

SHELVED IN ARCHIVES

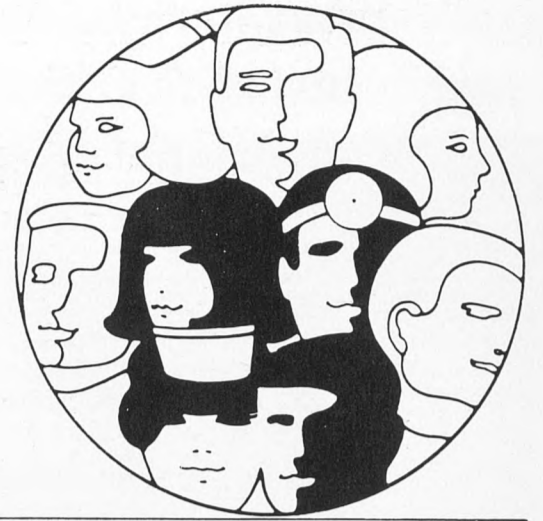
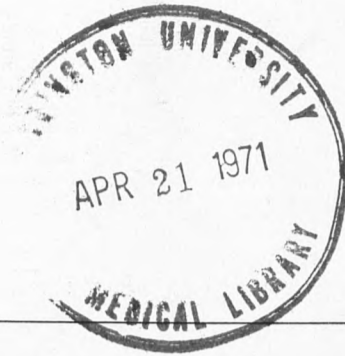
SHELVED IN ARCHIVES

BARNES

Barnes Medical Center, St. Louis, Mo.

**HOSPITAL
BULLETIN**
April, 1971

SHELVED IN ARCHIVES



East Pavilion Construction Nears Half-Way Mark



Progress continues at the construction site of the new East Pavilion at Barnes as brick is being laid on several levels. When this photograph was taken during the week of March 8, structural concrete pourings had been completed for two sub-grade floors and eight floors above ground. The completed Pavilion will have 12 floors above ground and the two sub-grade levels. Completion is expected in the fall of 1972.

Construction on the new East Pavilion addition has almost reached the half-way mark and the project is proceeding on schedule, according to James Claywell, administrative engineer at Barnes. The project began in September, 1969, and will be complete in the fall of 1972.

Mr. Claywell said that the eighth-floor slab has been poured and bricks have been laid from near the ground level to the third floor. Partitioning and plastering are underway in the building's interior—on the ground floor, first and second floors. The basic installation to provide elevator and escalator service is in. The escalator will transport persons from the street level to the admitting section.

The new addition will have provisions and space for patient beds. Patient rooms will be located on levels 1-11. The 12th floor will consist of electrical and emergency power equipment.

Lectureship Honors Dr. Thomas Burford, Surgeon at Barnes

An annual lecture to honor the career of surgeon Dr. Thomas H. Burford has been established at Washington University School of Medicine.

The first lecture will be given by Dr. Michael E. DeBakey, chairman of the department of surgery and president of Baylor College of Medicine in Houston, Texas. It will be at 4 p.m. May 27 in Clopton Auditorium at Barnes Hospital.

A native Missourian, Dr. Burford received a bachelor of arts degree in 1931 and a bachelor of science degree in medicine in 1933 from the University of Missouri. He served his surgical internship and residency at Barnes. In 1951 he was named chief of thoracic and cardiovascular surgery at Barnes.

Dr. Burford is a founding member of the Board of Thoracic Surgery and current president of the American Association for Thoracic Surgery. A past president of the Society of Thoracic Surgery, he has served as an associate editor of *The Journal of Thoracic and Cardiovascular Surgery*.

Funds for the lectureship were provided by friends and former patients of Dr. Burford.

Anesthesiologist Plans Resident Training

Dr. Charles R. Stephen, new anesthesiologist-in-chief at Barnes since March 1, already is assessing his department's strengths and deficiencies and he believes his main tasks are: 1) the immediate recruitment of competent physicians to the Barnes' staff and faculty at the Washington University School of Medicine and 2) the establishment of a residency training program for anesthesiologists.

Prior to Dr. Stephen's joint appointment by Barnes and Washington University, there never had been a department of anesthesiology at W. U. School of Medicine. In fact, no formal resident training programs in anesthesia exist anywhere in St. Louis.

One of the reasons why Dr. Stephen is anxious to establish a resident training program is to help handle the "tremendous volume of clinical work that goes on daily at Barnes, involving about 90 patients. "The heavy patient workload could be handled more easily and quickly with additional trained personnel." Dr. Stephen said he has made application to the American Medical Association for approval and hopefully a new residency training program will be established at the hospital about July 1.

"To have an attractive anesthesia resident training program, first of all, we need to recruit capable physicians and teachers of prominence. The resident training program should be well balanced between the amount of clinical and laboratory exposure.

"The resident anesthesia training program will not interfere in any way with the nurse anesthetist training program which is prominent at Barnes. Both types of training programs are necessary and important because there is a real shortage of personnel in the specialty."



New Barnes' anesthesiologist-in-chief, Dr. Charles R. Stephen.

Auxiliary to Elect, Install 5 Officers At Annual Meeting

Five new officers of Barnes Hospital Auxiliary will be elected and officially installed at the Auxiliary's annual spring meeting and luncheon at 11:30 a.m. Thursday, April 29, in the Mayan Room of Trader Vic's Restaurant. In addition to the voting, a book review will be presented by one of the Auxiliary members, Mrs. Harvey Owen.

During the meeting, the Auxiliary will vote on the following slate of officers who will serve two-year terms: president, Mrs. William G. Moore, Jr.; vice president, Mrs. George L. Minor; and recording secretary, Mrs. Harvey Wittcoff. Also to be elected for three-year terms are two members of the nominating committee from a slate of four candidates. Those mentioned are Mrs. Robert Dahlin, Mrs. Robert Erickson, Mrs. Stuart Lohead and Mrs. Rayferd Smith.

Retiring from office are Mrs. Raymond Meisenheimer, president, and Mrs. Harry Holmes, vice president, who have completed two-year terms.

Another highlight of the luncheon will be Mrs. Owen's review of newspaper columnist Irma Bombeck's humorous book, "At Wit's End." Mrs. Owen, a regular book reviewer, is a member of the Hospital Repertory Players, a group composed of Barnes' auxiliaries who perform parodies and skits describing the medical profession and health careers.

If the Auxiliary members approve the slate of candidates, Mrs. Moore would become the eleventh president of the Barnes' volunteer unit. She has been active steadily in volunteer work at Barnes since 1965. Most recently, Mrs. Moore served as treasurer of the Auxiliary.

Funeral Services Held For Dr. Barry Wood, 60, Former Barnes Doctor

Dr. W. Barry Wood, 60, former physician-in-chief at Barnes from 1942 to 1955, died March 9 in Boston. Dr. Wood, who since 1955 had been director of the department of microbiology at Johns Hopkins University in Baltimore, suffered a heart attack while he was in Boston for a retirement dinner honoring Dr. Nathan Pusey, president of Harvard University. Burial was in Boston.

While at the medical center, Dr. Wood was credited with determining the method in which white blood corpuscles, aided by the then new penicillin drug and the sulfa derivatives, combatted pneumonia germs in the lung, and worked on the isolation of pyrogen, a substance that causes fever. Dr. Wood was scheduled to receive the Kober Award in May, the highest honor of the American Academy of Physicians.

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Constance C. Barton, Director
John Manley, Associate Editor



New officers of the Barnes Hospital Auxiliary will be elected and officially installed at the Auxiliary's annual spring meeting and luncheon on April 29. Mrs. Raymond Meisenheimer, retiring Auxiliary president, shown seated at the left, discusses plans for the upcoming luncheon with three of the candidates for office, president, Mrs. William G. Moore Jr., (seated next to Mrs. Meisenheimer); vice president, Mrs. George L. Minor (standing behind Mrs. Moore); and recording secretary, Mrs. Harvey Wittcoff.

Several Changes in Supervisory Staff

Several changes occurred recently in the Barnes Hospital supervisory staff because of job promotions and the additions to the staff. The changes were announced by the departmental directors. The newly hired individuals will fill the following positions: evening administrator, associate director in dietetics, and assistant credit manager.

Tom Behnen, formerly a junior administrative assistant at Christian Northwest Hospital in Florissant, has been named the new evening administrator, replacing Jay Purvis, who has become an assistant director to Dr. Crofford Vermillion, associate director. Mr. Behnen served on the staff at Christian Northwest Hospital for three years, supervising the hospital's medical division, surgery, intensive care units and pediatrics.

Mrs. Kathleen McClusky, a former student at Utah State University, was appointed by the department of dietetics as associate director

in charge of education. Mrs. McClusky will be working with the dietary interns. Mrs. McClusky, a 1964 graduate of Webster (Mo.) College, received a master's of public health nutrition degree in 1966 from Case-Western Reserve University at Cleveland. She served her dietary internship at University Hospitals of Cleveland where she became a registered dietitian. Mrs. McClusky was employed by the North Carolina State Board of Health for four years before enrolling at Utah State in pursuit of a doctorate degree.

A new assistant credit manager at Barnes is Wayne Warneke, a former budget analyst at McDonnell-Douglas Corporation. He worked in the firm for five years and prior to this position he served as a sales correspondent for a manufacturing firm.

Miss Edith Wehrend, formerly a dietary instructor at Barnes, has been named a new admitting officer in the admitting section.

(Continued on page 3)

Miss Tullmann Looks Back on 36 Years . . .



Many changes have occurred in the operation of the Barnes Hospital telephone switchboard during the past 36 years that Miss Rose Tullmann, right, has been employed in the communications department. Miss Tullmann recently requested that she be relieved of her supervisory duties as chief telephone operator and be given a transfer. Miss Tullmann will continue her work in a business and clerical capacity in the communications department. Discussing equipment changes with Miss Tullmann is her replacement, Mrs. Agnes Bardot, who was formerly a telephone operator at the hospital.

Hospital Happenings



Roy C. Andrews, methods director, recently attended a three-day meeting of the Hospital Management and Systems Society which was held in Denver.

A new group coverage dental insurance program was offered for the first time to all Barnes employees in February, but the plan failed to get the necessary employee support needed to launch the program. To successfully institute the plan, it would have required that 75% of Barnes' employees enroll in the dental program.

James Duggan, safety and security guard, and Robert McAuliffe, Barnes' controller, took part in the festivities of the second annual metropolitan St. Patrick's Day Parade on March 13 in downtown St. Louis. For Mr. Duggan, who was born in Ireland on St. Patrick's Day, it was the first time he had ever taken part in a St. Pat's Day Parade. Mr. Duggan usually receives a shamrock or two, in a sealed container on his birthday, sent to him from one of his uncles still living in that glen-laden country.

Miss Jo Ann Royce, 17, an escort messenger in the Barnes' dispatch section, has been selected by her supervisors as "Messenger of the Month" for April. The award is given to an escort messenger who ranks high on a statistical rating scale. Points are awarded on the basis of messengers' attitude toward his job, attendance, quality of work, dress, appearance and his improvement. Miss Royce has been employed at Barnes for about four months.

Please Note: Both the Protestant and Catholic chaplains at Barnes and the house-staff secretary can now be reached on telephone extension, 3733, following a recent change in the telephone system.

Two inhalation therapy technicians, Mrs. Jeanne Smith and Miss Martha Stark, have applied and been accepted by the Barnes School of Nursing as members of the freshman nursing school class that starts September 8. Mrs. Smith is the mother of seven children.

Robert E. Frank, director of Barnes, has been appointed a member of Governor Warren E. Hearnes' Advisory Council on Comprehensive Health Planning.

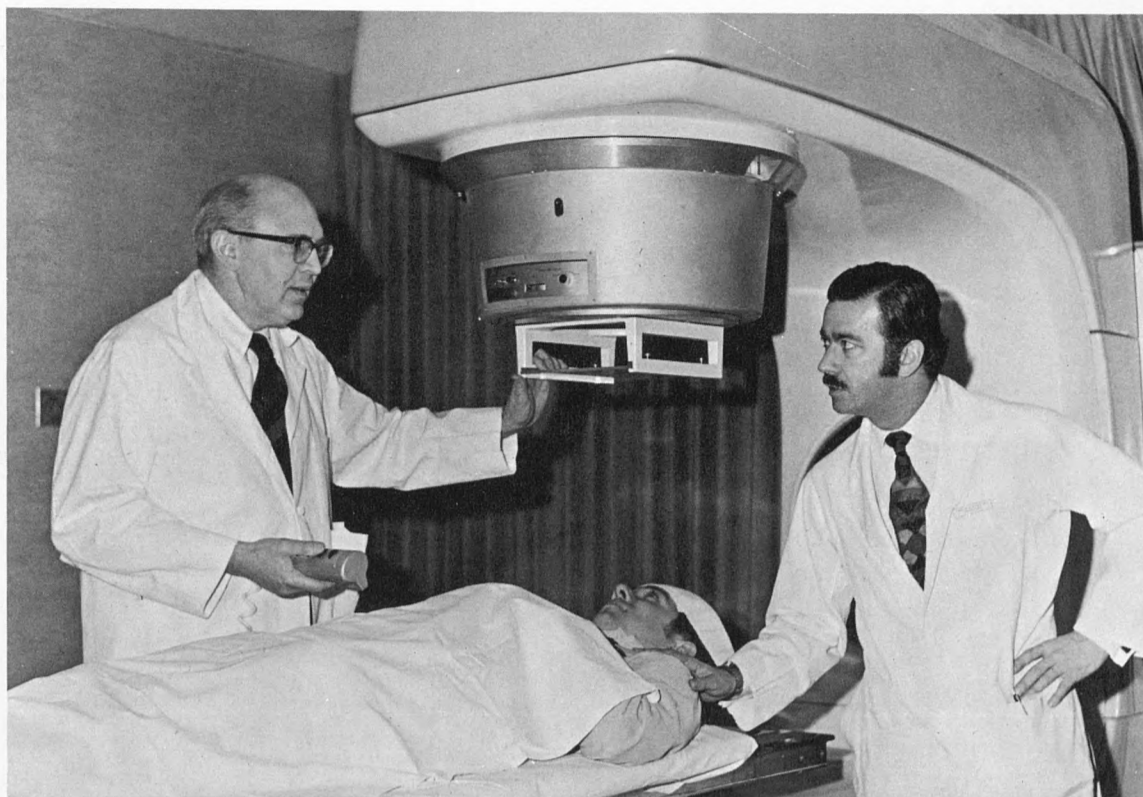
Myocardial 'Infraction' Puzzles Barnes Resident

Dr. Benjamin Lanzito, a resident in psychiatry at Renard Hospital, who exercises regularly at a local gym and health club, recently noticed the following health warning which could be included on the all-time list of human medical "bloopers:"

"Attention: Check with your physician if you have had a heart attack, coronary thrombosis (sic) or cardinal infraction."

Dr. Lanzito commented further on the sign's intended meaning by saying: "I suppose a myocardial infraction may very well be considered a cardinal infraction of the rules for good health."

Radiology Acquires 2 Advanced Accelerators; Department to Move in June to New Addition



Men and machines: Dr. William E. Powers, director of radiation therapy, left, and Dr. Carlos A. Perez, assistant radiologist, right, and their department's recent addition, a 4 Mev linear accelerator, a radiotherapy machine which will treat tumor patients.

Tumor patients at Mallinckrodt Institute of Radiology soon will be undergoing radiation therapy treatment in highly sophisticated optimum doses administered from two newly-acquired advanced high-energy linear accelerators that recently were given to the radiology institute from an anonymous donor.

One of the accelerators, a 4 Mev, was installed in early March and it has the capabilities to allow the staff to administer radiation

treatment to about 60 patients a day, in sessions of one to three minutes. A more advanced model accelerator, the 35 Mev, is expected to be installed in August. Only one other radiation treatment center in North America is known to have this model which can treat tumors with either x-ray or electron beams.

The advanced accelerator can be linked to a computer, via a programmed console, to provide immediate treatment instruction to the technician who is operating the interface console. The technician could, by use of the computer, position the accelerator for treatment; preset the prescribed radiation dose and dose rate; monitor the total radiation dose and automatically set the time of treatment. "The advanced accelerator can produce from 100 to 1,000 rads (unit of radiation) a minute as compared to one of Mallinckrodt's present treatment machines which produces 50 rads a minute," said Dr. William E. Powers, the institute's director of radiation therapy, who also praised the electronic capabilities and handling ability of the 4 Mev accelerator.

In another area of progress at Mallinckrodt, Dr. Powers also mentioned that many of the offices and equipment will be moved in June into several new floors in the 12-story building, adjoining Barnes, which has been constructed or remodeled. Dr. Powers said the move to new facilities was necessary to cope with the steady increase in the number of patients treated daily at the radiation center. In 1962, about 50 to 60 patients were treated daily in contrast to about 100 patients who are treated daily in the center. Last year, a total of 1,163 new patients were seen.

In outlining the institute's upcoming expansion plans, Dr. Powers said that the advanced 35 Mev accelerator, radiotherapy physical facilities, conference room and staff offices will be housed on the ground and first floors of the west wing. Modern experimental laboratories are being completed on the 7th, 10th and 12th floors that will be used for preclinical investigation in cancer biology and radiation biology. In addition to the institute's expansion program, the institute's existing facilities are being completely remodeled.

Nursing School Choir To Give Annual Concert

Barnes Hospital's nursing school choir will present their annual spring concert for the public from 2 to 3 p.m. Sunday, May 2, at Steinberg Auditorium on the Washington University campus. The choir is directed by Dr. Kenneth Schuller, music director for the St. Louis Junior College District.

Personnel (Continued from Page 2)

Miss Wehrend has a bachelor of science degree in education from Central Missouri State College.



Mr. Wolf



Miss Wehrend

Gerald E. Wolf, a retired U.S. military master sergeant, has joined the staff of the Barnes purchasing office. Prior to accepting the position at Barnes, Mr. Wolf was stationed in Germany where he learned supply and ordering routines.

NO 'WINTER DISCONTENT' FOR BARNES EMPLOYEES



While most Barnes employes take their vacations in the summer, there are some hospital employes who prefer to spend their recreation hours each summer gardening, doing household chores and participating in summer sports activities, within easy driving distance of their home. Winter is the time when these employes prefer to take their regular vacation. In February, they head either to the sun-drenched latitudes where surfing, sailing, fishing and golf are among the many casual activities to be enjoyed or to Alpine ski resorts at Vail, Aspen or Jackson Hole.

Among those at Barnes who prefer to migrate to warmer climates in pursuit of relaxation and fun are Everett Menendez, manager of data processing, and Fred Lanigan, programmer-analyst, who, in early March, spent a week bass fishing at a resort in Louisiana. The two men brought home 51 pounds of filleted fish. "By Missouri's standards, it

(A) Dr. Morris Davidson, assistant otolaryngologist, executes a tricky downhill ski maneuver on an advanced slope at Vail. Dr. Davidson and his wife have taken winter vacations for the past 13 years, primarily to ski resorts in Colorado.



would be considered an 'exceptional catch,' but by native Louisiana standards, the trip was 'sub-par,'" Mr. Menendez said. The two men had scheduled the trip about six months in advance, booking two experienced fishing guides and making other detailed preparations to make sure their outing would be thoroughly enjoyable.

Other "warm-blooded" Barnes employes are: Miss Judy Loeffel, an RN and nursing officer of the day, who spent a week in "paradise" at the Out-Rigger Hotel at Honolulu; John Keppel, manager of patient accounts, and his wife who took a "belated" winter vacation at Juno Beach, Florida; Dr. Mario Werner, director of the clinical chemistry department, who toured scenic Tahiti and Australia; and Mrs. JoAnn Workman, staff nurse, who spent a few days with her husband in Japan.

While many Barnes employes migrated to warmer climates for sport and relaxation this

(B) Miss Katherine Henry, dietitian in the tray assembly unit, left, spent the Christmas holidays in Mexico where the weather was a sunny 70 degrees. Miss Henry is shown discussing her trip with Miss Margaret Wooten, a dietary aide.

(C) Miss Karma Berry, secretary in the department of surgery, took a ski trip to Courchevel, France, this winter. Miss Berry also has taken winter vacations in the West Indies and to ski resorts in Colorado.



past winter, others enjoyed winter sports closer to their homes, such as Mrs. John Foster, a buyer in purchasing, who spent several days in early March at Missouri's Lake of The Ozarks, sight-seeing and swimming in an indoor pool. Still others at Barnes heeded the challenge that awaits skiers on a tricky slope on some distant Matterhorn. Barnes skiers include Miss Jacqueline Treybal, assistant director of nursing service; Miss Karma Berry, secretary in the department of surgery; Dr. Jessie Ternberg assistant surgeon; and Dr. Morris Davidson, assistant otolaryngologist.

Miss Treybal said that winter vacations help break the monotony and "blase feelings" that a person occasionally experiences in the winter, especially after the merriment of the Christmas holiday season. "Snow falling in your face while you're on the ski slope is somehow different from the snow that falls in St. Louis," she said. Miss Berry, who has

(D) Mrs. Elizabeth Effan, supervisor in house-keeping, took a trip in October with her mother, Mrs. Yvonne Quitmeyer, an LPN on 7 McMillan Hospital, to visit relatives in Canada. One of the highlights of their trip was a brief stopover at Hell, Michigan, a little hamlet northwest of Ann Arbor. Mrs. Effan said that the town's residents dress as demons with pitchforks and frequently pull pranks on the tourists. The town has a "devil's garden" and a stockade, she said.



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taken winter vacations both in the balmy West Indies and at Aspen, said that she enjoyed island-hopping via a wind-jammer in the Indies for the "total relaxation" aspect, but noted she was in favor of a skiing vacation, which can be "totally exhausting, but fun." Most Barnes employees who ski mentioned the expense involved in pursuing the sport as a hobby. Among the items that an individual must purchase to ski are skis (rental or purchased), lessons, heavy leather mittens, sweaters, parka, ski pants, ski-lift tickets, headbands, goggles, thermal socks and other assorted equipment to keep the body warm and protected.

Miss Berry said that, like most skiers, she enjoyed "the apres ski-life"—the warm relaxed night-time atmosphere of the ski resorts where Swedish restaurants serve tasty entrees that satisfy even the most ravenous appetite. "At Aspen, you can sit by the fire-side and casually discuss the day's events

with a friend, or else you can watch a musical at the Crystal Palace, a theater from the Gaslight Era," she said. Most Barnes skiers said that a person does not have to be as agile as Billy Kidd to enjoy the sport, but that it definitely would be advantageous. Most Barnes skiers note that the sport can be dangerous and a few can recall all too clearly their own list of injuries sustained in falls and somersaults.

There are about 180,000 ski injuries reported each season. A St. Louis physician said recently that women and beginners are twice as likely to be injured than men or intermediate skiers. He noted that obviously the female novice is running the greatest risk. He said that 70% of reported ski injuries occur on the most gentle slopes, while the slower the skier goes, the worse the injury may be. He said skiers who fall on steep slopes have the advantage of gravity working for them, allowing the skier to bounce and

roll. If a skier falls on the flats, it happens right there, the surgeon said.

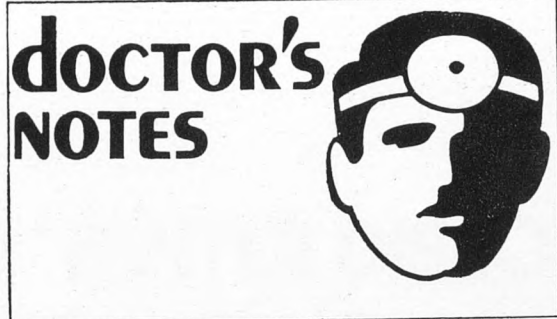
Though skiing may be an uncertain risk to bones and ankles, it apparently can be beneficial, health-wise. A nationally-known cardiologist stated recently that skiing is "a good idea" for heart attack victims. He said it is safer than jogging when the energy expenditure is continuous and high—often 75% of maximum. In skiing, the energy is at a much lower level, usually not more than 25% to 40% of maximum. And there are frequent interruptions—resting, conversation, viewing the scenery or riding the lift in preparation for another run.

Another advantage of winter vacations is avoiding the occasional departmental conflicts of manpower scheduling and staffing that sometimes inadvertently happen when too many employees within one section choose to take their vacations in the summer at the same time (not to mention the same place).

(E) Everett Menendez, data processing manager, left and Fred Lanigan, programmer-analyst, display a string of fish which they caught on an outing. The two men recently caught 51 pounds of filleted fish in Louisiana.

(F) John Keppel, manager of patient accounts, "catches a few rays" of sun during a recent winter trip to Juno Beach, Florida. Mr. Keppel and his wife go there each winter.

(G) Miss Judy Loeffel, an RN and nursing officer of the day, posed for a photograph with this native at a luau in Hawaii during a recent trip she took.



■ Dr. Gerald T. Perkoff, associate physician, recently addressed the 44th annual meeting of the Public Health Nursing Association at Evansville, Indiana.

■ Dr. John Vavra, assistant physician, recently was named chief of the Washington University Medical Service at City Hospital. He succeeds Dr. R. Dean Wochner, acting director of health and hospitals for St. Louis, who on January 10 replaced Dr. Herbert R. Domke, now acting director of the Missouri Division of Health.

■ Dr. Lauren V. Ackerman, surgical pathologist in chief, recently received the highest honor bestowed by the American Radium Society at a meeting in Mexico City. The award, the Janeway Medal, was presented by the society for "outstanding scientific contributions."

■ Dr. Ralph Bidy, 38, a former resident in psychiatry, has been named chief of staff of St. Louis' two recently consolidated veterans administration hospitals. Prior to the appointment, Dr. Bidy had been chief of psychiatry and neurology at St. Louis Veterans Administration Hospital.

■ Dr. William Goettman, a former chief resident physician at Barnes is now a general surgeon in Springfield, Ohio. A graduate of Wittenberg University, he is helping to raise money to upgrade Wittenberg's chemistry department.

■ Dr. William V. McKelly Jr., a former resident in psychiatry at Renard Hospital and currently chief of outpatient services in the psychiatric department at the University of Kansas Medical Center, was a guest lecturer at a public forum recently at Westminster College, Fulton. His topic was "Drugs Today." Dr. McKelly directs the Methadone Clinic for the UKMC. The clinic treats heroin addicts by administering a combative drug, Methadone.

■ Dr. Robert E. Shank, chief of preventive medicine, was one of three individuals to give public lectures, recently on the Missouri Southern College campus. The title of Dr. Shank's address was "An Emerging Paradox: Population, Food and Health."

■ Dr. Daniel D. Klaff, assistant otolaryngologist at Barnes, has been elected president of the St. Louis Eye, Ear, Nose and Throat Club.

Nursing Consultant Chosen Vice President Of Nurse Organization

Miss Gloria Metzger, budget consultant in the nursing service at Barnes, was elected recently as second vice-president of the Third District Missouri Nurses Association at the organization's annual dinner meeting at the Crest House.

Miss Metzger, who will serve for two years, was chosen by members and associates of the organization which is composed of 1,500 persons. About 160 persons attended the dinner meeting. Mrs. Velma Jones, a Consultant on policies and procedures in the Barnes nursing service, currently is serving the organization as first vice-president.



In pursuit of a diploma: Mrs. Delores Travis, senior nurse assistant on 4 Maternity Hospital, is one of 40 Barnes employes who are enrolled in an 11-week course of study in preparation for taking an examination leading to a high-school equivalency certificate.

40 Enroll in Barnes' First GED Classes

"School days, school days—those dear old golden rule days" of years gone-by . . .

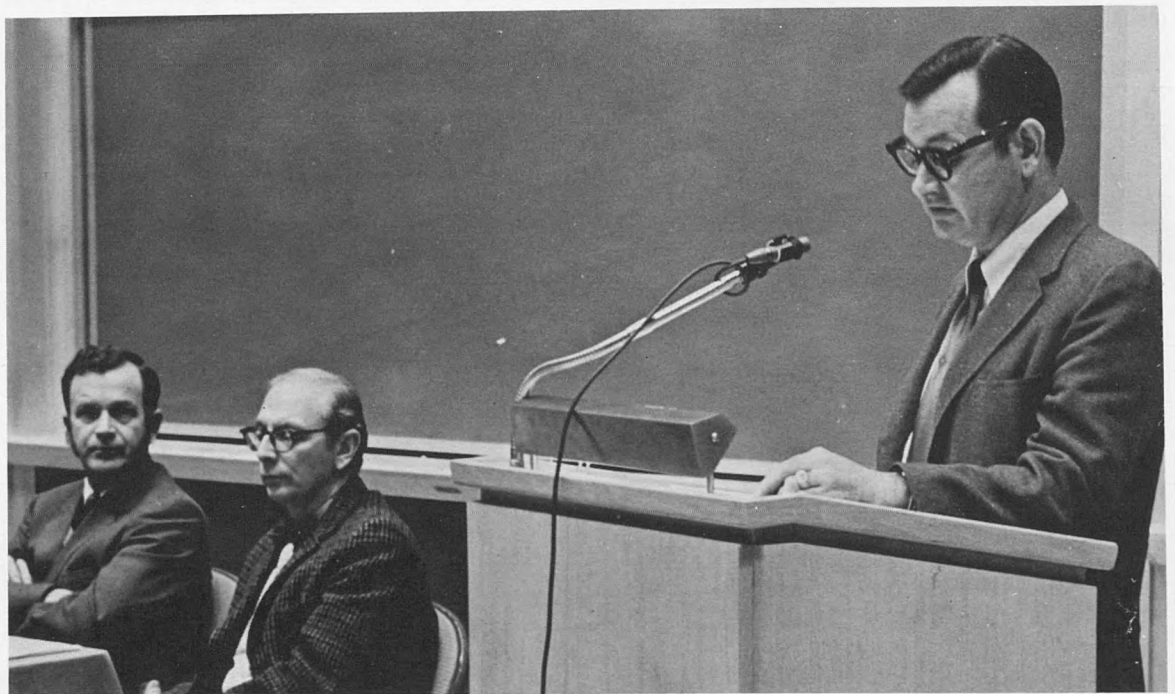
It's been 30 years since the majority of the 40 or so Barnes employes who are taking classroom instruction leading to the General Education Development Test (GED) have seen the inside of a classroom. The employes, who are enrolled in the classes that are held at the Barnes Hospital School of Nursing during the late afternoons are trying to learn as much as possible in 11 weeks in hopes of successfully completing the requirements for a high-school equivalency certificate. Employes are attending the classes during their off-duty hours from work.

Walter J. Hanes, director of personnel, said he was pleased with the large enrollment and that additional GED classes may be held again in the future, depending upon the interest and response of the employes.

Mrs. Delores Travis, a senior nurse assistant on 4 Maternity, said she was "extremely grateful" for the opportunity because having the equivalent of a high school diploma could be "one of the factors that opens doors to job advancements."

Mrs. Travis liked the early afternoon scheduling of classes that makes it possible for her to attend the classes and return to her home before darkness sets in.

Doctor Panel Discusses Barnes' Future



Barnes surgeon Dr. Richard Bradley discusses the quality of patient care provided at Barnes during a panel discussion at a recent faculty council meeting of the Washington University School of Medicine in Clopton Auditorium. Dr. Bradley was a member of the panel which discussed "Our Hospital—It's Present Condition and a Prognosis." Seated are two other panel members, Dr. Norman Muschany, obstetrician-gynecologist, far left, and Dr. Lawrence Kahn, pediatrician, who served as the panel moderator. Dr. Robert Packman, physician, and Dr. Frederick Peterson, pediatrician, also served on the panel. About 110 hospital physicians attended the session to exchange ideas on ways to improve the medical center.

Funeral Services Held For Dr. James B. Brown, Noted Barnes Surgeon

Dr. James Barrett Brown, associate surgeon emeritus at Barnes, died March 18 after a long illness. He was 72 years old.

Dr. Brown first began private practice of plastic surgery in St. Louis in 1925. He also was a member of the surgical staffs of St. Louis Children's, St. Luke's, Jewish, Deaconess and DePaul hospitals.

From 1942 until 1946, Dr. Brown served in the Army. He was once chief consultant in plastic surgery for the Army. He co-authored a number of books on plastic surgery.

In 1944 Dr. Brown received the Lord and Taylor American Design Award for work in rehabilitating the war wounded. In 1946, he was awarded the Legion of Merit for outstanding service to the Surgeon General of the United States.

Survivors are his wife, Bertha, and four children, James Barrett Brown, Jr., of Darien, Conn., Dr. Charles S. Brown of Baltimore and Mrs. Jane Stanza and Mrs. Frances Stuhl, both of St. Louis.

Barnes Nursing Student Receives Essay Award

Miss Laura Diann Jenkins, a senior nursing student at Barnes Hospital, received the 1971 Health Careers Award of the National Association of Health and Welfare Ministries of the United Methodist Church on March 17 at Denver.

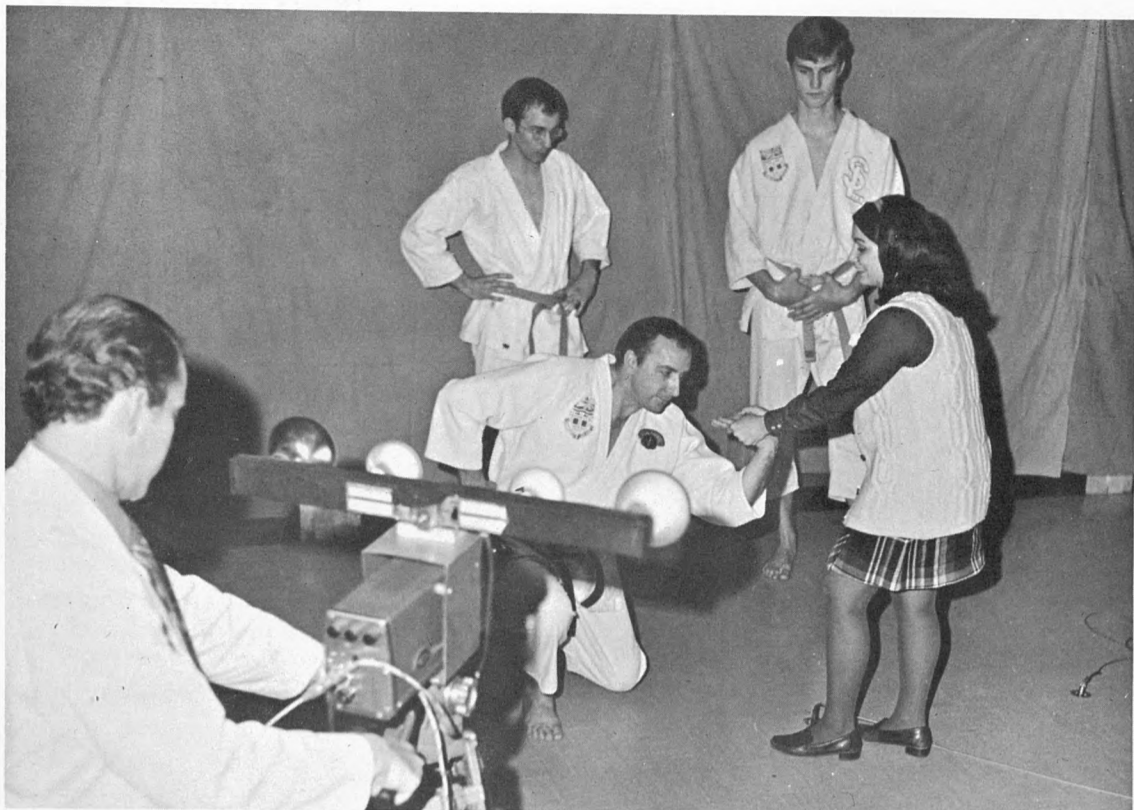
Miss Jenkins was selected to receive the award on the basis of an essay which she submitted to a nation-wide essay competition sponsored by the United Methodist Church.

Dr. Roger Burgess of Evanston, Ill., and general secretary of the United Methodist Board of Health and Welfare Ministries, said that Miss Jenkins' entry was chosen the best among the entrants because she symbolizes the thousands of young persons preparing for service in a church-related health care field, or already working in that field.

Streamlined Truck Acquired by Security



The new Toyota truck, shown in the foreground, has been acquired by the Barnes safety and security department primarily for use in patrolling the hospital exterior and parking areas. The bright red truck is capable of attaining speeds of 60 miles an hour in less than 17 seconds. In the photograph, security guard James Duggan is shown checking an employee's identification card on the Barnes parking lot at Duncan and Taylor avenues.



John Thompson, left, staff development, video tapes a judo instructional session that was held recently in Clopton Auditorium for nursing personnel. William Laub, a member of the St. Louis Police Department Community Relations section, who demonstrated the holds, is shown here being subdued by Miss Donna Harmon, a nurse on 4 Renard. Two of Mr. Laub's students are standing in the background.

Nurse Takes Judo Lesson, Flips Instructor

Women are supposed to be the weaker sex, but a person would never know it after watching Miss Donna Harmon, an RN on 4 Renard Hospital, arm-wrestle William Laub, a member of the St. Louis Police Department's community relations' section, shortly after Mr. Laub had presented a judo demonstration recently in Clopton Auditorium.

Either Mr. Laub is a good judo teacher or Miss Harmon was a good pupil because she almost disjointed him with a twist of the wrist that she learned at the judo session which was attended by many nursing personnel and orderlies. The main purpose of the session was to teach the nursing personnel some practical applications of self-defense tactics in case the need ever arises while caring for emotionally-disturbed patients.

Mr. Laub made the complex judo maneuvers look quite easy, especially while overpowering his students who were acting as would-be attackers using knives and guns.

During the demonstration, Mr. Laub gave several practical tips that could be valuable to anyone trying to thwart an assailant. For example, he said that one of the best defense tactics that a woman can use to ward off an attacker is to ferociously attack the assailant before he realizes it. This "element of surprise," coupled with a sharp blow to the assailant's stomach, can catch the attacker completely off-guard, because he is expecting a woman to be passively frightened.

Mr. Laub also encourages the nurses to yell loudly when they are attacked. Another tip that he mentioned was for women to carry a small bottle of chemical propellant with which to spray into the eyes of an attacker. He cautioned that the spray was excellent defense device when used out of doors, but if used inside an automobile, the spray could have an adverse effect on the user as well as the attacker.

It Costs \$3.05 to Mail A Letter, Analysts Say

Each day, the Barnes' mail room processes stacks and stacks of mail as part of its routine operation and every letter these employees handle is costly. In most business firms, the cost is at least \$3.05, according to a breakdown by the Dartnell Corporation of Chicago which publishes management research material.

Last year the national average dictated business letter cost \$2.74, indicating that dictating a business letter has risen along with office space, rent and salaries.

The breakdown of the \$3.05 cost to dictate a business letter is as follows: Stenographic expense, \$.95; Overhead, \$.76; Dictating Time, \$.72; Lost Motion, \$.25; Mailing, \$.16; Filing, \$.12; Materials, \$.09.

Dartnell said that dictating time accounts for almost half the increase. Upon hearing these figures, one Barnes employee who is concerned with cost reduction at the hospital said that at \$3.05 a letter—all the volume of correspondence may not be necessary or some other means of imparting the information could be less costly.

Employee ANNIVERSARIES

October 1 - March 31

Name & Department	Job Title
50 YEARS	
Emma Math Pharmacy	Pharmacy Aide
30 YEARS	
Mae Martin Admitting	Executive Aide
25 YEARS	
Alice Kelly Housekeeping	Executive Housekeeper
Clarence Sanders Maintenance	Maintenance Man "A"
Lloyd Peek Maintenance	Foreman
Genevieve George Accounting	Accountant
Lawrence Moorman Maintenance	Maintenance Man "A"
Dillon Trulove Executive Administration	Assistant Director
20 YEARS	
Roxie Dorn Nursing Service	Senior Nurse Assistant
Elie Roberts Laboratory	Technician
Mary Milburn Dietary	Assistant Head Cashier
Mary Virgilio Admitting	Information Clerk
James Allen Nursing Service	Senior Nurse Assistant
Helen Starch Dietary	Associate Director- Education
Louise Butcher Dietary	Dishroom Worker
Martha Kaltwasser Nursing Residence	Receptionist

Barnes Psychiatrists' Articles in Magazine

Several Barnes' psychiatrists have articles appearing in the **Medical World News** supplement, "Psychiatry 1970," which was published recently.

The lead article, "Who Are Our Alcoholics?" is by Dr. Donald W. Goodwin. He discusses the obscure etiology of the disease and the problems of treatment. Based on statistics, he describes the "typical" alcoholic as "a male of urban background who drops out of high school, joins the Army, paints barracks, moonlights as a bartender and has an alcoholic father."

Dr. George E. Murphy discusses the 11th ranking cause of death in the United States in "Suicide, A Preventable Disease". He states that physicians share a responsibility in these deaths since half or more of the victims consult a doctor within three months before their death.



Recognition of a plea for help from potential suicides and asking questions which will help confirm this suspicion is the duty of the physician, according to Dr. Murphy.

Despite outward appearances, there is no difference between this generation of teenagers and those of the past, percentage-wise,

Mercury Lights Provide Security To Nursing Students

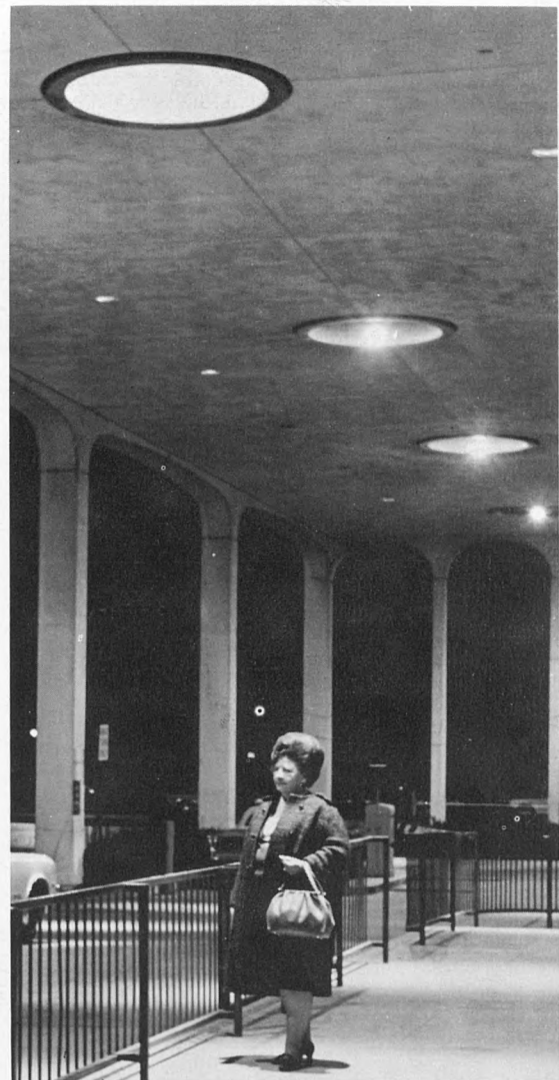
Barnes' nursing students are enjoying the security of well-lit sidewalks northeast of hospital's nursing residence because the Barnes maintenance department recently attached a new mercury vapor light to the side of the residence. The new mercury vapor light illuminates the area's building exteriors that were previously engulfed in ominous shadows.

Six other vapor lights were installed at Barnes and early indications are that the maintenance department is pleased with the performance of the lights and may install more soon around the hospital.

Five of the new mercury lights have been installed in the dome of the Queeny Tower canopy, above the entrance to the building. The remaining two lights have been attached by wall brackets to building exteriors on the north side of the Rand-Johnson Building near a first-floor exit, and also on the northeast side of the nurses' residence.

Amos Lynch, maintenance foreman, said the mercury lights should be considered important safety factors because they emit almost twice as much light as the regular incandescent bulbs used previously in those areas. Mr. Lynch noted that the installation of the new mercury lights probably will result in an overall cost-savings, because the life-span of the mercury lights is about 1½ to 3 years while the regular bulbs have a life expectancy of about only six months.

Mr. Lynch said that if the new lights prove better than the existing ones, six to eight additional mercury lights probably would be installed near the nurses' residence.



Newly-installed mercury vapor lights in the dome of the overhanging canopy at the entrance to Queeny Tower have substantially increased the light intensity in that area. The vapor lights have been installed on a trial basis, and, so far, have performed with few maintenance problems. Mrs. Helen Privitor, a Barnes information clerk, is shown waiting for transportation.

15 Parking Spaces Available at Night To Hospital Employees

Fifteen parking spaces on the Barnes' Duncan-Taylor Parking lot are being set aside daily on weekdays on a first-come, first-serve basis for employees who work the night shift at Barnes. These spaces become available after 1:30 p.m.

Barnes' Safety and Security Department recently established a shuttle bus service from the Renard Bridge to the lot to accommodate Barnes employees who work nights and park their vehicles on or near the Duncan-Taylor Parking Lot. The shuttle bus leaves the Renard Bridge for the lot at 11:00 p.m., 11:15 p.m., 11:30 p.m. and 11:45 p.m. Persons interested in this service should notify Barnes' Safety and Security Department.



BARNES HOSPITAL
Barnes Hospital Plaza
St. Louis, Mo. 63110

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