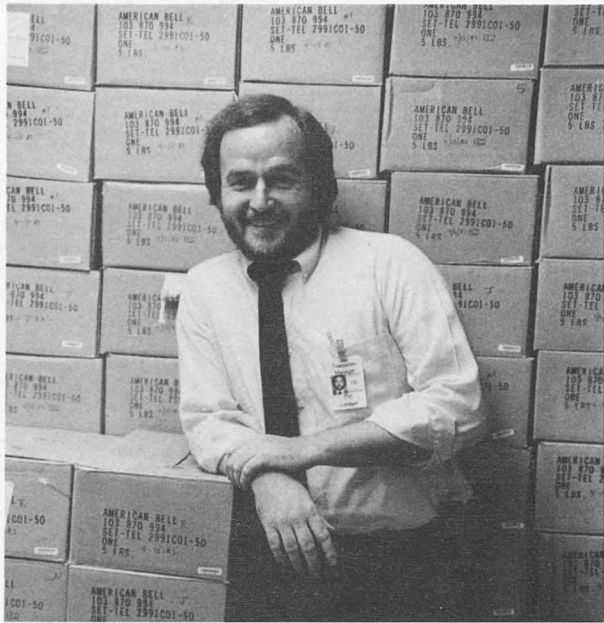


# Barnes Bulletin

Barnes Hospital, St. Louis, Missouri, August, 1983, Volume XXXVII, Number 8



Telecommunications manager Pat Lanigan surrounded by some of the new phones still awaiting installation.

## September 2 cutover for new phone system

On September 2, Barnes Hospital and the Washington University School of Medicine will change from their current Centrex phone systems to the computerized custom Dimension 2000 systems.

The cutover marks the culmination of the largest phone installation in a medical environment in the country, according to American Bell, Inc., spokesman Jim Reese. More than 5,700 phones have been installed throughout Barnes and WUMS since the installation began in December. An estimated 15,000 man-hours will be required to complete the project.

As of September 2, all Barnes numbers will begin with "362." Anyone dialing one of the old "454" numbers, including those to private doctors' offices within the hospital, will be advised of the new number by a recording. This procedure will remain in effect until December.

The Dimension 2000, with over 150 options available, is giving Barnes new capabilities, including push-button phones, speed dialing, and the ability to change phone numbers and add services as needed, according to Pat Lanigan, Barnes telecommunications manager.

The toll-free doctor referral numbers will remain the same with 1-800-392-0936 serving outstate Missouri, and 1-800-325-0737 serving the surrounding states. The doctor referral number for the St. Louis area is changing to 362-2255. The main switchboard number will be 362-5000 and the emergency department will be 362-2604.

Other important phone numbers that are changing September 2 include: employment office, 362-7838; education and training, 362-5254; patient information, 362-5460; memorial funds, development, 362-5196; volunteers, 362-5326; School of Nursing, 362-1571; executive physicals program, 362-2255; speakers bureau, 362-5290, and public relations, 362-5290.

**Front cover:** A member of the plant engineering department moves forward to put out a blaze during a recent fire extinguisher demonstration conducted by safety director Edward Thurman. (See related story, page 2.)

## Social Security coverage now required by law

Barnes' decision to continue participating in the Social Security system, rather than providing an alternative retirement/disability package for employees, recently proved to be a wise one. The Social Security amendments of 1983, recently signed into law by President Ronald Reagan, have ordered those organizations that opted out of the system a year ago to rejoin.

"The possibility that universal coverage would eventually be established, bringing organizations such as tax-exempt hospitals who had opted out back into the system, was one of the reasons why we decided to stay with Social Security," said Mark Weber, a Barnes associate administrator. "This has now come to fruition."

The hospital made the decision to remain in the Social Security system after months of research, which included a computerized evaluation, based on Barnes employees, of the expected benefits and costs of the system.

"Despite scares that the system is 'going broke,' Social Security is not likely to fold because the government, unlike private businesses, can operate at a deficit," said Mr. Weber. "Although benefits may be reduced in the future, they will do whatever is necessary to continue providing coverage, including raising taxes, printing more money or changing eligibility requirements."

## Over 400 apply for freshmen nursing class

Over 400 applications have been received for the Barnes School of Nursing's 1983 freshmen class, which is beginning its coursework August 22. The 108-member class, which has been filled since the end of April, will be the first to attend the University of Missouri-St. Louis for non-nursing courses.

In addition to the 422 people who have sent in applications to the school since September of 1982, 127 have initiated the application process by sending transcripts or other information. The school has also received nearly 2,000 requests for literature and information.

These figures do not include the number of people who received information at high school college nights and career days or those who dropped by the school of nursing on an informal basis, said recruiting, admissions and financial aid coordinator Susan (Courtois) Jaycox, who regularly gives talks on nursing and other health-related fields at schools throughout the bi-state area.

"We're trying to branch out into some of the smaller areas surrounding St. Louis to attract students," said Mrs. Jaycox, who attributes the number of applications to extensive recruiting efforts. "Anyone interested in the school should apply early," she added. Students are selected based on their academic record and a personal interview with a staff member.

This year's freshmen class represents a wide variety of backgrounds and experience, with stu-

dents traveling from Staten Island, New York, Terre Haute, Indiana, and Chicago, Illinois. The class also includes a student from India and one from Hong Kong. In addition to recent high-school graduates, several of the incoming students are college students who are making a career change, including one who holds a master's degree in business administration, and homemakers over 30 who are starting a career for the first time. Approximately 10 percent of the class is male.

## Barnes joins VHA, gains economies of scale

Barnes Hospital recently became a principal shareholder of the Voluntary Hospitals of America, Inc., a cooperative of 50 of the country's leading medical institutions. Barnes joined the association of not-for-profit hospitals, which was started in 1977, in order to gain the advantages of a national corporation without having to sacrifice its independence and responsiveness to the needs of the area.

Through membership in the VHA, Barnes can now realize savings in the large-scale buying of equipment and supplies that previously were available only to the national for-profit health care chains.

The VHA also provides members with statistical reports and other management information on current health care trends that can be used for individual marketing and planning strategies. Barnes can also use the resources and expertise of each member institution to develop new methods of controlling costs more easily and efficiently.

Since the member institutions own the cooperative, rather than the other way around, each hospital retains control over its own operation and can tailor its services to meet the needs of the area it serves. Barnes is the only hospital in the St. Louis area to join the VHA, whose current membership represents \$4.2 billion in annual revenues.

## 500 kidney transplants performed since 1963

Drs. Charles B. Anderson and Gregorio A. Sicard, Barnes/WU general surgeons, performed the 500th kidney transplant operation at Barnes Hospital on July 5. The recipient of the transplant was Deliah Giacomo, of Pinckneyville, Illinois. She received a kidney from her brother, Richard Barnes, of Elkhart, Illinois.

Barnes' 500th transplant was Mrs. Giacomo's third kidney transplant at the hospital. The other two kidneys, including the first in which she received a kidney from her mother, were rejected. Mrs. Giacomo's chances of accepting the kidney this time are excellent because her brother's kidney is a nearly perfect match.

The first kidney transplant operation at Barnes Hospital was performed in 1963. However, more than half of the operations have been performed within the last five years. One of the seven kidneys transplanted at the hospital in 1965 is still functioning well today—over 18 years later.

## Hands-on training class helps insure fire safety

"Everyone should know how to operate a fire extinguisher and everyone should have at least one in their home," said Barnes safety director Edward Thurman as he addressed members of the plant engineering department during a refresher fire safety class June 29. The hands-on training sessions were conducted to help insure that employees would act quickly and appropriately if fire did strike, Mr. Thurman said.

Fire extinguishers, which contain either water, carbon dioxide or a dry chemical as the active ingredient, come in different sizes and are grouped according to the type of fire they are capable of putting out. Fire extinguishers labeled "A" (water) can handle fires involving wood, paper or clothing; those marked "B" (CO<sub>2</sub>) are appropriate for dousing fires started by flammable liquids such as gasoline. Extinguishers that carry a "C" (dry chemical) label are used for electrical fires.

"The best fire extinguishers to have on hand are those that contain a dry chemical such as ammonium phosphate," said Mr. Thurman, who keeps two fire extinguishers at home and one in his car. "These are labeled 'A-B-C' and can tackle any kind of fire." A 5-pound canister is usually sufficient for use in the kitchen, but a 10-pound canister should be kept wherever power tools or a lot of electrical equipment is being used, Mr. Thurman said.

To operate a fire extinguisher, simply pull the pin, squeeze the trigger and pan slowly from side to side while aiming at the base of the flames. Never attempt to use a water-filled extinguisher on a gasoline fire—the blaze will quickly spread over a larger area. In addition, water should not be used on an electrical fire because of the risk of shock or even electrocution.

Maintaining a distance of about 15 feet from the fire, checking the direction of the wind and standing uphill from the blaze will all help keep the fire from causing unnecessary tragedy by burning those who are trying to help.

## Nurses volunteer skills at Veiled Prophet Fair

The Independence Day weekend was not merely a time of celebration for five Barnes registered nurses. RNs Katie Christopher, Kathy Rollin, Lynn Weaver, Marsha Stutsman and John Daniels each devoted part of their holiday to staff medical first aid tents at the Veiled Prophet Fair, held at the St. Louis riverfront.

RN Katie Christopher, who works in Barnes' surgical intensive care unit, said that she volunteered for one main reason. "I have the ability to help, so it only makes sense for me to do what I can," said Ms. Christopher. "I know how to dress a wound and wrap a sprain, so I felt that it was almost a duty to spend some of my time helping injured visitors." This was the second year in a row that Ms. Christopher volunteered to work at the fair. "Volunteering was my way of insuring the Veiled Prophet Fair was a safe event—one where everyone who attended this year will want to return to again next year."

Emergency department RN John Daniels' work at the fair was not limited to strains or cuts, as he encouraged a woman who was suffering from chest pains to seek further medical attention. "The woman came to the tent complaining of chest pains," said Mr. Daniels. "She told me that she had no history of heart disease. The pains, however, persisted and finally I persuaded her to

go to the emergency room at Barnes for further examination. When she arrived at the ER she was examined, and immediately admitted to the cardiac care unit. I was so glad that I finally got her to go to the hospital. It is still frightening to think what might have happened if I hadn't."

RN Kathy Rollin, who works in the cardiothoracic intensive care unit, treated injuries ranging from burns to cuts during the four day festival. "I saw a lot of cut feet and burned shoulders," said Ms. Rollin. "Of course, I wish that the injuries didn't happen, but since they did, I was glad to be able to help." Ms. Rollin added that she knew her role at the fair might seem small in comparison to the four to five million people who attended, however, she felt that her contribution did help make the fair better, even if only for a few people.

Two other emergency department RNs, Lynn Weaver and Marsha Stutsman, also volunteered some of their weekend time at the fair. They treated many of the same types of injuries the other nurses had, but were also called upon to stabilize the condition of a shooting victim. "The area where our tent was located was very near the shooting, so the victim became our responsibility," Ms. Weaver said. "It is a shame that it happened, but I am thankful that we were there, and able to help stabilize him until the ambulance arrived and he could be moved."

## Housekeeping teaches job skills to disabled

Over 50 representatives from St. Louis area vocational referral agencies attended a recent open house held at Barnes that showcased an on-the-job training program for the disabled. Barnes' housekeeping department has been participating in the program, which is sponsored by the Goodwill Industries of America, since October of 1982.

Called "Projects With Industry," the 12-week program gives the disabled an opportunity to learn housekeeping, custodial or food service skills. The program consists of one week of orientation and classes at Goodwill and six weeks of on-site training, which is followed by five weeks of skill testing and job-readiness training.

Since joining "Projects With Industry," Barnes has trained 36 disabled people in housekeeping and custodial functions. Of that number, six have remained at Barnes as full-time employees. "The job training program has been great for us," said Ernest Launsby, Barnes' housekeeping director. "It's given us a chance to see what kind of work they can do before we hire them." The department currently has four trainees.

The program as a whole boasts of 150 job placements, or a 77 percent success rate, according to Jane Evans, director of development and community relations for Goodwill Industries. "We're extremely proud of our success rate," said Mrs. Evans, "and we are particularly satisfied with the work Barnes has done in training our people. The supervisors give them a lot of one-on-one instruction and feedback."

## Hospital notes

The following are reported on staff, effective July 1: Drs. **Henry Amado**, assistant psychiatrist; **Robert W. Bastian**, assistant otolaryngologist; **Fred D. Biggs**, assistant physician; **Jerome D. Sachar**, assistant obstetrician/gynecologist; **Bernard Shore**, assistant physician; **Thomas L. Spray**, assistant cardiothoracic surgeon; **Richard H. Sundermann**, assistant psychiatrist, and **Marty H. Thomas**, assistant obstetrician/gynecologist.

## Not-for-profit, profit hospitals' goals differ

Contrary to a popular misconception, both profit and not-for-profit hospitals such as Barnes do need to make a "profit" in order to stay in business, according to Robert McAuliffe, Barnes vice-president of finance.

"In a period of inflation such as we have now, both need an excess of revenue to finance the growing cost of material, equipment and personnel which is paid for months before money from patients' bills is collected," said Mr. McAuliffe.

The similarity, however, ends at this point, according to Mr. McAuliffe, as the revenue collected serves different needs and goals. "Not-for-profit hospitals have an obligation to the community they serve, while for-profit hospitals have an obligation to their shareholders," said Mr. McAuliffe. "For-profits also have a need for an excess to pay a fair return to their investors."

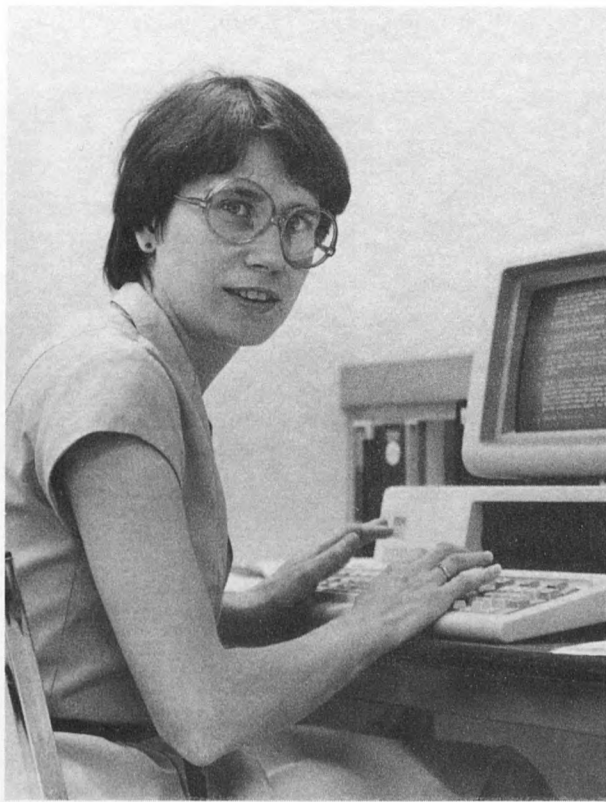
The not-for-profit's desire to meet its community's needs includes a commitment to charity care and to provide those kinds of medical and surgical services that are not big revenue producers. Barnes' charity budget reached \$4,864,777 in 1982. (For-profit hospitals do not invest in charity care and do not offer treatments, such as highly complicated neurosurgical and cardiothoracic procedures that require a large capital investment and do not produce a profit.)

This commitment to the community is carried a step further by Barnes and other teaching hospitals, said Mr. McAuliffe, as large amounts of money are invested in medical education and training; an investment that not only improves today's quality of care, but also offers hope for the future.

"For-profit hospitals do not share this same commitment," said Mr. McAuliffe. "They offer only those services that are revenue-producing. Subsequently, they are able to charge the same or similar rate as not-for-profits and still reap revenue above their cost. It is not the quality of management that is the issue, but rather the scope and range of services: social as well as medical."



Betty L. Hewes of southwest St. Louis county blows into Barnes pulmonary function monitor as graduate respiratory therapist Karen Schleper looks on. Mrs. Hewes was one of 500 participants in the free health screenings Barnes held at Crestwood Plaza over the Father's Day weekend.



Linda Ott

## Data center to broaden computer access

A new management data center opened at Barnes last month to supplement the data processing department by providing two personal computers that can be used by any department needing this technology. With the opening of the new center, employees outside of data processing now have, for the first time, direct access to information stored in the hospital's main computer.

The management data center enables department heads and other hospital managers to calculate and audit employee productivity, determine how they're controlling costs in relation to government payment limitations and regulations, and to generate internal statistics that will be useful in future planning, according to Everett Menendez, Barnes assistant administrator over data processing.

Previously, all requests for hospital statistics were handled through data processing. The center provides faster access while giving departments an opportunity to test the usefulness of a microcomputer for their area, Mr. Menendez said. The new center should help meet the needs of those departments who have made requests for microcomputers over the past few years, he said.

The center is staffed by Linda Ott, a full-time coordinator from data processing, and houses two CRT terminals that are connected with the hospital's main computer system, plus two microcomputers, each with different software (programming) capabilities.

Report writers, special programs that allow individuals to generate statistical reports and audits based on hospital data not previously compiled, are also available. The report writer programs are fed directly into the main computer either from a CRT terminal or through the keypunch office.

Sophisticated security measures such as special "user" codes, using a specific terminal and meeting a list of other requirements before authorization is granted are being instigated to protect confidential information, said Mr. Menendez.

Training sessions for using the center's equipment were held May 12 and 13 at the School of Nursing, with over 30 departments represented. Individual instruction is now available from the center's coordinator by contacting the data processing department at 454-2211.

## DET to sponsor corporate health fair

The department of education and training is sponsoring a health fair for employees of the General American Life Insurance Company on August 30. Over 35 Barnes employees, including representatives of respiratory therapy and nursing service, will be on hand at the company's downtown headquarters to screen and inform participants.

From 9 a.m. to 4 p.m., Barnes respiratory therapy technicians, nurses and instructors will check each participant's weight, height, blood pressure, vision and pulmonary function. Tests for anemia will also be given, while pamphlets and brochures on topics such as dieting, heart disease, good nutrition and drug abuse will also be available.

DET anticipates screening over 300 General American employees, according to Linda Knight, patient education coordinator. "The variety of tests we are offering, as well as the educational information that we are making available, should make this health fair very successful," she said. For more information on upcoming screenings, or to schedule a health fair, contact DET director Walter Klein at 454-3563.

## Activity therapy helps patients relax

Activity therapy director Cheryl Brady has developed a relaxation cassette tape for patients undergoing treatment at the new Hyperthermia Center which opened in April at the Barnard Free Skin and Cancer Hospital here.

The tape encourages patients to imagine a cool, peaceful setting and is used to help them keep their minds off of their discomfort during treatment. During hyperthermia treatment, extreme heat is used to kill cancer cells without damaging surrounding healthy tissue. While not painful, the treatment can be uncomfortable as the patient has to lie still for approximately one hour, with temperatures ranging from 108 to 110 degrees Fahrenheit.

Ms. Brady also uses tapes and teaches relaxation techniques to patients in other areas of the hospital, including Barnes' 11 intensive care units, to help them reduce the amount of tension and pain they are experiencing with their illnesses.

## Time and date display coming to channel 10

Patients hospitalized at Barnes will soon be able to find out the time and date by tuning their televisions to channel 10—the hospital's educational channel. Within the next few weeks, a generating system will be connected that will superimpose the time and date on the screen without interrupting the program that is being aired.

The display will appear on the top left-hand corner of the screen in white digital numbers measuring one-tenth the height of the picture. Televisions in patient rooms receive channel 10 with or without the rental of the commercial stations.

"The need for clocks and calendars in patient rooms has existed for many years," said Don Telthorst, a Barnes assistant administrator over facilities. "Having the time and date displayed on the television screens by a central computer eliminates several practical and mechanical problems in terms of installation and maintenance."



Jack McElvein, dietetics associate director of operations, leads a parade of 18 beauty queens.



Jack Carney, well-known radio personality for KMOX, chats with the crowd surrounding the Miss Universe contestants. Prior to the contestants' arrival, Mr. Carney passed out corsages to several of the patients and their families who had gathered for the event.



Susan Sherman, daughter of Gil Sherman, dietetics director, was the center of attention for three of the Miss Universe contestants who visited Barnes' employee/visitor cafeteria June 23. (Photo by Jim Balmer, courtesy of the St. Louis Weekly.)

## Miss Universe contestant visits ICU patient

A long-time patient in Barnes' general surgery intensive care unit received an emotional lift June 23 when he received a visit from Miss Panama, a contestant in the Miss Universe pageant which aired live from St. Louis July 11. Miss Panama was part of a contingent of 18 of the beauty queens who came to Barnes to get a quick glimpse of one of the nation's top ten hospitals and to sample international desserts in the new employee/visitor cafeteria.

Miss Panama visited the patient on 52ICU at nursing's suggestion. Staff members had been concerned that the patient was growing despondent over his long hospitalization, which had encompassed the past two months. Shortly after Miss Panama's visit, which brought bright smiles to both the patient and his family, the patient was transferred out of the intensive care unit and eventually was discharged.

# RETURN OF



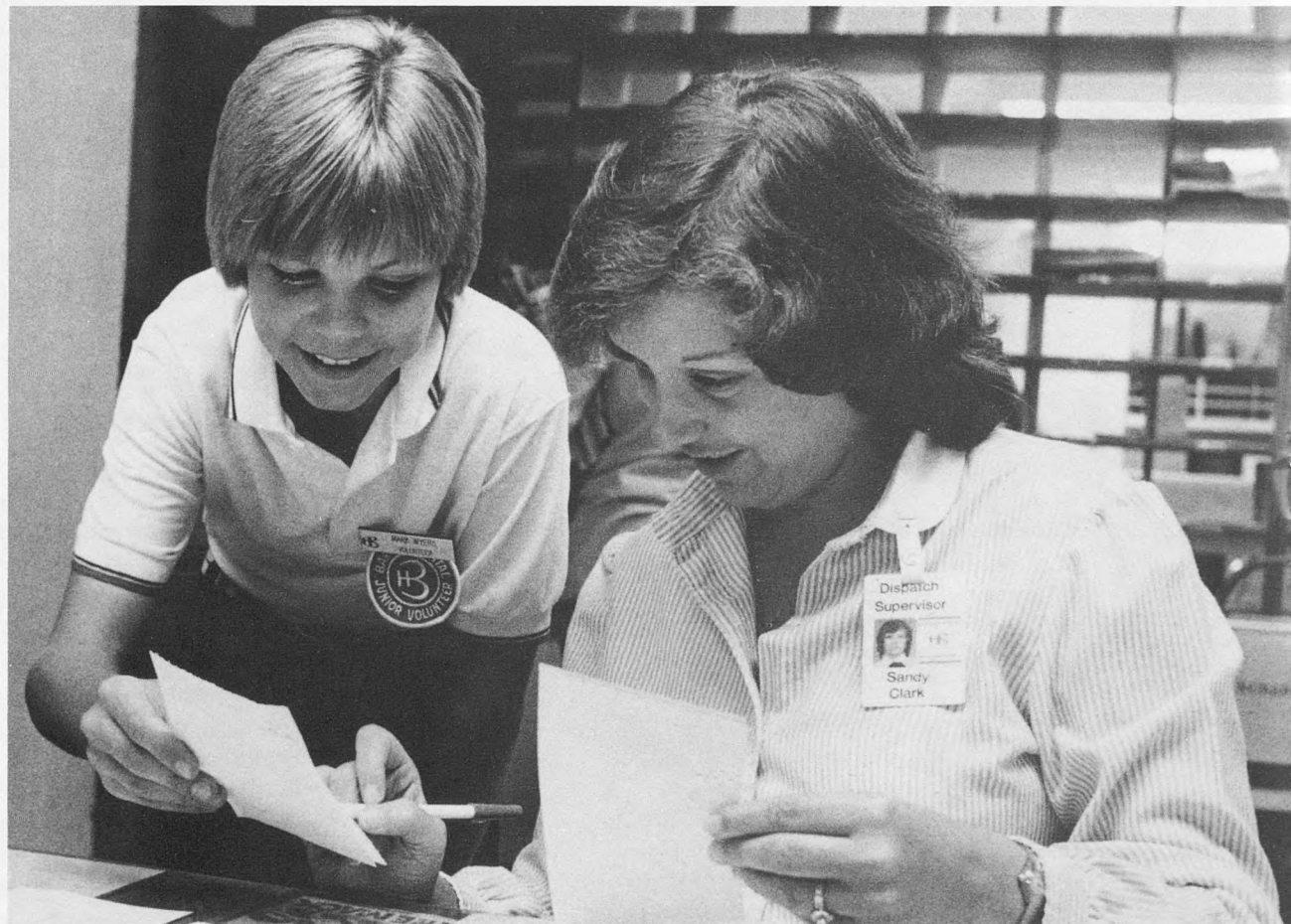
Working as the unit secretary's assistant, JV LeAndra Stowers enters new patient information into the computer. Other duties have included delivering mail to patients, assisting with charts, and writing admissions and discharges on the nursing station's blackboard to help keep staff abreast of changes occurring on the floor.



As a JV for the Wishing Well Gift Shop, Lauren Lepow helps Jean Montgomery of Bridgeton make a jewelry selection. Through Barnes JV program, students can gain practical experience that can help them decide on a future career, whether in medicine or in business.



Special moments such as the birth of a child are enhanced by the junior volunteers' helping hands and willing attitude. Here, JV Renita Perry escorts new mother Eileen Mitchell and her tiny daughter to her husband's waiting car after a brief stopover in the discharge waiting suite.



Delivering messages, picking up packages and charts and escorting patients as a dispatch JV has kept Mark Wyers in top condition this summer. Here he gets last minute instructions from dispatch supervisor Sandy Clark.

# THE

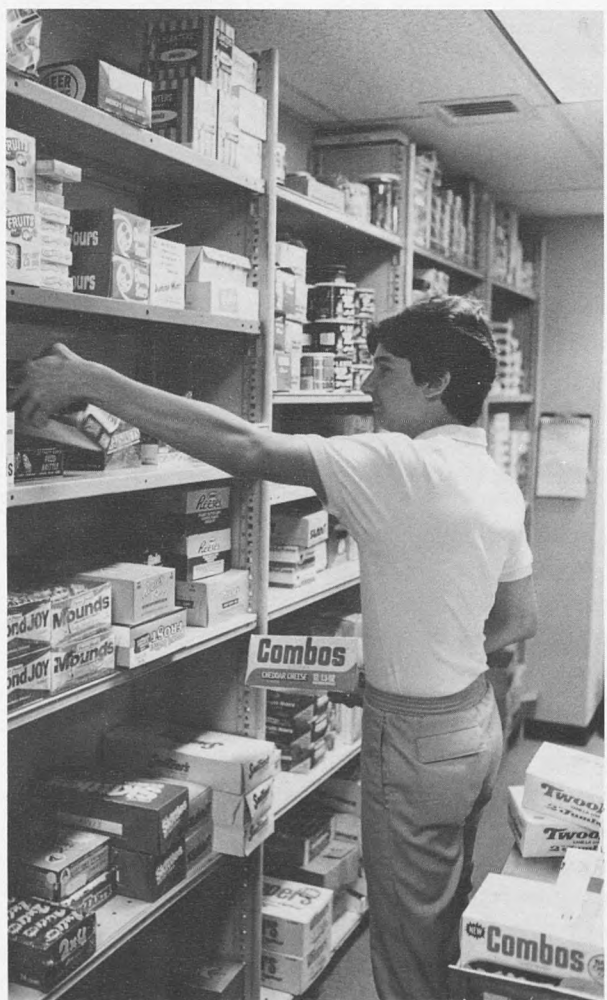
# JV's



A patient has just been wheeled into recovery from the operating room, and JV John Bishop is there to assist staff members by warming the patient with blankets and linen.



Daily activities such as helping with menu selections, making a bed or getting a drink of water for a thirsty patient are just some of the "little things" JVs do that add that personal touch to medical care and caring. Here JV Beth Riley smooths orthopedic surgery patient Harry Marion's bed covers.



Jeff Skatoff replenishes supplies in the Wishing Well Gift Shop storeroom. Barnes has over 80 junior volunteers working in all areas of the hospital, including dispatch, post-anesthesia recovery, emergency, admitting and radiology.



JV Charlotte Batey checks the roster for the next labor and delivery tour during a hectic day in the department of education and training. Her courteous phone manners and typing skills have been a valued asset.



Passing out pamphlets explaining the type of test a patient is going to have is an important part of Sarah Meyer's day as a JV for the Mallinckrodt Institute of Radiology, a part of WUMC. "People really seem to appreciate receiving the information," said Sarah.

## Media spotlight

Highlights of the media's coverage of Barnes Hospital during the last month are as follows. Readers desiring a photocopy of newspaper or magazine articles about Barnes should contact the public relations department at (314) 454-3515.

### Television

Dr. Robert Stine, director of Barnes' emergency department, discussed the symptoms and treatment of heat exhaustion and heat stroke for a July 14 segment on KMOX that dealt with the recent heat wave and the possibility of calling a heat emergency in the city of St. Louis.

Dr. George M. Bohigian, Barnes/WU ophthalmologist, was recently interviewed for a July 16 segment on dioxin contamination that aired on KSDK. A delegate of the Missouri chapter of the American Medical Association, Dr. Bohigian discussed his role in completing an updated report on dioxin contamination and its effect on people living in areas where the chemical has been found.

"Here's Help," a news documentary that aired June 24 on Channel 24 featured Dr. Andrew E. Galakatos, Barnes/WU gynecologist and oncologist. Dr. Galakatos was interviewed on the progress of cancer diagnosis and treatment which has taken place during the last few years.

Connie Tobben, dietitian for the cardiothoracic surgery floors, was interviewed by KSDK for a June 18 segment which featured the Barnes "Gift for the heart, from the heart" health screening.

Dr. Marvin E. Levin, Barnes/WU endocrinologist and diabetes specialist, was a guest on KSDK's noontime show May 30. Dr. Levin discussed his work with a camp for diabetic children and his participation in the Third Annual Diabetes Charity Golf Tournament.

### Radio

KMOX's program "Doctor to Doctor" recently featured Dr. Jeffrey L. Marsh, Barnes/WU plastic surgeon. Dr. Marsh answered questions concerning new advances in cosmetic surgery.

Dr. Robert A. Shively, Barnes/WU orthopedic surgeon, discussed "Sports medicine—preventative measures for children and adolescents" during an "At Your Service" segment that aired on KMOX June 25.

The director of Barnes' emergency department, Dr. Robert Stine, was featured on a June 1 segment on KWMU concerning over-exposure to the sun. Dr. Stine cautioned about the danger of receiving too much sun, and the treatment for sunburned skin.

### Print

Dr. Geoffrey P. Herzig, co-director of Barnes' bone marrow transplant unit, was interviewed by the *St. Louis Globe-Democrat's* medical and science reporter Art Kaufman for a July 21 article on bone marrow transplants and the new BMT unit. Paige Anderson, a 12-year-old BMT patient from Birmingham, Alabama, and her parents, Frank and Ray, were also interviewed for the story.

Dr. Bevra H. Hahn, Barnes/WU physician, was interviewed for an article on "Rheumatoid Arthritis: Crippling Enemy That Strikes Unrecognized," which was printed in the July 13 issue of the *West County Journal*. Dr. Hahn discussed the warning signs of arthritis, as well as the diagnosis and treatment of the disease.

Jerry Berger's column in the July 8 edition of the *St. Louis Globe-Democrat* featured the rates of Barnes Hospital when compared with those of

the other top ten hospitals in the nation. Barnes' rate for a semi-private room is \$175, while a private room is \$195. The nine other hospitals ranged in cost from \$225 to \$400 for semi-private rooms and from \$279 to \$575 for private rooms.

## Nursing school revises curriculum

Barnes School of Nursing is revising its curriculum and adopting an academic (August through May) calendar year to facilitate its students' movement into the University of Missouri—St. Louis' bachelor of science in nursing degree completion program.

The school has been working on the revision for about one year in anticipation of its new affiliation with UMSL, which became official last spring. The curriculum changes will be in effect for the class starting this month. State board approval was given July 8, 1983.

The school's coursework, which includes such areas as introduction to nursing, medical/surgical nursing and specialties such as maternity or psychiatric nursing, will now be based on a conceptual framework emphasizing Orem's theory of nursing, according to Mary Jane Meyer, Barnes School of Nursing director.

"Using Orem's theory, nurses define what the patient can do for himself, what his needs are, and then develops a plan of care," said Mrs. Meyer. "The theory provides guidelines on which to build all of our courses."

Other changes include increasing the clinical rotations in medical/surgical nursing during the second year of study and revising the program from 29 continuous months to three academic years.

The reason for adopting the academic year was two-fold, according to Mrs. Meyer. "First, we wanted to facilitate our students' progress toward a BSN degree, if they desire that option," she said. "Students can now take courses that will apply toward their BSN degree during the summer, without sacrificing the strong clinical background that is unique to hospital-based diploma schools. Having the summers off will also give students the option of three months of full-time employment, which could make financing their educations easier."

The second advantage of the academic year, said Mrs. Meyer, is that it will allow instructors time to review, plan and prepare courses. Other options now open to faculty are to work on advanced degrees and/or to upgrade clinical skills by working in hospital areas of their choice.

## Grandison Royston dies; delivered 1st baby here

Dr. Grandison Royston, the obstetrician who, in 1927, delivered the first baby ever born at Maternity Hospital, died June 23 at a hospital in Little Rock, Arkansas, following a brief illness. (Until the opening of the East Pavilion in 1972, Maternity Hospital housed Barnes obstetrics beds and nurseries.)

A native of Washington, Arkansas, Dr. Royston was a 1907 graduate of the Washington University School of Medicine. Upon graduation, he studied in Vienna, Austria, and Berlin and Tübingen, Germany, before joining the Barnes/WU staff as an assistant obstetrician/gynecologist in 1921. He was named emeritus in 1953. During his 32-year career, Dr. Royston delivered over 8,300 babies.

## Barnes to participate in educational conference

"Patient Education: Effective Management in the '80s" is the focus of a national conference co-sponsored by the American Hospital Association and the American Society for Healthcare Education and Training September 13-16 at the Stouffer's Riverfront Towers downtown. Representatives from Barnes administration, medical staff and from the department of education and training will be guest speakers at the three-day event, which is the first national conference to focus on management issues facing patient education coordinators.

Hospital president Robert E. Frank, Dr. John Daniels, Barnes/WU physician and chairperson of the patient education medical advisory committee, and Linda Knight, DET patient education coordinator, will discuss future challenges facing a hospitalwide patient education program on September 14. Janet Desnoyer, DET assistant director and a member of the conference's planning committee, will be giving a workshop entitled "Accountability of Patient Education Instructors: A Quality Control Challenge" on September 16.

## Walker, Oliver retire, 39 years of service

Katie Walker and Bertha Oliver, two long-time Barnes employees, recently retired after a combined total of 39 years of service. Mrs. Walker, a senior nurse assistant on 4400, retired on July 8 after completing 24 years of service. Mrs. Oliver retired on July 7, after 15 years as a housekeeper in Queeny Tower. Both employees were presented certificates of appreciation by hospital president Robert Frank.

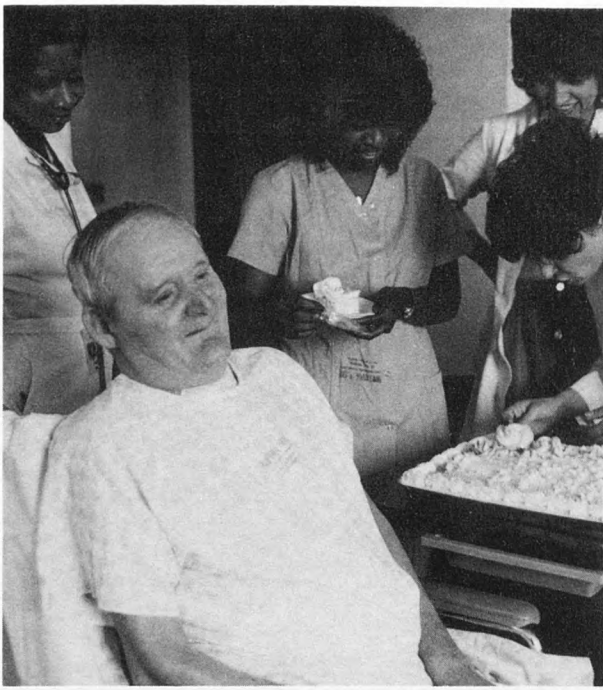
On the day of her retirement, Mrs. Walker said that she would miss everyone with whom she had worked so closely over the years. "I have made many plans for my retirement years, but that doesn't mean I won't feel funny being at home instead of at work everyday," she said. "I do hope, however, to have more time to travel. I'm planning a vacation to California later this summer." In addition, Mrs. Walker said that she hoped to find the time to finish some of the many projects she had started over the last 20 years, but "not found the time to finish."

RN Shirley Johnson, head nurse on 4400, said: "We will all miss Mrs. Walker's enthusiasm. She is one of the most dedicated individuals I've ever known. Mrs. Walker has always taken the time to help patients feel comfortable and at ease."

Mrs. Oliver worked most of her 15-year career at Barnes as a housekeeper in Queeny Tower. "Although I spent most of my time in Queeny Tower, I've made friends throughout the hospital," said Mrs. Oliver. "Those friends are the people who make retiring difficult." Mrs. Walker added that she would be returning to the hospital to visit with everyone as often as she could.

"It hardly seems possible that 15 years have passed since I first began working here," said Mrs. Walker, "I still recall the day that I started."





Cecil White enjoys a good chuckle as nursing staff serve a cake baked in his honor.

## Patient discharged following two-year stay

After nearly two years as a patient at Barnes, Cecil White of Carterville, Illinois, was discharged July 6. A victim of Guillain-Barre syndrome, a neurological disorder that experts suspect is triggered by a bout of the flu or some other viral infection, Mr. White had been hospitalized since August 1, 1981.

According to Mr. White, his ordeal began a couple of weeks after he had an episode with the flu. "I started to feel sick again and then within 48 hours, I was completely paralyzed," he said. Mr. White spent the first nine months of his hospitalization in Barnes' respiratory intensive care unit, before being moved to the neurology nursing division located on the eleventh floor of the East Pavilion.

Mr. White, who required the aid of a ventilator to breathe during the first year of his stay at Barnes, is now able to breathe completely on his own and has regained movement in his head and neck. He was discharged to a rehabilitation facility near his home.

Nursing staff treated Mr. White and his family to a farewell party and cake on his discharge day. "I feel as if we are leaving home after two years of being here every day," said Mr. White's daughter, Cecilia Griffith of Energy, Illinois. "Everyone here has just been super."

## Forms design adds photographic typesetting

A photographic typesetting machine has been added to the Barnes forms design office. The new computerized typesetting machine reduces the processing time required to fill orders because of its many diverse functions, such as underscoring, which were previously performed by hand. In addition, it will produce cleaner, more attractive output than the old-style equipment that it is replacing.

The typesetting machine resembles a small business computer. It has a keyboard similar to that of a typewriter and a video display screen. To obtain printed copy from the typesetting machine, the forms design operator selects the desired font (typeface), types the copy onto the screen, edits or deletes unnecessary words or phrases and then instructs the computer to produce a film copy of the script. The film is developed in a processor, similarly to the way camera film is developed, and allowed to dry. After dry-

ing, the copy is ready for paste-up. Currently, forms design has 15 different fonts available to customers.

The completed forms are then stored on discs which can be reinserted into the typesetting machine at a later date for revision. Previously, when a form or brochure needed updating, it often meant starting from scratch. Now, entire sections of copy can be moved, added or deleted automatically by the forms design operator through instructions given to the computer without sacrifice to the original quality.

## Gifts to Barnes Hospital

Listed below are the names of persons (honorees in **boldface**) who have made contributions during the period June 10 to July 10 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the Development office.

### Auxiliary Tribute Fund

#### IN MEMORY OF:

**Rose Engel**  
Sylvia and Ben Roman

**Mother of Jack Heitmann**  
D/M Harry Cutler

**Bea Maltz**  
Norman Rubin  
(cardiovascular area)

**Grandison D. Royston, M.D.**  
Mrs. William S. Bedal

**William H. L. Smith**  
E. R. Culver, III

**Whitelaw T. Terry**  
Charles E. Claggett  
Mrs. John K. Lilly

#### Daughter, Theta

Ann Tucker

**Fannie Winter**  
Staff Members of 5400  
Nursery (for cancer)

#### IN HONOR OF:

**Dr. Harry Cutler**  
Mrs. Harry Cutler

**Birthday of Michael A. Cutler**  
Mrs. Harry Cutler

**Dr. and Mrs. Neal R. Cutler**  
Mrs. Harry Cutler

**Recovery of Sam Traub**  
M/M Ben Abelson

### Patient Care Fund

Chrystelle M. Adams  
M/M Alfred A. Bean  
Eleanor L. Begley  
M/M Larry R. Craig  
Thomas M. Gaughran  
M/M Ken Gross  
Joseph Grossman  
Catherine E. Horn  
Bob Mitchell Huber  
Burt L. Karney  
Linda & Jim Lange  
Donald A. Long  
Kenneth Newbold

Marilyn Peeples  
James Harold Simmons  
Lenvil Simmons  
James B. Sudduth  
Ella Tarvin  
Sally J. Wilson

IN MEMORY OF:  
**Norman Abernathy**  
Rose & Ray Dunn

**William H. L. Smith**  
M/M Frank Key

### Barnes Annual Fund

Anonymous  
Carl W. Adams  
Ivee Anderson  
Joseph Anselmo  
Steve Bartok  
M/M Alfred A. Bean  
Clara E. Braun  
M/M A. N. Brickman  
Charlene V. Byrd  
V. B. Campanella  
Theresa Carnaghi  
Virgia Lee Carter  
Yau Kam Chu  
Teddy L. Clark  
Ramon H. and Lorraine M. DeMoulin  
Melvin E. Dickson

Marion J. Duncan  
Clara Dworzynski  
Mary M. Echerd  
Sam & Dora Eisen  
Lenora Elliott  
Frieda Falcetti  
Marie Ferguson  
Thomas L. Finn  
Phyllis M. Fisher  
Opal Glandt  
M/M Charles M. Goodwin  
Gordon & Cindy Gubin  
Lucille Haller  
Robt. W. Hammerstein, Jr.  
Sam Harbour  
Steve Hecinski

Emma Helm  
M/M Sholom Hendin  
Elizabeth P. Henley  
John Hribar  
D/M Owen S. Kantor  
Marcella M. Kennedy  
I. Bigford Krasner  
The Joseph & Carolyn Kuttan Foundation  
Otis D. Lansche  
Clarence E. Mange  
Mel & Zella Marcus  
Albutine L. McClure  
Gilma McGhee  
Mrs. Charles V. McKeon  
Russell G. Meyerand  
Thom. R. Montgomery, Jr.  
N. Webster Moore  
Norlean Murphy  
Andrew J. Nolan  
M/M Morris Novack  
Sidney Pearl  
Bernice Pruitt  
Ara L. Rauls

M/M Paul A. Risser  
Eva Robinson  
Lawrence Rogaliner  
Nelson F. Rogers  
Samuel A. Rogers  
M/M Glennon P. Schaeffer  
Mabel B. Schowengerdt  
William Schroeder  
Lester Smisman  
Mrs. Fred Spears  
Robert L. Standridge  
John P. Stupp  
Dorothy Syron  
Betty D. Turk  
Frank E. Vilimek  
Isabelle Wessels  
Mack White  
George C. Zeller  
Lucille Zerillo

IN MEMORY OF:  
**Dr. Donald Finger**  
Margaret Moffatt

### Bone Marrow Unit Fund

#### IN MEMORY OF:

**John C. Ilges**  
M/M John F. Armstrong  
S. Kay Burkley  
Ed & Sharon DeBiasi  
Joseph B. Diekemper  
John Earnhardt  
Eugene G. Edinger  
Henry E. Edinger  
Ida A. Edinger  
M/M James Fendler  
Five Star Americans  
baseball team  
Don & Pat Frey  
M/M Alan W. George  
The Hatzigeorgiou Family  
Mrs. I. C. Havener  
Pat & Phil Hays  
Irene Hoefener  
M/M Bernard Ilges

Lee & Audrey Ilges  
Rebecca Johnson  
Frank & Diane Kunst  
Robert W. Montgomery  
Linda Mullins  
Bob & Bernice Pottgen  
B. Rall  
Reliable Life Insurance Co.  
Training Department  
Mary F. Rutledge  
Al & Jeanette Rutledge  
M/M David R. Staub & Family  
Gay & Rick Tompkins  
M/M Jimmie Tucker  
M/M Charles Wallis  
M/M Justin A. Williamson  
M/M Ronald N. Wilshusen  
Sue Breckenridge Wilson  
and Dave Wilson

### Alvin N. Lasky Memorial Fund

Retha Altman  
M/M Himes Baker  
Thelma Coppersmith  
Joseph O. Cross  
Barbara Edison  
Mrs. M. Englehart  
Rose Feld  
M/M Paul C. Feldman  
M/M Alfred Friedman  
Dottie Fulton  
Solon Gershman  
Millie Goldberg  
M/M Robert Goldenhersh  
M/M Sam Goldenhersh  
M/M Irving M. Goldstein  
Meryl Hoffman  
Michael M. Hollander  
Sydney Huber  
M/M Robert Hutkin  
Mrs. R. Kligman  
M/M Theodore Komen  
Dr. Mildred F. Levy  
Charles Liebert  
Monroe C. Mathes

Betsy Mehlman  
M/M Stanley Multin  
M/M Al Perlmutter  
Bernard Salky  
Al & Doris Jean Serkes  
Frank & Bessie Spielberg  
Foundation

IN MEMORY OF:  
**Henrietta Birenbaum**  
Mrs. Joseph Feldman

**Louis Gelber**  
Mrs. Joseph H. Feldman

IN HONOR OF:  
**Graduation of Stanford Carp**  
Judge & Mrs. Robert J. Cohen

**Recovery of Elaine Kornblum**  
M/M Gene M. Schneider

### Scott Jablonow Endowment Fund

Hope Komm

**Mary Ann Stein**  
Eleanor K. Jablonow

IN MEMORY OF:  
**Rose Engel**  
Eleanor K. Jablonow

IN HONOR OF:  
**Mr. and Mrs. Louis Jablonow**  
Nettie Jablonow

**Louis Gelber**  
Eleanor K. Jablonow

### Sharon Morad Memorial Fund

Dora Koverly

## DET introduces new patient education booklets

The department of education and training introduced the first two of a series of patient education booklets at a reception held June 16 in the Queeny Tower Restaurant's library room. The booklets are the culmination of a year of research and cooperation between various hospital departments and committees, according to Linda Knight, DET patient education coordinator.

On display at the reception were the new *Burn Center Handbook* and a booklet titled *Before & After Your Operation*. The brochures use easy-to-understand terms to describe the different medical and surgical procedures involved in a patient's care such as anesthesia, postanesthesia recovery, medications, intravenous fluid therapy and infection control.

The booklets also contain pertinent information for the patients' families. The *Burn Center Hand-*

*book* answers such common questions as "Are burn patients in pain?" "Will burned skin return to its natural color?" and "What is my role as a family member?" The surgery booklet also answers common questions asked by family members through a two-page "Hospital Vocabulary" section, and both brochures provide ample room for jotting down notes or questions to ask the doctors or nurses.

Patient education brochures are currently being developed by DET for each of Barnes' medical and surgical specialties. The booklets are given to patients and their families by members of either DET or the nursing staff.

"We're hoping that the new brochures will provide patients and their families with enough background information so that they will be able to ask more questions about their care and will be more at ease in voicing any concerns they may have," said Ms. Knight. "Also, by knowing what to expect, they should be more at ease during the entire hospitalization period."

## Barnes Bulletin

Barnes Hospital  
Barnes Hospital Plaza  
St. Louis, Mo. 63110

Index

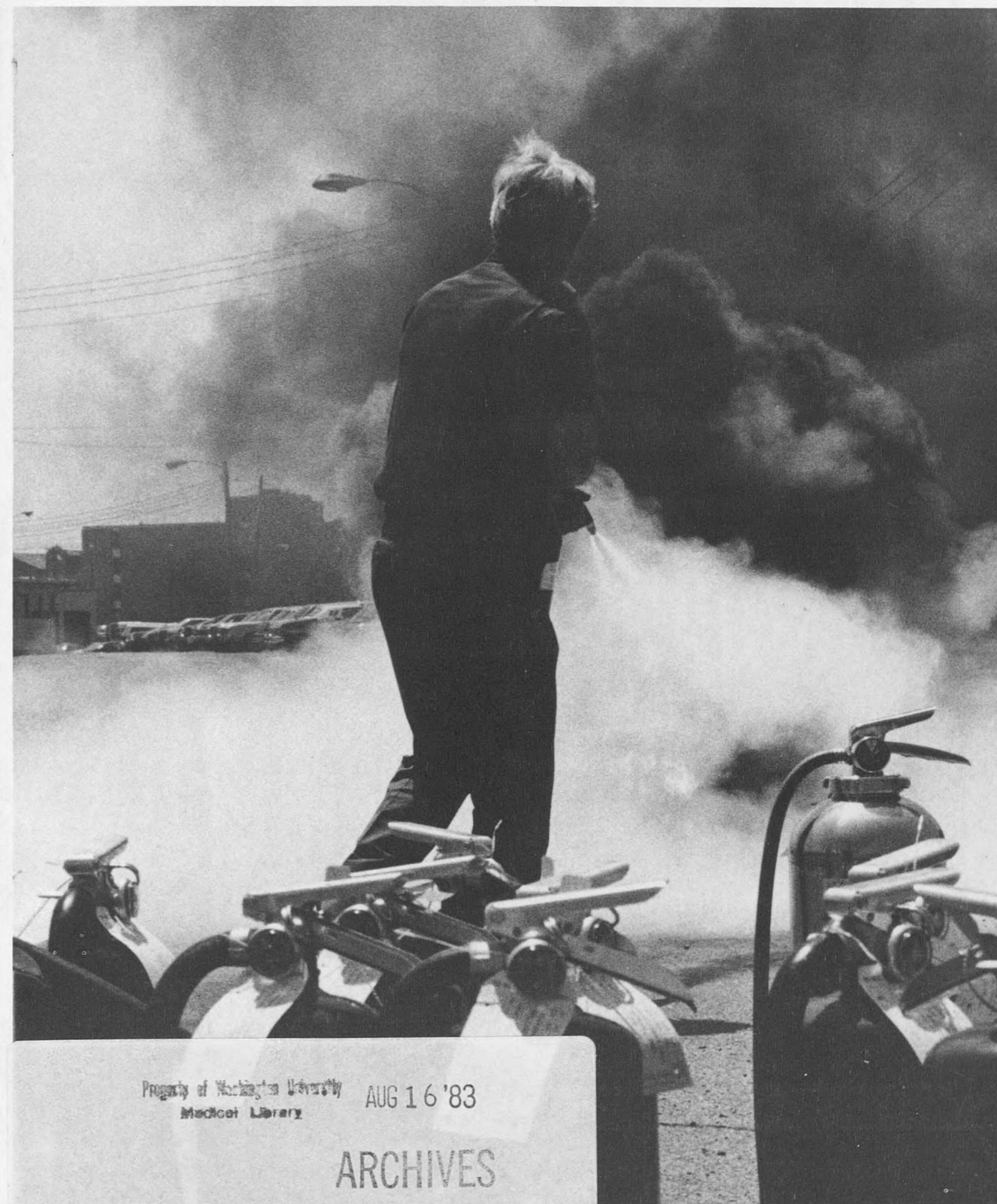
SERIALS DEPT  
WASH UNIVERSITY  
SCH MED LIBRAR  
4850 SCOTT AVE  
ST LOUIS MO

C \*  
63110

37/8

# Barnes Bulletin

August, 1983  
Barnes Hospital, St. Louis, Mo.



Property of Washington University  
Medical Library AUG 16 '83

ARCHIVES