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College of Applied Sciences and Arts

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Winter 12-2010

## Communicator, Dec. 2010

San Jose State University, Department of Kinesiology

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## The Chair's Corner

### YUH/SPX renovation looks like happening!

You've probably noticed that the Yuchida Hall and Spartan Complex buildings are in need of a lot of not so TLC! Those of us who have worked in them for many years have known this for many years but I'm glad to say that it really looks as if the renovation may actually happen, and soon. These buildings have been close to, or at the top of, the CSU renovation list for a long time, and we've been through at least three times when we've had architectural renderings drawn up and then nothing happened. But this time, Renovation 4.0 may be the real thing.

As I write, the architects are in the early stage of asking us what we want—so now's the time to let me know if you have a great idea. What space(s) do you need that we don't currently have; what do you want to preserve; what great ideas of yours should I know about? There are quite a lot of restrictions because both "ends" of our buildings are historic and thus the "outlines" need to stay in place, but that's still lots of space in between for dreaming.

The plans will be completed in the spring and right now—IF nothing changes—we're looking at starting the construction phase in July 2011.

Since the department will be celebrating its own 150th anniversary of the first classes (held in 1862-3) in 2012-13, this couldn't happen at a better time for us to celebrate. Let me know how you'd like to mark this event as we begin to think about planning.

Meanwhile, Happy Thanksgiving to all!

*Shirley H. M. Reekie, Chair*

## Faculty News

**Dr. Gong Chen** has been invited by the Chinese Consulate General of China at San Francisco to serve as the Safety Consultant for the Safety Year Theme for Chinese Students Associations in universities in five states in the West Coast. Chen started giving lectures on safety and self-defense to these students groups since June 2010.

We currently have two new visiting scholars from China. **Dr. Chuanyin Cheng** is a full professor of kinesiology pedagogy from Nanjing Normal University, and **Liu Liu** is a doctoral candidate of kinesiology pedagogy from Beijing Sport University.

**Dr. Nancy Megginson** helped to organize a Community Wellness event, held at the Timpany Center on November 13.



The Kinesiology department was well represented at the 2010 North American Society for the Sociology of Sport (NASSS) conference in San Diego. **Dr. Jessica Chin** presented her paper, "Health Knowledge and Body Production in Romanian Health Clubs", a study on the class- and gender-based production of health in a postcommunist context. **Dr. Jay Johnson** and **Dr. Matthew Masucci** presented two papers: 1) "A Qualitative Exploration of the San José Bike Party" and 2) co-authored with **Dr. Ted Butryn**, "A Qualitative Examination of Doping Knowledge Among Elite Female Triathletes", an analysis of preliminary findings produced from their World Anti-Doping Agency (WADA) research grant.



[L-R] Drs. Jay Johnson, Matthew Masucci, and Jessica Chin at the 2010 NASSS Conference in San Diego, CA

## Student News

**Alyssa Wong** is the new Kinesiology representative to the CASA Dean's Student Affairs Committee. She will also sit on the KIN Council of Clubs to be a liaison both to/from KIN/CASA.

**Chinwendu Utom** is the recipient of this year's Joyce Malone scholarship. She plans to attend graduate school in education and eventually open a center to help children lead healthy lives.

**Dianne Montances** is a member of the Global Medical Brigade, a student led, non-profit organization of international volunteers. This January, they are going to Honduras to provide free health care to some of the most impoverished communities surrounding the capital, Tegucigalpa. As volunteers, they are going to be managing the clinics by designating triage patients, taking vitals, distributing medications, and providing health workshops for all their patients. They are also responsible for recruiting physicians and nurses, and fundraising for medications and for their own trips. All the best, Diane!

## Upcoming Important Dates

**November 25-26, 2010** Thanksgiving Holiday - Campus Closed

**December 9, 2010** Last Day of Classes

**December 13-17, 2010** Final Exams

**December 23, 2010** Fall 2010 Grades Available on MySJSU

**January 3, 2011** Winter Session Begins

**January 17, 2011** Martin Luther King, Jr. Day - campus closed

**January 21, 2011** Winter Session Ends

**January 26, 2011** Spring 2011 Semester Begins

## Announcements

Inviting ALL KIN students, graduate and undergraduate, to participate in viewing the **Plan B poster presentations**, to be held in the KIN hallways on Friday, December 3, starting at 9 AM until completed (c. 11 AM).

The annual **Aerobicthon** will be held on Friday, December 3 from 4:00 - 6:00. Come and join the fun and exercise.

**AEROBICTHON 2010**  
Sponsored by: Aerobics section of the Department of Kinesiology, San Jose State University  
**FRIDAY, DECEMBER 3, 2010**  
**4:00 TO 6:00 PM**  
**SPX-C 44 (GYM)**  
**SAN JOSE STATE UNIVERSITY**  
San Carlos Street between Hill and 7th Streets

Bring your club, family, sorority, fraternity...!!!  
Tell a friend, bring a friend.

Aerobics for Your Heart!!  
Aerobics for Your Stress!!  
Aerobics for Fun!!

Fabulous Aerobics Instructors  
Hi/Lo Aerobics  
Cardio Hip Hop  
Kickboxing  
Zumba  
Bollywood Aerobics

Admission: \$5.00 per person  
(Please bring your own aerobic equipment)

How do you spell 'STRESS RELIEF' ??? aerobicthon  
For more information see or contact CAROL GULLIVARI, 936-3822 or cgullivari@cs.sjsu.edu

## Alumni News

**Ashleigh Parker** (MA, '10) submitted an abstract of her thesis study for presentation at Southwest ACSM. It was selected as one of the finalists for the student research award (5 finalists selected), so she'll be presenting a free communication there. **Trinh Nguyen's** (MA, '09) abstract was accepted for presentation in the poster session.

## Department of Kinesiology Contacts

### Department Chair

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### Club Advisors

#### Phi Epsilon Kappa & KIN Majors' Club

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Ms. Carol Sullivan - Carol.Sullivan@sjsu.edu

#### Sports Medicine Club

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#### Adapted Physical Activity Club

Dr. Nancy Megginson - Nancy.Megginson@sjsu.edu

#### Spartan Athletic Training Organization (SPATO)

Holly Brown - Holly.Brown@sjsu.edu

#### Pre-Physical Therapy Club

Rachel Vimont - rvimont@email.sjsu.edu

### Academic Unit:

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## Winter 2011

3 Week Session  
January 3 - 21, 2011

<u>Course</u>	<u>Days</u>	<u>Time</u>	<u>Instructor</u>
KIN 002A - Beg. Swim	M-F	1330 - 1525	Bruga
KIN 008 - Sect. 1 - Lec	M-F	1900 - 2150	Barry
KIN 008 - Sect. 2 - Lab	TBA		Barry
<b>Skin and SCUBA Diving</b>			
KIN 015A - Beg Basketball	M-F	1030 - 1225	May
KIN 035A - Beg. Wgt Trn.	M-F	1330 - 1525	Montgomery
KIN 035B - Int. Wgt Trn.	M-F	1330 - 1525	Montgomery
KIN 050 - Tai Chi	M-F	1630 - 1825	Weng
KIN 054A - Tae Kwon Do	M-F	0800 - 0955	Schachner
KIN 055A - Self-Defense	M-F	1030 - 1225	Chen
KIN 061A - Begin. Yoga	M-F	1430 - 1625	Caughlan
KIN 069 - Stress Mgmt	M-F	0900 - 1200	Butryn
KIN 070 - Sect. 1 - Lec	M-F	1030 - 1250	Chin
KIN 070 - Sect. 2 - Act	M-F	0830 - 1020	Chin
KIN 070 - Sect. 3 - Act	M-F	1300 - 1450	Chin
<b>Introduction to Kinesiology</b>			
KIN 155 - Sect. 1 - Lec	T-F	1100 - 1320	Cisar
KIN 155 - Sect. 2 - Lab	T-F	0830 - 1050	Cisar
KIN 155 - Sect. 3 - Lab	T-F	1330 - 1550	Cisar
<b>Exercise Physiology</b>			
KIN 158 - Sect. 4 - Lec	M-F	0930 - 1150	Khadem
KIN 158 - Sect. 2 - Lab	M-F	0730 - 0920	Khadem
KIN 158 - Sect. 3 - Lab	M-F	1200 - 1350	Khadem
<b>Biomechanics</b>			
KIN 163 - Sect. 1	M-F	0900 - 1200	Bloom
KIN 163 - Sect. 2	M-F	0900 - 1200	Sullivan, M
<b>Physical Fitness and Nutrition</b>			
KIN 169 - Div, Stress, Hlth	M-F	1230 - 1530	Masucci
KIN 175 - Sect. 1 - Lec	T-F	1100 - 1320	Wughalter
KIN 175 - Sect. 2 - Lab	T-F	0830 - 1050	Wughalter
KIN 175 - Sect. 3 - Lab	T-F	1330 - 1550	Wughalter
<b>Measurement &amp; Evaluation</b>			
KIN 185 - Senior Seminar	T-F	0830 - 1200	Lilienthal
KIN 185H - Sr Sem Honors	T-F	0830 - 1200	Lilienthal
KIN 186 - Pharmacology	TBA	Online	Han

**Note:** Classes must meet minimum enrollment requirements or are subject to cancellation. These courses are tentative and are subject to class time changes or cancellation.

