

# Barnes Bulletin

## New orientation programs now being offered

A new orientation program has been developed by the education and training department for all new employees as well as any employee already on staff who may benefit from any component of the orientation.

Rusti Moore, director of education and training, said that the program reflects the input of department heads, supervisors, involved committees and participants. Purpose of the orientation sessions is to increase productivity of departmental training people, economize time and help new employees develop an increased sense of belonging to Barnes, said Mrs. Moore.

She added, "General orientation can provide the employee a positive introduction to the hospital, add to employee satisfaction and possibly to length of employment, and provide the employee with consistent understanding of Barnes goals and objectives. A hospital-wide general orientation lessens duplication of effort and can provide a consistent, positive approach to patients and co-workers."

General orientation is offered on a cyclic basis beginning on the first and third Mondays of the month starting at 8 a.m. These week-long sessions began October 17-21. The remainder of this year's schedule includes December 5-9 and December 19-23.

Some sessions are required for all employees but others are optional at the discretion of the department head, based on the employee's previous work experience, education, background and job responsibilities. All orientation components will also be available to employees on staff as a method of review and clarification.

## Final UW results exceed goal; set Barnes record

Barnes Hospital employees gave a record \$71,303.69 and surpassed the goal during the recently completed campaign according to final totals released by Joseph Greco, coordinator of the drive at Barnes.

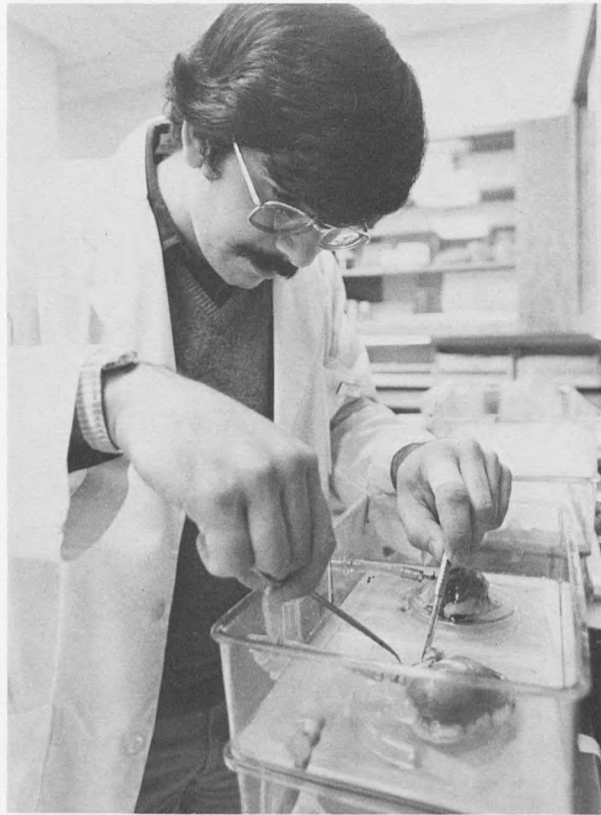
The campaign marked the third consecutive year in which Barnes Hospital has exceeded its goal. The goal for 1977 was \$67,750.

Mr. Greco said the campaign results proved again that Barnes employees are concerned about the needs of others. "Our record of United Way support over the years has proved that Barnes is a community of individuals who work together to get things done."

The Barnes drive results were a significant portion of the \$427,874 raised by the United Way's Medical Division. Overall, the United Way of Greater St. Louis raised \$19,271,187 to support more than 100 United Way agencies in the metropolitan area.

**Front cover:** Judy Shanklin, dietetics, displays a variety of Christmas tree ornaments she has made. (See center spread story.)

Barnes Hospital, St. Louis, Missouri, December, 1977, Volume XXXI, Number 12



Steve Haid, perfusion technician, is in charge of the kidneys from the time they are removed from the donor until they are transplanted at Barnes or transported to another area for transplant.

## Organ donations—a very special gift

The one solace for the overwhelming grief that accompanies the sudden death of a loved one frequently is being able to perform some final act that will make the tragedy less meaningless. More and more persons today are finding some measure of comfort from knowing that through organ donations one family's tragedy can offer life to people whose only hope is for a very special gift that cannot be bought at any price.

"Frequently families have casually discussed organ donation and indicated the hope that should something happen to one of them, they would like their death to help someone else. The discussion usually goes no further than that, but when a sudden disaster strikes, the parent, or spouse, or child of the dying patient will remember the conversation and be comforted knowing that by making arrangements for organ donation, they have taken a positive step that their loved one would approve and thank them for," Marge Maeser, transplant coordinator, pointed out.

She described one such incident that happened here. A middle-aged man suffered a severe head injury in a freak accident and was brought to Barnes, where it was soon apparent that because of the massive trauma to the brain, surgery was hopeless.

During the week her husband lay in a coma that she knew would end in his death, the man's wife recalled a discussion during which they had decided that if anything happened to either, they would like to be an organ donor. "She asked his doctors if there was any way to help someone else since her husband would not live. They then asked me to meet with the wife and tell her that her husband could be a possible donor after his death if she so desired. Like many families, she found some relief in knowing that her tragedy

might save someone else's loved one," Ms. Maeser said.

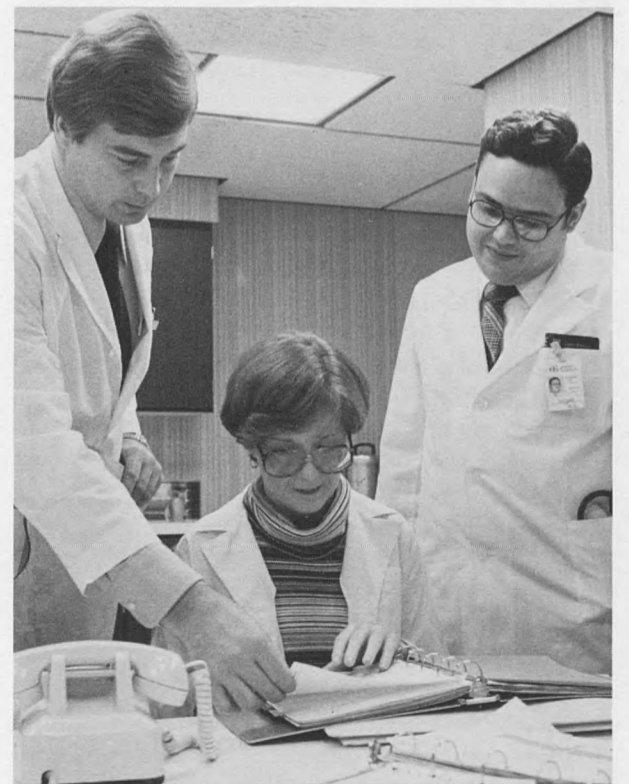
The donor's identification and the recipient's identification are kept confidential in all cases, but the transplant team always writes a follow-up letter to the donor's family telling them the outcome of the donation. "Most people want to know whether the organs were suitable for transplant and if so, whether the recipients were adults or children, etc. We try to tell them as much as we can so long as the names of the people involved are kept secret," Ms. Maeser added.

Ms. Maeser, an RN, spends much of her time working with people who want to arrange organ donations. Many fears surface in the questions she is asked. Relatives of organ donors need to be assured that neither eye nor kidney removal will alter the appearance of the body for customary burial purposes; nor will the process in any way delay funeral arrangements.

"Removal of organs is a surgical procedure and fear of mutilation is unfounded. It is vitally important that relatives know and understand this," she said. "There is a short, critical time immediately after death during which organs can be retrieved. For kidneys, this is only 30 minutes."

After the kidneys are removed, Steve Haid, the transplant team's perfusion technician, is in charge of them until they are either transplanted to a patient at Barnes or transported to another transplant center where a more suitable match is possible. Ms. Maeser emphasized, "Kidneys are too valuable for any to be wasted. So if there is not a suitable match here in St. Louis, the kidney is flown by commercial airliner to one of 30 other transplant centers in the country." Steve Haid has this responsibility no matter what hour of the day or night the kidneys become available. "The maximum time between retrieval and transplanting of a kidney should not exceed 72 hours, and 12 to 24 is what the transplant team strives for," Ms. Maeser said.

(Continued on next page.)



Drs. Edward Etheredge and Gregorio Sicard, transplant surgeons, consult with Marge Maeser, transplant coordinator.

## Organ donations

(Continued from page 1.)

If there is a good tissue match with one of the 280 adults and children on dialysis in the St. Louis area, the patient is called to come into the hospital immediately and is admitted on a priority basis. If the potential recipient is found to be suitable for surgery, the operation is performed as soon as possible. Many times this will be in the middle of the night, but the transplant team, including doctors, nurses, anesthesiologists, tissue typers and technicians, is always on call.

In the case mentioned earlier, the transplant team was able to report to the wife that her husband's organs had helped four persons, three adults and one child; and that two people are able to lead a normal life without being tied to dialysis several days a week and two others can see again.

Drs. Charles Anderson, Edward Etheredge and Gregorio Sicard, the kidney transplant surgeons at Barnes, report that the majority of the kidneys used here are flown in from outside the St. Louis area because there are not enough people here making provision for donation of organs. "As more people become aware of the need and the opportunity to donate kidneys and corneas, we will be able to help those people whose only hope is this kind of gift from a stranger," Dr. Etheredge pointed out. "And it is very heartwarming to know that one family has considered the dire needs of another family at the time of their own great loss."

Both Ms. Maeser and Dr. Etheredge agree that the best way to assure that one's organs will be used after death is to discuss it now, both within the family and with one's family doctor. "This is something that must be done immediately after death, so having such a provision written down in a will or elsewhere is usually not practical," Dr. Etheredge pointed out. Medical center employees and their families have the opportunity to register as future donors through Lifeline. Further information may be obtained from Ms. Maeser at 2911. In January, the Lifeline Donor Registry will be expanded to serve people throughout the St. Louis area. Information may be obtained by calling 862-7170.

## Orthopedic chair to honor Dr. Reynolds

The National Football League and the St. Louis Football Cardinals have joined forces to establish the Fred C. Reynolds Chair of Orthopedic Surgery and Research.

Ceremonies kicking off the campaign were held in late September at Busch Stadium. Representing NFL Charities, George Halas made the initial donation of \$35,000 and Cardinal president Bill Bidwell matched that sum to launch the campaign to raise approximately \$1 million.

Dr. Reynolds, a Barnes orthopedic surgeon and former orthopedic surgeon-in-chief, was team surgeon for the Cardinals for many years and continues to be on the field for home games even though he has relinquished his official title and no longer travels with the team. Comments from those associated with the football team emphasize that Fred Reynolds is a special person as well as a concerned team doctor.

Cardinal trainer John Omohundro, who has worked closely with Dr. Reynolds for a number of years, recalls, "When I first met him, I was kind of afraid of him. He seemed like a gruff old tyrant. But the image I have of him now is that he's one of the last few country doctors, with brilliant credentials."

Dr. Gordon Newton, former Cardinal physician, explained to *Globe-Democrat* sportswriter Rich Koster why football players admire Dr. Reynolds so highly: "Any athlete, any patient knows he'll hear the truth when he talks to Fred. He has a near fanatic respect for integrity and honesty. He's a lesson in living. His philosophy of life is where it all starts."

Dr. Reynolds acknowledged this philosophy: "I was lucky I came from a small town, where honesty was the most important thing. We didn't have much. Nobody had anything. Only his own character. The people were brutally honest. It was all we had. I guess that honesty has carried over to candor with patients. You know, I don't have much tolerance for stupidity. And none for dishonesty."

## New form streamlines diet changing process

Data processing, dietetics and nursing service have jointly developed a new diet change form which is now being used on a trial basis. After six months, the form will be re-evaluated and changed as needed.

The multiple-part form lists each patient on a nursing division as of the midnight census of the previous night. A dietitian's assistant fills in by each patient's name the type of diet they had for their breakfast meal: clear liquid, no meal, regular meal, for example. The dietitian's assistant then gives the form to the nurses station on the floor.

At the nurses station, the form is reviewed before every meal and diet changes ordered by the doctors are recorded next to the patient's name. If the diet remains the same no entry is made. The form is then initialed by an R.N. on the floor and by a dietitian.

Before the new form was developed, news of a diet change was transported to the departments involved on individual slips of paper. The average patient at Barnes has about four diet changes during their stay, so there were possibilities for error. The advantage of the new form is that the status of all the patients' diets is recorded on one sheet of paper and changes can be checked on at a glance.

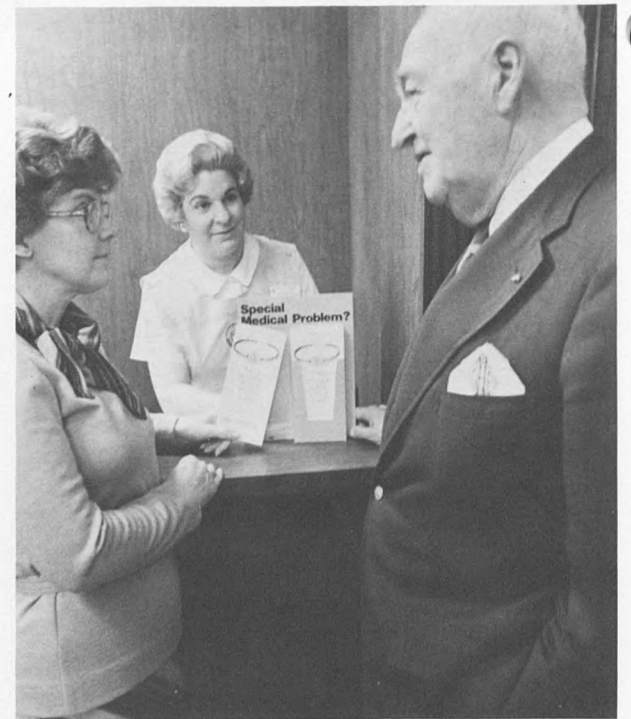
"The new form really cuts down on phone calls asking if a diet change has been made," said Kathy McClusky, acting director of dietetics. "Everyone can tell right away by looking at the sheet."

"The new form is a legal document that formalizes our mealtime records," Mrs. McClusky added. "Now the nursing division, the clinical dietitian and food service all have an up-to-date copy of the information."

## Auxiliary sponsors Medic-Alert program

Many of the Barnes Hospital Auxiliary projects are intended to make money, money which is returned to the hospital each year to complete various Auxiliary pledges. However, one Auxiliary project is not intended to make money. It is intended to save lives. The Auxiliary sponsors the Medic-Alert program at Barnes.

Medic-Alert is a nationwide program to identify potentially dangerous illnesses or diseases. "We began the program here two years ago," said Carol Minor, president of the Auxiliary. "We have found that many persons are taking the



Auxiliary president Carol Minor and projects chairman Audrey Kolker discuss Medic Alert program with Dr. Oscar P. Hampton, Jr.

brochure from the display racks throughout the hospital and we have had several persons take the time to thank us for providing the service."

Medic-Alert enables persons with illnesses or diseases such as diabetes, heart conditions, epilepsy, asthma or allergies to wear a small piece of jewelry such as a bracelet or necklace which will alert medical personnel to the conditions. Persons with medical problems or conditions that cannot be easily seen or recognized have profited from the Medic-Alert program.

The Medic-Alert emblem, when engraved by the Medic-Alert Foundation, gives the medical problem, the file number of the wearer and the phone number for Medic-Alert's central file. The information is available by collect telephone call 24 hours a day.

Medic Alert Foundation International was founded in Turlock, Cal., in 1956 after a doctor's daughter suffered a severe reaction to a sensitivity test for tetanus antitoxin. The Foundation is nonprofit and its services are maintained by a one-time-only membership fee and voluntary contributions.

Dr. Oscar P. Hampton, Jr., emeritus orthopedic surgeon at Barnes, is a member of the Medic-Alert advisory board and has been involved in reviewing literature associated with the Medic-Alert program.

## Orthopedic Center includes Nautilus gym equipment

Nautilus exercise equipment, which is ordinarily used primarily by professional athletes, is the unique aspect of the new Orthopedic Center on the third floor of the Irene Walter Johnson Institute of Rehabilitation.

The Center was established in memory of William G. Moore, Jr., by his family and friends. Dedication ceremonies were held October 26.

The new Center is the only place in the midwest and one of just a few places in the country where such equipment is being used for rehabilitative purposes. It was chosen because of its durability and efficiency in improving muscle strength and endurance, according to Dr. Leo A. Whiteside, orthopedic surgeon-in-chief and co-director with Dr. Jordan H. Ginsberg of the Center.



Donald Pendleton, who was honored for 30 years' service in plant engineering, posed with OR head nurse Betty Colter.



Symantha Qualls, who received a 20-year pin, accepts congratulations of Barnes administrators.



Clovica DuBois and Hattie Mosley, 10-year pin recipients, take time out to relax during the festivities.

## Many employes honored at service awards dinner

Almost 100 Barnes Hospital employes were honored during an employe service awards dinner November 18 in the Tiara Room of the Chase-Park Plaza Hotel.

Dale Pendleton, plant engineering, received a pin for 30 years of service and five others were honored for 25 years of service. They are Ada Ellis and Theda Guzman, nursing service; and Dorothy Proost, personnel health. Shirley Giachetto and Artis Waller, nursing, were unable to attend the dinner but received their pins later.

In addition, other employes were honored for 20, 15 and 10 years of service. Each have employment anniversaries between July 1 and December 31. Earlier this year a dinner was held for employes with anniversaries between January 1 and June 30.

Jeweled pins are presented annually to employes celebrating anniversaries of 10, 15, 20, 25, 30 or more years (in five-year stages).

Hospital President Robert E. Frank and other administrators presented the pins. Walter Hanses, associate director and director of personnel, served as emcee for the evening and Chaplain David Wyatt delivered the invocation.

Receiving 20-year pins were John Brown, Leola Frey, Gladys Gantt, Josephine Haney, Ruth Harris, Venita Holcomb, Carrie McClure, Frankie McCree, Symantha Qualls, Lillie Reeves, Carrie Sanders and Lettie Smith.

Fifteen-year honorees were Mattie Bell, Lillie Bemon, Lizzie Mae Brown, Annie Clemont, Audrey Cooper, Eileen Corbett, Lucille Jankowski, Dorothy Lampe, Gloria Long, Robert McAuliffe, Verleane McGee, Virginia Osterloh, Ollie Belle Powell, David Pruitt, Sylvia Rajnoha, Sarah Reece, Helen Rumpf, Lillian Russell, Eugena Schooley, Mildred Smith and Fred Trost.

Receiving ten-year pins were Gwen Adams, Jeanette Bonner, Mattie Borders, Peggy Brew, Eugene Brooks, Alms Brown, Evelyn Brown, Flossie Byrd, Lillie Camacho, Chun Chiu, Mary Alice Clanton, Bernice Conley, Carlene Cooper, Shirley Cozean, Robert Dickey, Margaret Dorn, Eddie Doss, Clovica DuBois, Mary Dunbar, La-Jean Edwards and Helen Foster.

Ruth Ann Gilliam, Carol Gruber, Delores Guidorzi, Joan Halbrook, Louise Hale, Magnolia Howell, Sandra Hughes, Woodrow Hughes, Hazel Irvin, Sam Joiner, Osby Kendrick, Grace Knechtel, D'Aster Lunnie, Ruth McCleod, Lurdean McFadden, Blanche McPhearson, Shirley Mitchell, Hattie Mosley and Helen Mowry.

Virginia Orms, Barbara Pereira, Dorinda Polk, Lucy Pollion, Mattie Powell, Dorothy Raines, Celia Real, Kay Robinson, Mary Saum, Gertrude Smith, Vernona Smith, Lucille Spencer, Margaret Taschler, Lecie Tinnin, Blanche Wakeland, Barbara Walls, Linda Wiedemann, George Wintergalen and Geretha Woods.

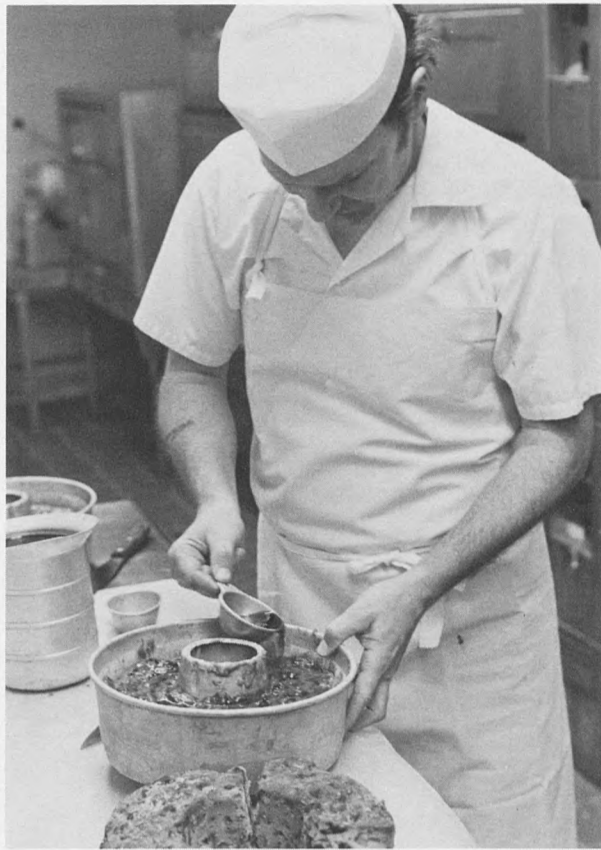


Dorothy Proost receives congratulations and a 25-year pin from Mr. Frank.

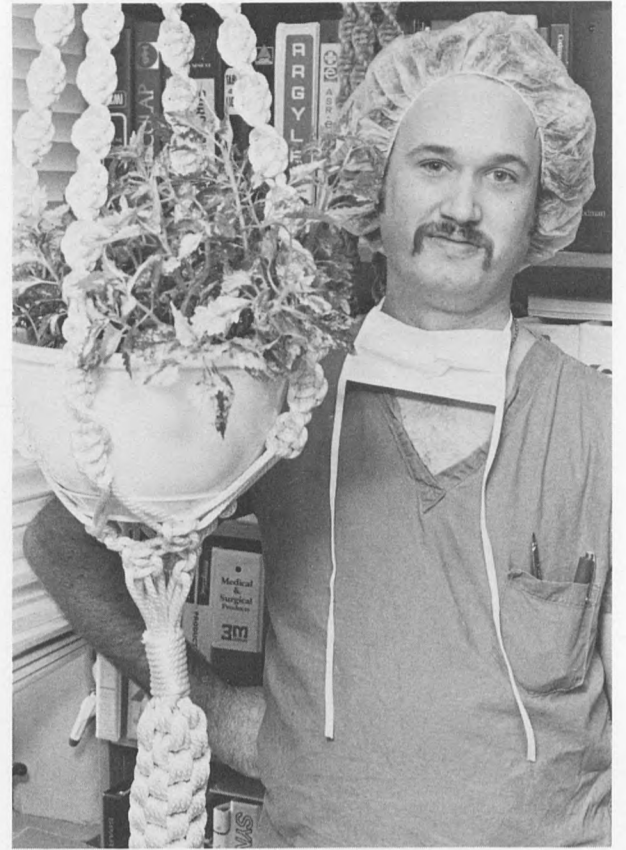
## Stitchers and bakers and ornament makers



Holly Hobby, a favorite this Christmas, takes the form of a dress and a doll for someone on the Christmas list of Linda Wiedemann, print shop.



Jim Wallace's fruit cake receives a weekly dose of brandy-flavored cherry juice.



Knotted rope becomes a unique plant hanger by the hands of Jim Lotz.

# Going Home (made) for the

Children have traditionally been experts at home-made gifts and decorations for the holiday season, pasting macaroni into various shapes, then splashing them with gold spray paint. Unfortunately, by adulthood America's wage earners think they should be big spenders when it comes to gift-giving. Untrue. Many Barnes employees know, and will cheerfully tell you, homemade gifts carry twice the love and a fraction of the cost of the gifts you get by spending hours fighting maniacal shopping center crowds.

If you feel uneasy about making things with your own hands, you might want to start out by baking. There are several advantages to baking: you can follow step-by-step, detailed instructions; almost everyone will freely praise your successes and politely swallow your disasters—whole; if you have no successes you can always blame it on your oven's quirky thermostat. But, don't worry now about the outcome. Plunge into these tested recipes.

Margaret Etavard, medical records, offers a recipe for rum balls that will surely please even a crabby great-uncle, especially if consumed in quantity. Make the rum balls at least a week ahead so they can develop their flavor. (Note: The balls are not baked, so you can't blame the oven for errors.)

### Rum Balls

2 c. fine vanilla wafer crumbs	2 T. cocoa
1 c. finely chopped coconut or pecans	2 T. white corn syrup
1 c. powdered sugar	1/3 c. rum, brandy, Cointreau or whiskey

Mix all ingredients well. Shape by teaspoonfuls into firm balls and roll in powdered sugar, instant coffee or dry cocoa. Store tightly covered. Makes about 50.

Another holiday recipe featuring spirited flavoring is Jim Wallace's fruit cake. Jim is Barnes chief baker and he's been cooking professionally for 20 years, concentrating on baking for the last 13 years. Jim cut his normal recipe for 20 cakes down to four, a more manageable number for home bakers. You can cut the recipe down even further, he said. This is another make-ahead recipe, so get to work as soon as you finish reading about it.

### White Fruit Cake

1/2 oz. rum flavor	1 3/4 lbs. all-purpose flour
1 oz. brandy flavor	1/4 oz. cream of tartar
1 1/2 lbs. white raisins	pinch of salt
1 1/4 lbs. candied fruit (citron)	pinch of mace
3/4 lb. candied cherries	grated rinds of 2 lemons
1 1/2 lbs. sugar	grated rinds of 4 oranges
1 1/2 lbs. margarine	1 lb. chopped walnuts
20 egg whites	6 oz. chopped pecans
2 oz. sherry	

One to 12 hours before baking: Soak fruit in brandy and rum flavor mixture. Cream the sugar and margarine and gradually add the egg whites. When thoroughly creamed, add the sherry and beat 2-3 minutes. Add the rest of the ingredients except the fruit mixture and the nuts. Mix until smooth. Then add the fruits and nuts. Bake 2-3 hours at 300° in pound pan.

Mix 1 qt. brandy and 1 pt. maraschino cherry juice. Wrap the cakes with cheesecloth and pour 1/3 c. of this mixture over each cake. Then wrap tightly with aluminum foil. Repeat once a week for three weeks. Then the cakes are tinted, flavored and ready to eat. Makes 4 cakes.

On a smaller scale in the baking arena are Vivienne Dobbs' hermit cookies. During the year,

Vivienne works in Barnes recovery rooms. But come holiday time, Vivienne is transformed into the "cookie lady." The children in her neighborhood know that a visit to Vivienne's house gives them a chance to pick a homemade cookie hanging on her Christmas tree.

Vivienne pokes a hole in the top of each cookie with a large-eyed needle, while the cookies are still warm. "I always double the recipe," Vivienne said, "because it's easy to break the cookies when you're poking the holes." The broken cookies are just as tasty as those that hang on the tree and here is how to make both kinds:

### Hermits

1 c. shortening	2 t. cinnamon
2 c. brown sugar	1 t. nutmeg
2 eggs	1/2 c. sour milk or buttermilk
3 1/2 c. sifted all-purpose flour	1 c. walnuts
1 t. baking powder	2 c. raisins or candied fruit
1 t. baking soda	1 c. chopped dates
1 t. salt	

Cream shortening and sugar thoroughly; add eggs and beat well. Sift dry ingredients together and add to creamed mixture, alternating with milk. Add nuts and fruit. Drop by heaping teaspoons onto greased cookie sheet. Bake at 375° 10-12 minutes. Makes about 6 dozen.

Vivienne's cookies don't last long on her tree, so if you are looking for something a little more permanent in Christmas decorations take a tip from Carol Hauser, cashiers office. Carol has produced about two dozen needlepoint ornaments this year for the trees of her relatives. "My family doesn't believe in gifts that you buy in the store," Carol said. "Homemade gifts and decorations are a lot less expensive plus you put a lot more love into them."



Little girls' ponchos and hand-painted cutting boards are among the homemade items under Betty Falkenberg's Christmas tree.

Christmas preparations keep recovery room nurse Christine Ransom in stitches, too. She has hand-sewn a beautiful Christmas tablecloth, sparkling with sequins and stars. She says homemade decorations are "the most inexpensive and, I think, the prettiest."

Men can get into the homemade act, too, with an expertise equal to that of women. Jim Lotz, nurse assistant, proves that with his macrame plant hangers. His elaborate knots and designs may be too much for the beginner to handle, but even the most advanced macrame-ers started with a few simple knots.

Sometimes it's the sheer quantity of gifts that prompts the thrifty giver to develop skills with handmade projects. "We number 22 in the immediate family," said Betty Falkenberg, Barnes security. "With that many gifts to give, homemade saves money. I feel that homemade has just a little more love, too."

Betty's projects this year include crocheted ponchos for four granddaughters and pajamas for her grandsons. She usually crochets four afghans by Christmastime, too. "If I have to take a bus or wait in a restaurant I take my work out and crochet like crazy," she said.

Gina Hamilton, 6200 head nurse, takes her homemade gift-giving a step further than her family. She makes a present for each of the 35 people she works with on the floor. "I feel like it's more of a personal gift if you've made it yourself," she said. "After a whole year, people have to know that you appreciate their work. I realize they get paid, but there's more to work than that."

And there's more to the holiday season than fighting the crowds at the checkout counters. Maybe this is the year you should join Barnes stitchers and bakers and ornament makers, if you haven't already discovered the satisfaction of going homemade at the holidays.

# Holidays

Carol started at the beginning of the year making needlepoint and ceramic ornaments. She also makes pillows and is taking a class in patchwork quilting. So how does she find time for gift-making? "While I'm stopped at a stoplight I pull out my needlepoint and start stitching," she explained. Each little needlepoint picture is framed in a stained or painted drapery ring which comes with a hook for easy tree hanging.



A Christmas tree hanging made of discarded jewelry sparkles among Christine Ransom's decorative creations.



Terry Clawson, cashiers office, works on a crewel embroidery picture. In the foreground are two other

hand-stitched pictures, and ceramic pots Terry made "from scratch."



Judy Shanklin, dietetics, demonstrates the assembly of a snowflake Christmas tree ornament. In the foreground are 2" corsage pins, on which she slips a snowflake spangle, 4 plastic faceted beads and a cup sequin. The pins are then inserted into a 3/4" styrofoam ball. Judy says each ornament takes about 20 minutes to make and costs \$1.39 in a kit, or about 60¢ if you buy the materials separately.

## Quit Smoking Clinics to begin next month

The American Cancer Society wants to reduce cigarette smoking by 25 percent by 1982 and soon Barnes employees and other St. Louis residents will be invited to participate in Quit Smoking Clinics that will help meet that goal.

Quit Smoking Clinics, developed by the ACS, are not a new concept but the idea of hospitals sponsoring them is. Barnes is among ten hospitals in the U.S. that have been selected as project sites. The American Society for Health Manpower Education and Training and the ACS administer the quit-smoking program.

Marilyn Moss, instructor in the education and training department, is the coordinator of the Quit Smoking Clinics to be held at Barnes. In late October, Ms. Moss attended a training session in Chicago.

"The initial success rate of the Quit Smoking Clinics is very high," Ms. Moss said. "Nearly 90 percent of the participants actually quit by the end of the program." However, Ms. Moss noted, the success rate over a period of time drops to 20 percent.

Ms. Moss quit smoking shortly before attending the coordinator training program. She said she may have an advantage as course instructor because an ex-smoker knows what it feels like to quit.

Each Quit Smoking Clinic consists of two two-hour sessions each week for four weeks, a total of 16 hours. A fee of \$12 is required for participation. A session for employees will be held in January and one for community smokers in March or April. Twenty people will be selected to participate in each session. An informational meeting will be held January 3 to screen applicants. Criteria for selection include extent of smoking, changes in health due to smoking and dedication to quitting.

"The first four sessions of the clinic are spent on 'unfreezing,'" said Ms. Moss. "During unfreezing we try to get the smokers to see the reasons for quitting. The last four sessions are for freezing the participants into a non-smoking attitude."

Rusti Moore, director of education and training, said Barnes is pleased to be among those hospitals selected for the program. "We strongly feel that hospitals should be involved in educational programs which help people *before* they need hospitalization," she said. "Since cigarette smoking has been linked to various serious illnesses, I think it is important that we aid those who really want to quit smoking but who have not been able to do so."

The ten hospitals selected to operate pilot programs will make recommendations for other hospitals that want to establish quit smoking programs. Eventually, Barnes may serve as a training site for other area hospitals that want to begin Quit Smoking Clinics.



Marilyn Moss (right) goes over "Stop Smoking Guide" with Jill Littman of the American Cancer Society.



Easy Hill receives a pin and a kiss from hospital president Robert E. Frank. Mrs. Hill has contributed 11,000 hours of volunteer service to Barnes.

## Reception is held for hospital volunteers

A pin signifying 11,000 hours of service was presented to Easy Hill during the Barnes Hospital Volunteer Reception held November 11 in the Olin Residence Hall.

Mrs. Hill, a volunteer in the Nearly New Shop, received the pin from hospital President Robert E. Frank during the reception to honor men and women who volunteer their services to Barnes in patient care and non-patient care areas.

Katie Beyer, director of volunteers, said that during 1976 a total of more than 75,000 hours of service was provided to Barnes by more than 600 volunteers.

Featured during the reception was volunteer Maisie Breckenridge, a native of Scotland, who performed Scottish folk dances.

## Nursing schools form statewide association

Diploma schools of nursing in Missouri have formed a statewide organization, and Barbara Bradshaw, director of Barnes Hospital School of Nursing, has been elected secretary-treasurer.

The organization, which was formed August 30, has adopted the name, Show-Me State Diploma Nurse Educators. It represents a cooperative effort of diploma schools of nursing in Missouri to voice their commitment to continue to prepare competent professional nurses to meet health care needs of the consumer.

Specific goals are: to promote diploma education as a viable way of preparing registered professional nurses; to demonstrate the public's reliance on contributions that graduates of diploma nursing programs are making to health care in Missouri; to provide channels of communication to appropriate persons and to the public regarding the status of diploma nursing education; to encourage and support opportunities for upward mobility for graduates of diploma programs in nursing; to share information and common concerns through meetings and correspondence; and to seek and maintain representation on appropriate agencies and boards.

Lorraine M. Sherk, director of St. Luke's Hos-

pital School of Nursing in St. Louis, was elected chairman of the organization. She also holds membership on the governing council of the Assembly of Hospital Schools of Nursing of the American Hospital Association; and on the board of review for diploma programs of the National League for Nursing.

Miss Bradshaw is chairman of the council of deans and directors, St. Louis Area Schools of Nursing, and is a member of the committee on regulations of the Assembly of Hospital Schools of Nursing.

## Ruth Yakel receives Copher Memorial Award

Ruth M. Yakel received the Marjorie Hulsizer Copher Memorial Award, and Doris Canada received the ADA Medallion Award at the 60th annual meeting of the American Dietetic Association held October 13 in Los Angeles.

Barnes associate director Joe Greco made the presentation of the Copher Award to Ms. Yakel "in recognition of her untiring efforts, vision, administrative talents, farsighted judgment, resourcefulness, creative imagination and responsible leadership." She served as executive director of the ADA from 1950 to 1972.

Mrs. Canada, who was director of dietetics at Barnes for 17 years until her retirement in July, was recognized for "her continuous support of professional activities, inspiration of dietetic interns, encouragement of professional growth and development, and her enthusiastic Copher Award presentations which upheld the philosophy of excellence of dietetic practice fostered by the award."

The Copher Award is administered by Barnes Hospital with recipients selected by the executive board of the ADA. Mrs. Copher was chief dietitian at Barnes prior to her marriage to Dr. Glover Copher in 1925. Upon her death in 1935, Dr. Copher established the award, the highest honor given by the ADA. Ms. Yakel is the 33rd recipient.

## Doctors notes

Dr. Paul E. Lacy, Barnes pathologist-in-chief and a leading beta cell pathologist and pioneer in the field of pancreatic transplants, was one of the speakers on diabetic research at a conference in Indianapolis on November 1 sponsored by the Juvenile Diabetes Foundation.

On November 17, the St. Louis Society for the Blind presented Dr. Bernard Becker, Barnes ophthalmologist-in-chief, with its highest honor, the Leslie Dana Gold Medal, for outstanding work in the prevention of blindness, "to commemorate Dr. Becker's gift of research, leadership and training that others may see."

Dr. Thomas B. Ferguson, Barnes cardiothoracic surgeon, has been elected chairman of the American Board of Thoracic Surgery. This 15-member board is responsible for certification of surgeons in the specialty of thoracic and cardiac surgery after completion of seven years of post-doctorate residency training.

Dr. Jack Hartstein, Barnes ophthalmologist, was a guest speaker and course instructor in intraocular lenses at a meeting on November 5 at St. Vincent's Hospital and Medical Center in New York City. He has also been invited to be guest speaker at the First International Congress of the Indian Contact Lens Society to be held in New Delhi in October, 1978.

## Tribute Fund

The following is a list of honorees (names in **boldface**) and contributors to the Barnes Hospital Tribute Fund from Oct. 21 to Nov. 18, 1977.

### IN MEMORY OF:

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| <b>Bertha Hall</b><br>Mrs. Margot Hastings   | <b>Mrs. Ruth Mitchell</b><br>Mr. & Mrs. William Phelan  |
| <b>Mrs. Lucille Palank</b><br>Hannah Golden<br>Mary Payne<br>Katherine Steele<br>Laura Williamson<br>Eleanor Potter<br>Ceil Strecker<br>Lee Hayward<br>Billie Erickson<br>Ruth Sneed<br>Victoria Driekie<br>Edie Curtis<br>Nina Smith<br>Henrietta Bowman<br>Mary Long<br>Shirley Pfeifle<br>Elaine Henneker<br>Blanche Papendick<br>Katherine Reid<br>Catherine Rumpf<br>Helen Rumpf<br>Ellen Baron<br>Gertrude Barth<br>Mary Britt<br>Clara Pixley<br>Dolores Shepard<br>Mable Westmoreland<br>Katie Beyer   | <b>Ralph R. Neuhoff, Jr.</b><br>Mr. & Mrs. Robert P. Miller<br><b>William Yates</b><br>Mr. & Mrs. Herman Carl Fehr<br><b>D. Donald Knowles, Jr.</b><br>Mrs. Gene Wilkey<br><b>Mrs. Charles Orchard</b><br>Mrs. Charles Goldman<br>Mrs. Milton Kahle<br><b>Dr. Albert C. Stutsman</b><br>Barnes Hospital Board of Directors<br>Mrs. Cecil C. Charles<br>Ruth Berg<br>Carolyn C. Martin<br>Dr. Morriss Davidson<br>Miss Nancy Craig<br>Mrs. Norman Begeman<br>Mr. & Mrs. D. C. Elsaesser<br>Mr. & Mrs. Thomas F. Latzer<br>Mr. & Mrs. Herman Telthorst<br>Mr. & Mrs. Knute Aronson<br>Rev. Herman Leutzow<br>Mrs. William B. Kountz<br>Dr. & Mrs. T. E. Sanders<br>Dr. & Mrs. Minot Fryer<br>Dr. & Mrs. E. B. Alvis<br>Gladys Gunness<br>Mary, Scott, Mike, & Don Robertson<br>Mildred Beims<br>Barnes Hospital Society<br>Mrs. Landon C. Lodge<br>Dr. & Mrs. James Pennoyer<br>Charles Kindred<br>Mrs. Louis T. Byars<br><b>Francis Welta</b><br>Barnes Hospital Auxiliary<br><b>Dr. Robert Koch</b><br>Barnes Hospital Board of Directors<br>Barnes Hospital Society<br><b>IN HONOR OF:<br/>Ellen C. Zimmerman's<br/>Birthday</b><br>Alice & Abraham Uchitelle<br><b>Mr. &amp; Mrs. Percy Tucker's<br/>New Home</b><br>Mr. & Mrs. Philip L. Moss<br><b>Mr. M. R. Chambers</b><br>Judge & Mrs. Roy W. Harper |
| <b>S. Alan Jacobs</b><br>W. R. Persons   |   |
| <b>Mrs. Velma Votaw</b><br>Mrs. William B. McMillan  |   |
| <b>Bradford Shinkle</b><br>Mrs. C. Oscar Lamy  |   |
| <b>John Watkins</b><br>Billie P. Houk<br>Mr. & Mrs. John D. Hill<br>Thomas & Donna Bader<br>American Tool Sales<br>Mr. & Mrs. Russell F. Smith<br>Joel Hodes & Family<br>Mr. & Mrs. Norman J. Schaum<br>Mr. & Mrs. Richard Dickhaus<br>Mr. & Mrs. Harold W. Greer<br>Mr. & Mrs. Chuck Hacke<br>Robert & Lillian Morse<br>Mr. G. W. Doherty<br>R. G. Parsons<br>St. Louis District Sales,<br>Ford Motor Company<br>Ovaltine Products, Inc.<br>Mr. & Mrs. Leo Stussie<br>K. A. Jermane<br>Bill & Audrey Crossman |   |
| <b>John F. Lilly</b><br>Mr. & Mrs. Philip L. Moss  |   |

## Earl Wilson Memorial Endowment Fund

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| Barbara A. Bable<br>Mr. & Mrs. Charles J. Leitner, Jr.<br>Mr. & Mrs. Frank C. Wilson<br>Ms. Ann Wingerter<br>Mr. & Mrs. Harold Wall<br>Mr. & Mrs. C. F. Kiley<br>Mr. & Mrs. Harry Ransom<br>Mr. & Mrs. Edward A. Nelson<br>J. Hammond Jones<br>Patricia Werner<br>Mr. & Mrs. John Q. Walker<br>Esther Shupack<br>Mr. & Mrs. Glenn W. Pizzini<br>Mr. & Mrs. Don Dudacek | Mr. & Mrs. Joseph Simons<br>Mr. & Mrs. Wayne Weeke<br>Mr. Albert Cassens<br>Mr. Gerald Shashek<br>Lamont H. Heideinger<br>William Rader<br>Tuesday morning bowling league<br>Mr. & Mrs. Charles Schmidt<br>Mr. & Mrs. R. C. Hautzsch<br>A. Blome<br>Mr. & Mrs. Denton Talbert<br>Mr. E. C. Hemmer<br>Glik's Dept. Stores<br>Mr. & Mrs. Arnold W. Sommerfeldt |
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## Memorial Endowment Fund

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| M. G. Helston<br>George E. Foreman<br>Mrs. Ruby S. Webb (in memory of Albert W. Webb) | Mr. & Mrs. Harold Hastings<br>Mr. William A. Boles |
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## Planned Gift Endowment Fund

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| Wilma Merritt<br>Robert W. Hammerstein, Jr.<br>Dorothy H. Remmert<br>Frances A. Parrish<br>Elvan C. Snyder<br>Mr. & Mrs. Paul P. O'Brien<br>Mr. & Mrs. John J. Antul<br>Leo F. Bressler<br>F. C. Deitz<br>Ms. Jane DeVine<br>Mr. & Mrs. Peter Enslin<br>Mr. Sanford M. Gerech<br>Clarise Hamilton<br>Mrs. Olive W. Gilliland<br>Ms. Hildegard Mallory<br>Ms. Dolores A. Moehle | Ms. Louise M. Moeller<br>Ms. Ida C. Mosley<br>Mr. & Mrs. Wally J. Pankowski<br>Mr. Gordon M. Provan<br>Mr. Jack Suroff<br>Ms. Katherine B. Wassmund<br>Mrs. Eleanor H. Harford<br>Dr. and Mrs. Morton Kirsch<br>Mr. & Mrs. Glen Merritt<br>Mrs. Ethel Smith<br>Mrs. M. M. Swan<br>Mr. & Mrs. G. J. Ellis<br>Katherine Neville |
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## Annual Fund

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| Flossie Taylor<br>Sidney Goldring<br>Maude Melosi<br>Mr. & Mrs. Frank E. Vilimek<br>Ms. Edna E. Trotter<br>Mr. Daniel Lang<br>Ms. Luella Pruess<br>Mr. & Mrs. Louis I. Zorensky<br>Victor Beidermann<br>Leola Ann Frey<br>Jane Hejna<br>Mr. & Mrs. Sam Licodia<br>Zane E. Barnes<br>David E. Castles<br>Frank D'Alto<br>William J. Ferguson<br>Solomon Ginsburg<br>John B. Gunter<br>Nelson E. Hearst<br>Mrs. Leona Husmann<br>Mr. & Mrs. Edwin S. Jones<br>Winston H. Jones<br>Mr. & Mrs. Sam J. Lucia<br>Mr. & Mrs. Bert Maechling<br>Mr. D. Marfia<br>James F. Ogle<br>Mr. & Mrs. Arthur J. O'Neill<br>Miss Mary Rotenberg<br>Dr. Ben H. Senturia<br>E. Hank Siesel<br>Dr. and Mrs. Thomas W. Tusing<br>Mrs. Horton Watkins<br>Paul H. Goessling<br>F. J. Thompson<br>Rose Tullmann | H. G. Debandt<br>Carl Simons<br>Mrs. Mary Giese<br>Edward F. Waho<br>Philip A. Finney<br>James W. Singer, Jr.<br>Janet P. Mange<br>Mr. and Mrs. William Witherspoon<br>Mr. and Mrs. Medford Dudley<br>Mr. Albert Balducci<br>Mr. Mike Brann<br>Mr. Ronald N. Carter<br>Mr. James J. Fontana<br>Mr. Morris Fredlich<br>Mr. Victor Packman<br>Mrs. D. K. Rose<br>Mr. Arnold H. Schwab<br>Ms. May Schwartz<br>Mr. E. W. Sunder, Jr.<br>Steve W. Duisen<br>Mrs. N. D. Jones<br>Mrs. Charlotte Wagner<br>Paul L. Cross<br>E. Desmond Lee<br>Carl H. Hoffman<br>G. W. Lockwood<br>Sarah J. Van Ausdal<br>Miss Estelle H. Frank<br>Mr. Wallace A. Morse<br>Mr. John Pitcher<br>Joseph M. Lombardi<br>Christ P. Apostolopoulos<br>Louis James<br>Miss Beatrice L. Michaud<br>J. Ruwitch, M.D.<br>Emil A. Schwarz<br>Steven Maravich |
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| Mary Block<br>Emil L. Carabelli<br>Mr. & Mrs. Robert F. Smith<br>Alfred E. Preate<br>Jean M. Kautzman<br>Nora Millhausen<br>Mr. & Mrs. Sam Toscano | Kenneth W. Koechig<br>Glen Schaeffer<br>Harold Fehl<br>Mrs. Bernie Brooks<br>Mrs. Herbert Frank<br>Henry W. Schick<br>Flossie Taylor |
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## Patient Care Fund

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| M. Calvin<br>Mary Campbell<br>Maurice McCoy<br>Dennis J. Slaughter<br>Anna Debartoli<br>Phillip Taylor<br>Kathryn Henderson<br>Mrs. Nellie Garvey<br>Harold & Rosemary Costello<br>Blanche Jeude<br>Ms. Harriet Beasley<br>Mr. Donald K. Myers<br>Ms. Neona Beauchamp<br>Ms. Pinkie G. Hayman<br>Mr. & Mrs. Roy S. LeMay<br>Effie C. Moran<br>George Quinn<br>Ms. Ella L. Ahrens | Mr. D. G. Hollander<br>John C. Webber, Jr.<br>Blanche Jeude<br>Mrs. John E. Metz<br>Mr. & Mrs. Dennis B. Hinkle<br>Eleanor Begley<br>Mr. Mimi Fishman<br>Harrison Buerigisser<br>Mr. & Mrs. H. H. Johnson, Jr.<br>Mrs. Edwina West<br>Sr. Ann Reinhart<br>Mr. & Mrs. Robert Harris<br>Mr. & Mrs. Joseph M. Prince<br>Mr. & Mrs. Vernon H. Juergens |
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## Hospital benefactor dies

Earl C. Wilson, an Edwardsville, Ill., real estate developer and benefactor of Barnes Hospital, died October 7 at the age of 68.

Mr. Wilson had made donations to the Barnes Hospital School of Nursing and to the hospital. Survivors include his wife Shari and two daughters, one of whom is Melody, who is pictured on the cover of a Barnes development pamphlet.

## Diabetes Center receives \$6 million grant

Dr. William Daughaday, director of the Diabetes Research and Training Center, has revealed that the center has received a five-year, \$6 million grant from the National Institute of Arthritis, Metabolism and Digestive Diseases of the National Institutes of Health.

The Center, which was originally dedicated Sept. 12, 1975, was for research only during the last two years. Now it is being expanded so that research findings can be translated into patient care. "Our primary function will be in training medical personnel and developing new tools to teach patients how to control their disease. A chronic disease like diabetes is difficult for patients to handle," Dr. Daughaday pointed out.

The Center takes a multidisciplinary approach and includes medicine, metabolism, pediatrics, pathology, psychiatry, surgery, nursing and ophthalmology.

## Nobel Laureate gives Mildred Trotter Lecture

Nobel Laureate Rosalyn S. Yalow, Ph.D., who shared this year's prize for medicine, delivered the third annual Mildred Trotter Lecture in Moore auditorium on November 1. Her subject was "Perspectives of Radioimmunoassay."

Dr. Yalow received the Nobel Prize for her research in endocrinology, the study of glands and the hormones they produce, and for the development of radioimmunoassays of peptide hormones.

**Barnes Bulletin**  
December, 1977

Published by the Public Relations Department of Barnes Hospital, Barnes Hospital Plaza, St. Louis, Missouri, 63110. (314) 454-3515

Daisy Kramer Editor

Anne Albrecht Assistant Editor

Jim Hubbard Director

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## Pay periods, paydays 1978

Period	Starts	Ends	Payday
1	Dec. 18 '77	Dec. 31 '77	Jan. 6
2	Jan. 1	Jan. 14	Jan. 20
3	Jan. 15	Jan. 28	Feb. 3
4	Jan. 29	Feb. 11	Feb. 17
5	Feb. 12	Feb. 25	Mar. 3
6	Feb. 26	Mar. 11	Mar. 17
7	Mar. 12	Mar. 25	Mar. 31
8	Mar. 26	April 8	April 14
9	April 9	April 22	April 28
10	April 23	May 6	May 12
11	May 7	May 20	May 26
12	May 21	June 3	June 9
13	June 4	June 17	June 23
14	June 18	July 1	July 7
15	July 2	July 15	July 21
16	July 16	July 29	Aug. 4
17	July 30	Aug. 12	Aug. 18
18	Aug. 13	Aug. 26	Sept. 1
19	Aug. 27	Sept. 9	Sept. 15
20	Sept. 10	Sept. 23	Sept. 29
21	Sept. 24	Oct. 7	Oct. 13
22	Oct. 8	Oct. 21	Oct. 27
23	Oct. 22	Nov. 4	Nov. 10
24	Nov. 5	Nov. 18	Nov. 24
25	Nov. 19	Dec. 2	Dec. 8
26	Dec. 3	Dec. 16	Dec. 22

### Knight receives award

Charles F. Knight, a member of Barnes board of directors and chief executive officer of Emerson Electric, recently received an award for the successful completion of the 1977 Arts and Education fund drive, which he chaired. The drive surpassed its goal of \$1.55 million.

## Barnes Bulletin

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## Missouri Hospital group holds annual meeting

General and special meetings focusing on hospital problems and procedures were featured during the 55th Annual Convention of the Missouri Hospital Association held in November at Osage Beach.

"Survival Under Pressure—Can Hospitals Do It?" was the theme of the convention, and discussion centered around increasing governmental regulation of the health care industry and President Carter's cost containment program now before Congress.

Speakers included Evelyn Bonander, director of social work; Rusti Moore, director of education and training; and Katie Beyer, director of volunteers, who has served as president of the Missouri Association of Volunteer Administrators.

Carol Minor, president of the Barnes Hospital Auxiliary, and Mary Barenkamp, vice-president, attended Auxiliary meetings and displayed an exhibit about Auxiliary activities at Barnes.

### Genetics head named

Donald C. Shreffler, Ph.D., has been named James S. McDonnell professor of genetics at Washington University School of Medicine. He had been acting head since the department was formed in 1975 to conduct basic science research in genetics. Dr. Shreffler is a specialist in the genetics of the immunologic system and in the genetic basis for organ and tissue transplant rejections.

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# Barnes Bulletin

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December, 1977  
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