

# HOSPITAL RECORD



## BARNES HOSPITAL ST. LOUIS, MISSOURI

VOLUME 16, NUMBER 2

FEBRUARY, 1962

### BARNES TRUSTEE HEADS UNITED FUND DRIVE

Mr. Raymond E. Rowland, member of Barnes Hospitals Board of Trustees and president of Ralston Purina Company, will be chairman of the 1962-63 United Fund campaign, Edwin M. Clark, president of the fund, announced recently.

Mr. Rowland is a member of the board of directors of United Fund and becomes a member of its executive committee in his capacity as drive chairman.

In addition to his work in the United Fund, Mr. Rowland is a trustee of Lindenwood College, the David Rankin Jr. School of Mechanical Trades, Webster Hills Methodist Church, Methodist Children's Home of Missouri, St. Paul's School of Theology and the Wisconsin Alumni Research Fund. He is a director and treasurer of the Chamber of Commerce of Metropolitan St. Louis, director of Safety Council of Greater St. Louis; the St. Louis Area Council, Boy Scouts of America; Mercantile Trust Company; St. Louis Capital, Inc., Wabash Railroad, Husmann Refrigerator Company, New Jersey-Indiana-Illinois Railroad and

*(Continued on Page 10)*



Mr. Raymond E. Rowland, Jr.

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*Published in the interest of*

**BARNES HOSPITAL**  
**600 SOUTH KINGSHIGHWAY**  
**ST. LOUIS 10, MISSOURI**

## BARNES, A HOST AGAIN!

On Sunday, March 18th the Barnes Group will be host to the yearly business meeting of the Missouri State Association of Blood Banks, and the Missouri Association of Medical Technologists.

Included will be a tour of the Barnes Diagnostic Laboratories as well as a buffet supper at 6:30 p.m. in the Wohl Dining Room. The March 18th program will precede a three-day scientific series of sessions to be held at the Chase-Park Plaza Hotel. Connected with this will be a workshop on Spectrophotometry held Tuesday March 20th in Wohl Dining Room.

Host to progress - that's Barnes!

## BARNES' INTERNSHIP PROGRAM GRADUATES MORE QUALIFIED DIETITIANS !

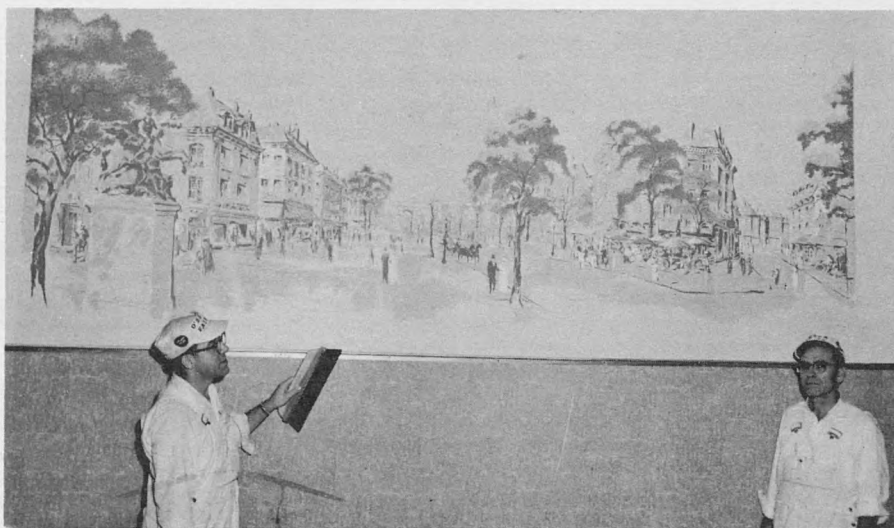


Graduation exercises were held in the Wohl Dining Room on January 30th for three dietitians who have now completed the twelve-months Barnes Internship Program in hospital dietetics. In line with requirements, each had already been awarded their Bachelors degrees in Dietetics prior to beginning their internship. They are now qualified to become members of the American Dietetic Association and enter the professional work.

Shown above is Miss Judith Robertson, Kansas City, Missouri, typically receiving the Barnes Dietitians' pin from Mrs. Doris Cook, Director of Barnes Dietary Department. Other graduates were Miss Thelma Sue Arnold, Brentwood, Missouri and Miss Marilyn Cordier, Springfield, Illinois.

All of the graduates plan to stay on Barnes' professional dietary staff ! !

## THERE'S STEADY PROGRESS IN BARNES DIETARY DEPARTMENT !



Have you noticed the new paint job and smoothly installed murals recently completed by Barnes Painters in connection with the total redecoration of the Barnes Personnel Cafeteria area? And, the entire project was completed without noticeable interruption of the usual fast and efficient service with which employees are accustomed.

The pastel colors used on various walls has created a clean and pleasant atmosphere, making the meals and relaxation time in the cafeteria far more enjoyable for patrons.

Shown above putting the finishing touches on one of the four beautiful, eye-catching murals are Barnes Painters, Glen Noser (*Left*) and Bert Emmons (*Right*).

### NURSED AID (Feet Facts)

If you are a man of average weight, your feet take a daily beating equivalent to over two million pounds of sledge hammer blows. In an average day you walk about 13,000 steps or  $7\frac{1}{2}$  miles.

Those feet of yours are delicate structures containing 26 small slender bones each, a network of 126 ligaments and tiny muscles, and a minimum of "shock-absorbing" tissue.

Four out of every five of us have foot trouble-and 90% of this trouble is self-inflicted. How much thought do you give to the care of your feet - before they start aching?

Do you, for instance, take daily foot baths? They're the first step toward foot health.

If the skin on your feet and legs tends to be dry or scaly, especially in cold weather, rub them with a little baby oil. If your feet perspire easily bathe them at night in alcohol.

Before donning shoes in the morning use foot powder, carefully powdering between the toes.

Bathroom surgery on corns, callouses and blisters is out! Have your feet checked by a podiatrist. The trouble frequently originates with poorly fitted shoes or hosiery. Your shoes should never need "breaking in." They either feel perfectly comfortable in the store..or you don't want them. Sturdy shoes with supple uppers and flexible soles are usually best.

Trim your toe nails about once a week. Cut them straight across and not shorter than the flesh. An inflamed spot or small irritation on the toe should be cushioned in lamb's wool, absorbent cotton, or some other soft material.

Pains in the foot or legs should not be neglected, anymore than you would neglect a stomach ache. They may be danger signals of arthritis, neuritis, poor circulation, diabetes or even a break in one of the small bones of the feet.

*Be foot happy. You'll feel better all over.*

## SURGICAL SUPPLY HAS NEW HOME!



There are now two spanking brand-new rooms on the 4th floor of the Rand-Johnson Building for surgical supplies! And - because of these - gone is the congestion in the corridors where supplies used to be stored on shelves, for want of a better home. Barnes Marches On !!

These new rooms were built, along with a new operating room, in the area where the old amphitheater used to be located. The entire project of demolishing the old amphitheater and installing new floors and walls was done by personnel of Barnes Maintenance and Engineering Departments.

These new developments were a part of those made possible by a \$70,000.00 grant made by Mr. and Mrs. Spencer T. Olin. Mr. Olin is a member of the Barnes Hospital Board of Trustees.

Shown in the picture are some of Barnes' Nursing Department personnel busy in the performance of their regular assigned duties. They are, left to right: Marie Watson, Jennie French, Rosena McKee, and Margalyn Payne, all Barnes Nurse Assistants.



### WE, AS EMPLOYEES, ARE PART OF THIS!

A new giant has emerged in America's marketing complex. Powered by a health-conscious nation's ceaseless and expensive quest for the ultimate in medical care, the hospital industry is experiencing remarkable growth . . . and the demands of a new population boom may top anything yet encountered.

Interesting are the recent remarks of Thomas G. Murdough, president of American Hospital Supply Corporation, before several

groups of investment executives.

*\* Hospital assets of \$15.4 billion top the combined assets of America's auto manufacturing and airline industries, and annual growth is about \$1 billion.*

*\* One of every 47 employees in this country is on a hospital payroll, twice as many as in any manufacturing industry.*

*\* Hospital beds must be tripled by 1985 to meet the growing health needs of an expanding and changing population.*

## ANOTHER GROUP OF NURSE ASSISTANTS HAVE "EARNED WHILE THEY LEARNED" AT BARNES!



Shown above are nineteen recent graduates of the Barnes 8-weeks In-Service training program for Nurse Assistants. During the course of training, consisting both of formal classroom instruction (conducted by Mrs. Bertha Beckwith and other Assistant Directors of Nursing) and on-the-job training accomplished on nursing floors under the supervision of Head Nurses, they have received full pay. Upon graduation they were promoted to Junior Nurse Assistants with corresponding pay increases and assigned to various nursing divisions throughout the Medical Center. They have *Learned While They Earned* - continued progress at Barnes!

*They are, sitting, left to right:* Annie Foster, Shirley Johnson, Irma Darrough, Cleoratel Rodriquez, Jacqueline Jamerson, Margaret Boatman.

*Standing, left to right:* Dora Martin, Minnie Gatlin, Claudine Hines, Connie Sanders, Bernice Johnson, Martha Johnson, Mary Alice Walker, Estelle Cross, Cleo Morgan, Lillie Coleman, Wadie Gregory, Verna Dawson, Pearl Coker.

### 5 POINTERS ON SAFE EXPRESSWAY DRIVING



(1) **ENTERING EXPRESSWAY** - Attain expressway speeds on the acceleration lane. Merge when a gap appears. Through traffic has a responsibility to give entering motorists sufficient room to merge.

(2) **SPEED** - Maintain a speed consistent with other vehicles in your lane. Adjust your speed to weather, road and traffic

conditions.

(3) **SPACING** - Keep sufficient room between your car and the vehicle ahead so that you can stop in case of an emergency. In heavy traffic be extra alert to compensate for shortened stopping distances.

(4) **CHANGING LANES** - Always signal before changing lanes. Never change lanes unnecessarily.

(5) **LEAVING EXPRESSWAY** - Get into the proper lane well in advance of your exit. Use deceleration lane to reduce speed.

## ITS A FAMILY AFFAIR !

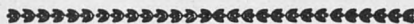


Barnes *must* be a good place to work! Just ask any of five members of the Crase family - all of whom are Barnes' employees! Mother, Father, two daughters, and a son. (Mrs. Calma, Mr. Lawrence, Aletta and Anitta - twin sisters - and Joe.)

Mrs. Crase is a cafeteria counter worker, Mr. Lawrence Crase is a Housekeeping Janitor, and the three children are Dispatch workers. And - that isn't all. Aletta recently was married, on January 13th to, you've guessed it, another Barnes employee - Ed Forster. Joe plans a May wedding to Laverne Lorange, Nurse Assistant.

And - maybe the Crase family will swell the Barnes ranks even a little further as time goes on! There is a son 14 years old at home yet, and a daughter of 9.

So many in one family can't be wrong! Barnes Marches On - A good place to work!



# WELCOME BACK !



*Darlene McLean* resumed her former position as Senior Nurse Assistant in Wohl on November 20; *Jannie Maxine Stanford* returned to her Dietary Aide duties on November 14; *Vernora Curry* is back again as Floor Technician as of November 20; *Sue E. Denny*, former O.R. Technician, is back again in Barnes as Floor Secretary effective November 27; *Delores*

*Houston* returned to her former duties of Nurse Assistant in McMillan on November 27; *Delores Swingler* is again with us as Junior Nurse Assistant starting December 6; *Edward Leiling* is back in his old job in Dispatch since December 11; *Elizabeth Morris*, R.N., returned to her part-time nursing duties in Barnes on December 11; *Linda Boldt* came back as part-time R.N. on December 18; *Caroline Schall* is again a part-time Secretary in Barnes Laboratories since December 26; *George Bain*, Laboratory Technician, resumed his duties on a part-time basis on December 24; *Carolyn Moyer*, former Patient Transporter, is again back in Dispatch as Escort Messenger, having returned on January 3; *Lawrence Washington*, former Porter in Dietary, is

(Continued on Page 10)



### COMPLETES 20 YEARS SERVICE WITH BARNES

To Mrs. Jessie Barton, Supervisor, Sewing Room, Barnes Hospitals Group, the 26th of February had a special meaning this year. It marked her 20th year of employment with the Barnes Hospitals Group, all of which has been in the same department. Born in Quincy, Illinois, Mrs. Barton has spent her entire life in St. Louis. In 1942 she began with Barnes as a seamstress in the Sewing Room. In 1951 she was promoted to Assistant Supervisor and then in July of 1955 to Supervisor, where she remained until the Sewing Room recently was merged with the Laundry Department under the general guidance of Mr. Julius Krasner.

The growth of the hospitals group has meant a proportionate growth in the work load of the Sewing Room. All of the sewing for the Medical Center, including the manufacture of new garments and needed linens as well as the required repair and renovation of others, is done here. The beautiful drapes seen over the Hospitals Group are also made here. Mrs. Barton likes her job with Barnes immensely and says she hasn't given retirement a thought. As hobbies she enjoys classical music, flowers, hiking and athletics. She has one daughter, one son and six grandchildren. This family, together with her job with Barnes, makes her life a full and happy one.

### IT'S NEVER TOO LATE

It is not too late to make New Year resolutions. If you forgot to make yours on the first of the year, start compiling them now, and then do your resolving on any of the following New Year's days: Chinese, February 18; Persian, March 21; Siamese, April 1; Mohammedan, April 26; Alexandrine, August 29.



# Putting it Nicely

## TELEPHONE SCOREBOARD

Are we really *first string* or strictly *benchwarmers* when it comes to telephone technique? Here's a chance to find out.

**HOW TO SCORE:** If you score a *Field Goal*, put an *FG* in the scoring box. If your answer is *most of the time*, put *FT* for *Free Throw* in the scoring box. If your answer is *seldom*, put *TF* for *Technical Foul*.

### ON EVERY CALL DO I:

- Answer before the second ring?
- Identify myself and my department?
- Greet the caller pleasantly?
- Relax and be myself?
- Speak directly into the mouthpiece?
- Use Polite phrases?
- When answering for another emphasize his name and mine?
- Have paper and pencil ready?
- Offer to take a message when answering for others?
- Handle the call if I can?
- Arrange to have someone answer my phone calls when I'm away?
- Leave word where I'm going or can be reached?

**HOW TO RATE YOURSELF:** Each Field Goal rates 6, a Free Throw counts for 4. Give yourself 2 points for a Technical Foul.

**WHAT'S YOUR SCORE?** Over 70, First String; 60-70 Second String; 50-60 Third String.

*Anybody a benchwarmer?*



## EVERYBODY OUT FOR A HOBBY

(But don't overdo it)

Well, Old Dad is off and running in the Great American Hobby Horse Stakes. It's the thing to do, nowadays - - relax, get a hobby, exercise, really enjoy life. Good for your disposition, etc. Or so they say.

So, typically, Old Dad is swinging for the fences; maybe his job keeps him at a desk, or spinning valves but now, off the job, he's building rock gardens, water skiing, digging wells, shooting 36 holes of golf and no matter if it's 105 in the shade.

Next step: sprains, charley horses, sore backs, sunburns, heat prostration, maybe even a few broken bones.

What it boils down to, say the experts, is that exercise and hobbies are fine, of course, but they should balance with our physical capabilities, our age, our temperament, even with our job. If we work at hard physical labor, we shouldn't make an off-job habit of sawing logs, laying concrete, or mountain climbing. (These activities can be even harder on you if you have a sedentary job.)

Actually, there's a lot to this idea of *tailoring* hobbies and leisure activities to add necessary balance and contrast to life. For some *for instances*, consider the following if you:

**WORK BY YOURSELF ALL DAY,** YOUR best bet for recreation could be folk dancing, choral singing, spectator sports, reasonable competitive sports or team participation, or helping coach a Little League-type team.

**WORK WITH A GROUP,** try hunting, fishing, target shooting, reading, listening to music.

**HAVE A VERY ACTIVE JOB,** consider horseshoes, arts and crafts, model building, weaving, or collecting.

**ARE UNDER CONSTANT SUPERVISION,** creative arts could be for you, or sketching and painting, sailing, gardening, travel, or handball.

**HAVE A JOB WITH PARTICULARLY HIGH RESPONSIBILITY,** investigate golf and tennis, TV watching, wood working, even equare dancing.

- - -Courtesy, "The Standard Oiler"

## SOME RECENT BARNES PROMOTIONS

*Congratulations to - - -*

*Suzanne Harrison, Jeanne Reed, and Diane Dunn, R.N.'s, promoted to Head Nurse; Malvaline Davis, R.N., recently promoted to Senior Staff Nurse; Karen Hardy, Donna Mapes, Lynda Eager, Marialyce Mangus, R.N.'s, upon their promotion to Assistant Head Nurse; Lois Mosley, Pearl Johnson, Hattie Allen, Lucy Jane Killings, Edith Perry, Dorothy E. Roby, Ruby Lee Lane, Marie Adviento, Mozell Jones, Wilma Taylor, Norman Young, Margaret Ann Hauptman, Elizabeth Smith Jackson, Willie Bell Wilkins, Wadie B. Gregory, Cleoratel Rodriguez, Estella Cross, Verna Dawson, Dora Martin, Margaret Sims, Pearl Coker, Shirley Johnson, Claudine Hines, Annie Mae Foster, and Irma Jean Darrough, all of whom have been promoted to Junior Nurse Assistant; Rose Chambers, Oneida Phillips, Nelda Maddox, Gwendolyn Graham, Dimple Ward, Ernestine Jones, Sweetie Nichols, Virginia Jaco, Eunice Henry, Ethel Diekamp, Exzenne Adams, Kathrynn Finn, Lillie Mae Newman, Doris Graves, Virginia Mays, Nell Rose Williams, Margalyn Payne, Minnie Hayes, and Ernestine Fields, all promoted to Nurse Assistant; Irma Phillips, Louise Swait, Betty Robinson, Wilbur Lee Faison, Shirley Carter, and Richard Epps, who were recently promoted to Senior Nurse Assistant; Shirley Burke, Thelma Stocking, Vetta Hawkins, Ruth Powell, Ira Smith, Mamie Rogers, Frankie Mitchell, Martha Williams, all having been promoted to Operating Room Technician; Grace Easley, Mary Jolly, Leisle Turk, Adrienne Haller, Carol Schultz, and Charlotte Payne, all being promoted to Ward Clerk; Georgia Greer, Betty Jones, Mattie Watts, and Letha Long, all promoted to Floor Technician; Luther Quincy, Luis Seiten, and Laurence Rambo, who have been promoted to Orderly; Carol Rose Graff, John Mangosing, and Liwayway Tolentino, who were promoted to ASCP Technician in Barnes Laboratories; Rosemary England, promoted to Coding Clerk in Barnes Medical Records; Garie Gibson, upon promotion to Technician in the Barnes Laboratories; George Barrow, promoted to General Maintenance Man; Eunice Bartels, upon her promotion to Clerk-Typist in Barnes School of Nursing; Cynthia Voelke, recently promoted to Interviewer in Barnes Personnel Office; Orville Lambert, upon his promotion to Assistant Printer; Curt Bennett, who was promoted to Security Clock Watchman; Billy Rogers and Arthur Worley, upon their promotion to Security Watchman; Nancy Caverly, promoted to Senior Occupational Therapist; and Sue Saling, R.N., upon her recent promotion to Assistant Supervisor.*



## UP THE LADDER? IT HAPPENS AT BARNES!



Chances for qualified people to "move up the ladder" at work as opportunities open up! ! The Barnes and Allied Hospitals Group has provided these chances for more than 10 of the young people employed in the Dispatch Department.

The latest? She's Mrs. C. "Corky" Moore, now a Technician in the Central Diagnostic Laboratories. As early as June of 1960, Corky joined the employees of the Barnes Drug Store as a Fountain Attendant. After making good at that work, she was transferred to the Dispatch Department where her good performance was instrumental in her being assigned Escort duty, then as Telephone Operator, and Mail Clerk. She had spent one year in Dispatch when an opening developed in the Laboratories for a Technician. Among other things, this required a basic ability to learn, and a sense of demonstrated reliability at work. She was recommended for the new work and started on it.

In her new job, Corky has been trained to "float" - fill in on the work of various laboratory work sections where needed. In a period of a few months, she has learned to do BMRs and ECGs, to draw blood specimens, and to help in the Blood Donor Room. She has shown ability to do clerical work in the General Laboratories Office as

## Chaplain's Corner

by

George Bowles



Because of two birthdays that are celebrated during the month of February, we are reminded of two great events in the history of our American nation. As we turn back to remember the birth of "The Father of Our Country" we are able to find a new appreciation for the sacrificial contributions that were made by a person who believed in a future that others could build. As we think of "The Great Emancipator" we realize that he represented one of the many phases through which a country must pass on the road to maturity and freedom. We find ourselves believing in a new way, in a future that was little more than a dream of our forefathers. We know that maturity and freedom can come in proportion to the degree in which people long for it and work toward it.

One of the great blessings of our type of society and government comes in the fact that we can think of greatness without being disturbed by political labels. We have certain divisions which give us labels that become very meaningful, but when they dull our appreciation for persons because of such, we are lacking in something that we need very much. In our great American heritage we have so many patriots who were far too big for any single classification. One of the reasons for this is found in the fact that we started our first acquaintance with them when we were so very young; before we knew that certain designations could produce unhappy prejudices. Imagine trying to tell a little child that George Washington and Abraham Lincoln were not good men, and should be forgotten, because they did not belong to the party of his parents! It is after we reach adulthood that we build the fences that keep us from seeing over.

well as the Clinical Microscopy Section.

Does she like her new work? You can be sure of it! And, the Laboratories like her. Up the ladder? There's chance for it in the Barnes Group - - for the qualified person ! ! ! Dispatch people know this! Corky has joined the growing number!

**WELCOME BACK** (*Cont'd. from Page 6*)

again with us as Orderly in Renard since January 4; *Ronald Adair* is again in Dispatch starting January 2; *Mikel Kelly*, R.N., is again in Clinics on a part-time basis since December 26; *Sandra Balling*, R.N. resumed her part-time nursing duties in Maternity on January 13; *Shirley Graham* returned to her part-time nursing duties in Renard on January 14; *Clara Stephens*, former McMillan Ward Clerk, came back on January 22 in the same capacity in Clinics; *Elizabeth Genke*, R.N., is again with us in Renard on a part-time basis since December 5; *Charlotte Allen* is back in Renard as a Junior Nurse Assistant since December 5; *Elizabeth Smith* resumed her former duties of Junior Nurse Assistant in Barnes on January 31; *Mary Tucker*, formerly a part-time Dietary Aide, returned on February 7 as Floor Secretary in Barnes; *Marva Woodson* is again with us as Junior Nurse Assistant since February 7. *Welcome Back!*

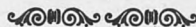
**BARNES TRUSTEE** (*Cont'd. from Page 1*)

the National Association of Manufacturers. He is also a member of the Chicago Board of Trade and the University of Wisconsin Foundation.

He attended the University of Wisconsin and was head of the agronomy and soils department at Arkansas State Teachers College before joining Ralston Purina as a salesman in 1926.

In 1943, Mr. Rowland was appointed Ralston Purina's vice president in charge of production, engineering and traffic and in 1950 was also given responsibility for the company's research operations. Since 1956 he has served as president.

He lives at 22 Algonquin Lane, Webster Groves, Missouri.



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