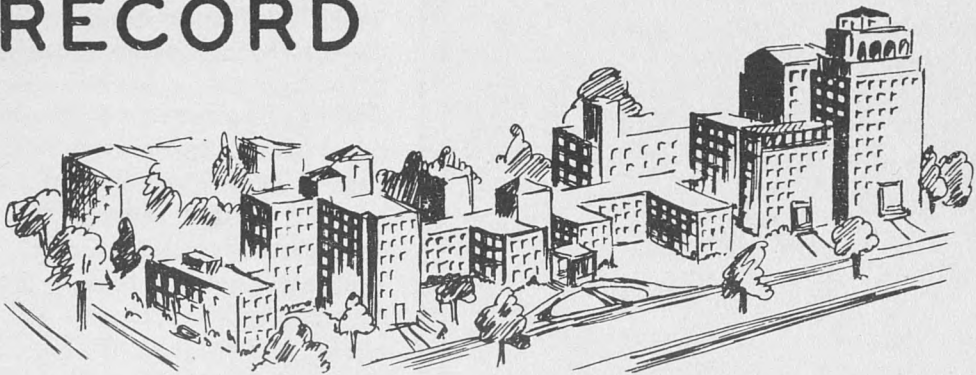


# HOSPITAL RECORD



BARNES HOSPITAL  
ST. LOUIS, MISSOURI

Volume 6, Number 4

April, 1952



*Ceramics is one of the creative arts which plays an important part in the rehabilitation of patients suffering from mental illness.*

THE OCCUPATIONAL THERAPY WORKSHOP

( See Page 3 )

## HOSPITAL RECORD

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Editor

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Assistant Personnel Director

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### CIVIL DEFENSE

For the past year the Civil Defense Committee, under the direction of MR. HARRY E. PANHORST, Associate Director of Washington University Clinics, has been endeavoring to develop a plan which might be used to meet any type of emergency that might arise in this medical center.

On April 2, at the Departmental Conference, the committee made its first presentation



MISS LEONA SUDKAMP, DR. WILLIAM NEELY and DR. CARL MOYER demonstrate the emergency treatment which will be given patients brought into our hospital in the event of a disaster.

of the plan as developed thus far, and a continuation of the plan will be discussed

at the next few Department Head Meetings. At the first meeting, MISS ELIZABETH GARRETT, Barnes Admitting Officer, discussed the admission procedures to be used in the event of disaster; MRS. VIOLA CHENEY, Director of the Medical Record Department, explained the specially designed forms to be used in place of the regular medical record; MISS ANN CAMPBELL, Superintendent of Nurses, displayed the red, blue, and yellow armbands that will be worn in the medical and nursing services; and MISS MARY HEMMY, Director of Social Service, described the functions of the Social Service Department in the event of a disaster -- evacuation of patients from the hospitals to make room for disaster victims, and the staffing of an emergency information center.

Other departments will present their plans at future meetings and, when completed and approved, the entire plan will be published and made available to everyone.

### NEW PROGRAM OF SCHEDULING OPERATIONS

MRS. VERA WILSON, who, until recently, served as Supervisor in the Operating Room, is now working on the inauguration of a new program of scheduling operating procedures. It is anticipated that in the future supervision and adjustment of the scheduling of operations will be carried out by a three man team, consisting of the Chief of Anesthesiology, and the Administrative Resident on Surgery.

Mrs. Wilson, who now may be found in the office of the secretary of the Anesthesiology Department, has worked at Barnes since May, 1938, and served as Supervisor in the Operating Room from 1945 to the first of this month. MRS. GERTRUDE RAY has succeeded Mrs. Wilson in the duties she carried out so capably as Operating Room Supervisor.

The world's best after dinner speech:  
"Waiter, give me both checks."

## THE OCCUPATIONAL THERAPY WORKSHOP

Occupational therapy is defined as *any activity, mental or physical, medically prescribed and professionally guided to aid a patient in recovery from disease or injury*. Occupational therapy is not a new science - ancient records inform us that the Egyptians made use of music and various types of games to assist the recovery of patients long before the birth of Christ. However, it was not until about the end of the eighteenth century and the beginning of the nineteenth century, coincident with the period of development of hospitals, that a number of humanitarians began to advocate and put into practice the use of occupations for the restoration of mental health. Progress in this direction was steady from that time on, and the impetus given to the work during World Wars I and II is known to all of us.

*The diversions offered psychiatric patients in the Occupational Therapy Workshop are many and varied.* MISS MARGUERITE

Today, it is an accepted form of treatment for psychiatric patients. Although occupational therapy is used only for patients suffering from mental illness at our hospital, its importance in aiding the recovery of patients with physiological disturbances is well known.

The Occupational Therapy shop on the thirteenth floor of McMillan Hospital has been playing a vital role in the recovery of psychiatric patients since its inception in 1943. A cheery, attractive place, the Occupational Therapy shop is far removed from what the average layman thinks of in connection with mentally ill patients. The wide windows extending the length of one wall look out over the park and are decorated with drawings made by

*(Continued on Page 4)*

*BICK, Director of the Occupational Therapy Department, stands at the bulletin board on the left.*





## THE OCCUPATIONAL THERAPY WORKSHOP (Continued)



*Volley ball is one of the forms of recreation offered patients in the Occupational Therapy Workshop which boasts its own gymnasium.*

the patients. There is a busy hum of activity throughout as the patients work together on such projects as wood and metal working, leather craft, art work of all kinds, weaving, dressmaking, cooking in the modern kitchen, laundering clothes in the fully equipped laundry, ironing, typing, and many other types of manual and creative arts. Some patients may be enjoying one of the many types of recreational therapy which may include participating in a competitive sport in their gymnasium, listening to music on the phonograph, playing the piano, reading books from the Occupational Therapy library, or playing cards.

Patients are accepted by this department only on prescription from the staff psychiatrist. Such a prescription lists the patient's outstanding clinical symp-

toms, the attitude that should be adopted by the therapist to the patient, the specific group or activity of assignment, the type of treatment the patient is receiving and any comments the psychiatrist may wish to make relative to the patient. Patients are sent to Occupational Therapy for either a one or two hour period twice a day, depending on the doctor's orders. Hours in the morning are from 9:45-11:45; in afternoon from 1:30-3:30. Two evenings a week informal parties are held for the patients. Once a month a buffet supper is prepared by the patients for one of these informal parties.

MISS MARGUERITE BICK heads our Occupational Therapy Department. Assisting her are two full time therapists as well as students in Occupational Therapy who are

*(Continued on Page 5)*

Many Occupational Therapy patients cook as a part of their treatment. The fully equipped kitchen in the workshop is always the center of some activity.



doing their clinical work here. In order to qualify as a therapist one must have graduated from an accredited school of Occupational Therapy, have passed the registration examination, and have the personal attributes necessary for that type of work. It is essential that the personality of the therapist command respect, admiration, hope, and confidence in the patient. Student nurses must spend some time in the shop and an orderly is always present to assist the therapists.

Members of the Occupational Therapy staff go down to the third floor of McMillan every afternoon to provide forms of recreation and activity to the patients on 300 North McMillan. One afternoon a week movies are presented for these patients.

Purpose of all psychiatric treatment is to restore a patient to the highest possible degree of mental health so that he may become a happy, useful member of society. This is accomplished through the use of variable psychotherapeutic measures under

the direction of a psychiatrist. Occupational therapy plays an important part in this therapeutic plan, functioning as an adjunct to the direct psychotherapy offered by the psychiatrist.

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#### CHAPLAIN'S CORNER

by

GEORGE BOWLES



One of the weekly news magazines of America, read by thousands of our people, runs a regular story under the title "The Turning Point." The only reason for making mention of this title is to say that there are many turning points in the lives of all who enjoy the privilege of daily living. Something still more important is what do we do with these experiences of changing our pace and direction? It is

(Continued on Page 8)

## BARNES PERSONALITY

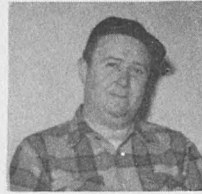
Almost twenty-three years have elapsed since soft-spoken MISS JULIA OVERBECK, Clinic Accountant, came to work in our medical center. To be specific, it was September 16, 1929, that she started her career at Barnes as assistant to the record librarian, a job she held for almost thirteen years. Illness in her family forced her to quit for a short time and when she returned to work in 1943, she was assigned to the Clinic Accounting Department where she is employed at present.

"Miss Julia," as she is known to her scores of friends around the medical cen-



ter, has lived all her life in our fair city of St. Louis. She graduated from Soldan High School and attended both Harris Teachers' College and Rubicam Business School for a time. She and an older sister make their home together and have a brother also living in St. Louis. Miss Julia's only other job before coming to Barnes was at Polar Wave Ice and Fuel Company where she worked for six years as a file clerk and bookkeeper.

She prefers classical music and the legitimate theatre as favorite forms of recreation and still belongs to a club started when all the present members were still students together in high school. She has attended the Second Presbyterian



BARNES  
SPORTSCOPE  
by  
JOHN  
WEISSGERBER

The Barnes Hospital softball season will officially open Friday night, May 2, on the diamond at Washington University at 6:00 p.m.

Last year was by far the best season the Barnes Hospital League has enjoyed, and we are anticipating an even greater turnout this year. This is our fourth year in intra-league competition, and looking back through the past seasons, there have been a good many services represented on the diamond: Surgery, Medicine, OB-GYN, Senior Medics, Neuro, and Administration.

We thought it would be a novel idea to inaugurate this spring a HALL OF FAME and a few of us old men did a little research and came up with the following list of oldtimers: HARRY PANHORST, JACK BERRY, WILLIAM MASTERS, JULIUS KRASNER, HOWARD HEHNER, and JAMES PENNOYER. We selected these men on the basis of their all-round field playing, sportmanship and leadership in keeping softball active and interesting throughout the past years. This selection does not mean that these men are inactive. Harry Panhorst, last season's first sacker for Administration, is now playing with the Medicine team. Howard Hehner and Julius Krasner have been officiating in the capacity of umpires.

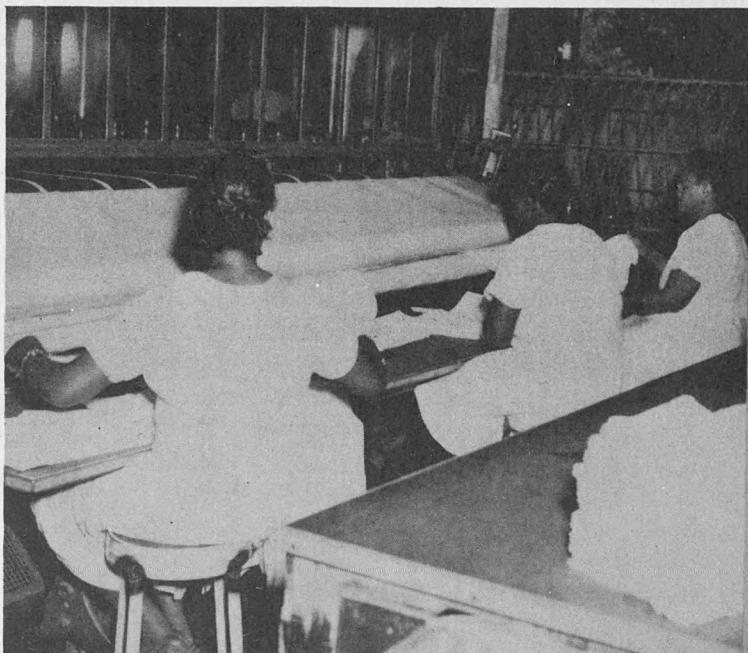
And now to this year's activities. With  
*(Continued on following page)*

Church regularly since childhood.

Throughout the twenty-three years of her employment, Miss Julia has consistently maintained a conscientious and enthusiastic interest in her job and the people around her. Her faithful devotion to her work has earned her the respect and admiration of all her fellow-workers.



WOULD  
YOU  
BELIEVE  
THAT ..



... in 1951, the Barnes Hospital Laundry laundered and finished 3,811,597 pounds of laundry?

... this amount would fill 191 10-ton trailer trucks?

... one machine in the Laundry is capable of ironing 11 sheets per minute?

... 6 operators on this machine can produce approximately 1,000 pounds of flat-work per hour?

... each member of this 6-girl team averages about 175 pounds per hour?

... 100 pounds of linen can be laundered with only one-fourth pound of soap?

For those of us whose laundry experience is limited to laborious sessions with the family wash, these figures seem almost incredible, but MR. JULIUS KRASNER, Manager of the Laundry, takes this enormous production for granted. The secret lies in the high degree of efficiency attained in the Laundry through the application of time and motion studies and the spirit of cooperation existing between the supervisors and workers as well as among the workers themselves.

**BARNES SPORTSCOPE**

*(Continued from preceding page)*

the new men on all services, we should have a great summer of softball. We would like to welcome two new players from the Storeroom: DENNIS LEE and JERRY MAC LAUGHLIN. EVERETT MENENDEZ, new addition to the IHM Department, is expected to help out the Administration team this season. Medicine has a new player in the person of JOE UNGERER, former shortstop for Administration.

We would like even more services represented on the field this year, so if any service has a few men who would like to play ball, or are interested in forming a team, contact me at Station 612. We're going to be looking for all you guys and dolls at the first game of the season on May 2. We promise you some mighty fine softball this summer if you will come on out and cheer your favorites on to victory.

## CHAPLAIN'S CORNER

*(Continued from Page 4)*

worthwhile to review some of the changing experiences we have as members of the human family.

Childhood is generally spent in the protected atmosphere of a home, and the influences are largely determined for us by parents, teachers and friends of more mature years. At a rather early age we find that we have reached a turning point at which we must start making many of our own decisions. About the same time we discover that we must use some personal choice in the selection of friends and companions of our own age. There are those who feel that this is likely the most important turning point in the life of an individual. The importance of the period of childhood should certainly give adults a very real sense of responsibility.

The experiences of young people are varied in many ways. The attitude toward the other fellow of the same age, as well as the attitude toward the use he should make of the world about him, is largely determined by the material that has gone into his thinking. One may have the advantage of a good start, made possible through the use of ideas and ideals that have been tested by the ages. Another may have to make some rather difficult adjustments if he is to fit in with a lawful scheme of social living. In either case, however, there is a definite turning point between childhood and youth.

Adults also have turning points. John Burroughs took a hot poker and burned these words over his fireplace: "Before this fire no evil is spoken by any man." This motto indicated growth and maturity of the highest order. We need a like feeling of goodwill in our day. With this spirit we might even find a turning point for the world in which we live.



## KNOW YOUR STAFF

This month's personality is vivacious MRS. GERTRUDE RAY, newly appointed Supervisor in the Operating Room, who claims that people have become so accustomed to seeing her in her surgical garb that they often fail to recognize her when she dons a regular uniform. Mrs. Ray, who succeeds MRS. VERNA WILSON, assumed her new duties on April 1.

Birthplace of our new OR Supervisor is Collinsville, Illinois, where she grew up and still makes her home. She graduated from Collinsville High School and enrolled at Washington University School of Nursing. Today she maintains that she has not regretted her choice and that she has loved every minute of her nursing career. She has a younger sister who is also a nurse.

Mrs. Ray, who graduated from nursing school in November, 1939, has literally grown up at Barnes, having come on staff immediately following graduation. With the exception of the short time she was away when her daughter was born, she has worked here steadily ever since. She has performed all phases of work in the OR where she has been stationed since her employment. She had been Assistant Supervisor for the past three years prior to



ON  
THE  
SCENE



MILDRED JAHN, Physical Therapist, has the best wishes of everyone as she leaves to take a job as therapist in St. Thomas Hospital, London, England. --- RUTH GUMS, Staff Nurse in Barnes, is another who is going to make a trip to the Old Country. She and her eleven year old son are going to join her husband, stationed at Bad Nauheim, Germany, with the Army and Air Force Motion Picture Service. They plan to be there from two to four years. --- Student nurses at Washington University are mighty proud of SYLVIA WESTBERG, Junior Student, who was elected Corresponding Secretary of the Student Senate out at the campus. This is the first time that a nursing student has been elected to an executive post in the Senate. --- CHAPLAIN BOWLES gets our vote for proud papa of the month - his teen-age daughter JEAN was crowned Senior Queen of her high school at their annual Junior-Senior Prom. --- April 29 is the date chosen by JOAN HARRISON, Staff Nurse on 0400, for her marriage to PETER EDWARDS. The prospective bridegroom is a news writer for radio station KXOK. --- Congratulations to ROSALIE and WILLARD NICHOLS on their recent marriage. Mrs. Nichols is the former ROSALIE DELALOYE, Barnes Nurse Aide, and Mr. Nichols is a member of the staff in the Storeroom. --- The stork has been a busy bird this past month: the female population was enlarged considerably by the baby girls born to DR. and MRS. MARK EAGLETON, DR. and MRS. CHARLES JACOBS, and MR. and MRS. HAROLD SPENCE. LOIS JACOBS and BETTY SPENCE were Barnes employees until recently. --- The McMillan Hospital Recovery Room celebrated its first birthday on April 5, complete with birthday cake and one candle. As of that date, 2506 patients had been cared for in

the Recovery Room. --- Welcome back to GERALDINE MYRES, Supervisor in the Delivery Room, who was away for several weeks because of illness. --- On April 18 a number of high school students who are interested in a nursing career visited the medical center. Escorted tours through the hospitals and clinic were featured as part of the day's activities. --- Our sincere sympathy to MARIE ZIMMERMANN, Record Librarian in Barnes, on the death of her uncle. --- GRACE HUEY, Associate Director of Maternity Hospital, attended the OB-GYN Congress at Cincinnati from March 31 to April 4. Also present at the meetings were DR. R. J. CROSSEN, NORMAN ARNISON, and WILLARD ALLEN, who each presented papers. --- MARJORIE KEPPEL, Clinic X-Ray Sub-station, is flashing a lovely new diamond on her left hand. The wedding is planned for early fall. --- MILLIE and STEVE IVAZES report a marvelous time on their recent vacation in the east. Millie is an employee in the Clinic Record Room. --- HARRY PANHORST, Associate Director of Washington University Clinics, and TERRY YATES, Administrative Resident, went to Dallas, Texas, on April 16 to visit with ROD BELL, Hospital Administration Student serving his internship at Baylor University Hospital. They also attended a meeting of the Association of University Programs in Hospital Administration in San Antonio. On their return, they stopped at Little Rock, Arkansas, for a visit with DORA BELLE FORD, another Hospital Administration Student, interning at Missouri Pacific Hospital.

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*"You can't marry her without permission," said the young lady's father.*

*"Why not?" asked the young suitor.*

*"Because she's a minor."*

*The young man looked startled for a moment and then asked: "You mean I have to ask John L. Lewis?"*

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## DO YOU REMEMBER - - -

when Barnes Admitting Office was located in the area which now houses our Accounting Department? This scene (taken in what is now Mrs. Clifford's office) shows some of the familiar faces in the Admitting Office back in the spring of 1939. From left: MISS BESSIE TAYLOR, Record Librarian, MRS. CORNELIA KNOWLES, Executive

Assistant, DR. EDWARD MASSIE, Resident of Medicine, MISS LILLY HOEKSTRA and MISS RUBY JAMES, Admitting Officers. Today, we all know Mrs. Knowles as Associate Director of McMillan Hospital and Dr. Massie as a member of our Medical Staff. Miss Hoekstra is familiar to many of us as the Assistant Superintendent of Children's Hospital.

## KNOW YOUR STAFF

(Continued from Page 8)

her new assignment.

Mrs. Ray's off-duty hours are devoted primarily to her family - her husband and nine-year old daughter, JEANNIE. Into her busy schedule as career woman and homemaker, she manages to find time to be active in the Third District Nurses Association, the American Nursing Association

and the St. Louis chapter of Operating Room Nurses of which she is a charter member and present Vice-President. She participates in many of the activities of the Baptist Church of Collinsville, loves picnics, collects records and cannot wait for day-light saving time to go into effect so that she can have more hours of daylight for her many projects.