BULLETIN

Barnes Hospital, St. Louis, MO
July 1989, Vol. 43, No. 7

The future looks as bright as the candles on their "second birthday" cake for organ recipients Marilyn Essenberg (liver), Charles Pringle (kidney), Paul Renner (double-lung), Michael Odell (heart) and Gregory Cierpiot (kidney/pancreas). The five were able to celebrate their new chance at life thanks to a single donor.

Five celebrate gift of new life

A very special "birthday" party was held at Barnes Hospital on June 9. Five people who received organ transplants from a single donor celebrated their new chance at life by blowing out the candles on a "second birthday" cake. The party illustrated how many lives can be saved by a donor.

The transplant operations, performed May 23 and 24, included the first whole pancreas transplant in the St. Louis area. The other organs transplanted were the heart, lungs, liver and kidneys. The transplant marked the first time in the St. Louis area that all five major organs from a single donor were transplanted at one hospital.

The transplant recipients, joined at the party by their families, members of the transplant teams, nursing staff and the local media, expressed their gratitude to the donor and the donor's family. Michael Odell of Ferguson, Mo., said, "I am alive today because of this person." Mr. Odell received his new heart on his 50th birthday from a transplant team headed by Dr. Michael Pasque, head of the Barnes heart transplant program.

Kidney recipient Charles Pringle, 36, of St. Louis echoed Mr. Odell's comments about the donor. "I'd like to take his family and grab them and hug them right now," said Mr. Pringle, who had suffered from a rare hereditary kidney disorder.

The donor's other kidney was received by Gregory Cierpiot, 48, also of St. Louis. Mr. Cierpiot, who had suffered from diabetes for 20 years and as a result had chronic kidney failure, also received the donor's pancreas. The transplant teams for both Mr. Pringle's and Mr. Cierpiot's transplants were headed by Dr. Christopher McCullough.

Rounding out the celebration were liver recipient Marilyn Essenberg of Ballwin, Mo., and double-lung transplant recipient Paul Renner of Granite City, Ill. Dr. Wallis Marsh performed the liver transplant on Mrs. Essenberg, 54, who had suffered from Budd-Chiari syndrome, a rare blood disorder that damages the liver. Dr. Joel Cooper, head of the Barnes lung transplant program, led the team that performed the transplant on Mr. Renner, 39, who had suffered from emphysema.

As the teams who had performed the transplants looked on, the five recipients cut and ate their "birthday" cake. "To see five of them in a row like that is extraordinary," Dr. Larry Kaiser, lung transplant surgeon, said. Dr. Douglas Hanto, director of organ transplantation, agreed. "This is a tremendous, efficient use of organs," Dr. Hanto said.

According to Dr. Hanto, the operations were particularly noteworthy because of a dramatic drop in the number of organ donations this year in a region covering eastern Missouri, southern Illinois and northern Arkansas. He said that donations were down 50 percent for the first six months of 1989 compared with the same period last year.

The recipients also were aware of how special a gift the unknown donor had given them. Mr. Odell summed up their feelings when he said, "It's almost too miraculous to describe: to realize you've been given life from somebody you never knew, somebody who will never know."

Front Cover: *Timmy Swiney enjoys playing with toys at Barnes Hospital's new Child Care Center. Timmy, son of Barnes office coordinator Dianne Swiney, is one of 130 children of Barnes employees who are enrolled at the center, which opened on June 1. The center features 11 classrooms, an indoor recreational courtyard and an outside playground. The center accepts children aged 6 weeks to 6 years, on either a full-time or part-time basis, and offers a summer day camp for school-age children. (See centerspread.)*

Barnes awarded JCAHO accreditation

The Joint Commission on Accreditation of Healthcare Organizations (JCAHO) recently awarded Barnes Hospital three-year accreditation following an intensive on-site survey here last fall. Every three years, the JCAHO, a national organization, conducts site reviews of every aspect of hospital operation, including patient care, administrative functions and physical facilities.

JCAHO accreditation is professional and national recognition that a hospital is in compliance with the highest standards of patient care in all respects. Participation in the voluntary survey indicates a commitment to maintain and continually improve upon those standards. Barnes has never been denied accreditation in the history of the program and was last accredited in 1985. The accreditation process entails an on-site review conducted by an independent team including a doctor, nurse and hospital administrator. Hospital policies, procedures, practices and facilities are evaluated against a set of stringent standards developed by JCAHO.

Volunteers needed for prostate disease study

Men over the age of 50 who have no history of prostate cancer are needed for a promising study being conducted at Barnes and Jewish hospitals and Washington University School of Medicine. The study, which is being directed by Dr. William J. Catalona, Barnes chief of urology, will evaluate a new blood screening test for prostate disease.

According to Dr. Catalona, the blood test may be the most promising screening test yet developed for prostate cancer. The test examines the level of prostate specific antigen, which is formed in the prostate gland. This antigen protein, found at low levels in virtually all males, may become mildly elevated in men who have benign enlargement of the prostate gland, urinary tract infections or chronic inflammation of the prostate gland. Elevated levels also may be present in patients with early stage prostate cancer.

In 1989, prostate cancer surpassed lung cancer as the most common cancer diagnosed in American men 50 years of age and older. Unfortunately, by the time the cancer is diagnosed, more than one-third of the men have advanced cancer, Dr. Catalona says. "The blood test now appears to be potentially the best screening method for detecting prostate cancer at an early stage, when the results of treatment are more favorable," he says. "We are hopeful that the blood test will provide a simple, objective and inexpensive way to detect prostate cancer."

Participants in the study will have approximately one-half ounce of blood drawn every six months for five years. The blood test will be performed free of charge. Participants also will be required to fill out a brief, yearly questionnaire asking whether a diagnosis of prostate cancer has been made since the last blood test.

(Continued on page 2)

Prostrate disease study

(Continued from page 1)

Participants whose antigen levels are elevated will be advised to undergo rectal examinations and ultrasound scans of the prostate gland. If any abnormalities are found on either of these examinations, the patients will be advised to undergo needle biopsies of the prostate gland.

For more information, or to participate in the five-year study, call Barnes Hospital Physician Referral at (314) 362-8677.

Barnes offers diabetes risk test

Every year, one-half million Americans are diagnosed as having diabetes, and another one-half million have diabetes but it goes undetected. If left untreated, diabetes can lead to blindness, heart attack and kidney disease.

Early warning signs of diabetes include blurred vision, low energy, increased thirst and urination, and rapid weight loss. However, not everyone who has the disease experiences these symptoms, so early detection is important. Long-term complications to the eyes, kidneys, heart, nerves and blood vessels often begin before a person knows he or she has diabetes.

In conjunction with the American Diabetes Association, Barnes Hospital is offering a simple written test to determine if a person is at high risk for diabetes. Registered nurses evaluate respondents' answers to the questionnaire, and the respondents are contacted with the results. The test is meant to educate and make the public aware of the serious risks of diabetes. Only a physician can determine if someone has diabetes.

To receive a copy of the diabetes risk test, call (314) DOC-TORS (362-8677).

Doctors to be honored for 25 years of service

Nineteen doctors will be honored for 25 years of continuous service on Barnes Hospital's active medical staff during a silver anniversary reception. The reception will begin at 5 p.m. Wednesday, July 26, in the Tower Restaurant on the 17th floor of Queeny Tower.

During the 13th annual award ceremony, Barnes board chairman Armand C. Stalnaker and hospital president Max Poll will present service pins to the 25-year doctors. This year's honorees are Drs. Benjamin A. Borowsky, internal medicine; William S. Costen, orthopedic surgery; Sven Eliasson, neurology; Richard H. Fallon, general surgery; Thomas B. Ferguson, cardiothoracic surgery; Ronald C. Hertel, orthopedic surgery; Saul J. Klein, urologic surgery; Robert E. Kuhlman, orthopedic surgery; W. Edward Lansche, orthopedic surgery; Douglas R. Lilly, internal medicine; J. Russell Little, internal medicine; Marvin R. Mishkin, orthopedic surgery; William W. Monafo, general surgery; Edward Okun, ophthalmology; Carlos Perez, radiology; William Shieber, general surgery; Bernd Silver, ophthalmology; Richard G. Sisson, general surgery; and Edwin D. Wolfgram, psychiatry. Their names will be added to the list of active doctors whose names are inscribed on a 25-year plaque.

In addition to those being honored, the guest list for the reception includes the doctors' spouses and the more than 200 doctors who previously celebrated their silver anniversaries with Barnes. Barnes Hospital Society officers, Auxiliary board members and the chiefs of services for those specialties being recognized also are invited. The tradition to honor doctors with 25 years of service to Barnes began in 1977, and the recognition plaque is updated every July.

At a hiring event held by nurse recruitment on April 20, nursing applicants talked to head nurses and nursing directors about the opportunities available at Barnes Hospital.

Nursing recruitment holds hiring events

With career opportunities expanding for registered nurses, Barnes Hospital's nurse recruitment department has been quite busy.

"Barnes is fortunate to have the best quality nurses," says nurse recruiter Mary Lee Stenstrom. "However, with the nursing shortage, we're always looking for more nurses."

To help nursing applicants find out more about the variety of positions available at Barnes, nurse recruitment held hiring events on April 20 and 22. The events allowed interested nurses to talk to head nurses and nursing directors and to take tours of the hospital. According to Ms. Stenstrom, approximately 100 people came to the two events. As of June 1, 21 nurses had been hired as a result of the hiring events.

This fall, nurse recruitment will hold another hiring event. For more information on the events, call (314) 362-0900.

Travel tips can safeguard healthy vacations

Your bags are packed, and you're ready to go enjoy the summer sun and fun—but are you really prepared for the many unforeseen glitches that can ruin a vaction?

While no one plans to get sick on a vacation, a little preparation and common sense precautions can keep the travel bugs at bay. The following tips were offered by Barnes/Sutter HealthCare.

Pregnant women, people on prescription medicine and those with chronic health problems, such as diabetes or high blood pressure, should discuss their travel plans with their doctors for any special cautions or instructions.

If taking prescription medication, remember to carry enough of the medication to last the entire trip. Keep medication in the original container with the label intact, and carry it in hand-held luggage rather than checked baggage, which can be lost or shipped to the wrong destination.

The standard advice of "don't drink the water" still applies in many parts of the world. In those places, stick to bottled or boiled water and coffee or tea made with boiled water. Avoid locally bottled soft drinks, hotel or restaurant tap water, and raw vegetables and fruit. Also beware of ice cubes in drinks—the bacteria that cause Montezuma's revenge can survive freezing.

A more serious problem, hepatitis, can be contracted by eating contaminated raw shellfish. Hepatitis outbreaks can occur in developed areas, such as Hong Kong or Shanghai, as well as more remote or exotic locations. Immunization prior to travel can offer protection against hepatitis and other diseases.

The Centers for Disease Control track outbreaks of disease throughout the world and regularly issue traveler's immunization warnings. Barnes/Sutter HealthCare, which offers a full range of traveler's immunizations, receives these warnings, and can offer advice on the need for immunization when planning a trip. Barnes/Sutter offers convenient locations in downtown St. Louis, West County and Fenton.

If health problems do arise while you are abroad, the U.S. embassy or consulate in that country or the Travelers Aid Society can recommend reliable healthcare. Be aware that while many insurance plans cover subscribers while traveling, foreign hospitals may not bill the insurance carrier directly. Costs may need to be covered with cash or traveler's checks.

While immunizations and other precautions may take some extra time and planning, they can guarantee that souvenirs and good memories will be the only lingering reminders of a cherished summer vacation.

Barnes to participate in Parenting Fair

The annual Parenting Fair will be held at the Washington University Athletic Complex on Saturday and Sunday, August 5 and 6. Barnes and St. Louis Children's hospitals will offer information on pregnancy and child healthcare in the DiscoverCare booth.

The booth is designed to familiarize the community with hospital environments, procedures and equipment. Professionals from Barnes will offer information on maternal health; members of the Children's staff will provide information on the neonatal intensive care unit, child development, nutrition and growth. Free height and weight measurements for children will also be available.

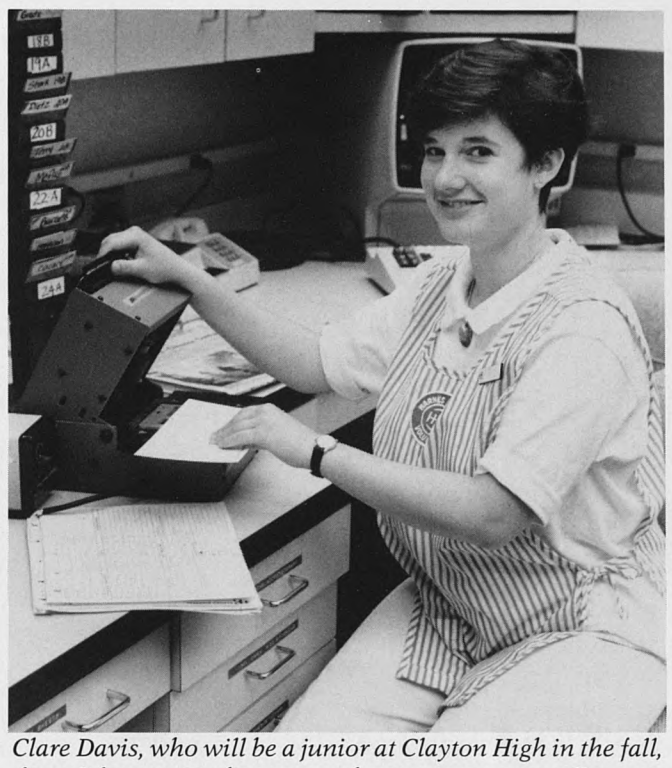
The fair will feature live entertainment, roving characters, magicians, mimes and a special room just for kids and parents to explore their own creativity. A magician will perform tricks at the DiscoverCare booth on both days from 10:30 a.m. to 4:30 p.m. The two-day event will also include ongoing lectures and seminars that provide up-to-date information on parenting, as well as a forum for discussion about parenting.

Admission to the fair is $3 for adults and $1 for children ages 2 and over. The fair benefits Kids In The Middle and Progressive Youth Center, non-profit organizations that provide counseling and related services to St. Louis youth and their families. The Parenting Fair runs from 10 a.m. to 5 p.m. both days. For more information on Barnes Hospital's participation in the fair, call (314) 362-1390.

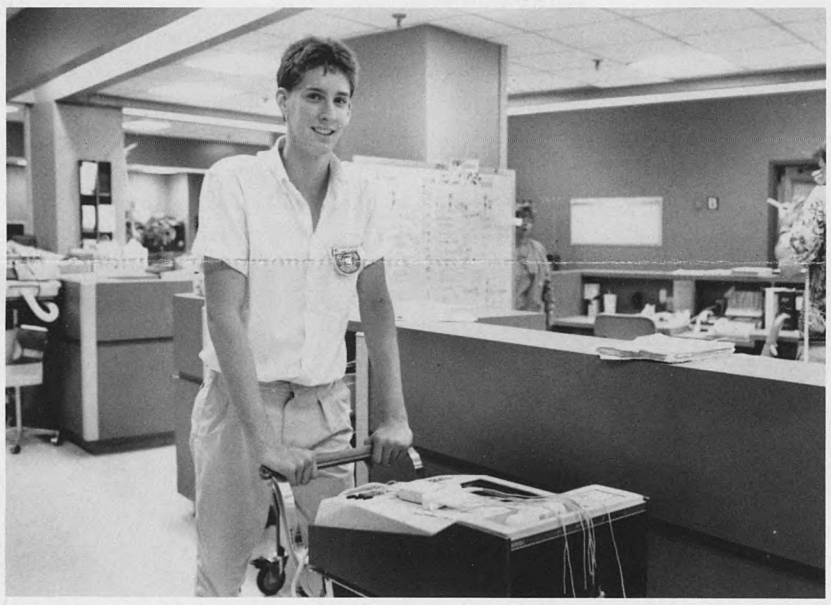
Junior Volunteers

Gaining practical experience, exploring career options and meeting new people

"First hand experience" makes volunteering in operating room service appealing to Zoomer Truong, who will be a senior at Ursuline Academy in the fall. Zoomer, who wants to become a surgeon, transports patients, helps in outpatient surgery, talks to patients and makes them feel better, and runs errands for the satellite pharmacy.

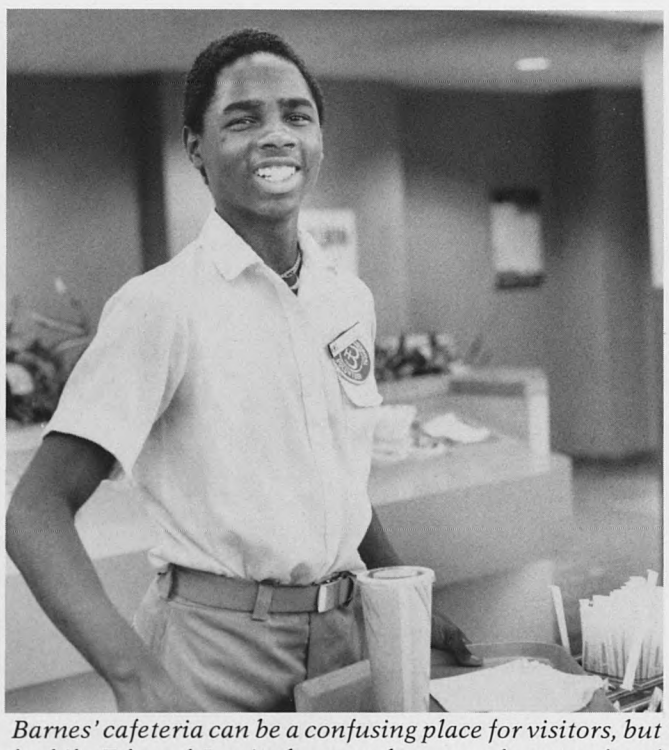


Clare Davis, who will be a junior at Clayton High in the fall, doesn't know yet what career she wants to pursue. Because she is considering becoming a doctor and because she "likes being around people," she decided to volunteer at Barnes, where she does clerical work on 6500.



The emergency department "will prepare me for whatever I'll be seeing when I become a doctor," says Michael Mueller. Michael, who will enter his senior year at Columbia High in the fall, moves patients, makes beds and puts supplies in the examining rooms.

The staff in the Cutaneous Surgery Center says they've been "really impressed" with Dwight Doerhoff's work and his eagerness to learn. Dwight, who will enter his sophomore year at Gibault High this fall, plans on becoming a doctor, and so he volunteers his time at Barnes for the experience.



Barnes' cafeteria can be a confusing place for visitors, but luckily Edward Lee is there to show people around and help patients who can't get their own meals. Edward, who will be a sophomore at Cleveland High in the fall, says he volunteers to "keep busy."

Working the courtesy cart can be a pleasant way to meet the patients at Barnes. Heather Shrum (center) who will be a junior at Roosevelt High, says she volunteers "for fun," while Dawn Sparks (left), who will be a junior at Metro High, and Dayna Summers, who will be a sophomore at Ursuline Academy, volunteer to earn community service hours at their schools.

Barnes Child Care Center Opens

On June 1, when some Barnes Hospital employees left for work, they took a little part of their home with them. That day marked the opening of the hospital's new child care center for employees.

Located at the Clayton Avenue Building, the center accepts children aged 6 weeks to 6 years, on either a full-time or part-time basis. Care is available for 40 children under 24 months and 112 children 2 years of age and older. Currently, 130 children are enrolled.

The center contains 11 classrooms grouped around a central recreational courtyard. The courtyard features a large skylight, an aquarium, live birds, plants, a gazebo and play equipment, and allows children to spend periods of time outside of their classrooms, even during inclement weather when it is not practical to use the outside playground.

The center provides a nurturing environment where children learn through active exploration and interaction with adults, other children and materials. Children work and play both independently and in small groups with developmentally appropriate educational materials according to their interests and abilities.

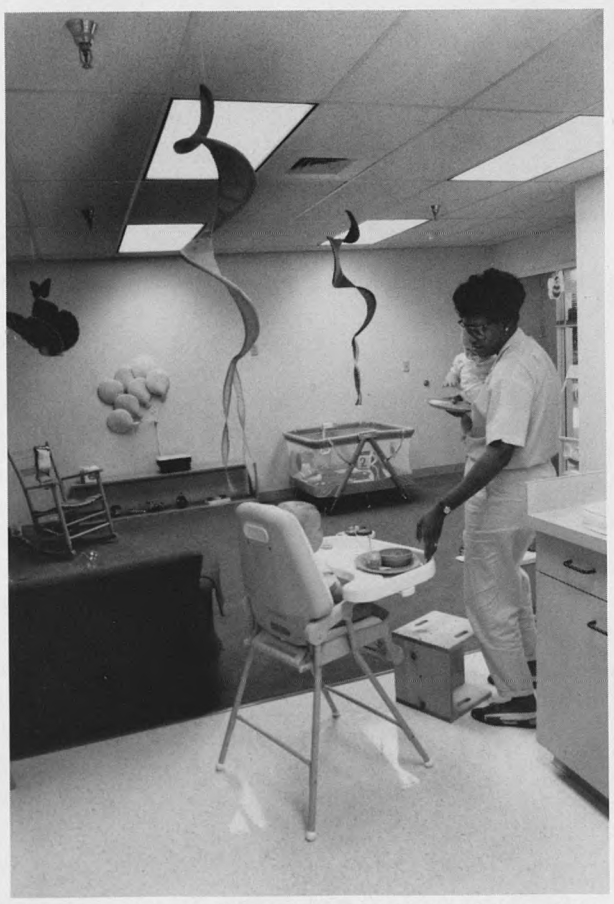
According to director Marion Brown, several important features make the center a convenient, safe place for employees to leave their children. For example, the center's "open door policy" allows parents to drop in and visit with their children at any time during the day. Ms. Brown says this policy helps minimize the separation parents feel when they leave their children at a center. It also allows nursing mothers to nurse their babies at the center if their schedules permit.

Further enhancing the open door policy, each classroom has a set of windows so that parents can see into classrooms and monitor their children's activities. The windows also create a cheerful atmosphere that is conducive to a child's healthy development.

To ensure children's safety, security is a major component of the day care center's design. The center is accessible through only one door, and the fenced outdoor playground remains locked.

In addition to the programs for pre-schoolers, the center offers a day camp for 25 school-age children.

Making new friends and interacting with other children is a part of the learning process at the center.



Bright mobiles and butterflies hang from the ceiling in the infant care rooms. The center accepts children who are as young as 6 weeks.

With its gazebo, aquarium, birds and play equipment, the indoor courtyard provides a pleasant atmosphere where the children can play even during inclement weather.

Older children, enrolled in the summer day camp, enjoy playing on the outdoor playground equipment, which includes a bike trail, a tunnel slide, swings and a sandbox.

Pre-schoolers gather in a small group for story time.

Parents can provide special food for their infants, and mothers can come to the center to nurse their babies if their schedules permit.

The center's open door policy allows parents to drop in and visit with their children any time during the day.

Marion Brown, director (pictured right with Suzanne Mehler), says the center's philosophy focuses on developmental child care programs that stimulate, entertain and teach.

Two-year-olds work and play both independently and in small groups with appropriate educational materials.

Media spotlight

As one of the top five hospitals in the United States, Barnes receives extensive news coverage from the metro and national media. More than 100 media inquiries are coordinated through the public relations office each month. Highlights of the media's recent coverage of Barnes include the following:

The metro media covered a birthday party to mark the new lives of **five organ transplant recipients** on June 9. In May, one donor provided the organs for each of the five recipients, who received heart, lungs, liver, kidney and kidney/pancreas. The kidney/pancreas combination represented the latest of the major organs transplanted at Barnes, according to Dr. **Douglas Hanto,** head of kidney, liver and kidney/pancreas transplantation. Also interviewed was Dr. **Larry R. Kaiser,** lung transplant surgeon. All recipients were well enough to attend the party and express their gratitude to the anonymous donor.

Dr. **Roy H. Petrie,** head of obstetrics, discussed a Food and Drug Administration advisory about **using drugs to stop lactation** in a KSDK-TV report June 10. Dr. Petrie told reporter Al Naipo that drugs used to treat engorged breasts in women who have just given birth are ineffective. He said that binding the breasts or nursing the baby work best.

Dr. **Diane F. Merritt,** obstetrician/gynecologist, was interviewed by Roger Schlueter of the *Belleville News-Democrat* for a June 4 story on **sexually transmitted diseases.**

A warning from the Food and Drug Administration regarding **extended-wear contact lenses** was discussed by Dr. **Lawrence A. Gans,** ophthalmologist, on KMOV-TV June 1. He explained that the lenses must be cleaned at least once a week to prevent infections.

Dr. **Ann G. Martin,** dermatologist, discussed **sun screens** for a report on KMOV-TV May 23. Dr. Martin recommended a sun screen rated at number 15 or higher to greatly reduce the risk of skin cancer. She noted that one ingredient, PABA, in some sun screens has become suspect as a carcinogen, but research is unclear. She recommended one of the new PABA-free sun screens and said to discard any lotions that are more than one year old, as chemical changes may have occurred.

An injection of a saline solution into **varicose veins** can seal off the vessels. This sclerotherapy procedure is available on an outpatient basis, Dr. **George J. Hruza,** director of the Cutaneous Surgery Center, told KPLR-TV's John Schieszer in a series May 22 through 24.

A KMOV-TV series on **breast cancer** May 18 and 19 by reporter Al Wiman included interviews with Dr. **Dorothy P. Andriole,** surgeon, Dr. **Judy Destouet,** radiologist, and Dr. **Diane F. Merritt,** obstetrician/gynecologist. Dr. Andriole stressed that newly diagnosed patients should take a few days to consider various surgical alternatives. She said decisions such as mastectomy versus lumpectomy need not be made immediately upon a positive biopsy.

Spring depression was discussed on KLOU-FM's Sunday morning public affairs program May 14. Dr. **Reed E. Simpson,** psychiatrist, said unrealistic expectations about fresh beginnings in spring can lead to mild depression in susceptible individuals.

A research finding that two percent of all Americans suffer from **obsessive-compulsive disorders** was explained by Dr. **Michele M. Van Eerdewegh** in a May 14 *St. Louis Post-Dispatch* story. Dr. Van Eerdewegh, director of the adolescent psychiatry unit, said most victims are ashamed and try to hide their behaviors.

Dr. **Andrew E. Galakatos,** gynecologic oncologist, was interviewed for a 10 p.m. KSDK-TV "Cover Story" May 12. Dr. Galakatos discussed **a link between cervical cancer and the human papilloma virus** (HPV).

Hospital notes

Dr. **Kenneth Ludmerer,** physician, delivered the commencement address at the University of Arizona College of Medicine on May 12. In his speech, he contrasted the challenges facing medical students of 1989 with those facing students a century ago and suggested ways today's students could improve the science and practice of medicine in the generation ahead.

The National Institutes of Health (NIH) awarded a $5.5 million grant for five years to Dr. **Louis V. Avioli,** Barnes physician and director of the division of endocrinology and metabolism at Jewish Hospital, and his research colleagues Drs. **Keith Hruska,** Barnes physician and director of the Jewish Hospital Renal Division, and **Stephen Gluck,** Barnes and Jewish kidney specialist, and Philip Osdoby, Ph.D., of the Washington University School of Dental Medicine. The grant is for the investigation of the cell biology of bone and the effects of aging on bone cell function.

Dr. **Mark P. Callery,** general surgery fellow, received the research award for his presentation of a paper at the ninth annual meeting of the Surgical Infection Society in Denver, April 13 and 14. The paper was titled "Kupffer Cell Blockade Increases Mortality During Intra-abdominal Sepsis Despite Improving Systemic Immunity."

Dr. **Takafumi Kamei,** general surgery fellow, presented a paper titled "Intravenous and Portal Administration of Modified Donor Antigen Can Prolong Parathyroid Allograft Survival" at the 10th annual meeting of the American Association for Endocrine Surgeons in Chapel Hill, N.C., April 17 and 18.

Dr. **V. Leroy Young,** plastic and reconstructive surgeon, received the Tiffany Award from the American Society for Aesthetic Plastic Surgery for delivering the best scientific presentation at the Aesthetic Society's annual meeting. Dr. Young was recognized at the society's 22nd annual meeting on April 12 in Orlando, Fla., for his presentation, "The Relationship of Retrobulbar Hematomas to Vision in Cymologous Monkeys," which was given at the previous year's scientific meeting.

Dr. **Ronald G. Evens,** Barnes radiologist and director of Mallinckrodt Institute of Radiology, was installed as president of the American Roentgen Ray Society (ARRS) at the organization's 89th annual meeting in New Orleans, May 7 through 12. The 4,100-member AARS is the nation's oldest radiologic society.

Dr. **Jack Hartstein,** ophthalmologist, was an invited guest speaker at the seventh biannual International Contact Lens and Anterior Segment Conference in Toronto, Canada, May 26 through 28. He spoke on "The Disposable Contact Lens, Concept and Reality" and "Manual Cortex Extraction in Cataract Surgery."

Several members of Barnes Home Health Services staff spoke at the annual meeting of the Illinois Council of Home Health Services in Springfield, June 14 through 16. **Helayne O'Keiff,** director, **Kristin Susa,** office nurse/staff development, and **Annette Stowers-Graves,** patient care manager, presented "A Winning Documentation System: Key Components to Quality Assurance, Proper Reimbursement and Increased Productivity. **Connie Cogswell,** operations manager, presented "Implementing a Computer System: Avoid The Pitfalls," and **Colette Chase,** office nurse, presented "Quality Assurance: A Complete Home Health Agency Assessment Program."

Dr. **Saul Boyarsky,** J.D., genitourinary surgeon, spoke to the plenary session of the American Urological Association May 11 on "How to Avoid Personal Liability Suits in Today's Malpractice Climate." He also chaired and moderated the Biomedical Engineering Forum held May 8.

Community calendar

Monday, July 10
Prepared childbirth classes are offered at Barnes as a six-week program for mother and coach taught by registered nurses. The series includes information on Caesarean birth and a tour of Barnes' delivery and maternity facilities. Tuesday and Wednesday classes are also available throughout the year. Call (314) 362-MOMS for more information.

Monday, July 10
"I'm Important Too!" sibling preparation classes help parents and their children ages 2 through 6 get ready for the new addition to the family. Children practice holding, feeding and diapering life-like dolls and take a trip to the nursery during this one and one-half hour class taught by nurse educators and social workers. Registration is $6 per child. Call (314) 362-MOMS.

Tuesday, July 11
Male impotency is the topic of a monthly series of free, informal discussions hosted by Dr. John Daniels, male diagnostic specialist, at 7 p.m. in Barnes' East Pavilion Auditorium. The program includes a videotape and printed materials, as well as time for individual questions and answers. Attendance is limited to allow ample time for discussion, and advance registration is required. Call (314) DOC-TORS (362-8677).

Wednesday, July 12
New approaches for the treatment of gallstones will be the subject of the July "Ask the Doctor" seminar at 7 p.m. Dr. Nathaniel J. Soper, gastrointestinal surgeon, will discuss the techniques that are being explored at Barnes' new gallstone center for treating painful stones. The free program will be held in the East Pavilion Auditorium. Call (314) DOC-TORS (362-8677) to register.

Thursday, July 13
The basics of caring for a newborn are covered in a two-hour class for new parents. Information discussed includes bathing and dressing, tips on how to soothe a fussy baby, infant safety issues, common concerns of new parents, and hints on how to play with and get to know the new addition to the family. Call (314) 362-MOMS.

Saturday, July 22
Grandparents anxiously awaiting arrival of the new baby in the family can refresh their child care skills in an informal two-hour class led by Barnes' maternity nurses. Recent trends in prenatal care, childbirth and infant care are discussed, and a tour of the childbirth area is included. Call (314) 362-MOMS for information about charges and registration.

Tuesday, August 1
Male impotency is the topic of a monthly series of free, informal discussions. See July 11 entry for more information.

Saturday, August 5
"I'm Important Too!" sibling preparation class. See July 10 entry for more information.

Wednesday, August 9
The treatment of obsessive compulsive disorders will be the subject of a free community seminar presented by Dr. Terrence Early, psychiatrist. The seminar will begin at 7 p.m. in the East Pavilion Auditorium. For further information on free seminars, or to make reservations, call (314) DOC-TORS (362-8677).

Employee retirements

Two long-term employees recently retired with a combined total of 39 years of service to the hospital. Margaret Lackland, housekeeping, and Imogene Leimbach, telecommunications, each received a certificate of appreciation from hospital president Max Poll at receptions in their honor.

In the 23 years since she started in housekeeping in 1966, Mrs. Lackland has worked in the same area, maternity. The division itself moved in that time, but she has remained a constant. Mrs. Lackland says that if she were still going to work "any where, any place, I'd work at Barnes." However, she is looking forward to a retirement that will include resting, visiting her sister in California and taking a trip to Hawaii. She also plans to keep busy visiting with her eight grandchildren and singing in the choir at church.

Mrs. Leimbach started working at Barnes in 1973 as a clerk typist in the school of nursing. When that position was discontinued, she moved to the telecommunications department, where she has been for the last 14 years. She says one of the best parts of her job was helping patients: "you feel good when you go out of your way to help someone." Mrs. Leimbach's immediate retirement plans include cleaning her house and taking care of her father. She also plans a trip to visit her two children in California, and she plans eventually to move to the southern part of that state. "My daughter lives in the mountains of northern California," says Mrs. Leimbach. "It's beautiful, but my allergies get so bad that I sneeze 24 hours a day when I'm there!"

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Susan Goen, Editor

BARNES
Barnes Hospital
at Washington University
Medical Center

Cardinals schedules available in braille

KMOX Radio is offering, free of charge, 1989 St. Louis Cardinal baseball schedules printed in braille for the visually impaired. The schedules, which were transcribed into braille by the Metropolitan Employment and Rehabilitation Service of St. Louis, include information on ticket prices, group discounts and promotions available throughout the '89 season.

The braille schedules are available by writing to: Cards In Braille, KMOX, One Memorial Drive, St. Louis, Mo. 63102. Requests should include a mailing address and the number of copies desired.

Gifts to Barnes Hospital Funds

Listed below are the names of persons (honorees in **boldface**) who made contributions during May 1989 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the development office. The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

Barnes Hospital Tribute Fund

IN MEMORY OF:
Mario "Mike" Bertani
Officers & Directors of the Municipal Theatre Association of St. Louis

Thomas Bond Jr.
Dr. & Mrs. Henry G. Schwartz

Mother of Don Brandin
Mr. & Mrs. Howard Elliott Jr.

Dr. Harvey Butcher
Cress & Joanne Auinbaugh
Dr. & Mrs. Fleming B. Harper
Dr. & Mrs. Henry G. Schwartz

Wallace Clark
Agnes Levinson

Irving Edison
Howard F. Baer
Mr. & Mrs. Eddie Kessler & Sandy
Agnes Levinson
Dr. & Mrs. Henry G. Schwartz
Emily Wetta

Adlyne S. Freund
Agnes Levinson

Daughter, Theta
Mrs. Larry Tucker

IN HONOR OF:
Raymond Faupel in Appreciation for Table Decorations at Spring Luncheon
Barnes Hospital Auxiliary

For the Very Special Anniversary of Martha and Cliff Hardin
Elliot H. Stein

Dr. Michael Karl—Distinguished Service Award
Dennis A. Holter

Dr. Harry Morgan's Retirement
Nancy Craig

Dr. Norman Muschany's Retirement
Nancy Craig

Dr. Leroy Young's Time Devoted to Our Program
The Gay Blades Garden Club

Bone Marrow Transplant Fund

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Keith & Amy Marburger
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Frank Jeffers
St. Louis Society for Coatings Technology

Burn Unit Continuing Education Fund

Wound Care Division of Winthrop Pharmaceuticals

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IN MEMORY OF:
In Loving Tribute to Our Son & Brother Jonathan Adam Jonas
Debra, Stephen, Jeffery & Jared Jonas

Charlene Levin
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IN HONOR OF:
Graduation of Jared Jonas
Esther Jonas
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IN MEMORY OF:
Birthday of Lynn Kohane Schukar
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Summer 1989 Schedule

Saturdays at 5 p.m. on KSDK-TV, Channel 5

Skin Care and Skin Cancer	July 8
Depression	July 15
The Weekend Athlete	July 22
First Aid: When Seconds Count	August 5
Preventing Blindness	August 12
To Hear Again	August 19
Breast Cancer	August 26
Cosmetic Surgery	September 2
Home Care	September 9
Prostate Cancer	September 16

For a free fact sheet or information on these topics, call (314) DOC-TORS (362-8677).

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