

Health center offers services for students

Amaris Dominguez, **Melissa Sabile** Staff Writers

CORE

The Student Health Center offers a wide variety of services to students, most of which are available for no additional charge.

But there can be extra fees for specialty services, said Paula Hernandez, senior operations officer for the health center.

Many of the charges are paid for by the mandatory health fee, Hernandez said, but students pay on their own for prescriptions and labs.

"We get athletes in here," she said. "They get hurt while playing. We get students that you see across campus on their skateboards and they flip and they hurt. If they've been in auto accidents, we get them in here for that too."

The health center's regular services include a pharmacy, a lab, physical therapy, X-rays, physicals and immunizations. Additional specialty care services are dermatology, sports medicine, podiatry, psychiatry and travel care, according to the Health Center Web site.

"About 8,500 students make

Health Center for as many basic medical appointments as they'd like at no cost."

Elrod said a general office visit off campus can have a \$20 co-pay or a \$200 charge, and that seeing a health center provider for free is a significant benefit of being an SJSU student.

"This is especially true in difficult financial times, when even more students are making difficult choices between health visits and other basic needs," Elrod said. "Right on the campus with a relatively short wait, students can be seen for aches, pains, injuries and illnesses at no cost by a doctor or nurse practitioner."

Elrod emphasizes that 50 to 60 percent of the SJSU student body is served in one way or another by health center staff and programming, even though many of those students haven't had a medical visit with one of the clinicians.

The health center cares for students who need stitches or bones put in casts and also sees students who don't have a specific concern other than just not feeling quite OK, he said.

Elrod also said the health center sees lots of students regarding reproductive health concerns, which include sexually transmitted infections, annual exams, information regarding contra-



Jeff Lee, a designer and tester at Halo Guitars, works on a guitar in his shop in Cupertino. Salman Haqqi / Spartan Daily

Student helps string together guitar company

Salman Haqqi Staff Writer

At the heart of what drove Jeff Lee into the guitar making was a passion for making mu- always interested in designing sic, he said.

Guitars was his and his moth- weren't really available in the er's idea, said Lee, a senior fi- market." nance major.

said he broached the idea of creating an electric guitar tailored to his own personal preferences.

"As a guitar player, I was cool shapes, initially," Lee said. Established in 2004, Halo "I was interested in shapes that

the market to find the direction he wanted to take his designs.

"I tried to really think about the designs and the physics behind the instrument," Lee said. "I wanted to take an independent approach from what the larger manufacturers were doing."

"Our designs are really radical," Lee said. "There are a lot of Flying V shape, and just pointy objects. But over the years, we've started to create our own versions of more traditional shapes."

What was most important to Lee when building the gui-

about 25,000 combined Student Health Center visits each year," said Roger Elrod, director of the Student Health Center. "Each and every regularly enrolled SJSU student can come to the Student

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Having already been involved in manufacturing professional studio microphones, Lee, a guitar player himself,

musical leanings were on the Before diving into the proheavy metal side of the musical cess of designing guitars, Lee said he looked into the most spectrum, the designs he came popular and most successful up with were initially metal guitars that were available in oriented.

Lee said that, because his

tars was playability, he said. "A lot of the heavy metal guys want to play drop tunings, basically low-pitched

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Alum to address graduates

Donovan Farnham Staff Writer

An SJSU alumnus has been chosen to give the commencement address at the Spring 2010 graduation.

This announcement came as a surprising honor to Jon Iwata, and he said that he never would have imagined that he would be giving the commencement address 26 years later.

"He (SJSU President Jon Whitmore) invited me to give the commencement address, and I couldn't have been more surprised or happy about it," Iwata said. "It's an honor that very few people have the privi-



lege of accepting and I was very happy to do so."

Iwata is the vice president of marketing and communications for IBM, and he said he

was part of the 1984 graduating class.

He said he has started thinking about the speech that he'll be giving at the commencement ceremony ever since he was informed by Whitmore that he'll be speaking, but Iwata admits not remembering what was said or who exactly gave the address at his graduation.

Iwata said not remembering his commencement address along with other speeches has influenced what he plans to say on May 29.

"You think about what would be helpful if you were

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San Jose to offer taste of Italy

Kristen Pearson Staff Writer

Placing Little Italy between the HP Pavilion and San Pedro Square in downtown San Jose may preserve the culture of Italians in San Jose, said Joshua DeVincenzi Melander, the chairman of Little Italy.

When thinking of Italians, Jose Calderon, a junior radio, television and film major, said he envisions pizza, spaghetti, "The Godfather" and the troubles Italian immigrants had when they came to America.

The stereotypes of Italians can be good or bad, said Melander, an SJSU alumnus.

get involved as much with Italian activities as the older Italians," Melander said. "They think of the Italian mafia movies when they think of Italian culture."

Building Little Italy is an ongoing process, Melander said.

"The area we are building Little Italy goes back to 1880 through the 1900's," Melander said. "Near the Guadalupe River is where immigrants from Italy originally settled in San Jose.'

Christina Cornell, a graduate student in nutrition, said she does not live here and she's

"The younger people don't not Italian, but said she thinks it would be awesome to see a new culture in San Jose.

> "I only go to school here, but it'd be cool to see what Italy has to offer," Cornell said. "There are places like Japantown, Chinatown and Little Mexico, but it'd be nice to see some differences."

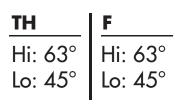
> Melander said there will be some new places to eat in Little Italy.

> "There will be great Italian restaurants, some delis and a few bakeries," Melander said. "I think it'll be good to have the delis and bakeries, especially

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Weather





THESPARTANDAILY.COM

Writer laments lack of respect for diverse accents.

Read about what a group of Campus Village Building B residents are cooking.

Transgender Week: a documentary about the impact of Gender Identity Disorder.

SPARTAN DAILY BLOGS

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Spartan Daily

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GUITARS

From Page 1

stuff," he said. "My main role in the company is to test the guitars and make sure the balance and setup of the guitar is right."

Halo Guitars is based in the Bay Area, with the majority of the manufacturing done in a factory in China, and its custom guitar work done in a shop in Cupertino.

Lee said Halo currently has six employees working in the shop in Cupertino and 55 employed in China.

Alvin Gatewood, a West Coast sales manager who is in charge of artist relations for Halo, said he has worked at Halo since the summer of 2008, and Halo currently has 75 artists on its roster endorsing their guitars.

"My job, in terms of artist relations, is to make sure our artists get their guitars set up to their specifications," Gatewood said. "It's a low-stress job and I get to do what I love."

Lee said that in an average year, the company sells between 600 to 1,000 guitars, with most of its revenue coming from its custom shop.

Halo's custom guitar shop lets customers design their own guitars, and Lee said there is really no limit to what customers can request, as far as specifications go.

Sonny Lombardozzi, a music teacher in Eri, Pennsylvania, who was a recent customer of Halo Guitars, said he thought they were the best guitar for the price at which they're sold.

"They're just as good as the big companies that have been around for years," Lombardozzi said. "I play 7-string and 8-string guitars and they just build a better quality 8-string."

The complex design process of any guitar starts off with a simple pencil sketch, Lee said. But what dictates the specifications of a guitar depends wholly on how that particular guitar will be priced.

Using computer-aided design technology, the sketches are converted into 2-D renderings. From that point, photo-realistic 3-D images are created before the guitar goes into production phase, Lee said.

"Before we even touch a piece of wood, we go trough an intense designed process," Lee said. "Then, we'll build a single prototype model, which is tested by all the workers, before we send it for mass production."

Lee said Halo guitars are available in three price ranges. There's the entry level, which range between \$200 to \$300, the mid-range guitars, between \$400 to \$800, and the high end guitars, starting at \$1200.

Library porn distracts patrons

They think

it's totally

disgusting.

Adriana Jimenez

Shiva Zahirfar Staff Writer

One student said she is sickened when she notices someone watching pornography in the King Library.

"They think it's OK, but it's totally disgusting," said sophomore psychology major Adriana Jimenez.

She said seeing a library patron viewing porn in a public area occurs more often than one would think.

"The first time I thought it was a rare thing," Jimenez said. "I told my co-workers, and they said they have seen people watching porn in the library too."

Sgt. John Laws of University Police Department said a threestep policy is used to deal with a person who is viewing porn.

The security at the Dr. Martin Luther King Jr. Library will ask a person to stop watching porn as the first warning, Laws said.

As a second warning, Laws said security will then ask the person to stop and warn the patron that he or she will be asked to leave if he or she doesn't fol-

low the rules. If the patron continues to view porn, he or she it's OK, but will be asked to leave, Laws said.

If the patron refuses, Laws said a police officer can be called to make sure the patron leaves the King Library.

Jonathan Mah, a freshman ing asked to leave," Yaser said. behavioral science and sociology double major, said the policy should be changed. "They should make it more

strict," he said. "It's not what you should be doing at a library."

Freshman business major Noura Yaser said viewing porn should be something a person does in private.

private place," she said. The King Library is a place many students go to study, Mah said.

"It's really disturbing to people trying to

> concentrate and focus on their work," he said. Yaser said the policy about people viewing porn in the King

Library sounds reasonable. "They should

Sophomore psychology be warned three times before be-

> "It's not a big problem ... it often leads to negative behavior," Laws said. "That was a big problem."

According to a May 2009 University Library Self-Study, the city council voted against the use of filters in King library.

Being in a public area, Jimenez said, doesn't seem "I thought they'd want a more to discourage people from viewing porn.

Sophomore engineering major Daryn Portis and junior management major Eric Tan said they have not seen anyone in the King Library viewing porn, but said people shouldn't watch porn in the King Library.

"There are little kids walking around there," Tan said.

Jimenez said the reason people should not view porn in the King Library is obvious.

"It's a public area," she said. "There are a lot of people with young kids."

Junior business major Zheng Cheung said he doesn't think people on the upper levels of the King Library watch porn.

"All those are students, so they are not going to watch porn," Cheung said.

Cheung said he was taken off guard when he saw a middleaged man viewing porn on the lower level of the King Library.

"I was pretty surprised," he said. "He was watching it out in the open on the ground floor."

Evaluations allow students to be heard

Lidia Gonzalez Staff Writer

Faculty evaluations are part of a professor's personal file. In these evaluations, students' feedback is taken seriously by committees that take in account a lecturer's retention, tenure and promotion review process, said an SJSU professor.

"Faculty evaluations provide feedback to faculty members, the chair of a department and review committees on the effectiveness of faculty in the classroom," said Michael Kaufman, professor of physics and astronomy.

Every professor is required to conduct a minimum of two evaluations per semester, Kaufman said. Individual departments or colleges may have stricter rules, which may ask faculty to have because of the bias sampling efmore assessments. fect. He said the evaluations, also known as Student Opinion of Teaching, are only one portion by which committees

review lecturers.

said, has the potential to make or break a professor's application for retention.

Junior business major Adam Dolce said he doesn't always take the evaluations seriously.

"I just want to be in and out," Dolce said. "Plus, RateMyProfessors.com is more effective. "

RateMyProfessor holds the largest amount of up to date information that rates collegiate professors from more than 6,000 schools across the United States, Canada, England, Scotland and Wales, according to the Web site.

Randall Stross, professor of organization and management, and Kaufman said they worry about the accuracy of Web sites such as RateMyProfessors,

An example of the skewed sam-That one criterion, Kaufman ple size, Stross said, is when really angry students rate a professor as many times as they like.

Midway through the semester, Kaufman said he conducts his own classroom evaluations. This gives him informal feedback that allows him to improve the class.

The evaluations can sometimes make a difference in the classroom, Vincent Balmori, a senior animation/illustration major, said. It depends on whether the professor is willing to listen, he said.

"Faculty evaluations put a professor's reputation on the line," Balmori said.

Balmori and junior kinesology major Lisa Worsham both said they take the comment section seriously.

Worsham said she hopes teachers take the time to read the comments in an effort to improve their quality of teaching.

dents should have access to the evaluations.

"It would be great to get feedback right away," Stross said.

At times, feedback doesn't come back until the first few weeks into the semester, he said, and sometimes not until the end of the semester.

Stross said that most of the time, it seems like students are being sincere in the comment section and that he would like students from his online classes to have the opportunity to evaluate his course as well.

Kaufman said the comments made by students are usually detailed and useful, because they follow a general trend on a specific issue.

"I can use that (information) to improve the class in the future," he said. Kaufman said it serves him as a reminder that being a professional in a field is different from being a student who is just learning about that subject.

In the future, Lee would like to see Halo become well-

known brand among $c\,u\,s\,t\,o\,m$ guitar manufacturers.

"I really want to be to the world's premier source for heavily customized guitars and basses," he said.

Photo illustration by Stefan Armijo / Spartan Daily



Kaufman said that mostly passionate people from both extremes of the spectrum are the ones rating professors on this Web site.

TODAY

First Generation Students: Balancina Your Time and Priorities 3 p.m. to 4 p.m. at Clark Hall in fishbowl room 100h, contact Veronica Mendoza at veronica.mendoza@sjsu.edu for more information.

How to Fight Fairly: Resolving Conflicts in a Healthy and **Effective Way**

3 p.m. to 4:30 p.m. at Clark Hall Rm 118, contact Veronica Mendoza at veronica.mendoza@sjsu.edu for more information.

Richard Barnes: Animal Logic Gallery Art Building Rm 133.

TOMORROW

Blendz Fundraiser

1 p.m. to 5 p.m. at 132 East San Fernando Street, San Jose. Contact Brittany Romby at (408) 463-8365 for more information.

The Cool Factor

3 p.m. to 4 p.m. at Clark Hall Rm 122, contact Veronica Mendoza at veronica.mendoza@sjsu.edu for more information.

EOP Academic Advising Workshop

1 p.m. to 2 p.m. at the King Library Rm 229, contact Maria Romo at (408) 924-2521 or eopsjsu@yahoo.com for more information.

African Americans Reclaiming Heritage — Film: Race, The Power of an Illusion- Part 1 of 3 6:00 p.m. to 8:30 p.m. at the King Library in Rm 525, contact Mary Lewis at (408) 924-6322 for more information.

Stross said he does take the scores seriously and thinks stu-

> Laleh Khadivi speaks about her book, The Age of Orphans 7 p.m. to 9 p.m. at the King Library in the Steinbeck Center, contact Eleanor Lovinfosse at (408) 215-8117 for more information.

17 WEDNESDAY

Sparta Guide is provided free of charge to students, faculty and staff members. The deadline for entries is noon, three working days before the desired publication date. Space restrictions may require editing of submission. Entries are printed in the order in which they are received. Submit entries online at thespartandaily. com or in writing at DBH 209.



Spartan Daily —

CAMPUSIMAGE



Robert Hitzeman, a senior spacial arts major, smashes through a false wall he built as part of his gallery opening in the Industrial Studies building Tuesday. Kevin Hume / Spartan Daily

IWATA

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sitting out there and getting your degree," Iwata said. "You want to hear something that's going to be helpful, whether it's based on what life."

Senior finance major Nick address. Wright said he hopes that Iwa- "It would probably be a ta is an inspiration to graduates, since the recession has made the employment outlook for graduating seniors dismal. "I sure hope he has some good advice for us, because we're in a time when a lot of people aren't expected to get jobs," Wright said. "I hope he address something that makes us feel better about our college experience, like give us hope and motivation and how he got to where he is."

that she hasn't thought much about the graduation ceremony because of midterms and classes, and she hasn't heard of Iwata until now.

Del La Torre said that if she could pick the commencement speaker, then she would rather have one of one learns in business or her professors, Samih Obaid, give the commencement

Iwata's roots in the Bay Area and the surrounding tech industry contributed to him being picked for the commencement address, Harris said.

"We believe he is an excellent role model," Harris said. "He is of the Bay Area, and he came through the CSU system and made the most of his academic experience and gone a long way."

Whitmore stated in a

HEALTH

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ceptives and urinary tract infections.

The health center gets around 150 students every day, and will see a lot of students for stress and anxiety concerns and students with injuries and various aches and pains, he said.

"I went into the health center because I had an eye infection," said Joe Siwa, a senior accounting and marketing major. "They told me that there are two kinds of infections. Mine was bacterial, so they were able to treat it."

He said the health center sent his prescription to an outside pharmacy because it would be cheaper than filling it at the on-campus pharmacy.

"Well, I got well and I'm not blind, so I will definitely go back to there again," Siwa said.

Student Mandatory **Health Fees**

According to the MySJSU Web site, students enrolled at SJSU must pay mandatory service fees that are part of tuition, on top of the charges per units enrolled.

The MySJSU Web site also states that each student must pay two service fees toward the health center and the services it provides.

MySJSU breaks down the health fees into subcategories and students are charged a mandatory fee of \$33 that goes toward the Health Center's operations, lease, construction and maintenance, as well as an additional \$77.50 that supports the delivery of services to students at the campus.

Hernandez said there are about 20 exam rooms and that the health center typically sees students for appointments every 15 minutes daily.

"The first time you come to see us, you need to physically come in to fill out paperwork and then after that you can come in to schedule appointments and you don't have to wait in line," she said.

Scheduling appointments is easy and can be done over the phone and soon, students will be able to use the online ser-

SPECIALTY CLINICS

The fee per visit is \$10 for all specialty clinics

Dermatology: Appointments are available only by referral from health center clinicians. The dermatologist provides examination, treatment and minor surgery for skin problems.

Sports Medicine: Care for sports-related and orthopedic problems is provided. Referral by a health center clinician is not required.

Podiatry: Examination and treatment of problems related to the feet are provided by a podiatrist. A referral is not required to see this specialist.

Psychiatry: 30-minute and one-hour sessions are available with a psychiatrist for students who have been referred by health center clinicians or Counseling Services.

Travel Care: Comprehensive travel health consultation is available to reduce risks of illness and accidents when traveling abroad. The fee for a comprehensive travel consultation is \$25.

skateboarding incident.

"He was riding his skateboard and hit a rock and broke his elbow," Smith said. "He couldn't get in somewhere else, so he ended up at the campus health center, and even though they couldn't treat him, they were able to give him an X-ray and confirm his elbow was broken."

Not all students utilize the health center services at SJSU such as Smith and his brother.

"I've never visited the health center and don't think it's fair that we have to pay fees for things we never use," said junior business major Huy Tran. he said. "So we have women's "I have health insurance from my parents, so I don't have to use the health center. I think there should be ways for students to choose what services to pay for each semester."

According to the Health Center Web site, the center is working on a secure and confidential online services system that allows students to access health center appointment information. The new service will allow students to schedule and cancel appointments and fill out the health history forms.

Specialized Care

vices to make appointments as center are not charged any fees be knowledgeable, responsible for primary care, Elrod said.

He said students can have laboratory tests done on-site, or have them sent out to a local lab at little-to-no cost.

Prescriptions and overthe-counter medications can be filled and purchased in the health center as well, Elrod said.

"Suturing, casting of broken bones, physical therapy and dermatology are available at very low cost," he said.

Elrod said that about 25 percent of the health center's visits are for specialty care.

"When we can, we try to add those services which students want and can be afforded," health, sports medicine, physical therapy, massage and psychiatry because students have indicated these are important to them."

Elrod also said that on top of those 8,500 students that visit the health center every year, another 4,000 students receive direct services from the center's Wellness and Health Promotion team.

The Wellness and Health Promotion team consists of a staff with various specialties to meet the health and wellness needs of SJSU students. Their SJSU students who visit the goal is to prepare students to and accountable in developing healthy lifestyles and in taking responsibility for their own health, according to the health center Web site. "Another approximately 7,500 students receive information and education from our various outreach programs and campus collaborations such as stress reduction, reproductive health, alcohol and drug and nutritional counseling," Elrod said.

Senior Spanish major Vanessa Del La Torre said

professor here," she said. "It's kind of a personal experience, he helped me out a lot."

Lopes Pat Harris, director for media relations for SJSU, said that is decision about who is chosen for the commencement address are decided upon by a committee headed by the office of the president, and a specific individual usually stands out from the rest for a specific reason, either for something that happened that year or something that is going to happen in the future.

March 1 news release that Iwata serves as an example for the SJSU community and what can be accomplished after students leave the university.

"Mr. Iwata's career exemplifies the contributions our graduates make to our community, the tech industry and the economy," Whitmore said. "He is also an excellent role model for our students, who come from all walks of life seeking opportunities and pursuing dreams to reach their full potential."

well, Hernandez said.

"Students use laboratory, X-ray and physical therapy, and a lot of it is paid for by mandatory health fees," she said. "Prescriptions and labs you pay on your own and you get reimbursed through your supplemental insurance."

Although a supplemental health plan is not required, Hernandez said it is recommended in the case of hospitalization and transportation.

Junior business major Kevin Smith said his brother was able to be X-rayed after having a

Podiatry, psychiatry, massage using a mechanical chair, after-hours advice nurse, nutrition counseling and reproductive health counseling are all available at no cost and other additional services are provided at very low costs, he said.

"There is currently no charge for many of our specialty visits," Elrod said. "If there is a visit charge, it currently is \$10 per visit."

Breaking Southern Ground Tour

ITALY

From Page 1

because there aren't many of them in San Jose."

Robert Lopez, a junior graphic design major, said he is not Italian, but that he thinks it would be cool to add a little more diversity to the area.

"It could create job opportunities, or just be a good place to hang out and experience different culture and foods," Lopez said.

San Jose has a large Italian influence, but it's not in one central place, Melander said.

"This will be an opportunity for us to keep the next Italian generation going," Melander said. "It will be a central hub where Italy will be on display."

Undeclared freshman Caleb Holden said he's not Italian and he's not sure what the benefits of a Little Italy would be for him.

"I've just always wanted to visit Italy, but never been able to," he said.

An Italian school is already in place in the area that will become Little Italy, Melander said.

"The school is called Sabatino Memorial Resource Center," Melander said. "It's a place for kids and adults to take classes to learn Italian, and they also offer day care services. The school opened in January of this year."

Calderon said he is excited to see Italians bring more of their culture into San Jose.

"There is a lot of Latino stuff here, but this could be something new and exciting," Calderon said. "I've been to Italy and I want to go back. It's a beautiful place. It would be cool to go to a place where I could see everything again."

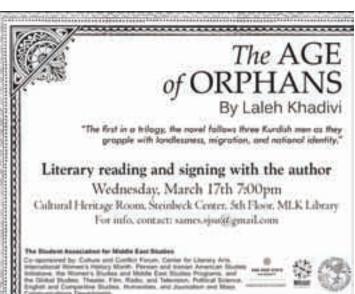
A small, family-owned Italian restaurant, ran by Guiseppe Spatola, is being built in April, Melander said.

"The restaurant is called Paesano's Ristorante," Melander said. "We're trying to get as many family-oriented shops as we can because those are better than chains usually."

Senior philosophy major Marika Minehart said she thinks if there's a significant Italian population, they should create Little Italy.

"When I think of Italians, the people are the first thing to come to mind," Minehart said. "The culture seems very familycentered. Little Italy would be a good chance to educate and expand our knowledge of Italians."

The Italian Family Festa will be moving from the Willow Glen



area to Little Italy in August, Melander said.

"We are moving the Festa so that people come to the area of Little Italy and it becomes a central meeting place for Italians," Melander said.

This Italian-American Festa is a family-oriented festival for Italians to experience the foods, sights and sounds of Italy, according to the Italian-American Heritage Foundation Web site.

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Wednesday, March 10, 2010

4 - SPORTS

_____ Spartan Daily

Oliver's accolades, home success, highlight season

COMMENTARY

Kyle Szymanski Sports Editor

It didn't take long for New Mexico State head coach Marvin Menzies to realize something was different about the Event Center when his team first visited SJSU this season.

"I have never heard the Event Center be so loud," Menzies said in a postgame news conference after his team was defeated 93-84 on Jan. 23.

The win over the Aggies capped off arguably one of the most exciting times in the history of SJSU basketball.

SJSU finished the season with a record of 14-16 and 6-10 in the Western Athletic Conference.

Beginning Jan. 21, SJSU defeated Louisiana Tech and New Mexico State, the top two teams in the WAC at the time in a span of three nights.

"Some of our highlights have just been getting people in the stadium, getting the butts in the seats," said junior guard Adrian Oliver. "People had high expectations for us. I don't know if we exceeded them, but I know throughout the year we exceeded them."

A day after the win over the Aggies, Oliver was named the Western Athletic Conference Player of the Week, becoming the second player in the history of the program to be named WAC Player of the Week twice in one season, according to SJSU Athletics.

Oliver went on to become the United States Basketball Writers Association National Player of the Week for the week ending Jan. 24.

Oliver, who was named First-



The seniors of the SJSU men's basketball team have generated excitment on campus this season by leading the team to its best record since 2001. Photo illustration by Clifford Grodin

Team All-WAC, led the WAC in scoring, with 22.5 points per game, and is currently seventh in the nation in scoring.

Oliver scored 30 or more points in eight games this season.

He is just the second player since SJSU joined the WAC in 1996 to be named First-Team All-WAC.

"That is saying something, and he is only a junior, so we have more to expect from him," said SJSU head coach George Nessman.

Nessman said that Oliver would play out his senior year for the Spartans to help further develop the SJSU program.

"We would have liked to have done better," Nessman said. "We are not satisfied, but we also know we are a growing program. We can't be discouraged by that. It is hard to grow a program."

The Spartans finished 13-17 and 6-10 in the WAC in 2009.

The Spartans' enter the WAC Tournament on Thursday seeded sixth out of eight teams.

The 14 wins this season is SJSU's highest win total since 2001.

SJSU's win over New Mexico State was its first over the Aggies since 1996. The Spartans 76-74 win over Boise State on Jan. 14

was its first win against the Broncos since 2002.

"It's been a little more exciting," said senior guard Justin Graham. "We have been getting some good crowds out here at the Event Center. It's just been really fun."

The peak of the Spartans' season came after its 83-60 win over Hawaii on Jan. 28. The victory improved SJSU's record to 12-8 and 5-3 in the WAC, putting SJSU four games above .500 for the first time since 1994.

Since then, SJSU has struggled, finishing the season 2-8, including a 29-point loss to Boise State to end the regular season on March 6.

"I don't think we have grown defensively as much as we needed to," Nessman said. "To be a topthree, which is our goal, we have to be a better defensive team than we were."

The Spartans' offensive philosophy changed after they chose to go to a four-guard lineup after points per game. center CJ Webster injured his eye in a Jan. 11 game against Fresno State.



Western Athletic Conference leading scorer Adrian Oliver **Thomas Webb** / Spartan Daily

"We were kind of lacking in the bigs for a little while, but we figured it out and it kind of turned into one of our strengths for us," Graham said.

The up-tempo style of offense, which freed up the transition game for SJSU, put in place after Webster's injury contributed to SJSU finishing the season as the highest scoring team since 1976. The Spartans averaged 75.8

to guard us end to end," Oliver said.

Owens became the singleseason record holder this season after finishing the regular season with 77 three-point baskets.

The Spartans will face third seeded New Mexico State (19-11, 11-5 in the WAC) in the first round of the WAC Tournament Thursday.

SJSU went 1-1 against New Mexico State this season. The

@ Your Library





Micah's Top Five

Micah Jeffries SJSU Undergraduate Student

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"If we are knocking down our jump shots -Robert, Mac and myself — then it is hard for teams

Spartans defeated the Aggies 93-84 on Jan. 23 before losing 94-82 on Feb. 6.

WAC TOURNAMENT

Who: No. 6 SJSU 14-16, 6-10 vs. No. 3 New Mexico State 19-11, 11-5 Where: Reno, Nevada When: Thursday, 8:30 Other first round matchups: No. 1 Utah State vs. No. 8 Boise State, No. 2 Nevada vs. No. 7 Idaho, No. 4 Louisiana Tech vs. No. 5 Fresno State



_____Spartan Daily Posthumous album blasts Jimi Hendrix back to life

Salman Haqqi Staff Writer



Comedian Bill Hicks once quipped that Jimi Hendrix was an alien sent to Earth to show us the power of music. On March 9, the alien returns, and he's from Neptune.

As with most posthumous music releases, I was skeptical this might be another cynical, cash-driven project with longforgotten archival material, not worthy of releasing during his lifetime, slapped together for a quick buck.

I've never been so glad to be wrong.

"Valleys of Neptune" features 12 fresh tracks, meticulously remastered by Hendrix's longtime engineer, Eddie Kramer, offering a snapshot into the career of a legendary artist at the cusp of a crossroads.

It is the product of a four-month stretch in 1969 at New York City's Record Plant and London's Olympic Studios following the release of The Jimi Hendrix Experience's landmark album, "Electric Ladyland," which ended up being their last together. Shortly after these sessions, bassist Noel Redding left the Experience, having grown tired of Hendrix's perfectionist nature.

The album is a mix of new versions of classics, such as "Fire," "Red House," an instrumental rendition of Cream's "Sunshine of Your Love," and five unreleased tracks, including the long sought-after title track, "Valleys of Neptune," which had attained mythical status among Hendrix fans over the years.

From the opening notes, it's like walking into a room with a living, breathing Hendrix with his arms flailing, and crunching out his signature fuzz-laden guitar licks.

The title track, "Valleys of Neptune," shimmers in with drummer Mitch Mitchell's delicate cymbal work washing over Hendrix's clean guitar, musings about his alien origins, "Mercury liquid and emeralds

shining / Showing me where I came from." It's a deceptively complex arrangement with subtle jazz influences throughout the song.

With "Hear My Train A Comin'," Hendrix dives head first into his blues roots. He wails away with a creamy guitar tone, peppered with overdriven licks, bending strings and squealing notes. Behind that, the rhythm section marches along with a primal groove, making for a rock-solid blues number.

Mitch Mitchell was the real driving force behind the Hendrix songwriting genius. His jazz sensibilities and lyrical drum work accentuated Hendrix's slick guitar licks and energetic solos throughout their time together.

With "Bleeding Heart," Hendrix pays tribute to blues great Elmore James. Recorded with old army buddy Billy Cox on bass and drummer Rocky Isaac, the arrangement is an orgy of fuzzed-out, wah-wah rich soloing.

H i s playing is fraught with emotion, and I wonder how the song contains it all.

"Valleys of Neptune" provides an intimate portrait of Hendrixattheheightofhis

creativity. But more importantly, it translates Hendrix's joy of playing music. The vibe of the album is of three musicians in a room, simply playing for the love of the music. Far from the plastic, focus-group tested, clinically crafted music of today, "Valleys of Neptune" encapsulates the passion, energy and heart of truly paradigm changing musicians.

Other than perhaps, Miles Davis, no artist of his generation changed the way future artists approached an instrument as Hendrix. He had the rare ability to caress his guitar strings, yet at the same time attack

the instrument with an animal intensity making every note seem like inspired improvisa-

tion. In his hands, a guitar was a shapeshifting instrument of change, and "Valleys of Neptune" proves this from start to finish.

*Jimi Hendrix Courtesy of Britannica Web site



| A & E |−− 5



Photo and interview by Kathryn McCormick

Name: Nathan Harris Year, Major: Kinesiology senior What inspired your look today? Being laid back, I quess.

What do you hate most about fashion? Nothing, really. It's just a free statement of what you want to look like, as far as expression.

Where are your favorite places to shop? Ecko Unlimited, Macy's.

In what clothing are you the happiest? Jeans, pretty much. Loose, baggy jeans. What is your most treasured item of

clothing or accessory and why? The Cooji outfits I have, because they have long sleeves and they have a lot of designs.

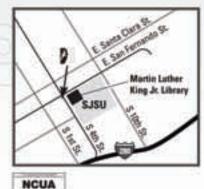




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6 — A & E | ______ Spartan Daily ______

'Rabbit' album carries an ocean of emotions

Daniel Herberholz Staff Writer



As the adage goes, there are always more fish in the sea. On "The Winter of Mixed Drinks," Frightened Rabbit intends to journey out into that sea, bearing hearts laden with the loss of past lovers in search of a new island on which to stand.

The Scottish rock band, formed in 2003, complements its mellow but temperamental alternative sound with blunt words about booze and sex. While not as innovative as their innuendo-filled

2008 album, "The Midnight Organ Fight," their latest, released on Tuesday, stays in the heart and mind of the listener with phenomenal poetics by lyricist Scott Hutchison.

The group started as just Hutchison, now lead singer and rhythm guitarist, and his brother Grant on drums and backing vocals. Lead guitarist/ bassist Billy Kennedy and guitarists/keyboardists Andy Monaghan and Gordon Skene later joined the band, which will play at this year's Coachella in Southern

California as well as San Francisco's Fillmore Auditorium on May 19.

Each harrowed note and howled word on "Winter of Mixed Drinks" is like a snapshot of a man struggling against the tide and the memory of an ex-girlfriend as he re-enters the waters of single life. Repeatedly, the band makes reference to the sea, from "crumpled ocean" to a "cry for a fistful of sand."

The album opens with a drawn-out chord, interspersed soon after with echoed strums a sequence that washes the listener with a

distorted, post-breakup feeling.

"I shed my clothes, shed my flesh / down to the bone and burn the rest," bellows lead singer and lyricist Scott Hutchison on the album's first track. Hutchison strips seemingly in preparation for the next song, the self-explanatory "Swim Until You Can't See Land."

This second track is the first single released off the album, a fitting choice because of its catchy hook and lyrics that place you right in the water, from "Up to my knees now / Do I wait? Do I dive?" to "She's there on the shoreline throwing stones at my back."

The song explicitly places the swimming image in the listener's mind, down to the shimmering guitar and wave-like drumming. The chorus, "Swim until you can't see land / Are you a man or a bag of sand?" is repeated on the later track, "Man-Bag of Sand."

"The Loneliness and the Scream" sounds akin to an open-ocean storm, as Hutchison struggles against

himself and a

raging chorus of voices - "Fall down, find God, just to lose him again."

"The Wrestle" is almost a follow-up to "The Twist," from the band's previous album, with its lethal combination of sex and booze - "First pint marks the beginning of the clotheless wrestle."

The tide starts to roll in on "Skip The Youth," which opens with two minutes of tapping guitar and churning keyboard play. The track displays Hutchison's determination to live an adult life filled with the action of love and loss. "If you don't stare at the dark / You can never feel bleak / Life starts to lose its taste / So I will, but I am so tired," he sings, the last part with the truly hopeless sound of an exhausted man.

With its tsunami-like power and seemingly healed lyrics, "Nothing Like You" finally dresses Hutchison's wounds. The best track on the album, the song is an anthem for new chances – "There is nothing like someone new / And this girl, she was nothing like you."

The album's slowest songs, "FootShooter" and "Not Miserable," harken back to classic Frightened Rabbit, with their extreme self-deprecation and almost-whispered verses. On "Not Miserable," Hutchison decides he has swum through the worst of the storm - "I'm free from disease, no grays, no liver spots / Most of the misery's gone / Gone, gone to the bone."

Now that he is out of troubled waters, Hutchison is ready for "Living In Colour." The song is the source for the album's title and also uses upbeat guitar swings and an oceanic theme.

> "I am floating, I, I am floating / With my eyes closed, with no sails / I am soaking, I am weathered by the winter of mixed drinks." The track's chorus is an arena anthem if Frightened Rabbit ever had one, using strings and violin to complement the pounding.

> > The album ends on a regretful drift at sea on "Yes, I Would." "I can't see land, the world just blinks," Hutchison laments. "What if this tear in my side just pours, and pours, and pours?" he asks besides sorrowful trumpet blows.

In the last leg of this last song, I truly felt the weight of the album as a whole.

Song after song, Frightened Rabbit took the listener along for a swim out into the sea. Both the lyrics and the sounds echoed sentiments for listeners who have experienced loss of love and the oceanic journey that follows.

*Alternative rock band Frightened Rabbit released new album yesterday. Courtesy of Picasa Web site



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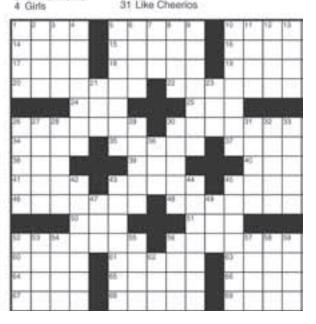
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comedian 31 Like Cheerios

27



Opposing views: Are smartphones required? Smart phones, dumb people: Take my iPhone when you can pry it from my cold, dead hands Technology taken for granted

Spartan Daily —

I used to be like you. I was addicted to a smartphone once.

I used to own a BlackBerry and I would go through my day checking it every five or 10 minutes to see whether I had gotten any new e-mails or texts, or whether any of my friends had anything new to say on any number of social media Web sites.

My BlackBerry and I were inseparable. I was a junkie.

When it wasn't in its usual place on my hip, I would panic and think that someone important must be trying to reach me at that very moment. Of course, the odds of that happening on any given day were one in a million, but that wasn't the point.

The point was that I was out of reach. I was unplugged from the world if I didn't have my smartphone with me, or so I thought.

Almost a year ago, I was up in Tahoe with my friends when disaster struck. My BlackBerry, which I had decided was important enough to carry with me while snowboarding, flew out of my pocket during a nasty spill and was submerged in snow.

It didn't make it.

I was forced to go without it for the next few days, a frightening prospect at the time.

I realized then how much of an addict I was. I remembered what life was like before I was plugged in all the time. I remembered that life does exist outside of cyberspace, that I could talk to real people around me in person if I chose. I could just walk up to them and talk to them. No need to look them up on one Facebook and post comments.

Smartphones, and social



Staff Writer

networking sites in general, are making us socially inept. These networking sites label themselves as services to bring us together, but they are actually doing the opposite. We may feel more connected to a larger number of people, but it distances ourselves from real human interaction.

In fact, social distancing is said to be an evolution that has occurred with each technological innovation.

The cell phone allowed us to call each other, from anywhere, and not have to see anyone in person.

Texting and Instant Messaging allow us to send messages without even having to hear anyone's voice.

Twitter, Facebook, Google Buzz and the like allow us to send messages without even having to direct it at anyone in particular. No personal interaction needed.

Smartphones are facilitating this evolution of this social distancing. Now we can ignore real people any time we choose and dive into our little smartphone screens.

Soon it will become commonplace to see a group of friends standing in a circle, heads down, enveloped in their own little worlds, occasionally sending an instant message to a friend standing three feet away. This may very well become the image of modern day socializing.

I understand that smartphones make some things more convenient for many users, such the ability to Google anything when needed, or use GPS to find their way to the nearest Starbucks, but it is a fine line between convenience and reliance.

In an ABC news report from June of last year, experts weighed in on this topic, stating that GPS systems in our phones can lead to dependency to the point that if the technology were to fail, we would be unable to find our way on our own.

I believe the same can be said for our reliance on the Internet in general. If the technology were to fail, will we be unable to find information?

For now, as a reformed smartphone junkie, I will stick with my not-so-smart little Nokia phone, with no Internet capabilities whatsoever, and while I still rely on the Internet more than I should, at least know that I can disconnect when I am not on my laptop and know that there is still a world beyond cyberspace.

Sure I might have to wait for hours before I see what e-mails I may have received while I have been gone, or what new and exciting things my friends have posted to their Facebook or Twitter accounts, or to Google that thing someone told me about, but that's fine by me. Patience is supposed to be a virtue, after all.

Donovan Farnham

Staff Writer

I had a dream the other night that my phone deleted all my phone numbers and appointments, people started calling me from numbers I didn't recognize, and my assignments ended up being late, dropping my grade-point average faster than the Titanic .

This dream was so vivid that I woke up in a cold-sweatinducing panic, to realize my iPhone was neatly tucked away on its charger.

go iPhone you never go back — something I'm sure BlackBerry users feel about their device as well.

Believe it or not, I was one of those people who thought smartphones were for stuffy old businessmen who spend their afternoons planning meetings while sipping vodka martinis at lunch and brainstorming how to exploit Third World countries to boost quarterly profits.

What turned my way of thinking is how unbelievably useful they are.

With one device, I can check my e-mail, keep my day organized, listen to my entire music library, access the Internet, take a note about something, keep track of the weather, read the New York Times and even make the occasional phone call.

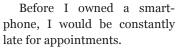
One argument I've heard about why smartphones should go the way of the dodo is they're constantly bothering you to stay on task, and if you buy one, then you'll never get a break from your already overly hectic day.

Wrong.

A smartphone, like all other pieces of technology, simply makes your day easier and more productive, so you don't need to remember every minuscule detail about the upcoming day the phone will take care of remembering what needs to be done for you.

If it wasn't for my phone beeping at me, I probably wouldn't have written this article.

If you are like I was, then you are constantly worrying about what needs to be done and have a flurry of small pieces of paper tucked into your wallet, and notes about what to do later tonight written on the back of gum wrappers.



OPINION – 7

I tried to keep an old-school paper planner, or my hands would be covered in ink with reminders such as, "Work: Friday @ noon don't be late, stupid."

Now I'm organized, happy and, for the most part, ink free.

Sure, I'm irritable and a nervous wreck who is about to jump out of a library any time my

The dream highlighted the idea that once you phone decides to crash on me, and I would much rather take a bullet in the kneecap than have any harm come to my iPhone.

> The dream highlighted the idea that once you go iPhone you never go back — something I'm sure BlackBerry users feel about their devices as well.

But those are the risks I'm willing to take to have a tool that's essential to my life as fire was to a caveman during the ice age.

The trend of smartphones is catching on. According to a Nielsen Company survey of the top 10 cell phones in the United States, four of the phones were smartphones, ranging from an iPhone 3G to various versions of BlackBerrys.

After all, smartphones are just tools that make life easier, and not to mention they are pretty cool to own.

So stop fearing the future and embrace the machine overlord - I mean smartphone - in your pocket.

Water: Quit the bottled water and drink from tap instead

America, we've been duped. Last week, my biology class learned the truth about bottled water.

It is common knowledge that marketing is not always truthful, especially when it comes to bottled water.

Most commercials paint bottled water brands with an image of pristine lakes nestled between snow-tipped peaks in Fiji, implying the consumer is paying for fresh spring water.

Most "spring water," however, can be found in the parking lots of industrial facilities adjacent to waste centers, and some are actually contaminated by the neighboring facility.

Most of these facilities do not meet the U.S. Food and Drug Administration's chemical contamination standards.

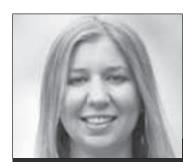
For instance, the source of Poland Spring bottled water is nowhere near Poland – it's in Hollis, Maine.

The U.S. is the greatest consumer of bottled water by far. Americans purchased almost 31 billion bottles of water in 2006 and an average of \$11 billion on bottles of water per year, according to the New York State Department of Environmental Conservation Web site.

While bottled water costs \$10 per gallon, tap water costs less than one penny per gallon, according to the Web site.

Even worse, roughly 10 percent of plastic water bottles are recycled, and the remaining 90 percent end up as garbage or litter.

Eighty-thousand metric tons of



Jill Abell Abell and Willing

greenhouse gases were spewed into the atmosphere to dispose of the wasted plastics, according to the New York State Department of Environmental Conservation Web site.

On top of waste, bottled water is more detrimental to health than city tap water.

The FDA regulates bottled water, whereas the Environmental Protection Agency regulates city tap water.

The FDA's rules for water contamination do not apply to packaged water sold within the same state and one out of five states do not regulate bottled water. Carbonated water and seltzer water are completely exempt

from FDA bottled water standards. Even when they are regulated by FDA standards, those rules are not as stringent as the EPA's rules for city tap water.

The EPA tests for E. coli or fecal coliform bacteria, which are microscopic poop pieces in your water. The FDA does not.

The EPA makes sure cities disinfect and filter their tap water.

The FDA does not.

The EPA requires that city tap water must meet standards for toxic or cancer-causing particles – chemicals that can leach out of plastic, which includes plastic bottles.

The FDA does not.

Scared yet?

If city tap water is found in violation of any of these strict standards, it is grounds for enforcement.

Meanwhile, bottled water com-

panies get off scot-free, except they must include fine print on the label that reads "containing excessive chemicals" or "excessive bacteria."

You could be sucking down tiny poop pieces from your pristine bottled "spring water" if you're not careful to read the tiny print.

The reason poop, chemicals and toxins end up in our water bottles is because the enforcement of regulations regarding bottled water in the U.S. is grossly underfunded.

One staff member upholds the water contamination regulations in the entire United States for the FDA, according to the National Resource Defense Council Web site.

The next time you're in need for some sparkling, pure H2O, consider satisfying your thirst by seeking out the closest garden hose instead of dropping cash on fecal water.

Spartan Daily

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Scott Reyburn Tommy Wright Jon Xavier

Hank Drew

Wednesday, March 10, 2010

_____ Spartan Daily Author discusses unfinished book

Amber Simons Staff Writer

More than 70 people were present at the James D. Houston Memorial Lecture Tuesday night in the King Library to listen to a reading by Daniel Alarcón, author of "War by Candlelight" and "Lost City Radio."

8 - NEWS

Alarcón said it took him seven years to write "Lost City Radio" and that he's been working on his current book, "At Night We Walk in Circles," for three and a half years. He said he hopes to finish soon.

Marissa Gomez, a junior English/creative writing major, said she is taking the visiting authors class, English 139, which plans for various authors to visit campus.

"And so I have been reading his novel, 'Lost City Radio' for that class, and I'm really enjoying it," she said.

Gomez said she was glad to receive insight from authors who write for a living. She said she has gone to Center for Literary Arts events in the past. She also said she likes to hear authors read their books aloud, because it's different than reading something yourself.

Gomez said Alarcón came to her class Tuesday, prior to the event, to tell his history with his relationship to Lima, Peru and about his family's connection to radio.

She said her class focused on Alarcón's background, and that she was excited to hear him read.

"This was an hour of him reading, and something that hasn't been published, too, which is really exciting – to get some insight into something that he's still working

on," Gomez said. "So when the book actually comes out, who knows if it will be anything like that. You never know. He's a really eloquent guy, a good speaker. So it was good. I really liked it."

As Alarcón read an excerpt from his work-in-progress, some audience members laughed at his character's descriptions, such as "Nelson's" describing his and his past girlfriend's faking wedding proposals at restaurants to obtain free meals.

"I liked the fact that we got to hear some of his new work, as opposed to just reading from things we've already read," said senior English major Danielle Roberts.

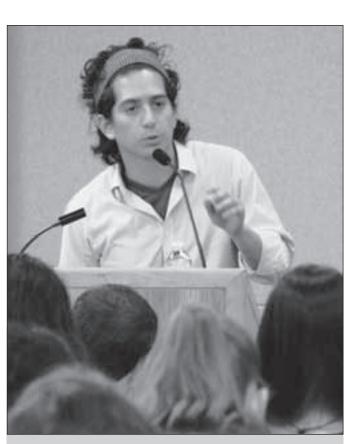
Junior English major Areeba Abid also said she enjoyed Alarcón's reading of new work.

"I thought it was interesting," she said. "It's a lot different from his other work, because it's not so heavily based on the political stuff that goes on in Peru. It's more about the internal conflicts of the characters, so I think it's a new change.

In a question-and-answer period at the end of the reading, Alarcón said he doesn't want to be a spokesman for Latin America and said he wants people to realize that it's a complicated place, because there is no single Latin America.

"I felt that he answered the questions very gracefully and with a sense of humor," Roberts said, "which was appreciated, because sometimes, artists tend to take themselves too seriously, and he was able to play with it a bit."

Alarcón said that storytell-



Daniel Alarcón reads from his book "At Night We Walk in Circles" at King Library on Tuesday. **Clifford Grodin /** Contributing Photographer

ing was an important part in his family growing up, so it didn't seem like a crazy option to become an author.

"Like a lot of writers, I think, I draw my inspiration for stories from multiple sources," Alarcón said. "Certainly, I go out in the world and listen to people talk and really enjoy and thrive on hearing these, people's personal anecdotes and personal histories."

"I also try to re-interpret family stories, but I make a lot of stuff up," Alarcón said. "And based on inspiration one gets from art, from all art forms ... I'm just like anyone else, just that what I do is write things down and make

to and in conversation with things around me."

Alarcón said that no matter what happens he's going to keep writing.

The English department hopes to hold annual readings dedicated to Houston, who passed away last year in April, said English Professor Paul Douglass.

"In terms of the work itself, I know my husband would really have loved it," said Jeanne Wakatsuki Houston, the late author's wife. "My husband was always interested in cross-cultural literature and writing, and he was always very encouraging to students or anybody, want to be writers from different backgrounds."

Event named for late author and SJSU alum

Amber Simons Staff Writer

"We all know that one of Jim's greatest qualities was his compassion for everybody. He was a really kind and generous person and that's why he was such a good teacher ... When he recognized talent, he really encouraged it," said wife, Jeanne Wakatsuki Houston.

James Houston, who was an accomplished Californian writer, died of cancer in April of last year,

according to Geoffrey Dunn's article on the San Jose Web site.

"There are quite a few people, young writers now, who wrote and said how he was the one who helped them and encouraged them in their writing, and I think most people know that about Jim," she said.

Wakatsuki

Houston, who describes her late husband as musical and as having a wonderful sense of humor, attributes her writing to Houston.

She said they were the first to write about the Japanese Internment. They were married for 15 years before she told him about her experience and the camps, and when she did tell him, he was unbelievably moved by it, she said.

"I said, 'Well, I'll write it for my family, a memoir,' and he said, 'No, this is something everybody in America should know about," she said.

That began the book, "Farewell to Manzanar."

Jonah Raskin wrote a book titled, "James D. Houston," which

covered many of Houston's writings on California and the Pacific Rim. In the book, Raskin wrote that Houston's "Farewell to Manzanar" is his most popular and most influential book.

"Farewell to Manzanar" sold more than half a million copies, has been used in California schools and served as the basis for an award-winning television movie, Raskin wrote.

Houston was born on Nov. 10, 1933, in San Francisco, according

to Raskin's book.

Houston studied drama at SJSU when it was still called San Jose State College, according to the James D. Houston Web site.

After Houston served in the U.S. Air Force in England, he and his wife returned to northern California, where Houston received a Master of Arts in American Literature at Stanford

University, according to Dunn's article.

Courtesy of SJSU English

James Houston

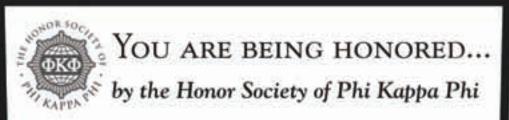
department

From 1962 until his death last year, he lived in Santa Cruz, according to his Web site. He taught part-time at the University of California's Santa Cruz campus for 20 years, according to his Web site.

In Spring 2006, he returned to SJSU to hold the Lurie Chair, as Distinguished Visiting Professor in Creative Writing, according to his Web site.

Houston left a legacy of writing that is the envy and inspiration for many other writers, said English Professor Paul Douglass.

He wrote eight novels, among many other published writings, according to Houston's Web site.



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