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PHOTO BY LAUREN SAGAR/ STAFF PHOTOGRAPHER

Lisa Gilliland, a graduate student majoring in nutrition, informs Mrinal Mathur, a graduate student majoring in nutritional science, how much sugar is in some of the drinks at Starbucks on Tuesday at the Nutrition Fair in the Student Union.

Nutrition fair doles out free food, facts

CARLA MANCEBO
STAFF WRITER

About 200 students gathered at the annual Nutrition Education Action Team's Nutrition Fair yesterday to learn about the importance of a healthy diet and lifestyle and partake in

the free bottled water, Kashi food bars and home-made whole grain muffins the action team provided.

"We came because there was free food," said Eric Groza, a senior majoring in graphic design. "But then we ended up learning some things."

Students crowded around the 16 nutrition

booths that lined the walls on the main level of the Student Union. Each contained information on various health issues that pertain to college life, such as the amount of saturated fat in fast food and the high sugar content in soda and energy drinks.

see FAIR, page 3

Mayor wants clubs to pay

CARLA MANCEBO
STAFF WRITER

San Jose plans to tap businesses for new fees to help address the city's budget deficit, Mayor Chuck Reed said in his first State of City address and budget message. In a 22-minute address dominated by fiscal themes, Reed vowed to raise revenues, improve municipal efficiency and limit expenditures.

Reed said the city will ask nightclubs to cover the cost of policing downtown's entertainment zone. It will also encourage businesses in retail zones to organize self-assessment districts to pay for improvements and services in those areas.

"Property owners can help," Reed said. "Many owners along Lincoln Avenue and downtown are willing to help pay for cleaner sidewalks and streets through a Property-Based Business Improvement District. We need to facilitate those efforts."

On Friday, the San Jose Downtown Association's board of directors voted to move ahead with a petition drive to implement an improvement district downtown. Property owners indicated their willingness — in responses to a downtown association survey — to pay extra fees for sidewalk scrubbing and "ambassadors" who would roam downtown streets providing directions and information to visitors, association president Art Bernstein said.

"The downtown association recognizes that in addition to our efforts to make downtown businesses successful, we also need additional efforts to make downtown attractive," Bernstein said.

Business operators in downtown San Jose's Business Improvement District already pay assessments to the city in that district, which was organized 20 years ago by local merchants and professionals, Bernstein said. The downtown association manages the district-funded activities, which include the Music in the Park free concert series and the holiday season

see CITY, page 3

A.S. candidates talk in forum

SAMIE HARTLEY
STAFF WRITER



PHOTO BY LAUREN SAGAR/ STAFF PHOTOGRAPHER

Jessica Hernandez, the SHIFT candidate for vice president, talks about her views at the Candidate Forum on Monday at the Student Union Amphitheater.

Students running for positions on the Associated Students governing council engaged in a discussion about their desires to serve the study body during the Candidate Crossfire yesterday afternoon.

During the two-hour forum, 18 of the 26 candidates took turns answering questions about issues they might have to address if elected. Not all candidates were able to attend the forum due to "academic commitments," said Savander Parker, the forum moderator.

Each student answered two questions posed by Parker, and candidates also answered inquiries from the audience, which consisted of 14 students and faculty — none of whom stayed for the entire forum.

Genna Birman, a sophomore majoring in

see FORUM, page 5

Woman of Year award goes to SJSU counselor

KIMBERLY LIEN
STAFF WRITER

Wiggys Sivertsen, director of Counseling Services at San Jose State University, was recently named Woman of the Year by Assemblyman Ira Ruskin, D-Redwood City.

On March 5, Sivertsen was honored at the 20th Anniversary of the Woman of the Year ceremony. She and other "Women of the Year" were each announced and presented with their awards by their respective Assembly member or state Senator.

Sivertsen said she received a personal phone call from Ruskin informing her of the recognition she would receive as part of the legislature's celebration of Women's History Month.

"Frankly, I was a little stunned by it," Sivertsen said. "Because I was in New Jersey at my brother-in-law's funeral."

Ruskin and Sivertsen had already been acquainted through Sivertsen's activism in the gay, lesbian, bisexual and transgender community.

"I do a lot of gay politics," Sivertsen said. "We knew each other."

Sivertsen has been a part of the SJSU community for 39 years.

"I started here after graduate school in 1967," Sivertsen said.

"That dates me a bit."

In her time at SJSU, she has worked in the Counseling Services with students from all walks of life, preferring not to specialize in any one type of counseling.

"I don't want to be a one-stop shop," Sivertsen said. "I think it keeps me more well-rounded. We don't live in a gay world. We don't live in a straight world."

After being fired from a day care treatment program, Sivertsen said she came to SJSU and became involved with gay activism.

"I worked with Paul Wysocki," Sivertsen said, "and we started the Gay People's Union."

According to her vitae, Sivertsen founded the Open Mind Network, Inc., or OMNI in 1995. The organization is dedicated to educating other organizations about the gay, lesbian, bisexual and transgender community.

She is also the founder of Advocates for Lesbian, Gay and Bisexual Youth — a legal representation group for youths who have been discriminated against in the school system — and the co-founder of the Bay Area Municipal Elections Committee Lesbian and Gay Political Action Group.

"The department is very proud of her," said Blanca Escoto, assistant to the director of counseling services. "Her caring for the stu-

see AWARD, page 6



PHOTO BY STEPHANIA BEDNAR/ STAFF PHOTOGRAPHER

Wiggys Sivertsen, the director of Counseling Services, sits in front of her famous Unite flag displaying her pin collection of many years.

Program sees higher participation than expected

Yael Reed Wachspres
STAFF WRITER

The Spartan Walkers officially trekked onto campus on February 22, promoting physical fitness amid San Jose State University students, faculty, alumni and the community.

The Spartan Walkers program is designed to challenge people on an individual basis with encouragement to take the stairs as opposed to an elevator.

It is free to become a participant of the Spartan Walkers, to sign up simply log onto sjsu.pyrasports.com and create a new account.

"It's completely an individual thing," said Cyrus Mansoor, a senior majoring in marketing. "It is to promote people being active and to get them walking around."

"The program is an individual online tracking system," said Nicole Hagar, the fitness and activities coordinator at SJSU.

After registering to be a part of the program, walkers are encouraged to wear a pedometer during the day, which keeps a record of the number steps walked.

"I put mine on the second I wake up until the minute I go to sleep," Hagar said.

Hagar said the campus recreation department went through 100 pedometers

in the first three days of the program. This surpassed the number the department had planned to give out, and are currently trying to muster up some more.

According to the Department of Health and Human Services the President's Council on Physical Fitness and Sports feels the time is right to send a more proactive message to Americans about the importance of making physical activity, fitness and sports a regular part of their daily schedule.

Among others, everyone in the Associated Students office building has been wearing pedometers and has been highly competitive in counting the amount of steps being walked.

"I think it's cool," said Randy Saffold SJSU's campus recreation manager.

"I've been counting my steps and wearing my pedometer."

The competition in the Associated Students building motivated Saffold who was averaging about 5,000 steps a day, when the online recommendation for the number of steps to walk is 10,000 a day.

Saffold then got his steps up by walking instead of driving and becoming more active in his daily activities.

He said that he has also lost about 10 pounds since joining the Spartan Walker program.

"It really does make a difference," Saffold said. "We're campus fitness so

see WALKERS, page 6

A good name, like good will, is got
by many actions and lost by one.
— Lord Jeffery

I PRETEND TO KNOW WHAT I'M TALKING ABOUT:

Professional sports team owners need to be strict against substance abuse

In an era where you can get anything you could ever want delivered right to your doorstep, it shouldn't have surprised me.

But it did.

Steroids—in the mail?

People get their movies, prescriptions, and can even buy a car online, but steroids? Couldn't you at least pretend to workout a little and go walk somewhere to buy them?

It's baseball season again and instead of ESPN personalities like Peter Gammons talking about who's going to win the World Series, we're talking about steroids, again.

According to the South Florida Sun-Sentinel, authorities have busted open a nationwide steroid ring based in Orlando that has implicated several Palm Beach County, Florida anti-aging clinics for allegedly providing steroids through the mail to clients across the nation.

According to a FOXNews.com article, the investigation started in New York which was then linked to a Florida-based operation.

"I understand that the involvement of athletes and celebrities makes this a sexy story," Albany County District Attorney David Soares said. "But I assure you we are not, at this point, we are not concerned with the celebrity factor. Our focus here is to shut down distribution channels."



GREG LYDON

Anytime the feds get involved with steroids they only go after the distribution channels, which is fine, but baseball has yet another public relations nightmare on its hands.

Several prominent names were on the ring's mailing list including former WWE wrestler and United States Olympic gold medalist Kurt Angle and baseball player Gary Matthews Jr.

The white-hot steroid spotlight has moved away from San Francisco Giants slugger Barry Bonds and focused in on Matthews Jr., who is currently playing for the Los Angeles Angels of Anaheim.

According to a baseball.suite101.com article, Matthews is a longtime role player who enjoyed a breakout

season with the Texas Rangers in 2006, then signed a \$50 million, five-year contract with the Angels in November.

According to Mlb.com, Matthews Jr. is just a career .263 hitter, but last year hit .313, and set career highs

"People get their movies, prescriptions, and can even buy a car online, but steroids? Couldn't you at least pretend to workout a little and go walk somewhere to buy them?"

in homers (19) and RBIs (79) and made the American League All-Star team.

Matthews Jr. cashed in on his career season but now his big money contract may be in jeopardy.

It's tough as a baseball fan to tell when a player has

a breakout season should we give him an award and pay him, or ask him what's he's taking?

According to an ESPN.com article last week, Angels owner Arte Moreno may void the contract of Matthews Jr. if he doesn't step-up and address the ugly situation.

I'm a Giants fan and it's very hard for me to say anything positive about the Angels since they ripped my heart out in the World Series a couple years back, but I applaud the way Moreno is handling the issue.

Major League Baseball Commissioner Bud Selig kept his head in the sand during the steroid rampant era of the late '90s, but an owner putting his foot down finally displays a positive example to get the players to stop cheating and to just play baseball.

Greg Lydon is a Daily Copy Editor. "I Pretend to Know What I'm Talking About" appears every other Wednesday.

SPARTA GUIDE

Write letters to the editor and submit Sparta Guide information online. Visit our Web site at www.thespartandaily.com. You may also submit information in writing to DBH 209.

Sparta Guide is provided free of charge to students, faculty and staff members. The deadline for entries is noon, three working days before the desired publication date. Space restrictions may require editing of submissions. Entries are printed in the order in which they are received.

Today

Women's Weekly Discussion Group

Join Counseling Services for their Women's Weekly Discussion Group from 1 to 2:20 p.m. in the Administration building, room 201. For more information, contact Beverly Floresca at (408) 924-5910.

Juggling Roles

Join Counseling Services for Juggling Roles: School, Job, Family, Friends — Can You Have It All? The event will take place from 2 to 3 p.m. in the Student Services building, room 604. For more information, contact Deanna Peck at (408) 924-5910.

A.S. Board Of Directors Meeting

Associated Students is having its board of directors meeting at 3 p.m. in the Student Union, Olhone room. For more information, contact Jessica Hernandez at jhernandez@as.sjsu.edu.

FMA Meeting - Becker CPA Review

Join the Financial Management Association for the Becker CPA Review from 4:30 to 5:30 p.m. in the Boccardo Business Complex, room 004. For more information, e-mail president.fma@gmail.com.

QTIP

The Queers Thoughtfully Interrupting Prejudice will be holding its general meeting from 5:30 to 6:30 p.m. in the Student Union Almaden room. For more information, e-mail mastavic@mastavic.com.

Dateline Mongolia

Join Global Conversations for Dateline Mongolia: An American Journalist in Nomad's Land at 7 p.m. in the Dr. Martin Luther King, Jr. Library, room 225. For more information, contact Cesar Serrano at (408) 460-8686.

Thursday

Silicon Valley Leaders Symposium

Come to SJSU's 150th Anniversary Deans' Speaker Series: Silicon Valley Leaders Symposium with guest speaker, Kenneth Fong, chairman of Kenson Ventures, LLC. The event will take place from 12 to 1 p.m. in the Engineering building, room 189. For more information, contact Ahmed Hambaba ahmed.hambaba@sjsu.edu.

Cage The Rage!

Join Counseling Services for Cage The Rage! from 1 to 2 p.m. in the Administrations building, room 201. For more information, contact Kell Fujimoto at (408) 924-5910.

SJSU Catholic Campus Ministry

The SJSU Catholic Campus Ministry will be holding the Alpha Omega Student Fellowship at 8 p.m. in the SJSU Catholic Campus Ministry D Lounge. For more information, contact Kay Polintan at (408) 938-1610.

Acts 2 Christian Fellowship

Acts 2 Christian Fellowship has weekly Bible Studies at 7:30 p.m. in the Student Union Guadalupe room. For more information, contact Justin Foon at (415) 786-9873.

The Vagina Monologues

A production of Eve Ensler's "The Vagina Monologues" is being presented by the SJSU Women's Resource Center. The doors open at 6 p.m. and is in the Morris Daily Auditorium. Student, faculty and staff presale tickets with ID is \$10 and \$12 at the door. For more information, call (408) 924-6500.

Campus Crusade For Christ

Students from all walks of life find fellowship, cutting edge music, dynamic Biblical instruction and a closer walk with Jesus in the Spartan Memorial at 8 p.m. For more information, contact Natalie Hill at (559) 230-7659.

GUEST COLUMN:

The top two paid jobs for women?

I was trying to refrain from adding to the Spartan Daily's current outburst of feminism, but it's Women's History Month, so why not keep the party going?

The top two professions that women make more money than men are: the adult entertainment industry and high fashion modeling. Susana Gallardo, my women's studies professor informed students during lecture in February.

Arguably, I wouldn't put this revelation past her.

It's no secret that a woman's sexuality can sell just about anything, even TrimSpa baby! (May Anna Nicole Smith rest in peace, once they decide on a destination for her corpse ...)

And wasn't it rapper Kanye West, who said during an interview for Essence Magazine in 2006, good thing for multi-ethnic girls, or else who would we get to dance in our music videos?

It is widely debatable, but the porn industry falls somewhere between a \$1 billion and \$14 billion industry per year.

In an article by Pamela White for Boulder Weekly, called "A Matter of Taste," White interviewed Julian Rios — a male porn star who makes \$100,000 a year.

Rios said that predominantly the adult entertainment industry's audience is male, but the women sell the product and make the money.

Hoover's, a company that provides business information online, reported that Jenna Jameson, a popular figure in the adult entertainment industry, made \$30 million in sales in 2005 for her entertainment management company Club Jenna.

Rios said that although men do most of the work in the industry, women make more money.

Rios also added that he's had chlamydia twice and gonorrhea once.

On that note, lets explore the modeling industry.

The lives of stick figured women who indulge in grapes and laxatives while stumbling down the runway creating poor stereotypes of women.

These days top models aren't even healthy enough to strut their stuff to the end of the runway to strike a pose.

22-year-old Uruguayan model Luisel Ramos died in August of 2006, during Fashion Week in Montevideo after reportedly going several days without eating.

I'm wondering, at what point between Monday

and the catwalk should the thought have occurred to her to have a sandwich? A chicken wing? A mint, perhaps?

In 2006, Ana Carolina Reston, a Brazilian model died at the age of 21 because of her struggle with the disease anorexia nervosa. Reston was 5-foot-8-inches tall and weighed 88 pounds when she died. She reportedly was on a diet of only apples and tomatoes.

The things we do for money ...

According to Web sites www.fashionschools.com and www.modeladvice.com, top glamour super models get paid \$10,000 a gig and can make up to \$150,000 in a year, or more.

Education not required.

Well this is encouraging, if this writing thing doesn't work out, at least now I know I have options.

It's a shame that in 2007, women on an average, still only make 75 cents to every man's dollar, according to the Bureau of Labor Statistics.

"It's a shame that in 2007, women on an average still only make 75 cents to every man's dollar ..."

The two clumps of fat that women stuff into their brassiere every morning is not enough to fill the wage gap. However, it is enough to fill out an application for the Hooters restaurant opening up in Fremont.

On Feb. 12, 2007, Asmita Prasad posted a blog on www.womenlifestyle.com that reported the salaries of college-educated have increased — up by 34.4 percent since 1974 in comparison to 21.7 percent for male graduates — according to Catalyst, a New York-based research group.

In the age group of 20 to 30-somethings, women hold more college degrees than men.

Women also dominated the more lucrative professional courses making up more than half of the student population in medical and law courses.

So ladies, there is progress being made.

And while a career in porn is probably a good way to get into shape to walk the runway, we have so much more to offer.

Yael Reed Wachspress is a Spartan Daily staff writer. Guest columns appear every Tuesday and Wednesday.

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Adam Browne, Teresa Hou, Lalee Sadigji, Matthew Zane

STAFF PHOTOGRAPHERS

Stephanie Bednar, Lauren Sagar, Hanna Thrasher

THE SPARTAN DAILY | ONE WASHINGTON SQUARE

SAN JOSE, CA 95192

(408) 924-3281 | SPARTANDAILY@CASA.SJSU.EDU

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ADVERTISING STAFF

Cris Aquino, Gilbert Fletcher, Kyle Fogarty, Shelby Jones, Ryan Mendoza, Alfredo Moreno, David Nguyen, Tuan Nguyen, Tomoyo Ohashi, Christina Rozul, Randal Sibley

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Readers are encouraged to express themselves on the Opinion page with a letter to the editor.

A letter to the editor is a response to an issue or a point of view that has appeared in the Spartan Daily.

Only letters between 200 to 400 words will be considered for publication.

Submissions become property of the Spartan Daily and may be edited for clarity, grammar, libel and length. Submissions must contain the author's name, address, phone number, signature and major.

Submissions may be placed in the Letters to the Editor box at the Spartan Daily office in Dwight Bentel Hall, Room 209, sent by fax to (408) 924-3282, e-mail at spartandaily@casa.sjsu.edu or mailed to the Spartan Daily Opinion Editor, School of Journalism and Mass Communications, San Jose State University, One Washington Square, San Jose, CA 95192-0149.

Editorials are written by and are the consensus of the Spartan Daily editors, not the staff.

Published opinions and advertisements do not necessarily reflect the views of the Spartan Daily, the School of Journalism and Mass Communications or SJSU.

25 agencies attend justice fair

ROSSA DOÑO

STAFF WRITER

More than 25 different agencies attended the 2007 Justice Studies Career and Internship Fair in the Student Union yesterday.

"I'm here for potential job opportunities," said Brenda Dinapoli, a senior majoring in justice studies. "I'm graduating, so it's more important to find a job now."

"I don't really know exactly what I want to do, so I'll go around, talk to each table, find out what they do and if I find it interesting, I'll get their information and call them up for an interview."

Agencies ranging in fields from police departments, law schools, probation, security and government services set up their tables and spoke to students about what they were about and what positions they were recruiting for.

Maggie Ochoa, a pretrial officer from the County of Santa Clara said she is looking for part-time pretrial technicians and service officers.

"In the future we have openings our part-timers are encouraged to apply to," Ochoa said. "They take a test through the county and if they score high enough they can get the job. A lot of our pretrial officers come out of part-time."

While some students walked straight to the table of the agency they were interested in, other students walked around to see what the different agencies could offer.

"It's a way to get all your information in one place," said Bryan Glick, a sophomore major-

ing in justice studies.

Justin De Oliveira a senior also majoring in justice studies explained that the fair is a good opportunity to look into both local and federal jobs.

"It's good to get face-time too, instead of communicating through e-mail or a Web page," De Oliveira said.

Sarah Daley, a government services director of recruitment, said that her company has been going to all the major California universities to recruit for her company.

"We've had a lot of fun college recruiting," Daley said. "This is our first year (recruiting) and we're expanding our work force by about 800 this year."

Daley said that Kröll, the company she works for is looking for investigators to conduct background checks, and people who might want to work for the state department stating that it's convenient for students because they'd work from home.

"Half the time the investigators will be out in business dress talking to people in the business world," Daley said. "And the other half they'll be at home in their pajamas, typing things into the computer."

Handing out bags to students to put their handouts in, Nikky Gutierrez, a resource analyst for the justice department, said that the department puts on a fair every spring.

"We try to get as much variety as we can," said Gutierrez, "but our turnout depends on the agencies that are recruiting at the time."

Agencies

List of 2007 Justice Studies Career/ Internship Fair recruiters

- Office of Pretrial Services, Santa Clara County
- Antioch Police Department
- Lincoln Law School of San Jose
- Office of the Public Defender, Investigations, Santa Clara County
- Santa Clara Police Department
- Milpitas Police Department
- Sheriff's Department, San Francisco County
- Office of the District Attorney, Santa Cruz County
- San Leandro Police Department
- CSU Police - San Jose
- Sheriff's Department, Santa Clara County
- Alcoholic Beverage Control
- San Francisco Police Department
- Probation Department, Alameda County
- Salinas Police Department
- Probation Department, San Benito County
- Federal Bureau Of Prisons, FCI Dublin
- San Mateo Police Department
- Landmark Protection Inc.
- Superior Court, Santa Clara County
- United States Marshals Service
- Kröll Government Services
- Securitas Security Services USA, Inc.
- Target Stores
- Santa Rosa Police Department
- California Department of Motor Vehicles
- San Jose Police Department
- Oakland Police Department
- Justice Corps
- Department of Corrections, Santa Clara County

City- 'Can't impose that cost,' owners say

Continued from page 1

outdoor ice rink.

A property-based business improvement district would require property owners rather than tenants to pay the extra fee.

The proposed district's boundaries would include a block of San Jose State University on Fourth Street. The university, however, will not be required to pay because it doesn't pay property tax, Bernstein said. Instead, the association would look to the university for "good neighbor" contributions to the planned improvement district.

A petition signed by those paying more than half of the proposed assessments and a vote of the property owners in the proposed district must happen before the property-based improvement district initiative reaches the city council, Bernstein said.

"It takes an act of the city council" to implement the improvement district, he said.

The mayor also suggested a plan to charge nightclub owners a fee for downtown policing.

"Nightclubs can help," the mayor said in his first State of the City address. "We pay officers nearly a million dollars of overtime in the downtown entertainment zone every year. The nightclubs that create the need for overtime must

help pay for it."

The mayor directed City Manager Les White to report back to the city council with how overtime charges can be recovered from the nightclub operators.

"They can't impose that cost without doing proper research," nightclub manager Mauricio Mejia said. "It's just a quick fix to a big problem."

According to Mejia, managing part-

**"The clubs did not end up paying because they couldn't afford it."
-Mauricio Mejia,
managing partner of the Vault**

ner of the Vault Ultralounge, the city has tried charging downtown nightclubs extra fees for police enforcement, but it failed to work.

"The clubs did not end up paying because they couldn't afford it," Mejia said.

Harry Evans, owner of the Miami Beach Club and Scores clubs, said one industry should not be singled out to pay extra while everyone benefits.

"We already pay taxes," Evans said.

Mayoral spokesperson Victor Ajlouny said the city still has not determined a method for the nightclub plan.

Fair- Event organizer says turnout this year was 'great'

Continued from page 1

"It's really gross how much fat food I thought was healthy has," said Jessica Miranda, a graduate student in counselor education. "Like chicken — it has a lot of protein but a lot of fat too."

The event had a rush of students at noon. Students walked through the fair filling out quizzes that questioned students on the information given at the booths. Students could then turn the filled-out quiz into a raffle for an iPod

Shuffle and gift certificates to the Spartan Bookstore.

"I'm just trying to win some stuff," said Louis Detrossie, a junior majoring in business.

Nutrition graduate students and Nutrition Education Action Team members handed out pamphlets and knowledge to the students who stopped by the booths to find ways to improve their lifestyles.

"I'm always trying to learn to improve my health and well being," said junior Michael Tabayoyon, a business major.

Action team member Sameera Hyder attended the body image booth. She said a lot of people came by asking for information on how they can get help for their weight concerns on campus.

One of the resources is the campus dietitian, Jennifer Waldrop, who can help students with their nutrition and diet issues, Hyder said.

"I just learned that there is a campus nutritionist who can help you make an eating plan," said Mariana Frias, a senior in linguistics. "I would take advantage of it."

Shawn Mcvey, a junior in business management read facts on the difference between good and bad fats. He said his interest in nutrition stems from the time he spent in Bali.

"I lost 12 pounds in Indonesia because all the food is organic and there was no processed foods," Mcvey said.

Mcvey stopped by the fair because he feels that it is important to know the facts about fats and diet.

"I'm inspired by all this stuff," Mcvey said. "I'm trying to run a marathon next year, so I came here to learn more."

Kristin Wood, the fair's coordinator, said there was a great turnout this year. In two hours 150 food bars and water bottles were given out to students.

Students walked through the fair learning about everything from the importance of carbohydrates for the brain and the disadvantages of eating out-of-season salmon.

Some students participated in a spin-the-wheel game that tested students' nutrition knowledge. Those who answered the question correctly won a black re-usable grocery shopping bag.

The fair was the start to the beginning of a larger plan, Healthy San Jose State 2010, which will address the problems of healthy food options on campus.

"I never eat on campus because most of the food is not good quality," said junior Louis Detrossie. "You will not find me eating at Sparro or Burger King."

Some students find themselves leaving campus to eat because they refuse to buy the food sold at the dining commons.

"If you look at the chicken, it looks like it is



Hylary Konapacky, a senior majoring in nutrition, helps Abby Marquez, a sophomore majoring in nursing, and Lay Su, a senior majoring in nursing, find out how much body fat they have using a Bioelectric Impedance Analysis Machine outside the Student Union at the Nutrition Fair on Tuesday.



PHOTOS BY LAUREN SAGAR/ STAFF PHOTOGRAPHER

Jane Chung, a senior majoring in child development, tests her strength at the Nutrition Fair inside the Student Union on Tuesday.

in a vat of grease," said Adam Sherman, a sophomore in finance. "They take good food and destroy it."

"I go off of a campus to eat," senior Eric Groza said. "We go to Zanotto's a lot for the sandwiches."

Other students said they would stay on campus to eat if more healthy higher-quality food options were sold.

"If there was more healthy food I would eat on campus," Sherman said.

"I can't take Subway every day and the salad bar is kind of gross."

A concern for some students is the high cost of eating healthy food at the restaurants at SJSU.

"Fruit cups are so expensive," said Javier Rangel, a sophomore majoring in liberal studies. "So I drive to Safeway to get a lot more good food for cheap."

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MARCH MADNESS Q&A

How old do you think Ohio State University basketball star Greg Oden is?



“I'd say mid 30s ... his physique is very young looking, but his face looks old.”

Alexis Rosen
freshman
psychology



“He's 18. I've known who he was since last year before he was famous.”

Humberto Lopez
junior
industrial design



“Late 20s or 25 because of his facial hair ... although you see people with facial hair who are 19.”

Ila Hickson
senior
creative arts



“Probably 23 - he goes to Ohio State.”

Paul Gavarre
senior
hospitality management



“Forty-five - maybe he just ages well.”

Jamie Padelt
senior
anthropology

Spartan softball sweeps series

ERIC ZIMMERLING

STAFF WRITER

San Jose State University's softball team tamed the Panthers of the University of Northern Iowa by winning both games of a double-header on Tuesday.

The Spartans defeated the Panthers 5-3 in the first game — followed by an impressive 8-2 victory in the second game.

The Spartans have won eight of their last nine games, improving their record to 10-11 on the season.

Junior pitcher Kelly Harrison pitched 5 1/3 innings for the Spartans in game one, allowing three runs on five hits while striking out five.

Harrison said defense was the key to victory in the first game.

“We are getting a lot of contributions from our young players ...”
-Peter Turner,
SJSU softball coach

“Our defense kept us in the game,” Harrison said. “We had a couple clutch hits that came at key times that provided offense for us. We're coming together as a team and really starting to gel.”

The Spartans did all their damage in the 5th and 6th innings when all five runs scored.

A pair of fierce freshmen fueled the attack for the Spartans as left fielder Alyssa Sulay and catcher Natasha Hawkins drove in two runs a piece for the Spartans.

Head coach Peter Turner said that his young players are getting a lot of playing time due to injuries but it is helping their maturity on the field.

“We are beat up,” Turner said. “We lost our center fielder (Sarah Taylor) for the year due to injury. We lost our fourth hitter (Sarah Smith) to pneumonia. I have a staff infection. We are getting a lot of contributions from our young players and they are really started to mature and play well. They are getting a lot more reps which is helping them out a lot.”

Junior pitcher Roxanne Bejarano



PHOTO BY HANNA THRASHER/STAFF PHOTOGRAPHER

Roxanne Bejarano, a junior who pitches for the San Jose State University softball team, gave up two runs on seven hits against the University of Northern Iowa Panthers in the second game of Tuesday's doubleheader.

did not come in to get the save in the first game and went on to pitch a complete game in the back end of a doubleheader. Bejarano gave up two runs on seven hits for the Spartans in game two.

Right fielder Brittany McConnell got the Spartans off to a quick start in the second game by roping a first pitch fastball over the wall in the left field in the first inning, giving the Spartans a 3-0 lead.

“I was just looking to hit it hard,” McConnell said. “I liked the first pitch I saw and made contact. Our team is playing better together.”

Infielder Liz Robertson also smashed a home run over the left field wall, driving in a pair of runs

on the day.

Sophomore Dannielle Brown also had two hits for the Spartans, totaling 10 in the second game.

Coach Turner said he is pleased by the way his team rebounded despite its last loss and being racked by injuries.

“We are playing good right now,” Turner said. “Our team bounced back despite having injuries. I'm happy with the way we're playing right now.”

The Spartans look to take that momentum with them as they play four games against the University of Northern Colorado in a pair of doubleheaders on Thursday and Friday afternoon.

The Student Center Facilities Steering Committee invites you to attend a

Town Hall Meeting

Student Center Facility Project

The Steering Committee will present the results of the survey conducted in December, 2006, and discuss what facilities and services students would like at SJSU.

Thursday March 15, 2007
6:00pm
Student Union Ballroom
Pizza & soft drinks
will be served.
RSVP to vpsa@sjsu.edu



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How can SJSU help support YOU to eat more healthfully manage your weight, reduce stress and be more active?
Get involved in this exciting initiative!
All students, faculty, and staff are invited to attend!
Info: marjorie.freedman@sjsu.edu

Thursday, March 15th 3:30 - 6:00
King Library, Room 225
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Madness starts; Niagara U. earns NCAA bid, 77-69

JOE KAY

ASSOCIATED PRESS

DAYTON, Ohio — With some of the smoothest shooting of his career, Clif Brown exchanged Niagara's play-in dread for NCAA drama.

The senior forward with the gentle touch scored 32 points and made a career-high six 3-pointers Tuesday night, leading the Purple Eagles to a 77-69 victory over Florida A&M in the NCAA tournament's play-in game.

Niagara (23-11) will head to Chicago for a game Friday against Kansas, the top seed in the West Regional.

Florida A&M (21-14) couldn't stop Brown in the second half, when he scored 24 points while the Purple Eagles' top scorer, Charron Fisher, sat the bench in foul trouble. The Rattlers couldn't even rally after Brown helped them out by accidentally tipping a rebound into their basket.

Fisher, known for his role in the attack of a Niagara baseball player last year, finished with 13 points. Darius Glover scored 15 points for Florida A&M, which went only 4-of-17 from behind the arc and 7-of-18 from the free-throw line. Neither team particularly wanted to be here.

Leading up to selection Sunday, Florida A&M coach Mike Gillespie lobbied for the Mid-Eastern Athletic Conference champs to avoid the play-in game.

State bill may save money

CSU may use funds for construction projects

KYLE HANSEN
STAFF WRITER

If a bill currently in the state legislature passes, students could save money when the California State University uses bonds to finance construction projects.

Senate Bill 855 would give the CSU more flexibility obtaining better interest rates for bonds, according to Kathryn Gaither, associate director of CSU advocacy and institutional relations.

"What we are trying to do is take advantage of better interest rates," Gaither said.

Better interest rates could mean that students would not have to pay as much for construction projects, Gaither said.

The CSU issues bonds to raise money for construction projects. Gaither said the current law restricts those bonds to fixed interest rates. This bill would allow the system to obtain variable interest rates for the bonds.

Gaither said that having variable interest rates would help to keep costs down on projects that raise revenue, such as student and faculty housing, student unions and parking structures.

These types of structures raise money through usage fees, so students help to pay for them after they are built, Gaither said.

"This bill will allow us to take advantage of better interest rates so our total debt would be less," Gaither said. "So student housing fees could be lower."

State Senator Mark Ridley-Thomas, D-Los Angeles, the author of the bill, said that it would give the CSU more flexibility when funding projects.

"The existing law allows the CSU to issue revenue bonds, but does not allow maximum flexibility in today's market," Ridley-Thomas said. "This opens up options that do not currently exist."

Variable interest rates do not necessarily mean lower costs, said economics lecturer Mark Brady.

"It depends on your perspective of interest rates," Brady said. "If you think that interest rates are going to go down you want a variable interest rate, if you think interest rates are going to go up you want a fixed rate."

Gaither said that if passed, the bill would give the CSU more flexibility to get the rates that will best benefit the CSU and students by using variable or fixed interest rates.

The changes to bonds would only apply to revenue-generating facilities, Gaither said. For projects that generate revenue, such as housing, the CSU is allowed to issue bonds when authorized by the board of trustees. Funding for classrooms and other structures comes from the state government, which much have bonds authorized by voters.

San Jose State University does not have any planned projects that could benefit from the change, Gaither said. But the new law would allow the CSU to refinance already completed projects, such as the Spartan Village.

"It is possible that a project at San Jose could be refinanced in the future if we can get a better interest rate," Gaither said by e-mail. "For now, the interest rates are very low, so we don't need to use variable rates, but once the bill is enacted, we have that flexibility for the future when interest rates go back up as they did a few years ago."

Ridley-Thomas also said that the bill would help to keep costs down by simplifying the bond process.

"SB855 will essentially streamline the external revenue bond financing and treasury process," Ridley-Thomas said. "That will, in effect, lead to greater efficiency and could eventually lead to lower costs for students."

Forum- 18 candidates speak

Continued from page 1

social work, said he might have attended the event if he had known about it.

"I know of Associated Students, but I don't know what it's about," Birman said. "I didn't know they were having an event, and even if I did, I wouldn't put it high on my priority list."

Rory Williams, a junior majoring in interior design, said she didn't attend the event because she only goes to class and goes home.

"I probably wouldn't have gone to it even if I had known about it," Williams said. "I don't know much about (A.S.) since I'm new here. I don't know why it's important to me."

The lack of student awareness about A.S. is one of the main concerns the candidates brought up during the crossfire.

Presidential candidate Benjamin Henderson, representing the S.J.S.U. Party, said he would like to hold an open house at the A.S. House so that students can see what A.S. does and how it serves students.

"I would like to work with my program director to plan more events and go out and meet students," Henderson said. "A.S. has events every other Wednesday, and I would like to go to these events and meet and greet with the students."

Henderson said if elected, he would make himself visible on campus so that students know he cares.

Joel Bridgeman, presidential candidate representing the SHIFT Party, said there are hundreds of opportunities for students to get involved on

campus, and A.S. needs to help build community among the students.

"Our society is becoming depersonalized," Bridgeman said. "People are walking around listening to iPods and they don't talk to each other."

Bridgeman said A.S. needs to work to expand the culture at San Jose State University and get the students connected with the campus and each other.

He said he wants to know about student concerns because more people will know about A.S. if it helps out the students.

"I think the more people we help, the more visible A.S. will be," Bridgeman said.

Blair Whitney, independent vice president candidate, said A.S. needs to enhance the culture of the campus and create community by helping student clubs and organizations promote events and by reaching out to the student body.

David Nguyen, S.J.S.U. Party candidate for extracurricular affairs director, said if elected he would like to work more closely with club leaders so that students know about the groups and organizations on campus.

Alexander Monney, SHIFT candidate for programming affairs director, said he is working on bringing a big name music artist to campus for an event during Homecoming week so that all students can enjoy a concert.

As for his other events, Monney said he would do whatever it takes to let students know about A.S. events on campus.

"I will dress up like a big hamburger to get students to go to our

By the numbers

8
the number of SHIFT candidates who spoke

8
the number of S.J.S.U. candidates who spoke

2
the number of independent candidates who spoke

14
the number of students and faculty who attended the event

barbeques," Monney said. Juan Luna, the SHIFT Party candidate for director of communications, said if elected he would work to increase advertising so that students will know about events on campus, and he said he would use other methods such as MySpace postings to improve awareness about campus events among the student body.

Dameyon Ford Jr., the S.J.S.U. Party candidate running against Luna, said promotion of A.S. events and club events is very important to building community on campus, and he said he also wants to create more promotional materials in different languages so that more students can be reached.

Students interested in talking with the candidates can stop by the A.S. barbeque pit today from 12 p.m. to 2 p.m. for a meet-and-greet.

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EASTER SEALS seeks Lifeguards, Instructional Lifeguards & Aquatic Specialists, part or full time in San Jose (Bascom & Moorpark). Flex hours/ days, Mon-Sat. Call Tiago@408.295.0228. Send resume to jobs@esba.org or fax to 408.275-9858. \$11-\$15/ hr. DOE.

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MonsterTRAK is looking for campus representatives at SJSU. We want enthusiastic students who are interested in business and in gaining marketing/ promotions experience. Positions are part time and paid on a flexible schedule, 5-10 hours/wk. Contact: Alex McComber amccomber@vilcom.com

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ACROSS

- Queen beater
- Bend gracefully
- Insulation unit
- Loud noise
- Name in cheesecake
- Wading bird
- Neutral color
- Load cargo
- Saddle extra
- Vast stretch of time
- Mercury
- Baton wielder
- Toddler perch
- Go quickly
- Branch
- Sahib's rule
- Daybreak
- Polite cough
- European capital
- Pharaoh's god
- Grimm heavies
- Wax makers
- Blow gently
- Karate move
- Marshal's band
- "Ain't — Sweet?"
- "Pygmalion" author
- Adversity
- Learning method
- Do biology lab
- Type of chocolate
- Common pronoun
- Privileged few
- Brick oven
- Chess piece
- Let out a skirt
- meridiem
- Terminates
- Knights' titles
- Salty drop
- Way back when

PREVIOUS PUZZLE SOLVED

TOMS	EMBED	KEEL
ALICE	LEASE	NAPA
LEILA	BOSSA	ERIC
CORNROW	ENHANCE	
	PEW	SOD
GASES	TAE	ASTRO
ATTN	TAMPER	TRIM
FRONTWHEEL	DRIVE	
FIR	ROONEY	ELAN
SAMBA	EDS	WILLS
	OMS	JAG
BROWSED	KENNELS	
RILL	RELIT	IVAN
ISLE	FLINT	NEMO
GEAR	SILKY	GINAW

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DOWN

- Aluminum company
- Judy of "Laugh-In"
- Flightless bird
- Guarantee
- Math term
- Great reptile
- One who preys on others
- Sea off Alaska
- Spry
- Goes across (hyph.)
- Monsieur's pate
- Strike one as
- Road coating
- Ear cleaner
- Reads quickly
- Railroad switch
- Toss
- Exude moisture
- Pub orders
- Tenor — Carreras
- Tools with teeth
- Idaho neighbor
- Beautiful wife of Akhenaton

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PREVIOUS SOLUTION

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SUDOKU
Difficulty: 4 (of 5)

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Walkers- One man walked off 10 pounds

Continued from page 1

we are really competitive already, I've already seen a positive impact of this."

On March 19th, the campus recreation department will host an event for all the walkers to get together and compete in a group. Walkers will be encouraged to walk 30 to 45 minutes alongside all the participants in the program.

According to a news release from the Department of Transportation, Prevention magazine and the American Podiatric Medical Association, this

is the second consecutive year that the city of San Jose has been named one of the top 10 "Best Fitness Walking Cities."

San Jose ranked as the eighth best out of 100 of the largest U.S. cities and Prevention said, "Tops on the list of what makes a place fitness-walker friendly are safe streets, beautiful places to walk, mild weather and good air quality."

Hagar said that eventually the department plans spread the program to other local universities such as UC Santa Cruz and Stanford University to have them compete against one another.

Perspective: a writer's campus walk

With my trusty pedometer strapped onto my Chuck Taylors, I took on a mini-adventure around campus yesterday, estimating the average amount of steps a student makes throughout the day on campus.

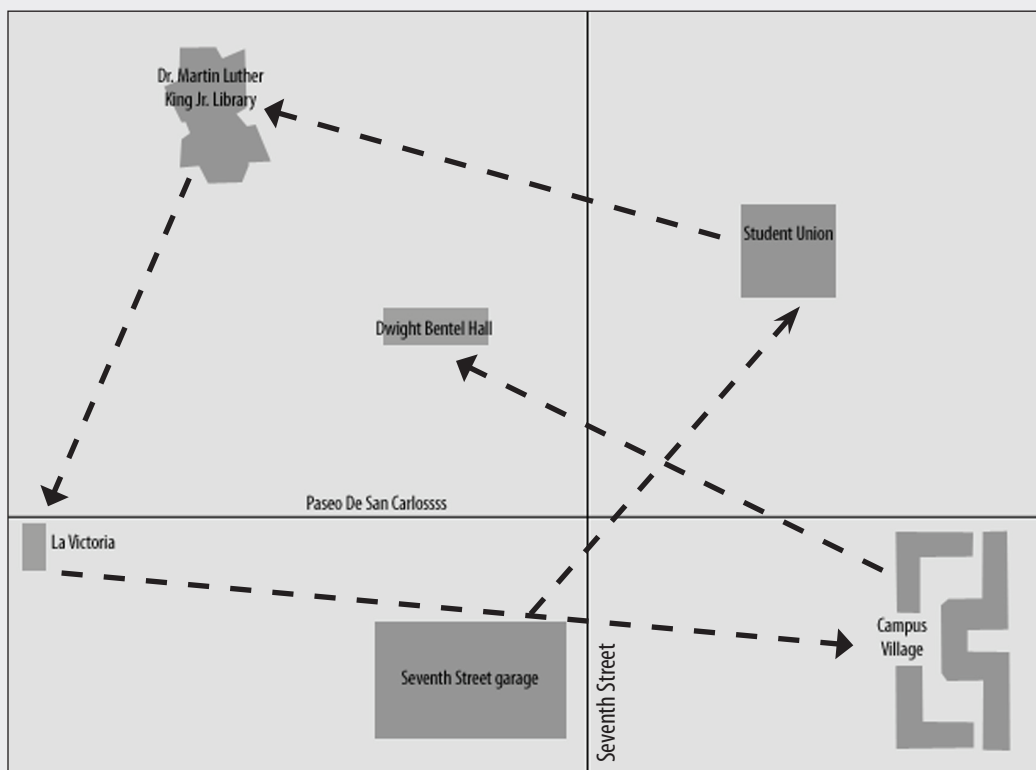
- Starting at the Seventh Street garage to the Student Union for a refreshing Jamba Juice, walking through a swarm of bees and two smokers, 836 steps.

- Then onto the Dr. Martin Luther King Jr. Library to study, getting a "brain freeze" from my smoothie halfway and stopping to chat with a friend, 460 steps.
- After studying, it's time for a snack, so it's off to La Victorias aka La Vics, 390 steps.
- Full from two came asada tacos, all the toppings (something I can do because of all this walking), I'm off to Campus Village,

848 steps...on the way I got an offer I had to refuse, to steal a basketball away from a student for \$20. "I want to see who the real female players on this campus are," he said.

- After hanging out it's off to class in Dwight Bentel Hall, 721 steps.
- A grand total of 18,255 steps, whew! What a workout!

*By Yael Reed Wachspres



Posing for booty



PHOTO BY STEPHANIA BEDNAR/ STAFF PHOTOGRAPHER

A troupe of pirates paraded through the Dr. Martin Luther King Jr. Library on Thursday advertising a dance performance coming up on April 12.

Award- Second time Sivertsen received honor

Continued from page 1

dents makes her a wonderful asset to the university."

Sivertsen also teaches a course on alternative lifestyles each semester as a visiting professor in the sociology department.

"Wiggys is an inspiration and remarkable example of civil rights leadership," Ruskin said in a press release.

Throughout her years at SJSU, Sivertsen has seen and been a part of a change in attitude toward those who chose to lead a non-traditional life.

"It's hard for me to thumbnail it," Sivertsen said, "but I remember a time at this campus when I was the only openly-gay person."

Sivertsen was also named Woman of the Year in 1987 by democrat John Vaconcellos — who was an assemblyman at the time.

Thousands of college students are addicted to this kind of pot.

Gambling is a common part of college life, but some people become addicted to gambling and get into serious emotional, financial and even legal trouble.

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