiculous they are, like the Westboro Baptist Church or the Tea Party.

In the '50s they had sticks and stones, but in the 2000s they only have words. They aren't a threat. These days when you think "racist" people think "conservative politicians" with half the nonsense you hear on the news. When was the last time the KKK has actually committed an act of terror that has left blacks cowering in fear for their lives?

see **HACKTIVISM** on page 4





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this kind of situation in the unlikely event that it occurs."

Belcastro explained the necessary steps that people need to be aware of, should an active shooter situation occur here at SJSU.

"I think this is very important because they can happen anywhere," said business sophomore Linda Nguyen. "I think it should be mandatory for all admin to show in their classes."

With the plan, Belcastro also gave tips on how to prepare students and faculty better in the event that they are stuck in a classroom while the shooter is still roaming the campus.

"If your door in the classroom opens in, take a belt or a wire and tie it to the actuator at the top of the door as a safety lock, the door will not open," Belcastro said. "If your door opens out, turn a table on its side and tie it to the actuator and the door will not open."

Along with the plan, he also talked about the steps UPD is taking to improve communication around campus.

They plan on enhancing the current blue light call boxes by attaching cameras to the top so they can monitor if a situation in the area is dangerous. Belcastro said the system is in the works, but should be on campus soon.

UPD also plans on adding cameras to the exterior of some buildings around campus

because Belcastro said the outside cameras are one of the most useful tools for UPD to see crimes before they go inside.

Belcastro said one important change to the methods of how police respond to shooters that has been a gray area for sometime is what they should do if they encounter an injured person while going after a shooter.

At the moment the police are told to keep going after the shooter and they will come back after to attend to the injury. Belcastro said, however, that in the next six months they will be coming out with a new way to handle these situations.

Medical teams with bulletproof vests will now enter areas that have been declared safe to attend to anyone that is injured while the police keep looking for the shooter.

"This is not to be living in fear that this is going to happen at any moment," said Andres Acevedo, emergency services coordinator for UPD. "Chances are it is not going to happen, but we want people to be aware of it."

The same event will be held for the third time this semester on Wednesday, Nov. 18.

"I'd like them to take away that they need to be prepared, have a plan, and be prepared to act," Belcastro said. "Not going through everyday worrying that it might happen, but to have a plan."

> Kavin Mistry is a Spartan Daily staff writer.

### **VETERAN** from page 1

things in the field."

Ochoa said he liked trying on the gas mask because he had never seen one before and he learned about how it filters in oxygen and releases carbon dioxide while breathing.

The event allowed students to meet individuals who are fighting and have fought for America. Many students showed their appreciation with handshakes and sharing stories.

"I appreciate all that they do and I know they're out there. It's hard," Ochoa said. "I can never imagine myself being there, but, again, I appreciate it. If I had to, I would." The 10 or so veterans at the event made the military real in the eyes of students and reminded them what people should think of on Veterans Day.

Andrew Cypert is a Spartan Daily staff writer.

#### Plan to survive an ACTUBE AC

- Barricade the doors
- Stay as quiet as possible
- Stay out of the shooter's vision
- Call police once it is safe to do so
- FIGHT
  - Only should be done at last resort
  - Be aggressive, do not back down
  - Use something around you as a weapon
  - Fight until you restrict the shooter or unarm them

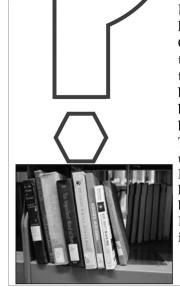
Infographic by Kavin Mistry



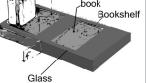
SAN JOSÉ STATE UNIVERSITY

## Winter Session 2016

### Lighten Your Spring Course Load



Luther King, Jr. Library has underground books. On various floors throughout the library there are books that have been entombed into the bottom of the bookshelves. These books lie in underground vaults. Historically these books have been banned or burned. Each book is placed under its respective genre.





Infographic by Kavin Mistry

| SJSU INTERNATIONAL HOUSE PRESENTS THE FALL 2015: | global trivia eue |  |
|--------------------------------------------------|-------------------|--|
| INTERNATIONAL QUIZ                               | Build a team or   |  |
| Departure:                                       | COME ON YOUR OU   |  |
| <b>FRIDAY, NOUEMBER 13TH 1:00-4:00PM</b>         | SJSU TEAMS OF 8   |  |
| Destination:                                     | STUDENTS COMPE    |  |
| <b>DINING COMMONS</b>                            | FOR PRIZES        |  |
| Questions?                                       | THIS EVENT IS     |  |
| (408) 924-6570                                   | WHEELCHAIR        |  |
| IHOUSE(ADSJSU.EDU                                | ACCESSIBLE        |  |
|                                                  |                   |  |

Advance Registration Begins Thursday, October 29

### www.sjsu.edu/winter

# It's raining cats (and dogs)

13th Street Cat Rescue shows off hopeful adoptees



Dakotah Zabroski | Spartan Daily



Dakotah Zabroski | **Spartan Daily** A litter of newborn kittens was shown off during the open house. The kittens stole the spotlight as attendees formed lines to per bottle feed them.

#### By Dakotah Zabroski @DakotahZabroski

On an overcast rainy Sunday, 13th Street Cat Rescue hosted its 10th annual open house for cats looking to be adopted into new homes. Some canines even came by

and said, "hi" to their furry friends.

"The purpose of this event is to raise awareness for what we do here, to give back and show off all the cats," said volunteer Clare Brown. "All the cats here are special needs that can be adopted."

13th Street Cat Rescue also works on con-



Dakotah Zabroski | **Spartan Daily** 

trolling the feral cat population to stop the dire need for cat adoption at the source.

"What 13th street animal rescue does is rescue feral or stray cats and get them neutered and release them back out so they can't overpopulate," said volunteer Alex Greenbank.

There were around 50 animal enthusiasts at the open house and many enjoyed food and appetizers that were either donated or made by volunteers.

People who have been helped by the organization came to the event to show their appreciation.

"13th Street Cat (Rescue) helped us with the feral cats in our neighborhood. We moved in and there was 50 cats there and I didn't know what to do," attendee Clare Despokais said. "They were one of the only groups that called us back. They helped us trap all of them and helped get about 25 of them adopted so we're out here to support them."

The felines received plenty of attention throughout the day and attendees were able to pet the cats and get to know the personality of each potential adoptee.

When the newborn kittens were brought out, it was as if everyone in attendance stopped what they were doing to take a look.

A line of people quickly formed to pet and bottle-feed the kittens. "Aw's" were heard as the kittens mewed and looked adorable.

**A&E** 3

Despokais said she enjoyed the company of others when the kittens were brought out and that was her daughter's favorite part of the event.

"It's really family friendly," Despokais said. "Everyone is reall y nice

to everyone and involved with helping the cats. Everyone is just so friendly."

The staff was delighted to be there and help the cats find a loving owner and new home.

"I never want to leave when I come here. I want to take them all home," Brown said. "My favorite part of the day was spending time with the cats."

New felines come in all the time so the staff is constantly on the lookout to find the cats a better life.

"It's really rewarding. It's very fun," said program manager Joanne Santner. "I love seeing the homes they go to, I love seeing them come from the streets and having a really hard life and then living in a house in Saratoga where they are a loved and cherished family member. It's awesome."

The annual event grows as more people become aware of the organization.

"This event has been growing every year by a large amount of people," Greenbank said. "What it was five years ago is nothing like it is today."

Dakotah Zabroski is a Spartan Daily staff writer.



Video online at youtube.com/spartandailyyt



By Andrew Cypert @audaciousgreen He watches it five times and every time he doesn't understand why a show like this would exist. It turns out the show is the SJSU | COLLEGE OF INTERNATIONAL AND EXTENDED STUDIES

Depression and violence storm the stage when a Filipino family's problems are released to the world in the UCSC Rainbow Theater at Stevenson College.

Since the play is held at UCSC, a lot of the audience members are college students. These students make the energy high at funny moments and intense during violent parts. Snapping, gasps and laughter could be heard throughout the whole show.

But the play, "Boy," written by SJSU creative writing graduate student Steven Domingo isn't a comedy in its entirety. It focuses on a boy's struggle through high school with his sexually and physically abusive father, Basilio, and his drug-dealing cousin, Carlo.

"Being a Filipino-American first generation, I felt it was important to have these roles for people to play in theater so the story can be heard," Domingo said.

Touchy subjects make for uncomfortable feelings during the play, like when Basilio forces himself onto Boy sexually (twice) and when slaps could be heard from backstage of Basilio hitting Boy's mother. But Carlo brings humor to the play with his nonchalant attitude and jokes to add levity to the otherwise heavy subject.

Basilio keeps a gun in the house, which, in the beginning of the play, Carlo takes so he can use it for protection when making his deals. Basilio is furious by this and his rage that will end up being his downfall.

There is some foreshadowing and even more metaphors in this play that some people might not see on the first watch which is what makes this play so interesting. The fact that the main character's name is just Boy shows he isn't very confident in himself and takes abuse when given to him.

"I didn't really even think about that... but yeah. I think overall him being named Boy, I guess, could definitely symbolize how he doesn't matter. He's just thrown down. His parents just don't want him to be his own person and he needs to step up into himself," said Kayanu Hoffman who played Carlo. Hoffman is a UCSC psychology, community and education junior.

Boy watches a show throughout the play of people talking and watching something.

audience. The audience just watches him and allows the abuse to happen.

Boy isn't doing well in school even though he's smart. It's probably because of the influence of Carlo and the intimidation of Basilio. Because of this Basilio punishes Boy by making him balance a dictionary and a Bible on each of his outstretched arms as he recites definitions and Bible verses.

"Boy" has religious undertones that Basilio uses as an excuse for mistreating his son. At the end of the play Boy cries out to God asking why God doesn't protect him. He accuses God of just sitting and watching as the abuse ensues.

This, of course, is another metaphor. The audience is not only the show, but God himself. The members in the stands can't interact with Boy. They can't intervene all of the horrible acts throughout the play. They just have to sit there and watch as it happens.

"Boy" brings up a lot to talk about. It sheds light on a side of families that not everyone might know.

"I think for me, it was very refreshing to be able to connect to it in terms of the traditional values and everything like that, but it's kind of forthcoming because of the fact that we're able to incorporate language," said UCSC alumna Karina Mendez.

The play was well written, the set was incredible, yet the acting made me cringe at times. The lines delivered from Boy and his mother were flat and seemed unemotional at points.

But there are great moments in the play and the addition of Carlo is necessary in order to break up the harsh themes of depression and abuse. This play made me think more than any other play I've seen recently. This is Domingo's first play and he's now working on another that will hopefully exceed this great play.

There will be one more showing on Friday night. General admission is \$12, but students and senior citizens get in for \$10, so bring your family and friends.

Andrew Cypert is a Spartan Daily staff writer.

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### www.sjsu.edu/isss/events/iweek

# 4 OPINION

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Well, two Klan members lynched Michael Donald in Alabama, which resulted in the Klan being sued \$7 million as well as having one of the lynchers executed. Not only that, the Klan was so poor they had to give up their headquarters because they couldn't pay the funds.

That was in 1981, and it was only two members. You'll find scattered, isolated crimes but we're far, far away from a time where a whiterobed mob could ride through town on horseback and harass and abuse anyone who wasn't white through organized activities.

I'm sure Anonymous had "good" intentions with releasing the names.

OK, no they didn't. Here's the problem I have with Anonymous and hacktivism in general: It's just a bunch of decentralized social rejects hopped up on "V for Vendetta" and "1984" who seem to think causing as much chaos as possible actually fixes things. It doesn't. The list is at best a symbolic gesture, at worst an accomplice to a crime.

For a big group that seems to despise authoritarian government and centralized power they sure love to play judge, jury and executioner with the subtlety and nuance of a freight train going through a mall.

What they did wasn't justice, not even in a poetic sense. All they're doing is using fear against a group that— as stupid, ignorant, hateful and vile as they are— is basically ineffectual in modern times. Not only that, quite a few of those names were already public information that anyone with Google or

Twitter could've figured out, like Don Black (founder of Stormfront, a racist website) and David Duke (a former KKK leader, so go figure he's a sympathizer).

In the grand scheme of things releasing a list of names isn't going to make everyone better people, it's not going to stop cops

In releasing those names, Anonymous, with their white masks and black attire and bullying tactics, became the very thing they fought against: a lynch mob.

from shooting people for dumb reasons and it's not going to stop gentrification in the Bay Area. It'll just have a bunch of losers scrambling to torch their white sheets.

In releasing those names, Anonymous, with their white masks and black attire and bullying tactics, became the very thing they fought against: a lynch mob. Dr. Martin Luther King, Jr. said, "It

ames were may be true that the law cannot make a man love me, but it can keep

> him from lynching me, and I think that's pretty important." The Civil Rights Act passed. The movement behind the law changed minds, and it's essentially why the Klan is as

weak as it is today. That didn't happen through bullying or public humiliation and shaming. Anonymous is serving up Klan members to be open to harassment, especially when there's a good chance over half of those members probably haven't even committed a real crime besides being bigoted jerks.

It happened through actual people who weren't afraid to leave their faces unmasked, even when it could get them killed. Through actual people who went toe-to-toe with hatred and countered it with tolerance.

That's the thing that makes me laugh about Anonymous. They're just computers and a misunderstood pop culture reference with no real substance, and no real ability to make a change because they don't get how change works.

All Anonymous did was drag us down to the KKK's level, and meanwhile the stream of subtle, modern racism coded in our society goes on unhacked.

Raphael Stroud is the Spartan Daily executive editor.



Dear Editor,

I am writing to you in response to the articles titled, "Chancellor and faculty clash at forum" and "CFA says yes to strike

authorization with overwhelming vote."

I attended the press conference last Wednesday and was surprised to hear that an overwhelming 94% of faculty members voted yes to authorize a strike against management if they fail to negotiate a 5% increase in salary for all CSU faculty.

I think that all CSU faculty deserves a raise because they are the core of the CSU education system. These are the professors who take on the education system hands on. They have the raw experience of what students need and how to meet their needs.

The forum with Chancellor White was only an hour long and most of the forum was just ramblings. It was clear that he was beating around the bush. He is taking this strike threat very lightly and only sees it as a possibility. Professors are just fighting for what they think is right and what they think they deserve. Professors don't want to strike but they will.

This issue doesn't just effect the faculty, but students as well. It effects our graduation date. Students need teachers to teach classes. With teachers going on strike, who will teach the classes? Management needs to stop filling their pockets and spread the salary around more evenly. Why does faculty have to suffer financially? They have a life and families to feed too.

Sincerely, Amigail Vallarta advertising junior

**Motivational yelling** 

#### By Kavin Mistry @kavinm95

I walk slowly to the clubhouse, I have just pitched the worst outing of my career, made two errors and now I have been called into the coach's office for a "talk."

My feet are trembling, I am sweating and my heart is racing, I am not sure if I want to go in or turn around and run away.

"Kavin! What the hell was that?! I expected so much more out of you! What happened out there? This is unacceptable!" my coach said as I sink into my seat in defeat.

From that day forward, I told myself I would never ever pitch that badly again. I was motivated by the thought of having to sit in that dark room and listen to my coach scream at me for 10 minutes. with the scariest cold, dead, stare. That translates to "mess this up and you will never pitch again," I knew that I had to perform at the highest level possible to avoid the dreaded coaches room.

To be honest, those talks and yelling really made me a better baseball player, I do not believe I would have gotten as far as I did without that extra motivation.

For as long as I have been a part of sports, I have believed the most effective way to make sure a player receives a coach's message and will change their behavior is through getting in a player's face. However, that is not how all coaches go

about their coaching style. At the University of Oregon, their football coaches do not believe in yelling. "It's not about who can scream the loudest," said Oregon head coach Mark Helfrich to the Wall Street Journal. minds of their players because it is very difficult to respond to repeated yelling. That brings to light an interest-

ing side of the argument: despite the success of in-yourface screaming, outright screaming at a whole team is not as effective because you tend not listen to what the coach is saying.

Many times I have had to sit through a team lecture when the head coach would have us all sit down and he would just yell at us. While he was attempting to get his point across about what we were doing wrong as a team, my teammates and I would tune out the incessant yelling.

Despite these useless talks, the team screaming matches seem effective in only one situation, pregame speeches I will still get chills when I hear the coach yell the cliché phrase, "Today boys, we have the chance to do something great. You have the chance to go out there and be apart of history at this school. You can do something nobody else has even had the chance to do. Now get out there and bring home that win!" It is so often used, but that speech, when given in the context of your team when you have a chance to make history, is the best feeling in sports. Something you will never feel if the coach said it in a calm voice.

is a myth that needs to be put to rest. I agree; the horror, fright and constant

reminder of what you might face if you do something wrong is one of the most effective ways to motivate

an athlete. I have encountered a similar situation in the classroom. At the beginning of this semester, after my third article

got published in the Spartan Daily, I received an absolute scolding from my adviser in front of everyone because it was "the worst thing I have seen in the past five years!"

I felt ashamed and embarrassed, but I took what he said to heart and knew what I would be in for if I wrote anything similar to that again.

His words gave me the motivation to prove to him and all the other people I was working with that I was better than what was written in that article.

### Tuesday, November 10, 2015

After I received the a—-kicking of a lifetime, every time I took the mound in front of that coach he would stare at me

These coaches believe that constant yelling will not ingrain the message into the



spartandaily@gmail.com

Letters to the Editor may be placed in the letters to the editor box in the Spartan Daily office in Dwight Bentel Hall, Room 209, sent by fax to (408) 924-3282, emailed to spartandaily@gmail.com or written to the Spartan Daily Opinion Editor, 1 Washington Square, San Jose, Ca, 95192-0149. Letters to the Editor must contain the author's name, year and major. Only letters of 300 words or less will be considered for publication. Letters may be edited for spelling and clarity by Spartan Daily editors prior to publication. Published opinions and advertisements do not necessarily reflect the views of the Spartan Daily, the School of Journalism and Mass Communication or SJSU. The Spartan Daily is a public forum.

The idea that tough, hard-nosed, in-yourface screaming is ineffective and distasteful

That is a feeling I might not have had, if he didn't handle it in that way.

This situation has helped me become a much stronger writer.

Above all, the yelling technique used by coaches all over the world can be effective or ineffective depending on the athlete receiving the scolding of a lifetime.

Kavin Mistry is a Spartan Daily staff writer.



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# College drinkers beware, alcohol is not a game

By Jovanni Arroyo-Camberos @Jovanniarroyo10

The transition from high school to college is seen as a time when young adults begin to recognize that are now free from their parents and can bypass sneaking alcohol late at night for a party.

College drinking is a gateway to alcoholism and it's becoming a problem with underage drinking at tailgates. It needs to be stopped.

According to a study from the National Center for Biotechnology Information, the transition from high school to college is a critical period for developing college drinking habits.

High school students are more likely to carry drinking habits into college where they can progress into bigger problems.

About 20 percent of college students meet the criteria for alcohol use disorder, a condition characterized by the harmful consequences of repeated alcohol use.

In 2005 a reported 1,825 college students between the ages of 18-24 died from alcohol related, unintentional injuries, including car accidents, according to the National Center for Biotechnology Information.

The San Jose State tailgating policy currently states a section of the South Campus is reserved for tailgates, and while drinking is allowed in the tailgate area, alcohol consumption laws apply.

Although these laws and regulations are set, they are not policed effectively.

According to the Indiana Prevention Resource Center, 90 percent of college students sampled by the University of Toledo's study of football games had measurable alcohol in their blood.

According to the latest SJSU institutional effectiveness and analytics report, 23 percent of its students are 19 years old and younger.

This means that 23 percent of the student population on campus is open to experiencing tailgates and underage drinking in college.

Drinking at a young age has been a problem in the U.S. Although we do have laws that prevent anyone under

**FOLLOW US ON** INSTAGRAM **@SPARTANDAILY**  the age of 21 from drinking, we see underage drinking across the nation.

According to a report by Roisin O'Connor and Craig Colder from the University of Buffalo, 15-25 percent of college students engage in heavy or problematic drinking.

> Several drinking patterns are red flags for alcoholism including binge drinking, the inability to have just one to two drinks, obsessing about alcohol and rotating social life around alcohol, according to an article by

Sarah Benton from Psychology Today. Binge drinking is a popular form of drinking in college. But drinking this way poses serious health and safety concerns for college students over the long term.

According to the National institution of Alcohol Abuse and Alcoholism, many college problems are related to binge drinking, a pattern that brings blood alcohol con-

and underage drinking is going

to happen. At Chico State we

had the same problem, they

happen regardless."

tried to crack down on under-

**Odell Sallis** 

age drinking, but it was going to

centration (BAC) levels to 0.08 g/dl.

**OPINION** 5

This form of drinking occurs after four drinks for women and five for men in about two hours.

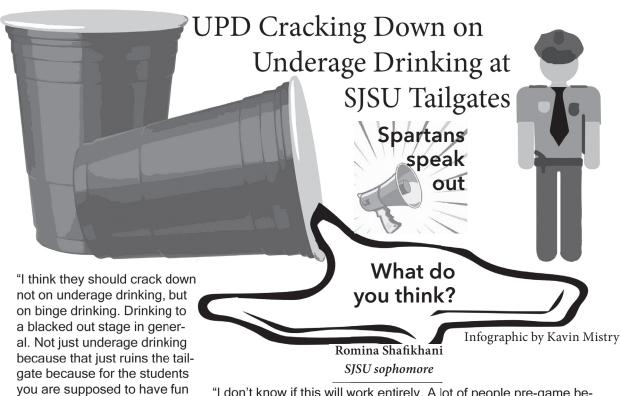
Drinking comes with its own risks and consequences that students confront every time they take a sip of alcohol.

SISU has programs geared to educating students about the dangers of alcoholism. Programs such as AlcoholEdu, alcohol workshops and alcohol consultations provide tools for students.

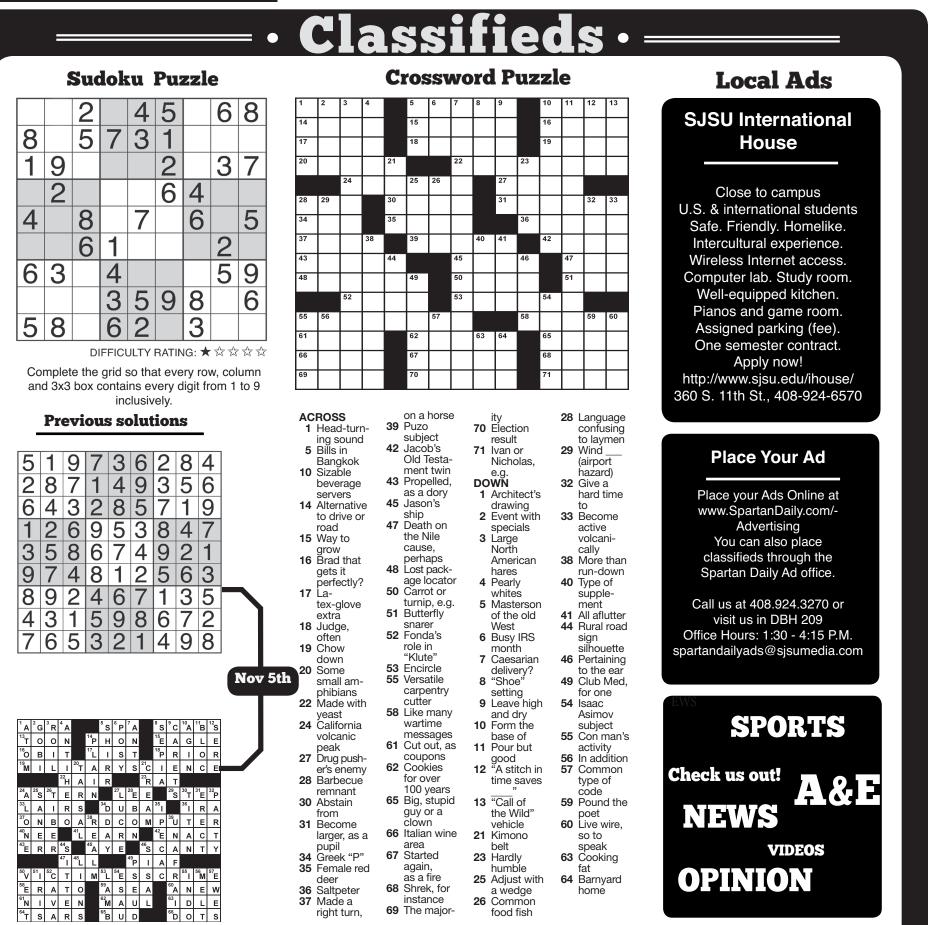
Tailgating offers college students an open door to drinking. They are more at risk of carrying alcoholic problems and having that behavior stay with them later in life.

If college students do not control their drinking habits, there will be an increase in alcoholism rates in the U.S.

> Jovanni Arroyo-Camberos is a Spartan Daily staff writer.



"I don't know if this will work entirely. A lot of people pre-game before even coming near the stadium, and it's almost impossible to stop students from underage drinking on their own. In addition, there are a handful of 21 year olds that drink at the tailgate itself which makes it even more difficult to distinguish who's underage. I'm sure UPD's intentions are good, but forcing a college tradition to come to a close will not be popular. It's inevitable that in college there will be underage drinking, isn't it better if it's closer to the destination so that people can avoid drunk driving? This doesn't affect me necessarily, because I Chico State business marketing major don't like football and rarely go to tailgating events."





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# **Spartans claim Mountain West title**

By Kavin Mistry & Jovanni Arroyo-Camberos @ kavinm95 @ Jovanniarroyo10

This weekend, SJSU women's soccer became the first sports team in SJSU history to win a Mountain West championship since the school joined the conference in 2013.

With the victory the Spartans receive an automatic bet to the NCAA tournament that begins Nov. 13.

SJSU defeated the San Diego State Aztecs 1-1 (4-2) in penalty kicks late Saturday night in San Diego to clinch the Mountain West Conference title.

"It's pretty phenomenal what these girls did all year long," said head coach Lauren Hanson to Mountain West reporters. "For our team it was just awesome. They believed all the way through, you know? We said it last game and they continued to believe all the way to this game."

SJSU (10-7-4) entered the match against top seed

SDSU (15-4-1) with a victory in Thursday's semi-final match against the New Mexico Lobos.

6 **SPORTS** 

The Spartans won the match in a penalty shootout that set up the team for a showdown against the Aztecs in the Mountain West Championship.

The Aztecs started early when SDSU midfielder Milan Moses scored the first goal of the match in the eighth minute of regulation. SJSU answered back late in the match with only 45 seconds left to play on a penalty kick from freshman forward Darriell Franklin.

"I was very nervous, but I had to keep myself composed and know that I am doing it for the team," Franklin said to reporters.

The penalty sent both teams to sudden-death overtime where they battled for 20 minutes until going to the second set of penalty shootouts.

"They worked their tails off all game long to try and keep the ball and stick to the game plan, but at the last second you get that



goal and it's a great momentum for your team," Hanson said.

SJSU freshman goalkeeper Paige Simoneau saved the Spartans with one crucial save that won the title after being in the conference for only three years.

"I honestly think our team has something they don't," senior goalkeeper Zoe Makrigiannis said to reporters before the game. "Heart. And we believe in it."

Simoneau earned the tournament's most valuable player award after leading the Spartans with back-toback penalty shootout victories in the tournament.

The freshman goalkeeper didn't play in the tournament, but was subbed into both the semi-final and championship game to block a total of three penalty kicks.

"Every single one of them had no doubt that

we were going to win this," Hanson said. "From the very beginning that we started conference play... phenomenal team effort and they were a true team."

The Spartans ended the night with three all-tournament players to add to the list of celebrations.

SJSU defender Claire Berkley, goalkeeper Simoneau and forward Franklin won the honors.

"Cinderella story," Hanson said. "Dreams do come true."

The Spartans' next game will be in the NCAA tournament against the top seed Stanford Cardinal at Cagan Stadium on Nov. 13 at 7 p.m.

Kavin Mistry and Jovanni Arroyo-Camberos are Spartan Daily staff writers.

## SJSU falls short in final seconds against BYU



Kavin Mistry | Spartan Daily

Junior quarterback Kenny Potter lays out for a first down against the BYU Cougars at Spartan Stadium on Friday. Potter had 20 rushing yards in the game, six of which came on a touchdown run in the fourth guarter.

tans with great field position though the offense was unable to capitalize.

The victory extended the Cougars' winning streak to five games, but the Spartans have yet to win back-to-back games this season.

Drawing first blood, the Spartans drove 59 yards with Potter completing 3-of-4 passes for 36 yards on the opening drive.

SISU had to settle for a 31-yard field goal from Austin Lopez, who gave SJSU a 3-0 lead with 10:07 remaining in the first quarter.

"We didn't capitalize on a couple things. That held us back," Potter said. "This shows that we can play with anybody and we believed that from the start."

Potter completed 18-of-25 passes for 147 yards while Freeman led SJSU with six receptions for 67 vards.

tion late in the first half.

After breaking up a pass in the endzone, Cleveland Wallace III intercepted Mangum's pass on the following play, returning it 61-yards for a touchdown and cutting BYU's lead to 14-10 with 21 seconds remaining in the first half.

"The coaches made an amazing call and they did what we thought they were going to do and their quarterback was a little inaccurate with the throw," Wallace III said about the interception. "Our confidence as a team never wavered because we know it's going to be a dogfight for four quarters."

The Spartan defense was resilient in its pass rush, registering two sacks in the first half and stopping the Cougars from advancing their drive.

SISU held the Cougars to 36 rushing yards, its lowest total against any opponent this season.





Kenny Potter slipped out of the pocket and dove just inside the pile for a six-yard touchdown to pull the Spartans within one point of the BYU Cougars with 45 seconds remaining in Saturday's game.

Trailing 17-16 after Potter's touchdown, San Jose State head coach Ron Caragher decided to go for a two-point conversion to win the game instead of kicking a PAT to force a potential overtime.

The plan backfired and the Spartans fell to the Cougars 17-16 at Spartan Stadium.

"In an overtime game you get into a battle of kicking games and right now we are OK there, but not stellar and I did not want it to come down to that," Caragher said. "I felt like we had some momentum and we had them on their heels and lets deliver the knockout punch. I play to win the game."

In the unsuccessful two-point conversion play, running back Tyler Ervin took a handoff from Potter and passed it into the endzone for tight end Billy Freeman.

"We practiced the play throughout Fall camp and we thought would work in the way Tyler draws the attention of the defense," Caragher said. "I won't kick myself. I feel it was the right thing and I would do it again."

Ervin led the team with 80 rushing yards and 188 all-purpose yards, but was held scoreless for the second time this season. Ervin also averaged 31.7 yards per kick return for the game, providing the Spar-

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SJSU SAN JOSÉ STATE UNIVERSITY

"He is really versatile because he can block well, catch and run after that catch," Potter said about Freeman. "It's tough to come by a tight end that can run block and run good routes."

BYU quarterback Tanner Mangum completed seven of his first nine passes on the night, including a 4-yard touchdown reception by Mitch Mathews, which gave BYU a 7-3 lead midway through the first quarter.

Mangum completed 23-of-37 passes for 293 yards, but threw a costly intercep-

The Spartans will travel to Reno to take on the University of Nevada Wolfpack on Saturday in a Mountain West Conference showdown.

"As much of a heart breaker this is, we need to keep this momentum of playing well and carry it into playing Mountain West Conference games," Caragher said.

> Matthew Dziak is a Spartan Daily staff writer.

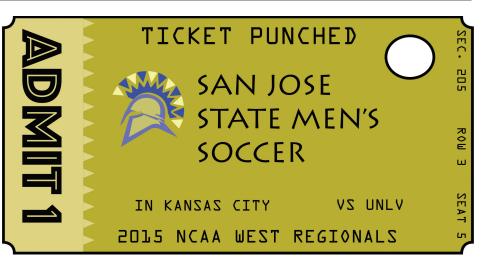


Illustration by Kavin Mistry

#### By Dakotah Zabroski @DakotahZabroski

With a win over the California State Bakersfield Roadrunners, the San Jose State men's soccer team has secured a spot in the Western Athletic Conference tournament. SJSU finished 6-10-2 overall with a 4-4-2 conference record, good enough to secure a sixth seed.

The Spartans will take on the third seed UNLV Rebels, who finished 106-1 overall and 4-4-1 in the WAC, on Nov. 12.

The match-up will have two of the top three scorers in the WAC facing off against each other.

Spartans forward Rory Knibbs will look to make his presence felt as he is currently fourth in the WAC with 11 goals scored. Knibbs UNLV counterpart is forward Danny Musovski, who leads the conference in goals scored with 14. Musovski also leads the WAC with seven

game-winning goals.

Both goalkeepers are evenly matched.

Spartan keeper Emmanuel Espinoza ranks fifth in most goals saved at 0.742 percent. He stands just above UNLV keeper Richard Garness, who is sixth overall with a 0.730 save percentage.

The winner of the game will face off against No. 2 seed Utah Valley on Nov. 13.

Dakotah Zabroski is a Spartan Daily staff writer.