



Spartan Daily

Serving San José State University since 1934



Monday
October 5, 2009
Volume 133, Issue 19

[SPORTS]

Hockey club freezes USC in back-to-back games
Page 6



[OPINION]

Samoan quake should heighten our preparedness
Page 5



[A & E]

Filipino club talent show highlights musicians
Page 3

Runners rock around San Jose



[Briana Calderon / Contributing Photographer]

Above: Neverwonder bassist Vincent Ramos runs along with marathon runner Leticia Ortiz during the Rock 'n' Roll Half Marathon. Below: Brian Ball celebrates as he crosses the finish line in seventh place.

By Leonard Lai
Staff Writer

Runners lined up at the closed off intersection of Santa Clara Street and Almaden Boulevard yesterday morning at 8 a.m.

The crowd of spectators on the side of the road cheered and screamed eagerly for the race to begin.

Once the race began, it took more than three minutes for all 12,000 runners to pass the starting line signaling that the Rock

'n' Roll Half Marathon had officially begun.

"This is the fourth year we have done this race," said Elizabeth O'Brien, former director of previous half marathons. "We will have a live band every mile of the 13-mile race."

O'Brien said this half marathon was part of a series of Rock 'n' Roll races across the country.

Runners are given four hours to complete the race while bands, such as The Woogie Men!, Ben-

See **ROCK**, Page 2



Group seeks costumes for needy children

By My Nguyen
Staff Writer

Five members of CommUniverCity of San Jose were in front of Clark Hall, shaded under a canopy from the sun on Oct. 1, asking patrons to donate new and gently used Halloween costumes for children of Five Wounds / Brookwood Terrace neighborhoods in San Jose.

The neighborhoods are low income, Spanish-speaking communities that have a couple of schools that are under funded, said Project Coordinator Jeff Russell.

"We're trying to give them resources to have a fun Halloween," he said.

Russell said this is the second time CommUniverCity has sponsored the costume drive.

"Last year, this other group, Sunday Friends — who's another

nonprofit — they helped generate costumes for us, and the previous four years they were collecting costumes," Russell said. "So they had four years to collect costumes, and we're trying to emulate the same thing in a couple of months. It's not working out too greatly right now, which is why we need the help of San Jose State."

Maribel Martinez, program coordinator at Cesar Chavez Community Action Center, said people don't have to donate full costumes. They can be partial costumes, accessories, wings, wigs, makeup or paint, she said.

"I'm even telling folks, if you have an old prom dress or a uniform that can be used as a costume, drop it by, because we want to be able to give every child something they can use toward their costume," Martinez said.

See **COSTUME**, Page 4

Students celebrate Nigerian independence

By Regina Aquino
Staff Writer

The Nigerian Student Association hosted a banquet where it served attendees a dinner of fried plantains, jollof rice, moim-moin and chicken with tomato sauce at the International House on Friday in celebration of Nigerian Independence Day.

A live band playing traditional Nigerian music was also featured at the banquet.

"Today's event is about celebrating Nigerian Independence Day, which was yesterday, October 1st, but we couldn't do it yesterday because students had school," said Echeme Emole, a sophomore political science major who is also secretary of the Nigerian Student Association.

Emole also said Nigeria is now 49 years old.

Prior to Oct. 1, 1960, Nigeria was a British colony, but



[Briana Calderon / Contributing Photographer]

Lakeisha Luckett, a sophomore business marketing major, serves Nigerian food to Sean O'Byrne, an international student from Ireland majoring in chemistry, Friday.

after years of hard struggle and political turmoil, the country was able to achieve independence, according to the 123IndependenceDay Web site.

About 50 people attended the banquet held in the dining room of the International

House. Kimberly Nkem Uweh, a junior chemistry major who is also a member of the Nigerian Student Association, gave a background on the dishes that were served.

"We have fried plantains,

which are a side order, and they can go on rice," she said. "Then we have jollof rice, which basically is a tomato sauce cooked with rice in it.

"Next, we have moim-moin, which is ground-up black eyed peas with egg and corned beef in it, and it's spicy.

"And then we have chicken with tomato sauce on it."

Nnamdi Nwaigwe, a junior business administration major who is vice president of the Nigerian Student Association, said the banquet was also a regional dinner for the International House.

"I'm the head coordinator of the regional dinners, and I can't remember if we've ever had a Nigerian regional dinner, so I wanted to make sure I incorporated it in," he said. "I wanted to make sure that everybody had an opportunity to absorb

See **BANQUET** Page 2

47°

71

Libra

T 75 | W 75 | TH 74 | F 75

theSpartanDaily.com

Slideshow

- Musical and dancing acts celebrate Filipino Heritage Month at Akbayan Pilipino Club's talent show

Spartan Daily Blogs

spartandailynews.wordpress.com

- Kate plus 8 minus John

spartandailysports.wordpress.com

- Slideshow: Spartan hockey wins 10-2 against USC on Saturday

spartandailyphoto.com

- Slideshow: San Jose runners rock through downtown



[Kirsten Aguilar / Spartan Daily]

MA 'BOO' HAY: Gabe Bondac sits back stage prior to performing during Akbayan's talent showcase Thursday night. See a slideshow on thespartandaily.com

ROCK
From Page 1

to, Undergone, The Cruzers and other local San Jose bands performed all the way to the race's end at the Park Avenue and Market Street intersection.

She said 1998 was when the first race was held in San Diego, and San Jose was the fifth city to join the series.

Dan Fenton, chief executive officer of Team San Jose, said the turnout for the event was great.

"I hope this is here for the next 100 years," Fenton said. "The hotel community and sponsors enjoy these events."

Fenton said the weather was perfect, being cool in the morning and warm for the concert by noon, and he may run someday.

Jeremy Nguyen, a sophomore business administration major, said he arrived at the event at 5 a.m.

"It's great to help out the community, we help move, help make put the medals together, it's fun," Nguyen said.

Volunteer Alan Duong, a sophomore business major, said he had run in the event the first year it was held in San Jose.

"I ran it because my friends ran it," Duong said. "It has been way too long, and I need to get back to training."

Duong said his first year volunteering two years ago was unorganized compared with this year's event.

"This year, it's more fun, because they're trying to promote the event by handing out thunder sticks (inflatable noise makers), letting us get loud to cheer on our friends," Duong said.

Ailyn Minch, a paramedic



working at the event, said the half marathon was great, but warned everyone that they should be cautious.

Minch said the warning was not only for the runners, but for spectators as well.

"Any marathon is dangerous if you don't train properly," Minch said. "We've treated everything from scrapes to heart attacks."

Minch said she has run in other marathons but never the one in San Jose.

"They keep us too busy," Minch said. "I know some people from my department who are in the race, though."

There were four supervisors, six first-aid stations and 12 ambulances, one stationed at every mile, Minch said.

Kinesiology senior Jesus Campos from Fresno State University, runner No.1834, came to run in the half mara-

thon.

"I really like running here," Campos said. "It's a fast course."

Campos completed the marathon in 1:09:48.

Meb Keflezighi, runner No. 1, came in first place overall with a time of 1:01:00, a 25-second personal record.

"It's a big deal," Keflezighi said. "San Jose did a good job putting it together."

Keflezighi came in second place in the marathon during the 2004 Olympics, and he was a 2006 founder of the Rock 'n' Roll half marathon where he didn't finish his run that year.

"Music is an inspiration, it kept me going," Keflezighi said. "The crowd was good, and their cheering kept me strong."

San Diego native Jesse Ray Smith, the lead singer of his band "The Phromones," performed on stage after the race was over.

"I'm for anything promoting



[Briana Calderon / Contributing Photographer]

Top: Around 12,000 runners competed in the Rock 'n' Roll Half Marathon yesterday morning.

Above: Antonio Jimenez (left) and Todd Hayes (right) race their way through downtown streets during the half marathon.

rock and roll and good health," Smith said. "I like to get up in front of people who like good music."

Smith said he originally heard about the marathon because he

lived a few blocks from the San Diego race.

"It's a really positive atmosphere," Smith said. "It's all supportive, everyone's families are here for you."

BANQUET
From Page 1

the culture and the experience together, down to the food to the live music and entertainment."

Sean O'Byrne, a senior chemistry major from Ireland, said he really enjoyed the food, especially the meat.

"I thought the event was gorgeous, and I want more," he said. "I knew Nigerians cook really good meat, and I haven't had any good meat since I came here, so since it was here at the house, I figured I'd come check it out."

Sophomore pre-nursing major Olamma Ogamba said she came in support of the Nigerian Student Association.

"I'm Nigerian too, and me and my cousin decided to come, because we're both a part of the club, and we helped out a little bit," she said. "The food was really good, and I liked the band. ... Everyone's really nice here too, and I liked that a lot of people came, not just Nigerians, but a lot of the international students came as well."

The Nigerian Student Association has roughly 50 members, according to John Opara, a senior accounting major and president of the association.

"To me, Nigerian Independence Day means freedom and pride," he said. "I take pride in being Nigerian, and our celebration was to show people what we are proud of."

Opara also said he is looking forward to the next Nigerian Independence Day event.

"We know how things work, and this is our first Nigerian Independence Day event, so we're planning on making this an annual thing," he said.

Class without quiz encourages students to tackle heart disease with diet

By Angela Marino
Staff Writer

We are going to die, there is no question about that, but it is up to each person to prolong the avoidable as long as possible, said a cardiologist from Mountain View.

"The major cause of death in women and men in this country is cardiovascular disease," said Dr. Neal Scott, cardiologist at Heart and Vascular Associates in Mountain View.

An event to benefit the Alumni Association called "Classes Without Quizzes" featured an array of classes to choose from Saturday morning in Clark Hall.

The class "Secrets to a Long and Healthy Life" had about 30 people attend in Clark Hall Room 206.

"If you add up all the types of cancers that cause death, it wouldn't be close to amount of deaths from cardiovascular disease," he said.

According to the American Heart Association Web site, in 2005, cardiovascular disease totaled 864,480 deaths versus 559,312 deaths from cancer.

"The risk factors of heart disease are family history of the immediate family, high cholesterol, high blood pressure, smoking, diabetes, low physical activity and obesity," Scott said.

Recent studies have found that cardiovascular complications have shown up in younger adults each year, Scott said.

The American Heart Association Web site states that between 2003 and 2005, obesity has increased in children between the ages of 2 and 5, resulting in a BMI that rose to the top 85th percentile throughout all ethnicities.

"I even have a patient right now who at 26 had his first heart attack," he said.

The secret to a long and healthy life is simple — it is eating smarter and exercising more, Scott said.

Mahdi Ashktorab, a senior electrical engineering major, said the lecture made him realize how important a diet is to a healthy lifestyle.

"I knew diet is important, but I have never heard such a specific example before, such as one type

of meat such as fish being better for your health than another such as poultry," he said. "I am definitely going to try to be more aware of what I eat."

Obesity is now the major cause of cardiovascular disease, Scott said.

The American Heart Association now recognizes obesity as a major risk factor for coronary heart disease, which can lead to a heart attack, according to its Web site.

Dr. Ancel Keys, who founded the Mediterranean diet, conducted a study that discovered a common factor — people who bordered the Mediterranean Sea live longer, healthier lives, Scott said.

According to The New York Times obituary of Keys, the study began in 1958 and lasted decades.

The study consisted of a total of 12,000 men in Italy, Greek Islands, Yugoslavia, Netherlands, Finland, Japan and the United States.

The study found through the population data support that saturated fat caused heart attacks.

"The common factor that was found was their diet and that

many of the residents were farmers who endured long hours of hard labor," he said.

Much of the American lifestyle is focused around a couch-potato attitude that causes many to sit around and eat unhealthy food such as potato chips and sweets, Scott said.

The Mediterranean diet consists of vegetables, fruits, whole grains, olive oil, nuts and fish, he said.

"The majority of their fat intake comes from olive oil, which is unsaturated fat," Scott said.

According to the Merriam-Webster Dictionary, unsaturated fat is defined as fats that are liquid at room temperature, which come from vegetable sources — these fats are good sources of essential fatty acids.

"The Mediterranean diet is high in fish consumption and low in beef, pork and lamb," Scott said. "Alcohol usually is wine drunk in moderation, only one to two glasses per day."

The best protein source is fish, the worst is red meat and poultry is in between the two extremes, he said.

WE PAY MORE

CURRENT FASHION

WOMEN'S & MEN'S CLOTHES, SHOES & ACCESSORIES

NO APPOINTMENT NECESSARY

CASH ON THE SPOT

FRIENDLY BUYERS

Photo: TERAYOUTH NGAMVILAIPUN

CROSSROADS TRADING CO.

SAN JOSE 1959 west san carlos 408.292.9100 • 1008 blossom hill rd #e 408.269.1000
www.crossroadstrading.com

Love at First Bite!

"Wow! The best sandwich I ever had!"

Now Hiring!

Lee's has more than 30 sandwiches to choose from! Plus lots of other specialty items.

10% off

total food purchase

Valid 10/5/09 - 10/11/09. Not valid with any other discounts or offers. Excludes alcohol and beverages. Excludes catering. Limit one per customer. See store for details. Expires 10/11/09.

260 E Santa Clara St @ 6th St
San Jose
408.286.8808
Next to San Jose City Hall

2471 Berryessa Road @ Capital Ave.
San Jose
408.926.9888
Next to Taco Bell

Yolee's

Buy any medium sized frozen yogurt and get your first two toppings FREE!

Traditional Soft Protein Yogurt. New Serving at Lee's Berryessa Only. Promotions Not Available. Expires 12/31/08

LEE'S SANDWICHES

Over 30 locations to serve you • call 800.640.8880 or visit www.leeSandwiches.com for the location nearest you

*Coupon only valid at Santa Clara St. and Berryessa Locations

Local artists perform in Akbayan's talent show

By Regina Aquino
Staff Writer

A variety of performing artists including singers, dancers and comedians took the stage for "Ma 'Boo' Hay," Akbayan Pilipino Club's ninth annual talent showcase Thursday at Morris Dailey Auditorium.

The showcase is in celebration of Filipino Heritage Month.

Some of the performing artists included Meron 6, AJ Rafael, AK, Gabe Bondoc, SJSU Breakers and Drop n Harmony, according to the event program.

Ingrid Mapanao, a junior health science major, said she assisted with the public relations aspect of organizing the event, which included e-mails and ticket sales.

"The process of putting this event together took a long time," she said. "But the turnout was really good, actually. I was kind of scared that we weren't going to sell out, but I think we did sell out."

Junior pre-nursing major Andrew Nguyen said he didn't know anything about the event until a friend invited him.

"My favorite performer tonight is AJ Rafael, and I'm looking forward to seeing AM Kidd, because I'm a fan of Bay Area rap," he said. "I'm really glad that my friend told me about this, because it's actually pretty great."

One performer was Herb Digs, an artist from Daly City who combines music and comedy, according to the event program.

"I just try to take real situations and exaggerate them to the craziest degree and make them funny," he said. "I thought it was a great show, and I'm really honored to be asked to be a part of it. It's good to be rockin' for a room full of brown folk."

Junior kinesiology major Diane Quintos said she liked the reaction of all the people who attended.

"I think the whole atmosphere and vibe was really great tonight," she said. "Everyone's excited, and I really feel like the crowd is loving it."

Gabe Bondoc, a performing artist



Dance group AK performs at Akabyan's Ma 'Boo' Hay talent show Thursday night at Morris Dailey Auditorium. Below: Singer and guitarist Gabe Bondoc.

[Photos by Michelle Gachet / Spartan Daily]

who sang and played his guitar, said the show was a lot of fun.

"For the most part, I had a wonderful time with all the people in the audience that were listening and singing," he said. "I just had a blast."

Bondoc also performed with Lee-jay and Passion, forming a trio that the event program named "GLP."

"San Jose is really fun for GLP," he said. "This is our first real performance, and we did it all for fun, and we really enjoyed ourselves."

Another headlining group listed on the event flyer was Drop n Harmony, a Bay Area singing group that has been around since 1999, according to the program.

Lionel Doumlot, a member of Drop n Harmony, said it was great to perform

again in front of an excited audience.

"We miss performing," he said. "This is, like, our second performance that we've done in over 10 years, so we had a lot of fun out there, and I hope everybody else enjoyed it."

In addition to celebrating Pilipino Heritage Month, the program also said that the talent showcase strives to give back to various charities, such as Invisible Children, a group of young adults working to transform apathy into activism.

This story has an
Online Slideshow
at theSpartanDaily.com



Drink of Week

Seductively sweet drink surprises with stealthy amount of alcohol

By Ryan Fernandez
Staff Writer

My 21st year of life is nearly over, and much to my chagrin, I have little experience with alcohol.

That is why I found myself sitting on a stool at Flames Eatery & Bar during Saturday's happy hour, debating my choice of beverage with my dining companion.

Nothing on the menu caught my fancy, so I asked for some advice from Sheila, our lovely bartender for the day.

She suggested a concoction that she called an "iced tea vodka."

Sounds innocent enough, right?

For only \$6, she handed me a glass filled with ice, lemonade and Hound Dog Sweet Tea Vodka.

After raising my glass to her and to my bar mate, who drank water, I took that first tentative sip.

I'm not ashamed to admit that I flinched.

There was an odd interplay between the flavors of the sweet tea and the alcohol, and I couldn't taste the lemonade at all.

It wasn't a bad interaction, but new and certainly jarring.

I licked my lips in appreciation and decided I could get used to the taste.

"Scarily seductive" is the only phrase I could think of to describe the flavor.

While the taste of vodka never quite goes away, it's not overwhelming. The drink gets sweeter the longer the ice is left to melt, but still retains an alcoholic undertone.

Sheila said she made mine a little stronger than normal and warned me against drinking it too quickly, a sentiment my dining companion shared after she took a sip from my glass.

I should have listened to them.

After 20 minutes, a plate of spicy eggroll twists and a pair of chicken tenders, I had drained half the glass, and the seduction was complete.

I found myself fighting the urge to gulp what was left of my drink and order another — which, thankfully, neither my friend nor my wallet would allow.

There was a strange pressure in my head that manifested itself as an irrepressible smile and a tendency to look around at everything without actually focusing on anything.

I was writing in my notebook the whole time, documenting the experience, because I wasn't convinced that I would be able to retain my memories.

As I wrote, I was shocked at how light my hands felt. The ink still flowed onto the page, the words strong and sharp, and still perfectly legible — to me, anyway.

But it felt like I was exerting no pressure at all on the paper.

Sheila said that it would only take one or two drinks for me to start feeling the effect.

Clearly, it didn't even take that much.

In retrospect, I should have sprung for a full entree instead of the half-priced appetizers.

The iced tea vodka is the kind of drink that you can lift to your lips over and over without really understanding how much alcohol you're actually consuming.

It was sweet and boozy all at once, going down like ice but afterward felt like sunlight radiating from my stomach.

Get it while you can, because Sheila told me the iced tea vodka was a "trendy drink" right now, and said she wasn't sure how long other drinking establishments would still serve it.



[Ryan Fernandez / Spartan Daily]

Train To Excel as a Dental Hygienist

* Dental Hygienist's Average Annual Salary is Approx. \$90,000 (BLS)

* Career Potential is Endless

* Positions Are In Demand

The Institute of Medical Education Enroll Now!

--Financial Aid Available--

Call For More Information: 408.534.0714
Visit Our Website At: www.imededu.com

The Institute of Medical Education
130 Almaden Blvd
San Jose, CA 95113



COSTUME

From Page 1

Junior business major Daniel Herrera said the costume drive reflects positive human intentions, but doesn't do any good in helping needy children.

"If we truly want to help less fortunate children, as well as our community, we should not invest in a senseless celebration," Herrera said. "A meaningless costume is wasteful in comparison to provision of proper food and health care."

Senior hospitality major Cindy Lien said she donated a Tinker Bell costume to the drive, because she thought every child should be able to experience the spirit of Halloween.

"When I was younger, my favorite holiday was Hallow-

een," Lien said. "I loved getting dressed and running around my neighborhood with the other kids and go trick-or-treating. It's a childhood experience that everyone should be able to be familiar with."

The costume drive will end on Oct. 14, and CommUniverCity has collected about 100 costumes so far, said Leif Christiansen, project leader for the program.

"Our goal, on Oct. 14, is to take all the costumes we have and separate them into sizes and age, so we can distribute them in an organized fashion," he said.

Collection bins are located in Clark Hall, Dr. Martin Luther King Jr. Library, Student Union and Cesar Chavez Community Action Center, Russell said.

Martinez said Cesar Chavez Community Action Center is

supporting CommUniverCity by helping collect new and used costumes.

"In our office, we're also taking monetary donations and gift cards during our business hours, so we can go out and buy costumes for children," she said.

She said this is an easy way for everyone to help the community, and improve the life of a child by donating something that could be helpful in creating a Halloween costume.

Russell said the group has been contacting corporate offices to help in the costume drive, but the downturn of the economy hasn't worked in their favor.

"We're a little bit behind on our costumes, but we definitely want to get as many costumes as we can, so those children can have a fun Halloween this year," he said.

Former Adobe CEO talks business

By Minh Pham
A & E Editor

A former chief executive officer of Adobe Systems Inc. spoke to a crowded room of more than 80 students Wednesday night.

Bruce Chizen was the keynote speaker for an event held in the Engineering building and hosted by the Silicon Valley Center for Entrepreneurship.

"I never thought I would be the CEO of a 24 billion-dollar company," Chizen said. "But I worked hard — always passionate. I zoomed in on my skills that would differentiate myself with others."

Amon-Raa Valencia, a junior business major with a concentration in corporate finance, said Chizen wasn't what he was expecting, but was very informative nonetheless.

"Previous speakers would focus on the economy and finance," Valencia said. "With Chizen, it's what we wanted to know — every single thing he said was about us."

Melissa Dyr Dahl, former senior vice president of corporate marketing and communications for Adobe Systems, Inc., introduced Chizen.

"He did this partly as kind of a favor for me," said Dyr Dahl, who is currently on the board of directors for SJSU's Alumni Association. "But I knew he was a great speaker and a great example of people like us making it."

He spoke about his past for about 15 minutes before launch-

ing into a set of questions from students.

Chizen grew up in Brooklyn, N.Y. and went to Brooklyn College, a university similar to what SJSU is to the California State University system, he said.

"I worked through school," Chizen said. "I remember working at the post office during Christmas season for the graveyard shift, watching packages over packages falling into the bins."

Chizen began his career with Adobe Systems Inc., answering an ad in The New Yorker when the company had only 12 staff members, he said.

One student asked for three pieces of advice from Chizen.

"First, it's not about the money," Chizen said. "If you have a unique skill that you can put a lot of passion in, you can make a ton of money."

He also advised students to work with people they respected and could learn from, and for business students to work before going back to school to get a master's of business administration.

"At Adobe, there were lots of brilliant M.B.A. kids, but had never worked," Chizen said. "Smart as can be, but clueless — a little arrogant even."

When asked what were important factors in successful people, Chizen said introspection was number one.

"Somebody who can't reflect, self-assess and seek advice will destroy their company," he said.

Matt Heinrichs, a senior business major with a concentration in marketing, said he heard about the event through student organization the Entrepreneurial Society.

"I thought it was insightful," Heinrichs said. "He's a really down-to-earth guy and came through the public school system like us. Nobody here has been given everything."

Chizen also openly talked about mistakes he made during his career.

When Adobe Systems Inc. decided to partner up with FedEx to send pictures from Adobe's Photoshop software program via the



[Thomas Webb / Contributing Photographer]

Bruce Chizen spoke to more than 80 students Wednesday night.

Internet to FedEx, Chizen didn't tell anybody about the merger, he said.

"All of sudden I received tons of hate mail from small competitors, saying they'd never buy a piece of Adobe software," he said. "It was horrible — completely backfired."

Audience members applauded when Chizen said he would rather hire an SJSU student than a student from Stanford.

"Give me a whole bunch of people who will work hard and are passionate than people who are slighter better trained," he said. "The work ethic and drive ... that makes you a great employee."

But when Chizen interjected that what he said didn't apply to all SJSU students, he received laughs from agreeing listeners.

"I came to speak at this event, because my background is not that dissimilar from students at SJSU," he said. "I come from a working family and had similar choices — limited choices."

Mandy Reid, a junior business major with a concentration in corporate financial management, said she agreed with Chizen when he said that during his time, it was the women who worked the hardest.

"Right now, I work in corporate where all the vice presidents are men, but all their right hands are women," Reid said. "It's also good to hear that my constant learning is not the wrong thing."

FEE

From Page 1

to step up and do what it takes to invest in public higher education," Taiz said.

Cathy Bui, a junior environmental studies major, said she wouldn't mind paying the increased fees.

"I think students should pay more, because there are a lot of students who slack off," Bui said. "Even though I have a lot of financial difficulties, for some reason, I feel like students should pay more, because this is a great service they are providing right now, and this is a good education"



[Michelle Gachet / Spartan Daily]

Jeff Russell, a graduate student in history, and Victor Guendulain, a senior behavioral science anthropology major, wait for students to drop off used Halloween costumes in front of Clark Hall on Friday.

Sparta Guide

Today

Community Media Workshop from 5:30 p.m. to 6:30 p.m. on the second floor conference room of the Building BB. Learn how to write press releases to get the media to cover your events and programs. Please RSVP by e-mail to ITHINK.sjsu@gmail.com.

Ecological Footprint Challenge from 10 a.m. to 2 p.m. at the Student Union. Help reduce the ecological footprint of the SJSU community by 10 percent. For more information, contact Jennifer Gorospe at jennifer.gorospe@students.sjsu.edu.

Tomorrow

Ecological Footprint Challenge from 10 a.m. to 2 p.m. at the Student Union. Help reduce the ecological footprint of the SJSU community by 10 percent. For more information, contact Jennifer Gorospe at jennifer.gorospe@students.sjsu.edu.

Kiyoe Sings Jazz and Bossa from 12:30 p.m. to 1:15 p.m. Doors open at 12:15 p.m. at the Music Building Concert Hall. Listen for free to the songs of Monk, Jobim and more with Kiyoe Wakabayashi and friends. For more information, contact Joan Stubbe at (408) 924-4649.

CLASSIFIEDS

HOUSING

2 BD/2 BA CONDO \$1495/ mo. Washer/dry in unit. Parking/water/gb incl. 408-890-6154

EMPLOYMENT

SURVEY TAKERS NEEDED: Make \$5-\$25 per survey. GetPaidToThink.com.

EARN EXTRA MONEY Students needed ASAP. Earn up to \$150 per day being a mystery shopper. No Experience Required. Call 1-800-722-4791

EARN WHAT YOU WANT http://www.makemoneywithpcnow.com

SERVICES

PROOFREADING for papers. Affordable! Easy. Submit online@www.ThePaperDoctor.com

FIXLAPTOP.COM BUY SELL FIX Laptop & Part, Repair PC, Data Recovery, Remove Virus, TRADE GAME & Console, Next to SJSU. (408) 998-9990

STUDENT HEALTH INSURANCE Affordable Health Plans starting @ \$47/ mo. Call or E-mail Bonnie Shelton SJSU Alumni: bonnie@brauerinsurance.com Lic.0F75095 (408)802-0644

TEXT FOR FREE http://www.sendfreetxt.info

Previous Puzzle

Grid for Previous Puzzle with numbers 1-30.

SUDOKU

(Difficulty: 1 of 5)

9x9 grid for Sudoku puzzle.

TODAY'S CROSSWORD PUZZLE

ACROSS

- 1. Meat meal
4. Vex
9. Door step
13. Cut of beef
14. Shrimp juice
15. Address label
16. Cut of meat
17. One half
18. Apples, as juice
19. Red table wine
21. Pay for the attention to
27. Names
28. Trade books
29. Zulu prayer
31. Make pretty
32. Chance to play
33. Half a bit
37. Camp in water
38. Water sources
41. One who
42. Nothing to feed
44. F.H. Mead
45. Co. strength skills
47. The soup
48. Shoppers
49. Warehouse
53. Area
55. A port-nel transport of iron
57. Care
61. Spore only
62. New born fava
64. Ripped
65. A hairy
66. Ato's name
67. In a of adventure
68. My Russian the scene
69. G. W. W. Hamlet
70. Do not

PREVIOUS PUZZLE SOLVED

Grid for solved crossword puzzle with words filled in.

- 3. Monday
4. Sports like
5. Inbox file
6. Engine car
7. The son
8. Washing
9. Being out
10. Denotes
11. Habitat
12. A night
13. Audace
14. English
15. Lunch time
16. Soften's dust
17. Soften's dust
18. Methyl's parent
19. Father of the
20. American happen
21. Lined socks
22. Lumpy
23. Curly-shaped
24. People
25. Direction
26. Curly-shaped
39. Maria
40. Suffer from
41. Wounded
42. Palms a
43. Marshall
44. Churchill
45. Johnny
46. Kayaks
47. Finger-part
48. Trade of work
49. Slowly
50. The a wolf
51. New
52. Mystery with
53. Turkey
54. Xerox
55. Culture
56. Neighbor
57. Soften's dust
58. Trade of work
59. Trade of work

DOWN

- 1. Laptop
2. Kerosene
9. Curly-shaped

Grid for crossword puzzle with some words filled in.

IT'S EASY TO PLACE AN AD! Spartan Daily classified ads appear in print and online. Register to place your ad at www.thespartandaily.com under Advertising Classified Ads Register (& Use your Credit Card) Questions? Call 408-924-3283

DISCLAIMER The Spartan Daily makes no claim for products or services advertised below nor is there any guarantee implied. The classified columns of the Spartan Daily consist of paid advertising and offers are not approved or verified by the newspaper. Certain advertisements in these columns may refer the reader to specific telephone numbers or addresses for additional information. Classified readers should be reminded that, when making these further contacts, they should require complete information before sending money for goods or services. In addition, readers should carefully investigate all firms offering employment listings or coupons for discount vacations or merchandise.

CLASSIFIED AD RATE INFORMATION Each line averages 25 spaces. Each letter, number, punctuation mark, and space is formatted into an ad line. The first line will be set in bold type and upper case for no extra charge up to 20 spaces. A minimum of three lines is required. Deadline is 10:00 am, 2-weekdays prior to publication.

MINIMUM THREE LINE CLASSIFIED AD: DAYS: 1 2 3 4 RATE: \$10.00 \$15.00 \$20.00 \$25.00 \$2.50 each additional line after the third line. \$3.00 each additional day.

RATES ARE CONSECUTIVE DAYS ONLY. ALL ADS ARE PREPAID. NO REFUNDS ON CANCELLED ADS. FREQUENCY DISCOUNT: 40+ consecutive issues: 10% discount SJSU STUDENT RATE: FREE (student ID required) Not intended for businesses and/or other persons. Frequency discount does not apply. www.thespartandaily.com

Did you know ...

... the average person spends three years of his or her life on the toilet?

The average person uses about six gallons of drinkable water per day for flushing the toilet.

World Toilet Day is Nov. 19 this year.

An estimated 2.6 billion people worldwide don't have access to proper toilet facilities. Lack of suitable toilets and sanitation kills 1.8 million people per year.

greendaily.com

An agent for healing and growth or an accomplice to injustice?



Jill Abell
Staff Writer

Roughly 6 feet tall, Caucasian, male, he is armed with the Bible and a white collar.

He is known for ambushing heathen SJSU students — pouncing on them from the shadows and shrieking the words of God.

He is also known as "Jesus Guy."

"Jesus Guy" hangs around the Event Center fountain and usually holds a large sign listing off the typical sins of wicked college students.

Sometimes I wonder what "Jesus Guy's" daily checklist looks like:

Change light bulbs? Check.

Dishes? Check.

Proselytize college kids? Check.

"Jesus Guy" is SJSU's local street preacher.

He is so passionate that he is compelled to bellow his doctrine of a better way of life.

Neat.

Some of my friends have approached him, hoping to open up a discussion of other possible belief systems.

To put it nicely, "Jesus Guy" is not incredibly open-minded.

I have heard him calmly explain to some of my Lesbian Gay Bisexual Transsexual friends that he thinks they do not deserve the same rights as straight people.

Which leads to my question, when does an agent of healing and growth become an accomplice to injustice?

Another street preacher named Brian Mitchell is hiding behind his Mormon religion and his lawyer's claim of mental illness in an attempt to escape federal kidnapping charges of Elizabeth Smart in 2002.

In 2002, Mitchell held 14-year-old Smart at knife point as he forced her to become his polygamous wife in the mountains of Utah.

Throughout the next nine months, Mitchell raped Smart repeatedly.

Mitchell's other wife shackled Smart to a tree for her husband's convenience.

Smart said that Mitchell said, "The Lord says you have to do this, you have to experience the lowest form of humanity to experience the highest."

I don't think the Lord was between his loins whilst stealing the virginity and innocence of a 14-year-old.

He is now in federal court.

Although the Smart situation is just another instance of violence trying to hide under the guise of religion, Mitchell is part of a trend the world has seen since the birth of organized religion.

I'm not trying to say that each and every street preacher or religious follower is a violent, conning, kidnapping rapist.

But remember Proposition 8? California decided to ban gay marriage. For whom would that be problematic?

California took away rights already granted to the Lesbian Gay Bisexual Transsexual community.

There were some lame arguments made to support banning gay marriage.

Most Christians supported the gay marriage ban in an attempt to protect traditional marriage practices and would not want same-sex marriages to undermine the traditional family.

Meanwhile, the United States has one of the highest divorce rates in the world at 45.8 percent in 2002 (Sweden has the highest at 54.9 percent), according to the Divorce Reform Web site.

So, it is hard for me to take a street preacher seriously, a protagonist of gay marriage or any genius idea that supports any sort of inequality.

I support believers in a cause that is worth believing.

I support agents of healing and growth and disregard accomplices of injustice.

Be prepared: Save lives with knowledge



Jhenene Louis
Staff Writer

If you were like me, you stood speechless and in utter disbelief in front of the television when you saw the devastating damage left by the earthquake in Samoa and the Asian Pacific region.

According to CBS News' Web site, the earthquake in Samoa struck Wednesday at dawn with a magnitude between 8.0 and 8.3.

CBS News reports a death toll of at least 169 in Samoa.

British aid is being sent — supplies such as emergency shelters and hygiene kits — to help those affected by this quake.

The death toll is still rising, and people are still missing.

Usually when I hear of hurricanes, tornadoes or any natural disaster in another country, I brush it off like most of my peers — most of us are so self-involved in our own mediocre problems.

Since Hurricane Katrina, it seemed all too real and hit way too close to home for me to ignore this disaster.

I realized that my worst nightmare can happen, and there are no exceptions to Californians.

I can only imagine how it must have felt to be awakened in the middle of the night, helpless and scared, being forced to take shelter anywhere that seemed safe.

So the question still stands: Is the Bay Area equipped to handle such a traumatic disaster?

People in the U.S. are too focused on where the Olympics is going to be held rather than helping families prepare for potential catastrophic incidents.

According to the Disaster News Network Web site, it is said that most building owners do not have insurance in the Bay Area.

The Disaster News Network Web site states that damages from Hurricane Katrina that were estimated at \$141 billion could pale in comparison with the potential impact on California if another major quake strikes soon in the Bay Area.

Fortunately, universities have not been quite as careless when it comes to disaster relief plans.

The University Police Department Web site has an earthquake preparedness page that details instructions for surviving an earthquake.

Is this really enough to save our students from these deadly accidents?

When I was in my public relations class, I remember looking on the wall and seeing a piece of paper explaining what to do during a quake, but unfortunately, most of it was torn off and scribbled on, so I couldn't

understand it. Though it may be costly, evacuation plans should be displayed in every classroom on the SJSU campus and other college universities.

Instructional videos should be shown during class once a semester to teach students exactly what to do in case of a quake.

Universities should be required to execute more than three earthquake drills a semester.

Students should also be encouraged to visit the American Red Cross Web site that maintains a basic preparedness page of what to do after a disaster.

We need to educate ourselves now about this type of catastrophe, because thinking about and not acting on the what-ifs might cause irreversible damage to families and loved ones.

I can only imagine how it must have felt to be awakened in the middle of the night helpless and scared, being forced to take shelter anywhere that seemed safe.

Ruminations

illustration by Carl Evans



Internet fame through intensive care.

Letter to the Editor

I think it is time that SJSU learns to practice what they preach in the way of being an environmentally friendly campus. For example, not only is it wasteful that so much water be wasted on our non-native grass (which I have often seen being watered at illegal "peak hours"), but must the sidewalks also be watered with high-powered hoses to clean off the dirt every day? If it really is a problem that the sidewalks are dirty, would a broom not suffice?

It is a travesty to think that farmers are suffering through water shortages, while we water the concrete. Now, there is talk about cutting down all the trees because "they are past their life expectancy"? Would you kill your grandma because she outlived her life expectancy? And don't forget the plans for killing the squirrels because of "overpopulation" — it is definitely environmentally friendly to poison the lawns that people relax on, which will also eventually run off into our water supply.

And last but not least, it is a shame that SJSU thinks it is progress to include a new Jamba Juice and Panda Express on campus. These restaurants offer foods that are nutritionally void, are a detriment to our environment. Seriously, decision-making authorities of SJSU, I think you can do a lot better than this.

Bethany Poehls
SJSU Junior
Graphic Design

A new discovery uncovers a new truth about our ancestry



Elizabeth Kang
Copy Editor

A distant relative of mine used to climb trees barefoot and eat food right off the ground. She also walked around naked.

Talk about bad manners.

Of course, you should be just as embarrassed — she was your relative, too.

Ardi, a 4.4-million-year-old hominid fossil, the oldest found thus far, is making headlines lately for disproving previous notions some anthropologists had about our earliest ancestors.

The Ardipithecus ramidus fossil shows characteristics surprisingly unchimp-like. The results of these findings led researchers to believe that humans and chimps evolved from a common ancestor some 6 to 7 million years ago, rather than the previous belief that humans evolved from a chimp-like ancestor.

Why is this important?

Well, among other things, many people have had a hard time swallowing the erroneous "man evolved from monkeys" message they have heard and always repeated in a disgusted tone.

man descended from a monkey. That isn't what Darwin said in the first place, but let's move on.

Now, naysayers don't have to believe that "horrifying" concept.

Now, there is even more solid proof that, while still closely related, man did not evolve from ape, monkey or chimp.

The Ardi fossil shows that it's most likely chimps and apes developed characteristics, like knuckle walking, after the human lineage broke off and started to evolve separately.

The fossil shows evidence of some upright walking, which means humans developed that trait further, while the great apes did not.

Fascinating stuff.

I learned absolutely nothing about evolution in elementary, junior or high school. This subject was somehow bypassed.

Sure, I memorized all the popular dinosaur names and saw the slideshow on fossils, but that was the extent of my education in evolution.

Yet, many people, particularly in the Bi-

ble Belt, want even less evolution taught in schools.

I say more — way more.

Teach our children that we share more than 96 percent of our genetic material with chimpanzees, and maybe they'll be kinder to animals and even understand themselves better.

Teach them that most of the earliest human fossils were found in Africa, and perhaps racism might begin to diminish.

Teach our children that we have the ability to change and evolve for the better, and that we should try to, even within our own lifespan.

Teach them that, while we don't know all the answers, we can leave our minds open and be accepting of change.

With every new discovery comes new information that might contradict previous beliefs, and that is OK.

Teach them that humans exist today, not because we were the strongest, but because we were the smartest, and we can solve any dilemma if we put our minds to it.

Understanding evolution is the key to understanding ourselves, and with every new fossil discovery, we come closer.

We should be proud of our distant relatives.

We've come along way, Baby.

Spartan Daily

San Jose State University
San Jose, CA 95192-0149

Senior Editorial Staff

- Hank Drew, Executive Editor
- Julianne Shapiro, Managing Editor
- Mike Anderson, Multimedia Editor
- Scott Reyburn, Online Editor
- Stephanie Vallejo, Op/Ed Editor
- Adam Murphy, Sports Editor
- Joey Akeley, Sports Editor
- Minh Pham, A & E Editor
- Allie Figures, Features Editor
- Elizabeth Kang, Copy Editor
- Sarah Kyo, Copy Editor
- Angelo Lanham, Copy Editor
- Joe Proudman, Photo Editor
- Mauricio Garcia, Production Editor
- Rachel Peterson, Production Editor

Senior Staff Writers

Ryan Buchan, Kaajal Morar, Tommy Wright, Jon Xavier

Staff Writers

Jill Abell, Regina Aquino, Ben Cadena, Dominique Dumadaug, Ryan Fernandez, Jennifer Hadley, Alicia Johnson, Leonard Lai, Jhenene Louis, Angela Marino, My Nguyen, Samantha Rivera, Amber Simons, Kyle Szymanski, Husain Sumra, Suzanne Yada

Senior Advertising Staff

Samantha Inouye, Advertising Director
Susana de Sousa, Asst. Advertising Director
Vanessa Abiva, Creative Director
Leslie Ruckman, Asst. Creative Director

Advertising Staff

Joreen Bones, Leslie Chan, Vanessa Diaz, Amy Donecho, Julie Hock, Joanna Jackson, Jennifer Jenkins, Amy Kim, Shirlene Kwan, Joanna Lin, Marti Malloy, Jenny Ngo, Angel Perez, Alison Reid, Annelie Stanley, Kathy Tran, James Yang

Staff Photographers

Kirsten Aguilar, Dave Cabebe, Michelle Gachet, Chad Ziemendorf

Illustrators

Jenni Curtice, Carl Evans, Evan Suarez

Advisers

Richard Craig, News
Mack Lundstrom, News
Jan Shaw, News

Kim Komenich, Photojournalism
Tim Hendrick, Advertising
Tim Burke, Production Chief
Tim Mitchell, Design
Pat Wallraven, Business Manager

Distribution

Piyush Bansal, Gurdip Chera

Opinion Page Policy

Letters to the editor may be placed in the letters to the editor box in the Spartan Daily office in Dwight Bentel Hall, Room 209, sent by fax to (408) 924-3282, e-mailed to spartandaily@casa.sjsu.edu or mailed to the Spartan Daily Opinion Editor, San Jose State University, San Jose, CA 95192-0149.

Letters to the editor must contain the author's name, address, phone number, signature and major. Letters become property of the Spartan Daily and may be edited for clarity, grammar, libel and length. Only letters of 300 words or less will be considered for publication.

Published opinions and advertisements do not necessarily reflect the views of the Spartan Daily, the School of Journalism and Mass Communication or SJSU. The Spartan Daily is a public forum.

Hockey club dominates southern rival USC

By Amber Simons
Staff Writer

An enthusiastic crowd cheered as the Spartans beat the Trojans 10-2 Saturday night.

The SJSU hockey club played USC Friday and Saturday, outscoring the Trojans by a combined score of 22-4.

During the first two periods, SJSU dominated the offensive zone, repeatedly scoring on USC while keeping the puck out of its defensive zone for the majority of the game.

Robbie Vaughan scored a goal in each period for a hat trick.

The Spartans began the third period sloppily as they racked up penalty minutes. However, the team had a six-goal lead against the Trojans at the beginning of the period.

"I thought we played well for the first two periods, but the third period we really started scrambling and lost it," said head coach Ron Glasow. "I wasn't really happy with the third."

Andy Dickerson, SJSU hockey club president, said the team has depth.

Mickey Rhodes scored two goals and assisted on goals by Sam Cimino and Andy Dickerson.

Defender Scott Moring scored a goal in the third period on an assist by James Lopez and Vince Kilduff.

"I don't know if any one player stood out," Glasow said. "I thought we played very well in the first two periods. I liked some of the new guys that have been playing really well."

"I thought Vince Kilduff did really well. This was his first game ever, and he played very well tonight."

"And our defense has been looking well, Neil Schumaker and Eric Jones ... both of them

played very well tonight."

Most of the penalties came in the third period. Some of the penalties called were tripping, slashing, hooking, boarding, roughing and even slew-footing.

Slew-footing is the act of a player using his leg or foot to knock or kick an opponent's feet from under him, or pushing an opponent's upper body backward with an arm or elbow while at the same time kicking, causing him to fall violently, according to the National Hockey League.

Slew-footing is an automatic game misconduct and results in the player charged with the penalty to be kicked out of the game.

"Staying out of the box is important," Vaughan said. "Our team over the past couple of years has got a lot of penalties, and we need to figure out how to stay out of the box."

In the last nine minutes of the game slew-footing was called on Rhodes, who had to leave the ice.

"I don't know if it was a slew-foot like they said," Rhodes said after the game.

Rhodes' 19 penalty minutes brought his career total to 316.

"I don't think it was really warranted," Dickerson said. "He really didn't do what they said he did. But the good thing is that he can still play the next game."

Glasow didn't think the penalty on Rhodes was warranted either.

"He took down a guy in front of the net," Glasow said. "Because, I mean, the guy had given him a butt-end right in the throat."

"He actually didn't do bad, he controlled himself very well. I had no issue with Mickey and his reaction, and the referees saw it a different way, but the referees didn't see what started it."



[Dave Cabebe / Spartan Daily]

Captain Mickey Rhodes, No. 91 (right), celebrates with his team after scoring the fifth goal of the game, putting the Spartans up 5-0 against USC Saturday night. Rhodes finished the game with two goals and two assists.

"Our team over the past couple years has got a lot of penalties, and we need to figure out how to stay out of the box."

- Robbie Vaughan
Center

Although the Spartans won the weekend games against USC, the team sees room for improvement.

"I'm happy with a lot of things, but just things got pretty ragged, and we lost our defensive zone coverage in the third period and just started running around, and that's not what we need,"

Glasow said. "We just gotta end that now."

USC wasn't the great challenge that Rhodes said he was expecting, but he was happy with his team's work.

"The lines really came together as one," Rhodes said. "All four lines scored and that's always a good thing."

Team members described the games against USC as a sort of preseason preparation for tougher games ahead.

"Discipline got away from us a little bit at the end, but I think we really need to shore up our defensive zone," Dickerson said.

"We're playing better teams in the coming weeks. They're going to take advantage of a couple of our holes if we don't do something about it."

Richie Norris said he thinks the team's area for improvement is pacing. He said at the end of the game, the pace slows down, and the team loses intensity when it slows down.

The team's next games are not expected to be as easy as this past weekend's games.

"We play UNLV Friday and Saturday night next week," Glasow said. "And those will be two really tough games. These first three games were not as difficult as I thought they were going to be, but coming up, we're gonna be in a war from here on out."

Photo Blog

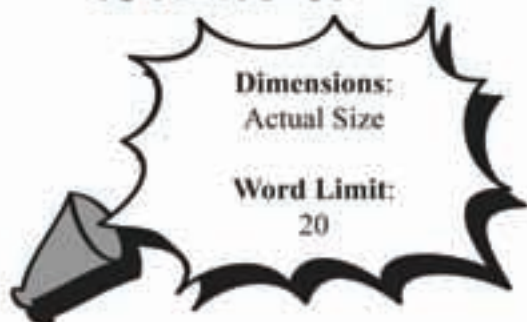
See more images on the Spartan Daily Sports Blog

spartandailysports.wordpress.com/

**SEND A SHOUTOUT
IN THE SPARTAN DAILY!**

**Homecoming is Oct. 10th!
Idaho Vandals vs.
San Jose State Spartans**

Medium: \$3



Large: \$5

**Dimensions:
Actual Size**

**Word Limit:
30**



**Buy in DBH 209 or outside
the Student Union
on 09/30, 10/01, 10/05,
and 10/06 from 1:30-4:15**

EVENT CENTER 20 YEARS



**BRAND NEW
OCT 16, 7:30 PM**
With: Manchester Orchestra, The Builders and the Butchers
Tickets: \$25
General Admission, \$28 Day of Show

**ROB THOMAS
OCT 18, 7:00 PM**
With: OneRepublic, Carolina Liar
Tickets: \$39.50 - \$65.50
Reserved Seating

**SLIPKNOT
OCT 23, 8:00 PM**
With: Deftones
Tickets: \$39.50
General Admission, \$45 Day of Show

**ROB ZOMBIE
NOV 3, 7:00 PM**
Tickets: \$35.50
General Admission

Vatos Locos Tour
**HOLLYWOOD UNDEAD/ATREYU
NOV 18, 7:00 PM**
With: Escape the Fate, The Sleeping
Tickets: \$26.50
General Admission, \$79 Four-Pack

Metalocalypse:
**DETHKLOK / MASTODON
NOV 21, 6:30 PM**
With: Converge, High on Fire
Tickets: \$34.50
General Admission

**KELLY CLARKSON
NOV 29, 7:30 PM**
With: Eric Hutchinson, Parachute
Tickets: \$55
Reserved Seating

UPCOMING CONCERTS
SAN JOSE STATE UNIVERSITY

TICKETS AVAILABLE AT THE
EVENT CENTER BOX OFFICE
408.924.6333 OR
TICKETMASTER.COM

STUDENT UNION, INC.
SJSUEVENTS.COM