

# Barnes Bulletin

Barnes Hospital, St. Louis, Missouri, June, 1978, Volume XXXII, Number 6



Julian Edison



John Shepherd

## Two join hospital Board of Directors

Two new members have been elected to the Barnes Hospital board of directors according to an announcement by Raymond E. Rowland, chairman of the board.

They are Julian I. Edison, chairman of the board of Edison Brothers Stores, Inc., and president of Edison Brothers Shoe Stores, Inc.; and John C. Shepherd, partner in the law firm of Coburn, Croft, Shepherd, Herzog & Putzell in St. Louis.

"Barnes Hospital is fortunate that Mr. Edison and Mr. Shepherd have agreed to serve as members of the board of directors," Mr. Rowland said. "Their experience in the business and legal areas bring added depth to our board as we deal with the increasingly complex activities and issues in the health care industry."

Mr. Edison has been chairman of the board of Edison Brothers Stores, Inc., since 1974. He holds his undergraduate degree from Harvard College and his graduate degree in business administration from the Harvard Graduate School of Business Administration.

He is a member of the board of directors of Boatmen's National Bank, Boatmen's Bancshares, Inc., The Stop and Shop Companies, Inc., and the Jewish Federation of St. Louis.

**Front cover:** To avoid bee and other insect stings, Barnes allergist Dr. James Wedner advises, "Don't go outside looking or smelling like a flower." (See story on page 3.)

He also is a member of the President's Council of St. Louis University, a member of the advisory council of KETC-TV and a director of the American Retail Federation.

Mr. Edison previously has been a member of the Associates of St. Louis University Libraries, Inc., co-chairman of the Interracial Council for Business Opportunity of St. Louis, board member of the St. Louis Art Museum, chairman of the Industry Sector Advisory Committee on Retailing for the U.S. Government, and president of the Volume Footwear Retailers of America.

Mr. Shepherd is chairman-nominee of the House of Delegates of the American Bar Association (ABA) and for six years was Missouri State Delegate to the ABA. He currently is in his second two-year term as Assembly Delegate, elected at large.

Mr. Shepherd received his J.D. from St. Louis University. He is a member of the bar in both Missouri and Illinois and has been active in both state organizations, serving as chairman of the Medico-Legal Committee of the Missouri Bar and Chairman of the Admiralty Section of the Illinois Bar. He is a past president of the Bar Association of Metropolitan St. Louis.

He is a member of the American Bar Foundation, American College of Trial Lawyers, the International Academy of Trial Lawyers, the Maritime Law Association and the American Law Institute. He has been a director of the Society of Trial Lawyers of Illinois and is a council member of the Litigation Section of the ABA.

Mr. Shepherd was named Distinguished Alumnus of his college in 1965 and received the Alumni Merit Award from St. Louis University in 1970. He is a member of the board of directors of the St. Louis Municipal Theatre Association.

There are 16 members of the board of directors who govern the 1200-bed hospital recognized as one of the leading teaching hospitals in the United States.

## Government regulations force hospital bills up

The Michigan Hospital Association has recently completed a year's study of the cost impact on six hospitals in six areas of government regulation and found that more than \$24 was added to each patient's bill just to pay for compliance with federal regulations.

The hospitals spent a total of from \$98,000 to \$512,000 to comply with the regulations and this money had to be obtained by raising hospital costs to patients. Moreover, the study revealed that some 60 state and federal agencies are currently administering more than 2,500 rules and regulations designed to oversee the activities of these hospitals.

Senator Thomas Eagleton of Missouri has requested that the Hospital Association of Metropolitan St. Louis provide similar information on the cost incurred by St. Louis area hospitals in complying with government regulations.

## Buffet and movie planned to benefit Patient Care Fund

A near-tragedy involving a St. Louis man last year is resulting in a benefit buffet and movie July 20 to aid patients with financial needs at Barnes Hospital.

Ladue resident Scott Jablonow, 28, was struck in Florida by a runaway car and suffered extensive internal injuries. Following emergency surgery, he was transferred to Barnes by airplane.

His successful recovery has prompted him and his parents, Mr. and Mrs. Louis Jablonow, owners of Mid-America Theatres, to donate the Esquire Theatre 4 for the Midwest premiere of the new Peter Sellers movie "Revenge of the Pink Panther."

Robert Isaacs, president of Manufacturers Steel Supply Co. of St. Louis, is general chairman for the evening buffet and movie. The events will be called "Barnes Goes to the Movies" and proceeds will go to the Patient Care Fund at Barnes. The fund provides up to \$1,000 in assistance to patients whose medical expenses have exceeded insurance or other resources.

"Some persons have long-term disabilities or obligations which make it very difficult or impossible to meet the cost of their medical needs," Mr. Isaacs said. "The Patient Care Fund was established to help such people by paying all or a portion of their hospital bill up to \$1,000. This fund can enable people to get control of their financial matters."

In addition to providing direct support, fund administrators often find additional sources of financial aid through local, state or federal agencies.

Two recent Barnes fund recipients represent the type of assistance being provided. One man, unable to work because of bronchial asthma, received \$419 for final payment of his hospital bill. Because of the assistance, he is able to better provide for his large family which includes a newborn baby.

Another patient received support from the fund to apply to accumulated debts of \$22,000 brought about by a life-long history of muscular dystrophy. Additional money was found to be available through other area agencies.

Money donated to a patient through the fund is in addition to the hospital charity budget according to Joseph Greco, associate director of Barnes and director of development. During 1977 Barnes provided more than \$3 million in charity care.

"The Patient Care Fund serves as a last resort, in many cases, to people who have used their existing resources and insurance and who are 'medically indigent,'" Mr. Greco said. "Our philosophy is to try to help as many people as we can within the limits of how much money we have available." He said that the benefit dinner proceeds will enable more persons to be assisted.

(Continued on page 2)



## Some outpatient surgery now available at Barnes

Outpatient surgery for women undergoing certain gynecologic operations is now available at Barnes. Those procedures are D & C's, tubal ligations and hysterosalpingograms. Two of the East Pavilion operating rooms have been designated for outpatient surgery on Friday mornings between 7:30 and 9:15 a.m.

Dr. Michael Freiman, one of the gynecologists who recommended instituting the outpatient surgery program, said that he is pleased that a hospital as large and complex as Barnes is capable of being adaptable to the changing needs of women. He pointed out that more than half of the women in this area are employed and cannot always spare the time to avail themselves of inpatient care for some kinds of surgery that can just as easily be done on an outpatient basis. "Yet they are very much aware of the need for the back-up facilities of a medical center like Barnes," he said.

Another factor making outpatient surgery desirable to some women is that certain of these gynecologic procedures are not always covered by hospitalization insurance so are out-of-pocket expenses. "Needless to say, appropriate outpatient surgery helps control medical care costs," Dr. Freiman said.

"Local anesthesia has become more acceptable—even preferable—to many woman today. Those same women also want a general anesthetic, when that is needed, that wears off as soon after the operation as possible. These ideas have also helped popularize outpatient surgery," Dr. Freiman added.

When a patient wishes to avail herself of the service, her surgeon sends patient information, including history, physical, preoperative orders and consent forms, to the admitting office, where reservation and scheduling is done. The patient herself makes one preoperative visit to the hospital for diagnostic tests and instructions. On the day of the operation, she is assigned a room on the sixth floor of the East Pavilion, where she is prepared for the procedure. She returns to the room following surgery, then is discharged later the same day.

Dr. Freiman said that many persons still prefer to be hospitalized for these procedures, and in some cases hospitalization may be recommended by the surgeon. He suggested, "A woman should discuss the outpatient option with her gynecologist and determine what is best for her. She needs, too, to talk with her insurance carrier to see what her coverage is for both inpatient and outpatient surgery of the same type. Then she should take into consideration the time she has available. In other words, today's woman should garner as much information as she can, then make her own decision. I am glad Barnes Hospital is giving women an opportunity to do this."

## Dr. Lisa M. Cibis dies after long illness

Dr. Lisa M. Cibis, Barnes orthoptist until her retirement a year ago, died in Kansas City May 4. She had been at Barnes for 20 years, working with her husband, Dr. Paul E. Cibis, until his death in 1965.

She was well-known for her work in amblyopia, or lazy-eye. She is survived by a son, Dr. Gerhard W. Cibis of Kansas City; a daughter, Mrs. Andrea Tougue of Portland, Ore., and a brother, Hans Nathdurft of West Germany.



## Benefit planned

(Continued from page 1)

Tickets to the dinner cost \$50, \$100 or \$250 and are tax-deductible. The evening will include champagne cocktails and a buffet dinner at the Esquire beginning at 7:15 p.m. The use of the theatre has been donated by Mid-American Theatres and the film has been made available through United Artists.

The movie will be given a world premiere July 13 in London, England, and will be released in the United States on July 21, the day following the benefit in St. Louis.

Mr. Jablonow was injured while washing his car. Another car, out of control, hit him, fracturing several ribs, rupturing his spleen, destroying function in one kidney and severely damaging the other.

Following emergency surgery in Florida, Mr. Jablonow was flown to St. Louis and was a patient at Barnes Hospital for three months. His kidney damage was severe enough to require renal dialysis for almost five months. During that time the one kidney which had been less severely damaged healed and the dialysis treatments were no longer necessary.

Theda Guzman, coordinator of end stage renal disease at Barnes, said that all during Mr. Jablonow's hospitalization he never gave up the belief that damage to one kidney would be overcome. "I admire his tenacity," she said. "He never felt sorry for himself and was always optimistic. That positive outlook is a great help in the recovery process."

## Dr. Harry Morgan elected society president

Dr. Harry Morgan, orthopedic surgeon, was elected president of the Barnes Hospital Society April 20 at a dinner meeting which featured a "state of the hospital" presentation by president Robert E. Frank and other Barnes administrators.

Dr. Morgan takes over the presidency from Dr. Lawrence Post, ophthalmologist. Dr. William Owens, anesthesiologist, is vice-president. Dr. Duane Cozart, physician, continues as secretary-treasurer of the society. Council members are Dr. Raymond Doucette, obstetrician-gynecologist; Dr. Robert Stanley, radiologist; Dr. Barnard Garfinkel, physician; and Dr. Lawrence O'Neal, surgeon.

Mr. Frank's report concentrated on the hospital's efforts to contain costs. He cited the board-ap-

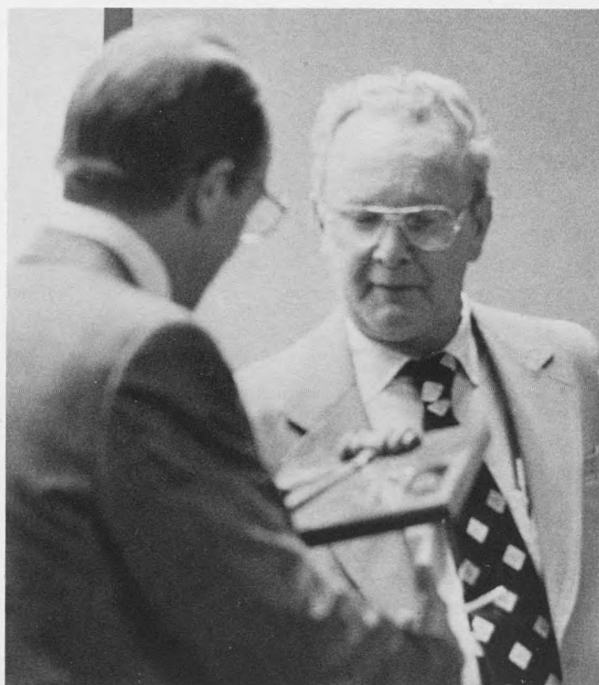
proved budget for 1978 which limits charges to patients to a maximum increase of nine percent over 1977. "If we are successful in this effort, and we believe we will be, we will show it is possible for major teaching hospitals to contain rising hospital costs," he said.

Other presentations were given by Robert McAuliffe, vice-president and controller, who reviewed the 1977 fiscal year and gave a financial forecast on the West Pavilion construction.

Rich Grisham, vice-president for professional services, compared hospital census figures for 1977 and the first months of 1978. He noted that admissions have remained stable and that the average length of stay for patients has dropped from 9.26 for the first quarter of 1977 to 9.03 in the first quarter of 1978.

Progress on the West Pavilion project was discussed by vice-president Tom Winston. He said that the project is a week ahead of schedule because of favorable weather and that total completion is scheduled for the latter part of 1980. Several floors will be occupied as they are completed before that date. He also told of moves which are necessitated by the project.

The society noted the deaths of six members since the last annual meeting. They are Drs. Albert C. Stutsman, Thomas H. Burford, Edwin F. Gildea, Robert W. Kelley, Robert E. Koch and William H. Olmsted.



Dr. Post turns gavel over to Dr. Morgan, new president of Barnes Hospital Society.





## Alice Marshall honored for 40 years' service

Alice Marshall, executive secretary to Barnes president Robert E. Frank, was honored at a surprise reception on the occasion of her fortieth anniversary at Barnes Hospital April 18.

Approximately 200 employees and former employees gathered in Queeny Tower to share punch and a special cake made in the shape of a typewriter by Jim Wallace, Barnes baker. Mr. Frank read a poem specially written for the occasion:

Don't you remember a long time ago,  
There was someone whom all of you know  
Who started out in the business world  
At Barnes Hospital as a very young girl.

It was all so new and grand  
She was another "Alice in Wonderland."  
It was as a cashier she first started  
But she and the money soon were parted.  
Her honesty never caused any wrath  
She just wasn't very good at math.

Another job was offered which she needed badly  
Doing secretarial work for Dr. Frank Bradley.  
Then she took time out from work and some way  
Was able to raise four children along the way.

Now at the top of the ladder at last  
Her name is made—the die has been cast.  
She takes care of me, more or less  
When she's not playing golf or making a mess.  
But after 40 years she is still in her prime  
And I wouldn't trade her for a bright shiny dime.

So let's all remember Miss Alice today  
And join in a toast to ole AHA.

## Spring . . . nothing to sneeze at

Unless you're willing to try your luck in Death Valley or atop Pike's Peak, you best get used to sneezing, wheezing, eyes running, and a generally crummy feeling.

That's the seasonal word from Dr. James H. Wedner, Barnes' allergist, who does not advocate fear of the elements, only a healthy respect for the pollen, mold and insect sting that have become part of at least 70 million American lives. Allergies are not necessarily debilitating, but are enough so that 15 percent of us consult a physician for allergy testing and possible immunotherapy.

If there was anything positive about last winter's long-lived snow, it was the wonderful job it did of covering up the molds. However, with the spring thaw comes pollen and mold, and strong March winds to keep them airborne.

What the English centuries ago dubbed "hay fever," or pollen allergy, takes its yearly toll, lasting from March to the first frost. Spring pollens

begin when maple and elm trees bud, then come oak and nut tree pollen. Grass pollinates in early May, with brief relief in June. Then English plantation weed blooms in July, and last but not least comes ragweed and lambsquarter pollen in mid-August, lasting until frost.

Air-conditioning helps, but unless one is giving up the great outdoors altogether, there will be discomfort during the allergy season.

Immunotherapy (desensitizing shots) has helped 50 to 60 percent of those taking them. Dr. Wedner feels that instead of just treating symptoms, there will one day be an allergy cure. In the meantime, "We want to avoid paranoia about the outside plants and insects. An allergic person should develop a healthy respect but not a fear of these," he said.

"Know what poison oak and ivy look like, what bees and wasps look like, where they are likely to be. Wear shoes, for protection from clover-hovering insects that sting. Don't go outside looking or smelling like a flower. Keep your car windows up, and if you find a nest inside your house have it cleaned out by a professional. For occasional insects, get a commercial spray now on the market that works from 15 feet away. Mosquito, black fly and gnat bites shouldn't cause allergic reaction, though they can cause itching and swelling."

For insect-allergic people, Dr. Wedner cautions that attention be given to stings, how you react, whether you get such symptoms as tightening of the throat or itchy hands. "If your reactions get progressively worse with each sting, see your allergist or doctor right away. If you find you are definitely allergic, wear an identifying tag describing your condition. Carrying an antidote is also a good idea."

Countless work and school hours are lost because of allergy misery, and no study can measure how much more effective people would be were their allergies alleviated. "Allergies are inconvenient. But look on the bright side. They can be treated now, if not cured," Dr. Wedner said.

## Three generations volunteer at Barnes

Occasionally the world is visited by special people who do more than talk about helping their fellowman; they do it. Barnes Hospital has hundreds of friends who donate thousands of hours to helping our patients get well. Five of those friends are also relatives: three generations of the same family volunteer here, and not in a small way. Last year the five racked up nearly 6,500 hours of service to the hospital.

The family's volunteer spirit began with Audrey Kolker, an Auxiliary past-president. She began volunteering at the hospital about ten years ago when her children were old enough for her to have some free time. She said she chose hospital volunteering because "I had my first child at St. Louis Maternity Hospital [Barnes' former maternity section] and I remembered how much I had appreciated the visits of the pink lady there."

Although she won't say so, her good example is probably responsible for other members of Mrs. Kolker's family volunteering their time to the hospital: her mother, Buddye Mathis; her sister, Terrye Balin; her daughter, Karen; and son, Kenton.

Mrs. Mathis is director of the surgical waiting area on the ground floor of the East Pavilion. She also works the desk one day a week. "It has been very rewarding to work here," Mrs. Mathis said. "Every time we hear that a patient has gone to



Audrey Kolker stops by the surgery information desk to ask her mother, Buddye Mathis, a question.

the recovery room, I'm happy that someone can be with the relatives to tell them the good news."

Mrs. Mathis said she is proud of her family's work for the hospital, but refuses any praise herself. "All of my children's virtues have rubbed off on me, and none of my bad traits on them," she said.

Mrs. Kolker's volunteer hours have been spent in Baby Photo, admitting and many of the Auxiliary's special projects. Mrs. Balin volunteers at the information desk in the East Pavilion. Karen Kolker works in the emergency room and Kenton Kolker is a dispatch volunteer.

Karen and Kenton are both teen-agers who exemplify the good qualities of that age group. Karen volunteers on Saturdays and three days a week during her summer vacation. Her high school, where she is a junior, gives her "transcript credit" for her volunteer work, not applicable toward graduation but a permanent record of her community service. Kenton is a junior-high school student who just began volunteering last fall.

Mrs. Kolker and Mrs. Mathis agree that volunteering has been a positive experience for the family. "Volunteers show the human side to patients who need help," Mrs. Kolker said. Mrs. Mathis added, "Not until you give happiness away do you receive it yourself."

## Magazines, books needed by volunteer office

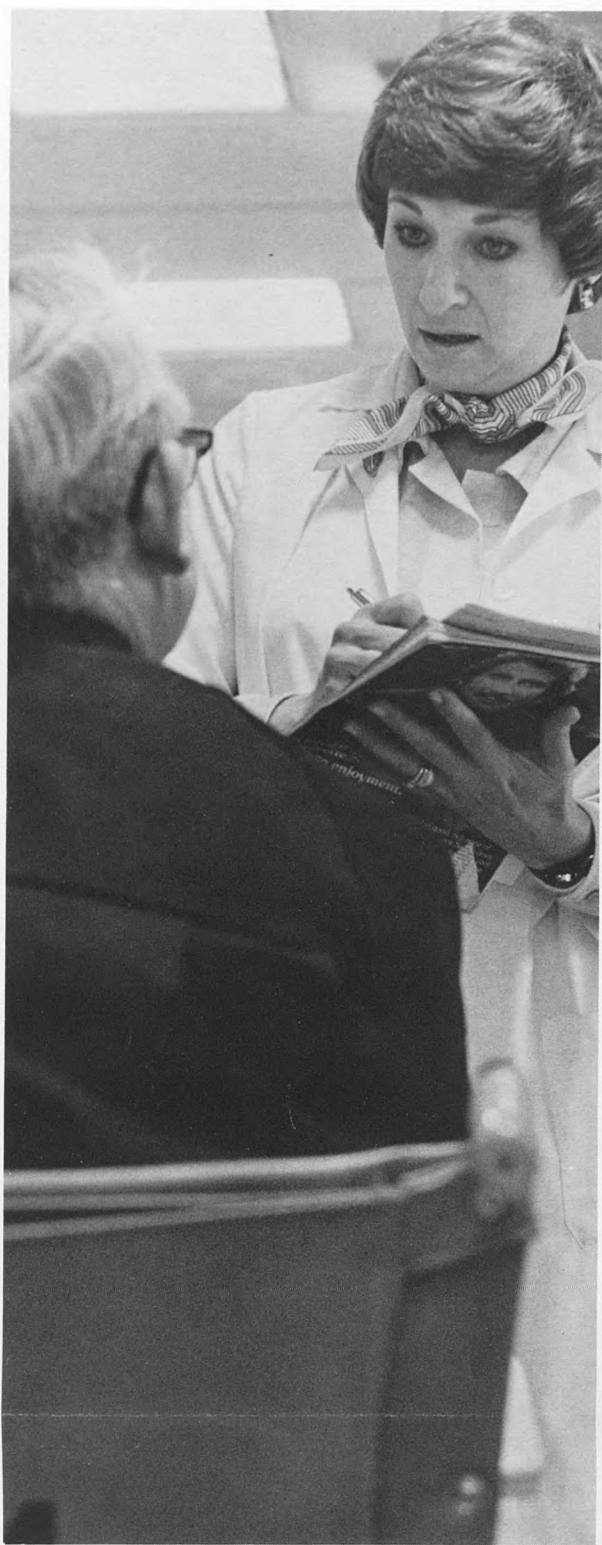
Magazines of all kinds—travel, sports, ladies, popular mechanics, etc.—are needed by the volunteer office to distribute to patients and use in visitor waiting areas such as the surgical waiting room. Books are also welcome.

Patients and members of their families may go to the library in the volunteer office to select books or magazines or may request a volunteer to deliver material to patient rooms. "Having some kind of reading material helps the time pass more quickly when you are nervously awaiting a doctor's report—or are bedridden for any reason," says Mildred Helm, chairman of the volunteers' library services.

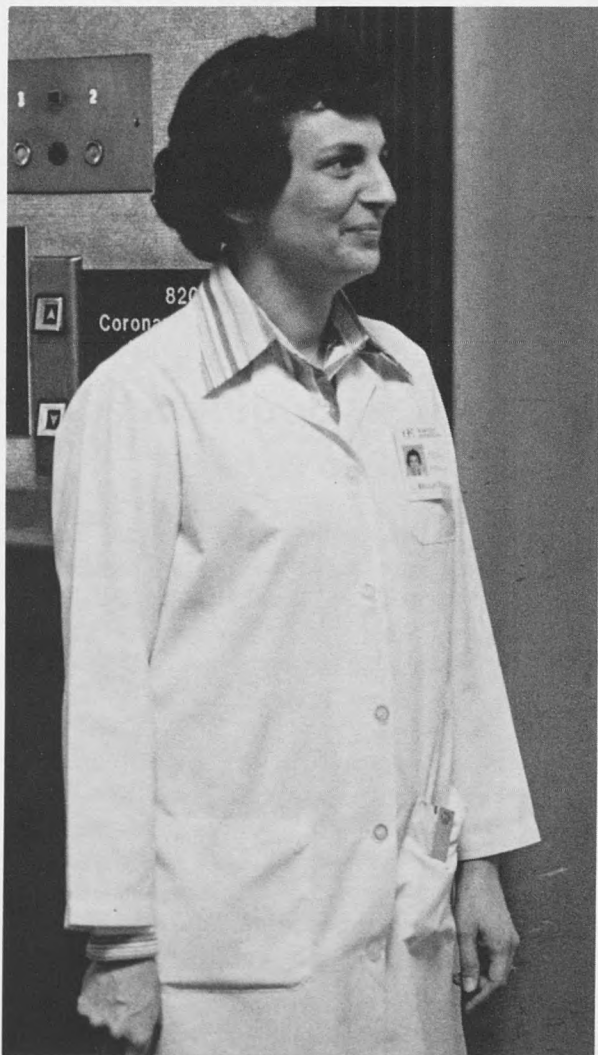
All contributions of reading matter should be sent to the volunteer office. Call 454-3446 for further information.



# SUPER



Adele McKean discusses incident with patient in emergency room.



Sarah Wallace begins her daily rounds, a tour that will take her throughout the hospital.

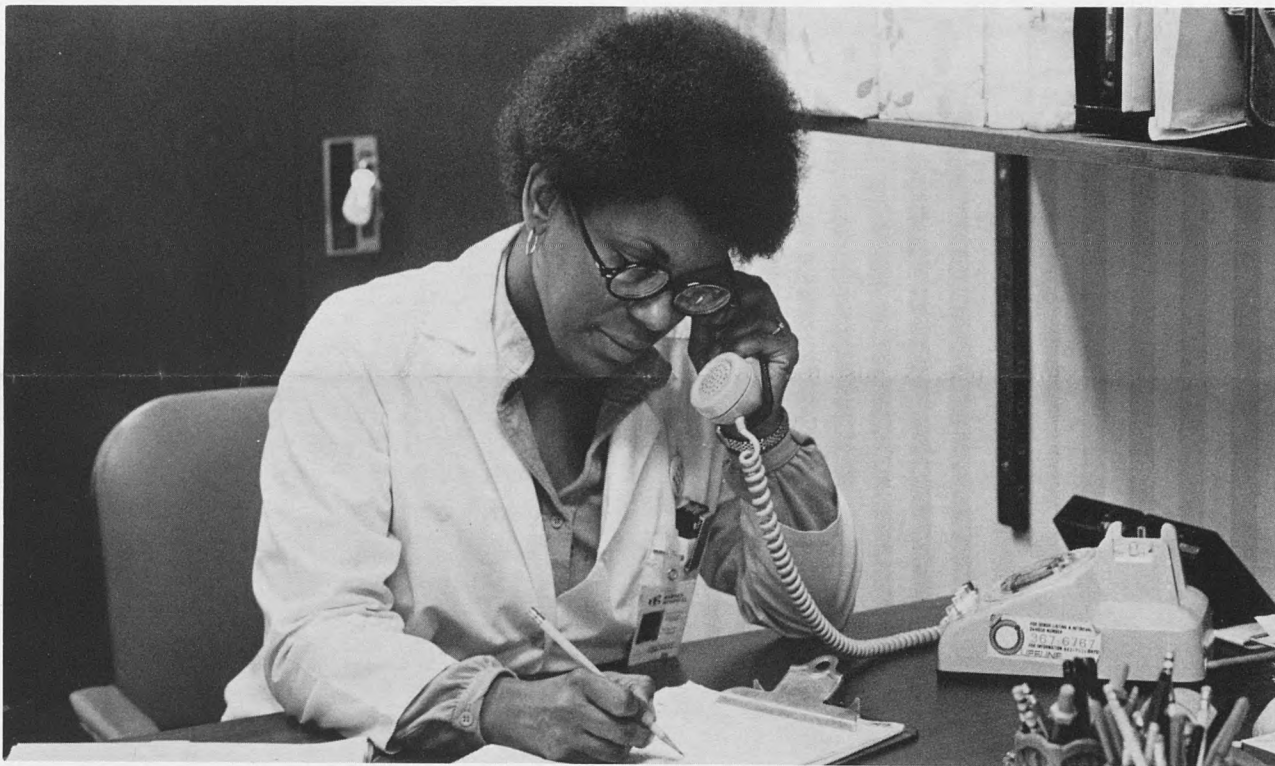
Barnes is the only hospital in town with such a job description: able to leap scheduling problems in a single bound, soothe strained relations faster than a speeding syringe, more powerful than an x-ray. And that is only part of a Nursing Officer of the Day's daily duties. The Nursing ODs are troubleshooters who sometimes adjust or fix as well as lubricate the machinery of Barnes' everyday business.

At a recent staff meeting the seven Barnes ODs talked about their jobs. Marcella Hoffman, with the Nursing OD program since it began in 1967, tells what a typical day might be like, although she says, "There really is no such thing. You never know what is going to happen in between the routine aspects of this job." She explains that "with hopeful heads we begin the day shift by talking with the night ODs for their reports. Then we work on staffing which sometimes in-

volves 10-15 phone calls with the five floors we schedule."

The ODs cope with floor scheduling needs as well as assign undergraduate nurses. Helen Barnhart continues the "typical" shift, saying "Then we try to do hospital rounds, beginning around 10 a.m., lasting until 1 p.m. Seldom do we get completely around without at least several tugs on the sleeve—someone needing to talk." She feels the ODs visibility and accessibility allows for this kind of impromptu discussion, adding "Often a patient just needs to talk or a nurse wants to get something off her chest. We are sounding boards for many different people."

The ODs have stories to tell: of obese patients having to be transferred by a firefighter snorkel; of late patients wanting cole slaw and cold chili for dinner; of crank phone calls. Joan Karvinen



Answering a variety of phone calls takes a large portion of the day for nursing ODs such as Pat Cressie.



Joan Karvinen and Lt. Betty Falkenberg of security discuss ambulance and helicopter service.



# ODs

set up a babysitting service when a man visiting his wife left their baby in the OD office. "Another time," she recalls, "a woman left her first three children with us while she delivered her fourth." Adele McKean remembers "the flea-infested patient whose clothes had to be fumigated. We worked with security on that one. Dressed in de-fumigating attire, we tried to convince ourselves the fleas weren't biting us." Pat Cressie adds, "Never let anyone tell you there's no bite to this job."

Back to the present, Ms. Karvinen continues the "typical" day routine, saying "after hospital rounds it is time to answer calls and messages that came in while we were out of our office on Barnes' first floor. Sometimes these can be handled over the phone," she says, "but usually they need some kind of legwork on our part." Ms. Cressie adds "You cope with whatever happens that shift. Most of our calls are for ambulance patient transfers, expirations, scheduling, and codes. And, patient needs."

Sarah Wallace cites some changes in the OD format, saying, "We all work more with staffing, handling personnel problems. Things are more organized. We have written and are updating booklets to clarify procedures and expectations for hospital nurses and private duty nurses. We started the peer review system, meaning we review each other on our work anniversary dates. We made up the form we use. We also took over scheduling undergraduate nurses, allowing for better overall nursing services."

Ms. McKean adds "We are active on almost every committee within the hospital since we have one of the best hospital overviews."

Jean Klasner rounds out the OD job description, saying "We spend a lot of time on paper work with group reports, daily reports, and staffing. On an ambulance transfer we make sure there's either an RN, MD, or licensed attendant to accompany it. We clear all expirations with the medical examiner, at night, which can get complicated. We make out memos, check with the coroner, get the death certificate signed. Sometimes, finding the nearest relative can be the most difficult part of the procedure."

Mrs. Barnhart explains one remaining OD task, attending Codes. "We attend Codes in doctors' offices, the dining rooms, rehabilitation, x-ray, admitting, even outside the building. As you can see, we do get around," she says.

Maureen Byrnes, associate director of nursing services, says of the ODs, "They are an invaluable part of our nursing service. We are very fortunate to have our ODs." What does it take to be a Barnes OD? Ms. Byrnes replies, "a broad background in procedures, diplomacy, tact, the ability to work under stress—all are essential. So is a sense of humor. All of our present ODs were here at Barnes before becoming ODs so they know the hospital inside out."

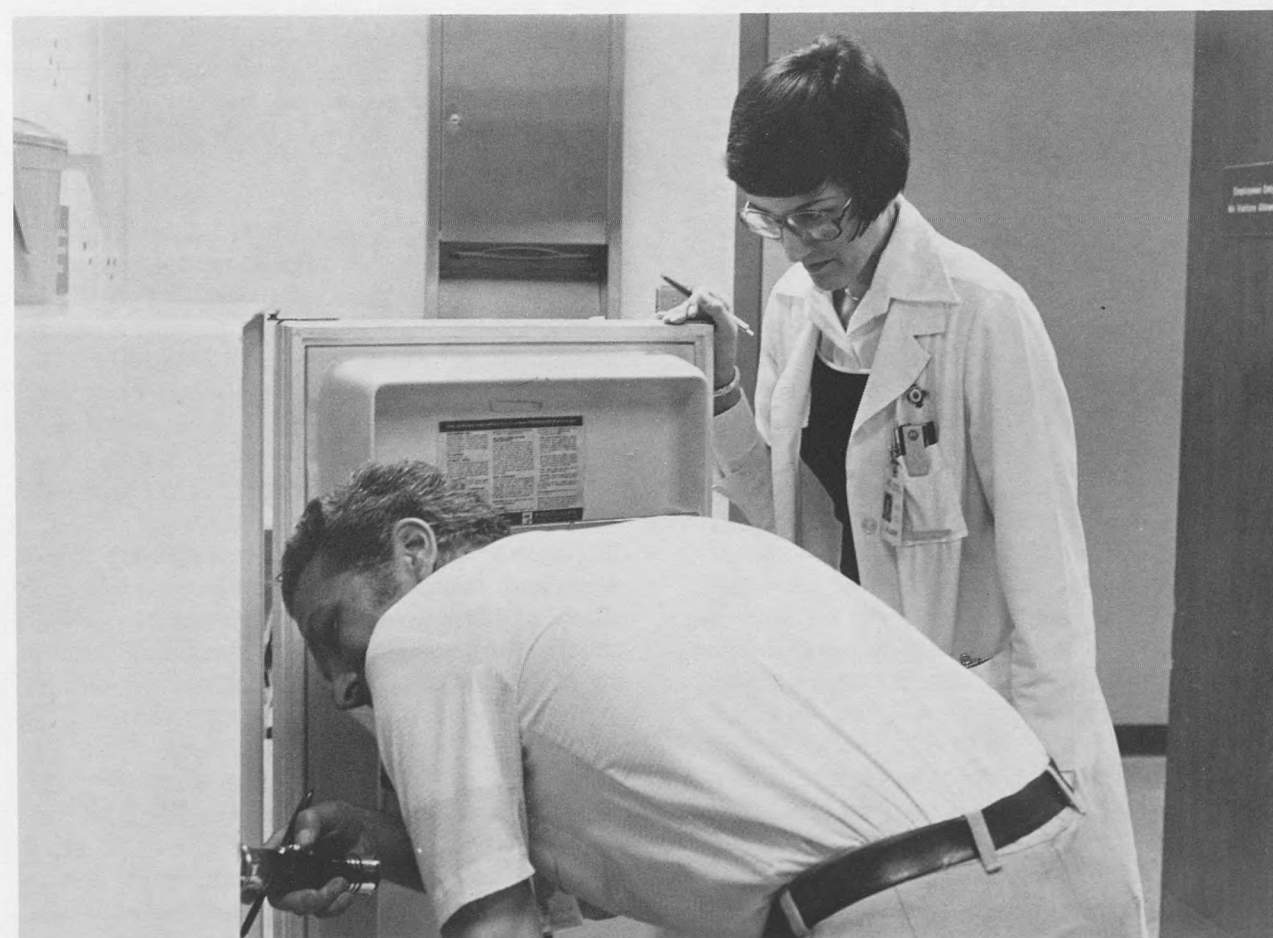
Nodding in unanimous agreement, the ODs voice what tremendous satisfaction being an OD offers. Ms. Cressie speaks for all seven when she says, "It gives you a good warm feeling to know you helped. It's part of the job, and it is what makes the job so gratifying."



Responsibility for dealing with the medical examiner is transferred from Shelby Allen of medical records to evening nursing OD Helen Barnhart.

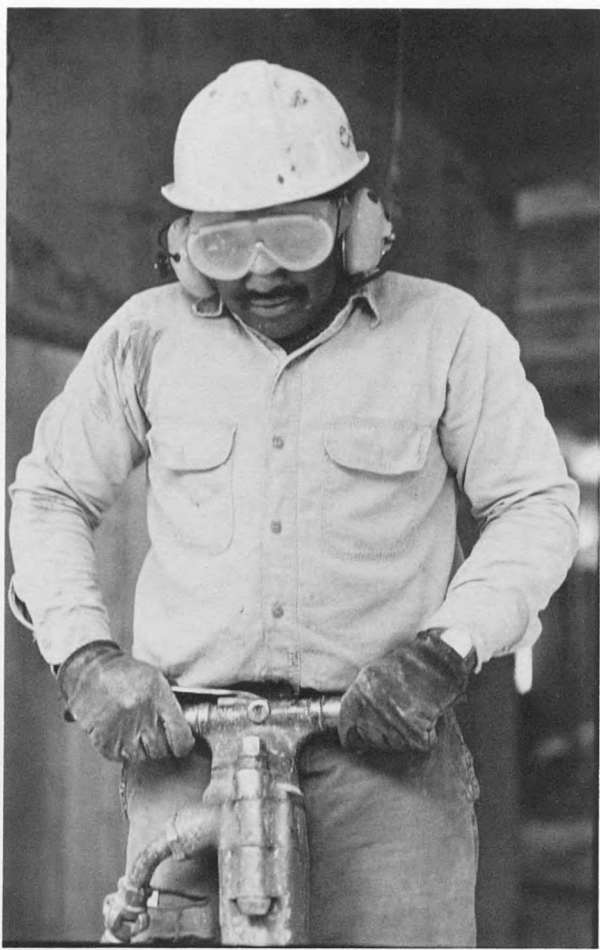


Marcella Hoffman aids Velor Vonk, RN on 11400, in soothing a misunderstanding with a patient.



Escorting health department and a variety of other inspectors around the hospital is part of the duty of Jean Klasner and the other nursing ODs.





A workman on the West Pavilion protects his ears from the noise of the jack hammer he is using.

## Ear damage laid to prolonged, loud noise

If you are tired of hearing about environmental dangers to your health, don't seek solace under a pair of stereo headphones or in your basement working with power tools. The prolonged, loud noise could damage your ears.

Headphones and power tools are just two examples of producers of prolonged, loud noise. Although the amount of noise needed to cause damage to the inner ear is not known, it is known that inner ear damage is irreparable. WUMC Drs. Barbara Bohne and Bill Clark have a National Institutes of Health grant to study "the response of the inner ear to injury." (Dr. Bohne earned her doctorate in neurobiology; Dr. Clark's is in physiological acoustics.)

"One of the unfortunate things about inner ear damage," said Dr. Bohne, "is that by the time you perceive a loss of hearing, the damage is already done. There is no way to replace that hearing loss." The best preventive measure is to control or avoid loud, prolonged noises. However, when that is not possible, some sort of ear protection should be worn, Drs. Bohne and Clark say.

Our industrial society has increased the opportunity for noise damage to our ears. Factory workers are subjected to high levels of noise for eight or more hours at a time. Although the federal government has set limits for acceptable levels of factory noise, enforcement is difficult. "Also, factory workers often balk at wearing ear protectors," Dr. Clark said.

Outside the factories, our ears are insulted by loud motorcycles, chain saws and other power tools, electric appliances used in closed rooms and powerful music amplifiers.

Prolonged, loud noise exists in many different forms. To discover the effects of that noise, Drs. Bohne and Clark are studying ear damage in chinchillas, small furry rodents the size of squirrels.

"Chinchillas are used because they are readily available and because their ear structure is about

the same as in humans," Dr. Clark said. The researchers raise their own chinchillas so that the noise environment can be controlled from birth. Some of the animals live in a noise room, where there is a constant, low frequency noise best described as "shhh."

Six of the chinchillas were subjected to the noisy side of human life one evening when they accompanied Dr. Bohne to a discotheque. Dr. Bohne and the animals listened to amplified rock music for two and a half hours. Afterwards, Dr. Bohne discovered that all six chinchillas had suffered permanent ear damage.

In humans, inner ear damage is indicated by an inability to hear the mid- and high-tones of noise. Dr. Malcolm Stroud, Barnes otolaryngologist, said inner ear damage can cause perception of speech to be limited mostly to vowels, since consonants generally are mid-to-high tones.

"In the inner ear," Dr. Stroud said, "hair cells are the receptors of sound. When the ear is damaged, the hair cells die and never regenerate." Dr. Stroud pointed out that minor damage seems to repair itself, though. For example, sometimes noise causes a ringing in the ears that goes away after a while.

Dr. Stroud agrees with Drs. Bohne and Clark that ear protectors greatly reduce the chance of inner ear damage. He recommends that persons who experience a hearing loss see a physician, so measurements can be made to determine the cause and extent of the damage.

(Controlling or avoiding loud noises is particularly important in a hospital. Recent studies have shown that ill and injured persons have a lower tolerance for noise than those who are well.)

## Orientation held for junior volunteers

"One from south St. Louis had to transfer twice to get here on the bus, but she said it was worth it." That's how Katie Beyer, director of volunteers, talks about Barnes junior volunteers and their orientation day which is "so important that it's a prerequisite to starting work."

Orientation was May 13 for the more than 100 new volunteers. They learned about Barnes' history, hospital rules and regulations and appropriate dress and toured the hospital complex.

"We try to cover everything at orientation," Ms. Beyer said. "Each new junior volunteer gets a packet containing their assignments, their pass, the junior volunteer booklet, and a parent permission slip to be signed and returned their first working day." Ms. Beyer and her assistant, Ellen Barron, have been visiting area schools to spread the word about Barnes' program since competition for the teen volunteers is intensifying with the increase in the number of suburban hospitals.

Teenagers who make it as Barnes junior volunteers may choose from a number of work areas. They may fold linens, help eye patients choose a menu, carry messages, run errands, assist in medical records, sell in the gift shop, or distribute x-ray pamphlets. Older junior volunteers may assist in the recovery room. Nurse volunteers require extensive training, and may assist in feeding patients, combing hair, making beds.

Junior volunteer orientation emphasizes the way Ms. Beyer sees the young peoples' role at Barnes. "We treat them as adults, and attending orientation is a first step toward accepting that kind of responsibility."

## Barnes hosts exhibit on crime prevention

"We don't want the buyer to get a return on this particular investment, either on the shriek alarm or the whistle." This comment regarding two items on display as part of crime prevention day at Barnes comes from Abby McCarthy, RN on 2200, an active member of the Women's Crusade Against Crime, and organizer of the display and crime prevention day.

The WCAC and the Gateway Crime Prevention Council contributed to the display. The council includes officers of the FBI, the city and county police departments, and those of Ladue, Kirkwood, St. John, Florissant, St. Charles, Bridgeton, Jennings, Bel-Ridge, Northwoods, Hazelwood, Des Peres, and Brentwood.

Mrs. McCarthy explained that the ultimate goal of the display, part of a pilot program for a federal grant, is to "increase education and involvement of the public in crime prevention." The display included information on how to identify suspicious cars and/or people; how to burglar-proof your home; how to protect yourself and your possessions from criminal action. There was a display on narcotics and dangerous drugs—what they come from, what they look like. One display on "pinning a door" showed different lock types and where and when to install them.

Another display explained that the chances of recovering stolen property increase by 33 percent when the victim actively searches for it, and that good photographs of valuables help in law enforcement recovery techniques. It suggested making a complete list of belongings, including such specifics as label, style, material, size, identifying marks, age and more.

Another display informed that it costs citizens \$20.3 billion a year for stolen property and that there is at least a 10 percent automatic mark-up on store goods. There is, it said, a property crime every 3 seconds, and this does not reflect property losses during violent crime. The display told that in 1976 only 16 percent of more than 3 million reported burglaries were ever cleared.

According to Mrs. McCarthy, the material on being a crime blocker is an important aspect of the pilot program. "We will probably judge the success of the display by how many of these crime blocker tests we get back by mail," she explained. The test is part of a packet that was available at the display table. Mrs. McCarthy said she feels public response to the display has been rewarding, with well over 300 people stopping both days to talk and ask questions and about 70 each night. Over 6 dozen shriek alarms, 5 dozen identification pens and as many whistles were sold during the two-day period.

The WCAC and council, according to Mrs. McCarthy, are working toward a federal grant that would start a crime prevention program of cooperation among county and city police departments. It would provide funds for media publicity, a speakers bureau, and crime prevention campaigns in large corporations and hospitals to promote citizen awareness. Mrs. McCarthy said this will help the police by having citizens who know what to do in crime situations, what constitutes a suspicious person or car, just generally being more alert to what goes on around them.

For more information on any display items or the sponsoring organizations, the WCAC number is 231-0425. Mrs. McCarthy says that engraving tools can be borrowed from the WCAC and may be returned through any police department.



## Tribute Fund

The following is a list of honorees (names in **bold-face**) and contributors to the Barnes Hospital Tribute Fund from April 21 to May 19, 1978.

<b>IN MEMORY OF:</b>	<b>Winston Cook</b>
<b>Dr. William Olmsted</b>	Mr. & Mrs. M. R. Chambers
Dr. & Mrs. Charles E. Gilliland	Mr. & Mrs. H. Robert Larkin
<b>Fern Bridgeforth's Husband</b>	<b>Dr. David Helman</b>
Mr. & Mrs. Rich Grisham	Buddy & Moe Mathis
<b>Dr. Hugh M. Wilson</b>	<b>Dr. Thomas Burford</b>
Mr. & Mrs. William J. Phelan	Mrs. Pamela B. Mendenhall
Tom & Libby Ferguson	<b>Dr. Joseph Ogura's Mother</b>
<b>Rae Vander Voort</b>	Dr. & Mrs. Ben H. Senturia
Mrs. Gene Wilkey	<b>Mrs. Don Hoeman</b>
<b>Howard Qualls</b>	Charles Brandes Collard
Mr. & Mrs. Robert E. Giles & Family	<b>IN HONOR OF:</b>
<b>Russell E. Gardner, Jr.</b>	<b>Cancer Research</b>
E. R. Culver, III	Mr. & Mrs. Stanley L. O'Kraski
<b>Walter E. Hamlett</b>	<b>Clara Tremayne</b>
Milton Greenfield, Jr.	Altrusa Club of St. Louis
Jerome R. Mandelstamm	<b>Dr. &amp; Mrs. Louis F. Aitken's 50th Wedding Anniversary</b>
John L. Davidson, Jr.	Dr. & Mrs. Herman H. Luetzow
Alphonso H. Voorhees	
<b>Dr. Lisa Cibis</b>	
Dr. & Mrs. James Bryan	

## Patient Care Fund

James L. Coffman	Henry F. Jennings
Estelle Frank	Blanche Jeude
Mabel R. Greuter	Gene King
Marrianna Hoffmann	Mrs. Grace A. Klitzing
Gertrude M. Jolley	E. Desmond Lee
Rose M. Marquart	Robert T. McDonald
Don D. Morrow	Mrs. M. McLarren
Thomas Nicholas	Mrs. Max W. Myer
Clara Belle Ortmann	Gertrude E. Neimann
Callie Adams	Miles S. Phillips
Anonymous	A. H. Plotkin
Katie Bell	Charlotte Reed
Hermon F. Clenney	Lester Smissman
Katherine D. DuBois	Frank J. Straka
Harold I. Elbert	Twin City Auto Salvage
Everett J. Fox	David & Bernice Torin
Florence Gelber	Louis Sr. Vander
Beatrice E. Goldsborough	J. C. Warnecke
Buford O. Grantham	E. Waters
M. Grega	Virgie L. Wiggins
Mrs. Donald Higgins	Mrs. Marie Worley
Melvin Hilb	Grant Wyatt
Leona Husmann	

## Memorial Endowment Fund

<b>IN MEMORY OF:</b>	<b>Edwin Clark</b>
<b>Marilynn S. Willman</b>	Mr. and Mrs. Frederick G. Hughes
Everett and Adele Wilson	

# Barnes Bulletin

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Daisy Kramer Editor

Beth Powers Assistant Editor

Jim Hubbard Director

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## Manufacturers Steel Supply Co. Inc. Endowment Fund

Ron Croak	Barry Carroll
Form Systems, Inc.	Turley Martin Co.
Max German, Inc.	
Missouri Research Lab, Inc.	

## Annual Fund

Mrs. Harold M. Baer	Mr. & Mrs. Sholom Hendin
Sandra Smiley	N. P. Knowlton
Wm. R. Snedecor	
Carl W. Adams	

## Planned Gift Endowment Fund

Mary McCool
Mrs. B. T. Wykoff
Lucille C. Boykin
Dolores A. Moehle

## Emergency Service Fund

John R. Galloway

## Hospital notes

Dr. **E. James Anthony**, Barnes psychiatrist, has been awarded the Mount Airy Gold Medal, which is given annually to an outstanding American physician for "distinction and excellence in psychiatry." He has also been named to receive the Blanche F. Ittleson Award for Research in Child Psychiatry by the American Psychiatric Association.

Two members of Barnes education and training department, **Pat Toban** and **Wally Klein**, were on the faculty of a one-day seminar on "Controlling Hours—Controlling Costs" sponsored by the Greater St. Louis Society for Health Manpower Education and Training at Westport Plaza May 15.

Dr. **Richard A. Sutter**, preventive medicine, has been awarded the 1978 citation for Health Achievement in Industry by the American Occupational Medical Association.

Dr. **Robert Roberts**, director of the coronary care unit, and Dr. **Keith Hruska**, renal diseases, presented papers at the joint annual meeting of the Association of American Physicians, the American Society for Clinical Investigation and the American Federation for Clinical Research, held recently in San Francisco.

Dr. **Jack Hartstein**, Barnes ophthalmologist, spoke on the various types of ultrasound cataract surgery and on surgery of intraocular lenses at the third annual Spring Fiesta Ophthalmology Seminar in New Orleans in April.

## Dr. Evens appointed to HEW advisory post

Dr. Ronald G. Evens, Barnes radiologist-in-chief, has been appointed to serve for a three-year term as a member of the Medical Radiation Advisory Committee of the Bureau of Radiological Health for the Department of Health, Education and Welfare.

The 13-member committee is the principal medical advisory committee to the Bureau and concerns itself with problems related to the medical use of all forms of radiation in diagnosis and therapy. Members are selected from among authorities in medicine, dentistry, health sciences, radiology, engineering, public health or related technology.



Signing the proclamation for nurse-anesthetist week are David Anderson, president of the Missouri Association of Nurse-Anesthetists, Liberty; Margaret Ryan, Columbia; James Cuddeford, Barnes Hospital; Governor Teasdale; Catherine Parks, Blue Springs; Beverly Krause, Barnes Hospital; and JoAnn Lucas, St. Louis.

## Nurse Anesthetist Week observed at Barnes

James Cuddeford, CRNA, and Beverly Krause, CRNA, from Barnes participated in ceremonies in Jefferson City recently when Governor Joseph Teasdale signed a document proclaiming May 1-7 Nurse Anesthetist Week in Missouri.

The Week was sponsored by the Missouri Association of Nurse Anesthetists, an organization founded in 1936 to unite members with a common cause, to further the art and science of anesthesia and to cooperate with members of other medical professional groups and hospitals to provide care.

Barnes Hospital employs 17 staff anesthetists who supervise approximately 35 students enrolled in the school of anesthesia. The program is a two-year course under the direction of Helen A. Ogle, CRNA. Approximately 800 anesthetists have completed the course since its beginning in 1929.

Nurse anesthetists provide about 50 percent of the anesthesia care at Barnes and throughout the country, with the remaining 50 percent provided by anesthesiologists.

## Heart station technician retires; served 22 years

Thelma Purvis, a technician in the heart station for 22 years, has retired from the hospital.

Miss Purvis joined the hospital staff in the heart station in 1955 and admits that the change several years ago to computerization "frightened me along with the others" but that the new system enabled employees to do more work. "It meant that we can do a better job for the patients," she said.



She also said she will miss the patients most of all. "You would think that the patients do not feel well and that they would not be in a very good humor," she said, "but I found that most were very nice people. I have really enjoyed working with them."

Miss Purvis was presented with a certificate of appreciation from hospital President Robert E. Frank. She plans to spend more time with relatives including a large number of nieces and nephews.



## Posters, pins and exhibits highlight Hospital Week

Posters, pins and health care exhibits highlighted the Barnes observance of National Hospital Week May 7-13. The theme of the national focus on hospitals was "Hospitals Wish You Well."

Within Barnes, employees wore pins saying "We Wish You Well!" and posters showed the many different people whose work is essential to the proper care of patients in a modern hospital. Nationally, three persons are needed to care for each hospital patient.

Two health care exhibits, sponsored by Barnes, were on display to the public in two locations. One was at the weekend conference May 5, 6 and 7 at the Chase-Park Plaza Hotel focusing on the rebirth of the Central West End area. The theme of the conference was "Phoenix and the Future."

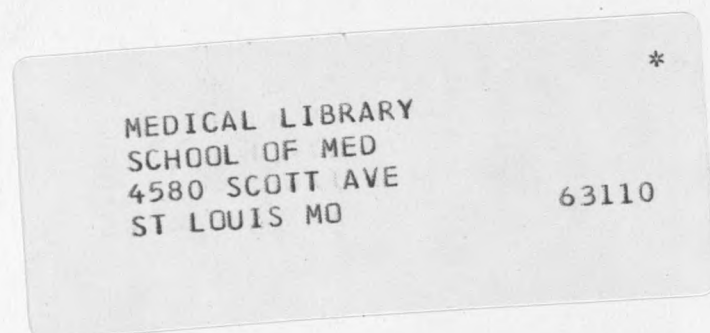
Several departments cooperated in the exhibit giving out health care information as well as demonstrating the Heimlich maneuver and cardio-pulmonary resuscitation. In addition, approximately 150 persons received hypertension screenings.

The screening process for high blood pressure was repeated at the second exhibit. The second, in the Old Post Office in downtown St. Louis, also featured stress management and food and nutrition. The exhibit was part of a conference on health promotion and injury prevention at the worksite.

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Barnes Hospital Plaza  
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The conference, designed to promote health awareness to employer groups in the St. Louis area, was co-sponsored by the Hospital Association of Metropolitan St. Louis, the Health Systems Agency and that agency's Local Impact Committee.

Featured speaker at the event was Jay Randolph, St. Louis sportscaster and spokesman for Blue Cross. Approximately 140 blood pressure screenings were provided to employers and the public during the two-day conference.

The exhibits were made possible through the cooperation of the department of education and training, volunteer office, Barnes Auxiliary, School of Nursing and public relations.

## Dietetic interns graduate from Barnes school

Nine Barnes dietetic interns graduated April 28, at 2:30 p.m. in the first floor student lounge of the school of nursing. According to Cynthia Foster, associate director of education, clinical dietetics, the graduates are now eligible to take a national licensing examination. Ms. Foster said the prerequisite for a dietetic internship is a bachelor of science in dietetics.

The dietetic graduates received management and clinical experience by rotating throughout the hospital. Graduate Debbie Lockhart will continue her dietetic career with Barnes as a staff dietitian. Ms. Lockhart will work on 4400, 5400 and 7400.

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