



Washington named to CSU board

'Washington's experience as A.S. president will help him to represent all 38,000 students in the CSU well.'

Nicole Lauder
Associated Students president

By Faye Wells
Daily staff writer

Gov. Pete Wilson has appointed Arneze Washington, former president of SJSU's Associated Students, to the California State University Board of Trustees.

The appointment gives Washington a voice in who SJSU's next president will be. He will be able to vote, will serve on the board for two years, but will not be paid.

Washington tried to get students more voice in CSU policies, according to current A.S. president Nicole Lauder.

Gov. Wilson lauds former A.S. president as effective student rep

"That's great," she said of the appointment. "I think it's a really neat opportunity for SJSU to have a student representative sit on the Board of Trustees."

The CSU board needs student input, she said.

"Washington's experience as A.S. president will help him to represent all 380,000 students in the CSU well," she said. "It's a very important position to have a student advocate on the Board of

Trustees."

"He's the only student trustee," she said. "There have already been three board meetings without a student."

Wilson predicted that Washington would be a "diligent and effective advocate for the students of the California State University system."

Like Wilson, Washington is a Republican. He is 32 years old, and currently studying for a bachelor of arts

degree in communications at SJSU.

He already holds associate of arts degrees in pharmacy and business and is currently working as a pharmaceutical technician for the Air Force.

An Air Force reservist, he was called for military duty in Desert Storm last January.

Washington left the university at that time to train at Travis Air Force Base in Fairfield.

— *The Associated Press and Daily production editor Robert W. Scoble contributed to this report.*



Arneze Washington



Donna Brammer — Daily staff photographer

On-air personality Phil "Scoots" Habib is fed a live worm by fellow KSJS staffer Kim "Tortoise Woman" Clark. The students are aiming to raise \$20,000 for the station. Habib said, "The worms taste best with steak sauce."



Donna Brammer — Daily staff photographer

Students are fascinated, and disgusted, as they watch KSJS disc jockey Phil Habib chew and swallow 10 worms to raise funds for the station.

KSJS jockeys eat worms, wear diapers for cash

By Michael Monaghan
Daily staff writer

KSJS disc jockey Jon "Dr. Love" Campbell aired his show in front of the Student Union Thursday morning — only it wasn't the typical broadcast.

Clad in only a T-shirt, Ray-Ban sunglasses and a diaper, Campbell's broadcast — from a playpen complete with Raggedy Ann and Andy dolls — was the answer to a self-proclaimed pledge challenge from KSJS's pledge drive last week. The challenge: If sponsors raised \$600 in pledge money during his show, Campbell would dress in "baby drag."

According to Campbell, it took only two hours to raise the \$600, and a short time later, \$1,000 was sponsored.

"People don't know about (KSJS),"

Campbell said. KSJS hoped to raise awareness of the station with the Student Union broadcasts, which lasted from 6 a.m. to 1 p.m. Other challenges Thursday included Pete "Coach Q" Nyberg shaving his head and "Scoots" Habib eating 10 live worms.

Pledges have amounted to \$20,000 so far, and this money will be used to purchase new compact discs and disc players, microphones and air conditioners. However, more money would be nice, Campbell said.

KSJS, which is located in Hugh Gillis Hall, is scheduled to move to a larger room in the same building when air conditioning is installed.

In exchange for pledging money to the radio station, sponsors receive gifts such as T-shirts, compact discs and concert tickets. In this regard, "you're getting something back" as you give to KSJS, Campbell said.

Kinko's agrees to ask publishers' permission

Course readers will cost students more

By Angela Hill
Daily staff writer

Kinko's now has to copy everybody else — at least other copy companies.

In an Oct. 17 agreement, ending a lawsuit from early this year, Kinko's conceded to follow common legal practices of getting publishers' permission and paying royalties before duplicating copyrighted books.

For students, this means Kinko's prices for college class anthologies are a little higher than they used to be and turnaround is a little slower.

The agreement is between Kinko's, the Association of American Publishers, and the eight publishers who won the lawsuit against the nationwide copy shop chain in March. The court's ruling found Kinko's guilty of detouring permission fees in order to undercut its competition on college anthologies or packets.

Although Kinko's now adds the permission fees into its price scales, packet prices are not substantially higher.

"We still make the packets here at this store," Lola Pana of the downtown San Jose Kinko's said. Pana is in charge of professor publishing requests.

"The only difference it will make to students is that the packets might cost a little more.

How much depends on what publishers ask for in royalties on certain books," she said.

Packets, a collection of copied sections from books and other publications, are perfectly legal when proper authorization is obtained and permission fees are paid, according to Judith Platt, a representative for AAP, a trade association.

"College anthologies are much less expensive than buying the complete texts for a class," Platt said. "But the fact that they're for educational purposes is no excuse to break the law."

Obtaining permission is the legal way to go, but it does take longer.

"Getting permission may take two or three weeks," Platt said. "Professors can't expect to come in at the last minute and get a 24-hour turnaround."

"It's only fair, though," she said. "Intellectual property is just as much property as something physical. People who wouldn't dream of walking out of a store with an article of clothing don't realize it's the same thing to copy things writers have worked on for years."

In the recent agreement, Kinko's also consented to pay damages of \$1.8 million to the infringed publishers, obtain proper authorization and pay permission fees in the future. The case will not be appealed.

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SJSU students head to Big Basin to shore up land against erosion

By Kim Carter
Daily staff writer

Several SJSU students are volunteering to help restore Big Basin in the Santa Cruz mountains before the rainy season arrives.

Twelve members from the SJSU Environmental Resource Center group ventured to Big Basin Oct. 19.

"It was a lot of labor and very educational," ERC volunteer coordinator Jason Gerber said. "Everybody came away with a good feeling that they got things accomplished."

SJSU students from the Alpha Phi Omega fraternity will volunteer on Oct. 26 and members of the Student Affiliation For Environmental Respect will head for the hills on Nov. 16.

Big Basin Redwood State Park is located in the heart of the Santa Cruz mountains. The park recently acquired 800,000 acres of land called Berry Creek Ridge to the north of Big Basin.

This area has been heavily logged, and if the land is not prepared for restoration, the rainy season holds the potential to wash thousands of tons of soil down the slopes of the park into creek beds.

The result is that the creek waters muddy and sediment is deposited on creek beds. Water-related habitat is destroyed.

Already, native salmon and trout numbers are down five percent to what it used to be. Trout need clear creek beds to spawn.

The SJSU students will be volunteering their weekends in the next couple of months by removing non-native plants and help in the construction of erosion control structures.

The Sempervirens fund in charge of the project is a non-profit organization that plans and coordi-

nates a variety of restoration activities in the Santa Cruz mountains.

Ken Moore is the group coordinator who is in charge of taking the teams out and demonstrating the restoration process.

"The objective of the Sempervirens fund is to preserve and protect the character of the Santa Cruz mountains," Moore said.

The teams usually spend a six- to eight-hour day of hard labor. Each volunteer will dig up foreign plant species with tools provided by Sempervirens.

Moore said he tells student volunteers to "bring a sack lunch and a bunch of water. I recommend that you wear work clothes and hiking boots."

The erosion control is almost complete. "The focus this fall is to remove all non-native invasive plant species," Moore added.

Two species of non-native plants are spreading rapidly throughout the park area that need to be removed: Pampas grass from South America and French Broom from Europe. These plants take over an area so quickly that the native species can't compete.

"We can not co-exist with these plant species," Moore said. "Insects don't attack the plant species and animals do not eat the plants — nothing interacts with these plants."

Students who are interested in volunteering to help restore Big Basin contact Jason Gerber at the ERC in Washington Square Hall or contact Ken Moore at Sempervirens (408) 662-3039.

WRITER'S FORUM



Dede Reis

Stop the war on herbs

"I am in favor of a war on drugs, but not in favor of a war on flowers and herbs." -Willie Nelson.

I saw another hemp shirt on a random person the other day. They're great shirts, a bit too expensive, but I suppose we all pay a price for the illegality of pot. Casualties of the "war on drugs" range from the imprisoned "dealer" to the drug-free middle-class taxpayer. Pot use cost Allen Ginsberg what sexual harassment did not cost Clarence Thomas. In a country at war with its own urine, anything is possible.

As illustrated by alcohol prohibition and, increasingly, the war on drugs, substance control is the pipe dream of would-be cultural police and a convenient non-issue when "moral leaders" like George Bush peddle themselves on the stump.

Don't get me wrong. I don't want the children of America high on grass in the classrooms any more than the next person. Close examination of drug use among teenagers, however, supports the theory that many kids are attracted by the glamour that is associated with illegality.

Millions of dollars are spent enforcing marijuana criminalization. Naturally, millions more are spent cultivating and importing the plant. Legalizing marijuana possession would save a lot of money. Futile enforcement costs would be eliminated, a hemp tax could generate millions of much needed government revenue and the cost to recreational users would be slashed.

Tobacco and alcohol are implicated in the deaths of hundreds of thousands of people each year in this country alone.

Pot use cost Allen Ginsberg what sexual harassment did not cost Clarence Thomas

Studies indicate that cigarette users put themselves at a far greater health risk than pot-smokers. Others point to a great body of evidence proving that alcohol is both more addictive and is far more likely to incite abusive and self-destructive behavior than dope. In fact, 65 percent of all murders in this country involved the use of alcohol. So why is marijuana illegal, you ask?

Many in the fight to de-criminalize marijuana point to the significant lobbying power of cigarette and alcohol corporations. The last thing big beer business wants is competition on the sale of legal ganja. Also, consider the fear surrounding anyone's admission of either the use or support of this plant.

In talking to people in the last three or four years, I've found most have realistic opinions of grass. These are characterized by statements like "Of course pot is no worse than alcohol." If more people get past the misinformation lumping pot with white powders and high power hallucinogens, perhaps the often-thwarted California Hemp Initiative will someday be passed and de-criminalization of the Cannabis flower will begin. It sure won't hurt state agriculture.

Dede Reis is a Daily staff writer.



Raúl Dominguez — Spartan Daily

AND ANOTHER THING ...

Ted R. Comerford

Pick an issue, any issue, and take a stand

Sexual harassment, racism, Zionism, homophobia, heterosexism, what do these words have in common with each other? They are all topics that have been covered in the pages of the Spartan Daily during the past two weeks.

Students already have plenty to think about without having to ponder the issues of the week: whether or not Israel is oppressing the Palestinians, whether or not lesbians and gay men are really human beings, whether or not women are sexually harassed on the job, and whether or not Bart Simpson is the reincarnation of Eleanor Roosevelt.

Regarding the Clarence Thomas nomination/hearing/confirmation, I am disgusted beyond my own wildest imaginations. In the name of racial justice, an irrefutably unqualified person was nominated and confirmed to serve on our nation's highest court.

Believe me, I am the first person to acknowledge that an African-American needed to fill the vacancy on the Supreme Court that was left by the retiring Justice Marshall. Nominating an African-American was the smartest thing George Bush ever did. Nominating Clarence Thomas, on the other hand was not.

Justice Thomas is neither experienced nor old enough (not intended as a

constitutional argument) to sit on the Supreme Court bench. Bush could have nominated an older, more experienced judge. But, determined to make race an issue one more time, he nominated someone who would barely pass through the Senate confirmation process. Just minutes after Thomas was confirmed by the Senate, Republican senators were bringing racial issues into the morass that was Thomas' confirmation, stating that the Democrats who voted against Thomas were voting against the second African-American ever nominated.

To me, that sounds like an indictment of the Republican presidents for not nominating an African-American sooner. But the way that the American people will probably take the senators' intimation will be just the way Bush wants them to: the Democrats oppose having African-Americans in positions of power.

That's horseshit. Nothing legal can be done to remedy the error of Thomas' confirmation. It will be up to a strong Congress and a wise, liberal president to counter much of the mess that will be coming out of the staunchly conservative court. Now is not the best time to be non-white, non-Christian, non-heterosexual, non-college graduate, non-wealthy or non-conservative. We, as a nation, must brace

for the worst. And in answer to what several of my colleagues and friends have been telling me about my recent column regarding sexual harassment, thank you for bringing another perspective to the issue. As far as the sorority pledge who was raped goes, I did step in and reported it to the campus police. The pledge refused to press charges. It was soon thereafter that I was removed from the office of president of that fraternity and was expelled from the national fraternity.

My being willing to stand up for that pledge was, in large part, a catalyst for my expulsion. We all pay a price for speaking out against the system. We are all in this one together.

On a lighter note, the symptoms of the rise of a fascist nation are everywhere. One needs only watch CNN Headline News to see a former Grand Dragon of the Ku Klux Klan, David Duke in race for Louisiana's governor's office. I'm not sure that I am ready to get trucked off to the camps just yet.

Speak out. Take charge. Be responsible. Take action.

Ted R. Comerford is a Daily staff writer.

WRITER'S FORUM



Kim Carter

Ruled by a dieting society

Canebridge. Jenny Craig. Ultra Slimfast. Extra-Strength Dexametrim. I've tried them all. Half of my life, I diet. Diet! Diet! I wish I were one of those types who could eat anything and my metabolism would take care of it — but nooo.

I wish our society still believed in the days of the fertility cult during the time of Venus of Willendorf — plump is beautiful. Actually, I realize that being thin and in shape is healthy. However, I do resent the way society puts pressure on women and men alike to portray the model, anorexic image — look at Vogue, Glamour, Cosmopolitan.

Fifty-million Americans attempt a variety of diets each year, spending close to \$30 billion. This is a mere example of the result of the self-image complex we get from the model industry. Ninety percent of people who lose 25 pounds gain it all back. This is because when people try to lose weight, they attempt diets that will take the weight off the fastest — immediate gratification. These types of diets tend to be the most dangerous and ineffective.

Oprah Winfrey lost lots of weight on the liquid Optifast diet, but look at her today. She is heavier than she has ever been and preaches that she will never try another diet again.

According to Dr. Robert Kushner, a university specialist on dieting, fast weight loss is not effective. Dieters go on crash diets and drop calorie intake substantially. When goals are met, calorie intake is increased; however, your body no longer needs as many calories. The result is weight gain.

The healthiest way to control unwanted weight gain is to burn off more calories than taken in. I would much rather motivate myself to exercise than to deprive myself from favorite foods. In the book "New Fit or Fat," it says that fit

people eat more than fat people. Yes, I like to eat; therefore, I want to be fit.

The winter months seem to be the most difficult time to control my weight. I find it difficult to motivate myself to exercise because of the rainy weather. During this time, I tend to succumb to weight loss advertisements. "Lose 20 pounds in two weeks — just drink three nutritional shakes a day and you will be slim forever."

The Food and Drug Administration is cracking down on the quackery diet commercials because of false advertising. They want full disclosure up front — side effects on the diet and the number of people who drop out of the program. For instance, the "Dream Away Pill" has been taken off the market. Advertisements stated: Take this pill before going to bed and wake up skinnier. Yeah, right. You'd have to be really gullible to believe that one.

Nutri-System has topped the headlines recently. There have been 500 lawsuits filed because of gallbladder failures. Advertisements from Nutri-System and other programs alike portray success stories. The fact is that there are many more unsuccessful stories. Women who attempt the weight loss programs and do not succeed look at themselves as failures. "If they can do it, why can't I?"

I don't think the general population is aware what weight is a healthy weight because of the portrayal of the model figure in our society. After all, who can really wear the tight, slinky clothes modeled and look as stunning as the woman in the ad?

Well, one of these days I will. Beginning Monday, I'll start exercising on a regular basis and try to eat healthier foods. Or ... maybe next Monday?

Kim Carter is a Daily staff reporter.

Forum page policies

The Spartan Daily devotes page two Monday through Friday to opinions from the Daily staff and community. Students, staff and faculty are welcome to contribute opinions.

Turn letters and opinions into the Letters to the Editor box in the Spartan Daily newsroom, WLN 104, between 9 a.m. and 5 p.m.

Submissions may also be mailed to the Forum Editor, the Spartan Daily, department of mass communications, San Jose State University, San Jose, CA 95192-0149.

When submitting articles, please include: your name, phone number, address, class standing and major (if a

student). Articles can be submitted on a 3.5-inch disc with Microsoft Word.

Don't send us your only copy because submissions become property of the Spartan Daily and will be edited for grammar, libel, spelling and length.

Categories available to non-Daily staffers are: Campus Viewpoint is a 300-500 word essay on current campus, political or personal issues. Submissions should be well researched.

Letters to the Editor should be approximately 200 words responding to Spartan Daily articles or calling attention to a particular issue or point of view.

Corrections:

The date for the next meeting of the Task Force on Intercollegiate Athletics was incorrectly stated in the Oct. 24 article "Sports task force sets goals for academic standards." The group will meet again Nov. 5.

In the article "Delta Gamma splashes to help disabled groups" (Oct. 23), the name of the event's chief organizer was not mentioned. Philanthropy Chairperson Charissa Pohle is responsible for organizing the Anchor Splash. Also, the competition where fraternity members acted out renditions of different stories (such as Peter Pan and Rocky) was titled "Mr. Anchor Splash." The three-foot trophy was awarded to the winner of the overall competition, Sigma Chi.

NEWS ROOM (408) 924-3280
FAX 924-3282

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USPS# 50948000 POSTMASTER: Please send address corrections to Spartan Daily, c/o San Jose State University, One Washington Square, San Jose, California, 95192-0149. Second class postage paid at San Jose, California. Member of the California Newspaper Publishers Association and the Associated

Press. Published daily at San Jose State University during the college year. The opinions expressed in the Spartan Daily are not necessarily those of San Jose State School of Journalism and Mass Communications, the University or any other students or faculty organization. Mail subscriptions

accepted on a remainder of semester basis. Full academic year, \$25. Each semester, \$15. Off-campus price per copy, 15 cents. On-campus delivery paid through the Instructionally Related Activities Fund at 50 cents per full-time student. The Spartan Daily is written, designed and edited by students.

SpartaGuide

SpartaGuide is a daily calendar available to SJSU students, faculty and staff organizations at no charge. Deadline for submission: 5 p.m. two days before publication. Forms are available at the Spartan Daily, WLN 104. Limited space may force reducing the number of insertions.

PHONE: 924-3280
FAX: 924-3282

TODAY

CAMPUS MINISTRY: Taize Prayer for Peace, Christian gathering of music, scripture, fellowship, 10 a.m., Campus Christian Center Chapel (10th and San Carlos streets), call 298-0204.

ERC: Environmental Resource Center presents: Free concert, Darryl Cherny of "Earth First!" 8 p.m., Studio Theatre, HGH, call 924-5467.

MUSLIM STUDENT ASSOC.: Friday prayers, 1 p.m., S.U. Guadalupe Room, call 241-0850.

PHILOSOPHY DEPT.: Dr. Len Brewster, "Why God does not exist," 7:30 p.m., 4th floor lounge @ Colonnade Apts., 201 S. 4th St., call 924-4519.

RECREATION AND LEISURE STUDIES: Halloween balloon burst, noon, Art quad/increment weather back-up site (SPX walkway), call 984-3644.

SATURDAY 26

A.S. HOMECOMING 1991: Homecoming tailgates, 3 p.m., Spartan Stadium/South Campus, call 924-6290.

SJSU ICE HOCKEY: SJSU vs. USC, 11 a.m., Golden Gate Ice Arena, 3140 Bay Rd., Redwood City, call 267-6989.

JEWISH STUDENT UNION: Halloween party, 7:30 p.m., Jason's house, call 296-3125.

PHILOSOPHY DEPT./ISR: Lecture, Kathryn Eldred, "Ethics in Computing," 10 a.m., S.U. Loma Prieta room, call 924-4501.

SUNDAY 27

SJSU ICE HOCKEY: SJSU vs. UCLA, noon, Golden Gate Ice Arena, 3140 Bay Rd., Redwood City, call 267-6989.

JEWISH STUDENT UNION: General meeting, 7:30 p.m.,

International Center, call 725-8269.

MONDAY 28

ART DEPT.: M.F.A. Candidacy Review, 13 graduate students participating, 9 a.m., Art Dept., call 924-4330.

A.S. HOMECOMING 1991: Banner contest, 8 a.m., S.U. Amphitheatre, call 924-6240.

ASLS: A.S. Leisure Services, In-class registration, during SpartAerobic

classes, Event Center Aerobics Room; First day of second session SpartAerobics, Event Center Aerobics Room, call 924-5960.

CAREER PLANNING & PLACEMENT: Employer presentation, Varian, noon, S.U. Almaden Room, call 924-6033.

SJSU CYCLING TEAM: Meeting, 5:30 p.m., S.U. Costanoan Room, call 298-6928.

MATH & CS CLUB: Lectures by Prof. Mitchem, Rosane Ko and Charles Sun, 3 p.m., MH 324, call 924-5133.

Student-run credit union gets off ground

Low-interest loans beginning to draw more SJSU customers

By Barbara Doheny
Daily staff writer

Twenty-five hundred dollars could come in handy. Registration is coming up. The holidays are close behind.

Not to worry. A group of SJSU students have the money to lend, and loan applicants get their answer back in about a week.

Washington Square Federal Credit Union, the only student-run credit union in the California State University system, celebrates its fifth anniversary this month in the black, with 447 depositors and more than \$500,000 in assets.

The all-volunteer staff gets class credit but no financial support from

the university. Surviving on its own investments, WSF credit union boasts a loan default rate of only 3 percent on \$192,000 in outstanding loans.

The credit union provides loans and savings certificates to students who might not otherwise obtain them. It is also hands-on learning lab for business students. Customers are restricted to SJSU students and alumni.

"The credit union is not there to make money. It's there for the students," according to Kurt Carrasquilla, co-director of marketing and a junior marketing major.

Services are tailored to student budgets, offering lower minimum balances for savers and less stringent requirements for loan applicants than

commercial banks. Passbook or "share accounts" can be opened with \$25 and earn five percent annual interest.

All deposits are invested in government bonds or savings certificates at banks and savings and loans. Those investments earn the interest WSF pays its own savers.

An all-volunteer staff and the occasional bake sale help the bottom line, but loans are the mainstay of the business.

WSF averages seven to eight loans each month, and has lent \$350,000 since its inception, according to Carrasquilla. Since the start of the year \$100,000 has been distributed in 54 loans.

"It's not play money. The money they're investing is definitely not a game," Carrasquilla said.

Five years ago, administrators and the Associated Students board had

serious doubts that a student-managed lending institution could survive. The A.S. refused to fund the young credit union.

"Students are usually classified as being the riskiest borrowers," acknowledged senior finance major Roy Soo-Tho, the chief loan officer.

"It also reflects on the quality of students we have here," he said of WSF borrowers. "Most of them are working. We find they come here already pretty responsible."

Credit union chief executive Owais Kazi, a senior finance major, has a different theory. "Students feel this is their own credit union and they don't want to cheat on their own," he said.

Applicants must demonstrate a monthly income of at least \$600, and their expenses cannot exceed half their income, Soo-Tho said. The line is more often drawn at 40 percent, he said, but many factors are considered.

"We have to be sort of flexible when it comes to dealing with students, because each one of them faces so many different situations," he said.

"I can say with confidence we qualify a lot of students for loans who would not qualify for any other financial institution," Kazi said.

He added the credit union expects to offer car loans and a credit card by the end of the semester.

Interest rates are set and investments chosen at twice-monthly meetings of the all-student board of directors. Every shareholder can nominate and vote for board members each December. The board chooses the credit union officers.

The 30 to 40-member student staff work for free, but pick up management experience that puts a shine on their resumes. Students in any major can join.

Last spring's chief executive was

recently hired as the controller at Ampex Corporation's credit union in Redwood City, according to adviser Francene Feldbrugge.

"The main point is experience," Soo-Tho said. "The experience I pick up here reinforces what I learn in class."

The only problem with operating without university funds, officers agree, is their off-campus location.

The group rents a room above the San Jose Peace Center on Seventh Street, across from the Engineering Building. Loan operations are managed out of a walk-in closet.

"We are sort of hidden from the students who can use our services," Kazi said.

For a credit union that grew from startup to stability in tough economic times, Soo-Tho said, "our main problem is letting everyone know we're here."

Civil-rights bill accepted by Bush after 'quotas' clause cut by Senate

WASHINGTON (AP) — President Bush agreed Thursday night to accept a modified version of the Senate's long-disputed civil rights bill, his chief of staff John Sununu said.

The leading Republican sponsor, Sen. John Danforth, R-Mo., said the latest revision also had been accepted by the top Democratic supporter of civil rights legislation, Sen. Edward M. Kennedy, D-Mass.

Senate Democrats scheduled a private caucus Friday morning to consider the latest GOP offer.

It emerged from a long day of private negotiations, first among Senate Republicans and White House officials, and later including Kennedy.

"We finally were able to get language accepted that eliminated the prospects of quotas. That's a very significant change," Sununu said.

"I spoke with the president. It appears the proposal is acceptable and if there are no additional changes to what is there, the president is willing to sign that bill," Sununu said. "It is a non-quota bill."

Details of the substance of the changes were not disclosed. Sununu said they involved several paragraphs of technical legal language dealing with a long-disputed provision establishing standards of defense for employers facing suits alleging unintentional discrimination.

In addition, the new proposal includes an adjustment in the limits on damages that victims of sexual harassment and sexual discrimination would be eligible for, according to both Sununu and Danforth.

Both commented as they emerged from a closed-door meeting in Senate Minority Leader Bob Dole's Capitol office. The negotiations there ran for more than 10 hours.

The agreement, if accepted by Democrats, would represent an important breakthrough in a civil rights debate that has been stalled for nearly two years. Bush vetoed a similar bill last year and had attacked versions sponsored by Democrats as well as Danforth's bill this year as "a quota bill."

"It's very significant," Sununu said. "...

It looks like there's enough strong support — both Republican and Democratic — that this agreement can be brought to the floor in a relatively short period of time."

Danforth cautioned that, "There is nothing agreed to until we vote." But he said Kennedy "will recommend it to the Democratic caucus tomorrow."

Senate Majority Leader George Mitchell, after being briefed on the details of the proposal, called the meeting of Democratic senators. Deal or no deal, he said, the Senate will begin formal consideration of the bill Friday.

"The private negotiations have about been completed," Mitchell said. "The question is whether they will be carried forward to agreement, or whether we'll simply reach a point where no agreement is possible and we proceed to resolve the matter here on the Senate floor."

Talks toward a deal that would avert a threatened veto by Bush heightened in intensity as Dole brought together White House counsel C. Boyden Gray and key GOP senators, including Danforth.

As optimism about a deal grew in the evening, Sununu joined the Republicans in Dole's office. Danforth took the new proposal to Kennedy. Kennedy had no comment as he went from a private meeting in Mitchell's office to a meeting in Dole's office with Sununu, Gray, Dole and Danforth.

Dole told reporters, "Our people say if Kennedy signs off, we can get a bill."

The Senate still faced a controversial amendment or series of amendments bringing congressional employees under the bill's provisions.

The main focus, however, was a narrow but intense argument over legal language setting standards of defense that employers could use against suits alleging unintentional discrimination.

Only a day earlier, the White House had renewed its attack on Danforth's measure as "a quota bill."

Supporters in both parties had focused efforts on trying to either find a bill that both Bush and a majority of the Senate could sup-

port, or a version that would attract a two-thirds majority that could override a Bush veto.

They believe they are within a vote or two of that number, with more than a half-dozen Republicans counted as still undecided.

Before the Bush-Senate agreement, Sen. Tim Wirth, D-Colo., blasted Bush's opposition to the measure and said he would offer an amendment permitting victims of sexual harassment and discrimination to seek unlimited damage awards in lawsuits.

"The White House has played the Willie Horton card, they've played the quota card, and now they are going to try and play the women card," Wirth said.

"They're playing pure politics with the notion of equality — the cornerstone of civil rights."

The rights bill is intended to partially reverse a series of Supreme Court rulings that have made it more difficult for victims of job bias to win lawsuits and collect damages.

In addition, the bill would expand the ability of victims of sexual harassment and discrimination to collect damages.

They are limited to collect back pay only, while victims of racial discrimination are eligible for unlimited damages.

The Senate bill, as well as a House-passed version and a more restrictive bill offered by Bush, would allow victims of sexual discrimination and harassment to collect damages but within fixed dollar limits.

Sen. Barbara Mikulski, D-Md., denounced those limits, saying the result would be "an anti-discrimination law that discriminates against women."

She said Bush's version would require trials to be argued before judges without a jury.

"Talk about harassment," she said. "Boy, that tops the cake."

\$5 million in science grants awarded

WASHINGTON (AP) — Twenty-four partnerships of scientists, teachers and media experts will share \$5 million in grants to produce videos, interactive exhibits and other projects designed to excite young people about science, federal officials said Thursday.

The projects, once they are proved successful, are intended to be replicated for wider use across the country as part of the Bush administration's push to improve American students' math and science skills.

One of the funded partner-

ships will team Stanford University with Lucasfilms Learning, a multimedia design group based within George Lucas' film company. This project proposed to develop interactive software programs on various science topics.

The New York Hall of Science and the Association of Science Technology Centers will develop a 500 square foot, hands-on exhibit on AIDS and the human immune system for families, teachers and students in grades 6-12.

The exhibit will tour the

country. Another grant pairs the American Association for the Advancement of Science with the Black Church Network to produce a series of biology-related programs that can be used in after-school programs and health fairs.

The proposals were selected from nearly 200 proposals submitted for Science Education Partnership Awards. The grants were made by the Alcohol, Drug Abuse and Mental Health Administration and the National Institutes of Health.

'Star Trek' creator Gene Roddenberry dies

LOS ANGELES (AP) — Gene Roddenberry, a one-time pilot and policeman who created the "Star Trek" science fiction television series adored by legions of "Trekkies," died Thursday. He was 70.

Roddenberry died at Santa Monica Medical Center shortly after suffering a heart attack at his doctor's office across the street, said hospital spokesman Ted Braun.

"Star Trek," a ratings flop when it ran in the late 1960s, gained real fame in reruns of its 79 episodes. It led to six "Star Trek" feature films, a new series with different intergalactic characters and a cultural phenomenon of conventions, books, clothing and lunch boxes.

A quarter century later, the show is still followed by millions of fans, commonly referred to as "Trekkies."

The original series, set in the 23rd century, featured the Starship Enterprise and its crew, including the dashing Capt. Kirk, played by William Shatner, and the logical but emotionless Vulcan first mate, Mr. Spock, played by Leonard Nimoy.

Shatner called Roddenberry "a physically large and impressive man."

"His stature was superceded by his towering imagination.... The Star Trek phenomenon will be his legacy and will live on forever," Shatner said.

Nimoy said Roddenberry "had an extraordinary vision about mankind and the potential of mankind's future."

George Takei, who played chief navigator Sulu, said, "Gene was a dear friend as well as someone who shepherded my career. We call him the Great Bird and he really was for me."

Paramount Pictures chairman Brandon Tartikoff, whose studio made both series and all the "Star Trek" feature films, said Roddenberry's creations were legendary.

"Few ideas in the annals of motion picture and television history have inspired more passion and allegiance on the part of the audience than has 'Star Trek,'" Tartikoff said.

"Twenty-five years ago, Gene Roddenberry imagined an optimistic future for us all, and his vision will live on well into that future," he said.

The original "Star Trek" debuted on NBC on Sept. 8, 1966, proclaiming its five year mission: "To seek out new life and new civilizations. To boldly go where no man has gone before."

The mission was canceled in 1969. Its highest ratings ranking was 52nd, achieved during the first season.

The show developed into a sensation in syndication, giving rise to scores of fan clubs and fan magazines that recently celebrated the show's 25th anniversary.

A native of El Paso, Texas, Roddenberry was awarded the Distinguished Flying Cross for his World War II service. He was a pilot for Pan American World Airways from 1945 to 1949.

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SJSU comes to life with rhythmic jazz



Lynn Benson — Daily staff photographer

Jazz artist Al DiMeola entertains his audience Thursday afternoon during a free concert at the Student Union Amphitheater. The show was part of SJSU's Fourth Annual Jazz Week.

Fourth Annual Jazz Week brings Al DiMeola to SJSU lunchtime crowd

By Anne Douquet
Daily staff writer

Toes were tapping, and heads were bobbing Thursday at the Student Union Amphitheater to the rhythmic chords of jazz great Al DiMeola.

DiMeola and his World Sinfonia Band brought its eclectic mix of classical jazz-tango improvisation to SJSU and delighted a capacity crowd of 250 people for about an hour.

DiMeola and his five-man acoustic band entertained a lunchtime crowd with what band-member Gamaliel "Gumbi" Ortiz calls ethnic improvisational music centered around folkloric themes. With his congo-playing, Ortiz adds a level of energy that fires the creative talents of the band as a whole.

"The audience was happening, and the band had a lot of fun playing today," Ortiz said. "Other than a few stage and sound problems, we had a great time."

Dressed in an Aspen Police baseball hat, jeans, a casual shirt and boots, DiMeola reveled in the energetic fusion of jazz and rock that he played. His fingers danced wildly over the strings of his guitar drawing the audience as well as DiMeola deep into his music in the afternoon sun.

World Sinfonia features the musical talent of Argentinian Dino Saluzzi on the bandoneon, a South American instrument that is similar to a concertina or accordion in size and is played

by pressing buttons. Saluzzi is the newest member of the band.

Percussionist Arto Tunçboyacı, from Turkey, adds a whole new dimension and sound to the band with his home-made instruments. Bells, chimes, various drums and Turkish chants put through digital-delay that add a lot, according to Ortiz.

The fifth member of DiMeola's group is Christopher Carrington, who performs on vihuela, dulcimer, mandolin and guitar. His lively guitar playing compliments the vast musical talents that DiMeola offers.

DiMeola is currently touring with two bands and is releasing albums from both next month. World Sinfonia is a very young band that is presently in its first month of performances, Ortiz said.

DiMeola's other long-standing band is Electric Rendezvous featuring the talents of Paco De Lucia, Jan Hammer, Steve Gadd, Anthony Jackson and Mingo Lewis.

On Nov. 5 "Kiss My Ex" will be released, DiMeola said. World Sinfonia is currently on tour promoting its new album, he added.

Both bands tour year-round and World Sinfonia is headed to Oakland tonight and is leaving Monday for Salt Lake City. Soon after, it is scheduled to tour Europe and Africa, according to Ortiz.

DiMeola has a long list of musical awards and accomplishments. He has

four albums released by Columbia including, "Elegant Gypsy," "Casino," "Splendido Hotel" and "Friday Night in San Francisco," which features John McLaughlin and Paco De Lucia. Some of his other albums include "Tour De Force," "Soaring Through A Dream" and "Tiramisu."

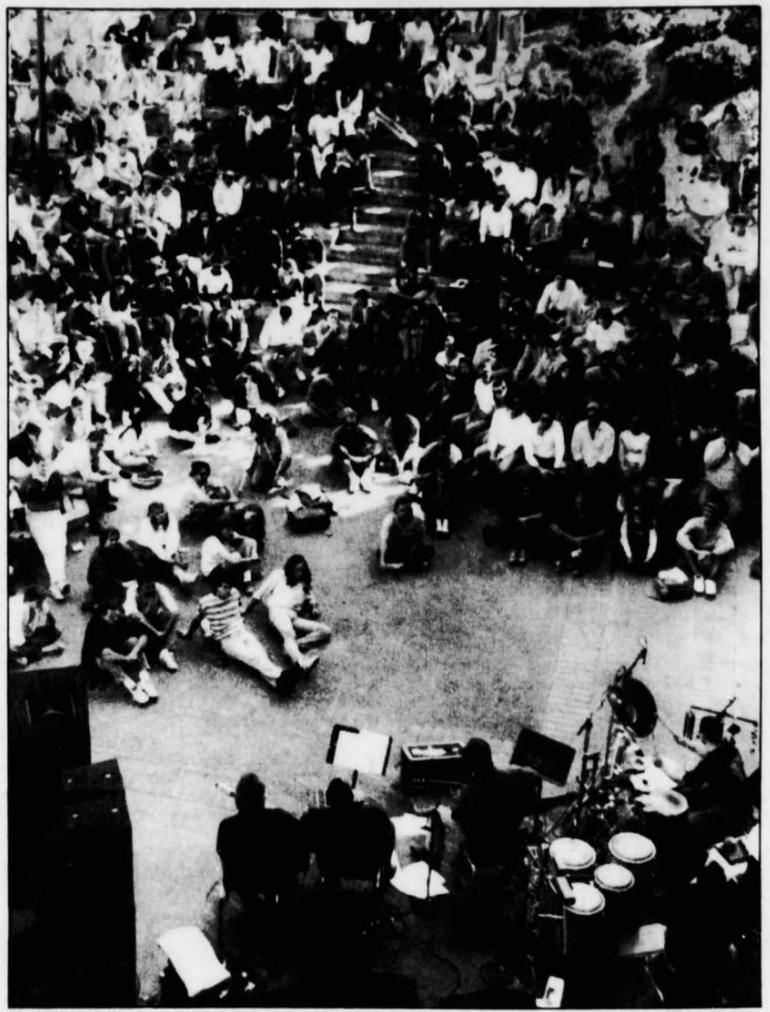
He was also the recipient of "Best Jazz Guitarist," in the annual readers poll of Guitar Player Magazine. This honor earned him admission into the "Gallery of the Greats," making him the youngest guitar player in the magazine's history to receive that honor.

DiMeola's early musical training was with jazz guitarist Robert Aslanian, who emphasized reading, picking technique and technical proficiency as well as blending a variety of musical styles. He also attended the Berklee School of Music in Boston in 1971, further refining his musical style.

His influences included Larry Coryell, Doc Watson, Kenny Burrell, George Benson and The Ventures.

DiMeola and his World Sinfonia band interspersed their electrifying playing with a relaxed demeanor characterized by DiMeola exchanging laughs and throwing things at his band members. He interacted often with the crowd and captivated the filled amphitheater with his magnetism and raw musical talent.

Yesterday's free concert was sponsored by the A.S. Program Board.



Lynn Benson — Daily staff photographer

A capacity crowd at SJSU's Student Union Amphitheater piles in to hear the sounds of jazz artist Al DiMeola and his World Sinfonia Band Thursday.

'Little Foxes' at SJ Repertory

By John Vieira
Daily staff writer

San Jose Repertory Theatre gave an outstanding performance of "The Little Foxes," a play by Lillian Hellman.

This moralistic play is about the Hubbards, a greedy and selfish southern family, who have an all-consuming thirst for power and fortune.

The Hubbards are made up of two brothers, Ben and Oscar, and a sister, Regina. The two brothers and Regina make a deal with a Chicago capitalist in order to have a cotton factory with cheap labor and high profits.

In order to close the deal, Regina needed money from her dying husband, Horace, who has high principles and doesn't use his money out of selfishness. So Regina and her brothers rob him and hasten his death.

In this perfectly cast production, all the performers spoke with similar southern accents. It was well acted melodramatic play with each character

taking on diverse roles of good and evil.

Pat Nesbit plays Regina, a cruel, heartless and ambitious woman who sacrifices her husband and family for the chance of making a fortune.

Nesbit performed wicked deeds that drew gasps from the audience. With her icy cold grin, sneaky eyes and red-orange hair, Nesbit would raise an eyebrow with a devious idea and snarl her nose in spite. She was vixen in attitude and appearance.

Her innocent daughter, Alexandria, was played by Lori Putnam. Her performance of the bewildered and sometimes apprehensive daughter was reminiscent of Judy Garland's performance of Dorothy in the Wizard of Oz.

Horace, a tired man of the house, was played with patience and strength by Jimmie Ray Weeks.

Libby Boone plays Birdie, a neurotic who is married to Oscar — a wife beater. With her quivering voice and jittery fingers she would look

toward the heavens and recall her warm childhood.

The set was alive and pulled the audience into the living room. The lighting created the effects of early morning rays and stormy late afternoons.

From Regina's mean, long, black gloves to Alexandria's innocent hair bow, the costumes emphasized the characters' attitude. From Alexandria's fair, white skin, Regina's wine, red blush to Horace's sickly, pale complexion — the make-up added to the realism of each character.

San Jose Repertory Theatre opens its 12th season with a winner under the direction of Timothy Near.

Performances are Tuesday through Friday at 8 p.m., Saturdays at 5 and 9 p.m., and Sundays at 2 and 7 p.m., with a matinee on Wednesday, Nov. 6 at noon. Tickets are \$13 to \$28, depending on show day, time and seat location. Half-rate student rush tickets are sold 30 minutes before curtain and are subject to availability.

Huey Lewis rocks Shoreline crowd, to perform tonight at Concord Pavilion

By Robert Drucekhammer
Daily staff writer

Huey Lewis and The News, which will perform tonight at the Concord Pavilion at 8 p.m., is likely to rattle your ears with nothing less than an awesome concert if last Friday's performance at the Shoreline Amphitheater was any demonstration.

Lewis is expected to play both old and new songs in his scheduled two-hour performance.

Songs such as "The Power of Love," "Jacob's Ladder," "I Want a New Drug" and "It Hit Me Like a Hammer" are just some of the songs Lewis played last week and will most likely play again this weekend to please hometown fans.

Last week's performance was nothing less than an awesome treat when more than 10,000 ecstatic fans showed up to hear him play in Mountain View. Lewis, born and raised in the Bay Area and who still considers San Francisco his "home,"

yelled excitedly at the crowd about how "great" it was to be at home again, after starting the concert with one of his traditional harmonica solos.

Then, with lights flashing around the stage, Lewis's band struck up with the first song of the evening.

Drums pounded the evening sky, turning eardrums into jelly, and audience members bellowed out songs with Lewis while dancing in the aisles and in the grass area.

The concert seemed almost effortless for the performers, who seemed to be having too much fun to notice how much hard work it is to put on a concert day after day. Strobe lights provided an awesome display of fluorescent colored guitars and background scenes which stage crews had set up to look like an old-fashioned family room.

And concert-goers, who were very well behaved most of the evening, even got a little out of hand when Lewis jumped off the stage during his



last song to run up and down the aisles.

But when Lewis left the stage after one and a half hours, fans couldn't stand it and demanded more.

When he came back, he played three more songs for them; getting audience members to crowd around the stage.

Tonight's performance should be equally spectacular.

Tickets are still available, and are \$29.50 for reserved seating and \$22.50 for lawn admission. For more information, call the Concord Pavilion at (510) 676-8742.

Read CenterStage next Thursday for the area's scariest haunted houses this Halloween

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Furs promote 'World Outside'

By Nicholas D. Smith
Daily staff writer

Modern music fans get ready.

The Psychedelic Furs are coming, and if you or your friends feel the Furs are fantastic recorded, don't miss them in concert.

Led by scruffy-voiced lead singer Richard Butler, the Furs' live show is an intense experience not to be missed.

The Psychedelic Furs will hit the stage at One Step Beyond in Santa Clara Oct. 28, Monday night. The Furs are touring their eighth album, "World Outside."

Already the album has generated an alternative hit with "Until She Comes," a song about being addicted to a person.

With the strength of the single giving the group extra confidence, The Furs — especially frontman Butler, will likely amaze the audience with

great music as well as an energetic stage show.

Butler is the essence of the band's energy as he spins wildly, shakes hands with the crowd, and brings his dramatic singing style to each song.

However, the remainder of the band puts forth its own energy without moving around the stage by driving out forceful rhythms throughout the show.

The New York-based band's last album, "Book of Days," was a creative, if not commercial success. The

new album deals with relationships on a more personal level since 1981's "Talk, Talk, Talk," band members said.

The six-member band has changed members several times since forming in London in 1978. Recent new members include Knox Chandler on second guitar and cello, and Don Yallesh on drums.

The Psychedelic Furs play Monday at One Step Beyond at 1400 Martin Blvd. Doors open at 8 p.m. Tickets are \$13 in advance, \$16 at the door.

"The best American movie of the Nineties!"
Donald Lyons, FILM COMMENT

★★★! BRILLIANT! One of the most inventive and accomplished American films of the last decade. 'Idaho' has more heart, more texture, more originality and more visual elan than a dozen other recent films put together. — Edward Guthmann, S.F. CHRONICLE

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Spartans not intimidated by Cal's No.10 ranking

California not expecting easy contest against SJSU Saturday

By Pete Borello
Daily staff writer

It's not the Big Game, but it's no small contest either. Saturday's SJSU-Cal game is being billed as the second biggest Bay Area football rivalry of the season. The Spartans (5-2) are in first place in the Big West while the Golden Bears (5-1) are in second place in the Pac-10. Maybe this contest should be known as the Large Game. No matter what the title, both teams are anticipating a hard-fought battle Saturday. Cal and its No. 10 national ranking is not taking SJSU lightly.

"We're preparing for a tough opponent in San Jose," Cal coach Bruce Snyder said.

And the Spartans are not in awe of Cal's national standing.

"Cal's ranking doesn't intimidate us," SJSU coach Terry Shea said.

Intimidated or not, the Spartans will have their work cut out for them this weekend. The Golden Bears are eager to bounce back from last Saturday's tough loss to No. 3-ranked Washington.

Cal possesses a dangerous offense capable of scoring a bundle of points. The unit is led by quarterback Mike Pawlawski, who has completed 64.9 percent of his passes this season.

His impressive statistics include 1,407 yards through the air and 13 touchdowns tossed.

The Golden Bears also have a fine group of receivers for Pawlawski to choose from.

Wide receiver Brian Treggs is steadily moving up the Pac-10 list of all-time pass receivers. His 149 career

receptions currently ties him for ninth in the record books, and 27 of these catches have come this season. Treggs recently passed Steve Rivera into first place on the all-time Cal receiving list.

The other receiver spot is held by youngster Sean Dawkins. In his sophomore season, Dawkins has already established himself as an end zone threat. He is tied for the team lead in touchdowns with six.

Cal's ground game also contains two impressive weapons in tailbacks Russell White and Lindsey Chapman.

White was hyped as a Heisman candidate early in the season, but respiratory problems have slowed him down the last few games. He was held to under 50 yards last week, but has rushed for 561 yards and six touchdowns on the season.

The pleasant surprise in the Golden Bear backfield has been the sophomore Chapman. He has run for 438 yards on 73 carries for an average of 6.0 a carry.

His 68-yard touchdown scamper

against Washington last week was Cal's longest play of the season.

The Spartans will counter with a high-powered offense that Snyder calls "similar" to his own.

SJSU racked up some huge offensive numbers in last Saturday's 64-47 win over University of the Pacific. The unit accounted for 616 yards, seventh best in the SJSU history.

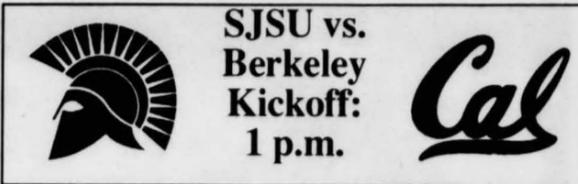
The Spartans compiled 245 yards on the ground. Tailback Maceo Barbosa ran for more than 100 yards for the second straight game. He finished with 126 yards and a touchdown.

The Spartan passing attack also flexed its muscle. Young Gun receivers Bobby Blackmon and Walter Brooks, Jr. each totaled more than 100 yards.

Blackmon's seven catches for 127 yards was his personal best.

Brooks posted his second consecutive 100-yard effort with four catches for 120 yards.

SJSU quarterback Matt Veatch



threw for 371 yards and three touchdowns on the day. This performance earned him Big West co-offensive player of the week along with Fresno State quarterback Mark Barsotti.

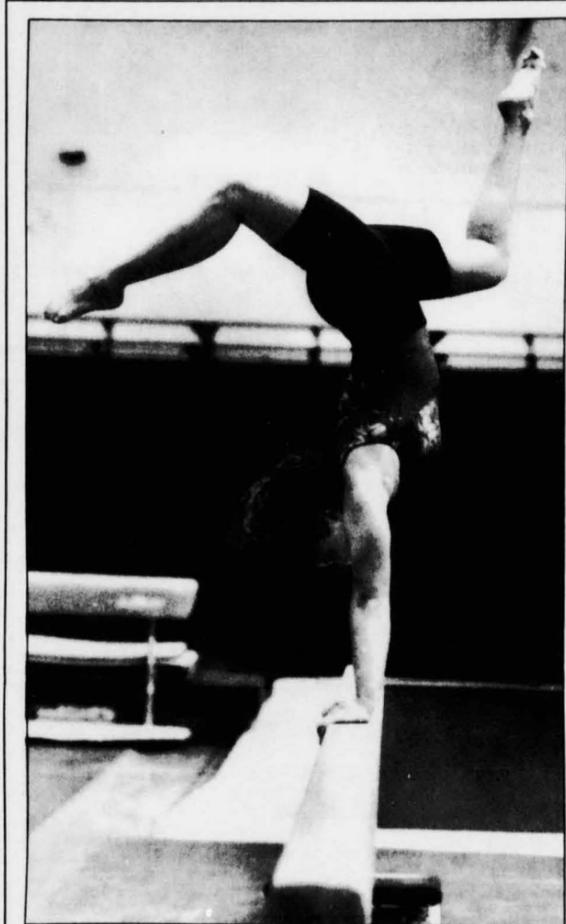
Defensively, both teams have also fared well this season. The Spartans rank third in total defense in the Big West while Cal is fifth in the Pac-10.

Spartan inside linebacker Chris Clarke has come on strong in the last two games. His 10 tackles against UOP tied him with cornerback Lester Grice for the Spartans' team-high in the contest. Clarke had nine stops two games ago at New Mexico State. His 43 total tackles tops the Spartans this

season. The improved Golden Bear defense is led by safety David Wilson. The senior may be the unit's most talented player.

He is capable of playing all four of the defensive back positions and play them well. Wilson is currently Cal's most effective tackler, connecting on 41 hits.

Saturday's game should be a hit with fans of both teams. The Spartans and the Golden Bears both appear eager to impress. Cal wants to reaffirm its Top 10 ranking while SJSU hopes to gain a national ranking of its own. Let the Large Game begin.



Leslie Salzmann — Daily staff photographer

Ann-Marie Taylor practices her routine for the balance beam

Gymnastics vaults toward All-America

By Faye Wells
Daily staff writer

Ted Edwards is still watching, but no longer waiting.

In September, the new SJSU men's gymnastic coach repaired the frayed leads on the rings and the landing mat in the practice gym. And he acted as spotter as he watched team members work out.

He delayed coaching until this month in compliance with the NCAA rule that limited formal training for college athletes to 144 days a year. Now he has academic as well as athletic goals for the team.

"I'm hoping we make academic All-America," he said. The team must maintain at least a 3.0 grade point average to qualify for academic all-America status.

Athletic goals include ranking among the Top 20 teams in the country, and getting consistently high individual scores to qualify for national competition.

"We're looking for some personal bests so we can take some individuals to the nationals," he said.

Gymnasts are ranked according to their three highest scores, two of which must be from meets away from SJSU, according to Edwards.

"With our league it's very difficult," he said. "We are up against outfits like Stanford who have seven scholarships. We have two and a half."

Other competition will come from the Cal Bears, with "their

long tradition" of good teams, Edwards said.

"It's difficult to compete against these large schools," he said. "We are not judging our gymnasts just on a won-lost record." Edwards hopes for improved team and personal scores over the season, which starts in January, 1992.

"I see it as a process of personal development. How can we make everyone better?"

His program includes strength and stretching routines and development of routines required in competition. As a gymnast, he ran or lifted weights, he said. He is "responsive" to weight training now that he teaches it, but will not ask that his team jog.

"Around here, I do not want them pounding the pavement. They could end up with shin splints," he said.

"For gymnastics, specificity is the rule," he said. "And that's training on the apparatus you are going to perform on."

The team may do a "warm-up" exhibition match in December, but they are training for the Spartan Open to be held in the Event Center Jan. 11, 1992.

"We are sanctioned to be a qualifier meet for the Winter Nationals at Colorado Springs," he said. To go the nationals, a ranked gymnast must first win regional competition, he said.

He smiled as he walked down Fourth Street to his office.

"I like training," he said. "It's a lot of fun."

Braves take 3-2 lead with 14-5 win

ATLANTA (AP) — The Atlanta Braves made it look easy for a change. Now comes the hardest part.

The Braves breezed within one game of the World Series championship Thursday night, blowing away Minnesota 14-5 when Lonnie Smith and David Justice homered again and Mark Lemke hit two more triples.

Justice drove in five runs, Smith became the first player since Reggie Jackson in 1977 to homer in three straight Series games and Brian Hunter also homered as Atlanta ripped 17 hits in taking a three games-to-two edge.

It was the biggest offensive show in a Series in 31 years, since the New York Yankees beat the Pittsburgh Pirates 16-3 in Game 2 of 1960. It followed two straight games in which the Braves won in their final at-bat on close plays at the plate and Atlanta's home finale also gave the 50,878 fans one last chance to chop, chant and cheer.

Foreman will return to ring in December

RENO (AP) — George Foreman will resume his heavyweight boxing comeback Dec. 7 against Jimmy Ellis, a boxer with two-thirds of his years and one-fourth of his fights.

"I think Ellis will give him a very, very good fight until Foreman's experience takes over, but you never know," promoter Bob Arum said Thursday in announcing the fight.

The 10-round fight will be the main event on a card at the Reno-Sparks Convention Center that also will feature two-time world champion Roger Mayweather taking on Rafael Pineda for the vacant IBF junior welterweight title and Virgil Hill in a 10-round fight against an opponent to be decided upon.

Foreman, speaking by telephone from his home in Marshall, Texas, said he had already begun the fight with his weight at his gymnasium and planned to be down to 235 pounds for the fight.

The former heavyweight champion said he tipped the scales at 259 pounds the last

time he checked.

Foreman, 42, is 69-3 with 65 knockouts. He will be making his first appearance in the ring since losing a decision to world champion Evander Holyfield April 19 in Atlantic City.

Ellis, who is 27 with a record of 16-0-1 and 15 knockouts, knocked out Dwain Bonds in the second round of his last fight April 2 at Reseda, Calif.

"It's just a great opportunity for me," Ellis said on Thursday. "I'm going to go out there and have a good time and do my best. I think anybody's got a chance."

Ellis, of Redondo Beach, Calif., said he would use his strength and his potent left hook against Foreman.

Foreman, who took the heavyweight championship from Joe Frazier in 1973 and relinquished it a year later to Muhammad Ali, said he was working with sparring partners who also have strong left hooks, said Ellis' camp probably has "every George Foreman film in the world. They're looking for a weakness."

NHL feels October cold with increased penalties

By John Kreiser
AP Sports Writer

October is usually the NHL's most peaceful month. Not this year.

Over the past two seasons, NHL games in October have averaged about 44 penalty minutes, on their way to a seasonal average of 48-50 PIM. If the trend of having penalty minutes increase as the season goes on holds true again, there could be open warfare by February.

Through the first three weeks of the season, NHL games averaged 57

penalty minutes. That's almost 10 minutes a game more than last season's average of 47.7 and more than 13 minutes above the average for the first month of last season.

► One measure of the big jump in penalty minutes: There were 119 games last season with 20 penalty minutes or less, just 53 in which 100 or more penalty minutes were called. Through the first three weeks of the new season, there were just seven games with 20 PIM or less and 10 in which penalty minutes reached three figures. Four of the 10 games were

within the Smythe Division. Referee Bill McCreary had the dubious honor of working the two biggest brawls — Edmonton at Calgary (195 PIM) on Oct. 4 and Edmonton at Los Angeles (172 PIM) on Oct. 8.

► Brendan Shanahan's favorite childhood game show must have been "Beat The Clock."

Shanahan, who signed with St. Louis during the summer after spending three seasons with New Jersey, was the only player in the NHL last season to score more than one winning or tying goal in the last minute of regulation time. He had two tying goals in the last 15 seconds last season for New Jersey, then picked up where he left off for the Blues, getting the tying goal against Chicago on Oct. 19 with five seconds left.

► Shanahan's teammate, Brett Hull, is shooting just as much as he did last season, when he scored 86 goals. This time, though, the puck hasn't been going in.

In 78 games last season, Hull scored 86 times on 389 shots (5 per game), both NHL highs. His 22.1 percent shooting percentage was third in the NHL and first among players with

100 or more shots. Through the Blues' first eight games, Hull had 42 shots on goal (5.25 per game) but had scored just three times, a 7.1 shooting percentage.

One oddity, though — Hull had 6 assists in the eight games, a pace that would give him 60 for the season. He had only 45 all last season.

► Maybe the New York Islanders should petition the NHL to play two 30-minute halves instead of three 20-minute periods. The Islanders were 2-4-2 after eight games despite being ahead or tied after two periods every time. They're only 2-2-1 in games when they lead after two periods (the team ahead after two periods had a .852 winning percentage last season), and are 0-2-1 when they're tied after 40 minutes. They were outscored 14-2 in the final period in their first eight games.

► Another team that might want its games rearranged is the Edmonton Oilers. The Oilers scored first in eight of their first 10 games but managed to go just 3-5-0 — including a blown 4-0 lead in a 6-5 home loss to Washington. Last season, they were 25-9-3 when scoring first.

Take a walk on the wild side — try walking for health benefits



Monica Campbell
Daily staff writer

Pump your arms and take long strides and you will soon be reaping the health benefits of walking for fitness.

More than 55-million Americans have already chosen walking as their favorite exercise, writes Lon Sieger in "Walking for Fitness." For walking to be considered fitness walking, it must be done long enough, fast enough and often enough to produce desirable health benefits.

To walk for fitness correctly, one must take long strides while pushing off from the balls of the feet. One should energetically swing the arms and maintain a brisk pace, according to Susan Wilkinson, a full-time SJSU aerobic instructor who also teaches fitness walking.

Strengthening the cardiovascular system, improving circulation and lung capacity, and relieving

psychological stress are some of the main benefits of fitness walking, Sieger writes.

"I usually do aerobics, and fitness walking gives those stressed joints a little relief," Wilkinson said. "Fitness walking is an excellent cross-training tool."

Wilkinson recommends walking for a period of at least 20 minutes to receive maximum benefits.

"It's like jogging but there is not a lot of stress to your ankles and knees," said Patrick Ramos, a student in Wilkinson's fitness walking class. Ramos also added that fitness walking is a low-impact sport that can appeal to both sexes. Recognizing the growing popularity of fitness walking, many traditional running events are now encouraging walkers to enter. Walking is an inexpensive, low-maintenance sport requiring only comfortable clothes and shoes.

"It's not difficult and you can do it just about anywhere," said Karin Judas, a fitness walker and SJSU student.

Monica Campbell's health and fitness column appears every Friday.

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