

HOSPITAL RECORD



BARNES HOSPITAL ST. LOUIS, MISSOURI

VOLUME 14, NUMBER 9

OCTOBER, 1960



In a quiet, unpretentious ceremony last month in Dr. Bradley's Office, the two members of the Barnes Hospital Auxiliary shown above received the American Hospital Association's blue and silver service pin in recognition of one thousand hours volunteer service to the hospital. Mrs. G. Fred Driemeyer (right), Auxiliary President, and Mrs. Herman Brandenburger, Auxiliary Chairman of Volunteer Services, thus joined the ranks of an exclusive group of women in our new and growing auxiliary who are privileged to wear the beautiful pins.

Other ladies who have similarly been honored are Mrs. John Gruber, Area Chairman, Renard Hospital; Mrs. Douglas Williams, past-president of the Washington University Clinics Auxiliary; and Mrs. Edwin M. Clark, also a past-president of the Clinics Auxiliary.

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Published in the interest of

BARNES HOSPITAL

600 SOUTH KINGSHIGHWAY

ST. LOUIS 10, MISSOURI

NEMESIS OF EVERY HOSPITAL EMPLOYEE--THE COMMON COLD

If you have a runny nose and are sneezing and coughing, you aren't alone in your misery. You probably have a common cold--the most common of all human illnesses. Almost everybody catches at least one cold a year and many of us have two or three. Fortunately, however, hospital employees usually have their colds early and get over them before patients begin arriving with cold complications.

As a rule a simple cold is not too serious a problem--it usually lasts from two to seven days--but it can lower your resistance to a point where serious complications can develop. Sinusitis, middle ear infections, bronchitis, or pneumonia may follow a cold. Some of the symptoms which may mean complications, or that you have wrongly diagnosed your illness, are: a fever that lasts more than two or three days, a severe headache, achiness, chest pains, hard coughing spells, and rusty-looking sputum. If any of these symptoms develop you need a doctor.

From time immemorial people have tried one cold remedy after another--they have "fed a cold", "starved a cold"; gone on a "fruit juice diet" and experimented with every advertised drug. There is still no known cure for the common cold but there are medicines which will make you more comfortable. Medicines, including antihistamines and nose drops, should be taken only

under a doctor's direction. Colds are not all alike and unless a medicine is the right one for your condition, and properly used, it is better not to try it.

Because colds are catching, it is impossible to escape them entirely. You may, however have fewer colds and avoid spreadable to escape them entirely. You may, however, have fewer colds and avoid spreading them to others if you -

whenever possible, avoid people with colds - keep a distance from persons who cough or sneeze without covering their nose and mouth.

wear suitable clothing adapted to weather changes and avoid chilling or overheating.

wash your hands often, especially before eating.

don't use a drinking glass or towel that has been used by someone else.

keep your general health as good as possible; eat well-balanced meals; get plenty of rest; avoid fatigue.

nip a cold in the bud by going to bed immediately - you will be more comfortable and you will minimize the possibility of developing complications or spreading your cold to others.

use paper tissues for wiping your nose and for covering coughs and sneezes and drop them in a paper bag after each use so they needn't be touched again.

blow your nose gently in order that you won't force infection into your sinuses and the canals that lead to your ears.





Nurse Assistants who completed the In-Service Training Program during October are shown above in their classroom on the 9th floor of the Rand-Johnson Building. The fifteen are Louis Evans, Luella Evans, Maggie Garrett, Gwendolyn Graham, Madlyn Hawkins, Minnie Hayes, Ruby Hensen, Joyce Hughes, Eunice Martin, Willie Jean Moore, Lillie Mae Newman, Vickie Potest, Bernice Rhone, Elizabeth Smith, and Ernestine Wright.

ALL NEW EMPLOYEES REQUIRED TO HAVE HEALTH INTERVIEWS

Beginning October 13, all applicants considered for employment in the medical center are being screened by personnel health physicians as a final prerequisite to their coming on staff. New employees have heretofore had chest survey films and physical examinations scheduled after beginning their employment, with the exception of the Dietary Department where employees must have several laboratory determinations made before coming on staff to handle food.

Prior to having a job interview with the appropriate department head, applicants now complete a "Health Record" form in the Personnel Office which later becomes the basis of the health interview. If the applicant is tentatively hired by the department head, the Personnel Office makes an appointment with Personnel Health for the health interview, usually for the following day. The physi-

cians in Personnel Health call the department head to discuss any applicant who as an employee might become a health liability.

LOYALTY

IF — you work for a man, in heaven's name WORK FOR HIM: speak of him and stand by the Institution he represents.

REMEMBER — an ounce of LOYALTY is worth a pound of cleverness.

IF — you must growl, condemn, and eternally find fault, resign your position and when you are on the outside, damn to your heart's content — but AS LONG AS YOU ARE A PART OF THE INSTITUTION DO NOT CONDEMN IT, if you do, the first high wind that comes along will blow you away, and probably you will never know why.

— Elbert Hubbard

THE GRAPEVINE

Our sympathy to the family of AUGUSTA L. STRAUSSNER, who died September 28. Mrs. Straussner worked in the Linen Room for almost fourteen years before her retirement in 1951. She continued to carry her Metropolitan Life Insurance through the Barnes Hospital group, under the clause which allows faithful employees to continue in the group upon retirement. Proceeds of the Metropolitan policy have been paid to Mrs. Straussner's daughter and beneficiary, Mrs. Evelyn Kirkpatrick BETTY J. KING, Nursing, became the bride of Mr. Howard Hibbler on August 29. The ceremony was performed in the Friendship Baptist Church in East St. Louis by the Reverend L. Phinnessee IRENE HAMILTON, Nursing, and Mr. Theodore W. Jones were married September 13. The couple repeated their nuptial vows in the home of their pastor MISS ROSALEE YATES and Mr. Wesley Bibro were married in a formal ceremony at the St. Louis Cathedral on September 17. The bride is continuing her position as nurse on 6200; the groom is a student at the St. Louis College of Pharmacy DELORES SIMMONS, dietary, and Mr. Arthur Sanders were married September 18 at 2:00 p.m. at a large wedding in the Metropolitan Zion Church on North Garrison Avenue PATRICIA DAVIS, Nursing, and Mr. Edgar Roberts repeated their nuptial vows at St. Matthew's Church; Father Zinnerman officiated CAROL J. BRADLEY, Personnel, and ANNETTE BRADY, Surgical Pathology, were both married on September 24. Miss Bradley is now Mrs. John J. DeFrancesco, and Miss Brady is now Mrs. Arbor L. Colbert JUANITA MAHONE, Dietary, became the bride of Mr. David Thomas on June 30 KAREN HUDSON, Nursing, and Mr. Malvin Hubbard repeated their nuptial vows September 3 at 8:00 p.m. in the Morning Star Baptist Church; the ceremony was followed by a reception in the dining room of the church DOROTHY M. MCGREGOR, Chief

Technologist in the Bacteriology Laboratory, spoke on "Diagnostic Virology in the Clinical Laboratory" at the 77th meeting of the Eastern Missouri Branch of the Society of American Bacteriologists on October 18, held at the Wohl Health Center on North Kingshighway Our best wishes to pixieish SARI JANE MOGERMAN, Secretary to the Director of Nursing Service and Nursing, Education and DR. MICHAEL FREIMAN, Second Year Resident in Ob/Gyn, on their recent engagement. The wedding is being planned for February. Pearl of the Month: "If two men in business always agree, one of them is unnecessary" Congratulations to MARTHELENE McCLURE, R. N., on her promotion to Head Nurse of the Premature Nursery in Maternity Hospital; to MARY DELL CROSE, R. N., upon her promotion to Senior Staff Nurse in Renard; and to LAURA BELL, R. N., upon her promotion to Assistant Head Nurse in Renard The Annual Tea for the Barnes Hospital Auxiliary was held at 2:00 p.m., September 28, in the Wohl Hospital Dining Room MRS. PAT SCHAEFER of the Cytology Laboratory delivered a 7 pound, 15 ounce baby boy on September 22 It was also a 7 pound, 15 ounce baby girl for MRS. HELEN MORGAN, Administrative Secretary, born

(Continued next page, Column 2)

FOOD FOR THOUGHT

A pearl is the "ulcer" of an oyster.
(Steinbeck)

Everything is funny as long as it is happening to somebody else.
— Will Rogers

Business is never so healthy as when, like a chicken, it must do a certain amount of scratching for what it gets.
— Henry Ford

A failure establishes only this, that our determination to succeed was not strong enough.
— Bulwer

Wife, holding broken steering wheel in hand, speaking to husband:

"Hand me the broom, dear; I want to finish putting the car in the garage."



Students who graduated last month from the Barnes Hospital School of Medical Technology are shown above with Miss Marian Rohrer (right), Assistant Director of the school. The students, from left, are Helen Jane Griene, Nancy Knock, and Peggy Newell.

HOSPITAL AUXILIARY TO SPONSOR PUPPET SHOW ON NOVEMBER 12

The Barnes Hospital Auxiliary and the St. Louis Puppet Guild will present "Puppet Varieties" on Saturday, November 12 in the Medical School Auditorium on Scott Avenue. Performances will be given at 10:30 a.m. and 2:30 p.m.

This is the first fund-raising project presented by the Auxiliary to the general public. Admission is \$1; tickets may be purchased either in Barnes or Renard at the Auxiliary Information Desks.

We cannot hope to keep the cake we eat,
Nor yet retain the friends whom we mistreat.

—Edwin Davis

* * * *

"I'm not saying she's a bad cook," said the boyfriend, "but I know now why her family prays before every meal."

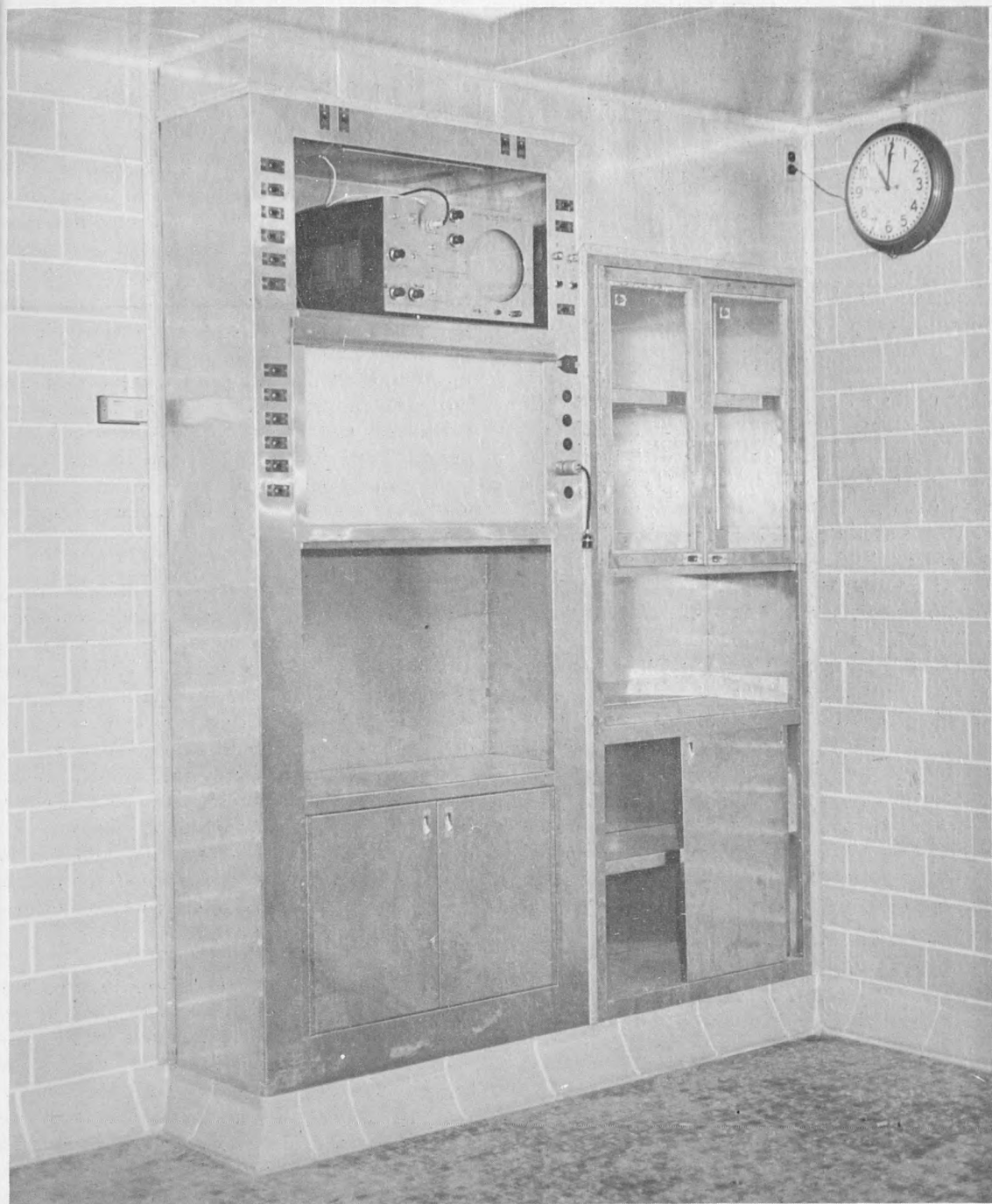
THE GRAPEVINE (Continued from Page 4)

at 6:45 p.m. on October 14 Chaplain GEORGE A BOWLES spoke on "Religion and Medicine in the Modern Hospital Setting" at a Joint Meeting of the Ministers of Area Churches and the Memorial Hospital Board of Directors on Wednesday, October 12 in Belleville, Illinois At the Faun S. Mulliken Symposium for Nurses at Depaul Hospital on October 5, several persons from the medical center participated in a panel discussion, "Total Care of the Patient Requiring Radical Surgery for Advanced Pelvic Cancer." DR. EUGENE M. BRICKER was moderator; panel members were DR. ROBERT DODD, OPAL MILLER, R.N., MILDRED BROCKSMITH, R.N., and Chaplain GEORGE A. BOWLES CID DADE, Dispatch Coordinator, spent October 26-28 in Milwaukee attending the Annual Meeting of the Hospital Personnel Management Association. Mr. Dade, president of the organization for the year 1959-1960, will be an ex-officio member of the HPMa Executive Committee for the coming year.

OPERATING ROOM TEN COMPLETED



Harry Roberts (on ladder) and Bill Horn of the Maintenance Department are shown putting finishing touches on the stainless steel supply cabinets which completed construction this month of Operating Room Ten. Additional cabinets in OR 10, and built-in equipment which includes an oscilloscope to provide a visual heart action pattern of patients undergoing surgery, is shown at right.





Twenty-three students from Concordia Seminary resumed their part time duties as orderlies during September. The five who returned September 17 are ALFRED HOFER, DAVID YOUNG, ROBERT KLEMM, DANIEL POKORNY, and ROLLIN SCHALEGER. OTTO A. REINBACHER and FREDERICK D. SEIP returned September 18; twelve who returned September 19 are JOHN F. HODDE, JOHN H. KIFFNER, O. F. WESSELSCHMIDT, JOHN O. MENNER, DONALD VIETENGUEBER, ROBERT A. BROCKHODD, DONALD J. McCLEAN, HERBERT D. HILBERT, L. A. GARR, ROBERT VILLANI, JOHN HELMKE, and RUCLARE C. PAULING. ALAN WYNEKEN, CARL E. CUNNINGHAM, RICHARD F. GOEBEL, and MILTON H. RIEMER returned September 20 GERALDINE HUMPHREY resumed her former duties in the Dietary Department September 21 Also on September 21, ELVA SKINNER returned to the Maintenance Department and LAVIENA DAVIS returned as part time aide in the Central Diagnostic Laboratories NELL COLVIN, Nurse Assistant, was assigned to Barnes when

(Continued on Page 11, Column 1)

DID YOU KNOW ???

Hospitals in the United States are employing 375,000 more men and women this year than last and hospital pay rolls have increased \$370,000,000?

The nation's hospitals cared for 1,000,000 more people this year than last?

CHAPLAIN'S CORNER

by

George Bowles



There is a term that we have heard since early childhood, and it is one that has been directed our way through youth and adulthood. It is likely that it would be difficult to find a person who has not heard the term at some time, or many times throughout all of these stages. This is it - "well, make up your mind". This is an injunction that has made us stop and make decisions about ourselves and others. First it came from parents and members of the family, then from young people of our own age group, and after that from friends and strangers to our own interests.

Life is so arranged that it is absolutely essential to make up our minds on some issue, and we should on others. It would be a misrepresentation of facts to say that this is an easy problem, but we can never escape the matter by saying that it is just too difficult. This is reality in its truest form. We can't simply coast with the crowd and do very well for anyone. The art of doing this has to be developed by each person. We have a great tradition and rich heritage to help us, and we are surrounded by people who would gladly take over the total responsibility and make our decisions for us.

The freedom that we enjoy in so many ways in our land is a treasure that we so often fail to evaluate. We have it in decision making. Our forefathers were wise beyond their day when they built the foundation on which the great freedoms of life could rest and develop. Each generation has passed the responsibility on to the next. Far too often this is looked upon as a heavy responsibility. It is a far happier experience to look upon this as a cherished privilege, and realize that it belongs to us in abundant measure.



Joseph T. Greco

ASSOCIATE DIRECTOR INSTALLED AS PRESIDENT OF NATIONAL GROUP

Mr. Joseph T. Greco, Associate Director assigned to Renard, Wohl, and Barnard Free Skin and Cancer Hospitals, was installed October 17 as President of the American Society of Mental Hospital Business Administration at the group's annual meeting in Salt Lake City, Utah. The Society met in conjunction with the American Psychiatric Association's Institute on Mental Hospital Service.

Upon induction, Mr. Greco outlined for those present the past achievements and future goals of the national organization. He stated: "... if mental hospital business administration is to assume a real place in the scientific application of hospital management, it must be based on the principles of cooperative efforts and sound knowledge . . . it must continue to be that dynamic motivating force which is directed to the goal of rendering a maximum of service, yet at the same time, foster by teaching and research the development of a professional career closely allied to the Art of Medicine and adaptable to the special needs of psychiatry."

The American Society of Mental Hospital

HOSPITAL COUNCIL REORGANIZES: DR. VERMILLION ELECTED OFFICER

The Greater St. Louis Hospital Council has been reorganized to include hospitals in East St. Louis, with the name of the group being changed to Hospital Association of Metropolitan St. Louis. These and other changes, including recommendation that one member from each hospital's board of trustees be appointed to the association, were adopted at the group's annual meeting September 28 at the Sheraton-Jefferson Hotel.

New officers elected at the annual meeting are Dr. David Littauer, Executive Director of Jewish Hospital, President; Dr. C. O. Vermillion, Associate Director of Barnes Hospital, Vice President; Miss Lilly Hoekstra, Administrator of St. Louis Children's Hospital, Treasurer; and Sister Mary Rene, R.S.M., Administrator of St. John's Hospital, Secretary.

TRANQUILITY CAN BE HAD

It is generally conceded that Quakers lead a very happy life due to the fact that they lead a simple life with sane, simple philosophies. A Quaker gave what he termed a dozen words as a guide for this simple, happy, contented living:

1. Begin each day with prayer
2. Work hard
3. Love your family
4. Make light of troubles
5. Follow the Golden Rule
6. Read the Bible
7. Show kindness
8. Read worthwhile books
9. Be clean and pure
10. Have charity in your heart
11. Be obedient and respectful
12. End the day with prayer

Perhaps you can think of another dozen . . . but we doubt that you can think of a better one.

—Selected

Business Administrators is affiliated with the American Psychiatric Association.

"SAFETY" IS MORE THAN A WORD!

As far as safety is concerned, the average person is better off at work than he is at home or on the road to work!

Statistics show that last year more than 44% of all accidents occurred in homes, 33% on the highways, and but 20% on the job.

American industry has invested millions of dollars in safety programs and through them has helped reduce industrial accidents many fold. Guards for machinery, personal safety equipment for employees, safety measures and devices in all departments and persons whose sole preoccupation is safety are bringing down the rate of industrial accidents constantly each year.

But "safety" is more than a word, more than a program. It is a brainy, vigorous effort to see that we live out our full share of time on the good green earth — that we live it to the full while we're at it. "Safety" is a series of constant, man-sized steps along the sunny side of life. It is more ability, more time, more dollars, more security.



"My last job wasn't so bad, except the boss expected me to work all the time."

THE ROAD TO GOSSIP TOWN

Have you ever heard of Gossip Town,
On the shore of Falsehood Bay,
Where old Dame Rumor, with rustling
gown,
Is going the livelong day?

It isn't far to Gossip Town,
For people who want to go.
The idleness train will take you down,
In just an hour or so.

The Thoughtless road is a popular route,
And most folks start that way.
But it's steep down grade; if you don't
look out,
You'll land in Falsehood Bay.

You glide through the valley of Vicious
Folk,
And into the tunnel of Hate,
Then crossing the Add-To bridge, you
walk
Right into the city gate.

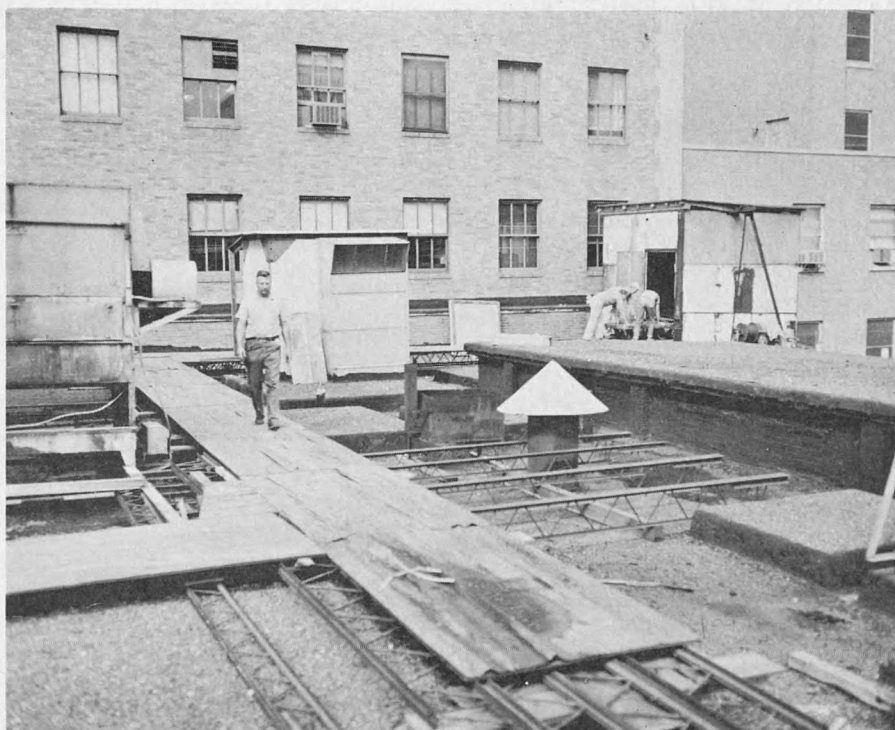
The principal street is called They-Say
And I've Heard is the public well,
And the breezes that blow from Falsehood
Bay
Are laden with Don't-You-Tell.

In the midst of the town is Tell-tale
Park—
You're never quite safe while there
For its owner is Madam Suspicious
Remark,
Who lives on the street Don't Care.

Just back of the park is Slander's Row
'Twas there that Good Name died,
Pierced by a dart from Jealousy's bow,
In the hands of Envious Pride.

From Gossip Town peace long since fled,
But trouble, grief and woe,
And sorrow and care you'll meet instead
If ever you chance to go.
—Author Unknown.

*God will not look you over for
medals or diplomas, but for scars.*



Maintenance Department personnel provide above, as well as behind the scenes, action in this roof-top photograph of Building 3 in Barnes. To build Operating Room Ten without closing any of the operating rooms, workmen and materials were routed up the service elevator, across this ramp into the metal shed which houses a temporary elevator, then down to the third floor behind the operating room suite. With the completion of O. R. 10 early this month, disassembly of the temporary elevator and ramp were begun.

WELCOME BACK (Con't from Page 8)

she returned September 19 Also on September 19, DOROTHY HARRISON returned as part time technician in the Laboratory RICHARD BOYER returned September 16 as Recreation Assistant in Renard Hospital JOANN McCLURE resumed her former duties in Dietary on October 1 EVELYN ECHOLS and CAROL ANN WEST, who will be better remembered under her maiden name of Carol Ann Rider, returned to the Dietary Department on October 4 BARBARA JEAN MARY and AVON KEARNEY have both returned on their previous jobs in Dietary, Barbara on October 4 and Avon on October 5 SHIRLEY DANNENMAIER, R. N., returned part time on October 2. *Welcome Back!*

Bits of Wisdom

A new broom sweeps well, but the old one is best for the corners.

I have never been hurt by anything I didn't say.

You can't get rid of bad temper merely by losing it.

A gossip is someone who will chin and bear it.

Sin has many tools, but a lie is the handle which fits them all.

Most children have a down-to-earth philosophy -- and don't their clothes show it.

The devil gets a good deal of work out of lazy people.

If the chicken didn't scratch for a living, we would not eat eggs.

Happiness must be fashioned out of the rough materials of life.

God often tells us to wait, but never to worry.

To be without friends is the most serious kind of poverty.

WHO IS "BOSS" OF THE HOSPITAL?

Is it: The Board of Directors? The Administrator? The various department heads? The boss is really this fellow:

I am the reason for this hospital.

I am the reason for its success.

I am its guiding genius. I do more to promote, raise wages, hire or fire, than any executive.

I must be served before I bestow my blessings.

I am the end-all and be-all of everything connected with this Hospital.

I am the foundation of all its progress.

I am its Master . . .

I AM THE PATIENT.

FORMULA CITED FOR SUCCESS IN LIFE

Take Time To Think . . .

It is the source of power.

Take Time To Play . . .

It is the secret of perpetual youth.

Take time To Read . . .

It is the fountain of wisdom.

Take Time To Pray . . .

It is the greatest power on earth.

Take Time To Love And Be Loved . . .

It is a God-given privilege.

Take Time To Be Friendly . . .

It is the road to happiness.

Take Time To Laugh . . .

It is the music of the soul.

Take Time To Give . . .

It is too short a day to be selfish.

Take Time To Work . . .

It is the price of Success.

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