

Bulletin ^{Barnes}

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Sherlyn H. Hailstone

Sherlyn Hailstone named associate VP

Sherlyn H. Hailstone has been named associate vice-president of nursing at Barnes Hospital. In this position, reporting directly to the senior vice-president of patient care, Mrs. Hailstone is responsible for nursing care delivered on all nursing divisions and in the emergency department.

Mrs. Hailstone, who joined the Barnes staff as a registered nurse 13 years ago, had served as director of medical nursing since 1982. In that capacity, she coordinated patient care delivery, managerial staff development, budget control and overall planning in the medical areas of the hospital. Those areas include 250 general care beds, 31 intensive care unit beds, a 13-bed bone marrow transplant unit, a six-station acute dialysis facility and endoscopy and dermatology surgery treatment areas.

Mrs. Hailstone came to Barnes in 1973 as a staff nurse and was named assistant head nurse and then head nurse of the respiratory intensive care unit in 1975. From 1980 until 1982, she served as an assistant director of nursing, primarily responsible to the director of medical nursing.

A 1973 graduate of Barnes Hospital School of Nursing, Mrs. Hailstone also holds a bachelor of science degree in nursing from St. Louis University School of Nursing which she completed in 1980. She is currently pursuing a master of science degree in nursing with a concentration in respiratory nursing.

Mrs. Hailstone resides in West County.

Front cover: Otolaryngologist Dr. Stanley Thawley, who became a first-time chief editor with publication of *Comprehensive Management of Head and Neck Tumors*, is among recent doctor-authors featured in "Medicine's Mentors," pages 4-5.

Home Health hosts St. Charles open house

Barnes Home Health will host an open house November 25 from 2 until 6 p.m. to mark the opening of its new center in St. Charles County. Barnes' rapidly growing home health department, associated with the Irene Walter Johnson Institute of Rehabilitation, expanded service to St. Charles County last August and the new office at 1058 S. Cloverleaf Dr. will serve as headquarters for nurses, aides, therapists and other consultants visiting patients in that area.

The open house will offer St. Charles County area residents and doctors the opportunity to meet Barnes Home Health staff members and receive information about services available through the two-year-old hospital-based agency. Blood pressure, diabetes, hearing and pulmonary function screenings will be available to visitors and a registered dietitian will offer presentations on nutrition at 2 and 4 p.m. Refreshments will be on hand.

A Medicare-certified agency, Barnes Home Health in association with IWJ provides treatment for homebound patients in need of intermittent nursing care or personal care services; physical, occupational or speech therapy; and nutrition and social services. It also specializes in burn, hospice, respiratory and ostomy care, Parkinson's disease treatment and intravenous therapy.

Barnes sets pace for Marathon activities

Hudlin Park across from Barnes Hospital will become a center of activity Sunday, November 23, when the 15th annual St. Louis Marathon gets underway at 8 a.m. Barnes again is serving as a major sponsor of the 26.2-mile event organized by the St. Louis Track Club and attracting runners from across the country.

On race day, Barnes will staff a medical station near the start/finish line and 10 smaller aid stations along the marathon course. The hospital ambulance also will be available to ensure emergency transportation if required.

Spectators may gather at the Barnes viewing area at the corner of Clayton and Euclid, along the Marathon route, to cheer on the runners as they pass the 20-mile mark. The viewing area will feature music by the Barnes/WUMS doctors' band, the Hot Docs, and continental breakfast fare at 1904 prices to commemorate the first Olympiad that included a Marathon race. Spectator packets containing items to promote a favorite runner also will be available. Free parking will be provided for all spectators on the parking lot at Taylor and Clayton Avenues, with shuttle service to the viewing site.

The Marathon will begin at 8 a.m. at the intersection of Lindell and Kingshighway Boulevards at the entrance to Forest Park. The course will guide runners through downtown, winding along the river and through the Souldard area of south St. Louis to Tower Grove Park, before leading back into Forest Park and the finish line.

Five Barnes residents receive Knowlton Award

Five residents in internal medicine were honored September 30 as the recipients of the Knowlton Incentive for Excellence Awards. In its second year, the annual award program was established by Charles J. Cella with a gift of \$750,000 to honor Barnes physician Dr. Norman P. Knowlton Jr. Recipients are recognized for extraordinary excellence in the practice of medicine and patient care.

The 1986 recipients were Dr. William Claiborne Dunagan, Dr. Steven Edmundowicz, Dr. James Hansbrough, Dr. Robert Kopitsky, and Dr. Samuel Wickline.



Gordon Lintz displays certificate presented by scholarship namesake Robert E. Frank and Auxiliary president Darlene Roland.

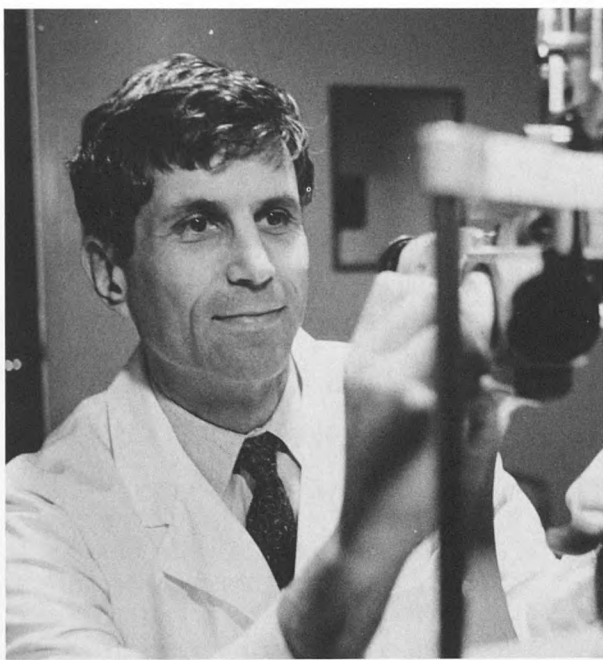
WUMS student selected for REF scholarship

Gordon E. Lintz has been named the second recipient of the Robert E. Frank Scholarship in Hospital Administration at Washington University School of Medicine. The scholarship was established by the Barnes Hospital Auxiliary in June, 1984, to pay tribute to Mr. Frank, Barnes president from 1966 through June, 1986. According to Auxiliary president Darlene Roland, the scholarship was established to recognize his support of Auxilian and volunteer efforts at the hospital that enabled the two groups to "take a meaningful role to help effect the hospital's success and to enhance patient care."

The one-year scholarship is awarded annually to a full-time student in the second year of the health administration program at WUMS. Mr. Frank serves as an instructor in the program.

Mr. Lintz, who hails from Madison, North Carolina, was selected on the basis of his professional promise and academic performance. He earned his bachelor of science degree in May, 1985, at Wake Forest University in Winston-Salem, North Carolina.

The scholarship was presented at an October 24 luncheon attended by Mr. Lintz, Mr. Frank, Mrs. Roland, Barnes board chairman Armand Stalnaker, Barnes president Max Poll and director of the health administration program, James Hepner.



Dr. Stephen Waltman

Eye surgery is focus of free program

The latest trends in vision-correcting surgery will be the subject of a free informational program open to the public Wednesday, November 19, at 7 p.m. in the East Pavilion Auditorium at the hospital.

Dr. Stephen R. Waltman, Barnes ophthalmologist, will discuss radial keratotomy to correct nearsightedness, "living" contact lenses for people who can't wear traditional contact lenses due to other eye problems, as well as other vision-correcting surgery. Dr. Waltman, head of the Barnes corneal transplant program, has been among the first surgeons to use these new vision-correcting techniques in the St. Louis area.

The program will include slides and printed material, as well as time for individual questions and answers. One of a series being presented by Barnes physicians and surgeons, the program is designed to give interested persons an opportunity to explore options, learn about charges and insurance coverage, ask questions and hear about the latest advances available today—without the expense of an office visit.

Although there is no charge for the program, advance registration is required. Call (314) 362-5290. Free parking will be provided in Barnes' subsurface garage.

Dr. Virgil Loeb becomes ACS president

Dr. Virgil Loeb Jr., oncologist, was inducted as national president of the American Cancer Society November 7 at the association's annual board meeting in New York City. Dr. Loeb will serve a one-year term as president of the non-profit, volunteer organization comprising more than 2.5 million board, delegate and volunteer members.

The American Cancer Society, considered the world's largest volunteer health agency, raises money to fund programs in cancer research, patient service, professional and public education, and all respects of cancer control.

Dr. Loeb is only the second St. Louisan to be named president of the 73-year-old society founded to "disseminate knowledge concerning the symptoms, treatment and prevention of cancer; to investigate conditions under which cancer is found; and to compile statistics thereof." The first St. Louis president of the agency was former Barnes oncologist, the late Dr. Wendell Scott, in 1964.

CPR guidelines undergo revision

"Twenty-five years have passed since the introduction of external chest compression offered hope for substantially reducing the nearly 1,000 pre-hospital sudden deaths per day in the United States," states the introduction to the guidelines for cardiopulmonary resuscitation and emergency cardiac care published in the June 6, 1986, *Journal of the American Medical Association*. The combination of chest compressions and ventilations, commonly known as cardiopulmonary resuscitation (CPR), recently underwent new revisions following recommendations by an emergency cardiac care subcommittee of the American Heart Association. Barnes cardiologist Dr. Allan Jaffe, subcommittee member, was responsible for the advanced cardiac life support guidelines.

"Cardiopulmonary resuscitation is not a static procedure," said Dr. Jaffe. "Emergency cardiac care is a dynamic discipline that continues to develop through ongoing research and experience."

"Statistics show that 60 to 70 percent of sudden deaths caused by cardiac arrest occur before hospitalization. In addition, a 1983 study indicated that two thirds of the adult U.S. population had an interest in CPR training. In this sense, the continued development of CPR guidelines is paramount."

The recent practical changes are being taught through the text and structure of emergency cardiac care training courses, including CPR for lay persons and special emergency training for healthcare professionals.

Some of the major changes that will be taught to the community in training and annual recertification courses include changes in support of ventilation, prolonged duration of ventilations, the elimination of two-person training for lay persons and the recommendation of the Heimlich maneuver for obstructed airways.

MSI celebrates one-year anniversary

Midwest Stone Institute (MSI) marked its one-year anniversary last month, having served 741 patients with kidney stones in its first year of operation. MSI provides extracorporeal shock wave lithotripsy—the non-invasive destruction of kidney stones through the use of shock waves—for Missouri and Southern Illinois and currently operates the only lithotripter in the area.

The extracorporeal shock wave lithotripter, developed in Germany, shatters painful kidney stones by pummeling them with shock waves. Residual, sand-like debris from the stone is easily excreted in the urine, usually within three months.

MSI has served patients from as far away as Japan and Chile, says operations manager Dean Matthews, and ranging in age from 10 to 91. While the treatment began as an inpatient service in October, 1985, outpatient and transfer services began last spring.

In its first year, medical director Dr. Ralph Clayman, urologist, and his staff reviewed more than 800 prospective cases and achieved a 94 percent success rate on the 741 patients accepted for treatment. (The size and location of a small percentage of stones prevents use of the lithotripter for some patients.) In addition to offering patient treatment, MSI has become one

of just 14 centers in the country offering American Urological Association-approved training to other urologists.

MSI, a unique cooperative venture among 13 area hospitals, comprises Barnes, Christian Hospital Northeast-Northwest, Deaconess Hospital, Incarnate Word Hospital, Jewish Hospital, Missouri Baptist Hospital, Normandy Osteopathic Hospital, St. Anthony's Medical Center, St. John's Mercy Medical Center, St. Joseph's Hospital in Kirkwood, St. Luke's Hospital, St. Mary's Health Center and The University Hospital.

The MSI lithotripter is located on the third floor of Barnes Hospital.



Volunteer Katherine Steele receives a cosmetic makeover during the annual volunteer program, titled "Maturing Actively and Beautifully."

Volunteers are guests at program, reception

Maturing actively and beautifully was the focus of the 1986 volunteer program October 28. Dr. Harold Wolff, Barnes psychiatrist, opened the program with a discussion of the psychological aspects of aging and its effects on individuals. Following Dr. Wolff, Sandy Luttrell, training and promotional assistant coordinator for Estee Lauder cosmetics, offered tips on make-up application and color selection and performed a beauty makeover on volunteer Katherine Steele. A luncheon in the cafeteria concluded the annual volunteer program.

All volunteers will be honored December 12 at the annual appreciation reception hosted by Barnes' board of directors and administrative staff. The reception and dinner, to be held in Queeny Tower, pays tribute to the more than 300 adult volunteers who have contributed over 50,000 hours of service this year in departments throughout the hospital.

Employee retirements

September 26 marked an end and a beginning for laundry employee Leoma Anderson when the 16-year veteran embarked on her well-earned retirement. Mrs. Anderson received a certificate of appreciation from hospital president Max Poll at a retirement gathering in her honor that day.

Retirement plans for Mrs. Anderson, who says she is proud of her age, include rest, travel and visiting her daughter. When asked if she thought she would send out her laundry, Mrs. Anderson laughed, "I'll do my own."

Pride in longevity marks service dinner

The following words were excerpted from hospital president Max Poll's remarks at the October 24 employee service award dinner honoring 178 long-time employees celebrating 10, 15, 20, 25, 30 and 35 years of service.

Welcome. It is a special delight for me to be able to share this evening with you and to thank each of you for the important role you have played and are playing at Barnes.

I remember when I was growing up in Fremont, Michigan, how proud my father was when he was honored on his service anniversary at the nursing home where he worked. It was a pride shared by our whole family, a milestone that confirmed that my father and his contributions were important. I hope each of you are feeling that same sort of pride tonight.

Can you imagine what it would be like if everyone at Barnes had been here only a year or two? (One thing for sure, we'd all be lost!) It is the employee with 10, 20, 30 years of experience who provides the stability, the bridge between old and new as inevitable changes are made. You are the ones who help teach the rest of us, who train us for our roles, no matter what that role or job may be. No manual can hold in its lifeless pages even a fraction of the knowledge and insight you can impart in a brief conversation.

It is this group here tonight—and hundreds others like you—who are indeed the foundation on which Barnes' success is based. I rely on you. I hope you are as proud of yourselves as I am.

Thank you.

Family member sends thanks to nursing staff

The following letter was sent to the staff of Barnes' burn center by Kim Horst, the daughter of a former patient, who developed a strong and special bond with the nurses during her mother's lengthy stay. Following her mother's death, she wrote to share her feelings with those who had become her friends.

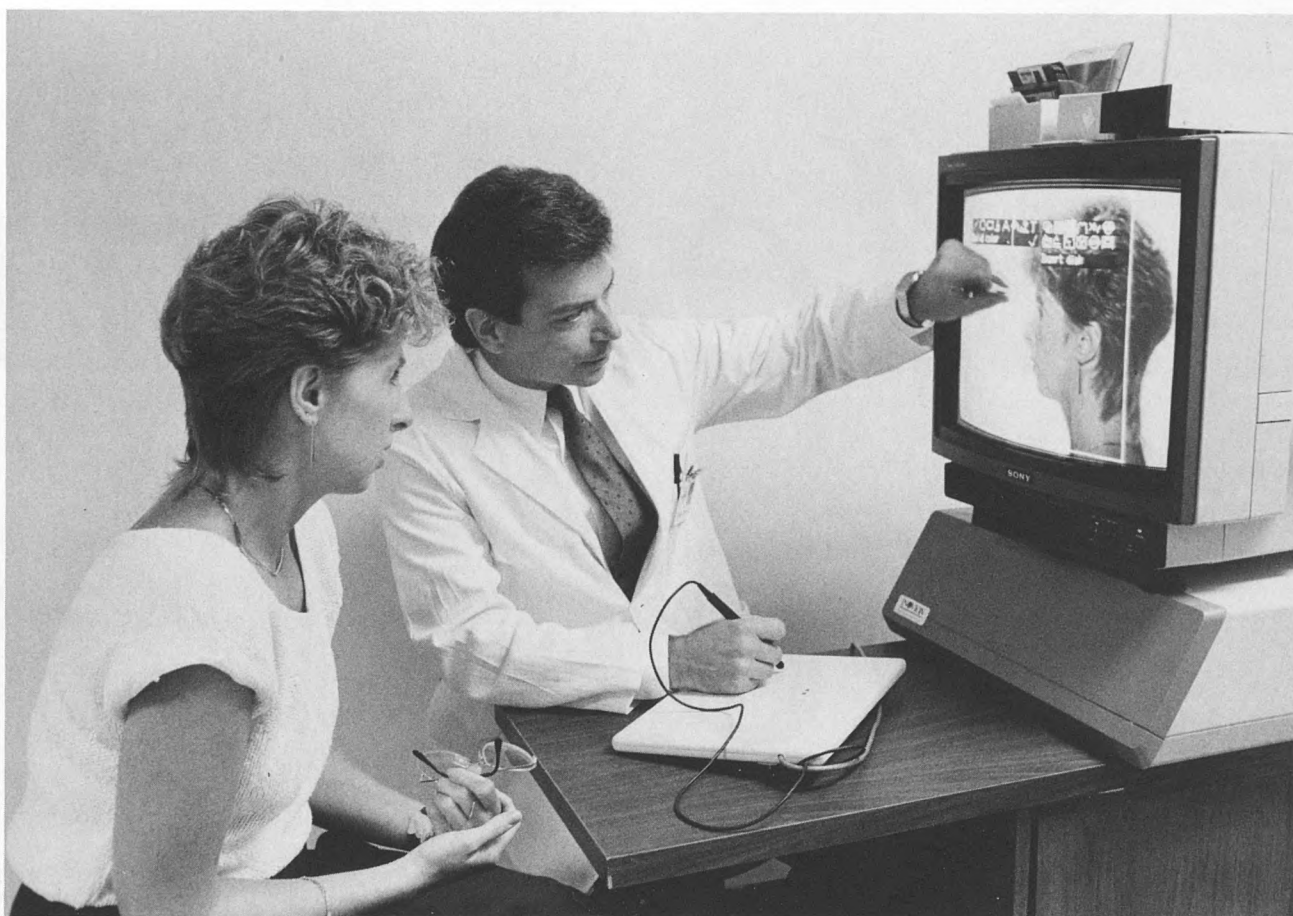
There are many things in life that are not easy to accept or understand, and death is certainly one of those things. While each of you deals with death more often than I, somehow I am sure it never gets easier.

My mother was a very special person and I realize as I look back that, with all of her physical limitations, she communicated her special qualities to each of you without ever being able to speak. At the moment when she was no longer physically with us, I am sure that she began to grant special wishes and blessings to each and every one of you to thank you for the love, care and attention you gave her at Barnes.

Along with the void in my life that my mother's death has left, I have found that I miss my daily visits to the hospital and the bonds of friendship with you. There simply are no others who compare to you! The simple and uncomplicated words "thank you" don't seem to say enough. I am so glad that God picked you to help me through this very difficult and sad time.

Much gratitude,

Kim Horst



Dr. J. Regan Thomas and patient discuss goals of plastic surgery with the assistance of computer imagery.

Computer graphics enhance facial surgery

New computer technology that enables doctors and patients to compare "before and after" appearances days or weeks before surgery begins has lifted facial plastic surgery to a new dimension. The computer allows the capture of life-like pictures on the video screen and provides the capability to re-do contours as patient and doctor discuss together the location and degree of the proposed change.

The greatest benefit of the computer technology, says Dr. J. Regan Thomas, otolaryngologist specializing in facial plastic surgery, is the enhanced communication between the person desiring a change and the surgeon providing that change. Dr. Thomas offers the computer imaging as part of the surgical evaluation in his office.

In the past, when patient and doctor met to discuss the goals of a plastic surgery procedure, communication was hampered by a limited ability to share and compare perceived desired effects. The computer, which freezes the "before" image on the screen, enables patient and doctor to sit side-by-side and visualize the same facial alterations. Split screen imaging allows the doctor to use a wand to paint and air-brush desired contours and allows the patient to see the overall effect long before the surgery begins. The before and after images are stored on computer disc and reviewed by the surgeon before the scheduled operation.

"This new technology greatly improves doctor-patient communication so we can discuss common goals," says Dr. Thomas. "Not everyone has the same ability to accurately visualize proposed changes, and the computer reinforces the image the patient has of the post-operative look. We can also identify alternatives to the change the patient previously thought was what he or she wanted."

The computer imagery is not exact, emphasizes Dr. Thomas, but it offers a firm idea of surgical goals to ensure that the patient and surgeon share the same image. "The best possible communication is essential to successful plastic surgery. Even a technically perfect operation is not a true success if the patient is not satisfied with the results."

Barnes employees raise \$110,884 for United Way

Barnes employees surpassed the hospital's 1986 United Way goal by more than \$5,000, raising \$110,884 for the annual campaign to benefit more than 120 local human service agencies, including the American Cancer Society and the American Heart Association. Barnes had set its goal at \$105,000. Following a formula of success in previous years, this year's slogan was "a dime a day can go a long way," and encouraged employees to pledge at least 10 cents a day, or one dollar per pay period, to the United Way fund.

Barnes again participated in the United Way pilot program to set the pace for the area-wide fund raising campaign. This year's city goal was set at \$37 million, a \$2 million increase over the \$35 million amount raised in 1985.

Volunteers sought for two blood fat studies

Researchers at Washington University School of Medicine are currently seeking volunteers to participate in two separate studies of cholesterol and triglyceride levels. Barnes physicians Drs. Stephen Crespin, Gustav Schonfeld and Anne Goldberg are leading the studies.

Persons between the ages of 18 and 72 with cholesterol levels of greater than 250 mg. may be eligible to participate in Dr. Crespin's study of a new drug's effect on lowering cholesterol levels. Participants, who must be otherwise healthy and taking no significant medications, will receive a free, comprehensive physical examination. For more information, call Dr. Crespin at 432-1128.

Triglycerides, another type of blood fat, are the focus of a lipid research study led by Drs. Schonfeld and Goldberg. The goal of the outpatient study, open to persons aged 18 to 69 with high triglyceride levels, is to lower those levels through diet and medication. Participants must be otherwise healthy and meet restricted medication requirements. The free, 16-week study includes physical exams, resting EKGs and a series of blood tests. For more information, call the Lipid Research Center at 362-3500.

Medicine's Mentors

"...To consider dear to me as my parents him who taught me this art; to live in common with him and if necessary to share my goods with him; to look upon his children as my own brothers, to teach them this art if they so desire... to impart to my sons and the sons of the master who taught me and the disciples who have enrolled themselves and have agreed to the rules of the profession, but to these alone, the precepts and the instruction..."

Hippocrates (460-377 B.C.)

These ancient words of the Greek physician known as the Father of Medicine are lent renewed life by each medical school class, traditionally and solemnly uttered at graduation ceremonies over the last 2,000 years. While most often associated with the physician's commitment to patient care, the Hippocratic Oath also implores its charges to share the knowledge, the art, the gift of medicine.

This teaching facet of a doctor's commitment to the profession heralded by Hippocrates is perhaps best personified at hospitals such as Barnes affiliated with highly respected medical

universities that emphasize education and research as well as patient care. Barnes' 1,000-member medical staff contributes literally hundreds of journal articles and textbook chapters each year. Many work with distinguished colleagues across the country to write books from which other doctors learn.

Dr. Marvin Levin, diabetes specialist, is currently working on the fourth edition of *The Diabetic Foot* with co-editor Dr. Lawrence O'Neal. Demand for the book that has come to be known as the definitive text on care of the diabetic foot has steadily increased since it was first published in 1973. It was translated into Spanish that year and was revised in 1977 and 1983. The fourth edition will appear in 1987. The single-volume, 397-page text is directed toward internists, family practitioners, surgeons, orthotists, podiatrists and students in those fields.

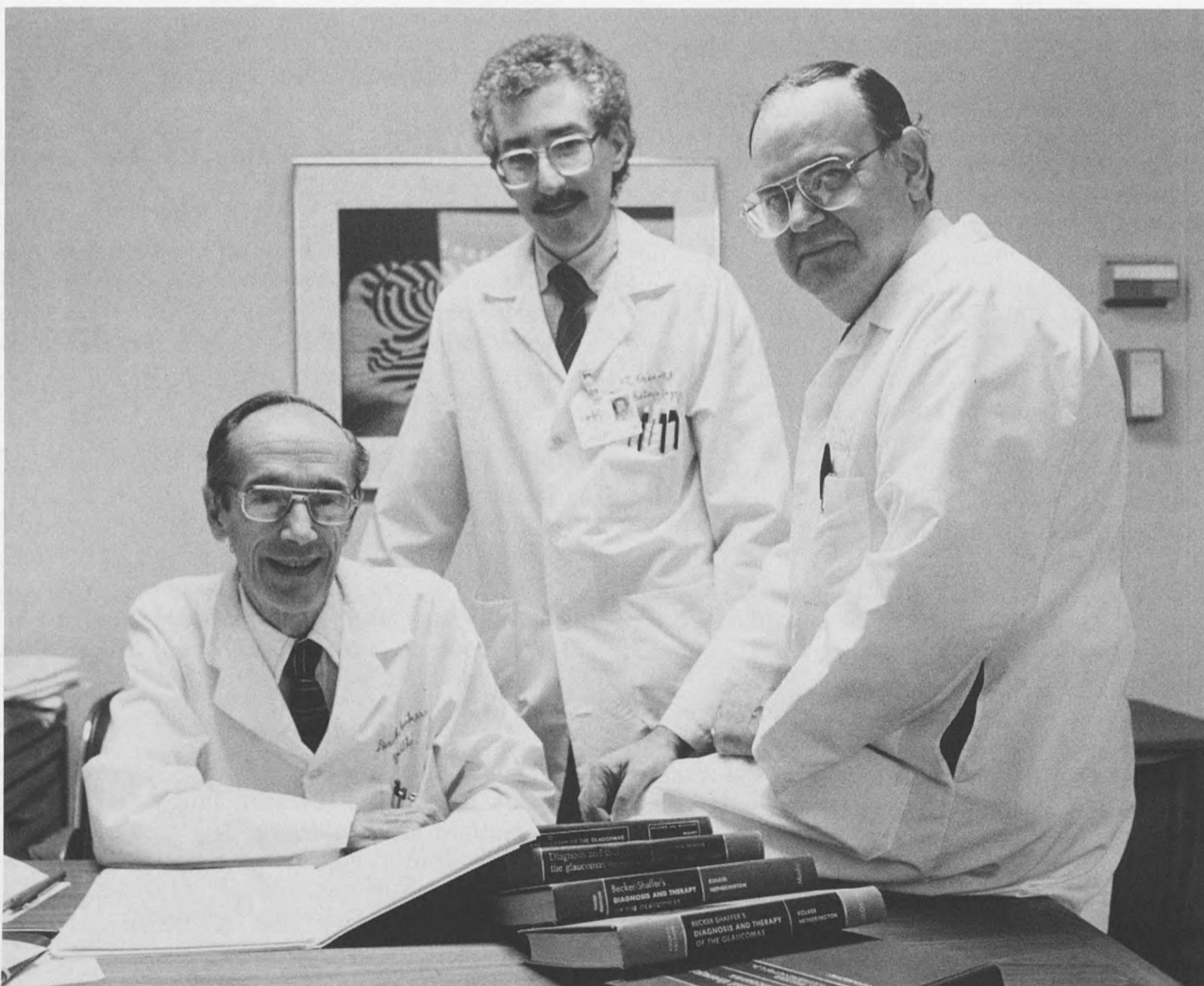
"The problems of the diabetic foot touch all specialties," relates Dr. Levin. "Before this book was published, one had to consult four to six different texts for a comprehensive picture.

"There are 11 million diabetics in this country and 35,000 to 40,000 each year undergo amputation of a limb. *The Diabetic Foot* is designed to educate people in the pathophysiology of diabetic problems and how they are managed to reduce the number of amputations. In clinics where these principles are applied, amputations have decreased by 50 percent."

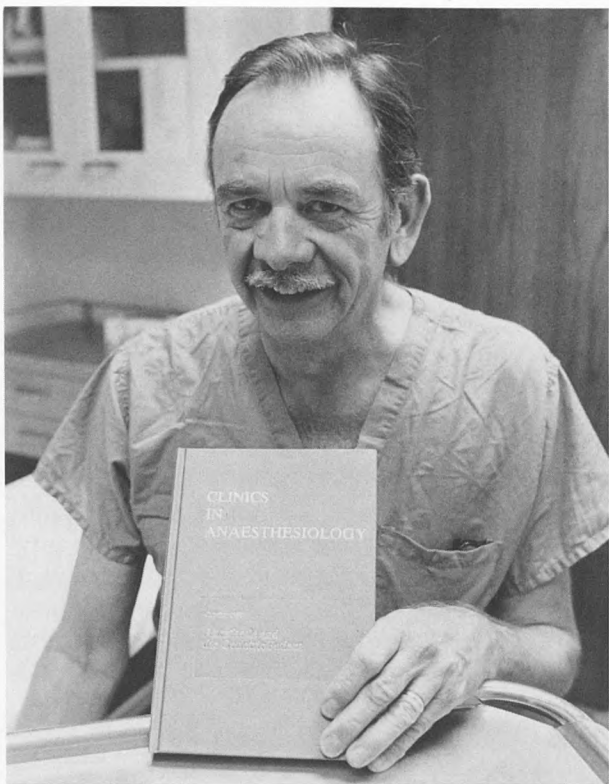
As co-editor, Dr. Levin appreciated the broadening of knowledge demanded by the task. "Examining all aspects in great detail offers better understanding of the total problem," he says.

While Dr. Levin is a relative "old pro" at penning scholarly manuscripts, otolaryngologist Dr. Stanley Thawley in September published his first book, *Comprehensive Management of Head and Neck Tumors*, as chief editor. The two-volume text designed for practicing physicians involved in care of the patient with head and neck cancer was four years in the making.

Dr. Thawley, who had served as a guest editor of a quarterly, 200-page journal, in 1982 had no idea he would soon embark on the coordination of a 1,900-page text. Asked by the publishing company to critique several proposals for such a comprehensive book, Dr. Thawley complied. The publishers, W. B. Saunders and Co. of Philadelphia, Pennsylvania, were impressed with his critique and asked him to submit his own proposal, which was reviewed by professional



Ophthalmologist Dr. Michael Kass (center) is following in the footsteps of colleagues Dr. Allan Kolker (right) and ophthalmologist-in-chief Dr. Bernard Becker with his edition of Becker-Shaffer's *Diagnosis and Therapy of the Glaucomas* to be published late next year. Drs. Becker and Shaffer wrote the first edition in 1961 and the second in 1965. Dr. Kolker produced editions in 1970, 1976 and 1983.



Dr. James Felts, anesthesiologist and medical director of Barnes Outpatient Surgery Center, was guest editor of *Clinics in Anaesthesiology: Anesthesia and the Geriatric Patient*, published by W.B. Saunders Co. in Eastbourne, E. Sussex, England.

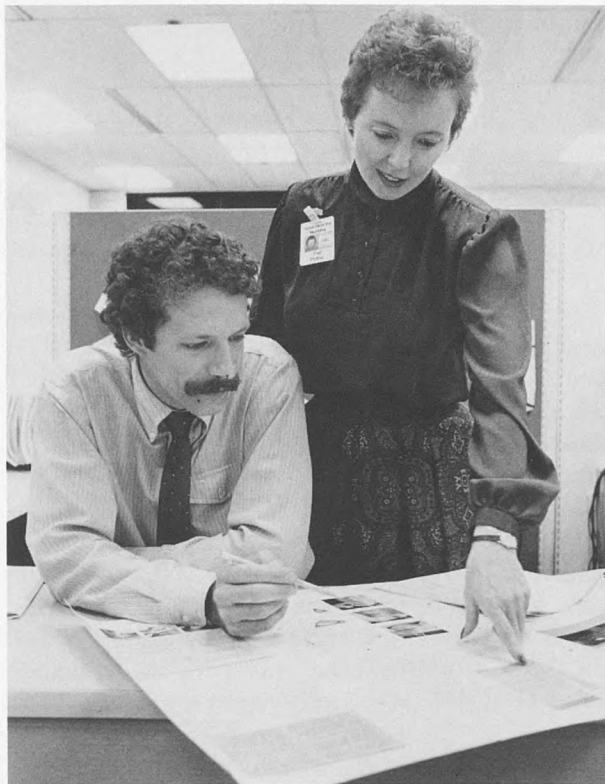
colleagues across the country. Thus, Dr. Stan Thawley became Dr.-editor Stan Thawley.

"This textbook was designed to be a good source book for a multitude of professionals, including pathologists, radiologists, general and plastic surgeons, otolaryngologists, prosthodontists, nurses and speech therapists," says Dr. Thawley. "This broad scope was essential to the book's effectiveness, yet it presented a tremendous difficulty, demanding a great number of highly qualified contributors. The outstanding commitment of the co-editors—surgeon Dr. Bill Panje, pathologist Dr. John Batsakis and radiotherapist Dr. Robert Lindberg—in obtaining the contributors in their areas was paramount to the book's completion and success."

Some doctors, such as gynecologist Dr. Ernst Friedrich, are called upon for skills that go beyond writing and editing. Dr. Friedrich recently was asked to translate a medical text from German to English, which demanded meticulous adaptation. The book, a manual of operative pelviscopy (known as pelvic laparoscopy in English), was written by Dr. Kurt Semm, considered the foremost authority in the field of pelviscopy and a leading designer of the surgical instrumentation. It was published in Stuttgart, Germany, in 1984 and Dr. Friedrich's edition is expected out later this year.

"This book calls for more than a literal translation because of the language and clinical differences between Germany and the United States," explains Dr. Friedrich. "Dr. Semm granted me permission to edit and expand for clarification of the language and the adaptation to American operative techniques and practice patterns. The medical publishers graciously consented to change or adjust illustrations where necessary. Translating the nuances of a language and a culture requires intimate familiarity with both countries."

A number of other recent Barnes doctor-authors include psychiatrist-in-chief Dr. Samuel Guze who edited one of ten major sections of *Psychiatry* with Dr. John Helzer; dermatologist-in-chief Dr. Arthur Eisen who co-edited *Dermatology in General Medicine* with Drs. Thomas Fitzpatrick, Klaus Wolff, Irwin Freedberg and Frank Austen; physician Dr. Saulo Klahr who is working on the fourth volume of *Contemporary Nephrology* with co-editor Dr. Shaul Massry; and radiologists Drs. Jay Heiken,



Nursing director Pat Potter meets with editors at local publishing house, C.V. Mosby.

Harvey Glazer, Joseph Lee, William Murphy and Mokhtar Gato who co-edited *Manual of Clinical Magnetic Resonance Imaging*.

Other health professionals at Barnes, including members of the food and nutrition, education, laboratory and nursing service departments, also share their expertise through the contribution of articles and chapters to educational texts.

Pat Potter, director of nursing practice, is currently working on her fifth nursing text with local colleague Anne Perry. The pair's first book, 1,500-page *Nursing Fundamentals*, was published less than two years ago in January, 1985. Since then, the two have produced a skills textbook, published in January, 1986; a handy, pocket-size reference guide which was an edited version of the skills book's physical assessment chapter; and a modified paperback edition of the skills text.

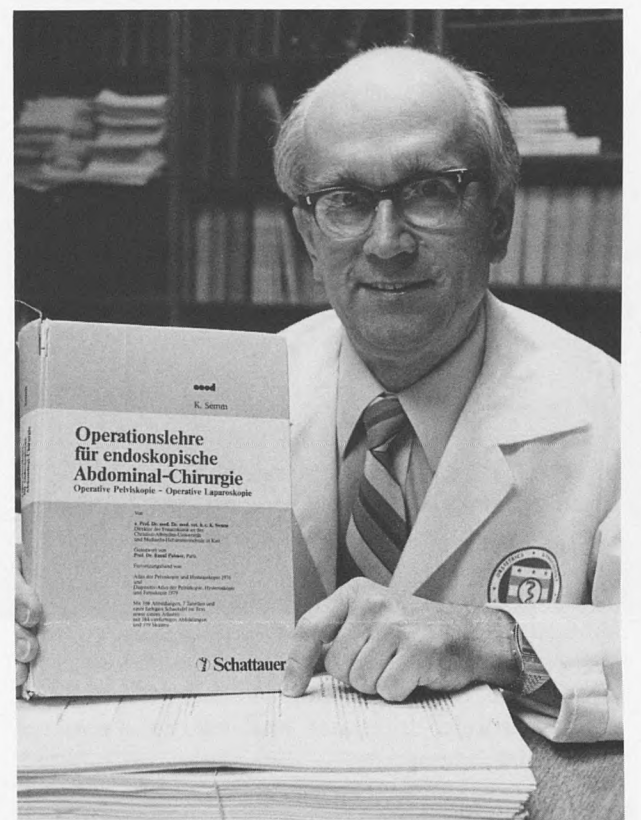
Currently, Ms. Potter and her partner are in the final stages of production of a condensed *Nursing Fundamentals*, a full-color text geared for students in shorter (non-baccalaureate) nursing programs.

"Many nurse specialists here at Barnes have contributed to these nursing texts," says Ms. Potter, "and it's rewarding to get everyone involved. I think it's important for nursing texts to be written from a combined clinical and theoretical perspective to represent a realistic picture of nursing to the student. It's a challenge to accomplish that blend of academic and practical knowledge."

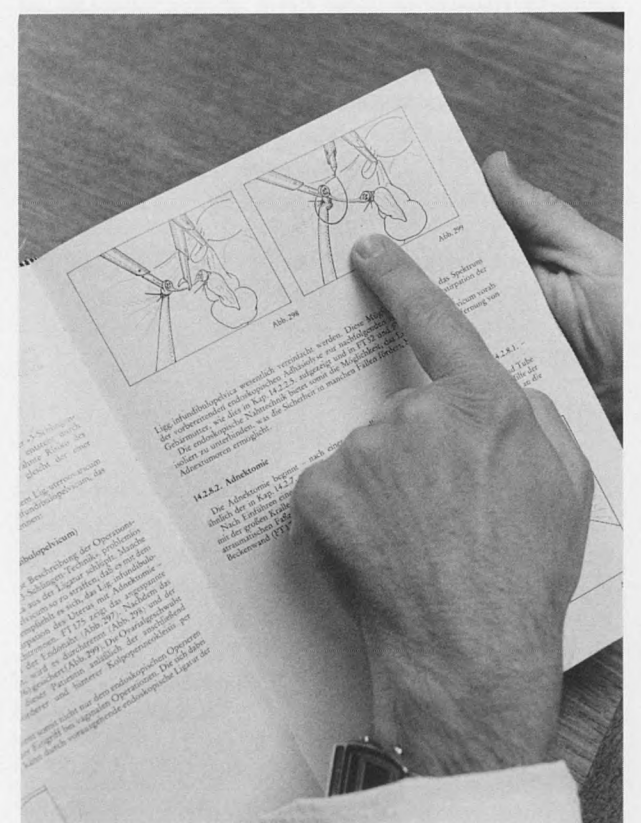
Dr. Levin adds "It gives me a good feeling to contribute to wide-read literature that benefits many people. *The Diabetic Foot* has whetted the appetites of many who ask to be taught more."

"... If I keep this oath faithfully may I enjoy my life and practice my art respected by all men in all times."

Hippocrates



Dr. Ernst Friedrich put his writing, editing and language skills to work recently while converting a medical text from German to English.



Translation of a medical text from German to English involved much more than a literal translation of the words alone. Dr. Friedrich also adapted the German techniques to American standards to ensure clear understanding by readers.

Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. To date in 1986, more than 1,500 queries from broadcast and print media representatives have been made to the public relations department requesting that Barnes medical and professional staff explain current health care concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include the following:

"Medical Marvels" was the topic of a nationally syndicated program which included a 20-minute feature story about **heart transplants at Barnes Hospital**. The show depicted the "marvel" of energetic heart transplant recipients. Those interviewed included Clay Hyland, heart recipient and head of the Heart Transplant Association support group, and Dr. **R. Morton Bolman**, head of the heart transplant service. The show, produced by WTVG-TV, Channel 13, Toledo, Ohio, was broadcast in Toledo, Boston, Atlanta, Cleveland, Milwaukee, Detroit and San Diego.

The **wearing of seatbelts** should not be discontinued during pregnancy, advised Dr. **Jacob Klein**, obstetrician, in a September 12 report by KMOV-TV medical reporter Al Wiman. Dr. Klein said pregnant women sometimes stop wearing their seatbelts for various reasons. The seatbelt should be worn low across the abdomen during pregnancy.

David Venker, pharmacist, was interviewed for a story in the fall *Operating Room Satellite Pharmacy Bulletin*. The Barnes pharmacy provides medications for 60 operating rooms, one of the largest such distributions in the country.

The treatment of **eating disorders** was presented by KPLR-TV medical reporter John Schieszer September 29. Those interviewed included Dr. **Eugene Rubin**, psychiatrist, and Dr. **John Daniels**, internist and eating disorders specialist.

Dr. **Jeffrey Danziger**, psychiatrist, was asked on KSDK-TV October 2 about approval of a **new tranquilizer**, buspirone hydrochloride, which might replace Valium in the treatment of some anxiety disorders. The drug shows promise of having none of Valium's side effects.

Strokes and stroke rehabilitation were discussed by Dr. **Charles B. Anderson** on KMOX-AM October 6. Dr. Anderson, a vascular surgeon, is chief of general surgery.

The role of **angioplasty** in opening blocked arteries to the heart was presented in the *St. Louis*

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Member, VHA/Voluntary Hospitals of America

BARNES HOSPITAL

AT WASHINGTON UNIVERSITY MEDICAL CENTER

Globe-Democrat October 11. Those interviewed included Dr. **Alan J. Tiefenbrunn**, cardiologist, who said proper selection of patients is crucial to whether the procedure works.

Tim Butler, assistant treasurer and director of development, was among those interviewed by the *St. Louis Business Journal* for an October 13 story about **changes in tax laws** and the effect upon hospitals.

Dr. **Octavio deMarchena**, neurologist, was a guest on KMOX-AM's morning magazine October 13 to discuss treatment of **seizures**.

Availability of the **experimental drug AZT to treat AIDS** patients was presented in the *St. Louis Globe-Democrat* October 14. Infectious disease specialist Dr. **William J. Campbell** said the drug is not a cure, but seems to prolong life.

The latest study on the **link between caffeine and coronary artery disease** was published in the *New England Journal of Medicine* October 15, prompting media requests for explanations from specialists. Dr. **Allan S. Jaffe**, director of the cardiac care unit, said moderation remains his best advice.

Organ donation was the topic October 19 on separate programs. Dr. **M. Wayne Flye**, head of the liver transplant program, was interviewed on the national Sacred Heart Radio Network. **Pat Potter**, an assistant director of nursing, was a guest on the KDNL-TV, Channel 30, public affairs program, "East Side, West Side."

Procedures to **reverse sterilizations in women** were explained by Dr. **Ernst R. Friedrich**, gynecologist, in the *St. Louis Globe-Democrat* October 20. Dr. Friedrich said some success has been achieved in reversing tubal ligations, but that a woman considering having a tubal ligation should still consider the sterilization to be permanent.

Brain surgery was among the topics on KMOX-AM's morning magazine October 22 with Dr. **Walter Lemann**, neurologist.

Hospital notes

The following doctors are reported on staff: Drs. **Daniel J. Pipoly**, **Mehrdad Saeed-Vafa** and **Charlene Gottlieb**, assistant physicians; Drs. **Sidney J. Bennett** and **Robert K. Parker**, assistant anesthesiologists; Drs. **John W. Miller** and **Abraham Z. Snyder**, assistant neurologists; Dr. **Janice E. Eggert**, assistant ophthalmologist, and Dr. **Ann G. Martin**, assistant dermatologist.

The American Heart Association has named Dr. **H. Mitchell Perry Jr.**, physician, the 1986 recipient of the organization's Louis B. Russell Jr. Memorial Award. The award recognizes Dr. Perry for outstanding achievement in educating minorities about lifestyles that are healthy for the heart.

Drs. **Dean Burgess** and **Richard F. Escoffery**, ophthalmologists, were recently elected members of The Retina Society, a national honorary organization for retina specialists.

Cardiologist Dr. **Julio E. Perez** has been elected to fellowship in the American College of Cardiology.

Rose Dunn, a Barnes vice-president, has been named the first recipient of the Distinguished Medical Record Practitioner Award by the Missouri Medical Record Association. The award honors outstanding medical record professionals in the state for service and contributions to the profession. Ms. Dunn joined the Barnes staff in 1974 as director of the medical record de-

partment. She was named an associate director of the hospital in 1979 and a vice-president in 1982.

Dr. **Donald G. Sessions**, otolaryngologist specializing in the surgical treatment of head and neck cancers, has been named president of the WUMC Alumni Association. The association comprises Washington University School of Medicine alumni as well as doctors who have served residencies or internships at Barnes, Jewish or Children's Hospitals.

Dr. **John D. Davidson** recently returned from Fuzhou, China, where he attended the First Chinese International Symposium on Hyperbaric Medicine as an invitee of the Fujian government. Dr. Davidson presented two research papers dealing with oxygen studies in non-healing wounds and in the treatment of patients with multiple sclerosis.

Three former medical staff members die

Dr. Fred C. Reynolds, orthopedic surgeon, Dr. Frank O. Shobe, psychiatrist, and Dr. Samuel Soule, obstetrician-gynecologist emeritus, three members of the Barnes medical staff, died during October.

Dr. Reynolds, former chief of orthopedic surgery at Barnes and team physician emeritus of the St. Louis Cardinals football team, died October 10. Dr. Reynolds, who suffered from cancer, was 78. Dr. Reynolds, a 1931 graduate of Washington University School of Medicine, joined the Barnes staff as an assistant orthopedic surgeon in 1946. He served as chief of orthopedic surgery from 1956 to 1972 and as acting chief in 1976. He was a staff orthopedic surgeon from 1973 to 1975 and from 1977 until 1986.

Dr. Shobe died October 24 of heart disease at the age of 69. A 1942 graduate of the Washington University School of Medicine, Dr. Shobe served a residency and fellowship at Barnes from 1946 through 1949, after serving in the United States Army during World War II. He went into private practice in 1949 and joined the Barnes medical staff in 1952. Dr. Shobe was a part-time associate psychiatrist at the time of his death.

Dr. Soule, 82, died October 29 at Barnes following a brief illness. Dr. Soule graduated in 1923 from the St. Louis College of Pharmacy and in 1928 from Washington University School of Medicine. After serving his residency at Barnes, Dr. Soule was appointed assistant obstetrician-gynecologist in 1932. He took emeritus status in 1979.

Gifts to Barnes Hospital Funds

Listed below are the names of persons (honorees in **boldface**) who have made contributions during the period September 1 through October 8 to the funds at Barnes Hospital.

Auxiliary Tribute Fund

Sam Balsano
Mrs. Jules Beneke

Mrs. Morris Okun
M/M Richard Shaikewitz

IN MEMORY OF:
Mable Cohn
Dr. & Mrs. Ralph Berg

Daughter, Theta
Mrs. Larry Tucker

Dorothy M. Davis
Raymond S. Davis, Jr.

Timothy Kleissle
M/M Walter R. Kinnaman

Karl A. Ganssle
Frances & Bob Bence

Mrs. Paul Zentay
M/M Herbert N. Jones

Sister, Ruth L. Kleyman
Mrs. Larry Tucker

IN HONOR OF:
Mary Payne
Katherine Steele

School of Nursing Faculty Scholarship

Cleola Siebert



A Winning Team: The Barnes heart transplant softball team traveled to Waynesville, Missouri, October 18 to take on a team of local challengers and came up victorious in a 13-11 decision. Above, Walter Schatz, heart recipient and Barnes purchasing director, is interviewed by Channel 13 of Jefferson City as the game gets underway.



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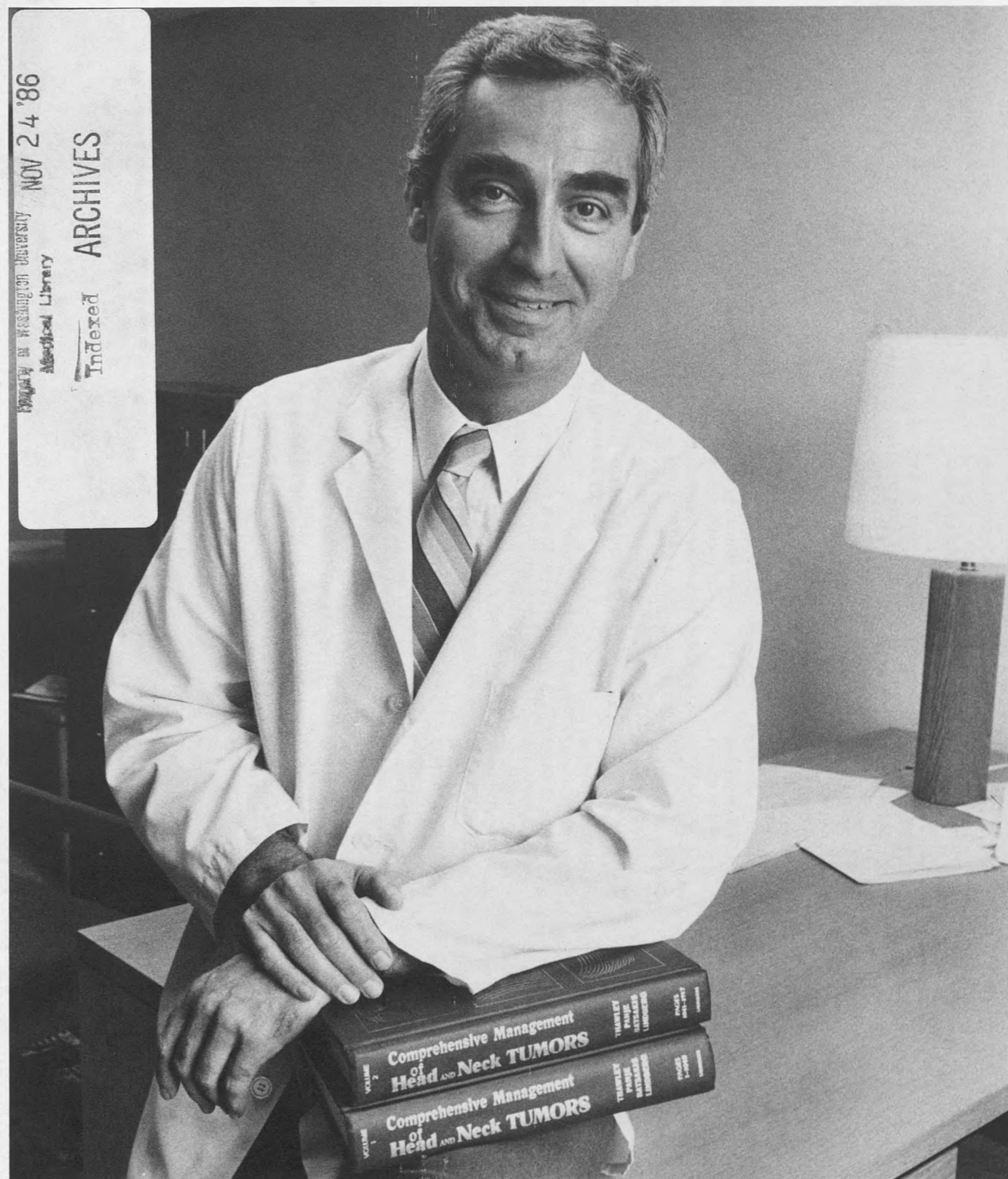
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