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Peter U. Fischer

Washington University School of Medicine in St. Louis

Kurt C. Curtis

Washington University School of Medicine in St. Louis

Scott M. Folk

Heartland Regional Medical Center, St. Joseph

Patricia P. Wilkins

Centers for Disease Control and Prevention, Atlanta

Luis A. Marcos

Washington University School of Medicine in St. Louis

See next page for additional authors

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Authors

Peter U. Fischer, Kurt C. Curtis, Scott M. Folk, Patricia P. Wilkins, Luis A. Marcos, and Gary J. Weil

Serological Diagnosis of North American Paragonimiasis by Western Blot Using *Paragonimus kellicotti* Adult Worm Antigen

Peter U. Fischer,* Kurt C. Curtis, Scott M. Folk, Patricia P. Wilkins, Luis A. Marcos, and Gary J. Weil

Infectious Diseases Division, Department of Internal Medicine, Washington University School of Medicine, St. Louis, Missouri; Heartland Regional Medical Center, St. Joseph, Missouri; Centers for Disease Control and Prevention, Atlanta, Georgia

Abstract. We studied the value of an IgG Western blot (WB) with *Paragonimus kellicotti* (Pk) antigen for diagnosis of North American paragonimiasis. The test was evaluated with sera from patients with Pk and *Paragonimus westermani* infections, with control sera from patients with other helminth infections, and sera from healthy Americans. All 11 proven Pk infection sera and two samples from suspected cases that were negative by *P. westermani* WB at the Centers for Disease Control and Prevention (CDC) contained antibodies to antigens at 34 kDa and at 21/23 kDa. Seven of 7 *P. westermani* sera contained antibodies to the 34 kDa antigen, but only 2 recognized the 21/23 kDa doublet. No control samples were reactive with these antigens. Antibody reactivity declined after praziquantel treatment. Thus, the *P. kellicotti* WB appears to be superior to *P. westermani* WB for diagnosing Pk infections, and it may be useful for assessing responses to treatment.

INTRODUCTION

Most human *Paragonimus* infections occur in the Far East, but *Paragonimus* species are also present in other parts of Asia, in sub-Saharan Africa, and in the Americas. North American paragonimiasis (NAP) caused by *Paragonimus kellicotti*, is a rare human infection, but the zoonosis appears to be emerging in the United States. Only six cases of endemic paragonimiasis were reported from Colorado, Iowa, Michigan, Missouri, and Oklahoma between 1965 and 2007. Since then nine additional cases have been published from Missouri alone, all of them after the consumption of raw or undercooked crayfish during canoeing or camping trips.^{1,2}

Laboratory diagnosis of NAP by parasitology is difficult, because most infected individuals do not have eggs detected in stool, sputum, bronchoalveolar lavage fluid, pleural effusions, or lung biopsies. *Paragonimus kellicotti* parasites require about 6 to 8 weeks in the mammalian host before they begin producing eggs. Previous case reports showed that months or years may pass between the onset of the illness and parasitological diagnosis.^{3,4} Diagnosis was often delayed for many months after the onset of symptoms, and patients often failed therapeutic trials of antibiotics and/or steroids before proper diagnosis and treatment.

Serologic testing is an important tool for diagnosis of infections with *Paragonimus westermani* and related Old World flukes, however experience with its use in *P. kellicotti* infection is limited. Although serologic tests using *P. westermani* antigens can be used to diagnose *P. kellicotti* infection,^{2,4} an assay using the infecting parasite species might be more sensitive than one using an antigen extract prepared from a heterologous species.

The primary purpose of this study was to test the value of an immunoglobulin G (IgG) Western blot with *P. kellicotti* antigen as a diagnostic tool for NAP. We also examined the timing of antibody responses to *P. kellicotti* antigen in experimentally infected gerbils and assessed the persistence of antibodies in patients with NAP after praziquantel treatment.

MATERIAL AND METHODS

Patient sera. The study protocol was approved by the Human Research Protection Office at Washington University School of Medicine. De-identified patient samples were obtained from Barnes Jewish Hospital in St. Louis, Missouri, the Centers of Diseases Control and Prevention (CDC) in Atlanta, and Heartland Regional Medical Center in St. Joseph, MO. The serum samples were classified according to infection status as shown in Table 1. The panel of sera included samples from individuals with proven *P. kellicotti* infection, samples from suspected *P. kellicotti* cases, samples from patients with *P. westermani* infection, samples from individuals with other helminth infections, and samples from healthy Americans. In addition, sera of Americans with a rheumatoid factor were tested, because it is possible that this could lead to false positive results. *Paragonimus kellicotti* infection cases were considered to be proven if they had a history of crayfish ingestion with an illness consistent with NAP plus a positive *P. westermani* serology at CDC and/or *P. kellicotti* eggs or DNA in their sputum, lung tissue biopsies, or stool. In addition, these patients had no recent history of international travel and their symptoms improved promptly after praziquantel treatment. Suspected NAP cases had compatible case histories with negative *P. westermani* serology at CDC and no DNA or parasitological evidence of infection.

Animal sera. The animal study protocol was approved by the Animal Studies Committee at Washington University School of Medicine. Mongolian gerbils were infected with *P. kellicotti* metacercariae as previously described.⁵ Venous blood was collected from infected Mongolian gerbils at various time points after infection (p.i.). Plasma was separated and preserved at -20°C until use.

***Paragonimus* antigens.** Adult *P. kellicotti* worms were obtained from experimentally infected Mongolian gerbils, and soluble total worm antigen was prepared as described previously.⁵ A *P. westermani* Chafee extract of adult worms was provided by CDC.^{6,7} Excretory/secretory (e/s) antigens of *P. kellicotti* were obtained by culturing two adult flukes (65 days p.i.) overnight in 500 μL phosphate buffered saline (PBS) at room temperature. After removal of the living flukes, the eggs were removed ($\sim 2,000$ eggs) by sedimentation for 3 h at 4°C . The supernatant was centrifuged at $19,000 \times g$ for 15 min, and the protein concentration of the supernatant was

*Address correspondence to Peter U. Fischer, Infectious Diseases Division, Department of Internal Medicine, Washington University School of Medicine, 660 S. Euclid Avenue, St. Louis, MO 63110. E-mail: Pufische@DOM.Wustl.edu

TABLE 1
Serum samples used to evaluate the Western blot assay based on *Paragonimus kellicotti* adult worm antigen in this study

Serum group	No. of samples	Characterization
<i>Pk</i> cases	11	Sera from patients with clinical signs of paragonimiasis, positive IgG Western blots with <i>P. westermani</i> antigens at CDC ⁶ ; positive history of crayfish consumption, no travel outside the United States.
Suspected <i>Pk</i> cases	2	Sera from North American patients with clinical signs of paragonimiasis who had negative IgG Western blots with <i>P. westermani</i> antigens at CDC ⁶ ; positive history of crayfish consumption, no travel outside the United States.
Potential <i>Pk</i> exposure	11	Sera from individuals from Missouri without clinical signs of paragonimiasis who may have eaten raw crayfish.
<i>P. westermani</i> cases	7	Sera from patients from the Philippines with proven <i>P. westermani</i> infection; eggs were detected in stool, positive Western blots with <i>P. westermani</i> antigens at CDC. ⁶
<i>P. kellicotti</i> treated cases	7	Sera from patients with <i>P. kellicotti</i> infections (see above) collected 4–28 weeks post treatment with praziquantel.
Healthy Americans	14	Sera from Americans with no reason to suspect paragonimiasis (WUSM).
Rheumatoid factor	4	Sera from Americans with rheumatoid factor (titers \geq 1:64, WUSM).
<i>Schistosoma</i> infection	21	Sera from patients with proven <i>Schistosoma mansoni</i> , <i>S. haematobium</i> , or <i>S. japonicum</i> infection (CDC, Uganda).
<i>Fasciola hepatica</i> infection	10	Sera from patients with proven fascioliasis (CDC).
<i>Echinococcus granulosus</i>	2	Sera from patients with clinical echinococcosis (CDC)
<i>Strongyloides stercoralis</i>	6	Sera from African patients with parasitologically proven strongyloidiasis (Uganda).

determined using the Pierce BCA method (Thermo Fisher Scientific, Rockford, IL). The *e/s* antigen was aliquoted and stored at -70°C until use.

Sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE). Parasite antigen was electrophoresed using 4–12% NuPAGE Bis-Tris minigels (Invitrogen, Carlsbad, CA). Gels were fixed, washed, and stained using FASTSilver (G-Biosciences, St. Louis, MO) according to the manufacturer's instructions.

Western blot. Western blot was performed with three types of antigen (*P. kellicotti* total worm antigen, *P. kellicotti e/s* antigen, and *P. westermani* total worm antigen) as described previously for *P. kellicotti*.⁵ Briefly, 10 μg of antigen per cm was separated on a 4–12% reducing gel, blotted onto a nitrocellulose membrane, blocked at room temperature for 30 min using 5% non-fat dry milk (BioRad, Hercules, CA) in PBS, and incubated with patient or animal serum or plasma at a dilution of 1:100 or 1:50, respectively. Serum and secondary antibody were diluted in PBS-tween and incubated at 37°C for 1 and 2 h, respectively. After incubation with a secondary antibody (alkaline phosphatase conjugated anti-human IgG [H+L], for human samples or anti-mouse IgG [H+L] for gerbil samples, Promega, Sunnyvale, CA), blots were washed with PBS-tween, and antibody binding was detected using nitro-blue tetrazolium/5-bromo-4-chloro-3'-indolyphosphate substrate (Sigma, St. Louis,

MO). The detection of IgG4 subclass antibodies to helminth antigens frequently increases the specificity of serological assays. Therefore, human IgG4 subclass antibodies were detected as previously described with horseradish peroxidase conjugated monoclonal antibody to human IgG4 (HP6023) and substrate.⁸

RESULTS

Identification of diagnostic proteins. We used 11 sera from individuals with proven *P. kellicotti* or *P. westermani* infection to identify immunoreactive proteins in the soluble *P. kellicotti* adult worm antigen extract with diagnostic potential. Fourteen proteins with molecular mass values between 4 and 62 kDa were recognized by antibodies in at least one serum sample from patients with *P. kellicotti* or *P. westermani* infection (Table 2). Three of these proteins at 21, 23, and 34 kDa were recognized by all 11 sera from proven *P. kellicotti* cases (Figure 1, lanes 1, 8, and 9). Therefore, we considered patient sera from North Americans with antibody reactivity to the 21/23 kDa doublet or the 34 kDa band by Western blot to be positive for antibodies to *P. kellicotti*. Interestingly, the two serum samples from individuals with suspected *P. kellicotti* infection also contained antibodies to these three antigen bands. All seven sera tested from patients with *P. westermani* infection had antibodies

TABLE 2

IgG reactivity by Western blot with selected *Paragonimus kellicotti* adult worm antigens for sera from individuals with paragonimiasis and various types of control sera*

Serum group	Molecular mass, kDa													
	4	8	12	14	21	22	23	29	34	44	47	49	55	62
<i>Pk</i> cases ($N = 11$)	3	6	6	7	11	0	11	1	11	4	4	7	2	7
Suspected <i>Pk</i> cases ($N = 2$)	0	0	0	0	2	0	2	0	2	2	0	0	0	2
Potential <i>Pk</i> exposure ($N = 11$)	0	0	0	0	0	6	0	0	0	6	0	6	0	0
<i>P. westermani</i> ($N = 7$)	5	6	5	4	2	1	2	0	7	3	2	3	2	2
Healthy North Americans ($N = 14$)	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Rheumatoid factor ($N = 4$)	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<i>Schistosoma</i> infections ($N = 21$)	0	0	0	0	0	11	0	0	0	4	0	9	0	0
<i>Fasciola hepatica</i> ($N = 10$)	0	0	0	0	0	10	0	0	0	0	0	0	0	0
<i>Echinococcus granulosus</i> ($N = 2$)	0	0	0	0	0	2	0	0	0	2	1	2	0	0
<i>Strongyloides stercoralis</i> ($N = 6$)	0	0	0	0	0	0	0	0	0	0	0	0	0	0

*Numbers refer to the number of sera reactive with various antigens.

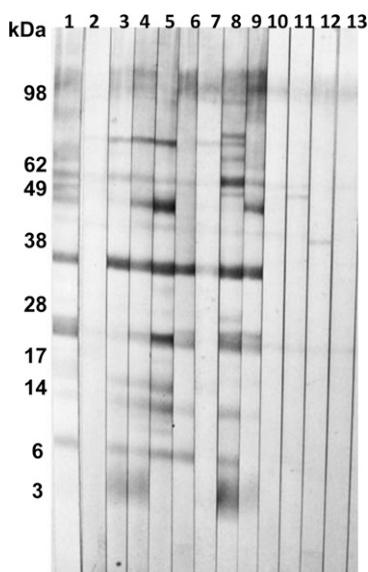


FIGURE 1. Total IgG Western blot using soluble *Paragonimus kellicotti* adult worm antigen tested with sera from individuals with or without proven *Paragonimus* infection. Lane 1, positive control serum from a patient from St. Joseph, Missouri with proven *P. kellicotti* infection; lane 2, negative control serum from a healthy American without exposure to *Paragonimus*; lanes 3–7, sera from patients from the Philippines with proven *Paragonimus westermani* infection; lanes 8 and 9, sera from patients with proven *P. kellicotti* infection from Missouri; lanes 10 and 11, sera from patients with *Echinococcus granulosus* infection; lanes 12 and 13, sera from patients with schistosomiasis.

to the 34 kDa protein, but only two reacted with the 21/23 kDa doublet proteins.

Specificity of the *P. kellicotti* diagnostic proteins. None of the 57 sera we tested from parasite-free individuals or from individuals with other helminth infections reacted with the 21/23 or 34 kDa proteins in the soluble *P. kellicotti* adult worm antigen extract (Table 1). Some of the sera reacted with other proteins (for example, see lanes 11 and 12 in Figure 1). However, these patterns were easily differentiated from those produced by sera from paragonimiasis patients. The use of anti-IgG4 as a secondary antibody did not significantly reduce nonspecific reactivity with other antigens in control samples or enhance reactivity of positive samples with the diagnostic antigen bands (data not shown).

Reactivity to excretory/secretory *P. kellicotti* antigens. The e/s antigen was tested by Western blot with sera from proven *P. kellicotti* cases. The sera strongly recognized a 21/23 kDa doublet and had weak reactivity with a more diffuse band at 34 kDa (Figure 2). These results suggest that the 21/23 kDa doublet antigen and possibly the 34 kDa antigen are excreted or secreted by living adult *P. kellicotti* worms.

Emergence and persistence of antibodies to *P. kellicotti* antigens. Serial serum samples from *P. kellicotti*-infected gerbils were tested by Western blot to determine the timing of antibody responses to *P. kellicotti* antigens in the soluble *P. kellicotti* adult worm antigen extract. Specific IgG antibodies were detected as early as 2 weeks p.i., and all infected gerbils had detectable antibody responses 5 weeks after infection. Sera from infected gerbils did not recognize the same antigens in *P. kellicotti* extract as human sera; the two most prominent antigens recognized by gerbil sera have molecular masses of ~28 and 55 kDa (compare with Figure 2B in

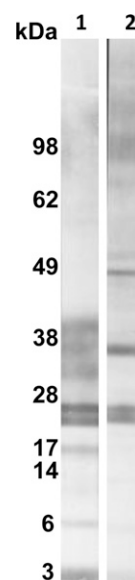


FIGURE 2. Western blot using *Paragonimus kellicotti* adult worm excretory/secretory antigen (lane 1) or soluble total worm antigen (lane 2) using a serum specimen from a patient infected with *P. kellicotti*.

Reference 5). The reason for the differential antigen recognition of gerbils and humans is not known.

To determine the persistence of *P. kellicotti* antibodies after successful treatment with praziquantel, we tested sera from five proven *P. kellicotti* cases before and after treatment. Although all sera were still positive 5 to 9 weeks after treatment, two post-treatment sera produced weaker

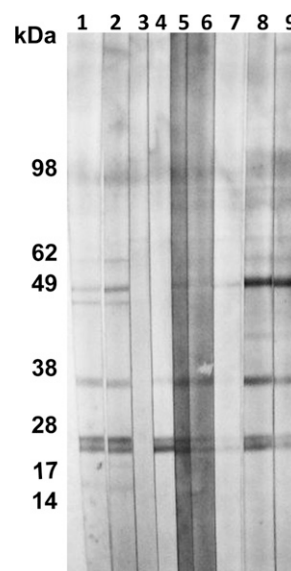


FIGURE 3. Western blot detection of antibodies to soluble *Paragonimus kellicotti* adult worm antigen in sera from *P. kellicotti* patients before or after treatment with praziquantel. Lanes 1, 3, 5, and 7, sera from four patients with proven *P. kellicotti* infections before treatment; lane 2, serum from the same patient as in lane 1 collected 5 weeks after treatment with praziquantel; lane 4, serum from the same patient as in lane 3 collected 8 weeks after treatment with praziquantel; lane 6, serum from the same patient as in lane 5 collected 9 weeks after treatment with praziquantel; lane 8, serum from the same patient as in lane 7 collected 7 weeks after treatment with praziquantel.

reactions than pretreatment sera from the same individuals (Figure 3, compare lanes 5, 6, and 7, 8). One serum from a confirmed *P. kellicotti* case (with positive *P. kellicotti* and *P. westermanni* Western blots before treatment) was collected 28 weeks after treatment, and this was negative for antibodies to *P. kellicotti* by Western blot (data not shown). These results suggest that antibodies to *P. kellicotti* decrease after praziquantel treatment and that they might be useful as a test of cure for the infection.

Comparison of Western blot results obtained with *P. kellicotti* and *P. westermanni* adult worm antigens. The two antigen preparations were studied by SDS-PAGE (Figure 4). The silver stain showed that both antigen preparations contained a large number of strong, distinct bands. Some of these protein bands were apparently shared between the two antigen preparations (e.g., antigens at ~25 kDa, ~13 kDa, and ~5 kDa). Overall, bands were stronger and more distinct in the *P. kellicotti* antigen extract. None of the proteins in the *P. westermanni* antigen extract was clearly identifiable as one of the diagnostic proteins in the *P. kellicotti* Western blot.

To compare the suitability of the *P. kellicotti* and *P. westermanni* antigens for the Western blot diagnosis of NAP, we performed blots with both antigens using the same set of patient sera. Both antigens showed almost no background with sera of healthy Americans or other individuals without *Paragonimus* infection (Figure 5). Sera from confirmed *P. kellicotti* cases recognized the diagnostic proteins at 34 and 21/23 kDa. Sera from confirmed *P. westermanni* cases reacted strongly with the *P. kellicotti* antigens at 34 kDa but in 5 of 7 cases not with those at 21/23 kDa. In addition, some of these serum samples strongly reacted with high molecular weight proteins (see lanes 3 and 4 in Figure 5). Sera from *P. kellicotti* and *P. westermanni* patients tended to react more weakly with *P. westermanni* antigens than with *P. kellicotti* antigens; they reacted most strongly with *P. westermanni* antigens between 38 and 42 kDa and between 21 and 25 kDa. Analysis of 13 sera from *P. kellicotti* cases and 7 sera of *P. westermanni* cases using both antigens showed that all 20 sera were positive for antibodies to *P. kellicotti* antigen, whereas 18 (90%) were positive with the *P. westermanni* antigen. Two sera from suspected

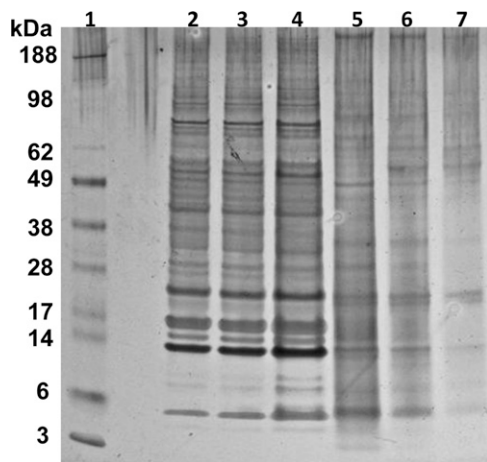


FIGURE 4. A silver stained SDS page gel shows the major proteins in *Paragonimus kellicotti* soluble adult worm antigen (lanes 2–4) and in *Paragonimus westermanni* antigen (lanes 5–7). Lane 1, molecular weight markers; lanes 2 and 7, 250 ng protein per lane; lanes 3 and 6, 500 ng protein per lane; lanes 4 and 5, 1 µg protein per lane.

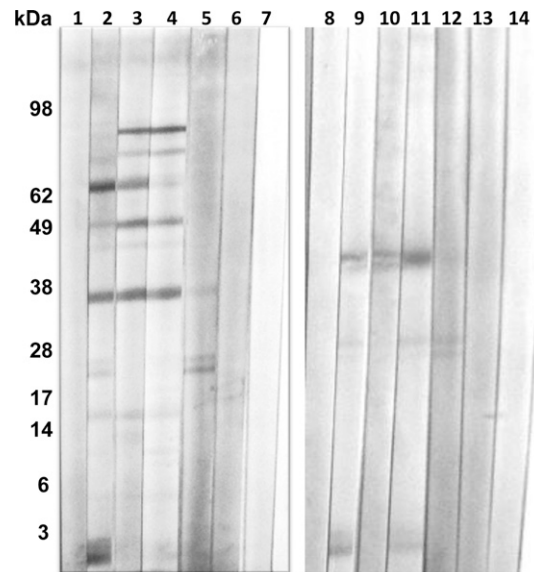


FIGURE 5. Comparison of *Paragonimus kellicotti* (lanes 1–7) and *Paragonimus westermanni* antigen (lanes 8–14) for detecting antibodies to *Paragonimus* antigens by Western blot. Lanes 1 and 8 tested serum from a suspected *P. kellicotti* patient (later considered to have not been infected) who did not have antibodies to either antigen; lanes 2 and 9 and 5 and 12 were tested with sera from two proven *P. kellicotti* patients; lanes 3 and 10 and lanes 4 and 11 tested sera from two proven *P. westermanni* patients; lanes 6 and 13 and lanes 7 and 14 tested sera from two healthy Americans without exposure to *Paragonimus*.

P. kellicotti cases were reactive by Western blot with *P. kellicotti* antigen but not with *P. westermanni* antigen.

DISCUSSION

To improve the serological diagnosis of NAP, we developed a simple and reliable Western blot assay using soluble *P. kellicotti* adult worm antigen. All sera from patients with NAP had positive antibody tests, and the assay appears to be highly specific for infection with *Paragonimus* species.

Three antigens at 21, 23, and 34 kDa in the *P. kellicotti* adult worm antigen extract were recognized by all 11 proven NAP cases. Although sera from *P. westermanni* patients consistently recognized the 34 kDa protein in *P. kellicotti* antigen, none of the sera tested from patients without *Paragonimus* infection contained antibodies that reacted with these three “diagnostic” antigens. These antigens are clearly different from the 8 kDa *P. westermanni* antigen that was previously reported to be specific for paragonimiasis.⁶ Another study showed that only a 31.5 kDa protein in the *Paragonimus heterotremus* antigen was recognized by all sera from proven paragonimiasis cases.⁹ It is possible that this *P. heterotremus* antigen corresponds to the 34 kDa protein recognized by all NAP and *P. westermanni* cases in this study. Another study reported a non-protein antigen at 35 kDa as a major diagnostic antigen for that infection.¹⁰ Unfortunately, most serological studies on human paragonimiasis have used the enzyme-linked immunosorbent assay (ELISA) for antibody detection without providing information about the molecular mass of the antigens recognized by antibodies in sera from infected individuals. Although the ELISA format is more convenient than the Western blot, it is not ideal for use with crude native antigen extracts that may contain cross-reactive antigens together with specific diagnostic

antigens. Western blot assays are satisfactory for rare infections like NAP, because the number of sera to be tested is small, and high throughput screening is not required.

The diagnostic 21/23 kDa proteins in the *P. kellicotti* antigen extract are *e/s* antigens, and *e/s* antigens have been previously used for the serological diagnosis of *P. heterotremus* infection.¹¹ The 21/23 doublet antigens were excreted and/or secreted into PBS after a simple overnight culture of a small number of *P. kellicotti* adult worms. Additional work will be required to further characterize these antigens.

Our results showed that gerbils produce IgG antibodies to *P. kellicotti* antigens as early as 2 weeks p.i. Furthermore, some of the NAP sera we tested were obtained shortly after the onset of symptoms and within a few months after crayfish ingestion. Positive antibody tests with these sera contrast with a report that stated that human IgG antibodies are mainly seen in long-standing *P. westermani* infections, whereas only IgM is detected in early stages of infection.¹² Although it is always difficult to directly compare results from naturally occurring infections in humans and experimental infections in animals, our results suggest that humans with NAP generally have positive IgG antibody tests soon after the onset of pulmonary symptoms. It is also important to note that the *P. kellicotti* Western blot can also be used to assess the outcome of treatment. Antibody reactivity decreased within weeks of treatment in several cases. In another case, a patient's serum became antibody negative 28 weeks after successful treatment. All of the NAP cases who provided sera for this study were successfully treated using praziquantel.²

The *P. kellicotti* antigen was not only useful for detecting cases of NAP, but sera from patients with *P. westermani* infections acquired in the Philippines also recognized proteins in the *P. kellicotti* extract. The SDS-PAGE analysis suggested that the *P. kellicotti* adult worm antigen extract used in this study contained more proteins that were better resolved than the *P. westermani* antigen extract. The *P. westermani* antigen used in this study was produced many years ago using ether to extract undesirable lipids (Chaffee extract) from the adult *P. westermani* worm preparation.⁷ Ether extraction is no longer a preferred method for antigen preparation, so the *P. kellicotti* adult worm antigen extract described in this work may be a useful alternative for diagnosis of paragonimiasis caused by *P. kellicotti* or *P. westermani*. Molecular phylogenetic studies using mitochondrial or non-coding DNA markers indicate that *P. westermani* and *P. kellicotti* are not closely related within the genus *Paragonimus*.^{5,13,14} However, these studies provide little information about cross-reactivity of diagnostic antigens. In the past, worm extracts or *e/s* antigens from a number of old-world *Paragonimus* species such as *P. westermani*, *P. heterotremus*, and *Paragonimus africanus* have been used for serological diagnosis of paragonimiasis.^{6,15–18} Only a few studies identified single antigens of *P. westermani* with diagnostic potential. Since the *P. kellicotti* adult worm transcriptome has been sequenced (Mitrevva M, McNulty SN, and others, unpublished data), we were able to compare the amino acid sequences of several of the previously described *Paragonimus* antigens to predicted sequences of *P. kellicotti* orthologues. For example, a cysteine proteinase (cp2) had only 53% identity with the *P. kellicotti* orthologue and a major egg antigen had 86% identity.^{19,20} These results are in line with our observations that show that sera of NAP cases show stronger reactions with homologous *P. kellicotti* antigens than with *P. westermani* antigens.

In conclusion, we have developed and evaluated a Western blot assay for the detection of IgG antibodies to *P. kellicotti* adult worm antigens for the serological diagnosis of NAP. This test appears to be sensitive and specific for human paragonimiasis. Antibodies to *P. kellicotti* appear within a few weeks after infection in animals and are present when pulmonary symptoms develop in humans. Antibody reactivity wanes over a period of months after successful treatment with praziquantel.

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Authors' addresses: Peter U. Fischer, Kurt C. Curtis, Luis A. Marcos, and Gary J. Weil, Infectious Diseases Division, Department of Internal Medicine, Washington University School of Medicine, St. Louis, MO, E-mails: Pufische@DOM.wustl.edu, KCurtis@DOM.wustl.edu, LMarcos@DOM.wustl.edu, and GWeil@DOM.wustl.edu. Scott M. Folk, Heartland Regional Medical Center, St. Joseph, MO, E-mail: scott.folk@heartland-health.com. Patricia P. Wilkins, Division of Parasitic Diseases and Malaria, Center for Global Health, Centers for Disease Control and Prevention, Atlanta, GA, E-mail: pma1@cdc.gov.

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