

# Barnes Bulletin

Barnes Hospital, St. Louis, Missouri, April, 1983, Volume XXXVII, Number 4

## Annual Report cites advantages of true teaching hospital

Barnes' 1982 Annual Report, published this month, explains the true meaning of a teaching hospital and the advantages such an institution has for its patients. The report also details Barnes three-part mission of education, research and patient care.

"A true teaching hospital is one closely associated (both physically and academically) with a medical school, generally as its primary hospital," says the report. "There are only a handful of these throughout the United States. In the heart of America, there is one that is always included whenever the top ten hospitals in the country are named—Barnes Hospital."

Citing Barnes' affiliation with the Washington University School of Medicine, one of the best in the country, the Annual Report highlights the benefits this close relationship has for the patient. "Those being taught—housestaff doctors, nursing students, dietetic interns, etc.—provide a second or third layer of service to the patient that is absent in a non-teaching hospital," it says. "Those who are the teachers—doctors, nurses, dietitians, and others—must stay on the cutting edge of their specialty so that the knowledge they impart today is relevant for the professionals of tomorrow."

Barnes doctors, all of whom hold teaching appointments on the Washington University School of Medicine faculty, are leaders in medical science who are keeping abreast of treatment options, new procedures, alternatives and differential diagnostic techniques, according to the Annual Report. Subsequently, the patient becomes the beneficiary as he has access to new treatments and technologies and clinical research protocols developed here (at Barnes) or that are available at a limited number of major teaching hospitals in the country.

Advances in non-invasive diagnostic tools and treatment in cardiology, new methods for controlling cancer, diabetes, high risk pregnancies, kidney transplants and the use of lasers in ophthalmology are just a few of the areas and studies where exciting research is benefiting today's patients and offering hope of cure for tomorrow's ails, said the report. Top quality nursing care and ancillary services such as pharmacy, respiratory therapy, dietetics and social work are also benefits of a teaching hospital, the report pointed out.

Statistics for 1982 show that 38,092 patients were admitted resulting in an occupancy rate of 82.73 percent for the hospital's 1,208 beds. Barnes also had 34,549 emergency department visits; 28,977 surgical operations and 3,176 babies delivered. The total budget for 1982 was \$176,529,801.

**Front cover:** Little Eric Machalek listens intently to instructions in baby care during Barnes first sibling preparation class, held March 14. Sponsored by the Barnes department of education and training and nursing service, the class helps parents decrease the incidence of sibling rivalry and promotes family cohesiveness. For more information, contact education and training at (314) 454-4883.

Wages and benefits accounted for 50 cents of every dollar, while 30 cents of each dollar was spent on medicines and supplies. Other expenses include food, insurance, repairs, depreciation, maintenance and utilities.

Barnes inpatients constitute the hospital's major source of income, contributing 84 cents of every dollar of revenue. Other sources of income include interest, gifts, clinic outpatient revenues, private outpatient revenues and sales to other institutions. Barnes receives no government or tax support.

Copies of the annual report are available from the public relations office, (314) 454-3515. The complete audited financial statement may be obtained from the controller's office, 454-3441.

## Gephardt to speak at Barnes Auxiliary luncheon

Congressman Richard A. Gephardt, a Missouri Democrat, will be the guest speaker at the Barnes Auxiliary spring luncheon and annual meeting on Friday, April 22. The luncheon, which will be held at the Breckenridge Inn across from Frontenac Plaza, begins with a hospitality hour at 11:15 a.m., followed by lunch at noon.

An additional highlight of the luncheon will be the presentation of a \$312,958 check from Auxiliary president Dolores Shepard to Harold E. Thayer, Barnes chairman of the board. "The check," said Mrs. Shepard, "is the third installment on a \$1 million pledge announced by the Auxiliary in 1981 to design and build new emergency department facilities at Barnes." The check brings the Auxiliary's total project donations to \$685,000.

Barnes 670-member Auxiliary raises money for yearly donations to the hospital through the sponsorship of the Wishing Well Gift and Flower Shops, Nearly New, baby photo and Tribute Fund services. The Auxiliary also sponsors an active volunteer program of 416 high schoolers, homemakers, senior citizens and others, who donated over 60,000 hours of service to the hospital during 1982.

## Subsurface garage plans get first approval

The plans to expand the subsurface parking garage, located directly south of Barnes Hospital, have been recommended for approval by the city's Heritage and Urban Design Commission.

The current parking facility, which was opened in 1976, is more than 90 percent occupied by mid-morning and remains so until after 3 p.m. The expansion of the three-level garage would add 830 additional parking spaces, making the garage total 1,945.

As part of the \$14.2 million project, Barnes would establish a landscaped park on top of the addition. The park would be an extension of the existing tennis court area. Included in the expansion would be a jogging and physical fitness trail, handball and racquetball courts, practice tennis courts and a comfort station. The project also includes a new lobby area and other improve-

ments to the subsurface walkway leading from the garage to the hospital.

If further approval is given for the project, construction could begin as soon as late summer or early fall.

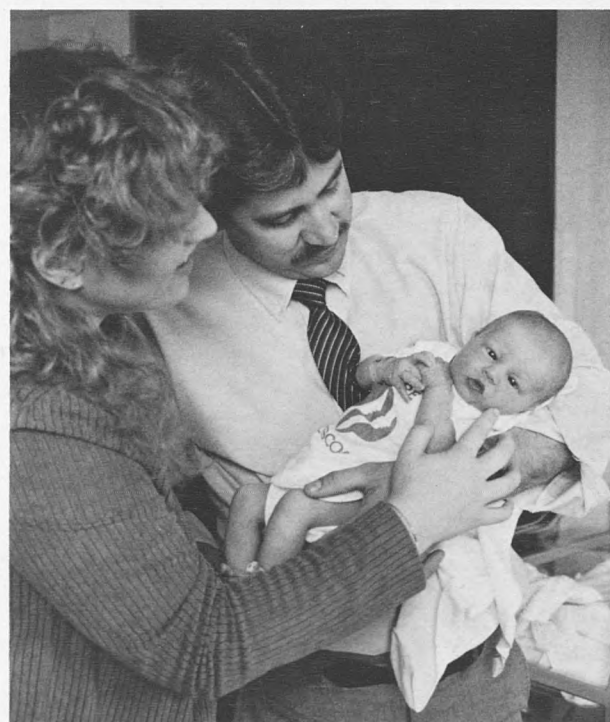
## Barnes saluted as customer of the month

Barnes Hospital has been named April customer of the month by the Centerre Bancorporation. As this month's honoree, Barnes will focus on the diagnosis and treatment of heart and lung disease by sponsoring free health screenings and setting up displays at two different bank locations.

Tests for hypertension (high blood pressure) will be given from 11 a.m. to 2 p.m. on the first and second Wednesdays of the month by instructors from the Barnes department of education and training. On April 6, the hypertension screenings will be held at the Centerre Center located at the corner of 8th and Market streets. On April 13, the tests will be conducted at the Centerre Bank at 510 Locust Street.

Pulmonary function tests will be given from 11 a.m. to 2 p.m. on the third and fourth Wednesdays of the month by members of Barnes respiratory therapy department. On April 20, the pulmonary function tests will be given at the Center, while on April 27, they will be conducted at 510 Locust. A pulmonary function test measures lung capacity and general health.

A large, color-photo display giving an overall view of the hospital and highlighting such areas as admitting, Queeny Tower dining and patient care areas can be viewed daily throughout the month at Centerre's 510 Locust location; exhibits highlighting heart and lung care at Barnes will be on display at both locations during the month of April. As customer of the month, Barnes will also be featured in Centerre's employee publications.



Michelle Klingler, and her husband, Gary, show off their new daughter, Kady Lael. Kady was one of several newborn girls at Barnes to receive a T-shirt from the Girl Scout Council of Greater St. Louis in March.



## Service awards dinner to honor employees

Barnes Hospital will hold two service awards dinners during 1983 to recognize employees celebrating special employment anniversaries. The first dinner will be held Friday, April 22, at 8 p.m., at the Radisson Hotel in downtown St. Louis. The dinner honors employees whose anniversary dates fall between January 1 and June 30. A second dinner will be held this fall for employees whose anniversaries are between July 1 and December 31.

Beginning this year, part-time Barnes employees also will be recognized for 10, 15, 20, 25 and 30 years of service. Part-time employees who have already accumulated 10 years or more of service will be honored at either the spring or the fall dinner. For instance, a part-time employee with 14 years of service will receive a 10-year pin; a part-time employee with 17 years of service will receive a 15-year pin, etc. Currently, there are about 60 part-time employees with ten or more years of service.

Also for the first time this year, employees celebrating 20-year anniversaries will be invited to bring a guest to the awards dinner. Formerly, only honorees with 25 years of service or more were asked to invite a guest.

Ross V. Hersey, a former journalism instructor from Waynesboro, Virginia, and charter member of the National Speakers Association, will be the guest speaker. Using humor to discuss enthusiasm, Mr. Hersey will relate experiences he encountered while employed by the DuPont Company and while serving in World War II.

This year's top honorees are Alice Marshall, executive secretary to hospital president Robert E. Frank, with 45 years of service, and Ella Wright, central service aid, with 40 years of service. Fannie Davis, nursing service; Cora Glauser, employee health; Henry Potts, optical shop, and Ervia Visor, central service, will all be honored for 35 years of service to Barnes. Thirty-year honorees include: Loual Green, dietetics; Buena Hawkins, laundry; Lessie Jones, nursing service, and Agatha Rollins, laboratories.

Five Barnes employees will be honored for 25 years of service. They are: Katherine Boien, nursing service; Rosie Faulkner, housekeeping; Wilma Fischer, nursing service; Naomi Hampton, nursing service, and Emma Visor, nursing service.

Twenty-year honorees include: Colleen Anderson, nursing service; Ruth Berendt, dietetics; Laverne Chalmers, housekeeping; Geraldine Chamberlain, nursing service; Gloria Dehn, respiratory therapy; Cleo Fields, nursing service; Mary Garner, laundry; Cecial Hale, nursing service; Ruth Hall, laundry, Louvenia Henderson, nursing service; Ethel Jimerson, housekeeping; Willie Knox, nursing service; Rosie Mays, housekeeping; Janice Randall, nursing service; Emma Smith, nursing service; Loretta Smith, nursing service; Joseph Sprenke, plant engineering, and Lillian Taylor, dietetics.

The fifteen-year honorees are: Jan Alexander, nursing service; Essie Becton, nursing service; Walter Bradford, central service; Arlene Brown, nursing service; Marlene Brown, nursing service; Hettie Butler, nursing service; Lea Decker, telecommunications; Mildren Dickson, nursing service; Charles Feltman, supply; Cora Frank, dietetics; Lunar Gaston, nursing service; Viola Gentry, laboratories; John Grissom, plant engineering; Bernice Harper, nursing service; Gloria Harris, nursing service; Renee Harris, anesthesia; Yvonne Henderson, dietetics; Earlie Jackson, di-

etetics; Elizabeth James, nursing service; Agnes Johnson, nursing service; Kathy Kater, nursing service; Fred Lanigan, data processing; L.U. Latimore, dietetics; Helen Lee, dietetics; Lena Lincoln, laundry, and Earl Martin, ambulatory care.

Elizabeth Mullen, nursing service; Bessie Murray, nursing service; Donna Ottemeyer, nursing service; Arnetta Outlaw, housekeeping; Helen Phillips, nursing service; Lillian Phillips, housekeeping; Don Reynolds, accounting; Helen Russell, nursing service; Catherine Stewart, housekeeping; Carrie Strong, nursing service; Lois Valentine, nursing service; Sylvia Wallace, nursing service; Hattie Washington, nursing service; Jurlene Wesley, nursing service; Johnny Wiedemann, data processing, and Rose Wilson, nursing service.

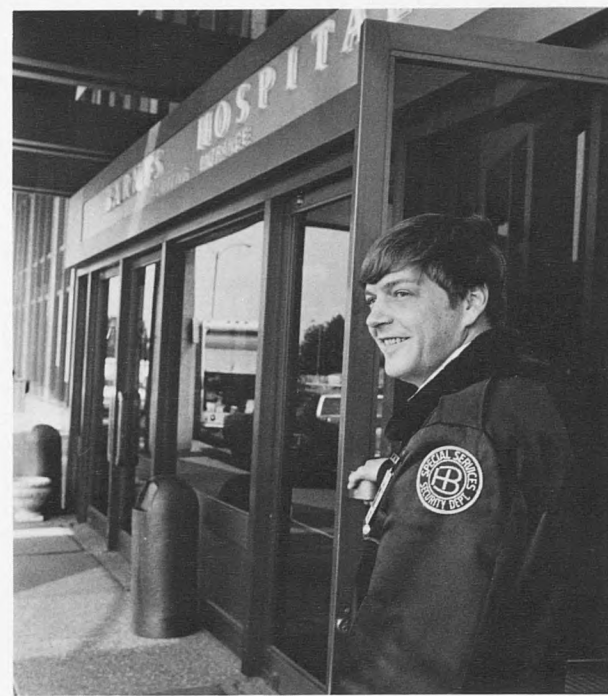
Ten-year honorees include: Dorothy Anderson, housekeeping; Mildred Anderson, dietetics; Janice Barnett, credit and collection; Darrell Bass, housekeeping; Thelma Berkemeyer, nursing service; Elizabeth Bradby, nursing service; Clarence Brown, housekeeping; Geraldine Chase, housekeeping; Annie Ellison, central service; Joyce Epting, nursing service; Kathleen Farrar, nursing service; Patricia Flenoy, nursing service; Sandra Foster, laboratories; Theola Foster, nursing service; Williestean Fulks, nursing service; Carolyn Gregory, medical records; Patricia Grooms, nursing service; Kerwin Hampton, nursing service; Laura Hanley, nursing service; Benjamin Hanson, plant engineering; Mona Hears, respiratory therapy; Mattie Hemphill, nursing service; Barbara Hudson, nursing service; Jessie Ivey, housekeeping; Louise Jackson, laundry; Martha Jamar, housekeeping; Londell Johnson, dietetics; Jewel Jones, nursing service; Willie Jones, housekeeping; Joan Karvinen, nursing service; Linda King, nursing service; Johnnie Little, nursing service; Victor Losson, pharmacy; Carrie Lowry, nursing service, and Mitchell Mahon, nursing service.

Christine Mahoney, nursing service; Rachel Marr, housekeeping; Sallie Martin, housekeeping; David McGaughy, dietetics; Mattie Moore, clinical nursing; Maureen Murphy, admitting; Lou Nelson, nursing service; Susan Nerlich, nursing service; Eugene Notter, plant engineering; Kathy Oltmanns, admitting; Grady Osborne, security; Jacqueline Osborne, dietetics; Brenda Palmar, nursing service; Edna Rensing, nursing service; Drenea Sanders, laboratories; Maryann Schrader, nursing service; John Smith, housekeeping; Tommie Smith, housekeeping; Ledora Surgeon, laundry; Lottie Thomas, dietetics; Brenda Von Dracek, cardiac diagnostic laboratory; Mary Wallace, housekeeping; Andrea Walston, nursing service; Josephine Wells, central service; Barbara Williams, dietetics; Loretha Williams, nursing service; Mary Ann Winokur, nursing service; Jill Wlodarczyk, laboratories; Nettie Young, nursing education, and Denise Zwick, internal auditing.

One part-time employee will be honored for over 20 years of service. She is Anne Tissi, of the pharmacy department. Five part-time employees, including Carmelita Calhoun, nursing service; Rose Pilla, nursing service; Theresa Poniewaz, nursing service; Mary Ann Sansevere, nursing service, and Charles Schroer, credit and collection, will be honored for 15 or more years of service.

Part-time employees who will be honored for ten or more years of service include: Edwin Allen, dispatch; Mabel Cohn, Wishing Well; Audrey Edwards, nursing service; Mary Fagnani, nursing service; Eileen Fick, credit and collection; Brenda Folkert, nursing service; Karen Franke, nursing service; Regina Gagel, Wishing Well; Cora Gatewood, nursing service; Bernestine Gray, medical records; Dorothy Hollenbeck,

Wishing Well; Elizabeth Horn, nursing service; Marian Jones, nursing service; Nancy LaFiore, nursing service; Veatruue Larry, nursing service; Donna Potts, beauty shop; Valarie Petru, nursing service; Diann Pounders, nursing service; Joyce Roerman, dietetics; Shara Storm, nursing service; Lorraine Wahlquist, nursing service; Sarah Wallace, nursing service, and Daisy Whitfield, nursing service.



Valet parker Robert Miller greets incoming guests with a smile and a helping hand.

## Valet parking service includes Queeny Tower

Barnes new valet parking service, which began on February 21, has been expanded to include the Queeny Tower, as well as the main (West Pavilion) entrance. Hours for the service have also been extended. Valet parking attendants are now on duty from 9 a.m. to 9:30 p.m., seven days a week.

Valet parking is available to visitors, patients, physicians and anyone else who would care to use the service. The cost for the parking service is \$3, plus the regular subsurface garage parking fees of 50-cents an hour, or \$3 per day (if applicable). Queeny Tower and East/West Pavilion outpatients can still receive courtesy subsurface garage parking by having their valet parking ticket stub validated in their doctor's office or in the admitting department (outpatient surgery).

## Support for mastectomy patients' mates

Much has been written about the emotional and psychological adjustments faced by women who have had a mastectomy to combat breast cancer. Now help is available for husbands of mastectomy patients as well. Called "Partners of Women With Breast Cancer," the new group discusses common problems and feelings associated with the disease and offers moral support.

Dr. John Bedwinek, Barnes/WU radiation oncologist, and Eleanor Schmitt, a registered nurse and coordinator of Barnes "Reach To Recovery" program for breast cancer patients, are serving on the group's advisory board. "This group really fills an important need," said Mrs. Schmitt. "Many husbands of the patients we have worked with in RTR have expressed an interest."

For more information about the organization, which is thought to be the first of its kind in the country, contact the American Cancer Society at 966-1629.



## Nursing alumni luncheon, 25th reunion planned

Barnes School of Nursing alumni attending the association's annual spring luncheon April 30 will have a special reason to celebrate as members of the school's first graduating class come together for a twenty-fifth anniversary class reunion.

The luncheon is scheduled for Saturday, April 30, in the Queeny Tower restaurant. A cash bar and social hour begins at 11:30 a.m., with lunch served at 12:30 p.m. Mary Dyer, head nurse of Barnes new bone marrow transplant unit, will be the guest speaker. Tours of the hospital will be given by St. Louis area alumni immediately following the program.

To make reservations, send an \$8 check payable to the Barnes Hospital School of Nursing alumni association, c/o Jan Littleton, 3114 Miller Road, Arnold, Missouri, 63010. Maiden name and year of graduation must appear on the check.

Festivities for members of the twenty-fifth graduating class are being planned to coincide with the alumni luncheon and will be highlighted by the presentation of a portrait of Elizabeth McIntosh, the school's first director, according to Martha Mikhail, reunion coordinator.

The class reunion program begins at 10 a.m., also on April 30, with an update on nursing education presented by the school's current director, Mary Jane Meyer. (The lecture is free and open to all alumni.) Class members are then invited to attend the alumni luncheon. "Following the luncheon, no specific activities have been planned to allow class members plenty of time to catch up on the last twenty-five years," said Mrs. Mikhail. "We're hoping that alumni will take in some of the St. Louis sights, like the zoo, art museum, and arch."

Later that evening, class members will gather at 8 p.m. in the residence hall recreation room for a buffet dinner and presentation of the portrait of Mrs. McIntosh to the School of Nursing. The portrait is being painted by artist Ted Wood and is the gift of the entire class.

## New computer bolsters CDL's capabilities

A new computer analysis and management system acquired by Barnes cardiac diagnostic laboratory should result in a more accurate computer analysis of electrocardiograms and a faster turn-around time in reporting results, according to Hank Blamy, CDL technical director.

Last year, the CDL added blood flow Doppler studies to its diagnostic repertoire. The Doppler adds the third dimension of sound to conventional two-dimensional echocardiography, making it easier to detect damaged heart valves, murmurs and other abnormalities of the heart.

The new ECG computer analysis and management system will provide physicians with a more accurate computer analysis by reading all three lead channels simultaneously. The computer analysis will now be printed on the top portion of the ECG tracing, rather than on a separate print-out in the CDL, making logistics easier and reducing the chance for human error in recording the computer diagnosis. All computer analysis of ECGs are checked and revised by CDL physicians.

Having an accurate computer analysis of the ECG's basic measurements at their fingertips will

save time for cardiologists, allowing them to concentrate on the arrhythmias and other abnormal electrocardiographic findings, said Mr. Blamy. Studies have shown that the new system has a 96 percent correlation between the computer's diagnosis and the physician's final analysis, as opposed to a 70 percent correlation with the old system.

All ECG's will now be stored automatically in the computer's memory bank, rather than on microfilm, making retrieval easier and reducing the turn-around time for record requests. As new ECGs are recorded on the same patient, the computer can also compare the new tracing with those in its memory bank.

Long-term computer data base studies designed to compare ECG tracings on patients with the same diagnosis or to assess test results and system utilization and performance by day, week, month, quarter or year are also possible with the new system, according to Mr. Blamy.

"These long-term studies should provide valuable information for physicians, as well as help us with deciding what our future needs will be," said Mr. Blamy. Unlike the old system, the new computer has a flexible program that can be adjusted to meet the department's changing needs and to house updated information.

An increase of six receiving lines will also help speed-up the processing of ECGs. Technicians transmit the ECGs from the patient's room to the CDL by plugging into the telephone outlet. With the old system, only one ECG was received at a time, causing frustrating delays. Now, eight ECGs can be received and analyzed simultaneously by the computer. If a back-log occurs, priority is given to specific transmissions such as Stat ECGs or ECGs from the emergency department or the cardiac care unit. New printers are being added to the emergency department and the CCU which will provide a computer analysis of an ECG within minutes following the test's completion.

Third generation holter monitors with both 24-hour and 48-hour recording capabilities will also soon be available in the CDL. The new monitors record the heart's rhythms on cassette tape, rather than on reel-to-reel, and subsequently give more precise readings and have a longer life expectancy. Because the new monitors are lighter and less noisy, they are also more comfortable for the patient to wear and could result in better compliance. Barnes CDL processes approximately 200 holter monitor recordings per month, said Mr. Blamy.

The CDL staff performed approximately 67,400 tests in 1982.

## "Guide to Barnes" available to doctors

An updated edition of "A Guide to Barnes Hospital" is available from Barnes public relations department. The brochure contains a map and written directions to parking areas (including handicap parking and wheelchair access), admitting, emergency department, outpatient laboratory, cardiac diagnostic laboratory, pharmacy, x-ray, Queeny Tower and East/West Pavilion doctors' offices.

The new guide has been mailed to Barnes attending staff for distribution to patients coming to the hospital to visit doctors' offices, admitting area, emergency department or outpatient testing facilities. Additional copies of the free pamphlet can be ordered from Barnes public relations, 454-3515.

## Transplant seminar set for April 17

A seminar titled, "Kidney transplantation: Is it for you?" will be held in the East Pavilion at Barnes Hospital on Sunday, April 17, from 1 to 4 p.m. It is designed to inform patients and their families about kidney transplantation. The seminar is free and free parking is available.

Participants will include Dr. Charles Anderson, Barnes/WU transplant surgeon, and Dr. James Delmez, Barnes/WU nephrologist, as well as dietitians, social workers, transplant coordinators, technicians, and the head nurse of Barnes transplant division. Those attending will have ample time for questions and informal exchanges with the speakers as well as with kidney recipients and donors.

Further information may be obtained from the transplant coordinators at Barnes, 454-3883.

## Eighteen RNs graduate from anesthesia school

Eighteen registered nurses graduated from Barnes School of Nurse Anesthesia in ceremonies held on March 31, having successfully completed a 24-month training program.

Barnes School of Nurse Anesthesia is one of the largest in the United States and has prepared nearly 1,000 graduates to practice as registered nurse anesthetists since its inception in 1929. Students in the program complete coursework in such areas as chemistry, pharmacology, inhalation therapy, cell physiology and pediatric, obstetric and geriatric anesthesia.

Graduates receive a diploma in nurse anesthesia and are eligible to take the national accreditation board exams for nurse anesthetists held annually in June. Ninety-eight percent of the school's graduates pass the exams the first time they take them, according to Helen Ogle, the school's director. Barnes School of Nurse Anesthesia received maximum four-year accreditation from the Council on Accreditation of Nurse Anesthesia Educational Programs/Schools in 1981.

The 1983 graduates are: Melba Bray, William Busso, Phyllis Ferguson, Christine Fields, Sandra Flemming, Janice Gessel, Timothy Graham, June Heberling, Bobbi Hunter, Randall Klotz, Nancy Lay, Michael McDonald, Susan Mozaffari, Judy Nick, Thomas (Gunner) Smith, Melinda Sparks, Louis Vescovo and Scott Vince.

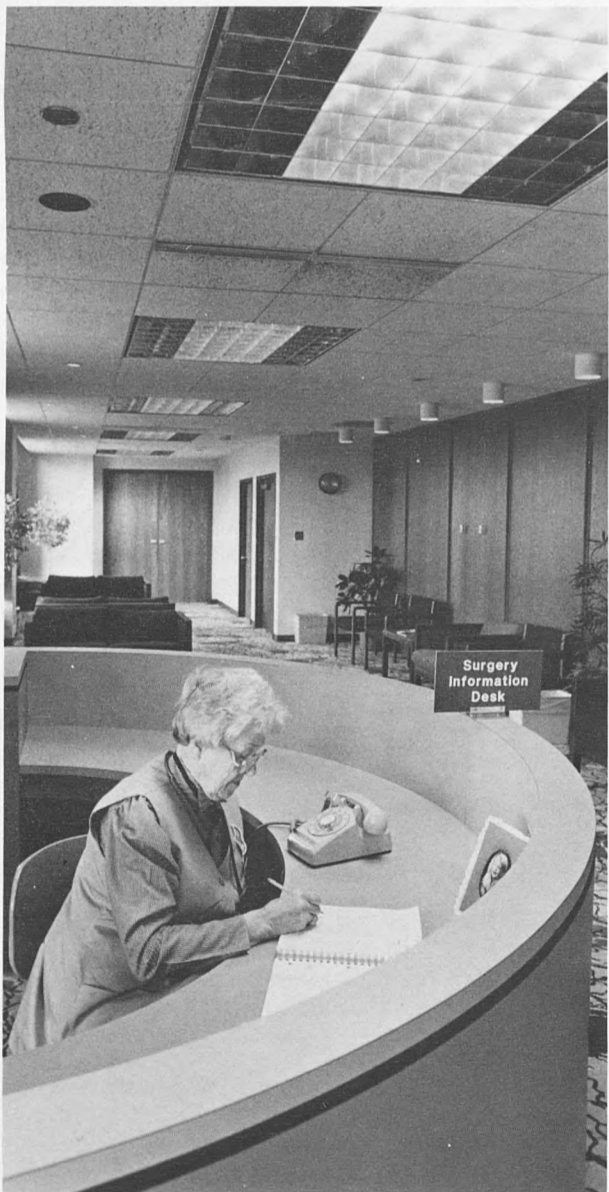


Barnes emergency department waiting room recently received a temporary face-lift in the form of new carpet, wall coverings, drapes and comfortable seating.

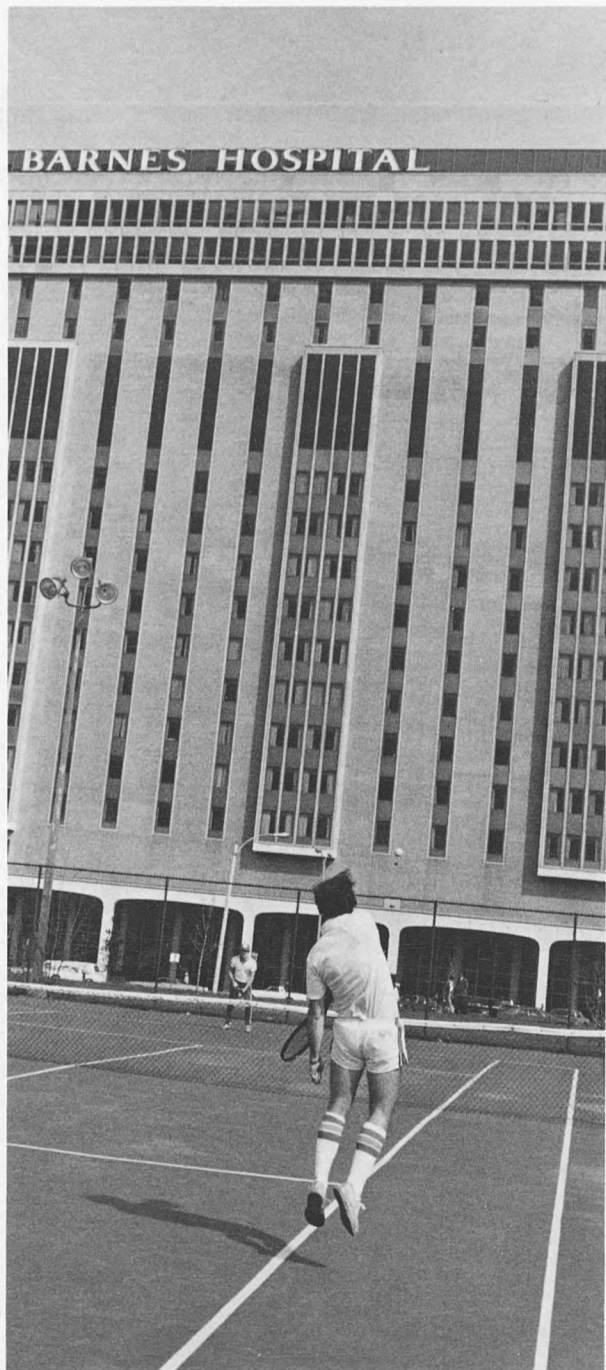




*Home-like surroundings, private rooms, special nurses and "rooming in" combine to make motherhood extra special at Barnes.*



*Barnes surgical waiting area provides a quiet haven for anxious family members and friends.*



*Tennis courts located directly across the street from the hospital give a welcome break from work on a warm afternoon.*

# A

Hard to define yet instantly recognized, having class implies that here the little extras are attended to. It is a consistency of quality and service that says "top of the line." Long noted for its pioneering research and medical expertise and consistently ranked as one of the top ten hospitals in the country, Barnes epitomizes class. The same attention to detail and dedication to quality that has helped Barnes become a regional and national referral center, has also placed it in the upper echelons in terms of service. From valet parking to Queeny Tower Dining to discharge waiting, Barnes is the best.

Service begins curbside with valet parking attendants and a special services officer who is stationed at the main entrance to lend a helping hand to patients and visitors. Tennis courts and a landscaped park grace the top of the subsurface parking garage, which is connected by a subsurface walkway to the hospital to provide easy access and protection from foul weather. The Queeny Tower parking garage is also adjacent and is convenient to all areas of the hospital.

Once in the complex, strategically placed information desks with courteous staff stand ready to give room numbers and directions. A hospitality room located near admitting provides a nutritious snack, free of charge, for diabetic patients and others who require nourishment while waiting for their rooms to be readied. Individual testing rooms, each like a private doctor's examination room, afford patients an extra measure of privacy and comfort during routine admission tests such as electrocardiograms and blood work, while family members can relax in the spacious admitting lobby.

All of Barnes rooms feature home-like surroundings and are furnished with dressers, mirrors,



*Top of the Tower Dining affords a beautiful view of scenic Forest Park.*

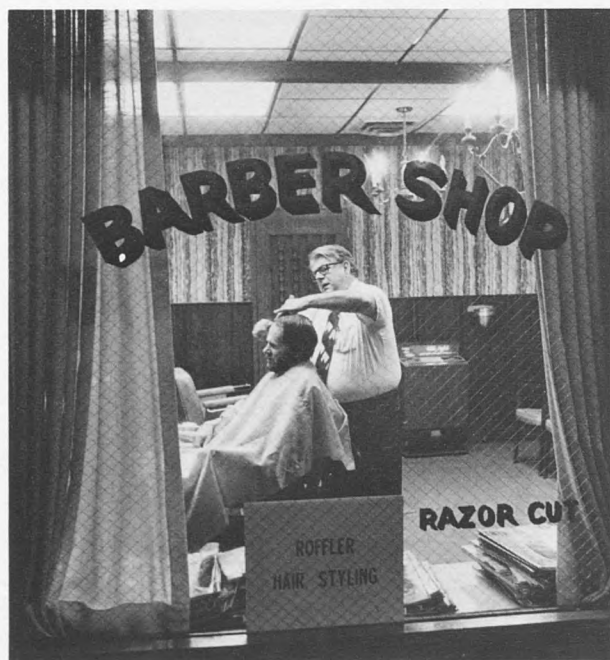


# touch of Glass

table lamps and matching carpet and drapes. The number of private rooms was recently increased to meet the demands of patients for such accommodations. Gourmet meals featuring shrimp cocktail with spicy sauce, fresh spinach salad with house dressing, filet mignon, lobster Newburg, breast of chicken apple-almond, cherry cheese cake, chocolate éclair and wine can be ordered by patients in the Queeny Tower suites or the red carpet obstetrical nursing division in the East Pavilion.

In addition to the gourmet menu, patients on Barnes new red carpet maternity service enjoy private rooms, a welcoming flower, daily newspaper and other amenities designed to make those first few days of motherhood extra special for both mom and baby. Obstetrical patients can now choose from a complete spectrum of delivery options including the recently constructed birthing rooms, a birthing chair or the traditional labor and delivery room setting. Whatever option is chosen, fathers and other family members can be present for the birth. A full range of classes on sibling preparation, infant care, prepared childbirth and breastfeeding are also available to help family members prepare for and adjust to the new baby.

Visitors can stay close to their loved ones in one of Queeny Tower's spacious hotel-type rooms, or



Roger Redfain perfects his art in the Barnes Barber Shop.

dine by candlelight in the elegance of the Tower Dining Room, overlooking scenic Forest Park. Barnes also has both a Barber Shop and a Beauty Shop located conveniently off its main corridor. The Wishing Well Flower and Gift Shops, which are operated by the hospital's Auxiliary, are stocked with luscious plants, creative flower arrangements and unique gift ideas.

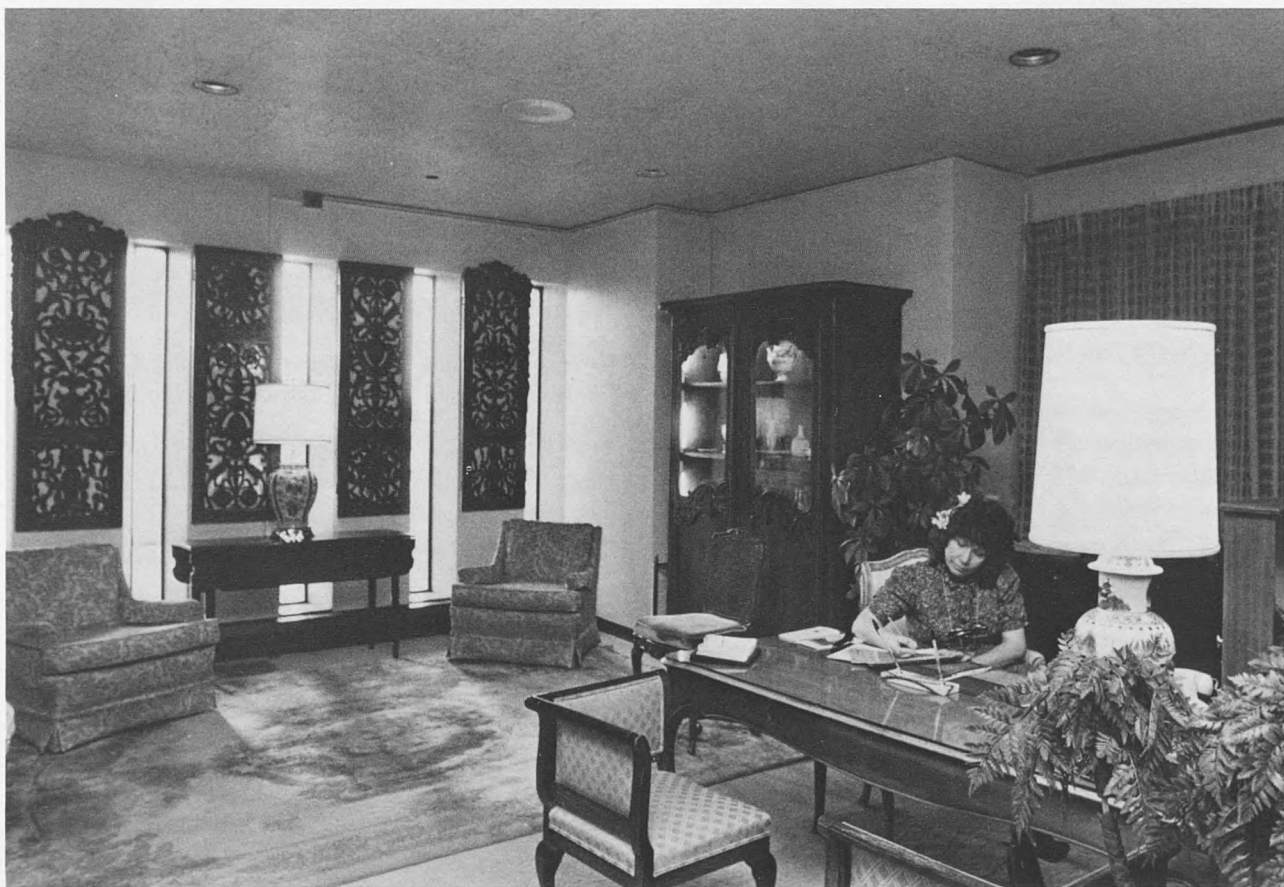
The anxious hours of waiting while a family member or friend is in the operating room are made easier by Barnes surgical waiting area (which is staffed by a volunteer and has a direct line to the operating rooms) and comfortable family waiting rooms located adjacent to each patient care area.

Patient representatives, dedicated individuals who volunteer their time to insure that each patient's concerns are quickly dealt with, are always ready and eager to answer questions and to help

with individual problems. Barnes patient representatives program is one of a handful nationwide operated by volunteers.

Help is there when patients are ready to leave, too. Barnes discharge waiting area provides a pleasant atmosphere for patients waiting for transportation and is staffed by a registered nurse who coordinates departure arrangements and gives assistance to family members often burdened down with suitcases, plants and wheelchairs.

At Barnes, class means providing extraordinary service to our customers—our doctors, patients and visitors. From gourmet meals to the phlebotomy technician who makes her daily rounds with a smile and a kind word, having class is providing those little extras that say indisputably that "Barnes is a special place to be."



Comfortable furnishings and tasteful decor highlight the Queeny Tower "hotel" rooms.



## Media spotlight

Highlights of the media's coverage of Barnes Hospital during the last month are as follows. Readers desiring a photocopy of newspaper or magazine articles about Barnes should contact the public relations department at (314) 454-3515.

### Television

Dr. Leroy Young, Barnes/WU plastic surgeon, will be discussing the use of collagen injections to treat acne and wrinkles with KSDK-TV's Susan Williams. The interview will air at 11:30 a.m., April 7, during the "Midday A.M." show. Dr. Young was also interviewed about collagen by KTVI-TV's Diana Davis. The story aired during the first week of March on the 6 p.m. news show.

Barnes new valet parking service was featured on KSDK-TV's 6 p.m. news show on February 21.

Drs. Jay Marion and Alex Denes, Barnes/WU hematologists/oncologists, discussed acquired immune deficiency syndrome with KMOX-TV's medical and science reporter Al Wiman. The week-long series ran from February 21 to 25.

### Print

Hospital president Robert E. Frank discussed the effect City Hospital's closing would have on Barnes and other private hospitals in the area in a *St. Louis Post-Dispatch* article by Roger Signor. The front page article appeared in the Sunday, March 20, editions.

Drs. Jeffrey Marsh, Barnes/WU plastic surgeon, and Dr. Jay Liss, Barnes/WU psychiatrist, discussed cosmetic surgery in a recent *St. Louis Magazine* cover story called "Saving Face." The story appeared in the magazine's March, 1983, issue.

In the same issue of *St. Louis Magazine*, Dr. Robert Shively, Barnes/WU orthopedic surgeon, was featured in an article on sports medicine.

Barnes plans for a \$14.2 million addition to the subsurface parking garage were detailed in an article in the March 4 issue of the *West End Word*.

Drs. Jay Marion and Alex Denes, Barnes/WU hematologists/oncologists, also were interviewed by the *St. Louis Globe-Democrat's* medical and science reporter Art Kaufmann on acquired immune deficiency syndrome. The story ran in the weekend edition, February 26-27.

Barnes valet parking service also received the nod from the *St. Louis Globe-Democrat's* Jerry Berger on February 21. "How chic is Barnes?," he asked, before explaining the new service.

Barnes housekeeping department's efforts to personalize the annual United Way drive by adopting a class from Michael's School on Forest Park Blvd., was published in an article in the February issue of *The Link*, St. Louis City School Board's monthly publication, and in the March 18 issue of the *West End Word*.

## Hospital notes

The following are reported on staff: Dr. **Barry Light**, assistant pediatrician, effective January 1; and Dr. **Robert P. Margolis**, assistant neurologist, effective March 1.

**Julio Happa**, Barnes chief technologist in surgical pathology, is presenting a two-week series of lectures on histochemical techniques in histotechnology this month as a guest faculty member of the Scuola Medica Osedaliera Napoletana in Naples, Italy.



Several students from area high schools are volunteering at Barnes as part of their senior projects.

## High school seniors earn credit as JVs

While their peers are finishing up their last semester of communications, social studies, psychology, English and math in the traditional classroom setting, students from the St. Louis Country Day School and Gibault High School in Waterloo, Illinois, are learning a little about medicine and a lot about human nature as junior volunteers for Barnes Hospital.

For Country Day seniors Justin Cordonnier and Steve Tober, volunteering at Barnes is part of an optional senior project which they submitted to the school's program board for approval. Since January 20, they have been working from 1 to 4 p.m., Monday through Friday, in Barnes emergency department, admitting and other areas of the hospital.



Junior volunteers Steve Tober and Justin Cordonnier enjoy working in the emergency department.

The fast-paced emergency department is the most interesting area for the pair, according to Mr. Tober. "In the emergency room we get to do more real things like preparing IV bags and running an ECG machine," he said.

Helpful and concerned emergency staff members are also enhancing their experience, added Mr. Cordonnier. "They've taken the extra time to explain procedures, different treatments and what is going on," he said. "We've learned a lot." (Mr. Cordonnier's grandfather, the late Dr. Justin J. Cordonnier, was a Barnes/WU urologist-in-chief from 1952 to 1970.)

For the five senior girls from Gibault High School, an interest in medicine and related health care careers and curiosity about life in St. Louis were the primary reasons for choosing to complete their senior project at Barnes. At Gibault,

a Catholic high school, each senior must participate in a three-week project of service to a non-profit organization, said the group's coordinator and social studies teacher, Steve Donahue.

The girls have volunteered in several areas of the hospital, going to whatever department had the greatest need for their services. Admitting, post-anesthesia recovery and the Mallinckrodt Institute of Radiology have been their favorite areas, however. "We've gotten to meet and talk to a lot of different people," said Anita Goessling. "I really feel that I know a lot more about what it takes to keep a hospital going."

Just learning their way around Barnes has been an interesting challenge, said Martha Diekemper. With licensure for 1,208 beds and a staff of approximately 5,000 employees, Barnes is larger than the girls' hometown of Waterloo, whose population is about 4,500. "Our entire school would fit in one of the main hallways," laughed Martha. "But it doesn't seem nearly as big now. Everyone has been so nice to us."

"The experience gained from volunteering at Barnes Hospital is invaluable," said Debbie Bobinette, Barnes volunteer director. "It not only benefits the hospital but provides our junior volunteers with work situations that can help them make future career choices." Teenagers, aged 14 and up, who are interested in working as junior volunteers this summer, can call the volunteer department at (314) 454-3446 to make an appointment for an interview.

## Medic Alert Week focuses on hidden ails

Medic Alert Week, observed at Barnes Hospital April 3 through April 8, focuses on the need for people with hidden medical conditions to wear special identification jewelry.

Barnes adopted the Medic Alert program in 1976, and since then the Barnes Auxiliary has generated over 1,125 Medic Alert members.

Over 70 million Americans have a special medical condition. Through Medic Alert jewelry, those with hidden medical problems can inform medical and emergency personnel of their condition—diabetes, penicillin allergy, epilepsy or hypertension—even when they are unconscious.

Medic Alert information/application brochures can be obtained at 19 distribution boxes located throughout the hospital. "Barnes Auxiliary distributes over 1,000 brochures to concerned men and women each year," said Mary Barenkamp, Barnes Auxiliary Medic Alert chairman. "The Medic Alert bracelets and necklaces are stamped with vital information that can help to diagnose problems, save valuable time in the emergency room and even save a life."

Further information may be obtained by calling the Barnes volunteer office at (314) 454-3446.

## Willie Mae Copher, Barnes retiree, dies

Willie Mae Copher, a former Barnes employee who retired in 1972, died on March 7. Mrs. Copher worked for nearly 20 years in Barnes central service department before illness forced her to retire. She held numerous positions within the department, including the title of chief technician. "Mrs. Copher was an extremely dedicated individual who always kept the concerns of others uppermost in her mind," said Fern Bridgeforth, central service department director. "Everybody knew her as 'Mama.'"



## Mended Hearts, Inc., helps heal emotions

Mended Hearts, Inc., a national organization designed to give moral support, hope and encouragement to open-heart surgery patients and their families, is starting a new chapter at Barnes Hospital. Coordinated through the Barnes departments of education and training, the cardiothoracic patient education subcommittee, and volunteers, the Mended Hearts program is scheduled to begin sometime this month, according to DET patient education coordinator Linda Knight.

The Mended Hearts group is comprised of volunteers, all former open-heart surgery patients, who visit cardiothoracic patients and their families to share their related experiences. "Mended Hearts volunteers serve as examples of people who have made it through the surgery and are now healthy," said Ms. Knight. "The volunteers generally have a positive attitude toward life and they try to keep the visits on a cheerful note."

Mended Hearts volunteers will not discuss medication, the actual surgical procedure or other aspects of treatment, said Ms. Knight. "Those questions should be reserved for each patient's doctor. The volunteers are simply trying to provide additional support and to serve as successful role models."

Patients and their families are referred to the Mending Hearts program primarily through their pre-operative nurse. "Any patient or family member expressing an interest in the program to their nurse will be contacted by a volunteer of Mending Hearts," Ms. Knight said. Former patients (or their family members) who would like to talk with one of the group's representatives are also encouraged to call. "The support and mutual encouragement of this group is not restricted to patients currently hospitalized at Barnes," said Ms. Knight. "Anyone who has a question or concern about their adjustment to open-heart surgery is welcome to contact our group."

For the first three months of the program, a Mended Hearts representative will be stationed in the volunteer office from 2 to 4 p.m., Monday through Thursday, to handle any requests or questions about the program. After the initial three-month-period, a phone list of Mended Hearts participants will be available in the volunteer office for use by patients and their families. Mended Hearts volunteers will schedule their visits according to the patient's convenience, said Ms. Knight, including evenings and weekends.

For more information about the program contact the volunteer office at 454-3446.

## Barnes Bulletin

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Over 100 people took advantage of the free glaucoma screening held March 18 in the eye clinic. The event was co-sponsored by Barnes/WU.

## Hospital notes

**Debbie Bobinette**, Barnes director of volunteers, has been appointed to the board of the Missouri Association of Volunteer Directors.

**Dr. Jack Hartstein**, Barnes/WU ophthalmologist, recently addressed a conference of the combined eye departments of the University of Den Haag and the University of Rotterdam on the "Update on Intraocular Lenses in the USA."

**Dr. Alex Denes**, Barnes/WU hematologist/oncologist, has been elected to fellowship in the American College of Physicians, a 54,000 member national medical specialty society. He will be honored during the college's annual session April 11-14.

**Dr. William Frederick Stenson**, Barnes/WU physician, recently received an \$8,500 research grant from the McDonnell Douglas personnel charity plan. The grant will be applied to Dr. Stenson's research in the area of lipoxigenase products in the mediation of inflammatory bowel disease.

## Gifts to Barnes Hospital

Listed below are the names of persons (honorees in **boldface**) who have made contributions during the period February 8 to March 9 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the Development office. The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects. The various other funds are part of the development program of Barnes Hospital.

### Auxiliary Tribute Fund

**IN MEMORY OF:**  
**Marie Havsgard**  
Anne Wheatley

**Helen Packman**  
Mrs. A. J. Newman

**John Tunze, Jr.**  
D/M James Stokes

**Mr. Robert Walker**  
Barnes Hospital Auxiliary

**Mrs. Frederick (Evelyn) Hermann**  
Aloyse Heiss  
D/M John E. Hobbs  
Shirley M. Klenke  
Louis R. Holekamp

**Roy Weiser**  
Anne Wheatley

**Daughter, Theta**  
Ann Tucker

**Dr. Samuel Grant**  
D/M John E. Hobbs

**Mr. John Olin**  
D/M John E. Hobbs

**Mother of Les Peters**  
M/M Stanley P. Kolker

**Dr. Donald B. Strominger**  
Libby & Tom Ferguson  
Queeny Tower Restaurant  
Employees

**Marian Volmer**  
Mrs. Lee Hayward &  
Aline Holmes  
Mary Payne  
M/M John Warmbrodt  
Clara A. LeClerq  
Barnes Hospital Auxiliary  
M/M E. G. Shelp

**Dorothy Olenyik**  
Virgil Loeb, Jr., M.D.

**Milton Goldman**  
Mary Fisher  
Mary E. Baer

**Maurice E. Medle**  
D/M Edmund B. Alvis

### Patient Care Fund

Ruth Burris  
M/M Robert Frank  
Susan Heldenbrand  
Raymond Hoenert  
M/M Claude Richman  
Norma Ross  
Clyde F. Turnbough  
Larry W. Deaton  
Edmund Keiser  
William McKanry  
Jerry D. Royce, Sr.  
Mary Sandberg  
Frank D. Calvert  
Frances Hodges  
Dan Huskey  
Victor McKurtis

**Mr. Newell Augur**  
M/M Robert Arthur

**Grandmother of M/M Jay Burstein**  
Mrs. Marvin Harris

**Grace Durbin**  
Barnes Hospital Nursery  
(for heart care)

**Wallace Pierce**  
M/M James E. Storment  
(for heart care)

**Minnie Ellerbrock**  
M/M William Stunkel  
(for eye care)

**IN HONOR OF:**  
**Special Birthday of Dr. Fred Reynolds**  
D/M Leonard Berg

**Speedy Recovery of Harris Kramer**  
M/M M. J. Mathis

**Special Birthday of Richmond C. Coburn**  
Charlotte Mondel

Estelle Schwartzman  
Freda Hancock  
Gertrude Kofkoff  
Ressie Scales

**IN MEMORY OF:**  
**Dr. Donald Strominger**  
Daisy Shepard  
Scott Kramer

**Fred Spears**  
Mrs. Fred Spears

**Mrs. Jane Kennedy**  
Mrs. Fred Spears

### Barnes Annual Fund

Carl W. Adams  
Bessie Bailey  
Amelia Dal Pazzo  
Clara Dworzynski  
Steve F. Hecinski  
Maude E. Jones  
William & Lillie M. VanBuren  
M/M Dallas Beauchamp  
Corene Cooper  
Ray Dare  
Hattie Franklin  
M/M Charles G. Hunsinger

Joseph Floret  
Pete & Carol A. Mannisi  
Lawrence Rogaliner  
Lester Smismann  
William Aylward  
Hilmer S. Cottingham  
Irene L. O'Hara  
Margaret H. Riley  
Emil A. Schwarz  
Lois M. Young

**IN MEMORY OF:**  
**Hortense Lewin**  
D/M Theo. Haimann

### Scott Jablonow Endowment Fund

**IN MEMORY OF:**  
**Beatrice, daughter of Mrs. Lillian Franklin**  
Hope Komm

**IN HONOR OF:**  
**Special Birthday of Mrs. Nettie Jablonow**  
Hope Komm

### Sharon Morad Memorial Fund

Ida Pumo

**IN MEMORY OF:**  
**Eva Williams**  
Charlotte M. Bailey

**Keith Thornton**  
Dorothy Nash

**Harriet Freeman**  
Dorothy Nash

**Corean Clark**  
Dorothy Nash

### Louise Grove Library Fund

Mrs. E. Wiley Johnson, Jr.

### Lasky Memorial Fund

Mrs. Stanley N. Hollander



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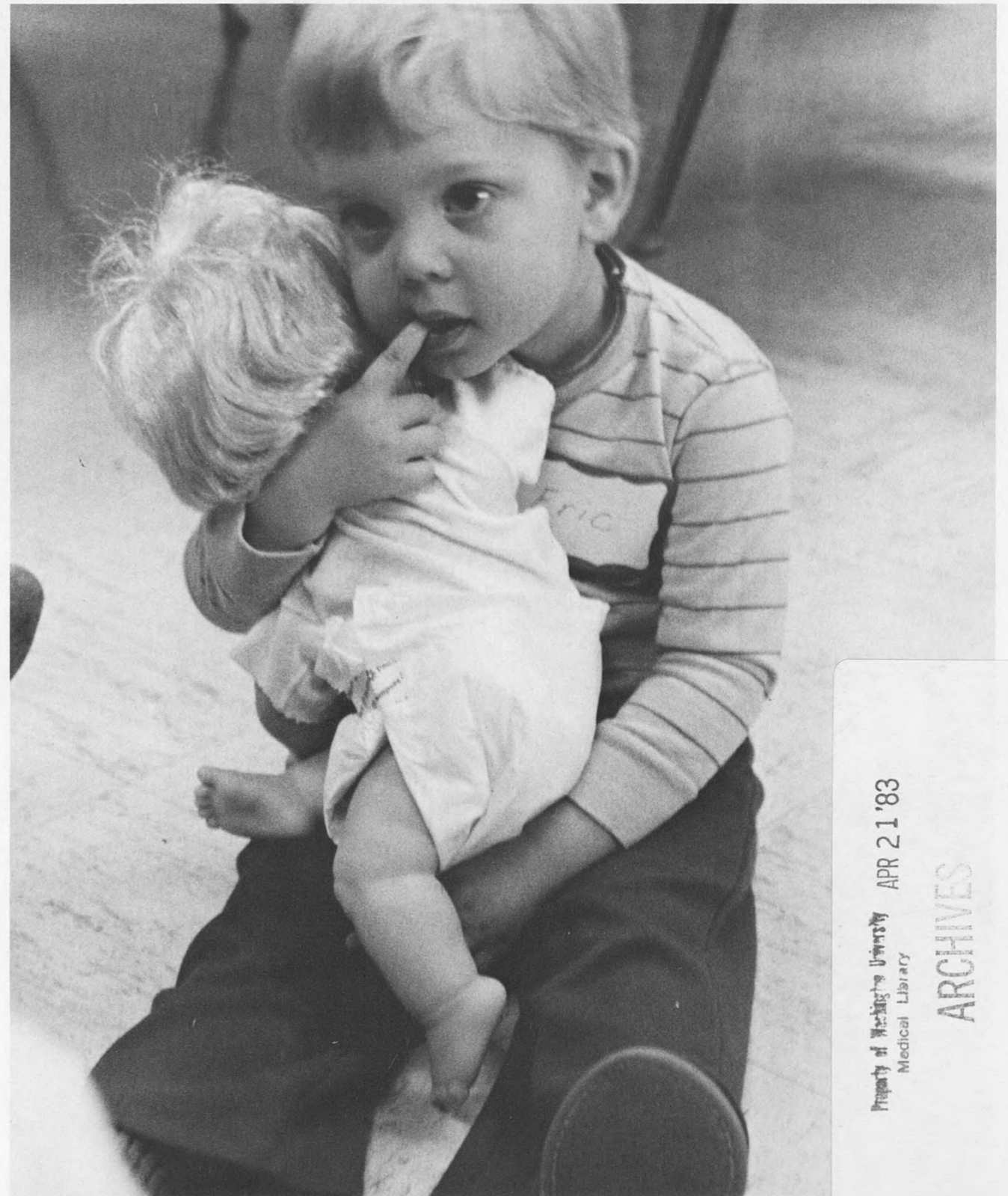
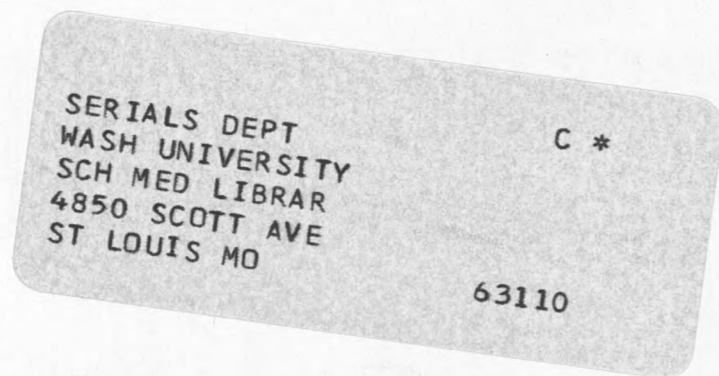


The Cancer Information Center is stocked with hundreds of pamphlets, reference books and audio-visual aids to help cancer patients and their families learn more about the disease. For more information, contact the center at 454-3640.

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