RECORD



BARNES HOSPITAL ST. LOUIS, MISSOURI

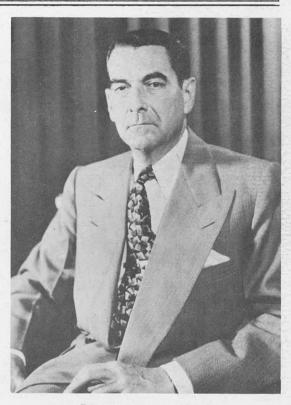
VOLUME 15, NUMBER 11

NOVEMBER, 1961

NEW CHAIRMAN OF BOARD ELECTED

Edgar M. Queeny, Chairman of the Finance Committee of Monsanto Chemical Company, prominent St. Louis citizen, author and nationally known contributor to natural history and anthropology, has been elected Chairman of the Board of Trustees of Barnes Hospital, Saint Louis. He succeeds J. Wesley McAfee, President of Union Electric Company, who has served as Chairman since June 1956.

Mr. Queeny was appointed to the Barnes Board of Trustees in February 1960 by Methodist Bishop E. M. Frank. He is a member and former vice-chairman of Civic Progress, Inc. of St. Louis, director of the St. Louis Symphony Society and the United Fund of Greater St. Louis and a member of the Round Table, St. Louis. He is also a director of American



EDGAR M. QUEENY

(Continued on page 3)

HOSPITAL RECORD

VOLUME 15, NUMBER 11 NOVEMBER, 1961

Published in the interest of BARNES HOSPITAL
600 SOUTH KINGSHIGHWAY
ST. LOUIS 10. MISSOURI

HOW BUSY WERE WE IN OCTOBER FOR THE PATIENT?

Patients Admitted	2,399
Patients Cared for Each Day	754
Days of Service to Patients	23,367
Total Out-Patient Treatments	17 816

Some interesting figures recently prepared, revolve around the number of people who return to Barnes and Allied Hospitals as in-patients (bed patients).

Here they are:

Percentage of Re-Admissions

1954	1958	1961 (so far)
31.5%	41.7%	44%

What significance to us, as a Hospitals Group, is the person who returns to us as a patient? Of course first and foremost we as a Hospitals Group are alerted by this as always, to maintain full, standby-readiness to care for him and render the usual varying kinds of services to help. Once these are again assured, the fact that he is returning indicates that his earlier experience with us was a satisfactory one. And, that's the way we want it!

Can we reasonably conclude that the above figures are not discouraging?

HOW A DOCTOR SEES THE PATIENT TEAM

The following is as told by Dr. Lee Adams Chief Resident, Obstretical Service. (While his views are of course personal ones, they do reflect the general opinion of our medical staff)

To many outsiders the work in a hospital for the sick patient is done mainly by three people - the Attending doctor, the Medical House staff doctor, and the Nurse.

However, insiders know full well that these people are only a part of the total picture. They, of course are members of the health Team and because of their training and experience play an important part in what the team does. But without the rest of the members they could in no sense function well to care for sick patients. And that's the target of the hospital, too.

Many of the people on our team in the Barnes and Allied Hospitals Group have little or no direct contact with the sick patient, and yet he, the sick patient is the reason we're all here. It is probable that because of this, some employees may tend to feel their jobs really can't be so important and may have to push themselves to do a good job, especially if some things required each day have to be done repeatedly, over and over again. But let's think just a minute about it.

The part played by every hospital worker toward the welfare of the sick patient is an important one. The work of everyone would be missed if it weren't done. This is not limited in any sense to the Attending doctor, the House Staff, or the Nurse. For instance, vital to the patient is proper room temperature, ventilation, building maintenance, plumbing, etc. So, spotlight the Maintenance and Engineering people! Essential too are the Stores and supplies work, the Maids, Janitors, Dietitians, Dietary workers, Nurse Aides, Clerical people, and all the many, many others.

Merely as another example, with the comfort and welfare of the patient in mind, let's look at the job of-the hospital Laundry

(Cont'd. on page 4)

NOVEMBER, 1961

BARNES AND ALLIED HOSPITALS SOCIETY HOLDS ANNUAL DINNER MEETING



The Annual Dinner meeting of the Barnes and Allied Hospitals Society was held on the evening of November 9th in the University Club. More than 165 Medical and Administrative staff members and others, attended.

Dr. Michael Karl, President of the Medical Staff, served as Master of Ceremonies. Dr. Frank R. Bradley, Director of Barnes and Allied Hospitals Group, spoke briefly as did Miss Lily Hoekstra, Administrator of Childrens Hospital. The featured speaker of the evening was Joe Garagiola, noted local sports-caster.

BOARD CHAIRMAN (Cont'd. from page 1)

Airlines, Chemstrand Corporation, the American-Korean Foundation, the Health Information Foundation, the Herbert Hoover Foundation and the World Rehabilitation Fund and an honorary trustee of the American Museum of Natural History. Mr. Queeny also serves as a member of the Business Council of the Department of Commerce and a trustee of the American Industrial Conference Board.

Richmond C. Coburn, prominent St. Louis attorney, was elected Vice-Chairman of the Board. Mr. Coburn is a past chairman of the Board of the Chamber of Commerce of Metropolitan St. Louis, Past President of the General Alumni Association of the University of Missouri, Past President of the Bar Association of St. Louis and Past President of the Missouri Bar and has been a member of the Barnes Hospital Board since July 1956.

Members of the Barnes Hospital Board of Trustees are appointed by the Bishop of the Methodist Church. They are responsible for the operation of the group of six hospitals, Barnes, Barnard, Maternity, McMillan, Renard and Wohl, with a total bed capacity of 959, and the David P. Wohl, Jr. Memorial - Washington University Clinics which serve as the out-patient clinics of the Barnes Hospital-Washington University Center.

BARNES HOSPITAL AUXILIARY HOLDS TEA



The Annual Tea of the Barnes Hospital Auxiliary was held recently in the Wohl Dining Room.

Following a brief business meeting presided over by Mrs. Ford Pennell, Auxiliary President, the large group enjoyed the talk of the guest speaker, Clarissa Start, popular columnist for the St. Louis Post-Dispatch.

HOW A DOCTOR (Cont'd. from page 2)

and its force of workers. Whether or not it's true, a laundry is often thought of as a noisy and hot place to work and that the jobs there are on a production line, to be done over and over again. To these workers, each day begins with a mountain of soiled laundry pieces that must be sorted, washed, pressed, stored, and then returned for use again. But let's even pin-point it a little further and look at the common bed sheet. Each day there are tons of these soiled sheets to be sorted, washed, ironed, stored and returned to the patient floors. These bed sheets surely have little attraction of themselves for the worker who's doing the laundering. Those wrinkles that need ironing out, of themselves may not look too important nor do they have too many consequences to the laundry worker except as something they'll

have to do away with, if they are to do their job right.

But ultimately, after passing through the hands of several other workers both in and out of the laundry, these sheets now laundered, reach the patient's bed for the Nurse Aide to make up in the morning. What about that sick patient? Does he realize all it's taken to get that sheet clean and to his bed? Does he have an idea about the number of workers and handlings required? Probably not. But only a sick person can really know just how refreshing that clean bed is. Any doubts on it are soon wiped out by hearing the pleasant reactions of patients about it or, so far as that's concerned, remembering our own reactions in times when we were sick. However, of course all sheets soon become soiled again - some faster than others! If the patient would

(Continued on page 8)

MISSOURI NURSE ANESTHETISTS HOLD ANNUAL WORKSHOP AT BARNES



On Sunday, November 5th, the Missouri Association of Nurse Anesthetists held an all-day Clinical Workshop in the Wohl Dining Room of the Barnes Hospitals Group. The 25th Anniversary of the Association which itself was established at Barnes, also was celebrated. It was attended by more than 100 members from various sections of the state. Miss Florence McQuillen, Executive Director of the American Association of Nurse Anesthetists, was an honored guest.

Dr. Frank Bradley, Hospitals Group Director, and Miss Carmen Wright - Barnes Staff Anesthetist and President of the Association - spoke briefly. The day's program was divided into four general sessions, each one of which was in turn separated into 4 sections, thereby allowing all members the opportunity of taking advantage of at least 5 lecture-demonstrations conducted by Anesthesiologists and Certified, Registered Nurse Anesthetists. Seventeen attractive displays of various aspects of Anesthesiology were provided.

Miss Wright was succeeded as President of the Association by Miss Delores Biggens, Anesthetist, Jewish Hospital, St. Louis.

As an indication of the smoothness and detailed coordination provided by all people in the Barnes Group to stage such a workshop, Miss Wright has commented that this is the third Workshop she has been responsible for as the Association's President. Judging from the comments of those who attended, she concurs that this one at Barnes was by far the nicest. They are duly grateful to all concerned, including the Dietary Department, for their great help.

BARNES' EX-DIETITIANS AND INTERNS HOLD REUNION!

On Wednesday, October 25th, during the annual convention week of the American Dietetic Association, the Barnes Hospitals Group entertained several former Dietary staff members and Interns at a reunion dinner held in Wohl Dining Room. Among the honored guests were Mrs. Edith Tilton Aitken, who served the Barnes Group as Chief Dietitian from 1931 - 1935, and Mrs. Eugenia Shrader, the Chief Dietitian from 1925 - 1931. Both enjoyed visiting and exchanging experiences with dietitians with whom they had been associated.

The Barnes Hospitals Group was one of the first in the country to offer dietetic internships to young college women. More than 462 Dietetic Interns have been graduated from it since 1917.

After a gourmet dinner, the guests enjoyed Dr. Bradley's selections on the "bones" and a clever skit by the current dietetic interns entitled "From Six to Three with You and Me." The skit depicted the average day for an intern at Barnes Hospital.



Shown above, left to right, are: Mrs. Edith Tilton Aitken, Mrs. Eugenia Shrader, Barnes part-time Dietitian, Dr. F.R. Bradley, Director, Barnes Hospitals Group, and Miss Henrietta Becker, Director, Barnes Dietary Department.

GEORGE WASHINGTON UNIVERSITY POST GOES TO FORMER BARNES SURGEON

Dr. Brian Blades, former Barnes surgeon, was recently named Lewis Saltz professor of surgery at George Washington University School of Medicine in Washington, D.C.

Dr. Blades, who received his Medical Degree from Washington University School of Medicine in 1932, first joined the Barnes staff as Assistant Surgeon in 1936, and later served in the U.S. Army in charge of thoracic surgery at Walter Reed Hospital, Washington, D.C. from 1942 to 1946.

Dr. Blades has been chairman of the

department of surgery and a member of the medical faculty of George Washington University since 1946. The Lewis Saltz chair in Surgery was established under terms of the will of Mr. Saltz, a Washington merchant, who died in 1958.

Mr. Saltz's will stated that the foundation should be concerned with "the promotion of human knowledge with the fields of medical research and medical education and to the application of such knowledge for the benefit of mankind."



Chaplain's Corner

by George Bawles



We can always find those people who like to refer to the fact that things are not like they were when they were younger, or even last year. They hark back to the days of childhood and youth and recall how much more this or that used to mean to them, and how much happier people seemed to be. After all, who has not done this to some extent? The point is that such an attitude can be overdone to the point of being a factor that stands in the way of normal maturity.

This characteristic has a way of expressing itself in a very marked way at times of special emphasis on special celebrations. The last two months of the calendar year furnish us with both Thanksgiving and Christmas. It would be an unpopular person who would go so far as to say that we should blank out those treasured memories of other years. We can recognize at this time of the year that we should try to bring a wholesome balance between the past and the present. By so doing we are likely to have a very satisfactory future. It would be an unrealistic person who would say this is an easy thing to do, but like most things that are worth striving for they are not accompanied by ease of attainment.

The hope is so often expressed that the world situation could be improved, and that nations of the world could live in a greater atmosphere of peace. Who is it that would not join in such a hope, just



Putting it Nicely

HAVE WE REALLY ARRIVED?

It has been said that what we do each day and how we react to a given situation shows our "Real Self." Those of us in hospitals work each day to serve the one who is king to us all - the sick patient. In so doing we have many contacts and interactions with various other people, (plus maybe the patient himself). For example, there are his relatives and visitors, interested people who call on the telephone about him, fellow workers on the job in our own or other departments, doctors responsibly involved in one way or another to treat the patient in helping him recover or get well, and others. Where? the lobby, in corridors, upstairs, downstairs, and all around. Our days are continual, repeated sets of relationships with many different people - one after the other, if we are to do our jobs.

That's the "story of my life," we say. O.K., but how do we react to them? We may tend to snarl as we do what's needed at the moment. Or, we may pass it off, "let George do it," or whosoever (Continued on page 11)

after the celebration of Thanksgiving and the coming of Christmas? We all do, of course, and every person counts in helping to bring this about. We may not attain on the schedule we would like, but with a true sense of purpose we can mature in our understandings, our accomplishments, and even our ability to use disappointments.

MORE PEOPLE "LEARN WHILE THEY EARN" IN THE BARNES GROUP!



Shown above are sixteen recent graduates of the Barnes eight-weeks In-Service Training Program for Nurse Assistants. Their training consisted of both formal classroom instruction (conducted by Mrs. Bertha Beckwith and other Assistant Directors of Nursing) and onthe-job training (accomplished on nursing floors under the supervision of Head Nurses). Upon graduation they were assigned to various nursing divisions throughout the hospital group as Junior Nurse Assistants. They have "learned while they earned" - - real progress in Barnes!

They are: Margaret Ahrens, Hattie Allen, Alice Bland, Shirley Harris, Mariah Harvey, William Howard, Patricia Jackson, Theresa Jamerson, Pearl Johnson, Arzena Leonard, Marian Meyer, Brent Mosley, Lois Mosley, Clarence Pollard, Geraldine Thomas, and Pearl Whitney.

HOW A DOCTOR (Cont's. from page 4)

have to stay in an unclean bed, his sickbed bewilderment is magnified and his illness complicated much more than we might imagine. But, giving him a clean bed right away eases his problem proportionately.

Now let's go back to the wrinkles in the sheet! Imagine for a minute that a good job of shaking and ironing these out was not done, for any one of several reasons. Let's imagine that the sheet was placed by a Nurse Aide on the bed of a patient who had been injured in a serious accident six weeks ago. What wrinkles were left in the sheet irritated in a magnified way his extremely sensitive skin and actually caused him more discomfort than many of the pains and discomforts

from his injuries. Such a sheet necessarily would have to be taken off and replaced. But, you may say, not all sick patients have these kinds of pains. No, they may not. But we can be sure they do have pains and discomforts of one kind or another. And wrinkles in sheets alone add to their irritations in a way which is magnified beyond what many of us may realize. And, wrinkles themselves may mean little in this way as compared to even unclean linens - or clean linens but not "on time."

The "healing arts" practiced by the doctor and the nurse fall far short of their target if they are not backed up by the many, many, other services of people in a hospital whose job is to help the sick patient recover and go home! Let's take the word of the patient himself!

YOUR NEW SOCIAL SECURITY BENEFITS AND DEDUCTIONS!

During 1961 congress enacted Social Security Amendments which will affect many on the payroll of the Barnes Hospitals Group. This new law substantially expanded the benefits to which you and your family are entitled, and raise the cost as follows:

- The amount of work required to get benefits is reduced.
- 2. Raised the amount of minimum benefits.
- Men may now retire at age 62, with reduced benefits or wait until age 65 and collect higher benefits.
- Provided for a 10% increase in benefits payable to widows, dependent widowers, and sole surviving parents age 62 or over.
- Allows for higher combined benefits and earnings to persons who take jobs after retirement.
- 6. Effective January 1, 1962
 Social Security taxes will be increased one-eighth of one percent for both you and Barnes Hospital.

The table below shows the present tax rates and scheduled increases.

CALENDAR YEAR	YOU PAY	BARNES PAYS
1961	3%	3%
1962	3 1/8%	3 1/8%
1963-65	3 5/8%	3 5/8%
1966-67	4 1/8%	4 1/8%
1968 (and after)	4 5/8%	4 5/8%

The above schedule of tax rates is designed to meet the future obligations of the program and keep it on a self supporting basis.

SERVICE IS OUR TARGET AT BARNES!

The target at Barnes and Allied Hospitals at all times is to serve! This was vividly driven home recently by the following incident in our Hospitals.

Miss Celeste Feise, Salad Girl, in the Dietary Department for 16 years, happened to find lying on the floor of the Barnes Main Lobby a small pocketbook containing a total of \$23.49 in bills and change. Celeste promptly turned it all over to "Lost and Found" in the Personnel Office for the rightful owner.

Mr. W.J. Montgomery, Employment Manager, on searching through the pocketbook found the idenity of the owner - who it turned out, lives in Springfield, Missouri. A letter promptly was sent to the owner telling that her pocketbook had been found with the money and contents intact and that it is now being held in safe custody by the Barnes Cashier office where she may pick it up when she presents the letter.

Service is our Business! Thanks to Celeste and the later follow through.



As in the past Barnes Hospital will be required to withhold from your gross pay up to \$4800.00 annually the percentage amounts listed under column "You Pay" above. The actual dollar amount involved will be listed under the F.I.C.A. column on your check stub.

For further information you may contact your Social Security Office or the Barnes Personnel Office.

GOOD SHOWING ON UNITED FUND BY BARNES AND ALLIED HOSPITAL'S EMPLOYEES!

Employees of Barnes and Allied Hospitals made a very creditable showing in donating to the United Fund of Greater St. Louis for 1961-62 - - to the tune of \$8,940.48, as shown by recent tabulated report.

"This reflects a greater interest shown by our Barnes people in the United Fund - a substantial increase in the total number of dollars donated this year over last, as well as a percentage increase in the total number of employees who gave," according to Mr. Donald J. Horsh, Associate Director, and Fund Drive Captain for the Barnes and Allied Group.

This donation from the employees is entirely separate from the United Fund contribution of the Barnes Medical Staff.

Administration appreciates this effort by the employee force as an indication of willingness to shoulder its share of responsibility for the welfare of our community.



DR. LANE NAMED PRESIDENT, AMERICAN BOARD OF DERMATOLOGY

Dr. Clinton W. Lane, professor of clinical medicine at Washington University School of Medicine, and Barnes Hospitals staff member, was named president of the American Board of Dermotology at a meeting held in Philadelphia recently.

Dr. Lane will preside at the meeting of the board next fall in Ann Arbor, Mich. The board grants certification to physicians who have completed post-graduate training in dermotology.

THE SALARY WITH THE FRINGE ON TOP

Ask any one of your friends on the outside how much he earns and you can be pretty sure you'll get an answer. But in spite of the honesty and sincerity of your friends, will it be the right one?

They may know their base rate of pay to the penny but possibly will not be sure when it comes to figuring their TOTAL income - that's ALL earnings they receive, Cash plus OTHERWISE. And, often the OTHERWISE is equally as important as the cash. This can be summed up in fringe benefits, those "lifts" received separate and apart from the straight pay on a job. There are many kinds of fringe benefits. But let's take a look now at only one of those kinds - medical and bealth benefits!

Anyone who has gotten sick on the job where a doctor and general medical attention is available right on the spot, is a strong backer of this kind of a "lift," and especially if any of the prescribed x-rays, drugs, etc. are readily available to him. Reminders are hardly needed that these things all cost money and lots of it, any time, especially today. And if he is sent home by the doctor, it is a real help to him to know there is probably some sick leave (pay for a part of the time he is off sick) available to him.

Another strong backer for this kind of "OTHERWISE" (medical and health benefits) is the person who has been a victim of a serious illness or accident which laid him up in a hospital for any prolonged time. Yes, isn't it a fact that today, more than ever before, medical and health benefits loom higher and higher in importance to those who have them available - if they are needed! And, can we be sure we will not need them?

(Continued on page 12)

A BEAUTIFUL TRADITION -CHRISTMAS SERVICE IN BARNES LOBBY ON AFTERNOON OF DECEMBER 24TH.

As has been done in the past as a beautiful tradition, this year on December 24th at 3:00 P.M. the Barnes Christmas Service for patients, relatives, friends, and hospital personnel will be held in the Barnes lobby.

On background music by Mrs. Helen McCoy, on the Barnes Chapel organ placed in the lobby, will be superimposed choral music by the Barnes School of Nursing choir. Members of the Womens Auxiliary and others will provide the story of Christmas and Bishop Eugene M. Frank, Missouri area of the Methodist church, will deliver the Christmas message.

PANHORST ELECTED REGENT, A.C.H.A.

Harry E. Panhorst, Associate Director, Barnes and Allied Hospital Group with special responsibility for the Washington University Clinics, has been elected a Regent of the American College of Hospital Administrator's 11th region -comprising Missouri, Arkansas, Kansas, Oklahoma, and Nebraska.

He fills a vacancy created by the death of Mr. Bryce Twitty, Administrator, Hillcrest Medical Center, Tulsa, Oklahoma.

PUTTING IT NICELY (Cont d. from page7)

will. We may do what's needed in a systematic though droning unenthusiastic way. We may do the job gladly because we want to and we may do what's needed and do it well with a pleasant, business-like attitude of purpose and concern for the other fellow, no matter who he may



Lois J. McClanaban, former Junior Nurse Assistant in Wohl, is again with us in the same capacity in Barnes on a part-time basis as of October 24; Vanda Nielson is back in her job as part-time R.N. in Maternity since October 28: Willia Barron resumed her former position as Maid in Housekeeping on October 30; Bernita Williams, formerly a part-time Dietary Aide in Barnes, returned on October 26 as Dietary Counter Girl in Olin Hall Snack Bar; Arlene Stamps resumed her duties as Junior Nurse Assistant in Wohl on October 31; Izetta Baskin, R.N., returned to her duties in Maternity on November nursing 6; Parnell Washington, Janitor in Barnes. is back as of November 8; Jean Cohen is again with us as a part-time R.N. in Barnes starting November 8; Mary Wolffscherl is again on her job of part-time R.N. in Barnes O.R. since November 8; linkerson is again a part-time Dietary Aide in Barnes; Shirley Burke, who used to be a nurse assistant in McMillan, has been back in the same capacity in Barnes since November 13. Welcome back!

be. We may be confident that WHAT we do is the right way to do it.

But we haven't yet arrived until we know that if we are good, it will show in WHAT we do and how we do it. And, if we're good we can be better. "Humble efforts yield mountains of results."

Have we arrived? Can we be proud of the REAL SELF we showed today?

THE SALARY (Continued from page 10)

How do we as employees of the Barnes and Allied Hospitals stack up on this? Pretty much tops! We have a Personnel Health Office "on the spot," located on the first floor of Barnes. Here we may be permitted by our Department Head to see a specialist doctor if we get sick on the job and, provided he prescribes them, we may get our drugs, x-rays, etc. within only a few steps of the Personnel Health Office and for free if we have been employed six months or longer.

How do we measure up if we are laid up in any of the hospitals of our Barnes and Allied Group for a time? Again, Pretty much tops! If hospitalization is needed, we will be hospitalized in ward accommodations free of any charge where there is no charge for professional services. And, if we carry an employee's Blue Cross Group Standard policy (which pays for semi-private room accommodations) we will be given ward rate credit toward the room charge.

Yes, if we could just be sure we would not need these good "lifts"! But who can be sure? In the meantime isn't it a real consolation to know that they may be provided if we need them.

Security? It is said that true security doesn't exist any where. But this comes close to it, Right?

BARNES HOSPITAL
600 SOUTH KINGSHIGHWAY
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