

Bulletin ^{Barnes}

Barnes Hospital, St. Louis, Mo.
July 1985, Vol. 39, No. 7

Liver transplant surgeon to join Barnes/WU

Dr. Wayne Flye, who developed the liver transplant program at Yale-New Haven Hospital in New Haven, Connecticut, will join Barnes staff in late summer to head the liver transplant service here. He plans also to establish an institute of transplantation biology at Washington University School of Medicine.

With the addition of Dr. Flye to the staff, Barnes Hospital becomes one of the few medical centers in the nation offering a complete range of transplantation services. Barnes has had a kidney transplant program for more than 20 years and was one of the first to offer bone marrow transplants. Pioneering work is underway here on perfecting transplantation of islets of Langerhans. Heart transplants began early this year, and Barnes cardiothoracic surgeons have the capability to perform heart-lung transplants when indicated. Corneal transplants have been done at Barnes for several years, and the St. Louis Eye Bank is located in WU's department of ophthalmology here.

Dr. Flye is expected to join the faculty of Washington University School of Medicine and the staff of Barnes Hospital in August.

Barnes is worldwide referral center

Barnes Hospital and the Washington University School of Medicine have signed an agreement with International Health Systems, Inc. (IHS) to act as a referral center for patients in foreign countries seeking advanced medical care offered by hospitals in the United States. In addition, Children's Hospital has agreed to offer pediatric care through this program.

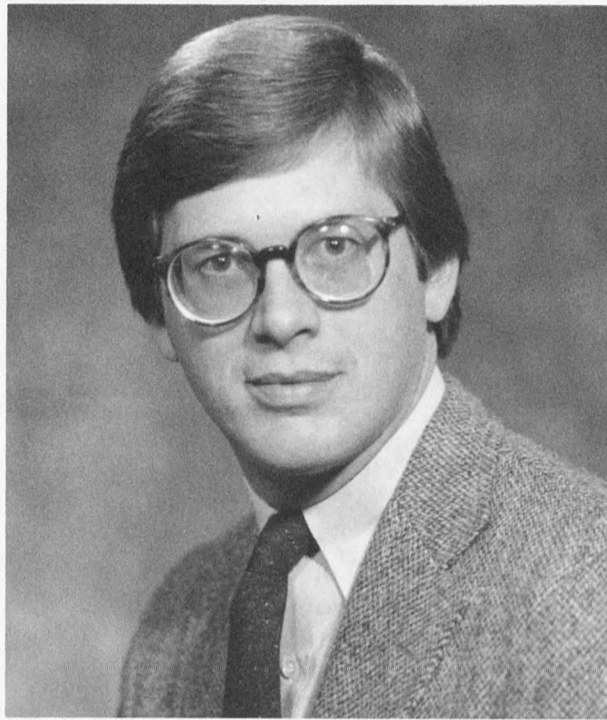
The purpose of IHS, established in 1983, is to choose the best medical facility to meet the patient's needs and make all necessary arrangements for treatment at this facility. Located throughout the United States, the participating healthcare facilities are primarily associated with highly recognized medical schools and are major referral centers for patients throughout the United States needing specialized care and treatment.

Patients coming to these hospitals are initially screened by IHS to compile a medical history which will be sent to the attending physician. IHS also serves as a mediator to establish a payment policy between the patient and the hospital and to arrange travel to and from the United States.

One of the major responsibilities faced by Barnes and the other participating institutions is to accommodate special religious, cultural or dietary needs of the patients. At Barnes, the patient's family and other guests will be housed in Queeny Tower rooms during their stay.

Front cover: Physical therapy, provided by therapists such as Kathy Roach, is just one service available in the home through Barnes Home Health, in association with the Irene Walter Johnson Institute of Rehabilitation. (See centerspread.)

Following treatment, the attending physician will furnish a complete account of the patient's care to be used for follow-up treatment after the patient returns home. Any special care required by the patient after discharge also will be communicated directly to physicians in the visiting country.



Max Poll

Poll named chairman of VHA Mid-America

Max Poll, executive vice-president of Barnes Hospital, was elected chairman of the board of VHA Mid-America, a regional network of non-profit hospitals recently approved by the boards of 10 hospitals in Missouri.

Barnes and St. Luke's Hospital of Kansas City, both shareholders in the national Voluntary Hospitals of America, sponsored formation of the regional network, one of several nationwide which allows members of the regional association to share in savings through group purchases and sharing of management expertise through affiliation with national shareholders.

Such association is designed to strengthen the local autonomy of member hospitals and stave off take-over attempts by for-profit chains, while enhancing the availability and quality of health care. Mr. Poll said the hospitals invited to participate in VHA Mid-America were selected based on criteria related to the strengths of the institutions, including sound clinical programs, solid financial performance and good management. Mr. Poll added that VHA Mid-America is structured to reduce hospital costs and respond to community needs with the ultimate goal of providing improved patient care.

Along with Barnes and St. Luke's of Kansas City, hospitals joining VHA Mid-America include Boone Hospital Center, Columbia; Phelps County Regional Medical Center, Rolla; St. Francis Medical Center, Cape Girardeau; Farmington Community Hospital, Farmington; Cameron Community Hospital, Cameron; Independence Sanitarium and Hospital, Independence; McCune Brooks Hospital, Carthage, and Spelman Memorial Hospital, Smithville.

Permanent eyeliner available at Barnes

For many women who spend tedious minutes applying eye make-up every morning, the idea of a permanent solution would be a welcome relief. Such an alternative to the repetitious routine is now available at Barnes Hospital with the advent of permanent eyeliner, a cosmetic technique performed by specially trained doctors.

Available on an outpatient basis under local anesthetic, the procedure involves surgical application of a series of small dots along the lashes to create additional pigmentation and enhance the lash line. The eyeliner may be applied to the upper and lower lids, and is available in the natural tones of black, dark brown, grey and medium brown.

Appealing not only as a busy woman's convenience, permanent eyeliner also offers a practical solution for athletically active women who want their eyes enhanced even during vigorous exercise, women whose skin tends to absorb make-up and those who have difficulty applying eye make-up because of visual or dexterity problems. It is also valuable in reconstructive surgery to create the illusion of eyelashes for recovering burn patients, for example.

The first step toward acquiring permanent eyeliner is a consultation with a doctor trained in the procedure, who will require the prospective candidate to undergo a complete medical examination, possibly including a check for allergic reaction to the pigmentation. During the outpatient procedure, the patient rests in a reclining position under local anesthetic while the doctor uses a hand-held instrument containing a microsurgical needle tip to insert the pigment into the skin. Permanent eyeliner is not usually recommended for women with a history of scarring or numerous allergies, or for women who are pregnant or under 18 years of age.

Islet cell transplants are limited success

Islets of Langerhans transplants performed at Barnes Hospital for diabetes patients have been reported to be a limited success by Washington University School of Medicine researchers Dr. Paul Lacy and Dr. David Scharp. Results of their study were made public June 16 in Baltimore at the 45th Annual Scientific Sessions of the American Diabetes Association.

Clusters of insulin-generating cells, called islets, transplanted from donor pancreases to diabetes patients temporarily produced detectable levels of insulin in three of the five patients treated, the researchers reported. A sixth patient, who became diabetic when her pancreas was removed, received a transplant of cells from her own pancreas and has shown the longest-lasting insulin production of those tested to date.

"The transplanted cells set up shop and produced some insulin at least temporarily in four
(continued on page 2)

Islet transplants

(continued from page 1)

of the six patients treated," said Dr. Scharp, Barnes general surgeon who performed the operations. "None of the patients had graft production sufficient to completely eliminate the need for insulin injections, but there was significant insulin production in the four patients who responded. Insulin generation lasted from three to twelve weeks and decreased the patients' dependence on injected insulin by as much as 50 to 90 percent."

More than two million Americans have insulin-dependent diabetes. The disease commonly begins during childhood or adolescence and is usually caused when insulin-producing cells, clustered in the pancreas' islets of Langerhans, fail to release enough insulin to properly regulate carbohydrate and glucose metabolism.

Islet cell transplants are an experimental approach to reestablishing a diabetic's own efficient, autoregulated supply of insulin. Though tried many times before, islet transplants between patients have never been successful because the islets are difficult to remove from the pancreas in quantities high enough to ensure detectable insulin production and pure enough to guarantee patient safety.

"We are pleased with the yield of our islet isolation procedure," said Dr. Lacy, Barnes pathologist and WUMS researcher who directed the development of the islet harvest. "We have been able to consistently isolate approximately 40 percent of the pancreas' insulin-producing mass from each healthy, well-preserved donor pancreas we have received. The samples transplanted were pure enough that none of the patients exhibited a toxic response to the islet preparation.

"From this point," added Dr. Lacy, "with confidence in the low risk to patients and the yield of the isolation process, we can now focus on why the transplants produced insulin only temporarily."

Cosmetic surgery becomes subspecialty

Cosmetic surgery has officially taken its place as a subspecialty in Barnes plastic and reconstructive surgery division. "Although cosmetic surgery has long been a part of our services, no one, until now, devoted full-time to that subspecialty," commented Dr. Paul Weeks, plastic and reconstructive surgeon-in-chief.

That has been changed with the addition of Dr. Richard Clement to the staff. Dr. Clement, a graduate of the University of Virginia medical school, served his internship, general surgery residency and plastic and reconstructive surgery residency at Barnes. He recently completed an aesthetic surgery fellowship at Massachusetts General Hospital under Dr. Eugene Courtiss, a renowned aesthetic surgeon who is noted for developing and refining innovative cosmetic surgery techniques.

Dr. Clement said the intensive three-month fellowship included state-of-the-art aesthetic techniques, including refinements in facelifts, rhinoplasty and suction lipectomy. "Suction lipectomy has been used very successfully at Barnes to eliminate pockets of fat from a patient's thighs, abdomen and other parts of the

body. Combined with other facelift techniques, lipectomy can also alleviate a double chin and help us resculpt faces," Dr. Clement explained.

Dr. Clement is a member of the American Medical Association and a candidate for membership in the American College of Surgeons. He is also an assistant professor of plastic surgery at Washington University School of Medicine.



Lisha Parker

Lisha Parker named Gold Medal recipient

A panel of employees selected Lisha Parker, housekeeping custodian, from a field of 12 nominees as Barnes Hospital's 1985 Gold Medal Award recipient. Mrs. Parker was among the almost 50 employees of St. Louis area hospitals honored at a special luncheon June 19 at the Sheraton St. Louis Hotel at Convention Plaza.

The Hospital Association of Metropolitan St. Louis (HAMSTL) sponsors the annual awards program and luncheon to pay tribute to area hospital employees who perform beyond the call of duty. Recipients are nominated and selected by their peers on the basis of specific actions under unusual circumstances, long-term commitments to social causes or other special instances of outstanding activity.

Mrs. Parker, a 20-year veteran of Barnes Hospital, was selected on the basis of her charitable work in the community through Project HOPE (Helping Other People Emerge) and through her church. Mrs. Parker devotes much of her time to Project HOPE, collecting and distributing necessities to the poor and elderly and assisting them in other ways, such as helping them receive medical care. She also serves as a board member of the HOPE organization.

Through her church, Mrs. Parker serves as an evangelist, pastor aide and missionary. In this capacity, she frequently volunteers her time visiting elderly shut-ins and serving the sick in their homes.

In addition to her extensive community service, Mrs. Parker was also recognized for her constant show of concern for Barnes patients, visitors and employees. She has frequently received letters of commendation citing her compassion for those needing assistance.

A resident of East St. Louis, Mrs. Parker is an active member of the NAACP and Toastmistress Club, and serves as treasurer of the Joan of Arc organization.

Previously called the Hospital Humanitarian Award, the HAMSTL award tradition is in its

third year. Barnes' past recipients were Paul Hartwell, chief cashier, for his tireless and creative work during the monthly blood drives; and Vivienne Dobbs, post-anesthesia recovery room unit clerk, honored for her extensive work in the community.

Emergency facilities dedicated June 25

Missouri Governor John Ashcroft was guest speaker at ribbon cutting ceremonies and an open house June 25 dedicating Barnes new 21,000 sq. ft. emergency facilities.

Following opening remarks by Robert E. Frank, Barnes Hospital president, and Dr. Samuel B. Guze, vice-chancellor for medical affairs at Washington University, Barnes' board chairman Armand Stalnaker thanked the various individuals and groups who helped to make the new emergency department possible, including the planning committees, construction companies and the Barnes Hospital Auxiliary, who donated \$1 million to help finance the project.

"This project was a joint venture of Barnes and the medical school, but the coordination required went far beyond what is ordinary for such an undertaking," said Mr. Stalnaker. "It is a tribute to this spirit of cooperation that Barnes, St. Louis and Missouri now have emergency facilities unparalleled in the midwest."

Mr. Stalnaker introduced Governor Ashcroft, who addressed the vital importance of individual commitments to excellence in achieving the level of care provided at Barnes. "The Barnes Hospital complex is characterized by excellence," he said, "and we are all better off because of the availability of such services. Long after these ceremonies are over, this emergency department will be dedicated daily through its services, excelling in treatment, compassion and healing."

Dr. William Monafó, medical director of the emergency department, introduced the emergency department staff and invited the audience to tour the new facility following the formal ribbon-cutting by Gov. Ashcroft with assistance from Mr. Stalnaker and Dr. Guze.

Also included during dedication ceremonies was recognition of a plaque, permanently displayed in the main waiting room, commemorating the auxiliary's donation, as well as recognition of a plaque in memory of the late Lynn Kohane Schukar, a former volunteer whose husband has established an emergency service fund in her honor. The Schukar plaque is displayed in the quiet room, where families of seriously injured patients can find solitude or consult with doctors, chaplains or social workers.

The new emergency department features a spacious triage area in which patient needs are assessed, and 18 treatment rooms, including three trauma, five medical, five surgical and a number of specialized rooms for orthopedic, otolaryngology, ophthalmology, obstetric/gynecology and psychiatry patients. Two of the major trauma rooms are equipped with x-ray camera equipment to save critical time; development and reading facilities are also located in the department. The unit also houses a five-bed observation unit and dedicated elevator to the hospital operating room suites.

The expanded and renovated emergency department, officially designated a level I trauma center, replaces the facility that opened in 1961. The department opened to patients at 6 a.m. June 26.



Pat Ward (left) and Cathy Hoffman have joined the nursing administration staff, working closely with OR director Donna Granda.

Hoffman, Ward join OR nursing administration

Barnes nursing administration recently welcomed Cathy Hoffman, clinical director, and Pat Ward, surgical services manager, to the staff. Under the direction of Donna Granda, they are responsible for the supervision and coordination of operating room nursing and related functions for Barnes' 56 operating room suites.

As clinical director, Mrs. Hoffman holds responsibility for all aspects of nursing care delivered in the operating rooms. The head nurses of each operating room report directly to her regarding all areas of direct nursing activity.

Mrs. Hoffman returns to Barnes from St. John's Mercy Medical Center where she served as head nurse of the operating room. Prior to that, she was assistant head nurse of the general surgery operating rooms at Barnes. Mrs. Hoffman received her associate nursing degree from the University of Nevada at Las Vegas and a bachelor of science degree from St. Joseph's College in Maine. She is a member of the Association of Operating Room Nurses (AORN), American Nurses Association and Missouri Nurses Association.

In her new position as surgical services manager, Pat Ward is directly responsible for the management of fiscal affairs, such as budgeting, inventory control, product evaluation, quality control, purchasing and cost containment. She is also in charge of all non-nursing areas such as processing of instruments, supplies and equipment.

Mrs. Ward comes to Barnes from the University Hospital at the University of Medicine and Dentistry in Newark, New Jersey, where she was assistant director of the operating room and recovery unit. She received her nursing diploma from the Good Samaritan School of Nursing in Lexington, Kentucky, and a bachelor's degree from St. Joseph's College in Maine. She also holds a master's degree in public administration from the University of San Francisco. Mrs. Ward is a member of the AORN, American Nurses Association and National League for Nursing.

Helipad moves to rooftop of Children's

All Barnes' incoming and outgoing helicopter transports are now arriving and departing on a new helipad located on the rooftop of Children's Hospital, just across the street from Barnes' new emergency department which opens this month.

The new helipad replaces the old heliport which was located on the Busch parking lot two blocks

east of Barnes. That portion of the lot vacated by the move has been resurfaced to provide additional parking spaces for employees.

"Use of the new helipad eliminates the need for ambulance transportation necessary with use of the old site, decreases the time needed to move patients from the helicopter to the emergency department, and provides our patients and staff sheltered access to and from the landing site through a series of connecting hallways and an over-the-street walkway," said Joe Burke, administrative director of Barnes emergency department.

Each year more than 50 critical patients are brought by helicopter for specialized treatment at Barnes, a leading Midwest referral center and an adult regional trauma center for both Missouri and Illinois.

Eight doctors celebrate silver anniversaries

Eight doctors will be honored for 25 years of service on the Barnes active staff at a silver anniversary reception in the Queeny Tower restaurant July 16, beginning at 5 p.m.

Drs. John Bergman, assistant psychiatrist; John Berry, assistant physician; John Davidson, assistant physician; Robert Karsh, assistant physician; William McAlister, radiologist; Charles Parker, physician; Eugene Taylor, assistant obstetrician-gynecologist, and John Walsh, assistant physician, will join the doctors whose names are inscribed on the 25-year plaque hanging in the Barnes corridor.

During the ninth annual awards ceremony, Barnes chairman of the board, Armand Stalnaker, and Barnes president, Robert E. Frank, will present 25-year pins to the doctors. In addition to those being honored, the guest list includes the doctors' spouses and the more than 200 doctors who have previously celebrated their silver anniversaries at Barnes. The Barnes board of directors and administrative staff, Barnes Hospital Society officers, Auxiliary board members and the chiefs of service of those specialties being honored will also attend.

The tradition to honor doctors with 25 years of service began in 1977 and the recognition plaque is updated each July.

Barnes doctors to serve on RTA advisory board

Seven Barnes doctors have been selected to serve on the scientific advisory board of the St. Louis Regional Transplant Association (RTA).

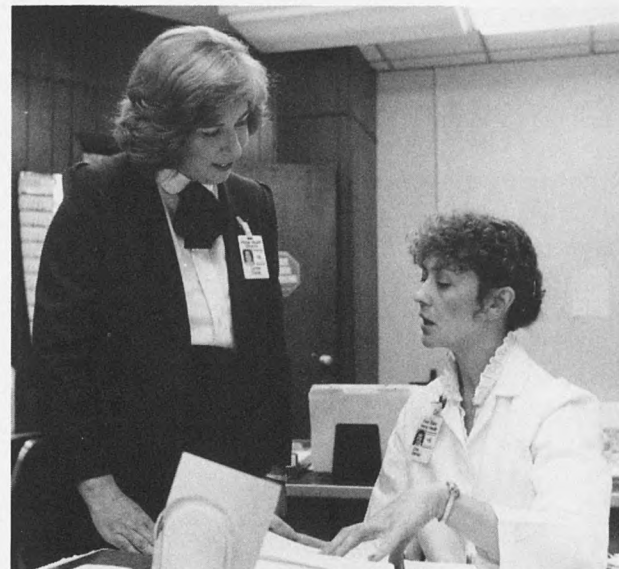
Incorporated in 1974, the RTA is a not-for-profit, Medicare-approved independent organ procurement agency which coordinates vital organ donation and recovery in its region. The advent of clinical transplantation procedures for heart, liver and pancreas, as well as the growing list of dialysis patients waiting for kidney transplants, has resulted in a critical shortage of vital organs for transplantation in the area. With the recent passage of transplant legislation, the RTA board of directors has formed the scientific advisory board to provide for increased input from representatives from community hospitals.

Barnes doctors serving on the newly formed advisory board are Drs. R. Morton Bolman, director of the heart transplant service; Lawrence Kreigshauser, orthopedic surgeon; Gregorio Siccard, general surgeon (kidney transplants);

Richard Sohn, neurologist; Stephen Waltman, ophthalmologist (corneal transplants); Robert Grubb, neurosurgeon, and David Scharp, general surgeon.

Dr. Keith Hruska, Barnes nephrologist, serves as chairman of the RTA board of directors and Dr. Charles Anderson, general surgeon-in-chief, is vice-chairman.

Structured to include representation from the community and professional sectors active at all levels, the advisory board's goal is to increase vital organ and tissue donation for transplantation, as well as to increase public and professional awareness of the need.



Lynne Davis meets with a Home Health supervisor.

Lynne Davis to head Barnes Home Health

Lynne Davis, former assistant administrative director of the laboratories, has been named director of Barnes Home Health, associated with Irene Walter Johnson Institute of Rehabilitation.

Mrs. Davis came to Barnes in 1981 from St. John's Mercy Medical Center in St. Louis where she served as chief medical technologist. Prior to that, she worked at Henry Ford Hospital in Detroit. Mrs. Davis holds a bachelor's degree in medical technology and a master's degree in occupational therapy from the University of Michigan at Ann Arbor. She is currently enrolled in the M.B.A. program at Washington University.

As director of Barnes Home Health, Mrs. Davis is responsible for the overall operation of the home care department, established in the fall of 1984. The organization provides a full range of home care services, including skilled nursing care, dietetic instruction, social work consultation and a complete range of rehabilitative services.

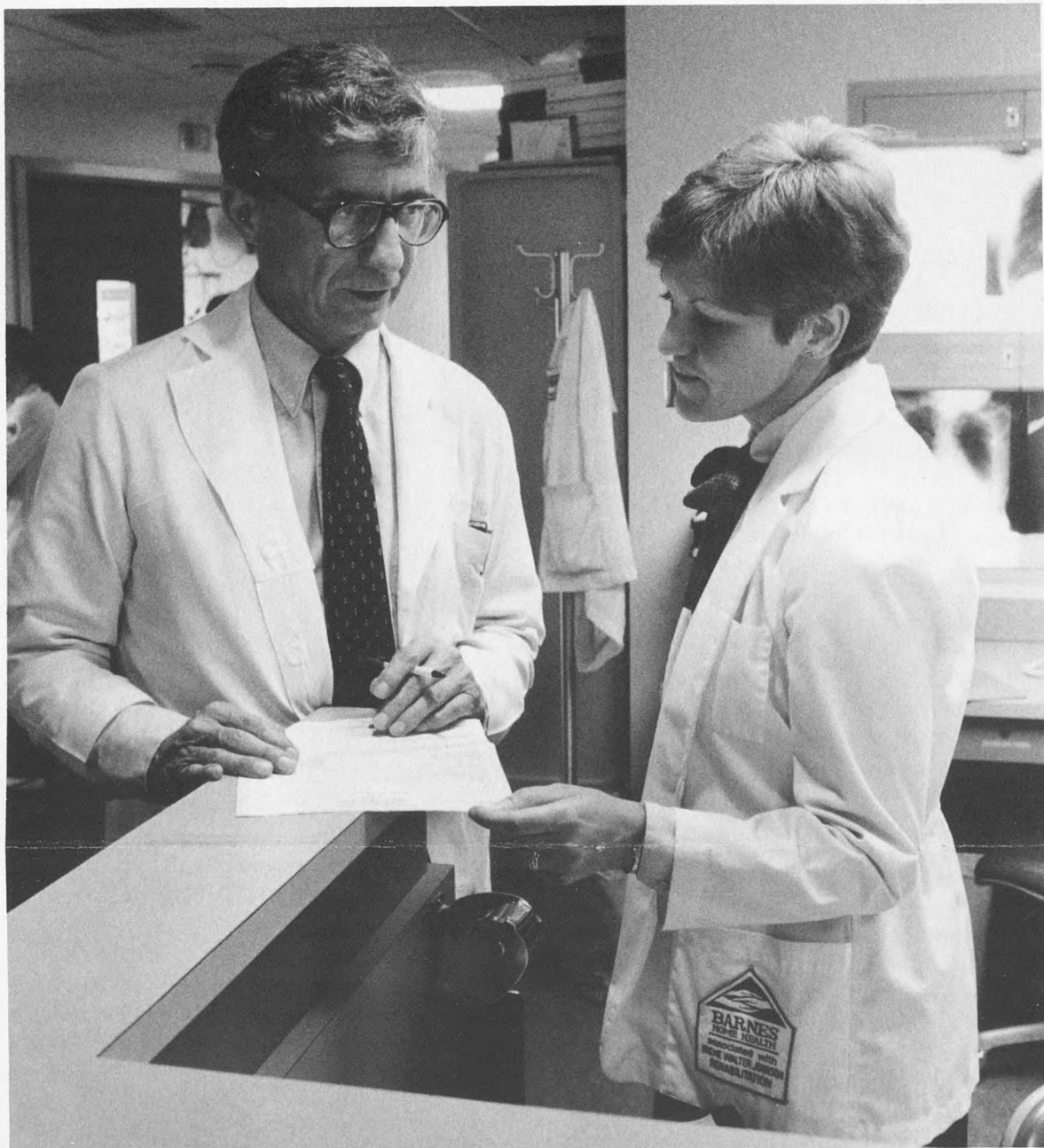
Home health services, ordered by a physician, enable recently hospitalized patients to receive additional therapeutic treatments in the comfort of a familiar and supportive home environment.

Patient repays Barnes for care received

Former patient Joan Buersmeyer wrote the following letter in appreciation for the care she received at Barnes. In addition, she enclosed a \$100 gift to the hospital.

"Barnes took care of me six years ago without charge because I had no medical insurance and very little savings. This is my first opportunity to show my appreciation in a monetary way."

Barnes Home



Dr. William Monafo, director of the Barnes Burn Unit, discusses a patient's needs with intake coordinator Mary DeBenedetti.



Registered nurses visit the home to provide intermittent skilled nursing care for patients with special needs.

Admission to the hospital can be a frightening experience, as a person is suddenly removed from a familiar and comfortable home environment and thrust into a rigorous hospital routine. However, for many patients—especially those who have spent an extended period of time in the hospital—the thought of returning home can become almost as frightening. Recuperating from a major illness, weakened by prolonged bedrest, accustomed to being cared for by a 24-hour nursing staff, some patients are not quite ready or able to return to their former level of independence. Yet they no longer require the acute care services provided in the hospital setting. These patients can be cared for in a quality and cost-effective way in the home. Barnes Home Health Service in association with Irene Walter Johnson Institute of Rehabilitation is a hospital department that brings highly trained and professional hospital personnel into the patient's home.

Barnes Home Health, formed last fall in cooperation with Irene Walter Johnson Institute of Rehabilitation, provides home services for patients needing intermittent skilled nursing care, physical, occupational or speech therapy, social work consultation and nutritional or dietetic instruction. Home oxygen and durable medical equipment such as hospital beds, wheelchairs and commodes can also be arranged for the patient by Barnes Home Health. The growing department comprises a full-time staff of 40 nurses, therapists from Irene Walter Johnson Institute of Rehabilitation, dietitians, social workers, administrative staff, home health aides and other support staff who, for the most part, work in the patients' homes.

Home health services help to keep hospital costs down by allowing patients to return to their homes more quickly and, ideally, decreasing the necessity for early readmission. A short hospital stay can also help to facilitate recovery, as patients sometimes become despondent, unmotivated or disoriented during a prolonged hospital stay. The knowledge that a nurse or therapist will be visiting once or twice each week helps relieve the fear of being alone and unsteady, and can ease a patient's anxiety about returning home.

"The goal of Barnes Home Health is to provide Barnes patients with continuity of medical care," explains Lynne Davis, director of the department. "By following a patient from the hospital into the home, we can monitor the patient more closely. We are familiar with the patient's background, we understand the doctor's areas of concern, and that continuum enables us to provide high quality care in the patient's best interest.

"If the patient's condition deteriorates," she continues, "the link between the patient, the doctor and the hospital enables us to facilitate a timely readmission into the hospital if necessary."

The home health process begins while the patient is in the hospital. Discharge planning discussions occur among the doctors, nurses, so-

Health*

**in association with*

Irene Walter Johnson Institute of Rehabilitation

cial workers and home health staff to determine if home services are the best avenue for the individual patient. If so, the doctor will write an order, specific for the services desired, and Barnes Home Health will follow through.

An intake coordinator from the department then meets with the patient to explain the services to be offered and to answer any questions. After discharge, the patient is contacted by telephone prior to the first visit; shortly thereafter, the designated treatment begins and will continue as long as the doctor determines that home health services are necessary.

Most patients require a combination of therapeutic treatments. For example, recovering burn patients might need a skilled nurse to change wound dressings, and require an IWJ occupational therapist to help them learn how to manage in the kitchen with a physical limitation. A newly diagnosed diabetic might require dressing changes on a foot ulcer, as well as dietetic instruction to learn how to adjust to new eating habits.

Nurses, therapists and other home health specialists interact in weekly case conferences. Individual cases are reviewed, with input offered by representatives of the various disciplines. Home Health nurses attend inpatient rounds to assess the need for home care, learn about the patients' specific conditions and facilitate the transition from hospital to home.

Home health care places special demands on the staff members who choose to commit themselves to the program. Barbara Floodman, social worker, chose the home health field because

of its unique challenges. "Home health demands a lot of flexibility, patience and a sense of humor," she says. "I become involved in crisis intervention and emergency situations that demand an ability to act and respond quickly. It is a challenging career that allows me to become closer to the families and more involved in assisting with their practical concerns as well as their emotional problems."

"I enjoy home health care because of the personal relationships that I develop with the patients and their families," relates Sheila Esters, R.N., who says she may visit a patient two to three times each week for approximately two months. "It is a completely different situation that enables me to utilize my assessment abilities and teaching skills in addition to my nursing training. Communication skills are also very important because I am entering their homes. I must establish a rapport and develop a relationship to work with them and perhaps teach them new skills to care for themselves. I see myself as part of a network between Barnes and the community."

"We plan to continue the growth that has been evident each month since we opened last September," says Mrs. Davis, "and also plan to implement new related services and programs for our patients and the community. I am confident that our staff members—the excellent R.N.s, the talented therapists from Irene Walter Johnson, the specialty service providers—possess the skills and professionalism to help us achieve our long-term goals and to provide the high quality of service and patient care that has become synonymous with Barnes Hospital."



Dee Stimac, field supervisor, takes a call from one of the registered nurses making home calls.



Home health intake coordinator Mary DeBenedetti visits with a patient prior to discharge to explain the services she'll be receiving at home.



Physical therapy in the home helps recuperating patients to increase strength and improve range of motion.

Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. In 1984, more than 900 queries from broadcast and print media representatives were made to the public relations department requesting that Barnes medical and professional staff explain current health care concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include:

Syndicated columnist Dr. Lester L. Coleman published an article on t-PA (tissue plasminogen activator) that included **research findings** by Dr. **Burton E. Sobel**, Barnes chief of cardiology.

A *St. Louis Post-Dispatch* special Mother's Day edition featured an interview with Dr. **Jacob Klein**, obstetrician/gynecologist, for an article describing area hospitals' **maternity services**.

The recent **lithotripter agreement** by Barnes and several other area hospitals made headlines May 21 in both the *St. Louis Globe-Democrat* and *St. Louis Post-Dispatch*. The lithotripter, a machine that will non-surgically eliminate painful kidney stones, will be housed at Barnes and shared by the participating hospitals in an unprecedented cooperative venture.

The **heart transplant of Edward J. Miller** of St. Louis, Barnes' third recipient, was covered by the *St. Louis Globe-Democrat*, *St. Louis Post-Dispatch*, KTVI-TV and KCFM radio May 23.

Permanent eyeliner was the subject of a KPLR-TV special segment May 23. Reporter John Schieszer interviewed Dr. **J. Regan Thomas**, Barnes facial plastic surgeon, who offers the procedure, and **Helen Garrett**, outpatient surgery center head nurse, one of his patients.

Dr. **Edward M. Geltman**, medical director of the cardiac diagnostic laboratory, was interviewed for a KMOX-TV segment about the **high risk of heart attacks** in women under age 50 who smoke.

Jerry Berger's May 25 column in the *St. Louis Post-Dispatch* announced Missouri Governor John Ashcroft's special appearance at the **dedication of the new Barnes emergency room** June 25.

In a May 25 column, John Auble, *St. Louis Globe-Democrat* columnist, commended the members of **SHARE** for their **continuing support** for breast cancer patients, highlighting the group's June 1 seminar. The SHARE breast cancer conference was also featured on KSDK-TV when **Dr. Jay M. Marion**, medical oncologist, was interviewed for the program.

Interviews with Dr. **R. Morton Bolman**, director of the heart transplant service, and Dr. **James L. Cox**, cardiothoracic surgeon-in-chief, concerning the donor heart program appeared in the May 25-26 weekend edition of the *St. Louis Globe-Democrat*.

The May 27 *St. Louis Business Journal* included an extensive interview with **Donna Granda**, nursing director of operating rooms. The article focused on the current upsurge in **outpatient surgery procedures**.

The May 31 **heart transplant of Earl L. Bullington** from Brookings, S.D., was covered by the *St. Louis Globe-Democrat*, *St. Louis Post-Dispatch* and the wire services.

On June 1, **Caroline T. Robertson** of Warson

Woods became the **first woman to receive a heart transplant** at Barnes. The operation was featured in the *St. Louis Post-Dispatch* and *St. Louis Globe-Democrat*, and on KSDK-TV and KMOX-AM radio.

The agreement among Barnes and nine other Missouri hospitals to form **VHA Mid-America** appeared in the June 1 *St. Louis Post-Dispatch* and the June 3 *St. Louis Globe-Democrat*. The June 3 *St. Louis Business Journal* included an interview with **Max Poll**, Barnes executive vice-president and chairman of VHA Mid-America, who discussed the organization, its purpose and goals.

Hospital notes

The following physicians are reported on staff: Dr. **Dennis Yung dok Loh**, assistant physician, effective April 1, 1985; Drs. **Irl J. Don**, assistant physician, and **Howard I. Weiss**, assistant neurologist, effective May 1, 1985; Drs. **Alice Pentland**, assistant dermatologist, and **Rodney P. Lusk**, assistant otolaryngologist, effective June 1, 1985; Drs. **Gerald L. Andriole** and **Robert R. Bhanson**, assistant urologic surgeons; Dr. **Joel Alan Goebel**, assistant dermatologist; Drs. **Joseph J. Billadello**, **Paul R. Eisenberg**, **Joseph L. Kenzora**, **Sandor J. Kovacs**, **Bruce D. Lindsay**, **Matthew J. Orland** and **Robert J. Saltman**, assistant physicians; Drs. **Fred C. Chu** and **Robert L. Roseman**, assistant ophthalmologists; Drs. **Stanley W. Golon**, **Frederick G. Hicks** and **Mary A. Knesevich**, assistant psychiatrists; Drs. **Diana L. Gray**, **William E. Houck**, **Mark J. Jostes** and **Casey A. Moauro**, assistant obstetrician/gynecologists, and Dr. **Martin Jendrisak**, assistant general surgeon, all effective July 1, 1985; and Dr. **Thomas A. Mustoe**, assistant plastic surgeon, effective Sept. 1, 1985.

Sherlyn Hailstone, R.N., director of medical nursing, co-authored an article titled "Assessment Center Techniques: Selecting Head Nurses" which appeared in the May 1985 *Journal of Nursing Administration*.

Rita Horwitz, R.N. in the outpatient surgery center, published an article on ambulatory care in Ethicon's *Point of View*.

Dr. **Willard Walker**, general surgeon, assumed the presidency of the Gateway Vascular Society at the organization's annual dinner meeting May 21. Dr. Walker is the second president of the two-year-old society.

Dr. **George Bohigian**, assistant ophthalmologist, on behalf of the American Medical Association, served as a judge for the International Science and Engineering Fair in Shreveport, La. This culmination of local, regional and state science fairs brought together the best exhibits from the United States and around the world.

Dr. **Saul Boyarsky**, genitourinary surgeon, participated in a symposium, "Developing Medical Device Technologies: The Role of Standard Bodies," sponsored by the medical devices standards board of the American National Standards Institute in Chicago. Also, Dr. Boyarsky was reelected to be a member of the general committee of revision at the pharmacopeial meeting of the U.S. Pharmacopeial Convention, Inc., held in Washington, D.C. He is chairman of the committee on urology.

Dr. **Bruce L. McClennan**, radiologist, has been appointed to the board of directors of the Missouri State Radiological Society and has been elected to the vice-presidency of the Greater St. Louis Radiological Society, after serving a one-year term as secretary-treasurer.

Four long-time employees retire

May was a month of retirement for four long-time Barnes employees whose combined length of employment totalled 93 years. All received certificates of appreciation May 31 from Barnes president Robert E. Frank and executive vice-president Max Poll.



Georgia Leaks



Wilmer "Bud" Brooks

Georgia Leaks, housekeeping department, spent 31 years at Barnes in several areas of the hospital, most recently on the 7200 and 7300 nursing divisions. Mrs. Leaks plans to travel, visit relatives and become more involved in church activities to enjoy her retirement, but says she "can't forget 31 years" at Barnes.

Wilmer "Bud" Brooks retired from the plant engineering department after 26 years. Called "a very special friend to employees" by his supervisor, John Grissom, Mr. Brooks is looking forward to gardening and fishing during his retirement.



Clara Cavin, R.N.



Odell Richardson

Clara Cavin, R.N., joined the Barnes staff 20 years ago as an original floor nurse in Queeny Tower. While looking forward to the relaxation of retirement, Mrs. Cavin says she cannot completely end her nursing career and plans to continue with private-duty nursing.

Odell Richardson retired after 16 years of service in two departments. She spent 11 years in housekeeping before moving to the nursing department as a unit aide. Mrs. Richardson is planning to travel, first to Hawaii, to enjoy her retirement.

Bulletin

July, 1985

Vol. 39, No. 7

Published monthly for employees, doctors, volunteers, Auxiliaries, donors, former and retired employees, patients and other friends of Barnes Hospital. Available at no charge by contacting the public relations department, Barnes Hospital, Barnes Hospital Plaza, St. Louis, Mo. 63110, (314) 362-5290. Circulation: 13,000 copies.

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Daisy Shepard, Director
Charlene Bancroft, Assistant director

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Gifts to Barnes Hospital

Listed below are the names of persons (honorees in **boldface**) who have made contributions during the period May 9 to June 7 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the Development Office. (Donations through MasterCard or Visa are welcome). The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

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IN MEMORY OF:

Julius H. and Ruth S. Drucker
Rose Sheffler

For Hospital Care with Special Thanks to Alice Marshall, Mae Martin, Sally Buck
M/M Robert G. Clark

Alarms For Life

Flora E. Boettcher
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Graduation of Mark Jaffe
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Hobart H. Smith
Bernadette Soldier
Laverne Sturmfels
M/M John Tipton

IN MEMORY OF:

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M/M Howard E. Adams

Helen Bullocks
Julian Herndon
Staff on 2200

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Mildred Feldman
Suzanne Lasky & Family

William A. George, Sr.
Mildred R. Feldman
Suzanne Lasky

Herman Willer
Suzanne Lasky

IN HONOR OF:

Marriage of M/M Burt Karney
Mildred Feldman
Ada Wessen

Wedding of Linda Ansehl
Suzanne Lasky



Barnes takes health fair to AT&T employees

Barnes staff members representing several hospital departments screened more than 100 AT&T employees at a health fair at the company headquarters June 5.

Tests and information concerning blood pressure, fat calibration, vision, hearing, oral cancer, stress, fitness, pulmonary function, breast self-examination, nutrition, blood sugar levels, fire safety and a counseling and referral service were provided free of charge. An optional diagnostic battery including an EKG and a blood chemistry profile were also available for a minimal charge.

Approximately 20 volunteers and more than 50 employees participated in the screening, coordinated by the department of education and training. For more information about scheduling a health fair, contact DET at 362-5252.

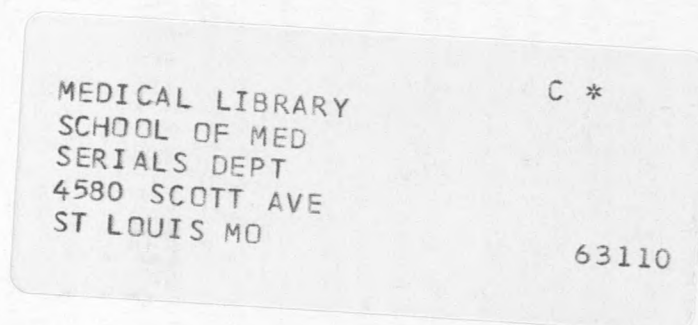
Barnes fact cards now available in PR

Barnes Hospital Facts, a wallet-size card printed with 1984 statistics, is now available free of charge from the public relations department. The card includes information about Barnes such as number of beds, admissions per year, occupancy rate, room rates and average length of stay.

The card also includes the number of outpatient surgical and total surgical procedures; Barnes/Sutter, Home Health and emergency room visits, and the number of babies delivered at Barnes in 1984. To obtain a fact card (or as many as you need), contact the public relations department at 362-5290 or visit the office on the ground floor of Queeny Tower at Barnes.



Barnes Hospital
Barnes Hospital Plaza
St. Louis, Missouri 63110



Barnes Bulletin

July, 1985

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