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Consistency in Reports of Early Alcohol Use

Findings From a Longitudinal Study of Female Adolescents Followed Through Young Adulthood

Carolyn E. Sartor, Kathleen K. Bucholz, Andrew C. Heath, & Pamela A.F. Madden



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Background

- The majority of studies on alcohol use and related problems use retrospective measures to gather drinking histories.
- Initiation and first intoxication are major milestones that have significant implications for long-term course of use.
- Establishing the reliability of reports of early use is critical to conducting this line of research.

Aims

- 1. To evaluate, using a longitudinal study of adolescent females followed through young adulthood, the consistency in reports of:
 - a) Age at 1st drink
 - b) Age at 1st intoxication
 - c) Number of drinks to become intoxicated at the start of regular alcohol use
- 2. To determine the degree to which consistency in reports varies by age at time of first and second report and lag time between reports

Participants

- Twins born between 1975 and 1985 recruited into the Missouri Adolescent Female Twin Study (MOAFTS)
- MOAFTS is a longitudinal study of alcohol use disorders and related psychopathology in female adolescents and young adults, with 5 waves of data collection (PI: Heath)
- 86% identified as Caucasian, 14% as African-American

Participants

- Data were derived from reports at Waves 1, 3, and 4.
 Respondents ranged in age from:
 - 12 23 at Wave 1
 - ❖ 15 23 at Wave 3
 - ❖ 18 29 at Wave 4
- Number of respondents providing reports from 2 different waves of data collection:
 - ❖ 1,716: Age at 1st drink
 - ❖ 908: Age at 1st intoxication
 - 905: Drinks to become intoxicated

Assessment Protocol

The Semi-Structured Assessment for the Genetics of Alcoholism (Bucholz et al., 1994), adapted for telephone administration, was used to gather drinking histories.

Alcohol Outcomes

- Age at 1st drink
- Age at 1st intoxication
- Number of drinks to become intoxicated at the start of regular alcohol use

Reports of Early Use

	Mean (SD)		
	Age at 1st drink	Age at 1 st intoxication	Drinks to become intoxicated
Time 1	15.07 (2.18)	16.09 (1.85)	3.34 (1.53)
Time 2	16.01 (2.23)	16.72 (2.14)	3.50 (1.44)
T1-T2 discrepancy (absolute value) *	1.40 (1.46)	1.17 (1.22)	1.27 (1.33)

^{*} Outliers (highest and lowest 1% difference scores) removed

Time 1 – Time 2 Correlations *

	r	p-value
Age at 1st drink	0.65	<0.0001
Age at 1 st intoxication	0.71	<0.0001
Drinks to become intoxicated	0.39	<0.001

^{*} Outliers (highest and lowest 1% difference scores) removed

Change in Report From Time 1 to Time 2

		Age at 1 st drink	Age at 1st intoxication	Drinks to become intoxicated
Increase	3 +	17.2%	11.8%	5.5%
	2	13.1%	13.1%	7.7%
	1	21.3%	21.5%	18.1%
No Change		30.6%	34.5%	31.0%
Decrease	1	11.8%	13.0%	18.1%
	2	3.6%	3.8%	11.3%
	3+	2.4%	2.3%	8.3%

Correlation of Discrepancy In Report with Reporting Age and T1-T2 Lag Time

	Discrepancy in T1-T2 Reports * r (p-value)		
	Age at 1st drink	Age at 1 st intoxication	Drinks to become intoxicated
Age at Time 1	-0.21 (<0.001)	-0.02 (0.45)	-0.04 (0.18)
Age at Time 2	-0.07 (0.008)	0.084 (0.01)	0.02 (0.58)
Years from Time 1 to Time 2	0.16 (<0.001)	0.15 (<0.001)	0.08 (0.02)

^{*} Outliers (highest and lowest 1% difference scores) removed

Age at First Drink: T1-T2 Change in Report By Age at First Report

		13 - 16 (n=596)	17 - 18 (n=510)	19 - 23 (n=610)
Increase	3 +	26.3%	15.5%	9.8%
	2	17.8%	12.8%	8.7%
	1	23.7%	21.8%	18.5%
No Change		21.6%	32.9%	37.4%
Decrease	1	7.7%	11.6%	15.9%
	2	2.2%	3.3%	5.3%
	3+	0.7%	2.2%	4.4%

Results: Aim 1

- Correlations between Time 1 and Time 2 reports were moderately high for age at first drink (r=0.65) and for age at first intoxication (r=0.71).
- Time 1 and Time 2 reports for number of drinks to become intoxicated were modestly correlated (r=0.39).
- For all 3 outcomes, approximately one third of respondents reported the same values at Time 1 and Time 2.

Results: Aim 1

- In 51.6% of cases, an older age at first drink was reported at Time 2 than at Time 1.
- 46.4% of respondents reported an older age at first intoxication at Time 2 than at Time 1.
- By contrast, a similar proportion of respondents reported higher (31.3%) as lower (37.7%) number of drinks to become intoxicated at Time 2 compared to Time 1.

Results: Aim 2

- The discrepancy between Time 1 and Time 2 reports was significantly correlated with:
 - ♣ Age at 1st report and lag time from 1st to 2nd report for age at 1st drink
 - Lag time from 1st to 2nd report for age at 1st intoxication
- Younger age and longer lag times were associated with larger discrepancies in reporting.

Conclusions

- The relatively high consistency in reports across 2 waves of data collection indicates good reliability for retrospective reports of age at 1st drink and age at 1st intoxication in MOAFTS.
- The modest correlation between Time 1 and Time 2 reports of number of drinks to become intoxicated suggests that retrospective reporting is less reliable for this measure of early use.
- Although reports did not vary substantially across the 2 time points, we found evidence for systematic biases in reporting of age at 1st drink and age at 1st intoxication.

Conclusions

- Findings are suggestive of forward telescoping, that is, a bias toward reporting events closer to the time of interview than they actually were.
- Results underscore the greater reliability of reports of drinking milestones assessed in close proximity to their occurrence and the importance of adjusting for these possible biases.