

Miss Bryant

HOSPITAL RECORD



BARNES HOSPITAL ST. LOUIS, MISSOURI

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IT'S ONLY AN ACT--but realism was carried to the nth degree in a disaster drill recently initiated by Civil Defense. Above, Miss Ann J. Campbell, Director of Nursing Service and Nursing Education, and Dr. Zoltan Lucas, Assistant Resident in Surgery, aid a patient with a simulated hand injury. (Additional pictures on Page 9).

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BARNES HOSPITAL

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DR. CORDONNIER SUFFERS HEART ATTACK

Dr. Justin J. Cordonnier, Chief in Urology at Barnes and Affiliated Hospitals, suffered a heart attack in Guadalajara, Mexico, the second week in November. He is presently a patient at the Mexican-American Hospital in Guadalajara. Upon learning of Dr. Cordonnier's condition, Dr. Edward Massie, Assistant Physician on the Barnes staff, flew from St. Louis to Mexico to attend him.

Dr. Cordonnier, accompanied by his wife, left St. Louis November 9 to address the Mexican Urology Association at Guadalajara. He is 54 years old.

DIABETES DETECTION DRIVE NOW OPEN

The 12th Annual Diabetes Detection Drive officially opened November 16 and will continue through December 15. During this period a free diabetes test kit can be obtained free of charge by calling the St. Louis Diabetes Association, Jefferson 5-8500. The test is simple, self-administered, and can be done in the privacy of one's home.

Diabetes is a chronic condition which develops when the body can't use some of the food eaten, especially sugar and starches. In the United States it is estimated that more than two million persons are diabetic and probably half of that number are unaware they have

diabetes. Diabetes can be fatal unless properly treated - it ranked 7th in St. Louis last year as a cause of death.

Anyone can develop diabetes at any age, but those most likely to get it are persons who are overweight (8 out of 100 diabetics are overweight); persons past 40; and persons who have, or have had, blood relatives with diabetes. After age 40 the chances for a woman to become diabetic are about one-third higher than for a man.

The most usual symptoms of diabetes are: increase in thirst, constant hunger, frequent urination, loss of weight, intense itching, easy tiring, pain in fingers and toes, and slow healing of cuts and bruises. However, diabetes is frequently present without any symptoms at all.

Diabetes can be controlled by diet, exercise and, when necessary, by insulin. In some older and milder diabetics, recently developed oral tablets seem to be effective in reducing blood sugar levels. However, neither insulin nor tablets eliminate the need for dietary restrictions.

Properly treated, a diabetic can expect to live just about as long as anyone else and as usefully and happily. But when overlooked or neglected, diabetes can lead to the development of complications, the most serious of which are heart disease, failing eyesight, hardening of the arteries, kidney disorders, gangrene, cerebral hemorrhage or diabetic coma. Successful control calls for a close working relationship between the patient and his physician, and the best defense against diabetes is early discovery.

It is great satisfaction to know you do not have diabetes, but it is life-saving to know you have it if you do. Why not call the St. Louis Diabetes Association today?



Checking the registration list at the First Annual Meeting of the Hospital Personnel Management Association, held November 2-3 in Kansas City, are (left to right): W. I. Christopher, Director, Hospital Personnel Services of the Catholic Hospital Association; Alfred Fleishman, President, Fleishman-Hillard, Inc.; C. C. Dade, Personnel Director, Barnes Hospital; and Vito F. Tamboli, Personnel Director, St. Mary's Hospital, Kansas City.

Mr. Christopher and Mr. Fleishman were featured speakers during the second day of the annual meeting; Mr. Tamboli is chairman of the association's Program Committee. Mr. Dade, who is president of the association for the year 1959-60, was voted a Life Membership in the organization for his promotional efforts which secured representation in 41 states and 4 Canadian provinces within four months.

PROFESSIONAL BLOOD DONORS NEEDED

Barnes Hospital has one of the few independent blood banks in this area, and there is sometimes difficulty in immediately obtaining a specific type of blood. In order to have all types readily available, it is helpful to have selected employees who can be called upon in times of emergency for their particu-

lar type of blood. Employees are naturally paid a professional donor fee for the unit of blood thus obtained.

Employees interested in getting their names on the donor list may report to Personnel Health so that a blood sample can be obtained for typing. If you are planning to continue your present employment, why not consider becoming a professional donor for the hospital?

Anniversaries

Madge Geringer celebrated her twentieth anniversary at Barnes November 26--if the name doesn't ring a bell immediately it's because Mrs. Geringer has been known as Miss Spudich for 19 years and 9 months of her employment. Her marriage last August to Mr. Edward Geringer of Vienna, Austria consummated while she was on vacation in Toronto, Canada, was reported in the September Grapevine. Mr. Geringer is still working in Toronto, but plans to relocate in St. Louis in the near future. Born in Benld, Illinois, Mrs. Geringer was the seventh of nine children. Her mother and a brother still live in Illinois; she has one sister living in St. Louis and the remaining children are scattered throughout the United States. She likes to travel (her most memorable trip was to Toronto!), and has an extensive record collection since she likes music of all types. Mrs. Geringer is an excellent example of the promotional opportunities available to hospital employees who respect the dignity of work and prepare themselves for promotion. Beginning her employment as a Nurse Aide, she progressed through jobs in Nursing, Admitting, Credit, Cashiers, Accounting, and for the past several years has been in charge of the Accounts Payable Office.

15 YEARS

Nellie Graham Watts completed 15 years in the Barnes Hospital Laundry on November 13, during which time she worked as a swinger, flatwork folder, and puller. Mrs. Watts was born in Rochelle, Georgia, and came to St. Louis as a child. She did not begin working until many years after her marriage, but did work at the old Rice Hotel, since demolished, before beginning her employment here. Nellie enjoys reading and sewing when she has time to spare, but her chronically ill husband keeps her pretty busy at home. Their only daughter, Myrtle, is married

and lives in Chicago. Mrs. Watts is a member of the Jerusalem Baptist Church on Ridge Avenue. She says she likes her job very much, and her co-workers agree that Nellie is one of the most cheerful persons you could ever hope to meet.

10 YEARS

Bessie Haun, Night Kitchen Manager, marked her 10th consecutive anniversary November 9th. She previously worked at Barnes from 1944 to 1947, but resigned because of her husband's illness. Mrs. Haun was born in Herrick, Illinois, and, with the exception of a sister in St. Louis, her family still resides there. Mr. and Mrs. Haun also own a home in Herrick - they spend as much time there as possible, particularly since one of Bessie's chief interests is the rose garden she is developing. Mrs. Haun is a member of the Ladies Auxiliary of the Brotherhood of Railroad Trainmen, and recently received her 20-year membership pin. She is understandably proud of her three children and three grandchildren.

5 YEARS

Those who completed 5 years of continuous employment in November, and their anniversary dates, are: Dora Branch, Nurse Aide, November 11; Dorothy Darnell, R. N., Relief Nurse, November 13; Ida Jewell Morris, Senior Nurse Assistant, November 26; Florence Poole, Junior Housekeeping Aide, November 29; and Delores J. Travis, Senior Nurse Assistant in Maternity, November 8.

MONTCLAIR VALET SHOP OFFERS DISCOUNT TO STUDENT NURSES AND HOUSE OFFICERS

Effective November 12, the Montclair Valet Shop inaugurated a policy of a flat 20% discount to all students in the Barnes Hospital School of Nursing and members of the Barnes Hospital House Staff.

CHAPLAIN'S CORNER

by

George Bowles



There are times when we find it easy to respond to high ideals and great traditions. In the month of November we are reminded that we have, as American people a challenging form of idealism in a traditional day that we know as THANKSGIVING. In fact, the whole month seems to give us a renewal of the spirit of gratitude. It is possible to realize a new sense of values in the daily relationships to our fellowmen, if we so desire. This is all dependent upon the attitude we want to take.

The great day that we observe on the last Thursday in November did not come to us by accident, but as the result of extreme devotion and broad understanding of our sturdy forefathers. The day came from an environment in which life was very meager. The first observance was not in a day of abundance and plenty, in so far as things were concerned. The treasure was in the form of faith in a single day at a time, and in the future that we have been privileged to know and use.

Because of the great number of rich traditions that are ours as American citizens, we should give some time to an evaluation of each one as they come up on the calendar for observance. There is the danger of becoming rather smug about many of these. Let us hope that we do not look upon THANKSGIVING as a time when we think of our own national concerns only. We are now world citizens in ways that could never have been imagined by the early Pilgrims. The inventiveness of



THELMA R. POYNOR, Nurse Assistant, resumed her former duties in Renard October 26.....SANDRA DIGAR, Nurse Assistant who resigned in April to become a mother, returned October 27..... RUTH ALICE EASTON accepted a position in Medical Records November 2. She formerly worked part-time in Dietary..... DELORES WILLIAMS, Nurse Assistant who resigned in August before the birth of her third child, returned October 26.....CAROL L. MALLER resumed her former duties in the Blood Bank on November 2.....MARY ETHEL MAY, R. N., who will be remembered as Mary Jennings, returned to the nursing staff October 29..... Laverne McClane resumed her former duties in the Barnes Cashier's Office October 18.....DELORES MOORE, Nurse Assistant, and BARBARA SHAW, Nurse Aide, both returned November 4..... MARIE BRANDON, R. N., came back on staff November 6.....JUDY HATRIDGE resumed her Floor Secretarial duties November 9.....LILLIAN BLACKMON, LPN, returned to Barnes November 11..... MARGIE JARMON, who resigned from the Medical Records Department in October, resumed her former duties November 16.

Welcome Back!

man has made the ocean of the Mayflower a body of water to be covered in less than seven hours. A lot has happened since 1620, and the proclamation three years later, but the need of an expression of gratitude is the same. We want it for a great world.

THE ROAD TO GOSSIP TOWN



Have you ever heard of Gossip Town,
On the shore of Falsehood Bay,
Where old Dame Rumor, with rustling gown,
Is going the livelong day?

It isn't far to Gossip Town,
For people who want to go.
The idleness train will take you down,
In just an hour or so.

The Thoughtless road is a popular route,
And most folks start that way.
But it's steep down grade; if you don't
look out,
You'll land in Falsehood Bay.

You glide through the valley of Vicious
Folk,
And into the tunnel of Hate,
Then crossing the Add-To bridge, you
walk
Right into the city gate.

The principal street is called They-Say
And I've Heard is the public well,
And the breezes that blow from False-
hood Bzy
Are laden with Don't-You-Tell.

In the midst of the town is Tell-tale
Park----
You're never quite safe while there
For its owner is Madam Suspicious Remark,
Who lives on the street Don't Care.

Just back of the park is Slander's Row
'Twas there that Good Name died,
Pierced by a dart from Jealousy's bow,
In the hands of Envious Pride.

From Gossip Town peace long since fled,
But trouble, grief and woe,
And sorrow and care you'll meet instead
If ever you chance to go.

Wedding bells rang for BARBARA GORDON, Recreation, and Mr. Elmer Medley on October 31 at the Holy Cross Lutheran Church in Collinsville. Mr. Medley is presently a student at Concordia Seminary in Springfield, Illinois.....JUDY HAYS, Nursing, and Mr. John C. Steward repeated their nuptial vows October 30 at the General Baptist Church in Campbell, Missouri.....On October 24 JUDITH ANNE DUNARON, Medical Records, and Mr. Victor M. Havlin were married in St. Clair, Illinois.....GALE GAMBILL, Laboratories, and JOSEPH E. THROWER, Parking Lot Guard, were married October 24 in a private ceremony in St. Clair County..... Pearl of the Month: "Nagging is the constant reiteration of the unhappy truth".....MORRIS STOUGH narrowly escaped drowning November 16 while going hunting on the first day of deer season. At four o'clock that morning, Morris and two other men were in a boat going up the Mississippi River to a deer run when the boat capsized. Burdened with clothing (including two pairs of trousers, three shirts, and a hunting jacket), Morris was able to swim to shore. The other men, able to keep afloat but unable to reach shore, were picked up two miles downstream by a tugboat crew. Morris, we are happy you are still with us!.....Dr. F. R. Bradley, Director of Barnes and Affiliated Hospitals, attended the Association of American Medical Colleges' Convention in Chicago October 30-31..... Dr. C. O. Vermillion, Associate Director, spent the week of November 16-20 in Endicott, New York, making a presentation for IBM at a meeting of hospital administrators.....A seminar for 9th District



A drag-line goes into operation as excavation begins for the multi-level parking garage to be built on the southwest corner of Euclid and Audubon Avenues. In the foreground of the picture below, taken one week and hundreds of tons of dirt later as the drag-line moves nearer Audubon Avenue, is the ramp on which cars will descend from Euclid Avenue to the first parking level in the completed garage.





MRS. DORIS COOK

Mrs. Doris Cook has been promoted to Assistant Administrative Dietitian, replacing Miss Marian Caddy. Mrs. Cook is a graduate of the University of Illinois, and served her Internship in Dietetics at Barnes Hospital. After completing her internship she came on staff for a short time before her resignation and marriage to David F. Cook, famous St. Louis athlete who will be remembered as All-American football player for the University of Illinois and whose Big Ten Champion shot-put record still stands. Mr. Cook died in 1949.

Mrs. Cook has two sons, Jimmy 16 years old, and Bruce, 13. Bruce attends Nottingham. Jimmy seems to be following in his father's footsteps - last year he won the St. Louis Junior Shot-put Championship for Southwest.

During the years of her marriage, Mrs. Cook was active in many St. Louis clubs and civic organizations. She was Area Chairman four years for the Polio Foundation, served as Women's City Chairman on the Blue Ribbon Slate for the Board of Education, was active in the Monday Civic Club, and served as president of the Parent-Teachers Association at both Nottingham and Southwest schools. She is presently Farm Recommendation Chairman and Farm Alumni Chairman for her sorority, Delta Delta Delta.

NEW SCHWARZ AUDITORIUM DEDICATED

The new Schwarz Auditorium in Maternity Hospital was dedicated in a formal ceremony November 22. Portraits of the late Drs. Henry and Otto H. Schwarz, in whose honor the auditorium is named, were unveiled.

Members of the Department of Obstetrics and Gynecology have donated a bronze name plate and a bronze plaque commemorating the Schwarzes for "their untiring efforts and devotion to medical education and research." Dr. Henry Schwarz was the first professor of obstetrics at the Washington University School of Medicine, serving from 1899 until 1921. Although professor emeritus, he was acting head of the Department of Obstetrics from 1921 to 1927, and a member of the staff until his death in 1935. His son, Dr. Otto H. Schwarz, was the second professor of obstetrics, and was a staff member until his death in 1950.

Dr. John E. Hobbs, Associate Obstetrician and Gynecologist, gave the dedication introduction. Biographical sketches of Drs. Henry and Otto Schwarz were given by Dr. Otto S. Krebs and Dr. Richard Paddock both of whom are Assistant Physicians in the Department of Obstetrics and Gynecology.

Dr. Willard M. Allen, Obstetrician and Gynecologist-in-Chief, dedicated the auditorium to the use of Washington University. Accepting for the University was Dr. Edward Dempsey, Dean of the Washington University School of Medicine. The program was concluded with a prayer by the Reverend George A. Bowles, Chaplain of Barnes Hospital.

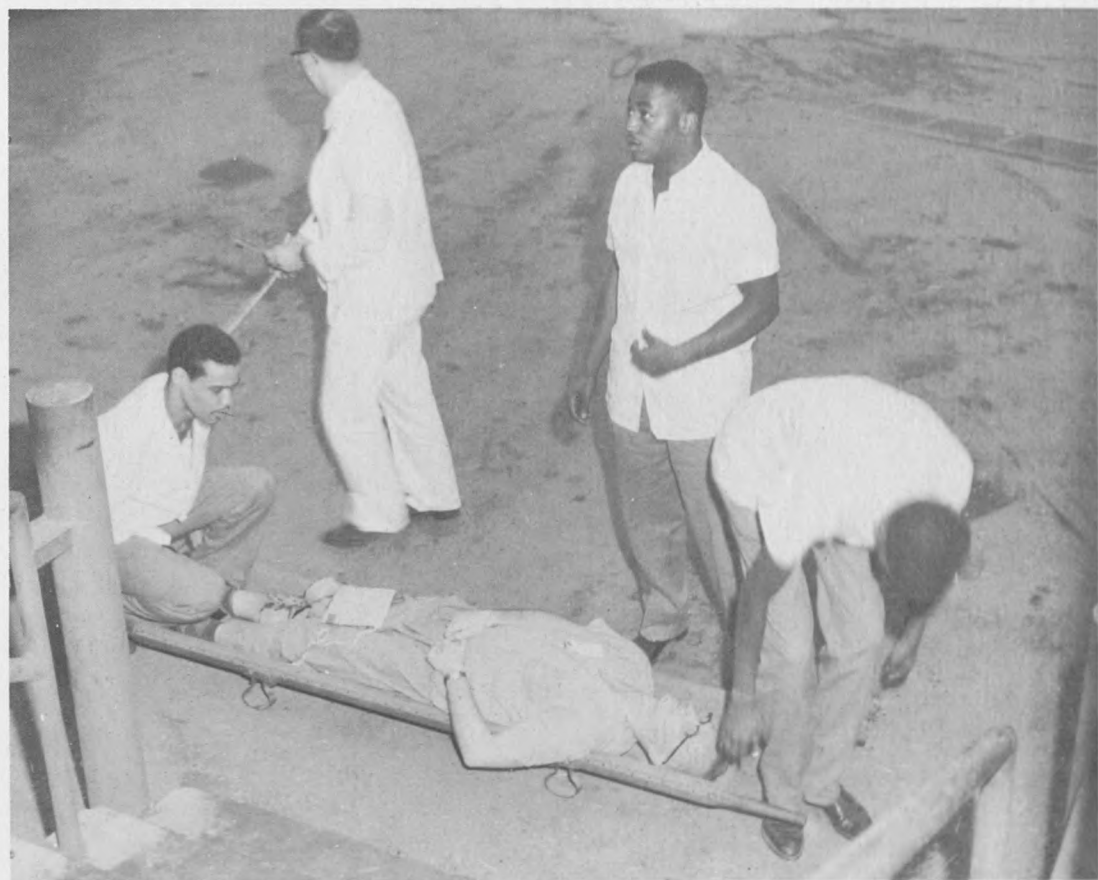
In 1958 Mrs. Cook decided to resume her profession. She returned to Barnes and worked as therapeutic dietitian on various medical and surgical wards before being promoted to her present position.

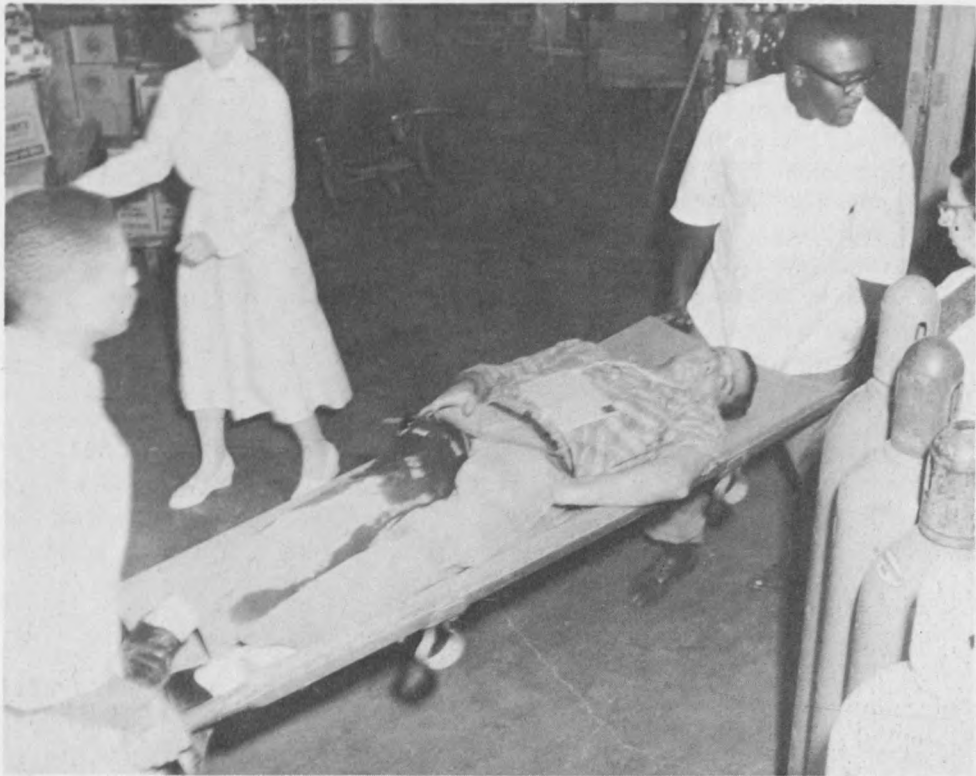
CIVIL DEFENSE STAGES GORY DISASTER DRILL

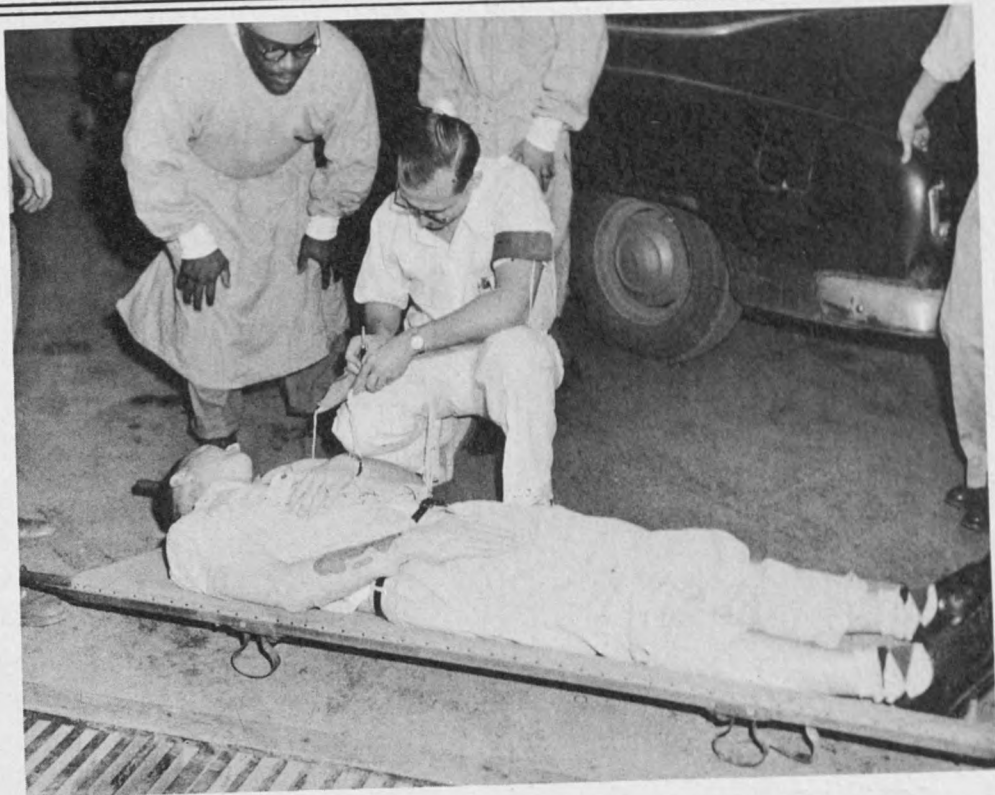
On a recent gloomy afternoon patients suddenly began arriving at the loading dock with simulated injuries which might occur should a bus loaded with passengers crash and burn. The Barnes Hospital In-Take Plan was put into operation immediately. Casualties ranged from a pretty amnesia victim who wandered around asking questions to a leg amputee with a realistic bleeding stump. In between were casualties with severe burns, one abdominal evisceration, and severed arteries which spurted red with such vigor that by-standers either got out of the way or received a shower.

When the loading dock finally lost its resemblance to a front-line battleground and observers, a little limp, left the scene, proof of realism was offered by persons who kept repeating as they surveyed the bloody aftermath: "You mean it wasn't really real?"

These pictures reveal how earnestly patients and staff entered into the spirit of the drill, realizing that this practice might save lives next month - or next week - or perhaps today.







THE GRAPEVINE (Continued from Page 6)

Illinois Hospitals was held at Barnes November 19. Participants in the program included Dr. F. R. Bradley, Director; Mr. H. E. Panhorst, Associate Director; Dr. Carl Moyer, Surgeon-in-Chief; and Miss Ann J. Campbell, Director of Nursing Service and Nursing Education. Featured speakers were Ross M. Trump, Dean of the Washington University School of Business; Dr. David Littauer, Executive Director at Jewish Hospital, St. Louis; Earnest S. Brandenburg, Dean of University College; Charles Berry, Director of the St. Louis University Department of Hospital Administration; and Dr. F. R. Bradley, Director of Barnes and Affiliated Hospitals. Sponsored by the Washington University and St. Louis University Courses in Hospital Administration, the seminar was well received by representatives attending from 18 hospitals in this area.

**BARNES HOSPITAL STUDENT NURSES
WILL PROVIDE CHRISTMAS PROGRAMS**

The annual Christmas Program in Barnes Lobby, followed by caroling through the Medical Center, will be conducted by the Student Nurses at 6:30 p.m., Wednesday, December 16.

The Barnes Student Nurse Choir will sing with the St. Louis Symphony Orchestra at a Pop Concert on Sunday afternoon, December 20th, at 3:00 p.m. in Kiel Auditorium. There will be approximately one hundred twenty-five students in the choral group under the direction of Mr. Arlo Deibler.

A REMINDER — Never be impatient with an impatient patient. Spread kindness and laughter — today. Tomorrow may be too late.

**BARNES HOSPITAL
600 South Kingshighway
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