

BULLETIN

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Childbirth prepayment plans offer savings

For expectant parents who are both quality- and cost-conscious, Barnes Hospital has developed two new childbirth pricing packages for one- and two-day hospital stays.

The prepayment plans, developed for low-risk maternity patients who anticipate an uncomplicated pregnancy, labor and delivery are subject to approval by the patient's obstetrician and pediatrician. The cost of the one-day plan is \$1,200; the two-day plan is \$1,500.

The early discharge childbirth packages include prepared childbirth classes; customary laboratory studies for mother and infant; routine pharmacy and anesthesia supplies for mother; fetal monitoring; choice of one of either sibling, breastfeeding or grandparenting class; infant car seat and cloth infant carrier; and a home visit and breastfeeding consult from a Barnes Home Health registered nurse. Services such as doctors' services, anesthesia, scalp Ph sampling as performed by the obstetrician, circumcision, Caesarean section or any other service not associated with normal, uncomplicated labor, delivery and post-delivery care are not included in the plans.

At any time, the one-day package may be extended to the two-day package. Charges will be adjusted to reflect the pricing difference.

Although complications are not covered in either plan, funds already paid would be applied to the patient's account. If the patient's pediatrician decides that the infant should remain in the hospital for observation or treatment beyond the plan time frame, rates still apply, but any additional costs will be billed.

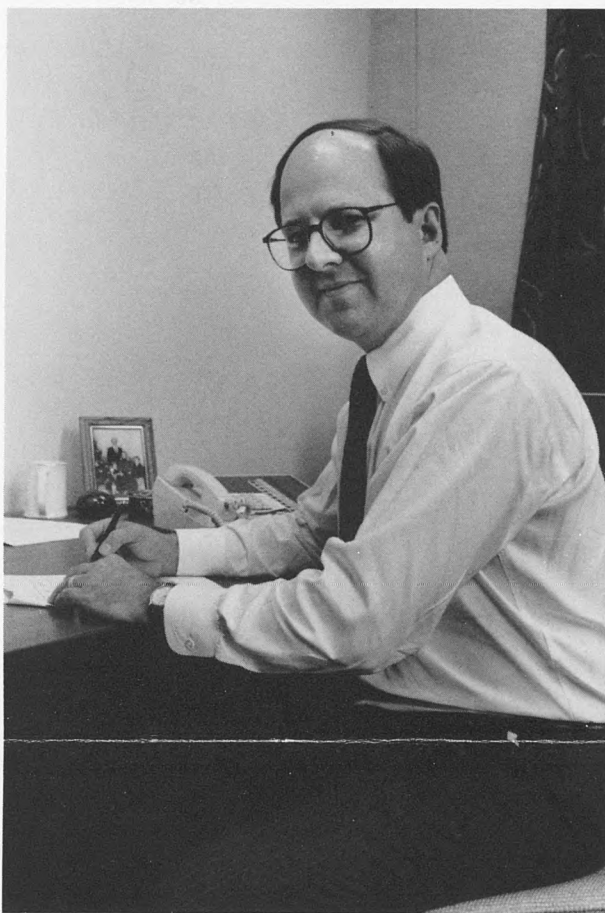
Enrollment in either program may be made up to the eighth month of pregnancy to enable insurance companies to cover the prepayment plans. Forms for Barnes' childbirth pricing packages may be obtained from staff obstetricians' offices or by calling (314) 362-MOMS.

Barnes' support services building renamed

Barnes' support services building, located on Clayton Avenue east of Newstead and west of Boyle, has been renamed Barnes Clayton Avenue Building. The facility formerly was known as the Barnes Clayton/Newstead Building.

"The change was made to more clearly identify Barnes' support services building and to differentiate the facility from surrounding buildings in the area," explained John Hanpeter, vice-president for facilities.

The facility houses several of the hospital's indirect patient service departments, including home health, human resources, laundry and management information systems, as well as some administrative offices. Barnes Clayton Avenue Building is three blocks southeast of the main hospital complex.



J. Jackson Sisk, general counsel

J. Jackson Sisk named Barnes' general counsel

J. Jackson Sisk has been appointed general counsel for Barnes Hospital. The newly created position provides executive direction on all legal functions on a corporate-wide basis as well as legal advice and counsel to the board of directors, officers and administrative staff in matters of corporate law, health law and litigation. Mr. Sisk reports to the senior vice-president for finance and systems.

Mr. Sisk came to Barnes from the law firm Peper, Martin, Jensen, Maichel and Hetlage, where he specialized in general corporate and health law matters, including services to health-care providers and payors. Mr. Sisk's representative matter included incorporations, reorganizations, mergers and acquisitions, joint venture structuring, antitrust counseling, employee benefit design and composition, HMO and PPO design and implementation, Medicare and Medicaid reimbursement and other state and federal regulation. Previously, he served as an associate with Lashly, Caruthers, Baer and Hamel, another St. Louis law firm, after holding the positions of labor relations coordinator and staff legal counsel with the St. Louis Blue Shield plan.

Before graduating from George Washington University National Law Center in 1976, Mr.

Sisk held various positions in Washington, D.C., including staff assistant and legislative aide to Senator Thomas Eagleton. He received his bachelor's degree in political science from Yale University in 1972.

Mr. Sisk is a member of the Missouri Bar Association and serves on the health and hospital law and insurance law committees, the National Health Lawyers Association, the American Bar Association and its forum committee on health law, the Missouri Society of Hospital Attorneys, the St. Louis Health Lawyers and the Bar Association of Metropolitan St. Louis.

Health insurance plan set for November ballot

With the help of Missouri hospitals, a proposal for MedAssist, a program that provides uninsured and underinsured Missourians access to affordable health insurance, has been accepted for the November 8 ballot.

In July, the signatures of 234,539 registered voters were presented to the Secretary of State as the result of a statewide petition drive developed in support of the insurance program. Barnes Hospital, along with hospitals across the state, participated in the drive. Early last month, enough of the signatures had been verified to put the measure on the ballot.

According to MedAssist statistics, one in five Missouri residents does not have adequate insurance coverage. MedAssist will benefit workers who don't have group health insurance on the job; people who lose their jobs and their coverage; people who can't get health insurance at any price because they are "high risk;" victims of catastrophic illnesses, which cause the family to go into debt; people who currently earn just enough to disqualify them from state/federal healthcare programs; elderly Missourians who need nursing home care, but, under current law, must sell their homes to qualify; Medicare beneficiaries who can't afford supplemental insurance to cover co-payments and deductibles; and low-income pregnant women, uninsured children and disabled children.

As a health trust plan, MedAssist will be partially funded by patients through premiums, co-payments and deductibles. Public funding will support the plan through a six-tenths of one percent earnings tax. In addition, Missouri businesses would contribute to the fund by paying the same earnings tax. Businesses that already provide a health insurance package for their employees will receive a tax credit against the earnings tax, which backers say should be an incentive for more employers to provide group health insurance.

The MedAssist proposal is known as Constitutional Amendment No. 8. A simple majority statewide is required for the passage.

Front cover: Barnes registered nurse Gloria Wyatt leads Bulletin through an hour in the life of an R.N.—a documentary look at the changing role of the staff nurse. (See centerspread, pages 4 and 5.)



Anamary Poehling, director of patient services

Poehling named patient services director

Anamary Staikoff Poehling has been appointed director of patient services at Barnes Hospital, a newly developed position that encompasses direction of the admitting department and pre-admitting planning area, as well as responsibility for the hospital-wide quality assurance program and the infection control program.

Mrs. Poehling comes to Barnes from MetLife Health Care Network, where she served as director of medical management and was responsible for the organization's medical expense outlay. Before joining MetLife, she served as utilization review coordinator for The Sunderbruch Corporation. Previously, she held the position of director of patient support services for San Joaquin Community Hospital in Bakersfield, California, where she managed all patient review and discharge planning activities. She also worked for other Bakersfield healthcare organizations, including Golden Empire Medical Review and Kern Medical Center.

Mrs. Poehling graduated from the Barnes Hospital School of Nursing in 1968, went to work as a staff nurse for the hospital and was named to a head nurse position in 1971.

She received her bachelor's degree in business administration from California State College in Bakersfield in 1985.

Hospital notes

Drs. **William Catalona** and **Gerald Andriole**, urologic surgeons, were recently awarded first prize for their videotape "Modified Groin Dissection for Carcinoma of the Penis with Preservation of Saphenous Veins," which was presented at the annual meeting of the American Urological Association in Boston, Massachusetts.

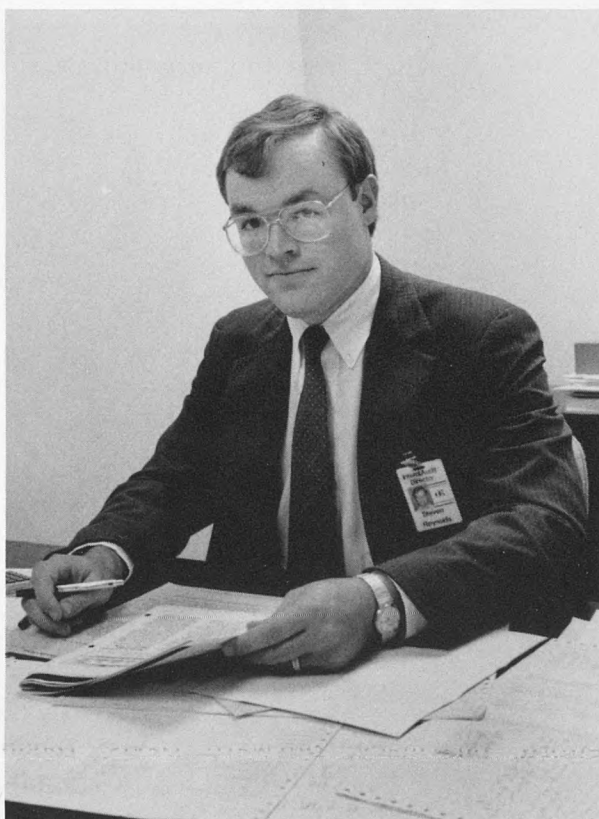
Dr. **Gustav Schonfeld**, medical director of the Lipid Research Center, spoke on "Lipoproteins and Atherosclerosis in Diabetes Mellitus" at the July meeting of the Biochemical Society's Lipid Group/Hormone Group Joint Colloquium at the University of Nottingham in the United Kingdom.

Flo Saeger, consumer relations specialist in the department of education and training, was

interviewed recently by a writer from the Bureau of Business Practice for an article titled "Paving the Way for Good Communication," scheduled to appear in an upcoming issue of *Hospital Supervisory Bulletin*.

Dr. **Jack Hartstein**, ophthalmologist, recently authored *The Joys and Dangers of Contact Lenses*, published by Carlton Press. The book is directed to those who wear or are considering wearing contact lenses.

Drs. **Roy Petrie**, **Erol Amon** and **Gregg Polzin**, obstetricians/gynecologists, authored "Fetal Vibro-acoustic Stimulation: Magnitude and Duration of Fetal Heart Rate Acceleration as a Marker of Fetal Health," which was published recently in *Obstetrics and Gynecology*.



Steve Reynolds, director of internal audit

Internal audit, financial analysis directors named

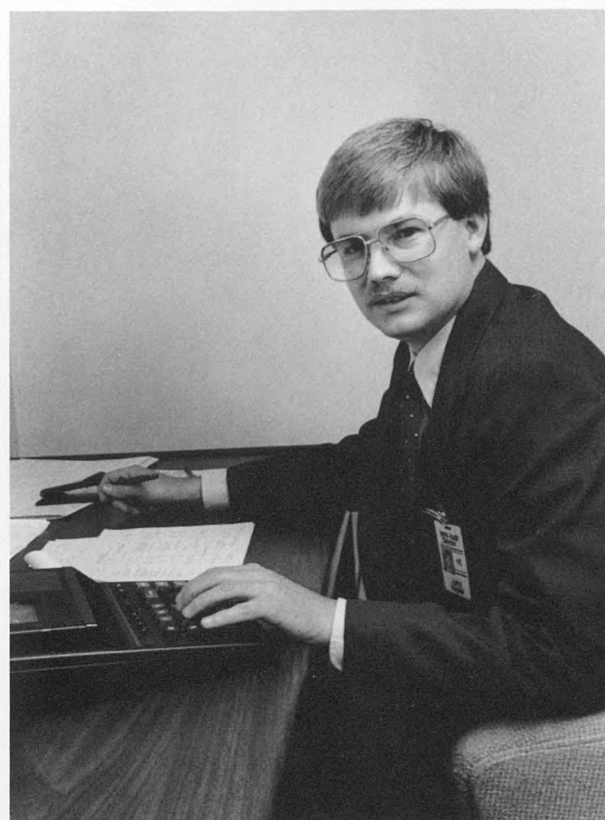
Steve Reynolds has been appointed director of internal audit for Barnes Hospital. He replaces Larry Kayser, who has been named director of financial analysis.

As director of internal audit, Mr. Reynolds is responsible for reviewing financial transaction processes within the hospital, working closely with the payroll, accounts payable and revenue systems departments. Mr. Reynolds also coordinates the annual audit with the firm of Deloitte, Haskins and Sells.

Mr. Reynolds came to Barnes from the accounting firm of Peat, Marwick, Main & Co., where he served as an audit department manager and was responsible for administrative duties including budgeting and staffing professional audit hours and coordinating and reviewing staff personnel.

He received his bachelor of science degree in accountancy from the University of Notre Dame in May 1982. Mr. Reynolds is a C.P.A. and a member of the Missouri Society of C.P.A.s and the American Institute of C.P.A.s.

Mr. Kayser joined Barnes' staff in August 1987 as director of internal audit. As director of financial analysis, a newly created position, he prepares financial analysis and projections for the hospital. Previously, he spent six years in public accounting, most recently with Coopers



Larry Kayser, director of financial analysis

and Lybrand, where much of his time was devoted to working with healthcare organizations as a senior accountant and supervisor. Mr. Kayser received his bachelor's degree from Eastern Illinois University and is a C.P.A.

Emergency on call for President's visit to city

A call from a nurse with the White House medical unit reached the office of Barnes' emergency department administrative director Joe Burke, R.N., Thursday, September 8. The hospital had been selected by White House staff members to provide any medical treatment President Ronald Reagan might need during his September 14 visit to St. Louis.

Agents from the United States Secret Service arrived Friday to tour the hospital and begin preliminary arrangements for emergency medical care should President Reagan need treatment during his stay, explained Mr. Burke.

The following days focused on detailed planning. Mr. Burke worked closely with White House representatives as well as the hospital's nursing, security, laboratories, admitting and public relations departments to ready the hospital for any presidential medical emergency.

The White House nurse arrived early in the week to tour the facility and update Mr. Burke and key emergency personnel about President Reagan's health status. The blood bank placed an adequate supply of blood matching the President's on reserve. An area of the hospital was secured for Secret Service operations. White House telecommunications staff, with the help of Barnes' telecommunications department, installed a security hotline phone, to link a Secret Service agent directly with White House staff.

The afternoon of September 14 and President Reagan's visit to St. Louis came and went without medical incident. The excitement was in the planning, Mr. Burke admitted.

"Preparation is the key to success in crisis management. We were ready—just in case, but, luckily, our services weren't needed," said Mr. Burke. "As a Level I trauma center with a national reputation for quality healthcare, Barnes is frequently named the designated hospital for many important visitors to St.

Louis. It is certainly a credit to the hospital's reputation in the medical community and the nation to be selected by the White House staff to care for the President in case of emergency."

187 employees honored for long-term service

A total of 187 employees representing more than 3,100 years of service to the hospital will be honored for their dedication November 11 at the semi-annual service awards dinner and reception. Employees celebrating 35, 30, 25, 20, 15 and 10 years of continuous service between July 1 and December 31, 1988, will be recognized with a dinner at the Omni International Hotel at Union Station, followed by an awards program. Each employee will receive a gift of personal choice, ranging from traditional gem-studded jewelry to household items such as clocks, candy dishes and bookends.

Three employees top the list of honorees with 35 years of service each: Bernice McDaniels, cardiac diagnostic laboratory; Willie Crenshaw, housekeeping; and Marie Ayler-Graves, social work.

Celebrating 30 years of service are Rodney Gardner, blood bank; Mae Fleming, housekeeping; Annette Colbert, Betty Gamble, Margie Jarmen and Shirley Shelton, laboratories; Florence Hopson, laundry; Irma Cotton, nursing service; and Vera Boyd, operating room service.

Sixteen employees celebrate silver anniversaries in the second half of 1988: Estria Tyler, clinics; Bertha Anderson, food and nutrition; Bernice Fields and May Helm, laboratories; Robbie Hall, laundry; Almeda Brown, Mary Bussell, Mahalia Jenkins, Evelyn Niggli, Ruby Robinson, Dorothy Scott and Laverne Tillman, nursing service; Yvonne Smith, operating room service; June Jackson, payroll; Gordon Evans, pharmacy; and John Curry, plant engineering.

A total of 51 employees mark 20-year milestones, including Mary Clemons, Carol Smith and Barbara Wedge, clinics; Bevelyn Littleton, design and construction; Norma McWilliams, dispatch; Lorine Adams, Katie Allen, Merry Haskin, Jerry Huey, Walter McLucas, Ollie Moore, Mary Robinson, Lovie Smith, Roland Smith and James Tartt, food and nutrition; Sylvia Hubbard, Willie Reynolds and Joe Williams, housekeeping; John Tighe Jr., human resources; and Edmonia Buford, Toni Dorsey, Alice Hamilton, Julio Happa, Sarah McGill, Marcella Stevenson, Florida Sykes and Ann Vinson, laboratories.

Gwendolyn Lambert, David Ray and Emma Simpson, medical records; Thelma Chapman, Ollie Cunningham, Ruth Curry, Regina Hamilton, Jo Hawkins, Ethel Henderson, Jeanette Howard, Maxine Johnson, Jean Klasner, Liz Norfolk, Monica Scheve, Ethel Stokes, Evelyn Thomas, Carroll Turner and Susan Williams, nursing service; Louvenia Mathison and Patricia Pruett, patient accounts; John Carter, pharmacy; John McWilliams, plant engineering; LaMont Estes, respiratory therapy; and Marilee Kuhrik, School of Nursing.

The 47 employees honored for 15 years of service include Hulstine Mastin, Odessa Pirtle and Arnetta Reese, central service; Debra Jordan and Shirley Meadows, clinics; Dorothy Savage, dispatch; Darrell Brown, Earlynn Butler, Harry Calmes, Lorenzo Cook, Ruth Dale, Elizabeth Gerard and Sharon Thomasson, food and nutrition; Mildred Bell, Laverne Criggler and Climmie Williams, housekeeping; Dorothy Goldsby

and Evanzueda Reyes, laboratories; and Gwendolyn Curry and Rosie Temper, laundry. Carolyn Buchanon-Tate, Linda Carter, Cay Doerrer, Mary Donahue, Norma Hawkins, Gloria Herron, Thelma Houston, Sallie Hutch, Carmella Johnson, Susan Keaney, Theresa Long, Billie McGinister, Wilhelmina Robinson, Barbara Wallace, Annie Williams and Claudette Williams, nursing service; Loretta Flakes, James H. Lotz, Jean Moody and Annie Tucker, operating room service; Nancy Slama, patient accounts; Shirley Blake, pharmacy; Dorothy Bigger, respiratory therapy; Dennis Anderson, security; Anne Harter, social work; Frank Armbruster, supply; and Lillis Leimbach, telecommunications.

Ten-year honorees, totaling 61, include Willita Bass-Puckett, cardiac diagnostic laboratory; Kathleen McCarthy, clinics; Mark Gregory and Patricia Norwood, dispatch; Georgette Kawa and Theresa Kurtz, food and nutrition; Carrie Bailey, William Binion, Kevin Gladney, Winnie Howard, Carl King, Birdie Miller, Allie Moore, Charles Ruffin and Thelma Ruffin, housekeeping; Leslie Adams, Carol Arriaga, Sharon Brandon, Linda Case, Gloria Edwards, Mary Sharp, Carol Weber and Sharon Woolfork, laboratories; Darrell Agnew, laundry; and Robert Hunt, management information systems.

Elouise Gardner, Mike Gentle, Beverly Green, Glenda Grither, Virginia Guinness, Pamela Haule, Constance Hogan, Roberta Kerschner, Margaret Knaup, Beverly Livingston, Susan Merrick, Deborah Orf, Myra J. Perez, Doris Petty, Patrice Walker and Andrea Walters, nursing service; Terence Gordon, Cerjuana Gregory, Rebecca Hartzke, Marlon A. Jones, Eve C. Payne, Randall Scott and Darrell Tabor, operating room service; Alisa Podolski, patient accounts; Patrick Gregory and Barbara Shackelford, pharmacy; Durward Davis, David Dickens and Michael McGinnis, plant engineering; Tod Cunningham and Yvonne Sledge, respiratory therapy; Benjamin Griffith, security; Rebecca Banks, Cathy Herbert and Jamie Schneider, social work; and Thomas Dossett, supply.

Caregivers offered class on high-risk pregnancy

A program designed to explore issues surrounding prenatal management of high-risk pregnancies will be offered Thursday, November 10, in Barnes Hospital's East Pavilion Auditorium. Directed toward obstetrical nurses, community health nurses, social workers, childbirth educators and others who provide care to pregnant women, "High-Risk Pregnancy: When to Act" focuses on the nurse's role in assessment, transport and home care.

The program is sponsored by Barnes' women and infants division and department of education and training along with Mead Johnson and Healthdyne. Participants will learn to identify the patient at risk, make appropriate referral, recognize signs of preterm labor and oversee components of management. Current legislative issues relating to perinatal care also will be discussed. The program has been approved for six contact hours by the Missouri Nurses Association.

The \$30 registration fee for the all-day program includes lunch; after October 25, registration is \$40. Staff members of Barnes or Barnes St. Peters may attend free with the \$10 lunch optional. Seating is limited, so early registration is requested. Call (314) 362-5250.



Britt Berrett is presented a certificate by scholarship namesake Robert E. Frank and Barnes Auxiliary president Martha Eyermann.

REF scholarship awarded to Barnes administrator

Britt Berrett, a Barnes evening/night administrator, has been selected to receive the Robert E. Frank Scholarship in Hospital Administration at Washington University School of Medicine. Mr. Berrett was chosen on the basis of professional promise and academic performance, explained Auxiliary president Martha Eyermann.

The scholarship, established by the Barnes Hospital Auxiliary in 1984, honors Mr. Frank, Barnes president from 1966 to 1986. The scholarship pays tribute to Mr. Frank's support of the Auxiliary and the volunteer services.

Awarded annually, the one-year scholarship goes to a full-time student in the health administration program at Washington University School of Medicine. Mr. Berrett is in his final year of the MHA program.

Mr. Berrett came to Barnes and the Washington University program in 1987 from Brigham Young University in Provo, Utah, where he received his bachelor's degree in finance. As a Barnes evening/night administrator, he is responsible for general administrative functions during the evening, night and weekend hours.

Award ceremony honors junior volunteers' service

More than 50 junior volunteers were honored for their service to Barnes at an awards ceremony August 19 in the hospital's East Pavilion Auditorium sponsored by the volunteer department and the Auxiliary.

As part of the ceremony, each JV received a service bar representing length of service. A total of 43 JVs completed their first year of service, 10 their second year and two their third year. In addition, 20 junior volunteers were awarded 100-hour pins, and nine received 200-hour pins. Nita Muse and Trayce McNeal were presented 300-hour caps. A special award was given to Kevin Robinson for 717 hours. The JVs logged more than 7,000 hours of service this year.

The junior volunteers were also treated to an evening at a St. Louis Cardinals baseball game by the Auxiliary August 16.



8 a.m.

A single hour

THE NURSE'S

8 a.m.

At this time of morning, the division is still humming from the shift staffing change. Teams of house doctors meet for rounds at the nurses station. "Alan, turn on your light, please," calls the unit secretary. Mrs. Wyatt, along with the other registered nurses on the day shift, are just finishing up report from the night crew. Tape-recorded by the night shift, report brings the nurses on duty up-to-date on each patient's progress and needed plan of care. A few members of the night shift are still on-hand to answer any questions.

8:05

As the charge nurse, Mrs. Wyatt is responsible for managing the nursing team and coordinating a variety of activities necessary to ensure the efficient delivery of care to all patients on the division. She begins her rounds—a clipboard holding her notes from report, IV tickets and dressings—in Mrs. Cooper's room. A quick check of the intravenous line reveals that it is running properly and the IV site is cleanly dressed. Mrs. Wyatt silently notes the patient's status while checking the IV ticket. As the healthcare worker who has the most contact with a patient on a daily basis, the nurse is attuned to any subtle changes in his or her condition and needs for emotional support.

8:11

Mrs. Wyatt continues her rounds, greeting each patient by name. "How are you feeling today?" she asks in a calm, gentle voice. All is running smoothly.

8:18

She enters Mr. Harrell's room. "Good morning. I'm Gloria, and I'm here to see how you are feeling and to change your IV dressings," she tells him. Delicately, she lifts his left hand to redress the IV site. She is concerned about how he is adjusting to being hospitalized and whether he is experiencing any new problems. "When did

A single hour in the day of a Barnes Hospital registered nurse reveals the complexity of a professional nurse's position in the medical community, which has changed significantly during recent years due to new technology in health-care, increasing severity of patient illness and, more importantly, the primary role the nurse plays in a patient's care. In addition to being direct providers of care, professional nurses are coordinators, teachers, counselors and advocates for their patients.

Bulletin recently caught up with Barnes R.N. Gloria Wyatt, a two-year employee who works the day shift. Mrs. Wyatt frequently functions as the charge nurse for her nursing division. She is also involved in the unit's quality assurance committee. "I love my job, but I feel that few people see the full picture of what nursing really is," she explains.

At 8 a.m., when most people are just arriving at work, Mrs. Wyatt has already reviewed the conditions of all patients on 9100, a 26-bed medicine division, in a staff report and begun her rounds. What's early for most is a good start on the day for her.

you come in?" "Five o'clock Sunday." "That's been long enough already, hasn't it?" she asks sympathetically. He smiles and says, "It's difficult being away from home." "Where are you from? Are you from St. Louis?" she asks as she deftly cleanses and rebandages his IV site. "No, Jefferson County. The town I live in is just a wide spot in the road." "Just a wide spot in the road?" She smiles. As she thanks the patient, she touches his right arm reassuringly and then leaves the room.

8:26

Clipboard constantly at hand, she returns to the nurses station and sits at a video display terminal to begin entering data into the medicus



8:05



8:18

NURSE'S ROLE

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acuity system—another of her daily responsibilities as charge nurse. She enters each patient's level of ability to care for himself or herself into the computer system. The information, which once was written by hand, is sped through to the staffing office with the help of the computer. Based on staffing from the day before, it helps determine how many nurses are needed on the division for the day. "Bath with assistance." "Bed rest." "Bath total." "Assistance with oral/tube feeding." The list continues.

8:44

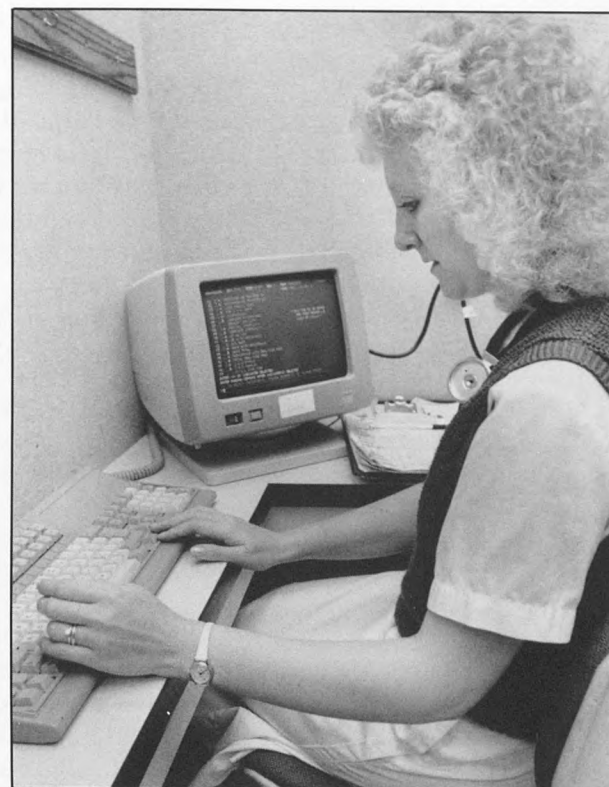
With doctors' rounds nearing completion, it's time to check for doctors' orders on the patient medical charts. Charts with orders are flagged red on the binders. The charge nurse communicates relevant changes in orders to nursing team members to assure that priorities are met quickly and that new treatments are instituted in a timely manner. The nurse also provides valuable information to the physician about a patient's status and thus confers with the doctor when changes in orders are required.

8:52

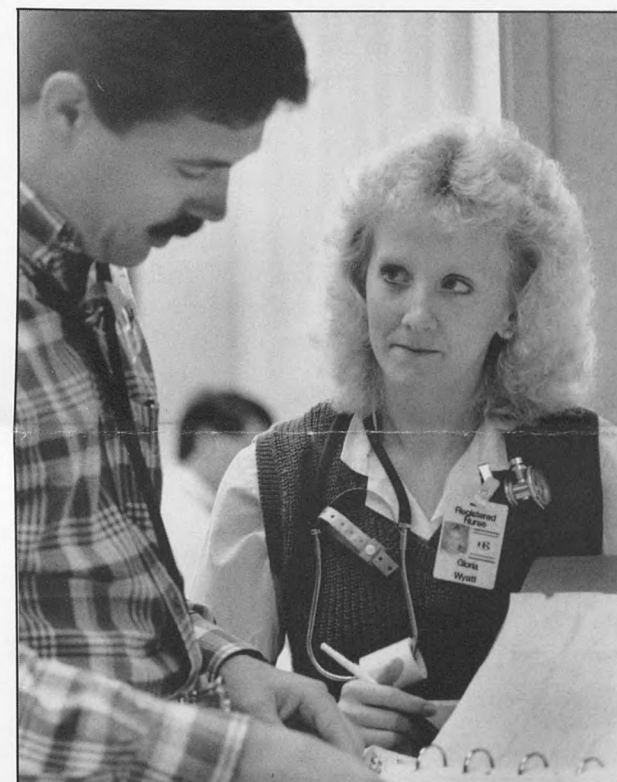
On her way to another patient room, Mrs. Wyatt stops to check the patient's EKG on a monitor. She runs an EKG strip and analyzes it with a staff nurse. "This looks like PVCs," she says. "They took his blood pressure during the night—it had been high—and the patient was somewhat concerned," adds the staff nurse. "This morning his blood pressure was normal." Educated to make accurate physical assessments of a patient's status, Mrs. Wyatt makes a note on her clipboard to discuss the situation with the patient's doctor. A timely assessment helps the physician make necessary changes in the patient's treatment plan.

8:56

Mrs. Wyatt makes her way down the hall—clipboard in hand. She enters the patient's room. "Good morning. How are you feeling today?" she asks in a calm, gentle voice . . .



8:26



8:44



8:52

Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. To date in 1988, more than 800 queries from broadcast and print media representatives were made to the public relations department requesting that Barnes medical and professional staff explain current healthcare concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include the following:

Are "sports drinks" necessary to replenish fluids lost during strenuous exercise? Probably only for marathon runners or other endurance athletes, **Mary Ellen Beindorff**, registered dietitian, said on KWMU-FM August 15. The sugar content of many such drinks may actually impede absorption of fluid.

Approval by the Food and Drug Administration of the drug **minoxidil** to treat male pattern baldness was reported on KMOV-TV August 18, including an interview with dermatologist Dr. **Jerome M. Aronberg**. Dr. Aronberg said the drug's effectiveness is limited.

Lung transplants are now effective therapy for certain patients with end-stage lung disease, Dr. **Joel D. Cooper**, head of thoracic surgery, said in a special report on KTVI-TV August 19. Dr. Cooper told medical reporter Lisa Allen that the lungs represent the last of the major organs which doctors have learned to successfully transplant. Single-lung transplants are appropriate for patients with certain diseases, especially pulmonary fibrosis. The double-lung transplant has become available for conditions including emphysema and cystic fibrosis.

Dr. **Jay Marion**, oncologist, was called upon for perspective on a report by the National Cancer Institute on **smokeless tobacco**, a major risk factor for oral cancer. Eighty percent of high school boys in Missouri have tried smokeless tobacco at least once, the report said. Dr. Marion said oral cancer can cause extensive facial disfigurement and eventually can lead to death.

John Hackett, administrator of Barnes/Sutter Healthcare, was asked by the *St. Louis Post-Dispatch* August 28 about how industrial workers coped with this summer's heat. Mr. Hackett said few heat-related problems were reported by workers. He attributed that to management and workers becoming informed about heat dangers and taking precautions.

Dr. **Douglas W. Hanto**, director of organ transplantation, was available for several interviews about transplants. He discussed a kidney transplant case involving brothers-in-law August 17 for the *St. Charles Post*. He explained that transplants between living, non-related donors can relieve the shortage of cadaver organs. He talked to the *Kansas City Times* August 30 about a new preservation fluid, which extends the time organs for transplant may be kept on ice during transport. The fluid makes more organs available, since retrieval teams can travel longer distances. Dr. Hanto was again interviewed September 13, this time about a kidney transplant between identical twins. Such transplants are rare. Dr. Hanto said the recipient would need no drugs, with potential side effects, to suppress his immune system.

Neurologist Dr. **John Carl Morris** discussed treatment and research of **Alzheimer's Disease** for the August issue of *Missouri Hospitals Magazine*. Dr. Morris said the Alzheimer's Disease Research Center is currently following about 250 patients.

Employee retirements

Two long-term employees recently retired with a combined total of 41 years of service to Barnes Hospital. Julio Happa, laboratories, and Bennie Mills, nursing service, each received a certificate of appreciation from the hospital at receptions in their honor.

Mr. Happa, a 20-year Barnes employee, served his tenure as a technical supervisor in the surgical pathology laboratory, where he was responsible for establishing a histology technician training program. Most of the laboratory's current employees are graduates of the program. Mr. Happa also has lectured internationally on surgical pathology. His retirement plans include moving back to Argentina with his wife and oldest son, where he will serve as a part-time professor at the University of Argentina in Buenos Aires and will develop histology and medical technician programs.



Mrs. Mills came to work for Barnes 21 years ago after graduating from a local L.P.N. program. "Barnes Hospital is the only place I've ever worked... I remember when I used to catch a streetcar right out front," she remembers. As an L.P.N., Mrs. Mills has worked on otolaryngology, obstetrics/gynecology and orthopedic divisions. The mother of eight and grandmother of 13 has traveled the world and plans to catch up on some rest and relaxation during her retirement.



Community health is focus of screening

Concerned about your health? A community health screening day, co-sponsored by the Barnes Hospital Auxiliary and the hospital's Health Education and Screening Center, is slated for Tuesday, October 18, at Barnes.

The free program, to be held in the Health Education and Screening Center (off the ground floor lobby), will include blood pressure, vision and colorectal cancer screenings as well as height/weight checks and stress level assessments.

The screening runs from 9 a.m. to 4 p.m. No appointment or registration is necessary. For more information, call (314) 362-1390.

Community calendar

Thursday, October 6

"Understanding the Needs of the Caregiver" kicks off a seminar series for caregivers of older adults, which runs six consecutive Thursdays at 7 p.m. in the Barnes Clayton Avenue Building. Sponsored by the department of social work and hosted by Barnes healthcare professionals, the series focuses on the specific issues of caring for the elderly. Topics include "Medical Issues with Older Adults," October 13; "Memory and Aging," October 20; "Legal Issues," October 27; "Depression and the Elderly," November 3; and "Community Resources," November 10. For more information or to register, call (314) 362-5574.

Wednesday, October 12

The latest advancements in dental implantation will be the topic of this month's free "Ask the Doctor" seminar at 7 p.m. in Barnes' East Pavilion Auditorium. Dr. Allen Sclaroff, chief of oral/maxillofacial surgery, will conduct the program, which includes slides, a videotape and printed materials as well as a question-and-answer period. Registration is required; call (314) 362-5290.

Tuesday, October 25

"Diabetes and Cardiovascular Complications," the second in a free series of monthly lectures on diabetes presented by Barnes healthcare professionals, is scheduled from 7 to 9 p.m. at the Lewis and Clark County Library, 9909 Lewis and Clark Blvd. in north St. Louis County. Dr. Donald Skor, diabetologist, will be the speaker. For more information, call (314) 362-1390.

Tuesday, November 1

Male impotency is the topic of a monthly series of free, informal discussions hosted by Dr. John Daniels, male diagnostic specialist, at 7 p.m. in Barnes' East Pavilion Auditorium. The program includes a videotape and printed materials as well as a time for individual questions and answers. Attendance is limited to allow ample time for discussion. Advance registration is required; call (314) 362-5290.

Dr. Edmund Alvis dies

Dr. Edmund Alvis, retired Barnes ophthalmologist, died September 15 after a long illness. He was 78.

Born in Olney, Illinois, Dr. Alvis received his medical degree in 1934 from Washington University School of Medicine and served his residency at Barnes Hospital. He was a member of Barnes' staff for 50 years and served as an assistant professor of ophthalmology at Washington University School of Medicine. He was named to an emeritus post with the School of Medicine in 1979 and retired in 1984.

Dr. Alvis served in the 21st General Hospital Unit in North Africa, Italy and France during World War II.

Dr. Alvis, who resided in Town & Country, is survived by his wife, daughter and two grandchildren.

Gifts to Barnes Hospital Funds

Listed below are the names of persons (honorees in **boldface**) who have made contributions during August 1988, to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the development office. (Donations through MasterCard or VISA are welcome.) The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

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BARNES

Barnes Hospital
at Washington University
Medical Center

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Prepared for Disaster: Barnes joined other metropolitan St. Louis hospitals and city agencies September 22 in an area-wide disaster drill. The drill simulated an influx of patients in the aftermath of a hazardous material spill of gasoline, benzene and ammonia near the city's Southwest High School. The school's students served as mock victims. As a designated Level I trauma center, Barnes would receive a high percentage of seriously injured victims requiring specialized care if a major disaster broke in the area.

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