



1987-89 Auxiliary president Martha Eyermann presents the \$365,000 check to Barnes board chairman Armand Stalnaker.

Auxiliary presents gift at annual luncheon

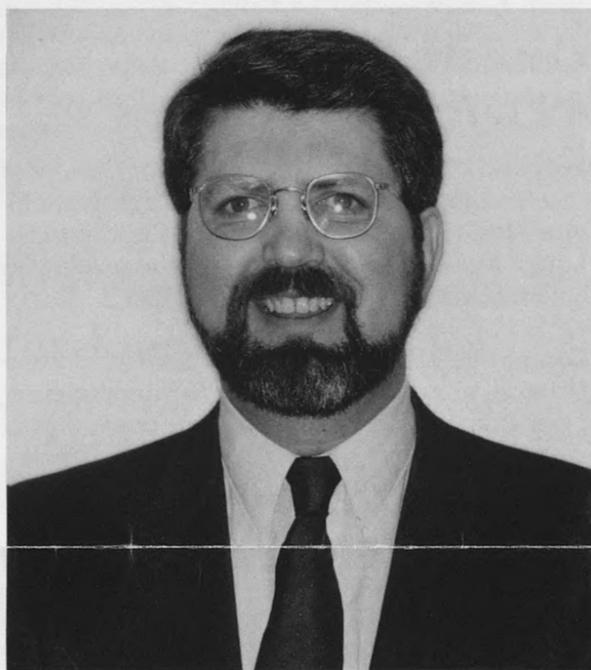
A \$365,000 check presentation to Barnes Hospital highlighted the Auxiliary's annual spring meeting and luncheon April 27 at La Chateau de France in Frontenac, Mo. Martha Eyermann, 1987-89 Auxiliary president, presented the gift to Barnes board chairman Armand Stalnaker.

The check represents the first installment of the Auxiliary's largest pledge ever, \$2 million, for the renovation of the thoracic surgery nursing division and the construction of a new Barnes Lodge. The renovation, creating a division exclusively for thoracic surgery patients, including lung transplant recipients, was completed in February of this year. Construction of a new Barnes Lodge will begin as soon as a site is approved.

In other activities, Norma Stern was elected Auxiliary president, and seven members were elected to offices: Betty Tucker, vice president for finance; Jerry Faupel, vice president for program and hospitality; Mary Kennedy, vice president for volunteer services; Suzanne Baetz, treasurer; Pepper Riebeling, assistant treasurer; Lynne Piening, recording secretary; and Elizabeth Marshall, corresponding secretary. Following the business activities, a singing group, the Pitch Pipers, entertained at the luncheon.

Front Cover: A worker hangs banners on lamp posts outside of Barnes Hospital. The banners, which hang along Kingshighway and Barnes Hospital Plaza, recognize the hospital's 75th anniversary with the slogan, "Leading Healthcare Into The 21st Century." The hospital kicked off its 75th anniversary celebration during National Hospital Week, May 7 through 13, and the banners will hang for the rest of the year. Barnes first opened its doors to patients on Dec. 7, 1914.

Since its inception, the Auxiliary has contributed more than \$5.8 million to the hospital for projects that have included the pedestrian bridge, the Health Education and Screening Center, and renovation of the emergency department and cardiac care unit. The Auxiliary also contributes regularly to the home health and social work departments and supports scholarships at Barnes Hospital School of Nursing and Washington University School of Medicine. The Auxiliary sponsors the Wishing Well Gift and Flower Shops, Nearly New Shop, Baby Photo Service, Tribute Fund and a 300-plus member volunteer program.



Dr. C. Robert Cloninger

Cloninger named psychiatrist-in-chief

Dr. C. Robert Cloninger has been named psychiatrist-in-chief at Barnes effective July 1. He also will become chairman of the department of psychiatry at Washington University School of Medicine.

Dr. Cloninger, who joined the Barnes staff in 1973, will replace Dr. Samuel B. Guze, who is retiring as department head to concentrate full time on patient care and research activities.

Well-known for his work on the clinical assessment of personality and his adoption studies in Sweden, Dr. Cloninger also has studied the classification and inheritance of psychiatric disorders, including alcoholism, schizophrenia, anxiety disorders, mood disorders and personality disorders. Currently, he is continuing his work on personality and several family and adoption studies.

Dr. Cloninger received his medical degree from Washington University School of Medicine in 1970. From 1975 to 1985, he conducted studies as a National Institute of Mental Health (NIMH) research scientist development awardee in quantitative genetics. He spent a year as a visiting investigator at the University of Hawaii's population genetics laboratory, and he has served as a visiting professor of psychiatry and genetics at the University of Umeå School of Medicine in Umeå, Sweden, where he received

an honorary doctor of medicine for distinguished contributions to genetic epidemiology of psychiatric disorders.

Dr. Cloninger is a diplomate of the American Board of Psychiatry and Neurology, a fellow of the American Psychiatric Association and the American Psychopathological Association, and a member of numerous other organizations.

Barnes names head of surgical pathology

Dr. Louis P. Dehner has been named the chief of surgical pathology at Barnes Hospital. He will assume the duties of the position on July 1.

Dr. Dehner comes to Barnes from the University of Minnesota Hospital, where he was director of anatomic pathology and a professor of laboratory medicine and pathology and pediatrics.

Originally from St. Louis, Dr. Dehner graduated from the Washington University School of Medicine and was an intern and resident in pathology at Barnes in 1966 and 1967. He served in the medical corps of the United States Navy from 1967 to 1973.

Dr. Dehner has written more than 250 publications and has served on several editorial boards, including those of the *American Journal of Surgical Pathology* and *Modern Pathology*. A member of a number of professional societies, including the International Academy of Pathology and the American Society of Dermatopathology, Dr. Dehner has been an honorary lecturer at both Harvard Medical School and the Johns Hopkins University School of Medicine.

Cardiac transplantation director named

Dr. Michael K. Pasque, cardiothoracic surgeon, has been named director of cardiac transplantation at Barnes Hospital and Washington University School of Medicine. He succeeds Dr. R. Morton Bolman III, who headed the Barnes heart transplantation program for four years prior to leaving Barnes on Jan. 1, 1989.

Dr. Pasque came to Barnes in 1988 from the University of Massachusetts Medical Center, where he was a cardiothoracic surgeon and an assistant professor of cardiothoracic surgery at the school of medicine.

A native of Oklahoma, Dr. Pasque graduated from the University of Oklahoma School of Medicine. He was an intern, junior assistant resident, senior resident and the chief resident in general surgery at the University of California at Los Angeles. He then trained in thoracic and cardiovascular surgery at the University of Toronto. Dr. Pasque is a member of several surgical societies, including the St. Louis Surgical Society, and is a diplomate of the American Board of Surgery and the American Board of Thoracic Surgery.

(Continued on page 2)

Pasque

(Continued from page 1)

More than 130 heart transplants have been done at Barnes since the program began, including 17 since the first of this year. In a measure of the program's success, 91 percent of the recipients survive beyond one year, and 70 percent have returned to all the activities they pursued prior to their heart disease.

Illinois designates Barnes as trauma center

The state of Illinois has designated Barnes Hospital as a level I trauma center. The designation, made by the Illinois Department of Public Health, Division of Emergency Medical Services and Highway Safety, was based on a review of the hospital's trauma service.

The new status ensures that Illinois trauma victims have access to Barnes' trauma resources, according to Nancy Bickel, Barnes trauma coordinator. She says that one of the aims of the designation of levels is to attain the most appropriate use of emergency resources throughout the area.

Barnes has served as a designated Level I center in Missouri since 1981 and receives some of the most complicated trauma cases from throughout the Midwest. Prior to the Illinois designation, the Level I trauma center closest to Metroeast residents was located in Peoria, Ill.

Criteria for a Level I center include the hospital's capability for comprehensive management of severely injured patients. According to Ms. Bickel, the Illinois designation will improve the utilization of services and enable Barnes to offer all levels of educational programs in trauma care to Illinois physicians, nurses and technical healthcare professionals for certifications.

Dr. Harvey Butcher dies

Dr. Harvey R. Butcher, Barnes general surgeon-in-chief from 1978 to 1984 and chairman of the general surgery department at Washington University School of Medicine during the same time, died in April following a lengthy illness. He was 69.

A leader in the development of vascular surgery, Dr. Butcher was recognized as an authority on breast cancer. He joined Barnes in 1944, after receiving his medical degree from Harvard Medical School.

Dr. Butcher was a past president of the Western Surgical Association, a past president of the Missouri chapter of the American College of Surgeons, a past president of the St. Louis Surgical Society and a past vice president of the American Surgical Association.

Barnes fact cards and guides available

Have you ever wondered about the number of patients cared for, operations performed or even meals served annually at a hospital the size of Barnes? Barnes' wallet-sized 1988 facts and figures cards reveal these facts and more.

Last year, 1,188 doctors, 517 residents and interns, and 4,257 employees cared for 32,319 inpatients, performed 26,361 operations, including 11,090 outpatient surgical procedures, and delivered 2,100 babies. In addition, Barnes employees processed 10,737,549 pounds of linen, served 3,045,350 meals, ran 2,047,433

laboratory tests and logged 47,382 home health visits.

The fact card, available through the public relations department, also contains information about room charges, occupancy rates, number of beds, and emergency and clinic visits.

In addition, the public relations department has copies of the recently updated publication, "A Guide to Barnes." The pamphlet, designed to help patients unfamiliar with the medical complex, was developed for doctors and others to mail out to patients prior to appointments. The guide contains a map of the first floor of the hospital and adjacent areas, as well as written directions to specific offices and areas within the hospital, including convenient parking for each of the areas. Space is provided for addition of appointment times or other information.

To receive copies of the fact card or "A Guide to Barnes," call the public relations department at (314) 362-5290, or visit the department on the ground floor of Queeny Tower.

Careers begin for 49 nursing graduates

Forty-nine Barnes School of Nursing students received diplomas during graduation ceremonies May 19 at the Third Baptist Church in St. Louis. More than 67 percent of the graduates have been hired by Barnes Hospital.

Cynthia Holdener, nursing student, and Judy Driscoll, nursing instructor, offered commencement addresses at the 1989 ceremony, which was attended by family members and friends. Following her welcoming remarks, Mary Jane Meyer, nursing school director, gave the graduates their pins. William Behrendt, Barnes vice president for human resources, offered congratulatory remarks and presented graduates with their diplomas. Each graduate also received a rose from Susan F. Harris, alumni association president.

Twelve graduates received special recognition during the ceremonies. Sandra Merz and Anita Casamento shared the Sharon O'Berto Morad Award, established in 1982 by Dr. David Morad in memory of his wife to honor those students who exhibit exemplary patient care. Mrs. Morad was a nurse in Barnes' cardiothoracic intensive care unit for two years until her death from cancer in 1981.

Jeanne Umfleet received the Liz Rosenbaum Award for excellence in nursing care, established by Dr. Herbert Rosenbaum in memory of his wife, a former Barnes nurse.

A new award, the Leon Cecil Award, was given to Jennifer Manley. The award honors the student who exemplifies the kindness, compassion and caring attitude of Mr. Cecil, nursing school registrar/counselor.

As the recipient of the Missouri League of Nursing Outstanding Nursing Student Award, Tracy Elbert was given an associate membership in the MLN.

Barnes Auxiliary president Norma Stern presented seven annual awards to graduates who excelled in academic performance or specialty care. The 1989 honorees were Felicia Fritts, Denise Brockelman and Diane Eckelkamp for academic performance; Cynthia Holdener, maternity nursing; Diane Eckelkamp, medical/surgical nursing; Nancy Daughterty, pediatric nursing; and Denise Kroll, psychosocial nursing.



A Soviet lab employee, required to wear a white lab coat and hat, performs differential white blood cell counts with a microscope that relies only on natural light sources.

Barnes lab administrator visits Soviet hospitals

"Gee, it's good to be back home," sings Paul McCartney in the Beatles song "Back in the U.S.S.R." Terry Jo Gile, assistant administrative director of laboratories at Barnes Hospital, can relate to that sentiment, although in her case the good feeling comes from being back in the U.S. after a trip to the U.S.S.R. Mrs. Gile recently visited and lectured in the Soviet Union as part of a 15-day tour with a professional society of laboratory technologists. The group toured sites in Moscow, Leningrad and the Soviet Central Asian Cities of Tashkent, Bukhara and Samarkand.

"It was a wonderful experience, but the trip made me appreciate what I have here so much," Mrs. Gile says. "I take less for granted."

Touring Soviet hospitals, Mrs. Gile found a lack of quality control and quality assurance. "While some things were state of the art, other things were 20 years behind the times," Mrs. Gile says. "For instance, there is a lack of plastics. In the labs they use glass test tubes and petri dishes, which they clean and use again. I haven't used a glass petri dish in more than 20 years." Mrs. Gile says that this re-use can affect the accuracy of lab tests.

Computerization is also absent in Soviet hospitals. Instead of the computer terminals that prevail in the United States, Mrs. Gile saw manual typewriters in the Soviet Union. She also found Soviet hospitals lacking in cleanliness and artificial lighting. The microscopes used in Soviet labs do not have lamps, but rely on mirrors and natural light that comes in through huge windows.

Mrs. Gile did visit some labs that were up-to-date. She says the outpatient clinic in Tashkent was as sophisticated as any in the world. "Some hospitals had excellent Finnish and West German equipment," Mrs. Gile says. However, having the equipment did not guarantee its use. "One lab had a TDX machine, which is used for many tests including therapeutic drug monitoring and screening for drugs of abuse. They had owned the machine for two years, but no one knew how to use it so it was just sitting there."

Mrs. Gile also found facilities outside of the hospitals lacking. In many of the Soviet hotels she stayed in, there was no hot water, and the soap, towels and tissue were not up to U.S. standards. Mrs. Gile did not like much of the Soviet

food and could not drink the water. "We practically lived on bread and Pepsi," she says.

In contrast to some of the surroundings, the beauty of Soviet architecture and artwork, exemplified by the 400-year-old St. Basil's Cathedral in Moscow and the collection in Catherine the Great's Hermitage in Leningrad, impressed Mrs. Gile. She was also moved by the warmth and friendliness of the Soviet people. "Everywhere we went, people tried to communicate with us," she says. "They were very interested in us and what we do."

And Mrs. Gile discovered that laboratory technologists often speak the same language no matter where they are from. Communicating with her Soviet counterparts was not as hard as one might expect, Mrs. Gile says, because so many terms they use are from the Latin language. "We understood each other pretty well."

Tab tops do not buy dialysis time

Misleading and inaccurate rumors frequently surface regarding ways to financially assist kidney patients in receiving dialysis.

One of these rumors concerns the collection and recycling of pull tabs from the tops of aluminum cans in order to "buy" time on a life-sustaining dialysis machine. According to the National Kidney Foundation, this rumor is not true. The foundation further emphasizes that it is not necessary to "purchase" time on a dialysis machine because endstage renal patients receive dialysis under Medicare.

However, the National Kidney Foundation and the Reynolds Aluminum Recycling Company have started a drive to turn the rumor from a hoax to a help. If a group or individual saves recyclable aluminum products (such as beverage cans, foil, pie plates and frozen food trays), brings them to a Reynolds recycling center and requests that the money earned from the recycling be donated to the National Kidney Foundation, the recycling center will send a donation check to the nearest chapter of the foundation. The foundation uses the donations to finance research, treatment, diagnosis, detection and cure of kidney and urinary tract diseases.

For the location and schedule of the nearest Reynolds Aluminum recycling center, call 1-800-228-2525, toll-free.

Exercise class offered for Parkinson's patients

New members are being sought to join an exercise class for Parkinson's disease patients in the St. Louis area. The class is a professionally supervised outpatient program sponsored by the Irene Walter Johnson Institute of Rehabilitation at Washington University School of Medicine and the greater St. Louis chapter of the American Parkinson Disease Association.

Offered since 1985, the class emphasizes good posture, deep breathing and practical daily activities, such as walking, that can help improve coordination. The program strives to improve patients' movement and motivate them to exercise regularly, encourage family support, promote socialization, and improve self-help skills.

The program is open to any patient with Parkinson's disease, but a physician's approval is required. For more information on the class, call Linda Hunt at (314) 362-2370.

Barnes approves bioethics committee

Because the growth and expansion of medical capabilities and technology have also created increasingly complex ethical choices for health-care professionals, patients and the families of patients, Barnes has approved the establishment of a bioethics committee at the hospital. The committee will serve as an interdisciplinary forum to address the complex ethical issues that arise within the hospital.

The purpose of the bioethics committee will be: to serve as an educational forum regarding ethical principles and issues for the medical staff and other health-care professionals; to develop and review policies and guidelines related to ethical issues; and to provide consultation and advice, when indicated, to staff, patients and the families of patients.

The chairman and members of the bioethics committee will be appointed by the medical advisory committee chairman. The committee will include representatives of the medical staff clinical services. Representatives from nursing service, pastoral care, social work, risk management, organization development and administration will attend committee meetings, but will not be members or vote.

218 employees honored for long-term service

A total of 218 employees representing more than 3,590 years of service to the hospital were honored for their dedication May 26 at the semi-annual service awards dinner and reception. Employees celebrating 40, 35, 30, 25, 20, 15 and 10 years of continuous service between January 1 and June 30, 1989, were recognized with a dinner at the Omni International Hotel at Union Station, followed by an awards program. Each employee received a gift of personal choice, ranging from traditional gem-studded jewelry to household items such as vases, crystal decanters and bookends.

Sarah Buck, pharmacy, topped the list of honorees with 40 years of service. Another employee, Esther Granger, nursing service, was honored for 35 years of service.

Celebrating 30 years of service were Hyppolyte Johnson, central service; Margie Sykes, food and nutrition; Mildred Jones, Mary Petty and Rose Stephens, laboratories; Betty Robinson and Thelma Stocking, operating room service; and Mildred Greenlee, outpatient clinic.

Sixteen employees celebrated silver anniversaries in the first half of 1989: Dorothy Willis, food and nutrition; Charles Hugger, housekeeping; Pine Vann, laundry; Frankie Bogan, materials processing; Rebecca Brinkley, Edna Bell, Nothala Goosby, Karen Harvey and Betty Mamelian, nursing service; Vivian Randolph and Ada Woody, operating room service; Betty Dickey, outpatient clinic; Nelda James and Esther Scheer, patient accounts; Avis Fowler, plant engineering; and Gracie Stevenson, respiratory therapy.

Marking 20-year milestones were 37 employees: Kathryn Benkert and Melonee Harris, central service; Barbara Allen, Davey Lang, Armadell Mason, Ester Moore, Bertha Pickens and Veronica Williams, food and nutrition; Daziree Brown and Roselee Parks, housekeeping; Donald Marlo, Ankica Rollins, Joyce Rounds, Bobby Steward, Wilo Stout, Ethel Thompson and Barbara Woods, laboratories; Sandra Thompson,

medical records; Doris Skillman, nursing education; Juanita Allen Gertrude Black, Karen Franke, Sandra Grimes, Jilaine Henderson, Rosemary Hollis, Marion Holloway, Norma Jackson, Lorine Johnson, Bulah Payne, Charlotte Redding, Laurelyn Steffen, Joanne Tonn and Janet Worley, nursing service; Joan Rueweler and Diane Way, operating room service; Mardie Lee-Foggy, patient accounts; and Pamela Lehnoff, risk management.

The 56 employees honored for 15 years of service were Dorothy Jackson, activity therapy; Walter Jones, design and construction; Brian Allen, Jean Davis, Lawrence McCoy, Mildred Monks, Rosemary Piles and Michael Rosso, food and nutrition; Frank DeBoise, Lillian Maxey, Mattie Sails, Annie Ward and Nora Winston, housekeeping; Bobbie Wiggins, human resources; David Calvin, Louise Plemitscher, Augustina Weaver and Efren Ylagen, laboratories; Lartha Avery, laundry; Margaret Woods, MIS services; Teri Wisdorf, nursing education; Kathleen Antalick, Glenda Chambers, Darlena Clavin, Joan Crawford, Christine Durbin, Gloria Fluelen, Debra Gacem, Marvin Heggemeyer, Reva Hofmeister, Shirley Holmes, Janice Johnson, Annette King, Justine Lawrence, Otharine McNeal, Antoinette Rice, Ellen Rick, Janice Ritter, Rita Selby, Aleaner Smith, Elizabeth Smith, Jacqueline Smith, Cathleen Varel and Nora Whipple, nursing service; Vera Bryant and Laura Steiner, operating room service; Amanda Pope, outpatient surgery; David Venker, pharmacy; Larry Bridges, Albert Busiek Jr., Lari Harris and Homer Pearson, plant engineering; Stewart Smith, purchasing; Michele Barnes, respiratory therapy; Derek Neal, supply; and Charlene Durham, telecommunications.

Ten-year honorees, totaling 98, were Jerrienne Adams, Carol Cross, Peg Tichacek and Lisa Umfleet, administration; Jack Frazier, clinical engineering; Yolanda Farr, Linda Hayden, Denise Outlaw, Susanne Puckett, Kathryn Sheldon, Karen Solomon and Sandra Walker, food and nutrition; Magdalen Davila, general accounting; Clora Allen, Lillian Bland, James Bryant, Ruby Cotton, Willie Golatt, Doris Henley, Roberta Jasper, Cora Reed, Donnell Roberson, Clara Stewart, Calvin Thomas and Willie Trussell, housekeeping; Mary Taylor, laundry; Robert Blackford, Barbara Hinds, Alan Lampe, Belinda McCoy, Victoria Moore, Jeffrey Posley and Lilly Sy, laboratories; Scott Anderson, Debra Andrews, Elaine Catching and Shirley Roberson, medical records; Viola Achens, nursing education.

Eileen Andrews-Dittman, Carolyn Bell, Allen Benz, Sharon Billops, Linda Bonano, Shin Choi, Diana Cobb, Joel Davis, Karen Fischer, Pamela Ford, Emily Gruber, Debra Gryzmala, Dorcas Harris-Turner, Katie Jones, Cindy Kinder, Kathryn Kretzer, Kimberly Laird, Karen Leonard, Elizabeth L'Hommedieu, Larry Loveless, Catherine McGrath, Jane Miller, Kristi Moran, Rosalie Phillips, Mark Rhodes, James Robinson Jr., Anne Rogers, Terry Seigel, Catherine Shaw, Anthony Smith, Linda Smith, Towannia Smith-Townsend, Cindy Terrill, Cheryl Verser, Helen Washington and Laurel Wiersema, nursing service; William Bub, Karen Bruns, Martin Gray, Kathryn Kaiping, Nancy Lotz, Wilma Moellinger, Fronda Nobbe, Lorraine Oprych, Janet Parrin and Julie Sauget, operating room service; Patsy McClellan, outpatient clinic; Pamela McClenahan and Cheryl Niewald, outpatient surgery; Carol James, patient accounts; Gail Blackford, Dorothy Hancock and Thomas Hubbard Jr., pharmacy; Richard Blatz and James Carr, plant engineering; Wanda Corbin and Scott Schaller, respiratory therapy; and Dale Lombardo, Donald Ludwig and Etheria Thompson, security.

Reaching Out

Barnes' women and infants service touches the community with programs that educate and promote good health.



Prepared childbirth instructor Kay Mitson shows parents-to-be Vicky and John Carey techniques to promote comfort during labor.



Sibling preparation classes, titled "I'm Important Too!," stress the significant role older brothers and sisters have in the care of newborns.

Ever since Barnes Hospital opened its doors on Dec. 7, 1914, it has reached beyond those doors. Barnes maintains a sense of responsibility for and a firm commitment to the community through a full range of coordinated services both inside and outside the hospital. The outreach programs of the women and infants service exemplify this commitment to promote the health and education of the community's families.

Great Expectations

A new baby represents not only a bundle of joy, but a bundle of new experiences for the entire family. To help everyone involved enjoy and feel comfortable with the new addition to the family, the women and infants service developed "Great Expectations," a program of family-centered classes.

For the parents to be, the service offers prepared childbirth classes. The classes cover general information on pregnancy, childbirth, the hospital stay and the transition to parenthood, as well as specific information on promoting comfort during labor. A refresher course is available for parents who attended the prepared childbirth course for a previous birth.

Once a new child is born, parents face other issues. To address these, a course is offered in infant care. The class introduces parents to the basics of caring for a newborn. A more specific class on the art and techniques of breast feeding also is offered.

Because a family often extends beyond parents and the new baby, the women and infants service offers a sibling preparation class and a grandparenting class. The sibling class helps prepare children ages 2 through 6 for the new arrival, stressing the importance of their role as the older brother or sister in the care of the newborn. The grandparenting class presents information on recent trends in care during pregnancy, childbirth and infancy.

Call MOMS

New parents often have questions regarding themselves or their newborn, and the women and infants service set up a 24-hour hotline to help provide the answers. Registered nurses from the maternity staff answer the hotline number, (314) 362-MOMS (362-6667), and offer information on the "Great Expectations" classes, pregnancy, infant care, breast feeding, delivery, recovery and more. If necessary, the nurses will recommend that parents take their babies to their physician or to the emergency room or will make a follow-up call to the parents in order to make sure that every thing is all right. The nurses also make post-discharge follow-up calls to new mothers to check on how they are doing. According to Pam Lesser, childbirth education coordinator, "More than 30 percent of the mothers called routinely after discharge have questions or concerns or need health care guidance that we can provide."

The MOMS line was established in February 1988. In 1988, the MOMS line nurses received 1,454 calls and made 396 routine post-discharge calls and 70 follow-up calls. In the first four months of 1989, the nurses received 984 calls and made 430 routine post-discharge calls and 43 follow-up calls.

School and Community Outreach

Last September, the women and infants service began a special program to reach out to schools in the St. Louis area. The department sent letters to all public, private and parochial schools in St. Louis city and county offering to give presentations on child development, childbearing and sexuality.

"We got quite an incredible response," says Ms. Lesser, who organizes the program with Mary-Pat Hamm, perinatal outreach coordinator. As of the end of June, the department will have given 103 presentations at area schools, reaching more than 3,800 children. The program reaches out to children of every age: presentations were given at three preschools, nine elementary schools, four junior high schools and 46 high schools. In addition, the department gave presentations to eight PTA/Teachers groups and seven community adult groups.

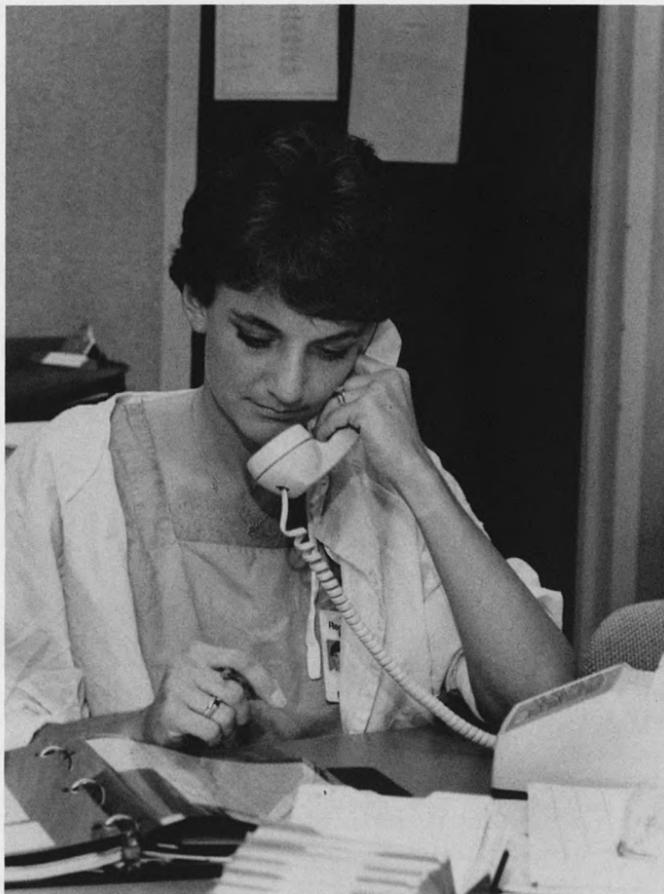
Topics of these presentations include "Good-Touch—Bad Touch," which helps young children identify uncomfortable situations and the need to share these feelings with adults; "The Growing Fetus," which focuses on how the fetus grows from conception to birth; "Talking to Children About Sexuality," a PTA program that is primarily a question and answer period; and "Sexually Transmitted Diseases," which includes information on the transmission, symptoms and consequences of AIDS, herpes and other sexually transmitted diseases.

According to Ms. Lesser, because some of the topics are sensitive, the speaker works with school administrators and tailors the presentations to the needs of the group, based on factors such as what the past education of the children has been and the philosophy of the school. However, the speakers emphasize to administrators that they will answer factually any questions that students may ask. "We don't ignore topics if the kids bring them up," Ms. Lesser says.

The presentations are available to the schools free of charge. The program gets partial reimbursement from a grant provided by the state of Missouri for perinatal outreach. Both the schools and the speakers get a lot out of the presentations, Ms. Lesser says. "The nurses find it rewarding. They are filling a real need in our community."

In addition to the school presentations, two Barnes registered nurses from women and infants service, Becky Lipchik and Markeita Moore, teach groups from area schools and scout troops the basics of being a responsible babysitter. The classes, geared toward fifth through eighth graders, stress safety. The nurses talk about toy safety, basic first aid and what to do if a baby starts choking.

Children aren't the only ones that benefit from the women and infants service's community outreach programs. In an effort to expand its speakers' program, the department recently sent a letter, similar to the one sent to schools, offering to give presentations on pregnancy, family life and women's health to women's organizations in the St. Louis area. The service also gives presentations on pregnancy and prenatal care to homeless women at Christ Church Cathedral.



Registered nurses from Barnes' maternity staff answer the MOMS line, a 24-hour hotline set up to answer questions about pregnancy, infant care, breast feeding, delivery, recovery and more.



Pam Lesser, childbirth education coordinator, and Mary-Pat Hamm, perinatal outreach coordinator, go over the women and infants service speakers' schedule.



The women and infants got "quite an incredible response" to the letter it sent to St. Louis area schools offering to give presentations on child development, childbearing and sexuality, says Ms. Lesser, who recently spoke to a class at Normandy Junior High School.



The Lifetime Medical Television syndicated cable channel will feature an interview with Dr. James L. Cox, Barnes cardiothoracic surgeon-in-chief (right), on its show, "Cardiology Update."

Media spotlight

Retinitis pigmentosa, a degenerative eye disease, was explained on KMOV-TV May 3 by Dr. **Matthew Thomas**, ophthalmologist with the Retina Consultants group. Dr. Thomas said the best hope for a cure lies in basic research, which is funded by the Retinitis Pigmentosa Foundation.

Dr. **George J. Hruza's** forecast was not promising. He expects increased cases of **skin cancer** caused by sun exposure. Dr. Hruza, director of the Cutaneous Surgery Center, was interviewed May 2 by KSDK-TV weatherman John Fuller. Dr. Hruza said the body's immune system can repair some damage from the sun, but that exposure results in cumulative damage, leading to skin cancer in some people.

The Lifetime Medical Television syndicated cable channel spent a day at Barnes April 25 for a story on **heart arrhythmia surgery**. Program host Dr. Jeremy Swan interviewed Dr. **James L. Cox**, cardiothoracic surgeon-in-chief, and Dr. **Michael E. Cain**, cardiologist. The interviews will run September 10 on "Cardiology Update."

The spring **pollen season** prompted an interview with Dr. **Ross B. Sommer**, allergist, by KPLR-TV consumer reporter Tom Ryan on April 24. Dr. Sommer discussed the value of special home filters.

Organ Donor Awareness Week, April 23-29, was occasion for news coverage. Those interviewed included transplant surgeon Dr. **Wallace Marsh**, who spoke about kidney, liver and pancreas transplants, and lung transplant surgeon Dr. **Joel D. Cooper**, who spoke about single- and double-lung transplants. Lungs are the most recent of the major organs to be successfully transplanted.

The metro news media covered an April 19 demonstration of the new Northgate **gallstone lithotripter**, which is under clinical investigation. The machine uses shock waves to break up gallstones, thus eliminating the need for surgery for patients who are eligible. Team members interviewed were Drs. **Steven A. Edmundowicz**, gastroenterologist, **Bruce L. McClennan**, radiologist, and **James M. Becker** and **Nathaniel J. Soper**, gastrointestinal surgeons.

Dr. **Alan J. Tiefenbrunn** was among cardiologists interviewed in a *St. Louis Post-Dispatch* story April 16 about the choice of **drugs given to heart attack patients**. He said most Barnes doctors prefer the drug TPA because of its success rate in dissolving problem clots. He said other

drugs that are more economical have also been investigated.

Opening day for the **baseball Cardinals** on April 14 was accompanied by extensive media hoopla, including an interview on KSDK-TV with Dr. **Gary Quick**, medical director of the emergency department. Dr. Quick gave medical precautions for attending the first game.

Employee retirements

Two long-term employees recently retired with a combined total of 59 years of service to the hospital. L. U. Latimore, food and nutrition, and Hortense Roberts, nursing service, each received certificates of appreciation from hospital president Max Poll at receptions in their honor.

Mrs. Latimore was looking for a better job in 1968 when her daughter, who was working at Barnes, told her about an opening in food and nutrition. She started work on the same day she was hired. Mrs. Latimore's retirement plans include gardening, fishing—she says she is a fine fisherman as long as a snake doesn't show up—traveling, sewing and decorating her house. She also plans to spend time with her many grandchildren and her four great-grandchildren, but only after she gets some rest. "I'm not going to let the children wear me down," she says.

Mrs. Roberts has worked throughout the hospital in her more than 37 years at the hospital in positions other than her current one of unit aide. Her daughter, who was just a baby when she started at Barnes, grew up to get a job here also. Mrs. Roberts took care of Edgar Queeny, former Barnes board chairman and a major hospital benefactor, whom she recalls as a beautiful person, and several former board members when they were hospitalized at Barnes. To start off her retirement, she is planning on "resting for about two weeks." Mrs. Roberts will also spend a lot of her free time volunteering and working at her church and visiting with her four grown grandchildren.



Hospital notes

Dr. **R. Joseph Olk**, Barnes ophthalmologist, was a faculty presenter for the Sarasota Update Course in Sarasota, Fla., February 23 through 25. Dr. Olk also served as a visiting faculty presenter for the Latin American Continuing Medical Education Course in Santurce, Puerto Rico, March 9 and 10.

Dr. **Marvin E. Levin**, Barnes physician, recently presented a paper on "Rehabilitation of the Diabetic Amputee" at the International Diabetes Federation meetings in Australia. He also recently received two awards, the gold teaching award from the American Academy of Dermatology for his scientific exhibit, "Saving the Diabetic Foot: Responsible Management," and the physician's educator and leadership award from the St. Louis chapter of the American Diabetes Association.

Sherlyn Hailstone, vice president of Barnes' nursing service, was selected as one of 41 senior nurse executives from large teaching hospitals to participate in the Johnson & Johnson—Wharton fellows program in management for nurses. The highly competitive program will be held on the University of Pennsylvania campus in Philadelphia June 4 through 23.

Rev. **Janet M. Lutz**, director of Barnes' pastoral care, was one of a number of United Methodists and Roman Catholics who recently concluded a three-year dialogue on the ethical issues of suicide and euthanasia in the cases of terminally ill patients.

Dr. **Jack Hartstein**, Barnes ophthalmologist, was a guest speaker at the 10th International Contact Lens Congress in Atlantic City, N.J., April 14 through 16. In addition, Dr. Hartstein has been invited to present a teaching course at the XXVI International Congress of Ophthalmology, which will be held in Singapore in March 1990.

Dr. **Saul Boyarsky**, J.D., Barnes genitourinary surgeon, gave a talk on "Expert Witness Bias" at the annual convention of the American College of Legal Medicine in Rancho Mirage, Calif., on March 4.

At the National Hospital Social Work Directors meeting in St. Louis on April 5, **Delores Scott** and **Sara Schmeer**, Barnes social workers, presented "Strategies for Marketing Hospital Social Work." **Lisa Frazier**, Barnes social worker, talked about "Presenting a Professional Image" at the same meeting.

Bill Larock, R.N., will travel across Canada to Anchorage, Alaska, for six weeks in June with the Names Project quilt. The quilt, which memorializes AIDS victims, is touring Canada at the invitation of the Canadian Health Ministry.

Dr. **Eric J. Brown**, Barnes physician, has been named director of the newly created research section of the division of infectious diseases at Washington University School of Medicine, effective July 1.

The Medical Library Association selected **Kim Uden Rutter**, School of Nursing librarian, as the recipient of an MLA continuing education award for 1989. The award's stipend of \$500 was supplemented by the St. Louis Medical Librarians, who awarded Ms. Rutter \$150.

Dr. **Gustav Schonfeld**, Barnes physician and director of the Lipid Research Center at Washington University School of Medicine, has been awarded a \$1.1 million grant to study the role of certain blood proteins in causing athero-

sclerosis. The grant, from the National Institutes of Health, will support a project titled "Metabolism of Genetic Variants of Apolipoprotein B."

Dr. Robert M. Feibel, Barnes ophthalmologist, has been appointed to the museum committee of the Foundation of the American Academy of Ophthalmology.

Community calendar

Tuesday, June 6

Male impotency is the topic of a monthly series of free, informal discussions hosted by Dr. John Daniels, male diagnostic specialist, at 7 p.m. in the East Pavilion Auditorium. The program includes a videotape and printed materials, as well as time for individual questions and answers. Attendance is limited to allow ample time for discussion, and advance registration is required. Call (314) DOC-TORS (362-8677).

Saturday, June 10

"I'm Important Too!" sibling preparation classes help parents and their children ages 2 through 6 get ready for the new addition to the family. Children practice holding, feeding and diapering lifelike dolls and take a trip to the nursery during this one and one-half hour class taught by nurse educators and social workers. Registration is \$6 per child. Call (314) 362-MOMS.

Thursday, June 22

Practical information on breast feeding is provided in a two-hour class that teaches the art and techniques to new mothers. This program is also recommended for parents who have not yet decided on breast or bottle feeding, as an aid in the decision-making process. Call (314) 362-MOMS for information.

Saturday, June 24

Grandparents anxiously awaiting arrival of the new baby in the family can refresh their child care skills at an informal two-hour class led by Barnes maternity nurses. Recent trends in prenatal care, childbirth and infant care are discussed, and a tour of the childbirth area is included. Call (314) 362-MOMS for information about charges and registration.

Wednesday, June 28

Epilepsy surgery will be the subject of the June "Ask the Doctor" seminar at 7 p.m. Dr. Kerry Bernardo, neurosurgeon, will be the featured speaker. The free program will be held in Barnes' East Pavilion auditorium. Call (314) DOC-TORS (362-8677) to register.

Thursday, June 29

The basics of caring for a newborn are covered in a two-hour class for new parents. Information

discussed includes bathing and dressing an infant, tips on how to soothe a fussy baby, infant safety issues, common concerns of new parents, and hints on how to play with and get to know the new addition to the family. Call (314) 362-MOMS for more information.

Gifts to Barnes Hospital Funds

Listed below are the names of persons (honorees in **boldface**) who made contributions during April 1989 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the development office. The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

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Norma Stern

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Susan Goen, Editor

Kimberly Kitson, Managing Editor

BARNES

Barnes Hospital
at Washington University
Medical Center



Hitting The Lanes: *The St. Louis Senior Olympics gave Barnes Hospital volunteer Lucille Schoechlin an opportunity to show her prowess in bowling. This year's Senior Olympics, sponsored in part by Barnes and Jewish hospitals, offered more than 50 sporting events for athletes 55 years of age and older during the four days of competition, May 29 through June 1.*

BULLETIN

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