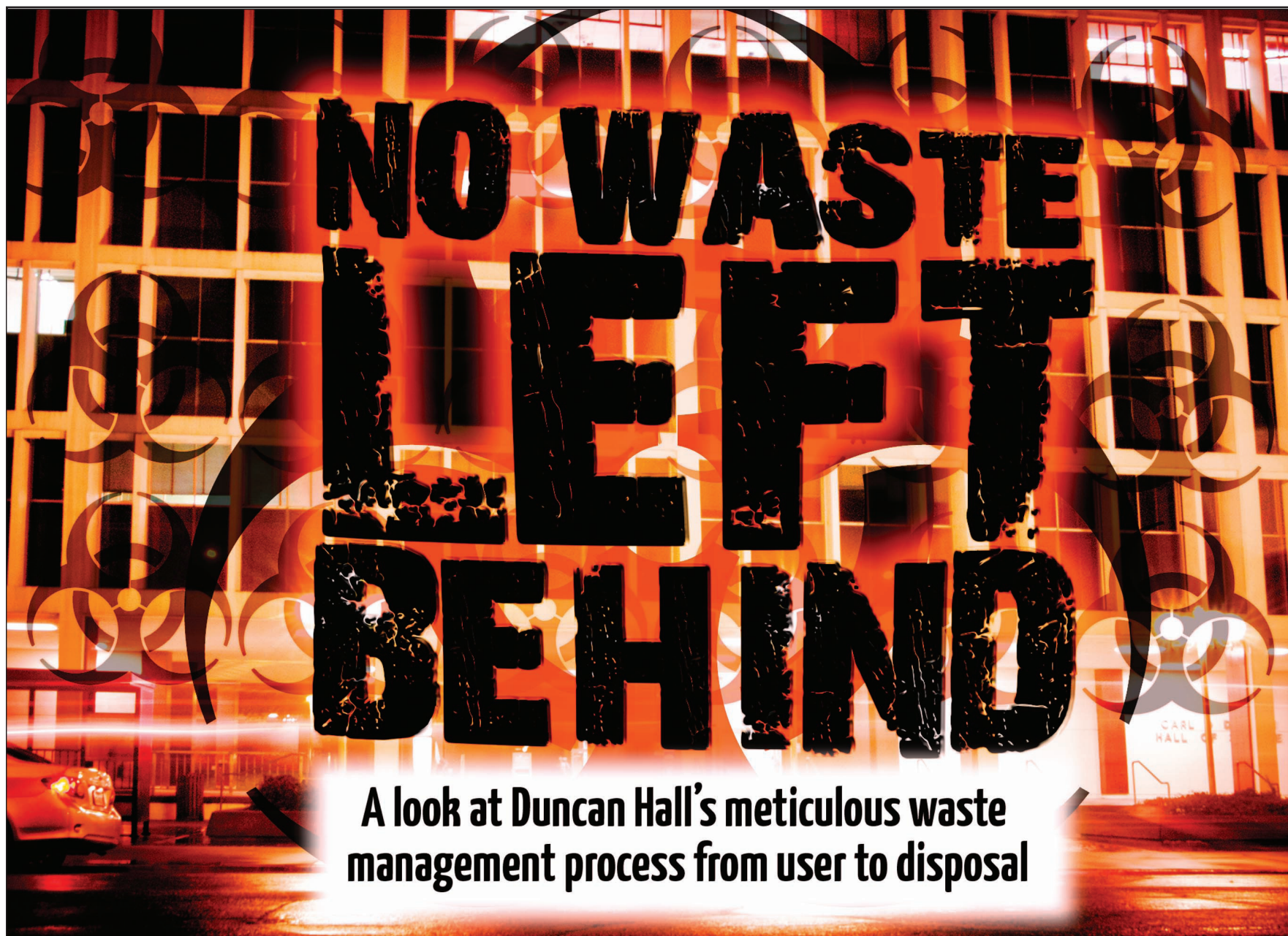




Korean food has some kick! see p.6



Industrial Design: See the multimedia online!



A look at Duncan Hall's meticulous waste management process from user to disposal

Photo Illustration by Leo Postovoit / Spartan Daily

by Julie Myhre
Staff Writer

Biohazardous waste is constantly on campus in Duncan Hall and the Student Health Center, according to the operations manager for the animal care department at SJSU.

Larry Young said the science department emphasizes training when it comes to the use of biohazardous waste on campus.

"The concept is educating and training in each individual unit where it's being used," he said.

It is important for the people in contact with the biohazardous waste to understand how to handle it correctly, according to Young.

"So that's really what this is," he said, "the process of managing anything you're doing in such a way that it doesn't get out into the regular trash or sitting on someone's desk. It's a culture, not a growth culture, it's a way of life for us."

Senior chemistry major Kevin Le said he doesn't worry about having classes in the same building as biohazardous material because he knows the science department has very strict procedures.

"If you do anything wrong, you will get kicked out of the lab (and fail the class)," he said.

Young said the science department is one of two waste generators on campus, the other is the health center.

A representative from the health center was unavailable for an interview.

WHAT IS BIOHAZARDOUS WASTE?

"I think it's important to actually emphasize a biohazard is any material that has the potential to cause harm," Young said.

Biohazards are often pathogens and bacteria, not chemical-based as most people think, he said.

"Biohazards usually mean it's a bio-based material, whether it's viral,

bacterial, another tissue – blood product for example – that has the potential to transmit disease or something that would be (a) concern for another human being," Young said.

A biohazard could be as simple as a culture of bacteria from someone's finger, according to Young.

"That's the reason we manage anything of that nature as biohazard, because not everyone knows where it's from," he said. "I might not have known what grows on it."

Young said it is important to emphasize the word "potential" when referring to biohazards.

"We're working with materials that people shouldn't be swinging around loosely like a lollipop," he said. "This is serious business. Something is going to grow and it is responsible science that you manage it in a certain way, so what we use is the word 'biohazard.'"

Juan Vera, a freshman electrical engineering major, said he worries about taking classes in the same building that biohazardous waste is used.

"I don't know where it's at," he said. "Is it in the room or down the hall where the students work?"

HOW IS THE WASTE HANDLED?

David Crock, director of Environmental Health & Safety, said both the science department and the health center are trained in how to handle biohazardous waste.

"(The) microbiology department and biology department – it's all part of the curriculum to study biological organisms and the like so they are very well versed in handling these things," Crock said.

Places like hospitals and science departments became involved with managing the waste and containing it as its been used or generated, Young said.

It is important for the people in contact with the biohazardous waste to understand how to handle it, according to Young.

SEE WASTE PAGE 4

Stigmas, pressures of the Asian community

Parental expectations and cultural stereotypes may prevent open dialogue

by Julie Tran
Staff Writer

For students of Asian-American descent, the duality of being part of two conflicting cultures can be a troubling experience because of family pressures and society.

Justin Ko, a junior child development major, expressed his parents' disapproval of his pursuit into becoming an elementary school teacher.

"My parents don't like the fact that I want to teach," Ko said. "In the Korean culture, elementary school teaching is viewed to be a 'feminine' job and my parents want me to do a more 'masculine' career."

From the April 2 mass shooting at Oikos University in Oakland to the 2007 tragedy at Virginia Tech, the issues of mental health care in Asian-Americans are raising concerns.

In a 2011 report from the National Alliance on Mental Illness, a grassroots mental health advocacy organization, Asian-Americans have higher rates of depression, suicide and anxiety problems because of a lack of bicultural/bilingual providers as well as the stigma of having to seek help for mental distress.

In particular, Asian-American youth tend to have higher rates of depressive symptoms in contrast to their peers.

"The first generation of Asians in America seems to have no faith in the U.S. health system," Ko said. "They try to keep their problems internalized."

Soo Choi, a professor of Asian-American studies, noted that the Asian-American students who take his classes seem to have issues with assimilating into American culture.

SEE ASIAN PAGE 3

CORRECTION

In the April 25th edition of the Spartan Daily in the article titled "Students use smarts to sweep contest," Tanya D'Silva was incorrectly identified as a sophomore business administration major. She is a senior. The Spartan Daily regrets this error.

Students construct futures through industrial design

Greg Nelson
Staff Writer

SJSU's industrial design program, which was established 30 years ago, has provided creative opportunities through open workshops for all students.

The students develop their own portfolio with regular critiques from their professors and peers, continually working to make their projects better.

Mario Quehl, a junior industrial design major in the program, is working on several projects at the moment.

"(The projects) have to be done by the end of the semester," Quehl said. "It always feels like it's not going to happen, but it usually gets done."

The program gives the students plenty of opportunities to be creative and work with their hands as they use tools such as saws and sanders to make their ideas come alive.

"I like using my creative side," Quehl said. "I couldn't find anything else that really interested me as much as this did."

The students don't know what they're going to do until the brainstorming phase, which can begin with hundreds of ideas for projects.

They examine their ideas until it is narrowed down to 10 concepts, then develop those a bit, reduce the number to three and finally to one solid idea to take to the next level.

Edlin Carranza, another industrial design junior in the program, is working on a collaboration with three schools: Philadelphia University, Lincoln University in the UK as well as SJSU to create three prototype projects to go to three different destinations.

"It started when we all had our own objectives," Carranza said. "We had this one week where a group of us went to Philadelphia and with a group of students from Lincoln and we all met there and collaborated for a week and came up with a project (which was a) tabletop design."

The tabletop design is just a process where students learn how to do a project from start to finish.

Nick Matsuda, an industrial design sophomore, is working on a redesign of a ticket kiosk.

"The objective is to take public transportation from here to (San Francisco

Airport) and find a way to improve it," Matsuda said. "(It's) an integration between two systems – BART and

SEE INDUSTRIAL PAGE 4



Industrial design junior John Tran operates a band saw during class Wednesday April 18, 2012, in the Art building. Photo by Greg Nelson / Spartan Daily

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■ COMMENTARY

There are always two sides to the NFL Draft

SJSU safety Duke Ihenacho a possible selection in NFL Draft

by Scott Semmler
Sports Editor

Looking solely at Stanford quarterback Andrew Luck's statline following his game against SJSU in September 2011, you would have never guessed that this was a player who would have more than \$20 million in his pocket in the near future.

Fast forward eight months and that happens to be the exact case, as Luck will be selected tonight as the No. 1 overall pick in the 2012 National Football League Draft.

Luck has all the skills it takes to become the No. 1 pick — a good arm, accurate passing, mobile in the pocket, big smile and good personality. There is not a more well-rounded top pick in recent NFL Draft memory, and the Indianapolis Colts will have him as the face of their franchise for many years to come.

The NFL Draft has the power to do that by turning the everyday football player you see on the way to your next class into a multimillion dollar celebrity.

That is what will happen to Luck tonight, and that is what will happen to many players over this coming weekend — dreams will become realities and their realities will never be the same.

In many ways, the NFL Draft is a sick and twisted phenomenon — every day, college football players have their futures decided by money-hungry executives who want to produce a winning team and make money while satisfying a fan base.

The NFL Draft is on ESPN in prime time and will attract one of the biggest viewing audiences of the entire year in sports, and they all want to see these college players strike it rich by simply having their name called by the commissioner of the NFL.

What has this world come to?

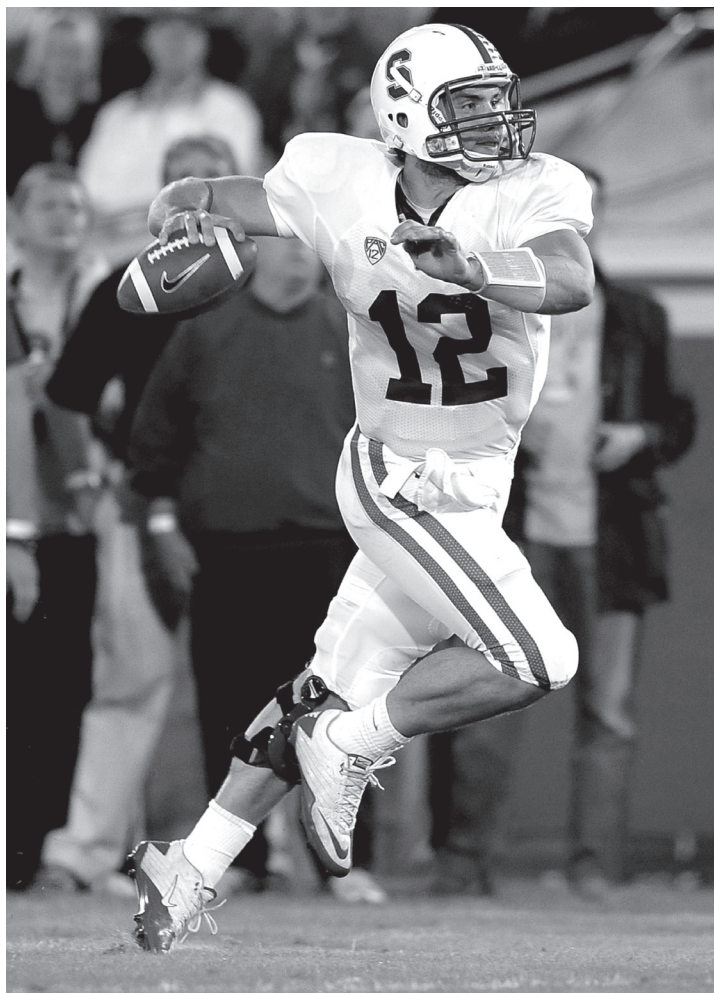
That is one of the reasons why Luck is such a once-in-a-decade type of player. Even after he was promised to be the No. 1 overall pick in the 2011 NFL Draft, he went back to school, got his degree in architecture (something he may never use in the future) and then declared for the NFL Draft. Many players would have jumped on a chance at a guaranteed contract worth

“For some players, this will be the happiest next three days of their lives. But for many, the future of their football careers hang in the balance...”

more than \$20 million, but Luck passed.

While Luck has already been guaranteed as the No. 1 overall draft pick in tonight's NFL Draft and will be hearing his name called first by NFL Commissioner Roger Goodell, former SJSU safety Duke Ihenacho has no idea when his name will be called.

Ihenacho could get his name called tonight or he



Stanford quarterback Andrew Luck makes a pass against USC on Oct. 29, 2011. Photo by Wally Skalij / MCT

could get his name called on Saturday night, which may or may not be the best part of the draft.

For the players, it has to be one of the most nerve-racking moments of their lives, while the fans at home on their couches eating bagel bites would simply love to see the anxiety on the players' faces when they are not selected where they should be.

A four-year starter at SJSU, Ihenacho is ranked as a top-five safety in the 2012 NFL Draft and has been predicted by many websites to be selected

anywhere between the third and seventh rounds. However, nothing is guaranteed, and he knows that.

For some players, this will be the happiest next three days of their lives. But for many, the future of their football careers hang in the balance and are now in the hands of petty executives with deep pockets.

Every player wants to hear just two words come out of the mouth of Roger Goodell this weekend — their name — and that is the blessing and the curse of the NFL Draft.

SJSU women's golf team claims fourth straight WAC title

Staff Report

Team Leaderboard

1 San Jose State +13

2 Idaho +26

3 Fresno State +38

4 Hawaii +46

5 New Mexico State +49

6 Nevada +82

The SJSU women's golf team won its fourth consecutive Western Athletic Conference championship yesterday, finishing the three-round tournament with a total score of 877 strokes.

It was the Spartans' best tournament score of the year, beating out second-place Idaho by 13 shots.

SJSU entered yesterday's final round leading by 14 strokes, after Monday and Tuesday's rounds of 291 put the Spartans well ahead of the rest of the field.

The team total of 291 was the best single-round score of the entire year, and they followed it up with a final-round score of 295 and a WAC title yesterday.

Junior Jennifer Brumbaugh shot the low round of the day for the Spartans and had the best finish for the SJSU at Longbow Golf Club in Mesa, Ariz., by shooting a three-under 69 and coming in third place in the tournament.

Senior Madeleine Ziegert had the next best finish for the Spartans, as she finished in fourth place after shooting 70,

74 and 72 in the three-round tournament. It was Ziegert's fourth WAC championship, as she has been a part of the Spartans' team the last four years.

Freshman Kathleen Rojas, who shot a three-under par 69 on Tuesday, shot 76 yesterday and finished in a tie for fifth place with a total of 220 strokes.

With yesterday's WAC championship victory, the Spartans will now head to the NCAA Regionals, which will be played May 10-12.

Information compiled from SJSU Athletics



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FACTS TO KNOW

- Asian-American girls and women ages 15 to 24 have the highest suicide rates out of all racial/ethnic groups.
- Asian-American college students have higher levels of depressive symptoms than white students.
- In Asian culture, mental health problems are stigmatized to the point that they're expressed as more acceptable physical aches and pain.
- Southeast Asians have a higher risk for post-traumatic stress disorder than East Asians.
- Some of the root causes for mental distress in Asian-American youth include conflicting family values, culture and education.

Source: Data from National Alliance on Mental Illness

ASIAN: Cultural struggles in sharing problems

FROM PAGE 1

"In the 20 years that I've taught the class, I tell students to have a sense of ownership in America," Choi said.

Choi added that in the history of Asians in America, the problems they faced were derived from the struggles of a society that didn't include them until today.

"Asians, like any other immigrant group, have to become more engaged in their society and gain respect," he said.

Undeclared sophomore Melissa Aguas took an Asian-American studies class and noted the behavior of her Asian-American peers.

"They seem to keep to themselves and don't like to talk about their problems," she said. "When it comes to stress they like to keep it personal and if they don't do well in school or relationships, they blame themselves."

In addition, the stereotype of Asians as being "smart" or the "model minority" can add pressure to Asian-American students to succeed, but Aguas said it all depends on the individual.

"Some students may go against the stereotype, others don't, but it all depends on the person's personality," she said.

Ko added that even the addition of "positive" stereotypes could potentially cause mental harm upon a person.

"Even if the stereotype is positive, the concept of stereotyping is negative," he said.

In spite of the struggles Asian-American students face in today's society, Choi said they should not feel ashamed of where they come from.

"People can enjoy being in two cultures," he said. "They shouldn't feel ashamed of their heritage and it shouldn't bother them mentally."

Choi also believes that with a sense of independence and self-assurance, Asian-Americans can overcome their tribulations in American society.

"With the struggles, they (Asian-Americans) need to gain full ownership or else their identity won't be recognized," she said.

College graduates find debt increasingly difficult to cover

McClatchy Tribune
Wire Service

PHILADELPHIA — To get educated these days, most students have to go into debt.

And debilitating debt, experts say, could trigger a financial meltdown akin to the mortgage crisis if students don't repay their loans.

It could also make the millennials, aged 18 to 34, the first generation in America not to do better than their parents, a potential failure that has people questioning the morality of how we now pay for education.

"Is it ethical to saddle a 17-year-old who's never had experience with credit with this amount of debt?" asked Barmak Nassirian, associate executive director of the American Association of Collegiate Registrars and Admissions Officers in Washington. "No counseling teaches the pain of repayment."

And while students suffer, lenders flourish, Nassirian added: "What's better than garnishing my wages and owning a piece of me for life?"

Nationally, the average student debt is about \$25,000 per person, according to 2010 figures, the latest reported by the Institute for College Access & Success. That's the highest level of student debt in American history, up nearly 43 percent since 1996, in today's dollars.

Overall, U.S. student debt is more than \$1 trillion. This includes loans for students who attended any type of



Stephanie Martins, a Rutgers law school student, faces almost \$100,000 in debt from school tuition and expenses. Photo by Sharon Gekoski-Kimmel / MCT

postsecondary institution — whether they graduated or not, according to the newly formed federal Consumer Financial Protection Bureau. That total is more than all the outstanding charges on all the credit cards throughout the United States (\$693 billion), or all U.S. auto loans (\$730 billion).

Student loans can be dangerous for young people, who can't declare bankruptcy and walk away from their obligations the way people with credit card or gambling debts can. Student debt can be garnished from wages and Social Security.

"It worries me," said Mike Mychack, 24, of Philadelphia. He graduated this year with \$50,000 in debt from Temple University and now works at the Bridesburg Boys & Girls Club in Philadelphia, making

less than \$20,000 a year. "I'll never be able to pay the loan off at this rate."

Aaron Troisi, 25, knows firsthand the difficulties of debt. He graduated in 2008 from Pennsylvania State University with degrees in sociology and anthropology — and \$80,000 of debt.

Eight months after graduation, Troisi got a \$42,000-a-year job as a union organizer for Service Employees International Union-Healthcare Pennsylvania. His monthly loan payments totaled \$600, but with his parents' help and his own frugal living, he was able to pay \$1,311 per month. He was promoted to a \$50,000 job, and by the end of 2011, Troisi was able to retire half the loan.

Now, he's getting a master's degree in education at Temple, with an additional \$20,000 in loans.

Troisi, who lives in West Philadelphia, considers his original Penn State debt "outrageous." He added, "The loan is absolutely overwhelming. Penn State was founded to help the working class. But they're now pricing people out."

The bulk of students in America attend public colleges and universities, where state funding nationwide has been cut 2.8 percent in the past two years.

At the same time, experts on college financing point out, universities are continually spending money to improve their physical plants and to make their campuses more enticing to students.

SEE DEBT PAGE 4

SpartaGuide

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8 a.m. to 1 p.m.
San Jose High School — 275 N. 24th Street
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For volunteer opportunities, contact Elizabeth Figueroa via email (elizabeth@communivercitysanjose.org)
Open Interviews: Get a Job by Summer
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Art Quad
Presented by the SJSU Career Center

Friday, April 27

24th Annual Pilipino Cultural Night: S.P.A.M.
6 p.m. to 9 p.m.
Mexican Heritage Plaza
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San Jose, CA 95116
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7:30 p.m. to 9:30 p.m.
SPX 89
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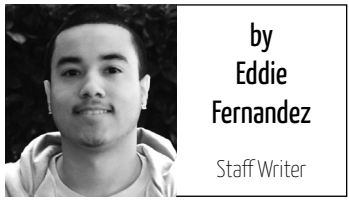
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Tuition hikes are hurting student futures



by
Eddie Fernandez
Staff Writer

In an effort to elude high tuition costs the California State University has imposed on SJSU students, I have decided to enroll in courses over summer session to inch a little bit closer to graduation.

Did I mention that a part-time student enrolled in one to six units over the summer must pay \$2,075, according to the Bursar's office.

What the hell? As a student, how does the education system expect me to pay this much money when the basic minimum wage per hour is \$8 in California, according to the U.S. Department of Labor website.

Currently, the tuition for a part-time student this spring semester is \$2,277, according to the Bursar's office, with a full-time student paying almost \$3,500.

Regardless of which school term I am enrolled in, high tuition costs are unavoidable to not only me but fellow SJSU students as well.

I am doing the best I can by enrolling as a full-time stu-

dent since high school graduation and ensuring that I have good grades to avoid having to repeat a course at SJSU — because I cannot afford to do so.

Hopefully, if everything goes well and luck is on my side, I will have graduated by Spring 2013.

However, when I do walk across that big platform on graduation day to receive my bachelor's degree in journalism, I will be handed a bill as well.

I will be starting my career backwards, being in debt rather than making a steady income, because I decided to be the first person in my family to graduate from college and be successful in life.

Because I chose to continue my education after high school, I won't be the only one affected by my decision.

One day, like many other people, I do plan on getting married and starting my own family, but it won't be easy.

I am sorry to say this, but to my future wife out there, you won't only be getting me in your life — but most likely my school debt as well.

Last week, Google published a news article saying that college loans have driven students to delay both

marriage and having kids.

The education system nationwide has not only buried students in debt but has altered their future.

Graduate students don't have time to celebrate finally finishing school, they have to immediately begin to work their way out of the hole they buried themselves in financially.

“No matter how many ways you look at it, the education system in California is not helping students get out of college sooner rather than later.”

Moreover, plans of meeting that potential wife are probably going to have to wait until

later when you're in your 30s because of student loans that need to be paid back.

It's unfortunate that students won't have the ability to get married or have kids soon because they simply chose to better their lives with higher education.

No matter how many ways you look at it, the education system in California is not helping students get out of college sooner rather than later.

According to SJSU, students who once were able to take up to 21 units a semester in an effort to get out of school faster have now been capped at only 17 units.

Spring 2013 units will be capped at 16.

Again, I am doing the best I can as a student at SJSU, being full-time and going to summer session, but tuition won't go down.

I transferred to SJSU in the fall of 2010 with a low tuition cost of \$2,200, but this coming Fall 2011 semester I am looking at paying nearly \$4,000.

Ultimately, I am not the only person who faces these struggles with SJSU tuition fees, but I hope I have voiced the concerns of students on campus.

A day in my skin: Learning to deal with being mixed



by
Ty Hargrove
Staff Writer

how the African-American race has been oppressed by other races for so many years.

This type of mindset of light-skin versus dark-skin goes back to slavery days when the light slaves would work in the house and were called “house niggers” and the darker slaves who worked outside would be called “field niggers.”

This idea of separation because of skin tone has shattered the unity of the African-American community before we even had a chance to unify as a people.

The light-skin versus dark-skin conflict is a mechanism created to make a race hate itself, and it is not something that just happens in the African-American community.

This stigma of skin tone happens in Middle Eastern cultures as well, in which, if you are of a lighter skin tone, you are thought to be better than someone who is darker than you.

Now that I have come to terms with who I am, no one can tell me that my skin tone is a factor in defining me as a person, because skin is just an outer layer and we should not let it define us a people.

Coming to terms with my skin tone was not an easy task, but it was something that I knew I had to do in order to move forward with my life.

I found that stepping out of my comfort zone and meeting new people and experiencing new things helped me build confidence in my appearance.

Through my newfound confidence, I learned to accept the things about myself that I could not change.

“I hope that people come to realize that there is only one race and that is the human race and we are all a part of it,” said Margaret Atwood, a Canadian poet, novelist and literary critic.

This quote gave me a different outlook on life and how I looked at people who had a skin tone that was different than my own.

It taught me that skin tone should never be a factor, because at the end of the day, skin is just skin.



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Letters to the editor must contain the author's name, address, phone number, signature and major. Letters become proper-

ty of the Spartan Daily and may be edited for clarity, grammar, libel and length. Only letters of 300 words or less will be considered for publication.

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REVIEW



Keeping with Korean tradition, Omogari offers a variety of small dishes known as banchan. Most common is the spicy, fermented cabbage known as kimchee. Photo by Jeffrey Cianci / Spartan Daily

Japantown's tasty hidden gem

by Jeffrey Cianci
A&E Editor

Everyone has their comfort food — a meal so satisfying that enjoying it is an improvement to your day.

For some, a bowl of macaroni and cheese or the combination of grilled cheese and tomato soup is what's needed on a down day to warm the mood.

On my less than perfect days, however, I find the sweet and spicy flavors of Korean barbecue mixed with the bitter earthy bite of kimchee to be the fix to warm my soul.

For Korean barbecue in the South Bay, many swear by the slew of Korean barbecue buffets along El Camino Real, whose piles of marinated meats and endless buffet stands of pickled snacks are wonderfully inviting but equally expensive.

While your search for all-you-can-eat bulgogi in Santa Clara can be a pricey endeavor, SJ Omogari in San Jose's Japan-

town is a much closer and equally satisfying meal.

Located at Jackson and North Fourth streets among the sushi restaurants and Japanese storefronts, SJ Omogari will fulfill any cravings for Korean barbecue.

The small, dimly-lit restaurant does not have the same capacity as the Santa Clara buffets — Omogari seat maybe 60 at the most — but the service is attentive and friendly and the food is delicious.

At nearly every Korean barbecue restaurant, your meal begins with your server spreading an assortment of as many as a dozen small dishes of pickled, marinated and steamed vegetables.

Known as banchan, these tapas-like dishes can be snacked on or mixed with your rice and barbecued meat.

The two most popular styles of banchan are kimchee, which are spiced and seasoned fermented veggies, and namul, which refers to blanched vegeta-

bles that are often flavored with sesame oil and vinegars.

While kimchee is often known as "kimchi," the spelling varies because of a dispute concerning the Japanese and Korean varieties of the fermented cabbage. Needless to say, the Korean's would rather you not confuse their kimchee with Japan's "imitation" kimchi.

The most notable of the kimchees is the bright pink baechu, a fermented napa cabbage with red chilis and salt that many know commonly as kimchi.

While kimchee is enjoyable for its spice and bitterness, namul is savory and flavored by the use of the distinct taste of sesame oil. My favorites are bean sprouts, cucumbers and garlic spinach.

Now that you've eaten your vegetables, it's time for that delicious Korean barbecue you came there for.

Your options at Omogari are the traditional marinated steak bulgogi, spicy pork and



Served fresh from the grill and marinated in a sweet glaze, the Gal-bee beef short ribs are smoky and deliciously tender at Omogari Korean restaurant in Japantown. Photo by Jeffrey Cianci / Spartan Daily

marinated short ribs called Gal-bee, which come as large portions of freshly cooked meat, easily sharable among friends.

Bulgogi (\$12.95), which I consider to be one of the best tasting meats, are soft, tender slices of beef marinated to a sweet and spicy sublimity.

The spicy pork (\$12.95) is also one of the better tasting things I have enjoyed. Marinated with red chilis, the bright pink strips are amazingly tender and have

the perfect mix of sweet, smoky and salty.

The Gal-bee short ribs (\$16.95), marinated in a sweet glaze and grilled, are very good but not nearly as enjoyable as the thinly sliced meat.

Each meat is served on a sizzling platter with chopped onions and cabbage, which allows diners to eat the meat as is, or let it rest a while longer on the hot pan for a nice crunch.

As a finishing prize to your Korean feast, Omogari offers free green-tea ice cream as dessert, which was sweet, with the perfect balance of earthy, green tea flavor.

Omogari in Japantown may not boast the exuberant buffet tables of the Santa Clara barbecue palaces, but it's a short drive and an enjoyable experience when your day needs a Korean barbecue pick-me-up.

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