

BULLETIN

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Nancy Foerderer, the first patient discharged from Barnes' lung transplant program, was guest of honor at a reception October 11.

Lung transplant program discharges first patient

Describing her experience as a "rebirth," the first patient discharged from Barnes' lung transplant program was the guest of honor at a reception October 11 attended by the lung transplant team and lung transplant candidates. The recipient, Nancy Foerderer, 34, of Puerto Rico, underwent a double-lung transplant August 19, six weeks after being placed on the Barnes waiting list.

Mrs. Foerderer suffered from an unusual form of emphysema that was diagnosed when she was 19. Doctors do not know the cause and believe it may be a new, unidentified form of the disease. Emphysema is characterized by overinflation and destructive changes in the alveolar walls of the lungs, resulting in a loss of lung elasticity and decreased ability to oxygenate the blood and eliminate carbon dioxide.

The eight-hour double-lung transplant was performed by a team led by Dr. Joel Cooper, head of Barnes' lung transplant program. Before coming to Barnes in July, Dr. Cooper and his team at Toronto General Hospital in Ontario, Canada, had completed 15 single- and 11 double-lung transplants. That team performed the first successful lung transplant just five years ago after more than 40 unsuccessful attempts over 20 years by a number of surgeons.

Dr. Cooper credits the increased success of lung transplants to major technical improvements, particularly the use of omentum, a long, fatty part of the abdomen, to protect and vascularize the connection between the lungs and the bronchi, and the development of cyclosporine as an immunosuppressant drug.

Mrs. Foerderer's brother had been investigating possible pulmonary resources for her since 1986, visiting specialists in New York City and exploring the possibility of a heart-lung transplant before being referred to Dr. Cooper in Toronto. Mrs. Foerderer was evaluated in Toronto last April and accepted into the program in May following two weeks of evaluation. She came to St. Louis in May to begin a rehabilitation program at Barnes in preparation for Dr. Cooper's arrival here. Mrs. Foerderer and her husband have decided to relocate to St. Louis to be near the hospital.

Barnes is a regional transplant center with established heart, liver, kidney, heart-lung, bone marrow, long bone and cornea programs in addition to the lung transplant program. Transplantation of the pancreas also is performed.

Barnes ob/gyns named to list of nation's best

Drs. James C. Warren, chief of obstetrics and gynecology, and Roy Petrie, head of the maternal/fetal medicine division, have been named by leading doctors across the nation as two of the top 107 obstetricians/gynecologists. The survey appeared in the October issue of *Good Housekeeping*.

Magazine staff members polled 250 department chairmen and section chiefs in obstetrics and gynecology at major medical centers. The doctors were asked, "Who, in your opinion, are the most outstanding obstetricians/gynecologists across the country?" *Good Housekeeping's* list of the top 107 were mentioned the most frequently of 1,000 doctors cited.

Dr. Warren was recognized as a specialist in the diagnosis and treatment of women's hormonal disorders. Dr. Petrie was named for his work with high-risk pregnancies. Drs. Warren and Petrie are the only St. Louis obstetricians/gynecologists on the list.

Esophageal lab offers diagnostic tests

An Esophageal Function Lab has been established at Barnes Hospital as part of the thoracic surgery service. The referral service offers esophageal motility studies, Bernstein acid perfusion and 8- or 24-hour esophageal reflux monitoring to evaluate swallowing disorders and other esophageal disease.

Laura Ochoa, R.N., coordinator of the Lab, said the services offered are designed to enhance the referring physician's ability to diagnose and treat patients suffering from dysphagia, heartburn, atypical chest pain or any other of a wide variety of swallowing disorders that prove to be problematic.

The Lab provides verbal reports within 24 hours and a formal written report within a week. Consultation with a physician is not necessary, but is provided by thoracic surgeons, Drs. Joel Cooper and Larry Kaiser when requested by the referring physician.

The Lab may be reached by calling (314) 362-5692.

Renovated restaurant features expanded buffet

An expanded buffet menu, bright, airy surroundings and increased seating capacity are just a few of the major attractions at the newly renovated Queeny Tower Restaurant which reopened October 24. The restaurant, which is operated by the Barnes food and nutrition department, offers visitors a wide variety of dishes served in a contemporary and attractive setting.

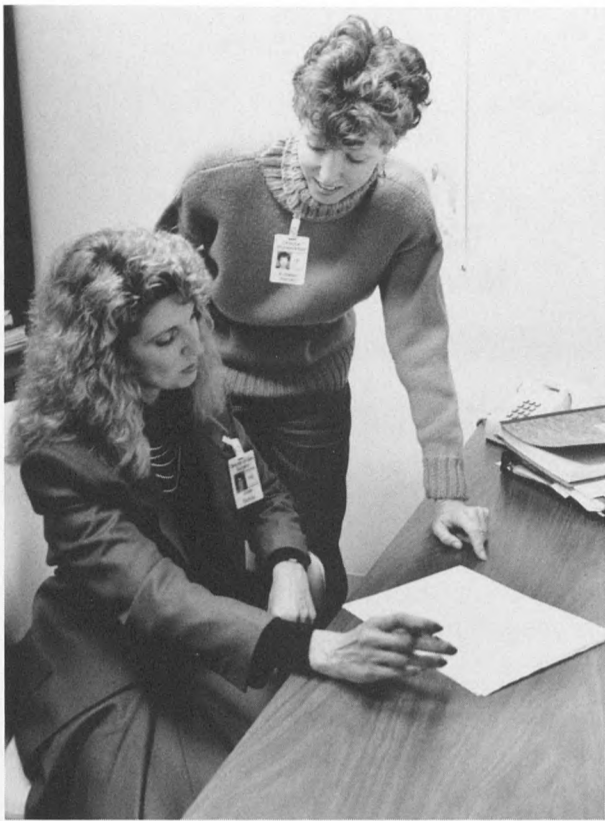
"We are particularly excited about the new buffet," said Mike Majors, director of food and nutrition. "The buffet replaces the salad bar and thereby offers our patrons a much wider variety of foods at modest prices. It's perfect for people who don't have a lot of time to spend at lunch. Customers can quickly make their selections, dine and be on their way." The restaurant, however, still has a staff of waiters and waitresses and a full menu for those who prefer more traditional service.

A striking combination of teal decor and brass fixtures accent the contemporary setting, which replaces the dark wood decor of the restaurant, originally opened in 1963. The seating arrangement offers customers spectacular views of Forest Park. A small lounge is located adjacent to the main entry of the restaurant.

The flexible design of the dining room allows the food and nutrition department greater ease in coordinating meetings and catering. "We think visitors will love the new atmosphere. It's a real plus for Barnes," Mr. Majors said.

The Tower Restaurant, located on the 17th floor of Queeny Tower, is open Monday through Friday from 11 a.m. to 8 p.m.

Front cover: The Tower Restaurant, located on the 17th floor of Queeny Tower, reopened on October 24 following extensive renovation. (See story, page 1.)



Josie Ciotola (seated) meets with Kathy Hanold, another member of the Barnes nursing administration team.

Josie Ciotola named surgical nursing director

Josephine Ciotola has been named director of general surgery in nursing service following a nursing administration reorganization. Ms. Ciotola, who joined Barnes' staff as a clinical director of surgical nursing in 1984, is now responsible through the head nurses for all aspects of patient care delivery on Barnes' eight general surgery nursing divisions.

Ms. Ciotola came to Barnes with 15 years of clinical and administrative nursing experience. Her previous experience included positions as staff nurse, assistant head nurse, head nurse, employee health service coordinator, assistant director of medical/surgical nursing and patient care supervisor. Immediately prior to joining the Barnes staff, she served as head nurse of the outpatient department and clinical director of surgical nursing at Danbury Hospital in Connecticut.

Ms. Ciotola holds a master's degree in management from Maryville College in St. Louis and a bachelor of science degree from Charter Oak College in Hartford, Connecticut. She earned her nursing diploma at St. Agnes School of Nursing in Baltimore, Maryland.

Barnes employees raise \$119,124 for United Way

Barnes employees surpassed the hospital's 1988 United Way goal, raising \$119,124 to benefit 124 local human services agencies, including the American Cancer Society, the American Diabetes Association and the American Heart Association. Barnes' goal was set at \$117,000, and employees were urged to pledge at least 10 cents a day, or one dollar per pay period, to the United Way fund. This year, 96 percent of the hospital's employees pledged assistance to the organization, which serves approximately one million people each year through health and human service agencies across the bi-state area.

Barnes again participated in the United Way pilot program to set the pace for the area-wide fund-raising campaign. The city goal for this year was set at \$43.1 million, a more than \$3 million increase over last year's goal.

Home care services expand to Illinois

Barnes Home Health and Home IV Care have entered into an agreement with Belleville Memorial Hospital's home health agency that will expand Barnes' home care services into western Illinois.

The service area includes St. Clair County, most of Monroe County and part of Madison County, including Belleville, Granite City, Collinsville, Caseyville and Fairview Heights.

Under the agreement, Barnes Home Health nurses specializing in burn care and Barnes Home IV nurses will provide services to Illinois patients from both hospitals, explained Helayne O'Keiff, Barnes Home Health services director. "Barnes specialists augment the fine home care service already established by Belleville Memorial's Medicare-certified agency.

"Previously, Barnes' Illinois patients were referred to an Illinois home care agency. With this agreement, our doctors now may be assured of continuity of care from Barnes Hospital for their patients when they return home to Illinois. Doctors from Belleville Memorial now may offer specialized burn care and IV services to their home care patients in addition to their existing quality home care services," said Mrs. O'Keiff.

"The affiliation offers Barnes a unique opportunity to work with another hospital in the VHA (Voluntary Hospitals of America) network to provide the best in healthcare for both hospitals' patients," she added. VHA is a national network of non-profit hospitals sharing management expertise as well as cost savings through group purchasing.

"Health Matters" series returns to TV lineup

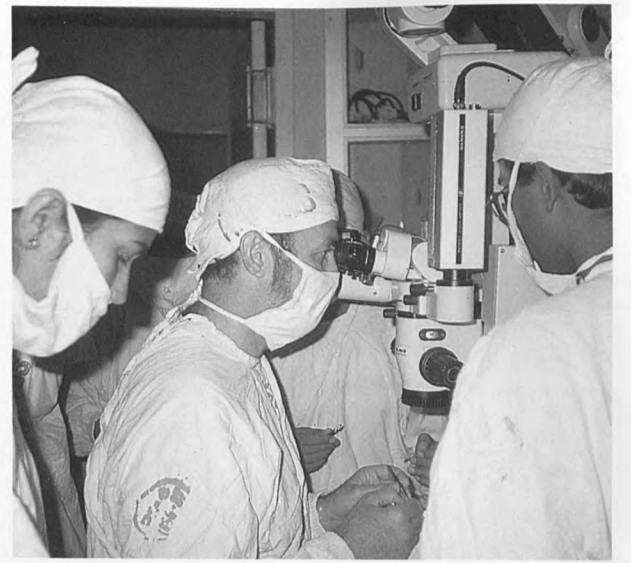
"Heart Disease: The War on Cholesterol" will launch the 1988-89 "Health Matters" season December 3. Sponsored by Barnes Hospital, "Health Matters" focuses on current healthcare topics through documentary presentations and panel discussions with Barnes doctors or other healthcare professionals. The informational program returns for its third season on KSDK-TV, Channel 5, Saturdays at 5 p.m. Medical reporter Tom O'Neal hosts the series.

Additional program topics for the upcoming season include heart surgery, skin cancer, depression, weekend athletics, first aid and breast cancer. Produced by Medstar Communications of Allentown, Pennsylvania, the 22-program series will air through next spring.

Volunteers to be honored

Barnes Hospital's 370 adult volunteers will be the guests of honor Friday, December 2, at the annual appreciation reception hosted by Barnes' board of directors and administrative staff. The reception will begin at 5 p.m. in the Tower Restaurant on the 17th floor of Queeny Tower.

The reception pays tribute to the volunteers, who contribute more than 50,000 hours of service annually in departments throughout the hospital, including admitting, food and nutrition, Barnes Lodge, medical records, human resources and development.



Barnes ophthalmologist Dr. Harry Knopf (center) aboard the Orbis DC8 jetliner.

Eye doctors share expertise through Orbis

It's a flying operating room, amphitheater and classroom, taking sophisticated technology and advanced techniques in ophthalmology into the Soviet Union, South America or the most remote regions of Africa. It is the means by which dedicated ophthalmologists from around the world exchange their knowledge and expertise in an effort to preserve or restore the sight of thousands who would otherwise be blind.

"It" is Project Orbis, an international, not-for-profit, flying, teaching eye institute aboard a refurbished DC8 jetliner. The six-year-old project has conducted 84 programs in 53 countries around the globe in its effort to combat world blindness through education and shared expertise.

Its first on-board medical director, Dr. Robert Munsch, who was instrumental in getting the project off the ground, recently joined the Barnes staff. Dr. Munsch was part of the Project's original world tour, covering 23 countries on five continents.

Dr. Harry Knopf recently became the latest Barnes ophthalmologist, following Drs. James Bobrow and Lawrence Gans, to participate in Project Orbis as a teaching surgeon, taking part in the project's first venture into India. He described the one-week whirlwind of patient examinations, surgical procedures, lectures and consultations as extraordinary.

"This was among the most rewarding experiences of my professional life," said Dr. Knopf. "It was truly an exchange of information. The Indian doctors are quite advanced in their knowledge and technique, but they face an enormous problem with blindness in the Indian population. Some five million Indians have cataracts and, unlike in the U.S. where they occur late in life, cataracts strike victims early and mature rapidly in India."

Dr. Knopf spent a week in Delhi with other leading ophthalmologists from North America, Europe and India, exchanging sight-saving knowledge through in-depth surgical demonstrations, lectures and round-table discussions with more than 200 participating Indian doctors. Nursing and anesthesiology teams and eye care technicians also exchanged information.

The focal point of the information exchange was the Orbis DC8, equipped with an exam room, classroom, audiovisual center, scrub room, operating suite, sterile work area and a recovery room. Dr. Knopf also served as a visiting professor at a national workshop on eye microsurgery held at Rajendra Prasad Centre.

Lifeline offers holiday gift certificates

A perfect holiday gift for that hard-to-buy-for grandparent or elderly friend is available through Barnes' physician referral department in the form of a Lifeline personal emergency response system. Installation of the system, a \$25 value, is being offered free with the first month's \$25 rental from Thanksgiving through December 31. Gift certificates are available through the Barnes physician referral office. Continued rental of the unit is \$25 per month.

Lifeline offers peace of mind to subscribers and their family members by providing immediate access to emergency medical assistance 24 hours a day. Designed especially for elderly, handicapped or physically disabled persons who live alone, Lifeline provides a personal help button to be worn on a chain around the neck or wrist and a two-way communicator box that acts as a direct link to Barnes physician referral registered nurses. Pressed in an emergency situation, the button sends an electronic message to the Lifeline staff member, who immediately contacts the home to determine the appropriate course of action, including sending an ambulance if necessary.

"Lifeline can provide added security for elderly persons who want to live independently, while relieving the worries of family members who may be concerned about their health or safety," says Marianne Guerrero, R.N., Lifeline manager. "It's a great gift idea, and we hope waiving the installation fee will encourage family members or friends to offer this unique and valuable gift."

For more information, call the Lifeline service at (314) 362-2220.

Nursing school announces plans for BSN program

Barnes Hospital School of Nursing has announced plans to convert its three-year diploma program to a four-year baccalaureate program, beginning with the freshman class of 1990.

The change is being made to prepare for the needs of the future in a changing nursing profession, said Mary Jane Meyer, director of the school. "The current nursing shortage is just one indication of a complex metamorphosis in the nursing profession. We believe that successfully meeting the needs of the future begins with a responsive change in nursing education."

A major step toward achieving the baccalaureate program was put in place this fall when nursing students began attending classes at the St. Louis College of Pharmacy following an affiliation between the two schools that was announced last spring. Science and liberal arts courses are taught by the College of Pharmacy faculty on its campus just east of the Barnes Hospital complex.

"The change from a three-year diploma to a four-year bachelor's degree program will not alter our commitment to providing high-quality clinical experience for our students," said Mrs. Meyer. "Clinical excellence will remain the hallmark of nursing education at Barnes Hospital School of Nursing."

Barnes Hospital School of Nursing opened in 1955. The school boasts an alumni roster of more than 2,100 graduates.



Cable News Network (CNN) videotapes the Barnes-sponsored mini-course in diabetic cooking.

Diabetics learn to cook for the holidays

It wasn't Julia Child or The Frugal Gourmet, but Barnes Hospital registered dietitians behind the appetizing aromas wafting from the activity therapy kitchen area October 19. The dietitians were offering a mini-course in diabetic cooking for the holidays for five Barnes diabetes patients while the national Cable News Network (CNN) videotaped the demonstration for a segment to be aired around Thanksgiving.

Barnes Hospital, recognized nationally as a leader in diabetes treatment, education and research, offers patients and their families a comprehensive diabetes program through a multidisciplinary team of healthcare professionals that includes physicians, surgeons, nurse specialists, staff nurses, therapists and dietitians. The cooking class was one segment of a free fall program for diabetics and their families that also addressed general diabetes questions, cardiovascular complications of diabetes and coping with holiday stress.

"The purpose of the cooking class is to help diabetics and their families realize that they can prepare wonderful dishes while adhering to a diabetic diet," said Mary Ellen Beindorff, Barnes dietitian who conducted the mini-course. "Being diabetic doesn't mean giving up holiday foods. It just means having to know how to prepare the right kinds of foods. It's a matter of learning to substitute for certain items and to reduce sugar and fat in the diet."

The mouth-watering holiday menu included pita chips and diabetic dip as an appetizer, Cornish game hens with low-fat dressing and broccoli, and diabetic cranberry relish, holiday fruit punch and pumpkin cheesecake.

Traditional Stuffing

4 cups dry bread cubes	¾ cup turkey or chicken broth
1 cup chopped celery	¼ t. black pepper
1 cup chopped onion	1 t. ground sage
2 T. chopped fresh parsley	½ t. dried thyme
1 minced garlic clove	¼ t. dried marjoram
	⅛ t. dried basil

Combine all ingredients in a large bowl. Toss to mix well. Stuff into a 10-12 pound turkey or four Cornish hens, or pour mixture into a casserole dish that has been sprayed with a non-

caloric vegetable spray. Bake in a 350 degree oven for 30-40 minutes.

Recipe yields eight one-half cup servings. Each serving has 90 calories and is equal to one bread exchange and one vegetable exchange.

Doctors' seminar focuses on high-risk pregnancy

A physician conference focusing on the latest advances in the diagnosis and treatment of high-risk pregnancy will be held at Barnes Hospital December 3 and 4. Dr. James C. Warren, Barnes chief of obstetrics and gynecology, will serve as chairman for the High-Risk Pregnancy Update.

The conference will offer presentations on dysfunctional uterine bleeding, fetal distress, premature rupture of the membranes, neonatal infections, gynecological cancer, fetal asphyxia, treating the fetus in-utero, oxytocin for the induction and augmentation of labor, and uterine and vaginal prolapse.

High-Risk Pregnancy Update begins at 7:30 a.m. Saturday and concludes at 2 p.m. on Sunday. A spouses' agenda, including a historic house tour and holiday shopping at St. Louis Union Station, St. Louis Centre and Plaza Frontenac; a night on the town, and hotel reservations in Barnes' Queeny Tower (for those requiring overnight accommodations) are included. Registration fee is \$150 per couple or \$100 for a doctor only.

For more information, call (314) 362-0170. Registration deadline is November 21.

Alzheimer's drug study in need of volunteers

The Alzheimer's Disease Research Center at Barnes Hospital currently is recruiting volunteers for the clinical trial of tacrine (THA) in the treatment of Alzheimer's disease.

Researchers are seeking volunteers over the age of 60, who suffer mildly from Alzheimer's; they must be only moderately forgetful, able to carry on a conversation and able to care for themselves. Volunteers must live within a two hour drive radius of the hospital.

Interested volunteers or family members should call (314) 362-2683 for more information.

LEA

Recovered patients



Liver transplant recipient Cindy Conrad (left) shares a special moment with Mary Swope, who also underwent liver transplant surgery.



Joan Tarr (left) suffered from a painful pancreas disorder before her pancreas was removed by Barnes surgeons in 1985. General surgery social worker Jeanette Scharp chats with Joan.



John Hanpeter Sr., a former cancer patient at Barnes, is a member of CanSurmount, a support group for cancer patients.

“There is hope.” The simple message can mean so much to those hospitalized or facing surgery for critical medical conditions—especially if those words come from someone who knows; someone who’s been there.

Hundreds of recovered Barnes Hospital patients volunteer their time to meet with patients facing the same medical problems that the volunteers have overcome. The hospital’s 14 patient support groups, coordinated by the social work department, bring together volunteers with patients who are interested in the program. Volunteers are screened, trained and then matched with patients according to medical history and personal similarities.

“It truly gives the patient hope. The medical professionals can treat the patients and explain to them what they’re going through physically, but these volunteers can give them something extra. When patients are visited by one of our volunteers they see that they can make it—that there is hope,” explains Sara Schmeer, social worker and coordinator of Dealing with Feelings, a support group for burn patients and their families.

In 1985, Joan Tarr underwent removal of the pancreas at Barnes Hospital. The procedure, a last resort to relieve severe pancreatitis, ended almost 15 years of chronic abdominal pain for her.

“The pancreatic surgery support group has been a life-saver for me,” says Mrs. Tarr. “My family and I went to a meeting before my surgery, and I’ve been involved ever since.”

“I can’t imagine anything more painful than pancreatitis. But I believe God gives the strong people the most difficult diseases. He knows we can handle the pain, and make all the necessary adjustments in our lives.”

“When I visit patients in the hospital, I know their pain. No one could possibly understand unless he’s gone through it. I try to be supportive and assure them that there is hope, but I also try to make them aware of the many adjustments that lie ahead. Like myself, these people have become instant diabetics. They have no immune systems either; their spleens have been removed. It’s difficult to get your mind focused in the right direction. Instead of thinking about the things you can no longer do, you have to focus on the things you can.”

“It makes you feel better to know that you’re not alone. I’m so thankful for the group. It’s saved my sanity—and my family’s.”

He had just returned from a winter ski trip in 1984 when John Hanpeter Sr. learned he had cancer. April 11 of that year, he underwent sur-

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s offer support, hope to others



Zenobia Patrick (left), who suffered from Bright's disease for 25 years before receiving a kidney transplant in 1987, checks with Marilyn Townsend, R.N., before visiting a recent kidney transplant recipient.

gery to remove portions of his stomach and esophagus, and his gallbladder. "I was hospitalized for 12 days. It was a very tough time for me," he remembers. He then began a six-month chemotherapy program at the end of May.

Now, he returns to Barnes for check-ups or to visit cancer patients. Mr. Hanpeter is a member of CanSurmount, a support group for cancer patients. "I praise the Lord I'm here. If I can help anyone else, I'm glad to."

For Mr. Hanpeter, the most rewarding part about being a CanSurmount volunteer, is watching the patient's reaction when he tells them his story. "Here is a fellow who had cancer years ago, telling those patients about water skiing, snow skiing and golfing—I'm here, and I'm still very active. That usually makes them anxious to talk.

"An early cancer diagnosis is not like it used to be. It's a blow to find out, but I think the patients are happy to talk to someone who's been to the brink and back. I can relate to what they're going through, and, at the same time, maybe give them hope."

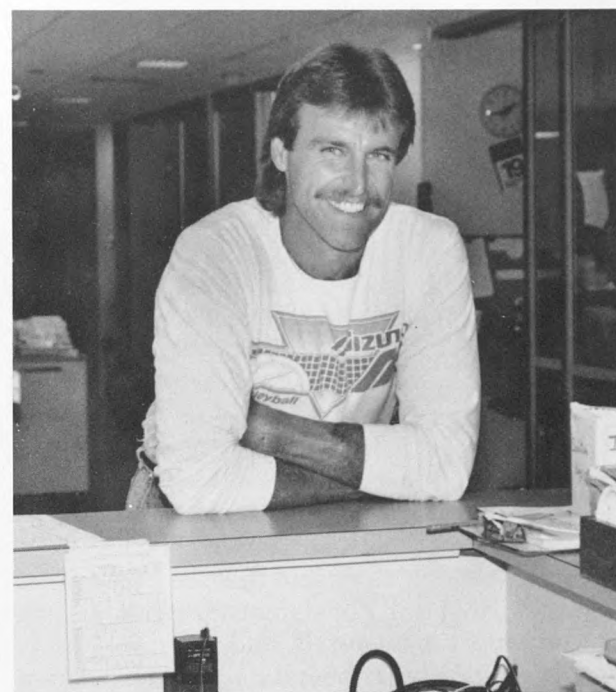
Cindy Conrad's history-making story made the headlines. Last December, just a day after the birth of her second child, Christopher, by emergency Caesarean section at St. Luke's Hospital, Mrs. Conrad was transferred to Barnes to receive a liver transplant to correct acute fatty liver disease of pregnancy. The transplant is believed to have saved her life.

"I initially joined the liver transplant support group because I wanted more information about what to expect after a transplant. When I was in intensive care, one of the group's volunteers came to visit me . . . Just looking at her gave me hope; she made it. Later, I thought, 'What she did for me, I could do for others.'

"I believe that we are put on earth to love and help each other and to gain as much knowledge as we can. The group offers a terrific learning opportunity for all of us. You meet people at different stages—some have received transplants years ago, some months ago, some days ago and some are on the waiting list. You meet patients waiting for a transplant, and you can answer their questions—you know that they feel scared. But, they see you bouncing around, and they know you've made it, and it gives them hope and encouragement . . . I have questions, too. We all want to know how life will be in the future."

Falling is one of the hazards of a roofer's job. Falling with two 500 degree buckets of tar can land a roofer in Barnes' burn center, Dennis Bello found out. In early 1982, Mr. Bello was admitted to the burn center with second and third degree burns on his right arm, right side and left arm. His chances of ever being able to use his right arm again were slim but with several operations, extensive therapy and determination, Mr. Bello regained complete use.

Mr. Bello is one of the original members of Dealing with Feelings, the support group for burn patients and their families, established later that year. "I received a letter in the mail six



Former burn patient Dennis Bello is one of the original members of Dealing with Feelings, a support group for burn patients and their families.

months after I got out of the hospital saying they were trying to form a support group. I wanted to do it—I thought it was a neat idea—but I didn't want to admit it. My wife sent it back in and said, 'You're going.' I'm glad she did.

"When I visit patients in the burn center, I usually go after visiting hours. It may be difficult for the patient to talk about his burns in front of hospital staff or even family members. I try to be very open. Everyone's different, so I go with each person's needs. Some don't want to talk about their burns at all. Some are very concerned about how they will face others. You have to read between the lines—a lot of it is being a good listener.

"I feel great when someone I've visited shows up at the next Dealing with Feelings meeting. I feel like I've really helped that person."

Twenty-five years ago, Zenobia Patrick was diagnosed with Bright's disease, a disease of the kidney. Two years ago, she began to experience chronic renal failure. Miss Patrick was unable to tolerate dialysis and was listed for transplant, which she received last year.

"There are many questions the patients are afraid to ask. I know their insecurities; I've been there . . . It is great to feel useful to others going through what I've already been through. In talking, you might be able to make their burden a little lighter. They may become a little discouraged during the wait for a kidney, but they realize, 'I can survive.'"

Miss Patrick has visited a number of kidney transplant patients at Barnes and other local hospitals. She has returned to school and hopes one day to work for the National Kidney Foundation promoting organ donation throughout the community.

"I care about people and what happens to them. First, though, I want them to care about themselves. Some patients are so afraid of what they don't know. They don't know what to expect. I encourage them to learn as much about the transplant and how it will affect their bodies as they can . . . I always tell them, 'Don't look down; always look up.'"

Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. To date in 1988, more than 900 queries from broadcast and print media representatives were made to the public relations department requesting that Barnes medical and professional staff explain current healthcare concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include the following:

The **healthcare market in St. Louis** was profiled in a special report in *Modern Healthcare* September 16. **Max Poll**, president and CEO, was among metro hospital administrators who were interviewed. The story said that the presence of "Barnes Hospital, consistently ranked among the nation's top hospitals, and the other highly regarded teaching hospitals of Washington University and St. Louis University qualify the Gateway City as one of the nation's leading healthcare centers."

Dr. Gary Quick, medical director of the emergency department, was interviewed by KHTR-FM's Kay Quinn September 18, the start of Emergency Medical Services Week. He also answered media questions September 20 on KTVI-TV and September 21 on KWMU-FM. The week was aimed at educating the public about **emergency care**. Dr. Quick said the most important first step to help the victim of a serious accident is to call, usually 911, for professional help.

Newly **refined techniques in reconstructive surgery can replace the breast** in women who have lost extensive tissue from mastectomy or radiation. **Dr. Leroy Young** was interviewed on KPLR-TV by medical reporter John Schieszer September 20. He said a "free flap" of tissue is taken from the buttocks or abdomen to rebuild a breast that is near-normal in appearance. The operation has made reconstruction possible for women who previously were not candidates for more commonly done procedures, such as an implant.

The **heart transplant softball team**, whose members received transplants at Barnes, generated news in Paducah, Kentucky, September 25. Team members from several states traveled to Paducah to play softball against a team fielded by Paducah's WPSD-TV. **Dr. Randall Genton**, heart transplant cardiologist, and several Kentucky heart recipients were interviewed after the game for a half-hour documentary about transplants.

Helayne O'Keiff, director of home health services, was interviewed for the September issue of *Home Health Line*, a newsletter of the home care industry. The story profiled the Barnes service. Mrs. O'Keiff said **home health is a vital component of medical service** and must meet patients' specialized needs, such as those of organ transplant or oncology patients.

Paula Gianino, hospice manager, discussed the sometimes-overlooked **needs of the caregiver** in an interview with KHTR-FM's Kay Quinn October 16.

Hospital notes

The following doctors are reported on staff: Drs. **Paul A. Modica** and **Ellis R. Taylor**, assistant anesthesiologists; **Dr. Paul F. White**, anesthesiologist; Drs. **Thomas Michael Egan** and **Michael K. Pasque**, assistant cardiothoracic surgeons; **Dr. Robert H. Lund Jr.**, assistant dermatologist; Drs. **Jerry L. Beguelin**, **Elizabeth Hilliker** and **Calvin B. Terrell**, assistant general

surgeons, emergency; Drs. **Michael G. Kahn** and **Randy B. Silverstein**, assistant physicians; **Dr. Beverly Faye Gilder**, assistant neurologist; **Dr. Russell B. Dieterich**, assistant obstetrician/gynecologist; **Dr. Edwin R. Ryan Jr.**, assistant ophthalmologist; **Dr. Donald L. Pruitt**, assistant orthopedic surgeon; Drs. **Tamara Kay Ehlert** and **Bruce H. Haughey**, assistant otolaryngologists; **Dr. George A. Gates**, associate otolaryngologist; and **Dr. David B. Sacks**, assistant pathologist.

Dr. J. Gershon Spector, otolaryngologist, presented "Cancer of the Lip" and "The Treatment of Facial Cancers" at the Roanoke Memorial Hospital and E.G. Gill Foundation Symposium on the diagnosis and treatment of facial cancers October 8.

Dr. Virgil Loeb, oncologist, recently represented the American Cancer Society in physician exchange trips to the Orient and Alaska. Stops in the Orient included the cities of Shanghai, Beijing, Xian, Guilin and Hong Kong. In Alaska, Dr. Loeb visited the cities of Ketchikan, Juneau, Fairbanks and Anchorage.

Dr. Joseph C. Edwards, physician emeritus, and his wife were honored September 12 by Boys Town of Missouri in recognition of 40 years of long and faithful service.

Tom Holdener, management information systems senior specialist, authored "Interfaces Dramatically Increase Productivity," which appeared in a recent issue of *Computers in Healthcare*.

Mandy Rogers, home health aide, and **Tom DeBenedetti**, physical therapist, were presented the 1988 National Association of Home Care's Meritorious Home Health Care Service Award at the organization's annual convention October 29 in San Francisco, California. More than 25 nominations were made from across the country for the prestigious award. Ms. Rogers and Mr. DeBenedetti were honored for evacuating the residents of the seventh floor of a local high rise apartment during a fire and transporting their patient to a nearby clinic for shelter until the fire was extinguished.

Dr. Marc R. Hammerman, physician, received MERIT (Method to Extend Research in Time) status from the National Institutes of Health for his latest grant—a renewal of funding from the National Institute of Diabetes and Digestive and Kidney Diseases.

Drs. **Isaac Boniuk** and **R. Joseph Olk**, ophthalmologists, recently presented lectures at the 16th meeting of The Club Jules Gonin held in Brugge, Belgium. At the 92nd annual meeting of the American Academy of Ophthalmology, October 7 through 13 in Las Vegas, Nevada, Dr. Olk received an Academy Honor Award for his contributions to educational activities.

Dr. M. Wayne Flye, transplant surgeon, recently edited "Principles of Organ Transplantation," a textbook that focuses on the latest technological and surgical improvements, the newest advances in immunosuppression and the clinical applications of authoritative guidelines for all organ transplants.

Drs. **Gilbert R. Jost**, **Joseph K.T. Lee** and **Todd H. Wasserman**, radiologists, and **Dr. Bruce J. Walz**, radiation oncologist, were named as fellows of the American College of Radiology September 27 during the organization's annual meeting in Cincinnati, Ohio.

Dr. Saul Boyarsky, urologic surgeon and attorney, has been named to the "Who's Who" list of the American Association for the Advancement of Science.

Employee retirements

Three long-term employees recently retired with a combined total of 77 years of service to the hospital. Marie Goodwin, nursing service, and Lucy McCaster and May Fleming, housekeeping, each received a certificate of appreciation from Barnes president Max Poll at receptions in their honor.

Mrs. Goodwin spent her entire 31-year tenure working in maternity. She started as a nurse assistant working the night shift on the eighth floor of the old maternity building and completed her service as a unit clerk on 5400. "I've really enjoyed caring for the patients," she said. Once she enjoys some rest, her retirement plans include working for her church and traveling. "First, I may sleep in for two weeks," she joked. Mrs. Goodwin, who is the mother of four and grandmother of six, promised to come back and visit her many friends at Barnes.



Mrs. McCaster started working for Barnes in 1972 as a housekeeper in the operating rooms. She also worked in the Barnard Free Skin and Cancer Hospital and retired from the School of Nursing. "I'm going to miss all of my friends here," she said. Mrs. McCaster plans to rest for two months but also looks forward to traveling around the nation to visit her family, she said. In January, her son retires from the Army after 30 years, and Mrs. McCaster hopes to be there to congratulate him.



Not many people can say they got their first jobs without even trying. But Mrs. Fleming of Barnes' housekeeping department did, and stayed with it for 30 years. Mrs. Fleming said she went to Barnes with a friend who was applying for a job, and left with a job of her own. She doesn't plan to let retirement slow her down now. "The senior citizens are already knocking on my door," laughed Mrs. Fleming, who is very active in church activities.



Community calendar

Thursday, November 10

Diabetic Cooking for the Holidays is the fourth of a free series of monthly lectures on diabetes. Barnes dietitians will offer cooking demonstrations at the Laclede Gas Co. Home Service Department, 4118 Shrewsbury, beginning at 7 p.m. Call (314) 362-1390.

"**Community Resources**" is the final presentation in a free seminar series designed for caregivers of older adults. The seminar will begin at 7 p.m. in the Barnes Clayton Avenue Building, 4353 Clayton Ave. Free parking is provided. Call (314) 362-5574 to register.

Wednesday, November 16

Depression will be the subject of this month's free "Ask the Doctor" seminar at 7 p.m. in the hospital's East Pavilion Auditorium on the first floor. Barnes psychiatrist Dr. Richard Hudgens

will conduct the program, which includes printed materials and a question-and-answer period. Registration is required by calling (314) 362-5290.

Tuesday, December 6

Male impotency is the topic of a monthly series of free, informal discussions by Dr. John Daniels, male diagnostic specialist, at 7 p.m. in the East Pavilion Auditorium. The program includes a video presentation, printed materials and time for questions and answers. Call (314) 362-5290 to register.

Thursday, December 8

"Coping with Holiday Stress" will conclude the free, fall diabetes seminar presented by Barnes healthcare professionals. Patrick Lustman, Ph.D., will present the program, which will begin at 7 p.m. in the East Pavilion Auditorium. Call (314) 362-1390 for more information or to register.

Free phone stickers offer important numbers

If the impending winter weather will have you wondering what to expect and how to prepare, a new Weatherline® phone sticker may help provide some answers. The approximately two-inch-square sticker features the KMOX Radio Weatherline® phone number, which offers weather forecasts along with temperature and humidity reports. Weatherline® is sponsored in part by Barnes Hospital and the sticker also includes important Barnes phone numbers, such as the emergency department and physician referral numbers.

The stickers are available free of charge through the Barnes Hospital public relations department by calling (314) 362-5290.

Former Sen. Eagleton to keynote BHS banquet

"Problems for the New President" will be the subject of keynote speaker former U.S. Sen. Thomas F. Eagleton at the Barnes Hospital Society's annual banquet, slated for Thursday, December 15, at 6:30 p.m. at the University Club Tower.

The BHS is composed of nearly 525 doctors on the Barnes medical staff and was established "to secure the development of Barnes both as a source of community service and as a center for medical progress." The society established an Award of Merit in 1982 to meaningfully honor those associated with Barnes whose service and dedication exceeds ordinary job expectations.

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Anne Dailey, Editor
Kimberly Kitson, Managing editor
Daisy Shepard, Director

BARNES Barnes Hospital
at Washington University
Medical Center

Gifts to Barnes Hospital Funds

Listed below are the names of persons (honorees in **boldface**) who have made contributions during September 1988, to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the development office. (Donations through MasterCard or VISA are welcome.) The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

Auxiliary Tribute Fund

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Jonathan Adam Jonas Cancer Research

In Loving Tribute to Our Son & Brother
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Jared Jonas

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Barnes School of Nursing Scholarship

Bill Mayharr



A gathering of friends: Barnes Hospital Auxiliary hosted the Barnes St. Peters Auxiliary for an October 18 luncheon and hospital tour that began on the pedestrian bridge. The Barnes Auxiliary, which was formed in 1959, played a major role in raising funds to construct the pedestrian bridge over Barnes Hospital Plaza. The bridge opened in March.

BULLETIN

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