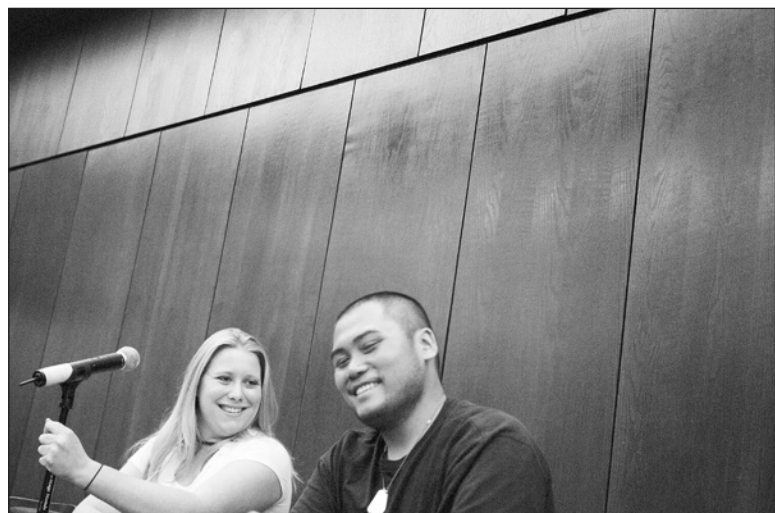


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Nicholas R. Wright / Daily Staff

Associated Students presidential candidates Rachel Greathouse and Huy Tran swap the microphone while answering questions on campus issues during a debate at the Student Union on Tuesday. Jassim Ubaid, who is also running for A.S. president, did not attend.

A.S. hopefuls square off

Debate topics include commuters, spending and political parties

By John Myers
Daily Staff Writer

Only nine of the 24 students running for office in the Associated Students' 2004 elections showed up for the election board's candidate debate in the Umunhum room of the Student Union on Tuesday in preparation for elections on March 23 and 24.

Debate moderator Christina Sabece introduced presidential candidates

Rachel Greathouse, from the Spartan Party, and Huy Tran, the Independent Party candidate, as the first candidates to answer questions written down and submitted by students at the event. The third presidential candidate, Jassim Ubaid, was not present at the debate.

The low number of attendees at the debate was disappointing, said Alberto Gutierrez, chief elections officer.

Candidate attendance was also an issue for Gutierrez and the election board.

"It might be that they had class," Gutierrez said of the candidates who were not present. "Some candidates felt this was important, so they skipped class, but that is not something we encourage. They are students first (before candidates)."

Sabece, also an assistant professor in the communications studies department, said she felt the students were missing out on an important election event.

"The process of having debates before elections is important," Sabece said. "I like to support that in any way I can."

Many of the questions and replies from candidates dealt with the budget and how candidates will find funding for various programs.

When asked what the most pressing issue facing the students will be, the presidential candidates' responses turned to funding.

(The Child Development Center

see ELECTION, page 3

TODAY:

"Meet the candidates" event in the quad of the Art building from noon to 1:30 p.m.

NEXT WEEK:

Associated Students elections (two-day voting period): Tuesday March 23 and Wednesday March 24.

Counseling Services fears smaller budget

By Daniel DeBolt
Daily Staff Writer

Across campus, some students are becoming more restless, irritable and pessimistic, have less ability to concentrate and remember things, and feel empty and fatigued. These are some of the symptoms of depression, according to the National Institute of Mental Health.

Depression and suicide are becoming more of a problem every year, while free counseling services to help these students have been cut whenever there is a budget crisis, according to Wiggys Sivertsen, director of counseling services.

"We have seen many more students with different emotional issues (in recent years)," Sivertsen said.

According to the national Centers for Disease Control and Prevention, the suicide rate among adolescents and young adults nearly tripled between 1952 and 1995.

"There is 28,000 of you and nine of us," she said, referring to the school population and the number of counselors in the department. "There used to be a time when there were 23 of us here," she said.

Counseling services at San Jose State University will be cut by 9.6 percent this year, according to Sivertsen.

Yvonne Caprini, a junior

psychology major, said inadequate counseling services would have a detrimental effect.

Caprini went to Burlingame High School, which she said has excellent counseling services for students. She said she suffered from depression for a long time after one of her close friends died in a car accident.

"If it gets pent up, it builds into a lot more stuff," she said.

Grief counseling helped Caprini, and she said counseling for issues like divorce and attention deficit disorder helped other students.

Sivertsen said making the budget cuts is a matter of personal values. There is a "general disregard" for the mental health of people among the public, she said.

Sivertsen said while a school's function is to educate, a student's mental health is what will allow them to get that education. It is even harder in a "high stress" environment like SJSU where more and more students work or have families, she said.

"We have to care for a student's heart and soul," Sivertsen said.

Glenn Callaghan, an associate professor of psychology, said 60 to 70 percent of those who get counseling benefit from it.

"If you don't get therapy when

see COUNSELING, page 3

A chemistry of beats ...



Daniel A. Miranda / Daily Staff

From left, Erik Otto, a San Jose State University senior majoring in illustration, and Andre "Walou" Halfide play the Djembe drums on a bench outside the Spartan Memorial Thursday afternoon.

Democrats competitive on air with cash-rich Bush

Associated Press

WASHINGTON — Democrat John Kerry is spending only one-third of the money that President Bush is pouring into television advertising this week, but viewers in such cities as Cleveland and Milwaukee likely will see more anti-Bush commercials than the other way around.

Two liberal groups working on behalf of, but independently from, Kerry are helping the presumptive Democratic presidential nominee match Bush ad for ad in key media markets in battleground states.

Bush, whose re-election campaign has raised more than \$160 million, still has the advantage and has spent millions more than Democrats so far. Kerry, the Media Fund and the MoveOn.org Voter Fund combined make Democrats competitive on the air.

"The question is does Bush eventually outrun these groups? They're at parity now, but are they going to be at the end of April or in May or June?" asked Evan Tracey, president of TNS Media Intelligence/Campaign Media Analysis Group, which tracks ad spending.

Bush, his campaign fund growing with each fund-raiser, has been blanketing the airwaves in 18 states since March 4 with at least \$6 mil-

lion a week in television spots. He's running ads at moderate-to-heavy levels in most media markets in those states instead of cherry-picking areas like the Democrats, who must be selective because of limited finances.

The incumbent Republican, unchallenged for re-election, sat on his campaign treasury during the early primaries in hopes of crushing the eventual Democratic nominee with a torrent of ads in the spring and summer.

Now, Bush advisers privately acknowledge that Democrats have evened the advertising playing field in key markets, and hope their rivals can't afford to keep it up much longer.

Greg Stevens, a Republican strategist in John McCain's 2000 presidential campaign, said: "The tremendous advantage that the president enjoyed going into this period is certainly being undercut by these third-party groups, which are clearly benefiting Kerry."

Bush's latest ads assail Kerry on taxes and terrorism, and all but forced Kerry onto the air in response as he is trying to replenish his campaign account.

Kerry is spending \$2 million this week in limited media markets on the response ad that accuses the president of "misleading" the nation and mischaracterizing his proposals.

Bone marrow drive resumes today, urges Asian donors

By Mansur Mirovalev
Daily Staff Writer

Many Americans of Asian or mixed origin suffering from leukemia and cancer are looking for donors of bone marrow or blood stem cells.

One of them is Gordon Chang, whose 2-year-old daughter, Chloe, was diagnosed with leukemia.

"Chloe was a normal child, full of vigor and fun," said Chang, a professor at Stanford University. "She injured herself while playing, the wound did not heal, so we took her to the hospital," Chang said.

"After she was diagnosed with leukemia, our world fell apart," he said.

Chloe needs a bone marrow transplant within the next few months to survive, he said.

Perhaps a donor will be found at the two-day Minority Marrow/Blood Stem Drive at San Jose State University's Paseo de Cesar Chavez. The drive started Tuesday and continues today from 10:30 a.m. until 2:30 p.m.

Several drops of blood and a commitment to donate bone marrow or blood stem cells could save a life of a patient in need of a compatible transplant to cure leukemia, cancer or about 70 otherwise lethal diseases, said Carol Gillespie, director of the Asian American Donor Program that organized the drive.

The Oakland-based nonprofit organization has planned 10 similar drives in California colleges and universities this spring, said Nicki Carrillo, a coordinator for the donor program.

"Each year about 30,000 patients in America need a marrow or blood stem transplant," Carrillo said. "Patients of Asian or mixed origin have a lot of difficulties finding a matching marrow donor."

According to the Asian American Donor

Program Web site, marrow is a tissue found in the large bones of the body, and it produces vital blood components.

Most fatal blood diseases are traditionally fought with radiation or chemotherapy that may seriously damage patients' health, while a compatible marrow transplant can give them a second chance.

"You don't have to die to donate your marrow," said Dr. Lam Do, a private practitioner, whose 3-year old son, Luke, received a marrow transplant last year.

Luke was diagnosed with an aggressive form of leukemia that carries a 95 percent death rate within the first year, Do said.

"It was so difficult to watch your child dying," he said.

Years earlier, Do had joined the National Marrow Donor Program, a congressionally authorized, nationwide computerized databank, but he never knew that his first-born child would need a transplant, Do said.

The search for a donor was complicated by Luke's multiracial genes.

"Luke's blood is half Vietnamese, a quarter Chinese and a quarter English-Irish," Do said.

The donor, a man of Japanese origin, was found, and after a long and complicated transplant, Luke's life was saved, Do said.

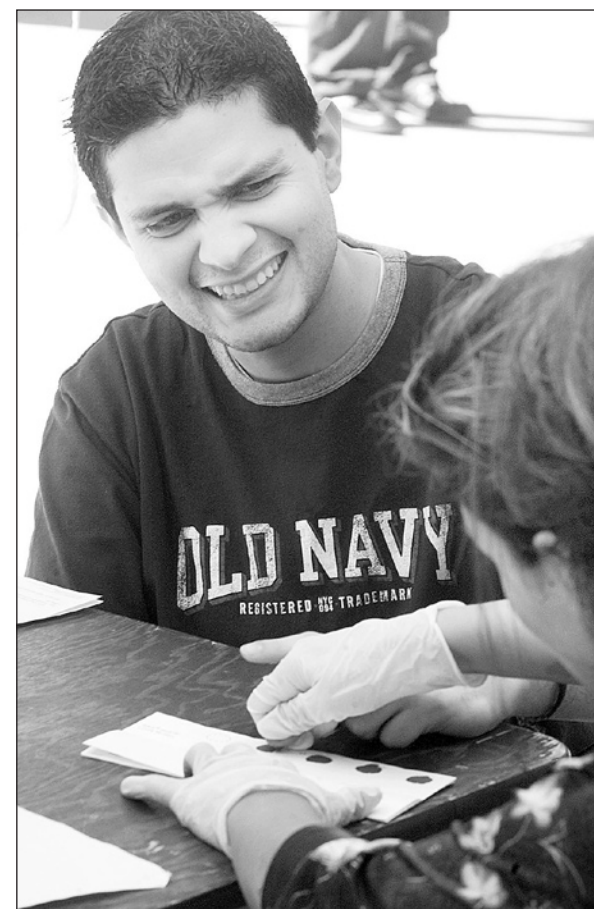
Becoming a marrow donor is not painful or difficult.

Jennifer Sarmiento, a sophomore occupational therapy major at SJSU, said she was not afraid of needles and wanted to become a donor because she wants to help the community.

"The most painful part is filling in a consent form," Gillespie said.

After completing a brief questionnaire and signing the consent form, a potential donor

see MARROW, page 3



Susan D. Reno / Daily Staff

Peter Rocha, a senior majoring in hospitality management, does his part in the name of service for the Asian American Donor Program on Tuesday. The two-day drive, sponsored by Mosaic Cross Cultural Center, aims to recruit potential donors for patients in need of marrow or blood stem cell transplants. Volunteers complete a health questionnaire, sign a consent form and provide a blood sample for tissue typing. Rocha said he was walking by when he saw the drive and decided to help. The drive continues today from 10:30 a.m. to 2:30 p.m. on Paseo de Cesar Chavez.

Editor's note: Due to space limitations, Sparta Guide, "Out of the Shell" and "Another Dimentian" will not appear today. Sparta Guide will return tomorrow. "Out of the Shell" will return next week and "Another Dimentian" will appear again on Monday.

—K.L.

Opposing Views:

Should the fast-food industry be held accountable for it's customers' health problems?

YES Industry must take responsibility by placing warning labels on food

So you go to fill up your car at the nearest gas station since the needle has dipped into the red on the meter in the dashboard. And while you're listening to the roar of the gasoline into your tank, you get a little thirsty. It's late at night and the mini-mart at the station has closed.

Then you remember the gallons of liquid jetting into your car and you think, "Gasoline is, like, part water, right?" Of course it is, and seeing that no one is warning you that there may be adverse effects to your health, you pour yourself a shot.

This is not entirely dissimilar to what the fast-food industry does to millions of people every year, with the food served coming with an order of side-effects that aren't listed on the menu.

Consuming saturated fat and cholesterol can lead to arterial buildup of fatty deposits, restricting the flow of blood and increasing heart attack risks, according to the American Heart Association Web site.

According to McDonald's, a Big Mac contains 57 percent of the daily-recommended intake of saturated fat, and 28 percent of the recommended dose of cholesterol.

If someone were to eat a Big Mac for three meals per day, that person would swallow 171 percent of the recommended amount of saturated fat and 84 percent of the suggested amount of cholesterol per day. And that's not including the Supersized fries.

These figures represent a significant risk to Americans, especially since heart disease is one of America's top killers, according to the American Heart Association. Just like the drug companies are required to do when hawking a trendy new drug, the fast-food industry should report these side effects to their customers.

Concerning my gasoline metaphor, some might argue that anyone with common sense would know that drinking gasoline will cause health problems, just as eating food that was deep-fried will possibly add a few pounds. Again, the notification from the fast-food industry should be seen as any other warning label — this may be hazardous to your health.

Warning labels are not only to warn consumers about employing products for things other than their specified uses. Warnings from the surgeon general are placed on products to notify the public that using those products for their intended purpose may cause health problems.

Fast food should be no different.

The Associated Press reported on March 10 that obesity is giving smoking a run for its money as a contender for America's No. 1 killer, jumping 33 percent since 1990.

It would be unfair to say the fast-food industry is solely responsible, but the industry was certainly a large contributor to this statistic, with the invention of Supersized fries and bigger burgers.

It's time fast-food restaurants were held accountable for making more people unhealthy. Without warning consumers of the possible dangers that come with the product, the fast-food industry is no better than a tobacco company selling a pack of cigarettes with a sticker suspiciously placed over the surgeon general's warning label.

John Myers is a Spartan Daily staff writer.



JOHN MYERS

NO Customers can only blame themselves for choosing to eat unhealthy food

I agree that the fast-food chains are no angels. For years, they have been blowing up their menus with oversized hamburgers and Supersized fries for "just 49 cents more."

Perhaps fast-food chains give Americans the illusion that bigger is better without warning them that bigger means more fat, more calories and the complications that could come along with those.

But in today's society, people are all about the bigger the better. Bigger cars, bigger houses, bigger breasts, bigger muscles. Why not bigger stomachs?

A recent study stated that obesity could soon become the No. 1 preventable cause of death in the United States, Fox News reported. So if a person makes one too many trips to the drive-through, does that give them the right to blame someone else for getting too fat?

I don't think so.

With all the emphasis on dieting and healthy eating in the media for at least the past decade, most people should know that you don't get fat from eating too many fruits and vegetables.

Those who don't know shouldn't be able to use ignorance as an excuse to blame someone else for their obesity and unhealthiness.

A bill that would prevent lawsuits against the food industry for making people fat called the "Personal responsibility in food consumption act," otherwise known as the "Cheeseburger bill," was passed, 276-139, by the U.S. House of Representatives on March 10.

I know the fast-food industry is a multibillion dollar business, and I doubt that they would really go broke, as supporters of the bill are saying, but with health officials reporting that two out of three adults and nine million children are obese in this country, who knows what can happen?

I just think it's time for people to take a good look in the mirror and realize that the only ones to blame are themselves.

I include myself in this statement because I don't have what you would call a model figure and I could have probably cut back on the Supersized fries and greasy cheeseburgers a long time ago.

If I become obese because of my unhealthy eating habits, there would be nobody to blame but myself, and I wouldn't have the right to go after the fast-food industry simply because I ignored my health and decided to indulge one too many times.

I understand that the fast-food industry going bankrupt because of frivolous lawsuits is a far reach, but it is not impossible.

The fast-food industry provides jobs to almost 12 million people, as reported by Fox News, and it would not be fair to them if their employers went bankrupt and they lost their jobs simply because an individual wants to make money placing blame where it doesn't belong.

As I said before, I'm not saying that these large corporations are angels sent from heaven, but they provide a service and a product to people — people who have a choice on whether they want to consume the product they are providing.

If an individual chooses to overeat and ignore their health, the fast-food industry should not have to pay for it.

Claudia Plascencia is a Spartan Daily staff writer.



CLAUDIA PLASCENCIA



ILLUSTRATION BY KONSTANTIN ABADJIEV

campusvoices

COMPILED BY ZAKK JONES; PHOTOS BY DANIEL MIRANDA



"Yes. They're feeding us the food, and if it's unhealthy, it's not good for the people."

Yen Nguyen
junior,
management information systems



"No. They can't be held accountable for what people decide to eat."

C.J. Hawthorne
junior,
liberal studies



"Yes. If it's not safe, then why would they want to serve the food?"

Mary Huynh
freshman,
undeclared



"No. It's the customer's choice to purchase the food. The industry should be more health-conscious though."

Sarah Shaffer
junior,
human resource management



"Yes. The businesses profit from their customers, so without them, what would be the point?"

Kenneth Lee
sophomore,
graphic design



"No. I think it's people's responsibility to be careful about what they eat on their own."

Shannon Brown
senior,
English

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A letter to the editor is a 200-word response to an issue or a point of view that has appeared in the Spartan Daily.

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Submissions become property of the Spartan Daily and may be edited for clarity, grammar, libel and length. Submissions must contain the author's name, address, phone number, signature and major.

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ELECTION | Candidates propose changes

continued from page 1

and other programs) don't have the resources to keep the services they provide," Greathouse said.

Tran took a broader approach. "The most pressing issue is funding overall," Tran said.

Another question asked how the presidential candidates would maximize the Associated Students' efficiency in spending.

"I would work with the controller and the executive director (of the Associated Students)," Greathouse said.

The controller is the A.S. official in charge of creating the budget for the next fiscal year.

Tran said he believes unneeded spending should be cut.

"I would look through all of our spending and find out what to cut and what to keep," Tran said.

When asked what the candidates would do to prevent the possible elimination of the Equal Opportunity Program, both candidates said they would talk with California State University Chancellor Charles Reed as well as legislators in Sacramento.

As illustrated by the debate's sparse crowd, one question asked how the presidential candidates would generate more student involvement in A.S. affairs.

"We are a commuter school," Tran said. "Students have work, they have a family and other obligations. We need to accommodate that with night recreation programs or weekend programs. We need to make (the programs) affordable and accessible."

Greathouse said she feels campus pride is the main reason students don't feel a strong community at the university.

"We need to find out why we don't have (campus pride) and how we can fix it,"

Greathouse said.

Greathouse said she plans to assemble a task force that would deal with the issue of campus unity and come up with long-range plans of how to build the community.

Tony Chung, the Spartan Party candidate for director of communications, said one reason students don't attend events is because the events are not advertised well enough.

"When we had Arnold Schwarzenegger and 'Wheel of Fortune' come to campus, no one heard about it until the day after, when it's in the Spartan Daily," Chung said. "We need to increase the frequency and (number of) locations of fliers (for events)."

Neither John Lafora, of the Independent Party candidate for director of communications, nor Stamati Horiates, a nonpartisan candidate for the job, attended the debate.

Sean Bashaw, a nonpartisan running for director of extracurricular affairs, again discussed ways to get students to build a community on campus. Bashaw said he wants to work with the athletic department to get more students to come to games and wants more student organizations to participate in intramural sports.

"We have successful sports teams here," Bashaw said. "Our judo (club) team is the most successful judo team in the country. This team doesn't offer scholarships. They all develop their talent on campus."

The other two candidates running for director of extracurricular affairs, Spartan Party member Rodney Blaco and nonpartisan Marcus Jenkins, were not present.

The only candidate for director of legislative affairs to attend was Spartan Party member Mike Nguyen. Reggie Villarreal and David Barro, both nonpartisans, were not at the debate.

The unopposed candidates present were all from the Spartan Party and included: Pearl Yuan for vice president, Jon Stoll for controller, Ambra Kelly for director of campus advising affairs, and John Lombardo for director of student resource affairs.

The last event before the election is today in the quad of the Art building from noon to 1:30 p.m. where students can meet and interact with the candidates.

COUNSELING | Services provided to students free of charge

continued from page 1

you are depressed, we can almost guarantee you are going to relapse," Callaghan said.

Sivertsen said that having free counseling services on campus had advantages over private, off-campus counseling.

"I understand your life," Sivertsen said. "The culture of 'studentness,' your life pressures — you don't have to describe it."

Sivertsen said that students have asked her to talk to their teachers about a problem and she is more than happy to do that.

Teachers contact the counseling department when they see a student suffering, Sivertsen said. After Sept. 11, the department informed the campus how to watch out for signs of a troubled student.

"If this was a private service, you wouldn't get that," she said.

Caprini, the junior psychology major, said that talking to friends, family and a counselor helped her overcome her depression.

She said she has "two of the best friends

ever." "For a lot of people who don't have those relationships, counseling is there for them," she said.

"You wonder what is wrong with you," she said. "You see yourself as different when you really are not that different."

Caprini said her depression made her feel alone, and her negative image of herself, her body and conflicts with her family contributed to her depression.

On the National Institute for Mental Health Web site, a man named Rob tells his story.

"Things in my life were going all right," he said. "I had just gotten my GED and was starting a new job in a week. My family was really proud of me. But inside, I was feeling terrible."

"At first I was feeling sad all the time, even though I had no reason to be. Then the sadness turned into anger, and I started having fights with my family and friends. I felt really bad about myself, like I wasn't good enough

for anyone. It got so bad that I wished I would go to bed and never wake up," he said.

According to the CDC, the third leading cause of death among young people between 15 and 24 years old is suicide, behind homicide and unintentional injury. For young white males, it's the No. 1 cause of death, although rates among black males made the most dramatic increase from 1980 to 1995. Native Americans have the most disproportionate rates of suicide.

Even though suicide rates are higher among men, women experience depression twice as often as men, according to the NIMH.

The SJSU counseling department offers short-term counseling for issues such as anxiety, loneliness, difficulty forming and maintaining healthy relationships, dealing with physical or emotional abuse (past or present), cross-cultural issues (including cultural conflicts between parents and child), difficulty defining problems, marked changes in functioning, irritability, changes in thinking or perceptual abilities, self-esteem, problematic behavior and difficulty setting limits with others.

MARROW | Replenishes itself within a few weeks after donation

continued from page 1

provides a small blood sample — "about two tablespoons," according to the Asian American Donor Program Web site.

Then the blood is tested for its antigen type and is listed in a registry of the National Marrow Donor Program. An antigen is a substance that stimulates the growth of antibodies.

"There are two ways of extracting marrow," Gillespie said.

One is a marrow stem donation, when a small amount of the marrow is collected from the donor's pelvic bone using anesthesia, according to the information at Tuesday's drive. After the donation, normal activity may be resumed, and donors may feel soreness for a few days or a few weeks.

"If you are a couch potato, it will take you about a week-and-a-half to recover," Gillespie said. "If you are active, it will take less time."

After the donation, the marrow replenishes

itself within a few weeks, she said.

Another way to extract marrow is a peripheral blood stem cell donation, when for several days a donor receives special injections to increase the number of stem cells released from marrow into the blood stream, according to a handout distributed at the drive.

Then blood is passed from a vein in the donor's arm to a machine that separates out the stem cells and is returned to the donor through a needle in the other arm.

James Coberly, an SJSU alumnus of mixed Caucasian and Latino origin, donated his marrow to a female patient from Minnesota.

Coberly said after the marrow extraction procedure at the Stanford University Medical Center last year, he "woke up and felt a little sore."

According to its Web site, the Asian American Donor Program's history dates back to 1989, when two Asian leukemia patients needed bone marrow transplants. Despite a

statewide campaign of the family and friends, matches were not found, but the deaths of the two people gave birth to the program.

According to the Web site, the Asian American Donor Program logo, an origami paper crane, was chosen in memory of Sadako Sasaki, an 11-year-old Japanese girl who suffered from leukemia caused by radiation poisoning after the atom bomb was dropped on Hiroshima. Sasaki's friends told her that if she made a chain of a thousand cranes, she would survive. Sasaki had finished 644 cranes when she died.

The Asian American Donor Program hopes to save new lives for others.

Since his son's recovery, Lam Do has become an active member and advocate for the Asian American Donor Program.

"I made a commitment to bring in more potential donors," Do said, while Luke, a healthy and joyful boy sitting on his dad's lap, smiled and whispered, "Thank you."

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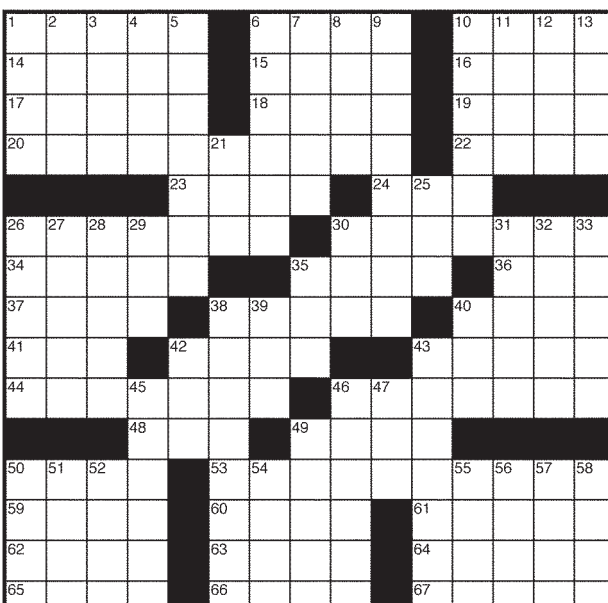
- 1 Jewelry fastener 6 Venetian magistrate 10 Eye part 14 Shade-loving plant 15 Highest point 16 Carrot or beet 17 Fragrant compound 18 Yvette's name 19 Actor - Kruger 20 German canine 22 Least-varying tide 23 Boxers, slangily 24 Rock concert souvenir 26 Jungle knife 30 Deliver by parachute 34 Young raptor 35 Stench 36 Internet addr. 37 Wildlife refuge 38 Dubuque denizen 40 Humane org. 41 Starfish part 42 Fishtail 43 Song of triumph 44 Like some engines 46 Generosity 48 Lion's prey 49 Faded 50 Topple 53 Leery 59 Jai - 60 Some CDs 61 Decree 62 Iditarod terminus 63 Goodbye, to Gaius 64 Perry's girl Friday 65 Equipment 66 Stately trees 67 Long-answer exam

PREVIOUS PUZZLE SOLVED

- 4 Wineglass part 39 Not in 40 Decline, as stock prices 41 Injure 42 Misdeed 43 Come before 44 Worse, as the weather effort 46 Memory glitches 47 - Baba 49 Choir selection 50 Snake's tooth 51 Hand-cream ingredient 52 Mantra chanter 54 River to the Caspian 55 Bad day for Caesar 56 Greases 57 West Coast sch. 58 Linger on

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Calendar

St. Patrick's Day

O'Flaberty's Irish Bar will have an all-you-can-eat Irish buffet from noon to 2 a.m. Irish music and dancers will be performing. The Bailey's and Guinness girls will be there from 5 p.m. to 7 p.m. It is located at 25 N. San Pedro St. For more information, call (408) 947-8007.

The Usual, at 400 S. First St. in San Jose, will honor St. Patrick by having 10 bands play throughout the day. Festivities start at noon. There are beer and food specials. For more information, call (408) 535-0330.

JJ's Blues will have \$3 corned beef and cabbage plates plus green beer, Irish coffee and Bailey's coffee. Live music starts at 3 p.m. Located at 3439 Stevens Creek Blvd. For more information, call (408) 243-6441.

Katie Bloom's in Campbell will have live music by Celtic Soul and other bands, plus Irish dancers. It is located at 369 Campbell Ave. Call (408) 379-9687.

C.B. Hannegan's will have an all-you-can-eat corned beef and cabbage meal plus live music from the Hannegan's Home Boys Pipe Band. \$40 all day, including leave and return admission. Located at 208 Bachman Ave., Los Gatos. Call (408) 295-1233.

Student produces own magazine

By Maria Villalobos
Daily Staff Writer

In the dank basement of the fraternity house Phi Gamma Delta and amongst the debris, San Jose State University senior art major David Barker creates his own independent magazine, E-Prime.

Barker said he produced his first issue of E-Prime magazine on Aug. 12, 2003, with the Leviathan issue. Since then, five more issues have followed: Cthulu, Mongo, Satan, Lazlo and the new Ape issue, which Barker said should be coming out some time next week.

The name E-Prime is a form of English, which abolishes all forms of the verb "to be." Barker said he became interested in this type of writing after learning about and reading "Science and Sanity" by Alfred Korzybski. Barker claims that today a number of people use E-Prime in scientific and technical papers.

"Mostly the topics addressed are the religious and medical uses of illegal substances, the current regime of corrupt politics and the future plans of the Discordian Society," Barker said. "Each issue has its own theme, based on the Discordian Astrological phase in which it is published."

E-Prime magazine is also based on the Discordian Society, which Barker describes as "a radical leftist chaos cult."

Barker said two students from UC Berkeley, who started a disorganized religion as a practical joke, founded the Discordian Society in 1958 by passing out fliers, pamphlets and their own printed magazines.

He said they believed tranquility could be achieved out of chaos and many people took their beliefs seriously.

Barker calls his self-publication Norton Press, which Barker named after Joshua Norton, who on Sept. 17, 1859, in San Francisco crowned himself Emperor of the United States of America and Protector of Mexico, according to the San Francisco Museum archives.

Barker said he came up with the idea for a magazine after a night

of surfing the Internet while on mushrooms.

"Instead of typing in a word, I started asking questions, and it seemed like the computer was responding to me on an intellectual level," Barker said. "That's my own interpretation — I was on mushrooms."

Barker said that the Internet kept sending him to certain Web sites and he started to notice a trend of common ideas and that was the basis of the magazine.

Amanda Hand, a friend and SJSU radio, television and film major, said she understands that Barker would fight for his belief in the Discordian Society but can still understand other viewpoints.

"I love David's magazine. I admire that his emphasis is on freedom of speech and that he'll pretty much publish whatever he wants to," Hand said. "He's also providing an opportunity for others to say what they want, too."

In the basement, Barker said, he spends about 30 hours a month on the research, the art and the writing. He works on his IBM and Macintosh, using QuarkXPress to produce the publication. Barker prints out a hard copy and then takes it to Kinko's to make copies, which he said costs him up to \$100 an issue to make.

"E-Prime has a distribution of between 100 to 300 prints a month — depending on the availability of funds," Barker said. "In any given month, three to five people contribute to its publication."

Barker said the magazine is carried at Hyjinx Comics above Iguanas on Third Street and a number of comic stores outside of San Jose, along with subscriptions.

Hyjinx co-owner Kevin Wu said he carries a wide range of independent and self-published magazines but hasn't had the opportunity to fully read through Barker's magazine.

"His ranting is a bit odd — it's kind of like a conspiracy theorist," Wu said. "I like to support the local community, and I haven't turned one (independent magazine) down."

Barker said he accepts mail orders and said he has sent several magazines to Reginald Lewis, a death-row



Shih Fa Kao/ Daily Staff

David Barker, a senior art major, has produced his own magazines for five years, and in that time he has published seven different magazines. His latest magazine, E-Prime, already has six issues.

inmate in Pennsylvania. Barker's passion to express himself started when he was a senior in high school. It was a late night at Denny's restaurant, and after several cups of coffee, Barker began to write down his story.

The end result was "Othila," Barker's life story written on 120 pages of napkins and copied into a small version of a magazine, which he then handed out to his friends.

As a freshman at SJSU, Barker produced his second magazine, Jones Street, which was mainly about pranks and Discordian activities. His third magazine was The Discordian Spelling Book, which dealt with the Discordian Society. Please Recycle and Cherry Reader were compilations of student works from Barker's creative writing classes. Poetry and short stories filled the magazines.

"My magazine is an outlet for me and people with no genres," Barker said.

"It's freedom of expression, a networking tool."

Barker said his message isn't as simplistic to others who may read it and said he eventually would like E-Prime magazine to be more general to attract more readers.

"There's a lot of subtext," Barker said. "There are a lot of different messages, but you probably have to read it a few times."

Scott Crittenden, a senior sociology major, contributes to the magazine with his new column "Go ask an ape," which Crittenden describes as a spoof on advice columns with a certain sense of humor. Barker and Crittenden made up all the questions for the column.

Crittenden said he met Barker at

Jazzland Café, where the two still work, and said Barker is a funny and unique character.

"It's important that readers don't take the magazine too seriously," Crittenden said.

"It's mostly obscure stuff and we're conspiracy theorists, but we also have fun."

Crittenden said they see eye to eye on most things and they get together on a regular basis to examine the front page of the San Jose Mercury News.

"We find things we want to see, and print it," Crittenden said.

Barker has one main premise he hopes will resonate with readers after completing one of his issues.

"The message is one of individuality and each person having the ability to have their own opinion," Barker said. "It's about not going along with the crowd."

SPORTS

Spartan softball team opens up conference play against UTEP

By Erik Lacayo
Daily Staff Writer

With conference play ready to begin, the San Jose State University softball team is on a 10-game losing streak and down at least one player.

SPARTAN SOFTBALL
THE WINDUP
NOTEBOOK

The Spartans (2-18) will face their first Western Athletic Conference opponent, the University of Texas-El Paso, on Sunday at SJSU Field at noon.

The Spartans are coming off a weekend where they went winless in the National Invitational Softball Tournament in Sunnyvale.

Before its game on Sunday against Sacramento State University, the team held a players-only meeting in hopes of motivating themselves, said head coach Dee Dee Enabenter.

The Spartans opened their game against the Hornets with an early two-run lead. While the Hornets went on to defeat the Spartans 7-2, the team came out with a lot more intensity, Enabenter said.

Enabenter said she is hoping this newfound intensity will carry over into

their upcoming conference games.

"We need to be more consistent and motivated to salvage the rest of this season," Enabenter said. "It's all about a matter of pride."

Enabenter is telling the players not to look at the scoreboard until the very last out of each game.

UTEP (7-14) is similar to the Spartans because they are expected to finish toward the bottom of the conference, Enabenter said.

"No one is really expecting them to do well, but you must watch out for them," Enabenter said. "The teams you are not expecting much out of are the most dangerous types of teams."

This is the first year UTEP is playing in the WAC, so Enabenter said she does not know much about its squad yet.

"We're going to go in blind," Enabenter said.

Enabenter said that what she does know about UTEP is they have many

"free-swingers."

UTEP batters have six home runs and 109 strikeouts collectively so far this season.

Enabenter said she views the beginning of conference play as the start of a new season.

While teams like Fresno State University and the University of Tulsa are favorites in the WAC, SJSU can possibly surprise some of these schools, which may not be expecting a lot from the Spartans, Enabenter said.

"Hopefully they'll come out with their guns half-cocked," Enabenter said.

As the Spartans look forward to the second half of their season, they will have to do it without senior infielder Stephanie Miran. About a week-and-a-half ago, Miran quit the team.

"It just wasn't fun for me anymore," Miran said.

Enabenter said that Miran left the team on good terms and that she will

not fill Miran's spot on the roster with anyone else.

A lack of playing time factored into her decision to leave the team, Miran said.

"As a JC transfer, it was difficult for her to adapt to the different environment," Enabenter said.

"I wish the team the best of luck," Miran said. "I'll keep going to the home games."

The Spartans may also go into the UTEP game without ace junior pitcher Carol Forbes, who bruised her heel during the invitational tournament. Enabenter said she is questionable for Sunday's games.

Enabenter said Forbes will play if she can plant her foot without feeling pain, adding that she does not want to bring Forbes back prematurely.

"I'd rather have her for the long

haul," Enabenter said.

Junior infielder Michelle Kelley was hit in the head while fielding ground balls and complained of vision problems during the invitational tournament, Enabenter said.

Enabenter said that Kelley should be ready to play against UTEP.

After UTEP, the Spartans host the University of Illinois-Chicago Tuesday at SJSU field at 1 p.m.

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